TOWN BEDFORD RECREATION AND PARKS DEPARTMENT

2021 Jall Brochure

REGISTRATION BEGINS AUGUST 31, 2021 BEDFORDNY.GOV

a letter from the town supervisor

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Hello Bedford,

I am always amazed and inspired by the resiliency of our residents. As a community, we came back this summer stronger than ever, with a greater enthusiasm for the services offered by our Recreation & Parks Department. We adjusted where needed to protect the safety of our residents and staff as the virus continued to be of concern. This summer we managed to open three pools and camps in all of our hamlets. Residents were able to

enjoy our basketball courts, tennis courts, and pickleball courts. We brought back Food Truck Fridays! These were just a few of the recreational opportunities made available through the hard work of the Recreation and Parks Department staff.

We are gearing up for our fall programs. We will be monitoring the CDC guidelines as the Delta variant of the virus is still a concern, but we promise to provide as much programming and as many activities that we can safely make possible for our residents.

The Bedford Hills Community House has undergone a full renovation and will be completed in a few short weeks. We have plans to move our senior programs back into this beautiful ADA-compliant and updated building. Along with senior programming, the building will be the venue for youth and adult recreation programming, special events and programs, as well as opportunities for residents to rent this wonderful space for their own special occasion!

None of this would be possible without the dedication of our Recreation & Parks staff. We thank them, and we also thank you, the residents of this community, for moving forward together and making this a summer to remember.

We are always looking for ways to increase the quality of life for all. Your comments and suggestions are always welcome. Please send any comments to me at Supervisor@Bedfordny.gov.

Warm regards,

Maryenn Carr

MaryAnn Carr

general information

RECREATION & PARKS DEPARTMENT OFFICE LOCATION & HOURS

425 Cherry St., 1st Floor, Bedford Hills, NY 10507

Email	recreation@bedfordny.gov
Office HoursMo	n. thru Fri., 8:30am to 4:30pm

RECREATION & PARKS STAFF

Christopher Soi	Superintendent
Kimberly O'Brien	Assistant Superintendent
James Whiting	Recreation Supervisor
Nicole Caviola	Recreation Supervisor
Marisa Campbell	Senior Office Assistant
Susan DeFonce	Office Assistant
Rosemary Vorel	Senior Advocate
Tom Megna	Parks Foreman
Marc Graniero	Assistant Park Foreman
Bill DiRago	Parks Maintenance
John Goodman	Parks Maintenance
Jeff Graniero	Parks Maintenance
Matt Halpin	Parks Maintenance
Matt Van Dorn	Automotive Mechanic

TOWN BOARD (Typically meets the 1st & 3rd Tuesday at 8pm – Town House, 321 Bedford Rd., Bedford Hills)

Mary Ann Carr	Town Supervisor
Bobbi Bittker	Councilperson
Ellen Calves	Councilperson
Don Coe	Councilperson
Stephanie McCaine	Councilperson

Mel Padilla	Police Chief
Boo Fumagalli	Town Clerk
Kevin Winn P.E	Commissioner of Public Works

RECREATION & PARKS ADVISORY COMMITTEE

(Typically meets the 2nd Wednesday at 8pm - Recreation Office Conference Room, 425 Cherry St., Bedford Hills)

Brian McCabe, Chairman	
Jessica Bailey Inglis	
Nancy Bellini	
Mark Dembo	

Donald Gordon Steve Lancia Cristina Magidson Luke Vander Linden

PHONE NUMBERS

Recreation & Parks Office	666-7004
Recreation & Parks Fax	666-3863
Senior Adults	666-7203
Recreation Hotline	864-3777

Assessor	666-5149
Building Department	666-8040
Dog Control	666-4855
Emergency	911
Finance	666-8283
Highway	666-7669
Historian	666-4745
Justice Court	666-6965
Parking Bureau	666-8283
Planning	666-4434
Police (Non-Emergency)	241-3111
Recycling	241-2671
Tax Receiver	666-4475
Town Clerk	666-4534
Town Supervisor	666-6530
Water	666-7855
Wetlands	666-5140
Zoning	666-4585

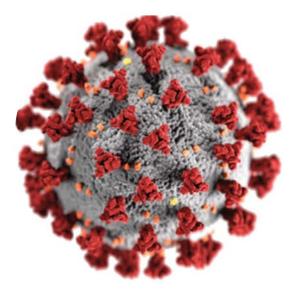
registration information starts on page 42

Visit the town of Bedford's website at **www.bedfordny.gov** for up-to-date information about the town's pools, programs, special events, seasonal employment opportunities and meetings. Contact the Recreation & Parks Department at recreation@bedfordny.gov or call **(914) 666-7004.**

PROGRAMMING DURING COVID-19

1 REGISTRATION

Program registration is encouraged to be done online, through the mail or dropped off outside our Recreation office in the silver drop-box. In-person registration is available, but office capacity is limited.



2 WAIVERS

All participants will be asked to sign/acknowledge a COVID-19 waiver. When registering online it is part of the waivers you agree to at the time of registration. If you are submitting a "hard copy" registration form, please make sure to also print and sign the COVID-19 waiver.

3 MASK WEARING

Based on current CDC recommendations, participants will be required to wear masks/face coverings upon arrival and departure from the program. In some cases, participants will also be required to wear a mask throughout the program.

4 HAND SANITIZER

Hand sanitizer will be provided, and your instructor or coaches will have it available upon entry into class.

5 PROGRAM ATTENDANCE, CANCELLATIONS/REFUNDS

If programs are cancelled due to COVID-19 related reasons, refunds to program participants will be provided. If participants cannot attend a program due to COVID-19 exposure, refund requests must be submitted and approved by the Superintendent of Recreation & Parks. BINGO PARTY!

Program Supervisors: Nicole Caviola & Kim O'Brien Come on out for a great night of fun! Eat, socialize, and have an exciting evening with friends while winning great prizes! Food will be served as follows: grades 2 & 3 will have a pizza dinner and grades 4 & 5 will make ice cream sundaes!

DAY/DATE: LOCATION: FEE:	Friday, October 1 Bedford Hills Community House \$15 – Residents \$20 – Non-Residents
FOR:	Grades 2 & 3 (pizza and bingo)
TIME:	5:30 – 7:00pm

ACTIVITY #: 372013A

FOR: Grades 4 & 5 (sundaes and bingo) TIME: 7:30 – 9:00pm ACTIVITY #: 372013B



PUMPKIN CARVING

Program Supervisors: Nicole Caviola & Kim O'Brien

Have you always wanted to carve a pumpkin? Here's your chance to leave the mess with us!! All participants will choose their own pumpkin from our "Pumpkin Patch" to design, carve, and take home. A safety carving set will be supplied, as well as a pizza dinner and some ghoulish goodies.

FOR:	Grades 4 – 7
DAY/DATE:	Friday, October 29
TIME:	6:00 – 8:30pm
LOCATION:	Bedford Hills Community House
ACTIVITY #:	372101A
FEE:	\$25 – Residents
	\$30 – Non-Residents



GINGERBREAD HOUSE DECORATING

INSTRUCTOR: Nicole Caviola

It's the holiday time and it is time to decorate. Craft night will be filled with creativity and fun. Get your friends together and come for a fun time. We will be doing seasonal crafts, playing games, and having loads of fun. Dinner will be served.

FOR:Grades 2 – 7DAY/DATE:Friday, December 3TIME:6:00 – 8:00pmLOCATION:Bedford Hills Community HouseACTIVITY #:472101AFEE:\$25 – Residents\$31 – Non-Residents



MIDDLE SCHOOL STUDENTS HAUNTED GRAVEYARD AT LAKE COMPOUNCE

Supervisor: Nicole Caviola and staff

Creatures in the night, spooks in the air, come and enjoy this fun suspenseful night in a haunted graveyard at Lake Compounce. Enjoy the rides and attractions, as well as a haunted graveyard. (We will have one staff member stay out of the haunted graveyard if a participant is scared to walk through it.)

Drop off and pick up will be at the Recreation office at 425 Cherry Street, Bedford Hills.

 FOR:
 Grades 6 – 9

 DAY:
 Saturday

 Date:
 October 23

 TIME:
 3:00 – 11:00pm

 ACTIVITY #:
 372100A

 FEE:
 \$65



HOLIDAY DANCE PARTY

Supervisor: Nicole Caviola and staff

Want to come out and dance during the holiday season? Come join us and a live DJ at the newly renovated Bedford Hills Community House. You'll have a grand time dancing to songs, while having fun with other members of the community. This is a casual party, but feel free to come dressed in festive attire. Food and snacks will be offered during the gathering.

FOR:	Grades 6 – 8
DAY/DATE:	Friday, December 10
TIME:	7:00 – 9:30pm
LOCATION:	Bedford Hills Community House
ACTIVITY #:	372106A
FEE:	\$20 – Residents
	\$25 – Non-Residents



FAMILY EVENTS

ICE SKATING AT THE HARVEY SCHOOL

Program Supervisor: Jim Whiting

In cooperation with the Harvey School the department is offering public recreational skating for all ages.

