

Principles of lasers

A. Conditions for oscillation

Amplifier with feedback
Condition on gain: threshold
Condition on phase:
 longitudinal modes
Possible active modes

B. Laser gain

Laser cross section
Rate equations

C. Examples of laser media

3 level systems
4 level systems
semi-conductor lasers

D. Longitudinal modes

Possible modes
Single mode operation
Technical linewidth

E. Transverse modes

Diffraction losses
Transverse modes
Example: Hermite -Gauss

F. Laser : concentrated light

Concentration in space
Concentration in spectrum/time
Laser source: all photons in the
 same mode

Laser source (ex. ruby laser)

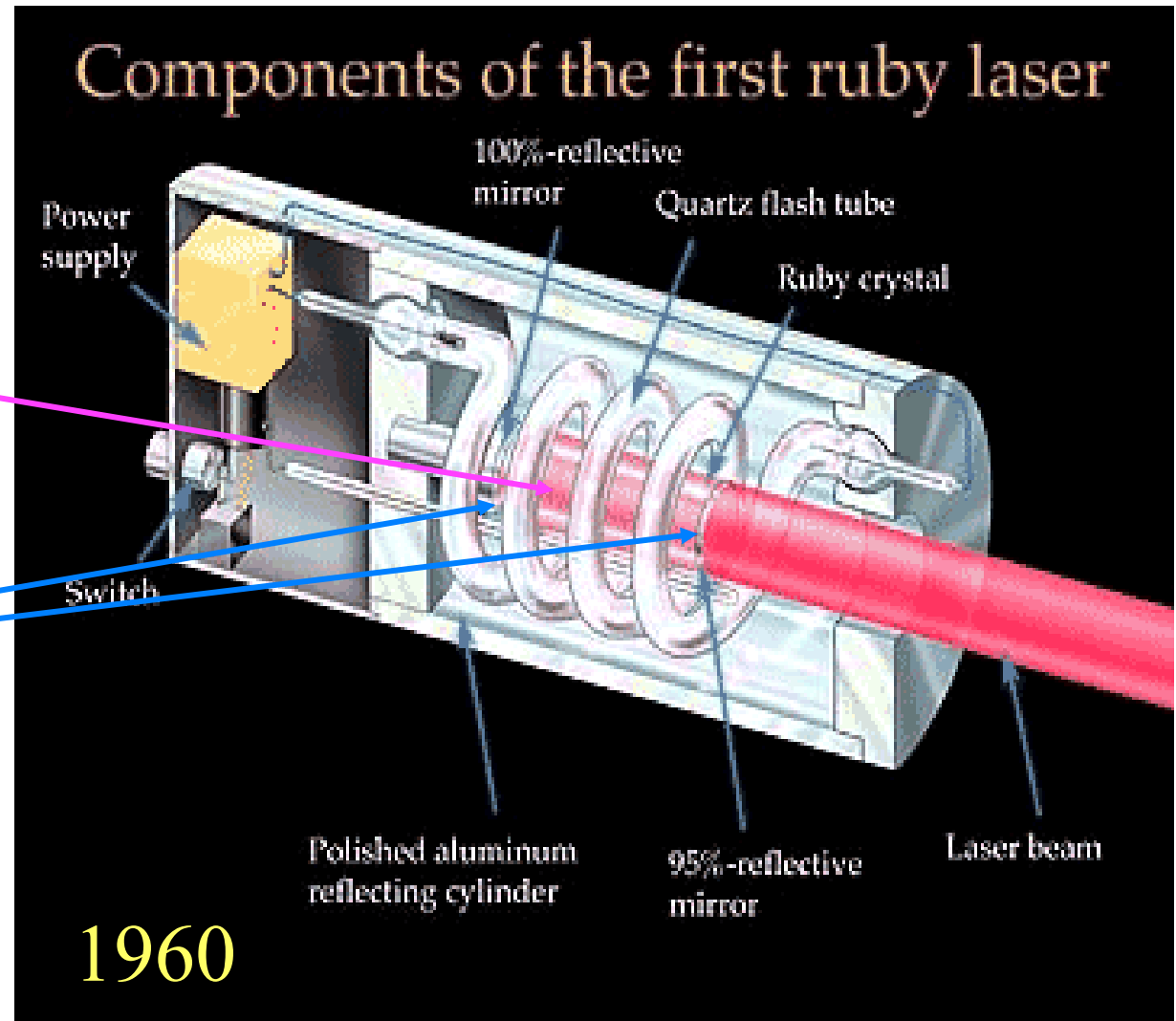
Light emitter

with

a laser amplifier

and

mirrors



Light Amplification by Stimulated Emission of Radiation

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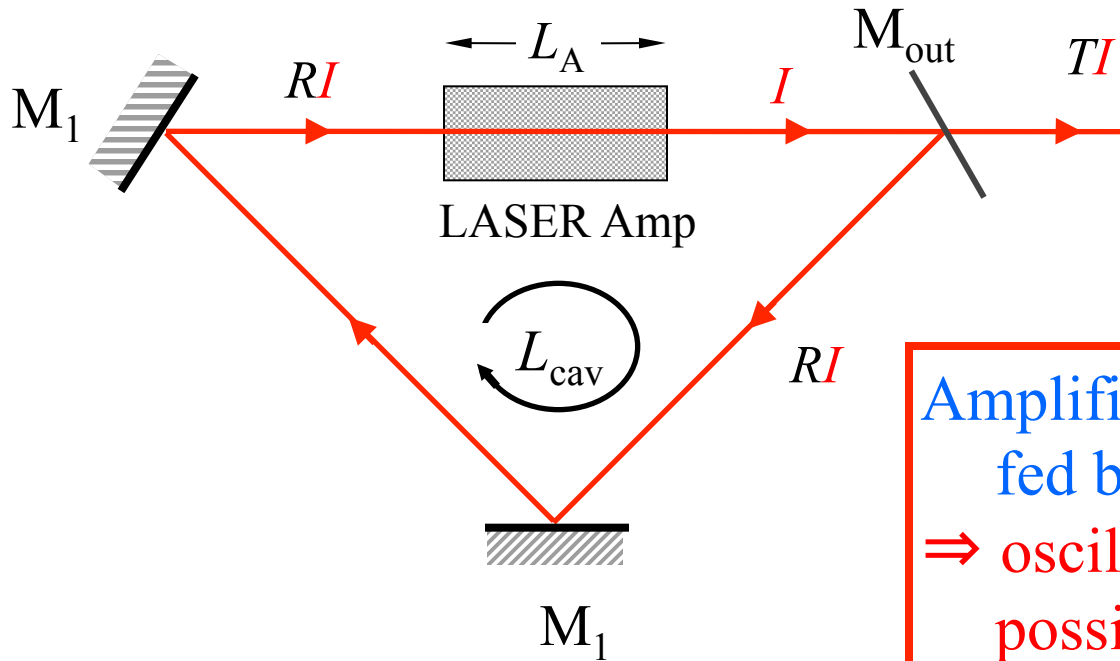
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Laser oscillator: amplifier with feedback



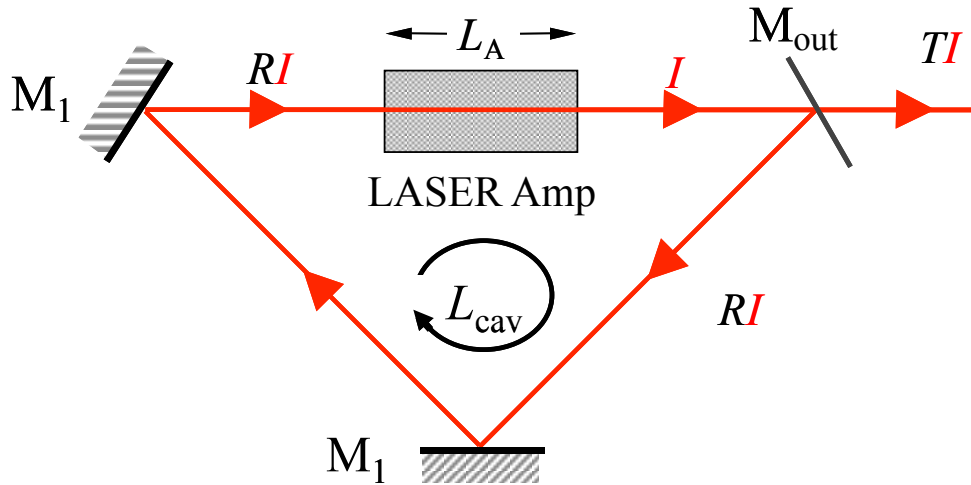
Laser medium:
amplifies the field
(keeping the phase)

Amplifier with output
fed back to input:
 \Rightarrow oscillation is
possible

Conditions for oscillation :

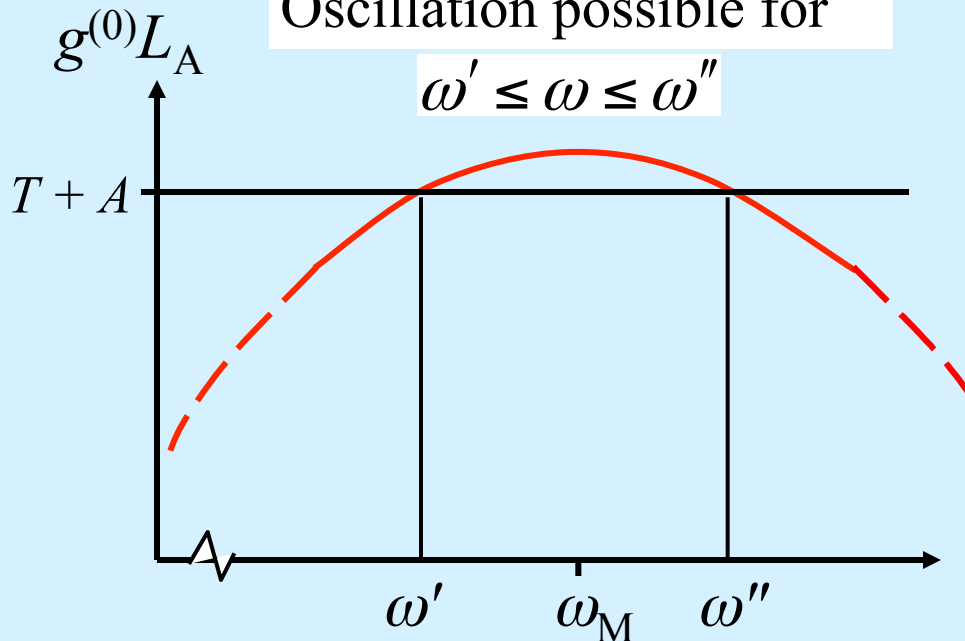
- the gain must be large enough to compensate for the losses
- the field must be fed back with the right phase

