Preventive Health Care

Federal Bureau of Prisons
Clinical Practice Guidelines
April 2013

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What's New in the Document?

April 2013 Revisions:

In this new version of the Preventive Health Care guidelines, <u>Appendix 7</u> has been added with four Preventive Health forms that are also available on Sallyport:

- BP-A0891: Preventive Health Summary Males (BP-S891.060: Instructions)
- BP-A0890: Preventive Health Summary Females (BP-S890.060: Instructions)
- BP-A0889: Preventive Health Risk Assessment Tool Males
- BP-A0892: Preventive Health Risk Assessment Tool Females

Other revisions since the April 2007 version of the BOP Clinical Practice Guidelines for *Preventive Health Care* are outlined below—including those in the July 2012, July 2011, December 2010, and April 2009 versions. Except where otherwise noted, these changes were primarily based on updated guidance from the U.S. Preventive Services Task Force (USPSTF).

July 2012 Revisions:

<u>Mammogram screening</u>: Biennial mammogram screening is recommended from age 40 years for women with increased risk for breast cancer, and from ages 50 through 74 years for women with average risk.

<u>Osteoporosis screening</u>: The following intervals are recommended for bone mineral density (BMD) screening in women:

- Normal BMD (T score of 1.00 or higher) or mild osteopenia (T score of 1.01 to -1.49) → screen every 15 years
- Moderate osteopenia (T score of -1.50 to -1.99) on BMD testing → screen every 5 years
- Advanced osteopenia (T score of -2.00 to -2.49) on BMD testing → screen every year

Cervical cancer screening: Recommendations for cervical cancer screening are as follows:

- Women ages 21–65 years → screen every 3 years with cytology (Pap smear), without human papillomavirus (HPV) testing
- Women ages 30–65 years → screen with cytology every 3 years or combination of cytology and HPV testing every 5 years

<u>Tdap vaccine</u>: It is recommended that pregnant women receive a tetanus, diphtheria, and acellular pertussis (Tdap) booster, preferably after 20 weeks of gestation, to protect infants from pertussis via transfer of protective maternal antibodies. It is also recommended that all inmates who have never received the Tdap vaccine be administered a one-time Tdap dose at the baseline visit.

<u>Hepatitits B vaccine</u>: Hepatitis B vaccination is recommended for adults with diabetes who are younger than age 60 years.

<u>Oral cancer screening:</u> It is recommended that clinicians conduct oral cancer screening by directly inspecting and palpating the oral cavity in adults age > 55 who have a history of HPV, sun exposure, alcohol and tobacco use.

July 2011 Revisions:

- Osteoporosis screening: Recommendations for screening have been extended to women younger than age 65 whose fracture risk is equal to or greater than that of a 65-year-old white woman who has no additional risk factors.
- <u>MMR vaccine</u>: It is recommended that a pregnancy test be given at intake to women of child-bearing age who report never having received the MMR vaccine as an adult, prior to administering the vaccine.
- <u>Tdap vaccine:</u> There is no longer an upper age limit for the use of the Tdap (Tetanus-Diptheria-Pertussis) vaccine.

December 2010 Revisions:

- <u>Diabetes screening</u>: Hemoglobin A1C testing now may be used for both screening and diagnosing diabetes, with a cut point of \geq 6.5% being diagnostic for diabetes. The BOP recommendations have been changed to align with the American Diabetes Association's *Standards of Medical Care in Diabetes* 2010.
- Hepatitis B screening: Several different screening strategies have been recommended, depending upon the clinical context and goal for screening, such as pre-vaccination screening and screening to detect chronic HBV. Various serologic markers, alone or in combination, have been proposed for this purpose, including: anti-HBc alone or in combination with HBsAg, and HBsAg alone or in combination with anti-HBs. For the purpose of screening federal inmates for HBV infection, the combination of HBsAg and anti-HBs should be performed. Additional HBV serologic tests may be warranted depending on the inmate's medical history. The BOP recommendations have been changed to align with the latest recommendations from the Centers for Disease Control and Prevention.
- <u>Folic acid</u>: All females of child-bearing age should be counseled to consider taking folic acid, which they can purchase as an OTC drug through the commissary.
- <u>Vision acuity in older adults</u>: Vision screening in older adults is not effective in identifying common pathologies and is not routinely recommended.

April 2009 Revisions:

- <u>HIV screening</u>: Routinely encourage HIV testing for all sentenced inmates who have not been previously tested in the BOP.
- <u>Colorectal cancer screening</u>: BOP and USPSTF recommend fecal occult blood testing (FOBT) for average risk persons, beginning at age 50. It is emphasized that three FOBTs annually are necessary to achieve adequate sensitivity for cancer screening. Routine screening for colorectal cancer screening should cease at age 75. Updated American Cancer Society/American Gastroenterological Association guidelines for screening persons who are at increased risk for colorectal cancer are included in the current document.
- <u>Diabetes screening</u>: The USPSTF has concluded that there is only one group of asymptomatic, individuals for whom routine diabetes screening is warranted: those with a blood pressure greater than 135/80 (treated or untreated). Screening should also be performed as clinically warranted, including for hyperlipidemia, cardiovascular disease, peripheral vascular disease, history of gestational diabetes, or history of polycystic ovary disease.
- <u>Blood pressure screening</u>: Inmates with borderline blood pressure elevations (systolic 120–139; diastolic 80–90) should be screened annually.

- Screening for lipid disorders: Routine screening of average-risk women is no longer recommended.
- Aspirin for CVD prevention: Risk-based guidance is provided on whether or not to recommend aspirin, based on the risk of CVD in men and the risk of stroke in women, as compared against the risk of gastrointestinal hemorrhage. For men, calculate the 10-year risk of CVD every 5 years, beginning at age 45. For women, calculate the 10-year risk of stroke every 5 years, beginning at age 55. Links to risk calculators are provided in this document. (Please see the BOP *Management of Diabetes Clinical Practice Guidelines* for recommendations about treating diabetic inmates with aspirin.)

Risk Level at Which Prevented CVD Events ("Benefit") Exceed GI Harms Men: 10-year CHD risk Women: 10-year stroke risk

Age 45–59 years	<u>></u> 4%	Age 55–59 years	<u>></u> 3%
Age 60–69 years	<u>></u> 9%	Age 60–69 years	<u>></u> 8%
Age 70–79 years	<u>></u> 12%	Age 70–79 years	<u>></u> 11%

- Pneumococcal vaccine is no longer recommended routinely for Native Americans/Alaskan Natives.
 Pneumococcal vaccine is now recommended for inmates with asthma, cerebrospinal fluid leaks, or chronic alcoholism, and those who are long-term care residents. For inmates with newly diagnosed HIV-infection, pneumococcal vaccine should be administered as close as possible to the time of diagnosis.
- Meningococcal vaccine is recommended for inmates with asplenia, i.e., sickle cell disease.

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1. Purpose

The Federal Bureau of Prisons (BOP) clinical practice guidelines for preventive health care outline health maintenance recommendations for federal inmates.

These preventive health guidelines *do not cover* diagnostic testing or medical treatments that might be indicated by a patient's signs and symptoms. These guidelines also *do not preclude* patient-specific screenings based on medical histories and evaluations.

2. Preventive Health Care Overview

Based on the recommendations of the U.S. Preventive Services Task Force (USPSTF), the BOP defines a scope of preventive health care services for inmates that incorporates targeted patient counseling and immunizations, as well as screening for infectious diseases, cancer, and chronic diseases. The BOP preventive health care program deviates from USPSTF recommendations only when the risk characteristics of the BOP inmate population suggest an alternative approach. The BOP preventive health care program includes the following components:

- A health care delivery system that uses a multi-disciplinary team approach, with specific duties assigned to each team member.
- An emphasis on the inmate's responsibility for improving his or her own health status and seeking preventive services.
- Prioritization of inmates who are at high risk for specific health problems.
- Recognition that routine physical examinations are not a recommended component of a preventive health care program.

3. Preventive Health Care Scope of Services

Intake

Newly incarcerated inmates are screened for conditions that warrant prompt intervention: contagious diseases, active substance abuse, chronic diseases, and mental illness. Intake screening and prevention parameters are outlined in *Appendix 1 (Preventive Health Care – Intake Parameters)* and are governed by current BOP policy.

Tuberculosis (TB):

- ► **Symptom screening** for TB disease should be considered a public health priority and should be conducted universally, by a trained health care provider, for all newly incarcerated inmates.
- ► Tuberculin skin testing should be performed on all inmates within 48 hours of intake, except for those with documentation of a prior positive TST (in millimeters), those who have a credible history of being treated for latent TB infection or active TB disease, or those who report history of a severe reaction to a TST (e.g., swollen, blistering).
- ► Chest radiographs should be performed for inmates with a positive TST. All HIV-infected inmates should have a CXR performed at intake, in addition to their intake TB symptom screen and TST. Routine screening chest radiographs are also now

recommended for foreign-born inmates who have been in the United States for one year or less and have no documentation of a chest radiograph obtained in the U.S. This screening guideline also applies to inmates who have been out of the U.S. or Canada for six months or more prior to incarceration in the Bureau of Prisons.

In facilities that house inmates with a high incidence of TB, it may be appropriate to conduct routine CXR screening of all inmates entering the prison. Decisions about the use of routine CXR screening should be made in consultation with the Warden and the HSD staff from the Regional and Central Offices.

- **Sexually transmitted disease (STD):** Screening for STDs is based on age, gender, and patient-specific risk factors (see *Appendix 1*).
 - ► **Female inmates:** Syphilis screening should be conducted universally. Chlamydia screening should be conducted for all women less than age 25, and for other women with identified risk factors.
 - ▶ Male inmates: Syphilis screening should be provided if the inmate reports risk factors for syphilis. However, Clinical Directors should consider universal syphilis screening for males if the inmate population is drawn from communities where syphilis is hyperendemic, e.g., certain large urban areas.
- **Immunizations:** Immunizations ordinarily are not recommended at the time of intake, except for the measles-mumps-rubella (MMR) vaccine for all women of child-bearing age who report that they have never received the vaccine as an adult. *In such cases, the women should first be tested for pregnancy.*

Prevention Baseline Visit

A prevention baseline visit should be conducted for all sentenced inmates within six months of incarceration. At the discretion of the Clinical Director and Health Services Administrator, the prevention baseline visit may be either incorporated into the intake physical examination or scheduled later as a separate visit.

