



Poultry Press

Promoting the compassionate and respectful treatment of domestic fowl

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International Respect for Chickens Day Reaches Thousands of People

International Respect for Chickens Day United Poultry Concerns



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A day to celebrate chickens throughout the world



United Poultry Concerns

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We have seen a steady increase in the respectful treatment of chickens since we started in 1990.” –UPC President Karen Davis quoted in “Respect for Chickens: Making a Day of It” by Dana Parsons, *Los Angeles Times Orange County Edition*, April 28, 2006

International Respect for Chickens Day May 4 is an annual project created by United Poultry Concerns in 2005 to celebrate the dignity, beauty and life of chickens and to protest the bleakness of their lives in farming operations. This year, Respect for Chickens Day brought newspaper coverage, radio interviews, and special actions by individuals and groups that helped spread the word about chickens,

as in these highlights for which we thank everyone who joined us in making a better life for chickens. Please start thinking now about what you can do next year on May 4th. Meanwhile, please make every day Respect for Chickens Day.

Highlights from 2006

“On May 4, celebrate International Respect for Chickens Day, an event organized by United Poultry Concerns to take action for the most abused animal on the planet.” – Nadine Newlight, Letter to the Editor, *The Maui News* (HI), May 2, 2006

“For Respect for Chickens Day, United Poultry Concerns is encouraging educators, students, office workers and activists to do an


action for chickens – everything from showing the movie *Chicken Run* to setting up a school library display to passing out leaflets on a busy street corner.” – “Fowl is fair: The bird is the word on this day,” *Orlando Sentinel*, May 3, 2006

“Outside Washington [DC], according to U.S. Newswire, an animal sanctuary plans to celebrate the day by having visiting students discuss ‘What Wings Are For,’ inspired by UPC’s poster showing a mother hen with her chick tucked under her wing.” – *St. Louis Post-Dispatch*, May 3, 2006

“It was great! We were on the radio for half an hour

getting out all kinds of information about how intelligent and social chickens are, and how they suffer in food production.” Debra Probert, Executive Director, Vancouver Humane Society, British Columbia

“I sent International Respect for Chickens Day information to all the chicken webcams and the good news is I had a positive response.” – Beckie Hall

“We distributed your pamphlets and it was very fulfilling getting the information out. Yes, having an international day for respecting chickens is a wonderful ‘in.’” – Jill Doornick, Animal Nation, Rye, New York 

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Battery Cages for Laying Hens – Going, Going . . . Gone?



Activist Who Filmed Wegmans Egg Farm Cruelty Acquitted of Burglary

“Yes, 12 people decided to put a chicken’s needs above their property value” – Adam Durand, acquitted activist, to UPC via email, May 5, 2006

International Respect for Chickens Day, May 4, 2006, was the historic day that a jury in Wayne County, New York acquitted **Compassionate Consumers investigator Adam Durand**, of Rochester, NY, of all three counts of felony burglary and three counts of petit larceny - charges that could have put him in prison for 7 years – for sneaking into a **Wegmans Food Markets egg farm** to document the conditions and remove eleven suffering hens.

Acquitted of felony charges, Durand was, however, convicted by the jury of misdemeanor criminal trespassing. For this he was sentenced by Judge Dennis Kehoe to six months in jail, one year probation, 100 hours of community service, and \$1500 in fines for what the judge called Durand’s “inexcusable conduct.”

On three separate occasions in 2004, Durand and two colleagues videotaped the decaying corpses of caged hens, hens with untreated eye infections, and hens with their heads caught between cage bars where they died, and were dying, immobilized.

Scenes in the half-hour documentary, *Wegmans*

Cruelty (available from UPC for \$10 and viewable at WegmansCruelty.com) show a hen submerged in excrement in the manure pits beneath the cages, a hen covered with flies, and the indescribable filth, misery and neglect of the Wegmans egg operation, which, despite Wegmans’ reputation as a progressive grocery chain, is just like every other battery hen operation caught on tape. For example, footage obtained last October at an Ontario battery-hen farm – owned, it turns out, by a veterinarian – shows, in the words of the Vancouver Humane Society in British Columbia, that contrary to Canadian egg industry claims, the situation in Canada “is no different than the horrible cruelty that is being uncovered in the US.”

Wegmans was fittingly “caught between the bars” – insisting that the scenes in *Wegmans Cruelty* didn’t come from their farm, while the very act of pressing charges against Durand was an admission that the scenes did come from their farm.

Seeking to shake off the bad publicity, Wegmans invited reporters to tour their Wolcott facility where the investigation took place (after having refused a tour to Compassionate Consumers prior to the break-in). But as the Rochester *City Newspaper* reported on May 10, even though the manure mounds beneath the cages were down to one or two feet high from the four to six-foot high mounds the investigators taped, “What was the



This photo of Indonesians burning live chickens to destroy the “evil spirits” they blame for avian influenza could as easily have been taken at Kreider Farms in Pennsylvania.

