

Psychology 127 ABNORMAL PSYCHOLOGY

Spring 2011

Monday, Wednesday 8:00-9:50 am

Franz Hall 1178

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Office Hours: Monday 3-4pm
Tuesday 4-5pm

Office Hours: Mon. 5:15pm-6:30pm and by appt.

Undergraduate TAs for the Honors Section:

Undergraduate TAs for the Enrichment Section: Megan Galligan Mmg927@ucla.edu
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Course Note-taker: Megan Galligan Mmg927@ucla.edu

Course Description:

The major purpose of this course is to provide students with an overview of abnormal behavior. The course will provide an introduction to abnormal behavior in its etiology, classification and treatment of dysfunctional behavior patterns. Major topics to be covered include anxiety and mood disorders, schizophrenia, and personality disorders. Other forms of abnormal behavior such as sexual deviance, violence and substance abuse will also be examined in this course.

Required Text: Abnormal Psychology - An Integrative Approach. David H. Barlow and V. Mark Durand, 5th Edition. There may be used copies of this book available.

Reading Assignments and Lectures

The reading assignments are indicated by week in the course syllabus. The assignments should be read prior to the first lecture on that subject. The lectures will assume the text as background material and will not review it. Instead lectures, films, and guest lecturers will supplement the text, at times presenting a more advanced or up-to-date coverage of the subject, necessitating familiarity with the text material. Not all material in the text will be presented in the lectures but it may appear in the exam questions. Where relevant, materials pertinent to the class topic will be placed on the class website. I will indicate if it is required reading.

Textbook Website

The text by Barlow and Durand provides an excellent resource of material to enhance your learning in Abnormal Psychology. You should use it to help you master material. In the course, understanding as opposed to memorization is the key to successfully passing the exams. The website can be useful in helping you to better understand the disorders, increase your sense of mastery of the amount of material, and help you to know when you need to ask questions. It is suggested that you visit this website on a weekly basis rather than wait until exam time. The website is located at:

http://academic.cengage.com/cengage/student.do?codeid=5D5E&sortby=copy&type=all_radio&courseid=PY14&product_isbn=9780495095569&disciplinenumber=24&codeFlag=true

Lecture Notes

Permission for lecture notes is granted for this class. We are looking for a lecture note taker for ASUCLA. However, the instructor does not proof these notes. The course is not podcast.

Question of the Morning! 8:00-8:05 am

Throughout the course there will be a question of the morning. This question will focus on some aspect of the course associated with the previous lecture. We will administer it at 8am and collect it at 8:05am. There are two purposes to the question. There is a fair amount of material covered in the course. The likelihood that you will do well on the exams, master and understand the material is increased if you read it over a distributed period rather than only in preparation for the exams. The second purpose of the question is to encourage you to join class at 8am. Throughout the course, the question of the morning will occur randomly approximately 10 times. If you get nine of the ten questions correct you can earn a plus or minus if you are within 2 points of the next grade step on your final grade.

Enrichment Section: Mondays, 5-5:50pm, Franz Hall 3534

Undergraduate teaching assistants will conduct an enrichment section. This section will use a variety of methods for the review of materials for the assigned class topics. They will use video clips, journal articles, lecture, role-playing, and other creative teaching techniques to present material that will enhance your learning. The enrichment section will meet once a week for 50 minutes. The enrichment section will begin week 2 of class. Students are free to visit the enrichment section whenever. However if you want to use the enrichment section to gain potential points to boost your grade you will be required to attend all nine sessions, and attendance is taken in the first five minutes of the session. If you fully attend all nine enrichment sections, participate, and write a 5-page double spaced paper with 6 references you can earn a plus or minus if you are within 2 points of the next grade step (i.e. C+ to B-) on your final grade.

Evaluation and Grading Policy

Grading will be based on scores from three midterms and a final exam. The exams are multiple-choice, possibly a few matching, and fill in the blank or short answer questions. There will be three 40 item in class midterm exams (April 20th, May 11th and June 10th), and one 30 item cumulative final (June 10th). It is critical to be on time for the exams.

You must bring your student ID and a pencil to the exam. Scantrons will NOT be provided, unless otherwise noted in advance. Scantrons can be purchased at the student bookstore. Make sure you are on time. If you are late then you will be seated in the front of the room. Moreover, once the first person has handed in the exam, then no one will be allowed to enter the room. **This means that if you come to class after some of the other students have turned in their test, then you won't be allowed to take it.** It is very important to be on time because you never know if there will be a fast test-taker in the room. Seating may be assigned for the examination periods.

