

RACHEL E. BRENNER

She, her, hers

Department of Psychology
Colorado State University
207 Behavioral Sciences Building
Fort Collins, CO 80523-1876
(970) 491-6954
rachel.brenner@colostate.edu
ORCID: [0000-0003-1069-9591](https://orcid.org/0000-0003-1069-9591)

EDUCATION

2018	Ph.D., Iowa State University	Major: Counseling Psychology Graduate Certificate: Quantitative Psychology
2015	M.S., Iowa State University	Major: Counseling Psychology
2011	B.S., University of Florida	Major: Psychology (High Honors) Minor: Business Administration

PROFESSIONAL EXPERIENCE

2020-Present	Assistant Professor (tenure-track) <ul style="list-style-type: none">• Counseling Psychology Program• Department of Psychology• Colorado State University (CSU)
2018-2020	Assistant Professor (tenure-track) <ul style="list-style-type: none">• Counseling Psychology Division• Department of Educational & Counseling Psychology• University at Albany, State University of New York (SUNY)
2017-2018	Doctoral Psychology Intern <ul style="list-style-type: none">• Health Service Psychology• Colorado State University Health Network (APA-Accredited)• Rotations: Sexual & Gender Diversity, Behavioral Health, Clinical Supervision

PEER-REVIEWED PUBLICATIONS (23)

Brenner, R. E., Colvin, K. F., Hammer, J. H., & Vogel, D. L. (in press). Using Item Response Theory to Develop Revised (SSOSH-7) and Ultra-Brief (SSOSH-3) Self-Stigma of Seeking Help Scales. *Assessment*.

- Charzyńska, E., Kocur, D., Działach, S., & **Brenner, R. E.** (in press) Testing the indirect effects of Type 1 Diabetes duration on life satisfaction through self-compassion and self-coldness. *Mindfulness*.
<http://doi.org/10.1007/s12671-020-01450-2>
- Zanon, C., **Brenner, R. E.**, Baptista, M. N., Vogel, D. L., Rubin, M., Al-Darmaki, F. R., Gonçalves, M., Heath, P. J., Liao, H-Y., Mackenzie, C., Topkaya, N., Wade, N. G., & Zlati, A. (in press). Examining the Dimensionality, Reliability, and Invariance, of the Depression, Anxiety and Stress Scale-21 (DASS-21) Across Eight Countries. *Assessment*.
<http://doi.org/10.1177%2F1073191119887449>
- Major, J., Wade, N. G., & **Brenner, R. E.** (in press). Self-construal and forgiveness revisited: Replication and extension. *Counseling and Values*.
- Lannin, D. G., Vogel, D. L., Kahn, J. H., **Brenner, R. E.**, Heath, P. J., & Gyull, M. (in press). A longitudinal test of self-affirmation versus emotionally-expressive writing. *Counselling Psychology Quarterly*. Advance online publication. <http://doi.org/10.1080/09515070.2018.1553144>
- Cornish, M. A., **Brenner, R. E.**, Vogel, D. L., & Wade, N. G. (in press). Evaluation of an online help seeking stigma-reduction intervention for military personnel. *Stigma and Health*. Advance online publication. <http://doi.org/10.1037/sah0000167>
- Brenner, R. E.**, Cornish, M. A., Heath, P. J., Lannin, D. G., & Losby, M. (2020). Seeking help despite the stigma: Experiential avoidance as a moderated mediator. *Journal of Counseling Psychology*, 67(1), 132-140. <http://doi.org/10.1037/cou0000365>
- Ertl, M. M., Rentería, R., Dillon, F. R., De La Rosa, M., & **Brenner, R. E.** (2019). Longitudinal associations between marianismo beliefs and acculturative stress among Latina immigrants during initial years in the United States. *Journal of Counseling Psychology* 66(6), 665-677.
<http://doi.org/10.1037/cou0000361>.
- Vogel, D. L., Heath, P. J., Engel, K. E., **Brenner, R. E.**, Strass, H. A., Al-Darmaki, F. R., Armstrong, P. I., Galbraith, N., Galbraith, V., Gonçalves, M., Baptista, M. N., Liao, H-Y., Mackenzie, C., Mak, W. S. S., Topkaya, N., Rubin, M., Alina Zlati, A. (2019). Cross-cultural validation of the perceptions of stigmatization by others for seeking help (PSOSH) scale. *Stigma and Health*, 4(1) 82-85.
<http://doi.org/10.1037/sah0000119>
- Hammer, J. H., & **Brenner, R. E.** (2019). Disentangling gratitude: A theoretical and psychometric examination of the gratitude resentment and appreciation test-revised short (GRAT-RS). *Journal of Personality Assessment*, 101(1), 96-105. <http://doi.org/10.1080/00223891.2017.1344986>
- Hisler, G. C., & **Brenner, R. E.** (2019). Does sleep partially mediate the effect of everyday discrimination on future mental and physical health? *Social Science & Medicine*, 221(1), 115-123.
<http://doi.org/10.1016/j.socscimed.2018.12.002>
- Brenner, R. E.**, Engel, K. E., Vogel, D. L., Tucker, J. R., Yamawaki, N., & Lannin, D. G. (2018). Intersecting cultural identities and help-seeking attitudes: The role of religious commitment, sex, and self-stigma of seeking help. *Mental Health, Religion & Culture*, 21(6), 578-587.
<http://doi.org/10.1080/13674676.2018.1519782>