The primary purpose of the prevention baseline visit is to assess the inmate's risk factors and identify the need for and frequency of recommended preventive health measures, as outlined in <u>Appendix 2</u> (Preventive Health Care Scope of Services) and <u>Appendix 3</u> (Preventive Health Care Guidelines by Disease State). All inmates should be advised of the preventive health measures that are provided by the BOP, as well as their responsibility for seeking these services. A plan should be developed with the inmate for accessing recommended preventive health services.

The following preventive measures should be provided in accordance with the specific indications outlined in *Appendix 2*:

- Completing a preventive health risk assessment and developing a plan with the inmate for delivery of follow-up preventive health services.
- Immunizing against tetanus-diphtheria-pertussis, pneumococcal pneumonia, hepatitis A, hepatitis B, measles-mumps-rubella, and influenza (as seasonally appropriate).

- HIV testing should be offered to all sentenced inmates, regardless of risk factor history. HIV testing for sentenced inmates with HIV risk factors is considered mandatory per BOP policy.
- Screening for HBV and HCV infections in asymptomatic inmates is based on the presence of risk factors or upon inmate request.

Prevention Periodic Visits

Periodic visits to review the inmate's need for and receipt of preventive health care services are recommended at least at the following intervals:

- Every three years, for sentenced inmates under age 50 (with the exception of annual tuberculin skin tests, annual influenza vaccinations for certain inmates, and annual audiograms for inmates at occupational risk).
- Annually, for inmates 50 years of age and older.

The frequency of monitoring inmates should be patient-specific, and adjusted as clinically necessary to monitor significant changes in a parameter such as weight or blood pressure.

The following screening parameters should be included in periodic preventive health care visits, as outlined in <u>Appendix 2</u> (Preventive Health Care Scope of Services) and <u>Appendix 3</u> (Preventive Health Care Guidelines by Disease State):

- Counsel regarding nutrition, exercise, substance abuse, and infectious disease transmission.
- Measure weight and BMI (schedule reevaluation based on trend).
- Measure blood pressure (schedule reevaluation based on trend).
- Screen for latent TB infection with annual tuberculin skin test (unless previously positive).
- Screen for hearing loss with annual audiograms for those at occupational risk.
- Screen for breast, cervical, and colon cancers per established parameters and clinical indications.
- Screen for cardiovascular risk (aspirin need), diabetes, and hypercholesterolemia per criteria.
- Screen for osteoporosis in females 65 years of age and older, and in younger women whose fracture risk is equal to or greater than that of a 65-year-old white woman who has no additional risk factors.
- Screen for oral cancer screening by directly inspecting and palpating the oral cavity in adults who are older than 55 have a history of HPV, sun exposure, alcohol, and tobacco use.
- Screen for abdominal aortic aneurysms in male smokers 65 to 75 years of age.

Universal screening for certain diseases (e.g., glaucoma, ovarian and prostate cancer) is not recommended, due to a lack of evidenced-based data. However, screening for these diseases may be indicated for certain inmates, based on specific risk factors or clinical concerns. Decisions regarding screening for such conditions should be patient-specific.

4. Preventive Health Care Delivery

The delivery of preventive health care services is a shared responsibility between the inmate and the BOP health care team.

- Inmates should be provided information on available preventive services, as outlined on the *Inmate Fact Sheets* (see *Appendices <u>4a</u>* and <u>4b</u>), and should be counseled about their responsibility to seek these services.
- All members of the health care team should take part in preventive health care in some capacity, under the collaborative leadership of the Health Services Administrator and the Clinical Director. Specific assignments are determined locally, based on staffing mix, staff skill sets, and logistical factors. Appendix 5 (Staff Roles for Preventive Health Care Delivery) outlines how different categories of staff can be utilized in implementing the preventive health program.
- Additionally, inmate education and preventive services can be delivered, in part, through ancillary means such as group counseling, educational videotapes, and health fairs conducted by volunteers and community-based organizations.

5. Preventive Health Care Program Evaluation

Health Services Administrators, Clinical Directors, and Director of Nursing (at MRCs) should develop local protocol outlining the implementation of their preventive healthcare program. The preventive health care programs should be evaluated through the local IOP programs. Applicable evaluation strategies include, but are not limited to:

- Assessing process measures such as the proportion of inmates who were eligible for a certain health screen and were screened, e.g., proportion of eligible, female inmates who are screened for breast cancer within the recommended time frames.
- Assessing outcome measures such as the proportion of asymptomatic inmates who were screened for a certain condition and were diagnosed with it, e.g., proportion of those screened with a fasting blood glucose who were diagnosed with diabetes.
- Conducting case studies of inmates who were priority candidates for preventive services, i.e., inmates who were at high risk for a certain condition, but were not evaluated for the condition.
- Conducting case studies of inmates who were diagnosed clinically, rather than by preventive screening, or who had a negative clinical outcome related to a preventive measure that was not conducted, e.g., an inmate with hypertension who suffered a myocardial infarction and in the process was diagnosed with diabetes (even though the individual should have been a candidate for an earlier diabetes screening).

Appendix 1. Preventive Health Care – Intake Parameters

All Inmates	
Detoxification	Assess need for detoxification at intake health screen.
TB Symptom Screen	At intake, a health care professional should ask all inmates about a history of tuberculosis and presence of the following symptoms: • Blood tinged sputum • Night sweats • Weight loss • Fever • Cough Inmates who have symptoms suggestive of TB disease should receive a thorough medical evaluation, including a TST, a chest radiograph, and, if indicated, a sputum examination. If TB is suspected, they should be immediately told to wear a surgical mask and placed in a low traffic area until they can be isolated in an airborne infection isolation (All) room.
Tuberculin Skin Test (TST)	Place TST within 48 hours of intake for all inmates <i>except</i> those with a credible history of being treated for latent TB infection (TLTBI) or TB disease, or a history of severe reaction to tuberculin. Ignore BCG history. Consider 2-step test for inmates who are foreign-born.
Chest Radiograph (CXR)	Obtain intake screening CXR for HIV-infected inmates. Also obtain screening CXR for foreign-born inmates who have been in the United States for one year or less, and for whom there is no documentation of a chest radiograph obtained in the U.S. This screening guideline also applies to inmates who have been out of the U.S. or Canada for six months or more prior to incarceration in the BOP.
Vision	Visual acuity testing with a Snellen eye chart at the intake physical.
Female Inmates	
Syphilis	RPR for all females.
Chlamydia	Nucleic acid amplification test (NAAT) from urine or cervical swab for females who fall into <i>any</i> of the following categories: • Are age 25 and under. • Have HIV infection. • Have a history of syphilis, gonorrhea, or chlamydia.
Cervical Cancer	PAP smear at intake physical.
MMR Vaccine	Measles-mumps-rubella (MMR) vaccine at intake for all child-bearing age women who report never having received MMR as an adult. The women should be tested for pregnancy prior to administering the vaccine.
Male Inmates	
Syphilis*	RPR for all males who fall into <i>any</i> of the following categories: • Have had sex with another man. • Are HIV infected. • Have a history of syphilis, gonorrhea, or chlamydia.
* Consider universal syph	ilis screening for male inmates from endemic areas.

Appendix 2. Federal Bureau of Prisons – Preventive Health Care Scope of Services for Sentenced Inmates

This 2-page chart provides an overview of preventive health services to be offered to *sentenced* inmates, based on age, sex, and identified risk factors. This chart does not include intake preventive health measures (see <u>Appendix 1</u> for these). An asterisk (*) in this table indicates that more detail on risk factors and specific screening tests can be obtained from <u>Appendix 3</u>. These guidelines do not cover testing indicated by clinical signs and symptoms; nor do they preclude patient-specific screening based on medical history and evaluation.

0	Recommended Age Groups							Tosto / Schodule/ Bick Footore						
Screening	15	20	25	30	35	4	0 4	5 50	5	5	6	0 65	70	Tests / Schedule/ Risk Factors
Prevention Visit			Eve	ery 3 y	/ears	i			I	Eve	ery	year		Prevention baseline visit: Within 6 months of intake. Periodic prevention visit: Under age 50, every 3 years; Age 50+, annually. Review risk factors and needed screening tests; provide inmate counseling; obtain blood pressure and weight. If BMI is 30 kg/m² or greater, provide nutrition/exercise counseling. Calculate BMI: http://www.cdc.gov/healthyweight/assessing/bmi/index.html
Hepatitis B Viral Infection					Ris	sk-f	actor l	oased						HBsAg and anti-HBs. Risk-factor based*: Hepatitis B vaccination recommended for adults with diabetes younger than age 60. Ever injected illegal drugs, received tattoos or body piercings while in jail, history of STD, males who have had sex w/ males, HIV or HCV infection, from high-risk country, on chronic hemodialysis or immunosuppressants, etc.
Hepatitis C Viral Infection					Ris	sk-f	actor	pased						Anti-HCV. Risk-factor based*: Ever injected illegal drugs, received tattoos or body piercings while in jail, HIV or HBV infection, blood transfusion (before 1992), ever on hemodialysis, etc.
HIV Infection								inmate with I						HIV EIA. Risk factors*: Injected illegal drugs, unprotected sex w/ multiple partners or w/ persons at risk for HIV, males who have had sex w/ males, history of STD, from sub-Saharan/W. Africa, hemophiliac, received blood products (1977–85), etc.
ТВ								test (T			gro	ups.		Annual TST unless documented prior TST(+). CXRs (see <i>Appendix 3</i> for detail): Baseline CXR only: If TST (+). Semi-annual CXR indefinitely: If HIV (+) and either TST (+) or a close contact to an active TB case (regardless of TST result), and have not completed TLTBI. Semi-annual CXR x 2 years: If HIV (-) & TST (+) and either recent TST convertor or close contact of an active TB case and have not completed TLTBI.
Breast Cancer							igh risk every 2 years	1				e risk: ! years		Mammogram. High risk (see Appendix 3): Biennial mammogram screening beginning at age 40. Avg risk: Biennial mammogram screening from ages 50 to 74.
Cervical Cancer			ery ears	•				ith HPV to every						Pap smear. Age 21-65: At intake & every 3 years – Pap smear without HPV testing. Ages 30–65: At intake & every 5 years if screened with combination of Pap smear and HPV testing.
Colorectal Cancer		F	Risk-1	actor	base	ed		,	Ann	ual	l F	OBT ()	(3)	Fecal occult blood test (FOBT), 3 consecutive. Average risk: Annually, begin at age 50. Three tests are required for adequate sensitivity. Stop routine screening at age 75. Higher risk: Follow American Cancer Society recommendations (see Appendix 3).

