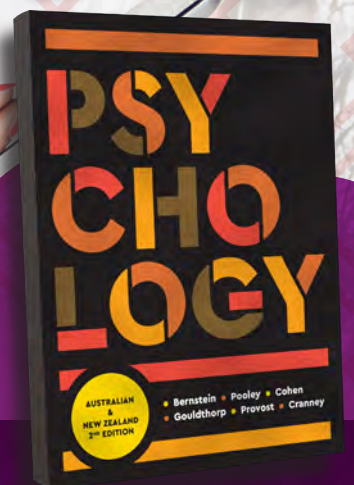
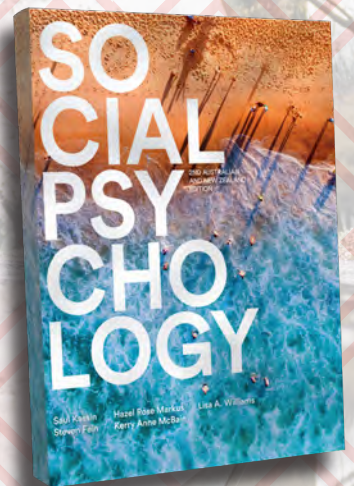
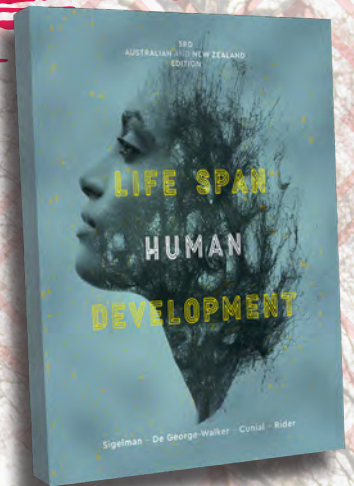


# PSYCHOLOGY



# PSYCHOLOGY

Australian and New Zealand  
new releases and bestsellers

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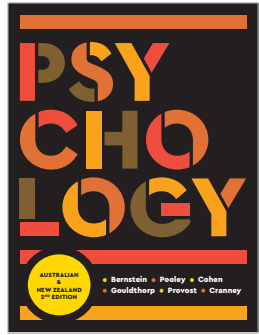
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## Introductory psychology



### Psychology Australian & New Zealand 2nd edition



Bernstein | Pooley | Cohen | Gouldthorp |  
Provost | Cranney

ISBN: 9780170386302

960 pp | MindTap | Paperback | eBook  
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Available with MINDTAP

Strike a balance between classic and contemporary topics and theory. The second edition of Bernstein, *Psychology* is a contemporary and practicable text that engages students with local ideas and examples, within the context of psychology as an international discipline. Rich cultural and indigenous coverage is integrated throughout the text, as well as new dedicated 'Indigenous Psychology' and 'Cultural Psychology' chapters.

- Two NEW chapters: 'Indigenous Psychology' and 'Cultural Psychology', developed through consultation with Indigenous Australian and New Zealand academics
- Examine how theoretical concepts have been used in practice through the Applying Psychology questions at the beginning of each chapter and throughout the text
- Thinking Critically sections in each chapter make psychological processes more explicit and accessible by providing a five-question framework for analysing evidence before drawing conclusions
- The Focus on Research sections examine the ways in which research methods have been applied to help advance understanding of behaviour and mental processes

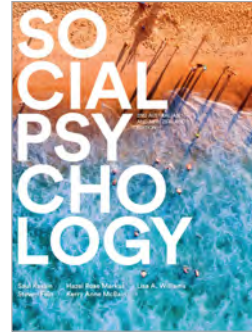
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1. Introducing psychology
2. Research in psychology
3. Biological aspects of psychology
4. Sensation and perception
5. Learning
6. Memory
7. Cognition and language
8. Consciousness
9. Cognitive abilities
10. Motivation and emotion
11. Human development
12. Health, stress, and coping
13. Personality
14. Psychological disorders and treatment
15. Social cognition and influence
16. Culture and psychology
17. Indigenous psychology

### ONLINE CONTENT

18. Neuropsychology
  19. Behavioural genetics
  20. Statistics in psychological research
- App A Careers for psychology graduates  
App B Searching psychology databases

