

Table of Contents

PRESIDENT'S LETTER

The National Academy of Kinesiology. 1

PRESIDENT-ELECT'S COLUMN

Building on the Past by Doing "A Little Bit More"
in the Present. 4

PAST-PRESIDENT'S MESSAGE

Sitting Less and Moving More the Topic of
the 2018 Annual Meeting in Chicago 6

Kinesiology Review: Making Strong Strides
but Still Building 7
2017 New Fellows Inducted 9
New Fellow Response. 14
Introduction for Roberta Rikli,
2017 Hetherington Award. 16
NAK Memorializes the Passing of Two
Fellows this Year 17
Hetherington Award Acceptance Comments. . . 18
NAK Member News 22
NAK Executive Committee 2017-2018. 24

PRESIDENT'S LETTER

The National Academy of Kinesiology: Promoting the Multidisciplinary Perspective and Team Science Approach to Understanding Human Movement. E Pluribus Unum!

By Brad D. Hatfield, NAK President



Brad D. Hatfield

It is truly an honor and a pleasure to serve the National Academy of Kinesiology as President of the organization. It is also a serious responsibility when one reflects on our long history and the remarkable contributions that have been made to our discipline by the Fellows of the Academy over the life of their careers. In addition, I believe that it is essential for the Academy to endure and flourish as a scholarly society as it is unique in its composition including Fellows from multiple perspectives, ranging from the molecular to the social, but whose expertise converges on a common cause

and unifying issue – that of understanding human movement.

I remember fondly the years as a young physical education student who fell in love with the study of exercise and sport and how interesting I found the subject matter. I was "hooked" at a critical time of development and decision-making that can impact one's professional path for a lifetime and I have never looked back. I have the privilege, serving as Chair of the Department of Kinesiology at the University of Maryland, to speak with our graduating seniors about their experiences in the major and the future of the Department, and I feel fortunate to tell them of the great developments in the scholarship and research in Kinesiology. The past four decades have witnessed remarkable progress in our knowledge

Continue on Page 2

Continued from page 1

President's Letter

and growing relevance of that knowledge to public health, rehabilitation, human performance, and to the leadership of physical activity and sport settings. Our discipline is relevant to so many constituencies and professions, including medicine and law, as well as many academic disciplines, from sociology to engineering, and that relevance keeps growing! It is gratifying to see the high numbers of students across the country as it underscores the relevance and attractiveness of our degree programs and, yet, troubling regarding our resources to serve them.

The growth and relevance are especially impressive given the recent evolution in our field from Physical Education to the disciplinary study of movement (i.e., a profound change in our professional lives that few colleagues in other disciplines on our campuses have experienced). In fact, I remember when Kinesiology was considered narrowly as a single academic course within a curriculum and that it was focused on functional anatomy and biomechanics. However, a literal translation of the word (i.e., the study of movement) reveals that it is a most thoughtful term and that is all-encompassing of our subdisciplines – an integrative and inclusive term – we got the name right!

So, it is with a sense of satisfaction to serve on the executive board as President, but I have also thought about what small effort or contribution that I could offer during the time of service. In that regard I hope to contribute to the multidisciplinary culture of the Academy – as Fellows, it is one of the few forums in our professional lives in which we “step outside” of our silos and listen to other specialists in human movement who pursue scholarly interests outside of our own worlds. In many ways the culture of the Academy reminds me of our undergraduate students' experience in the Kinesiology core courses, here at the University of Maryland, through which they gain exposure to the history and social-cultural aspects of the field, motor behavior, physiology and biomechanics through a set of courses that span the landscape of our field – I sometimes envy the students as they “see it all” and learn of the innovative developments in the field from dedicated professors. Such exposure is critical for them to become generally acquainted with the art and science of human movement. At the other end of the spectrum many of our colleagues experience limited exposure to what others are doing outside of their specialization as they pursue highly focused programs of research and the associated teaching activities. In this regard, the Fellows of NAK truly enjoy a privilege of exposure of leaders from varying perspectives that “tie

together” on a common theme. Rarely do the solutions to major scientific and social issues fall within the scope of a singular and narrow area of expertise.

As such, I believe that a fundamental element of NAK is an inclusive, diversified, and balanced portfolio of interests and, just like financial investing, such a profile is conducive to financial well-being and wealth! Physical activity is essential to health (i.e., cardiovascular, musculoskeletal, bone, brain injury, aging, nervous system disorders, etc.) and the knowledge from our research efforts translates well from the laboratory to clinical relevance (i.e., diabetes, Alzheimer's disease, depression, obesity, Parkinson's Disease, stroke, etc.) for the promotion of health. However, the mobility and engagement in physical activity to gain such benefit is elevated with the acquisition of skill, which is fundamental to human performance in sport, dance, military engagement, the world of occupational athletes, as well as our first responders. Individuals must be mobile and skilled to participate in the activities of life and, of course, there are those who go on to become elite performers who derive great benefits and personal growth from their participation while contributing to the enjoyment of spectators. Life-long attitudes toward physical activity are built, particularly when we are young and engaged in interesting and motivating patterns of move-

Continue on Page 3

Continued from page 2

President's Letter

ment, and may be largely derived through the skills acquired within organized and recreational sport!

Much of our focus at various scholarly meetings is on health and physical activity, but the issues and concerns of the future will change over time – perhaps one day we will all be physically fit and this great public health challenge will be solved! But the challenge of understanding human

movement will persist (i.e., and its restoration, rehabilitation, promotion, optimization as well as the health consequences). To illustrate, it may be that the **future** in which kinesiologists find themselves will emphasize the design of robots capable of motor learning and adaptive movement that are biologically inspired from the work in our field (and Artificial Intelligence) so that they can assist in making for a better and safer world. Any number of new challenges will emerge in the future!

What makes Kinesiology unique as a discipline is its diversified, yet integrative, focus on human movement in all of its forms from extending from play to movement in interplanetary travel. There are significant benefits to society if we listen to each other and employ team science to address the major issues and problems related to human movement – the culture of the Academy fosters that. In many ways the NAK embodies the Latin motto E Pluribus Unum – that translates as “from many comes unity” – a defining philosophy for our scholars and our leaders and as they build knowledge, compete for funding, and address the challenge of fully understanding the basis and the benefits of human movement.

IMPORTANT DATES

February 1, 2018

New Fellow nomination deadline

Nomination forms can be found on the Website

Send completed forms to Richard van Emmerik to rvanemmerik@kin.umass.edu

February 1, 2018

Nominations for Officer positions (President-Elect, Secretary-Treasurer, and Member-at-Large)

Email nominations to Bradley Cardinal to Brad.Cardinal@oregonstate.edu

February 1, 2018

Hetherington Award Nomination deadline

Email nominations to Mike Wade to mwade@umn.edu

September 19-23, 2018

2018 Annual Meeting

Swissotel (Chicago, IL)

PRESIDENT-ELECT'S COLUMN

Building on the Past by Doing “A Little Bit More” in the Present

By Bradley J. Cardinal, Oregon State University



Brad Cardinal

The opportunity to serve this esteemed body – the National Academy of Kinesiology – and its present and future Fellows in the role of President-Elect is most humbling.

