

# TOWN *of* BEDFORD

RECREATION AND PARKS DEPARTMENT

# 2019 FALL BROCHURE

registration begins

AUGUST 28<sup>TH</sup>

[bedfordny.gov](http://bedfordny.gov)



Don't miss  
these exciting  
fall events!

BEDFORD'S  
*Tri-Festa*

Bedford Hills Memorial Park  
September 21st  
Food Trucks, Beer Garden, Music & more

Community  
Family  
Camp Out

Katonah Memorial Park  
September 7th – 8th

*Please Join Us for this*

**Fun Family Event**



# SATURDAY SEPTEMBER 21, 2019

BEDFORD HILLS MEMORIAL PARK

3:30-8:00 PM

- **AMAZING FOOD TRUCKS WILL BE IN ATTENDANCE**
- **THE CAPTAIN LAWRENCE BREWERY BEER & WINE GARDEN**
- **MAIN STAGE MUSICAL ENTERTAINMENT FEATURING -**
  - School of Rock Band (3:45 - 4:45 pm)
  - Twist of Fate (5:00 - 6:15 pm)
  - Jake and the Mountain Men (6:30 - 8:00 pm)
- **COMMUNITY ORGANIZATIONS & CIVIC GROUP TABLES**
- **FREE CHILDREN'S ACTIVITIES AND ENTERTAINMENT -**
  - Entertainer Zach Alexander (4:45 - 5:15)
- **3 LARGE INFLATABLES**
- **TINA'S FACE PAINTING**
- **"SAFARI RIDE" ANIMALS**

*Limited parking at BH Park and shuttle buses from 425 Cherry Street, Bedford Hills & Katonah commuter parking lots will start at 3:15 pm*



# a letter from the town supervisor

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### Greetings...

We are getting a jump on previews of great Fall and Winter activities in the Town parks and offered by the Recreation and Parks Department. You'll see that we are providing once again well-received activities. Even though you may still be dipping into one of our hamlet pools to cool off when this reaches you, cool breezes are around the corner. On behalf of the Town Board, the Recreation and Parks Advisory Committee (RPAC) and our staff, I am delighted to present the Recreation and Park Department's 2019 Fall program brochure.

### Here are some highlights:

- **BEDFORD'S TRI-FESTA** - This second annual community event will be held Saturday, Sept. 21st, from 3:30 - 8 PM at the Bedford Hills Memorial Park - Food Trucks, Beer & Wine Garden, Live Music, Kids Entertainment, Inflatables and more! This family friendly event is a celebration of our wonderful Bedford community - Bedford Hills, Bedford Village & Katonah - "Three Hamlets - Three Times the Fun!" All are welcome!
- **FAMILY CAMPOUT** - back by popular demand, the family campout will be held at the Katonah Memorial Park from 3:00 PM Saturday, September 7th to 10:30 AM Sunday, September 8th. This is a great family friendly activity and a great opportunity to experience the beauty of camping in your own backyard!
- **BEDFORD COMMUNITY THEATER** - BCT has been a staple in our community for over a decade and offers a great community theater experience for all ages. Come see another exciting show this fall - "The Adams Family"! Whether you want to be on stage or behind the stage there is an opportunity for everyone to get involved! Follow them on Facebook at <https://www.facebook.com/bedfordcommunitytheatrebedfordhills/> for more information on tryouts and how you can become a part of the BCT fabric!
- **KVIS 5K Race** - this annual favorite will be held again this fall, Saturday Sept. 7th - grab your sneakers and join the Katonah Village Improvement Society for this fun race!
- **BEDFORD TURKEY TROT** - The 15th annual Turkey Trot will be held on Saturday, Nov. 30th at 9:00 am. This annual event has always had a tremendous showing so don't hesitate - sign up early at [www.bedfordturkeytrot.org](http://www.bedfordturkeytrot.org)
- **BEDFORD'S SENIORS ARE TRIPPING!** - Bedford's seniors took some great trips this past spring (Resort World Casino, seeing NYC street performers through "The Ride," a riverboat ride down the Connecticut River) but the fun doesn't end there! They continue their adventures this summer and fall as they will be ferrying to Port Jefferson, NY on August 8th, enjoying the exciting action at Mohegan Sun Casino on September 6th, dancing the "Polka, Polka, Polka!" at Aquaturf on October 15th, and eating lunch and tasting wine at the Magnanini Winery and Restaurant in Wallkill on November 12th. For those who want to stay close to home come to the Bedford Hills Community House for Chair Yoga, Mahjong, or to one of our weekly meetings! See page 28-30 for more details!

These are just the highlights! Please take a few moments to browse through this brochure with its scores of great weekly programs for children through seniors. We are proud of our parks, which are gems which rival private clubs. It continues to be our goal to provide high quality recreational services, programs and well-maintained park facilities for the residents of Bedford and their guests. We value your suggestions and comments, so contact us at any time.