## Social psychology



### Social Psychology Australian & New Zealand 2nd edition



Kassin | Fein | Markus | McBain | Williams  
ISBN: 9780170420563

768 pp | MindTap | Paperback | eBook  
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Using a balanced approach, *Social Psychology, 2e* connects social psychology theories, research methods, and basic findings to real-world applications with a current-events emphasis. Coverage of culture and diversity is integrated into every chapter in addition to strong representation throughout of regionally relevant topics such as Indigenous perspectives; environmental psychology and conservation; community psychology; gender identity; and attraction and close relationships (including same-sex marriage in different cultures, gendered behaviours when dating, and updated data on online dating), making this visually engaging textbook useful for all social psychology students.

### New to this edition

- Increased coverage of Indigenous perspectives throughout social psychology
- Expanded coverage of gender and sexuality in social psychology with NEW Chapter 5, 'Gender identity'
- Explore diverse cultural issues, research and practices in relation to social psychology through the greater emphasis on cultural diversity throughout the text, starting in Chapter 1 and in the 'Cultural diversity' boxes throughout the text
- Exploration of replication failures in social psychology research in the 'Current Scene On ...' boxes throughout the text
- Linkages diagrams at the end of every chapter help students understand relationships between social psychology concepts
- Expanded coverage of leadership in social psychology in Chapter 16, 'Business'

### Table of Contents

#### Part 1 Introduction

1. What is social psychology?

#### Part 2 Social perception

2. The social self
3. Perceiving persons
4. Stereotypes, prejudice, and discrimination
5. Gender identity

#### Part 3 Social influence

6. Attitudes
7. Conformity, compliance and obedience
8. Group processes

#### Part 4 Social relations

9. Attraction and close relationships
10. Helping others
11. Aggression and anti-social behaviour

#### Part 5 Social psychology and real-world applications

12. Environmental psychology and conservation
13. Community psychology
14. Stress, health and wellbeing
15. Law
16. Business

## Human development



### Life Span Human Development, 3e



Sigelman | De George | Cunial | Rider  
 ISBN: 9780170415910  
 792 pp | MindTap | Paperback | eBook  
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Help students gain a deeper understanding of the many interacting forces affecting infancy, childhood, adolescence and adulthood. Includes local, multicultural and Indigenous issues and perspectives, local research in development, regionally relevant statistical information, and national guidelines on health.

#### New to this edition

- The chronological sections of content have been refined to allow academics taking the chronological approach to more easily navigate life span stages through topics
- Expanded coverage of the following important topics: sexual behaviour, creativity, bullying, emotion, humanistic theory, self-concept and self-esteem, cultural and social influences on language development, and moral development
- Updated research and examples throughout the text maintain currency and relevancy
- 'Linkages' icons in the margin direct students to make connections between important topics covered elsewhere in the text

#### Table of Contents

1. Understanding life span human development
2. Theories of human development
3. Genes, environment and the beginnings of life
4. Body, brain and health
5. Cognitive development
6. Sensory-perception, attention and memory
7. Intelligence and creativity
8. Language, literacy and learning
9. Self, personality, gender and sexuality
10. Social cognition and moral development
11. Emotions, attachment and social relationships
12. Developmental psychopathology
13. The final challenge: death and dying



### Human Development: A Life-Span View, 8e

Kail | Cavanaugh  
 ISBN: 9781337554831  
 720 pp | MindTap | Hardback | eBook  
 ©2019  
 Available with MINDTAP

Comprehensive, succinct, and applied, *Human Development: A Life-Span View* has proven its ability to capture students' interest while introducing them to the issues, forces, and outcomes that make us who we are. Robert Kail and John Cavanaugh's combined expertise in childhood, adolescence, and gerontology result in a rich description of all life-span stages and important topics. The eighth edition blends basic and applied research with coverage of controversial topics and emergent trends to demonstrate connections between the laboratory and life.

