

PSY 6329.010

Professional Orientation to Counseling

Fall 2021



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Office Hours: Tues. – 2pm-4pm

Wed. – 10am-12pm

Course Information

Course Description

An introduction to the counseling profession including specialty areas. This course introduces students to the role and function of counselors and related professions in various areas of practice. The history of counseling, professional goals and objectives, ethical standards, legal issues, professional trends, professional associations, credentialing, and the academic preparation of counselors are covered.

Course Credits

3 credit hours

Prerequisite and Co-requisite Courses

None

Prerequisite Skills

Accessing Internet websites, using ASU Library resources, and proficiency with Microsoft Word and PowerPoint are expectations of the psychology and sociology program.

Program Outcomes

The graduate programs in psychology are designed to meet the needs of:

- Students preparing for professional careers in applied psychology, counseling psychology, experimental psychology, or industrial organizational psychology.
- Students preparing for careers in professional counseling as

licensed professional counselors or as licensed psychological associates.

- Students preparing for advanced graduate studies in psychology.
- Students preparing for a teaching career in higher education.

Student Learning Outcomes

Student Learning Outcome By completing all course requirements, students will be able to:	Assignment(s) or activity(ies) validating outcome achievement:
Articulate a knowledge of historical and contemporary theories of counseling, including the role and function of counselors	All readings and assignments
Demonstrate a knowledge of therapeutic factors and mechanisms of change in counseling	All readings and assignments
Identify appropriate goals for counseling in a variety of settings with different clients	All readings and assignments

Course Delivery

This is a face-to-face course with learning resources and supplemental materials posted in Blackboard. However, as this course requires interaction between participants, some elements of the course may occur online, rather than face-to-face.

Technology Requirements

To successfully complete this course, students need:

- A computer capable of running Windows 7 or later, or Mac OSX 10.8 or later
- The latest version of one of these web browsers: internet Explorer, Firefox, or Safari
- Microsoft Office Suite or a compatible Open Office Suite
- Adobe Acrobat Reader
- High Speed Internet Access
- Webcam or other type of video recording device

Required Texts and Materials

Baker, D. B., & Benjamin, L. T., Jr. (2013). From séance to science: A history of the profession of psychology in America (2nd ed.) Akron, OH: First University of Akron Press.

Kottler, J. A. (2017). On being a therapist (5th ed.). New York, NY: Oxford University Press.

Lilienfeld, S. O & O'Donohue, W. T. (2007). The Great Ideas of Clinical Science: 17 Principles that Every Mental Health Professional Should Understand. New York, NY: Routledge.

Texas Administrative Code, Title 22, Part 30:

[https://texreg.sos.state.tx.us/public/readtac\\$ext.ViewTAC?tac_view=4&ti=22&pt=30&ch=681](https://texreg.sos.state.tx.us/public/readtac$ext.ViewTAC?tac_view=4&ti=22&pt=30&ch=681)

Texas Administrative Code, Title 30, Part 21:

[https://texreg.sos.state.tx.us/public/readtac\\$ext.ViewTAC?tac_view=3&ti=22&pt=21](https://texreg.sos.state.tx.us/public/readtac$ext.ViewTAC?tac_view=3&ti=22&pt=21)

Texas State Board of Examiners of Professional Counselors Rulebook:

<https://www.bhec.texas.gov/wp-content/uploads/2021/06/LPC-June-2021.pdf>

Texas State Board of Examiners of Psychologists Rulebook: <https://www.bhec.texas.gov/wp-content/uploads/2021/06/PSY-June-2021.pdf>

APA Ethical Principles of Psychologists and Code of Conduct: <https://www.apa.org/ethics/code/>

ACA Code of Ethics: http://www.counseling.org/docs/default-source/ethics/2014-aca-code-of-ethics.pdf?sfvrsn=fde89426_5

Some of these course readings will be provided online as links, PDFs, or Word documents.

Recommended Texts

Rosenthal, H. (2017). Encyclopedia of counseling (4th ed.).

