



With the support of the
Erasmus+ Programme
of the European Union



EAC/A02/2019

Grant Decision No 622350-EPP-1-2020-1-BE-SPO-SSCP

A new approach to Human Rights through martial arts

by



About us – project coordinator



The UPKL aisbl (Union of Professional Ki Life) is a Belgian no-profit international association. It was founded in 2013, October and is officially recognized as AISBL (association internationale sans but lucrative) on 15 January 2014 with Royal Act. WL22/16394 of the Ministry of Justice Belgium. UPKL aisbl is active at international level in different sport disciplines, qualifications and vocations, promoting and supporting the education development with a special focus on the teaching quality, and sustaining sport activity through the knowledge and the respect of Human rights. The purpose of UPKL is to support initiatives and decisions who will increase and make stronger the European identity of the citizens, respecting the differences of cultures and traditions. In the sport field, the aim of UPKL is to help reaching the goals indicated on the report of the European Parliament A7-0385, on the European dimension in sport. UPKL is stakeholder in HEPA XG, and, coherently with the HEPA recommendations and guidelines, it focused its action to implement the procedure of training and certification of the European Social Coach.

About us - Partners



ARAMIS - Associació de personas amb discapacitat física de Sant Boi was founded in 1992 as an association for people with disabilities. Aramis is a local independent organization based in Sant Boi de Llobregat (Barcelona). Through the years, Aramis incorporated sports as one of his activities, specially oriented for persons with special needs; actually, Aramis promote sports as a way of a healthy lifestyle, and work with all ranges of ages. The main goal of Aramis still is to integrate people with disabilities and make consciousness to others about the life with in disadvantaged conditions, so Aramis developed a special program to teach in primary schools different sports for groups and classes of children with mixed levels of abilities. Since 2012 Aramis started a martial arts program. Martial arts values, such as respect of the opponent; the conscience of their physical possibilities and limits perfectly fits with Aramis goals. Aramis developed the martial arts program in collaboration with JKDBarcelona. The teaching and practice of martial arts is always connected with skills of culture and philosophy.

About us - Partners



JEET KUNE DO FINLAND - Helsinki - is a non-profit organization that has been teaching martial arts since 2012. There you can study following arts: Lee Jun Fan Gun Fu & Jeet Kune Do, Wing Chun Kung Fu and Filippino martial arts, Kali, Eskrima and Silat. Jeet Kune Do Finland offers classes for children (age 4 to up) to any adults weekly. It also offers private teaching for individuals and groups. Jeet Kune do Finland collaborate with schools and with other associations in Helsinki and Oulu.

About us - Partners



BU SEN (Bresso – Italy) was founded on 24 September 1974 with the aim of proposing a judoistic vision linked to the tradition and education of young people. It adopts the inspiring principles of Jigoro Kano (founder of the Judo Kodokan method) and, in the following years, it adopts training and educational paths aimed at including people with cognitive and behavioral deficits. Bu-Sen promoted subsequently the association of Agorà Social Volunteering, the CondiVivere Foundation and the Social Cooperative "Sì, si può fare", in order to combine the playful-motor- educational action with the autonomy paths essential for the integration of young people, regardless of their abilities. The balance between sport-education and sport-competitive has always been the inspiring philosophy of the actions that Bu-Sen has undertaken and cultivates both internally and in the contacts of collaboration with the territory and its sports, social and institutional realities.

UPKL Practice Areas

UPKL develops initiatives in support of Active Citizenship policies through the figure of the European Social Coach, in the EU member states, and the International Social Coach in the non-EU states.

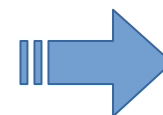
ESSC and ISSC teach the sports, arts, professions and crafts with an approach relevant to human rights and comply with the HEPA recommendation and the guideline "More active people for a healthier world" approved by the 'WHO.



Education. Look to the future.

The debate on what education we want for young people raises many questions.

- ▶ To what end does the older generation want to impose education on the younger generation?
- ▶ *What is the aim of the proposed educational model?*
- ▶ *What feelings does this approach arouse in young people?*
Why is this tradition, which feeds the intergenerational conflict,
- ▶ *consumed in every age?*
- ▶ *What is there to think about in order to adopt a model that is sustainable over time and acceptable to many future generations?*
- ▶ *Who should be invested with such a noble and difficult task as an educator?*
- ▶ *Who trains educators?*
- ▶ *With what philosophies and tools do we train educators and for what purposes?*