#### New to this edition

- New profiles in the 'Real People' feature include Muhammad Ali, James Obergefell and John Arthur's fight for gay marriage, the Angelina Jolie effect on breast cancer screening, NASA mathematician Katherine Johnson, the politics of unemployment, and Randy Pausch's last lecture
- New topics in the 'Spotlight on Research' feature include infant reaching, preschool children's essentialist thinking, impaired reading comprehension, electronic media, adolescent depression, and the long-term health effects of leisure activities

#### Table of Contents

1. The study of human development
9. Moving into the adult social world: socioemotional development in adolescence

#### Part I Prenatal development, infancy, and early childhood

2. Biological foundations: heredity, prenatal development, and birth
3. Tools for exploring the world: physical, perceptual, and motor development
4. The emergence of thought and language: cognitive development in infancy and early childhood
5. Entering the social world: socioemotional development in infancy and early childhood

#### Part II School-age children and adolescents

6. Off to school: cognitive and physical development in middle childhood
7. Expanding social horizons: socioemotional development in middle childhood
8. Rites of passage: physical and cognitive development in adolescence

#### Part III Young and middle adulthood

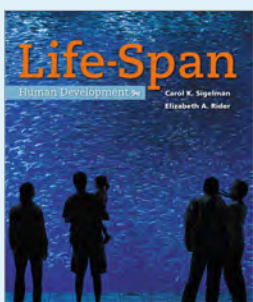
10. Becoming an adult: physical, cognitive, and personality development in young adulthood
11. Being with others: forming relationships in young and middle adulthood
12. Work, leisure, and retirement
13. Making it in midlife: the biopsychosocial challenges of middle adulthood

#### Part IV Late adulthood

14. The personal context of later life: physical, cognitive, and mental health issues
15. Social aspects of later life: psychosocial, retirement, relationship, and societal issues
16. The final passage: dying and bereavement

Glossary  
 References

### Also available in human development



### Life-Span Human Development, 9e

Sigelman | Rider  
 ISBN: 9781337100731  
 768 pp | MindTap | Hardback | eBook  
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## Biological psychology



### Biological Psychology, 13e

Kalat

ISBN: 9781337408202

624 pp | MindTap | Hardback | eBook  
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Dr James W. Kalat's *Biological Psychology* is the most widely used text in the course area, translated into seven other languages. A high level of scholarship and a clear writing style with amusing anecdotes and precise examples make *Biological Psychology* accessible to psychology students, not just to biology majors and pre-meds. Another goal is to convey the excitement of the search for biological explanations of behaviour, and Kalat delivers. Updated with new topics, examples and recent research findings – and supported by the interactive learning tools in the *MindTap* eLearning platform – the thirteenth edition speaks to today's students and instructors.

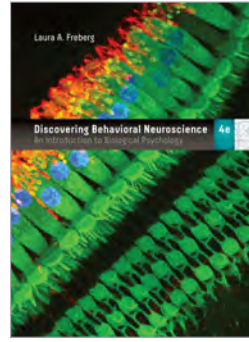
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1. Nerve cells and nerve impulses
2. Synapses
3. Anatomy and research methods
4. Genetics, evolution, development, and plasticity
5. Vision
6. Other sensory systems
7. Movement
8. Wakefulness and sleep
9. Internal regulation
10. Reproductive behaviors
11. Emotional behaviors
12. Learning, memory, and intelligence
13. Cognitive functions
14. Psychological disorders

Appendix A: Brief, basic chemistry

Appendix B: Society for neuroscience policies on the use of animals and human subjects in research



### Discovering Behavioral Neuroscience: An Introduction to Biological Psychology, 4e

Freberg

ISBN: 9781337570930

672 pp | MindTap | Hardback | eBook  
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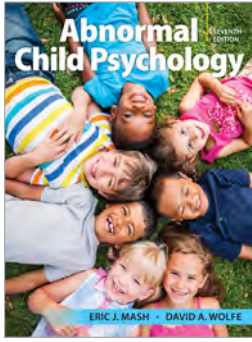
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With comprehensive, authoritative coverage and student-centred pedagogy, *Discovering Behavioral Neuroscience: An Introduction to Biological Psychology* is ideal for a broad range of students taking a beginning undergraduate course in behavioural neuroscience, biological psychology, or physiological psychology. Updated to reflect current thinking in the field, the fourth edition provides a foundational understanding of the structure and function of the nervous system and its relationship to both typical and disordered human behaviour. Author Laura Freberg – who has more than 30 years of teaching experience at schools ranging from community colleges to the Ivy League – presents classic concepts, current topics, and cutting-edge research in a style that is both accessible to beginning students and appealing to students with stronger backgrounds.

