

Recognition & Appreciation in the Workplace

Presented by: Roy Saunderson, M.A., CRP Chief Learning Officer, Rideau's Recognition Management Institute

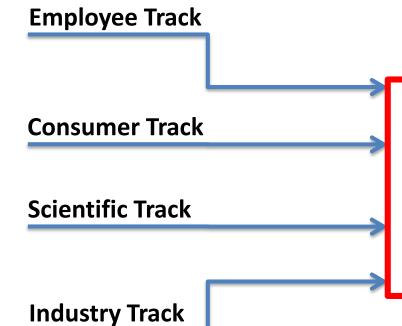


THE EVOLUTION OF RECOGNITION















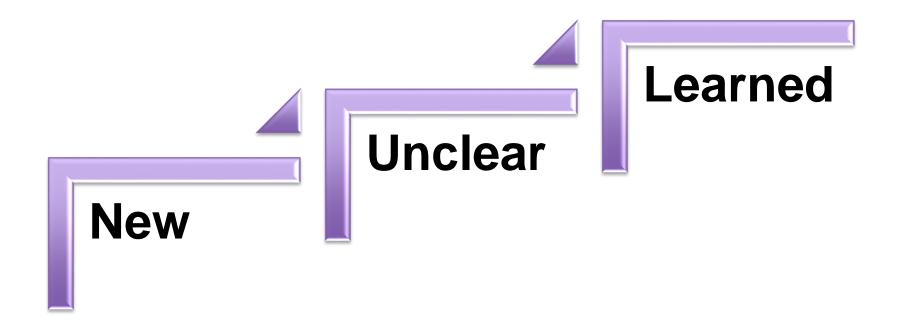
Rewards

and

Recognition

Industry

THE PROBLEM WITH EMPLOYEE RECOGNITION







BEST PRACTICE STANDARDS OF RECOGNITION

Recognition
Professionals
International
7 Best Practice
Standards





Recognition Strategy



Management Responsibility

Recognition Professionals International



Recognition
Program
Measurement



Program
Change and
Flexibility



Recognition Events and Celebrations



Communication Plan

Recognition Training



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THE RIGHT RECOGNITION ORDER OF THINGS







SO WE ARE ON THE SAME PAGE TODAY...

Recognition is: mostly an intangible expression of acknowledgement of an individual for their positive behaviours, their personal effort or contributions they have made.

Rewards are: tangible, monetary or experiential items given to a person in return for reaching pre-set goals, a significant achievement or service performed





...AND A FEW MORE DEFINITIONS

Recognition Practices: are the frequent (often daily or weekly) personal and habitual behaviors people do to express appreciation to others as well as the cultural and customary ways an organization has of showing people that they and their contributions are valued.

Recognition Programs: are the regular (typically monthly, quarterly or annually) formal or informal organizational procedures and online administered programs for providing scheduled individual or team acknowledgment, awards, incentives or rewards, for achieving various strategic, behavioral or performance based criteria.





COMPARING REWARDS WITH RECOGNITION

REWARDS

Tangible

Transactional

Consumed

Transferable

Conditional

Expected

Economical

Recognition

Intangible

Relational

Experienced

Nontransferable

Unconditional

Surprise

Emotional





RECOGNITION PRACTICES TRUMP PROGRAMS

Example: Technician Managers, Telecommunications

Impact of Recognition Practices on Engagement

Range: 40% to 70%; Average = 60%

Impact of Recognition Programs on Engagement

Range: 0% to 35%; Average = 21%

3:1





REAL RECOGNITION®...GREATER WELLBEING

"The absence of employee recognition is the second leading cause of workplace burnout and stress."



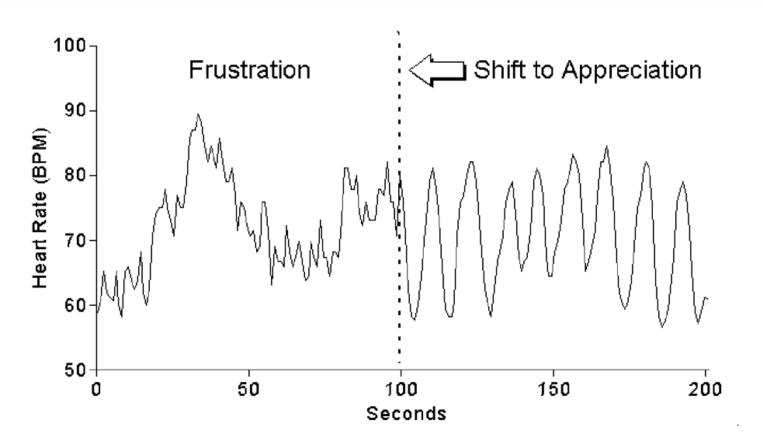


DR. JEAN – PIERRE BRUN Université Laval in Québec City





APPRECIATION EVEN MAKES YOU HEALTHIER...