"I SEE LIVE CHICKENS THROWN INTO THE FIRES IF THEY ARE DYING AND I CAN ONLY IMAGINE HOW MUCH PAIN THEY FEEL BEING BURNED ALIVE. SOMETIMES I SEE THE WORKERS TAKE CHICKENS BY THE HEAD AND SWING THEIR BODY TO BREAK THEIR NECKS BEFORE THEY BURN THEM BUT MOST TIMES THEY DON'T CARE IF THE CHICKENS ARE ALIVE BEFORE THEY THROW THEM IN THE FIRE."

-Kreider Farms employee

same in both the video and the media visit were the cages themselves.” A Wegmans cage holds 4 to 7 hens. Each hen has 75 square inches of living space – less than a sheet of typing paper. The cages “are stacked four high and run the full length of the building, about 400 feet (that’s the length of a football field, plus 100 feet).”

This case was covered by the Associated Press, *The New York Times*, ABC’s *Primetime*, and other media. To learn everything about the case, visit Wegmanscruelty.com. To help with Adam Durand’s Legal Defense Fund, send a check to: Compassionate Consumers, PO Box 18552, Rochester, NY 14618-0552.

“Animal Care Certified” is now “United Egg Producers Certified”: Misleading Egg Carton Labels Continue

Wegmans was one of many egg companies dubbed “Animal Care Certified” by the US trade group United Egg Producers. “Animal Care Certified” falsely suggested that the hens owned by these companies are treated humanely. However, in 2005, the Federal Trade Commission announced that the “Animal Care Certified” logo on egg cartons must be off the shelves by April 1, 2006 – the result of the activist group Compassion Over Killing’s campaign to end the egg industry’s public relations lie. And now? According to their website, unitedegg.org, United Egg Producers has “unveiled a new animal care certification logo to appear on egg cartons nationwide.” Don’t be fooled: “Shells From Hell” is the only correct label for these miserable eggs.

Lancaster County, Pennsylvania Egg Farms Exposed

An undercover investigation at **Esbenshade Farms** in Mount Joy, PA, in Lancaster County, has resulted in 35 counts of animal cruelty lodged against Esbenshade’s chief executive and its farm manager. The investigation, led

by Compassion Over Killing, documents the same appalling conditions at Esbenshade as those found at Wegmans: hens stuffed in cages with body parts immobilized between cage bars, sick and injured hens, decomposing corpses, toxic ammonia fumes rising from the manure pits, suffering and cruelty beyond description.

Similar conditions have been documented by investigators at **Kreider Farms**, also in Lancaster County, PA (on the web at KreiderCruelty.com). Hugs for Puppies, a Philadelphia-based group, reported in their Spring 2006 newsletter that “Kreider Farms, which houses 3.5 million hens in five production facilities in Lancaster

What's the Difference Between Free-Range and Cage-Free?

“Free-range” hens live in buildings that are supposed to allow some access to the outdoors, which may or may not include grass. “Cage-free” hens live entirely indoors in large buildings. Regardless of how the hens are kept, or what the labels say, virtually all hens used for egg production are debeaked at the hatchery as soon as they're born, and they are sent to slaughter or to live bird markets after a year or two of laying eggs. In addition, their food may be periodically reduced or withheld in the practice known as forced molting, and virtually all hens are deprived of food several hours or days before going to slaughter, as producers don't like to feed birds whose eggs they can't sell. Called “old” or “spent” by egg producers, hens sent to slaughter at a year or two old are extremely young birds, more like teenage girls than older women. And for every egg-laying hen, a male chick is born who is suffocated to death in trashcans, ground up alive, or electrocuted at the hatchery for lack of commercial value (roosters don't lay eggs).

Something else to be aware of is that producers who keep millions of hens in battery cages often run smaller units of, say, 20,000 “cage-free” hens per henhouse, whose eggs are sold under a different label. Not surprisingly, a cage-free producer explains in Peter Singer & Jim Mason's new book *The Way We Eat: Why Our Food Choices Matter* that “at times these producers will have surplus caged eggs they can't sell,” and “Where do you think those eggs are going to be going? In cage-free cartons” (pp. 109-110).

County, claims that its chickens are ‘happy and well-treated’ but what Hugs investigators found was a disturbingly different reality.”

What Can I Do?

🐔 The most ethical and compassionate decision a consumer can make is to go egg-free. For great egg-free recipes, order *Replacing Eggs* from UPC (\$3.50 includes shipping) and *Instead of Chicken, Instead*

of Turkey: A Poultryless “Poultry” Potpourri (\$14.95 includes shipping).

🐔 Urge grocery stores, restaurants, and egg producers to switch to cage-free – or better yet, free-range – eggs, which will save millions of hens from a horrible life in cages. Approximately 80 universities in the United States have switched to cage-free eggs during the past year, including Ohio State University. Grocery chains including Whole Foods and Wild Oats have stopped selling eggs from caged hens, and America Online and Google employee cafeterias will no longer serve eggs from caged hens. Paul Shapiro, who heads the cage-free campaign for The Humane Society of the United States, may be contacted for ongoing campaign information at 301-721-6432 or by email at pshapiro@hsus.org.