Condition on gain : threshold



Oscillation possible for

$$\omega' \leq \omega \leq \omega''$$



Gain of the amplifier

When $I \ll I_{sat}$ non-saturated gain

$$G^{(0)} = \frac{I_{out}}{I_{in}} \approx \exp\{g^{(0)}L_A\} \approx 1 + g^{(0)}L_A$$

- resonant at $\omega_M = \omega_0 = \frac{|E_b - E_a|}{\hbar}$

Decreases with I (saturation) $g(I) = \frac{g^{(0)}}{1 + I/I_{sat}} \leq g^{(0)}$

Oscillation condition: threshold

$$G^{(0)}(1 - T)(1 - A) \geq 1$$

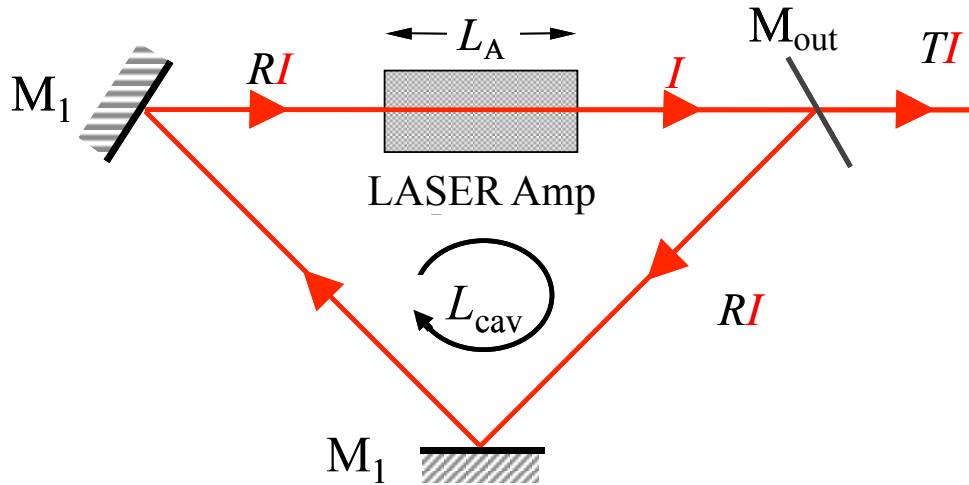
$$g^{(0)}L_A \geq T + A$$

non
saturated
gain

output
coupling

absorption
losses

Condition on phase : longitudinal modes



Cavity round trip optical length

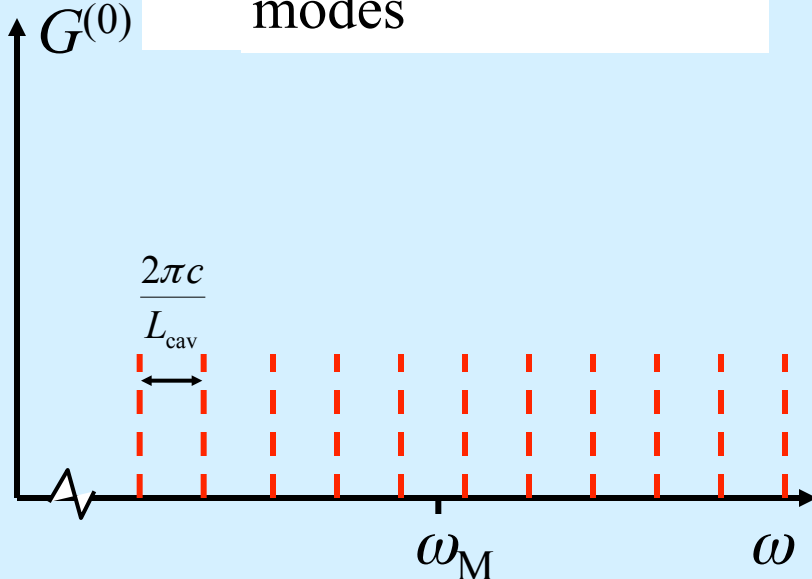
$$L_{cav} = \oint n(r) dr$$

refractive index

Phase shift for 1 round trip

$$\phi = \frac{\omega}{c} L_{cav}$$

-- cavity longitudinal modes



Feedback with right phase

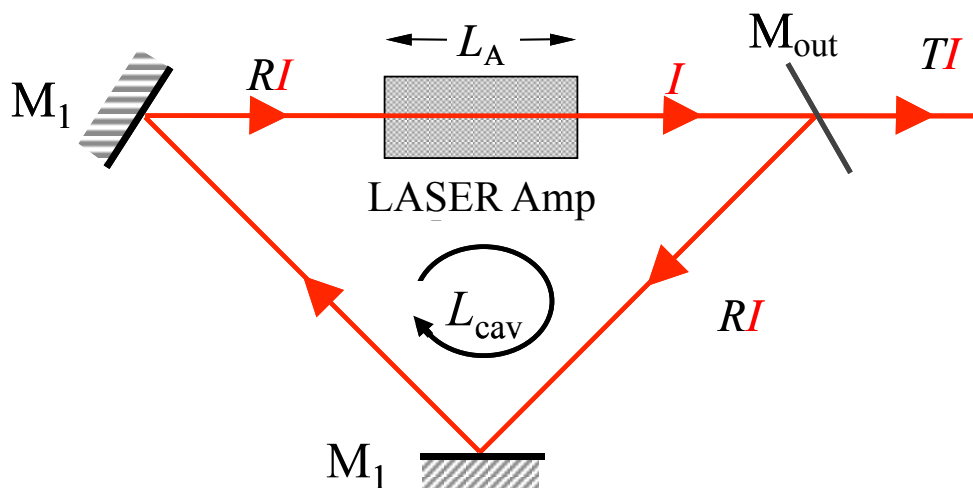
$$\phi = \frac{\omega}{c} L_{cav} = p 2\pi$$

$$\omega_p = p 2\pi \frac{c}{L_{cav}}$$

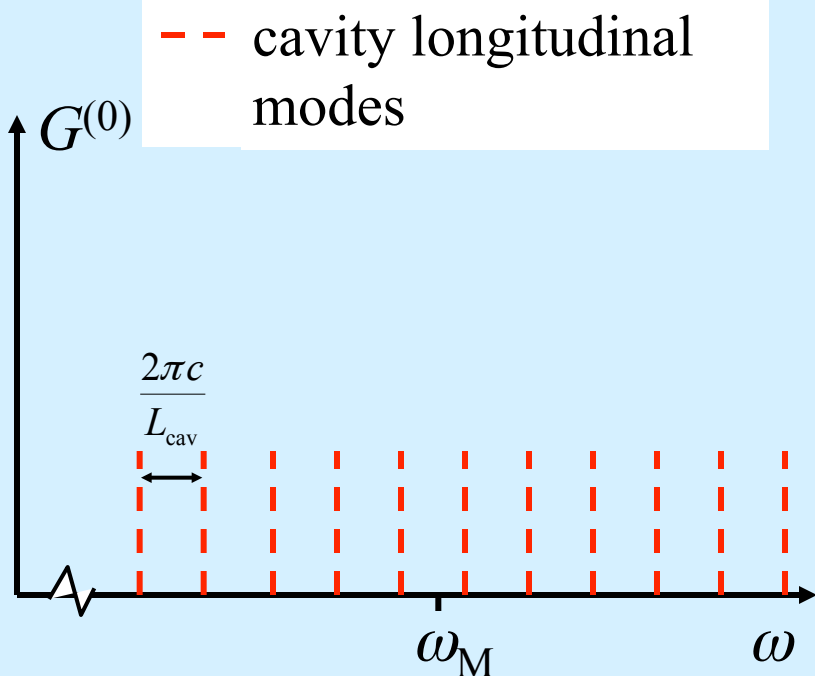
longitudinal mode frequency

integer

Condition on phase : longitudinal modes



Mode = stationary
solution of propagation
equations, with
boundary conditions



Feedback in phase

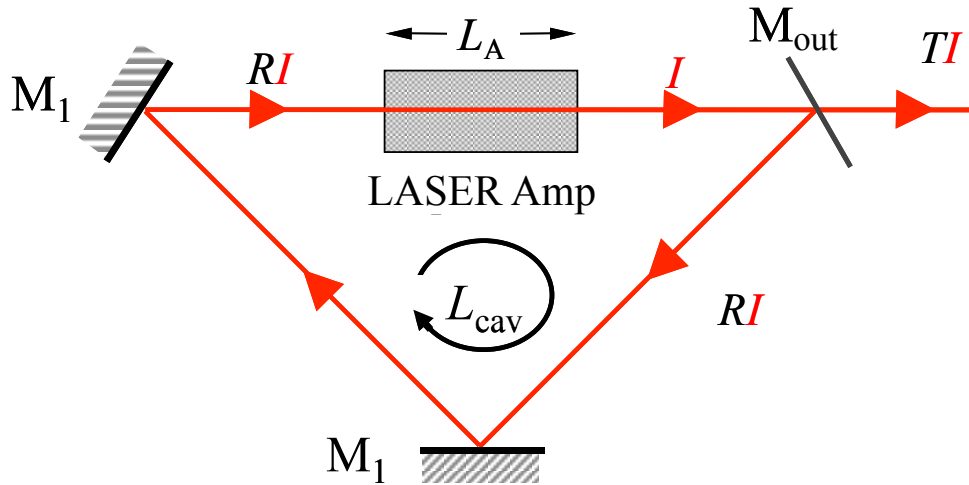
$$\phi = \frac{\omega}{c} L_{\text{cav}} = p 2\pi$$

