

श्री सरस्वति पूजा Śrī Sarasvati Pūjā



ShambhavaYoga

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*This puja was developed by the Shambhava School of Yoga.
It is dedicated with love to our teacher
Shri Shambhavanada Yogi.*

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Saraswati Puja

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Introduction

Saraswati is the Great Goddess of learning, speech, creativity and the arts. She represents the union of power and intelligence from which organized creation arises. Saraswati possesses all the learnings of the Vedas, scriptures, dancing, musical power and poetry; through her grace, language and writing were revealed to man. She is wisdom, fortune, intelligence, nourishment, brilliance, contentment, splendor and devotion.

Preparations for Saraswati Puja

One of the most important aspects of Puja is the preparation, for as we prepare, we bring our minds more and more into focus on the divine, or more refined energetic realms. Thus anything one can do to purify (the mind and the body) along with the environment in preparation is worthwhile. Begin by showering or (at the minimum) wash your hands and brush your teeth, then dress in clean white or light-colored clothing. Take a few deep breaths and sit quietly for a moment before starting to still your mind. Gaze softly at an image of Saraswati. Although Puja can be performed at any time, it is best done in the hours before sunrise, at sunrise, noontime, or sunset. It is also best to set a regular time to perform it.

Ideally you should have available the following supplies; however if you don't have the materials don't let that stop you from performing the Puja! It is okay to visualize the offerings (visualization of offerings is a standard practice in Tibetan Pujas).

- | | |
|---|--------------------------------|
| -Arati Tray | -Ghee |
| -Fresh flowers | -Honey |
| -Small pitcher of water | -Sugar |
| -Rice | -Milk |
| -Candle or Ghee lamp | -Yogurt |
| -Incense | -Panchamritam |
| -Small piece of cloth | -Kumkum (red powder) |
| -Rudraksha seed | -Sandalwood paste |
| -Fruits, nuts or sweets | -Two clean bowls for offerings |
| -Arati Items | (not kitchen dishes) |
| (umbrella, cloth, fly whisk, mirror, fan) | |

Sri Saraswati Puja

I. Opening Chants

(ring bell)

**OM vag devyai ca vidh-mahe
kamara jaya dhimahe /
tanno devi pracho-dayat //**

OM We meditate upon the Great Goddess of speech, learning and the arts, contemplate She Who Embodies All Energy. May that Goddess grant us increase.

(wave light)

**OM agni jyoti ravi jyotis
chandra jyotish ta-thaiva cha /
jyoti shamut-tamo Devi
dipo-yam prati-gri-yatam //
esha dipah OM sam Saraswatyai namah**

OM The Divine Fire is the Light, the Light of WisdOM is the Light, the Light of Devotion is the Light as well. The Light of the Highest Bliss, Oh Goddess, is in the Light that we offer, the Light that we request tyou to accept. With the offering of Light OM We bow to the Goddess Saraswati.

(Place hands in anjali mudra or prayer position)

**OM bhur bhuvah swaha / tat savitur varenyam
bhargo devasya dhimahi / dhiyo yo nah pracho-dayat //**

OM the Infinite Beyond Conception, the gross body, the subtle body and the casual body; we meditate upon that Light of Wisdom which is the Supreme Wealth of the Gods. May it grant to us increase in our meditations.

II. Invocation of Principle Dieties

(offer a flower while chanting each of the following mantras)

esha ghanda pushpam OM gam Gana-pataye namah

With this scented flower OM I bow to the Lord of WisdOM, Lord of the Multitudes

esha ghanda pushpam OM Adit-yadi nava-gra-hebhyo namah

With this scented flower OM I bow to the Sun, the Light of Wisdom, along with the nine planets.

esha ghanda pushpam OM Shiva-dipan-cha-deva-tabhyo namah

With this scented flower OM I bow to Shiva, the Consciousness of Infinite Goodness, along with the five primary deities (Shiva, Shakti, Vishnu, Ganesh, and Surya).

esha ghanda pushpam OM Indradi dasa dikpa-lebhyo namah

With this scented flower OM I bow to Indra, the Ruler of the Pure, along with the Ten Protectors of the ten directions.