Appendix 2. Federal Bureau of PrisonsCPreventive Health Care Scope of Services for Sentenced Inmates (continued from previous page)

Screening	g	15	20	25	30	35	40	45	50	55	60	65	70	Tests / Schedule / Risk Factors
Aspirin for CVD Risk Factors	8										0-year year:		'D	Males, ages 45–79: Calculate 10-year CVD risk every 5 years. Risk calculator: http://www.mcw.edu/calculators/CoronaryHeartDiseaseRisk.htm Females, ages 55–79: Calculate 10-year risk of stroke. Risk calculator: http://www.westernstroke.org/index.php?header_name=stroke_tools.gif&main=stroke_tools.php
	7										ulate ' ke risk			Recommend aspirin 81 mg daily if risk exceeds the following:* Men, if 10-year CVD risk: Ages 45–59 (≥4%); ages 60–69 (≥9%); ages 70–79 (≥12%) Female, if 10-yr stroke risk: Ages 55–59 (≥3%); ages 60–69 (≥8%); ages 70–79(≥11%) →For patients with diabetes, see BOP Management of Diabetes Clinical Practice Guidelines.
Diabetes (Type II)				Hig	h risk	(BP:	>135/	80):	Every	/ 3 ye	ars			Fasting serum glucose or hemoglobin A1C. High Risk: Screen every 3 years if blood pressure is >135/80 (treated or untreated).
Hearing			If oc	cupa	tional	risk:	Bas	eline	& an	nual		An	nual	Occupational Risk: Annual audiogram. Age 65+: Ask about hearing annually.
Lipid Disorders	8	Ris	k-fact	or ba	sed	<u> </u>	Ave	rage	risk:	Ever	y 5 ye	ars		Avg-risk males: Beginning at age 35, screen every 5 years (total chol & HDL). Avg-risk females: No routine screening.
Disorders	+0			Av	erage		: No			reeni	ng			If DM, CVD, or PVD: Beginning at age 20, perform lipoprotein analysis annually. If other risk factors (has relative with CVD disease–male under age 50 or female under age 60; or has multiple CVD risk factors, e.g., tobacco & hypertension): Beginning at age 20, screen every 5 years (total chol & HDL).
Substance Abuse						Risk	(-fact	or ba	sed					Assessment of substance abuse history (including tobacco): Provide substance abuse counseling and referral as needed.
Folic Acid			Wo	men (of chil	ld-bea	ring a	age						Women capable of pregnancy: Recommend 400–800 μg daily, OTC through commissary.
Vaccine										-			_	Vaccine/Indications
Tetanus- Diptheria- Pertussis		If inc	omple	ete or	unkn	own v	/accin	ation	histo	ory: A	dminis	ter 3	3-dose	of the Td dose; thereafter, Td boosters every 10 years. series, including a one-time dose of Tdap (preferably as the initial dose) and 2 doses of Td. ent of Exposures. For issues related to pregnancy, see Appendix 3.
Influenza														ndix 3 for list of risk factors.
Pneumococo	cal	(inclu	ding a	asthma hronic	a), chr renal	onic C failure	VD, ir	nmur ephrot	ocom	promi:	sing co e, funct	nditi iona	ions, c al or ar	er once regardless of age for certain chronic medical conditions such as chronic lung disease hemotherapy or long-term systemic corticosteroids, diabetes mellitus, chronic liver diseases, atomic asplenia, cochlear implants, CSF leaks, chronic alcoholism, or in long term care. of risk factors).
Hepatitis A														illegal drugs, liver disease or cirrhosis, recipients of clotting factor concentrates.
Hepatitis B		HBV inma	risk fa	ctors) kers a	, HCV	infect	ion (p	rioritiz	zed fo	r those	e with e	evide	ence o	than age 60. Other clinical conditions include cirrhosis or liver disease, HIV infection (with f liver disease), injection drug use, men who have sex with men, recent history of an STD, sis patients, end-stage renal disease, post-exposure prophylaxis, contacts to inmates with
MMR		incoi first	nplete be tes	e/unki sted fo	nown: or pre	: Adm <i>gnand</i>	iniste :y .							as an adult: Administer 1 dose (booster). If born after 1956 and vaccination history is pearing age without evidence of immunity are high priority for MMR vaccine, but should
* See <i>Appen</i> Abbreviations		♂=ma HBV =	le, ⊊= hepati	female tis B vi	e, Anti rus, H i	-HCV= BsAg=	:HCV a hepati	tis B s	urface		n, HCV			cholesterol, CVD =cardiovascular disease, DM =diabetes mellitus, EIA =enzyme immunoassay, virus, NAAT =nucleic acid amplification test, PVD =peripheral vascular disease, STD =sexually

Appendix 3. Preventive Health Care Guidelines by Disease State

Throughout most of this chart, recommendations regarding health screenings and vaccinations are displayed in the third column. These recommendations are based on age, sex, and the risk factors that are listed in the middle column. The first column indicates: the disease or condition, whether the recommendation applies to *all* inmates or only those who are *sentenced* (unless modified in the middle column), and the source of the recommendation.

Source Abbreviations: ACS=American Cancer Society, ACIP=Advisory Committee on Immunization Practices, ADA=American Diabetes Association, BOP=Bureau of Prisons, CDC=Centers for Disease Control and Prevention, CDC-DQ=CDC Division of Global Migration and Quarantine, USPSTF=United States Preventive Services Task Force, AGA = American Gastroenterological Association

A. Infectious Disease Screening

Risk Factors Indicating Screening ever injected illegal drugs and shared equipment received tattoos or body piercings while in jail or prison	Screening Test/Guideline HBsAg and anti-HBs
	HBsAg and anti-HBs
 males who have had sex with another man history of chlamydia, gonorrhea, or syphilis HIV infected HCV infected from high risk country in Africa, Eastern Europe, Western Pacific, or Asia (except Japan) history of percutaneous exposure to blood on chronic hemodialysis and failed to develop antibodies after 2 series of vaccinations (screen monthly) (all) planned immunosuppressant therapy, e.g. chemotherapy, anti-tumor necrosis factor alfa agents, organ transplant recipient pregnancy (all) 	At baseline prevention visit: If HBV risk factors are identified, HBsAg and anti-HBs testing is recommended. If inmate is pregnant, test for HBsAg immediately.
 ever injected illegal drugs and shared equipment received tattoos or body piercings while in jail or prison HIV infected HBV infected (chronic) received blood transfusion/organ transplant before 1992 received clotting factor transfusion prior to 1987 percutaneous exposure to blood (all) ever on hemodialysis (if currently, screen semiannually) 	Anti-HCV At baseline prevention visit: If HCV risk factors are identified, recommend testing for anti-HCV.
HIV risk factors:	HIV-1 EIA
 males who have had sex with another man had unprotected intercourse with a person with known or suspected HIV infection or multiple sexual partners history of chlamydia, gonorrhea, or syphilis from a high risk country (in Sub-Saharan or West Africa) hemophiliac or received blood products (1977–1985) percutaneous exposure to blood (all) diagnosis of active TB (all) pregnancy (all) 	Routinely encourage HIV testing for all sentenced inmates who have not been previously tested in the BOP. HIV testing of sentenced inmates with HIV risk factors is considered mandatory per BOP policy.
	 history of chlamydia, gonorrhea, or syphilis HIV infected HCV infected from high risk country in Africa, Eastern Europe, Western Pacific, or Asia (except Japan) history of percutaneous exposure to blood on chronic hemodialysis and failed to develop antibodies after 2 series of vaccinations (screen monthly) (all) planned immunosuppressant therapy, e.g. chemotherapy, anti-tumor necrosis factor alfa agents, organ transplant recipient pregnancy (all) ever injected illegal drugs and shared equipment received tattoos or body piercings while in jail or prison HIV infected HBV infected (chronic) received blood transfusion/organ transplant before 1992 received clotting factor transfusion prior to 1987 percutaneous exposure to blood (all) ever on hemodialysis (if currently, screen semiannually) HIV risk factors: ever injected illegal drugs and shared equipment males who have had sex with another man had unprotected intercourse with a person with known or suspected HIV infection or multiple sexual partners history of chlamydia, gonorrhea, or syphilis from a high risk country (in Sub-Saharan or West Africa) hemophiliac or received blood products (1977–1985) percutaneous exposure to blood (all) diagnosis of active TB (all)

A. Infectious Disease	Screening (continued)	
Disease/Source	Risk Factors Indicating Screening	Screening Test/Guideline
HIV-2 Sentenced CDC	 from African countries where HIV-2 prevalence is >1%: Cape Verde, Côte d´Ivoire, Gambia, Guinea-Bissau, Mali, Mauritania, Nigeria, and Sierra Leone from other West African countries reporting HIV-2: Benin, Burkina Faso, Ghana, Guinea, Liberia, Niger, Sao Tome, Senegal, and Togo from other African nations reporting HIV-2 at >1%: Angola & Mozambique have been sex partners or needle-sharing partners of a person from West Africa or a person known to have HIV-2 infection received transfusions in West Africa 	HIV-2 EIA For inmates with these risk factors, also test for HIV-2.
Sexually Transmitted Diseases (Chlamydia & Syphilis) All BOP, USPSTF	 All females All females who: are age 25 or under and/or have HIV infection and/or have history of syphilis, gonorrhea, or chlamydia All males who: have had sex with another man and/or have HIV infection and/or history of syphilis, gonorrhea, or chlamydia Note: Routine gonorrhea screening is not recommended unless symptoms of gonorrhea are present, or unless syphilis or chlamydia have been diagnosed. 	 RPR: At intake physical Chlamydia: At intake physical (NAAT urine or cervical swab) RPR: At intake physical
Tuberculosis All CDC, BOP	 All inmates All inmates except those with: history of tx of latent TB infection (TLTBI) or active TB documented TST positive (in millimeters) history of severe reaction to tuberculin Foreign born (with above exceptions)	 Intake TB symptom screen Tuberculin skin test (TST) within 48 hrs of intake Consider 2-step TST CXR: At intake CXR: At intake CXR: Every 6 mos indefinitely TST: Annually CXR: Every 6 mos for 2 yrs

