

January 24 - 27, 2019
SHERATON GATEWAY, LOS ANGELES, CA



The 5th
evolution
Evolution of Addiction Treatment



C4 EVENTS

in Collaboration with



Pacific Southwest (HHS Region 9)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



California Consortium of
Addiction Programs and
Professionals

**FACES &
VOICES**
OF RECOVERY



Register Online at www.C4events.org/evolution

- Earn up to 25 HOURS of Continuing Education
- Choose from more than 40 challenging workshops

JOIN US FOR THESE
C4 BEHAVIORAL HEALTH EVENTS

ptacc

Police, Treatment & Community Collaborative
PONTE VEDRA, FL // MARCH 3 - 6, 2019



wcsad

West Coast Symposium on Addictive Disorders
LA QUINTA, CA // MAY 30 - JUNE 2, 2019



core

Clinical Overview of the Recovery Experience
AMELIA ISLAND, FL // JULY 14 - 17, 2019



ccsad

Cape Cod Symposium on Addictive Disorders
HYANNIS, MA // SEPTEMBER 5 - 8, 2019



webinars

Check the URL for upcoming webinars
WWW.C4EVENTS.ORG/WEBINARS/



We look forward to seeing you!
the C4 Events Team



WWW.C4EVENTS.ORG





TORRANCE MEMORIAL

THELMA MCMILLEN CENTER FOR ALCOHOL & DRUG TREATMENT



For a confidential
consultation at no
charge, please call:

Adults:
310-784-4879

Teens:
310-257-5760

ThelmaMcMillenCenter.com



Why Call The
Thelma McMillen
Center for
Alcohol and Drug
Treatment?

TEN GOOD REASONS

1. Trusted
2. Reality-based
3. Affordable
4. Confidential
5. Comprehensive
6. Personalized
7. Experienced
8. Compassionate
9. Supportive
10. Successful

Welcome to the 5th EVOLUTION

NETWORKING. RELATIONSHIPS. RESULTS.

JANUARY 24 - 27, 2019

C4 Recovery Foundation (C4) is honored to present the 5th Evolution of Addiction Treatment. The mission of C4, a non-profit organization, is to improve the accessibility and quality of addiction treatment, and to promote long-term behavioral health solutions.

We are excited to announce two new projects this year that complement our annual events. We have launched C4 Linx, a new digital networking platform exclusively for behavioral health professionals. We are offering your first year for free! Learn more about C4 Linx on page 30. We have also started offering online learning through C4 Webinars. Much like our events, the webinars feature expert faculty presenting workshops on timely topics. See our ad on page 34 to view upcoming webinars.

We offer a special debt of gratitude to our Presenting Patrons and Collaborators as well as our Platinum, Gold, Silver, and Bronze Patrons, who with their generous support and underwriting, allow us to continue to provide you with the best return on your investment of time, energy and money. Their continued support and involvement has enabled EVOLUTION to offer the broadest, most challenging education at very cost-effective rates. Thank you for being a part of EVOLUTION!

In addition to EVOLUTION, C4 operates four other premier behavioral health conferences – PTACC (Police, Treatment & Community Collaborative), WCSAD (West Coast Symposium on Addictive Disorders), CORE (Clinical Overview of the Recovery Experience), and CCSAD (Cape Cod Symposium on Addictive Disorders). We invite you to explore our array of educational opportunities at C4events.org.



Dee K. McGraw, MSW
Executive VP of Education
& Event Services
dee@c4recovery.org
616-581-4855



Katie Myvett
Director of Operations
katie@c4recovery.org
816-883-8619



Susan Benvenuti
Director of Marketing
susan@c4recovery.org
859-421-1584



Tara Smith
Event Coordinator
tara@c4recovery.org
616-481-6057



Leah Smith
Event Coordinator
leah@c4recovery.org
616-481-6057



Jesse O'Donoghue
Director of Event Technology
jesse@c4recovery.org
252-514-7762

WHO SHOULD ATTEND?

Any Behavioral or Allied Health professional-Physicians, Psychologists, Social Workers, Marriage and Family Therapists, Alcohol and Drug Counselors, Mental Health Counselors, Collegiate Recovery and Professional Monitoring Organizations, Nurse Practitioners, Physician Assistants, Pharmacists and more.

EVOLUTION LEARNING OBJECTIVES

- Improve the overall quality of services delivered and increase the competencies of clinicians
- Apply clinical skills from a broad range of professional core functions including assessment and therapeutic approaches
- Cite advances in the field resulting from research and practice innovations
- Bring awareness to key issues such as cultural diversity, gender issues, sexual orientation and age-specific differences in relation to clinician/client interaction
- Discuss ways to build a collaborative culture within the allied health professions
- Provide training necessary to implement innovations toward achieving organizational excellence and improving clinical/financial outcomes and operational efficiencies
- Assist participants in building and sustaining competitive advantages through outcomes-informed treatment and recovery services
- Protectively address the challenges, risks and opportunities presented by a changing competitive environment



Schedule of Events

Thursday, January 24

7:30 AM – 8:30 AM Breakfast

Join us for the networking and a delicious breakfast

Thursday Intensive Learning Psychotherapy Workshop: 8:30 AM - 5:00 PM

#100. The Point of Intervention: Learning How to Assess the Moment to Moment

Unfolding of a Session and Generate Powerful Experiential Interventions (6 CEs)

Allen Berger PhD and Thom Rutledge, MSSW |  Supported by The Institute for Optimal Recovery and Emotional Sobriety

Level of Instruction: Intermediate/Advanced

Psychotherapy and psychotherapy training has been moving in the wrong direction. For the most part efforts have been focused on developing technical protocols to treat particular diagnoses rather than understanding how to reach, engage, and dialogue with people in a way that moves them towards change and problem resolution.

This timely workshop will help you learn to treat people, not diagnoses. The training will focus on helping you learn how to use your natural skills in creating a therapeutic atmosphere and therapeutic alliance with your clients while at the same time helping a client discover new possibilities. It will also help you learn how to identify opportunities for therapeutic interventions as they unfold during a session and how to create interventions that move clients towards the next step in their personal development.

Thursday Intensive Learning Ethics Workshop: 8:30 AM - 5:00 PM

#101. Wellness and Ethics: Addiction Professional Know Thyself! (6 CEs)

Pete Nielsen, MA, CADCI |  Supported by CCAPP

Level of Instruction: Intermediate/Advanced

We will explore the practical application of ethics in counseling and therapy in working with SUD clients. Additionally, the importance of managing compassion fatigue will be explored, along with suggestions for maintaining wellness. We will review the code of ethics of CAME, NASW, APA, CCAPP, NAADAC, and ACA.

10:00 AM – 10:30 AM Morning Break

Join us for networking and light refreshments

Thursday Faces and Voices of Recovery Training: 12:00 PM - 5:00 PM

#105. Recovery Ambassador Training (3 CEs NAADAC Credit Only)

Hanna Rose |  Supported by Faces and Voices

Level of Instruction: Introductory/Intermediate

The Recovery Ambassador Program prepares individuals to advance public understanding and appropriate responses to substance use disorder. This training event includes instruction on participation in advisory councils, recruitment of volunteers, building impactful messages, organizing community action, engaging policymakers and stigma reduction. If you want to make a difference in how individuals and families impacted by substance use disorder this training program is for you.

3:00 PM – 3:30 PM Afternoon Break

Join us for networking and light refreshments

Thursday – Friday

Thursday Faces & Voices of Recovery Evening Event: 6:30 PM – 9:00 PM



Enjoy a casual evening with Faces and Voices of Recovery at the Evolution conference! You are invited to a dinner gala benefiting the California Recovery Ambassadors Initiative

THURSDAY, JANUARY 24
6:30 PM - 9:30 PM
COST TO ATTEND: \$100.00
LOCATION: SHERATON GATEWAY, GATEWAY BALLROOM

**FACES &
VOICES**
OF RECOVERY

Enjoy an evening of inspiration and entertainment at the Recovery Ambassadors Dinner & Gala hosted by Faces & Voices of Recovery. This fundraising dinner gala supports the launch of the California Recovery Ambassadors Initiative, empowering vocal and visible recovery advocates across California. Featured speakers and entertainment to be announced. Learn more about Faces & Voices of Recovery at www.facesandvoicesofrecovery.org.

Friday, January 25

7:00 AM – 8:30 AM Breakfast in the Exhibit Hall

Join us in the Exhibit Hall for networking and a delicious breakfast

Friday Morning Plenary: 8:30 AM - 10:00 AM

#200. Chair Work in Recovery Counseling (1.5 CEs)

Allen Berger, PhD | ☞ Supported by The Institute for Optimal Recovery and Emotional Sobriety

Level of Instruction: Intermediate/Advanced

Recovery Counseling is an experiential, process focused approach for treating those who suffer from addiction. This phenomenologically based approach to counseling creates a powerful therapeutic experience which increases a patient's self-awareness and their ability to act with greater sincerity towards themselves as well as to discover new possibilities in coping with their addict self or alcoholic self.

This training will focus on the use of the empty chair in a counseling session. Dr. Berger will identify when to use the empty chair and how to use it. Applications will be discussed and demonstrated.

8:30 AM - 5:45 PM

1st Annual West Coast ARCO Mid-year Retreat: Future Proofing Strategy Planning (additional fees apply & No CE Credit): The first annual mid-year ARCO Leadership Retreat will take strategic planning to a new level by focusing on innovation and best practices of Recovery Community Organizations (RCOs) providing advocacy, education and recovery support services. Open to members of the Association of Recovery Community Organizations (ARCO) at Faces & Voices of Recovery only. Contact Faces & Voices of Recovery to learn more about ARCO.