Warm regards,

Chris Burdick

Bedford Town Supervisor

[supervisor@bedfordny.gov](mailto:supervisor@bedfordny.gov) / 914-666-6530

**Register Online  
Today!**

**NOTE:** ENROLL ONLINE! ONLINE  
TRANSACTIONS WILL NOT INCUR A TRANSACTION  
FEE. TRANSACTIONS PROCESSED AT THE RECREATION  
OFFICE WILL INCUR A 2.5% TRANSACTION FEE



**RECREATION & PARKS DEPARTMENT OFFICE  
LOCATION & HOURS**

425 Cherry St., 1st Floor, Bedford Hills, NY 10507

**Email.....Recreation@BedfordNY.gov**

Office Hours.....Mon. thru Fri., 8:30 to 4:30

Registration Walk-in Hours.....Mon. thru Fri., 8:30 to 4:00

**RECREATION & PARKS STAFF**

Christopher Soi.....Superintendent

Kimberly O'Brien.....Assistant Superintendent

James Whiting.....Recreation Supervisor

Nicole Stone.....Recreation Supervisor

Kim Kowalski.....Senior Office Assistant

Susan DeFonce.....Office Assistant

Tom Megna.....Parks Foreman

Mark Morin.....Assistant Parks Foreman

Richard Pochintesta.....Automotive Mechanic

Bill DiRago.....Parks Maintenance

John Goodman.....Parks Maintenance

Marc Graniero.....Parks Maintenance

Matt Halpin.....Parks Maintenance

Matt Van Dorn.....Parks Maintenance

**TOWN BOARD** (Typically meets the 1st & 3rd Tuesday at 8 pm - Town House, 321 Bedford Rd., Bedford Hills)

Chris Burdick.....Town Supervisor

Lee V.A. Roberts.....Councilwoman, Deputy Supervisor

Don Scott.....Councilman

Mary Ann Carr.....Councilwoman

Kate Galligan.....Councilwoman

Mel Padilla.....Police Chief

Boo Fumagalli.....Town Clerk

Kevin Winn P.E.....Commissioner of Public Works

**RECREATION & PARKS ADVISORY COMMITTEE**

(Typically meets the 2nd Wednesday at 8 pm - Recreation Office Conference Room, 425 Cherry St., Bedford Hills)

Brian McCabe, Chairman

Jessica Bailey Inglis

Nancy Bellini

Mark Dembo

Donald Gordon

Steve Lancia

Cristina Magidson

Aldo Sammarco

Luke Vander Linden

Mary Ann Carr,

Town Board Liaison

**PHONE NUMBERS**

**Recreation & Parks Office.....666-7004**

**Recreation & Parks Fax.....666-3863**

**Senior Adults.....666-7203**

**Recreation Hotline.....864-3777**

Assessor.....666-5149

Building Inspector.....666-8040

CourtClerk.....666-6965

Dog Control.....666-4855

**Emergency.....911**

Finance.....666-8283

Highway.....666-7669

Historian.....666-4745

Parking Bureau.....666-8097

Planning.....666-4434

Police (Non-Emergency).....241-3111

Recycling.....241-2671

Tax Receiver.....666-4475

Town Clerk.....666-4534

Town Supervisor.....666-6530

Water.....666-7855

Wetlands.....666-5140

Zoning.....666-4585

registration **information** starts on page 40

Visit the Town of Bedford's website at [bedfordny.gov](http://bedfordny.gov) for up-to-date information, including Recreation & Parks information about the Pools, Programs, Special Events, seasonal employment opportunities and meetings.

You can email the Recreation & Parks Department at [Recreation@BedfordNY.gov](mailto:Recreation@BedfordNY.gov) or call 666-7004.



## Welcome Christopher Soi!

The Town of Bedford Recreation and Parks Department would like to welcome our new Superintendent, Christopher Soi! Mr. Soi has over 20 years of experience in promoting and providing community recreation programs as well as managing and improving parks, playgrounds and recreation facilities. He holds a Bachelor's degree in Psychology from Brown University and a Master's degree in Recreation and Leisure Studies from SUNY Cortland. In addition, Chris holds multiple certifications related to recreational activities and pools. He looks forward to upholding the Town's dedication to building healthy communities and enriching the quality of life through people, parks and programs.

# FALL 2019 COMMUNITY FAMILY CAMPOUT at the Katonah Memorial Park



**THE TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT IS PLEASED TO SPONSOR THE COMMUNITY FAMILY CAMPOUT FOR OUR TOWN RESIDENTS AND FRIENDS AGAIN THIS FALL.**

**KATONAH MEMORIAL PARK WILL ONCE AGAIN HOST THE CAMPOUT IN 2019. THE CAMP OUT IS A GREAT WAY TO INTRODUCE YOURSELF AND YOUR FAMILY TO THE CAMPING EXPERIENCE RIGHT IN YOUR OWN BACKYARD (TOWN)!**

DAY:	SATURDAY & SUNDAY
DATES:	SEPTEMBER 7 & SEPTEMBER 8
TIME:	STARTS SATURDAY AT 3:00 pm AND ENDS SUNDAY BY 10:30 am
LOCATION:	KATONAH MEMORIAL PARK
ACTIVITY#:	275600A
FEE:	<i>Campsites are limited!</i> \$30 Resident per tent (location/campsite) \$40 Non-Resident per tent (location/campsite)

### IMPORTANT INFORMATION

For a campout packet with information on what to bring, suggestions for misc. camping items along with other useful information that will enhance your "camping" experience at Katonah Memorial Park! The information packet is available in the Recreation office and online by visiting <http://www.bedfordny.gov/departments/recreation-parks/event-flyersbrochure/>

## PAINT PARTY

**Instructor: Nando Amico**

If you are looking for something fun and exciting for your child or a group of friends, join this painting party with Nando! This painting adventure is fun for everyone and there is no experience needed! Everyone is an artist & will walk out with their very own masterpiece! Light refreshments will be provided.

