



Presents:
Dr Yaron Seidman DAOM
- Hunyuan -
The Heart of Chinese Medicine

4 Day Retreat - 2015
Sydney - 31st October to 3rd November
Canisius College - 102 Mona Vale Road, Pymble NSW 2073

- Hunyuan Taijiquan
- Herbal Medicine Training
- Theoretical Discussions, cases
- Practical training and treatments!
- Hunyuan Qigong
- Acupuncture Protocols
- Xinfa: The Heart Method
- 22 CPE points!



<http://www.hunyuaninstitute.com/Australia/>

Overview:

Director of the Hunyuan Research Institute Australia, Teja A. Jaensch, along with fellow Hunyuan practitioners, Lois Nethery and Jacinda Jaensch, are excited to welcome the return to Sydney of Dr Yaron Seidman, founder of the Hunyuan Research Institute in the USA. They are also very excited to welcome Vita Revelli to Australia, founder of AOM College in Athens, Greece.

Hunyuan Medicine is a synthesis of Classical Chinese Medicine, formed from the principles of the Yijing, Nei Jing, Shang Han Lun, the Fire Spirit School and the Huai Xuan Doctrines of Liu Yuan, all of which form a strong framework for understanding your patient, health and disease. Many of us experience frustration as we attempt to tie together our modern TCM training, biomedical knowledge and Classical Chinese Medicine. Hunyuan Medicine brings clarity to clinic.

Dr Seidman's key area of clinical practice is the treatment of infertility, and the Hunyuan Method for fertility management is world renowned, with institutes in Australia, Connecticut and Washington USA, Greece, Denmark, Switzerland, Hong Kong, Wales, Spain, Sweden, Germany and Israel. This 4 Day intensive retreat will cover all areas of Chinese Medical practice; not to be missed!

Located in the beautiful grounds of Canisius College on the leafy North Shore of Sydney, this retreat has it all. If travelling internationally or from interstate, you can stay on site in the beautiful Peter Canisius House, with all meals provided. Early registration will be necessary to secure a room if you need one.

This is a retreat that will discuss what is at the Heart of Chinese medicine, opening our understanding to 'Centre' and its place in our practices and lives.



Attendance options and costs (excluding GST):

22 CPE points for the full retreat (5.5 points per day)

With accommodation

Full program, day 1 – 4, accommodation and all meals provided*:	\$1015
<i>AACMA Members 10% and student discount:</i>	\$945
Very early bird (book and pay by 1 st August 2015):	\$900
Early bird (book and pay by 1 st September 2015):	\$925

Day participation only (full program 7am-8pm incl. optional sessions)

Full program, day 1 – 4, no accommodation, day meals included**:	\$700
<i>AACMA Members 10% and student discount:</i>	\$630
Very Early bird (book and pay by 1 st August 2015):	\$585
Early bird (book and pay by 1 st September 2015):	\$610

Individual days, day meals included*:** \$275

- Individual payment plans are available, please contact us for details.

For enquiries and bookings, please contact Teja at: hunyuan@pointspecifics.com

More information can be found at the Hunyuan Research Institute Australia blog:

<http://www.hunyuaninstitute.com/Australia/>

Sign up to our newsletter on the blog, for updates and more information. Each participant will receive a free copy of ‘The Ledger of Good and Evil: A Manual for Humanity’ by Teja A. Jaensch, and a copy of the Zheng Qinan Scrolls, translated by Revelli and Seidman.

*Accommodation is for Saturday, Sunday & Monday nights and only for those attending all 4 days of the retreat. Meals are breakfast, morning tea, lunch, afternoon tea and dinner. Please notify us of any medical dietary requirements (incl. vegetarian). Buffet-style meals with hot and cold dishes provided. Twin share accommodation is \$105 per night or \$315 total (ex GST). Single room \$127 per night or \$381 total (ex GST). The total price (\$1015) includes a twin share room. Accommodation subject to availability, limited single rooms available, so please reserve your place as soon as possible. Accommodation may not be available if requested after 1st September 2015. All discounts apply to tuition only - accommodation is set price regardless of discounts.