ASSOCIATION OF
**RECOVERY
COMMUNITY
ORGANIZATIONS**
FACES & VOICES OF RECOVERY

Schedule of Events

10:00 AM – 10:45 AM Morning Break In Exhibit Hall

Join us in Exhibit Hall for networking and light refreshments

Friday Mid Morning Workshops: 10:45 AM - 12:15 PM

#225. **Living' on the Edge: A Model for Leading Edge Treatment and Culture (1.5 CEs)**

Ilana Zivkovich, LCSW, LCDC, CDWF |  Supported by Werq

Level of Instruction: Intermediate

As treatment providers, we share the common goal of effectively helping clients live fulfilling, healthy, happy lives. The In Vivo? (or “in life”) model of treatment empowers clients with appropriate opportunities to experience the joys, challenges, stresses, and successes of “real life” while within the supportive treatment environment. In this interactive workshop, key teachings from Positive Psychology, Cue Exposure Therapy, and cutting-edge brain science will be synthesized as the theoretical foundation of this model is explored. Additionally, the rationale behind emphasizing a healthy organizational culture, as well as the elements necessary to sustain it will be covered. Drawing from the research of Dr. Brené Brown, participants will learn about trust, vulnerability and courage as they relate to organizational culture. Attendees will leave enriched through exposure to cutting edge research to enhance both their overall approach to addressing addictions, as well as their style of engagement within their professional lives.

#226. **Using Action Methods to Help Clients Shift from Learned Helplessness to Learned Optimism (1.5 CEs)**

Jean Campbell, LCSW, CIPP, TEP |  Supported by Cycles of Change

Recovery Services

Level of Instruction: All

Helplessness is learned, and if recovery is to go to be sustained, it needs to be unlearned, and eventually shifted to Learned Optimism. Through the use of Positive Psychology, Sociometry and the Psychodramatic techniques of Sculpting and the Empty Chair, we will explore Learned Helplessness and the process of shifting it to Learned Optimism. Participants will be educated on effective interventions for helping clients somatically feel into a sense of greater empowerment and optimism and assist them in moving forward on their path of recovery.

#227. **Evolution of a Trauma-Informed Workplace (1.5 CEs)**

Mary Woods, BC-RN, LCS, LADC, MSHS and Jonathan De Carlo, CAC III | 

Supported by C4 Consulting

Level of Instruction: Intermediate/Advanced

While significant attention has been devoted to assessment, treatment and prevention of trauma in client care, there is a lag with the evolution of these needs for staff and organizations in the work environment. Staffs and Organizations can experience and create trauma, which often goes unrecognized and unaddressed. Conceptualizing a Trauma Informed work environment for staff requires honesty, openness, and a willingness to embrace conflict. Contemporary healthcare models often lead to compromising care. Recognizing staff’s exposure to trauma in their own lives and through client care can create a workplace environment that supports sustainable and improved health. Organizations that truly practice Trauma Informed approaches produce higher quality care by developing staff skills and resources. Rarely do staff receive attention on developing their own skills and resources to produce a Trauma Informed workplace. This workshop will explore challenges of providing trauma informed care for organizations, emphasizing staff skill and resource development.

#228. Health Effects of Cannabis: From Science to Practice (1.5 CEs)

Itai Danovitch, MD | 🌀 Supported by Thelma McMillen Center & Cedars-Sinai Medical Center

Level of Instruction: Intermediate/Advanced

Cannabis is the most commonly used illicit drug in the United States, and recent changes in state policy are increasing its accessibility. Rates of cannabis use are elevated among youth and individuals with mental health disorders, many of whom report that cannabis alleviates psychiatric symptoms. This presentation will review emerging issues in cannabis policy, the pharmacological effects of cannabis, implications for psychiatric disorders, and strategies for treating cannabis use disorders.

#229. Traction the Trenches of Recovery: From Avoiding to Engaging, Frozen to Warm and Performance to Being (1.5 CEs)

Adrian Hickmon, PhD, MEd, MA, LPC-S, LMFT-S, LADAC, CSAT-S, CMAT-S, CTT, EMDR I | 🌀 Supported by Capstone Treatment Center

Level of instruction: All

Three of the most impactful family dynamics in creating an environment for addiction and chronic relapse are Family Avoidance Patterns, Frozen Emotional Family System, and a Performance Based Acceptance. More often than not, 1st order changes are unsuccessful in this type of family landscape. This presentation looks at these three etiological dynamics in creating vulnerable hosts for addiction and describes how to gain traction on 2nd order changes from avoiding to engaging, from frozen to warm attachment and from performing to being accepted and lovable for just being without achievements. Being at peace in one's own skin and being connected to others in core-to-core relationships are keys to successful recovery. The opportunity of facing trauma, shame and addiction is for families and the individuals therein growing in engagement, becoming fully alive emotionally, and becoming good enough through their innate value instead of their performance.

Friday Luncheon: 12:15 PM - 1:45 PM

**Join us for a delightful complimentary luncheon and discussion.
(Pre-registration required)**

#250. Prodependence: Moving Beyond Codependency (1 CE)

Robert Weiss, MSW, PhD | 🌀 Supported by Seeking Integrity, LLC

Level of Instruction: Introductory/Intermediate

The past 35 years have brought endless new, useful, and cutting edge treatments to the addiction space. During this time we have integrated all sorts of methods like: motivational interviewing, Smart Recovery, EMDR, trauma work, somatic and equine therapies, and more—all to foster better outcomes for our addicted clients. But when it comes to the treatment of an addict's partner and loved ones, we have seen little new thought since the concept of codependency was first fleshed out over three decades ago. Prodependence, the first attachment-based model for the treatment of addict's partners and loved ones, moves beyond the trauma-based theories of codependency and co-addiction, allowing us to view this population with fresh eyes and fresh ideas. Prodependence as a model is more invitational, less pathological, and more personally affirming to those who are intimately involved with addicts, as Prodependence neither assumes nor assigns any pathology or label to people simply because they are loving an addict in the best way they can.

Schedule of Events

Friday Early Afternoon Workshops: 2:00 PM - 3:30 PM

#251. Untangling the Opioid Epidemic-A Hijacking of the Brain (1.5 CEs)

Marcus De Carvalho, MD |  Supported by Beaches Recovery

Level of Instruction: All

Recently the CDC has classified the opioid crisis in the United States, “An Epidemic”, with a surge of deaths in 2015 surpassing 30,000 for the first time in history. Dr. De Carvalho will outline the opioid epidemic and the catastrophic implications it has on the United States from a morbidity, mortality and financial perspective. He will also walk you through the pleasure reward pathway (PRP). Once this system is introduced to opioids, it is “hijacked”, due to neuroplastic changes, and left to believe it needs opioids to survive, much like food and sleep, making it difficult for patients to maintain sobriety. Dr. De Carvalho will detail different modalities for treatment including MAT and behavioral therapies; specifically, “Acceptance and Commitment Therapy” which is mindfulness based, cognitive behavioral therapy and motivational interviewing. Dr. DeCarvalho believes that addiction is not a “moral failure” but, in fact, a medical illness with genetic, developmental and social ramifications.

#252. Moving from Trauma-Informed to Trauma-Focused Care: A Mindfulness-Based Multi-Modal Approach (1.5 CEs)

Stephen Dansiger, PSYD, MFT |  Supported by StartAgain

Level of Instruction: Intermediate/Advanced

Addictions treatment has come a long way over the centuries, particularly since the advent of Alcoholics Anonymous of 80 years ago. For the past 2,600 years, Buddhist Mindfulness and the therapies and practices it has brought about have contributed to psychological and spiritual relief to millions of people. Over the last 25 years, our understanding and the treatment of trauma related disorders and difficulties have progressed, with Francine Shapiro’s development in EMDR therapy. The understanding of the link between traumatic experiences and the difficulties and suffering of alcoholics and addicts have grown. SAMHSA and other clinical bodies have indicated the need for addictions treatment to follow the principles of trauma-informed care. This presentation will make clear the theory and research behind the development and implementation of both mindfulness and EMDR Therapy through case studies and anecdotal evidence of how this model is progressing, with recommendations for further research and practice.

#253. PsychoNeuroPlasticity Principles & Practices in Addiction Treatment (1.5 CEs)

Barbara Peavey, PhD, MS, PsyPharm |  Supported by Origins Behavioral HealthCare

Level of Instruction: Introductory/Intermediate

Psychoneuroplasticity refers to the brain’s ability to change or adapt with new experiences throughout the life span. Addiction is a brain-based disease with specific neurological pathways involved. Intentionally adding dimensions of brain health and brain training, along with 12-Step provides a comprehensive program for addiction recovery. Explanation of concepts of neuroplasticity will be discussed, along with impact of addictive substances on the brain will be reviewed. Methods for impacting the brain to heal, nourish, enliven, and train the brain as it applies to addiction treatment will be presented.

#254. Co-Occurring Substance Use and Mental Health Disorders (1.5 CEs)

Grant Hovik, MA |  Supported by UCLA Integrated Substance Abuse Programs

Level of Instruction: Introductory/Intermediate

This training will provide a clinical look at co-occurring mental health, substance use, and chronic medical conditions. The training will review the effects of commonly used substances and will introduce participants to the epidemiology, prevalence, and neuroscience of co-occurring disorders. Participants will be engaged in a discussion on how to conceptualize mental health, substance use, and physical health disorders and how their interaction affects screening, assessment, and treatment. The training will also cover specific strategies and treatment approaches to more effectively work with consumers who have co-occurring disorders.

#255. Music Therapy in Early Recovery (1.5 CEs)

Kathleen Murphy, PhD, MT-BC | ☞ Supported by Loyola University
Level of Instruction: Intermediate

This session will provide an overview of music therapy and addictions treatment. The neurobiology of engagement in music listening and music making and its effect on reward circuitry will be explained. A review of research findings supporting the inclusion of music therapy in treatment will be presented. Case examples will be presented to demonstrate how music therapists address the biophysical, psychoemotional and psychospiritual domains of recovery. Criteria for referral to music therapy will be presented, along with suggestions for the use of music by professionals working in substance abuse treatment. Attendees will have the opportunity to participate in music therapy experiences used in substance abuse treatment.