FOR: GRADES 2 – 8  
 DAY/DATE: FRIDAY, SEPTEMBER 27  
 TIME: 4:30 – 6:00pm  
 LOCATION: BEDFORD HILLS  
 COMMUNITY HOUSE  
 ACTIVITY#: 372107A  
 FEE: \$25 – Residents  
 \$30 – Non-Residents



## ICE SKATING AT THE HARVEY SCHOOL

**Program Supervisor: Jim Whiting and staff**

In cooperation with the Harvey School the department is offering public recreational skating for all ages, 12:45 – 2:45 pm on the following dates:

**FRIDAY, NOVEMBER 29**  
 (FRIDAY AFTER THANKSGIVING)

**FRIDAY, DECEMBER 27**  
 (FRIDAY AFTER CHRISTMAS)

**ADMISSION FEE: \$5 PER PERSON**

You must supply your own skates. No hockey playing permitted.



## BREAKFAST FUN WITH FROSTY AND FRIENDS



Thumpity, thump, thump, Thumpity, thump thump come meet Frosty the Snowman. Frosty is stopping by the Bedford Hills Community House for a visit. Don't miss this opportunity for photos. Join us for breakfast and enjoy a special show with our winter friends. Donuts, McDonald's pancakes, cold cereal and juice/milk will be served. Coffee will be available for the adults. **SIGN-UP:** Pre-registration is strongly requested for all attendees as space is limited and registrations are accepted on a first come, first served basis.

FOR: AGES 8 AND UNDER (Anyone over the age of one must pay)  
 DAY/DATE: SATURDAY, DECEMBER 7  
 TIME: 8:30 am – BREAKFAST  
 9:10 am – ENTERTAINER SETH DALE  
 LOCATION: BEDFORD HILLS  
 COMMUNITY HOUSE  
 ACTIVITY #: 475100A  
 FEE: \$7 in advance - Resident  
 \$9 in advance - Non-Resident  
 \$15 at the door if space available

*Don't forget to bring your camera/phone!*



## The Lions Club of Bedford Village

invites you to join us for the following events



### ANNUAL HALLOWEEN PARADE

**Thursday, 10/31**

@ 4:00pm at the Fire House  
(Treats at BVES upon conclusion)



### ANNUAL PANCAKE BREAKFAST

**Sunday, 12/8**

from 7:30am - Noon  
at Historical Hall



### CAROLING ON THE GREEN

**Tuesday, 12/24**

@ 8:00pm on the  
Bedford Village Green

For more information visit our website [www.bedfordvillagelions.com](http://www.bedfordvillagelions.com)



## The Addams Family

A NEW MUSICAL COMEDY



BEDFORD  
community theatre  
[bedfordcommunitytheatre.org](http://bedfordcommunitytheatre.org)

## AUDITIONS!

SEPTEMBER 3, 5 & 6

6:00-9:00 pm

## Production Dates

NOVEMBER 15, 16, 17,

22, 23, & 24

Auditions and performances take place at the  
Bedford Hills Community House  
74 Main Street, Bedford Hills, 10507

follow us on Facebook for more information

<https://www.facebook.com/bedfordcommunitytheatrebedfordhills/>



**240th Anniversary  
of the Burning of Bedford**

**Saturday, September 7th**  
11am to 3:30pm ~ Bedford Village Green

encampment, re-enactors, musket drills,  
cavalry demonstrations, colonial games,  
food & dessert trucks and more with  
grand finale bonfire on the green



*Join us...*

**HOLIDAYS  
at the HALL**

**SATURDAY DECEMBER 7<sup>TH</sup>**

*crafts 1-3*

**SILHOUETTES 11-3**

at the Bedford Store  
612 Old Post Road  
Bedford, NY 10506  
914.234.975  
bhsny.org



*Bringing history to life*

**2019 bedford  
turkey trot**

**SATURDAY  
NOVEMBER 30<sup>TH</sup>**

[www.bedfordturkeytrot.org](http://www.bedfordturkeytrot.org)  
[www.facebook.com/bedfordturkeytrot/](https://www.facebook.com/bedfordturkeytrot/)

*Gobble Gobble Gobble*



**BEDFORD PLAYHOUSE**  **CLIVE DAVIS ARTS CENTER**

## BEDFORD PLAYHOUSE LOVES FAMILIES!





Do you receive invitations and news about all of our exciting screenings and events for families?

From our *Sunday Family Matinee Series* to screenings with guest speakers and unique pre-film activities – there’s always something fun happening for all ages at The Playhouse.

Join our mailing list today at [Bedfordplayhouse.org](http://Bedfordplayhouse.org) and don’t miss the next special community event for *your* family!





*Present this page at concessions to receive 1 complimentary small popcorn . Offer valid 1 per family; good through 2019.*

*An Invitation from*




## The Lions Club of Bedford Hills

Are you looking for a way to help others?  
**The Lions Club needs your help.**

We meet twice a month on Wednesday nights. We have supported dozens of projects and causes. We also host special events, lend out durable medical equipment to the public, provide scholarships to local students and do so much more. The Lions Club International helps fund special causes around the world.

**Can you volunteer or join us?**

We have applications available.  
 Every penny we earn is given away to help others less fortunate.  
 We’ve been serving since 1939.


[www.BedfordHillsLions.org](http://www.BedfordHillsLions.org) | 914-361-9060 |  Lions Club of Bedford Hills |   @bhlions

BEDFORD HILLS  
**Woman's Club**

*Please join us!*

**MEETINGS HELD 2<sup>ND</sup> TUESDAY OF THE MONTH**  
(No meeting July & August)  
at the Bedford Hills Community House

Contact Joanne Rosamond at [bhwomansclub@gmail.com](mailto:bhwomansclub@gmail.com)  
[www.bhwomansclub.com](http://www.bhwomansclub.com)



# Stepping Stones

Historic Home of Bill & Lois Wilson

*A National Historic Landmark Since 2012*

- *Time & Life* listed Bill among the 100 most influential of the 20th century
  - Bill co-founded Alcoholics Anonymous in 1935
  - Lois co-founded Al-Anon Family Groups in 1951 in Bedford
  - The Wilsons lived here from 1941 until their deaths in 1971 and 1988

Hear the inspiring story of the Wilsons and their work that continues to help millions.  
View the home that looks "frozen in time" with objects from the 1700s to 1988.  
Explore the writing studio, where Bill wrote the "12 Steps & 12 Traditions" book.