esha ghanda pushpam OM Mat-syadi dasa vatar-ebhyo namah

With this scented flower OM I bow to Vishnu, the Fish, along with the Ten Incarnations which He assumed.

esha ghanda pushpam OM Praja-pataye namah

With this scented flower OM I bow to the Lord of All Created Beings.

esha ghanda pushpam OM namo Naraya-naya namah

With this scented flower OM I bow to the Perfect Perception of Consciousness

esha ghanda pushpam OM Sarve-bhyo Deve-bhyo namah

With this scented flower OM I bow to All the Gods.

esha ghanda pushpam OM Sarva-bhyo Devi-bhyo namah

With this scented flower OM I bow to All the Goddesses.

esha ghanda pushpam OM Shri Gurave namah

With this scented flower OM I bow to the Respected Guru.

esha ghanda pushpam OM Brahma-nebhyo namah

With this scented flower OM I bow to All Knowers of WisdOM.

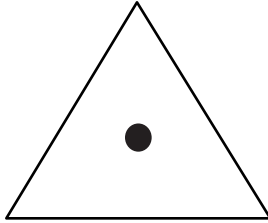
(Sip water from right hand after each OM Vishnu)

OM Vishnu, OM Vishnu, OM Vishnu

OM Consciousness, OM Consciousness, OM Consciousness

III. Preliminary Purification

(Draw the following yantra with some drops of water and/or sandalwood paste at the front of your seat. Place a flower on the bindu/middle)



esha ghanda pushpam OM hrim adhara shaktaye kamala-sanaya namah

With this scented flower OM hrim I bow to the Primal Energy situated in this lotus seat.

(Clap hands three times and snap fingers in the ten directions N S E W NE SW NW SE UP DOWN while repeating mantra)

OM aim Saraswatyai Namah

OM I bow to the Goddess Saraswati

IV. Sankalpa

(Place flower in the left hand. Pour 3 drops of water on it after OM Tat Sat. Place right hand over flower and finish reciting this mantra. This is an opportunity to focus on your intent in doing the puja.)

Visnuh OM tat sat / OM adya jambu-dvipe / (country) deshe / (state) pradeshe / (city) nagare / (temple name) mandire / (month) mase / (shukla {waxing moon} or krisna {waning moon}) pakshe / (day of week) tithau / Shambhavananda gotra / Sri (your name) kritaitat Sri Saraswati kamah / puja karmaham karishye //

The consciousness Which Pervades All, OM That is Truth. Presently I am performing this puja on the planet Earth, (America) country, (Colorado) state, (Eldorado/Shoshoni) city, in the (Divine Mother) temple, during (the name of the month), on a (Bright or Dark) fortnight, during (Name of the day), for (Shambhavananda gotram), Shri (your name) is performing for the satisfaction of Saraswati the Goddess of True Knowledge.

V. Purification of the Psychic System
(Ring bell)

OM shanta dyau shanta prithivim, shanta urdhvam urvanta-riksham/

Shantam urdhvam vatic-apah shantam nah shanto-shadhi//

OM peace in the heavens, peace on Earth, peace upwards and permeating the atmosphere; Peace upwards, over, on all sides and further; Peace to us, peace to all vegetation.

Shantani purva rupani shantam no-stu krita kritam/

shantam bhutam cha bhavyam cha sarva-meva samastu nah//

Peace to all that has form, peace to all causes and effects, peace to all existence, and to all intensities of reality including all and everything, peace be to us.

Pritivim shantir antarik-sham shantir dyau/shatir apah shantir osha-dhayah shantih vanas-patayah shantir vishve me devah shantih sarva me devah shantir Brahma shantir-apah shanti sarvam shantir edhi shantih shantih sarva shantih sa ma shantih shanti-bhiih//

Let the Earth be at peace, the atmosphere be at peace, the heavens be filled with peace. Even further may peace extend, peace to all vegetation, peace to all gods of the universe, peace to all gods within me, peace to

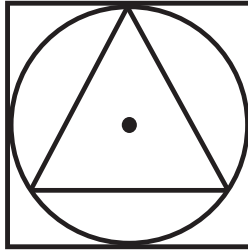
all creative consciousness, peace be to Brilliant Light, peace to all, peace to everything, peace, peace, altogether peace, equally peace, by means of peace.