B. Cancer Screen	ing	
Disease/Source	Risk Factors Indicating Screening	Screening Test/Guideline
Breast Cancer Sentenced	All females Average-risk females, ages 50–74	Clinical breast exam: Offer annually Mammogram: Every 2 yrs
BOP, USPSTF, ACA	Risk-factor based, beginning age 40:	• Mammogram: Every 2 yrs
	The USPSTF recommends that women whose family his increased risk for deleterious mutations in <i>BRCA1</i> or <i>BR</i> genetic counseling and evaluation for <i>BRCA</i> testing. Ce may be at increased risk. Both maternal and paternal far USPSTF recommendations, which are available at: http://www.ahrq.gov/clinic/uspstf05/brcagen/brcagenrs.htm	CA2 genes be referred for rtain women of Jewish heritage mily histories are important. See
Cervical Cancer	All females (who have a cervix): • Age 21–65 (Pap smear only)	At intake physical, then
Sentenced		every 3 years
BOP, ACS	Ages 30–65 (Pap smear & HPV test)	At intake physical, then every 5 years
Ovarian Cancer USPSTF	The United States Preventive Services Task Force rescreening for ovarian cancer, finding that there is not test (including CA-125, ultrasound, or pelvic examinat ovarian cancer.	evidence that any screening
Oral Cancer USPSTF	The United States Preventive Services Task Force reconduct oral cancer screening by directly inspecting a adults who have a history of HPV, sun exposure, alco	nd palpating the oral cavity in
Prostate Cancer USPSTF	The United States Preventive Services Task Force hat recommend for or against routine screening for prostation antigen or digital rectal exam. Decisions about screen case, with the inmate. Prostate cancer screening sho age 75.	ate cancer by prostate surface ning should be made case-by-
Colorectal Cancer Sentenced USPSTF, ACS, AGA	Average risk	Fecal occult blood test: Annually beginning at age 50. Stop routine screening at age 75. Provide guiac-based test cards to use with 3 consecutive stools and return to clinic. Do not rehydrate specimen. If positive, do colonoscopy. Note: It is necessary to test 3 stools each year to achieve adequate sensitivity.

B. Cancer Screening (continued)

Colorectal Screening Guidelines: Increased Risk and High Risk

Guidelines for Screening and Surveillance for the Early Detection of Colorectal

Guideline Adenomas ar	s for Screening and Surveillar nd Cancer in Individuals at Inc	nce for the Early Detection of Colorectal reased Risk or High Risk (AGA/ACS, 2008)
Increased Risk: Patient	ts with History of Polyps	at Prior Colonoscopy
Risk Category	Age to Begin	Recommendation/Comment
Patients with small rectal hyperplastic polyps	Same as those with average risk	Colonoscopy or other screening options at same regular intervals as for those at average risk. Those with hyperplastic polyposis syndrome are at increased risk for adenomatous polyps and cancer, and should have more intensive follow-up.
People with 1 or 2 small (≤1 cm) tubular adenomas with low-grade dysplasia	5–10 years after the polyps are removed	Colonoscopy: Time between tests should be based on other factors such as prior colonoscopy findings, family history, and patient and doctor preferences.
People with 3 to 10 adenomas, or a large (≥1 cm) adenoma, or any adenomas with high-grade dysplasia or villous features	3 years after the polyps are removed	Colonoscopy: Adenomas must have been completely removed. If colonoscopy is normal or shows only 1 or 2 small tubular adenomas with low-grade dysplasia, future colonoscopies can be done every 5 years.
People with more than 10 adenomas on a single exam	Within 3 years after the polyps are removed	Colonoscopy: Consider possibility of genetic syndrome (such as FAP or HNPCC).
Patients with sessile adenomas that are removed in pieces	2–6 months after adenoma removal	Colonoscopy: If entire adenoma has been removed, further testing should be based on physician's judgment.
Increased Risk: Patient	s with Colorectal Cancer	
Risk Category	Age to Begin	Recommendation/Comment
People diagnosed with colon or rectal cancer	At time of colorectal surgery, or can be 3–6 months later if person doesn't have cancer spread that can't be removed	Colonoscopy to view entire colon and remove all polyps. If the tumor presses on the colon/rectum and prevents colonoscopy, CT colonoscopy (with IV contrast) or DCBE may be done to look at the rest of the colon.
People who have had colon or rectal cancer removed by surgery	Within 1 year after cancer resection (or 1 year after colonoscopy to make sure the rest of the colon/rectum was clear)	Colonoscopy: If normal, repeat exam in 3 years. If normal then, repeat exam every 5 years. Time between tests may be shorter if polyps are found or there is reason to suspect HNPCC. After low anterior resection for rectal cancer, exams of the rectum may be done every 3–6 months for the first 2–3 years to look for signs of recurrence.

B. Cancer Screening (Colorectal Scre	ening Guidelines, continued)	
Increased Risk: Patients with a	Family History	
Risk Category	Age to Begin	Recommendation/Comment
Colorectal cancer or adenomatous polyps in any first-degree relative before age 60, or in 2 or more first-degree relatives at any age (if not a hereditary syndrome)	Age 40, or 10 years before the youngest case in the immediate family, whichever is earlier	Colonoscopy: Every 5 years
Colorectal cancer or adenomatous polyps in any first-degree relative aged 60 or higher, or in at least 2 second-degree relatives at any age	Age 40	Fecal occult blood test: 3 times annually.
High Risk		
Risk Category	Age to Begin	Recommendation/Comment
Familial adenomatous polyposis (FAP) diagnosed by genetic testing, or suspected FAP without genetic testing	Age 10 to 12	Yearly flexible sigmoidoscopy to look for signs of FAP. Provide counseling to consider genetic testing if it hasn't been done. If genetic test is positive, removal of colon (colectomy) should be considered.
Hereditary non-polyposis colon cancer (HNPCC), or increased risk of HNPCC based on family history without genetic testing	Age 20 to 25, or 10 years before the youngest case in the immediate family	Colonoscopy every 1–2 years; counseling to consider genetic testing if it hasn't been done. Genetic testing should be offered to first-degree relatives of people found by genetic tests to have HNPCC mutations. It should also be offered if 1 of the first 3 of the modified Bethesda criteria ¹ is met.
Inflammatory bowel disease: Chronic ulcerative colitis Crohn's disease	Cancer risk begins to be significant 8 years after the onset of pancolitis (involvement of entire large intestine), or 12–15 years after the onset of left-sided colitis	Colonoscopy every 1–2 years with biopsies for dysplasia. These patients are best referred to a center with experience in the surveillance and management of inflammatory bowel disease.

Abbreviations: **DCBE** = double-contrast barium enema; **FAP** = familial adenomatous polyposis; **HPNCC** = hereditary nonpolyposis colon cancer; **CTC** = computed tomographic colonoscopy

http://www.cancer.org/docroot/CRI/content/CRI_2_4_2X_Can_colon_and_rectum_cancer_be_prevented.asp?sitearea=

Reference: American Cancer Society [homepage on the internet]. Detailed guide: colon and rectum cancer. Can colorectal polyps and cancer be found early? Revised 3/5/2008. Available from: http://www.cancer.org/docroot/CRI/content/CRI 2 4 3X Can colon and rectum cancer be found early.asp

(General guidelines resume on next page of Appendix 3.)

¹ The Bethesda criteria can be found in the American Cancer Society "Can Colorectal Cancer Be Prevented?" available at:

Risk Factors Indicating Screening risk: Men, ages 65–75, with a history of smoking. een for abdominal aortic aneurysm (AAA); gically repair large AAAs (5.5 cm or more). res ages 45–79: Calculate CHD risk every 5 year c://www.mcw.edu/calculators/CoronaryHeartDiseaseF males ages 55–79: Calculate risk of stroke every control of adverse cardiovascular event exceeds risk of adverse cardiovascular event exceeds risk of a recommend that inmate take aspirin 81 mg event or patients with diabetes, see the BOP Management of Interest of the control	Risk.htm 5 years using stroke calculator: ke_tools.gif&main=stroke_tools.php f gastrointestinal bleed, y day.* Diabetes Clinical Practice Guideline.
een for abdominal aortic aneurysm (AAA); gically repair large AAAs (5.5 cm or more). les ages 45–79: Calculate CHD risk every 5 year c://www.mcw.edu/calculators/CoronaryHeartDiseaseF males ages 55–79: Calculate risk of stroke every c://www.westernstroke.org/index.php?header_name=stro csk of adverse cardiovascular event exceeds risk of cor recommend that inmate take aspirin 81 mg ever cor patients with diabetes, see the BOP Management of D Risk Level at Which CVD Events Prevented ("E Men: 10-Year CHD Risk Ages 45–59 ≥4%	ultrasonography: Once s using risk calculator: Risk.htm 5 years using stroke calculator: ke tools.gif&main=stroke_tools.php f gastrointestinal bleed, y day.* Diabetes Clinical Practice Guideline. Benefit") Exceeds GI Harms: omen: 10-Year Stroke Risk
c://www.mcw.edu/calculators/CoronaryHeartĎiseaseF males ages 55–79: Calculate risk of stroke every //www.westernstroke.org/index.php?header_name=stro // sk of adverse cardiovascular event exceeds risk of // recommend that inmate take aspirin 81 mg every // propatients with diabetes, see the BOP Management of D Risk Level at Which CVD Events Prevented ("E Men: 10-Year CHD Risk Ages 45–59 ≥4%	Risk.htm 5 years using stroke calculator: ke_tools.gif&main=stroke_tools.php f gastrointestinal bleed, y day.* Diabetes Clinical Practice Guideline. Benefit") Exceeds GI Harms: Diabetes 10-Year Stroke Risk
or patients with diabetes, see the BOP Management of Discourage Risk Level at Which CVD Events Prevented ("EMEDISC HER CHD Risk Work Ages 45–59 ≥4%	Diabetes Clinical Practice Guideline. Benefit") Exceeds GI Harms: Dimen: 10-Year Stroke Risk
Men: 10-Year CHD Risk W o Ages 45–59 ≥4%	omen: 10-Year Stroke Risk
Ages 45–59 ≥4%	
Ages 70–79 ≥12%	Ages 60–69 ≥8% Ages 70–79 ≥11%
k-factor based: If blood pressure is >135/80 or if erwise clinically indicated. BOP recommends the use of serum glucose test	Fasting serum glucose or hemoglobin A1C: Every 3 years
I diagnosis. When fasting serum glucose values a sma glucose should be obtained.	
sed on age: nder age 50ge 50 and overorderline blood pressure elevations ystolic 120-139; diastolic 80-90)	Blood pressure: • At least every 3 yrs • At least annually • At least annually
diabetes, CVD or peripheral vascular disease, eginning at age 20	Fasting lipoproteinanalysis: Annually Total cholesterol & HDL: At least every 5 years Every 5 years Screening not indicated at any age
	diabetes, CVD or peripheral vascular disease, eginning at age 20