Source: McCraty, R. & Childre, D. (2004). The grateful heart. In R.A. Emmons & M.E. McCullough (Eds.,) *The Psychology of Gratitude*





HOW POSITIVE ARE YOU WITH YOUR WORDS?

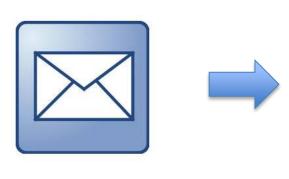
Communication in To	TEAM PERFORMANCE		
	High	Medium	Low
Positive statement Ratio	5.6 to 1	1.8 to 1	0.36 to 1
(supportive, encouraging, appreciation versus critical, disapproval, contradictory)			
Inquiry/Advocacy Ratio	1.1 to 1	0.67 to 1	0.05 to 1
(questioning versus asserting)			
Other/Self Ratio	0.94 to 1	0.62 to 1	0.03 to 1
(external versus internal focus)			
Connectivity Average	32	22	18
(mutual influence, assistance, interaction)			

Source: Losada, M., & Heaphy, E.D. (2004). Positivity and connectivity. American Behavioral Scientist, 47(6): 740-765





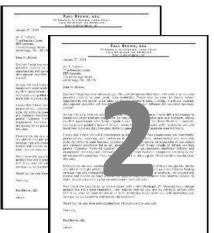
HOW TO GET RECOGNITION RIGHT...LISTEN CAREFULLY











= 32%

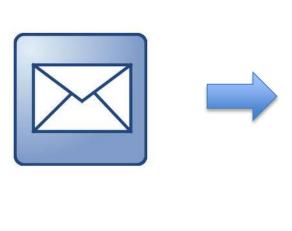
Neutral

Source: Dr Adam Grant, University of Arizona & Dr Francesca Gino, University of North Carolina, J. Personality & Social Psychology, 2010





EXPRESSING GRATITUDE ELEVATES PRO-SOCIAL BEHAVIOR









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= 66%

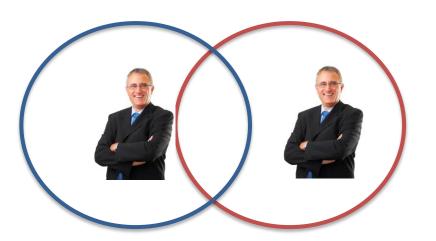
Grateful

Source: Dr Adam Grant, University of Arizona & Dr Francesca Gino, University of North Carolina, J. Personality & Social Psychology, 2010





THE IMPACT OF RELATIONSHIPS ON RECOGNITION







ASSIMILATION PROCESS

CONTRAST EFFECT

Source: Marjolein Feys et al. Responses to Co-Workers Receiving Recognition at Work - J Managerial Psych Vol 28 Issue 5 (2013)





MAKING RECOGNITION MORE PERSONAL



Dr. Paul White

MBA Assessment that helps us understand our Personal Motivators







Tangible Gifts

Acts of

Service



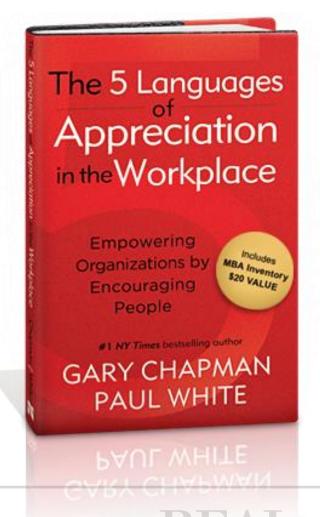
Quality Time



Words of Affirmation



Physical Touch



RECOGNITION



Can we optimize recognition and rewards through coaching managers on effective recognition giving and better use of their recognition programs?





