



KOSHER FOR PASSOVER
PRODUCT LIST 2019 –

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OK WITHOUT 'KOSHER FOR PASSEVER' SYMBOL	REQUIRES 'KOSHER FOR PASSEVER' SYMBOL	NOT OK on PASSEVER	BEST TO PURCHASE BEFORE PASSEVER
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<u>ALCOHOL: ISOPROPYL - ALL (FOR EXTERNAL USE)</u>	✓			
<u>ALCOHOL: ETHYL/Ethanol - ALL</u>			✓	
<u>ALMOND FLOUR –BARNEY BASICS BRAND WITH AN OU IS OK EVEN WITHOUT A 'P'</u>		✓		
<u>ALMOND MILK- see footnote #18 for list</u>				
<u>ALUMINUM FOIL - ALL</u>	✓			
<u>AMMONIA – ALL</u>	✓			
<u>BABY CARROTS¹ (Raw)</u>	✓			
<u>BABY FOOD – (from the OU):</u> <u>1. Gerber Baby Food: Carrots and Squash are not certified kosher for Passover by the OU. Nonetheless the OU has identified these products as halachically acceptable for Passover when bearing the OU.</u> <u>2. Gerber Baby</u>		✓		

<p><u>Food: Green Beans and Peas are <i>Kitniyot</i> when bearing the OU.</u></p> <p>3. <u>First Choice Baby Food: Applesauce, Carrots, Pears and Sweet Potatoes are approved when bearing an OU-P or OU Kosher for Passover symbol.</u></p>				
<p><u>BABY WIPES – ANY BRAND W/OUT ALCOHOL</u></p>	✓			
<p><u>BABY OILS</u></p>	✓			
<p><u>BAKING SODA - ALL</u></p>	✓			
<p><u>BLEACH - ALL</u></p>	✓			
<p><u>BLUSH / ROUGE: POWDERED - ALL</u></p>	✓			
<p><u>BODY SOAP – ALL VARIETIES</u></p>	✓			
<p><u>BODY WASH – ALL VARIETIES</u></p>	✓			
<p><u>CARROTS – ALL (SEE ENTRY ‘BABY CARROTS’)</u></p>	✓			
<p><u>COCOA – ANY 100% PURE COCOAⁱⁱ (Domestic Only)</u></p>	✓			
<p><u>COCONUT FLAKES –ONLY Trader Joe, Organic Unsweetened (with a Check K) may be purchased with</u></p>		✓		

no KFP

COCONUT FLOUR

Coconut Secrets (no 'P' needed)

Mishpacha

Trader Joes Organic

Coconut Flour both may be purchased without a KFP if a 'KosherCheck' is on label

COCONUT-MILK

MUST HAVE A KFP, UNLESS FROM THE FOLLOWING BRAND: COCONUT DREAM

COCONUT- OIL-PURE

With OU (even no 'P') is OK.

Otherwise, MUST HAVE A KFP, UNLESS FROM THE FOLLOWING BRANDS: (Pure, Virgin Coconut Oil fine without a KFP and even if not on this list)

- **Kirkland Organic virgin coconut oil- cold pressed; unrefined (London Beth Din) - no P required**
- **Traders Joe's Brand NO GOOD unless there is a KFP**

COCONUT-Shredded – PLAIN, no additives is ok

with no KFP
However, Coconut Secret
with a Star K (even with no
'P') is ok for Pesach the
following names: Aminos,
Crystal, Flour, Nector,
Vinegar

COCONUT FLOUR

- Coconut Secrets (Star-K) usable for Passover without KFP
- Trader Joes Organic Coconut Flour certified by Kosher Check is usable for Passover, not product certified by Kehilla Kosher (OK).
- Let's Do. Organic Coconut Flour (Heart K) not usable for Passover
- Let's Do Organic Creamed Coconut (Heart K) not usable for Passover

Bob's Red Mill Coconut Flour (Kehilla Kosher, OK) not usable for Passover

COFFEE: REG GROUND UNFLAVORED - ANYⁱⁱⁱ (non-instant) See 'KEIRUG' Below

✓				

<p><u>COFFEE: INSTANT (PLAIN)</u> <u>– The following is OK even without a KFP:</u> <u>FOLGERS (including Decaf!); NESCAFE (reg. only, NOT including decaf), VIA (reg. only, NOT decaf); MAXWELL HOUSE and SANKA are ok for P year-round</u></p>		✓		
<p><u>CHAPSTICK –Classic Orig; Strawberry; Medicated Stick</u></p> <p><u>CHEWABLE CHILDREN’S MEDICINE^{iv}</u> <u>COCONUT MILK –Needs a KFP</u> <u>Coconut Dream is ok w/o a KFP when bearing OU</u></p>		✓		
<p><u>COFFEE (see above): INSTANT DECAF -ONLY</u> <u>Folger’s may be purchased w/o a KFP</u></p>		✓		
<p><u>CONTACT LENS SOLUTION</u></p>	✓			
<p><u>CONTACT PAPER</u></p>	✓			
<p><u>CREAMS / OINTMENTS</u></p>	✓			
<p><u>DENTAL FLOSS: UNFLAVORED – WAXED OR NON-WAXED</u></p>	✓			
<p><u>DEODERANTS / ANTIPERSPIRANTS: POWDER, GEL, SOLID STICK POWDER - ALL</u></p>	✓			