12:45 – 2:45pm on the following dates:

FRIDAY, NOVEMBER 26th (Friday after Thanksgiving) WEDNESDAY, DECEMBER 29th (Wednesday after Christmas)

FEE: \$5 per person (pay at the door)

NOTE: You **must** supply your own skates. No hockey playing permitted.



BREAKFAST FUN WITH FROSTY & FRIENDS

Thumpity, thump, thump, Thumpity, thump thump come meet Frosty the Snowman. Frosty is stopping by the Bedford Hills Community House for a visit. Don't miss this opportunity for photos. Join us for breakfast and enjoy a special show with our winter friends. Donuts, McDonald's pancakes, cold cereal and juice/milk will be served. Coffee will be available for the adults.

SIGN-UP: Pre-registration is strongly requested for all attendees as space is limited and registrations are accepted on a first-come, first-serve basis.

FOR:	Ages 8 and under
	(Anyone over the age of one must pay
DAY/DATE:	Saturday, December 4
TIME:	9:00am – Breakfast
	9:30am – Entertainer
LOCATION:	Bedford Hills Community House
ACTIVITY #:	475100A
FEE:	\$7 in advance – Residents
	\$9 in advance – Non-Residents
	\$15 at the door, if space available



DANCE & STRETCH

Instructor: Lauren Muccino

Tiny dancers come and move! Class will start with warm-up stretches and then we will groove to the beat of the music. Intended for children who are 2 years old and new 3 year olds. Attire is comfortable clothing that can stretch (no jeans) and ballet slippers or sneakers.

FOR:	Age 2
DAY:	Fridays
DATES:	September 17, 24, October 1, 8, 15, 22, 29,
	November 5, 12, 19, December 3, 10
TIME:	2:00 – 2:45pm
LOCATION:	Bedford Hills Memorial Park – Pavilion
ACTIVITY #:	341105A
FEE:	\$150 – Residents
	\$185 – Non-Residents



For days with inclement weather and temps below 55 degrees, classes will be held at Bedford Hills Community House.

MUSICAL MUNCHKINS

Instructor: Sandi Whynott

Come sing along and play music with Musical Munchkins. Our classes include singing, chanting, playing instruments and dancing along with musical stories, books and assorted props to encourage active participation. Our little musicians are exposed to many music styles: beloved standards, international, American heritage and more! Parent should bring a towel or mat to sit on for class.

DAY: DATES: LOCATION: FEE:	Mondays September 20, 27, October 4, 18, 25, November 1, 8, 15, 22, 29 Bedford Hills Memorial Park – Pavilion \$160 – Residents \$175 – Non-Residents
FOR:	Baby Munchkins (4 – 12 months)
TIME:	12:00 – 12:45pm
ACTIVITY #:	314100A
For:	Music for Ones (12 – 24 months)
Time:	9:45 – 10:30am
Activity #:	314100B
FOR:	Music for Little Twos (24 – 36 Months)
TIME:	10:45 – 11:30am
ACTIVITY #:	314100C



For days with inclement weather and temps below 55 degrees, classes will be held at Bedford Hills Community House. Parent will need to be masked when indoors regardless of vaccination status.



Registration for ALL US Sports Institute Programs is done directly through the organization. You can register online: www.usasportgroup.com (enter age & zip code in search on top of screen) or call (866) 345-BALL.

MULTI SPORTS – PARENT & ME

Conducted by: US Sports Institute

Parent & Me Multi-Sports Squirts is a fun and positive introduction to a variety of sports for young children, with a helping hand from mom or dad!! Players will have the opportunity to try Lacrosse, Soccer, T-Ball, & Track & Field. With a parent participating by their side, kids will have fun learning the fundamental skills of each sport through fun-based games and activities. This is an excellent opportunity for you to spend quality time together while easing your child into social situations with support and confidence.

FOR:	Ages 2 – 3
DAY:	Tuesdays
DATES:	September 14, 21, 28,
	October 5, 12, 19, 26
TIME:	10:00 – 10:50am
LOCATION:	Bedford Village Memorial Park
FEE:	\$145



Registration for ALL US Sports Institute Programs is done directly through the organization. You can register online: www.usasportgroup.com (enter age & zip code in search on top of screen) or call (866) 345-BALL.

SOCCER SQUIRTS – PARENT & ME PROGRAM

Conducted by: US Sports Institute

With a parent participating by their side, kids will have fun learning the fundamentals of soccer through a variety of structured activities, fun games and scrimmages. Sessions will focus on stimulating children's imagination and developing motor skills.

FOR:	Ages 2 – 3
DAY:	Tuesdays
DATES:	September 14, 21, 28, October 5, 12, 19, 26
TIME:	9:00 – 9:50am
LOCATION:	Bedford Village Memorial Park
FEE:	\$145
FOR:	AGES 2 – 3

DAY: Saturdays DATES: September 18, 25, October 2, 9, 16, 23, 30 TIME: 9:00 – 9:50am LOCATION: Bedford Village Memorial Park FEE: \$145

BALLET - Preschool

Instructor: Lauren Muccino

Ballet is the foundation for all forms of dance. Learn the various positions and develop grace and balance. Class consists of warmup at the "barre," floor stretches, center dance, and free-form freeze dance. Come dance like a ballerina and perform in the showcase at the end of the session. Ballet slippers, tights, and leotard preferred, but comfortable clothing and sneakers are welcome as well.

FOR:	Ages 3 – 5	
DAY:	Fridays	
DATE:	September 17, 24,	
	October 1, 8, 15, 22, 29,	
	November 5, 12, 19, December 3, 10	
TIME:	2:00 – 3:00pm	
LOCATION:	Bedford Hills Memorial Park – Pavilion	
ACTIVITY #:	341106A	
FEE:	\$150 – Residents	
	\$185 – Non-Residents	



For days with inclement weather and temps below 55 degrees, classes will be held at Bedford Hills Community House.

PASSPORT AROUND THE WORLD

Instructor: Romella Betyousef

Come travel the world. This travel program will teach about different countries without ever leaving Bedford. In each class we will visit a different country to get a stamp in our passport. We will learn about other cultures, music, games and art. There will be fun projects every week and a tasty snack.

FOR:	Ages 3 – 5
DAY:	Wednesdays
DATES:	September 22, 29, October 6, 13, 20, 27,
	November 3, 10
TIME:	2:00- 3:00pm
LOCATION:	Bedford Hills Community House – Activity Room
Activity #:	351101A
FEE:	\$120 – Residents
	\$150 – Non-Residents

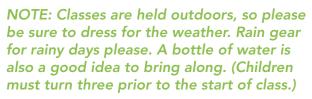




WILD DISCOVERIES

Come outside and experience nature with your child. Learn first-hand about all the changes that are taking place as summer turns to fall. Hike out into the woods to learn about mammals, birds, plants and many other natural wonders. Get your hands dirty exploring a pond, hike in the footsteps of wild animals and build a wilderness fort. Discover something new each week!

FOR:	Ages 3 – 5 (w/parent or guardian)
DAY:	Tuesdays
DATES:	September 14, 21, 28, October 5, 12, 19
TIME:	1:30 – 2:15pm
LOCATION:	Westmoreland Sanctuary
ACTIVITY #:	351900A
FEE:	\$90 – Residents
	\$112 – Non-Residents



HOLIDAYS AROUND THE WORLD

Instructor: Romella Betyousef

Let's explore the traditions of the winter season around the globe. During this festive class we will find out how other countries celebrate the winter holidays. Fun projects and yummy snacks will round out the program.

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FOR:	Ages 4 – 5
DAY:	Wednesdays
DATES:	December 1, 8, 15
TIME:	2:00 – 3:00pm
LOCATION:	Bedford Hills Community House – Activity Room
ACTIVITY #:	351102A
FEE:	\$45 – Residents
	\$55 – Non-Residents





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SOCCER SQUIRTS

Conducted by: US Sports Institute

Participants will learn the fundamentals of soccer including dribbling, passing, shooting and defending. Players will be taught through a variety of structured activities, fun games and scrimmages.

FOR:	Ages 3 – 5
DAY:	Tuesdays
DATES:	September 14, 21, 28,
	October 5, 12, 19, 26
TIME:	11:00 – 11:50am
LOCATION:	Bedford Village Memorial Park
FEE:	\$145





Registration for ALL US Sports Institute Programs is done directly through the organization. You can register online: www.usasportgroup.com (enter age & zip code in search on top of screen) or call (866) 345-BALL.

SQUIRTS – MULTI SPORTS

Conducted by: US Sports Institute

Players will have the opportunity to try Lacrosse, Soccer, T-Ball, and Track & Field. In addition to emphasizing the fundamentals of each sport, each activity is designed to improve hand-eye coordination, balance, agility, and movement. Classes will include a series of fun challenges, structured activities, and scrimmages adapted to ensure everyone achieves success.

FOR:	Ages 3 – 5
DAY:	Saturdays
DATES:	September 18, 25,
	October 2, 9, 16, 25, 30
TIME:	10:00 – 10:50am
LOCATION:	Bedford Village Memorial Park
FEE:	\$145



youth programs

BALLET

FEE:

Instructor: Lauren Muccino

Ballet is the foundation for all forms of dance. Learn the various positions and develop grace and balance. Class consists of warmups at them"barre," floor stretches, center dance, and free-form freeze dance. Come dance like a ballerina and perform in the showcase at the end of the session. Ballet slippers, tights, and leotard preferred, but comfortable clothing and sneakers are welcome as well.