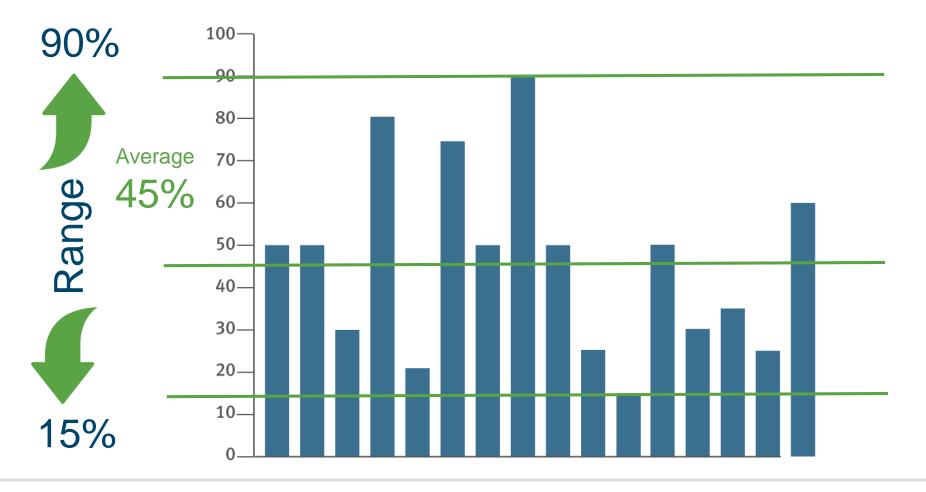
QUALITATIVE RESULTS: MANAGER SELF-RATINGS







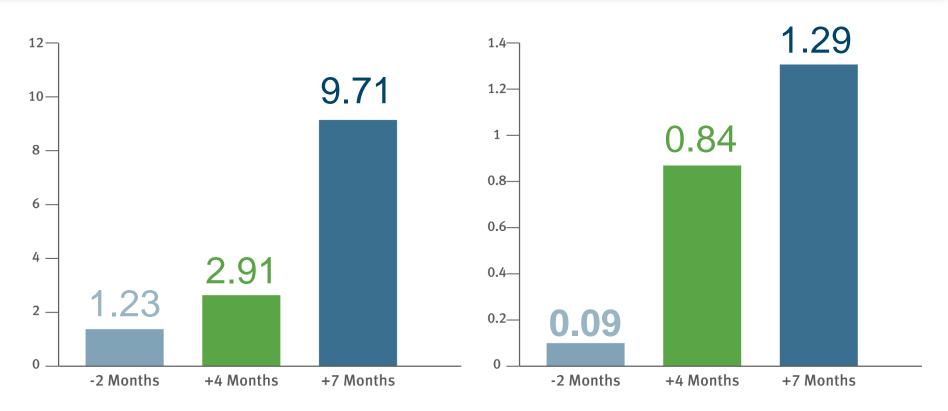
QUALITATIVE RESULTS: POST OPTIMIZATION







RECOGNITION OPTIMIZATION® UPLIFT EFFECT



Non-Monetary Social Recognition

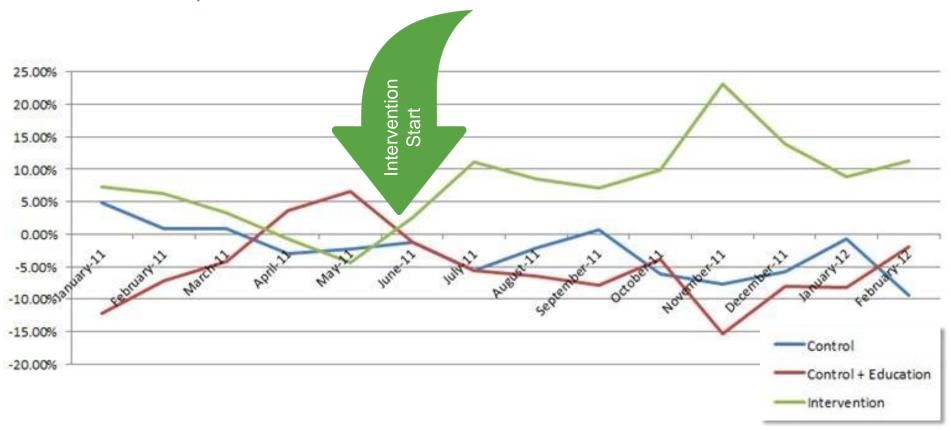
Performance Based Awards





RECOGNITION OPTIMIZATION® DELIVERS RESULTS

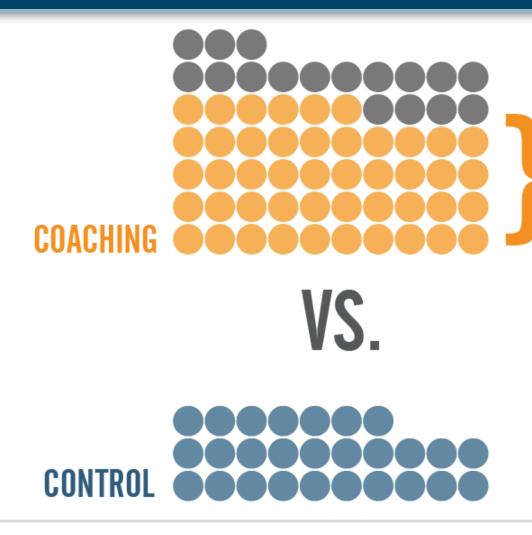
Employee productivity increases immediately after intervention and continues to provide a lift 9-months later







IMPROVING EMPLOYEE ENGAGEMENT



46 INCREASED (71%)

at the branches where the manager received coaching.

ONLY 27 INCREASED (42%)

at the branches in the control conditions. The majority of the items decreased from year 1 to year 2 in the control conditions.





RECOGNITION SKILLS ASSESSMENT®

Results of the assessment provide insight and data on 40 content validated behaviours across five domains, for managers to know their strengths and weaknesses:

- Appreciative Listening
- Recognition Talking
- Praiseworthy Actions
- Rewarding Giving
- Acknowledging Intent





VISTANCE LEARNING®: E-LEARNING

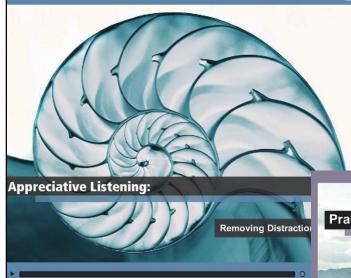
Get Recognition Right in Your Workplace

Short and easy to digest

SCORM compliant

Delivered online 24/7

Full accessibility



Learning Development

Prescriptive learning programs tailored to each Managers' specific needs

Measured Results

Provides pre- and postevaluation of your Managers' core recognition skills







