

# "Racing to Beat the Clock" Texas-Sized Issues Associated with the Transportation of Select Agents from Rural Hospitals to Reference Laboratories

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## INTRODUCTION





#### Background

- Emerging infectious diseases
- Biological terrorism
  - ☐ History of biological warfare
  - □ Terrorist attacks of September 11, 2001
  - □ Anthrax spores released October 12, 2001
- Chemical terrorism
  - ☐ History of chemical warfare
  - Characteristics of chemical weapons



#### Laboratory Response Network

- Established in 1999 by the CDC
- Founding partners: FBI, APHL, CDC
- Two laboratory network divisions
  - □ Biological terrorism
  - Chemical terrorism



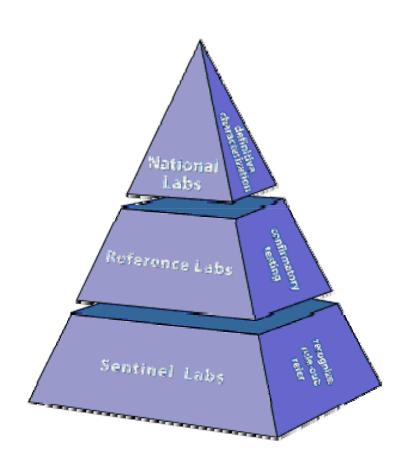


## Network for Biological Terrorism

Sentinel laboratories

Reference laboratories

National laboratories



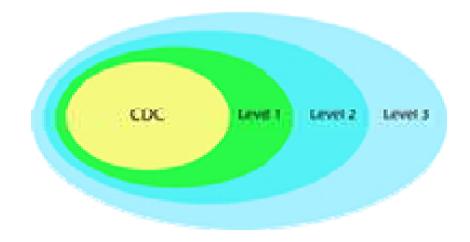


## Network for Chemical Terrorism

Level 3

Level 2

Level 1





#### **Emergency Preparedness**

- Local Health Departments (LHDs)
- State Health Departments:
  - 1. Build relationships with the clinical community
  - Enable rapid communication
  - 3. Increase lab connectivity and training
  - 4. Conduct proficiency testing







#### **Shipping & Handling Agents**

- Shipping & Handling:
  - 1. Collection process
  - 2. Initial processing before storage or analysis
  - 3. Transport
- Affects sample quality and test results

Maintains viability of living organisms





## CDC Performance Measure Standards

In an emergency, target times for shipping: sentinel labs reference labs

- □ Infectious biological agent = 60 minutes
- □ Hazardous chemical agent = 180 minutes

□ Environmental samples = 60 minutes



#### **Transportation Regulations**

#### International:

- International Air Transport Association (IATA)
- UN Committee of Experts (UNCOE)

#### **Domestic:**

- U.S. Department of Transportation (DOT)
- Code of Federal Regulations (CFR)
- Federal Aviation Authority (FAA)





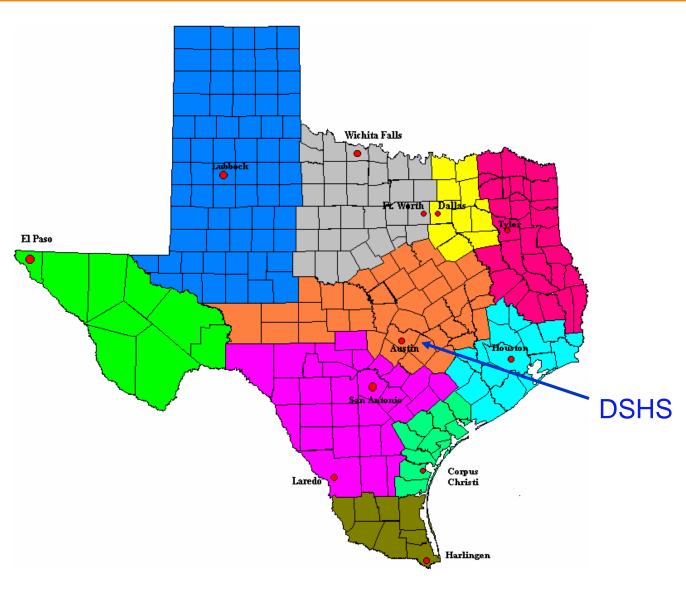


#### **Texas Sized Problem**

- Large rural areas in the south and west
- Rural populations:
  - Underestimate possibility of terrorist attack
  - Lack dependable transportation
  - Need laboratory personnel training
- Metropolitan areas delivery times <2 hours</p>
- Rural areas delivery times 5+ hours