FOR:	Grades K – 1
TIME:	4:00 – 4:45pm
ACTIVITY #:	342106A
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FOR: Grades 2 – 4 TIME: 5:00 – 5:45pm ACTIVITY #: 342106B

DAY: Fridays DATES: September 17, 24, October 1, 8, 15, 22, 29, November 5,12, 19, December 3, 10 LOCATION: Bedford Hills Memorial Park – Pavilion

\$150 - Residents / \$185 - Non-Residents

For days with inclement weather and temps below 55 degrees, classes will be held at Bedford Hills Community House.

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ERIC CARLE INSPIRED ART CLASS

Instructor: Romella Betyousef

Welcome to an art class inspired by the great author Eric Carle. Every week we will read a book and create an art piece dedicated to the book. At the end of the session, we invite all the parents and families to come and visit our museum.

FOR:	Grades K – 2
DAY:	Wednesdays
DATES:	September 22, 29, October 6, 13, 20, 27,
	November 3, 10
TIME:	4:00 – 5:30pm
LOCATION:	Bedford Hills Community House – Activity Room
ACTIVITY #:	342102A
FEE:	\$150 – Residents / \$185 Non-Residents



HOLIDAYS AROUND THE WORLD

Instructor: Romella Betyousef

Let's explore the traditions of the winter season around the globe. During this festive class we will find out how other countries celebrate the winter holidays. A fun project and yummy snacks will round out the program.

FOR:Grades K – 4DAY:WednesdaysDATES:December 1, 8, 15TIME:4:15 – 5:30pmLOCATION:Bedford Hills Community House – Activity RoomACTIVITY #:351102BFEE:\$45 – Residents / \$55 Non-Residents





Registration for all Skyhawks Sports Academy programs are done directly through the organization. You can register online: www.skyhawks.com. Enter your zip code to find the nearest class.

CHEERLEADING

Instructor: Skyhawk Sports Academy

This class teaches young athletes the essential skills to lead the crowd and support the home team! Each participant will learn cheers, proper hand/body movements and jumping techniques. There is no stunting, just a big focus on fun while each cheerleader learns important life skills such as teamwork and leadership. The program concludes with a final cheer performance.

DAY:	Mondays
DATES:	September 13, 20, 27, October 4, 18, 25
LOCATION:	Bedford Hills Memorial Park – Rosafort Field
FEE:	\$139

 FOR:
 Grades K - 2

 TIME:
 3:45 - 4:30pm

FOR: Grades 3 – 5 TIME: 4:45 – 5:45pm

Flag Football fueled by USA Football

Instructor: Skyhawk Sports Academy

Skyhawks Flag Football Fueled by USA Football is an exciting introduction to America's favorite game! Using skills and drills from the Football Development Model, developed by the experts at the sport's national governing body – USA Football – players will gain confidence and prepare for league play. Coaches will teach the key concepts of passing, receiving, running, kicking, punting, and flag pulling, all presented in a positive environment. Athletes will learn developmentally appropriate fundamentals and critical life lessons leading to the Skyhawks Sports Bowl, where participants showcase their skills!

DAY:	Tuesdays
DATES:	September 14, 21, 28,
	October 5, 12, 19
LOCATION:	Bedford Hills Memorial Park – Rosafort Field
FEE:	\$149
FOR:	Grades K – 2
TIME:	3:45 – 4:30pm
FOR:	Grades 3 – 5

FOR: Grades 3 – 5 TIME: 4:45 – 5:45pm

THEATER SHOW "PRESS START"

Director Jen Agro – from BCT

Bedford Community Theatre is excited to announce our first every musical theater class for students in 2nd-6th grade. In this ten-week class, students will work together to put on the musical "Press Start." It's a new musical designed just for kids. Each child will have a part with both speaking and singing lines. Children will learn how to work together, take risks, explore character roles, memorize lines, dance and sing, with some opportunities to contribute to costume and set design. At the end of ten weeks, we will have a week of tech rehearsals and culminate with two performances. No acting experience needed, but participant should be able to memorize a few lines, be able to sing and be comfortable on stage. Each student will receive 2 tickets per performance, and additional tickets will be available to family and friends for a minimal fee. The performance will be approximately 45 minutes.



Play Synopsis: "PRESS START" transports us inside the bright, pixelated world of video games! When the famous characters we know and love run out of lives, they decide to put on a musical fundraiser that will help them raise gold rings and play on. Through hilarious and heartfelt musical numbers we see the heroes, villains and sidekicks like we've never seen them before. But when things go terribly awry, it's the quiet sidekick Little Mushroom who must find the hero within to help save the day!

FOR:	Grades 2 – 6
DAY:	Tuesdays
DATES:	September 21, 28, October 5, 12, 19, 26,
	November 2, 9, 16, 23
TIME:	4:45 – 6:15pm
LOCATION:	Bedford Hills Community House
ACTIVITY #:	342100A
FEE:	\$150 – Residents /School District
	\$185 – Non-Residents

NOTE: Additional dates and times will be added (11/28 - 12/3) for tech rehearsals before the live shows.

Performances: Saturday, December 4 at 3:00 and 6:00pm

SLIME CLASS

Instructor: Romella Betyousef

Become a slime making expert! This hands-on class includes the best recipe that I have found for slime so far. I will teach the science behind the slime while we make the slime. Each week we will make a different type of slime for you to explore and take home. Be prepared to get your hands a little slimy.

FOR:	Grades 2 – 5
DAY:	Mondays
DATES:	September 20, 27, October 4, 18, 25,
	November 8, 15
TIME:	4:00 – 5:00pm
LOCATION:	Bedford Hills Community House
ACTIVITY #:	352105A
FEE:	\$84 – Residents
	\$105 – Non-Residents
TIME: LOCATION: ACTIVITY #:	November 8, 15 4:00 – 5:00pm Bedford Hills Community House 352105A \$84 – Residents



GRIT NINJA

Located in Pleasantville, The Grit Ninja is Westchester's first dedicated Ninja Warrior gym. Please visit **www.thegritninja.com** for more information. The Grit Ninja has packed up its equipment and is ready to turn your field into a unique ninja warrior obstacle course! During each action-packed class, aspiring ninjas will climb, swing, jump and run on our ever-changing equipment (which includes a rock wall traverse, monkey bars, grip gauntlet, cliffhanger, balance courses, Grit Grid and so much more)! Classes are led by The Grit Ninja's professional coaches – many of whom have competed on NBC's American Ninja Warrior. Coaches will guide ninjas as they tackle our fun obstacles that build strength, coordination, agility, balance, problem-solving skills, self-confidence and, most importantly, GRIT!

DAY: DATES:	Fridays September 17, 24,
	October 1, 8, 15, 22, 29
LOCATION:	Bedford Hills Memorial Park Rosafort Field
FEE:	\$245
FOR:	Boys and Girls, Grades K – 2
TIME:	3:45 – 4:35pm
ACTIVITY#:	362501A
FOR:	Boys and Girls, Grades 3 – 6
TIME:	4:45 – 5:35pm
ACTIVITY#:	362501B

NOTE: In the event a class is cancelled due to inclement weather, make-ups will not be scheduled. Instead, parents will receive a free open gym pass to our indoor facility in Pleasantville.

BABYSITTING SKILLS COURSE

Instructor: Nicole Caviola

When this class is over, students will become fully prepared to babysit. Instruction includes responsibilities of the sitter, handling emergencies, simple first aid, feeding, diapering, bedtime and playing. All youngsters will receive a certificate of completion. This program is also suitable for children who may not be ready to babysit but want to be left alone at home.

FOR:	Boys and Girls, Ages 11 – 14
DAYS:	Tuesday & Thursday
DATES:	November 16 & 18
TIME:	5:00 – 9:00pm
LOCATION:	Bedford Hills Community House
ACTIVITY #:	352101A
FEE:	\$80 – Residents
	\$100 – Non-Residents

NOTE:

You must be present both days in order to become certified. You must be 11 years old by the start of the class. Please bring pencil, baby sized doll, dinner, drink, and a snack each night.



Registration for ALL US Sports Institute Programs is done directly through the organization. You can register online: www.usasportgroup.com (enter age & zip code in search on top of screen) or call (866) 345-BALL.

FOUNDATION TRACK & FIELD

Foundation Track & Field is designed to introduce beginners to the fundamentals of track and field. Each session will focus on a different aspect of the game, including throwing, jumping (long jump, high jump, triple jump), sprinting, distance running and more!

FOR:	Ages 7 – 9
DAY:	Saturdays
DATES:	September 18, 25,
	October 2, 9, 16, 23, 30
TIME:	11:00 – 11:50am
LOCATION:	Bedford Village
	Memorial Park
FEE:	\$145





THUNDER RIDGE SKI & SNOW BOARD LESSONS

THINK SNOW! Once again, Thunder Ridge Ski Area and Bedford Recreation will be partnering to offer discounted ski and snow board lessons this winter at nearby Thunder Ridge in Patterson, NY!