RECOGNITION DOES NOT IMPROVE ENGAGEMENT

Some consultants are implying the following:

Recognition



Engagement

Our findings suggest something a little different:

Recognition



Positive Relationship Strength



Engagement





LATEST INSIGHTS ON...RECOGNITION



Performance impacted most when:

Unexpected, unannounced non-material reward of a Thank You card

Better than when Thank You card was announced and expected

Had a positive impact on subsequent performance

Especially when provided exclusively to the best performers

Source: Christiane Bradler et al. Employee Recognition and Performance - A Field Experiment - Disc Paper No 13-017 ZEW (2013)





LATEST INSIGHTS ON...RECOGNITION

RECIPROCITY



MESSAGING



CONFORMITY



VALIDATION







REWARDS...CRISIS AND OPPORTUNITY

BONUSES BAILOUTS

BOONDOGGLES







LATEST INSIGHTS ON...REWARDS

- "Rewards narrow our focus" Daniel Pink
- Contingency of "If Then" challenge
- "The hidden costs of rewards." Edward L. Deci
- Undermining intrinsic motivation toward doing
- Rewards are a double edged sword they can turn play into work or work into play







LATEST INSIGHTS ON...REWARDS

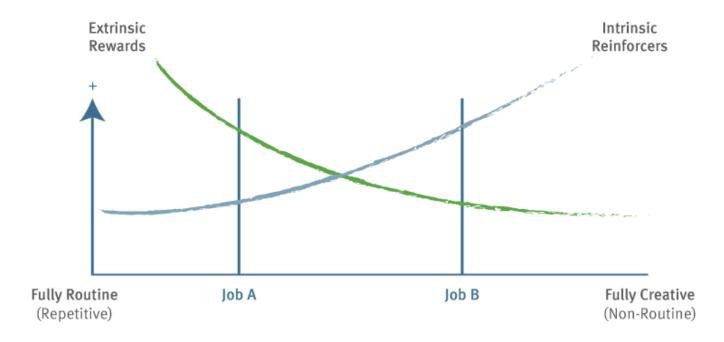






INCENTIVE RESEARCH FOUNDATION

Use of Extrinsic Rewards and Intrinsic Reinforcers



Source: Incentive Research Foundation, "Motivating Today's Workforce: The Future of Incentive Program Design" 2011





FINANCIAL REWARD VERSUS TANGIBLE REWARD

What employees say they want and what they actually work hardest for do not match up.

