



RACISM & GENTRIFICATION

A PUBLIC HEALTH CRISIS

SOCIAL DETERMINANTS OF HEALTH FOR THE HEALTHY COMMUNITY

**Connection /
Community /
Culture:**
Elders & rules

**Access to
Education:**
High performing
schools

Quality Housing:
Options to own or
rent

**Parks /
Outdoor Space:**
Accessible recreation
& exercise

Marriage:
Functional relationships

Economics:
Small business
opportunities

**Access to Good
Health Care:**
Longer lives & less
disease

Environment:
An environment free of
environmental toxins

SOCIAL DETERMINANTS OF HEALTH FOR THE POOR BLACK COMMUNITIES

Gentrification:

Families are forced to move out of their community

Underperforming Schools:

Teachers afraid of students, medicated kids, Special Ed, school-to-prison pipeline

Public Housing:

Red-lining, discrimination

Lack of Clean, Safe Places to Play:

Fewer tax dollars mean less resources / amenities

Lack of Healthy Marriages & Single Mom-led Households:

Healthy relationships not being modeled and/or revered

No Black-Owned Business Community:

Cannot qualify for loans, young people don't learn entrepreneurship

Few Doctors Take Medi-Cal:

Lack of Black practitioners, distrust, family-only health coverage

Environment:

Environmental (in) Justice issues

THE HISTORY

- “Since being brought to the United States through Slavery, Black people have always had to play DEFENSE... But, OFFENSE wins games”

The Result of Slavery was a “made” people who had their memories erased, were trained to distrust and hate one another and taught that everything white is right...white people were superior, smarter, prettier, more powerful... even Jesus is White, right?.

The most important thing that could be taken from a person was taken in Slavery – IDENTITY (the connection to Language, Culture, Ancestors and Religion).