#### **Texas LRN**





#### **Purpose**

- Measure Texas LHDs' emergency shipping and handling readiness
- Identify commercial courier services that can meet the needs of the Texas LRN
- Develop a specimen shipping plan for the Texas LRN laboratories to submit suspect agents to DSHS following CDC performance measure standards.



## METHODS





#### Methods

Identify rural areas needing couriers

Measure emergency handling readiness of Texas LHDs

Identify couriers able to meet needs of Texas LRN

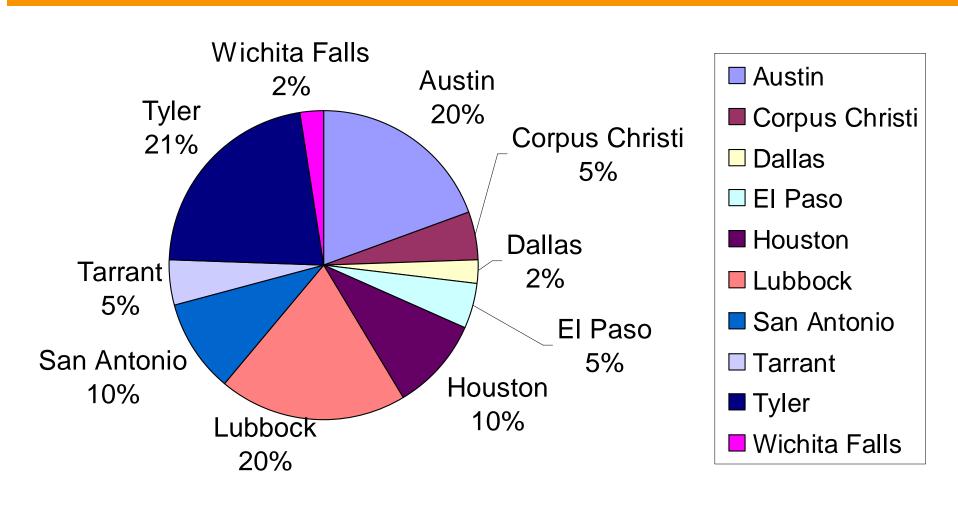
Develop specimen shipping plan



## Identify Rural Areas Needing Couriers

- Surveyed 80 rural hospital laboratories
  - Public Health Intern Taylor Johnson
  - 42 cannot meet CDC performance measures
- Factors limiting performance:
  - □ Lack of handling training 27%
  - □ Lack of courier service or distance 73%
- Identified rural Texas areas needing couriers

## Distribution of Rural Texas Laboratories Unable to Meet CDC Performance Measure Standards by LRN Region





#### Methods

Identify rural areas needing couriers



Measure emergency handling readiness of Texas LHDs



#### Methodology

- Create survey for Texas LHDs
  - □ Target laboratory or bioterrorism directors
  - Draft questions
- Administer survey
  - □ Call all 65 Texas LHDs
  - □ Follow up on calls



Mode(s) of transportation currently used to ship suspect agents to reference labs?

Emergency shipping and handling protocol?

If so, what mode(s) of emergency shipping and handling were planned?