🐔 Tell Wegmans and United Egg Producers you refuse to buy eggs from battery-caged hens and urge them to get rid of the cages. Contact:

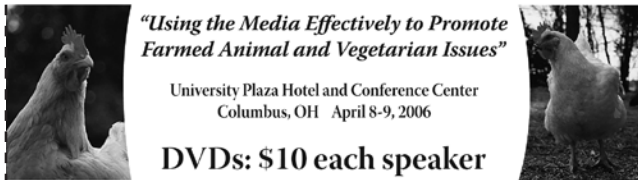
Wegmans Foods Markets, Inc.
c/o Jeanne Colleluori, Consumer Affairs
1500 Brooks Avenue, PO Box 30844
Rochester, NY 14603-0844
Phone: 585-464-4760 or toll free 800-
WEGMANS (934-6267)
TDD (For the Hearing Impaired) 328-
8360
Email: Jeanne.Colleluori@wegmans.com
Website: www.wegmans.com

Al Pope, President & CEO
United Egg Producers
1720 Windward Concourse, Suite 230
Alpharetta, GA 30005
Phone: 770-360-9220
Fax: 770-360-7058
Email: info@unitedegg.org
Website: www.unitedegg.org 🐔

UPC's Forum on Using the Media Effectively to Promote Farmed Animal and Vegetarian Issues, April 8-9, 2006



UNITED POULTRY CONCERNS' 6TH ANNUAL FORUM



SPEAKERS (please check)
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"This was the most useful – pragmatic, focused – out of many animal rights conferences I have attended because it zeroed in on an important, timely issue and addressed topics critical to those of us who are already active for animals."

"This was an excellent conference. Everything was valuable." – UPC Forum attendees, April 2006

We're pleased to announce that the Forum presentations are available on DVD at \$10 per taped speaker. These high quality DVDs provide an excellent opportunity to educate ourselves and others about farmed animals and how to be better communicators on their behalf via public access television and other venues. UPC is grateful to Annie and Neil Hornish of Vegan Video and to all of the speakers whose presentations were so motivating and inspiring. Thank You!

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 upcoming events**

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“Wings” Lecture Event Highlights the Plight of Domestic Fowl

(Adapted from the Animal Rights Coalition newsletter)

The “Wings” lecture event in February at the Hopkins Center for the Arts in Minneapolis brought together artists (Mary Britton Clouse, Steve Nowatzki, and Vazalt) and speakers who have dedicated their lives to helping birds and other animals. Each artist explored, in a personal way, the plight experienced by birds as unique individual beings and the tragedy that happens when human interests collide with the interests of birds on the factory farm, in the exotic pet industry, and in vanishing native habitat.

As part of this event, the Minnesota Animal Rights Coalition sponsored a lecture by author/scholar **Dr. Karen Davis**, President and Founder of United Poultry Concerns, entitled “**The Unseen Being Revealed: The Plight of Domestic Fowl.**” Her deeply moving presentation included photos and first-hand accounts of the conditions experienced by battery hens who are raised for their eggs and chickens who are raised for the meat industry. 🐔

Animal Acres

On May 6, UPC President Karen Davis spoke at the first annual **Animal Acres Hoe Down**, an event to teach people about compassionate resources in their community and educate participants about farmed animal issues and what they can do to help. Karen talked about what led her to start United Poultry Concerns and why it is so important to stick up for chickens, turkeys, ducks and a vegetarian lifestyle. Animal Acres is a Los Angeles farmed animal sanctuary directed by Farm Sanctuary co-founder Lorri Bauston. For information call 661-269-2194 or visit www.animalacres.org. 🐔

Upcoming Events at which UPC President Karen Davis Will Speak

Vegetarian Summerfest, Johnstown, PA, July 5-9. The North American Vegetarian Society celebrates Summerfest’s 31st anniversary with 5 days of food, families and fun. For information call 518-568-7970 or visit www.vegetariansummerfest.org.

Animal Rights 2006 National Conference, Washington, DC, August 10-14. World’s largest & oldest animal rights conference observes the 25th anniversary of our movement. 100 presenters. For information, call 888-ASK-FARM (275-3276) or visit www.ARConference.org.

“**The Strength of Many,**” 21st Annual International Compassionate Living Festival, Los Angeles, October 6-8. Co-produced by the Animals and Society Institute and Tom Regan and the Culture and Animals Foundation. For information call 410-675-4566 or visit www.animalsandsociety.org/conference06.htm. 🐔



Protest Reptile Gardens Chicken Slot Machine Games

“Forcing chickens to play basketball is not a humane way to treat them, no matter what kind of rationalization is attempted. Chickens are foraging animals. They belong on the ground, scratching the earth, taking sun baths and dust baths . . . and running around.”

--UPC President Karen Davis quoted in “Group wants Reptile Gardens to abandon chicken games,” by Scott Aust, *Rapid City Journal*, April 9, 2006

In the last issue of *Poultry Press* we reported that Reptile Gardens, a tourist attraction 6 miles south of Rapid City, South Dakota, forces chickens to play “basketball” and tic tac toe locked inside slot machines. 300,000 visitors are exposed to this inhumane spectacle each year between April and December. According to Roadsideamerica.com, an online tourist guide, “The chickens sit in glass-fronted boxes and perform whenever passersby deposit quarters.” In an email to United Poultry Concerns, a woman quoted her mother who complained that the chickens she watched last year at Reptile Gardens were trying “frantically and pathetically” to complete the games.

