



# Recall and reminder letter templates for cervical screening and follow-up

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# Part A: Guide for the use of adaptable letter templates

#### **Overview**

The National Cervical Screening Program (NCSP) is a population-based screening program that aims to reduce the incidence and mortality of cervical cancer in Australia.

Recall and reminder notifications from healthcare providers to patients, in alignment with the NCSP, are important to support the timely completion of cervical screening and follow-up tests.

To assist healthcare providers with the implementation of effective recall and reminder systems, a suite of standardised and tested letter templates has been developed (see Part C). This document offers guidance regarding the use of these letter templates.

#### Recall and reminder requirements

- Requirements for patient follow-up systems are outlined in the <u>RACGP Standards for</u> general practices.
- These standards require general practices to have a 'rigorous' follow-up system to achieve accreditation.
- While there is no legal obligation for general practices to have a reminder system, GPs do have a legal duty to recall patients to inform them about clinically significant test results.

## Tailoring letters to suit your audience

• The letter templates have been informed through consultation with consumers and health professionals. They can be used as a guide and adapted as needed.

#### Letter timeframes

- Timing of recall and reminder correspondence is at the discretion of the practice, however should align with recommended timeframes outlined in the <u>National Cervical Screening Program Guidelines</u> (2016).
- A description of each template and suggested timings for sending letters/notifications are outlined in Part B.

## Confidentiality and record keeping

- Plain envelopes marked as 'private and confidential' should be used and addressed to the patient.
- Ensure a copy of the letter is saved in the patient's health record.

### **Use of the National Interpreter Symbol**

- The National Interpreter Symbol is a national public information symbol developed by Victoria in partnership with the Commonwealth, state and territory governments.
- Displaying this symbol on patient letters can be a helpful way to show that your health service offers language assistance.
- The National Interpreter Symbol can be <u>downloaded online</u> along with the Interpreter Symbol: guidelines for use.



### Selecting a 'PROVIDER' term

- Feedback from consumers and health professionals has shown that terms such as 'healthcare provider' are not always understood.
- Depending on the audience, alternative terms such as 'doctor' or 'nurse' may be more relevant or easier to understand, particularly for people with low literacy.
- When the letter template refers to [PROVIDER], consider your patient cohort and select the term that would be most relevant or easily understood.
- Some options to consider may include: doctor, nurse, GP, healthcare provider, Aboriginal health practitioner

#### **Engaging with patients that are under-screened**

It is recommended that letters sent to under-screened patients (i.e. those that are more than two years overdue for a Cervical Screening Test) are complimented with other recruitment strategies, for example making follow-up telephone calls or offering opportunistic cervical screening to patients attending for other appointments.

Self-collection of a human papillomavirus (HPV) sample can also be offered as an alternative screening option for eligible under-screened women. For more information about self-collection:

- Refer to the NCSP Clinical Management Guidelines
- Contact the WA Cervical Cancer Prevention Program on (08) 6458 1740 or email cervicalscreening@health.wa.gov.au
- Contact your practice's pathology laboratory

## Additional information about cervical screening

A wide range of cervical screening resources for consumers and health professionals are available to download or order.

For more information contact the WA Cervical Cancer Prevention Program on (08) 6458 1740 or email <a href="mailto:cervicalscreening@health.wa.gov.au">cervicalscreening@health.wa.gov.au</a>

### **National Cancer Screening Register**

The National Cancer Screening Register (the Register) is a national electronic infrastructure for the collection, storage, analysis and reporting of screening program data.

The Register currently supports the National Cervical Screening Program by:

- Maintaining a national database of cervical screening records
- Providing a participant's cervical screening history to laboratories and healthcare providers to inform screening and clinical management recommendations
- Inviting eligible persons to commence cervical screening when they turn 25 years of age
- Providing a 'safety net' by:
  - o reminding participants when they are due and overdue for cervical screening
  - supporting participants who are at risk and have not attended further testing, by prompting them (and their healthcare providers) to have follow up tests

While the Register provides a 'safety net' function for cervical screening and follow-up, it is still important that healthcare providers maintain their own recall and reminder systems.

To request a patient screening history call the National Cancer Screening Register on 1800 627 701.

For further information on the use of these letter templates or for general information about cervical screening, please contact the WA Cervical Cancer Prevention Program on 13 15 56 or (08) 6458 1740.