TRAINING CENTER PARTNER

Recognized by



The needs

Young people education

Leisure and the
interrelationship of people

Training and
professional qualifications
Martial arts sector

Tools

Multiplatform
www.sport-education.eu
www.europe-upkl.eu

Social network & ETF network

critical issues

educational poverty
and school dropout

Covid 19 and
Services fragmentation

No standard process

Services & Products

ESSC portfolio qualifications

European Private Welfare

WuLin Virtual Kwoon

Fitness Virtual Gym



**European
qualifications
regulatory body**

U.P.K.L. role

to organize qualifications
processes and the
TCP Manage system

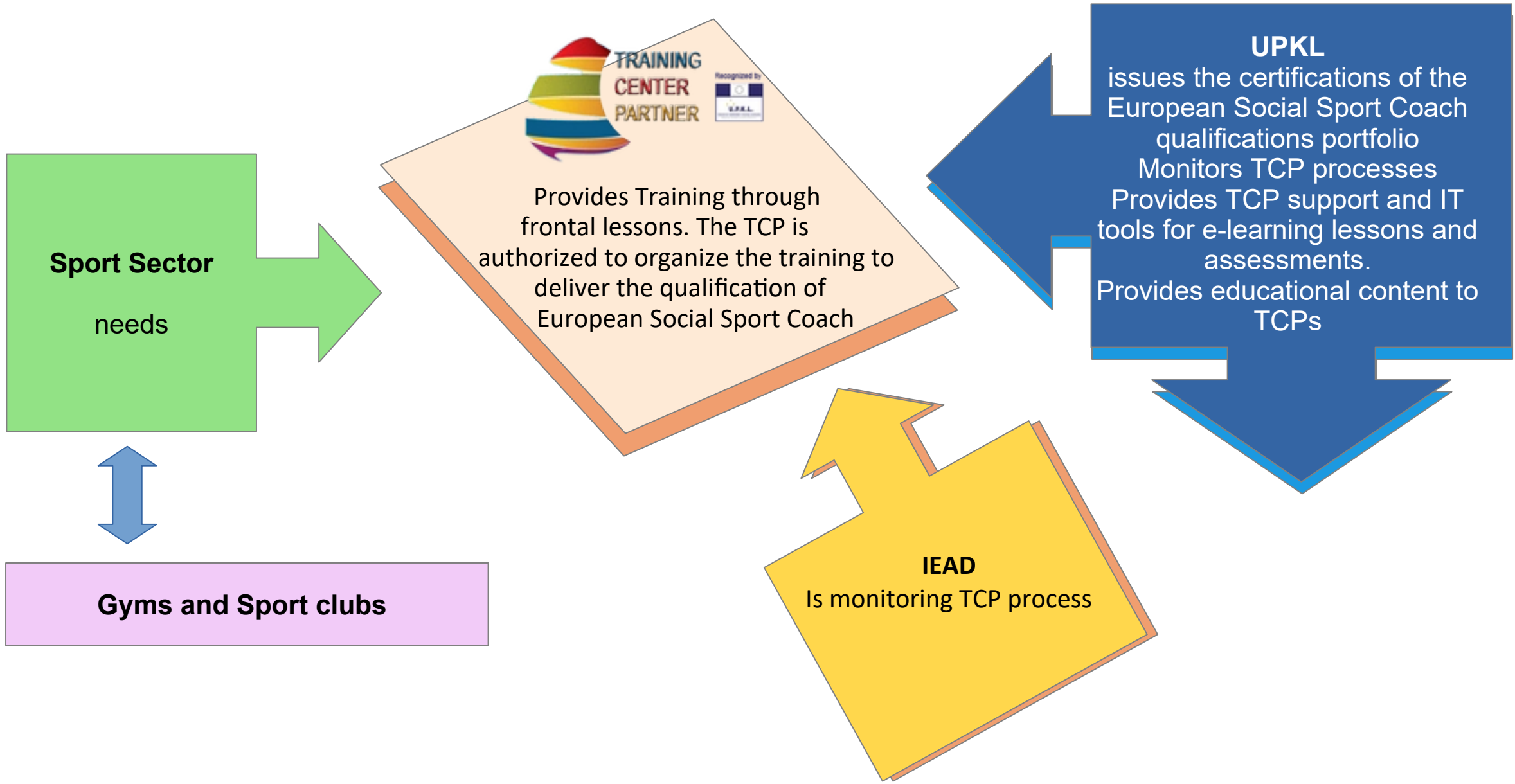
TCP center

Role

Training and delivery
portfolio qualifications

interface with family system and
local public institution
in order to application EPW

An example of the training flow and qualifications issued by U.P.K.L.