- Shechtman, Z., Alim, E., **Brenner, R. E.**, & Vogel, D. L. (2018). Public stigma, self-stigma, and intentions to seek group therapy help among clinical and non-clinical Arab adults in Israel. *International Journal of Culture and Mental Health*, 11, 595-604. <http://doi.org/10.1080/17542863.2018.1461913>
- Seidman, A. J., Wade, N. G., Lannin, D. G., Heath, P. J., **Brenner, R. E.**, & Vogel, D. L. (2018). Self-affirming values to increase student veterans' intentions to seek counseling. *Journal of Counseling Psychology*, 65, 653-660. <http://doi.org/10.1037/cou0000289>
- Brenner, R. E.**, Vogel, D. L., Lannin, D. G., Engel, K. E., Seidman, A. J., & Heath, P. J. (2018). Do self-compassion and self-coldness distinctly relate to distress and well-being? A theoretical model of self-relating. *Journal of Counseling Psychology*, 65, 346-357. <http://doi.org/10.1037/cou0000257>
- Heath, P. J., **Brenner, R. E.**, Lannin, D. G., & Vogel, D. L. (2018). Self-compassion moderates the relationship of public and self-stigma of seeking help. *Stigma and Health*, 3, 65-68. <http://doi.org/10.1037/sah0000072>
- Brenner, R. E.**, Heath, P. J., Vogel, D. L., & Credé, M. (2017). Two is more valid than one: Examining the factor structure of the Self-Compassion Scale (SCS). *Journal of Counseling Psychology*, 64, 696-707. <http://doi.org/10.1037/cou0000211>
- Vogel, D. L., Strass, H. A., Heath, P. J., Al-Darmaki, F. R., Armstrong, P. I., Baptista, M. N., **Brenner, R. E.**, Gonçalves, M., Lannin, D. G., Liao, H-Y, Mackenzie, C. S., Mak, W. W. S., Rubin, M., Topkaya, N., Wade, N. G., Wang, Y. F., & Zlati, A. (2017). Stigma of seeking psychological services: Examining college students across ten countries/regions. *The Counseling Psychologist*, 45, 170-192. <http://doi.org/10.1002/jcad.12133>
- Topkaya, N., Vogel, D. L., & **Brenner, R. E.** (2017). Cross-cultural decisions to seek therapy: Examination of the stigmas toward seeking mental health services among Turkish college students. *Journal of Counseling & Development*, 95, 213-225. <http://doi.org/10.1002/jcad.12133>
- Heath, P. J., **Brenner, R. E.**, Vogel, D. L., Lannin, D. G., & Strass, H. A. (2017). Masculinity and barriers to seeking counseling: The buffering role of self-compassion. *Journal of Counseling Psychology*, 64, 94-103. <http://doi.org/10.1037/cou0000185>
- Lannin, D. G., Vogel, D. L., **Brenner, R. E.**, Abraham, T. W., & Heath, P. J. (2016). Does self-stigma reduce the probability of seeking mental health information? *Journal of Counseling Psychology*, 63, 351-358. <http://doi.org/10.1037/cou0000108>
- Brenner, R. E.**, & Vogel, D. L. (2015). Measuring thought content valence after a breakup: Development of the positive and negative ex-relationship thoughts (PANERT) scale. *Journal of Counseling Psychology*, 62, 476-487. <http://doi.org/10.1037/cou0000073>
- Lannin, D. G., Vogel, D. L., **Brenner, R. E.**, & Tucker, J. R. (2015). Predicting self-esteem and intentions to seek counseling: The Internalized Stigma Model. *The Counseling Psychologist*, 43, 64-93. <http://doi.org/10.1177/0011000014541550>