**Tours by reservation Mon. - Sat., 1 p.m.**  
**62 Oak Road, Katonah, NY 10536**

**Volunteer, community service, community garden, and intern opportunities available.**  
**Call 914-232-4822 or email [info@steppingstones.org](mailto:info@steppingstones.org). Learn more at [steppingstones.org](http://steppingstones.org)**

The nonprofit, tax-exempt site is operated and preserved by The Stepping Stones Foundation, which was founded in 1979 by Lois Wilson, first Foundation President. Above Image: Pencil sketch for bookplate by Lois Wilson.

BEDFORD PRESBYTERIAN CHURCH

# Annual Mistletoe Mart

Saturday, December 7, 2019 | 9 a.m. to 3 p.m.  
at the Bedford Presbyterian Church, Village Green, Bedford Village

*All are welcome, free of charge!*

Fresh Evergreen Christmas Wreaths • Handmade Quilt Raffle  
Holiday Baked Goods • Variety of Unique Gifts  
Special Shopping Area for Kids

*A Visit from Santa Claus!*

Lunch will be available  
Homemade Chili (vegetarian or meat)

# Join Cub Scouts

SCOUT



ME IN™

**Join in the FUN  
of Cub Scout Pack 170!**

Sign up at a Pack Meeting on  
Thursday, September 12th  
6:30 – 8:30 pm at the Bedford  
Presbyterian Church, 44 Village Green.  
Or join us for ziplining at Adventure Park  
on September 7th or at the Pound Ridge  
Family Campout on September 21st.

**CUB SCOUTS IS OPEN TO ALL BOYS AND GIRLS  
IN KINDERGARTEN THROUGH 5TH GRADE**

A Parent or Guardian must accompany you to the sign up night.

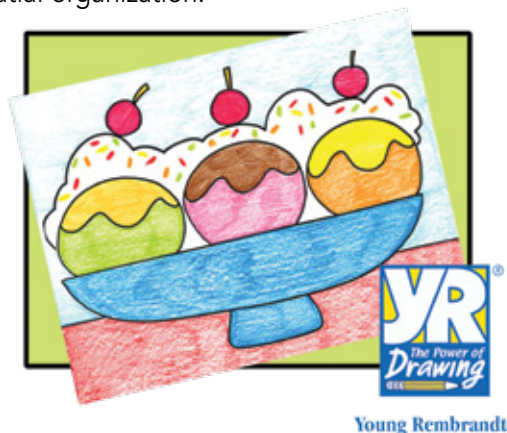
For more information contact Ed Steins at 914-924-0051 or email at [ed.steins@earthlink.net](mailto:ed.steins@earthlink.net)

## PRESCHOOL DRAWING WITH YOUNG REMBRANDTS

**Instructor: Young Rembrandts**

Young students are so eager to learn and a joy to teach. Young Rembrandts instructors provide a nurturing and strong learning environment that expands Pre-schoolers' image vocabulary as they draw familiar images such as fish, teddy bears, rainbows and cowboys. We'll concentrate on the skills of drawing and coloring while we develop fine motor skills, focus, listening, staying on task, patience and spatial organization.

**FOR:** AGES 3 1/2 – 5 (age on first day of class)  
**DAY:** MONDAYS  
**DATES:** SEPTEMBER 16, 23  
 OCTOBER 7, 21, 28  
 NOVEMBER 4, 18, 25  
 (NO CLASS 9/30, 10/14, 11/11)  
**TIME:** 2:00 – 2:45 pm  
**LOCATION:** BEDFORD HILLS COMMUNITY HOUSE  
**ACTIVITY #:** 341102A  
**FEE:** \$100 – Resident  
 \$125 – Non-Resident



Young Rembrandts

## WILD DISCOVERIES

Come outside and experience nature with your child. Learn first-hand about all the changes that are taking place as the summer turns to fall. Hike out into the woods to learn about mammals, birds, plants, and many other natural wonders. Get your hands dirty exploring a pond, hike in the footsteps of wild animals, and build a wilderness fort. Discover something new each week!

**FOR:** AGES 3 – 5 (w/parent or guardian)  
**DAY:** TUESDAYS  
**DATES:** SEPTEMBER 17, 24, OCTOBER 8, 15, 22, 29  
**TIME:** 1:30 – 2:15 pm  
**LOCATION:** WESTMORELAND SANCTUARY  
**ACTIVITY #:** 351900A  
**FEE:** \$ 90 – Resident  
 \$112 – Non-Resident



**Westmoreland Sanctuary**  
 NATURE CENTER & WILDLIFE PRESERVE

**NOTE: Classes are held outdoors, so please be sure to dress for the weather. Rain gear for rainy days please. A bottle of water is also a good idea to bring along. Children must turn three prior to the start of class.)**

## BALLET – Preschool

**Instructor: Lauren Muccino**

Ballet is the foundation for all forms of dance. Learn the various positions and develop grace and balance. Class consists of warm up at the "barre," floor stretches, center dance, and free form freeze dance. Come dance like a ballerina and perform in the showcase at the end of the session. Ballet slippers, tights, and leotard preferred, but comfortable clothing and socks are welcome as well.