In March, UPC wrote to Reptile Gardens president Joe Maierhauser urging that the chicken games be eliminated from the company’s attractions. In response Mr. Maierhauser wrote back that “Just this past year we closed our trained animal shows” because it “seems the general public is no longer interested.” UPC said this is an encouraging sign that the public is growing more interested in what animals do naturally in their own habitats and in refuges that seek to reproduce more natural environments.

UPC’s protest was covered in Roadsideamerica.com on May 5. According to the article, UPC “believes that no animals should be on exhibit, period, and that if humans want to watch animals they should do so via closed-circuit video, which would allow the animals to live in natural settings. [Reptile Gardens] can upgrade. Great big screens of reptiles and other animals in their natural habitats, photographed by professionals – that would be great . . . instead of falling back on a mechanical contraption that just shows a level of [human] imbecility.”

What Can I Do?

🐔 Urge Reptile Gardens to discontinue its chicken “basketball” and tic tac toe games. In an email to UPC, Reptile Gardens president Joe Maierhauser wrote that today’s generations “want more computerized, video-based, animated entertainment” and that Reptile Gardens has “been discussing some of the legitimate comments” they’ve received, noting that “[t]hings that have been acceptable practice in years gone by would not meet today’s lowest standards.” That fits chicken basketball and the like to a tee.

Contact:

Joe Maierhauser, President & CEO

Reptile Gardens

PO Box 620

Rapid City, SD 57709 USA

Phone: 605-342-5873 or 1-800-335-0275

Fax: 605-342-6249

Email: getinfo@reptilegardens.com

<http://www.reptilegardens.com/contactus.html>

Columbus, Ohio



Photo By: Ron Laymon

Dear Friends of United Poultry Concerns,

Thank you for your kind and generous support in 2006. As you know, we depend entirely upon your continuing donations to carry out our work. Among our many expenditures, we pay \$4000 each year in July for the audit that's required to be part of the **Combined Federal Campaign** and as part of our pledge to our donors that the money you give is used solely to advance our mission.

One of our many projects in 2006 is putting up billboards in major cities – Columbus, Ohio in May, Dallas-Fort Worth in June – and more to come!

Billboard prices vary from city to city, but the average cost of a PSA (public service announcement) billboard is \$600 - \$700. Commercial billboards cost twice as much.

Please support our Billboards Campaign. We're targeting major US cities (markets) this year as our budget permits. To support our Billboard Campaign, please send your check or money order to UPC, PO Box 150, Machipongo, VA 23405. To donate online by using your credit card, simply go to our website at www.upc-online.org. Thank You!



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Ducks and Geese

Pier 1 Drops Feathers from Pillows

In January 2005, United Poultry Concerns joined the animal rights group Viva!USA in urging Pier 1 Imports to stop selling pillows and comforters filled with duck feathers. In March 2006, Pier 1 agreed, stating:

“Pier 1 has already made a strategic business decision to carry only fiber-filled pillows, and therefore will no longer carry feather-filled pillows in the future.”

In fact, it was the animal advocacy community that convinced Pier 1 to drop the pillow feathers. Feathers used in pillows and comforters come from ducks raised in filthy factory-farm sheds, who are possibly live plucked, and then brutally slaughtered. UPC thanked Pier 1 for doing the right thing, and you may, too, by contacting:


Pier 1 Imports
301 Commerce Street
Fort Worth, TX 76102
800-245-4595

www.pier1.com/company/customerrelations.asp 




UPC Sanctuary

Israel Rules Force-Feeding Must End

In August 2003, the Israeli High Court of Justice ruled that the force-feeding of geese with long metal tubes violates the country's animal protection law. In March 2005, the court criticized the Ministry of Agriculture for delaying compliance and ruled that the practice must end. When that didn't happen, the court criticized the state for failing to do its law enforcement duty and stipulated that the force feeding of geese had to end by mid-April of 2006, and that all 57,000 geese force fed to produce foie gras must be slaughtered. 

Chicago Bans Foie Gras Sale

On April 26, 2006, the Chicago City Council passed an ordinance prohibiting the sale of foie gras, a “gourmet” product made from the diseased livers of force-fed ducks and geese. Authored by Chicago Alderman Joe Moore, the bill to ban the sale of foie gras won the unanimous support of the Chicago City Council on Health and was endorsed by Chicago chefs. The Illinois state legislature has a similar bill pending, and California's ban on the production and sale of foie gras is scheduled to go into effect in 2012. Activists are now gathering signatures in Philadelphia to ban the product there.