**day meals are morning tea, lunch and afternoon tea.

***please note, to be able to learn the whole Hunyuan Foundation Taijiquan form, you will need to attend the whole retreat. There will be a recording available to help you remember the form, and Teja will be more than happy to help you if you get stuck!

Cancellations and refunds: Cancellations after 16th October will receive no refund, cancellations after 1st October and before 16th October will receive 50% refund. Please advise us as soon as possible if you are unable to attend so that your place may be taken by another participant.

Dr Yaron Seidman:

Yaron Seidman, D.A.O.M., L.Ac., is a scholar of Chinese Medicine, having practiced and researched in the field for the past 24 years. He is an international teacher and lecturer, and founder of the Hunyuan Research Institute which now has branches all over the world. Dr Seidman was awarded A Doctor of Acupuncture and Oriental Medicine degree by Five Branches University in San Jose, CA, following a 2-year fellowship and a 300-hour IVF clinic internship. He has authored:

- *A Voyage Through Humanity: Poems of the Heart* (2001)
- *The Hunyuan Method for Fertility-The Chinese Medicine Cure* (2005)
- *Curing Infertility: The Incredible Hunyuan Breakthrough* (2010)
- *Hunyuan Fertility: Conception, Babies, and Miracles* (2012)
- *Hunyuan Xinfu: The Lost Heart Of Medicine* (2013)
- *Hunyuan Xinfu: Workbook* (2014)
- *Chinese Medicine Liberation: Inner Documents* (2015)



In 2002, using his knowledge of Eastern and Western medicine, Dr Seidman established the Hunyuan system of medicine, a treatment system that is both forward-looking and grounded in the ancient past. Since then he has been teaching the Hunyuan Certification course to practitioners of Chinese Medicine, researching Chinese medicine as an associate researcher at Harvard, writing seminal texts on Chinese Medicine, and running a busy international clinic.

A native of Israel, Seidman began his studies in modern Chinese medicine in 1989 in Israel and then New Zealand. Recognizing the deficiencies in the contemporary TCM biomedical approach, he began digging into the Classics of Chinese Medicine. In 1994 he moved to Freiburg, Germany to study classical Chinese language and literature, and began making frequent trips to the People's Republic of China to explore the Classics. Among his mentors were celebrated physicians and Masters such as Liu Lihong, Feng Zhiqiang, Chen Zhonghua, and Liu Baigu. In his decades of medical research Seidman immersed himself in the Fire Spirit and Huai Xuan schools of Western Sichuan, exploring in particular the growing, preparation and use of Fu Zi (aconite). Inspired, Seidman set out to rediscover the incredible clinical power of classical Chinese Medicine, and developed a safe and equally effective substitute for Fu Zi—*Fire Water*. This resolve gave birth to Hunyuan Medicine and its remarkable success in treating infertility and chronic diseases.

Hunyuan Medicine has now flourished around the world. Dr Seidman has lectured throughout the USA, China, Europe and Australia.



Dr Seidman teaching in Greece 2014

Teja A. Jaensch

Born in Dornach, Switzerland in 1979, Teja immigrated to Australia as a young boy. Growing up on the outskirts of Sydney, he attended Lorien Novalis School where he developed his love of writing, with his first book, a novella called Yi Sheng: Remember the Spirit, being part of his final dissertation.

Teja's love of Chinese Medicine came through his love of Chinese martial arts, and he first travelled to the PRC in 1997. The next year, he began working as an apprentice to a local acupuncturist and commenced his formal studies in 2000. Teja completed his Bachelor degrees in Chinese Medicine and International Studies at the University of Technology, Sydney and the Yunnan Normal University in Kunming, China.

He undertook his post-graduate studies at the Hunyuan Research Institute under Dr Yaron Seidman, with whom he co-authored Hunyuan Xinfu: The Lost Heart Of Medicine. He has since gone on to publish The Ledger of Good and Evil: A Manual for Humanity, and is currently completing his Masters in Chinese Medicine at the University of Western Sydney.