### Table of Contents

1. What is behavioral neuroscience?
2. Functional neuroanatomy and the evolution of the nervous system
3. Neurophysiology: the structure and functions of the cells of the nervous system
4. Psychopharmacology
5. Genetics and the development of the human brain
6. Vision
7. Nonvisual sensation and perception
8. Movement
9. Homeostasis, motivation, and reward
10. Sexual behavior
11. Sleep and waking
12. Learning and memory
13. Cognition
14. Emotion, aggression, and stress
15. Neuropsychology
16. Psychopathology

## Abnormal psychology



### Abnormal Child Psychology, 7e

Mash | Wolfe  
ISBN: 9781337624268  
720 pp | MindTap | Hardback | eBook  
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Available with MINDTAP

Balancing developmental, clinical-diagnostic, and experimental approaches to child and adolescent psychopathology, Eric Mash and David Wolfe's *Abnormal Child Psychology* is one of the most up-to-date, authoritative, and comprehensive books in its market. The seventh edition is organised to reflect DSM-5 categories, dimensional approaches to classification, and evidence-based assessment and treatment approaches. The authors trace developmental pathways for each disorder and show how child and adolescent psychopathology involves biological, psychological, and sociocultural factors interacting with a youth's environment. Case histories, examples, and first-person accounts illustrate the categorical and dimensional approaches used to describe disorders. The authors also consistently illustrate how troubled children behave in their natural settings: homes, schools, and communities.

### Table of Contents

#### Part I Understanding abnormal child psychology

1. Introduction to normal and abnormal behavior in children and adolescents
2. Theories and causes
3. Research
4. Assessment, diagnosis, and treatment

#### Part II Neurodevelopmental disorders

5. Intellectual disability (intellectual developmental disorder)
6. Autism spectrum disorder and childhood-onset schizophrenia
7. Communication and learning disorders
8. Attention-deficit/hyperactivity disorder (ADHD)

#### Part III Behavioral and emotional disorders

9. Conduct problems
10. Depressive and bipolar disorders
11. Anxiety and obsessive-compulsive disorders
12. Trauma- and stressor-related disorders

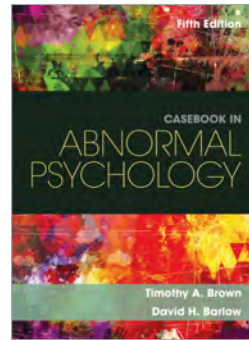
#### Part IV Problems related to physical and mental health

13. Health-related and substance-use disorders
14. Feeding and eating disorders



### Casebook in Child Behavior Disorders, 6e

Kearney  
ISBN: 9781305652965  
224 pp | Paperback | eBook ©2017



### Casebook in Abnormal Psychology, 5e

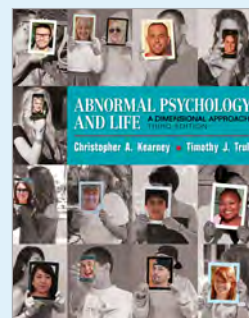
Brown | Barlow  
ISBN: 9781305971714  
320 pp | Paperback | eBook ©2017

## Also available in abnormal psychology



### Disorders of Childhood: Development and Psychopathology, 3e

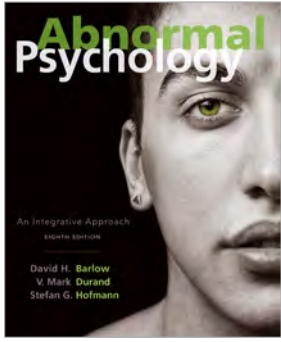
Parritz | Troy  
ISBN: 9781337098113  
480 pp | MindTap | Hardback | eBook  
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### Abnormal Psychology and Life: A Dimensional Approach, 3e

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## Abnormal psychology



### Abnormal Psychology: An Integrative Approach, 8e

Barlow | Durand | Hofmann

ISBN: 9781305950443

784 pp | MindTap | Hardback | eBook  
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Balancing biological, psychological, social, and cultural approaches, this book's ground-breaking integrative approach is the most modern, scientifically valid method for studying abnormal psychology. Updated with leading-edge research findings, the eighth edition draws on the expertise of three internationally recognised experts in clinical psychology.