Skiing and snow boarding are wonderful winter sports the entire family can enjoy! Lessons typically begin the first week of January 2022 and make a great holiday gift! Detailed information on registering, lesson prices; rental prices, etc. will be available in the winter brochure due out in November and online on the town's website **www.bedfordny.gov**

BASKETBALL BASICS

Coordinator: Jim Whiting

This program is an introduction to basketball. Fun drills and exciting activities are combined to teach children fundamentals. The basic skills of dribbling, rebounding and shooting will be stressed each week as players move closer to experiencing game situations through scrimmages.

NOTE: The 4th grade program will place more emphasis on scrimmaging and understanding game situations.

FOR: DAY: DATES: LOCATION:	Saturdays December 4,	Grades 2, 3 & 4 11, 18, January 8, 15, 22, 29, February 5, 12 nentary School
ACTIVITY #: ACTIVITY #: ACTIVITY #:		Grade 2 – 9:00am Grade 3 – 10:00am Grade 4 – 11:00am
FEE:	\$95 – Resider	nts

\$119 – Non-Residents

Includes a basketball and a T-shirt

YOUTH LEAGUE BASKETBALL

Coordinator: Jim Whiting

This program is designed to introduce youngsters to the game of basketball in and organized league setting. Learning fundamental skills and game strategies while having fun is the league's main focus.

FOR:	Boys, Grades 5, 6, 7 & 8
LOCATION:	Katonah Elementary School

EVALUATIONS:

EVALUATION	5.	
GRADE 5	Saturday, Nov	vember 20, 10:00 – 11:00am
GRADE 6	Saturday, Nov	vember 20, 11:00 – 12:00pm
GRADE 7/8	Saturday, Nov	vember 20, 12:00 – 1:00pm
PRACTICES:	Once per wee	ek (Mon., Wed. or Fri.)
	Beginning De	cember 6
GAMES:	Once per wee	
	Beginning in I	December
ACTIVITY #:	362701A	Grade 5
ACTIVITY #:	362701B	Grade 6
ACTIVITY #:	362701C	Grade 7 & 8
FEE:	\$115 – Reside	ents

\$143 - Non-Residents



FALL FIELD HOCKEY

GRADES 2 & 3 - GRADE 4 - GRADES 5 & 6

Bedford Field Hockey is a skills-based program that works with those who have never played the sport before to those who are looking to improve their skill level. Emphasis is placed on stick skills, game knowledge, teamwork and conditioning. The 2021 fall season will feature additional play time on turf in collaboration with John Jay High School. There will be several scrimmages planned against local recreation teams.



US FIELD HOCKEY MEMBERSHIP:

All participants must be registered with US Field Hockey (usfieldhockey.com) and provide proof of registration upon request.

REGISTRATION:

Registration may be done at the Recreation office, online or by mail using the registration form from the back of this brochure. For additional information please contact Ridgely Biddle at Bedfordfieldhockeyny@gmail.com

MINDFUL MONDAYS – Special Needs Yoga & Wellness

Instructor: Inner Being Yoga LLC - Karen D.

Join us on your mat for a wellness class that will uplift your mind, body, and soul. This class is interactive, fun, and open to all levels. We will use storytelling, poems, art, and music to create a magical experience. This class will move at a gentle pace as we focus on the breath and begin to open the energy lines through movement and pranayama to reduce stress, and anxiety as we soothe the nervous system and calm the mind. Come with an open mind and leave with a full heart.

This program will use the park during nice weather days. During inclement weather and cold days we will move to the Bedford Hills Community House – Activity Room.

FOR:	Grades 6 – 9
DAY:	Mondays
DATES:	September 20, 27, October 4, 18, 25, November 1, 8, 15, 22, 29
TIME:	3:45 – 4:45pm
LOCATION:	Bedford Hills Memorial Park and Bedford Hills Community House
ACTIVITY #:	362101A
FEE:	\$140

MINDFUL MONDAYS – 6th - 9th Graders

Instructor: Inner Being Yoga LLC - Karen D.

Join us for a full mind and body practice through yoga and wellness. Together we will strengthen, find balance, build resilience, and find overall wellness as we move with the breath, and focus on self care, self kindness, and self love. All levels welcome. Come with an open mind and leave with a full heart.

This program will use the park during nice weather days. During inclement weather and cold days we will move to the Bedford Hills Community House – Activity Room.

FOR:	Grades 6 – 9
DAY:	Mondays
DATES:	September 20, 27 October 4, 18, 25, November 1, 8, 15, 22, 29
TIME:	5:00- 6:00pm
LOCATION:	Bedford Hills Memorial Park and Bedford Hills Community House
ACTIVITY #:	362102A
FEES:	\$140



LADIES BINGO

Supervisor: Nicole Caviola & Kim O'Brien

0-67 Bingo! Come on out and mingle with friends, have fun, enjoy refreshments and light snacks. Who knows, you may even win one of many great prizes. Ten rounds of bingo, with three cards each should make for an exciting and enjoyable evening! Don't miss out on this ladies-only event! **Preregistration is required.**

FOR:Ladies 21+DAY/DATE:Friday, November 5TIME:7:00 – 9:30pmLOCATION:Bedford Hills Community HouseACTIVITY #:323102AFEE:\$20 – Residents (\$25 – at the door)\$25 – Non-Residents



TOTAL BODY WORKOUT

Instructor: Anne-Marie Pasquale

Total Body Workout incorporates light weights, mat work, and low impact cardio to target and tone each major muscle group in the body. The wide variety of exercises used offers participants the opportunity to build lean muscle while improving balance, stability and flexibility. Anne-Marie brings 20+ years of experience as a group exercise leader and she designs each class to accommodate all fitness levels. You will be looking and feeling great in no time!

FOR: DAYS:	Adults 18+ Mondays & Wednesdays
DATES:	Mondays: September 20, 27, October 4, 18, 25 November 1, 8, 15, 22, 29
	Wednesdays: September 22, 29, October 6, 13, 20, 27 November 3, 10, 17, December 1
TIME: LOCATION: ACTIVITY #:	7:00 – 8:00pm Bedford Hills Community House 313301A (BOTH MON. & WED.) 313301B (MONDAYS ONLY) 313301C (WEDNESDAYS ONLY)
FEE: (Two days/we	ek)
	\$190 – Residents \$95 – Resident Seniors (65+) \$238 – Non-Residents
FEE:	
(One day/wee	ek)
	\$95 – Residents
	\$48 – Resident Seniors (65+)

\$119 – Non-Residents



INSANITY

INSTRUCTOR: Robin McCaine, Insanity Certified/Fitness Coach

Do you want to get in shape, look and feel great? Join Robin McCaine as he works with you to help you achieve your goals! All fitness levels are welcome because everybody can do this! INSANITY is an epic fitness craze! It's a fun, cardio workout that uses MAX Interval Training – a method of short, high intensity workouts followed by intervals of short rests. Robin is a Katonah resident who is INSANITY certified. He is an exercise enthusiast who has completed the NYC Marathon, the Boston to New York Aids Ride and a Health and Fitness Coach who helps and inspires others to live happier and healthier lives!

FOR: DAY: DATES:	Adults 18+ Tuesdays September 14, 21, 28 October 5, 12, 19, 26, November 9, 16, 23, 30 December 7	INSANITY
TIME:	7:00 – 8:00pm	
LOCATION:	Bedford Hills Community House	
ACTIVITY #:	313200A	
FEES:	\$115 – Residents / \$58 – Resident Seniors (65	+) / \$145 – Non-Residents
		Alle

THE ZUMBA FITNESS PARTY!

Instructor: Bernadette Matta - Licensed Zumba Instructor

The perfect combination of FUN and FITNESS! A complete workout combining all elements of fitness, cardio, muscle conditioning, balance, flexibility, and boosted energy!! Zumba is the fitness program that combines Latin and international music with dance moves to get you moving to the beat! Come Join the PARTY! Let it all go and FEEL THE MUSIC!

-	_
FOR:	Adults 16+
DAY:	Thursdays
DATES:	September 23, 30, October 7, 14, 21, 28,
	November 4, 18, December 2, 9
TIME:	7:15 – 8:15pm
LOCATION:	Bedford Hills Community House
ACTIVITY #:	313103A
FEE:	\$120

SELF-CARE SATURDAYS - 18+

Instructor: Inner Being Yoga LLC - Karen D.

Join us for a morning of self care through yoga and wellness. This class will include asanas, meditation, pranayama, and restorative poses to enhance balance, strength and build stamina. Join us for this full spectrum practice to awaken your spirit, restore the nervous system and align with your true self. This

class is open to all levels. Come with an open mind and leave with a full heart. This program will use the park during nice weather days. During inclement weather and cold mornings we will move to the Bedford Hills Community House – Activity Room.