**FOR:** AGES 3 – 4  
**DAY:** FRIDAYS  
**DATES:** SEPTEMBER 20, 27, OCTOBER 4, 11, 18, 25,  
 NOVEMBER 1, 8, 15, 22  
 (Note: on Nov. 15th and 22nd class will be held at the Bedford Hills Train Station)  
**TIME:** 2:00 – 3:00 pm  
**LOCATION:** BEDFORD HILLS COMMUNITY HOUSE  
**ACTIVITY #:** 341106A  
**FEE:** \$200 – Resident  
 \$240 – Non-Resident





Registration for ALL U.S. Sports Institute Programs done directly through the organization. You can register Online: [www.usasportgroup.com](http://www.usasportgroup.com) (enter age and zip code in search on top of screen) Or call (866) 345-BALL

## MULTI SPORTS SQUIRTS - PARENT & ME

Conducted by: U.S. Sports Institute

Ideal for children just starting out in the world of sports, this program introduces a new sport each session. With a helping hand from Mom or Dad, children will try soccer, lacrosse, t-ball, basketball, floor hockey & more.

FOR: AGES 2 – 3  
 DAY: THURSDAYS  
 DATES: SEPTEMBER 19, 26, OCTOBER 3, 10, 17, 24  
 TIME: 10:30 – 11:30 am  
 LOCATION: BEDFORD HILLS MEMORIAL PARK  
 FEE: \$114



## MULTI SPORTS SQUIRTS

Conducted by: U.S. Sports Institute

The US Sports Institute Sport Squirts program is a great way to introduce children aged 3-5 to a variety of sports such as soccer, t-ball, lacrosse and basketball all taking place in safe, structured environment. All activities promote hand-eye coordination, movement and balance and FUN.

FOR: AGES 3 – 5  
 DAY: THURSDAYS  
 DATES: SEPTEMBER 19, 26, OCTOBER 3, 10, 17, 24  
 TIME: 1:30 – 2:30 pm  
 LOCATION: BEDFORD VILLAGE MEMORIAL PARK  
 FEE: \$114

## SOCCER SQUIRTS - PARENT & ME

Conducted by: U.S. Sports Institute

With a parent participating by their side, kids will have fun learning the fundamental skills of soccer through a variety of structured activities, fun games & scrimmages. Sessions will focus on stimulating a child's imagination and developing motor skills.

FOR: AGES 2 – 3  
 DAY: THURSDAYS  
 DATES: SEPTEMBER 19, 26, OCTOBER 3, 10, 17, 24  
 TIME: 9:30 – 10:30 am  
 LOCATION: BEDFORD HILLS MEMORIAL PARK  
 FEE: \$114

## SOCCER SQUIRTS

Conducted by: U.S. Sports Institute

Participants will learn the fundamental skills of soccer, including dribbling, passing, shooting and defending. Players will be taught through structured activities, fun games and scrimmages.

FOR: AGES 3 – 5  
 DAY/DATES: TUESDAYS - SEPTEMBER 17, 24, OCTOBER 8, 15, 22, 29  
 OR THURSDAYS - SEPTEMBER 19, 26, OCTOBER 3, 10, 17, 24  
 TIME: TUES. - 1:00 – 2:00 pm or 2:00 – 3:00 pm OR THURS. - 12:30 – 1:30 pm  
 LOCATION: BEDFORD VILLAGE MEMORIAL PARK  
 FEE: \$114



## TINY DRAGONS

**Conducted by: WMMAF**

The Tiny Dragons program is specially designed for 3 and 4 year olds. It is an excellent way to introduce your children to martial arts. Here they are taught basic martial arts in a fun and friendly environment. The instructors work on building confidence in a safe and friendly manner. The kids are taught respect, balance and concentration. These classes will help develop your child's motor skills, focus, and discipline, while learning the fundamentals of Martial Arts in a fun environment. The foundation that Tiny Dragons receive in this class will serve as the building blocks to create their first step on the way up to Black Belt. WMMA - Fit runs this class year round and we join in to an existing program. A uniform is included in the price of the program.

**FOR:** AGES 3 – 4  
**DAY:** THURSDAYS  
**DATES:** SEPTEMBER 19, 27, OCTOBER 3, 10, 17, 24, 31, NOVEMBER 7  
**TIME:** 1:30 – 2:00 pm  
**LOCATION:** WESTCHESTER MIXED MARTIAL ARTS & FITNESS  
 (333 North Bedford Rd. Mt. Kisco, NY)  
**ACTIVITY #:** 361900A  
**FEE:** \$150 – Resident / \$188 – Non-Resident



## MUSIC TOGETHER



**Conducted by: Music Together of Northern Westchester**

Music Together is a class for both the parent and their children that emphasizes the making of music not just passively listening. We explore songs through small and large motor exercises, finger plays, and free dance. Rhythmic development is supported with age-appropriate instruments such as egg shakers, rhythm sticks and jingle bells. Props including scarves and soft play balls are also used. The music is rich, diverse in key and tonality, and multi-cultural. Our goal is to create an experience of fun, joyful family music to be shared a lifetime.