<u>Liquid DEODERANT / ANTIPERSPIRANTS⁶: LIQUID^v see footnote</u>			✓	
<u>DETERGENTS - ALL</u>	✓			
<u>DISHWASHING SOAP – All (Palmolive and Ajax are recommended and easily available)</u>	✓			
<u>EGGS - ALL^{vi}</u>				✓
<u>EYE SHADOW</u>	✓			
<u>EYE-LINER</u>	✓			
<u>FISH: FROZEN RAW (wash before using). Should have a year-round certification^{vii} if it has no visible scales. As for Pesach, make sure it has no Glaze</u>	✓			
<u>FRUIT: FROZEN^{viii} (so long as no additives) Note: that Citric Acid and Ascorbic Acid are indeed problematic ingredients without a KFP. ALL CANNED AND DRIED FRUIT NEED A KFP</u>	✓			

<u>FURNITURE POLISH – ALL</u>	✓			
<u>GLOVES: RUBBER (LATEX) – W/OUT INNER POWDER COATING</u>	✓			
<u>HAND SANITIZER (ALCOHOL FREE) PURELL is NOT recommended</u>	✓			
<u>HYDROGEN PEROXIDE – ALL</u>	✓			
<u>ICE – BAGGED</u>	✓			
<u>INFANT FORMULA –^{ix} SEE FOOTNOTE FOR FORMULA BRANDS THAT MAY BE PURCHASED WITHOUT KFP</u>		✓		

JUICES: LEMON OR LIME – ONLY REALIME, REALEMON (LIQUID) MAY BE PURCHASED WITHOUT KFP, other brands needs a KFP

KEURIG COFFEE CUPS^{xi}
(see footnote)

LACTAID MILK

LAUNDRY DETERGENT - ALL

LIPSTICK (chametz ingredients)^{xii}

LOTION – HAND

MAKE UP:

		✓		
		✓		
				✓
	✓			
		✓		
	✓			
	✓			

<u>DRY/POWDERED – ALL VARIETIES</u>				
<u>MASCARA</u>	✓			
<u>MEAT: FROZEN – Whole Pieces –ALL {Best To Rinse Well} (SEE NEXT ENTRY)</u>	✓			
<u>MEAT:– GROUND and/or SEASONED</u>		✓		
<u>MEDICINE – DRINK SUPPLEMENTS, CHEWABLES & ANTACIDS – SEE LIST FOLLOWING THIS GUIDE</u>		✓		
<u>MINERAL OIL – ALL (no additives)</u>	✓			
<u>MILK^{xiii}</u>				✓
<u>MOUThWASH</u> <u>All ‘COLGATE’ and ‘SCOPE’ brand mouthwashes are ok WITHOUT A KFP; AS ARE, ‘Listerine-Cool Mint’, ‘Total-Care Zero’. In cases of need, ALL mouthwashes are fine so long as one rinses out their mouth with water after.</u>		✓		
<u>NAIL POLISH</u>	✓			
<u>NUTS: RAW – WHOLE, CHOPPED OR GROUND^{xiv}. SEFARDIM may purchase even if BHT and BHA are added (Kitniyos). (However, see</u>	✓			
<u>PECANS below)</u>				

<u>OIL</u>		✓		
<u>OLIVE OIL-LIGHT OR REFINED</u>		✓		
<u>PURE 100% VIRGIN OLIVE OIL</u>	✓			
<u>OINTMENTS / CREAMS</u>	✓			
<u>PAPER TOWEL ROLLS - ANY^{xv}</u>	✓			
<u>PLAY-DOH</u>			✓	
<u>PECAN PIECES (and MIDGET PECANS)</u>		✓		
<u>PET FOOD^{xvi}</u>		✓		
<u>PLASTIC DISPOSABLES</u>	✓			
<u>PLASTIC WRAP</u>	✓			
<u>POWDER – FACE AND FOOT (INK & PAINT)</u>	✓			
<u>PURELL HAND SANITIZER (see ‘hand sanitizer’)</u>			✓	
<u>QUINOA^{xvii}</u>		✓		
<u>RICE MILK^{xviii} see footnote</u>		✓		