MANUSCRIPTS UNDER REVIEW (1)

Borgagna, N. C., McDermott, R. C., & **Brenner, R. E.** (revise & resubmit). *Sexuality and Gender Invariance of the PHQ-9 and GAD-7: Implications for 16 Identity Groups*. Journal of Affective Disorders.

MANUSCRIPTS IN PREPARATION (10)

Brenner, R. E., Vogel, D. L., Vidales, C. A., Al-Darmaki, F. R., Baptista, M. N., Ertl, M. M., M., Liao, H-Y, Mak, W. W. S., Nasvytien, D., Rubin, M., Schomerus, G., Seidman, A. J., & Topkaya, N. (in preparation). Development of the Collective-Interdependent Stigma of Seeking Help Scale (CISSH).

Egli, M. R., **Brenner, R. E.**, Douglass, R. P., & Ertl, M. M. (in preparation). Stigma Consciousness and the Pursuit of Decent Work Among LGBTQ Adults.

Brenner, R. E., McDermott, R. C., Hammer, J. H., Vidales, C. V., & Tucker, J. R. (in preparation). Measurement Invariance of the Self-Stigma of Seeking Help Scale (SSOSH).

Mathison, L., Seidman, A. J., Wade, N. G., **Brenner, R. E.**, Heath, P. J., & Vogel, D. L. (in preparation) A heavier burden of stigma? Comparing outpatient and inpatient mental health stigma.

Lannin, D. L. & **Brenner, R. E.** (in preparation). The influence of narcissistic vulnerability and grandiosity on psychological help-seeking.

Zannon, C., & **Brenner, R. E.** (in preparation). Incremental validity of the DASS-21 among service members in Brazil.

Edwards, S., Vogel, D. L., & **Brenner, R. E.** (in preparation). The influence of self-stigma and disclosure expectations on attitudes and intentions toward seeking couples counseling.

Brenner, R. E., Hammer, J. H., Vogel, D. L., Bitman-Heinrichs, R. L., Heath, P. J., Wade, N. G., & Vidales, C. A. (in preparation). Disentangling self-stigma II: Extending the theoretical understanding of mental illness and help-seeking self-stigmas.

Heath, P. J., Lannin, D. G., **Brenner, R. E.**, Seidman, A. J., & Vogel, D. L. (in preparation). A tale of two interventions: The effects of self-compassion and affirmation on distress and stigma.

Brenner, R. E., Smith, A., & West, R. (in preparation). An investigation of the association between heartbreak and incidental autobiographical memory.

PEER-REVIEWED CONFERENCE PRESENTATIONS (35)

Brenner, R. E., Egli, M. R., Stonecipher, E. S., Hisler, G. C., Douglass, R. P., & Hammer, J. H. (2020, August). *Investigating Discrimination, Sleep, and Anxiety Among Sexual Minority College Students* [Poster Presentation]. The 128th Annual Convention of the American Psychological Association, Washington, D.C.