$$\omega_p = p 2\pi \frac{c}{L_{\text{cav}}}$$

longitudinal
mode frequency

integer

Both conditions: possible modes

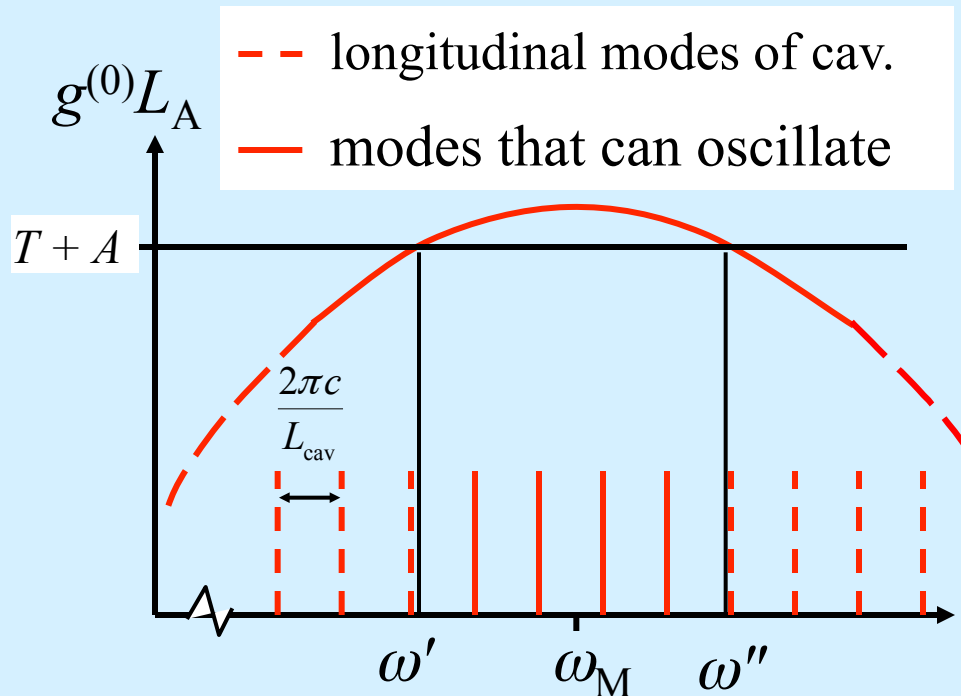


Condition on gain

$$\omega' \leq \omega \leq \omega''$$

In phase feedback

$$\omega_p = p 2\pi \frac{c}{L_{cav}}, \quad p \text{ integer}$$



Example

(Helium-Neon laser)

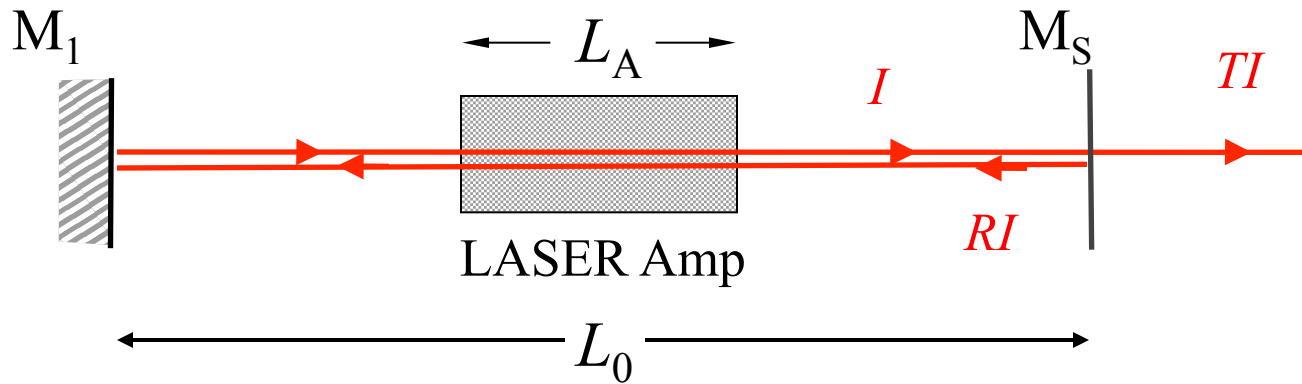
$$L_{cav} = 0.6 \text{ m} \Rightarrow \frac{c}{L_{cav}} = 5 \times 10^8 \text{ Hz}$$

$$(\omega' - \omega'') / 2\pi \approx 2.5 \text{ GHz}$$

\Rightarrow 4 to 5 active modes

$$\frac{\omega}{2\pi} \approx 5 \times 10^{14} \text{ Hz} \Rightarrow p \approx 10^6$$

Linear cavity laser



Same principles as ring cavity laser

One can use ring laser results, with correspondance

$L_{\text{cav}} = 2L_0$ cavity round trip optical length

$G = \left(G_{\text{ampli}}\right)^2$ gain over 1 cavity round trip

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B. Laser gain

- Laser cross section
- Rate equations

C. Examples of laser media

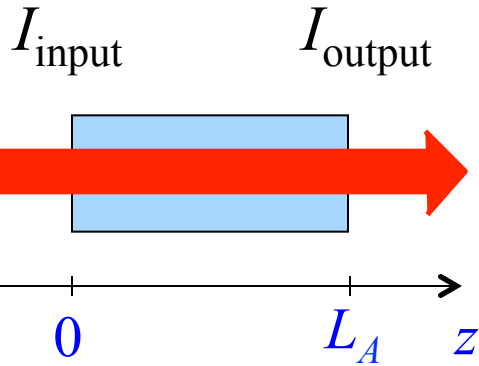
- 3 level systems
- 4 level systems
- semi-conductor lasers

- D. Longitudinal modes
 - Possible modes
 - Single mode operation
 - Technical linewidth

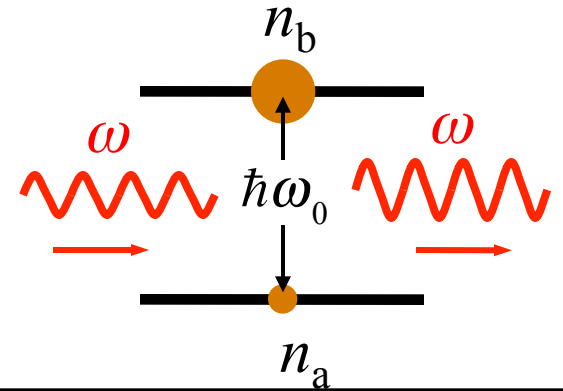
- E. Transverse modes
 - Diffraction losses
 - Transverse modes
 - Example: Hermite -Gauss

- F. Laser : concentrated light
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Laser gain (matter light interaction)



GAIN $\Leftrightarrow n_b > n_a$
population inversion



$$E(z, t) = E_0 \exp\{-k''z\} \cos(\omega t - k'z)$$

$$k'' = \frac{k'}{|k'|} \frac{\omega}{(1 + \chi'/2)c} \frac{\chi''}{2}$$

$$\chi'' = (n_a - n_b) \frac{d^2}{\epsilon_0 c} \left(\frac{\Gamma_D}{\Gamma_D^2 + \delta^2} \right)$$

linear term

quantum term $\rightarrow n_a - n_b = \frac{[n_a - n_b]^{(0)}}{1 + s}$

Gain if population inversion

$$g = \frac{1}{I} \frac{dI}{dz} = -2k'' \propto (n_b - n_a)$$

$$[L]^{-1}$$

$$[L]^{-3}$$

dimension
equation

$$\left[\frac{g}{n_b - n_a} \right] = [L]^2$$

surface : cross section

Laser cross section

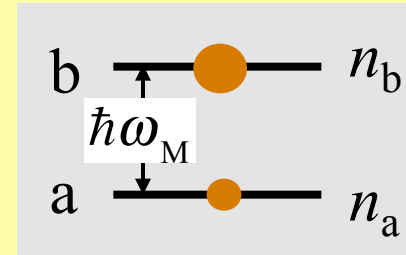
Easy to use formula (dimensions)

$$g = \frac{1}{I} \frac{dI}{dz} = \sigma(\omega) (n_b - n_a)$$

laser cross section

$$\delta = \omega - \omega_M$$

$$\sigma(\omega) = \frac{\sigma(\omega_M)}{1 + \delta^2 / \Gamma_D^2}$$



Cross section: useful to write rate equations
for photons and atoms

Lamb toy model

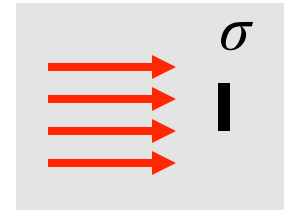
$$\sigma(\omega_M) = \frac{\omega}{\Gamma_D} \frac{d^2}{\epsilon_0 c^2}$$

In practice $\sigma(\omega_M)$ and Γ_D **measured data**: can be found in tables for known laser lines (Ex.: $2 \times 10^{-20} \text{ cm}^2$ for Cr^{3+} in ruby or Nd^{3+} in glass)

Rate equation for photons

Rate equation model : surface σ
receives a **photon flux**

$$\frac{I}{\hbar\omega}$$



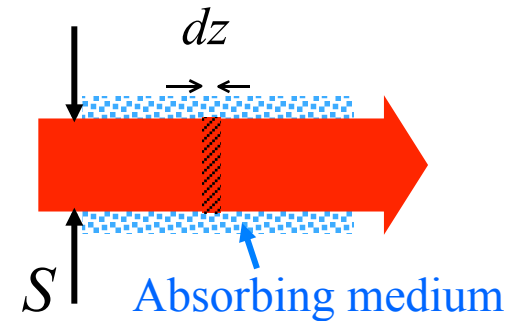
Number of photons per
unit time and surface