# Part B: Overview of letter template types

Lattentone	D	December 1 Control Control
Letter type	Description	Recommended timing for delivery *
Courtesy letter – rescreen in five years	Letter advising participant that their recent Cervical Screening Test result was negative (HPV not detected) and they are due to rescreen in five years	Following a low risk Cervical Screening Test result
2. Routine reminder – low risk	Letter advising participant to return for a Cervical Screening Test, following a previous low risk (i.e. normal) test result	When due to screen
3. <u>Courtesy letter – rescreen</u> <u>in 12 months</u>	Letter advising participant that their recent Cervical Screening Test detected HPV (not 16/18) and they are due for a repeat test in 12 months	Upon confirmation of an intermediate risk test result, if unable to contact by phone
4. Recall – intermediate risk	Letter advising participant to return for	When due for a follow-up test
5. Recall – intermediate risk 2 <sup>nd</sup> contact	a follow-up test, following a previous intermediate risk result	Four weeks post due date if no appointment has been made
6. Recall – intermediate risk  3 <sup>rd</sup> contact (Registered post)		Eight weeks post due date if still no appointment has been made
7. Recall – higher risk	Letter advising participant to return to discuss test result (and receive referral to a specialist), following a	Upon confirmation of a higher risk test result, if unable to contact by phone
8. Recall – higher risk  2 <sup>nd</sup> contact	higher risk test result	Four weeks post due date if no appointment has been made
9. Recall – higher risk  3 <sup>rd</sup> contact (Registered post)		Eight weeks post due date if still no appointment has been made
10. Recall – unsatisfactory outcome recommendation from laboratory	Letter advising participant to return for a retest in six weeks, following an unsatisfactory test result	Upon confirmation of an unsatisfactory test result, if unable to contact by phone
11. Recall – unsatisfactory outcome recommendation from laboratory  2 <sup>nd</sup> contact		Four weeks post due date if no appointment has been made
12. Recall – unsatisfactory outcome recommendation from laboratory  3 <sup>rd</sup> contact (Registered post)		Eight weeks post due date if still no appointment has been made
13. Reminder – under- screened participant	Letter sent to participant advising to return for a Cervical Screening Test	When patient is more than two years overdue for a Cervical Screening Test

<sup>\*</sup> Action taken when there is no knowledge and/or evidence of the patient having undertaken their test elsewhere.

# **Part C: Letter templates**

# Letter 1: Courtesy letter – rescreen in five years

[PATIENT DETAILS]	[DATE]
Dear [NAME]	
Thank you for having your Cervical Screening Test. Your test results sho papillomavirus (HPV) was not found.	ow that human
This means you will be due for your next Cervical Screening Test in	n five years.
At any time, if you have symptoms such as abnormal bleeding, discharg important you speak with your [PROVIDER].	e or pain, it is
If you have any questions about your test result, please call [CLINIC NA on [CLINIC PHONE NUMBER].	ME/PERSON]
Yours sincerely	
[PROVIDER NAME]	
[PROVIDER TITLE]	

#### Letter 2: Routine reminder – low risk

Yours sincerely

[PROVIDER NAME]

[PROVIDER TITLE]

[PATIENT DETAILS] [DATE]

Dear [NAME]

Your Cervical Screening Test is now due.

Please call [CLINIC NAME/PERSON] on [CLINIC PHONE NUMBER] to book your appointment.

In Australia, the Pap smear has been replaced with a more accurate five-yearly Cervical Screening Test. It is important to have regular cervical screening, even if you have had the human papillomavirus (HPV) vaccination. Regular cervical screening is your best protection against cervical cancer.

If you have recently had your Cervical Screening Test or have had a hysterectomy, please let us know so that we can update our records.

# Letter 3: Courtesy letter – rescreen in 12 months

[PATIENT DETAILS]	[DATE]
Dear [NAME]	
Thank you for having your Cervical Screening Test.	
Your test results show that you are due for a repeat test in	n 12 months.
If you wish to discuss your test results, please call [CLINIC NA [CLINIC NUMBER] to book an appointment.	AME/PERSON] on
At any time, if you have symptoms such as abnormal bleeding important that you call the clinic on [CLINIC NUMBER] to book	
Yours sincerely	
[PROVIDER NAME]	
[PROVIDER TITLE]	

# Letter 4: Recall – intermediate risk

[DATE]
MBER] to book an
terectomy, please let us

# Letter 5: Recall – intermediate risk 2<sup>nd</sup> contact

[PATIENT DETAILS] [DATE]

Dear [NAME]

#### Your repeat Cervical Screening Test is now overdue.

Please call [CLINIC NAME/PERSON] on [CLINIC PHONE NUMBER] to book an appointment.

Human papillomavirus (HPV) causes cervical cell changes and most cervical cancers. It is important that you attend for your repeat test to ensure that HPV is no longer present.

If you have recently had your repeat test or have had a hysterectomy, please let us know so that we can update our records.

Yours sincerely

[PROVIDER NAME]

[PROVIDER TITLE]

# Letter 6: Recall - intermediate risk 3<sup>rd</sup> contact (REGISTERED POST)

[PATIENT DETAILS]

[DATE]

Dear [NAME]

#### Your repeat Cervical Screening Test is now overdue.

To book an appointment, please call [CLINIC NAME/PERSON] on [CLINIC PHONE NUMBER].