Meanwhile, foie gras producers are poised to fight back. A May 3 article in *The New York Times* (Marian Burros, “Organizing for an Indelicate Fight”) said that Sonoma Foie Gras in California has filed a lawsuit against the natural-food grocery chain Whole Foods, charging the company with “intentional interference with contract” for telling Grimaud Farms, which sells duck meat to Whole Foods, to stop slaughtering and distributing Sonoma's force-fed ducks or lose Whole Foods' business. Despite selling duck meat, Whole Foods has a written policy not to sell foie gras, “because of the cruelty.” On May 1, Hudson Valley Foie Gras (NY), Sonoma Foie Gras, Rougie (Canada) and D'Artagnan formed the North American Foie Gras Producers Association. They've hired a PR and lobbying group to examine the constitutionality of laws banning foie gras production or sale. 

Shipping Baby Chicks: Oppose Senate Bill 2395



Newborn birds are routinely shipped through the mail, including airmail, as “perishable matter.” They are shipped and treated like luggage. Postal regulations require only that the birds be delivered to the receiver (game fowl breeders, 4-H, commercial laboratories, etc.) within 72 hours of hatching, with no provisions for food, water, or weather. As a result, millions of baby chicks, ducklings and other “poultry” are delivered dead and dying each year. Unclaimed birds may be left to die, suffocated in plastic bags, and otherwise cruelly disposed of. Postal workers who find boxes of dead and dying baby birds shipped through their facility are forbidden by law to intervene. **Avian veterinarian Joanne Stefanatos, DVM explains:** *“The stress of improper housing, shipping and transport, malnutrition and water deprivation is directly responsible for the high mortality rate of chicks and hatchlings. There are numerous volumes of research papers to confirm this fact.”*

Responding to complaints from animal advocates, postal service employees, and others including FedEx (which took over the Eagle Service previously run by the US Postal Service and which doesn’t want to ship birds as mail), the US Postal Service made mild changes requiring that the shipment of all live animals be coordinated through central offices to ensure their arrival, and setting a 4-hour limit on ground transportation.

In response to these modest proposals, Senator Charles Grassley of Iowa has introduced S. 2395, a bill that would force the US Postal Service to accommodate the industry trade group Bird Shippers of America and its member associates including game fowl breeders, cockfighters, and poultry mail order hatcheries. S. 2395 would:

1. Force the US Postal Service to require certain airlines to transport birds.

2. Require those airlines to transport birds through connecting cities, not necessarily on direct flights.
3. Require those airlines to transport birds in any temperatures between 0 and 100 degrees Fahrenheit.

What Can I Do?

- 🐔 Contact your US Representative and your two US Senators and urge them to oppose S. 2395. Explain that birds should not be treated as common cargo, and that above 95 degrees F. chicks become dehydrated. Names and contact information for all US Members of Congress can be found at www.senate.gov or www.house.gov. Or call the 24-hour Capital Switchboard at 202-224-3121 for this information.
- 🐔 Contact US Postmaster General John E. Potter and urge the Postal Service to stop shipping live birds. At the very least, food and water should be made available to each bird within 4 to 6 hours of hatching; transportation of chicks should not exceed 4 hours, and air transportation of newly hatched chicks should be prohibited.

The Honorable John E. Potter
Postmaster General & CEO
US Postal Service
475 L’Enfant Plaza SW
Washington, DC 20260-1000
Fax: 202-268-5211 🐔

Book Review

Fowl! Bird Flu: It's Not What You Think



by Dr. Sherri J. Tenpenny, Insight Publishing, 2006

Softcover 295 pages

Order from the following websites:
 BirdFluHype.com DrTenpenny.com
 Call: 440-239-1878 and 866-325-8633 (mention FOWL! when you call)

\$24.95 USA \$29.95 Canada

Review by Karen Davis, PhD, President of United Poultry Concerns

The poultry industry would like everyone to think that the avian influenza virus that is currently infecting migratory waterfowl and domestic chickens is the result of birds running wild in the fresh air and open skies. The way to control the virus is to lock up every domestic chicken, turkey and duck, and when that doesn't work, exterminate them en masse and start over, ad infinitum. Between government subsidies, reimbursements and protective insurance policies, companies like Tyson and its Russian, Asian and South American allies can

exterminate thousands, even millions, of birds without losing a cent.

Dr. Sherri Tenpenny, an osteopathic medical doctor with an integrative medical practice located in Cleveland, Ohio and the author of *Fowl!*, is one of a growing group of reputable people who argue that the big poultry companies and the genetics and pharmaceutical conglomerates of which they're a part "are positioned to capitalize on the opportunity presented by bird flu" to industrialize poultry farming worldwide.

Dr. Tenpenny shares the view presented by GRAIN (www.grain.org/go/birdflu), an international nongovernmental organization focusing on agriculture, in its February 2006 report "Fowl play: The poultry industry's central role in the bird flu crisis." GRAIN maintains that wild and free roaming birds "are not fuelling the current wave of bird flu outbreaks stalking large parts of the world." The geographical spread of bird flu does not match migratory bird routes and seasons so much as it matches proximity to industrialized poultry farms and trade routes.