Number of “collisions”
per atom per second : $\sigma \frac{I}{\hbar\omega}$

Absorption in slice $S \times dz$:

$$d\left(S \frac{I}{\hbar\omega}\right) = -\sigma \frac{I}{\hbar\omega} n_a S dz$$

$$\Rightarrow \frac{1}{I} \left[\frac{dI}{dz} \right]_{\text{abs}} = -n_a \sigma$$

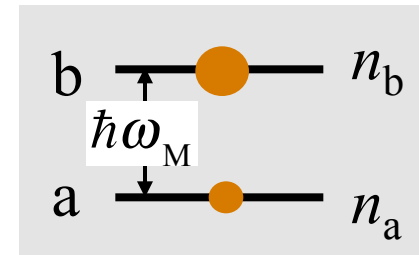


Generalization to stimulated emission, with
assumption that stimulated photons add to the beam

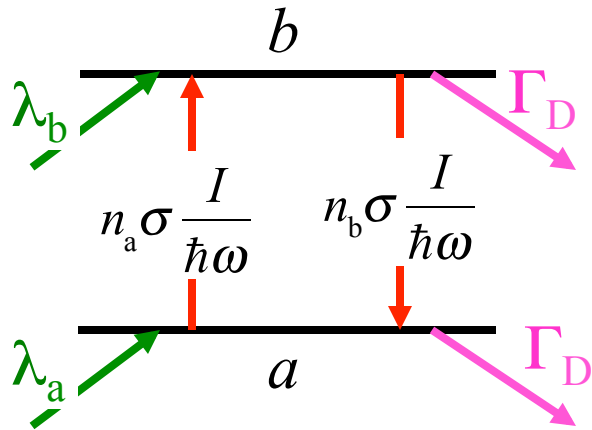
$$\frac{1}{I} \left[\frac{dI}{dz} \right]_{\text{sti}} = n_b \sigma$$



$$\frac{1}{I} \frac{dI}{dz} = (n_b - n_a) \sigma$$



Rate equations for atomic populations



Absorption and stimulated emission described with atomic populations transfer rates equal to rate for photons: **plus relaxation and feeding terms**

⇒ Rate equations for atomic populations:

$$\frac{dn_a}{dt} = \lambda_a - n_a \sigma \frac{I}{\hbar\omega} + n_b \sigma \frac{I}{\hbar\omega} - \Gamma_D n_a$$

$$\frac{dn_b}{dt} = \lambda_b + n_a \sigma \frac{I}{\hbar\omega} - n_b \sigma \frac{I}{\hbar\omega} - \Gamma_D n_b$$

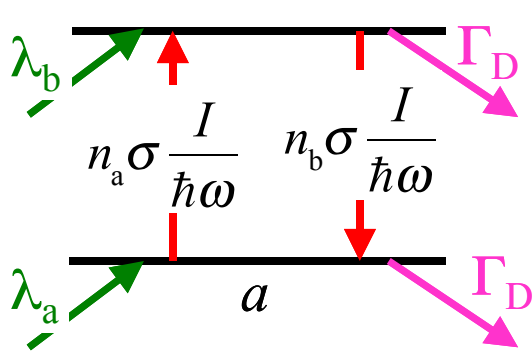
$$\frac{d(n_a + n_b)}{dt} = \lambda_a + \lambda_b - \Gamma_D (n_a + n_b)$$

$$\Rightarrow [n_a + n_b]_{\text{stat}} = \frac{\lambda_a + \lambda_b}{\Gamma_D}$$

Steady state solution $\frac{d(n_a + n_b)}{dt} = 0$

$$\frac{d(n_b - n_a)}{dt} = \lambda_b - \lambda_a - \left(\Gamma_D + 2\sigma \frac{I}{\hbar\omega} \right) (n_b - n_a)$$

Stationnary population inversion



$$\frac{d(n_b - n_a)}{dt} = \lambda_b - \lambda_a - \left(\Gamma_D + 2\sigma \frac{I}{\hbar\omega} \right) (n_b - n_a)$$

⇒ Steady state:

$$\left[n_b - n_a \right]_{\text{stat}} = \frac{\lambda_b - \lambda_a}{\Gamma_D + 2\sigma \frac{I}{\hbar\omega}}$$

Result with already found form:

$$\left[n_b - n_a \right]_{\text{stat}} = \frac{\left[n_b - n_a \right]^{(0)}}{1 + s}$$

avec

non saturated → $\left[n_b - n_a \right]^{(0)} = \frac{\lambda_b - \lambda_a}{\Gamma_D}$ and saturation → $s = \frac{2\sigma I}{\hbar\omega \Gamma_D}$

Remembering

$$\sigma = \frac{\sigma(\omega_M)}{1 + \delta^2 / \Gamma_D^2}$$

and defining $I_{\text{sat}} = \frac{\hbar\omega \Gamma_D}{2\sigma(\omega_M)}$



$$s = \frac{I / I_{\text{sat}}}{1 + \delta^2 / \Gamma_D^2}$$

Same form as found in lecture 2 with Lamb model

Description of laser amplification by rate equations

We have **observed** that it is possible to describe quantitatively interaction between the laser medium and light using rate equations for **atomic populations** and **photons**.

This result was definitely not obvious *a priori* : an atom is a **quantum object**, described by a **state vector**, a much richer description than probabilities to be in each level* : **oscillating dipole associated with coherence between $|a\rangle$ and $|b\rangle$** . **Derivation of rate equations difficult : relaxation must be taken into account: Optical Bloch Equations.**

In most cases ($T_2 \ll T_1$), laser amplification can indeed be described by rate equations leading to formulae analogous to the ones found for Lamb toy model: very useful.

* Similarly an electromagnetic wave is more than a flux of photons !

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Rate equations

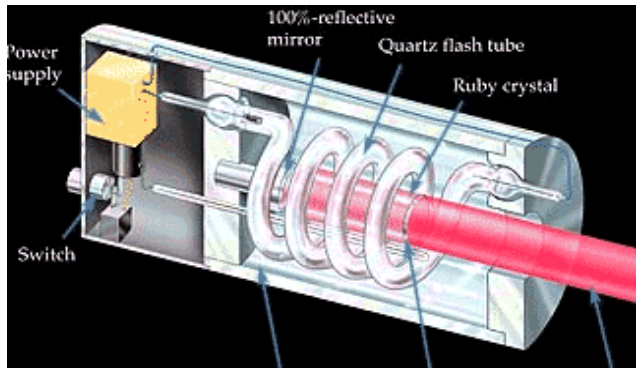
C. Examples of laser media
3 level systems
4 level systems
semi-conductor lasers

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Single mode operation
Technical linewidth

E. Transverse modes
Diffraction losses
Transverse modes
Example: Hermite -Gauss

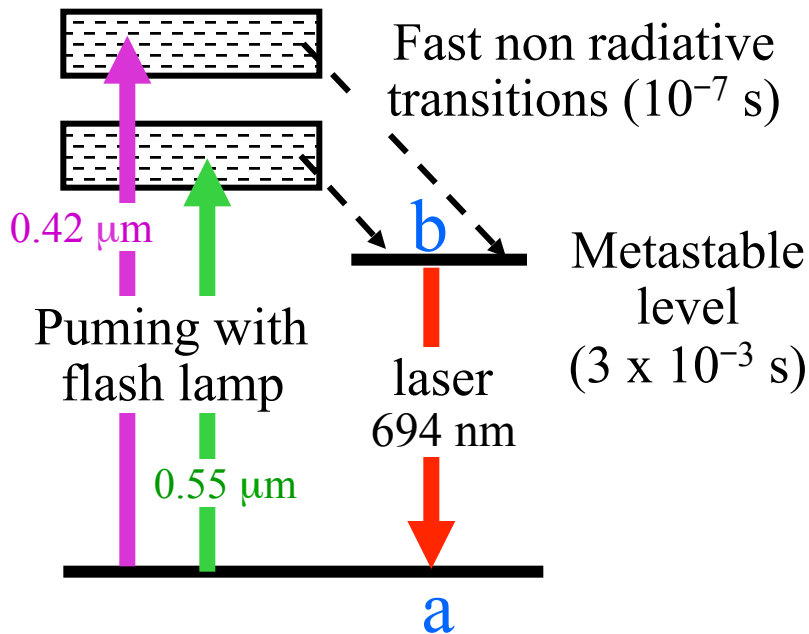
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3-level amplification

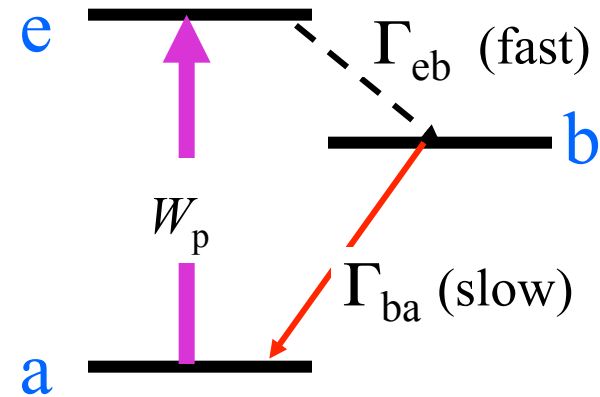


Ruby laser ($0.694 \mu\text{m}$) ;
Erbium doped fiber laser ($1.5 \mu\text{m}$)