3:30 PM – 4:15 PM Afternoon Break in the Exhibit Hall

Join us in the Exhibit Hall for networking and light refreshments

Friday Late Afternoon Workshops: 4:15 PM - 5:45 PM

#275. Attachment, Connection, and the 12 Steps (1.5 CEs)

Michael Dinneen, LCSW, CACIII, CSAT | ☞ Supported by C4 Consulting
Level of Instruction: All

True connection and intimacy cannot be fully realized without healthy attachment. Michael Dinneen will describe the process of healing relationships and growing spiritually through experiential therapies such as EFT (Emotionally Focused Therapy) attachment work. The workshop will help attendees develop tools to help the people they serve from stage I to stage II recovery. As a robust recovery maintenance approach, increased resiliency and dynamic wellness emerge in the therapy process. EFT is a systems approach and contemporary treatment approaches show greater success when systemic issues are addressed, specifically through attachment work from the beginning of recovery. The greater attention given to understanding family systems-based attachment work for clients, the greater likelihood for clarity of relapse trigger identification, stabilization of recovery across the client support system, yielding an integrated and diversified recovery growth. All of these concerns allow for more efficient and effective integration of structured interventions in the therapy.

#276. Lion Kings & Little Mermaids: Use of Modern Myth as Gestalt Experiential Hero Journey Group Work for Trauma (1.5 CEs)


Brian Dunphey, MS, JD, LMFT, CSAT-C | ☞ Supported by Blue Tiger Recovery
Level of Instruction: All

Support for the use of Gestalt Experiential exploration of redemption narratives, such as The Lion King, as safe, contained means to examine trauma responses, attachment injury and secure bonds, framing and anchoring of grief work and shifting clients toward a hopeful, sober committed narrative is woven together, along with opportunity for attendees to participate in experiential work themselves that utilizes film clips to experience adaptive use of projective identification to play to group members strengths and emotional-cognitive tendencies. Adaptability to multiple theoretical lenses is also discussed.



Schedule of Events

#277. AA and SMART Recovery: Not as Different as You Might Think (1.5 CEs)

A. Tom Horvath, PhD, ABPP |  Supported by Practical Recovery Psychology Group
Level of Instruction: Intermediate

AA's powerlessness approach and SMART Recovery's self-empowering approach appear completely different. However, recent findings about the effectiveness of addiction mutual help groups, and their mechanisms of behavior change, suggest that all groups (12-step, SMART, LifeRing, Women for Sobriety) may be equally effective (Atkins & Hawdon, 2007; Zemore, et al., 2018) and may work using similar mechanisms of behavior change (Kelly, 2017). The presentation will disseminate emerging knowledge about the effectiveness of mutual help groups and common group factors, while recognizing differences in approach between each group, with an emphasis on SMART Recovery and 12-step groups. The presentation will propose ideas for increasing respect between mutual help groups, increasing overall group attendance, and helping clients identify and attend any mutual help group. Finally, if participants in their communities do not have available a broad range of mutual help groups, methods for creating more balance will be suggested.


#278. Cognitive Behavioral Therapy and Relapse Prevention Strategies (1.5 CEs)

Andrew Kurtz, LMFT |  Supported by UCLA Integrated Substance Abuse Programs
Level of Instruction: Introductory/Intermediate

The purpose of this interactive workshop is to provide participants with a detailed overview of cognitive behavioral therapy (CBT) and relapse prevention (RP) strategies. Part I will focus on the underlying principles of CBT and RP, including an introduction to CBT and RP and how the behavioral interventions are used in the treatment of substance use disorders; the principles of social learning theory; the principles of classical and operant conditioning; the 5 W's - functional analysis, including demonstration/practice conducting a functional analysis. Part II will focus on the specific elements of CBT, including the trigger-thought-craving-use sequence; identifying triggers in high- and low- risk situations and the neurobiological understanding of cravings. Part III will focus on instructing participants on methods for using CBT strategies, including explanation of treatment provider role in facilitating CBT sessions; how to conduct group and individual CBT sessions; principles of using CBT; creating a daily recovery plan.

Friday Evening Event: 6:30 PM - 8:30 PM

#299. Same World, New Lens: Understanding Intimacy, Boundaries, Power and Redemption in the #MeToo World (2 CEs)

Robert Weiss, MSW, PhD, Stuart Leviton, Esq, Kate Balestrieri, PsyD, CSAT-S, and Lauren Dummit, LMFT, CSAT |  Supported by Seeking Integrity LLC & Triune Therapy Group
Level of Instruction: All

This presentation will include a group dialogue about sex, love, power, trauma, and healing in a world shaped by the ever-changing landscape of the evolving #MeToo movement. This multidisciplinary team will foster an honest and respectful conversation with a select group of men and women, designed to foster empathy and mutual understanding of how dynamics of power, trust and redemption, as portrayed in the media and their personal lives, have influenced their relationships with intimacy, courtship and relational safety.

Attendance at this event is free. For those registered for Evolution Conference, CE credit is provided. If you would like to apply to participate in this event as a discussion group member, as opposed to an audience member, please contact Kate Balestrieri at: kate@triunetherapy.com


Saturday, January 26

7:00 AM – 8:30 AM Breakfast in the Exhibit Hall

Join us in the Exhibit Hall for networking and a delicious full breakfast

Saturday Morning Plenary: 8:30 AM - 10:00 AM

#300. The Challenges of Treating Substance Abusing High Achievers (1.5 CEs)

Harry Haroutunian, MD |  Supported by Harry L. Haroutunian, A Professional Corporation

Level of Instruction: Introductory

Many people think they are too smart to get sober. Usually issues of success, ego, entitlement and abilities, place them at the great disadvantage of embracing this simple program. The challenges of treating substance abusing high achievers focuses on professionals, physicians, lawyers, airline pilots, licensed safety sensitive individuals, as well as entertainers, professional athletes and successful business executives. Though many diverse professions are listed, most share the common denominators that present as resistance at the onset of treatment and or red flags for relapse development for these individuals. This lecture will discuss the nature of these impediments, strategies to overcome them and treatment plans for the best possible results.

Saturday Sober Living Workshop: 8:30 AM - 10:00 AM

#310. The Status of the Sober Living Industry (1.5 CEs NAADAC Credit Only)

Eva Hibnick, Kim Koslo, LMHC, MCAP, CTT, BCPC, Christian Oliveira, and Lauren Philhower

|  Supported by One Step, Futures Recovery Healthcare, Transcend Recovery Community and Karuna Recovery Residences

Level of Instruction: Introductory/Intermediate

There have been a lot of changes in our industry. States are imposing more regulations on sober livings, different models of sober livings have emerged. Panelists will talk about what changes they have seen emerge, challenges they have encountered and where the industry is heading.

8:30 AM - 12:30 PM

Continuation of 1st Annual West Coast ARCO Mid-year Retreat: Future Proofing Strategy Planning (No CE Credit): The first annual mid-year ARCO Leadership Retreat will take strategic planning to a new level by focusing on innovation and best practices of Recovery Community Organizations (RCOs) providing advocacy, education and recovery support services. Open to members of the Association of Recovery Community Organizations (ARCO) at Faces & Voices of Recovery only. Contact Faces & Voices of Recovery to learn more about ARCO.




10:00 AM – 10:45 AM Morning Break in the Exhibit Hall

Join us in the Exhibit Hall for networking and light refreshments

Schedule of Events

Saturday Mid Morning Workshops: 10:45 AM - 12:15 PM

#325. Working with Criminal Justice Involved Women (1.5 CEs)

Brenda Westberry, MS |  Supported by Westberry Consulting
Level of Instruction: All

Women continue to enter the Criminal Justice System at an alarming rate for non-violent crimes. There are now more than 200,000 women behind bars and more than one million on probation and parole. (BJS) Many women struggle with substance abuse, mental illness and histories of sexual and physical abuse. Very few of these women seek and receive the services that they need. Professionals working with this population must incorporate an integrated system of care that utilizes a multifaceted approach in the assessing, diagnosing, service planning, treatment and aftercare to influence successful outcomes with justice involved women. We will explore the impact that violence, prostitution and trauma have played in the lives of justice involved women. Attention is given to Young women, older women, women as victims, women with disabilities and women with children. We will also review evidence based strategies, priorities and expectations in the approach to working with criminal justice involved women.

#326. Treating the Chronically Relapsing Opiate Addict (1.5 CEs)

Marsha Stone, JD, LCDC |  Supported by BRC Recovery
Level of Instruction: Intermediate/Advanced


Opiate addiction has reached epidemic status worldwide. Drug overdoses are now the leading cause of accidental death in the United States. Drug overdose rates, prescription pain killer sales rates, and treatment admission rates have all increased 4x in parallel from 1999 to 2009. Addiction has been recognized as a chronic illness for many years, but treatment providers continue to treat addiction with increasingly shorter episodic care. The opiate epidemic in recent years has exacerbated this problem, causing relapse rates to skyrocket and re-admissions to rise. This session discusses strategies for reducing the recidivism rate through longer-term continuums of care, utilizing recovery-oriented systems of care (ROSC) models, increasing post-discharge recovery support services, and engaging the family in the treatment process.

#327. Starting the Food, Body Conversation: Tools and Strategies for A Healthy Relationship (1.5 CEs)

Robyn Cruze, MA |  Supported by Eating Recovery Center
Level of Instruction: Introductory/Intermediate

Up to 35% of patients who struggle with substance abuse will exhibit eating disorder behaviors, and yet, so much more will leave treatment with an unhealthy relationship with their body and the food they put in it. How do we set our clients up to have a relationship with their body? Attendees will walk away from the presentation with practical, creative strategies to support and create a safe environment for those wanting to explore a healthy relationship with their body and the food they put in it. Furthermore, gaining tools on how to identify and screen when your client become susceptible to an eating disorder. Robyn candidly speaks about her personal experience of overcoming alcoholism and eating disorder. Her dynamic presentation style and storytelling are both educational and compelling and regularly receives overwhelmingly positive feedback from attendees representing various disciplines.