When invited to run for the office, I agreed to do so without hesitation. Not because I thought I was the best person for the position or because I was seeking fame, fortune, or infamy, but rather out of a genuine sense of duty and a true belief in the organization's motto, “Pass it on”. Thank you for entrusting me and allowing me the opportunity. I will do my best to not let you down.

Building on the Past by Doing “A Little Bit More” in the Present

For this first column I chose the theme, “building on the past by doing ‘a little bit more’ in the present.” Over the course of our organization's history, many notable achievements have been made. One of the most recent was working with the National

Research Council to have Kinesiology recognized within its taxonomy of Life Science doctoral granting disciplines. That accomplishment has been rightfully celebrated, and it is now time to take the lead from our predecessors and do “a little bit more” with what they achieved for our betterment.

For example, while Kinesiology is included in the National Research Council's taxonomy of research doctorates, none of our field's “Awards and Honors” are reflected in their listing “*of 1393 awards and honors in all fields: 292 in the arts and humanities, 182 in social sciences, 578 in physical sciences and engineering and 341 in life sciences*” (Source: http://sites.nationalacademies.org/pga/resdoc/pga_044718). This includes being an elected Fellow in the National Academy of Kinesiology.

Some may wonder, “*Why does this matter?*” It is my contention that a lack of such recognition is marginalizing for the discipline.

This was first brought to bear for me by Patty Freedson, President of the National Academy of Kinesiology 2011-2012. In the Summer 2014 issue of the *NAK Newsletter* (Vol. 35, No. 2, pages 7-8) she wrote a

column titled, “Added Value of NAK Fellowship: The UMass Amherst Experience.” Working with her university administration, she was able to get the NAK Fellows at UMASS Amherst recognized for “Exceptional Merit” at the university, which was accompanied by a sizable financial award of \$5,000-\$10,000 funded by the Provost for each faculty member. Essentially, she documented and established that NAK Fellowship was “on par” with other more recognized elected (honorary) Fellowship programs.

While Patty's efforts are highly commendable and worthy of emulation, it also casts light on a larger issue that Kinesiology faces. Our discipline remains in the shadows of others. All Provosts might not be as “Kinesiology Friendly” as the one Patty worked with at UMass, Amherst. We need to work toward systematically changing that by *building on the past by doing ‘a little bit more’ in the present*.

Relying on individual efforts and hoping that idiosyncratic decision-making favors those efforts is marginalizing, time-consuming, and unsustainable. Rather than having to continually demonstrate that we

Continue on Page 5

Continued from page 4

President-Elect's Column

are “on par” with other disciplines, we need to have this institutionalized so that we are in the in-group rather than in the out-group trying to get in.

To accomplish this we need to establish a list of “highly prestigious” and “prestigious” awards and honors in our field (including NAK Fellowship) and submit these to the National Research Council for consideration. Importantly, awards and honors such as these are used in multiple ways by institutions, including institutional rankings. If Kinesiology awards and honors are included, this increases not only the visibility of what we all do, but also demonstrates that Kinesiology is a value-added discipline within the academy. I hope to encourage all of you to join me and other willing organizational, institutional, and/or individual partners by *building on the past by doing ‘a little bit more’ in the present* as we seek to follow the lead of our predecessors and “Pass it on” in even better shape than we received it to the future esteemed Fellows of this organization.

Business Items

First, should you be interested in nominating someone to run for an elected office within the National Academy of Kinesiology (i.e., President-Elect, Secretary-Treasurer, Junior Member At-Large) or possibly running yourself, please do not hesitate to contact [me](#) or anyone serving on the Nominations Committee (i.e., [Donetta Cothran](#), Indiana University; [Jeff McCubbin](#), Colorado State University; [David Perrin](#), University of Utah; [Alan Smith](#), Michigan State University; [Janice Todd](#), University of Texas, Austin; [Nancy Williams](#), The Pennsylvania State University). Nominations are due by February 1, 2018.

Second, I encourage you to maintain your “active” status in the National Academy of Kinesiology by (a) renewing your membership; (b) planning to attend the annual conference; (c) serving on an organizational committee; (d) contributing to *Kinesiology Review*; (e) nominating exceptionally deserving colleagues for consideration as Academy Fellows, inclusive of International Fellows; and (f) any other manner that brings honor, prestige, and/or positive recognition or visibility to the discipline and its members.

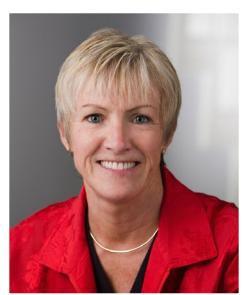
Third, our next annual meeting will be held from September 19-23, 2018 in Chicago, Illinois. Please mark your calendar and make plans to attend. Past-President Rose is already hard at work with her Program Committee planning what promises to be an exceptional program. The following year I look forward to welcoming you to the Pacific Northwest for the annual meeting that President Hatfield will be planning on our behalf and which will be held from September 11-15, 2019 in Bellevue, Washington.

Fourth, looking even further into the future, I welcome your suggestions and ideas for the 2020 annual meeting theme, as well hearing any ideas between now and then that you have for advancing the mission of the National Academy of Kinesiology, including increasing its influence, recognition, and visibility within the academy and society. If we all do just “a little bit more,” I am convinced that Kinesiology can prosper in unprecedented ways throughout the 21st century and beyond.

PAST-PRESIDENT'S MESSAGE

Sitting Less and Moving More the Topic of the 2018 Annual Meeting in Chicago

By Debra Rose, NAK Past-President



Debra Rose

As I announced at this year's annual meeting the theme of next year's program will address current and future research directions in the study of sedentary behavior. A program committee has been identified and program topics

and speakers are currently being identified. Thank you to Wendy Brown, Brad Cardinal, Mo Weiss, Catrine Tudor-Locke, and Greg Welk for agreeing to assist me in developing next year's program content. A new addition to next year's program will be a "Ted--Talks" session on Friday afternoon that will feature our 2017 new fellow inductees. They have been invited to share their current and future research directions in a series of short lectures that will be followed by a wine and cheese social hour. I believe that getting more of our new fellows immediately involved in the Academy and feeling more connected to it's mission and operations is important for

our future health and vitality as a society of scholars. Finally, Hans van Der Mars and I continue to explore the feasibility of offering a three hour pre-conference workshop on the development of advocacy strategies for affecting policy development at the local, state, and federal levels. Our desire to explore the potential of such a workshop was motivated by the keynote presentation of Pamela Hyde, the former Administrator of the Substance Abuse and Mental Health Services Administration during the term of President Barack Obama at the 2016 annual meeting in Albuquerque. Her paper titled "The Patience for Policy – Building Networks to Make a Difference" was published in *Kinesiology Review* (Volume 6, issue 1) in 2017 and is a thought-provoking paper that should be of particular interest to NAK members. Please contact Hans or myself if you are interested in participating in such a workshop in 2018 and/or have recommendations for potential speakers.