#### Methods

Identify rural areas needing couriers

Measure emergency handling readiness of Texas LHDs

Identify couriers able to meet needs of Texas LRN



#### **Identify Qualified Couriers**

- 1. Three criteria
  - Service area includes Texas
  - Transport medical and hazardous materials
  - Hazmat certified
- 2. Research couriers
  - Preliminary research
  - Final comparison test
- 3. Select 2 best couriers





- Identify 34 potential couriers
- Create survey questions
  - □ Hazmat certified?
  - □ Service area?
  - □ Availability? 24/7? Holidays?
  - Methods of transportation?
  - □ Tracking?
- Call all 34 couriers
- Reduce to 14 potential couriers

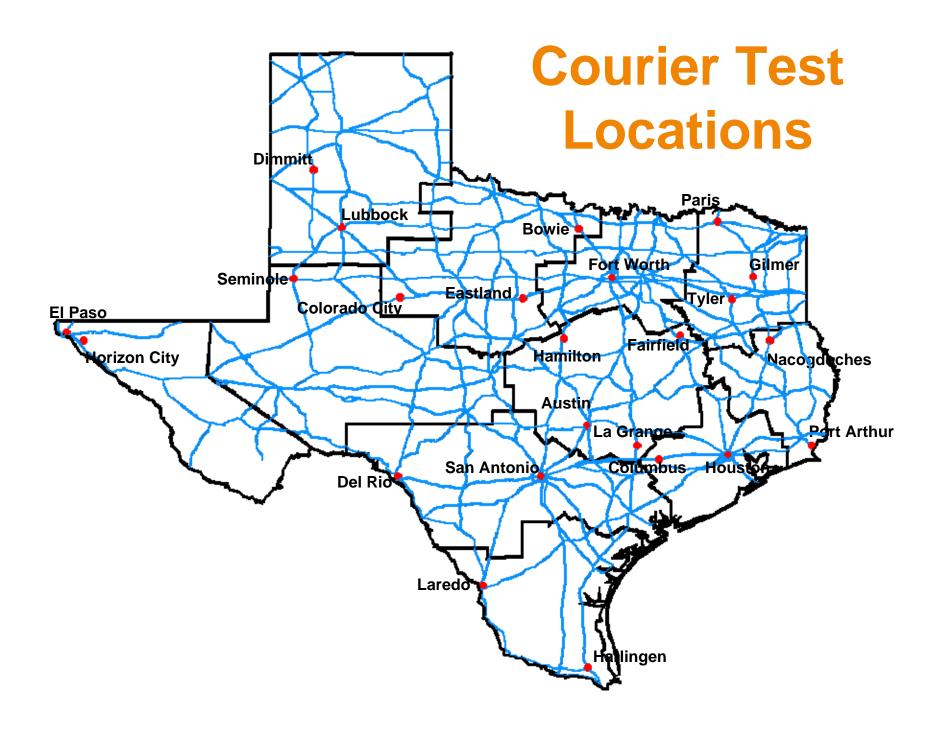




#### **Choosing the Final Couriers**

- Compare courier efficiencies:
  - Pickup times
  - Transport times
  - □ Cost







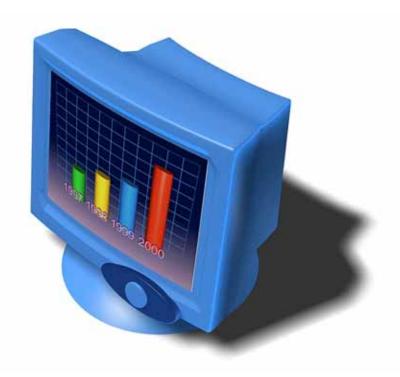
#### **Data Collection and Analysis**

Excel

Access

ArcView







#### Methods

Identify rural areas needing couriers

Measure emergency handling readiness of Texas LHDs

Identify couriers able to meet needs of Texas LRN



Develop specimen shipping plan



## Develop Specimen Shipping Plan

- Incorporate results from:
  - Rural hospital laboratory survey
  - □ Texas LHDs survey
  - Courier research

- Recommendations
  - CDC Performance Measures
  - Plan of action



### RESULTS





#### Results

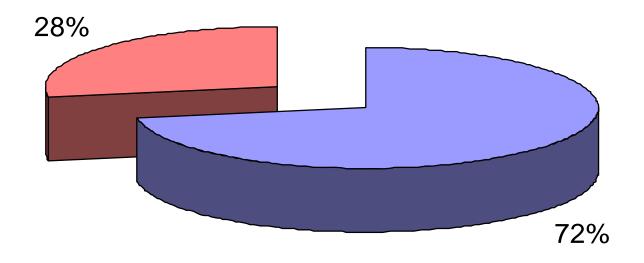
Emergency handling readiness of Texas LHDs