C. Chronic Disease	s/Lifestyle (continued)	
Disease/Source	Risk Factors Indicating Screening	Screening Test/Guideline
Obesity Sentenced USPSTF	Calculate Body Mass Index (BMI), utilizing calculator at http://www.cdc.gov/healthyweight/assessing/bmi/index.html • Under age 50	Height/ weight/ body mass index • Every 3 years • Every year
Osteoporosis Sentenced USPSTF, Surgeon General Report	 Women age 65 and older, and younger women whose fracture risk is equal to or greater than that of a 65-year-old white woman who has no additional risk factors. Risk factor based: Women age 60–64 with body weight less than 70 kilograms and no current use of estrogen. Repeat BMD screening as clinically indicated. The following intervals are recommended: Normal BMD (T score of 1.00 or higher) or mild osteopenia (T score of 1.01 to -1.49) → screen every 15 years Moderate osteopenia (T score of -1.50 to -1.99) → screen every 5 years Advanced osteopenia (T score of -2.00 to -2.49) → screen every year 	Bone mineral density screening (BMD) The most commonly recommended test is dual x-ray absorptiometry (DXA).
Folic Acid Sentenced women USPSTF	• Women of child-bearing age: Supplements containing 400–800 μg of folic acid in the periconceptual period reduce the risk for neural tube defects.	Counsel inmate Recommend OTC purchase through commissary.
Substance Abuse BOP	All inmates: At intake assess for substance abuse history and need for detoxification. Provide counseling and referral to BOP substance abuse and smoking cessation programs, as indicated.	Substance abuse history at intake
D. Sensory Scre	ening	
Disease/Source	Risk Factors Indicating Screening	Screening Test/Guideline
Vision Sentenced USPSTF	• All inmates	Snellen at intake physical Note: Vision acuity testing is not effective in identifying common age-related pathologies.
Hearing Sentenced USPSTF, BOP	Age 65 and older Occupational risk (any age)	Ask about hearing annuallyAudiogram annually

E. Immunizations

For more specific information about immunizations and contraindications, see CDC adult immunization recommendations at http://www.cdc.gov/vaccines/recs/schedules/adult-schedule.htm.

For information about pregnant women, refer to the current adult immunization schedule (see link above).

Vaccine/Source	Risk Factor	Guideline			
Hepatitis A Sentenced CDC, BOP, ACIP	Risk-factor based: • Men who have sex with men • Users of injection illegal drugs • Liver disease or cirrhosis • Recipients of clotting factor concentrates For foreign born inmates, consider prescreening for hepatitis A immunity prior to vaccination.	At baseline prevention visit: If patient has risk factors for hepatitis A, start two-dose series; administer 2nd dose at least 6 months after 1st dose. The two available single antigen vaccines (Vaqta® and Havrix®) can be used interchangeably. For candidates for both vaccines, the combined hepatitis A and hepatitis B vaccine (Twinrix®) can be used. Administer 3 doses at 0, 1, and 6 months; or alternatively, use a 4-dose schedule, administered on days 0, 7 and 21–30, followed by a booster dose at month 12.			
Hepatitis B Sentenced BOP, CDC, ACIP, USPSTF	Risk-factor based: Diabetic adults younger than age 60 Hemodialysis patients End-stage renal disease (hemodialysis anticipated) Inmate workers at risk for bloodborne pathogen exposure HIV infected (with risk factors for acquiring HBV) HCV infection (prioritized for those with evidence of liver disease) Cirrhosis or liver disease Injection drug use Men who have sex with men History of syphilis, gonorrhea, or chlamydia in last 6 months Post-exposure prophylaxis Contacts to inmates with acute hepatitis For foreign born inmates, consider prescreening for hepatitis B immunity prior to vaccination.	At baseline prevention visit: If patient has risk factors for hepatitis B, start 3-dose series. The 2nd dose is given 1–2 months after the 1st dose. The 3rd dose is given 4–6 weeks after the 2nd dose (or thereafter). For candidates for both vaccines, the combined hepatitis A and hepatitis B vaccine (Twinrix®) can be used. Administer 3 doses at 0, 1, and 6 months; or alternatively, use a 4-dose schedule, administered on days 0, 7 and 21–30, followed by a booster dose at month 12.			

E. Immunizations (co	ontinued)	
Vaccine/Source	Risk Factor	Guideline
Influenza AII ACIP, CDC	• Age 50 or older • Medical risk factors ➤ Chronic disorders of the cardiovascular or pulmonary systems, including asthma ➤ Chronic metabolic diseases, including diabetes mellitus, renal or hepatic dysfunction, hemoglobinopathies ➤ Immunocompromising conditions, including HIV ➤ Asplenia, including sickle cell disease ➤ Any condition that compromises respiratory function, e.g., cognitive dysfunction, spinal cord injury, or seizure disorder ➤ Pregnancy (during flu season) • Occupational/Residential risk factors: ► Inmate health care workers ➤ Residents of long term care facilities	Annually. Inmates age 50 and older, and those who are younger with risk factors should receive annual influenza vaccine.
Measles-Mumps- Rubella (MMR) ACIP, CDC-DQ	Women of child-bearing age (All) If born after 1956 and previously vaccinated (Sentenced) If incomplete or unknown vaccination history and born after 1956 (Sentenced)	 At intake: Administer 1 dose. Test for pregnancy prior to vaccinating. At prevention baseline visit: Administer 1 booster dose. At prevention baseline visit: Administer initial dose of two-dose series; then give 2nd dose 4–8 weeks later.
	(1) HIV infection is not a contraindication to MM immunocompromised, i.e., CD4+ T-cell count < (2) MMR is contraindicated during pregnancy.	
Meningococcal All ACIP, CDC	Anatomic or functional asplenia, including sickle cell disease (age 55 and under only)	Administer meningocccal conjugate vaccine (one-time only).
	(Appendix 3 continues on next pag	e.)

E. Immunizations (continued)							
Vaccine/Source	Risk Factor	Guideline					
Pneumococcal Sentenced ACIP	 Age 65 and over	Administer once* Administer once, regardless of age. For patients who are age 65 or older, administer a one-time re-vaccination if the person was vaccinated 5 years or more ago, and was less than age 65 when initially vaccinated. * For inmates with asterisked conditions, give one-time revaccination after 5 years. Notes: (1) Administer pneumococcal vaccine as soon as possible after HIV-infection is diagnosed. (2) Routine use of pneumococcal vaccine is no longer recommended for Alaska Native or American Indian persons younger than 65 years unless they have other qualifying medical conditions. (3) Pneumococcal vaccine can be administered to pregnant women with risk factors.					
Tetanus- Diphtheria- Pertussis Sentenced ACIP, CDC-DQ, USPSTF		To protect against pertussis, a one-time Tdap dose should replace a single dose of Td for adults ages 19 and older, who have not received a dose of Tdap previously (either as a booster dose or part of a vaccine series). • At prevention baseline visit: Administer a one-time Tdap dose instead of the Td dose. Thereafter, a Td booster should be administered every 10 years. • At prevention baseline visit: Administer a 3-dose tetanus-diphtheria-pertussis series, including a one-time dose of Tdap (preferably as the initial dose) and 2 doses of Td. Administer the first 2 doses at least 4 weeks apart, and the 3rd dose 6–12 months after the 2nd dose. Thereafter, a Td booster should be administered every 10 years.					

Appendix 4a. Inmate Fact Sheet – Preventive Health Program for Women

Initial Preventive Health Screening

You will receive the following preventive health screening shortly after you enter federal prison:

TB Skin Test...... To test for exposure to TB, unless your medical record shows a previous positive TB skin test.

Chest X-Ray....... If you have a positive TB skin test, if you are foreign-born or have recently been outside the U.S., or you have HIV infection.

Chlamydia Test... If you are age 25 or less, have HIV infection, or have a history of sexually transmitted diseases such as syphilis, gonorrhea, or chlamydia.

Syphilis Test...... At your intake physical exam.

PAP Smear...... To test for cervical cancer or other conditions, at your intake physical exam.

MMR Vaccine..... To protect against measles, mumps, and rubella; given if you are of child-bearing age, have no record of vaccination, and have first been tested to see if you are pregnant.

Your health care provider may recommend additional health screens (tests) based on your medical history and physical examination.

Routine Preventive Health Screening for Sentenced Inmates

The following preventive health tests are routinely provided for sentenced inmates:

Viral Hepatitis If you are at risk for hepatitis B or hepatitis C viral infections, or if you report that you had a prior infection.

HIV.....Recommended for all sentenced inmates.

TB Skin Test...... Every year, unless your record shows a positive test in the past.

Breast Cancer..... Mammogram every 2 years, beginning at age 50; beginning at age 40, if there is a history of breast cancer in your family. Annual breast exam upon request.

Pap Smear..... Every 3 years, if you are age 21 to 29.

Every 3-5 years (with an HPV test), if you are age 30 or older.

Colon Cancer...... Testing for blood in your stool every year, beginning at age 50; colonoscopy if you are at higher risk for colon cancer.

Diabetes If your blood pressure is greater than 135/80.