<u>RUBBER GLOVES (W/O POWDER COATING)</u>	✓			
<u>SALT: NON-IODIZED, W/O DEXTROSE OR POLYSORBATES</u>	✓			
<u>SELTZER – ALL PLAIN VARIETIES^{xix}</u>	✓			
<u>SILVER POLISH</u>	✓			
<u>SHAMPOO – ALL VARIETIES</u>	✓			
<u>SOAP - ALL^{xx}</u>	✓			
<u>SOY MILK see footnote #18 for list</u>		✓		
<u>STEVIA</u>		✓		
<u>SUGAR – GRANULATED, CANE^{xxi}</u>	✓			
<u>SUGAR - BROWN^{xxii} -see Footnote for those that MAY be purchased without a KFP. ALL BVK Certified Sugars are Ok for Pesach</u>		✓		
<u>TAPIOCA STARCH</u>		✓		
<u>INSTANT TEA - ONLY NESTEA BRAND – UNFLAVORED/UNDECAF INSTANT MAY be purchased without KFP</u>		✓		
<u>DECAF TEA BAGS ONLY LIPTON brand DECAF BAGS (UNFLVD) MAY BE PURCHASED WITHOUT A KFP</u>		✓		

<u>TEA BAGS</u> <u>(UNFLAVORED)–NON</u> <u>DECAF only, (pure white,</u> <u>green or black)</u>	✓			
<u>TOOTHPASTE^{xxiii} THE</u> <u>FOLLOWING ARE FINE</u> <u>WITHOUT A KFP:</u> <u>COLGATE, CLOSE-UP, AIM</u> <u>are fine in all varieties; ACT</u> <u>BRACES CARE; BABY</u> <u>OREJEL; ORIJEL;</u> <u>PEPSODENT</u>	✓			
<u>VASELINE</u>	✓			
<u>WAX PAPER</u>	✓			
<u>WINDEX</u>	✓			

ⁱ Baby carrots are best with a ‘kosher for Passover’ symbol but may be purchased without one (the chemical

ⁱⁱ North-American made.

ⁱⁱⁱ See entry ‘Keurig.’

^{iv} See CHILDREN’S MEDICINE LIST and ANTACID LIST following Product guide

^v This applies to deodorants / antiperspirants that have restorable denatured alcohol. This stringency only applies to items in a pure liquid form. The following are acceptable even in aerosol cans (liquid): **Arrid; Irish Spring; Mennen**

^{vi} Due to changes in how chickens and cows are fed one could indeed purchase milk and eggs on Pesach without any concern. We left the chart as is to avoid confusion.

^{vii} To assure the buyer that this is truly a kosher fish. Studies have shown that fish sold –especially in restaurants –is very likely not to be the fish they are claiming it is

^{viii} All whole or sliced frozen fruit is acceptable without a specific ‘Kosher for Passover’ symbol assuming it is unsweetened, additive free without syrup citric acid or ascorbic acid.

^{ix} Must use separate utensils due to *kitniyos*. Here is the OU list of acceptable brands without a KFP when bearing an OU: **Nutritional Supplements** -Arginaid, Arginaid Extra, Benecalorie, Beneprotein, Boost Glucose Control, Boost High Protein, Boost Nutritional Pudding, Boost Plus, Diabetishield, Diabetic Source; Enlive, Ensure Complete Nutrition Shake Ensure Healthy Mom Shake Ensure High Calcium Shake Ensure High Protein Shake Ensure HN, Ensure Homemade Shake, Ensure Plus, Ensure Plus HN, Ensure Plus Next Generation Ensure Shake, Ensure TwoCal, Fibersource HN, Glucerna, Glucerna 1.0, Jevity 1.0, 1.2, and 1.5, Nepro Vanilla, Nepro with Carb Steady Flavored Novasource Renal, NuOsmolite 1.0, 1.2 and 1.5 Osmolite HN (unflavored), Perative, Promote (except Promote with fiber), Pulmocare, Resource 2.0, Resource Dairy Thick Resource Diabetic Resource Milk Shake Mix, Resource Thicken Up, Resource Thickened Juice, Resource Shake Plus Simply Thick, Thick & Easy - All Thick-It, Vivonex Pediatric, Vivonex Plus, Vivonex Ten;

Pediatric Supplements –

BOOST KID ESSENTIALS, 1.0, 1.5; BOOST KID ESSENTIALS WITH FIBER; D-VI-SOL; ENFAMIL 5% GLUCOSE WATER; FER-IN-SOL DROPS; POLY-VI-SOL DROPS; TRI-VI-SOL DROPS; RESOURCE; JUST FOR KIDS WITH FIBER; PEDIASURE PEPTIDE; PEDIASURE VANILLA POWDER; PEDIASURE SHAKES;