Human papillomavirus (HPV) causes cervical cell changes and most cervical cancers. It is important that you attend for your repeat test to ensure that HPV is no longer present.

If you have recently had your repeat test or have had a hysterectomy, please let us know so that we can update our records.

This is our third attempt at contacting you via letter and is the final reminder that we will send. Please contact us as soon as possible.

Yours sincerely

[PROVIDER NAME]

[PROVIDER TITLE]

## Letter 7: Recall - higher risk

[PATIENT DETAILS] [DATE]

Dear [NAME]

Your Cervical Screening Test results show that further investigation is needed.

It is important that you discuss these results with your [PROVIDER].

To book an appointment please call [CLINIC NAME] on [CLINIC PHONE NUMBER].

Yours sincerely
[PROVIDER NAME]
[PROVIDER TITLE]

# Letter 8: Recall - higher risk 2<sup>nd</sup> contact

[PATIENT DETAILS]	[DATE]
Dear [NAME]	
Your Cervical Screening Test results show that further investigated	tion is needed.
It is important that you discuss these results with your [PR	OVIDER].
To book an appointment, please call [CLINIC NAME] on [CLINIC	C PHONE NUMBER].
Yours sincerely	
[PROVIDER NAME]	
[PROVIDER TITLE]	

# Letter 9: Recall - higher risk Third contact (REGISTERED POST)

[PATIENT DETAILS] [DATE]

Dear [NAME]

Your Cervical Screening Test results show that further investigation is needed.

It is important that you discuss these results with your [PROVIDER].

To book an appointment, please call [CLINIC NAME/PERSON] on [CLINIC PHONE NUMBER].

This is our third attempt at contacting you via letter and is the final reminder that we will send. Please contact us as soon as possible.

Yours sincerely
[PROVIDER NAME]
[PROVIDER TITLE]

# Letter 10: Recall - unsatisfactory outcome recommendation from laboratory

[PATIENT DETAILS]	[DATE]
Dear [NAME]	
Please book to repeat your Cervical Screening Test.	
The laboratory that examined your Cervical Screening Test countries means the test needs to be repeated in six weeks.	uld not provide a result.
Please call [CLINIC NAME/PERSON] on [CLINIC PHONE NUM appointment to repeat your test.	MBER] to book an
If you have had your repeat test, please let us know so that we records.	can update our
Yours sincerely	
[PROVIDER NAME]	
[PROVIDER TITLE]	

# Letter 11: Recall - unsatisfactory outcome recommendation from laboratory 2<sup>nd</sup> contact

[PATIENT DETAILS]	[DATE]
Dear [NAME]	
Your repeat Cervical Screening Test is overdue.	
The laboratory that examined your Cervical Screening Tomeaning a repeat test is needed.	est could not provide a result,
Please call [CLINIC NAME] on [CLINIC PHONE NUMBE repeat your test.	R] to book an appointment to
If you have had your repeat test, please let us know so the records.	hat we can update our
Yours sincerely	
[PROVIDER NAME]	
[PROVIDER TITLE]	

# Letter 12: Recall - unsatisfactory outcome recommendation from laboratory 3<sup>rd</sup> contact (REGISTERED POST)

[PATIENT DETAILS]	[DATE]
Dear [NAME]	
Your repeat Cervical Screening Test is overdue.	
The laboratory that examined your Cervical Screening Test could not pr	ovide a result.
Please call [CLINIC NAME] on [CLINIC PHONE NUMBER] to book an a repeat your test.	appointment to
If you have had your repeat test, please let us know so that we can update	ate you records.
This is our third attempt at contacting you via letter and is the final remir send. Please contact us as soon as possible.	nder that we will
Yours sincerely	
[PROVIDER NAME]	
[PROVIDER TITLE]	

# Letter 13: Reminder - under-screened participant

Dear [NAME]
Your Cervical Screening Test is overdue.
In Australia, the Pap smear has been replaced with a more accurate five-yearly Cervical Screening Test. Regular cervical screening is your best protection against cervical cancer.
Please call [CLINIC NAME/PERSON] on [CLINIC PHONE NUMBER] to discuss your cervical screening options and book an appointment.
If you have recently had your Cervical Screening Test or have had a hysterectomy, please let us know so that we can update our records.
Yours sincerely
[PROVIDER NAME]
[PROVIDER TITLE]

#### Feedback welcome

Suggestions to improve this resource are encouraged to be directed to the WA Cervical Cancer Prevention Program.

Please email any feedback to <u>cervicalscreening@health.wa.gov.au</u> or alternatively call (08) 6458 1740.

This project was undertaken in collaboration with the WA Primary Health Alliance and Cancer Council WA.







# This document can be made available in alternative formats on request for a person with a disability.

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