This comprehensive resource includes integrated case studies (95 percent from the authors' own files) and additional study tools, including *MindTap* - an online learning experience featuring video activities and clips of clients introduced in the book.

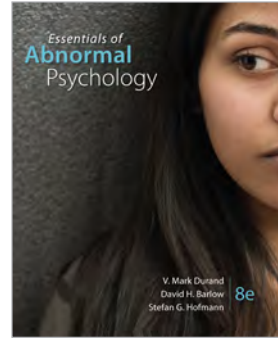
#### New to this edition

- Ground-breaking updates to research findings include updated views on the concept of 'abnormality', new developments in dimensional classification of mental disorders, and cutting-edge research studies illustrating the difference between clinical and statistical significance
- Throughout, this edition highlights the latest innovations in the treatment of mental disorders, including advancements in mindfulness-based therapies and new approaches to the treatment of schizophrenia
- Includes updates on the contribution of genetic factors and recent discoveries in neuroscience as they relate to psychopathology

#### Table of Contents

1. Abnormal behavior in historical context
2. An integrative approach to psychopathology
3. Clinical assessment and diagnosis
4. Research methods
5. Anxiety, trauma, and stressor-related and obsessive-compulsive and related disorders
6. Somatic symptom and related disorders and dissociative disorders
7. Mood disorders and suicide
8. Eating and sleep-wake disorders
9. Physical disorders and health psychology
10. Sexual dysfunctions, paraphilic disorders, and gender dysphoria
11. Substance-related, addictive, and impulse-control disorders
12. Personality disorders
13. Schizophrenia spectrum and other psychotic disorders
14. Neurodevelopmental disorders
15. Neurocognitive disorders
16. Mental health services: legal and ethical issues

*MindTap* for Barlow's *Abnormal Psychology* is a highly personalised, fully online learning platform that offers a tailored presentation of your course curriculum. It includes an innovative learning path where students work through reading assignments, complete homework, and engage with quizzes and assessments. It includes *Abnormal Psychology* videos and the Continuum Video Project, which features guided exercises based on video profiles of mental disorders.



### Essentials of Abnormal Psychology, 8e

Durand | Barlow | Hofmann

ISBN: 9781337619370

704 pp | MindTap | Print book | eBook  
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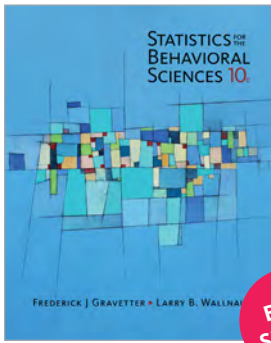
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Fully integrating the DSM-5, this brief version of Durand, Barlow, and Hofmann's widely used *Abnormal Psychology* presents the subject through the authors' standard-setting integrative approach. Students learn that psychological disorders are rarely caused by a single influence, but rooted in the interaction among biological, psychological, cultural, social, familial, and even political factors. Real case profiles provide a realistic context for the scientific discussions. They also help to ensure that readers never lose sight of the fact that real people are behind the DSM-5 criteria, the theories, and the research.

#### Table of Contents

1. Abnormal behavior in historical context
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10. Substance-related, addictive, and impulse-control disorders
11. Personality disorders
12. Schizophrenia spectrum and other psychotic disorders
13. Neurodevelopmental and neurocognitive disorders
14. Mental health services: legal and ethical issues