Tentative Schedule & Topic Outline

Topic & Required Reading D = Discussion Topic	General Description of Subject Matter *Assignments Due*
8/25: M.S. Counseling Psychology Handbook Graduate Studies and Research Catalog	Introduction/ Becoming a helper
9/1: BB readings	American Psychological Association (APA) **RR1**
Monday, Sept. 6th	University Closed in observance of Labor Day
Wednesday, Sept. 8th	Census: Official Date of Record (Last Day to Drop) “W” period starts 9/9
9/8: B & B: 1, 5, & 6	Historical Overview of the Counseling Psychology **RR2**
9/15: Current Issues in Counseling Psychology	Presentations
9/22: K: 1 & 2	Being a Therapist **RR3** (Light)
9/29: K: 3-5	Personal and Professional Identity **RR4** (Light)
10/6: TSEBPC & TSBEP BB readings	Licensure & Regulation **RR5**
10/13: APA & ACA Ethics Codes BB readings	Ethics and Legal Issues **RR6**
10/20: L & O: 1-4 Lilienfeld article	Helping or Harming? **RR7**
10/27: L & O:6 BB readings	Scientist Practitioner and Evidence-Based Practice **RR8**
11/3: BB Readings No RR due	Technology and Practice **Professionalism Paper Due 11/5**

11/10: BB Readings and Practicum Handbook K: 6-8	Practicum & Difficulties of Therapy **RR9**
Tuesday, November 10th	Last day to Withdraw from Class
11/17: K: 10-11 & 13 BB Readings	Difficult Topics & Professional Development **RR10**
Monday, November 22nd	Last day to Drop/Withdraw from Class
Nov 24th – Nov. 26th	Thanksgiving Holiday Break
12/1: K: Ch. 9, 12, & 14 BB Readings	Burnout, Impairment, & Self-Care **RR11**
12/8: Final Exam	**In-Class Cumulative Final Exam 12/8 at 1:00pm**

Communication

Faculty will respond to email messages within 24-48 hours during working hours Monday through Friday. Weekend messages may not be returned until Monday. Telephone message may be delayed depending when messages are received in relation to office hours.

Students are encouraged to email the instructor if they have any questions or concerns. When emailing the instructor, please include your class name and time (or “Online”) in the subject line (for example, Stats, Online). **Please be respectful in your emails.** This includes addressing the professor properly and signing your full name. If you would like to meet virtually or by phone with the instructor, please approach it this way: send an email requesting a meeting, and give *three* possible options, in terms of days *and* time slots that work for you.

Written communication via Blackboard: It is an expectation of this class that you use formal writing skills giving appropriate credit to the source for your ideas. Follow APA (2010) 6th edition (2nd Printing or higher only) guidelines for referencing.

Written communication via email: All private communication will be done exclusively through your ASU email address. Check frequently for announcements and policy changes.

Virtual communication: Office hours and/or advising may be done with the assistance of the telephone, Skype, or another virtual program.

Grading

Evaluation and Grades

Course grades will be determined as indicated in the table below.

Assessment	Points of Total Grade
Reading Reactions/Participation (10 total)	200 points
Group Presentation	200 points
Professionalism Paper	200 points
Cumulative Final Exam	200 points

Grading System

Course grades will be dependent upon completing course requirements and meeting the student learning outcomes.

The following grading scale is in use for this course:

A = 720-800 points

B = 640-719 points

C = 560-639 points

F = Less than 560 points

Teaching Strategies

- Readings, Lectures, and Discussion

Students are expected to be “active learners.” It is a basic assumption of the instructor that students will be involved (**beyond the materials and lectures presented in the course**) in discovering, processing, and applying the course information using peer-review journal articles, researching additional information and examples on the Internet, and discussing course material and clinical experiences with their peers.

Assignment and Activity Descriptions

Reading Reactions/Professionalism/Participation

Please use the reading reaction form for this assignment. Class attendance **is required to be successful** in this course. Students will prepare and bring to class, each week, a response of discussion questions/reactions based on their readings. These questions/responses are meant to help you prepare for class discussions and as such you should read assigned readings prior to class. Discussions may be based upon reading or homework assignments. Thus, failure to do these assignments will negatively impact your participation grade. Participation will be graded for 10 class periods, as listed on the schedule above. Participation will not be evaluated in the first class. Thus, if you miss (more than 1) class you will receive a 0 for the class and it will count in your grade for the semester, unless there is a serious and justifiable reason for your absence, of which the professor is made aware prior to class.

With your group, you will lead discussions on three class periods. As a group, you should discuss each of the assigned articles and have a stimulating question or point of interest to help guide the class discussion. This will be part of your reading reaction/professionalism/participation grade, and all members of the group must help lead part of the discussion to get a grade for the specific class

period. Articles should be equally divided among students. Please do not read from your reading reactions. Instead, be prepared to give a lively overview of the articles and to lead an interesting discussion for each article.

Grades will be assigned as excellent (10 pts), adequate (7 pts), inadequate (4 pts), or fail (0 pts). To receive an 'excellent' you must be present for the entire class, complete the reaction form with meaningful reactions, and participate fully in all in-class activities (meaning that you volunteer for in-class activities), including providing your fellow classmates with appropriate, meaningful feedback. Some in-class activities will be based on knowledge or competency. In order to receive an 'excellent' on those days you must successfully and accurately complete the activity. If you are absent or if you refuse to participate in the in-class activities, you will automatically receive a 'fail' for the day (0pts.).