Teja runs a busy clinic with his wife Jacinda and is the head coach at the Kung Fu Academy in the Hills District of Sydney. He now heads the Hunyuan Research Institute Australia. Teja presented at the Hunyuan Xinfu conference in Connecticut, USA, in 2014 and in the Hunyuan Retreat in Greece in May 2015.

Contact Teja at hunyuan@point specifics.com



Lois Nethery

Lois is a Hunyuan Certified Practitioner and registered Chinese medicine practitioner practising in Sydney's northern beaches area. She completed her Bachelor of Applied Science (Traditional Chinese Medicine) at the University of Western Sydney, receiving several awards including the fourth-year China travel prize and completing an internship at Jiangsu Province Chinese Medicine Hospital, Nanjing. Prior to her Chinese medicine studies, Lois attained a Bachelor of Arts (Psychology) at University of Sydney and then following her Chinese medicine studies, she completed her fourth year at Charles Sturt University, attaining Bachelor of Social Science (Honours) (Psychology).

Although eligible to complete an accreditation program and become a registered psychologist, Lois has instead chosen to focus on the wholistic view of the human being that is offered by Chinese medicine, and Hunyuan medicine in particular. Rooted in a respectful and life-affirming approach to the person and their healing, the other impressive feature of Hunyuan and Xinfu (Heart Method) is the emphasis on the practitioner's own self-cultivation, with the depth of healing that is possible in the patient being always connected to the practitioner's own practice of "sorting the heart" and finding centre.

As well as being an immensely effective and satisfying foundation for fertility treatment, the Hunyuan life principle of centre and unification-separation allows a unique insight into the experience of birthing and rite of passage into parenthood. Researching and developing this area has been a recent focus in Lois' clinical work.

Alongside Dr Yaron Seidman, Lois co-authored (with Zac Patterson) Chinese Medicine Liberation: Inner Documents (2015), a valuable reference work and guidebook to the dramatic changes that re-shaped Chinese medicine in the 20th century.



Vita Revelli

Vita Revelli began studying at the College of Acupuncture under the guidance of J. R. Worsley in 1978. Thereafter, she completed two years of post-graduate studies at the Beijing College of Traditional Chinese Medicine, where she trained (in Chinese) in Acupuncture and Chinese Herbal Medicine. She also is specialised in gynaecology with Chinese Medicine by following a year-long sojourn in the Gynaecological Department of the Sino-Japanese Friendship University Hospital of Beijing.

At the same time, she studied with the Daoist doctor Pang Yiwu and specialised in the Daoist understanding of channel theory and in the classical aspect of Chinese Medicine, which focuses on the relationship between human beings and cosmic rhythms. She holds a degree in Social Anthropology and Chinese Language from the School of Oriental and African Studies within the University of London, along with an acupuncture degree from CICM within Kingston University in London.

For more than 35 years she has been going to China to research and study with excellent teachers as Wang Shiming, Zhao Jingyi and Shao Chen from the Beijing University of Traditional Chinese Medicine, as well as Zhong Cucai and Li Shuren from the Chengdu University of Traditional Chinese Medicine. At present she is researching Hunyuan Medicine with Dr Yaron Seidman and is the founder of the Art of Oriental Medicine College in Athens, Greece, and is the director of the Hunyuan Research Institute Greece. Vita presented her research paper based on her translation of Zheng Qinan's book *Yi Li Zhen Quan* (4th scroll) from the Fire Spirit School at the Hunyuan Huaixuan congress in Connecticut, 2014.

Vita has taught Chinese Herbal Medicine at the London College of Chinese Herbal Medicine together with G. Maciocia, M. McIntyre and Mazin Al-Khafaji. She has also taught Chinese Medicine throughout Europe and the USA. She has also taken part as a speaker in many European congresses, including the 'Second World Congress for the modernization of Chinese Medicine' organized by the Chinese Minister of Health in Chengdu, in 1996.