The work of the President's committee formed last year will also continue in 2018. The results of our nationwide survey that was sent to all Department Chairs in

Kinesiology will be available in the near future and discussed in greater detail in the Spring newsletter. The purpose of this first survey was to begin identifying desirable characteristics of undergraduate programs in Kinesiology as a means of assisting students and parents identify Kinesiology programs that best suit their academic interests and career aspirations. This initiative, jointly supported by AKA and NAK, will continue under the guidance of President Brad Hatfield in the coming year and begin addressing the second issue identified last year, that of examining the feasibility of expanding our current doctoral program review and rankings to master's degree programs in Kinesiology. Thanks to Kathy Janz and Shelby Francis, a doctoral student at the University of Iowa for agreeing to develop and distribute the electronic version of the survey to all Department Chairs. I hope that all NAK fellows currently serving as Department Chairs have now completed and returned the survey. As of two weeks ago only 15% of the original surveys distributed had been returned – we are hoping for a higher response rate in the final weeks of its distribution.

Kinesiology Review: Making Strong Strides but Still Building

by Maureen R. Weiss, Editor



Maureen Weiss

Now in its sixth year, *Kinesiology Review* has grown from infancy and toddlerhood to middle and late childhood. While we are still growing and developing as the official journal of the

National Academy of Kinesiology (NAK) and the American Kinesiology Association (AKA), several goals and landmarks have been achieved—and many more are on the horizon.

In my editorial as editor in 2014, “If we build it, they will come,” I outlined several goals and strategies for elevating the visibility of *Kinesiology Review*. First, by “they” I referred to critical scholarly reviews as well as authors that range from senior scholars (like NAK fellows and AKA members) to junior and up-and-coming professors. Although the number of unsolicited manuscripts has been lower than anticipated, those that we have published are high-quality as well as those based on solicited submissions, such as the annual NAK Academy Papers and the

annual AKA Leadership Workshop issue.

A second goal was to pursue special themed issues with a multidisciplinary focus. This has been achieved with the publication of several cutting-edge papers on contemporary topics. This included special issues on Concussion Management in Sport (May 2015), Benefits and Downsides of Early Sport Specialization (August 2015), and Reflections on Kinesiology: Past, Present, and Future (May 2017). And for May 2018, we will feature a themed issue on Multicultural Issues in Physical Activity and Sport, with several first-rate scholars from within and outside kinesiology contributing to the narrative.

Third, we have succeeded in fostering a more diverse and global editorial board in an effort to broaden the reach and visibility of the journal. I am very grateful to my executive and editorial board members, who have advised me, recommended topics and authors for themed issues, reviewed manuscripts, and have encouraged and supported our collective mission to promote *Kinesiology Review*.

Fourth, I invited authors presenting keynote papers at conferences to translate their

talks to theoretical papers for KR. Senior lecturers from NASPSA have published cutting-edge papers: Jennifer Etnier, Joan Vickers, Jane Clark, Bob Christina, and Nicola Hodges, and four more will publish papers for a special section in May 2018 on the present status and future directions in motor development and motor learning/control research: David Anderson, Leah Robinson, Cheryl Glazebrook, and Mark Williams.

In addition to accomplishing these goals, *Kinesiology Review* is now indexed in Google Scholar, EBSCO SPORTDiscus, and Scopus—all of which reinforce the quality and visibility of published papers in KR. We have applied for an impact factor through the Web of Science and anticipate positive news within the next year. In addition, Human Kinetics’ new publishing platform has enabled many new technological advances that will benefit marketing and visibility efforts for the journal.

The number of unsolicited submissions could be higher. Please consider submitting a review paper and encourage your colleagues to do so. As NAK and AKA members, we are at the stage where we can

Continued from page 7

Kinesiology Review

forego submitting one paper to a high-impact journal in order to help grow our official journal. Help me promote *your* journal by making an announcement at faculty meetings, talking personally to colleagues, and standing up at your specialty conference business meetings and making a pitch to support *Kinesiology Review*. I do want to thank many NAK and AKA members who have submitted and published your work in KR, as well as those who have agreed

to review manuscripts. I am grateful for your generous time and efforts to provide constructive feedback to authors.

I want to give a special shout-out to Cathy Ennis, who made significant contributions to growing Kinesiology Review as an executive board member, editing The Academy Papers, and supporting me at every turn. Her untimely death is a huge loss professionally and personally, and I am very pleased to announce that the August 2018 issue will be devoted to featuring the legacy of her scholarly work

and paying tribute to her productive and impactful career. I am grateful to Melinda Solmon and Steve Silverman for stepping up to be guest co-editors of this issue.

Finally, I want to thank NAK and AKA Executive Committees and members for your support and confidence in me as Editor. It has truly been a labor of love and I have enjoyed every minute. Thank you from the bottom of my heart!

NAK CALL FOR OFFICER NOMINATIONS

We will elect three new Academy officers in 2018: a president-elect, secretary-treasurer, and member-at-large. The criteria for those offices are as follows:

President-elect: Active Fellow, 4 years membership in the Academy (Fellow number 533 or below, elected in 2013 or earlier)

Secretary-Treasurer: Active Fellow, 3 years membership in the Academy (Fellow number 523 or below, elected in the year 2012 or earlier)

Member-at-Large: Active Fellow, 1 year membership in the Academy (Fellow number 565 or below, elected in the year 2016 or earlier)

Other Eligibility Rules

1. Any Fellow currently holding office is eligible for nomination for the same or another office only during his/her final year in office.
2. Two Fellows from the same institution may not be placed on the ballot for the same office.
3. Nominations may be made by all Fellows, but only Active Fellows are eligible for office.

Send nominations by February 1, 2018, to:

Bradley J. Cardinal, PhD
Oregon State University
School of Biological & Population Health Sciences
222 Langton Hall
Corvallis, OR 97331-3303
Phone: 737-2506
Email: Brad.Cardinal@oregonstate.edu

NEW FELLOWS

2017 New Fellows Inducted



Susan A. Bloomfield

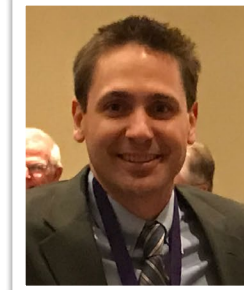
Dr. Susan A. Bloomfield is a Professor and Associate Dean for Research in the College of Education and Human Development at Texas A&M University. Her research focuses on understanding how bone tissue responds

to variations in mechanical loading. She takes an integrative physiology approach to also incorporate how other tissues and stressors modulate the bone response to either increased loading, such as exercise, or decreased loading, such as immobilization or microgravity. Related lines of inquiry focuses on nutritional modifiers of the bone response to exercise and to simulated microgravity. Her research has numerous practical implications, including those for astronauts, for clinical populations subjected to repeated periods of bed rest, and for those seeking rehabilitation therefrom.

Dr. Bloomfield has secured continual funding over the past 20+ years, with sup-

port from NASA and the National Space Biomedical Research Institute, the National Science Foundation, and others. Her 63 peer reviewed publications have appeared in the top journals in the fields of exercise, physiology, and bone research. She is a Fellow of the American College for Sports Medicine, received the Texas Regional Chapter ACSM Honor Award, and most recently, received the ACSM citation award.

In addition to being a strong scholar, Dr. Bloomfield has held major leadership roles, both at the college, university, state, and national levels. In these roles, she has championed important causes, including the inclusion of women and first generation students in science, the promotion of high-caliber scholarship among students and faculty, and the advancement of science related to exercise and bone functioning.