Ruby : Cr^{3+} ions substituting some Al^{3+} ions in alumine crystal



3-level modeling



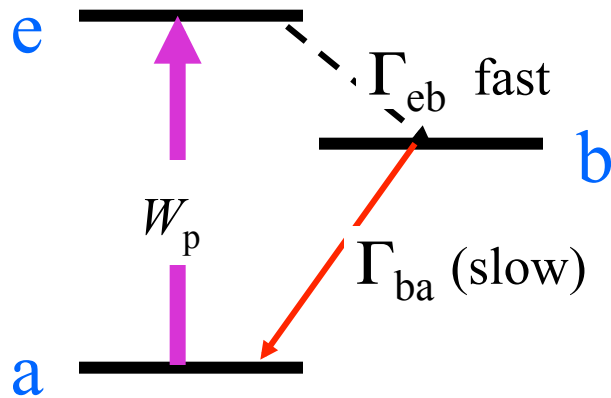
population inversion if

pumping \rightarrow $W_p > \Gamma_{ba}$ \leftarrow Spontaneous de-excitation

3-level laser: population inversion

Rate equations modelling

3-levels system



Rate equations (no laser emission)

$$\frac{dn_e}{dt} = W_p (n_a - n_e) - \Gamma_{eb} n_e = 0$$

$$\frac{dn_b}{dt} = \Gamma_{eb} n_e - \Gamma_{ba} n_b = 0$$

$$n = n_a + n_b + n_e$$

Steady state

$$\Gamma_{eb} \gg W_p \Rightarrow n_e \approx \frac{W_p}{\Gamma_{eb}} n_a$$

$$\Rightarrow n_b = \frac{W_p}{\Gamma_{ba}} n_a$$

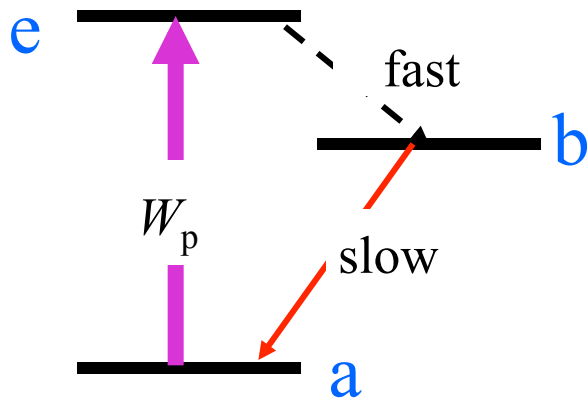
population inversion if

$$W_p > \Gamma_{ba}$$

3-level system: the medium must be bleached to be inverted

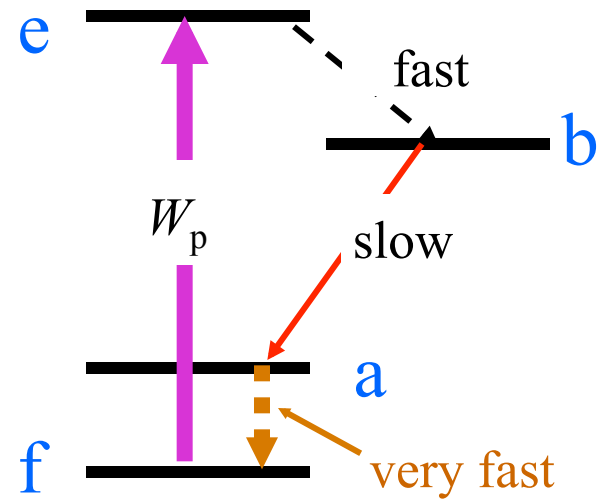
From 3- to 4-levels

3-level system



Inversion difficult because one must not only **feed b** but also **empty a**

4-level system

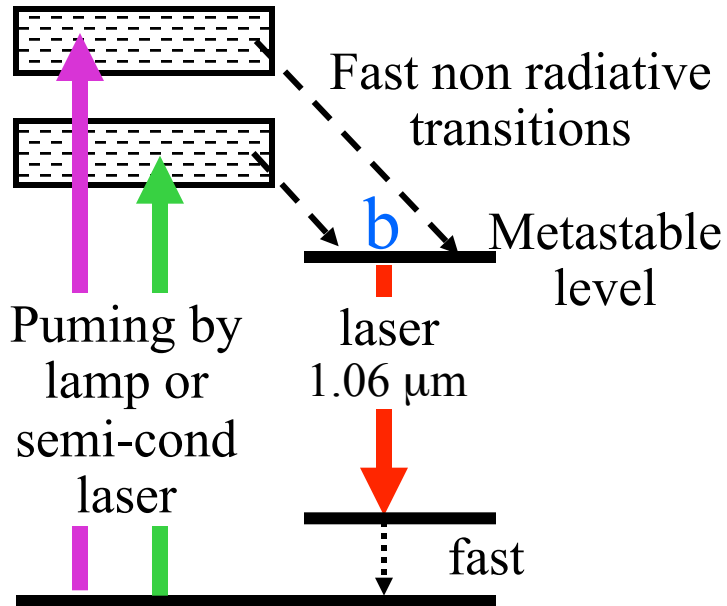


Inversion easy since **a always almost empty**. Fast relaxation: **continuous (cw) laser possible**.

Rate equations modeling

Examples of 4-level laser systems

Nd:YAG (or glass)



“easy” to double
⇒ green at 530 nm

Electric discharge lasers

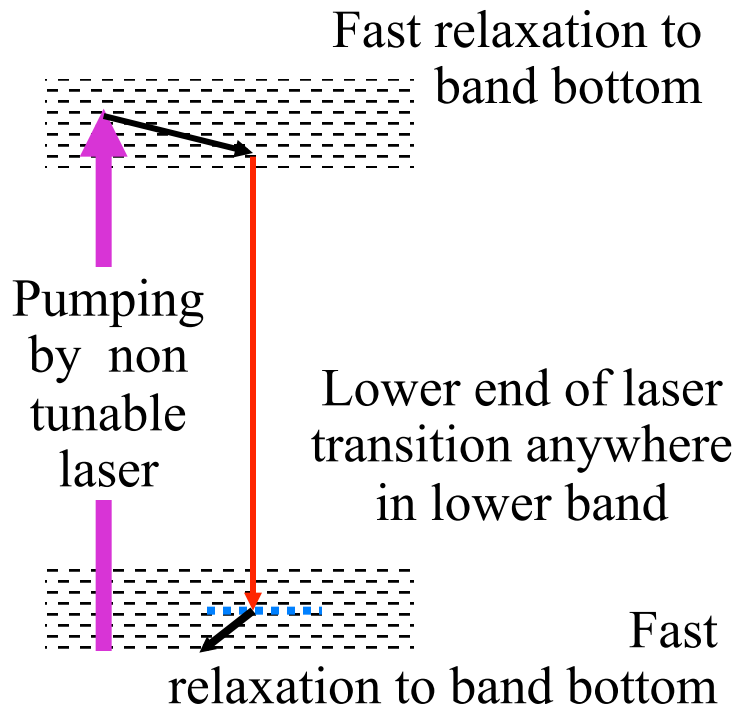
- Helium-Neon,
- Ionised Argon, Krypton ...

Many different wavelengths, but
fixed, not tunable

etc... many other systems

Tunable 4-level laser (dye, Ti:sapphire)

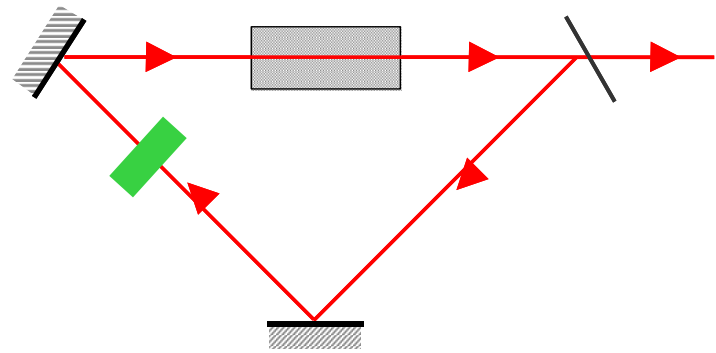
Broadband laser amplif.



Emission bandwidth equal to lower band width

- dye: [565 nm , 595 nm]
(25×10^{12} Hz)
- Ti: Sapphire: [700 nm , 1100 nm]

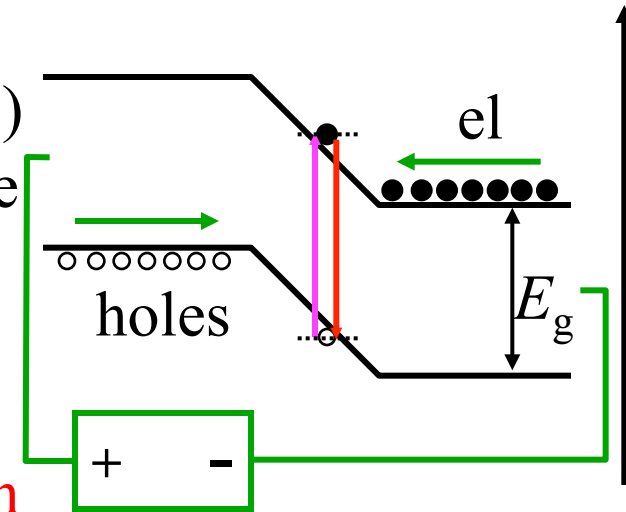
Wavelength selection by filter in the cavity



Semiconductor laser (diode laser)

p-n junction between 2 semi-conductors

- Lack of charge carriers (electrons and holes)
- A photon with energy larger than gap can be absorbed, with creation of an electron-hole pair: **photodetection**
- Conversely, an electron-hole pair can annihilate and emit a photon: **photoemission**



If injected current density large enough:

Stimulated emission dominates (4-levels)