OM shantih, shantih, shantih

OM peace, peace, peace

VI. Establishment of the Ocean of Nectar

(Draw the following yantra with a little water on the tray or altar and sprinkle rice on bindu/dot in the center as you chant each mantra)



OM adhara shaktaye namah

OM I bow to the Primal Energy

OM kurmmaya namah

OM I bow to the Support of the Earth

OM anantaya namah

OM I bow to Infinity

OM Pritivyai namah

OM I bow to the Earth

(Place pot on yantra as you say the following mantra)

stam sthim sthiro bhava phat!

May existence in all worlds be strong, steadfast and enduring!

(Pour water into the pot)

OM Gange cha Jamune chaiva Godavari Saraswati /

Narmade Sindhu Kaveri jale-hasmin sannidhim kuru //

OM the Ganges, Jamuna, Godavari, Saraswati, Narmada, Sindhu, Kaveri these waters are mingled together.

(Offer 3 flowers into the pot with the mantra)

OM aim Saraswatyai namah

OM aim Saraswatyai namah

OM aim Saraswatyai namah

(Wave right hand in the angkush (fish hook) mudra while chanting)

OM Gange cha Jamune chaiva Godavari Saraswati /

Narmade Sindhu Kaveri jale-hasmin sannidhim kuru //

OM the Ganges, Jamuna, Godavari, Saraswati, Narmada, Sindhu, Kaveri these waters are mingled together.

(Sprinkle water on the offerings and throw a few drops over your shoulders while chanting)

Amritam kuru swaha

Make this immortal nectar! I am One with God!

(wave hands over flowers with prarthana mudra while chanting the first line of the mantra and with dhena (cow) mudra while chanting the second line of this mantra)

OM pushpa pushpa maha pushpa su-pushpa sambhave /

Pushpa chaya-vakirne cha hum phat swaha //

OM Flowers, flowers, oh great flowers, excellent flowers; flowers in heaps and scattered about, cut the ego, purify, I am One with God!

VI. Invocation to the Divine

(Offer a flower while chanting each of the following mantras)

esha ghanda pushpam OM hrim Chandikayai namah

With this scented flower OM I bow to She Who Tears Apart Thought.

esha ghanda pushpam OM hrim shrim dum Durgayai namah

With this scented flower OM I bow to the Goddess Durga, the Grantor of Increase, who Removes all Difficulties.

esha ghanda pushpam OM krim Kalyai namah

With this scented flower OM I bow to the She Who is Beyond Time

esha ghanda pushpam OM shrim Lakshmyai namah

With this scented flower OM I bow to the Goddess of True Wealth

esha ghanda pushpam OM aim Saraswatyai namah

With this scented flower OM I bow to the Spirit of All-Pervading Knowledge

esha ghanda pushpam OM baum Brahmane namah

With this scented flower OM I bow to the Creative Consciousness

esha ghanda pushpam OM klim Vishnave namah

With this scented flower OM I bow to the Consciousness Which Pervades All

esha ghanda pushpam OM namah Shivaya

With this scented flower OM I bow to the Consciousness of Infinite Goodness.

OM vag devyai ca vidh-mahe

karmara jaya dhimahe /

tanno devi pracho-dayat //

OM We meditate upon the Great Goddess of speech, learning and the arts, contemplate She Who Embodies All Energy. May that Goddess grant to us increase.

VIII. Dhyanam (Meditation)

(Place a flower in your left hand, cover it with the right hand while reciting this mantra. Then offer the flower to Saraswati.)

OM taruna-shakala-mindo-vibrati shubra kantih

kucha-bharana-mitangi sanni-shanna sitabje/

**nija-kara-kama-lodyalle-khani-pusta-kashrih
saka-lavai-bharva-siddhyai patu vag-devata namah//**

Her body is very young, shining with the radiance of her beauty. Her jet black hair contrasts with the pure white of her body. With her lotus-like hands She writes in a book. To She Who Contains All Vibrations, to the Grantor of Perfection, to the Protector of All, we bow.