#328. Raising Drug Free Kids: Parental Strategies (1.5 CEs)

Moe Gelbart, PhD |  Supported by Thelma McMillen Center
Level of Instruction: Intermediate/Advanced

After describing adolescent brain development, and the relation to experimentation with drug use, practical strategies will be offered for clinicians working with children and parents. Issues of social pressures, social media influences, and clear guidelines for the counselor to assist parents will be presented. Data regarding alcohol and drug use among teens, and latest trends in use will be presented.

Saturday Sober Living Workshop: 10:45 AM - 12:15 PM

#340. Legal Landscape: Regulations, Revenue and Relationships (1.5 CEs NAADAC Credit Only)


Eva Hibnick, Anelia Shaheed, Esq, Zachary Brown, and Dave Sheridan |  Supported by One Step, NARR & Nelson Hardiman
Level of Instruction: Introductory/Intermediate

The regulatory landscape is constantly changing. Local governments are imposing restrictions on what sober livings need to do to continue to operate. The panel will be discussing: certification of recovery residences; fair housing and zoning, patient brokering and marketing. Hear from some of the experts in the field about what is currently happening on the regulatory front, so you can make sure to stay ahead of upcoming regulations.

Saturday Luncheon: 12:15 PM - 1:45 PM

**Join us for a delightful complimentary luncheon and discussion.
(Pre-registration required)**


#350. The Role of Spirituality in Promoting Recovery (1 CE)

Michael McGee, MD |  Supported by The Haven at Pismo
Level of Instruction: All

A professional language is now evolving for addressing spiritual issue relevant to recovery in faith-neutral and faith-friendly ways. This keynote will briefly describe current clinical models of spirituality, review the evidence indicating efficacy of spiritually-oriented interventions in promoting recovery, and describe clinically-responsible and sensitive ways of introducing spiritually-informed interventions into treatment to optimized outcomes.

Saturday Early Afternoon Workshops: 2:00 PM - 3:30 PM

#351. The Assessment Continuum: Screening to Treatment Evaluation (1.5 CEs)

Norman Hoffmann, PhD |  Supported by C4 Recovery Foundation
Level of Instruction: All

This workshop will cover the key aspects and distinctions among the tasks of screening, diagnostic determinations, treatment planning/monitoring, and evaluation of program results. There is frequently confusion as to the distinction between screening and diagnosing relative to treatment planning. We will discuss the desirable characteristics of instruments for each task and critique a variety of available instruments so that attendees will be able to make enlightened choices in the use of available instruments. This will include instruments for substantiating that a program is evidence-based by documenting the level of positive results for the population served. A discussion of how the pattern of positive diagnostic findings of DSM-5 criteria and initial consideration of key ASAM constructs will influence initial treatment goals and placement indications will be concluded. Where available, empirical evidence will be provided for assessment practices.

#352. The Role of Parents in Young Adults Sustaining Recovery (1.5 CEs)

Diana Clark, JD, MA |  Supported by Turnbridge
Level of Instruction: All

While technically of adult years, many young adults who struggle with Substance Use Disorders and other co-occurring disorders lack the tools and capacity to cope with the demands of recovery and other life challenges. As a result, parents often fill in the gaps of their young adults' functioning and unwittingly promote continued dysfunction and regression. This session discusses how to engage parents in the treatment and recovery process and the relevant information and support they need to stop "over-functioning" and instead, focus on family recovery. Through the use of a PowerPoint presentation, case studies and worksheets, presenters lead the group to understand the importance of family involvement and the methods to successfully engage parents in the recovery process.

Schedule of Events


#353. Attachment-Based Experiential Group Psychotherapy (1.5 CEs)

Leon Larimer, PhD |  Supported by Beacon House

Level of Instruction: Intermediate/Advanced

Phenomenologically, addictive disease can be understood as an attempt at emotional self-regulation. Group psychotherapy has traditionally been the modality of choice in the intensive treatment of addictive disease. Group treatment provides a unique opportunity to experience how one's behavior impacts both others as well as the core emotional self. Group process often activates internal schema that mirror early attachment experiences. By providing a secure emotional base, group therapy can offer an opportunity to appreciate and powerfully transform affect-based patterns of relating that often undermine a patient's ability to successfully engage ongoing recovery.

#354. Addressing Spiritual, Cultural, and Religious Concerns in Clinical Practice (1.5 CEs)

Jack Abel, MDiv, MBA and Shannon Savage-Howie, MA |  Supported by Urban Recovery NYC & Spiritual Care Addiction Treatment Professionals

Level of Instruction: Intermediate

Spirituality, while acknowledged as important by many, also can be challenging for clinicians to incorporate in assessment and treatment planning. What questions does one ask? What pitfalls present themselves? How does one respond to various presentations - for example, closed, angry, dogmatic, or open? This practice-oriented workshop will utilize specific case studies and a round-table small-group approach to explore challenges and best practices. Specific resources and methods, including the Cultural Formulation Inventory of the DSM, various spirituality assessment instruments including the Fetzer and ASPIRES, and specific techniques within Motivational Interviewing are paired with practical elements that draw from ritual studies, mindfulness, 12-step recovery, and diverse spiritual traditions in order to best meet patient and family needs on an individual basis.

Saturday Sober Living Workshop: 2:00 PM - 3:30 PM

#360. The Benefits of Peer Support Specialists and Recovery Coaching (1.5 CEs NAADAC

Credit Only)

Eva Hibnick |  Supported by C4 Events & One Step

Level of Instruction: Introductory/Intermediate

Everyone is becoming a peer support specialist or recovery coach these days. Even Medicaid is starting to reimburse for peer support. But what exactly does a recovery coach do? How can you get trained or incorporate recovery coaching into your program? Is it effective?


3:30 PM – 4:15 PM Afternoon Break in the Exhibit Hall

Join us in the Exhibit Hall for networking and light refreshments



Saturday Late Afternoon Workshops: 4:15 PM - 5:45 PM

#375. Change In Action (1.5 CEs)

|  Supported by “Is your Story Making You Sick?”—A Lojong Productions Film
Level of Instruction: All

The documentary film “Is Your Story Making You Sick?” chronicles eight people from all walks of life as they bravely confront their stories and work through a variety of stress-related illnesses including depression, anxiety, addictions, and PTSD. Like all people, these courageous participants carry the imprint of their past within their body-mind system. That imprint is their story. It determines their emotions and can even make them sick. Using a variety of psychotherapeutic modalities including ethics-based mindfulness, meditation, somatic experiencing, shamanic practices, shadow and dream work, and more, facilitators guide the group to higher perspectives, a new story, change and healing. Expert interviews of Dr. Gabor Maté, Dr. Dan Siegel, Ellen Langer PhD, Carl Hart PhD, Bruce Lipton PhD, Dr. Lissa Rankin, Dr. Ann Marie Chiasson, Eric Garland PhD, and others, inject credible science into the narrative. Learn from the film’s program directors, Dr. Mark Pirtle and Dr. Ann Marie Chiasson. Take home an evidence-based framework for narrative medicine you can immediately use with your clients.

#376. CBT and Relapse Prevention (1.5 CEs)

Bob Tyler, BA, LAADC, CADCII, ICADC |  Supported by Bob Tyler Recovery Services
Level of Instruction: All

The craving cycle happens to nearly all alcoholics and addicts in recovery and typically precedes relapse. These two facts should inform counselors that learning to proactively avoid the craving cycle is preferable to waiting for the craving to surface and trying to effectively intervene before relapse occurs. This lecture utilizes CBT principles in educating participants on how clients can avoid the craving cycle and, thus, minimize relapse potential. While most counselors can aid clients in identifying their relapse triggers, many do not adequately explain the mechanism by which an event becomes a trigger. Consequently, the only way for a client to deal with triggers is to learn and practice avoiding them. Given that alcohol and drugs permeate our society, this is a strategy doomed to failure. Knowing what makes a trigger a trigger enables clients to engage in a systematic trigger recovery process which is pivotal for effective relapse prevention.

#377. Brainspotting and Addiction: Regulating the Nervous System toward Sustainable Sobriety (1.5 CEs)

Maria Gray, MA, MEd, LMFT, NMP, CGP, Claudia Lewis, LMFT and Andrew Susskind, LCSW, SEP, CGP
Level of Instruction: All

Historically, psychotherapy has focused on the client’s internal world with a strong emphasis on feelings and thoughts. Talk therapy engages the neocortex—our thinking, conscious brain—while Brainspotting accesses the subcortical system where trauma and distress are often stored. Addictions and trauma are deeply connected, and Brainspotting offers a highly effective healing tool to those who are suffering. Current research in neuroscience reveals that painful memories get stuck in the non-verbal, non-cognitive subcortical brain which diminishes our ability to live fully in the here and now. As a result, some people suffer from issues such as anxiety, depression as well as compulsive and addictive behaviors. During this workshop, you will learn what Brainspotting really is and how it can help your clients process unresolved trauma, supporting long-term addiction recovery and overall well-being.

Schedule of Events


#378. Using Patient-Reported Outcome Measures to Improve Your Results and Bottom Line (1.5 CEs)

Joanna Conti, BS, MS |  Supported by Vista Research Group, Inc.
Level of Instruction: Introductory/Intermediate

Using patient-reported data to inform clinical care helps patients get better faster. In fact, research findings are so strong that the Joint Commission has required all accredited behavioral health organizations to start using patient-reported outcomes measures by January 2018. We'll explain why it works so well, share real-world stories of how it has helped counselors provide better treatment to their patients, discuss implementation options, and demonstrate how to use your results to improve your program's profitability.

Saturday Sober Living Workshop: 4:15 PM - 5:45 PM

#380. MAT in a Sober Living Setting (1.5 CEs NAADAC Credit Only)

Eva Hibnick, Zachary Miller, BS, CSARFD, CSAC & Chad Husted |  Supported by One Step & Real Recovery
Level of Instruction: Introductory/Intermediate

Learn more about what is happening in the world of medically assisted treatment. Hear from doctors and other leaders in the industry tell you more about MAT so that you can determine whether offering housing to MAT clients is right for your house.