Cholesterol Beginning at age 20, but only if you have risk factors.

In addition, vaccinations are provided as recommended by health authorities. Based on your age and specific needs, other preventive health services may be made available to you. You can also request a preventive health visit to review needed services: every three years (if you are under age 50) or every year (if you are age 50 and over).

Take care of yourself while you are in prison!

- Exercise regularly.
- Eat a healthy diet (low fat, more fruits and vegetables).
- Take medications and supplements recommended by your doctor.
- Don't use tobacco or illegal drugs.
- Don't have sexual contact with others while in prison.
- Don't get a tattoo while in prison.
- Don't share personal items (razors, toothbrushes, towels).
- Wash your hands regularly.

Appendix 4b. Inmate Fact Sheet – Preventive Health Program for Men

Initial Preventive Health Screening

You will receive the following preventive health screening shortly after you enter federal prison:

TB Skin Test...... To test for exposure to TB, unless your medical record shows a previous positive

TB skin test.

Chest X-Ray...... If you have a positive TB skin test, if you are foreign-born or have recently been

outside the U.S., or if you have HIV infection.

Syphilis Test At your intake physical exam if you have HIV infection, or if you have a history of

sexually transmitted diseases such as syphilis, gonorrhea, or chlamydia.

Your health care provider may recommend additional health screens (tests) based on your medical history and physical examination.

Routine Preventive Health Screening for Sentenced Inmates

The following preventive health tests are routinely provided for sentenced inmates:

Viral Hepatitis If you are at risk for hepatitis B or hepatitis C viral infections, or if you report that

you had a prior infection.

HIV...... Recommended for all sentenced inmates.

TB Skin Test..... Every year, unless you had a positive test in the past.

Colon Cancer...... Testing for blood in your stool every year, beginning at age 50; colonoscopy if you

are at higher risk for colon cancer.

Diabetes...... If your blood pressure is greater than 135/80.

Cholesterol Beginning at age 35, screen every 5 years (sooner if you are at risk).

In addition, vaccinations are provided as recommended by health authorities. Based on your age and specific needs, other preventive health services may be made available to you. You can also request a preventive health visit to review needed services: every three years (if you are under age 50) or every year (if you are age 50 and over).

Take care of yourself while you are in prison!

- · Exercise regularly.
- Eat a healthy diet (low fat, more fruits and vegetables).
- Take medications as recommended by your doctor.
- · Don't use tobacco or illegal drugs.
- Don't have sexual contact with others while in prison.
- Don't get a tattoo while in prison.
- Don't share personal items (razors, toothbrushes, towels).
- · Wash your hands regularly.

Appendix 5. Staff Roles for Preventive Health Care Delivery

Primary Care Provider Teams will be responsible for providing preventive health care services in each facility. Roles and responsibilities for specific aspects of preventive health care will vary, based on staffing in each facility and adaptations required to maintain clinic operations. The most efficient and cost-effective way to implement the preventive health care guidelines is to assign appropriate responsibilities to each health care professional team member. All team members should be oriented to the guidelines in this document.

Clerical Staff

Possible tasks include pulling and filing medical records, scheduling appointments, preparing lab slips, and auditing records.

Nursing Staff

Emphasis on preventive health care may involve an expanded role for nurses in each facility, depending on their availability.

Preparation for Preventive Health Visits: In advance of the visit, a thorough chart review should be conducted to determine what tests and evaluations are indicated by the inmate's age, sex, and risk factors. Laboratory tests and evaluations can be ordered prior to the visit (utilizing standing orders), to maximize clinic efficiency.

Preventive Health Visits: Nursing functions can include interviewing inmates, assessing risk factors, recommending and ordering (with standing orders) specific health screens and interventions, instructing inmates about prevention measures, administering immunizations, and providing health education.

Preventive Health Follow-Up: Abnormal results shall be reviewed and referred to the MLP or physician for follow-up.

Mid-Level Practitioners

MLPs are responsible for: ensuring that their patients have been offered preventive services; counseling inmates on serious health conditions that require treatment; following-up on abnormal results; and developing a treatment plan.

Physicians

Physicians are responsible for developing a treatment plancparticularly for complicated patientscand for mentoring and advising MLPs on specific patients.

Clinical Director

The Clinical Director is responsible for serving as a role model and leader in delivering preventive health services; providing standing orders for nurses; providing staff education; developing IOP measures; and working with the Health Services Administrator to ensure that adequate staffing, supplies, and materials are available for successful implementation of the program.

Appendix 6. Selected Preventive Health Care References

U.S. Preventive Services Task Force (USPSTF): Topic Index: A–Z. Available from: http://www.uspreventiveservicestaskforce.org/uspstopics.htm. A PDA program is available, the *Electronic Preventive Services Selector*. To download, go to http://pda.ahrqgov. More detailed publications of the USPSTF are referenced below under the relevant topic.

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Federal Bureau of Prisons. *Clinical Practice Guidelines: Medical Management of Exposures: HIV, HBC, HCV, Human Bites, and Sexual Assaults.* Washington, DC: Federal Bureau of Prisons; 2009. Available from: http://www.bop.gov/news/medresources.jsp

Sexually Transmitted Diseases

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Centers for Disease Control and Prevention. Sexually transmitted diseases treatment guidelines, 2006. *MMWR*. 2006;55(RR-11). Available from: http://www.cdc.gov/std/treatment/

Federal Bureau of Prisons. *Clinical Practice Guidelines: STD Treatment Tables*. Washington, DC: Federal Bureau of Prisons; 2011. Available from: http://www.bop.gov/news/medresources.jsp

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Appendix 7. Preventive Health Forms

This Appendix contains the following forms, which are also available on Sallyport:

- BP-A0891: Preventive Health Summary Males (BP-S891.060: Instructions) = 2 pages
- BP-A0890: Preventive Health Summary Females (BP-S890.060: Instructions) = 2 pages
- BP-A0889: Preventive Health Risk Assessment Tool Males = 2 pages
- BP-A0892: Preventive Health Risk Assessment Tool Females = 3 pages

CATEGORY	REVISION HPC IN AUG 2012
Prevention Visits	 Baseline visit: Within 6 months of intake or intake physical examination. Periodic visit: Age < 50: Every 3 years. Age 50 and older: Every year. Review risk factors and needed screening tests; provide counseling, obtain vital signs and WT. If BMI >30 kg/m2: Counsel about diet /exercise.
Tuberculin Skin Test	TST annually unless documented prior TST (+/mm) or documented history of TB.
Chest X-Ray	Baseline CXR only if TST (+), foreign-born, or have recently been outside the U.S. Semi-annual CXR indefinitely if HIV (+) and either TST (+) or a close contact to an active TB case.
Colon Cancer	Average risk: Annual FOBT x 3 at age 50–70 years. High risk: Periodic colonoscopy determination per risk factors.
Diabetes	Risk-factor based: BP >135/80, blood glucose >110 mg/dl, or clinically indicated. Perform: Fasting plasma glucose or hemoglobin A1C every 3 years.
Cholesterol	Average risk: Begin at age 35, every 5 years (Fasting Lipid profile). High risk: Begin at age >20, every year (Fasting Lipid profile).
CVD Risk	Ages 45-79: Calculate risk of stroke every 5 years. If >6%, discuss ASA use.
Abdominal Aortic Aneurysm (AAA)	At risk: Ages 65–75, with a history of smoking. Abdominal ultrasonography once. Surgically repair large AAAs (5.5 cm or more).
Hearing Test	Age > 65: Ask about hearing every year. Occupational risk: Annual audiogram.
Oral Cancer	Cancer screening: Examination of head, neck, and oral cavity. Risk factors include tobacco, alcohol, ≥ 55 years, HPV, and sun exposure. Biopsy if lesions not resolved in 7–10 days.
Substance Abuse	All inmates: History of substance abuse at intake. Assess for detoxification; assess for need for referral for counseling.

VACCINE	PHC-Aug 2012				
Tetanus	Booster every 10 years: Admin Tdap x1 and then Td booster every 10 years. Unknown history: 3-dose series with initial Tdap dose.				
MMR	Born in >1956: Admin 1 dose. Unknown history: Admin 2 doses.				
Pneumococcal	Age >65: Admin 1 dose. Risk-factor based: Admin 1 dose and repeat in 5 years.				
Hepatitis A	Risk-factor based: Men having sex with men, injecting illegal drugs, liver disease, clotting factor.				
Hepatitis B	Risk-factor based: Diabetes & age <60, liver diseases, HIV, HCV, injection drug use, men having sex with men, STD, exposures, ESRD, acute hepatitis.				
Influenza	Immunize every year if age >50 or medical risk factors.				

SCREENING TEST	PHC- Aug 2012
Gonorrhea/ Chlamydia	If age 25 or less, have HIV infection, or history of sexually transmitted diseases such as syphilis, gonorrhea, or chlamydia
Syphilis (RPR)	All sentenced inmates.
HIV EIA	All sentenced inmates.
HBsAg	At risk for Hepatitis B or prior infection. Pre-vaccination.
HCV EIA	At risk for Hepatitis C or prior infection.

The *Preventive Health Summary* for males (BP- A0891) and females (BP- A0890) are tools to track preventive health interventions and record preventive health visits, screening tests, tuberculin skin tests, and immunizations. Screening and intervention should be documented within the medical record.

A prevention baseline visit should be conducted for all sentenced inmates within six months of incarceration. At the discretion of the Clinical Director and Health Services Administrator, the prevention baseline visit may be either incorporated into the intake physical examination or scheduled later as a separate visit.

Preventive Health Program Overview: Consult the BOP Clinical Practice Guidelines on *Preventive Health Care* for specific recommendations about age- and risk-based counseling, screening, and immunizations.

Intake/Intake History and Physical: *All* inmates should be screened for TB symptoms (tuberculin skintested, unless contraindicated), and screened for syphilis, gonorrhea, and chlamydia (if risk factors).

Prevention Baseline Visit: Preventive health assessment should take place during intake/intake history and physical or within 6 months of incarceration. Indicate on the *Summary* if the inmate is at high risk for specific conditions, using "Y" (yes) or "N" (no). Based upon risk assessment, determine a plan for preventative health services and implement counseling, referral, screening for infectious diseases, chronic diseases and cancer, and administer immunizations.