Jason Carter

Dr. Jason Carter's research focuses on the impact of exercise/physical activity, sleep, and psychological stress on neural cardiovascular control in humans. He utilizes the gold-standard technique of microneurography

to directly assess post-ganglionic sympathetic nerve activity to the muscle in humans. In addition to his primary interest in exercise training and sleep, his laboratory is also interested in sport and human performance in collegiate athletes. He has 68 peer-reviewed publications in high quality journals, and has garnered over \$5.2 million in external funding, including PI on a recent \$2.5 million foundation grant that aims to strengthen health sciences, campus health, and community wellness.

Dr. Carter has also made significant contributions to the professional literature. He has published in *Kinesiology Review*, the official journal of both the American Kinesiology Association (AKA) and NAK, and

Continue on Page 9

Continued from page 9

New Fellows Inducted

multiple articles in *Advances in Physiological Education* on novel learning approaches in exercise physiology curriculum. In 2006, Jason successfully pitched the idea of a kinesiology program to the Dean of Arts and Sciences at Michigan Tech University, and was hired as chair and assistant professor for the newly formed Department of Exercise Science, Health and Physical Education, now the Department of Kinesiology and Integrative Physiology. Over the past 12 years, he has overseen the transformation of that department to include B.S., M.S., and Ph.D. degrees. He also serves as Assistant to the Vice President for Research Development. In addition to numerous professional leadership roles in societies outside Kinesiology, Dr. Carter is President-Elect of the American Kinesiology Association.



Richard Kreider

Richard Kreider is a Professor in the Department of Health & Kinesiology (HLKN) at Texas A&M University (TAMU). He served as Head of HLKN from 2008 to 2017 and is the Executive Director of the Human Clinical Research Facility (HCRF) coordinating human clinical research at TAMU. Dr. Kreider is an internationally recognized scholar in nutrition and exercise. He has contributed significantly to Kinesiology through his impactful research, scholarship, and leadership roles.

Dr. Kreider has conducted numerous studies on the role of exercise and nutrition on health, disease, rehabilitation, performance and/or health disparities/equity. Particularly he has conducted significant research on nutrients like creatine, HMB, CLA, protein, and amino acids. He has published 3 books and over 170 peer-reviewed articles/book chapters. According to Google Scholar, his work has been cited over 9,000 times in the literature (h-index 50, i10-index 120).

Dr. Kreider has received over 22 million dollars to support his research on exercise and nutrition in a variety of areas. Funding agencies have included NIH, Medical Research Institute, General Mills, Curves International, Nutrabort, and Qatar National Research Fund. He also co-founded the International Society of Sport Nutrition (ISSN) which is the only non-profit academic society dedicated to promoting evidence-based sports nutrition.

Dr. Kreider has played many professional leadership roles. He is on the Board of the American Kinesiology Association (AKA) and serves on a number of editorial boards. Particularly noteworthy is that Dr. Kreider is the founding Editor-In-Chief of the *Biomed Central - Journal of the International Society of Sports Nutrition*.

Continue on Page 11

Continued from page 10

New Fellows Inducted



Jacalyn Lund

Dr. Jacalyn Lund's major area of research and scholarship is in physical education teacher education, with a specialization in the assessment of student learning. She has published more than 40 research and

topical articles in a variety of leading journals, including the *Journal of Teaching in Physical Education*, *Quest*, *Research Quarterly for Exercise and Sport*, and *Perceptual and Motor Skills*.

Related to that line of inquiry, Dr. Lund served as a Co-Editor and contributing author for a 2008 JTPE research monograph on the implementation of new instructional models in school programs. The results of those studies have informed PETE professors about the preparation of new teachers and professional development for in-service teachers.

Dr. Lund's scholarly contributions also include two textbooks designed to translate research on assessment into best practice for teachers and teacher educators. Co-authored with Deborah Tannehill, *Standards*

Based Physical Education Curriculum Development is the leading reference worldwide for designing school physical education programs, and for providing future teachers with that essential pedagogical content knowledge. A companion text, *Assessment-Driven Instruction for Secondary Physical Education*, co-authored with Mary Lou Veal, provides additional knowledge in this critical area. One or both of these texts have been adopted in more than 200 teacher education programs in the United States and abroad.

Throughout her career, Dr. Lund has demonstrated herself to be one of our profession's outstanding leaders. This recognition of her leadership and professional service culminated in 2015 with her election as President-elect of SHAPE America, and then followed by her term as President. Dr. Lund has been an effective leader in the reformulation of the name, mission, governance, and operations of today's SHAPE America. In that role, she has become SHAPE's leading spokesperson for its 50 Million Strong by 2019 initiative, which intends to see that all schoolchildren meet the recommended 60 minutes of daily physical activity.



Donna L. Pastore

Dr. Donna L. Pastore is Professor in Department of Human Sciences, College of Education and Human Ecology at The Ohio State University.

Her contributions to the scholarly literature in sport management are impressive. She has more than 100 peer-reviewed publications, 18 grants, nearly 200 national or international presentations, and 18 invited lectures to her credit. She has focused on diversity, faculty mentoring, and current issues in intercollegiate athletics.

She is a recipient of the Earle F. Zeigler Lecture Award, the top academic honor offered by North American Society for Sport Management (NASSM). She also received the Sport Management Scholar Lifetime Achievement Award from the Applied Sport Management Association, and the Mabel Lee Award from AAHPERD. She is a Research Fellow in both the Alliance Research Consortium and NASSM. She has advised 32 Ph.D. students, many of whom are now contributing to the sport management research literature.

Continue on Page 12

[Continued from page 11](#)

New Fellows Inducted

Her service and leadership records are also outstanding. She has served as Director of the School of Physical Activity and Educational Services of The Ohio State University. She is currently the Editor of the International Journal of Sport Management, and is serving or has served on the editorial boards of numerous other journals. She has also been the President of the National Association for Girls & Women in Sport, as well as Chair of the Ad Hoc Advocacy Committee of the American Alliance for Health, Physical Education, Recreation, and Dance. She has held many leadership and committee positions for NAASM and the Ohio AHPERD.



Lori Ploutz-Snyder

Dr. Lori Ploutz-Snyder earned her Ph.D. from Ohio University, followed by a post-doctoral fellowship at Michigan State University, emphasizing skeletal muscle and exercise. In 1996, she became an assistant

professor in the Department of Exercise Science at Syracuse University where she rose through the ranks to professor in 2008. While at Syracuse, she served as department chair from 2004-2008 and held a research professorship in Physical Medicine and Rehabilitation at the nearby SUNY Medical School.

In 2008, Dr. Ploutz-Snyder moved to Houston to work in NASA's Johnson Space Center & Universities Space Research Association as leader of the research program for exercise physiology and countermeasures. She was also appointed adjunct professor in the Department of Human Performance at the University of Houston and in the Division of Endocrinology at the University of Texas in Galveston. In 2013, Dr. Ploutz-Snyder was appointed team leader for musculoskeletal alterations research at the National Space Biomedical Research Institute at Baylor

College of Medicine. In 2016, she began her current appointment as Dean of the School of Kinesiology at the University of Michigan.