**FOR:** INFANTS – 5 YEARS (w/parent or guardian)  
**DAY:** SATURDAYS  
**DATES:** SEPTEMBER 21, 28, OCTOBER 5, 19, 26,  
 NOVEMBER 2, 9, 16  
**TIME:** 9:30 – 10:15 am  
**LOCATION:** BEDFORD HILLS TRAIN STATION  
**ACTIVITY #:** 341100A  
**FEE:** \$195 – Resident / \$235 – Non-Resident



## TINKERGARTEN



**Conducted by: Deanna Novak, Tinkergarten Leader**

Each session of our fall series will facilitate a different expert-designed play lesson, welcoming children of various ages and needs to explore, problem solve, communicate, collaborate, and create together. And, all of our fall play lessons are inspired by a common play theme—SCIENTIST PLAY! In Tinkergarten class, parents and caregivers will also learn about how children develop through play and how to support play at home. This Fall, the curriculum for 18 months-5 years will support kids in developing a cognitive, social/emotional and physical skills, which every lesson will put special emphasis on our season's focus—Sensory Learning. Come join us outdoors to connect and learn through play this Fall!

**FOR:** INFANTS – 5 YEARS (w/parent or guardian)  
**DAY:** SATURDAYS  
**DATES:** SEPTEMBER 14, 21, 28, OCTOBER 5, 12, 19, 26, NOVEMBER 2, 9, 16  
**TIME:** 9:45 – 11:00 am  
**LOCATION:** KATONAH MEMORIAL PARK  
**FEE:** \$300 (30% discount for each additional sibling)  
**NOTE:** *To Register please visit <https://tinkergarten.com>*



## BABY-SITTING SKILLS COURSE

**Instructor:** Nicole Stone

When this class is over, students will become fully prepared to babysit. Instruction includes responsibilities of the sitter, handling emergencies, simple first aid, feeding, diapering, bedtime and playing. All youngsters will receive a certificate of completion. This program is also suitable for children who may not be ready to babysit but want to be left alone at home.

**FOR:** BOYS & GIRLS AGES 11 – 14  
**DAY:** WEDNESDAYS  
**DATE:** NOVEMBER 6 & 13  
**TIME:** 5:00 – 9:00 pm  
**LOCATION:** BEDFORD HILLS  
 COMMUNITY HOUSE

**ACTIVITY #:** 352101A  
**FEE:** \$ 80 – Residents  
 \$100 – Non-Residents

**NOTE:** *You must be present both days in order to become certified. You must be 11 years old by the start of the class. Please bring: pencil; baby sized doll, dinner, drink, snack each night.*



# BABYSITTERS ROCK!

## COOKING CREATIONS

**Instructor:** Kimberly O'Brien

This cooking program offers children the opportunity to learn basic cooking techniques like following directions, measurement and preparation. Each week the children will prepare and enjoy their own scrumptious treats.

**FOR:** GRADES 2 – 7  
**DAY:** THURSDAYS  
**DATES:** SEPTEMBER 12, 19, 26  
 OCTOBER 3, 10, 17, 24  
**TIME:** 4:15 – 6:15 pm  
**LOCATION:** BEDFORD HILLS  
 COMMUNITY HOUSE

**ACTIVITY #:** 332100A  
**FEE:** \$140 – Resident  
 \$175 – Non-Resident

**NOTE:** *We will be cooking with eggs, milk, gluten and nuts during this class. There are times when substitutions cannot be made.*





## BALLET - Grades K-1

**Instructor:** Lauren Muccino

Ballet is the foundation for all forms of dance. Learn the various positions and develop grace and balance. Class consists of warm up at the "barre," floor stretches, center dance, and free-form freeze dance. Come dance like a ballerina and perform in the showcase at the end of the session. Ballet slippers, tights, and leotard preferred, but comfortable clothing and socks are welcome as well.

**FOR:** GRADES K – 1  
**DAY:** MONDAYS  
**DATES:** SEPTEMBER 16, 23  
 OCTOBER 7, 21, 28  
 NOVEMBER 4, 18, 25  
 DECEMBER 2, 9 (NO CLASS 9/30, 10/14, & 11/11)  
 (Note: on Nov. 4th and 21st class will be held at the Bedford Hills Train Station)  
**TIME:** 4:15 – 5:15 pm  
**LOCATION:** BEDFORD HILLS COMMUNITY HOUSE  
**ACTIVITY #:** 342106  
**FEE:** \$200 – Resident  
 \$240 – Non-Resident



## WMMAF - MARTIAL ARTS

**Conducted by:** WMMAF

Westchester Mixed Martial Arts and Fitness offers an entry level program that sets up a foundation in the Martial Arts. Students will learn Martial Arts techniques, elements of self-defense as well as important values and life skills. The class incorporates fun & educational games and skills drills as a learning tool. Taught by their expert instructors, the exciting classes focus a child's attention thus improving their ability to learn and grow.

**DAY:** THURSDAYS  
**DATES:** SEPTEMBER 19, 27  
 OCTOBER 3, 10, 17, 24, 31  
 NOVEMBER 7  
**LOCATION:** WESTCHESTER MIXED  
 MARTIAL ARTS & FITNESS  
 (333 North Bedford Rd., Mt. Kisco)  
**FEE:** \$190 – Resident  
 \$238 – Non-Resident  
 (Gear package is included in the price of the class uniform, gloves & shins)  
**FOR:** AGES 5 – 7 "LITTLE CHAMPS"  
**TIME:** 4:15 – 4:45 pm  
**ACTIVITY #** 362900A

**FOR:** AGES 8 – 12 "YOUTH"  
**TIME:** 5:15 – 6:00 pm  
**ACTIVITY #** 362900B



**Register Online Today!**

**NOTE:** ENROLL ONLINE! ONLINE TRANSACTIONS WILL NOT INCUR A TRANSACTION FEE. TRANSACTIONS PROCESSED AT THE REC OFFICE WILL INCUR A 2.5% TRANSACTION FEE



## BASKETBALL BASICS

**Coordinator:** Jim Whiting

This program is an introduction to basketball. Fun drills and exciting activities are combined to teach children fundamentals. The basic skills of dribbling, rebounding and shooting will be stressed each week as players move closer to experiencing game situations through scrimmages.

