

# Processing and texture challenges for baked tortilla chips

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## Agenda

- Overview of the snack market
- Recent launches on tortilla chips
- Consumer preference study
- Case studies:
  - I. Enhancing the Processing of Baked Tortilla
     Chips
  - 2. Enhancing the Texture of Baked Tortilla
     Chips
  - 3. Reducing the Breakage of Baked Tortilla
     Chips
  - 4. Using Pulses in Baked Tortilla Chips









#### Snack volumes and NPD



North America of 2 markets with the highest volumes in snacks<sup>2</sup>



The U.S. leads in sales volume and value, and accounts for greatest portion of snack activity<sup>2</sup>

14.2%

CAGR growth of NPD activity in U.S. snack market in the past 5 years<sup>2</sup>

4%

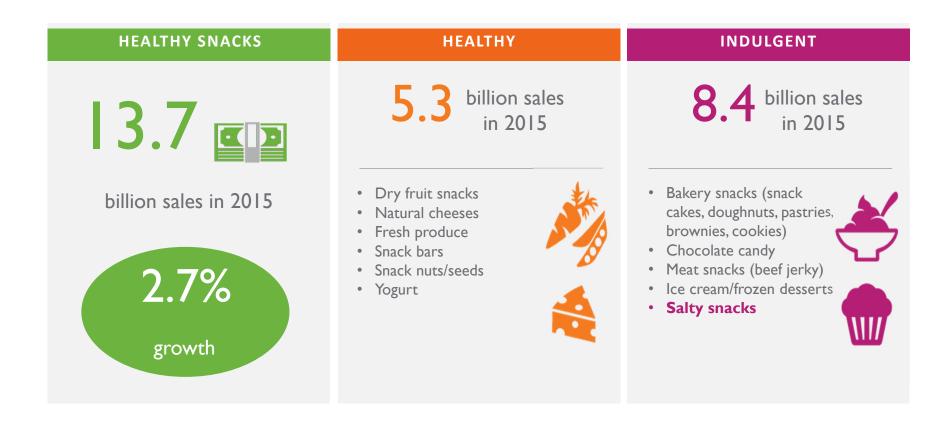
expected annual revenue market growth (CAGR 2018–2021)<sup>1</sup>

Sources: Consumer Market Outlook, Statista, 2018. Global Snacks Report, Innova, 2018.





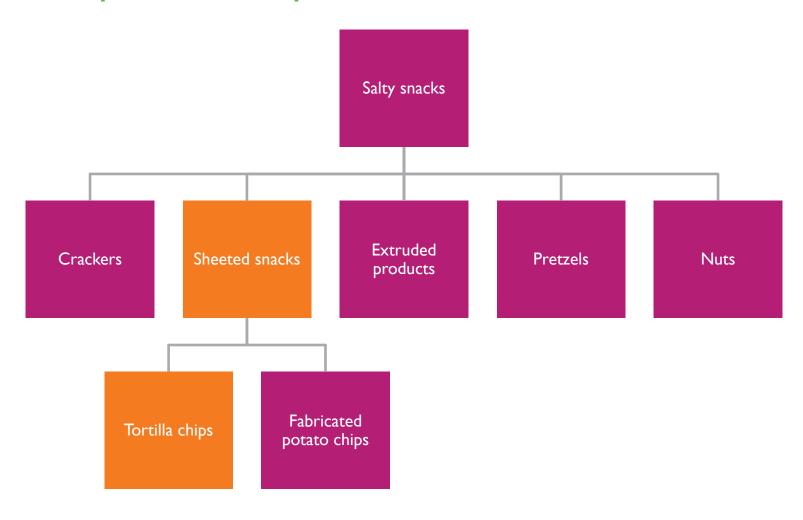
## Indulgent snacks slightly outpacing healthy snacks