- Egli, M. R., **Brenner, R. E.**, Stonecipher, E. S., Ertl, M. M., & Douglass, R. P. (2020, August). *Stigma Consciousness and the Pursuit of Decent Work Among LGBTQ Adults* [Poster Presentation]. The 128th Annual Convention of the American Psychological Association, Washington, D.C.
- Ozmat, E. E., Ertl, M. M., **Brenner, R. E.**, Heath, P. J., Ladouceur, G. M., Bozek, D. M., Hammer, J. H. (2020, August). *External coping behaviors mediate the relation between self-compassion and mental health* [Poster Presentation]. The 128th Annual Convention of the American Psychological Association, Washington, D.C.
- Heath, P. J., Vogel, D. L., & **Brenner, R. E.** (2020, August). *Testing the effect of brief compassion interventions on mental health symptoms and stigma in community men* [Poster Presentation]. The 128th Annual Convention of the American Psychological Association, Washington, D.C.
- Stonecipher, E.S., Ertl, M. M., Egli, M. R., **Brenner, R. E.**, & Hammer, J. H. (2020, August). *Exploring Mental Health Disparities Among Non-Monosexual and Multiracial College Students* [Poster Presentation]. The 128th Annual Convention of the American Psychological Association, Washington, D.C.
- Brenner, R. E.**, Colvin, K. F., Hammer, J. H., & Vogel, D. L. (2020, April). *Increasing accessibility to care: Development of Revised (SSOSH-7) and Screener (SSOSH-3) Versions of the Self-Stigma of Seeking Help Scale* [Poster Presentation]. Society of Counseling Psychology Conference, New Orleans, LA. (Conference canceled)
- Ertl, M. M., **Brenner, R. E.**, & Dillon, F. R. (2020, April). *Using "academic family trees" to build on our traditions in counseling psychology* [Poster Presentation]. Society of Counseling Psychology Conference, New Orleans, LA. (Conference canceled)
- Vidales, C.A., **Brenner, R.E.**, Vogel, D.L., Ertl, M.M., Al-Darmaki, F.R., Baptista, M.K., Liao, H., Mak, W.W.S., Nasvytiene, D., Rubin, M., Schomerus, G., & Topkaya, N. (2020). *Development of the Collective-Interdependent Stigma of Seeking Help Scale (CISSH) Across 10 Countries* [Poster presentation]. Society of Counseling Psychology Conference, New Orleans, LA. (Conference canceled)
- Brenner, R. E.**, McDermott, R. C., Hammer, J. H., & Tucker, J. R. (2019, August). *Measurement Invariance of the Self-Stigma of Seeking Help Scale (SSOSH)* [Poster presentation]. The 127th Annual Convention of the American Psychological Association, Chicago, IL.
- Brenner, R.E.**, Hammer, J. H., Vogel, D. L., Bitman-Heinrichs, R. L., Heath, P. J., & Wade, N. G. (2019, August). *Extending the Theoretical Understanding of Mental Illness and Help-Seeking Self-Stigmas* [Poster Presentation]. The 127th Annual Convention of the American Psychological Association, Chicago, IL.
- MacBeth, A., Vidales, C. A., **Brenner, R. E.**, & Vogel, D. L. (2019, August). *Saying "Good-Bi" To the Closet: The Associations Between Bisexuality, Gender, and Coming Out* [Poster presentation]. The 127th Annual Convention of the American Psychological Association, Chicago, IL.
- Hilliard, T, Knox, D., & **Brenner, R. E.** (2019, April). *Feminist Attitudes: Some Demographic Findings* [Poster Presentation]. The annual meeting of the Southern Sociological Society, Atlanta, GA.
- Brenner, R. E.**, Vogel, D. L., & Vidales, C. (2018, August). *Social Justice and Basic Guidelines in Scale Development*. In **Brenner, R. E.** (Chair) & Hammer, J. H. (Co-Chair), *Advocacy and Diversity in*

Measurement: Scale Development, Bifactor Analysis, and Invariance Testing [Symposium]. The 126th Annual Convention of the American Psychological Association, San Francisco, CA.