## Statistics for behavioural sciences



### Statistics for the Behavioral Sciences, 10e

Gravetter | Wallnau

ISBN: 9781305504912

768 pp | MindTap | Paperback | eBook  
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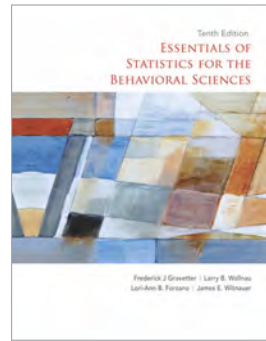
This field-leading introduction to statistics text for students in the behavioral and social sciences offers straightforward instruction, accuracy, built-in learning aids, and real-world examples. The goals of *Statistics for the Behavioral Sciences, 10e* are to teach the methods of statistics and convey the basic principles of objectivity and logic that are essential for science – and valuable in everyday life. Authors Frederick Gravetter and Larry Wallnau help students understand statistical procedures through a conceptual context that explains why the procedures were developed and when they should be used. Students have numerous opportunities to practise statistical techniques through learning checks, examples, step-by-step demonstrations, and problems.

#### Benefits of *MindTap*:

- SPSS tutorials and interactive problems in the *MindTap* learning path give students exposure to real-world statistical software, and video problem demos provide students help when they need it most
- Realistic data sets and math and graphing tutorials help students to overcome mathematical challenges and fears that would otherwise prevent them from learning statistics

#### Table of Contents

1. Introduction to statistics
2. Frequency distributions
3. Central tendency
4. Variability
5. z-scores: location of scores and standardized distributions
6. Probability
7. Probability and samples: the distribution of sample means
8. Introduction to hypothesis testing
9. Introduction to the t statistic
10. The t test for two independent samples
11. The t test for two related samples
12. Introduction to analysis of variance
13. Repeated-measures analysis of variance (ANOVA)
14. Two-factor analysis of variance (independent measures)
15. Correlation
16. Introduction to regression
17. The chi-square statistic: tests for goodness of fit and independence
18. The binomial test



### Essentials of Statistics for the Behavioral Sciences, 10e

Gravetter | Wallnau | Forzano | Witnauer

ISBN: 9780357365298

608 pp | MindTap | Paperback | eBook  
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NEW EDITION

A brief version of Gravetter and Wallnau's bestseller and now thoroughly updated with the latest research, *Essentials of Statistics for the Behavioral Sciences, 10th Edition* delivers straightforward instruction, unrivaled accuracy, hands-on learning tools and a wealth of real-world examples and illustrations. Giving extra focus to difficult topics, the authors take time to explain statistical procedures so that students can go beyond memorising formulas and begin gaining a conceptual understanding. Integrated applications reinforce concepts, ensuring that even students with a weak background in mathematics can fully grasp statistics. As a result, readers become savvy consumers of information. The interactive learning tools in the *MindTap* eLearning platform - including the *Aplia* online homework tool - support instructors with class preparation, testing, and the ability to customise learning paths and content to maximise student success.

#### Table of Contents

1. Introduction to statistics
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3. Central tendency
4. Variability
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6. Probability
7. Probability and samples: the distribution of sample means
8. Introduction to hypothesis testing
9. Introduction to the t statistic
10. The t test for two independent samples
11. The t test for two related samples
12. Introduction to analysis of variance
13. Repeated-measures and two-factor analysis of variance
14. Correlation and regression
15. The chi-square statistic: tests for goodness of fit and independence



### SPSS Statistics: A Practical Guide, 4e

Allen | Bennett | Heritage

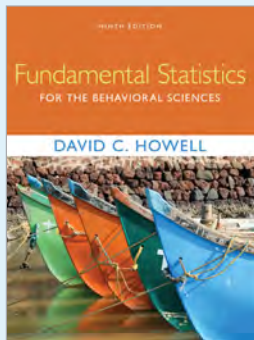
ISBN: 9780170421140

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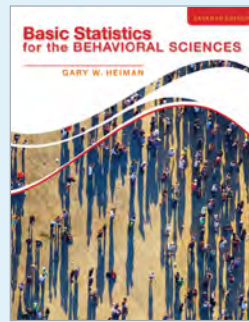


## Also available in statistics for behavioural sciences



### Fundamental Statistics for the Behavioral Sciences, 9e

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ISBN: 9781305652972  
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### Basic Statistics for the Behavioral Sciences, 7e

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## Research and writing guides for psychology



### Communications Toolkit, 4e

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The *Communications Toolkit* is a valuable and practical resource guide to enable students to develop effective communication skills. The text helps students make a successful transition to tertiary studies, develop effective research skills for their discipline, approach academic writing with confidence, refine their writing skills, and enhance their face-to-face communication experience.