Sunday, January 27

7:00 AM – 8:30 AM Breakfast in the Exhibit Hall

Join us in the Exhibit Hall for the networking and a delicious full breakfast

Sunday Morning Plenary: 8:30 AM - 10:00 AM

#400. Preventing Suicide in Clients with Co-Occurring Disorders (1.5 CEs)

David Sack, MD |  Supported by Elements Behavioral Health
Level of Instruction: Introductory/Intermediate


Suicide is a leading cause of death among those with substance use disorders. A substance use disorder; and a co-occurring psychiatric diagnosis each contribute to the risk of suicide; and their interaction complicates treatment and worsens clinical outcome. The course reviews our current knowledge about the causal relationships between primary psychiatric disorders and substance use disorders and reviews key factors that influence suicide risk in depression, bipolar disorder and post-traumatic stress disorder. We will focus on specific treatment approaches that therapists and counselors can take to reduce the risk of suicide in this population.

10:00 AM – 10:30 AM Morning Break in the Exhibit Hall

Join us in the Exhibit Hall for the networking and light refreshments

Sunday Closing Plenary: 10:30 AM - 12:00 PM

#450. Three Approaches to Recovery Counseling: Attachment Therapy, Gestalt Therapy and Cognitive Behavioral Therapy (1.5 CEs)

Allen Berger, PhD, John Herdman, PhD, LADC, and Leon Larimer, PhD |  Supported by The Institute for Optimal Recovery and Emotional Sobriety, Parallels & Beacon House
Level of Instruction: Intermediate/Advanced

Psychotherapy has been found to be extremely effective in helping clients explore new possibilities and resolve ongoing problems. There are more systems of psychotherapy than ever before. Much can be learned from each system of therapy. This unique workshop provides an opportunity to observe the work of three seasoned clinicians as they work with three different volunteers from the audience. Learning through observing clinical demonstrations has been proven to be a very effective way to increase one's clinical acumen and skills.

COMMUNITY STAKEHOLDER TEAMS



MARCH 3-6 • 2019

Ponte Vedra, Florida • Sawgrass Marriott

For continuous updates, go to: <https://ptaccollaborative.org>
#PTACC2019

The PTAC Collaborative encourages individuals, organizations, and community leaders to come together to learn about, develop and enhance pre-arrest diversion initiatives that best address the needs of their communities. The initiative aims to divert people out of the criminal justice system whose infractions are driven mainly by addiction, mental illness, and poverty and who would be better served by quality social services. Establish your organization as a leader in your community. Come as an individual or team and invite law enforcement and community members to partner with you at the PTACC conference!

Community Stakeholder Teams include visionaries and decision makers from:

law enforcement and other justice system stakeholder groups, behavioral and public health, county and city government, and the community.

Join the **PTAC COLLABORATIVE** for pre-arrest diversion knowledge-sharing and community planning!

FOR MORE INFO: Maline@theiacp.org

To learn more about the PTAC Collaborative, contact Jac Charlier, National Director for Justice Initiatives at the Center for Health and Justice at TASC: jcharlier@tasc.org or 312.573.8302

The Police, Treatment, and Community Collaborative (PTACC) unites vision, leadership, and technical assistance to communities learning about and implementing pre-arrest diversion initiatives.

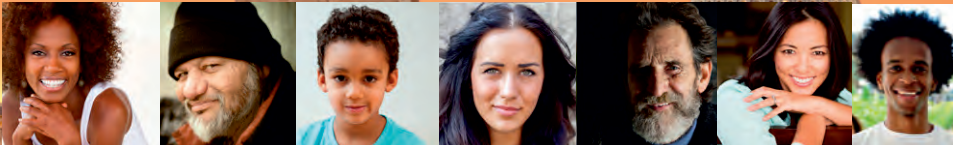


**FACES &
VOICES**
OF RECOVERY

Organizing and mobilizing the
Recovery community since 2001

66,859
Faces & Voices
Community Members

Learn what it means to become a Supporter
www.facesandvoicesofrecovery.org
(202) 737-0690



NRI
NATIONAL
RECOVERY
INSTITUTE
CENTER FOR BEST PRACTICES
AT
FACES & VOICES OF RECOVERY

Faculty Biographies



Rev. Jack Abel, MDiv, MBA is “Vice President, Wellness and Culture” for Urban Recovery NYC. In this role, he leads residential addiction treatment that includes spiritual care, fitness, dietary, and other wellness modalities. A recognized expert on spirituality in addiction and other behavioral health care, Jack is co-founder and current president of Spiritual Care Addiction Treatment Professionals, and serves as CFO of the Center for Spiritual Care and Pastoral Formation. He is an ordained minister in good standing in the United Church of Christ and a summa cum laude graduate of Wesley Theological Seminary. Jack pursued advanced studies at Catholic University and The New Seminary, and previously served as an endorsed substance abuse chaplain and pastor in the United Methodist Church. He is also a member in good standing of the North American Academy of Liturgy and A World Alliance of Interfaith Clergy.



Kate Balestrieri PsyD, CSAT-S is a Licensed Psychologist, Certified Sex Addiction Therapist - Supervisor, the Co-founder of Triune Therapy Group and the Co-host of Behind Closed Doors with Dr. Kate & Lauren. Follow her @drkatebalestrieri.



Allen Berger, PhD is an author of several books and articles on recovery. Over 4 decades of clinical experience treating individuals and families in recovery from alcoholism and other drug addictions. He has worked with some of the top addictions and psychology professionals: William C Rader, MD, Lealya Vivian Gary, PhD, Judi Hollis, PhD, and Walter Kempler, MD, to name but a few. He was part of a group that pioneered the provision of services for the family members of chemically dependent people. Simultaneous with his early years as a counselor, he majored in psychology at California State

University, Long Beach, and then took a master’s degree. Dr. Berger went on to UC-Davis, where he received a doctoral degree in clinical psychology. His career in addictions has included duty as Clinical Supervisor of the *Alcohol Recovery Service of South Bay Hospital*, Clinical Director of the *Eating Disorders Unit of San Pedro Peninsula Hospital*, work with severely disturbed patients and families at *Fairfield Hills Hospital*, the co-founder of *The Center for Counseling and Recovery*, service as Chief Clinical Officer of *Cumberland Heights* in Nashville, Clinical Director of *La Ventana*, and a great many years of private practice, Director of Clinical Training at the *California Institute of Gestalt Experiential Therapy*, and the founder of the *Institute for Optimal Recovery and Emotional Sobriety*. Dr. Berger has five published books, with several more in the pipeline, many recorded lectures and is a frequent speaker and trainer for both the recovery community and other healthcare professionals. He has extensive training and experience in recovery counseling and in helping couples and families use their pain or struggles to forge better relationships and adjust to the changes that occur during recovery.



Jean Campbell, LCSW, CIPP, CPC, TEP is a Board Certified Trainer and Practitioner of Psychodrama and Sociometry, Certified in Positive Psychology and Happiness at Work, a Somatic Experiencing® Practitioner in Training (Advanced Level), and a Certified Professional Coach. She combines her 11 years in the corporate sector with her 23 years of experience in the behavioral health field, focusing on building connection and community, and resolving trauma and addiction. As Director of the Action Institute of California, she is committed to providing leadership workshops, training professionals and creating safe spaces for healing and transformational work.



Diana Clark, JD, MA is a renowned family recovery advocate in the field of addiction and mental health treatment. She holds a master’s degree in Counseling Psychology from Antioch University and has authored and facilitated numerous workshops, and coordinating book, “Addiction Recovery: A Family’s Journey,” specifically designed for family members of those struggling with addiction. As a recognized force of clear speech, logic, and loving acceptance, Diana has helped thousands of families establish healthy boundaries, manage expectations appropriately, and develop plans for their own recovery.

Faculty Biographies



Joanna Conti, BS, MS as her daughter cycled in and out of multiple alcoholism treatment programs over five long years, Conti became very frustrated by the lack of success rate data available to help families find the best facilities. Building upon her previous experience running a software company, Conti started Vista Research Group to provide treatment centers with real-time progress monitoring data proven to help patients get better faster during treatment as well as the independent post-treatment success rate data so important to families and payers.



Robyn Cruze, MA was born and raised in Australia. Her first profession was as a successful film, TV and theater actor across Australia and the United Kingdom. With a master's degree in Solo Performance from the Royal Conservatoire of Scotland, today, Robyn utilizes her performance skills, personal experience, and research to educate on how to build a healthy relationship with body and the food we put in it. She is the co-author of *Making Peace with Your Plate*, and author of a children's affirmation book, *Lovely Dreams*. Robyn is the Founder of The Body Conversation, and the National Binge Eating and Substance Use Advocate for Eating Recovery Center (ERC.) She is a popular keynote speaker, educator, and writer, covering topics of body image, eating disorder recovery, The Body Conversation and breaking stigma surrounding mental illness.



Itai Danovitch, MD is the Chairman of the Department of Psychiatry and Behavioral Neurosciences at Cedars-Sinai Medical Center in Los Angeles. He earned his bachelor's degree from UC Berkeley, and his medical doctorate from UCLA. He completed psychiatry residency at Columbia, an addiction psychiatry fellowship at Cedars-Sinai Medical Center, and a Master of Business Administration at the UCLA Anderson School of Management. Prior to his current role he served as Director of Addiction Psychiatry and Addiction Psychiatry Fellowship at Cedars-Sinai, where he was recognized with the Golden Apple Award for Excellence in Teaching. Dr. Danovitch's research interests are focused on substance use disorders, as well as the integration of medical and mental health services. He is the author of over 50 original articles and book chapters. He was co-editor of the 2012 *Psychiatric Clinics of North America* special edition on addiction. Dr. Danovitch is a Past President of the California Society of Addiction Medicine, and has served on numerous committees at over the past ten years, including Public Policy, Communications, Education, and Integration and Access to Systems of Care. He is a Distinguished Fellow of the American Society of Addiction Medicine, and Fellow of the American Psychiatric Association. In 2016, he was appointed by Governor Jerry Brown to serve as a Commissioner on the California Mental Health Services Oversight and Accountability Commission.