Vidales, C., Heath, P. J., Vogel, D. L., **Brenner, R. E.** (2018, August). *Predicting Self-Stigma: The Role of Self-Compassion, Coldness and Psychological Flexibility* [Poster Presentation]. The 126th Annual Convention of the American Psychological Association, San Francisco, CA.

Brenner, R. E., Cornish, M. A., Heath, P. J., Lannin, D. L., & Losby, M. (2018, August). *Seeking Help Despite the Stigma; Psychological Flexibility as a Moderated Mediator* [Poster Presentation]. The 126th Annual Convention of the American Psychological Association, San Francisco, CA.

Vogel, D. L., Heath, P. J., Seidman, A. J., Wade, N. G., Lannin, D. G., & **Brenner, R. E.** (2018, August). *A longitudinal analysis of help-seeking stigma in student Veterans* [Poster Presentation]. The 126th Annual Convention of the American Psychological Association, San Francisco, CA.

Heath, P. J., Lannin, D. G., **Brenner, R. E.**, Seidman, A. J., & Vogel, D. L. (2018, August). *A tale of two interventions: The effects of self-compassion and affirmation on distress and stigma* [Poster Presentation]. The 126th Annual Convention of the American Psychological Association, San Francisco, CA.

Lannin, D. G., Ludwikowski, W. M. A., Seidman, A. J., Heath, P. J., **Brenner, R. E.**, & Vogel, D. L. (2018, August). *How do personal values influence psychological help-seeking?* [Poster presentation]. The 126th Annual Convention of the American Psychological Association, San Francisco, CA.

Hisler, G. C., & **Brenner, R. E.** (March, 2018). *Sleep Partially Mediates the Effect of Discrimination on Mental and Physical Health Outcomes Nine Years Later.* [Poster presentation]. The 19th Annual Convention of the Social for Personality and Social Psychology in Atlanta, Georgia.

Brenner, R. E., Heath, P. J., Vogel, D. L., & Egli, M. R. (August, 2017). *Disentangling self-compassion from self-coldness in predicting mental health outcomes* [Poster presentation]. The 125th Annual Convention of the American Psychological Association, Washington, D.C.

Heath, P. J., **Brenner, R. E.**, Vogel, D. L. (August, 2017). *Shame and depression: A model of moderated mediation* [Poster presentation]. The 125th Annual Convention of the American Psychological Association, Washington, D.C.

Vogel, D. L., Heath, P. J., Engel, K., **Brenner, R. E.**, Strass, H. A., Al-Darmaki, F. R., Galbraith, N., Galbraith, V., Gonçalves, M., Baptista, M. N., Liao, H-Y., Mackenzie, C., Mak, W. S. S., Topkaya, N., Rubin, M., Alina Zlati, A. (August, 2017). *Cross-cultural validation of the perceptions of stigmatization by others for seeking help (PSOSH) Scale* [Poster presentation]. The 125th Annual Convention of the American Psychological Association, Washington, D.C.

Brenner, R. E. & West, R. (March, 2017). *Heartbreak on my mind: An effect of heartbreak on incidental autobiographical memory, but not general affective information processing* [Symposium]. The 2017 Meeting of the Social and Affective Neuroscience Society, Los Angeles, CA.

Brenner, R. E., Vogel, D. L., & Heath, P. J. (August, 2016). *Adjustment to a romantic relationship breakup: Effects of thought content valence* [Poster presentation]. The 124th Annual convention of the American Psychological Association, Denver, CO.