**NOTE: The 4th grade program will place more emphasis on scrimmaging and understanding game situations.**

**FOR:** BOYS & GIRLS GRADES 2, 3 & 4  
**DAY:** SATURDAYS  
**DATES:** DECEMBER 7, 14, 21, JANUARY 11, 18, 25,  
 FEBRUARY 1, 8

**LOCATION:** KATONAH ELEMENTARY SCHOOL

**ACTIVITY #:** 362700A GRADE 2 – 9:00 am

**ACTIVITY #:** 362700B GRADE 3 – 10:00 am

**ACTIVITY #:** 362700C GRADE 4 – 11:00 am

**FEE:** \$ 95 – Resident

\$118 – Non-Resident

**(Includes a Basketball & T-shirt)**



## YOUTH LEAGUE BASKETBALL

**Coordinator:** Jim Whiting

This program is designed to introduce youngsters to the game of basketball in an organized league setting. Learning fundamental skills and game strategies while having fun is the league's main focus.

**FOR:** BOYS GRADES 5, 6, 7 & 8

**LOCATION:** KATONAH ELEMENTARY SCHOOL

### EVALUATIONS

**GRADE 5:** SATURDAY, NOV. 16, 10:00 – 11:00 am

**GRADE 6:** SATURDAY, NOV. 16, 11:00 am – 12:00 pm

**GRADES 7/8:** SATURDAY, NOV. 16, 12:00 – 1:00 pm

**PRACTICES:** Once per week (MON., WED. OR FRI.)  
 Beginning DECEMBER 2

**GAMES:** Once per week (SATURDAYS)  
 Beginning in JANUARY

**ACTIVITY #:** 362701A – GRADE 5

**ACTIVITY #:** 362701B – GRADE 6

**ACTIVITY #:** 362701C – GRADE 7 & 8

**FEE:** \$115 – Resident

\$143 – Non-Resident



**Register Online Today!**

**NOTE: ENROLL ONLINE! ONLINE TRANSACTIONS WILL NOT INCUR A TRANSACTION FEE. TRANSACTIONS PROCESSED AT THE REC OFFICE WILL INCUR A 2.5% TRANSACTION FEE**



# GIRLS FALL FIELD HOCKEY

**GRADES 2 & 3 • GRADE 4 • GRADES 5 & 6**

Bedford Field Hockey is a skills-based program that works with those who have never played the sport before to those who are looking to improve their skill level. Emphasis is placed on stick skills, game knowledge, teamwork and conditioning. The 2019 fall season will feature additional play time on turf in collaboration with John Jay High School. There will be several scrimmages planned against local recreation teams.

**A MESH JERSEY WILL BE GIVEN TO EACH PLAYER.**

**PLAYERS MUST PROVIDE their own stick, shin guards, mouth guard and eye guard.**

**EXCITING NEWS FOR THE 2019 FALL YOUTH FIELD HOCKEY PROGRAM – PRACTICES WILL NOW BE HELD ON THURSDAYS AND SUNDAYS!!**

**FOR:** Girls entering grades 2 through 6 in the Fall of 2019 who live in the Bedford Central School District or Katonah/Lewisboro School District. Non-resident participants accepted on a space available basis.

**DAY/LOCATION/DATES:**

**THURSDAYS AT KATONAH MEMORIAL PARK**  
 SEPTEMBER 12, 19, 26, OCTOBER 3, 10

**SUNDAYS AT JOHN JAY HIGH SCHOOL TURF**  
 SEPTEMBER 8, 15, 22, 29, OCTOBER 6, 13, 20, 27,  
 NOVEMBER 3, 10 (MAKE-UP 11/17)

**TIMES:** GRADES: 2 & 3 SUNDAYS / 3:00 – 4:00 pm  
 GRADES: 4 THURSDAYS / 4:30 – 6:00 pm & SUNDAYS / 3:00 – 4:30 pm  
 GRADES: 5 – 6 THURSDAYS / 4:30 – 6:00 pm & SUNDAYS / 4:15 – 5:45 pm

<b>FEES:</b> (includes a mesh jersey)	<b>GRADES: 2 &amp; 3</b> \$ 80 – <b>ACTIVITY #:</b> 362601A
	<b>GRADES: 4</b> \$140 – <b>ACTIVITY #:</b> 362601B
	<b>GRADES: 5 – 6</b> \$140 – <b>ACTIVITY #:</b> 362601C

**US FIELD HOCKEY MEMBERSHIP:** All participants must be registered with US Field Hockey ([usfieldhockey.com](http://usfieldhockey.com)) and provide proof of registration upon request.

**REGISTRATION:**

Registration may be done at the Recreation office, online or by mail using the registration form from the back of this brochure. For additional information please contact Ridgely Biddle at [Bedfordfieldhockeyny@gmail.com](mailto:Bedfordfieldhockeyny@gmail.com)





## THUNDER RIDGE SKI & SNOW BOARD LESSONS

**THINK SNOW!** Once again, Thunder Ridge Ski Area and Bedford Recreation will be partnering to offer discounted ski & snow board lessons this winter at nearby Thunder Ridge in Patterson, NY! Ski & snow boarding are wonderful winter sports the entire family can enjoy! Lessons typically begin the first week of January 2020 and make a great holiday gift! Detailed information on registering, lesson prices; rental prices, etc. will be available in the winter brochure due out in November and online on the Town's website [www.bedfordny.gov](http://www.bedfordny.gov).

will be available in the winter brochure due out in November and online on the Town's website [www.bedfordny.gov](http://www.bedfordny.gov).



