



COLLEGE OF HEALTH PROFESSIONS

SCHOOL OF NURSING
Graduate Programs

Psychiatric/Mental Health Nurse Practitioner Preceptor Manual

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Vision

INSPIRE INNOVATE EXCEL

Mission

To improve the health of the community by inspiring change in health care through innovation and excellence in nursing education, scholarship, practice, and service.

Philosophy

The Graduate Program prepares students for advanced roles in nursing and to be accountable for clinical and organizational decision making based on scholarly evidence, principles of ethics, relevant theories and health care policy. Upon completion of the Graduate Program, the MSN and DNP graduates are prepared to provide leadership in the analysis of factors influencing health and the subsequent implementation and evaluation of strategies for improving health in an interprofessional, globally aware, culturally sensitive manner.





WICHITA STATE
UNIVERSITY
COLLEGE OF
HEALTH PROFESSIONS
School of Nursing

Dear Preceptor:

This site has been prepared to orient you to the Psychiatric-Mental Health Advanced Practice Nurse Practitioner program and to your role as a clinical preceptor. We greatly value your contribution to the knowledge base and experience of our students.

All students participating in clinical placements in the Psychiatric Mental Health Nurse Practitioner program are Registered Nurses who are enrolled in graduate studies in the School of Nursing in a program leading to the Master of Science in Nursing degree. Students complete a year of full time study or may attend part time to complete basic requirements prior to enrolling in their clinical specialty option, which is typically done in the 2nd year of full time graduate study.

The Psychiatric Mental Health Nurse Practitioner program consists of three clinical placements, typically begun in the Fall, and carried through Spring and Summer semesters. The Fall and Spring clinical courses are paired with a theory course in Psychiatric Mental Health Nursing and the summer course includes some theory as well as clinical experience. You are being asked to precept a student who is out in the field to gain clinical experience toward their degree. Students will also receive ongoing supervision from faculty in the WSU School of Nursing while they are in their field placements.

Please call, (316) 978-5756 or email, Victoria.Mosack@wichita.edu with any questions you have about our program or your role as preceptor. Thank you again for taking the time from your busy practice to share your expertise with our students.

Sincerely,

Victoria Mosack, APRN, Ph.D.

PRACTICE PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER

Prerequisites for the program are statistics and an undergraduate nursing research course approved by the School of Nursing. The DNP track is 74 credit hours for the student.

Courses reflect a philosophy that the Advanced Practice Psychiatric Mental Health Nurse is educated in skills necessary for provision of holistic care based on an understanding of biological, psychological, social, and spiritual dimensions of the individual seeking health care. As such, advanced practice psychiatric nursing at WSU is a blending of the best of the roles of the clinical specialist and the nurse practitioner.

Core Courses Core Course Credit Hours

N 701	Advanced Health Assessment	2
N 702	Advanced Health Assessment Lab	1
N 703	Theoretical Foundations of Advanced Nursing Practice	3
N 715	Advanced Nursing Practice Roles	1
N 793	Advanced Pathophysiology I	4
N 795A	Applied Drug Therapy I	3
N 795B	Applied Drug Therapy II	3
N 801	Health Care Systems: Policy and Politics	3
N 806	Evidence Based Nursing Practice/Outcomes of Care	3
N 824	Advanced Pathophysiology II	2
N 826	Evidence Based Nursing Project I	2
N 828	Evidence Based Nursing Project II	2
N 901	Organizational Systems and Leadership	3
N 902	Populations and Social Determinants of Health	3

Psychiatric-Mental Health

SPECIALIZATION COURSES

N 728	Advanced Practice Technology and Skills	3
N 819	Foundations of Psychiatric Mental Health Nursing	3
N 822	Psychiatric Mental Health Nursing Practicum I	4
N 854	Diagnosis & Management of Mental Disorders	3
N 856	Transition to PMHNP Advanced Practice Role I	1
N 921	Complex Issues in Psychiatric Mental Health Nursing	3
N 922	Psychiatric Mental Health Nursing Practicum II	4
N 923	Transition to PMHNP Advanced Practice Role II	1
N 952	Advanced Nursing Practice Preceptorship	3
	Comprehensive Examination (MSNs Only)	0

DNP Courses

CAPSTONE COURSES

N 956	Practice Management	2
N 959	Evidence Based Nursing Project III	3
N 960	Residency (includes clinical residency)	6