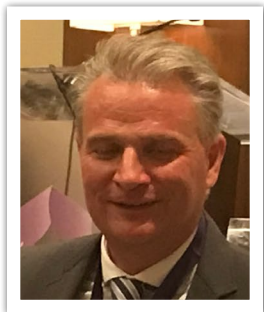
Dr. Ploutz-Snyder's research has emphasized understanding the effects of unloading muscle and bone on muscle function and bone composition and how to counteract the negative effects. She is considered one of the world leaders in this area for her innovative models and significant findings of mechanisms that both lead to muscle loss but also can be affected to improve the physiologic function of astronauts during space flight. The quality of her science has led her, as PI or Co-Investigator, to earn nearly \$11 million in federal grants (NIH, DOD, USDE, NSBRI, and NASA) and industry grants. She has 100 publications in refereed journals and was senior or lead author on 72. Her prominence in her field has led to speaking engagements around the world, from the European Space Agency to the United Nations, as well as university departments and hospital clinics.

During her tenure at NASA, Dr. Ploutz-Snyder received numerous awards for leading the outstanding scientific achievements of her teams. We are confident that she will continue this record of leadership and scholarship as she also strives to be an active contributing fellow in the National Academy of Kinesiology.

[Continue on Page 13](#)

Continued from page 12

New Fellows Inducted



Mark William

Dr. Mark Williams's research interests focus on the neural and psychological mechanisms underpinning the acquisition and development of expertise. He has published almost 200 journal articles in peer-reviewed outlets

in numerous fields including kinesiology, experimental psychology, and medicine. He has written 15 books, 80 book chapters, 91 journal abstracts, and has delivered nearly 200 keynote and invited lectures in over 30 countries.

In addition to contributing to the scientific literature, Dr. Williams has made major contributions to the professional literature. He has published more than 60 papers primarily aimed at coaches, and he regularly contributes to applied sports science conferences.

Dr. Williams recently moved to the University of Utah in 2016 to take up a position as Professor and Chair, Department of Health, Kinesiology, and Recreation. He previously held senior leadership positions in the UK and Australia.

In addition to the above leadership positions, he serves on numerous editorial boards, reviews grants for several agencies, has supervised many graduate students, and has received substantial funding for his work. He has served as Secretary General of the World Commission of Sports Sciences since 1999 and as a member of the European College of Sports Science's Scientific Committee for nearly 10 years, and he has served twice on the Program Committee for the North American Society for the Psychology of Sport and Physical Activity (NASPPSA).

Dr. Williams has indicated an interest in participating in Academy meetings and becoming involved with the goals of the National Academy of Kinesiology.



Congratulations to the 2017 New Fellows

NEW FELLOWS

New Fellow Response

By Donna Pastore

It is a privilege to present the perspectives of my fellow inductees into the National Academy of Kinesiology, Class of 2017. We are a diverse group, as we study exercise physiology, perceptual motor skills, physical education teacher education, and sport management. We teach at institutions from five different states, including Georgia, Michigan, Ohio, Texas, and Utah. When looking at where we received our various degrees, we have representation from eight states, and England. I asked my fellow colleagues to answer two questions. The first question: What does the induction mean to you? Here is a sampling of the responses:

“When I began my career in higher ed, I heard about the “Academy” and considered all the people who have been nominated. To even think that one day I would be nominated let alone inducted is almost beyond comprehension.”

Another response was:

“Having only recently moved to the US from the UK, the honor is even greater given the comparatively small number of non-US citizens on the list.”

Lastly:

“This induction...provides a unique opportunity to exchange ideas with the most established and innovative leaders within the field.”

The second question: Do you have any thoughts about the future direction of the Academy?

Again, a sampling of the responses included:

“There are a lot of issues facing our profession today. I think that the various organizations within academia must work together to improve the status of the profession and continue to do research that will improve professional practice. Past splintering had a purpose—to develop the various content areas. It is now time to work together to holistically solve the problems of the future.”

Another respondent said:

“I would like to see NAK take a more prominent role in setting the professional direction for kinesiology programs and their graduates, collaborating with

professional societies that kinesiology faculty belong, and influencing public policy.”

Yet, another individual mentioned:

“I see the future of NAK continuing to grapple with how the Academy maintains balance between the past, present, and future...the Academy needs to provide continued leadership to the field in the face of an ever-changing landscape of higher education. We need to define our future, or we will be defined by choices others make for us.”

Our viewpoints on the future of the academy appear to share a common thread, having our various subdisciplines work together for the future. This has been an ongoing call and in 2017, *Kinesiology Review* published a special themes issue called “Reflections on Kinesiology: Past, Present, and Future.” Dr. David Wiggins, Dr. Maureen Weiss, and Dr. Scott Kretchmar, wrote the introductory comments about this issue. According to these fellows: “it is important for individuals in kinesiology

[Continue on Page 15](#)

Continued from page 14

New Fellow Response

to understand the history of the field and be cognizant of the philosophical issues and debates that have characterized the evolution of the field over the past 100 years. We believe it is beneficial for individuals in kinesiology—students, faculty, and administrators alike—to be aware of the changes that have taken place in the field over time and to reflect on its current status, challenges, and prospects for the future” (Wiggins, Weiss, & Kretchmar, 2017, p. 137). This issue includes eight excellent articles. One article, which caught my attention, is titled: Origin Stories: Reflections on the First Ten Members of the National Academy of Kinesiology, written by Dr. Alison M. Wrynn and Dr. Paulina A. Rodriguez Burciaga. One aspect of this article “provides the context within which the Academy emerged” (Wrynn & Burciaga, p. 178). Our first ten members made quite an impact. As we think about each of our fellows in the academy, it is hard to distinguish one from another due to his or her contributions. However, there is one fellow who has made multiple contributions to Kinesiology and our subdisciplines, and continues today. That person is Dr. Earle F. Zeigler, Fellow #184. Dr Zeigler has been active in our field for

75 years. He has backgrounds in sport history, philosophy, physical education, and management. Dr. Zeigler is an example of how subdisciplines can work together. Dr. Zeigler was inducted in 1966 as a Fellow and has almost 500 published articles. Interestingly, in 1987, Dr. Zeigler wrote a paper titled: “Sport Management: Past, Present, Future.” In the article, Dr. Zeigler went on to say: “There is little evidence that managers...in sport...wherever they may be functioning, either in practice or in administration courses, are concerned with the theoretical aspects of management” (p. 8)...“there is still very little research in management theory” (p. 11). One of Dr. Zeigler’s conclusions in the article was: “Our field still has an opportunity to relate significantly to the developing social science of management, but we dare not dally much longer! Most professionals in our field are only dimly aware of the scientific development that has occurred in the field” (Zeigler, 1987, p. 22). Since Dr. Zeigler’s call for more theory-based research, sport management has made important strides to include theory-based research. Thus, the comments of one individual can make a difference.

If you look at the year Dr. Zeigler’s article, Sport Management: Past, Present, Future, was published, it was in 1987. This is about

the same time, the Back to the Future Movies started. In total, there are three Back to the Future Movies. In the Back to the Future, Part II, the movie predicts the Chicago Cubs would win the World Series in 2015. The writers of Back to the Future. Part II, were not 100% correct, but were pretty close as the Cubs made the baseball playoffs in 2015. The Cubs did go on to win the 2016 World Series against the Cleveland Indians. Before the Cubs won the 2016 World Series, they last won it in 1908. The teamwork displayed by the Chicago Cubs shows that goals can be accomplished, if a group works together.

The Class of 2017 looks forward to working together with all of you to help advance the purpose and goals of the academy. We are humbled and excited about being inducted into the National Academy of Kinesiology.