The research

Dati generali

Secondo i dati Eurostat, il tasso di APS non è affatto equilibrato all'interno dell'UE. In media, i dati rivelano che l'11% dei giovani (tra i 18 e i 24 anni), nell'UE dei 28 paesi membri (il valore era lo stesso nell'UE dei 27 paesi membri ma dell'11.6% nell'Eurozona), hanno abbandonato gli studi prematuramente nel 2015, si tratta di giovani che "hanno completato la scuola secondaria di primo grado e che non partecipano a percorsi di formazione e di istruzione" (Eurostat, 2016).



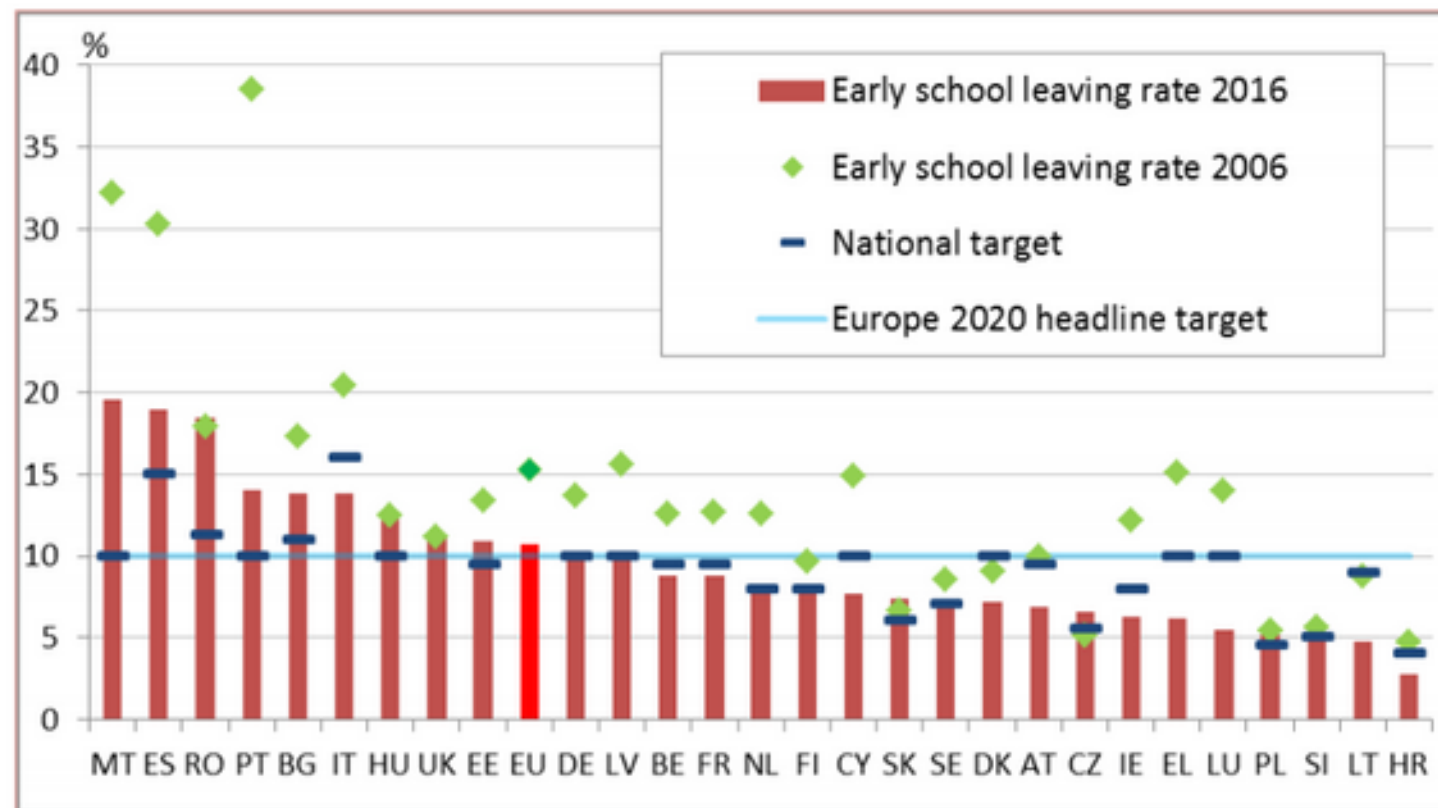
WP2 Lead Partner: Università di Murcia (Spagna)

Paz Prendes-Espinosa
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Grafico 2. Giovani che hanno abbandonato prematuramente l'istruzione e/o la formazione nel 2015, per paese

(Eurostat, 2016).