FOR:	Adults 18+
DAY:	Saturdays
DATES:	September 25, October 2, 9, 16, 23, 30,
	November 6, 13, 20, December 4
TIME:	9:00 – 10:00am
LOCATION:	Bedford Hills Memorial Park and
	Bedford Hills Community House
ACTIVITY #:	313302A
FEE:	\$140





BEGINNER

YOUTH

AGES 5 - 7

AGES 11 - 14

ADV. BEGINNER ADV. BEGINNER

FALL 2021 TENNIS LESSONS

Lessons are offered in cooperation with the Saw Mill Club. All instructors are provided by the Saw Mill Club and are USPTA certified.

The town of Bedford Recreation & Parks Department continues their partnership with the Saw Mill Club to offer a wide variety of public tennis lesson opportunities to the residents of Bedford this fall.

FEE: \$150 – Residents \$187 – Non-Residents

TENNIS FACILITES



BEDFORD HILLS MEMORIAL PARK: Located behind the Bedford Hills Little League field.
An access path is located to the rear of the parking area between the baseball/softball fields.
KATONAH MEMORIAL PARK: Located at the end of North Street next to the main parking area.
BEDFORD VILLAGE MEMORIAL PARK: Located on the right side of the main parking lot on Greenwich Road.

ATTENTION: Please be advised that the town of Bedford does not permit private lessons to be taught at any of the tennis court facilities without prior approval from the Superintendent of Recreation and Parks. **BEGINNER:**

Individuals just starting tennis and those with limited tennis experience.

ADVANCED BEGINNER: Individuals who can hit the ball over the net with some success and need to develop on court experience.

REGISTRATION BEGINS AUGUST 31st – Online at 9:00am TENNIS LESSONS AT KATONAH MEMORIAL PARK

FALL SESSION • FEE (6 Sessions): \$150 - Residents • \$187 - Non-Residents

MONDAYS

SEPT. 13 – OCT. 25 (No class October 11)

9:30 - 10:30am

10:30 – 11:30am

11:30 - 12:30am

TIME

4:00 - 5:00pm

5:00 - 6:00pm

TUESDAYS

SEPT. 14 – OCT. 19

ADULT	TIME	ACTIVITY#	TIME	ACTIVITY#
BEGINNER	9:30 – 10:30am	383601A	9:30 – 10:30am	383601B
ADV. BEGINNER	10:30 – 11:30am	383602A	10:30 – 11:30am	383602B
ADV. BEGINNER	11:30 – 12:30am	383603A	11:30 – 12:30am	383603B
YOUTH	TIME	ACTIVITY#		
AGES 8 – 10	4:00 – 5:00pm	382600A2		
AGES 11 – 14	5:00 – 6:00pm	382601A		
	WEDNESDAYS SEPT. 15 – OCT. 20		FRIDA SEPT. 17 –	
ADULT	TIME	ACTIVITY#	TIME	ACTIVITY#

383601C

383602C

383603C

ACTIVITY#

382600C

382601C

TIME		ACTIVITY#	ţ
9:30 – 10:30	Jam	383601E	
10:30 – 11:3	0am	383602E	
11:30 – 12:3	0am	383603E	

TENNIS LESSONS AT BEDFORD HILLS MEMORIAL PARK

FALL SESSION • FEE (6 Sessions): \$150 - Residents • \$187 - Non-Residents

TUESDAYS SEPT. 14 – OCT. 19

YOUTH AGES 5 – 7 AGES 8 – 10 AGES 11 – 14

TIME 4:00 – 5:00pm 5:00 – 6:00pm ACTIVITY# 382500B 382500B2

SATURDAYS

SEPT. 18 – OCT. 23

TIME	ACTIVITY#
9:30 – 10:30am 10:30 – 11:30am	383501F 383501F1
TIME	ACTIVITY#
11:30am – 12:30pm 12:30 – 1:30pm	382500F 382500F2
	9:30 – 10:30am 10:30 – 11:30am TIME 11:30am – 12:30pm

NEED A RACQUET FOR A JUNIOR PLAYER?

THURSDAYS

SEPT. 23 – OCT. 28

ACTIVITY#

382500D

382502D

TIME

4:00 - 5:00pm

5:00 – 6:00pm

Our Recreation office has an assortment to choose from for \$15 per racquet.

REGISTRATION BEGINS AUGUST 31st Online at 9:00am



PLATFORM TENNIS OPEN PLAY

Courts are available for play year round.

NO group reservations until November.

Court use will be on a first come first served basis. There will be no fees charged in September or October.

GROUP USE COURT RESERVATIONS

Group use reservation application forms will be available online starting September 24th by visiting **bedfordny.gov** on the forms & applications page for Recreation and Parks. The reservation system will be similar to the one utilized last season and will start as of **Monday, November 1st.**

LESSONS

BEG/ADV BEG: covers the fundamental shots, basic screen play and rules of the game. **DRILL & PLAY:** provides the more experienced players a chance to drill and play while learning shot selection, the art of screen play and doubles strategy.

(Players must supply their own paddle and must wear non-marking rubber soled shoes.)

FOR: ADULTS 18+ FEE: \$150 – Residents \$187 – Non-Residents

PLATFORM TENNIS LESSONS AT KATONAH MEMORIAL PARK

		MONDAYS	TUESDAYS	WEDNESDAYS
ADULTS	TIME	November 8, 15, 22, 29, December 6, 13 ACTIVITY#	November 9, 16, 23, 30, December 7, 14 ACTIVITY#	November 10, 17, 24, December 1, 8, 15 ACTIVITY#
BEGINNER	10:00 – 11:00am	383611A	383611B	383611C
ADV. BEGINNER	11:00am – 12:00pm	a 383612A	383612B	383612C
ADV. BEGINNER	12:00 – 1:00pm	383613A	383613B	383613C

PLATFORM TENNIS LESSONS AT BEDFORD VILLAGE PARK

		FRIDAY	
		November 5, 12, 19, December 3, 10, 17	
ADULTS	TIME	ACTIVITY#	REGISTRATION BEGINS
BEGINNER	10:00 – 11:00am	383411F	AUGUST 31st
ADV. BEGINNER	11:00am – 12:00pm	383412E	Online at 9:00am
ADV. BEGINNER	12:00 – 1:00pm	383413E	

PICKLEBALL OPEN PLAY

Coordinator: Julia Vesei, A USA Pickleball Association Ambassador and avid pickleball player

Come out and play the fastest growing sport in America! Described as a combination of badminton, ping pong, platform tennis and tennis. Four pickleball courts will be set up for play on the Bedford Hills Memorial Park basketball courts. Participants must supply their own paddles and balls.

Players must be familiar with rules and etiquette of the game to enjoy the open play experience. New players are encouraged to attend the Thursday classes for beginners or to let Julia Vesei know that they are beginners for the Saturday morning session--where there will be one court for beginner players.

FOR: DAYS: DATES: TIME:	Adults Thursdays & Saturdays September 9 – October 30 5:00 – 6:30pm (Thursday, Beginners only) 6:30 – 9:30pm (Thursday, Adv. Beginners) 9:00 am – 12:00pm (Saturdays)
	One court will be made available for
	beginner players on Saturday mornings.
LOCATION:	Bedford Hills Memorial Park Basketball Courts
FEE:	\$5 per person/per play
	payable to Julia Vesei
WEATHER:	In the event of inclement weather, open play will be cancelled. Cancellations made before 4:30pm will be announced by calling the Recreation hotline number at 864-3777. After 4:30pm, please contact Julia by text or phone.

REGISTRATION: Advance registration is not required for open play dates.

QUESTIONS: Please contact USA Pickleball Association Ambassador, Julia Vesei, at 924-0474 (text or call) or by email at juves95@optonline.net

PRIVATE PICKLEBALL LESSONS

Instructor: Julia Vesei, A USA Pickleball Association Ambassador and avid pickleball player

Julia will be coordinating the group and private lesson program offerings at BHMP for the town of Bedford this fall. Please contact Julia at 924-0474 (text or call) or by email at **juves95@optonline.net** for additional information on private lessons.

What is pickleball?

Pickleball is an exciting new sport for all ages.

Pickleball is described as a combination of badminton, ping pong, platform tennis and tennis.

Uses special balls and paddles, all tailored for pickleball.

Is played on shorter courts (20'x 44') and simple rules make the game easy to adapt to.



Rules for Pickleball Safe Play

- Portable nets to be handled only by the supervisor.
- Bring your own balls and make sure you have yours marked.
- Bring your own hand sanitizer.
- Please maintain a safe distance of 6 feet or wear a mask. If you plan on sitting, please bring your own chair.
- Please do not attend if you are not feeling well.

RATES: 1/2hr – \$35 or 1hr – \$60

SENIOR ADULT NEWSLETTERS

Stay informed of current senior programs, trips and special events by receiving our calendar/ newsletter which is mailed out every two months. To receive the newsletter, call the Senior Adult line and your name will be added to the mailing list or go to www.bedfordny.gov, Recreation & Parks page and click on the link to senior information.

SENIOR MEETINGS

We plan to resume our weekly meetings on Monday, Wednesday and Friday. Much will depend on the renovation of the Bedford Hills Community House and its reopening date. The weekly meeting program may be amended and adjusted as the public health situation evolves. Every effort will be made to create opportunities for our senior adults to meet and socialize. Please call the senior hotline at (914) 666-7203 for updated information on scheduling.