## Landscape of snack products

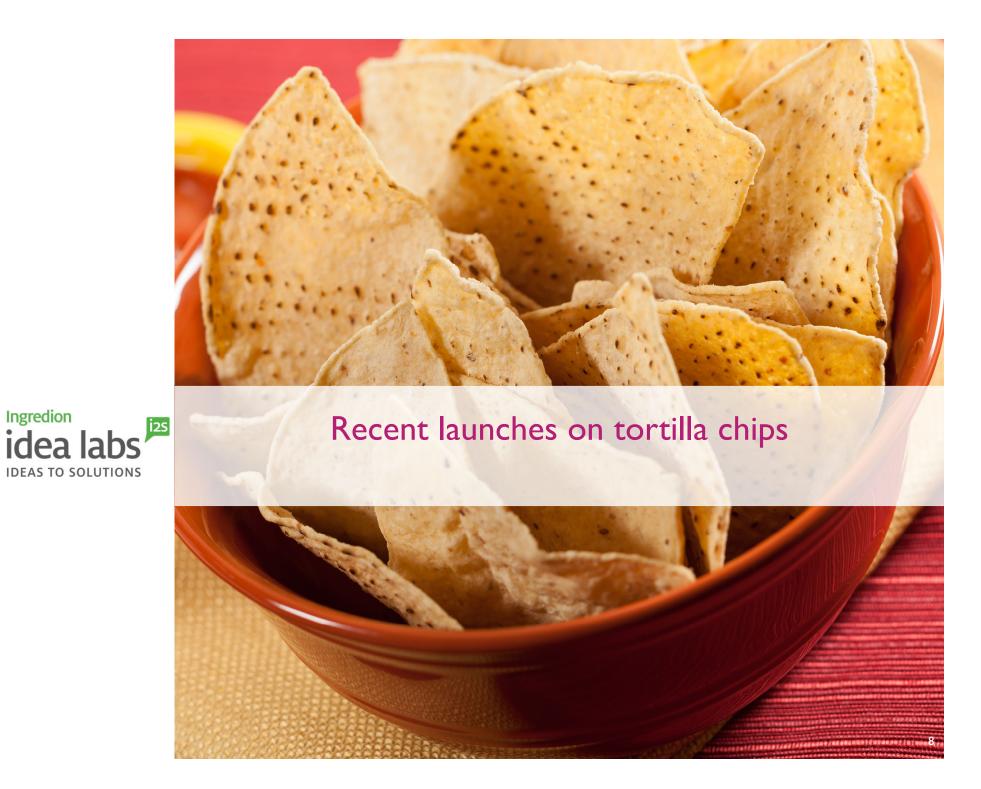






# IRI 2017 data on tortilla chips category for volume & sales

Category	2017 Sales (M)	% Change vs PY	2017 Volume (lbs. in M)	% Change vs PY
Potato Chips	5,558.4	0.2	1,169.9	-1.3
Tortilla/Tostada Chips	4,064.6	1.5	1,049.3	1.1
Other Salted Snacks (no nuts)	3,407.6	9.4	622.8	7.9
Cheese Snacks	1,527.9	7.1	292.9	1.6
Pretzels	932.5	1.9	283	0.4
Ready to eat popcorn/Caramel Corn	1,088.4	4.1	163	1.7
Pork Rinds	250.7	14.3	32.7	14







## Seasoning



Late July Snacks **Bacon Habanero**Clasico Tortilla Chips



Al Chipino Barbecue **Tikka Masala** Tortilla Chips



Wholesome Pantry Organic **Pumpkin Spice** Tortilla Chips



Gold Emblem Abound Nacho
Cheese Tortilla Chips



Al Chipino **NY Deli Cheese** Tortilla Chips



Jacksons Honest **Salsa Fresca**Tortilla Chips Slow





#### Color



Earth Fare Organic **Blue** Corn Tortilla Chips



Wholesome Pantry Organic **White**Corn Tortilla Chips



Food Lion **Yellow** Corn Tortilla Chips



Jacksons Honest **Red** Corn Sprouted
Tortilla Chips Slow Cooked With
Coconut Oil
Source: Innova Market Insights 2018