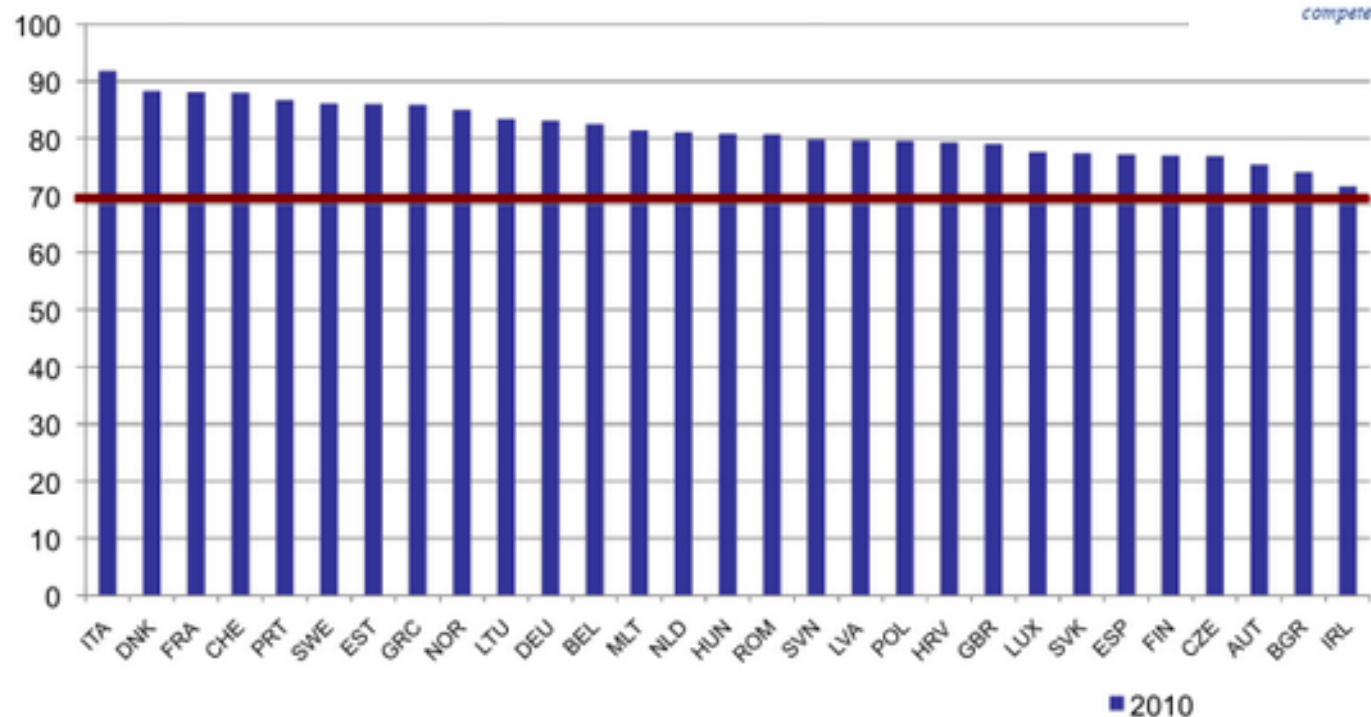
Figure 1 — Early school leaving, Europe 2020 headline target and national targets



Source: Eurostat (LFS, table [t2020_40]). National targets follow different definitions of the indicator in some countries. For further information on national targets and their definitions, see http://ec.europa.eu/eurostat/documents/4411192/4411431/Europe_2020_Targets.pdf.

The research

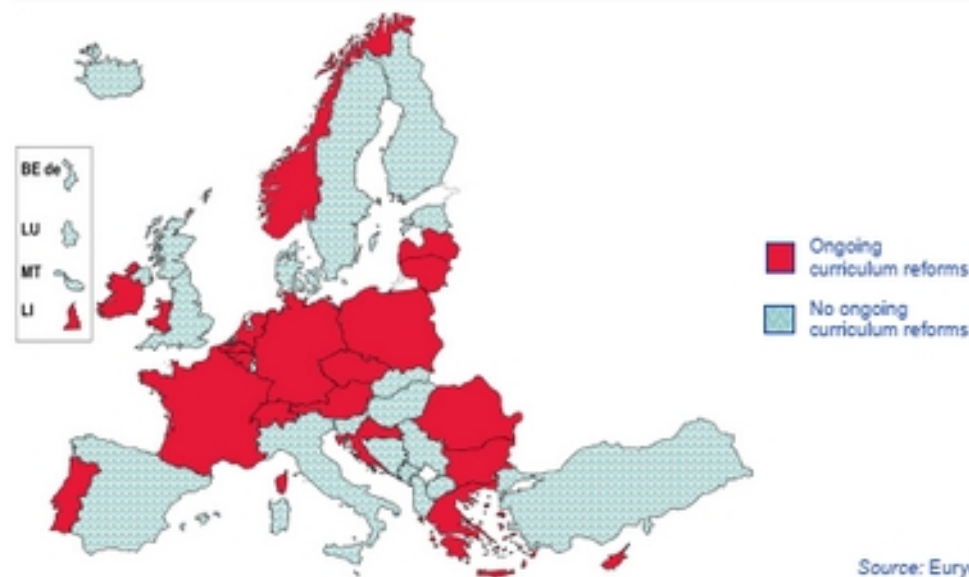
Insufficient physical activity among school going adolescents (11-17 years)