Hot Topics Presentation

You will identify, research, and present on a current topic (popular or controversial) in Counseling. The topic must be something identified within the last 24-36 months. Your presentation will identify the area, discuss the research, present criticisms and arguments, and your own thoughts. You will bring a handout for the professor and each of your peers. Your presentations should be at least 30 minutes in length, but no longer than 40 minutes. You will work in groups of 3-4 and be graded as a group, though individual evaluations of each group member's contributions will be required to avoid a clear disparity of effort (social loafing), in which case different individual grades may be given.

Professionalism Paper

You will write an 8-10 page paper over your personal and professional identity regarding Counseling Psychology. You will be expected to address aspects of the profession's history, values, professionalism, ethics, science, and cultural perspectives while discussing your integrated view of your own values and personal history. You must also explicitly address professionalism, indicating what it means for you personally and professionally.

- You will be expected to write an 8-10 page paper (text; not including title page and references).
- Within your paper you must include at least 10 references other than your textbooks (from scholarly journals or books).
-ASU Library link to search from articles: <http://www.angelo.edu/services/library/>
- Papers will be due before the date listed on the syllabus schedule and submitted before class time through Blackboard. Check the syllabus schedule for paper due date.
- Be sure to submit all documents as a word document file, any other files that cannot be opened will not be read and will be assigned a grade of ZERO points.
- APA style
- **No late assignments will be accepted and no make-up assignments will be given. Any form of Plagiarism (see Academic Dishonesty Policies) will receive a zero.**

APA format (grammar, cover page, reference page, structure, formatting) =	10 pts.
10 references =	10 pts.
Content (addressing the topic in a coherent manner) =	10 pts.
Integration and synthesis of articles =	30 pts.

Total =

100pts.

Comprehensive Final Exam: There will be one Comprehensive Final Exam for this class. The exam will be cumulative. The exam will generally be composed of multiple choice, true/false, and matching, and may including some recognition of quotes by the authors read during the course of the semester or theoretical orientation examples. The exam will include information from your readings, lectures, discussions, assignments, and any other content or activities from the class. The exam will consist of approximately 60-75 questions. You may use a 1 page (front and back) handwritten or typed page of notes, which you create yourself, to aid you on the exam. The final exam will be in class, as scheduled on the calendar above, but may be taken in the computer lab.

Assignment Submission

All assignments **MUST** be submitted through the Assignments link in the Blackboard site. This is for grading, documenting, and archiving purposes. Issues with technology use arise from time to time. If a technology issue does occur regarding an assignment submission, email me at Leslie.Kelley@angelo.edu and attach a copy of what you are trying to submit. **Please contact the IT Service Center at (325) 942-2911 or go to your Technology Support tab to report the issue.** This lets your faculty know you completed the assignment on time and are just having problems with the online submission feature in Blackboard. Once the problem is resolved, submit your assignment through the appropriate link. This process will document the problem and establish a timeline. Be sure to keep a backup of all work.

Late Work or Missed Assignments Policy

Attendance/Make-Up Policy: Attendance/Participation is required for this course. The course is set up on weekly modules. Assignment due dates are shown on the calendar/schedule or posted within Blackboard. Exams must be taken on the assigned day(s) and within the assigned times. I must know no later than 2 weeks in advance if circumstances may prevent you from taking an exam at the specified time. There will be no makeup exams *except* in cases of serious illness or some other event such as a serious illness or death in the family. In these instances, you must obtain a note from your physician or dean, and present it to the instructor. The instructor will determine if a student will be allowed to make-up the assignment. If permitted to make-up an exam/assignment, you will have **2 days** after the missed exam to make it up and failure to do so will result in a zero.

General Policies Related to This Course

All students are required to follow the policies and procedures presented in these documents:

- [Angelo State University Student Handbook](#)¹
- [Angelo State University Catalog](#)²

Professionalism

Students are expected to strive for professionalism in and outside of the class. Students should strive for professionalism defined by Competency Benchmarks in Professional Psychology:

1. Integrity
2. Deportment

- 3.Accountability
- 4.Concern for the welfare of others
- 5.Professional identity

Readings

It is expected that each student will have the required reading completed before the class during which we will discuss the material (see course schedule). Some material in the text may be challenging upon first read, but lectures and discussions will be easier and more advantageous if you have read the assigned reading.