RW Garcia Mixt Bag **Yellow And Blue** Tortilla Chips



Que Pasa Liberty Organic
White, Red, and Blue Tortilla
Chips





## Multigrain



Late July Snacks Organic Chia And Quinoa Tortilla Chips

Chia seeds and quinoa seeds



Wegmans Multi-Grain Round Tortilla Chips

Whole oat flour, whole buckwheat flour, and buckwheat fiber



Utz Gluten Free Multigrain Dipping Tortillas

Flaxseeds, sesame seeds, sunflower seeds, quinoa, corn and brown rice





## Shape & Thickness



Doritos Dinamita: Rolled Corn Tortilla Chips



Fresh Thyme Farmers
Organic Blue **Triangle**Tortilla Chips



Wegmans 100% White Corn Bite-Size **Round** Tortilla Chips



Tostitos Baked **Scoops**Tortilla Chips



Fresh Thyme Farmers Organic White **Thin** Tortilla Chips



El Sabroso Cantina Especial **Thick** Tortilla Chips



Mission Tortilla Strips



Tostitos Original Football Shaped Tortilla Chips





#### Corn alternatives



Beanitos **White Bean Chips** Skinny Dippers Hint of Lime



Wholesome Pantry Organic **Sweet Potato** Tortilla Chips



Beanfields Sea Salt Bean And Rice Chips



Wildroots **Red Quinoa And Chia**Tortilla Chips



Quest Tortilla Style **Protein Chips** With Ranch Flavor



The Real Coconut **Coconut Flour** Tortilla Chips: Beach
Barbeque









## Consumer preference study

- Year of the study:
  - 2018
- Number of people asked:
  - **520**



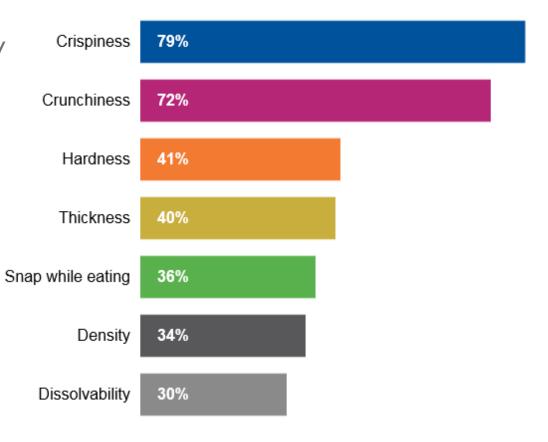
Participant profile	%
Age	
18-34 35-54	3 I 40
55+	29
Gender	
Male Female	49 51
Number of children	
None I+ Child	69 31
Race	
White Non-white	78 24
Household Income	
Less than \$50K \$50K – less than \$100K	48 34
\$100 plus	17





#### Top textural atributes in tortilla chips

- In tortilla chips crispiness is key and crunch comes in a close second.
- Thinner tortilla chips are 54% more popular than thick ones.
- The same number of consumers want a quiet snap while eating as want a loud snap with every bite.







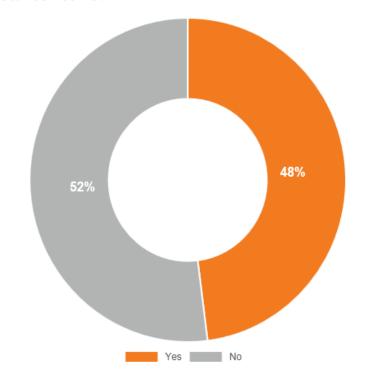
## Simply loved snacks

- Most consumers (59%) read the ingredients list before buying a bag of tortilla chips. For 80% of consumers, that ingredient list is at least somewhat important in their purchasing decisions
- Tortilla chip consumers generally prefer clean label products, and more than half are willing to sacrifice texture to keep labels clean

## Tortilla chip consumers associate "clean label" with:

- "Real ingredients"
- "No preservatives"
- "No additives"
- "An all-natural product"

## Willing to accept modified ingredients for ideal texture?





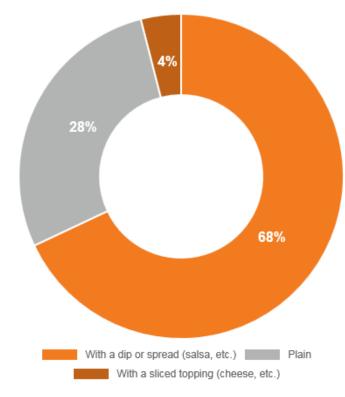


## Snacking habits

• Virtually all consumers (95%) eat their tortilla chips at home, and more than two-thirds eat them with a dip or spread.