Pediatric Electrolytes –

BRIGHT BEGINNINGS; COMFORTS FOR BABY; COTTONTAILS; CVS PHARMACY GOODNESS; H-E-B BABY; HOME 360 BABY MEIJER; MOM TO MOM; NATURALYTE; SHOPRITE; PARENT'S CHOICE; PEDIALYTE (ALL FLAVORS); TOP CARE WALGREEN'S WESTERN FAMILY

Infant Formula –

365 EVERYDAY VALUE; AMERIBELLA; AMERICA'S CHOICE FOR BABY; BABIES R US; BABY BASICS; BABY'S CHOICE; BEAR ESSENTIALS; BELACTA; BELACTA PREMIUM; BELACTASURE; BERKLEY & JENSEN; BRIGHT BEGINNINGS; COTTONTAILS; CVS; DAILY SOURCE; DISCOUNT DRUG MART; EARTH'S BEST; ELECARE; ENFACARE; ENFAGROW; ENFALAC; ENFAMIL; ENFAPRO; FOOD LION; FULL CIRCLE; FULTON STREET MARKET; GERBER; GIANT; GIANT EAGLE; BABY HANNAFORD; H-E-B; HEINZ NURTURE HOME 360 BABY; HY-VEE; ISOMIL; KIRKLAND SIGNATURE; Kuddles; LAURA LYNN; LIFE BRAND; LITTLE ONES; MEIJER BABY; MEMBER'S MARK; MOM TO MOM; MOO MOO; BUCKAROO; MOTHER'S CHOICE; MY ORGANIC BABY; NATURE'S PLACE; NESTLE; GOOD START; NEXT STEP; NUTRAENFANT; O ORGANIC; BABY PARENT'S CHOICE ; PREMIER VALUE; PRESIDENT'S CHOICE; PRICE CHOPPER; PUBLIX; RITE AID – TUGABOOS; SHOPKO; SHUFERSAL; SIMILAC; SIMILAC LEMEHADRIN 1, 2 & 3; SIMPLY RIGHT; STOP & SHOP; SUNRISE; SUPERVALU; TARGET; TIPPY TOES BY TOPCARE; TOP CARE; TOPCO; UP & UP; VERMONT ORGANICS; WALGREENS; WEGMANS; WELL BEGINNINGS; WESTERN FAMILY

^x Cannot contain sweeteners, additives, preservatives or enrichments.

^{xi} Here is a list of acceptable K-Cups even with NO KFP, so long as non-Decaf and non-flavored (the BVK does not

recommend *koshering* a Keurig coffee maker for Pesach, although it may be *koshered* the rest of the year). If you would like more information relating to *koshering* Keurig coffee makers for Pesach, please contact the BVK.

(OU)

ADAGIO
AMAZON FRESH
BARISTA BROS
BARISTA PRIMA COFFEEHOUSE BROWN GOLD
BUSCH'S
CARIBOU COFFEE
CHOCK FULL O'NUTS
COFFEE ICON
COFFEE PEOPLE
DIEDRICH COFFEE
DONUT HOUSE COLLECTION DUNKIN' DONUTS

Dunkin Donuts
EIGHT O'CLOCK
FOLGRERS
FREDMEYER
FREEDOM RIDGE

GIANT EAGLE MARKET

DISTRICT
GREAT VALUE
GREEN MOUNTAIN COFFEE GREEN MOUNTAIN COFFEE -

NEWMAN'S OWN ORGANIC HILLS BROS.
ILLY®
JOFFREY'S COFFEE & TEA

KAUAI COFFEE
KIRKLAND SIGNATURE KRISPY KREME DOUGHNUTS

KRISPY KREAM

KROGER
LAUGHING MAN
LAVAZZA
MARKET BASKET
NEWMAN'S OWN
NEWMAN'S OWN ORGANICS ORIENT EXPRESS
PEET'S COFFEE
PRICERITE
PRIVATE SELECTION
PUBLIX GREENWISE
REVV
SEATTLE'S BEST COFFEE SECOND CUP
SHAZAM
SHOPRITE
SMART & FINAL
STARBUCKS
THE ORIGINAL DONUT SHOP

TIM HORTON
TIMOTHY'S
TIMOTHY'S WORLD COFFEE TIMOTHY'S WORLD COFFEE -

KAHLUA COFFEE TOPS

TULLY'S COFFEE
VAN HOUTTE

WEGMANS
WELLSLEY FARMS
WILD HARVEST ORGANIC

^{xii} If the lipstick contains *chametz* it should not be used and a fresh stick should be started on Pesach.

^{xiii} Due to changes in how chickens and cows are fed one could indeed purchase milk and eggs on Pesach without any concern. We left the chart as is to avoid confusion.