Topics to be covered:

Early morning Taijiquan training:

Teja A. Jaensch will be guiding you through the Hunyuan Taiji form, as taught by the late Master Feng Zhiqiang. This is an amazing form, which you can teach to your patients to help them on their path to health.

Herbal Medicine Training:

From herb selection to preparation, this retreat will give you hands on experience with raw herbs, and how to select and discern great quality medicines from mediocre ones. There will be ample supply of all the herbs used in the Hunyuan Method, with formula creation and preparation on site for your specific case. You will be able to taste and feel the difference between real medicine and bitter dirt! Instead of memorizing countless formulas, you will be given a clear principle of herbal medicine, so creating medicine accurately and specifically for your patients becomes easy. Teja will be covering how these principles are applicable to the use of powdered herbs, and specific strategies involving the use of the Fu Zi substitute: *Fire Water*.

Acupuncture Protocols:

The Hunyuan Method uses a clear and effective criteria for acupuncture. What is at the Heart of acupuncture, when you stand above your patient with the needle? This elusive topic often escapes us, as we learn new 'techniques', become better 'technicians'. Dr Seidman will present a new way of thinking about acupuncture.

Practical Training:

There will be a full day dedicated to practical training seeing patients. Dr Seidman will be giving thorough consultations, explaining diagnosis, point and herb selection, then treating the patient. These demonstrations will guide physicians through the whole process of the Hunyuan Method. You can have your personal case assessed and treated, or bring a patient along. Dr Seidman will also discuss many of his personal cases.

Qigong training:

Dr Seidman will be leading you through the Hunyuan Qigong forms; a tool for self observation and cultivation. You will learn and understand the forms, and be able to share it with your clients.

Theoretical discussion:

Dr Seidman will take you through a clear understanding of the cycle through the 6 Divisions (from Taiyang, Yangming, Taiyin, Shaoyin, Jueyin, Shaoyang and back again). Finally the code of the Shang Han Lun has been cracked! Chinese Medicine's true roots are revealed by clearing away the dust. Acupuncture, Herbal medicine and Xinfra all fall within this model. This is the true breakthrough of the Hunyuan medicine!

Hunyuan Xinfra: The Heart Method:

Hunyuan medicine extends far beyond herbs and acupuncture. Li Songshan 李松山 (1814-1884), a Huai Xuan 槐軒 practitioner, said:

“Disease originates in the Heart. There are many able doctors, how come they don't know this?”

In Hunyuan medicine we explore deep into the Heart, and this retreat is an opportunity to work with Dr Seidman, discovering the ins and outs of the *Heart Center*, *Dichotomy* and the *Wounded Warrior*. You will learn how to discover and fix the origin of disease in yourself and in your patients. The practical application of this method is with The Ledger and sorting of the Heart. The latest Hunyuan Xinfra innovations and tools will be available to you.

Evening sessions:

Dr Seidman will be having casual evening sessions after dinner, discussing various aspects of Chinese Medicine, its development and history, along with his own stories from moving through formal TCM training, then through the Classical Schools, and finally into Hunyuan. There will be also rare video clips of senior Huai Xuan practitioners Master Liu Baigu 劉伯穀 (age 85) and Master Zhou Yuanbin 周元邠 (age 100). Not to be missed!!!

Provisional Schedule:*

Day 1: Saturday 31st October 2015

With Teja A. Jaensch, Lois Nethery and Vita Revelli

- Introduction to Hunyuan and Dr Seidman
- Introduction to Hunyuan Taijiquan and Qigong
- Basic Principle and understanding the Circle and Centre
- A new understanding of herbal medicine and acupuncture
- How to use powdered/granulated herbal extracts with the Hunyuan method

Day 2: Sunday 1st November 2015

With Vita Revelli and Dr Yaron Seidman

- The formation of Centre: Childhood and Huaixuan philosophy
- Unification-Separation: The Principle of Recharging
- The physical body and the inner organs
- The Six parts of the circle
- The action of herbs and acupuncture
- Unification formulas and modifications
- Acupuncture strategies