More than half (55%) of consumers really like their current tortilla chips, and only 15% prioritize price when making a purchase decision —the rest just want a great eating experience.

How tortilla chips are eaten





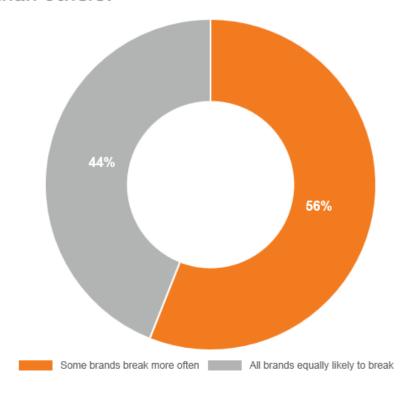


## More snacking, less breakage

 For most consumers (84%), finding unbroken tortilla chips when they open a bag is at least somewhat important. Just over half, however, think some brands of tortilla chips are more likely to break than others.

Half of tortilla chip consumers always find at least some broken chips in the bag. However, the breakage is usually less that a quarter of the total package.

## Do some tortilla chips break more easily than others?









## What is a tortilla chip?

- Typically derived from corn masa, which is made by gently cooking corn in the presence of lime, or Ca(OH)<sub>2</sub> and stone grinding
  - Fresh masa can be immediately made into tortilla products
  - Can be dried to flour at various particle sizes
- Traditional chips are formed by masa dough and then sheeted thinly (typically ~I mm).
  - Fried chips are toasted prior to frying to reduce moisture and develop flavor/color
  - Oil content typically 20-25% of final chip
  - Seasoned with salt or other flavors
- Baked tortilla chips offer nutritional benefits
  - Products are toasted and then dried to approximately 2% moisture
  - Approximately 5-10% oil sprayed on to adhere salt/seasoning
  - Significantly less fat than traditional fried tortilla chips





## Differences Between Baked versus Fried Tortilla Chips

- While baked tortilla chips have significant benefits from a *nutritional* standpoint, there are challenges from a *texture* standpoint
- Baked tortilla chips are very different from traditional fried tortilla chips in these main attributes:
  - Volume of Sound
  - Dissolvability
  - Moistness



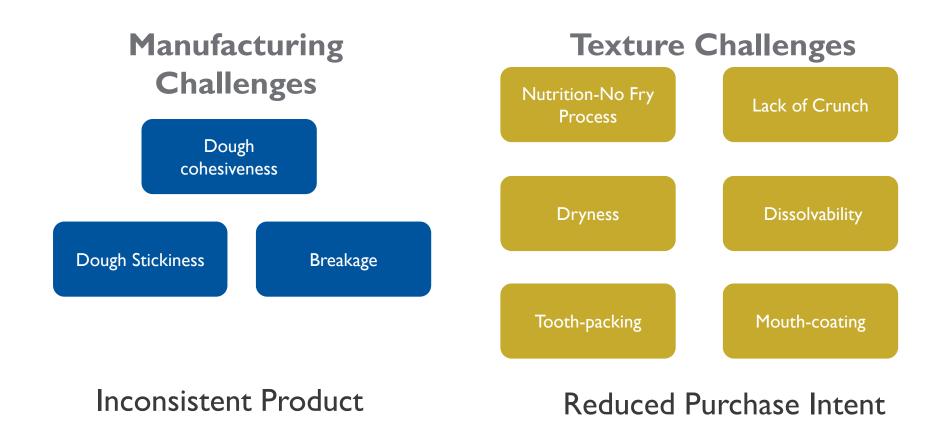






## Challenges in Baked Tortilla Chips

Quality

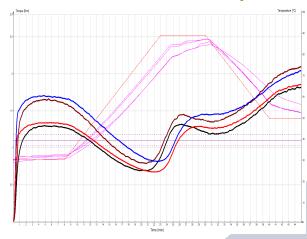






Starch Effects on Different Applications

Baked Tortilla Chips



## Texture

- Hardness
- Dissolvability
- Sound Quality

#### Sheeting

- Starch selection can influence sheeting to make sheet more cohesive
- Modifies sheet stickiness
- Alters sheeting performance