Couriers able to meet needs of Texas LRN

Specimen shipping plan



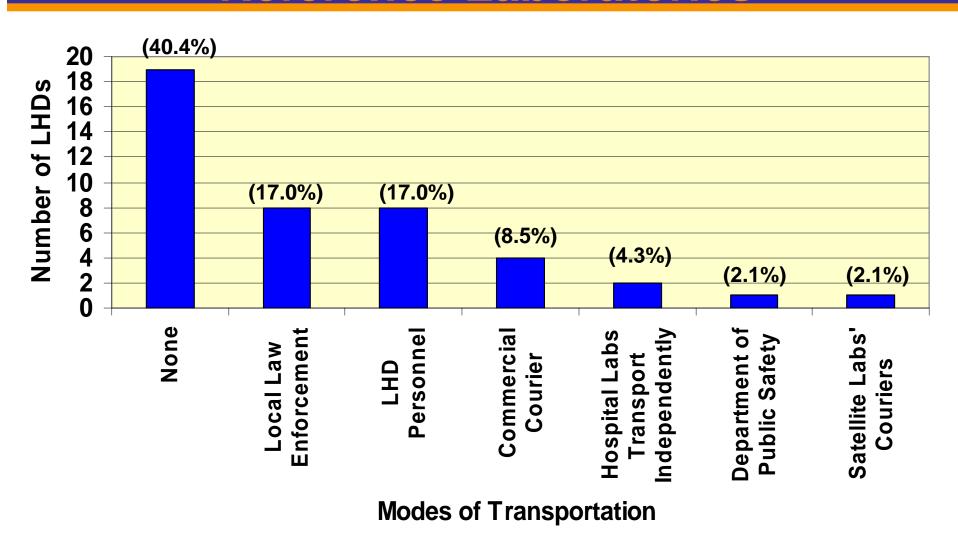
#### **LHD Survey Response Rate**



■ Received Response

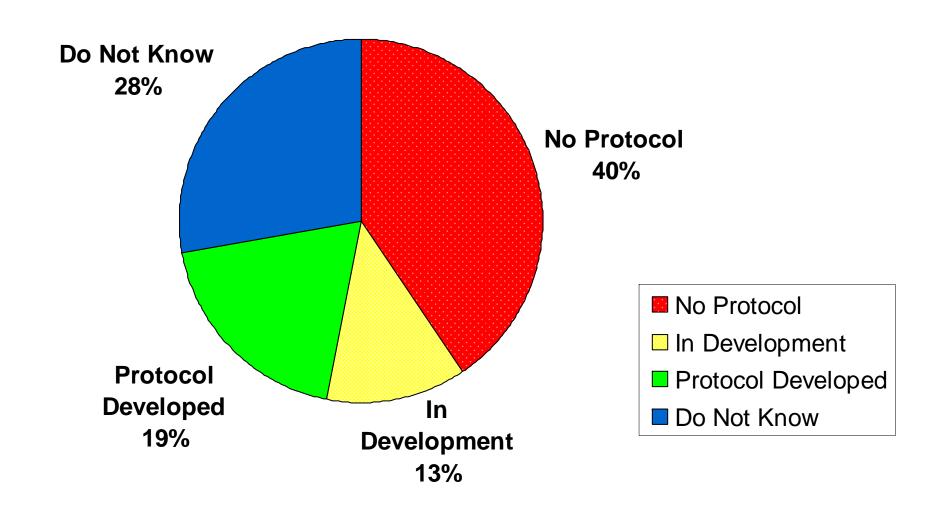
■ No Response

#### Methods of Transportation Used by Texas LHDs to Ship Suspect Agents to Reference Laboratories

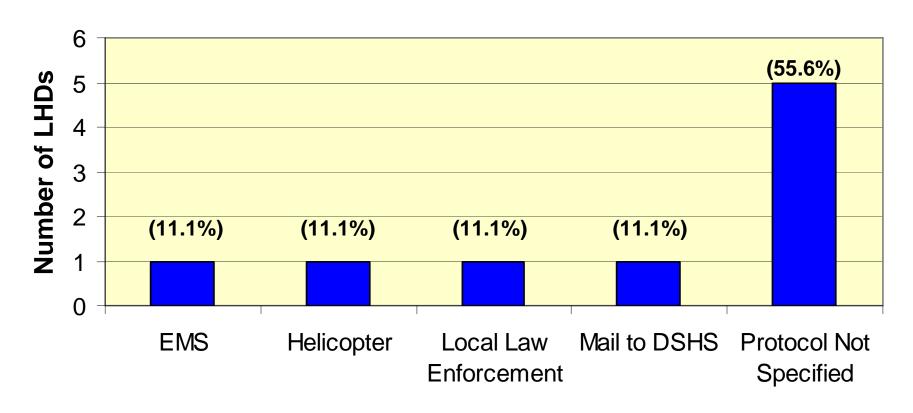




## **Emergency Handling Protocol Readiness of Texas LHDs**



## Methods of Emergency Shipping & Handling Planned by Texas LHDs



**Modes of Emergency Shipping & Handling** 



#### Results

Emergency handling readiness of Texas LHDs



Couriers able to meet needs of Texas LRN



#### **Preliminary Courier Results**

- FedEx Custom Critical
- 2. Jet Express Couriers, Inc.
- 3. TexEx Courier & Messenger
- 4. Green Light Delivery, Inc.
- 5. DHL Express
- 6. Air Courier Dispatch
- 7. City Sprint
- 8. Medicare Express Delivery Service, Inc.
- 9. Corporate Couriers
- 10. AHS Courier
- 11. ASP (Landstar Network)
- 12. Panther II Transportation
- 13. Rapid Delivery Service, Inc.
- 14. UPS Hazardous Materials Support Center