- Heath, P. J., **Brenner, R. E.**, Vogel, D. L., Martyr, M. A. (August, 2016). *Masculine norm adherence in women: A barrier to seeking psychological help* [Poster presentation]. The 124th Annual Convention of the American Psychological Association, Denver, CO.
- Eckhart, T. M., Heath, P. J., **Brenner, R. E.**, & Vogel, D. L. (August, 2016). *The power of awareness and non-judgment: How mindfulness facets relate to help-seeking stigma* [Poster presentation]. The 124th Annual Convention of the American Psychological Association, Denver, CO.
- Brenner, R. E.** & Baker, D. M. (January, 2015). *Where will you lead? Choosing the career path that's best for you.* [Conference presentation]. The 9th Annual Iowa State Leadership Experience conference of the Iowa State University, Ames, IA.
- Brenner, R. E.** (September, 2014). *Internalized Homophobia in Therapy* [Symposium]. The 1st Annual Multicultural Day conference of the Iowa State University Counseling Program, Ames, IA.
- Brenner, R. E.**, & Vogel, D. L. (August, 2014). *Development of a Scale for Positive and Negative Thought Content After a Romantic Relationship Ends* [Poster presentation]. The 122nd Annual convention of the American Psychological Association, Washington, D.C.
- Brenner, R. E.**, Vogel, D. L., Heesacker, M. (August, 2014). *Investment Investigated: Emotional Investment Predicts Romantic Relationship Commitment* [Poster presentation]. The 122nd Annual convention of the American Psychological Association, Washington, D.C.
- Lannin, D. G., Vogel, D. L., **Brenner, R. E.**, & Tucker, J. R. (August, 2014). *The internalized stigma model: Predicting self-esteem and intentions to seek counseling* [Poster presentation]. The 122nd Annual convention of the American Psychological Association, Washington, D.C.
- Lannin, D. G., Vogel, D. L., Gyll, M., **Brenner, R. E.**, & Kautz, C. (August, 2014). *Longitudinally testing two competing writing interventions designed to reduce self-stigma* [Poster presentation]. The 122nd Annual convention of the American Psychological Association, Washington, D.C.
- Strass, H., Vogel, D. L., Al-Darmaki, F. R., Baptista, M. N., Bitman, R. L., **Brenner, R. E.**, Heath, P. J., Liao, H. Y., Gonçalves, M., Mackenzie, C., Mak, W. W. S., Topkaya, N., Rubin, M. Tsai, P. C., Wade, N. G., & Zlati, A. (August, 2014). *Stigma and Intentions to Seek Counseling: Examination Across 10 Countries* [Poster presentation]. The 122nd Annual convention of the American Psychological Association, Washington, D.C.
- Brenner, R. E.**, Vogel, D. L., Bittner, K., & Lorenz, F. (August, 2013). *Demand, misunderstand, withdraw: An investigation of avoidance in married couples* [Poster presentation]. The 121st Annual convention of the American Psychological Association, Honolulu, HI.
- Brenner, R. E.**, Tucker, J. R., Yamawaki, N., & Vogel, D. L. (August, 2013). *U.S. within-culture variation in the stigmatization of seeking help: The interaction of multiple identities* [Poster presentation]. The 121st Annual convention of the American Psychological Association, Honolulu, HI.

INVITED PRESENTATIONS

- Brenner, R. E.** (2020, March). *Working with Sexual Minority Clients in Therapy*. Invited talk presented at Department of Psychology brown bag at the University at Albany, SUNY, Albany, New York.

Brenner, R. E. (2020, February). *Beyond the Sexual Binary: An Introduction and Exploration of Non-Monosexuality*. Invited workshop presented at the 2020 Sexuality Month of the University at Albany, SUNY, Albany, New York.

Brenner, R. E. (2019, February). *Beyond the Sexual Binary: An Introduction and Exploration of Non-Monosexuality*. Invited workshop presented at the 2019 Sexuality Month of the University at Albany, SUNY, Albany, New York.

Brenner, R. E. (September 2015). *Letting go of privilege: Heterosexual and Monosexual Privilege*. Invited presentation presented at the 2nd Annual Multicultural Day conference of the Iowa State University Counseling Program, Ames, IA.