Day 3: Monday 2nd November 2015

With Dr Yaron Seidman

- The Outer Water Circle and the Inner Fire Circle
- The Heart Principle: Hunyuan Xinfu
- Center versus Dichotomy
- Dichotomy and Emotions
- Finding Center: In the Physician and in the Patient
- Xinfu Ledger: Sorting the Heart
- Advanced Xinfu techniques

Day 4: Tuesday 3rd November 2015

With Dr Yaron Seidman and colleagues

- Clinical practice
- Application of theory and philosophy
- Treatments and discussions
- Panel of presenters and guests – Q & A

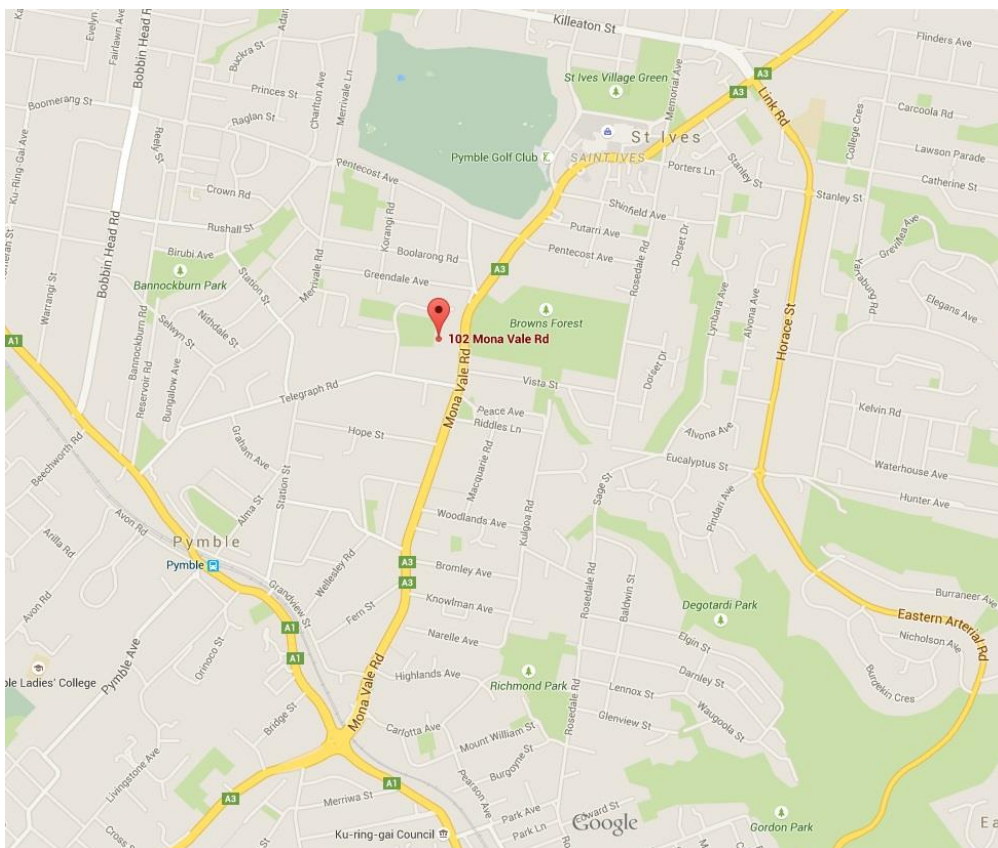
*We are expecting more international speakers, so the schedule may change. Sign up to our newsletter and like the Hunyuan Research Institute Australia's Facebook page to keep up with the latest developments.



Canisius College & Peter Canisius House

102 Mona Vale Road, Pymble NSW 2073

Peter Canisius House, Pymble, is located within the extensive grounds of Canisius College on the leafy North Shore of Sydney. The venue is 30 minutes from the CBD by public transport and 30 minutes by car from Sydney Airport.



Free parking!

For bus and train information visit: <http://www.transportsw.info/>

For airport shuttle services visit: <https://myshuttle.com.au/>