**OM shveta-padma-sana-devi shveta-pushpopa-shobita/
Shvetam-bara-dhara nitya shveta-gandha-nulepana//**

The Goddess is seated upon a white lotus, displaying white flowers. She always wears a white cloth, and emits a pure clean fragrance.

**Shvetak-shi shubhra hasta cha shveta chandana-char-chita/
Shveta-vina-dhara shubhra shveta-lankara-bhushita//**

Her clear white eyes are shining, her limbs are beautiful and She wears the markings of white sandal paste. She holds a white colored musical instrument called the vina, and her pure white ornaments are shining.

**Vandita siddha-gandhar-vairar-chita sura-dana-vaih/
Pujita munibhih sarvair rishi-bhih stu-yate sada//**

All beings of perfection praise Her, as do the celestial singers of divine wisdom. Both the forces of cohesion and those of separation act through Her. She is worshipped by men of wisdom, and all Seers of Eternal Harmony constantly sing her praise.

**Stotren-arena tam jagad-shatrim Sarasvatim/
Ye smaranti trisan-dhyancha sarvam vidyam labhati te//**

Whoever will remember this hymn of Sarasvati, the Goddess of Wisdom, Creator of the Perceivable Universe, at the three times of prayer by means of this hymn, will attain all Knowledge.

(sit in silent meditation)

IX. Nyasa (Establishment in hands and body)

(Chant the following mantras holding thumb to the base of each finger as specified. This will help open energy channels in the hands.)

OM sam angu-shtha-bhyam namah *(thumb/forefinger)*

OM sim tarjani-bhyam swaha *(thumb/forefinger)*

OM sum madhya-mabhyam vashat *(thumb/middlefinger)*

OM saim ana-mika-bhyam hum *(thumb/ringfinger)*

OM saum kanish-thika-bhyam vaushat *(thumb/littlefinger)*

(Roll hands forward while reciting “karatal kar” and backward while chanting “prish-tha-bhyam” then clap hands on “astraya phat”)

OM sah karatal kara prish-tha-bhyam astraya phat

OM sah I bow to the Goddess Saraswati, with the weapon of Virtue.

OM sam Saraswatyai namah

(Form tattva mudra with right hand—thumb to base of ring finger and touch the following places while chanting)

OM sam hri-daya-ya namah *(touch heart)*

OM sim shira-se swaha *(top of head)*

OM sum shika-yai vasat *(back of head)*

OM saim kava-chaya hum *(cross both arms)*

OM saum netra-traya-ya vaushat *(touch three eyes)*

(Roll hands forward while reciting “karatal kar” and backward while chanting “prish-tha-bhyam” then clap hands on “astraya phat”)

OM sah karatal kara prish-tha-bhyam astraya phat

OM sah I bow to the Goddess Saraswati, with the weapon of Virtue.

(108 repetitions of mantra)

OM aim Saraswatyai namah

OM I bow to the Goddess Saraswati, the Great Goddess of True Wisdom.

X. Puja Naivedyam (Offerings of Worship)

(Collect the next eight offerings in a bowl or offer them individually to the bath)

OM aim Saraswatyai namah padyam samarpayami (foot bath)

OM aim Saraswatyai namah payah snanam samarpayami (milk bath)

OM aim Saraswatyai namah dadhi snanam samarpayami (yogurt bath)

OM aim Saraswatyai namah grita snanam samarpayami (ghee bath)

OM aim Saraswatyai namah madhu snanam samarpayami (honey bath)

OM aim Saraswatyai namah shar-kara snanam samarpayami (sugar bath)

OM aim Saraswatyai namah panchamritam snanam samarpayami (5 nectars bath)

OM aim Saraswatyai namah ganga snanam samarpayami (water bath)

OM aim Saraswatyai namah vastram samarpayami (cloth)

OM aim Saraswatyai namah rudraksham samarpayami (rudraksha)