Role of Psychiatric Mental Health Nurse Practitioner Program Clinical Preceptors

Preceptor Overview

The philosophy of the WSU Advanced Practice Nurse in Psychiatric Mental Health Nursing program is to prepare students to function in a variety of psychiatric/mental health care settings. Students gain experience working as collaborative members of the health care team. The APRN-PMH student is prepared to practice clinical skills, including health assessments, advanced psychiatric assessments, diagnosis of psychiatric conditions, mental status examinations, pharmacological assessments and management, psychiatric management of patients with problems in living or psychiatric disorders utilizing various treatment modalities such as individual, family or group psychotherapy, psychoeducation, and consultation. Clinical experiences are supported by faculty and preceptor supervision and oversight.

Preceptor Statement

Preceptors assist course responsible faculty and are practitioners who provide direct teaching to students appropriate to the course and program objectives. Preceptors for clinical specializations may include both advanced practice nurses (APRNs) and non-nurse practitioners (usually physicians). Each preceptor must be credentialed and state licensed to practice in his/her specialization. National certification is highly encouraged although not required in Kansas for APRN status. Preceptors must have educational preparation and/or extensive practice experience appropriate to his/her supervisory responsibility. Newly prepared preceptors must have at least one year of practice experience in the specialization. Orientation to the preceptor role, including program requirements, expectations for oversight and evaluation of students, are provided for each specialization. Student evaluation is the responsibility of the faculty with input from the preceptor. Experiences with preceptors are evaluated by students and faculty to enhance program development and student learning activities. Documentation of preceptor qualification is maintained in the School of Nursing.

The WSU nursing department, students and preceptors each have a responsibility regarding the clinical experience of the student. The preceptor's responsibilities include:

1. Provide the student with an orientation to the practice setting and clear expectations.

2. Assume primary responsibility for the actions and education of the student in the clinical setting, including
 - assist the student in finding clinically relevant activities to meet requirements
 - case assignment
 - supervision or consultation when the student has questions regarding clinical cases
 - communication with the student and WSU faculty about student progress toward educational goals

3. Evaluation of the student with regard to:
 - Reliability
 - Information gathering ability
 - Physical examination techniques
 - Problem-solving
 - Clinical judgment
 - Patient rapport and education
 - Professional relationships
 - Knowledge base
 - Recognition of limitations
4. Complete and return the **PMH Student Clinical Evaluation Form** promptly at the end of each semester.

• **Requirements of School of Nursing and Course Instructor in PMH Nursing**

Clinical courses in Psychiatric Mental Health Nursing at WSU are planned and overseen by the clinical course instructor. Preceptors may contact the clinical instructor for questions, student problems, or to collaborate on student requirements or student's clinical activities.

Instructor responsibilities:

- Oversee student learning contracts and goals
- Coordinate terms of student placement, as needed, to meet learning requirements for the student
- Offsite back up Supervision of student's clinical experiences
- Provide teaching regarding clinical skills and intervention tools
- Assess student functioning
- Communicate with preceptors about student progress or problems
- Handle all administrative tasks related to student's progress in the program toward degree completion

Clinical Requirements for PMH Students

Required Rotations:

During phase II of the APRN-PMH program, a series of clinical rotations provide the student with the opportunity to experience the practical application of the knowledge obtained in theory and lab classes. The student's rotation is individually structured to provide a wide variety of clinical experiences to meet educational goals. The following practicums are scheduled according to individual students needs.

Nursing 822 Psychiatric/Mental Health Nursing Practicum I

This course is an intensive clinical experience in which the student assesses the individual client, and plans, implements and evaluates nurse-therapist strategies with individual clients. Learning regarding psychiatric theories of psychotherapy and tools and techniques for individual counseling accompanies the practicum.

Nursing 922 Psychiatric Mental Health Nursing Practicum II

This practicum is an intensive clinical experience in which the student analyzes group processes and initiates and evaluates therapeutic strategies with groups. Emphasis placed on the performance of group therapy as well as psychiatric assessment which includes interpretation of relevant data, differential diagnosis, and development and implementation of management plans. Appropriate interventions to promote the group process are emphasized. Note: Practicum hours are 4:1 making a total of 240 clinical hours for the practicum.