Stephen Dansiger, PSYD, MFT played CBGB and Max's Kansas City in the late 70s; drank, played drums in a toy rock band and then got sober in the late 80s; became an international educator and rocker again in the 90s; and a sought after clinician, writer and meditation teacher in the 2000s. Dr. Steve has attempted to cure Marc Maron on WTF, become a master EMDR therapist and provider of EMDR Basic Training and Advanced Topics Courses with the Institute for Creative Mindfulness, and helped set up the premiere Buddhist addictions rehab center, Refuge Recovery Treatment Centers. At the center he developed and instituted the MET(T)A Protocol, a design for addictions agency treatment using Buddhist Mindfulness and EMDR Therapy as the theoretical orientation and primary clinical practice. The MET(T)A Protocol is now being implemented at other treatment centers nationally and internationally. He is the author of *Clinical Dharma: A Path for Healers and Helpers* (StartAgain, 2016) and avidly blogs and podcasts on topics related to mental health, recovery, and mindfulness. Besides maintaining a private practice in Los Angeles, he travels nationally and internationally speaking and teaching on Buddhist psychology, EMDR therapy, the MET(T)A Protocol, trauma, addictions, and clinician self-care. He has been practicing Buddhist mindfulness for almost 30 years (including a one year residency at a Zen monastery), and teaches dharma classes regularly at Against the Stream Buddhist Meditation Society in Los Angeles, and at other centers nationally and internationally. His second book (co-authored with Dr. Jami Marich), *EMDR Therapy and Mindfulness for Trauma-Focused Care*, is available now on Springer Publications.

Faculty Biographies



Jonathan De Carlo, CAC III has experience in addiction/recovery and mental health care since 1995. He is currently the CEO for C4 Consulting - a firm committed to the financial and operational support of behavioral health and addiction treatment organizations and as Director of Operations at Recovery 360° - providing psychosocial rehabilitation, individual, group, marriage, and family therapy, and organizational development and consultation services. Jonathan currently serves as a board member of the Colorado Association of Addiction Professionals (CAAP), and on the Board of Directors of the Stout Street Foundation. Jonathan also serves as a consultant and trainer for Griffin Recovery Enterprises. Jonathan has extensive experience working with individuals, couples, and families during early recovery from addiction and mental health issues and seeks to help people find therapeutic solutions utilizing a wide array of modalities and approaches. Jonathan has developed care programs for inpatient and outpatient practices. Jonathan has a unique background in psychology, philosophy, and theology.



Marcus De Carvalho, MD is a Medical Doctor who specializes in addiction medicine and psychiatry. He is very passionate about addiction and commits his practice to helping individuals with addiction issues regain their lives once again. He is board certified and is a diplomate of the American Board of Psychiatry and Neurology, Inc. Dr. De Carvalho is the president and founder of The Center for a Healthy Mind and Wellbeing, www.healthymindmd.com, and is the chief medical officer for Beaches Recovery, www.beachesrecovery.com, and Tides Edge, a residential rehabilitation facility that specializes in addiction medicine, detox, partial hospitalization, intensive outpatient treatment, and residential treatment.



Michael Dinneen, LCSW, CACIII, CSAT is the Founder and Clinical Director of Valiant Living I have 25 years of clinical and leadership experience. I have a strong interest in the spiritual development of individuals in our field of behavioral health. I speak on topics of addiction recovery, holistic treatment, process addictions, trauma, relapse prevention and spiritual growth because those are my areas of expertise



Lauren Dummit LMFT, CSAT and Co-founder of Triune Therapy Group specializes in trauma and addiction as well as various sex and relationship issues. She is also the co-host of the popular KABC radio show, Behind Closed Doors with Dr. Kate and Lauren.



Brian Dunphey, MS, JF, LMFT, CSAT-C currently serves as the Director of Outpatient Services for Blue Tiger Recovery, where he designed the 90-day program for Addiction Interaction Disorder. He served as Program Director & Clinical Director of Ocean Recovery in Newport Beach, CA, where he launched, with Kathleen Tunney, MA & Sherry Fixelle, RD, the first men's eating disorder track in a residential chemical dependency facility in the US. Brian has taught Group Counseling, Diagnosis & Clinical Interviewing, and Counseling Theories at the CSU Long Beach MFT Program, where he also serves on the admissions committee. Brian is a graduate of Bowdoin College and Cornell Law School. He is most grateful to be a member of the California Institute for Gestalt Experiential Therapy, where he continues to learn with Allen Berger & Roger Andes.



Faculty Biographies



Moe Gelbart, PhD has been in practice in the South Bay since 1976. He received his PhD from the University of Southern California in 1979, and has been a licensed psychologist since 1980. He is listed in the National Register of Health Service Providers in Psychology, and is certified by the American Psychological Association in the Treatment of Alcohol and Other Psychoactive Substance Use Disorders. In his private practice, Dr. Gelbart works extensively with alcohol and chemical dependency issues, including working with family members affected by the problem; with workplace stress and violence, relationship issues, sports psychology and performance enhancement, psychological effects of physical illness, anxiety and depressive disorders. Dr. Gelbart is a founder of the Thelma McMillen Center for Alcohol and Drug Treatment at Torrance Memorial Medical Center, and presently serves as the Executive Director of the Thelma McMillen Center for Alcohol and Drug Treatment at Torrance Memorial Medical Center. His past positions include Psychologist with the Los Angeles Sheriff's Department, Clinical Director of the Bay Harbor Rehabilitation Pain Management Program, Clinical Director of the Torrance Memorial Hospital Outpatient Pain Program, Psychologist for the Torrance Memorial Psychiatric Services, and Clinical Director for PsychCare Alliance. He has a great deal of experience in working with the managed care industry, serves on several credentialing and quality assurance committees, and is a panel provider for most insurance plans. He has published more than 30 articles in sports psychology, with his column "Doc's Corner" in Women's Fastpitch, Travelball, and National Fastpitch Coach's Association journal.



Maria Gray, MA, MEd, LMFT, NMP, CGP is a therapist in private practice, specializing in addictions and trauma. Her approach combines a relational style with somatic therapy, and years of practicing meditation inform her work. She's certified in Brainspotting NARM and EMDR.



Harry Haroutunian, MD is an internationally known speaker and authority on topics of addiction and recovery from the disease of addiction, including drug misuse among older adults. He is the author of *Being Sober, Not as Prescribed* and co-author of *Hijacking The Brain*. Dr. Harry is board certified in both addiction and family medicine and has served as physician director of both the professional and residential programs at one of the nation's leading treatment facilities. He is currently president of Harry Haroutunian MD a Professional Corporation, located in Rancho Mirage and Beverly Hills, Medical Director of The Beach House in Malibu and Private Solutions Detox in Rancho Mirage; where he continues to provide hope and healing for those affected by the disease of addiction.



John Herdman, PhD, LADC is the author of *A Rational Workbook for Change* which is a Cognitive-behavioral therapy (CBT) workbook for students and clients. He has been presenting workshops on CBT for 30 years. He has presented at international, national and local conferences and workshops on a variety of behavioral health topics.



Eva Hibnick is the founder of One Step Software, which provides software and services to sober livings to help them manage their homes more efficiently. Over 300 sober homes use One Step. One Step also offers an app for residents that has geolocation and allows residents to keep track of meeting count and get notified of upcoming events. Previously, Eva ran a successful digital agency and was a corporate lawyer in New York. She is a graduate of Harvard Law School.

Faculty Biographies



Adrian Hickmon, PhD, MEd, MA, LPC-S, LMFT-S, LADAC, CSAT-S, CMAT-S, CTT, EMDR I, served as a Professor of Marriage and Family Therapy in the MFT Master's Program at Harding University. In 2001 he founded Capstone Treatment Center in Searcy, Arkansas, where he now serves as the CEO.



Norman Hoffmann, PhD as a clinical psychologist, has 40 years of experience in the area of assessment research involving behavioral health conditions. He has led the team that validated the first brief screen for substance use disorders among arrestees and that screen has been applied in various other settings. His work with colleagues has documented that not all diagnostic criteria are equal in their implications and have developed a variety of assessment tools based on the DSM-5 and ASAM Criteria.



Tom Horvath, PhD, ABPP is the founder and president of Practical Recovery Psychology Group, a self-empowering addiction treatment center in San Diego, past president of the American Psychological Association's Society of Addiction Psychology (Division 50), the world's largest organization of addiction psychologists, past president of the San Diego Psychological Association, and author of *Sex, Drugs, Gambling and Chocolate: A Workbook for Overcoming Addictions* (recognized as a "Self-Help Book of Merit" by the Association for Behavioral and Cognitive Therapies, and in *Self-Help That*

Works, edited by Norcross, Campbell, Grohol and Santrock). He was the volunteer president of SMART Recovery, an international non-profit offering free, self-empowering mutual help groups for abstaining from any substance or activity, for 20 years. He is a fellow of the San Diego Psychological Association, the Association for Behavioral and Cognitive Therapies, and the American Psychological Association.



Grant Hovik, MA received his MA degree in Clinical Psychology from Columbia University, Teachers College. Mr. Hovik has worked in the field of substance use disorders since 2006.

Currently, he is a trainer and curriculum developer for UCLA ISAP.



Andrew Kurtz, LMFT has been a Clinical Specialist with UCLA Integrated Substance Abuse Programs since 2014. Mr. Kurtz has previously served as a program director in community mental health, specializing in optimizing

access to integrated services.



Leon Larimer, PhD, APA has had extensive experience in intensive group and individual psychotherapy. His current research interests are attachment theory and mentalization. He and his

wife Julie reside in Carmel California.

evolution

Find Evolution and C4 Events

On The Web

- C4Recovery Foundation
- C4 Recovery Foundation
- @C4recovery #C4evolution
- C4recovery

Faculty Biographies



Stuart Levinton, Esq is a California attorney with 25 years of experience advising companies in the areas of business and employment law. A former Vice-Chair of the Calif. Fair Employment and Housing Commission, Stuart is the COO of Seeking Integrity LLC.