The fourth edition includes more information than ever on active listening and dealing with conflict, while taking into account the changing nature of university studies as more and more students study and take courses online. To deal with the diverse ways students study, this text includes new examples of online students' communication work and new coverage of the communication challenges students face when going to university.



### Pocket Guide to APA Style, 6e

Perrin  
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192 pp | MindTap | Spiral bound | eBook  
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### Writing for Psychology, 6e

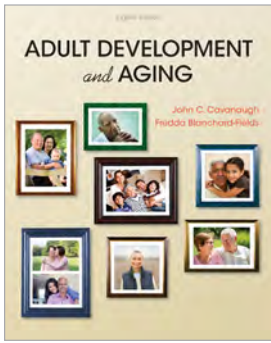
O'Shea | McKenzie  
ISBN: 9780170214681  
216 pp | Spiral bound | eBook ©2013  
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This bestselling text is an essential resource for any undergraduate psychology student. For many years it has helped guide students with writing reports and essays by teaching them how to think critically, to write clearly and simply, and to follow the conventions of the publication manual of the American Psychological Association (APA). A must-have manual for anyone that needs to learn how to write professional psychology reports and essays.

An ideal tool for students who are writing research papers across the disciplines, the *Pocket Guide to APA Style, 6e* offers straightforward explanations, annotated examples, and margin notes designed to help students write properly documented papers in the latest APA style. Thorough and practical, this concise guide is less expensive and easier for undergraduates to use than the APA Manual, and includes additional information about the research writing process. The sixth edition presents extensive and up-to-date coverage of electronic sources, preparing students to evaluate and use Internet references correctly in their research.

## Upper-level psychology



### Adult Development and Aging, 8e

Cavanaugh | Blanchard-Fields

ISBN: 9781337559089

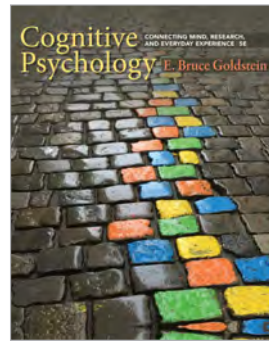
496 pp | MindTap | Hardback | eBook  
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Written within a bio-psychosocial framework, Cavanaugh and Blanchard-Fields' bestselling text covers the specific ages-stages of adult development and aging. In its unparalleled coverage of current research and theory, the authors draw clear connections between research and application. The book's focus on positive aging and the gains and losses people experience across adulthood distinguish it from its competitors.

#### Table of Contents

1. Studying adult development and aging
2. Neuroscience as a basis for adult development
3. Physical changes
4. Longevity, health, and functioning
5. Where people live: person-environment interactions
6. Attention and memory
7. Intelligence, reasoning, creativity, and wisdom
8. Social cognition
9. Personality
10. Clinical assessment, mental health, and mental disorders
11. Relationships
12. Work, leisure, and retirement
13. Dying and bereavement
14. Healthy aging



### Cognitive Psychology: Connecting Mind, Research and Everyday Experience, 5e

Goldstein

ISBN: 9781337408271

496 pp | MindTap | Hardback | eBook  
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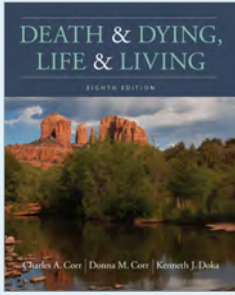
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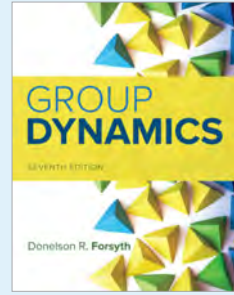
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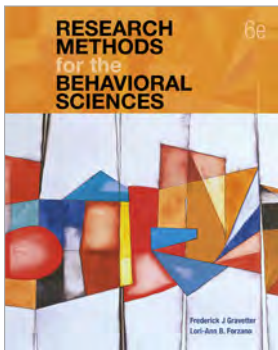
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