SENIOR ADVOCATE

The Senior Advocate will help you get resources or troubleshoot with you by telephone meetings or, if needed, in person by appointment. Some hours will be held at the Bedford Hills Train Station for meetings. No more than two people can be in the room at a time, so appointments are required. Proper mask and other pandemic prevention protocols will be strictly followed. Advocate services serve those 60 and older, who are town of Bedford residents and their family members.

HOUSING

The Blue Mountain Housing Agency continues to accept prospective vacancies in one bedroom rental units at Bedford Lakes (age 55+) and for potential resale one and two bedroom townhouses at Lakeside in Bedford. Applications and information regarding qualifications may be obtained in the Tax Receiver's office at (914) 666–4475. **Senior Adult Directors** Angela Brown & Caren Wagner-Roth

> Senior Advocate Rosemary Vorel (914) 882-5886

Bedford Senior Bus Drivers Marty Bailey Pete Belasco

Senior Adult Phone# (914) 666-7203

HOME-DELIVERED-MEALS PROGRAM

Seniors who are homebound or recovering from a hospital stay and are unable to prepare meals and have no one to do so for them may be eligible for a hot midday meal delivered by caring volunteers. Call Jim Whiting at (914) 666–7203 for more information.

SENIOR IDENTIFICATION CARDS

Residents age 60+ are eligible for Westchester County Senior Citizen identification cards and the various benefits to which the card entitles them. The cards are available at the Westchester County Center, 198 Central Avenue at the Bronx River Parkway in White Plains. For more information, call (914) 813–6400 or (914) 813– 6300 or at westchestergov.com

REFUSE PROGRAM

Senior Adults (60+) may go to the Town Clerk's Office at 321 Bedford Road, Bedford Hills, and purchase coupons for trash disposal, Monday – Friday, 8:30am – 4:30pm. This program allows for disposal of plastic bagged, non-recyclable refuse at town of Bedford Recycling Center, 343 Railroad Ave, Bedford Hills, (914) 241–2671, Tuesday, Thursday and Saturday, 8:00am – 3:00pm.

AGED PERSON'S PROPERTY TAX EXEMPTION

For information on eligibility for a senior adult property tax exemption, contact the Town Assessor at (914) 666–5149.

NUTRITION PROGRAM

Residents may participate in the Senior Nutrition Program in Mt. Kisco at the Fox Center, 198 Carpenter Ave. Hot lunches are available daily, Monday – Friday with a \$3 contribution. Reservations must be made a day in advance by calling (914) 666–8931.

SHOPPING

The Recreation bus runs local shopping trips on Tuesday mornings (ShopRite, CVS and Kohl's). Reservations must be made at least one day in advance by calling (914) 666–7203. Also, shopping trips to local malls and shopping centers are offered. Shopping trips are on a first-come, firstserve basis.

VISITING NURSE

The second Wednesday of each month our seniors are treated with a visit by health care specialists, generously provided by Northern Westchester Hospital. Our visiting nurse conducts blood pressure checks along with discussions on healthy eating and exercise.

CHAIR YOGA

Wednesdays at 11:30am

Experience the benefits of gentle yoga from the comfort of a chair. This easy, low risk activity is designed to give you energy, flexibility and balance. An instructor from Northern Westchester Hospital provides this popular and effective activity on a weekly basis free of charge.

Start date:

Wednesday, September 22 at 11:30am at the Bedford Hills Community House

BEDFORD HILLS COMMUNITY HOUSE

RENTAL SPACE INFORMATION 74 Main Street, Bedford Hills

Opened and dedicated on July 4, 1920, this charming building was gifted to the town of Bedford in 2001 by the Bedford Hills Community House Association. Presently, the building is maintained by the Building Department maintenance staff with scheduling of the building performed by the Recreation and Parks Department.

BEDFORD HILLS COMMUNITY HOUSE RENOVATION UPDATE

The Bedford Recreation & Parks Department, along with Town Supervisor MaryAnn Carr and members of the Town Board, are thrilled about the progress being made in the renovation of the Bedford Hills Community House! This project will bring much needed improvements and upgrades to this important, vital and highly utilized town facility. The Bedford Hills Community House has been a venue for community gatherings, special events and programs for 100 years, opening its doors originally in 1920. In order for the town to continue to provide a safe, comfortable, functional, attractive and an accessible venue for residents to enjoy, an extensive renovation of the Community House has been undertaken. As part of this renovation project some of the highlights include:

- Two (2) new ADA accessible bathrooms on the main floor, with full renovations of the existing bathrooms on the lower level and second floor.
- New 100% electric and energy efficient HVAC systems throughout the building.
- Fully renovated kitchen to provide food preparation needs for all events hosted on-site.
- Main hall renovations to include a new wood floor, improved lighting and increased usable space.
- Renovation of the lower level multi-purpose room to include a new floor, improved lighting, increased usable space and higher ceilings.
- Construction of an ADA compliant elevator that will allow access between the first floor and lower level.
- Exterior renovations that will include a new patio.

The project, which began in November of last year, is scheduled to be completed in September, 2021. Through the continued hard work of our project architects from KG+D, our project contractor, Piazza, Inc., and the town staff that make up the rest of the project team, we are fully confident that this renovation will result in a top notch recreational and community facility that residents of the town of Bedford will enjoy for many years to come! Please see Recreation & Parks Department webpage for updated information and Facility Use Application.

BEDFORD HILLS TRAIN STATION

46 Depot Plaza, Bedford Hills

The interior space of the train station is able to host meetings, special events, birthday parties or a variety of programs. The main room may be rented on a space-available basis for town of Bedford community groups, residents and local businesses. The room accommodates up to 75 people and less if you are using tables and chairs. The train station has 10 six foot tables and 50 chairs to accommodate your event. No outside tables or chairs are allowed to be brought in. The train station does not have a kitchen facility so food events will need to be catered. The Bedford Hills train station is rented between the hours of 8:00am – 11:00pm.

MAX FOUR HOUR RENTAL

Rental Fee is \$30 per hour with a \$100 deposit. Community Group rate is \$15 per hour. Renters must supply Hold Harmless and insurance as required by the town of Bedford.

Facility use rental forms may be found online at www.bedfordny.gov on the Forms & Applications page in the Recreation section. For additional information please contact the Recreation office at (914) 666-7004.



BEDFORD VILLAGE MEMORIAL PARK

65 Greenwich Road (off Rt. 22/172), Bedford Village

Tennis and platform tennis courts, baseball/softball field, basketball court, swimming pool, playground, picnicking, shelter and soccer fields.

KATONAH MEMORIAL PARK

North Street (off Bedford Rd./Park Pl.), Katonah

Tennis and platform tennis courts, baseball/softball field, basketball court, swimming pool, playground, picnicking, walking trails, picnic shelter with fireplace.

BEDFORD HILLS MEMORIAL PARK

60 Haines Road (off Rt. 117), Bedford Hills

Lighted tennis courts, baseball/softball/little league field, basketball courts, swimming pool, playground, picnicking, picnic shelter, soccer field, ice skating and fishing, baseball/ softball fields. We need your help in keeping Bedford Hills Memorial Park clean and safe for everyone who utilizes the park. **PLEASE DO NOT FEED** the geese at the park.

PARK USE REGARDING DOGS

Please be reminded, while dogs are permitted in town parks they must be leashed at **ALL** times and owners are responsible for cleaning up after their dog. **OFF-LEASH DOGS ARE NOT PER-MITTED** in any of the parks except the designated areas at Beaver Dam Park. Dogs are **NOT** permitted in any of the playground areas, tennis courts, platform tennis courts, basketball courts or the pool facilities at any time. For safety and for sanitary reasons it is requested that dogs not be walked on any of the athletic fields located in the parks. Town of Bedford residents are encouraged to utilize the designated offleash areas at the Canine Commons Dog area located at Beaver Dam Park.

RECYCLING IN THE PARKS

Working in concert with **BEDFORD2030** and with the support of the Town Board, the Recreation & Parks Department purchased new recycling container tops for all of our park facilities. The park recyclable items collected will include cans, plastic and glass bottles, as well as news and clean paper. The recycling containers complement the green trash containers which are conveniently placed throughout our parks. Recycled items will be collected on a regular basis by the parks staff and disposed of in separate recycling dumpsters located at each park. Park patrons are encouraged to utilize the trash and recycling containers provided in an effort to keep our parks clean and green.

LIBRARIES

Each of Bedford's hamlet communities: Bedford Hills, Katonah and Bedford Village, have a public library offering a variety of interesting programs for both children and adults.

For information call: BEDFORD HILLS LIBRARY (914) 666–6472 www.bedfordhillsfreelibrary.org

KATONAH VILLAGE LIBRARY

(914) 232–3508 www.katonahlibrary.org

BEDFORD VILLAGE LIBRARY (914) 234–3570 www.bedfordfreelibrary.org





BEDFORD HILLS BASKETBALL LIGHTS

The basketball courts, located at Bedford Hills Memorial Park, are open for free play by town of Bedford residents and guests.

March 15th thru November 19th

The light poles will be automatically energized daily from dusk till 10:00pm. Additional instructions regarding the use of the lights are posted at the front light pole under the push button activation box.