OM aim Saraswatyai namah kumkumam samarpayami (red powder)

OM aim Saraswatyai namah chandanam samarpayami (sandal paste)

OM aim Saraswatyai namah akshatam samarpayami (rice)

OM aim Saraswatyai namah pushpalam samarpayami (flower garland)

OM aim Saraswatyai namah bhog naivedyam samarpayami (food offering)

OM aim Saraswatyai namah panartha jalam samarpayami (drinking water)

Esha ghanda pushpam OM aim Saraswatyai namah (offer flower)

XI. Sarasvati Shatanama (108 Names of Saraswati)

1. **OM saraswatyai namah** | (the flowering one)
2. **OM maha-bhadrayai namah** | (the great river)
3. **OM maha-mayayai namah** | (source of the manifest universe)
4. **OM vara prayayai namah** | (most excellent grantor of wishes)
5. **OM shree prayayai namah** | (one who bestows)
6. **OM nilayayai namah** | (the hidden lotus)
7. **OM padmaksyai namah** | (lotus-eyed one)
8. **OM padma-vaktrakayai namah** | (opening of the lotus)

9. OM shiva-nujayai namah | (one born after Shiva)
10. OM pustaka-bhrte namah | (one who holds a book)
11. OM jnana-murdayai namah | (mudra of higher knowledge)
12. OM ramayai namah | (one who delights)
13. OM parayai namah | (one who is beyond)
14. OM kama-rupayai namah | (one who assumes form at will)
15. OM maha vidyayai namah | (the manifestations of Shakti)
16. OM maha pataka nasinyai namah | (one who destroys great sins)
17. OM mahashrayayai namah | (great place of refuge)
18. OM malinyai namah | (celestial Ganges)
19. OM maha-bhogayai namah | (source of great enjoyment)
20. OM maha-bhujayai namah | (one with long arms)
21. OM maha-bhagayai namah | (holy one)
22. OM mahot-sahayai namah | (one with great power)
23. OM divyangayai namah | (divine body)
24. OM sura-vanditayai namah | (venerated deity)
25. OM maha-kalyai namah | (great Kali)
26. OM maha pashayai namah | (great noose)
27. OM maha-karayai namah | (great hymn of purpose)
28. OM mahankushayai namah | (great curved one)
29. OM pitayai namah | (golden one)
30. OM vimalayai namah | (pure one)
31. OM vishvayai namah | (all-pervading one)
32. OM vidyun-malayai namah | (garland of knowledge)
33. OM vaisnavyai namah | (feminine energy of Vishnu)
34. OM candrikayai namah | (one who illuminates like moonlight)
35. OM candra-vadanayai namah | (the moon-face one)
36. OM canralekha-vibhuitayai namah | (omnipresent moon phases)
37. OM savitryai namah | (sun goddess)
38. OM surasayai namah | (fragrant grass)
39. OM devyai namah | (the Goddess)
40. OM divyalankar-bhusitayai namah | (adorned with divine breasts)
41. OM vagdevyai namah | (goddess of speech)
42. OM vasudayai namah | (bountiful one)
43. OM tivrayai namah | (one who strengthens)
44. OM maha-bhadrayai namah | (great river)
45. OM maha-balayai namah | (very powerful one)
46. OM bhogadayai namah | (one who grants enjoyment)