^{xiv} So long as it/they does not contain added preservatives, or other additives such as **BHT or BHA**. Shelled Pecans do require a KFP.

^{xv} The first three sheets and the last sheet attached to the cardboard should not come in direct contact with food as a cornstarch based glue may have be used.

^{xvi} It is biblically prohibited to serve pet food to one's pet on Pesach should it contain Chometz; Kitniyos is fine. For a complete list, see below.

^{xvii} It is best to find a brand that has a reliable 'kosher for passover' symbol. If one cannot find such a brand he may purchase a brand that does not have a 'kosher for passover' symbol provided that he carefully checks the grains before Pesach for any extraneous matter. Some rabbis do not permit quinoa on Pesach.

^{xviii} Soy and Rice are kitniyos and their 'milk' may contain *chometz*. Under normal circumstanes one mustn't

consume them on Pesach. Those found in the list below are *chometz* free and may be consumed by someone who is allowed to eat *kitniyos* (e.g. one who is ill). Of course, one can choose to purchase **Almond milk** from the list provided by that entry, or one can make it at home for Pesach. *Should someone have a choice between Soy Milk and Rice Milk then Soy Milk is the better choice as Soy wasn't introduced to Europe until about 100 years, ago long after the kitniyos decree. It is recommended that those who require these products ideally purchase them before Pesach.*

SOY MILK LIST FOR THOSE YOUNG OR ILL (From OU and STAR-K):

365 EVERYDAY VALUE Original, Light, and Unsweetened; BEST CHOICE CLEARLY ORGANIC; FIT & ACTIVE ORGANIC FIT & ACTIVE; FRESH & EASY SOYSENSE; GIANT GREEN WAY; HARRIS TEETER NATURALS ORGANIC; HARVEST FARMS HY-VEE; HARRIS TEETER NATURALS ORGANIC MARKET BASKET -UNSWEETENED; MEIJER; NATURAL DIRECTIONS ORGANIC; NATURE'S PLACE; NATURE'S PROMISE ORGANIC; O ORGANICS; SHOP RITE ORGANIC SHOP RITE; SILK; SMART MENU- Organic SOY DREAM STOP & SHOP; WESTERN FAMILY ASEPTIC; WINN-DIXIE ORGANIC

RICE MILK

LIST FOR THE YOUNG AND ILL (From OU and Star-K)

Full Circle, Harris Teeter, Hy-Vee, Market Basket Enriched, Nature's Place, Price Chopper Enriched, Rice Dream Enriched Unsweetened, RiceSense Enriched, Shop Rite, Wild Harvest Enriched,

Almond Milk

B365 Everyday Value, Almond Breeze Unsweetened, Almond Sense, Tree of Life, Winn Dixie, Roundy's, ShopRight, SILK, PriceChopper, Full Circle, Fresh and Easy,

^{xix} This refers to brands that have a 'kosher' symbol on them, even though they do not have a 'Kosher for Passover' symbol.

^{xx} It is commendable to purchase Passover brands (e.g. ADWE).

^{xxi} All pure, no dextrose added.

^{xxii} The following BROWN SUGAR may be purchased in non-decaf and non-flavored only even without a KFP: All BVK certified Sugars, and (OU): ALBERTSON'S, AMERICA'S CHOICE BEST YET, BETTER VALUE BI-LO, COLONIAL SUGAR, DIXIE CRYSTALS, FOOD CLUB, HOLLY SUGAR, HY-TOP, IMPERIAL, JEWEL, KROGER, MARKET PANTRY, MONARCH, PARADE, PIONEER, SAVANNAH GOLD, SHOPRITE, SHURFINE, SOUTHERN HOME, SYMPLE, WEST CREEK, WINN-DIXIE

^{xxiii} If no "kosher for Passover" toothpaste is available, one may rely on the many lenient views, but should only purchase Colgate or Aim (all varieties).

TEQUILA LIST -2019/5779
(FROM MEXICO)

Tequilas kosher para Pesaj

- Tequila blanco 100% Agave Hacienda Xalpa
- Tequila blanco 100% de Agave Los Pilonos
 - Tequila blanco 100% Agave Dos Lunas
- Tequila blanco 100% Blue Agave Don Cesár García
 - Tequila blanco 100% de Agave Oro Viejo
 - Tequila blanco 100% de Agave Río de Plata
 - Tequila blanco 100% de Agave Tierra Viva
- Tequila blanco 100% puro de Agave Reserva del Señor
- Tequila blanco 100% puro de Agave Don Diego Santa
- Tequila blanco 100% puro de Agave Herencia de Plata
 - Tequila 100% Don Eduardo Añejo
 - Tequila 100% Don Eduardo Blanco
 - Tequila 100% Don Eduardo Reposado
- Tequila 100% Herradura Gran Imperio Reposado
- Tequila Antiguo de Herradura Añejo 100% Agave
- Tequila Antiguo de Herradura Blanco 100% Agave
- Tequila Antiguo de Herradura Reposado 100% Agave
 - Tequila El Jimador Añejo 100% Agave
 - Tequila El Jimador Blanco 100% Agave
 - Tequila El Jimador Reposado 100% Agave
- Tequila Hacienda del Cristero Blanco 100% Agave
 - Tequila Herradura Añejo 100% Agave