HONORS AND AWARDS

American Psychological Association Convention Best Poster Nominee (Division 17, 2018)

Graduate Research Excellence Award, ISU Graduate College (2017)

Outstanding Counseling Graduate Student Award, ISU Department of Psychology (2017)

Excellence in Undergraduate Mentoring Award, ISU Department of Psychology (2017)

Outstanding Empirical Article Award, ISU Department of Psychology (2015)

RESEARCH FUNDING

Travel Grants, ISU Department of Psychology (\$1600; 2013-2017)

Professional Development Grants, ISU Graduate and Professional Student Senate (\$600; 2013-2017)

Research Enhancement Award, ISU Department of Psychology (\$400; 2014)

Graduate Fellowship, ISU Graduate College (\$9,000 matched stipend; 2013-2016)

Co-wrote the following grant proposal as graduate student that allowed faculty co-authors:

- Vogel, D. L. (2017). *Establishing Measurement Equivalence of MRSC Database Assessments Across Demographic Groups*. Military Suicide Research Consortium (MSRC). \$149,986 Direct. Accepted.

UNFUNDED OR UNDER REVIEW PROPOSALS

- Smith, C. (PI), Asaro-Saddler, K. (Co-PI), & Brenner, R. E. (Co-PI). *Impact of Incidents of Mass Violence on College Students' Secondary Traumatic Stress Symptoms, Perception of Threats, and Ability to Learn*. National Science Foundation. \$753,148. Direct. Under Review.

- Wade, N. G. (PI), Brenner, R. E., (Co-PI), & Tittler, M. *Minority Experiences of Religion and Spirituality in Psychotherapy: Big Data Analysis Proposal*. \$9,700 Direct. Unfunded.

Co-wrote the following grant proposal as graduate student that allowed faculty co-authors:

- Vogel, D. L., Wade, N. G., & Lannin, D. G. (2017). *Suicide Prevention: Testing a Novel Self-Affirmation Strategy to Reduce Stigma and Increase Help-Seeking Behaviors*. Military Suicide Research Consortium (MSRC). \$977,114 Direct. Unfunded.

TEACHING EXPERIENCE

Instructor

- Multicultural Perspectives (Spring 2020)
- Advanced Practicum I (Fall 2019)

- Internship in Counseling (Summer 2019; Summer 2020)
- Counseling Psychology Assessment I (Spring 2019; Spring 2020)
- Introduction to Counseling Theories and Practice (Fall 2018; Fall 2019)
- Applied Psychological Measurement (Summer 2017)
- Social Psychology (Fall 2016)
- Personal Career Development (Fall 2014; Spring 2015; Fall 2015)
- Abnormal Psychology (Summer 2015)

Supervisor of Graduate Instructors

- Principles of Career and Life Planning
 - Supervised two Graduate Instructors (Spring 2019)
 - Supervised four Graduate Instructors (Fall 2019; Spring 2020)

Guest Lecturer

- Abnormal Psychology (Fall 2015; Fall 2016)
- Introduction to Psychology (Spring 2015)
- Vocational Psychology (Graduate course; Spring 2015)
- Psychology & Law (Spring 2015)
- Research Practicum (Fall 2012; Fall 2015)

Teaching Assistant

- Child and Adolescent Psychology (Spring 2017)
- Abnormal Psychology (Fall 2012-Spring 2014)
- Developmental Psychology (Spring 2011)

SERVICE

Ad Hoc Reviewer:

Journal of Counseling Psychology
Psychology of Men & Masculinities
European Journal of Personality Assessment
Mindfulness
Journal of Child and Adolescent Psychology
Journal of Affective Disorders
Clinical Psychology and Psychotherapy
Health and Quality of Life Outcomes
PLoS One

Ad Hoc Co-Reviewer:

Journal of Counseling Psychology
Journal of Clinical Psychology
Journal of Mental Health
Journal of Marriage and Family
Journal of Social and Personal Relationships
Mindfulness
Personal Relationships
Psychology of Men and Masculinity

Masters Capstone Committee Member (Completed): Englann Taylor; Yajaira Cabrera Tineo

Dissertation Committee Member: Mackenzie McNamara; Justin Kimber; Margeaux Cannon