47. OM **bharatyai namah** | (eloquence)
48. OM **bhamayai namah** | (passionate one)
49. OM **govindayai namah** | (Krishna, Lord of Cattle)
50. OM **gomatyai namah** | (abounding in cattle)
51. OM **shivayai namah** | (female energy of Shiva)
52. OM **jatilayai namah** | (one whose hair forms a crest)
53. OM **vindhya-vasayai namah** | (dwells in the vindhya mountains)
54. OM **vindhya-cala-vira-jitayai namah** | (glorious vindhya mountains)
55. OM **candikayai namah** | (one who destroys demons)
56. OM **vaisnavyai namah** | (female energy of Vishnu)
57. OM **brahmyai namah** | (female energy of Brahma)
58. OM **brhma-jnanaika-sadhanayai namah** | (leads to sacred knowledge)
59. OM **sauda-manyai namah** | (power of forked lightning)
60. OM **sudha-murtyai namah** | (containing the nectar of flowers)
61. OM **subha-drayai namah** | (very glorious one)
62. OM **sura-pujitayai namah** | (adored goddess)
63. OM **suvasinyai namah** | (one who resides in happiness)
64. OM **sunasayai namah** | (beautiful-faced one)
65. OM **vinidrayai namah** | (open-eyed one)
66. OM **padma-locanayai namah** | (lotus-eyed one)
67. OM **vidya-rupayai namah** | (form of knowledge)
68. OM **vishalakshyai namah** | (large eyed-one)
69. OM **brahma jayayai namah** | (consort of Brahma)
70. OM **maha-phalayai namah** | (bears much fruit)
71. OM **trayi-murtaye namah** | (triad of beauty)
72. OM **trikala-jnanyai namah** | (knower of three times)
73. OM **trigunayai namah** | (one who contains the three gunas)
74. OM **sartra-rupinyai namah** | (one who takes the form of teachings)
75. OM **sumbhasura pramathinyai namah** | (destroyer of demons)
76. OM **subhadayai namah** | (gives brightness like the rising planet)
77. OM **svaratmikayai namah** | (one whose nature is the voice)
78. OM **rakta-bijani-hantryai namah** | (strikes down pomegranate tree)
79. OM **camundayai namah** | (goddess Durga)
80. OM **ambikayai namah** | (good mother)
81. OM **mundaka-praharanayai namah** | (liberated one with shaven head)
82. OM **dhumra-locana-madayai namah** | (dark-eyed passion)
83. OM **sarva-deva-stutayai namah** | (one who praises all gods)
84. OM **saumyayai namah** | (one whose nature is Soma)

85. OM surasura namaskrtayai namah | (adored by gods and asuras)
86. OM kala-ratrayai namah | (night of destruction at world's end)
87. OM kala-dharayai namah | (one who is skilled in art)
88. OM rupa-saubhagya-dayinyai namah | (grants beauty of form)
89. OM vagdevyai namah | (goddess of speech)
90. OM var-rohayai namah | (blossoming space)
91. OM varahyai namah | (Vishnu, one with the form of a boar)
92. OM vari-jasanayai namah | (water born one)
93. OM citrambarayai namah | (one with beautiful garments)
94. OM citra-gandhayai namah | (one with beautiful fragrances)
95. OM citra-malyavibhusitayai namah | (decorated with bright garlands)
96. OM kantayai namah | (beloved wife)
97. OM kama-pradayai namah | (one who grants desires)
98. OM vandyayai namah | (the venerable one)
99. OM vidya-dhara-supujitayai namah | (highly worshipped with magical powers)
100. OM svetana-nayai namah | (the dawn)
101. OM nila-bhujayai namah | (bark-figured one)
102. OM catur-varga-phala-pradyai namah | (brings four rewards)
103. OM caturanana-samrajyayai namah | (four-faced sovereign)
104. OM rakta-madhyayai namah | (beloved young woman)
105. OM niran-janayai namah | (day of the full moon)
106. OM hamsa-sanyai namah | (seated on a swan)
107. OM nila-janghayai namah | (carriage of darkness)
108. OM brahma-visnu-shivat-mikayai namah | (consists of the essence of Brahma, Vishnu, and Shiva)

XII. Arati (waving of Lights)

(Perform arati, by waving arati tray as you chant the following)

**Ya kundendu-tushara-hara dhavala Ya subhra-vastra-vrita /
ya vina-vara-danda-mandita-kara ya shveta-padmasana //**

She wears a beautiful garland made from the Queen of Jasmine flowers covered with dew. She wears a white garment. Her hands are ornamented with a vina, a blessing staff, and She is situated on a white lotus.

**Ya brama-chyuta-samkara-prabriti-bhir-devaih sada vandita sha-ja/
sa mam patu Saraswati bhaga-vati nishesh-jad-ya-paha //**

She is worshipped by Brahma, Vishnu, and Shiva, along with all other Gods. May that Saraswati, the Supreme Divinity, protect me unceasingly from the absence of intelligence.