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- Tequila Herradura Blanco 100% Agave
 - Tequila Herradura Gran Imperio Reposado 100% Agave
 - Tequila Herradura Plata 100% Agave
 - Tequila Herradura Reposado 100% Agave
 - Tequila Herradura Selección Suprema Extra Añejo 100% Agave
 - Silver Tequila 100% de Agave Gran Patron Platinum
 - Tequila 100% Agave Silver Roca Patron
 - Tequila Silver Gran Patron Smoky
 - Tequila 100% de Agave Blanco Patron
 - Tequila 100% de Agave Silver Gran Patron Platinum
 - Tequila 100% de Agave Silver Patron
 - Tequila 100% Agave Blanco EG El General
 - Tequila 100% Agave Embajador Jaliscience
 - Tequila 100% Agave Blanco Embajador
 - Tequila 100% Agave Blanco Viejos Amigos
 - Sotol kosher para Pesaj
 - Sotol Hacienda de Chihuahua Reposado
 - Sotol Hacienda de Chihuahua Rustico
 - Sotol Hacienda de Chihuahua Platinum
 - Sotol Hacienda de Chihuahua Blanco Silver O Plata
 - Sotol Hacienda de Chihuahua Añejo
 - Sotol Hacienda de Chihuahua Añejo Oro Puro
 - Sotol Hacienda de Chihuahua H5
 - Fiesta Chihuahua

IMPORTANT NOTES

- 1 - ALL JOYVA PRODUCTS (UNDER R' SHEINKOFF JUST FOR PESACH) ARE STRONGLY DISCOURAGED AND OFTEN CONTAIN REAL KITNIYOS ^{xxiii}
- 2 - All types of ointments, creams, nail polish, body wash, shampoo, hand lotions (as opposed to hand sanitizers), eye shadow, eyeliner, mascara, blush, foot and face powders, and ink and paint **may be used regardless** of its ingredients.
- 3- Colognes, perfumes, hairspray, shaving lotions and deodorants that have restorable denatured alcohol should not be used. THIS STRINGENCY ONLY APPLIES TO ITEMS IN A PURE LIQUID FORM. In cases of need, or to find out about specific brands, one should speak to their Rabbi.
- 4 - **Lipstick** that contains chometz should not be used and a fresh stick should be started on Pesach.

*Recommended MEDICAL DRINKS,
CHILDREN'S & ADULT CHEWABLES and
LIQUIDS*

**ALL PILL FORMS MEDS ARE
FINE FOR PASSOVER (see p.
29)**

-For The United States ONLY-

Medical Beverages, Drinks and Supplements –

ARGINAID; ARGINAID EXTRA; BENECALORIE; BENEPROTEIN; BOOST GLUCOSE CONTROL; BOOST HIGH PROTEIN; BOOST NUTRITIONAL PUDDING; BOOST PLUS DIABETISHIELD DIABETISOURCE AC; ENLIVE; ENSURE COMPLETE NUTRITION SHAKE; ENSURE HEALTHY MOM SHAKE; ENSURE HIGH CALCIUM SHAKE; ENSURE HIGH PROTEIN SHAKE; ENSURE HN; ENSURE HOMEMADE SHAKE; ENSURE PLUS ENSURE PLUS HN; ENSURE PLUS NEXT GENERATION; ENSURE SHAKE ENSURE TWOCAL FIBERSOURCE HN GLUCERNA 1.0 GLUCERNA 1.2 GLUCERNA 1.5 ISOSOURCE; ISOSOURCE HN WITH FIBER; JEVITY 1.0; JEVITY 1.2; JEVITY 1.5; NEPRO; NEPRO VANILLA; NEPRO WITH CARB STEADY FLAVORED; NOVASOURCE RENAL NUTREN (PRODUCT LINE); OSMOLITE 1.0, 1.2, 1.5; OSMOLITE HN (UNFLAVORED); PERATIVE; PROMOTE (EXCEPT PROMOTE WITH FIBER); PULMOCARE; RESOURCE 2.0; RESOURCE DAIRY THICK; RESOURCE DIABETIC; RESOURCE MILK SHAKE MIX; RESOURCE THICKEN UP; RESOURCE THICKENED JUICE; RESOURCE SHAKE PLUS SIMPLY THICK; THICK & EASY – ALL THICK-IT; VIVONEX PEDIATRIC VIVONEX PLUS VIVONEX TEN

