





**E-NEWS LETTER** 

Rishi - 1

Shri Vikari Samvatsaram, Bi-Monthly Newsletter, July - August, 2019

Upadesha - 3

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## **Acharya Sandesh**



ययात्मविद्यया ज्ञेयं सर्वं ब्रह्मोतिनिश्चय:। तयात्मविद्यया सर्वे मुच्यन्तां आत्मबन्धनात्।।

Yayaatma vidyayayaa jneyam sarvam brahmeti nischayaha I Tayaatma vidyayayaa sarve muchyantaam atma bandhanaat II

hrough Atma Vidya, may everyone understand, all that is known as Brahman, and be free, from the bondage imposed upon the Self. We are the Absolute Pure Consciousness. By firmly understanding Atma Vidya, which explains that the entire Universe is Brahman, we win over our individuality and the common identities (like being Hindu, Indian, Human...).

Shri Krishna in the Bhagavad Gita (Chapter X Shloka 32) says, "Among all the Vidyas, I am the Adhyatma Vidya'.

What is Atma Vidya? - Atmana: vidya Atma vidya, meaning the Knowledge of the Self.

Vidya, means the Knowledge. Atma, means the Self.

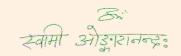
Who am I? What do I need in life? - at the outer layer, the middle layer and the inner layer of the mind? What is the means to attain each of these? The outer layer of the mind derives satisfaction from physical comforts. The middle layer of the mind deals with the emotions and needs happiness. Knowledge, that resolves philosophical questions, is for the deep or the inner layer of the mind. This is called Sadhana-Sadhya Viveka:.



Atma Vidya, gives this knowledge, of the means and the end. Atma Vidya removes ignorance and doubts or misconceptions. The worlds, the minds, the bodies and all the names and forms, are superimposed on Brahman and appear to be different, due to Avidya or ignorance, thereby causing bondage. With a clear understanding of this, one does not give much importance to the diversities, including one's own individuality and others' individualities. This shloka says that, the change in cognition, consequent to this Knowledge, frees us instantly from bondage. Atma Vidya is Sarva Vidya Pratistha. All the other kinds of knowledge shine, only with this Knowledge. So, this knowledge is the most relevant and the most basic, to everyone.

My blessings to all of you, to always enjoy peace and happiness, with Atma Vidya, as it makes so much sense, to live life knowing the Self!

(Serious spiritual aspirants! - starting April 14<sup>th</sup>, 2020 - Atma Vidya 5-year course (Batch-II). For details, please e-mail: feedbackvedapuri@gmail.com)







he annual Perunthiruvizha (2019) /Brahmotsava was celebrated in a grand manner from Thursday, July 4<sup>th</sup> to Saturday, July 13<sup>th</sup>, 2019. The Vastu Santi Homa was performed on the first day. Each day, there was a special Homa and Mahabhishekam, to the chosen Deity, in the forenoon, followed by the Sahasranama Puja, in the evening. Every day, Homa to one specific Navagraha Devata, was also performed. All the rituals and Pujas were performed, led by - Shivagama Shiromani, Sarva Sadhaka Samrat Shivashri K. Chandrasekhara Shivacharya (Shri Raja Bhattar).

Day	Homa to Deity	Homa to Navagraha Devata	
2	Shri Ganapati Atharva Sirsha Mantra Purvaka, Sahasra Modaka Dravya Shri Mahaganapati	Shri Shukra	
3	Shri Narayana Shri Dattatyreya Shri Danvantari Shri Shanaichara		
4	Vedokta Shri Surya Namaskara	Shri Surya Shri Rahu-Ketu	
5	Shri Vishalakshi Sameta Shri Kashi Viswanatha Shri Dharmasamvardhani Sameta Shri Swarnakaliswara	Shri Chandra	
6	Shri Subrahmanya	Shri Angaraka	
7	Shri Annapurna Shri Saraswati	Shri Budha	
8	Shri Dakshinamurti	Shri Guru	
9	Shri Mahalakshmi		
10	Adiguru Shri Prajna Dakshinamurti		
2			

Day	Mahabhishekam to Deity	Sahasranama Puja to Deity
2	Shri Vinayaka	Shri Vinayaka
3	Shri Badari Narayana Shri Dattatyreya	Shri Badari Narayana
4	Shri Surya Narayana	Shri Surya Narayana
5	Shri Vishalakshi Sameta Shri Kashi Viswanatha Shri Shiva Shri Dharmasamvardhani Sameta Shri Swarnakaliswara	
6	Shri Subrahmanya	Shri Subrahmanya
7	Shri Sharadambal	Shri Sharada
8	Shri Adi Dakshinamurti, Shri Guru Bhagavan	Shri Dakshinamurti Shri Guru Bhagavan
9	Shri Mahalakshmi	Shri Mahalakshmi
10	Adiguru Shri Prajna Dakshinamurti	