Claudia Lewis, LMFT is a LMFT in private practice. She has completed multiple trainings in EMDR, is certified and an Approved Consultant for EMDRIA. She is fully trained and certified in Brainspotting, and is the Co-Founder of Brainspotting LA.



Michael McGee, MD graduated from Stanford University in 1979, with a Bachelor's degree with distinction in Biology. He then graduated in 1985 from Stanford University School of Medicine and completed his residency training in psychiatry at Harvard Medical School. Dr. McGee conveniently treats patients living throughout Massachusetts, California, and New Hampshire through online telehealth applications that securely support computer and smartphone access.

With over 30 years of experience in psychiatry, Dr. McGee's many years of research and clinical interests have included the integration of spirituality and meditation into psychiatric treatment to create a 'bio-psycho-social-spiritual' approach to psychiatric and behavioral care. He has extensive experience in addiction treatment, geriatric psychiatry, medical psychiatry (psychosomatic medicine), and general adult psychiatry. Dr. McGee has presented and is published extensively on the topics of spirituality, addictions and dementia.



Kathleen Murphy, PhD, MT-BC has presented nationally and internationally on a variety of topics related to music therapy clinical practice and issues related to education and professional well-being. Her research interests are focused on music therapy in substance dependence treatment across the life span and post-traumatic stress disorder. Dr. Murphy is a member of the American Music Therapy Association where she has served in leadership positions on the state, regional and national levels.



Pete Nielsen, MA, CADC II is the Chief Executive Officer for the California Consortium of Addiction Programs and Professionals (CCAPP), CCAPP Credentialing, and CCAPP Educational Institute. California Consortium of Addiction Programs and Professionals (CCAPP) is the largest statewide consortium of community-based for profit and nonprofit substance use disorder treatment agencies, and addiction focused professionals, providing services to over a 100,000 California residents annually in residential, outpatient, and private practice settings. Its 12,000 individual addiction professionals and 500 programs provide substance use disorder treatment services in the majority of DHCS licensed and/or certified sites throughout the state and constitute the largest infrastructure of the state's publicly funded substance use disorder treatment network. CCAPP is the only statewide consortium representing all modalities of substance use disorder treatment programs.



Faculty Biographies



Barbara Peavey, PhD, MS, PsyPharm internationally recognized psychologist Dr. Peavey holds PhD from University of North Texas in Behavioral Medicine/Clinical Psychology and Post-Doctoral degree in Psychopharmacology. Co-Founder and CEO of Lawlis-Peavey PsychoNeuroPlasticity (PNP) Center, an assessment center recognized by Dr. Phil Show for its outstanding capability to work with complex brain-based disorders and consulting psychologist with Origins Recovery Centers developing and integrating principles and practices of psychoneuroplasticity with 12-Step for more comprehensive addiction recovery.



Hanna Rose has been working with individuals with substance use disorder for 32 years. Her passion for social justice and equal voice has been the source of her motivation and inspiration throughout her career. Her experience includes research, curricula development, facilitation of learning events, technical assistance delivery and recovery coaching. Most recently, Hannah has developed the National Recovery Institute, a program of Faces and Voices of Recovery. The institute is the primary vehicle for delivering training, technical assistance, evaluation, research, translation and capacity building building products. During her tenure, she has participated in national expert panels in the development of standards and best practices regarding recovery peer support services along with authoring two publications on peer supervision and a self care toolkit for professionals in this field.



Thom Rutledge, MSSW, LCSW is a psychotherapist and author of several books, including *Embracing Fear*, *What Love Is* and *Earning Your Own Respect*. Allen Berger and Thom Rutledge have been co-presenting their ever-evolving Points of Intervention for many years.



David Sack, MD is the founder of Elements Behavioral Health, a national provider of residential substance abuse and mental health treatment services. Elements is dedicated to providing the most advanced and comprehensive treatment services available. Dr. Sack has enjoyed successful careers in clinical, research and administrative psychiatry. After receiving his medical degree from Rush Medical College, he completed his residency in Psychiatry at the UCLA-Neuropsychiatric Institute. Dr. Sack served as a senior clinical scientist in the Clinical Psychobiology Branch of the NIMH. He subsequently served as Senior Vice President for Clinical Research for Comprehensive Neurosciences where he conducted and supervised research in schizophrenia, depression, insomnia, cognitive disorders and alcohol dependency. Dr. Sack served as President of College Health IPA and Aspen Community services where he developed managed care and community behavioral health care programs for high risk and vulnerable populations. Dr. Sack is board certified in Psychiatry, Geriatric Psychiatry, Addiction Psychiatry and Addiction Medicine.



Shannon Savage-Howie MA is a certified spiritual director and a deacon in the Lutheran church. She is currently working in treatment incorporating spirituality and art in group settings. She received her Master of Arts degree from Luther Seminary.



Faculty Biographies



Marsha Stone, JD, LCDC is a world renowned speaker, visionary, and respected leader in the field of addiction recovery. Marsha is the Chief Executive Officer of BRC Recovery and in January 2016 she founded Spearhead Lodge, an extended-care treatment facility for young adults. Spearhead Lodge offers a completely new approach to treating the young adult population and their families, based upon the tried and true principles found in every BRC Recovery program. BRC Recovery is a pioneer in the addiction recovery industry, and has successfully been Bringing Real Change to the face of addiction for over 10 years. Marsha integrates her own battle with and triumph over addiction into providing the most effective and quality rehabilitative process possible to those struggling with addictive disorders. Marsha holds a Juris Doctorate with the distinction of Academic Excellence from North Carolina Central University, a Bachelor of Arts in English from Elizabeth City State University, and is a Licensed Chemical Dependency Counselor in Texas.



Andrew Susskind, LCSW, SEP, CGP is a psychotherapist based in West LA since 1992. His upcoming book, “It’s Not About the Sex: Moving from Isolation to Intimacy after Sexual Addiction” will be published by Central Recovery Press in June 2019.



Bob Tyler, BA LAADC CADAC II ICADC has worked in recovery since 1990. He is the owner of Bob Tyler Recovery Services (consulting, CD private practice, public speaking) as well as a CAADAC Past President, CCAPP founding Board Member, LMU Extension faculty, and author of: Enough Already! and DVD: Craving and Relapse.



Robert Weiss, MSW, PhD, CSAT-S is a digital-age intimacy and relationships expert specializing in infidelity and addictions most notably sex, porn, and love addiction. He is the author of Sex Addiction 101, Out of The Doghouse: A Step-by-Step Relationship-Saving Guide for Men Caught Cheating and Cruise Control: Understanding Sex Addiction in Gay Men. He is the subject expert for multiple media outlets including CNN, HLN, MSNBC, and NPR. He is a blogger for Psychology Today, Huffington Post, and Psych Central and a skilled international clinical educator. Rob is the creator of more than a dozen high-quality addiction and mental health treatment facilities and programs including residential, workshop, IOP and outpatient. Rob is CEO of Seeking Integrity LLC, an online and real-world resource for recovery from infidelity and sex, and porn addiction. For more information or to reach Mr. Weiss, please visit www.seekingintegrity.org or www.sexandrelationshiphealing.com, or follow him on Twitter and facebook, @RobWeissMSW.



Brenda Westberry, MS is President of Westberry Consulting and is involved in providing training and workshops for organizations throughout the country. She is a retired Probation Chief with over 30 years of experience in the field of criminal justice and substance use.



Faculty Biographies



Mary Woods, BC-RN, LCS, LADC, MSHS is a Licensed Registered Nurse and a Licensed Alcohol and Drug Abuse Counselor. She has recently retired and created a consulting practice. Mary has extensive experience in the treatment of Dual Disorders and Program implementation.



Ilana Zivkovich, LCSW, LCDC, CDWF is an experienced clinician, executive, and clinical development officer. She serves as the Chief Clinical Officer for Northbound Treatment Services, and operates a small private practice as a therapist, facilitator, and trainer. Ilana celebrates and emboldens Northbound's renowned focus on fostering a flourishing and healthy organizational culture, and oversees clinical and programmatic development and service provision for the treatment center. An experienced and passionate presenter, Ilana is known for providing talks that are engaging, memorable, and impactful. Previously in her career Ilana served as the Executive Director for Promises Austin, and the Director of Clinical Development for Austin Recovery. Ilana holds a Masters of Science in Social Work from the University of Texas at Austin, and is a Licensed Clinical Social Worker (LCSW), Licensed Chemical Dependency Counselor (LCDC), and a Certified Daring Way Facilitator (CDWF).





Join the Networking Platform for Behavioral Health Professionals

What is C4 Linx?

C4 Linx, powered by C4 Recovery Foundation, is a members-only digital platform offering peer-to-peer networking introductions in the behavioral health field.

How is C4 Linx different?

Think of C4 Linx as your strategic networking partner, matching you with valuable one-on-one introductions to enhance your practice or business. C4 Linx, unlike other platforms, requires no searching, connecting, spamming, or mass emailing. Using an algorithm, you are strategically matched with fellow professional members based on your detailed needs and interest profile. Each private introduction is always mutual and specifically selected for each user. The service and data are entirely private.

Seize this opportunity to strategically expand your network.

Why Choose C4 Linx?

- | | |
|-------------------------|---------------------|
| → Private introductions | → Find solutions |
| → Customized platform | → Provide resources |
| → Mutual connections | → Ease of use |
| → Confidential | → Saves time |
| → Expand networks | → Low cost |

**Join C4 Linx now and get
your first year FREE on us!**



Hotel Information

SHERATON GATEWAY HOTEL

Address: 6101 West Century Boulevard, Los Angeles, CA, 90045

Phone: 888-627-7104 Mention: C4 Recovery

Website: www.sheratonlax.com



Room Block Ends January 8, 2019

Rate: \$150.00 Single/Double

Check in Time: 3:00 PM Check Out Time: 12:00 Noon

With over 800 spacious, recently renovated guest rooms and suites, Sheraton Gateway Los Angeles Airport Hotel is a comfortable retreat for busy travelers. Enjoy amenities like 50,000 square feet of well-appointed meeting room space, several on-site restaurants, a 24-hour fitness center and a heated outdoor pool and whirlpool. They also offer busy travelers access to a comprehensive business center, plus a complimentary shuttle to and from the LAX Airport. Settle into the well-designed accommodations and allow their seasoned Concierge to take care of your every need.