1865: Civil War
ends; Black Codes
begin

1866: KKK forms

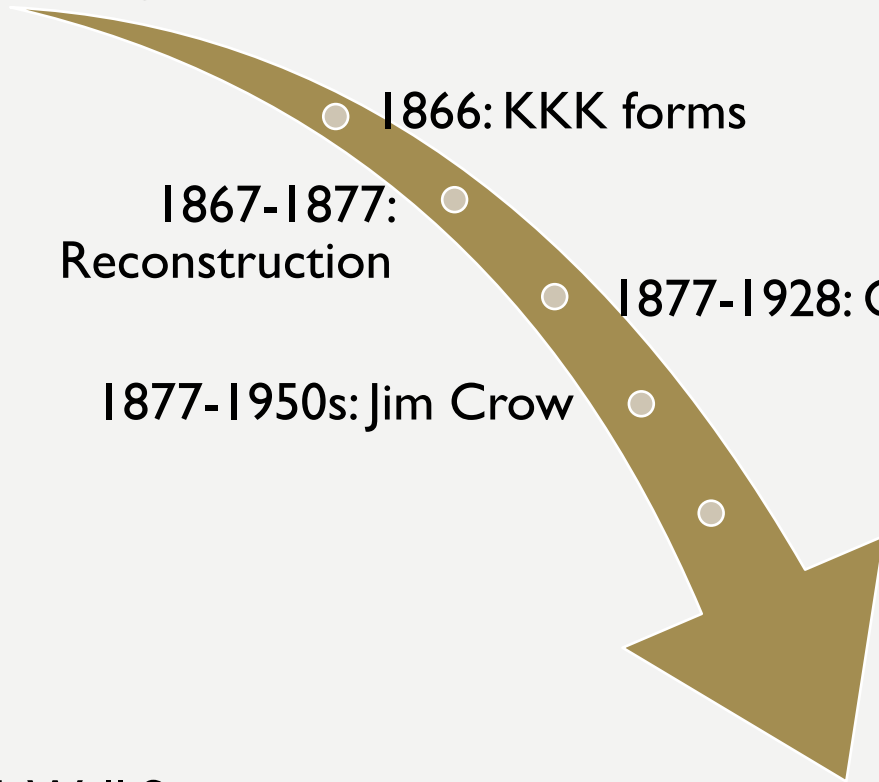
1867-1877:
Reconstruction

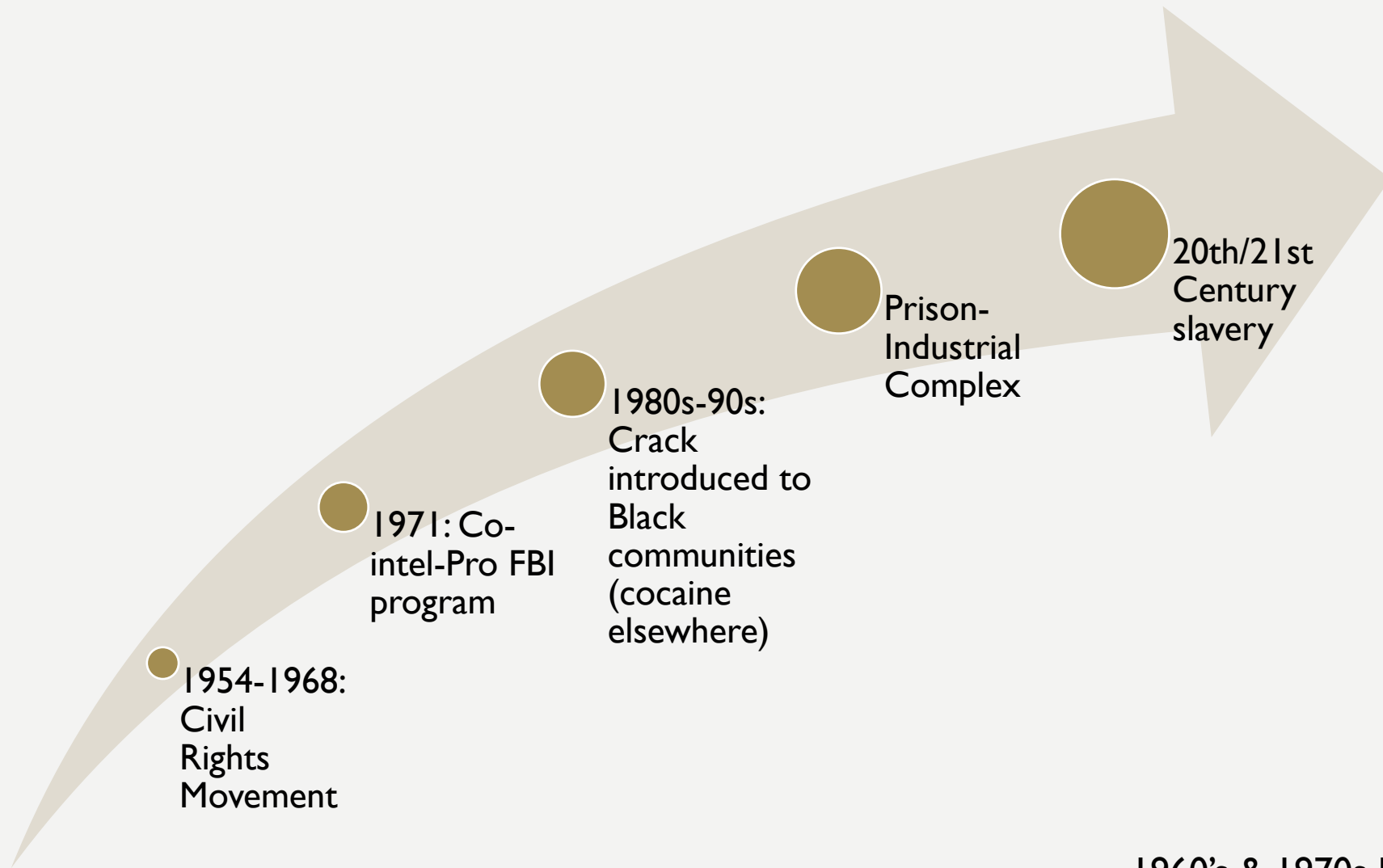
1877-1928: Convict leasing

1877-1950s: Jim Crow

1921: Black Wall St.
1923: Rosewood

1954-1968: Civil Rights
Movement





1954-1968:
Civil
Rights
Movement

1971: Co-
intel-Pro FBI
program

1980s-90s:
Crack
introduced to
Black
communities
(cocaine
elsewhere)

Prison-
Industrial
Complex

20th/21st
Century
slavery

1960's & 1970s Fillmore, Marin
City, etc...

WHAT KEPT US SANE, CONNECTED AND ALIVE?

- Community
 - Support
 - The building of a culture from nothing
 - Survival skills
 - Cooperative Economics
 - The importance of Education, good manners, marriage and family and economics

– **AND THEN Came**

CRACK COCAINE

PRE-CRACK:

- Rosewood, Black Wall St., Fillmore District
- Working families come to Marin City / Bayview Hunters Point shipyard jobs
- Intact families stay together & sacrifice for the community
- Black excellence, home-based businesses

POST CRACK:

- Families broken
- Death
- Child “Protective” Services
- Community breakdown
- Gangs
- Fatherless homes
- Prison

PRE / POST-CRACK IN MARIN

MARIN CITY PRE-CRACK:

- Intact families with parents and grandparents
- Flea market
- Hayden's Neighborhood Store
- Gas station
- Low crime rates
- Community pride / block parties
- Sports
- Cookouts / neighbors together

MARIN CITY POST-CRACK:

- Many single moms / few families
- Lost businesses
- Crime and drugs
- Mental health issues
- More disease
- Children growing up in trauma
- Less pride
- "Diversity"
- Young people lose respect for elders

HOW WHITE "NORMS" AFFECT SDOH IN POOR BLACK COMMUNITIES

Culture:

White "gentrification" trumps Black culture and displaces black families for the sake of Diversity (weaponized), Changing the fabric of the community & the Willie Lynch syndrome

Schools:

Lack of culturally appropriate curriculum that models Black leaders, Education doesn't make leaders

Housing:

Laws that prohibit Blacks from owning property

Language:

Inferiority Complex, Liberal Microaggressions

Lack of Marriage:

Not considered important

Work for Others:

Blacks taught to get a job vs. starting businesses/building local Black economies and Blacks lack access to resources

Healthcare:

Continued medical experimentation, lack of cultural competence

TO SURVIVE, BLACKS HAVE BECOME “FUNCTIONING WHITE PEOPLE”

MENTAL HEALTH

Depression

Anxiety

Disassociation & Self Hatred

PHYSICAL HEALTH

Hypertension & Cardiac Diseases

Diabetes

Obesity

Young Black people are showing up different. But to prove that nothing has “really” changed; That White people still have to have the controlling voice and set the expectation...that Black people have still not been freed up to heal and repair their broken experience – Colin Kaepernick

This is why the
MCHWC mission of
African American
health equity
is so important
and so difficult.

**AFRICAN IMMIGRANT
WOMEN HAVE THE
SAME REPRODUCTIVE
HEALTH OUTCOMES
AS WHITE WOMEN.**

So **WHY** is an African
American woman, **born
and raised in the U.S.**,
nearly 3 times as likely to
die in the year surrounding
childbirth than a White
woman?

MARINCITYCLINIC.ORG

MARINBIRTH.ORG

BAYVIEWCLINIC.ORG

415-339-8813

JAYVON@MARINCITYCLINIC.ORG