The following cultural programs, were also held in the evening, on the different days:				
05-07-19	Carnatic Vocal concert by Shri V. Navaneet Krishnan and party			
06-07-19	Carnatic Vocal concert by Dr. Smt. Vijayalakshmi Subrahmanyam and party			
07-07-19	Thiruvachakam Muttrodhal (chanting the text in its entirety), led by Pulavar Shri Rajaratinam Ayya, Periyakulam, was done in the Vidyapitham, from the morning till late in the afternoon, accompanied by the devotees from Periyakulam.	rapitham, from the morning till		
08-07-19	Dance recital by the students of the Amritavarshini Sangita Pathashala, Theni			
10-07-19	Thirumurai Isai by Odhuvar Shri P. Sadgurunathan and party, of Arulmigu Kapaliswarar Thirukkoil, Mylapore, Chennai			
11-07-19	A colourful procession - Thiruvithi Ula of Shri AdiDakshinamurti Utsavar - inside the Ashramam premises, was held in the night. Veda Gosha Seva, Thirumurai Parayana Seva, Nagaswara Seva (by Arutkuzhalisai Arasu Shri R.N.Viramani, Virapandi), Nritya Seva (by Udumalai Shri Senthil), Mouna Seva - were all offered as Samarpanam, to the Utsavar.	e v a , mani,		
13-07-19	The tenth and concluding day, the Pujas and rituals began with the Shri Prajna Dakshinamurti Mula Mantra Japa and the Yaga Pujas. After the Mahapurnahuti the Kalashas were taken in a procession, which was followed by the Mahabhishekam to Adiguru Shri Prajna Dakshinamurti and the Kalashabhishekam. As Alankara, Adiguru was decorated with the Swarna Kavacha and cardamom garland, which was a divine sight to watch. Shri Rudra Trishati Nama Puja and Ashtottara Shata Nama Puja were performed, and finally after the Mahadiparadhana and Sarva Upachara Seva, the Shivacharyas were honoured.	AA A		











#### **Guruprunima Day**

July 16<sup>th</sup>, 2019

his year Pujyashri Omkarananda Mahaswamigal observed the Chaturmasya Vrata in the Theni Ashramam. On the Gurupurnima Day, he performed the Chaturmasya Vrata Sankalpa Puja, in which he offered worship, to all the Gurus of the glorious Guru Paramaparas.

In his message on the occasion, he quoted verse-45 of Vivekachudamani - on how a compassionate Guru, wishing to quickly dispel the fear of Shishya, of how to



cross the ocean of Samsara, encourages him by saying that, there is no danger to the Shishya. That the Guru shall show him the way, by which those who have striven in the past, have reached the other shore. The Guru who is a Sampradayavit, having himself learnt the Sasthras, in a traditional manner from his Guru, very well understands the mind of the Shishya, and comforts him through soothing words, through Nayana Diksha, and if need be, also through Sparsha/Hasta Diksha, wishing all the good for the Shishya. This knowledge has been passed on, through the unbroken chain of Guru-Shishya Parampara, of which the first Guru is Adiguru Shri Prajna Dakshinamurti. The most prominent ones in that illustrious Guru Parampara being Shri Veda Vyasa, Shri Krishna, Adi Shankara. He stressed that, it is our utmost duty to offer our pranams daily, to this Guru Parampara.

(The Chaturmasya Vrata concluded on Friday, September 13<sup>th</sup>, 2019).

The speech is available at: https://youtu.be/NUq4dMhiYDQ

#### Website relaunch August 1<sup>st</sup>, 2019

Shri G.Sathasivam, (Chairman, S.G.P. Exim Private Limited, Chennai; Chairman, Swiss Biogenics Limited, Sri Lanka) philanthropist, an ardent devotee of Pujyashri Swamiji and a long term contributor to the Ashramam relaunched the updated version of www.vedaneri.org - the official website of the Theni Ashramam, in a short ceremony, on August 1st.