#### ODough Formation

- Starch type alters water requirements
- Hydration time
- Impacts dough strength and softness









### Starch functionality

## Starch Properties

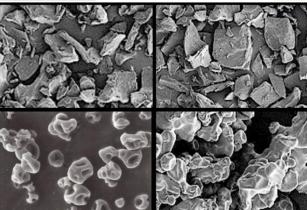


- Base
- Cooking Process
- Modification
- Particle Size
- Viscosity Profile

## Texture/Function Properties

- Expansion
- Hardness
- Sheeting
- Dough Hydration
- Sound
- Dissolving Rate
- Toothpack
- Moistness

Drum dried-Fine



Drum dried-Medium

Spray dried Spray-dried and Agglomerated













#### Formula and Process

Formula	%		
Corn Masa Flour	46		
Corn Grits	4		
Specialty Starch	4		
Salt	T		
Water	45		
Total	100		

- Dry ingredients weighted into mixer
- 2. Dry ingredients mixed for I minute. Water added to bowl and masa mixed for 5 minutes under medium speed. Dough consistency was checked, and more water was added if necessary.
- 3. Dough transferred to sheeting line
- 3-crackdown sheeting process followed. First crackdown reduced dough sheet to 6.0 mm. Second crackdown reduced to 3.0 mm. Final gauge sheeter reduced thickness to approximately 1.0 mm. Product cut into hexagon shapes
- Product sent through two-zone convection oven under following conditions: Zone 1: 510° F with 10% exhaust, Zone 2: 425° F with 100% exhaust. Total bake time is 2 minutes
- 6. Product sent through dryer under following conditions: 260  $^{\circ}$  F for 22 minutes.
- 7. Oiling and salting.





## Understanding Dough Properties: Controlling Stickiness and Firmness



Drum Dried Waxy-based Ingredients



Tapioca-based material

- Starch selection can play critical role in sheetability of dough
- Understanding impact of starch selection on dough properties is key to balancing the right texture with an optimized process





## Sheeting Properties of Starch Texturizers

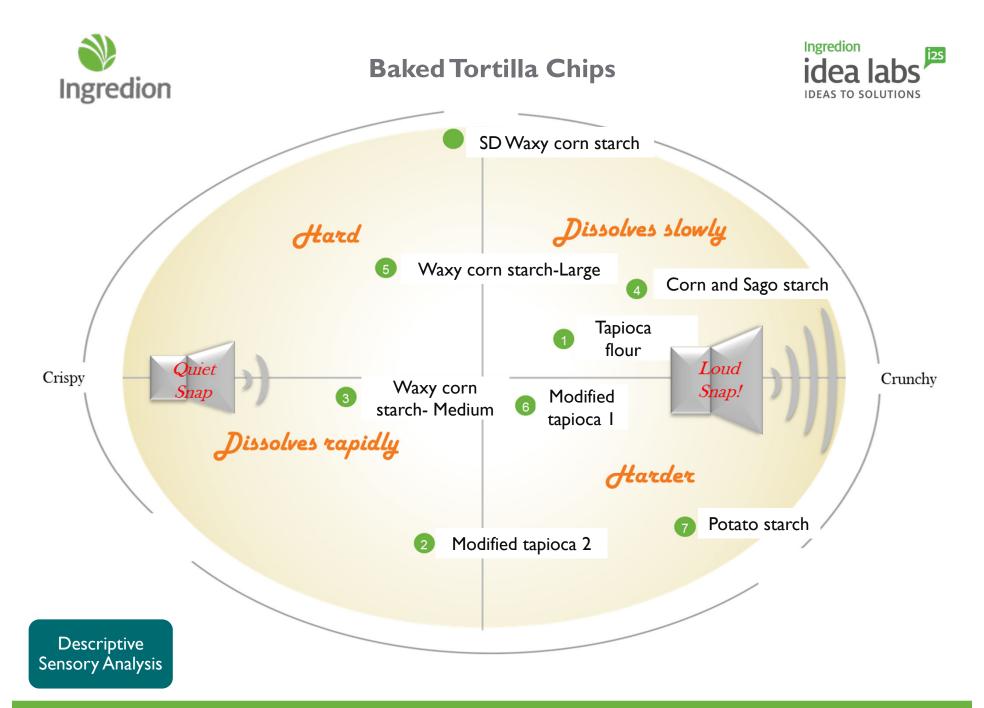
Product	Stickiness	Dough Toughness	Sheeting
Waxy corn starch-Medium particle size	+++	++	+++
Waxy corn starch-Large particle size	++	+	++
Modified tapioca starch-I	+	+	++++
Modified tapioca starch-2	+	+	++++
Tapioca flour	+	+++	+++
Corn and Sago starch	++	+++	++
Potato starch	+	+	+++