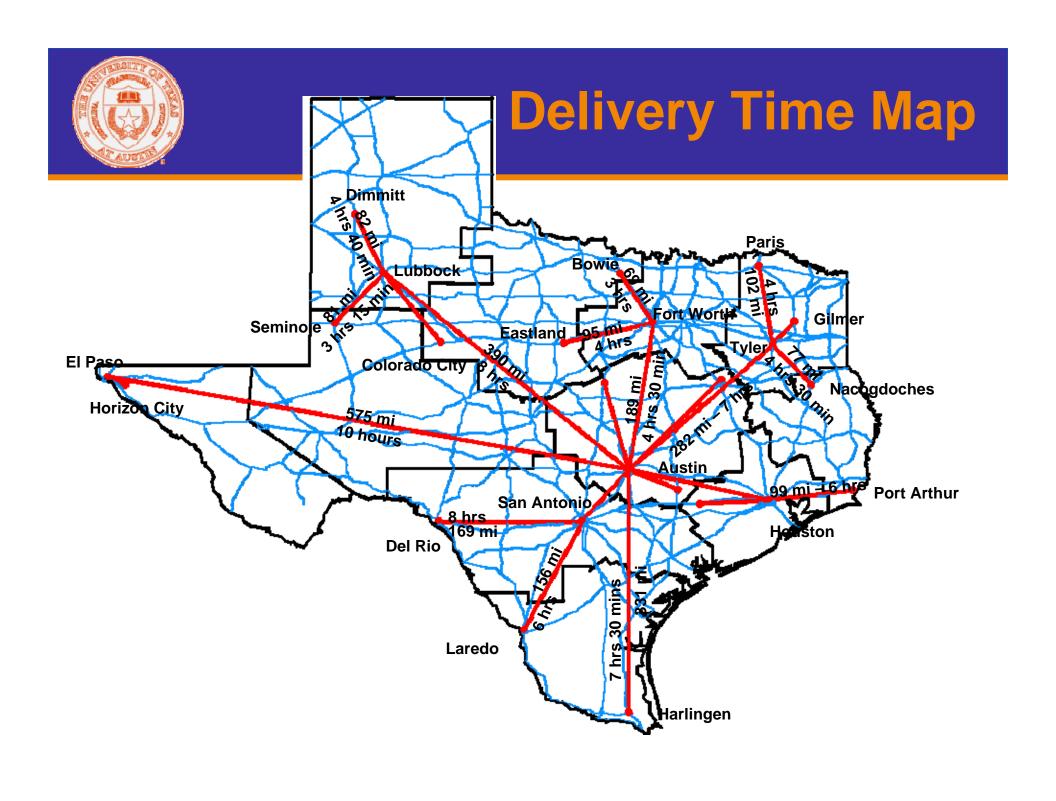






#### **Delivery Time and Cost**

	Delivery Time to DSHS (Cost)			
LRN Region	Air Courier Dispatch		FedEx Custom Critical	
Austin	3 hours 40 mins	(\$270.00)	5 hours 13 mins	(\$300.22)
Lubbock	8 hours	(\$1,104.00)	19 hours 24 mins	(\$1,060.04)
Tyler	7 hours	(\$550.00)	8 hours 25 mins	(\$687.00)
El Paso	10 hours	(\$1,406.93)	14 hours 54 mins	(\$1,316.75)
South Texas	7 hours 30 mins	(\$790.00)	8 hours 53 mins	(\$757.99)





#### **Courier Recommendation**

#### 1. Air Courier Dispatch

- Best overall cost and delivery times
- Worldwide full-service courier
- All drivers receive biohazard training

#### 2. FedEx Custom Critical

- Second in cost and delivery times