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HETHERINGTON AWARD INTRO

Introduction for Roberta Rikli, 2017 Hetherington Award

By Alison Wrynn

It was our privilege to nominate Dr. Roberta Rikli for the 2017 Hetherington Award. Over the course of her nearly 40 year academic career, Roberta has consistently made significant scientific and professional contributions to Kinesiology in the area of measurement and evaluation, particularly as applied to the assessment of fitness and mobility in older adults. Her numerous peer-reviewed publications have examined topics ranging from the effects of age and physical activity levels on cognitive processing speed and motor performance to the development and validation of field-based tests of functional fitness. She has served the Academy as President, and assumed important leadership roles in other professional organizations including AAHPERD, NAKHE, WSPECW and others. Roberta has been honored for her scientific and professional contributions to the discipline by a number of different national organizations. During her tenure as President of the Academy, she appointed a special committee to address the future vision of the Academy. Significant outcomes of that committee included a change in the name of the Academy to its present day name and revision of the Academy's purpose.

The development of the Senior Fitness Test (with co-developer, Jessie Jones) is an outstanding example of Roberta's scientific and professional contributions to the field. In addition to the scientific publications that meticulously examined the psychometric properties of the Senior Fitness Test and established normative performance standards based on a sample of more than 7,000 older Americans, Roberta co-authored the *Senior Fitness Test Manual*, which has become the definitive resource, on a global level, for assessing functional fitness parameters in older adults. The Senior Fitness test has also become the primary outcome measure used to evaluate the efficacy of interventions addressing fitness in older adults and has stimulated additional cross-cultural research.



(L-R) Deb Rose, Roberta Rikli, Alison Wrynn

In recent years, Roberta has also published papers of a more philosophical orientation, addressing important issues within the discipline. Her 2006 Amy Morris Homans Lecture "Kinesiology—A "homeless" field: Addressing organization and leadership needs," that was subsequently published in *Quest*, garnered considerable atten-

Continue on Page 17

Continued from page 16

Hetherington Award Intro

tion within the kinesiology community for its insightful and provocative examination of the field and its increasing fragmentation into sub-disciplines without a unifying national umbrella organization. This paper served as impetus and required reading for the inaugural organizational meeting of the American Kinesiology Association.

Roberta began her career in the same way that many of us did—as a teacher and coach. However, since 1972 she has been part of California State University, Fullerton where her influence helped transform the department and college that she led. Although Roberta has served in an academic position in a non-doctoral granting institution since completing her doctoral

degree, she has served as a mentor to a large number of graduate and undergraduate students over the course of her career, preparing many for successful professional careers and/or further graduate education in Kinesiology and related fields. Roberta has also served as an invaluable mentor to faculty members within both her own department and the larger College of Health and Human Development. She continued to mentor me even after I left the campus last year to move to a systemwide administrative position reminding me that it was still possible to remain professionally active in Kinesiology even as I moved into a fulltime administrative role away from campus.

Despite retiring from her position as Dean of the College of Health and Human Development in 2011, Roberta returned to the University in major leadership roles

on two subsequent occasions, serving as Chair of the Mechanical Engineering Department from 2012 – 2015 and Interim Associate Vice President of Research and Sponsored Projects from 2015 to 2016. In both post-retirement positions, Roberta was instrumental in effecting positive change through curriculum review and revision and organizational restructuring.

We are proud to have called Dr. Roberta Rikli a colleague and believe that she is most deserving of the 2017 Hetherington Award. Not only has she made significant contributions to the scientific and professional literature within Kinesiology, Roberta has been a mentor to many of us and a visionary leader who has raised the standards of the discipline.

NAK Memorializes the Passing of Two Fellows this Year

In the past year, the NAK community has lost five of its highly valued fellows:

[Cathy Ennis \(#381\)](#)

[Uriel Simri \(International\)](#)

Both made significant contributions in moving the field of kinesiology forward. The entire NAK community extends our collective condolences to the families and colleagues of these prominent scholars and professionals. They will not be forgotten.

HETHERINGTON AWARD NOMINATION DEADLINE - FEBRUARY 1, 2017

E-mail nominations (current CV of the nominee and letter of support summarizing the nominee's contributions to the field) to Mike Wade: mwade@umn.edu. The Hetherington Award was established in honor of Clark W. Hetherington to provide recognition for an academy fellow's service to NAK and for contributions specifically related to the purposes of the academy. Any academy fellow (active or emeritus) who has retired from his or her professional position is eligible for this award; this includes any fellow who has retired from his or her full-time appointment or job but who is still working part time or in an interim position.

Hetherington Award Acceptance Comments

By Roberta Rikli

I am beyond honored and humbled, to say the least, to receive this award. And a little bit in shock, not only to get this award but in how fast time has flown – seems such a short time ago that I was standing here as one of the Academy inductees.

I remember last year when Jim Morrow received this award, the theme of his comments was ‘hope’. An appropriate theme for me this year would be ‘luck,’ since I’ve been extra lucky to have had so many key people help me reach whatever degree of success I’ve had. In my brief comments tonight I want to take advantage of this opportunity to recognize some of them -- and in doing so, maybe remind us all of how important mentorship is, of how important other people can be in our lives and vice versa, us to other people.

But first, I want to thank those who directly contributed to my getting this award – those who wrote letters of nomination and also the members of the nominating committee, chaired by Alison Wryn. Also, an extra special thank you to Kim Scott for not only assisting with the award logistics, but more importantly for her friendship and support over many, many years of our working together

on various AKA, NAK, and other projects and programs. To be honest, I can’t imagine where some of these organizations would be today without Kim’s contributions.

I also want to thank my little sister, Deb Rikli, for coming here to support her older sister. Debbie has had a lot of recognitions of her own (more than I have) in a very different line of work as a Federal Crime Investigator, one of which was receiving the “Top Gun” award in the State of California following competition with the LAPD, FBI and many others throughout the state – mostly men. So don’t mess with her, although I don’t think she is ‘armed’ tonight. She doesn’t look that tough, I know, and she isn’t always. On one occasion (probably more than one) after leading an early morning raid into a house to arrest a white-collar crime guy, after getting him handcuffed and locked into the police car, she took time to go back into the house to check on the rest of the family and be sure the kids had breakfast stuff to eat. At another time, while evicting some people from their home, she agreed to adopt their kitten so it wouldn’t have to go to a shelter. Most of her stories are a lot more interesting than mine.



Roberta Rikli with sister Deb Rikli

But, back to me and why ‘luck’ is an appropriate theme for my brief comments tonight. It’s because ‘luck’, not planning (I’m a little embarrassed to say) is what got me to every single career advancement I’ve had. Most people who accomplish things in life seem to start out with **some** idea of what they want to do and then follow a

Continue on Page 18

Continued from page 18

Hetherington Award

pattern of setting goals and planning the steps needed to get where they wanted to be, but I did none of this – not even close.

The first luck I had was coming from a supportive family, with an especially supportive grandmother (Grandma Rikli), who was a strong, spirited lady with a German background who repeatedly would say nice things about me when I was a little kid, things like: “That Roberta – she’s so smart and so responsible!” (which I wasn’t, but it made me feel like I was and made me want to behave that way). I sometimes wonder how it would have changed things if instead she had described me as a ‘sweet and cute little thing’ (which might have been true at the time, but I’m glad that wasn’t the message I grew up with). In looking back, her words absolutely had a ‘huge’ effect on me – so be careful what message you give to your own kids and grandkids.