*****If I feel the class is not keeping up with the reading, I will have the option to start giving quizzes at any time during the semester. Just remember that reading prior to class is really to your benefit!**

Student Responsibility and Attendance

You are expected to keep within the on-going discussion typically the nature of a psychology class by coming to class and completing your assignments when they are due, and perhaps most importantly, by maintaining ongoing communication with your professor and fellow classmates over the course of the entire semester. Failing to do so regularly will result in failure to finish assignments on time and may result in a low or failing grade.

Academic Integrity

Students are expected to maintain complete honesty and integrity in all work. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU.

The College of Health and Human Services adheres to the university's [Statement of Academic Integrity](#).³

PLAGIARISM

Plagiarism at ASU is a serious topic. The Angelo State University's Honor Code gives specific details on plagiarism and what it encompasses. Plagiarism is the action or practice of taking someone else's work, idea, etc., and passing it off as one's own. Plagiarism is literary theft.

In your discussions and/or your papers, it is unacceptable to copy word for word without quotation marks and the source of the quotation. We use the *APA Style Manual of the American Psychological Association* as a guide for all writing assignments. Quotes should be used sparingly. It is expected that you will summarize or paraphrase ideas giving appropriate credit to the source both in the body of your paper and the reference list. Papers are subject to be evaluated for originality via Bb Safe Assignment or Turnitin. Resources to help you understand this policy better are available at the ASU Writing Center: [Angelo State University's Writing Center Website](#)

Accommodations for Students with Disabilities

ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student's responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at ADA@angelo.edu. For more information about the application process and requirements, visit the [Student Disability Services website](#).⁴ The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford
Director of Student Disability Services
Office of Student Affairs
325-942-2047
dallas.swafford@angelo.edu
Houston Harte University Center, Room 112

Incomplete Grade Policy

It is policy that incomplete grades be reserved for student illness or personal misfortune. Please contact faculty if you have serious illness or a personal misfortune that would keep you from completing course work. Documentation may be required. See ASU Operating Policy 10.11 [Grading Procedures](#)⁵ for more information.

Student Absence for Observance of Religious Holy Days

A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 Student Absence for [Observance of Religious Holy Day](#)⁶ for more information.

Copyright Policy

Students officially enrolled in this course should make only one printed copy of the given articles and/or chapters. You are expressly prohibited from distributing or reproducing any portion of course readings in printed or electronic form without written permission from the copyright holders or publishers.

Syllabus Changes

The faculty member reserves the option to make changes as necessary to this syllabus and the course content. If changes become necessary during this course, the faculty will notify students of such changes

by email, course announcements and/or via a discussion board announcement. It is the student's responsibility to look for such communications about the course on a daily basis.

Title IX at Angelo State University

Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex.

You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:

Online: www.angelo.edu/incident-form

Face to face: Mayer Administration Building, Room 210

Phone: 325-942-2022

Email: michelle.boone@angelo.edu

Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171).

For more information about resources related to sexual misconduct, Title IX, or Angelo State's policy please visit: www.angelo.edu/title-ix.

Student Evaluation of Faculty and Course

Students in all programs are given the opportunity to evaluate their courses and the faculty who teach them. Evaluations are most helpful when they are honest, fair, constructive, and pertinent to the class, clinical experience, or course. Faculty value student evaluations, and use student suggestions in making modifications in courses, labs and clinical experiences.

Angelo State University uses the IDEA (Individual Development and Educational Assessment) system administered through Kansas State University for all course evaluations. The Office of Institutional Research and Assessment administers IDEA for the entire university, online and has established a

policy whereby students can complete course evaluations free from coercion. Areas on the IDEA evaluation include:

1. Gaining factual knowledge (terminology, classifications, methods, trends)
2. Learning fundamental principles, generalizations, or theories
3. Learning to apply course material (to improve thinking, problem solving, and decisions)
4. Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course
5. Acquiring skills in working with others as a member of a team
6. Developing creative capacities (writing, inventing, designing, performing in art, music, drama, etc.)
7. Gaining a broader understanding and appreciation of intellectual/cultural activity (music, science, literature, etc.)
8. Developing skill in expressing oneself orally or in writing
9. Learning how to find and use resources for answering questions or solving problems
10. Developing a clearer understanding of, and commitment to, personal values
11. Learning to analyze and critically evaluate ideas, arguments, and points of view
12. Acquiring an interest in learning more by asking questions and seeking answers

End of Syllabus

¹ <https://www.angelo.edu/student-handbook/>

² <https://www.angelo.edu/catalogs/>

³ <https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php>

⁴ <https://www.angelo.edu/services/disability-services/>

⁵ <https://www.angelo.edu/content/files/14197-op-1011-grading-procedures>

⁶ <https://www.angelo.edu/content/files/14206-op-1019-student-absence-for-observance-of>