Nor is the mass-killing of birds confined to "traditional" cultures, whose brutal live burials and live burnings of birds are glimpsed in the news. Chickens, turkeys and ducks on North American factory farms, like those in China, Thailand, India and elsewhere, are routinely, and with equal brutality, "culled" (exterminated) to control the virulent strains of avian flu and other transmittable diseases that rage in the squalid confines of the football-field long, sunless poultry sheds. As noted by GRAIN, "Rare are photos of the booming transnational poultry industry. There are no shots of its factory farms hit by the virus, and no images of its overcrowded trucks transporting live chickens or its feed mills converting 'poultry byproducts' [diseased dead birds and manure] into chicken feed."

Planetary Poisons and Bird Flu

Dr. Tenpenny probes even further. She argues in *Fowl!* that toxic residues of dioxin and thousands of other poisonous chemicals added through nuclear radia-

tion and nuclear waste are contributing to illness in migratory birds, domestic fowl, and humans. In particular she cites the Vietnam era “Agent Orange,” coupled with irresponsible environmental policies in Southeast Asia, China and other parts of the world, including the toxic waste dumps in which chickens are raised. Instead of blaming wild birds for bird flu, she says:

More likely, the horrific living conditions of industrially raised chickens and the exposure of wild birds to substantial environmental toxicities – including pesticides – have suppressed the immune system of both sets of birds. During long migrations, the birds undergo stressful conditions that utilize energy reserves. Increased utilization of fat stores will mobilize the chemicals that are stored in fat, creating acute poisoning of the birds. The combination of environmental toxicities – dioxin, radiation, and other POPs [persistent organic pollutants], combined with H5N1 – has led to deadly inflammation in the tissues in both types of fowl, leading to their demise. Wild birds and domestic chickens may well be described as the *victims* of bird flu, not the *vectors*, and H5N1 is a *contributing factor* to the demise of birds loaded with toxicities rather than the *causative* factor. What is happening to the birds around the world should be serving as a resounding wake-up call for the foul condition of the planet Earth (pp. 195-196).

What About Vaccines?

Vaccines are part of the pollution. The pharmaceutical industry, Dr. Tenpenny and others assert, is using bird flu to rev up the vaccine business by creating a wave of hysteria so people will rush out and buy Tamiflu or its evil twin, products more likely to add to their body’s toxic burden than save them from the flu. In lively prose, she charts the history of flu epidemics, pseudo-epidemics and vaccine promotions, past and present, on the part of government and industry armed with free publicity from the media. “Hundreds of millions of dollars,” she writes, “have been lavished by Congress to ensure every part of the vaccine development process is in place for the new bird flu vaccine: Development grants, tax credits, advanced purchase

commitments, and most importantly, laws that will absolve the companies from all product liability issues that may arise from use of an unsafe product” (pp. 67-68).

To learn how vaccines are made, read the chapter “Influenza Vaccines: What’s In That Needle?” Everything from formaldehyde to mercury is involved, not to mention the “accidental” viruses that get loaded into the shot. Flocks of chickens are kept in sterile laboratory cages to produce the tens of millions of fertile eggs in which influenza viruses are grown. When the embryos’ lungs are sufficiently infected, the eggs – with the live birds in them – are placed in coolers and subsequently centrifuged. The final product contains residual egg proteins, so people with egg allergies are advised not to get a flu shot.

What Can We Do?

Dr. Tenpenny writes: “After detailing this vivid description of the manufacture of the influenza vaccine, the thought of injecting this into your body – or the body of your baby – should be repugnant” (p. 72). What else can a person do besides avoiding flu shots and rejecting the hype? “Clean up your diet,” she says. Get rid of the white sugar and flour, food additives and genetically modified products. But she shies from the most important thing - eliminating the repugnant ingestion of poultry and eggs, the mass consumption of which products is the root source of bird flu, many human illnesses, and a guarantee that the mass exterminations and other vicious treatment of wild and domestic birds will not end ever.

At the same time, Dr. Tenpenny urges people to get publicly active, and her list of things to do includes “animal rights” and “humane handling of poultry.” Citing information from United Poultry Concerns, and encouraging readers to support United Poultry Concerns, she makes it clear that the life of birds on factory farms is horrible: “Unknown to most, chickens have a carefully regulated social life and a cohesive social structure; extreme crowding stresses the birds and increases the possibility of illness. Beyond the crushing confinement, conditions within most [poultry houses] are filthy, forcing birds to be reared in complete squalor” (p. 171).

Dr. Tenpenny was a featured speaker at United

Poultry Concerns' Forum in Columbus, Ohio in April on "Using the Media Effectively to Promote Farmed Animal and Vegetarian Issues." She spoke vividly on issues raised in her book. Having heard Dr. Tenpenny, I can vouch that she is a terrific, very professional and informative lecturer who welcomes speaking engagements. She's been very kind in acknowledging the contribution of United Poultry Concerns to her understanding of chickens and their plight. Just after the conference, she wrote to me, "Before I came across your information for the book, I was clueless about the farm

animal issue. I never gave it much of a thought, and really didn't think of chickens as having feelings." I'm glad she found us.