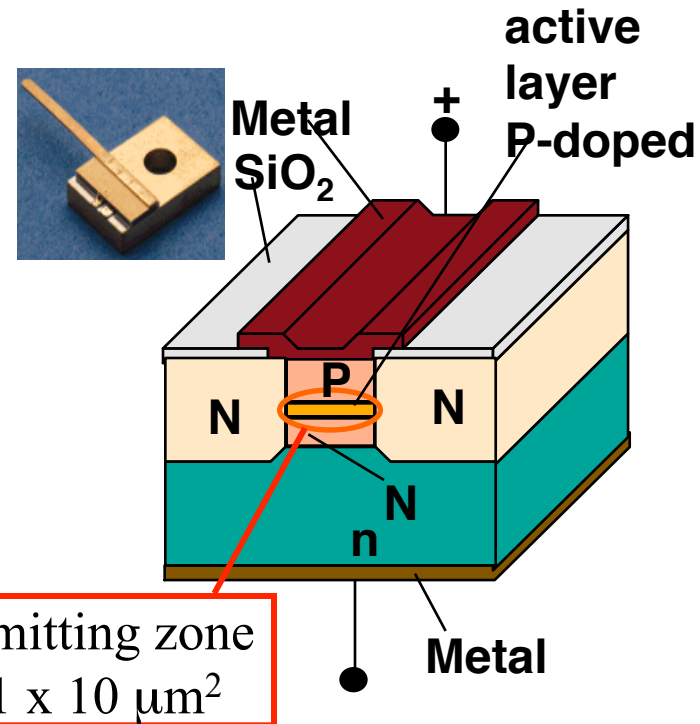
Current concentrated with **heterostructures**

Linear laser cavity

Cleaved faces, perfectly parallel (high n)

Many different wavelenths

- From 1.3 or 1.5 μm (telecom) down to 0.32 μm
- Massive investment, but mass production : low prices



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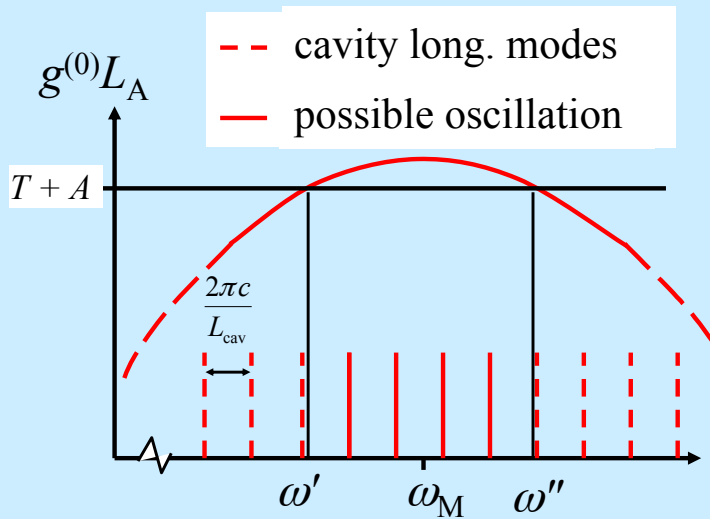
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Longitudinal modes of a laser source



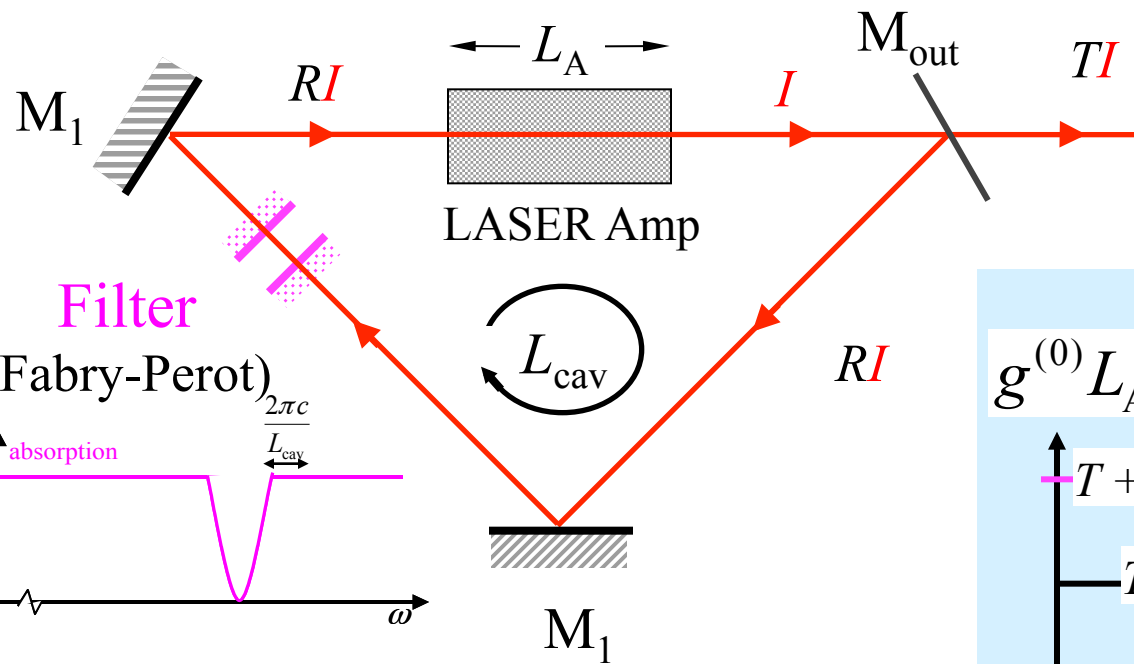
	Gain bandwidth	L_{cav}	c / L_{cav}	Number possible modes
He-Ne	10^9 Hz	0.6 m	0.5×10^9 Hz	3
Ti:Sapphire	10^{14} Hz	1.5 m	0.2×10^9 Hz	5×10^4
diode laser	10^{12} Hz	3 mm	10^{11} Hz	10

Narrow lines, separated by $\frac{\Delta\omega}{2\pi} = \frac{c}{L_{cav}}$

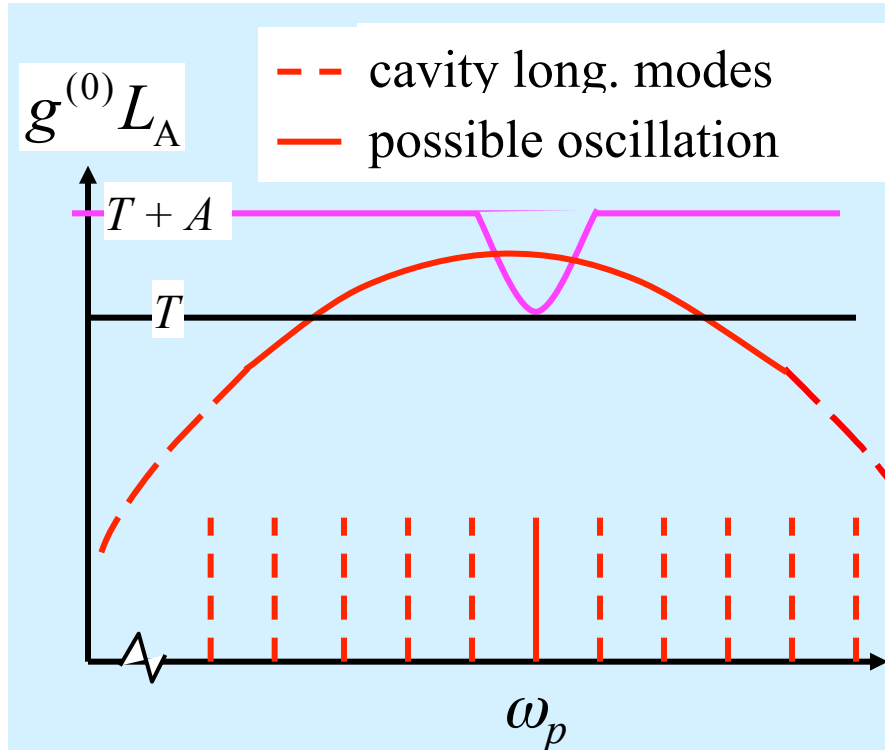
Number max $N = \frac{\text{gain bandwidth}}{\Delta\omega}$

- Frequently, not all the modes oscillate simultaneously: mode competition (cf. lecture 4).
- One can **force** single mode operation

Single longitudinal mode operation



Oscillation if $g^{(0)} L_A \geq T + A$



Filter makes losses at all wavelengths except a narrow band

Oscillation possible only in the filter bandpass

Demands a very high selectivity: cascaded filters; frequencies of the filters must be aligned (feedback loops). High tech devices

Technical linewidth (jitter)

Single longitudinal mode $\omega_p = p 2\pi \frac{c}{L_{\text{cav}}} ; p \in \mathbb{N} \quad p = \frac{L_{\text{cav}}}{\lambda_p} \approx 10^6$

Fluctuations of L_{cav} : $\Rightarrow \omega_p$ fluctuates : jitter

- Vibrations, temperature: length
- Pressure (refraction index)

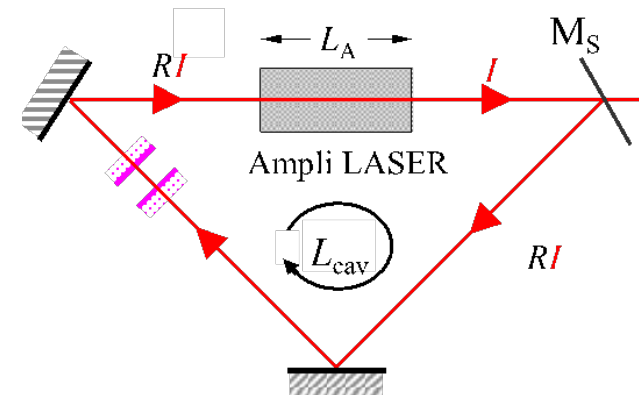
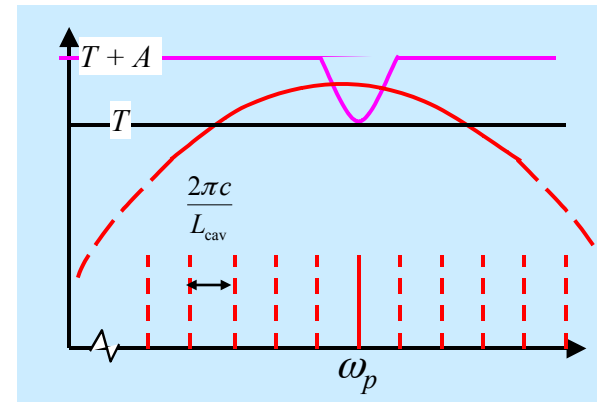
$$\delta L_{\text{cav}} = \lambda_p \Rightarrow \delta \omega_p = 2\pi c / L_{\text{cav}}$$