Periodic Prevention Visits: Conduct every three years for sentenced inmates under age 50, and every year beginning at age 50. Review the plan for preventive health services. Routine evaluations include: weight, BMI, vital signs, and age/risk-based screenings. Assure provision of annual tuberculin skin tests, influenza vaccination (if indicated), and audiograms (if occupational risk).

CATEGORY	REVISION HPC IN AUG 2012
Prevention Visits	 Baseline visit: Within 6 months of intake or intake physical examination. Periodic visit: Age < 50: Every 3 years. Age 50 and older: Every year. Review risk factors and needed screening tests; provide counseling, obtain vital signs and WT.
	If BMI >30 kg/m2: Counsel about diet /exercise. TOT ((1))
Tuberculin Skin Test	TST annually unless documented prior TST (+/mm) or documented history of TB.
Chest X-Ray	Baseline CXR only if TST (+), foreign-born, or have recently been outside the U.S. Semi-annual CXR indefinitely if HIV (+) and either TST (+) or a close contact to an active TB case.
Mammogram	Average risk: Biennial ages 50–74. High risk: Biennial beginning at age 40.
Pap Smear/HPV	Pap smear: Intake, then every 3 years for ages 21–65. OR Pap smear & HPV: Intake, then every 5 years for ages 30–65.
Colon Cancer	Average risk: Annual FOBT x 3 at age 50–70 years. High risk: Periodic colonoscopy determination per risk factors.
Diabetes	Risk-factor based: BP >135/80, blood glucose >110 mg/dl, or clinically indicated. Perform: Fasting plasma glucose or hemoglobin A1C every 3 years.
Cholesterol	Average risk: Not indicated at any age. High risk: Begin at age >20, every year (Fasting Lipid profile).
CVD Risk	Ages 55-79: Calculate risk of stroke every 5 years. If >6%, discuss ASA use.
Osteoporosis	Ages >65 and younger women age 60–64 & weight <70 kg: BMD screening for DXA needs — Normal T score → every 15 years; moderate osteopenia → every 5 years; advanced osteopenia → every year.
Hearing Test	Age > 65: Ask about hearing every year. Occupational risk: Annual audiogram.
Oral Cancer	Cancer screening: Examination of head, neck, and oral cavity. Risk factors include tobacco, alcohol, ≥ 55 years, HPV, and sun exposure. Biopsy if lesions not resolved in 7–10 days.
Substance Abuse	All inmates: History of substance abuse at intake. Assess for detoxification; assess for need for referral for counseling.

VACCINE	PHC-Aug 2012
Tetanus	Booster every 10 years: Admin Tdap x1 and then Td booster every 10 years. Unknown history: 3-dose series with initial Tdap dose.
MMR	Born in >1956: Admin 1 dose. Unknown history: Admin 2 doses.
Pneumococcal	Age >65: Admin 1 dose. Risk-factor based: Admin 1 dose and repeat in 5 years.
Hepatitis A	Risk-factor based: Sex with men who have sex with men, injecting illegal drugs, liver disease, clotting factor.
Hepatitis B	Risk-factor based: Diabetes & age <60, liver diseases, HIV, HCV, injection drug use, sex with men who have sex with men, STD, exposures, ESRD, acute hepatitis.
Influenza	Immunize every year if age >50 or medical risk factors.

SCREENING TEST	PHC- Aug 2012						
Gonorrhea/ Chlamydia	If age 25 or less, have HIV infection, or history of sexually transmitted diseases such as syphilis, gonorrhea, or chlamydia						
Syphilis (RPR)	All sentenced inmates.						
HIV EIA	All sentenced inmates.						
HBsAg	At risk for Hepatitis B or prior infection. Pre-vaccination.						
HCV EIA	At risk for Hepatitis C or prior infection.						

The *Preventive Health Summary* for males (BP- A0891) and females (BP- A0890) are tools to track preventive health interventions and record preventive health visits, screening tests, tuberculin skin tests, and immunizations. Screening and intervention should be documented within the medical record.

A prevention baseline visit should be conducted for all sentenced inmates within six months of incarceration. At the discretion of the Clinical Director and Health Services Administrator, the prevention baseline visit may be either incorporated into the intake physical examination or scheduled later as a separate visit.

Preventive Health Program Overview: Consult the BOP Clinical Practice Guidelines on *Preventive Health Care* for specific recommendations about age- and risk-based counseling, screening, and immunizations.

Intake/Intake History and Physical: *All* inmates should be screened for TB symptoms (tuberculin skintested, unless contraindicated), and screened for syphilis, gonorrhea, and chlamydia (if risk factors).

Prevention Baseline Visit: Preventive health assessment should take place during intake/intake history and physical or within 6 months of incarceration. Indicate on the *Summary* if the inmate is at high risk for specific conditions, using "Y" (yes) or "N" (no). Based upon risk assessment, determine a plan for preventative health services and implement counseling, referral, screening for infectious diseases, chronic diseases and cancer, and administer immunizations.

Periodic Prevention Visits: Conduct every three years for sentenced inmates under age 50, and every year beginning at age 50. Review the plan for preventive health services. Routine evaluations include: weight, BMI, vital signs, and age/risk-based screenings. Assure provision of annual tuberculin skin tests, influenza vaccination (if indicated), and audiograms (if occupational risk).

BC	e Preventive Health Risk Assessment Tool is utilized to system of print in the properties of the Prope					
	The inmate has been advised of the preventive health me seeking these services.	as	ures that are provided by the BOP, as wel	l as his responsibility for		
I.	Cancer and Chronic Diseases Screening		Risk Status and Recomm	nendations		
	INDICATE (☑) INMATE'S RISK FACTORS:	Ī	INDICATE (☑) RISK STATUS:	RECOMMEND/ORDER (☑):		
Со	lon Cancer	T				
	History of polyps at prior colonoscopy		None checked = Average Risk.	☐ Fecal occult blood test x3		
	History of colorectal cancer		Fecal occult blood tests annually, ages			
	Family history of colon cancer or adenomas]_	50-75.	□ Colonacany		
	Known or suspected: Familial adenomatous polyposis and hereditary non-polyposis	┛	Any checked = Increased Risk. Begin screening for colonoscopy per BOP Clinical Practice Guidelines (CPG).	☐ Colonoscopy		
	Inflammatory bowel disease	上				
Lip	pid Disorders	_				
	Diabetes		Any high-risk factors checked: Begin screening at age 20.	☐ Fasting lipoprotein analysis: Annually		
	Existing cardiovascular disease		None checked = Average Risk for Men.	☐ Total chol., TG, HDL, LDL		
	First-degree relative with CVD (male before age 50)	╛	Begin screening at age 35 Current chol, TG, HDL, LDL:	at least every 5 years		
	Tobacco use and hypertension	Ĺ	Current Criot, TG, TIDE, EDE	→ Refer to BOP CPG.		
Dia	abetes					
	Blood pressure >135/80 (treated/untreated)		At risk: The BOP recommends use of serum glucose testing or A1C for initial	☐ Fasting serum glucose and hemoglobin A1C		
	Otherwise clinically indicated	*	screening and diagnosis. Current glucose, A1C:	every 3 years		
As	pirin for CHD					
	Men ages 45–79: Calculate CHD risk every 5 years using risk calculator: http://www.mcw.edu/calculators/CoronaryHeartDiseaseRisk.htm		At risk: If risk of adverse cardiovascular event > risk of Gl bleeding, recommend inmate take aspirin 81 mg daily.	☐ ASA 81mg daily		
	Check(☑) if risk exceeds average 10-Year CHD Risk for men: Age 45-59 ≥4%; Age 60-69 ≥9%; Age 70-79 ≥12%	7	For patients with diabetes, see the BOP Management of Diabetes CPG.			
Ну	pertension					
	☐ Under age 50 ☐ Age 50 and over ☐ Borderline BP elevations (>120-139/80-90)		If age <50, measure BP. If age ≥50 / borderline BP, measure BP.	☐ At least every 3 years ☐ At least annually		
Не	aring					
	Age 65 and older		At risk: Perform audiogram and may	☐ Annual audiogram		
	Occupational risk		consider safety equipment.	☐ Recommend safety equip.		
Ab	dominal Aortic Aneurysm (AAA)					
	At risk: Men, ages 65–75, who have a history of smoking		At risk: Screen for AAA with abdominal ultrasonography.	□ Abdominal ultrasonography □ Consider surgical repair if indicated (≥ 5.5 cm)		
Or	al Cancer					
	Risk factors: >55 years of age; history of HPV, sun exposure, and alcohol/tobacco abuse		At risk: Screen for oral cancer.	☐ Ongoing		
Su	bstance Abuse					
	Need for detoxification? to BOP sul	bst	ance abuse and smoking and treatme	ubstance abuse counseling ent moking cessation counseling		
	Patient Information	\neg	Comments:	<u> </u>		
Inn	nate Name:					
	eg. No.:					
DC	DB: WT: BMI: BP/P:		Ordering Clinician Signature: Date:			