Students will be allowed to drop the lowest grade of the midterms. **YOU MUST TAKE ALL OF THE EXAMS AS THE IDEA IS TO DROP THE LOWEST SCORE. MARK YOUR CALENDARS NOW, THERE WILL BE NO EARLY OR LATE EXAMS GIVEN AND NO MAKE-UP EXAMS.** The final will be cumulative. The grade for the course will be determined by an accumulated point system. There are no letter grades given for each midterm, but a distribution will be posted to help you get a sense of your score relative to all of the scores. Your course grade is determined by the total points you accumulate. To adjust for outliers, I will set the maximum points possible for the class (the value defined as 100% in order to assign grades) equal to the

second highest total score achieved in this class. Final grades will then be assigned as follows:
A: 93-100% of possible points, A-: 91-92%, B+: 89-90%, B: 84-88%, B-: 82-83%, C+: 80-81%,
C: 70-79%, C-: 68-69%, D: 60-67%, F: 59% and below.

40 points	First Midterm Exam	(April 20th)
40 points	Second Midterm Exam	(May 11th)
40 points	Third Midterm Exam	(June 10th)
<u>30 points</u>	Final Exam	(June 10th)
150 points		
<u>-40 points</u>		
110 maximum possible points		

Optional Question and Answer Sessions: Optional sessions will be held prior to the exams to answer questions. The best way to make use of this session is to review your notes and raise questions about any material that seems fuzzy or unclear. The Location of sessions TBA.

4/19, Tuesday 5-7 pm

5/10, Tuesday 5-7 pm

6/04, Saturday TBA

Honors Section: Psychology 189, Mondays 4-4:50 pm, Franz Hall 3435

There will be an honors section with this class. This section will consist of an outside placement at a facility, which will give you exposure to individuals with diagnosed mental illness. You will be required to keep a journal log of your observations, with the goal of identifying a diagnosis, medication regimen and treatment recommendations. In order to receive honors certification you must attend the facility once a week, meet in a group with me and turn in your log weekly. You will be allowed **only one** absence. If there is more than one absence from the Monday weekly sessions or your attendance at the facility you will not qualify for an H notation. In order to stay in this section you must maintain a B average in the overall class. This experience will in no way influence the letter grading in the regular parts of the course. The Honors Section will start the second week of class.

PSYCHOLOGY 127A COURSE OUTLINE AND READING ASSIGNMENTS

<u>WEEK</u>	<u>DATE</u>	<u>TOPICS</u>	<u>CHAPTERS</u>
WEEK 1	3/28 (MON)	Course Intro Definition of Abnormality History of Abnormal Behavior Models of Abnormal Behavior	Chap. 1 & 2
	3/30 (WED)	Assessment of Abnormal Behavior Diagnosis of Abnormal Behavior	Chap. 3 & 4
WEEK 2	4/04 (MON)	Anxiety Disorders, Phobias, Panic, OCD, & Stress Disorders	Chap. 5
	4/06 (WED)	Somatoform, Dissociative, & Factitious Disorders	Chap. 6
WEEK 3	4/11 (MON)	Psychosocial Factors in Physical Disorders Psychophysiological Disorders	Chap. 9 Chap. 8 (282-296)
	4/13 (WED)	Personality Disorders	Chap. 12
WEEK 4	4/18 (MON)	Personality Disorders (continued)	Chap. 12
	4/19 (TUE)	Question and Answer Session 5-7 pm. Location to be announced.	
	4/20 (WED)	FIRST MIDTERM	
WEEK 5	4/25 (MON)	Brain Disorders & Psychopathology Cognitive Disorders	Chap. 15
	4/27 (WED)	Schizophrenia: Classification and Description	Chap. 13

WEEK 6	5/02 (MON)	Schizophrenia: Classification and Description (continued)	Chap. 13
	5/04 (WED)	Biomedical and Psychological Treatments of Schizophrenia	Chap. 13
WEEK 7	5/09 (MON)	Mood Disorders	Chap. 7
	5/10 (TUE)	Question and Answer Session 5-7 pm. Location to be announced.	
	5/11 (WED)	SECOND MIDTERM	
WEEK 8	5/16 (MON)	Substance Abuse	Chap. 11
	5/18 (WED)	Developmental Disorders Eating Disorders	Chap. 14 Chap. 8 (256- 282)
WEEK 9	5/23 (MON)	Sexual and Gender Disorders	Chap. 10
	5/25 (WED)	Violence, Psychopathology, & Deviance	
WEEK 10	5/30 (MON)	HOLIDAY	
	6/01 (WED)	Mental Health, Social Policy, & the Law	Chap. 16
	6/04 (SAT)	Question and Answer Session Time and location to be announced.	
EXAM WEEK	6/10 (FRI)	THIRD MIDTERM FINAL EXAMINATION 11:30 am – 2:30 pm	