It is enough to have L_{cav} varied by λ (less than 1 μm) to have one mode replacing its first neighbour

- Hard to do better with passive methods (temperature controlled within $10^{-4} \text{ }^\circ\text{C}$, pressure within 10^{-5} atm)

Servo-controlled cavity length

- Mirror on PZT (position control)
- Error signal on frequency



$$\delta \omega_p / 2\pi < 10^3 \text{ Hz}$$

$$\Leftrightarrow \delta L_{\text{cav}} < 10^{-2} \text{ nm !!!}$$

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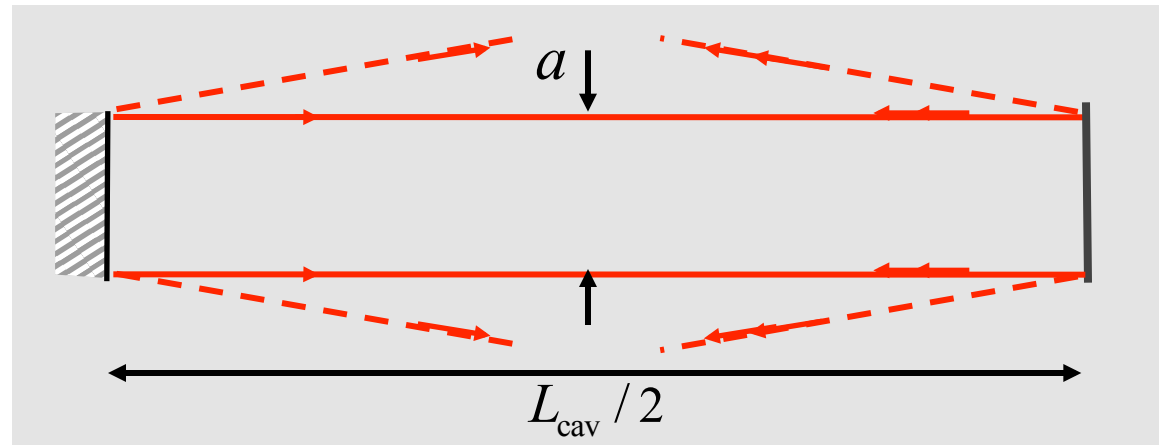
Diffraction losses in a laser cavity

Losses negligible if

$$\frac{\lambda}{a} L_{\text{cav}} \ll a$$

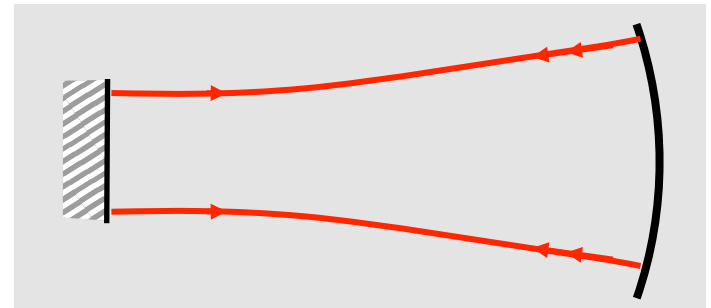
Not the case, in general
(confined laser amplifiers)

$$a = 1 \text{ mm} \Rightarrow \frac{a^2}{\lambda} = 1 \text{ m}$$



A solution : stable cavity with curved mirrors

The mirrors impose their curvatures to the laser wave

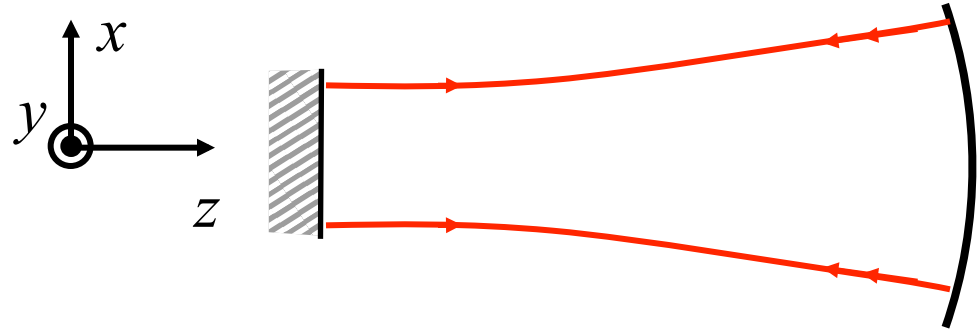


NB. Semiconductor laser: guided propagation, plane wave

Transverse modes of a stable cavity

(cf. complement 3B)

Modes: stationary solution of 3D propagation equation, with boundary conditions (mirrors)



Series $u_{m,n,p}(x, y, z) e^{-i\omega_p t}$ of solutions, depending on 3 integer numbers

p : longitudinal index $\omega_p = p 2\pi \frac{c}{L_{\text{cav}}} + \varepsilon_{m,n,p}$

m, n : transverse indices : number of nodes
(zeroes) in transverse profile

Example : Hermite-Gaussian modes

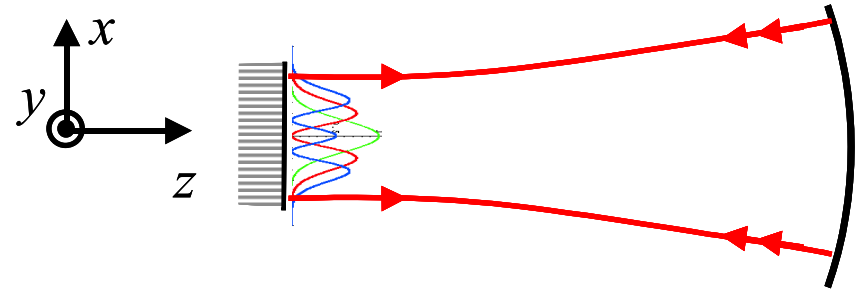
$$u_{m,n,p}(x,y,z) = A \exp\left\{-\frac{x^2+y^2}{w(z)^2}\right\} H_m\left(\frac{x\sqrt{2}}{w(z)}\right) H_n\left(\frac{y\sqrt{2}}{w(z)}\right) \cos\left(\frac{\omega_p}{c}z + \phi(z)\right)$$

$$H_0(u) = 1$$

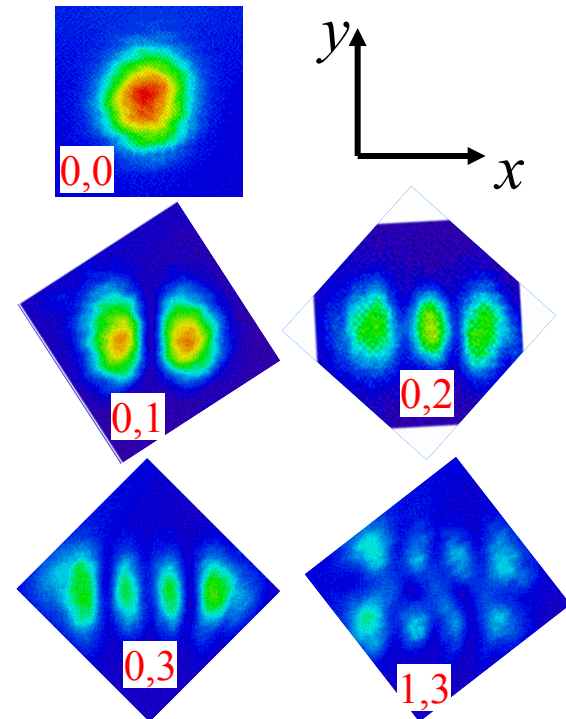
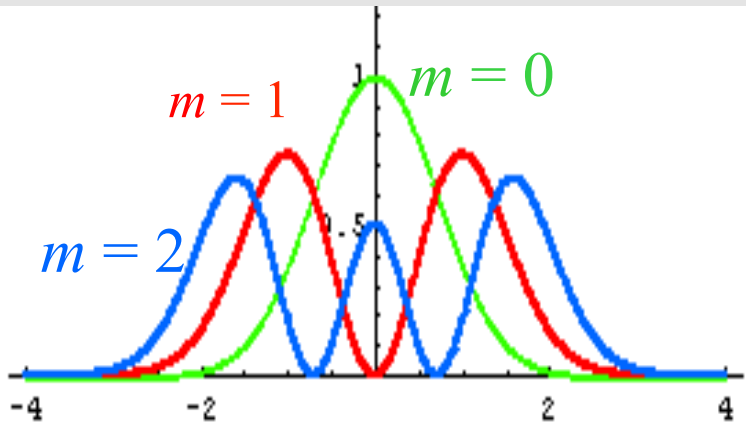
$$H_1(u) = 2u$$

$$H_2(u) = 4u^2 - 2$$

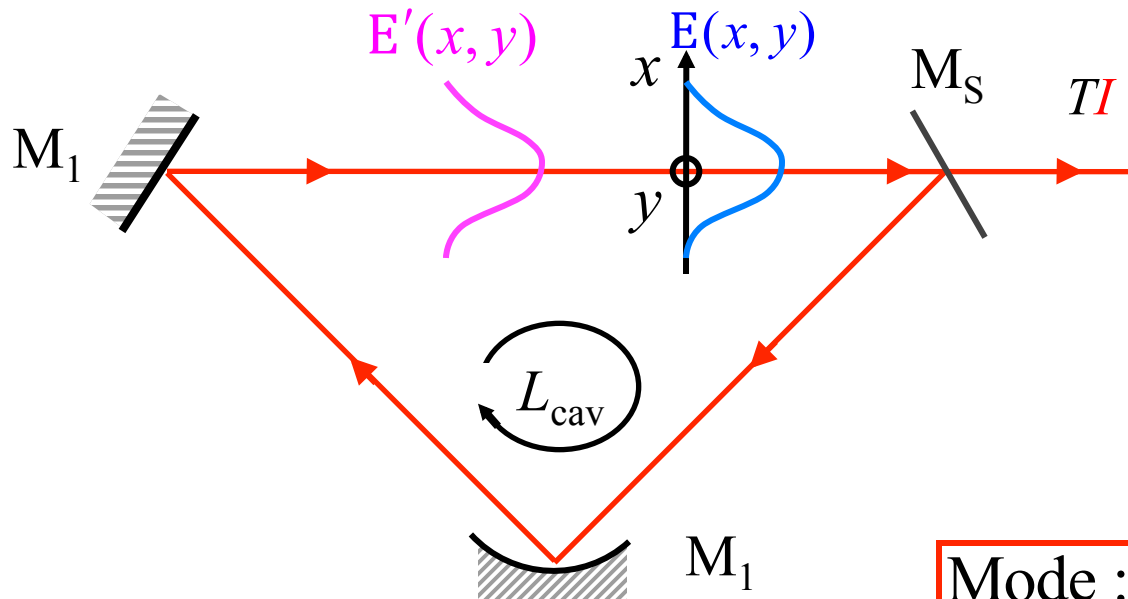
Hermite
polynomials



$$\frac{1}{m!2^m} [H_m(u)]^2 e^{-u^2}$$



Another point of view on transverse modes: self consistent propagation with diffraction