Circl	e Y (yes) for conditions that apply.		SCRE	ENING				IMMU	NIZATION/(ORDER		
Circle N (no) for those that do not apply. Order screening test or immunization for all "Y" items.		HIV	Hep A	Hep B	Hep C	Tdap	Td	Influenza	Pneu	Hep A	Hep B	MMR
MMR	<u> </u>			<u> </u>					<u> </u>	1	<u> </u>	
Y N	Born in the United States <i>after</i> 1956, with history of previous MMR vaccine.	Yes						Age>50 or risk factors: 1 dose				1 dose
Y N	Incomplete or unknown MMR history. And/or born outside U.S.	Yes						Age>50 or risk factors: 1 dose				2 doses
Teta	nus											
Y N	Tdap given previously, but no dose indicated. (Continue with Td booster every 10 years.)	Yes					1 dose	Age>50 or risk factors: 1 dose				
ΥN	Last tetanus shot > 10 years. (Give Tdap as initial dose and then repeat with Td booster every 10 years.)					1 dose		Age>50 or risk factors: 1 dose				
Y N	Incomplete/unknown history. (<i>Give</i> 3-dose series: 1 dose Tdap & then two doses Td to complete series.)	Yes				1 st dose	2 nd and 3 rd doses	Age>50 or risk factors: 1 dose				
HIV												
Y N	Illegal injection drugs, unprotected sex w/ multiple partners, men having sex w/ men, sex w/HIV+, hx of STDs, active TB, from W. Africa, hemophiliac, received blood products 1977–85.	Yes	Yes	Yes	Yes			Age>50 or risk factors: 1 dose		2-dose series, if not immune (if HIV+)	3-dose series, if not immune (if HIV+)	
Нера	atitis A & B											
	Has diabetes age <60, injected legal drugs, received tattoos/body piercing in jail, HIV +, HCV+, recent hx STD, I/M workers at risk, ESRD, post-exposure prophylaxis.	Yes	Yes	Yes	Yes			Age>50 or risk factors: 1 dose		2-dose series, if not immune	3-dose series, if not immune	
Pneı	ımonia							<u> </u>	•	•	<u>'</u>	
Y N	Age ≥65, lung disease, asthma, CVD, immunocompromised, diabetes, liver disease, renal failure, Asplenia, ETOH hx, long-term care. May repeat Q 5 years.	Yes						Age>50 or risk factors: 1 dose	1-dose; repeat in 5 years if risk factors			
Нера	atitis C											
Y N	Injected illegal drugs, tattoos or body piercings while in jail, HIV+, HBV+, blood transfusion <1992, and hemodialysis.	Yes	Yes	Yes	Yes			Age>50 or risk factors: 1 dose		2-dose series if not immune	3-dose series if not immune	
Tube	erculosis											
Y N	Tuberculin skin test (+).	Yes						Age>50 or risk factors: 1 dose				
	Patient Information		(CHECK I				REENING/IMN	_	-	ED.	
nma	te Name:	HIV	Нер	Нер	Hep C		HECKED Td	AT LEAST ON Influenza	Pneu	Hep A	Нер	MMR
Reg.	No.:	- FILV	А	В	перс	Тиар	ı u	minuenza	rneu	пер А	В	IALIALIZ
DOB		Date:	<u> </u>	<u> </u>	<u> </u>	<u> </u>				<u> </u>	<u> </u>	<u> </u>
		LIZALE.										

BC	e Preventive Health Risk Assessment Tool is utilized to system Prinmates. It is designed to be administered at the Baselin inmate interview and/or by medical record review.								
	The inmate has been advised of the preventive health me seeking these services.	ası	ures that are provided by the BOP, as well	as her responsibility for					
I. Cancer and Chronic Diseases Screening			Risk Status and Recomm	endations					
	INDICATE (☑) INMATE'S RISK FACTORS:		INDICATE (☑) RISK STATUS:	RECOMMEND/ORDER (☑):					
Br	east Cancer								
	Two 1 st -degree relatives with breast or ovarian cancer		Any checked = Increased Risk.	☐ Mammogram every					
	Relative with breast cancer before age 50		Begin mammogram at age 40. None checked = Average Risk.	2 years					
	Relative with 2 cancers (breast and/or ovarian)	╏	Mammograms for all females ages 50–74.						
	Female with male relative with breast cancer								
Ce	rvical Cancer			1					
	All females (who have a cervix)		Ages 21–65: Pap smear only	☐ At intake PE, then every					
		П	OR Ages 30–65: Pap smear & HPV test	3 years ☐ At intake PE, then every					
			Tigot to the ap almost select	3–5 years					
Со	lon Cancer								
	History of polyps at prior colonoscopy		None checked = Average Risk.	☐ Fecal occult blood test x3					
	History of colorectal cancer		Fecal occult blood tests annually, ages						
	Family history, genetic predisposition	_	50-75. Any checked = Increased Risk.	Colonoscopy					
	Known or suspected: Familial adenomatous polyposis and	Г	Begin screening for colonoscopy per BOP	☐ Colonoscopy					
	hereditary non-polyposis Inflammatory bowel disease	1	Clinical Practice Guidelines (CPG).						
				<u> </u>					
Lik	oid Disorders		A. I'd date and I D	lee a no a					
	Diabetes	╚	Any high-risk factors checked: Begin screening at age 20.	☐ Fasting lipoprotein analysis: Annually					
	Existing cardiovascular disease		None checked = No routine screening	☐ Total chol., TG, HDL, LDL					
	First-degree relative with CVD (female before age 60)	*	recommended. Current chol, TG, HDL, LDL:	at least every 5 years					
	Tobacco use and hypertension			→ Refer to BOP CPG.					
Diabetes									
	Blood pressure >135/80 (treated/untreated)		At risk: Serum glucose testing or hemoglobin A1C for initial screening and	☐ Fasting serum glucose and hemoglobin A1C					
	Otherwise clinically indicated	*	diagnosis. Current glucose, A1C:	every 3 years					
As	pirin for Stroke								
	Females ages 55–79: Calculate risk of stroke every 5 years using stroke calculator: http://www.westernstroke.org/index.php?header_name=str		event > risk of GI bleeding, recommend inmate take aspirin 81 mg daily.	☐ ASA 81mg daily					
	oke tools.gif&main=stroke tools.php	→	For patients with diabetes, see the BOP						
	Check(☑) if risk exceeds average 10-year Stroke Risk for women: Age 55-59 ≥3%; Age 60-69 ≥8%; Age 70-79 ≥11%		Management of Diabetes CPG.						
Ну	pertension								
	☐ Under age 50 ☐ Age 50 and over ☐ Borderline BP elevations (>120-139/80-90)		If age <50, measure BP If age >50 / borderline BP, measure BP	☐ At least every 3 years ☐ At least annually					
Не	Hearing								
	Age 65 and older		At risk: Perform audiogram and consider	☐ Annual audiogram					
	Occupational risk		safety equipment; ask about hearing annually	☐ Recommend safety equip.					
Oral Cancer									
	Risk factors: >55 years of age; history of HPV, sun exposure, and alcohol/tobacco abuse		At risk: Screen for oral cancer.	☐ Ongoing					

BP- A0892

Preventive Health Risk Assessment Tool – Females

Updated April 2013

U.S. DEPARTMENT OF JUSTICE

Os	teoporosis										
	Age 65 and older, and younger women w/ Fx r		Screening results: Normal-moderate BMD (T so	☐ Screen Q 15 years							
	Age 60-64 w/ < 70 Kg and no current estrogen	tv I	☐ Moderate BMD (T score 1.50 ☐ Advanced BMD (T score 2.0	,	□ Screen Q 5 years□ Screen annually						
Su	Substance Abuse										
	Assess at intake: Substance abuse history? Need for detoxification?	to BOP subs	ride counseling and referral tance abuse and smoking ograms, as indicated.	ubstance abuse counseling ent noking cessation counseling							
Inn	Patient Information nate Name:		Comments:								
Re	g. No.:		Ordering Clinician Signatur								
DC	B:		Date:								
	WT: BMI: BP/P:										

II. B	Bloodborne Pathogen Screening and	lmmuni	izations									
Circle Y (yes) for conditions that apply. Circle N (no) for those that do not		SCREENING				IMMUNIZATION/ORDER						
	y. Order screening test or unization for all "Y" items.	HIV	Hep A	Hep B	Hep C	Tdap	Td	Influenza	Pneu	Hep A	Hep B	MMR
MMF	₹	<u> </u>				<u> </u>	•				•	
Y N	Born in the United States <i>after</i> 1956, with history of previous MMR vaccine.	Yes						Age>50 or risk factors: 1 dose				1 dose
Y N	Incomplete or unknown MMR history. And/or born outside U.S.	Yes						Age>50 or risk factors: 1 dose				2 doses
Y N	Women of child bearing age w/o evidence of MMR immunity. (Give only after negative serum pregnancy test.)	Yes						Age>50 or risk factors: 1 dose				2 doses
Teta	nus											
Y N	Tdap given previously, but no dose indicated. (Continue with Td booster every 10 years.)	Yes					1 dose	Age>50 or risk factors: 1 dose				
Y N	Last tetanus shot > 10 years. (Give Tdap as initial dose and then repeat with Td booster every 10 years.)					1 dose		Age>50 or risk factors: 1 dose				
Y N	Incomplete/unknown history. (Give 3-dose series: 1 dose Tdap & then two doses Td to complete series.)	Yes				1 st dose	2 nd and 3 rd doses	Age>50 or risk factors: 1 dose				
HΙV												
Y N	Illegal injection drugs, unprotected sex w/ multiple partners, sex w/known HIV+, hx of STDs, pregnancy, active TB, from W. Africa, hemophiliac, received blood products 1977–85.	Yes	Yes	Yes	Yes			Age>50 or risk factors: 1 dose		2-dose series, if not immune (if HIV+)	3-dose series, if not immune (if HIV+)	
Нера	atitis A & B											
Y N	Has diabetes age <60, injected legal drugs, received tattoos/body piercing in jail, HIV +, HCV+, recent hx STD, I/M workers at risk, ESRD, post-exposure prophylaxis.	Yes	Yes	Yes	Yes			Age>50 or risk factors: 1 dose		2-dose series, if not immune	3-dose series, if not immune	
Pneı	ımonia	,						-	-			
Y N	Age ≥65, lung disease, asthma, CVD, immunocompromised, diabetes, liver disease, renal failure, Asplenia, ETOH hx, long-term care. May repeat Q 5 years.	Yes						Age>50 or risk factors: 1 dose	1-dose; repeat in 5 years if risk factors			
Нера	atitis C											
Y N	Injected illegal drugs, tattoos or body piercings while in jail, HIV+, HBV+, blood transfusion <1992, and hemodialysis.	Yes	Yes	Yes	Yes			Age>50 or risk factors: 1 dose		2-dose series if not immune	3-dose series if not immune	
Tube	erculosis											
Y N	Tuberculin skin test (+).	Yes						Age>50 or risk factors: 1 dose				
Patient Information Inmate Name:		CHECK BELOW TO INDICATE IF SCREENING/IMMUNIZATION IS INDICATED. ORDER IF CHECKED AT LEAST ONCE ABOVE.										
		HIV	Hep A	Hep B	Hep C	Tdap	Td	Influenza	Pneu	Нер А	Hep B	MMR
Reg. No.: DOB:												
		Date:										
		Orderin	g Clinicia	an Signa	ture:							