4Kids – Cold And Cough, Nighttime Grape and Daytime Grape; Cold and Mucus; Complete Allergy; Cold N' Flu; Cough Syrup with Honey; Tummy Ache

Advil - Infant Drops in Synthetic Grape; Children's Suspension in all flvs;

Allegra – Allegra Allergy Infant Drops, Allegra Allergy Children Oral Suspension (CRC, however, does not recommend Allegra products for Pesach, our inclusion comes from HaRav Gershon Bess shlit'a); Allegra Cooling Itch Cream

Alka Seltzer –Heartburn Relief Chew Ultra Strength; Alka Seltzer Cold and Cough Menthol; PM Gummies (R' Bess)

Baby ORAJEL- Natural Teething Gel, Nighttime (Church and Dwight); Natural Teething Tablets

Bayer – Children’s Aspirin; Chewable Aspirin (Orange, Cherry) 81mg;

Benadryl –Children’s Allergy Chewables, Liquid, Allergy Plus Congestion, Children’s Dye-Free liquid

Claritin - Chewable GRAPE Tablets (NOT the redi-tabs). Note; CRC does *not* recommend Claritin products for Pesach –**Rav Bess [p. 50] allows all allergy chewables)**

Dramamine –Chewable Formula Motion Sickness Relief

Hyland’s- Baby Cough Syrup; Teething tabs; Mucus and Cold Relief; Baby Cough; EarAche Drops; Nighttime Tiny Cold Tablets;

Metamucil –Plain, Course is OK; Orange Flv contains *kitniyos*. Those with serious conditions should speak to their *rav* who may allow them such *kitniyos*. See **ANTACID** list below.

Motrin- Infant’s Dye –Free Berry Drops (Veg. Glycerin); Children’s Bubble Gum Suspension (Veg Glycerin); Children’s Suspension (Berry- Reg, as well as ‘Dye-Free’), Concentrated Infant Drops (Berry- Reg & Dye-Free and Reg.);

Pepto Bismol – Chewable Tabs and Original Liquid (Rav Bess)

Sudafed –Children’s Nasal Decongestant, Berry;

Tylenol - Infant’s Oral Suspension GRAPE; Children Suspension Cherry; Children’s Cold and Flu Oral Suspension; **Tylenol** Pain and Fever Chewable; Cold and Sore Throat Cool Burst Liquid Concentrated Drops Cherry, Grape and Dye Free (Infant); Sore Throat Daytime & Nighttime Liquid

PILL-FORM MEDICATION

IT HAS BEEN THE POLICY OF THE BVK FOR THE PAST 13 YEARS THAT ALL MEDICATION IN PILL FORM THAT ARE SWALLOWED – AND NOT CHEWED – ARE PERMITTED FOR USE ON PESACH REGARDLESS OF ITS INGREDIENTS (K’SAV SOFER 111; IGROS MOSHE 2:92; CHAZON ISH 116:8; MINCHAS SHLOMO 1:17, INTER ALIA). VITAMINS (PILL FORM) TAKEN ON DOCTOR’S ADVICE ARE INCLUDED. PLEASE SPEAK TO YOUR RABBI FOR A FINAL RULING ON PILL-FORM MEDICINE, AS SOME MAY DISAGREE WITH THIS RULING OF R’ MOSHE FEINSTEIN, ET AL.

Pet Food

-FROM STAR-K GUIDE-

CATS

Blue Wilderness Grain Free (dry): Adult (Duck, Indoor Chicken, Rabbit, Red Meat, Salmon, Trout, Weight Control), Kitten (Chicken)

Evanger's: When bearing cRc Passover approval.

Friskies (canned): Paté Chicken and Tuna Dinner, Paté Classic Seafood Entrée, Paté Turkey and Giblets, Paté Country

Style Dinner, Paté Mariners Catch, Paté Salmon Dinner

Kirkland (Costco) (dry): Healthy Weight Indoor Adult, Maintenance Chicken & Rice, Natures Domain Salmon Meal & Sweet Potato

Merrick Grain Free Limited Ingredient Diet (canned): Real Chicken, Real Duck, Real Salmon, Real Turkey **Merrick Purrfect Bistro Grain-Free** (dry): Adult (Healthy Weight, Real Chicken and Sweet Potato), Healthy Senior,

Healthy Kitten

Merrick Purrfect Bistro Grain-Free (canned): Chicken Casserole Morsels, Chicken Divan Morsels, Salmon Paté, Tuna Paté

Prescription Diet: a/d, d/d except duck, m/d canned only, r/d, s/d, t/d, zd.