Masters Committee Chair: Maddie Egli

Masters Program Advisor (Completed): Casey Allen; Bryce Colvin; Hannah Dillon; Deirdre Leo; Darin Roy; Erik Stonecipher

Faculty Chair, UAlbany's Annual Diversity Conference (October 2018-July 2020)

Committee Member, UAlbany Department Committee to Create Graduate Quantitative Certificate

Member, ISU Queer* Graduate Student Association (Q*GSA) (2015-2017)

Graduate Student Mentor, ISU Graduate Students in Counseling Psychology (2014-2017)

President, ISU Graduate Students in Counseling Psychology; (2012-2013; 2015-2016)

- Objective (completed): Develop annual Multicultural Day conference

Staff Search Committee Member, ISU Student Counseling Service (2016)

State Advocacy Coordinator, APAGS Advocacy Coordinating Team (2013-2015)

Social Events Coordinator, ISU Graduate Students in Psychology (2013-2014)

Campus Representative, APAGS Advocacy Coordinating Team (2012-2013)

CLINICAL EXPERIENCE

Doctoral Psychology Intern: August 2017 – July 2018

Counseling Services, CSUHN

Advanced Practicum Counselor: August 2015 – May 2016

Student Counseling Service, ISU

Clinical Assessment Graduate Assistant: August 2015 – May 2016

Student Counseling Service, ISU

Career Graduate Assistant: August 2014 – May 2016

Career Exploration Services, Division of Student Counseling Service, ISU

Practicum Counselor: August 2014 – May 2015

Student Counseling Service, ISU

Assessment Practicum Counselor: August 2014 – December 2014

Department of Psychology, ISU

Career Practicum Counselor: August 2013 – May 2014

Student Counseling Service, ISU

Practicum Counselor: August 2012 – May 2013

Department of Psychology, ISU

SUPERVISION EXPERIENCE

Supervisor of Doctoral Counseling Psychology Practicum Students: August 2019 – Jan 2020

Psychological Services Center (Community Clinic), University at Albany, SUNY

Supervisor of Doctoral Counseling Psychology Practicum Students: August 2017 – July 2018

Counseling Services, CSUHN

Supervisor of Doctoral Counseling Psychology Practicum Students: August 2016 – May 2017
Department of Psychology, ISU

Supervisor of Undergraduate Paraprofessionals: August 2014 – May 2016
Career Exploration Services, Division of Student Counseling Service, ISU

GROUP COUNSELING EXPERIENCE

Leader, Interpersonal Process Group: May 2018 – July 2018
Counseling Services, CSUHN

Co-Leader, Interpersonal Process Group: January 2018 – May 2018
Counseling Services, CSUHN

Co-Leader, Interpersonal Process Group: August 2017 – December 2017
Counseling Services, CSUHN

Co-Leader, Interpersonal Process Group: January 2016 – May 2016
Student Counseling Service, ISU

Co-Leader, Mindfulness-Based Interpersonal Process Group: January 2015 – May 2015
Student Counseling Service, ISU

Co-Leader, Interpersonal Process Group: August 2014 – December 2014
Student Counseling Service, ISU

Co-Leader, Hybrid Interpersonal Process/Psychoeducation Group: January 2014 – May 2014
Student Counseling Service, ISU

Observer, Mindfulness-Based Interpersonal Process Group: August 2013 – December 2013
Student Counseling Service, ISU

CONSULTING EXPERIENCE

Measurement Consultant: December 2019 – May 2020
Avion Consulting, CA

- Evaluated, restructured, and shortened a leadership assessment
- Evaluating the psychometric properties of a job coaching assessment

Program Representative: August 2016 – May 2016
Graduate Students in Counseling Psychology, ISU

- Designed and implemented program evaluation

Organizational Consultant: June 2016 – December 2016
Capital City Fruit, Norwalk, IA

- Evaluated and rebuilt annual performance review program

PROFESSIONAL AFFILIATIONS

American Psychological Association – Member

-Society of Counseling Psychology (Division 17, APA)

-Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues (Division 44, APA)

-Society for the Psychological Study of Men and Masculinity (Division 51, APA)