**OM Bhadra-kalyai namo nityam Saraswatyai namo namah /
veda-vedan-gave-danta vidya-sthane-bhya eva ca //**

OM I always bow to the Excellent Remover of Darkness. Again and again I bow down to the Goddess Saraswati. She is all Wisdom, including all appendages to wisdom, the highest Wisdom, and the repository of all knowledge.

**OM Saraswati maha-bhage vidye kamala-locane /
vidya-rupe visha-lakshi- vidyam dehi namo-stu te //**

OM Goddess Saraswati, of great parts, all Knowledge, with lotus eyes; You are the form of the universe, Seer of All, please give us knowledge, we bow down to you.

XIII. Closing Mantras

**OM Maha-deva Maha-trana Maha-yogi Mahe-shvara /
sarva-papa haram Deva maka-rama namo namah //**

OM The Great God, the Great Reliever, the Great Yogi, Oh Supreme Lord, Oh God who removes all Sin, in the form of the letter "M" which dissolves creation, we bow to you again and again.

**OM namah Shivaya Shantaya karana-traya hetave /
nive-dayami chat-manam twam gati Para-meshvara //**

OM I bow to the Consciousness of Infinite Goodness, to Peace, to the Cause of the three worlds, I offer to you the fullness of my soul, Oh Supreme Lord.

OM namah Shivaya

OM I bow to the Consciousness of Infinite Goodness

OM aim Saraswatyai namah

OM I bow to the Goddess Saraswati, the Great Goddess of True Wisdom.

**twam-eva mata cha pita twam-eva
twam-eva bandhush-chasakha twam-eva /
twam-eva vidya dravinam twam-eva
twam-eva sarvam mama deva deva //**

You alone are mother and you alone are father.

You alone are brother and friend.

You alone are the bestower of knowledge and wealth.

You alone are everything, my God of Gods.

**Kayena vacha mana-sendri-yairva buddhyat-ma nava prakrita swab-
havat /**

karomi yadyat sakalam parasmai naran-yanaye-ti samar-payami //

Body, speech, mind and five organs of knowledge (five senses) and the intellect; these nine are the natural condition of human existence. In the highest evolution, I move beyond them all, as I surrender completely to the Supreme Consciousness.

**OM Mantra-hinam kriya-himan bhakti hinam sure-shvari /
yat pujitam maya devi pari-purnam tadastu me //**

OM I know nothing of mantras. I do not perform good conduct. I have no devotion, Oh Supreme Goddess. But Oh my Goddess, please accept the worship that I offer.

**OM asatoma sadga-maya / tama-soma jyotir-gamaya /
Mrityorma amritam gamaya //**

OM From the untruth lead us to the Truth. From the darkness lead us to the Light . From death lead us to Immortality.

**Guru Brahma Guru-Vishnu Gurur-devo Mahesh-varah /
Guru-saksaht param Brahma tasmai Sri-gurave namah //**

The Guru is Brahma, Guru is Vishnu, Guru is Shiva. The Guru is actually the Supreme Divinity, and therefore we bow down to the Guru.

**OM Brahmar-panam Brahma havir-
Brahma-jnau Brahmana hutam /
Brahmaiva tena gantav-yam
Brahma-karma samadhina //**

OM The Supreme Divinity makes the offering; the Supreme Divinity is the offering; offered by the Supreme Divinity, in the fire of the Supreme Divinity. By seeing the Supreme Divinity in all actions, one realized that Supreme Divinity.

**OM purnam-adah purnam-idam purnat purnam udach-yate /
purnasaya purnam-adaya purnam-evava shishyate //**

OM That is whole and perfect; this is whole and perfect. From the whole and perfect, the whole and perfect becomes manifest. If the whole and perfect issue forth from the whole and perfect, even still only the whole and perfect will remain.

OM shantih shantih shantih

OM peace peace peace

Sadgurunath maharaj kee Jay!

Hail the true Guru!