A second lucky milestone that had a big effect on me was when I was in 5th grade, the basketball coach (Mr. Munkress) at our small school in Oklahoma noticed me shooting baskets during recess, and noticed (I guess) that I had some potential and came over one day and handed me a basketball that he said I could take home and keep if I could get my dad to put up a basketball

goal so I could practice. As some of you may know, girls’ basketball was really big in a few places like Oklahoma and Texas way before Title IX, so I was well aware of the importance of making the basketball team – that’s where all the popular kids were and where most of the action was. The whole community (almost) would come out and pay to watch the games, both girls and boys, with girls games in our town usually being the featured ones, because we were typically the stronger team. Even back then, we had an elaborate system of district, regional, and state-level competitions. We always had top notch satin uniforms (home and away), with fancy warm-up suits. So, with no exaggeration, I practiced basketball practically every day and did end up being a top scorer on the Jr High and then High School team and, of course, gained much from it – confidence, social skills, self-discipline, and popularity. So, it was definitely a lucky break for me that someone took the time to go out of his way (illegally I’m sure) in giving me a school basketball so that I could become a star player on the team.

While in high school I was also lucky to have a principal, Mr. Groves, that called me into his office one day to suggest I go to college. That wasn’t necessarily part of my plans at the time. Most kids in our small school didn’t go to college. They stayed on

the farm or took jobs close to home. But, I took his advice and went to college – Phillips University, a small Christian college in Enid, OK. Due to another lucky encounter, I ended up majoring in Physical Education, a career I had no idea even existed at the time since we had no PE in our schools, only basketball. The lucky encounter happened while walking a different way back to the dorm one day and noticing a bunch of girls playing some game I’d never seen – field hockey. I stopped by to watch them, only to find out they were short a player on one side, so I was handed a stick and invited join them. Before the fall semester was over, I had switched my major to Physical Education and was elected captain of the field hockey team. Remember this was a small college and pre Title IX, so it didn’t take much talent, mostly just a strong competitive spirit which had been well-developed in me by then.

Before graduating from college, two of my professors (Betty Abercrombie and Nancy Ogle) insisted that I would be better off going straight for a master’s degree rather than taking one of the PE jobs that were so plentiful and tempting at the time – and they suggested that I go to Indiana University, which at the time was where many of the top leaders of our profession were. So I applied to IU, got accepted, went there, and got a great PE education

Continue on Page 20

Continued from page 19

Hetherington Award

— something I never would have thought of on my own.

While at Indiana, the department chair, Anita Aldrich, talked me into meeting with a recruitment team who was visiting the campus from New York looking for teachers of all types, including PE teachers, a meeting that ended up getting me a job offer at Smithtown, which was a wealthy, high paying school district on Long Island with the fanciest gyms and facilities you could imagine. I don't remember ever officially applying for that job, but what a fantastic experience! Something I never could have dreamed up myself, as a naïve kid from Oklahoma, but which turned out to be a 'key link' in getting me to my college teaching career.

Through a tennis playing group in Smithtown, I met Millie, chair of the Physical Education department at the nearby State University of New York at Stony Brook who was looking for a coach for their new women's tennis team and offered me a full-time position teaching activity classes and coaching. This was certainly a 'dream job' I thought, after 3 years of Jr. High teaching -- again -- another lucky break for sure -- never on my own would I have applied for a 'college job' without someone actually offering it to me!

Almost done, getting to the best part -- While at Stony Brook, I met a colleague in a different department who (unlike me) did have plans for her life that included getting a Ph.D. She talked me into going with her to Boulder, Colorado to get our doctorate degrees, which I did, despite the fact that at the time they had no Ph.D programs whatsoever in my area of interest -- Physical Education. (This was pre Dale Mood). For the life of me, I still don't know what I possibly could have said on my application to get accepted into Colorado's well known School of Education, but it turned out to be the best thing I could have ever done, career-wise. As 'luck' would have it, the first course I took was their required Statistics course, taught by Ken Hopkins (of the well-known Gene Glass and Hopkins team). By the end of my first semester, Dr. Hopkins called me into his office to say he thought I had a special knack for statistics and measurement and invited me to be part of their Ph.D graduate student focus group, which turned out to be the beginning of my lifelong interest in test development and measurement and which was the foundation for just about every professional success I've had, including job opportunities in the field and so many valuable professional experiences in AAHPERD, the Measurement & Evaluation Council, Research Consortium, AKA, and most of all in NAK and the opportunity to meet and

interact with so many of you over the years, including my friend Jim Morrow who we joke about being step-brother and step-sister since he also graduated from this program, but where he went 'on purpose' to study with Mood, Hopkins and Glass, not by accident like me. Again, how lucky for me that Ken Hopkins was the instructor for this stat class, a wonderful teacher and great human being that I admired greatly. Not in a million years would I ever have chosen to specialize in anything remotely related to statistics, if it weren't for him -- I dreaded taking the class the same as most everyone else, but ended up loving it and loved teaching it and similar types of measurement, evaluation, and research courses for many years. Nothing but 'luck', can explain how I happen to get into the field I did. Thank you, Dr. Hopkins!

How I got to Cal State Fullerton for my first and only Ph.D job, where I retired from after 40 years was also a lucky coincidence that I won't go into, as was most every step of my career progression while there. A special thanks to Dean Soraya Coley (now President of Cal Poly Pomona) for insisting at one point that I take over as Chair of Fullerton's very large Kinesiology Dept., which led to a bunch of other leadership opportunities on campus.

Another lucky break during this time was when the CEO of a national health

Continue on Page 21

Continued from page 20

Hetherington Award

insurance program headquartered on the West Coast saw a local newspaper article about our research on older adults and ended up offering us (me and my partner-in-crime, Jessie Jones) generous funding over several years to help them develop materials for their Secure Horizons senior fitness program which was a forerunner of many similar programs to come – Silver Sneakers, Fitness after Fifty, etc. This funding is what supported the development, national norming, and publication of our Senior Fitness Test Battery, which much to our surprise has gone somewhat viral (so-to-speak) and is now utilized in assessment programs pretty much throughout the world, as has the Fall Prevention Program developed by our other Fullerton colleague, Debbie Rose. Finally, appreciation to Fullerton Past President Milton Gordon for encouraging me to apply for Dean of the College of Health and Human Development, a position which I dearly loved and held for 9 years prior to retirement. It was the perfect ending to my career, but again. . . I would never have applied for it on my own without pretty much being ‘told’ to apply.

So by now, after admitting that someone else was responsible for all of my accomplishments, I’m hoping this award won’t be taken away. To my credit, though, once I

took on a job, I did engage in lots of planning, almost to a fault, some would say. I loved setting ambitious goals and outlining detailed plans for new projects - it’s just that I never planned for my own ‘personal’ future - which presented somewhat of a challenge when as the only female dean at the time on Fullerton’s large campus I was sometimes asked to speak to groups, especially women’s groups, about strategies for success. Since I never knowingly ever had a ‘strategy for success’ (for myself, that is), I had to come up with a few ideas that might be helpful to others. I’m sure that most of you in this room have also had some ‘lucky’ experiences similar to mine and are well aware that we sometimes can make our own luck – or not – good luck or bad luck. It’s not lucky, for example, to get a speeding ticket, but it’s pretty clear what caused it.