The field profile $E(x, y)$ becomes, after a round trip $\rightarrow E'(x, y)$

Mode : $E'(x, y) = \alpha E(x, y)$

Kirchhoff integral (diffraction)

$$E'(x, y) = \iint E(x_0, y_0) P(x - x_0, y - y_0) dx_0 dy_0$$

Round trip propagator

Each point of the profile is coupled to all other points (diffraction over a round trip) \Rightarrow locking of the phase of the field over a transverse plane: transverse coherence

Principles of laser sources

A. Conditions for oscillation
Amplifier with feedback
Condition on gain: threshold
Condition on phase:
 longitudinal modes
Possible active modes

B. Laser gain
Laser cross section
Rate equations

C. Examples of laser media
3 level systems
4 level systems
semi-conductor lasers

D. Longitudinal modes
Possible modes
Single mode operation
Technical linewidth

E. Transverse modes
Diffraction losses
Transverse modes
Example: Hermite -Gauss

F. **Laser : concentrated light**
Concentration in space
Concentration in spectrum/time
Laser source: all photons in the
 same mode

What is so wonderful about laser light? Certainly not the price per Watt of light

Laser sources

He-Ne	5 mW	100 €	20 k€ / W
Ar ⁺	2 W	40 k€	20 k€ / W
CO ₂	1 kW	150 k€	0.15 k€ / W
Diode laser	1 mW	1 €	1 k€ / W
Diode laser	500 mW	500 €	1 k€ / W

Standard sources

Light bulb	100 W	1 €	0.01 € / W
discharge	40 W (light)	4 €	0.1 € / W



Concentration in space: laser vs. standard source

Standard (incoherent) source

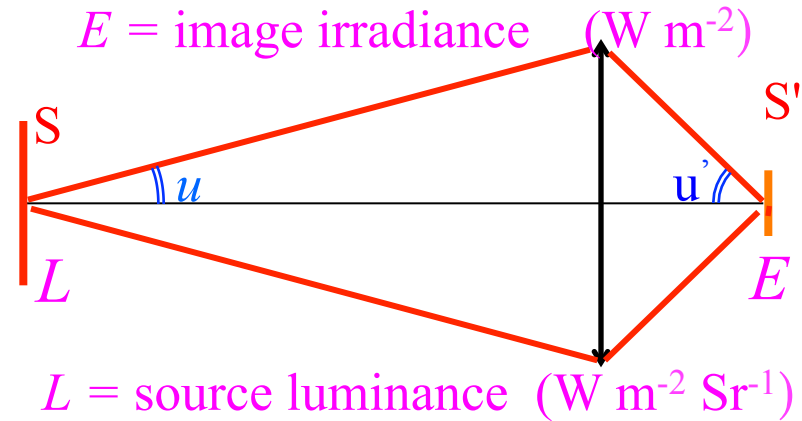
$$S' \cdot \sin^2 u' \geq S \cdot \sin^2 u \Rightarrow S'_{\text{mini}} \approx S \cdot \sin^2 u$$

Energy conservation:
Irradiance E (W / m^2) in
image cannot exceed $\pi \times L$

$$E \leq 500 \text{ W} / \text{cm}^2 \text{ (tungsten wire)}$$

$$E \leq 5 \text{ kW} / \text{cm}^2 \text{ (xenon arc)}$$

Fundamental limit (2nd principle of thermodynamics)

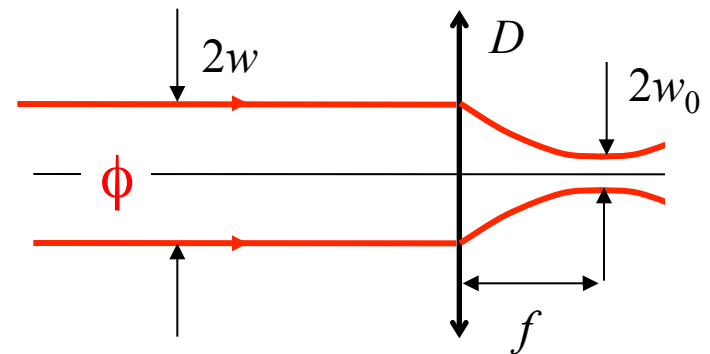


Laser beam (coherent) : addition of amplitudes

$$S'_{\text{mini}} \approx \lambda^2 \Rightarrow E_{\text{max}} \approx \frac{\phi}{\lambda^2}$$

$$\begin{aligned} \phi &= 10 \text{ mW} \\ \lambda &= 0.6 \text{ } \mu\text{m} \end{aligned} \Rightarrow E \approx 3 \times 10^6 \text{ W} / \text{cm}^2$$

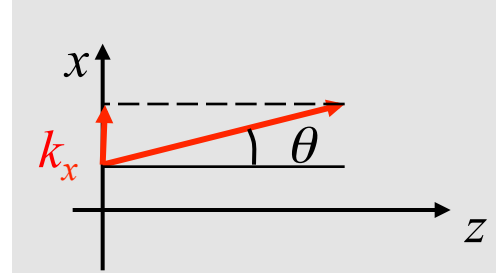
Concentration at diffraction limit



Concentration in direction of laser light

Position and angle: complementary variables (conjugate)

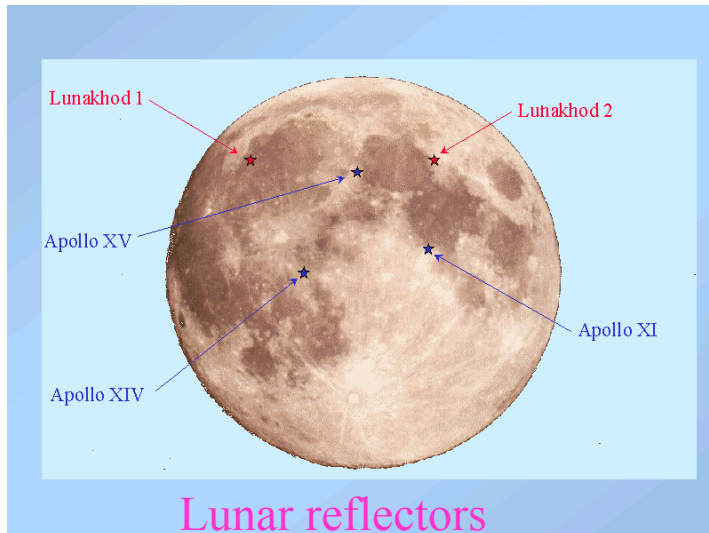
more precisely x and $k_x = \frac{2\pi}{\lambda} \sin \theta_x$



Concentration in direction possible if large size

Divergence of a laser beam of diameter D

$$\theta \simeq \frac{\lambda}{D} = 10^{-6} \text{ for } D = 0.6 \text{ m} \quad 300 \text{ m wide on moon}$$



Concentration in spectrum (or time)

Bulb lamp (3500 K)

Power spread over all
visible range (and IR)

$$\frac{\Delta\omega}{2\pi} \approx 10^{14} \text{ Hz}$$

Maximum irradiance per unit bandwidth

$$\frac{dE}{d\nu} \approx 5 \times 10^{-12} \text{ W cm}^{-2} \text{ Hz}^{-1}$$

Laser 10 mW

Linewidth :

$$\frac{\Delta\omega}{2\pi} \approx 10^6 \text{ Hz}$$

Maximum irradiance per unit bandwidth

$$\frac{dE}{d\nu} \approx 3 \text{ W cm}^{-2} \text{ Hz}^{-1}$$

12
orders of
magnitude
more !

Conjugate variable : time. Ultra short lasers ($< 10^{-15}$ s). Energy concentrated in time (giant peak power)

Laser light: concentrated light

- Concentration in **space** (position / direction)
- Concentration in **spectrum** (frequency / time)

Laser: energy concentrated in a single mode of radiation $\Delta x \cdot \Delta k_x = 1$
 \Rightarrow Incoherent source: energy diluted over many modes

Number of photons per mode

Laser : $\mathcal{N} \approx 10^{10}$ to 10^{20} photons / mode

Thermal source (blackbody radiation)

0.1 photon / mode
@ $\lambda = 0.6 \mu\text{m}$ @ 3000 K

$$\mathcal{N} = \frac{1}{\exp\left\{\frac{\hbar\omega}{k_B T}\right\} - 1} \approx \exp\left\{-\frac{\hbar\omega}{k_B T}\right\}$$

Laser beam: all photons in the same mode of the electromagnetic field

All photons in the same mode:

- Same direction
- Same frequency
- Same phase
- Same polarisation

indistinguishability: coherence

Photons are **bosons** : it is possible to accumulate as many as one wants in the same quantum state (actually they tend to accumulate by bosonic stimulation).

A laser beam can be considered as a kind of Bose-Einstein Condensate of photons (not in thermal equilibrium)