PLEASE NOTE:

Riding tricycles, bicycles, skateboards or rollerblading on the courts is **NOT permitted.**

The Bedford Hills basketball courts are currently open for pickleball play **7 days a week, from**

9:00am – 12:00noon, as well as during the following days and times, through October 30th.

Days & times: Tuesdays, 6:30 – 9:00pm; Thursdays, 6:30 – 9:00pm; Saturdays, 9:00 – 11:30am.

BASKETBALL IS NOT PERMITTED DURING PICKLEBALL PLAY.

A MESSAGE FROM THE TOWN CLERK

As a friendly reminder, all permits for Canine Commons Dog Park MUST be renewed annually after January 1. Dogs using Canine Commons must have a valid New York State license and a valid dog park permit issued at the Town Clerk's office. Permits are available to town of Bedford residents for a fee. A limited number of non-resident permits are issued each year. Please call the Town Clerk's office at (914) 666-4534 to inquire on the status of available non-resident permits.

PLEASE NOTE: The park is checked on a regular basis by the Bedford Police Department and Dog Control Officer. Fines for non-permit holders may be as high as \$250. Permit holders are reminded to display their valid permit in the designated driver's side, side window.

The Town Clerk's office is located at the Town House, 321 Bedford Road in Bedford Hills, or call (914) 666-4534. The office hours are Monday through Friday 8:30am to 4:30pm (by appointment only).

BEAVER DAM PARK

HOME OF THE CANINE COMMONS Beaver Dam Road off of Harris Road, Bedford Hills

This park features the Canine Commons Dog Park, which officially opened in the Spring of 2008. This 1.5+ acre site features three separate areas that are fully enclosed with fencing. There is a small dog area (under 30 lbs), large dog area (over 30 lbs) and an agility area. Use of the Canine Commons area is open to town of Bedford residents who are licensed and have a valid dog park permit.



USE OF THE AGILITY ENCLOSURE

The Agility Training area is unlocked and open for individual use except during times when agility classes are being conducted. The "open" time in the agility area is first come, first serve with one person/dog permitted at a time. This separated area offers an option for permit holders in addition to the very social small and large dog enclosures. Agility use guidelines will be posted on the bulletin board and at the agility enclosure entrance. Use of the equipment is not permitted.

DOG AGILITY TRAINING

BEGINNER, ADVANCED BEGINNER & ADVANCED CLASSES

Instructor: Kate Connick

Kate Connick has been teaching dog obedience and agility since 1991. Kate is certified by the ARC in pet first aid AND has a Master's degree in (human) psychology! Build confidence and control by teaching your dog to negotiate obstacle courses. This entry-level class aims at teaching dogs to safely, confidently and accurately handle agility equipment including jumps, tunnels and various ramps. The goal is to improve your rapport with your dog and have fun.

FOR:	TOWN OF BEDFORD RESIDENTS (Dogs MUST have a valid New York State license issued through the Town Clerk's Office located at 321 Bedford Road)
DAY:	SATURDAYS
DATES:	SEPTEMBER 15, 22, OCTOBER 6, 13, 20, 27
	(NO CLASS SEPT. 29) (MAKE-UP DATE: TBA)
LOCATION:	CANINE COMMONS AGILITY AREA
FEE:	\$75 – Residents (owner and dog)

ATTENTION Non-Residents: If space is available one week prior to the start of the program Non-Residents can enroll in the course for a fee of \$94.00.

TIMES/ACTIVITY #:

#323001A BEGINNER CLASS 3:45 – 4:45pm Prerequisite: Basic obedience and control around other dogs

#323001B ADVANCED BEGINNER CLASS 2:30 – 3:30pm Prerequisite: Instructor Approval required

#323001C ADVANCED CLASS 5:00 – 6:00pm Prerequisite: Instructor Approval required

HELP PROTECT OUR CREEKS, LAKES AND RIVERS

What is Stormwater?

Stormwater is rainfall or snowmelt that runs off surfaces such as roads, compacted ground surfaces and rooftops. As the stormwater runoff moves, it can pick up and carry away natural and man-made pollutants such as fertilizer and animal waste. Eventually, the runoff deposits the pollutants into lakes, rivers, wetlands, coastal waters and even our underground sources of drinking water. This is called nonpoint source pollution.

COMMON STORMWATER POLLUTANTS

There are a variety of contaminants that can easily pollute our stormwater. Rain picks up oil and grit left on the roads; sprinklers wash pesticides, fertilizers and weed killers from our gardens and lawns; washing the car carries detergents, oils and grease from the driveway and into our waterways.

MOTOR OIL: Four quarts of motor oil can create an 8-acre oil slick and contaminate a million gallons of drinking water.

ANTIFREEZE: Antifreeze is a toxic pollutant that can kill not only aquatic life but also pets when they drink from contaminated puddles.

PESTICIDES: The use of harmful chemicals on your lawn can be reduced with proper mowing, fertilizing and watering. Apply pesticides only in areas where needed and only in directed amounts.

ANIMAL WASTE: Pet and other animal waste is raw sewage that releases bacteria and oxygen-consuming materials into our waterways. Pet owners should always "scoop the poop"!

SOAPS AND DETERGENTS: Detergents are pollutants that contain phosphorus which contributes to algae blooms. Algae blooms deplete waterways of oxygen and cause fish kills.

YARD DEBRIS: Yard waste (grass clippings and leaves) is a pollutant that releases bacteria, oxygen-consuming materials, phosphorus and nitrogen into our waterways. It also clogs storm drains, which contributes to flooding. If necessary, bag yard waste in clear plastic bags and place curbside on your regular garbage collection day.

Preventing Stormwater Pollution

Pollution is a problem but YOU can be the solution! There are many ways you can help prevent stormwater pollution.

- . Don't dump waste, including organic material such as leaves and grass clippings, in storm drains.
- Inspect and maintain your car to prevent oil and antifreeze leaks.
- · Use kitty litter to clean up leaks and spills. Never hose spills into the gutter.
- · Buy household and garden products that are environmentally safe.
- . Do not apply lawn or garden products when rain is forecast.
- · Avoid over-fertilizing your lawn by testing your soil first to find out how much of which nutrient it needs.
- . "Scoop the poop" by discarding pet waste in the garbage or flushing down the toilet.
- Dispose of household chemicals properly. Take motor oil, antifreeze, oil-based paint, paint thinner, varnishes and solvents to a recycling station. See bedford2030.org/recyclopedia for more details.

REMEMBER only rain down the storm drain.

Before you decide to cut down trees around your home...

ink first!

The Town of Bedford this year has received a grant from the State of New York of \$50,000 to maintain its public street trees. Why is that as important as planting new trees?

Joyce Kilmer wrote "I think I shall never see a poem lovely as a tree." One need not be a poet or environmentalist to agree. Trees are wonderful: they capture CO2, release oxygen, provide shade in the summer and a windbreak in the winter, produce flowers and fruits, provide habitat for birds, increase property values and much more. Some trees have additional properties: pine aids skin and hair, sugar maples provide syrup.

Care of trees is therefore important. Tree maintenance is cost effective: there are many benefits of a healthy tree over the expense of removal.

Planting a tree involves site selection: sun, space to grow, good soil. Guide wires to stabilize a small tree should be removed after a year to prevent damage. As they grow, trees can "swallow" the guide arm, which will damage bark development and health.

Trees need care. Even after they develop a root system, they may need water during dry conditions. Insects may attack a tree: bore into its bark, infest its branches. Fungi or rot can kill a tree. Regular maintenance is important for tree health.





"I think I shall never see a poem lovely as a tree."

Winterize a small tree with a tarp. Protect roots with mulch. Just be sure not to create a mulch volcano. That means keeping the mulch directly away from the trunk.

John Jay, early American statesman and our country's first Supreme Court Chief Justice, planted hundreds of trees on the land of his Katonah retirement home. His purpose was simple: to shelter his home from the sun's burning rays.

The next time you want to cut a healthy tree on your property, consider its value, not just to the world around you, but to your family and yourself.

Brought to you by the Bedford, Conservation. Board,

Join John Jay Youth Lacrosse Fall & Spring Programs

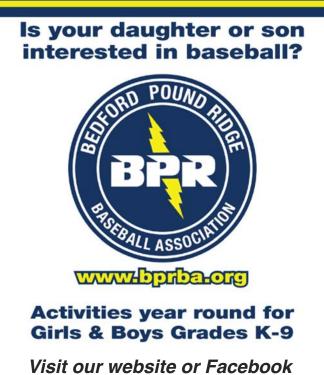
For boys and girls in grades K-8 (KL School District)
 Spring and Fall Seasons (Loaner Program for New Players)
 John Jay Lax Alums & former NCAA/Pro Players on staff

Become part of the JJYLax Wolf Pack!

website: www.jjyl.org

YOUTH LACROSSE

email: info@jjyl.org

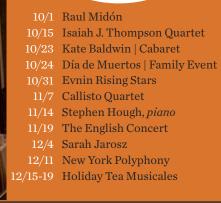


visit our website or Facebook page for upcoming events.