So what causes good luck? In my humble opinion, I’m pretty sure it’s mostly very simple things -- things most of us learn in our families when growing up or in Sunday School – to work hard, do your share, be positive, get things done (the right things of course), and not to complain or whine too much. And to follow Matthew 7:12 – ‘do unto others as you would have them do unto you’. Leadership experts have fancier names for these things, but they all mean about the same. After hearing a talk I once gave, one of my staff made a

sign for the Dean’s Office that said “Model for Success: work hard, do your share, be positive, get things done, and don’t whine!” Interestingly, quite a few women (and a few guys) have told me that hearing about my rather unique career progression was somewhat of a ‘relief’ to them, learning that there might be different paths to getting places, especially for those who, like me, had never taken time to focus much on what they wanted to ‘be’ in the future --- who had had trouble identifying with some of the more popular messages like “You can be whatever you want to be if you dream big, reach high and then follow your dreams” , or as some say. . “If you can dream it, you can do it!” Instead, for some, it appears that an alternative philosophy might be – *“do the best you possibly can at the moment and the future will take care of itself.”*

So, in closing, although no take home message was intended from my comments, if there was one, to young people I’d say ‘be careful how you act and what you do, you never know who is watching and forming an opinion.’ To more established professionals, like all of you in this room, I’d encourage you to watch for opportunities to be ‘the luck’ for someone else that might benefit from being prompted to go in a new direction.

Thank you again for this very special recognition!

NAK Member News



Cesar R. Torres

Cesar R. Torres

(#531), was invited by UNESCO to deliver a keynote address at the Sixth International Conference of Ministers and Senior Officials Responsible for Physical Education and Sport (MINEPS

VI) held in Kazan, Russian Federation, on July 13-15, 2017. Prof. Torres addressed nearly 500 participants, among whom were more than 50 sport ministers and senior officials, representing 115 UNESCO member states. During MINEPS VI, UNESCO member states' delegates unanimously adopted the Kazan Action Plan, which focuses on promoting inclusive access to sport and physical activity for all, increasing the significance of sport worldwide, and protecting the integrity of sport. The Kazan Action Plan "reaffirms the need to align sport policy development with the overarching framework of the [United Nations' Sustainable Development Goals]."



Barbara Ainsworth

Barbara Ainsworth, (#376) and Regents' Professor in the Exercise Science and Health Promotion program at Arizona State University has been named the 2018 Honor Award recipient for the American

College of Sports Medicine (ACSM). The Honor Award is ACSM's highest recognition granted to an individual with a distinguished career of outstanding scientific and scholarly contributions to sports medicine and/or the exercise sciences. The Honor Award recipients must have previously received the ACSM Citation Award. Dr. Ainsworth has served as a Trustee, Vice President, and President of the ACSM and currently serves as the Chair for the American Fitness Index which is an annual report and ranking of population health, recreational facilities, transportation practices, and healthy living policies for the country's 50 largest metropolitan areas. The award will be presented at the ACSM Annual Meeting in Minneapolis, MN on May 29-June 2, 2018.

Daniel Ferris, (#548), was recently appointed Editor-In-Chief of the journal *IEEE Transactions on Neural Systems and Rehabilitation Engineering*. The journal focuses on rehabilitative and neural aspects of biomedical engineering. Specific research topics include



Daniel Ferris

Robert W. Adenbaum Professor of Engineering Innovation and was recently appointed Senior Associate Chair of the J. Crayton Pruitt Family Department of Biomedical Engineering at the University of Florida. He will begin his three-year appointment as Editor-In-Chief starting January 1, 2018.



Brad Cardinal

Bradley J. Cardinal (#475) was named the **Oregon State University Alumni Association Distinguished Professor Award** recipient for 2017, in recognition of, "...superior academic performance, professional renown, and service to the University and to the public." He also delivered the **6th Exercise is Medicine on Campus Invited Lecture** to the Department of Kinesiology at The Pennsylvania State University, University Park, Pennsylvania in

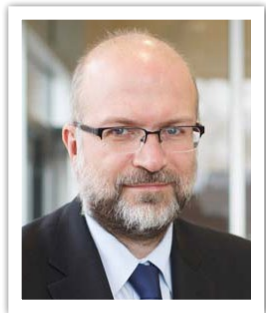
prosthetics, brain-computer interfaces, gait biomechanics and control, electromyography, assistive technology, and robotic devices and sensors for assisting rehabilitation. Dr. Ferris is currently the

Continue on Page 22

Continued from page 22

NAK Member News

September, and was a Keynote Speaker at the 7th Institute of Physical Education International Conference 2017, "Sports, Health, Recreation and Tourism: The Added Economic Value," held in Bangkok, Thailand in June.



Nick Stergiou

Nick Stergiou (#510) secured \$12 million in privately donated funds to add 30,000 sq ft to the four year old Biomechanics Research Building. The expansion will connect all three levels, providing new

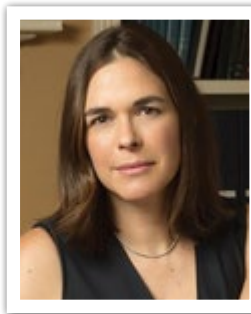
laboratories, instructional space, offices and collaborative space. Dr. Stergiou also received the Diaspora Fellowship which is designed to help avert Greece's brain drain and develop long-term, mutually-beneficial collaborations between universities in Greece and the United States and Canada. He will complete his fellowship in November 2017.

Damon Andrew (#546) received the American Association of University Administrators William C. McInness and Edmund G. Ryan Award for Mid-Career Higher Education Leadership. The nationally-competitive



Damon Andrew

award is reserved for an individual with 5-15 years of higher education administrative service who has demonstrated professional accomplishment significantly beyond the norm and who has, by virtue of his/her achievements and behaviors, demonstrated a personal commitment to ethical and principled leadership practice.



Sian Beilock

Sian Beilock (#524) became the 8th President of Barnard College on July 1, 2017. President Beilock's inauguration ceremony will be held on February 8 & 9, 2018 in New York City. Dr. Beilock was inducted into the Academy in 2013 and is Fellow #524. Beilock was sponsored by Deborah Feltz (#340) and Howard Zelaznik (#337).

Melissa Parker (Int'l), a lecturer at the University of Limerick in Ireland, was recently honored with the Teacher Education Honor Award by SHAPE America – Society of Health and Physical Educators. The award, which recognizes recipients for exemplary,

innovative work that impacts teacher education, was presented at the Professional Excellence Awards Ceremony on Thursday, March 16, during the SHAPE America National Convention & Expo in Boston.



Paul DeVita

Paul DeVita (#518) and colleagues are organizing National Biomechanics Day 2018. It will officially be April 11, however some NBD events will occur before and some after this date due to scheduling issues. Please join the NBD movement and help yourselves help everyone. Please visit the National Biomechanics Day website (link to <http://nationalbiomechanicsday.asbweb.org/>) and use #NBD2018 or #Nationalbiomechanicsday to see our presence on Twitter, Facebook, and Instagram. Our goal for 2018 is to have 20,000 to 30,000 high schoolers participating in NBDs around the world. We can reach this incredible amount with your participation. Please participate. You will enjoy it immensely.

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