## Moving the Texture Dial with Starches

Hardness			
••00000	•••0000	••0000	
Dissolvability	•••••		•00000
Volume of Sound	••00000	••000	
SD Waxy corn starch	Waxy corn starch- Medium size	Waxy corn sta Large	Corn and Sago starch





## Moving the Texture Dial with Starches

Hardness			
Dissolvability	•••••	 •••0000	••0000
Volume of Sound	••••000	•••••	•••••
Modified tapioca I	Modified tapioca 2	Tapioca flour	Potato starch





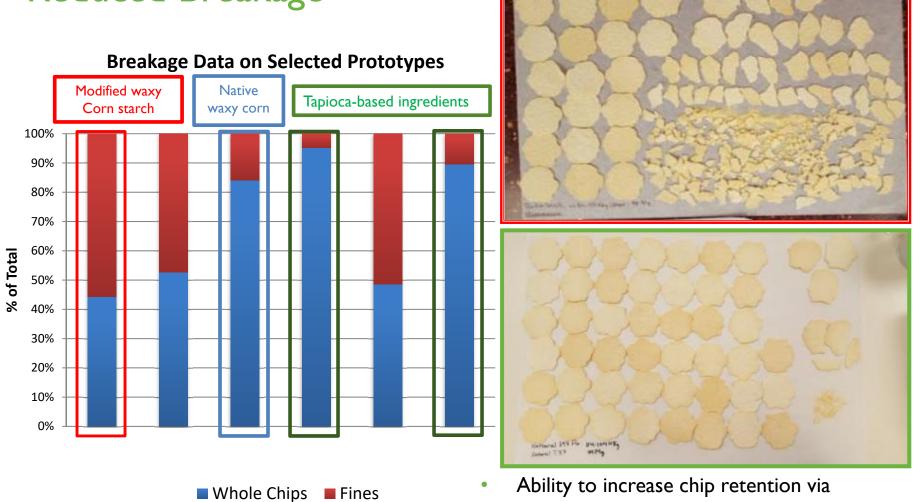
Case study 3: Reducing the Breakage of Baked Tortilla Chips







## Reduced Breakage















## What are pulses?

Pulses are the **dried seeds of plants in the legume family.**They include:

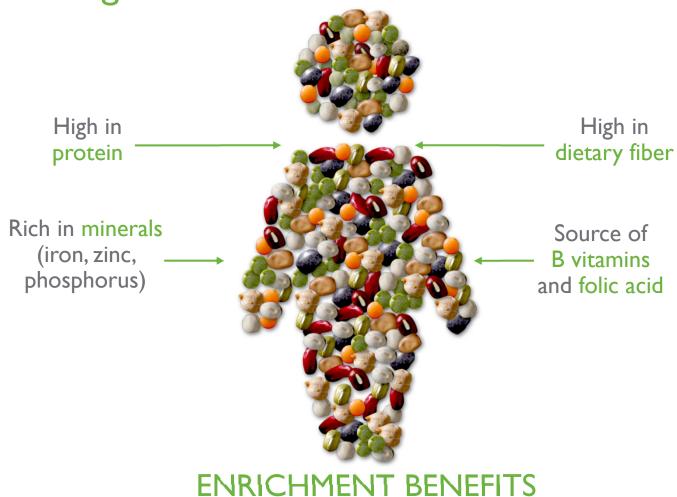
- Peas
- Beans
- Lentils
- Chickpeas







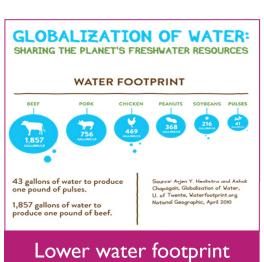
## What's so good about Pulses?

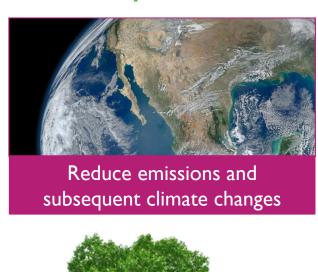




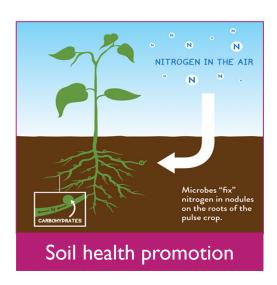


## Sustainability benefits of pulses









Source: www.pulses.org, Pulse Canada, PETA





## Health Institutions are endorsing pulses

## Plant Protein

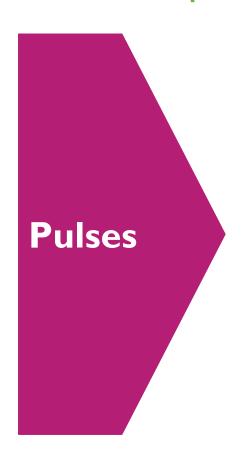
Many respected health institutions are recommending the reduction of animal based products and the increase of plant based foods, including pulses.

- American Heart Association
- Academy of Nutrition and Dietetics
- American Institute for Cancer Research
- World Health Organization
- FDA/Dietary Guidelines Board
- Food and Agricultural Organization





# Manufacturers are launching with pulses and additional plant based protein sources









## Pulse chip recipe

Ingredient	True %
Chickpea flour	32.36
Faba bean protein concentrate	32.36
Water	26.21
Oil	5.18
Tapioca starch	3.24
Salt	0.65
TOTAL	100

- Excellent sheeting no tearing and stickiness during sheeting
- Increased protein and fiber content of the chip

Nutri Serving Size Servings Per	(28g)		cts
Amount Per Ser		81	
Calories 130	0 Calo	ories fron	n Fat 30
		% Da	aily Value*
Total Fat 3.5	ig		5%
Saturated	Fat 0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium 105	img		4%
Total Carbo	hydrate	10g	3%
Dietary Fil	ber 1g		4%
Sugars 0g	J		
Protein 10g			
Vitamin A 0%	6 • 1	Vitamin (	0%
Calcium 4%	•	Iron 8%	
*Percent Daily Vi diet. Your daily vi depending on yo	alues may be	e higher or l	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber Calories per gran		65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g





## Key Takeaways

- The consumption of snacks in general, and of tortilla chips in particular is growing steadily every year
- Tortilla chips can be found in many flavors, colors, shapes, made out of a wide variety of ingredients, and can be cooked by frying or baking
- Baked tortilla chips have significant lower fat content that fried tortilla chips, but their processing, texture, and post cooking breakage and can be a challenge
- Selecting the right type of starch is key to improve the processing, help to reach the right texture, and reduce the breaking of the baked tortilla chips
- Pulse flours and proteins can be used to create baked tortilla chips alternatives that provide enhanced nutritional value



THANK YOU!

**QUESTIONS???** 