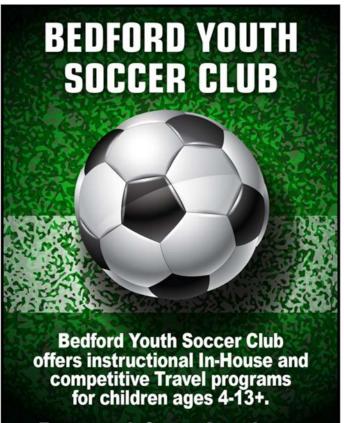
Interested in Volunteering? Coaching? Contact: bprbaseballassoc@gmail.com

Return to Live Music Fall 2021

Returning to the Music Room in Katonah, NY!







For more information please visit our website at www.bedfordyouthsoccerclub.org

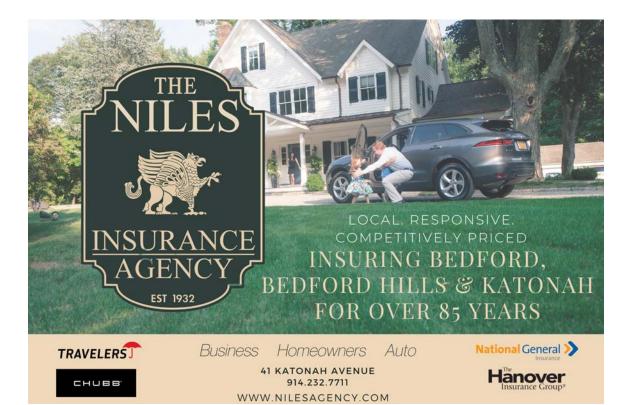
BEDFORD PLAYHOUSE CLIVE DAVIS ARTS CENTER

Visit the Bedford Playhouse this fall!

Learn more about our incredible films and programming, private rentals, special events and membership options by visiting our website!

www.bedfordplayhouse.org











Join Cub Scouts

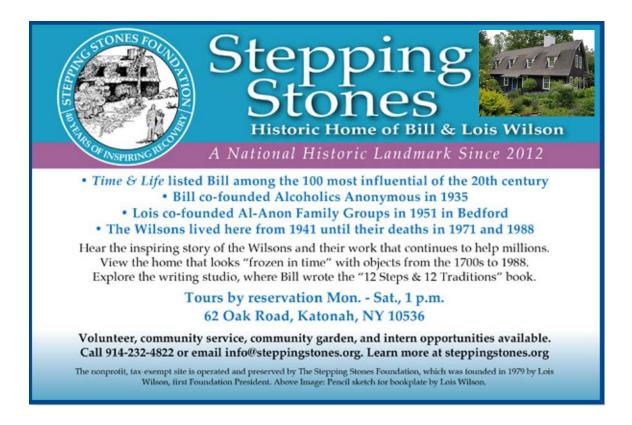


FUN of Cub Scout Pack 1701

Upcoming outdoor events include: Pack/Info Meeting @ PRTP – 9/9 6:30-8:00pm Zip-lining @ Adventure Park – 9/11 4:00pm PR Family Campout @ PRTP 9/18, 19 Pack Meeting @ PRTP – 10/14 6:30-8:00pm Fishing Derby – 10/23

Cub Scouts is open to ALL BOYS & GIRLS in K-5th grade

A parent or guardian must accompany you to all events **For more information contact** Ed Steins (m) 914-924-0051 or (email) ed.steins@earthlink.net





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GENERAL INFORMATION

- 2 proofs of residency are required (eg: utility bill & car insurance/registration).
- A driver's license and anything with a PO Box is NOT accepted as proof of residency.
- A separate registration form & check is required for pool registration.
- Payment in full is required at the time of registration.

PAYMENT OPTIONS / CREDIT CARD TRANSACTIONS

Payment may be made by cash, money order, check (payable to Town of Bedford) or credit card. Please be advised that all credit card or affiliated debit card charges will incur an additional 2.7% fee if processed in the Recreation office.

PROGRAM REGISTRATION

Registration is available in person, online and by mail.

Registrations by mail will be processed upon receipt but not before the first date of registration. Please note we do not confirm program registration nor can we be responsible for lost or misdirected mail. Mail location is: Bedford Recreation, 425 Cherry St., Bedford Hills, NY 10507.

ONLINE REGISTRATION

Our friendly and very accommodating office staff will be available to assist those in need with registering for programs and to answer any questions.

- If you have been enrolled in any Recreation & Parks programs, you are in the Recreation database and you may use your household
 ID # to sign in and register for an activity online.
- If you need your household ID # or if you are a new user, please call the Recreation office at (914) 666-7004 and someone will help you get started!
- Register online at www.bedfordny.gov

NON-RESIDENT REGISTRATION

Most activities are offered to non-residents. Please refer to the activity information for eligibility and appropriate fee.

SENIOR CITIZEN DISCOUNTS

The minimum age for a senior citizen for program enrollment discounts* is age 65. This is for all Recreation and Parks Department-sponsored programs and does not apply to joining the Bedford Seniors Club; Town of Bedford Refuse Program; or Westchester County Park Passes where the age remains at 60.

*Not all programs offer senior discounts and are for Bedford resident seniors only.

REFUNDS

The town of Bedford refunds under the following conditions:

- Any program cancelled by the Recreation & Parks Department will be given a full refund.
- If the program participant moves from the town or becomes ill or injured, a full or pro-rated refund will be made based on the number of sessions attended. Proof of relocation/doctor's note must accompany the request.

There is a \$10 processing fee for all refunds approved, except for programs that are cancelled by the Recreation Department. All refund requests must be made directly to the Superintendent of Recreation and Parks. Activity/ Trip Refund Request forms can be found on the Forms and Flyers page under Recreation & Parks on the town's website at bedfordny.gov. NOTE: Specific activities may have their own refund policy, which will be noted in the activity description.

RETURNED CHECKS

There is a \$35 fee for any returned checks.

INSURANCE

The town of Bedford carries standard liability coverage. This coverage does not include medical costs for anyone injured in the normal course of participation in any town program. All individuals enrolled in town of Bedford Recreation & Parks programs do so at their own risk.

SCHOLARSHIPS

No town of Bedford resident will be denied participation in any recreation program solely because of an inability to pay the prescribed fee. The town of Bedford and the Town Board is committed to providing recreation opportunities to residents of all ages without regard to economic circumstances. For scholarship consideration, please email the Superintendent of Recreation & Parks at www.bedfordny.gov

PROGRAM CANCELLATIONS

Notification of program cancellations are made via email alerts. If you haven't provided us with an email address please do so upon registering or call us at (914) 666-7004 to make sure we have it on file. Notification will also be made on our hotline number (914) 864-3777. Generally, programs are not held when school is not in session. Postponed classes are made up at the end of the program session, if time allows.

HOW TO WATCH A GOOD PROGRAM DIE

Please register early! Nothing kills a recreation program faster than waiting until the last minute to register. All programs require a high level of coordination including facility scheduling, staffing and volunteer recruitment and purchasing of supplies. There is a point when a program must be cancelled or modified if there is insufficient registration.



Get your E-ZPass kit at the Town Clerk's office -- it's as easy as 1-2-3! The busy traveler can get an E-ZPass tag without waiting on a line or for it to come in the mail. Pay \$25 for the pass, follow the activation instructions (the \$25 pass fee will be applied to your account) and your E-ZPass will be ready for use 24 hours after activation.

Stop by the Town Clerk's office Monday - Friday, 8:30am to 4:30pm or call (914) 666-4534 for more information.

FIELD AND FACILITY PERMITS

Permits are required for group use of our fields/facilities. You must be a town of Bedford resident to reserve a field/ facility. Applications must be submitted at least two weeks prior to the scheduled activity. Facility Use Application and fee schedule is available on the website at

www.bedfordny.gov/departments/recreation-parks/event-flyersbrochure/

COMMUNITY SERVICE OPPORTUNITIES

Looking to get involved or need required community service hours? Contact Jim Whiting at (914) 666-7004 to see what opportunities await you.

NORTH EAST WESTCHESTER SPECIAL RECREATION

Executive Director: Ellie Arnemann

North East Westchester Special Recreation, an agency supported and sponsored by the Town of Bedford, is available to children and adults with developmental disabilities from our community. The North East program offers a variety of year round recreational activities including a six week Summer Day Camp for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies. For more information call (914) 347-4409. Employment opportunities, community service credit, educational internships and a variety of volunteer experiences are also available.

MEALS ON WHEELS VOLUNTEERS NEEDED

The town of Bedford depends on volunteers to deliver prepared meals for our Meals on Wheels program. If you are interested in volunteering for this very important program, please call Jim Whiting at (914) 666-7003 for more information.



Want to know what's happening in your community? Sign up for news alerts and public safety alerts at:

www.bedfordny.gov/alert-signup/

You can unsubscribe at any time by following the same procedure for enrollment.



IN-PERSON OR MAIL-IN REGISTRATION

	-						
	1 Comple	tely fill	out the fo	orm below. M	ake sure to pri	nt clearly and sign.	
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Mail/bring form and payment to: 425 Cherry St., Bedford Hills, NY 10507 (914.666.7004)