Wellness Core Grain-Free (dry): Adult, Indoor, Kitten, Original

Wellness Core Grain-Free Clasic Paté (canned): Indoor, Kitten, Whitefish & Salmon & Herring

GECKO

Gecko: Repashy Crested Gecko Meal Replacement Powder

FISH

Fish food and vacation blocks often contain *chometz*. The following are acceptable: Zoo Med Laboratories Giant Plank- ton Banquet Block Feeder and Tetra Tropical Slow Release Gel Feeders (Tetra Weekend 5 days, and Tetra Vacation 14 days). Goldfish and tropical fish can be given the following items, provided they do not contain fillers: tubular worms, frozen brine shrimp, and freeze dried worms.

BIRDS

(Parrots, Parakeets, Cockatiels, Macaws)

STAR-K expresses appreciation to Dr. Aaron Weissberg for his assistance in preparing the following guidelines.

③ Millet and sorghum as main diet.

- ③ Peanuts, sunflower seeds, and safflower seeds can be given.
- ③ Larger birds such as parrots can eat pure alfalfa pellets (make sure it is pure alfalfa since it is common to add grains) or dry dog food (see above for list).
- ③ Smaller birds can also have pure alfalfa pellets; crush before feeding.
- ③ Can supplement with cottage cheese, rice cakes (birds like to eat these), small pieces of lean meat, *matzah*, berries,

eggs, canned baby fruits. All large food should be shredded before serving. These items should be given sparingly.

- ③ For minerals, can have oyster shells (calcium) or mineral block.
- ③ The greater the variety, the better.

HAMSTERS, GUINEA PIGS, GERBILS & RABBITS

- ③ Best to feed pure alfalfa pellets. Make sure it is pure alfalfa since it is common to add grains. Dried alfalfa may also be given.
- ③ Can supplement with mixture of cut-up fruits and vegetables – carrots, broccoli, apples, melon, kale, parsley, oranges, celery, dry corn, sunflower seeds, cabbage. Can also give some *matza*. If not accustomed to these items, give sparingly.
- ③ Guinea pigs especially will benefit from kale, parsley and oranges.
- ③ Hamsters especially will benefit from apples.
- ③ Guinea pigs need vitamin C added to diet.

ADDITIONAL PET FOOD INFORMATION

- Mixes sold in stores often contain *chometz*. It is advisable for pet owners to slowly wean their pets off their regular *chometz* pet food diet. This is accomplished by mixing regular and *Pesach* food between one and two weeks prior to *Pesach* before switching completely to *Pesach* food. The ratio of regular and *Pesach* food should be changed slowly to get the animal used to the new diet. Check with your veterinarian before changing diet.
- Pure Timothy Hay is not *chometz* and may be used.

DOGS

Alpo Chop House (canned): Filet Mignon and Bacon Flavors cooked in Savory Juices, Prime Rib Flavor cooked in Savory Juices, Roasted Chicken and Top Sirloin Flavors cooked in Savory Juices, T-Bone Steak and Ribeye Flavors cooked in Savory Juices

Blue Freedom Grain Free (dry): Adult (Lamb, Chicken), Small Breed Puppy Chicken Recipe

Blue Freedom Grain Free (canned): Chicken Recipe (Small Breed, Puppies), Grillers (Hearty Beef, Hearty Lamb,

Hearty Chicken, Hearty Turkey)

Blue Wilderness Grain Free (dry): Adult with Chicken, Adult with Duck, Adult with Salmon, Puppy with Chicken, Senior with Chicken, Small Breed Adult with Chicken

Blue Wilderness Grain Free (canned): Duck & Chicken Grill, Salmon & Chicken Grill, Turkey & Chicken Grill **Evangers:** When bearing cRc Passover approval.

Hills Ideal Balance Grain Free (dry): Adult Natural Chicken & Potato

Kirkland (Costco) Natures' Domain (dry): Organic Chicken and Pea, Turkey Meal and Sweet Potato

Mighty Dog: (canned no gravy): Chicken Egg & Bacon Country Platter,

Chicken & Smoked Bacon Combo, Hearty Beef Dinner, With Lamb and Rice.

Prescription Diet: a/d, d/d, h/d, s/d, u/d, r/d.

Science Diet Grain Free (dry): Adult (Chicken & Potato)

Wellness Core Grain Free (dry): Ocean, Original, Reduced Fat, Small Breed Original.

Wellness Core Grain Free (canned): Beef & Venison & Lamb, Puppy, Turkey & Chicken Liver & Turkey Liver, Whitefish & Salmon & Herring

Wellness Core Grain Free Ninety Five Percent (canned): Beef with Carrots, Chicken with Broccoli, Turkey with Spinach