Half of the European education systems are currently engaged in curriculum reform related to digital competence.

- Half of the European education systems are currently reforming the curriculum related to digital competence (see Figure 2). The revisions aim either at introducing digital competence into the curriculum where it had not previously been addressed, or making the subject area more prominent. Some reforms are also about changing the curriculum approach, updating content or strengthening particular areas such as coding, computational thinking or safety.

Figure 2: Ongoing curriculum reforms related to digital competences in primary and general secondary education (ISCED 1-3), 2018/19



Source: Eurydice.

Explanatory note

This Figure is located in Chapter 1 'Curriculum' (see Figure 1.4).

THE BIG IDEA!

The idea of designing a new educational figure capable of combining the themes of social education with sport was born in Italy in 2003 from the observation of the social dynamics that characterised schools and martial arts gyms at the beginning of the century.

The sociological research carried out in those years on a sample of 5,000 young people aged between 6 and 18 had highlighted a strong social unease. The data collected in 2003 were used to sample and report the spread of a high rate of bullying, group violence, and the onset of a widespread lack of affection towards weak subjects.

These are phenomena that twenty years later are confirmed to have impressive growth rates even in areas of strong economic well-being.

In 2015, after many experiences with Italian institutions, two U.P.K.L. managers succeeded in sensitising the European Commission XG HEPA by presenting the European Social Sport Coach programme during the work of the Commission aimed at drawing up the HEPA Recommendation.

This is how the figure of the Certified Sports Coach was born, characterised by high skills in the educational and technical fields for the teaching of human rights through sport.

In 2018, the World Health Organization via HEPA communicated the “More active people for a healthier world” guidelines, a path to design new social models based on the approach to human rights and physical activity, and one that aims to involve European peoples in active citizenship processes.



Strength points

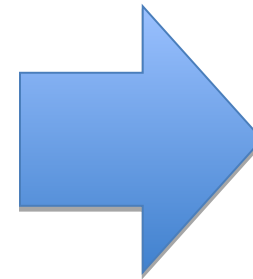
The ESSC portfolio qualified in the final HEPA report ensures quality teachers for sport and social education.

The new pedagogical model is would offer the new opportunities in the teaching of martial arts, it stimulates and approaches young people who hope to work in a professional sector with an interesting salary as freelance.

The approach requires sharing social and educational goals with schools and local authorities.

It is necessary to create a local network on educational pathways that makes a solid generation of young people grow up who believe in the processes of active citizenship human rights approach based.

The HR+So project is a tool that stimulates the sense of belonging to community so to engaged all the peoples.



What we will do

We will train the instructors of the partners organisation to teach through a new pedagogical approach

We will collaborate with local authorities to explain the project goals

We will collaborate with the local gyms of martial arts and other sport to share the spirit of our pedagogical approach

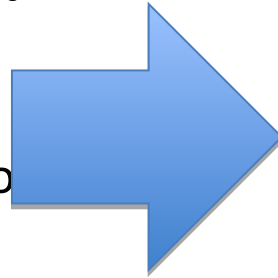
We will collaborate with parents of the students to increase the social inclusion of fragile persons.

The weaknesses

General resilience to change

The low level of integration between the different educational path adopted by Gyms - Schools and Local Authorities about the theme of respect of human rights.

Some competitors can block the process to protect is interests



What we will do

Efficient use of press releases to communicate with family and other audiences to raise awareness of the human rights approach in education and sport.

How to approach human rights and sport?

How to communicate the goals?

How to better the didactical processes?

Let's start going

A Big Idea mould the reality when the audience stops to listen at themselves and the speaker start to work with strong dedication.

...under one condition....

you must believe that this can be done!



Definitions

TCP = Training Center Partner

XG HEPA = EU Commission

HEPA = health enhancing physical activity

WHO = World Health Organisation