And I like what she says at the end of *FOWL!* "Speaking out," she says, "is not being a zealot or a fanatic. George Washington, Thomas Jefferson, and Patrick Henry were all branded extremists and radicals by agents of the British Crown. If your friends label you as such, you are in pretty good company." There you have it. Stick up for chickens, don't eat animals, go vegan, and tell the world why. 🐔

Freddaflower Memorial & Appreciation Fund



UPC sanctuary assistant Carol Baker and Moses

The pain of losing them is the price we pay for the privilege of knowing them and sharing their lives. . .

. . . Vicky Barbee

We thank those people who have contributed to our work with recent donations *In Loving Memory and in Honor and Appreciation* of the following beloved family members and friends:

In honor of St. Martin De Porres. – *Brien J. Comerford*

In honor of Leonard, Nathaniel, Julie, and Fredericka. – *Paul Deane*

In memory of my dear chicken and goose friends who passed on: Pufflet, Miss Henny Penny, Peeps, Clucky, Cinnamon, Mr. Big Tops, and Lucy. – *Tierney Grinavic*

In loving memory of the billions of birds who have been slaughtered – and will be slaughtered – in the name of "Bird Flu." – *Josephine Sherlock*

In memory of Sunny. She left an indelible mark and a gaping hole within my life. I don't believe I have ever bonded as closely with any companion animal in my 38 years. I willingly share her story and explain the cruelty of factory farming to others. I have removed eggs from my diet – only milk left to go. This is Sunny's portrait. She was about 5 months old. – *Amanda Willis*



In memory of Florence, beloved UPC sanctuary turkey who lived with us from January 2000 until March 7, 2006. Florence died quietly on soft straw in front of her house in the waning sunlight, surrounded by the chickens who stood by her to the end. – *Karen Davis*



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\$19.95 for 20 cards. \$38.95 for 40 cards.
 Envelopes included. Single card & envelope \$1.00.



POSTERS

A Heart Beats in Us the Same as in You

Photo by People for the Ethical Treatment of Animals
 Full-color poster vividly captures the truth about factory chickens for the public. Vegetarian message. 18"x22".



Friends, Not Food

Photo by Franklin Wade
 Liqin Cao & FreddaFlower.
 Full color 19"x27" poster.



What Wings are For: Chicks Need Their Mothers

Photos by Kay Evans & Karen Davis
 Great educational tool. Full color 11-1/2"x16" poster.



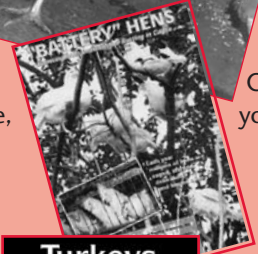
Walking to Freedom After a Year in Cages

Photo by Dave Clegg
 Full color, 18"x22" poster.



"Battery Hens"

Photo by Susan Rayfield
 Roosting in Branches After Rotting in Cages
 This beautiful color poster shows the rescued hens at UPC. Perfect for your office, your home, school — Size 11.5 inches



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Great Turkeys Poster!

Photos by Barbara Davidson & Susan Rayfield
 The posters are in color, and come in sizes; 11.5" x 16", and 18" x 27"



two

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This horrific 11-minute video takes you inside a typical live bird market in New York City. An alternative to "factory farming"? Watch and decide. VHS and DVD. \$10

Behavior of Rescued Factory-Farmed Chickens in a Sanctuary Setting

By United Poultry Concerns

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45 Days: The Life and Death of a Broiler Chicken

By Compassion Over Killing

This 12-minute video shows the pathetic industry treatment of the more than 8 billion baby "broiler" chickens slaughtered each year in the US. VHS and DVD. \$10



Hidden Suffering

By Chickens' Lib/ Farm Animal Welfare Network

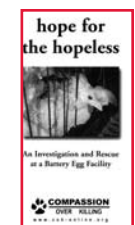
This vivid half hour video exposes the cruelty of the battery cage system and intensive broiler chicken, turkey and duck production. VHS. \$10



Egg-ribusiness

By Farm Sanctuary

This fully narrated video illuminates the intolerable conditions imposed on egg laying hens and unwanted male chicks by the US egg industry. 14 minutes. VHS. \$10



Hope for the Hopeless

By Compassion Over Killing

An Investigation and Rescue at a Battery Egg Facility documents the living conditions of hens at ISE-America in Maryland. www.ISECruelty.com 18:28 minutes VHS. \$10

Ducks Out of Water

By Viva! International Voice for Animals

This powerful 5-minute video takes you inside today's factory-farmed duck sheds in the US. VHS. \$10

Delicacy of Despair

By GourmetCruelty.com

This investigation and rescue takes you behind the closed doors of the foie gras industry and shows what ducks and geese endure to produce "fatty liver." 16:30 minutes. DVD. \$10



Humane Slaughter?