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#### August 3<sup>st</sup>, 2019 Aadipperukku Puja

he festival pays tribute to water's life-sustaining properties. An elaborate Puja was performed to the Surabhi Saraswati river (which flows along the northern boundary of the Ashramam), to bless mankind with peace, prosperity and happiness. Praying through this nature/river worship, to shower bountiful grace on human beings. The Puja, which was attended by over 200 devotees, was followed by Annadanam to all.





bout 45 students from the Melmangalam Veda Pathashala, visited the Ashramam on August 8<sup>th</sup>, for the darshan of Pujyashri Swamiji. In his Anugraha Bhashanam to them, Pujyashri Swamiji elaborated on the meaning of verse-2 of Vivekachudamani - Jantunam Nara Janma Durlabham..... - how this human birth is so difficult for one to get. Thereby emphasising that the body is different from the soul. One has "paid" the Punyas to the Lord, in exchange for/to be blessed with this human body (boat). To make full and proper use of it, to quickly crossover the ocean of sorrows or Samsara, before it falls/disintegrates. For one to be steadfast, in pursuing the path of Dharma, as prescribed in the Vedas. To understand the true purpose of life. To discriminate between the self and the not-self. Stressing that one cannot attain liberation, without the meritorious deeds done, in hundreds of crores of births.

Pazhaiyapalayam Rajukkal Magumai Podhupandu - Satsang live webcast

August 17<sup>th</sup>, 2019



ujyashri Swamiji's Anugraha Bhashanam, on the topic chosen for the day, "Dharmam", was webcast live, to a select audience gathered specially, at Rajapalayam. In it, Pujyashri Swamiji recalled his close association, with the devotees from Rajapalayam, saying that it was the first place that he visited in May 1985, after taking up the Sannyasa Diksha, and praised their Shraddha Bhakti towards him, which continues to this day. He emphasized the importance, and the need for the Dharma Shastras to be passed on, to the next and future generations. Dharma Shastras

apply, only to the Jiva living in a human body, more specifically to our Bharata Desa. It talks about the dos and don'ts in one's life. Its first lesson is that, you are a soul in a human body, which is different from the physical body.

You can access this talk at: https://youtu.be/-\_oN0\_bQSvk

Sri Krishna Jayanti

August 23<sup>rd</sup>, 2019

he Bhagavad Gita Parayanam (of all the eighteen chapters), led by Pujyashri Swamiji, was performed in the Yagashala, in the forenoon. Later, that night Pujyashri Swamiji performed the Shri Krishna Jayanti Kalpa Puja.







Samashti Pada Puja and Samashti Bhiksha Vandanam

August 25<sup>th</sup>, 2019



n his Anugraha Bhashanam, Pujyashri Swamiji talked about the greatness of Dharma, quoting a shloka from the Valmiki Ramayana, what Sita Devi had told Lord Rama. That leading a Dharmic life provides one with all the worldly needs. That one can enjoy, sensual pleasures as well, in a Dharmic way. That Dharma alone brings peace to the world. Defining Dharma as a proper way of life - everyday, right from the time one wakes up

in the morning, up to the time one retires for the day

at night - until the end of one's life.



Samashti Pada Puja and Samashti Bhiksha Vandanam

August 29<sup>th</sup>, 2019





By the devotees from Ettu Ezhuttu Perumal Kovil, Tirunelveli, led by Shri Varadarajan Swamy.

Samashti Pada Puja and Samashti Bhiksha Vandanam

August 31<sup>th</sup>, 2019



Samasti Padapuja and Samashti Bhiksha Vandanam was performed by the Thiruppani Thondargal of the Ashramam.

### Sastra Prachara Matrix July - Aug.

	No. of Classes / Talks	No. of Hours/Listeners/Views	
Sastra Prachara	57	61 hours of classes (average attendance of 660 students per class)	
UV - English	52 Talks (5 mins each)	1664 Listeners	
UV - Tamil	54 Talks (5 mins each)	6305 Listeners	
Vedavani	55 Talks (5 mins each)	4995 Listeners	
You tube	1008 Videos	11300 Subscribers (16.19 lakhs views till date)	



Shri Gurubhyo Namaha

# Karpavai Karpom

**Shrimad Bhagavatam** 11<sup>th</sup> Skandham

(In Tamil)

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Shri K. Venkatachalam



Shri N. Nagasivam



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Chatrapatti Road, Vedapuri, Theni - 625 531 **204546-253 908 / 96004 49031** 

www.vedaneri.org





Academic assistance: infovedapuri@gmail.com



Atma Vidya technical assistance: feedbackvedapuri@gmail.com



Contributions & Accommodation: swamiomkarananda@gmail.com