- Strong international reputation
- Specialize in critical-care transport







#### Results

Emergency handling readiness of Texas LHDs

Couriers able to meet needs of Texas LRN

Specimen shipping plan



#### Specimen Shipping Plan

- 1. Establish accounts with:
  - □ Air Courier Dispatch
  - □ FedEx Custom Critical
- 2. Develop guidelines for account usage
- 3. Update Collection, Packaging, & Shipment Protocol Plan and report to CDC
- 4. Distribute plan to Texas LRN laboratories
  - Rural hospital laboratories
  - Local Health Departments

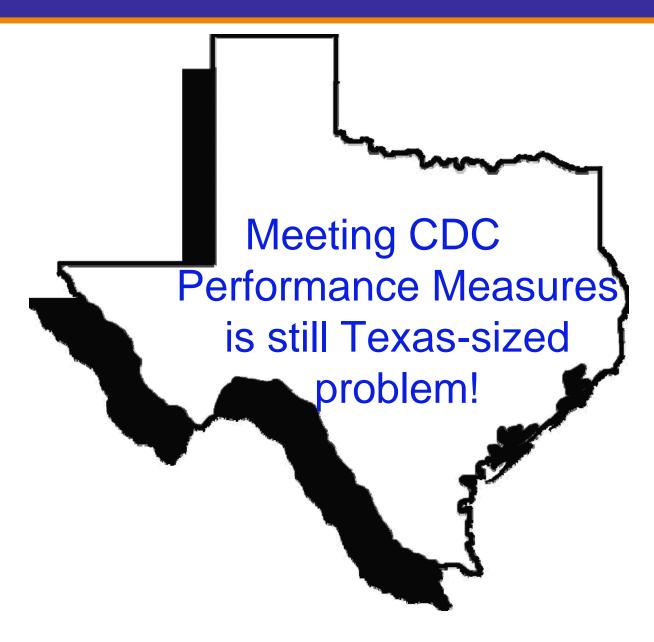


#### Conclusions





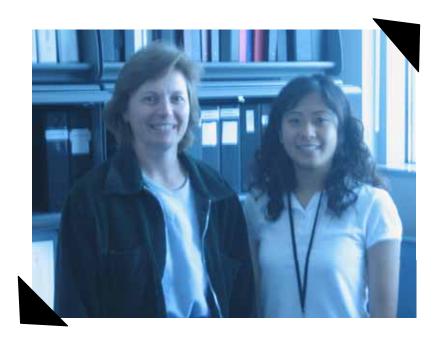
#### Conclusions





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