Hotel Amenities: Please view all hotel amenities at www.c4events.org/evolution

GETTING TO THE HOTEL:

Airport Shuttle

Sheraton Gateway Hotel

(888) 627-7104

The Sheraton Gateway offers hotel guests a complimentary 24-hour shuttle service to and from LAX Airport. The shuttle will pick up at the lower level arrivals area for courtesy vehicles and will arrive every 10 to 15 minutes. Please contact the hotel for further information.

FLYING TO THE HOTEL:

Delta Airlines

C4 Recovery Foundation is happy to provide discounts for your travel plans to Los Angeles, CA for Evolution. Please use the following information when booking your flight:

Meeting Event Code: **NMRB4**

Delta Airlines Discount Code Information:

Delta Airlines is offering discounts between 2% and 10% to passengers attending the Evolution of Addiction Treatment in Los Angeles, CA. Travel discount codes for Evolution 2019 are valid for travel between January 19, 2019 – February 1, 2019.

Discounts applicable to U.S./Canada originating passengers only.

Not valid with other discounts, certificates, coupons, or promotional offers. Fare rules will determine eligibility.

Ways to Make a Reservation:

Visit: <https://www.delta.com/flight-search/book-a-flight>

Select "Book your Flight" and then enter the Meeting Event Code from above in the box provided on the next screen.

Call the Delta Meeting Network Reservations line at (800)328-1111

The reservations line operates Mon-Fri 7am-7pm CDT. Please note that a Direct Ticketing Charge will apply for booking by phone (\$25 per ticket)

2019 Evolution - CE Information

Satisfactory Completion

In order to receive a continuing education certificate, the following must be met:

1. registration fee must be paid
2. each session attended must be attended in its entirety and
3. an attendance/evaluation form must be completed within 90 days of the conference.

Participants not fulfilling these requirements will not receive a certificate. Failure to complete and turn in the attendance/evaluation form will result in forfeiture of credit for the entire symposium. No exceptions will be made.

ADA Statement

ADA accommodations will be made in accordance with the law. If you require ADA accommodations, please indicate your needs by December 1, 2018. We cannot ensure the availability of appropriate accommodations without prior notification. For questions about accessibility or to request accommodations please contact Katie Myvett at Katie@c4recovery.org (816-883-8619).

Grievances

If you would like to file a grievance, or have complaints please contact Dee McGraw at Dee@C4Recovery.org

Check for updated CE information under the Program tab at www.c4events.org/evolution

- American Academy of Health Care Providers in the Addictive Disorders.
- Board Registered Interventionist 1 (BRI I) & 2 (BRI II)
- CCAPP-EI
- CAADE Certified Addiction Treatment Counselor (CATC)
- Certified Clinical Mental Health Counselor (CCMHC)
- Clinical Social Worker
- Employee Assistance Professionals
- Licensed Mental Health Counselors
- Marriage and Family Therapists
- Master Addictions Counselor (MAC)
- NAADAC
- National Certified Counselors (NCCs)
- Nurses/BRN
- Nurse Practitioners
- Physicians
- Physician Assistants
- Psychologists
- Social Worker

Don't see the credentials that you are looking for, or if you have any questions, please email Katie Myvett at katie@c4recovery.org

BEHAVIORAL HEALTH EMPLOYERS NEED A **LEVEL OF JOB PERFORMANCE**

THAT IS BETTER THAN SATISFACTORY



The candidates at C4 Career Connections deliver consistent excellence – a standard which can only be met with continuous access to state-of-the-art skills and continuing education. By leveraging the power of a trusted non-profit organization, you tap into a talent pool of candidates with the training and education needed for long-term success.

Don't miss this unique opportunity to be seen by an exclusive audience of the best and brightest in the behavioral health industry. Visit C4 Career Connections to post your job today!



c4recovery.org/careerconnections



NETWORKING • RELATIONSHIPS • RESULTS

Why exhibit and sponsor at EVOLUTION?

- ☑ maintain relationships with colleagues and referral sources
- ☑ gain solid leads to enhance your business
- ☑ forge new collaborations with key decision makers
- ☑ face-to-face networking with hundreds of colleagues
- ☑ enhance your brand awareness
- ☑ promote a new solution or product/service
- ☑ provide education to professionals in our field



When you exhibit and/or sponsor at a C4 (a non-profit organization) event, your investment goes directly to support our mission of providing exceptional education to behavioral health professionals. Contact Dee McGraw at dee@c4recovery.org to discuss our many exhibit and sponsor options.



C4 Events has expanded our educational outreach to behavioral health professionals with webinars. These webcasts offer a challenging and creative curriculum taught by expert faculty using stimulating, interactive tutorials on timely topics important to the audience. The takeaway will be practical, useful and cutting-edge learning tools that can be implemented in practice and business. Be sure to sign up for these upcoming C4 webinars:



Wednesday, November 14

How Most Therapists Make Anxiety Disorders Worse and What To Do Instead
Andrea Kulberg, PhD



Wednesday, December 5

Substance Abuse Treatment and Recovery: 2018 Year End Policy Review
Andrew D. Kessler, JD



Wednesday, December 12

Intergenerational Stress Patterns of Healthcare Professionals in the Workplace
Donna White, RN, PhD, CS, CADAC



Wednesday, January 9

Dirty Little Secrets...Revealed. Growing Revenue Through Superior Utilization Review
Anthony Atkins

TO VIEW A COMPLETE LIST UPCOMING WEBINARS,
VISIT C4EVENTS.ORG/WEBINARS



Registration Form

To Register, please complete this form and forward with payment by mail or fax with credit card information to:
Evolution Registration 1018 Sweet Juliet Way, Greer, SC 29650
1-616-481-6057/ FAX 1-864-479-0680 Email Questions to help@c4recovery.org

SYMPOSIUM REGISTRATION FEES

Symposium Registration fees (Thursday evening through Sunday noon) include all presentations, Friday Luncheon, Friday Evening Event, Saturday Luncheon, all Coffee/Beverage Breaks and all Snack Breaks.

MAIN SYMPOSIUM (Thurs Evening – Sunday Noon)

- Early Registration through 1-2-19 \$395
- Registration On / After 1-3-19 \$450
- Group Registrant Registration Fee: (4 or more registrations received together)
 - Early Group Registration through 1-2-19 \$370
 - Group Registration On / After 1-3-19 \$425

SPECIAL OFFERINGS & OPTIONS (separate from Evolution Event)

- Intensive Learning Psychotherapy Workshop (Workshop #100)
Thursday January 24, 8:30 AM – 5:00 PM \$225
- Intensive Learning Ethics Workshop (Workshop #101)
Thursday January 24, 8:30 AM – 5:00 PM \$125
- Faces & Voices of Recovery Ambassador Training (Workshop #103)
Thursday January 24, 1:00 PM – 5:30 PM \$50
- Faces & Voices of Recovery Evening Event (Workshop #199)
Thursday January 24, 6:30 PM – 9:00 PM \$100
- Faces & Voice of Recovery ARCO Training (ARCO Members Only)
Friday, January 25, 8:30 AM – 5:45 PM \$200
Saturday, January 26, 8:30 AM – 12:30 PM

TOTAL: _____

NAME BADGE Please print your name, organization, city and state to appear on your name badge:

Name _____
Credentials _____
Company _____
Title _____

MAILING ADDRESS

Street _____
City/State/Zip _____
Phone _____ Fax _____
E-Mail _____

PAYMENT INFORMATION

CHECK # _____ Please make check payable to **C4 West Coast, LLC**

All cancellations MUST be submitted in writing, telephone requests WILL NOT be honored. Cancellations received more than 30 days prior to the symposium, paid or unpaid invoices, will incur a \$35.00 administrative fee. Cancellations received 14 to 30 days prior to the event, paid or unpaid invoices will be refunded at 50% of the invoice. No refunds will be given for cancellations received within 14 days of the symposium and all unpaid invoices will be due in full. Refunds will be sent or credited within four to six weeks after the conference has concluded.

CREDIT CARD Visa Mastercard American Express Discover

Card # _____ Expiration Date _____

Street/City/State/Zip _____

(For bank verification purposes, please include the address where you receive your credit card statement.)

Signature _____

Please Check the Workshops you Plan to Attend.

EVOLUTION EVENT WORKSHOP SELECTION

FRIDAY, JANUARY 25

- AM Plenary #200
- Mid-Morning Workshops #225 OR #226 OR #227 OR #228 OR #229
- Luncheon Plenary #250 (Complimentary—pre-registration required)
- Early Afternoon Workshop #251 OR #252 OR #253 OR #254 OR #255
- Late Afternoon Workshops #275 OR #276 OR #277 OR #278 #279
- Friday Evening Event #299

SATURDAY, JANUARY 26

- AM Plenary/Workshop #300 OR #320
- Mid-Morning Workshops #325 OR #326 OR #327 OR #328 OR #329 OR #340
- Luncheon Plenary #350 (Complimentary—pre-registration required)
- Early Afternoon Workshop #351 OR #352 OR #353 OR #354 OR #360
- Late Afternoon Workshops #375 OR #376 OR #377 OR #378 OR #380

SUNDAY, JANUARY 27

- Morning Workshop #400
- Closing Plenary #450

#C4Evolution Featured Faculty



Register Online at www.c4events.or/evolution

C4 Recovery Foundation
926 Cambridge Drive SE
Grand Rapids, MI 49506



Kate Balistreri, PsyD,
CSAT-S



Allen Berger, PhD



Lauren Dummit, LMFT,
CSAT



Harry Haroutunian, MD



John Herdman,
PhD, LADC



Leon Larimer, PhD, APA



Stuart Leviton, Esq



Michael McGee, MD



David Sack, MD



Robert Weis, MSW,
PhD, CSAT-S