By Farm Sanctuary

Humane Slaughter takes the viewer into poultry slaughterhouses to witness the horrendous suffering endured by chickens and turkeys. 9 minutes. VHS. \$10

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Animal Place: Where Magical Things Happen

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Enchant young children with this charming tale about a stubborn girl who is secretly touched by a cow while visiting a sanctuary for farm animals. \$11.00

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By Jackie Greene

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Goosie’s Story

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A Boy, A Chicken and The Lion of Judah – How Ari Became a Vegetarian

By Roberta Kalechofsky

This wonderfully gifted children’s story, set in modern Israel, is about a young boy’s quest for moral independence. An intelligent book for all ages. Winner of the Fund for Animals “Kind Writers Make Kind Readers Award.” \$10.00

Nature’s Chicken, The Story of Today’s Chicken Farms

By Nigel Burroughs

With wry humor, this unique children’s story book traces the development of today’s chicken and egg factory farming in a perfect blend of entertainment and instruction. Wonderful illustrations. Promotes compassion and respect for chickens. \$4.95

Minnie’s Dream

By Clare Druce

What happens when a young girl from the city discovers a battery-hen operation in the country? What happens when a “battery hen” named Minny speaks to her? What must she do when her friend Minny is going to be killed? This book is a must for the young person(s) in your life, age 8-14. \$10



The Holocaust and the Henmaid's Tale: A Case for Comparing Atrocities

By Karen Davis

In this thoughtful and thought-provoking contribution to the study of animals and the Holocaust, Karen Davis makes the case that significant parallels can – and must – be drawn between the Holocaust and the institutionalized abuse of billions of animals on factory farms. \$20



More Than a Meal: The Turkey in History, Myth, Ritual, and Reality

By Karen Davis

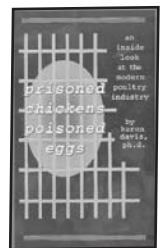
Karen Davis shows how turkeys in the wild have complex lives and family units, and how they were an integral part of Native American and continental cultures and landscape before the Europeans arrived while drawing larger conclusions about our paradoxical relationship with turkeys, all birds and other animals including other human beings. \$20



Prisoned Chickens, Poisoned Eggs: An Inside Look at the Modern Poultry Industry

By Karen Davis

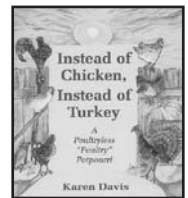
This book is a fully-documented source of up-to-the-minute information about chickens, including everything from how a chick develops inside an egg to the causes of salmonella, and much more. Provides a chilling account of the morally handicapped poultry & egg industry. \$14.95



Instead of Chicken, Instead of Turkey: A Poultryless "Poultry" Potpourri

By Karen Davis

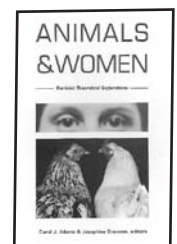
This delightful vegan cookbook by United Poultry Concerns, Inc. features homestyle, ethnic, and exotic recipes that duplicate and convert a variety of poultry and egg dishes. Includes artwork, poems, and illuminating passages showing chickens and turkeys in an appreciative light. \$14.95



Animals and Women: Feminist Theoretical Explorations

Edited by Carol J. Adams & Josephine Donovan

"Karen Davis's brilliant essay [Thinking Like a Chicken: Farm Animals and The Feminine Connection] brings together the books' central concepts, leading to conclusions that rightly should disturb feminists and animal advocates alike." – Review by Deborah Tanzer, Ph.D. in The Animals' Agenda. \$16.95



Replacing Eggs

By United Poultry Concerns

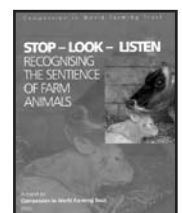
Sick of salmonella? Our exciting booklet invites you to cook and eat happily without eggs! 16 delicious recipes. \$3.50



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By Compassion in World Farming

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- "Why Be Concerned About Mr. Perdue?"
- "The Rougher They Look, The Better They Lay" (free-range egg production)
- "Intensive Poultry Production: Fouling the Environment"
- "Philosophic Vegetarianism: Acting Affirmatively for Peace"
- "The Rhetoric of Apology in Animal Rights"
- "Providing a Good Home for Chickens"
- "Chicken Talk: The Language of Chickens"
- "Celebrate Easter Without Eggs"
- "Chicken for Dinner: It's Enough To Make You Sick"
- "Say Hi To Health and Bye To Shells From Hell"

"Guide to Staffing Tables: Do's & Don'ts"

- "Assume No Animal Products are Safe"
- "Henny's New Friends"

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- "Chickens"
- "The Battery Hen"
- "Turkeys"
- "Ostriches & Emus: Nowhere To Hide"
- "Japanese Quail"
- "Ducks: Free as a Bird"
- "The Use of Birds In Agricultural and Biomedical Research"
- "'Free-Range' Poultry and Eggs: Not All They're Cracked Up to Be"
- "Live Poultry Markets" (in English, Hispanic, & Chinese)
- "Chicken-Flying Contests"

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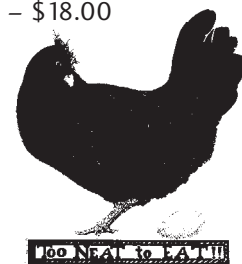




Photo by Karen Davis

UPC Chickens Enjoy the Woods

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