"I would prefer to receive the cash value of the prize rather than the prize itself."

- 78 percent said they would rather receive money

The right question should be:

"What would you work hardest for?"

14.6%

Cash Reward Tangible Reward

38.6%

Performance Uplift (Relative to no incentive)

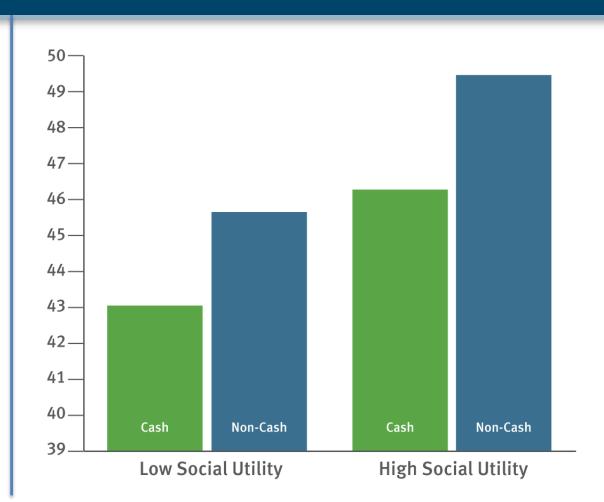
Source: Scott Jeffrey, "Right Answer, Wrong Questions", SalesForceXP, September/October, 2004





EFFECT OF REWARDS ON OTHER PEOPLE

There is perceived difficulty in discussing receipt of cash over a non-monetary award.



Source: Scott Jeffrey, Tangible Incentives: When is Hawaii better than Cash?, University of Waterloo, 2005





FINANCIAL INCENTIVES VERSUS RECOGNITION

Performance







Store Profits	30%	36%
Drive Through Time	19%	25% 🗲
Employee Turnover	13%	10%

Source: Frank Giancola "Was Our Initial Confidence in the Total Rewards Concept Justified?", WorldatWork Journal 3Q, 2010





"RECOGNITION" VARIATIONS

Recognition Impact with the second with the se

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Awards

Incentives Rewards

Compensation

Appreciation

Praise

Recognition

Tangible

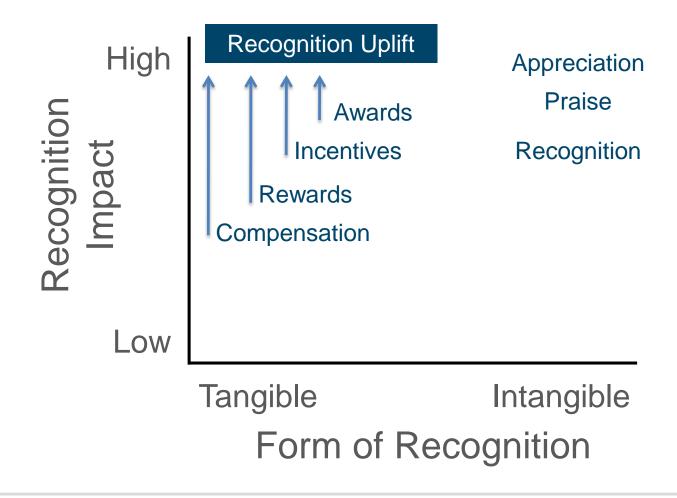
Intangible

Form of Recognition





RECOGNITION UPLIFT EFFECT







PROFESSIONALS AND HIGH PERFORMERS



Pedestal Effect

- Honoring organizational "leaders"
- Highlight exemplary achievements
- Promote accomplishments externally

Prestige Effect

- Provide positive professional relationships
- Proving through stretch assignments
- Parking spots to business cards







QUESTIONS





GETTING RECOGNITION RIGHT

Visit Rideau's Recognition Management Institute at:

www.Rideau.com

https://rideau.com/recognition-management-institute

Telephone: 877-336-9601

Email: RoySaunderson@Rideau.com

Blog: http://rideau.com/blogs/roy-saunderson

Twitter: @RoySaunderson