Nursing 952 Advanced Nursing Practice Preceptorship

A concentrated clinical practicum in the student's specialization health care setting that emphasizes the management of care for individuals. Students synthesize concepts and principles from previous classes and clinical experiences, applying theoretical and research content to acute, chronic, urgent and/or common health problems. Preceptorship is in a clinical agency appropriate to the student's clinical interests. Practicum hours are 4:1 making a total of 180 contact hours for the practicum

Attendance

The student must contact the preceptor and instructor prior to an absence or change in schedule. The student is responsible for arranging make up of missed days of a practicum. If a student has greater than five absences (40 hours or greater) due to illness or other circumstances they may be required to repeat the clinical rotation.

Learning Objectives

The student will construct a contract with specific learning objectives to accomplish during each clinical rotation. Learning plans will be reviewed and endorsed by the clinical instructor, preceptor and student. The contract serves as an outline of learning objectives during to clinical rotation.

Guidelines for Clinical Activity for PMH students

The following guidelines will be applied during the clinical rotations for students. Students cannot provide patient care without adequate preceptor supervision. The APN-PMH students, like all students, have varying degrees of skill and experience and must be assigned accordingly. The following guidelines should be observed:

1. Treatment procedures should always be approved by the Preceptor prior to implementation (life threatening emergencies are the exception).
2. Students cannot admit or discharge patients without direct preceptor guidance.
3. An Advanced Practice Registered Nurse or Physician should always review student activities and oversee management of cases.
4. Students agree to perform nursing interventions in accordance with the standards for practice set by the Kansas Board of Nursing *Nurse Practice Act* and *the Scope and Standards of Practice for Psychiatric Mental Health Nursing Practice* as delineated by the American Nurses Association.
5. Any unethical behavior is subject to dismissal of a student.

PMH Clinical Evaluation Form

The **PMH Student Clinical Evaluation Form**, located at the end of this preceptor manual, must be completed at the conclusion of each clinical experience or semester rotation.

For more information contact:

Victoria Mosack, APRN, Ph.D.

Associate Professor

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Wichita State University – Graduate School of Nursing
 Evaluation Form
 for Psychiatric Mental Health Nurse Practitioner (PMH-NP) Student Clinical Experience

STUDENT NAME: _____

Course: _____ Semester: _____ Assessment of PMH_NP Student Competencies:	Needs Work	Minimal Skill Level	Average Skill Level	Above Average Skill Level	Excellent Skill Level
Demonstrates Assessment Competencies including comprehensive psychiatric evaluations.					
Demonstrates Diagnostic Competencies including appropriate differential psychiatric diagnoses, ordering & interpreting finding of relevant diagnostic & laboratory tests.					
Evaluates patient/client potential for abuse, neglect, & risk of danger to self & others, and assists patient and families in securing the least restrictive environment for ensuring safety.					
Collaborates with client/patient in developing plan of care – Develops treatment plan for mental health problems based on biopsychosocial theories, evidence-based standards of care, and practice guidelines.					
Plans care to minimize the development of complications & promote function & quality of life using treatment modalities such as, but not limited to psychotherapy & psychopharmacology.					
Identifies, measures, and monitors clinical and related behavioral outcomes to determine the effectiveness of the plan of care.					
Articulates awareness of cultural and individual differences in assessment and treatment planning.					
Integrates theory into practice & uses relevant research and clinical literature in provision of care.					
Makes appropriate use of supervision of hours.					
Applies clinical principles of psychopharmacology.					

**mark N/A if does not apply or if no opportunity to observe this skill. You may also attach additional pages for further comments.

Assessment of Student Competencies (cont'd)	Needs Work	Minimal Skill Level	Average Skill Level	Above Average Skill Level	Excellent Skill Level
Demonstrates effective communication skills with client/patients, family, and other parties.					
Manages the phases of the nurse practitioner-patient relationship.					
Identifies and maintains professional boundaries to preserve the integrity of the therapeutic process.					
Upholds ethical & legal standards related to the provision of mental health care.					
Refers appropriately for further assessment or treatment as needed.					
Interprets & individualizes therapies through coaching activities such as advocacy, modeling, & tutoring.					
Effectively collaborates with members of interdisciplinary mental health & other health care teams.					
Documents work appropriately and thoroughly in a timely manner.					
Effectively articulates & interprets the advanced practice (PMHNP) role to patients & other health care professionals.					
Behaves in a professional manner (reliable, consistent, arrives on time, dependable, etc.).					
Identifies and carries out appropriate scope of practice.					

Other comments:

PMH-NP Student

Clinical Preceptor

WSU Instructor

Date

Date

Date