**KLBS**  
EST. 1984  
**SOFTBALL**

**STEP RIGHT UP AND TAKE A SWING AT FALL SOFTBALL WITH KATONAH-LEWISBORO BEDFORD GIRLS SOFTBALL OVER 30 YEARS STRONG!**

**GIRLS GRADES K-9 CAN GET IN THE GAME BY REGISTERING AT**  
**WWW.KBGS.LEAG1.COM**

- SEASON RUNS FROM **SEPTEMBER THROUGH THE END OF OCTOBER**
- GAMES WILL BE HELD ON **SATURDAYS** WITH A **WEEKDAY PRACTICE** PER TEAM
- CLINICS WILL BE MADE AVAILABLE THROUGHOUT THE SEASON
- SEE OUR WEBSITE FOR MORE DETAILS

## JOHN JAY YOUTH LACROSSE

### Play like a JJYLaxer!

John Jay Youth Lacrosse offers Fall and Spring Lacrosse programs for Boys and Girls in Grades K-8

### Boys & Girls Fall Lax Skills Clinics

Join our Fall Clinics for Boys and Girls run by the Varsity Players and Coaches.

**Keep Your Skills Fresh and Have Fun!**

Visit [www.jjyl.org](http://www.jjyl.org) or email [info@jjyl.org](mailto:info@jjyl.org) for more details

**Our spring season starts in April 2020**

More information can be found at  
**[www.jjyl.org](http://www.jjyl.org)**  
or on Facebook at  
**[fb.me/JohnJayYouthLacrosse](https://fb.me/JohnJayYouthLacrosse)**

# FOX LANE YOUTH LACROSSE

BEDFORD | BEDFORD HILLS | MT. KISCO | POUND RIDGE



**FLYL BOYS & GIRLS**  
**1ST - 8TH GRADE**  
*Fall Sunday Clinics*

REGISTER AT  
[FOXLANEYOUTHLACROSSE.COM](http://FOXLANEYOUTHLACROSSE.COM)

*Keeping Fresh  
on Basics*

CATCHING  
THROWING  
GROUND BALLS  
STICK HANDLING  
FIELD PRESENCE  
RULES  
GOALIE SESSIONS

**2019**  **SEPTEMBER** 15<sup>TH</sup> | 22<sup>ND</sup> | 29<sup>TH</sup>  
**OCTOBER** 6<sup>TH</sup> | 20<sup>ND</sup> | 27<sup>TH</sup>

**BOYS** 9:00 - 10:30PM

**GIRLS** 10:30 - 12:00PM

**\$125 PER PLAYER**

GIRLS FIELD LOCATION: **FLHS TURF**  
BOYS FIELD LOCATION: **FLHS UPPER GRASS FIELDS**

*2019 Bonus Offering*

SUNDAY NOVEMBER 3<sup>RD</sup> - WRAP UP SCRIMMAGE - FLHS TURF FIELD

FLYL-COACHES AND GUEST FLHS VARSITY LAX PLAYERS

*New Players Welcome!*

SCHOLARSHIPS AND EQUIPMENT AVAILABLE  
EMAIL - [FLYL.MISC@GMAIL.COM](mailto:FLYL.MISC@GMAIL.COM)

# BEDFORD YOUTH SOCCER CLUB



Bedford Youth Soccer Club offers instructional In-House and competitive Travel programs for children ages 4-13+. BYSC Programs are offered throughout the year - Winter, Spring, Summer and Fall.

For more information please visit our website at [www.bedfordyouthsoccerclub.org](http://www.bedfordyouthsoccerclub.org)

**Is your daughter or son interested in baseball?**



[www.bprba.org](http://www.bprba.org)

**Activities year round for Girls & Boys Grades K-9**

**Mark your calendar....**

- Grades K-2 • 1 Hour Skills Clinics in Fall (More details coming mid Sept)
- Grades 3-6 • Whiffle Ball Tournament January 26, 2020

**Interested in Volunteering? Coaching?**

**Contact: [bprbaseballassoc@gmail.com](mailto:bprbaseballassoc@gmail.com)**

**MAKE SURE TO CHECK-IN WITH YOUR FAVORITE SPORTS PROGRAM FOR FALL/WINTER REGISTRATION INFORMATION!**



## PAINT ESCAPE

**Instructor: Nando Amico**

Escape with your friends, date or spouse and let the artist in you out! Join Paint Escape for a creatively fun experience! Paint Escape supplies all the materials you will need to create your "masterpiece" with the help of our art instructor. Bring your favorite beverage and snack and be prepared for an exciting social adventure. Whether it's an escape from chores or the kids we have an art party for you! No artistic ability required!

**FOR:** ADULTS 21+  
**DAY/DATE:** FRIDAY, SEPTEMBER 27  
**TIME:** 7:00 – 10:00 pm  
**LOCATION:** BEDFORD HILLS  
 COMMUNITY HOUSE  
**ACTIVITY #:** 323101A  
**FEE:** \$25 – Resident  
 \$30 – Non-Resident

## LADIES BINGO

**Supervisor: Nicole Stone**

0-67 Bingo! Come on out and mingle with friends, have fun, enjoy refreshments and light snacks. Who knows, you may even win one of many great prizes. Everyone will be given two cards each and it should make for an exciting and enjoyable evening! Don't miss out on this ladies only evening. Preregistration is required.

**FOR:** LADIES 21+  
**DAY/DATE:** FRIDAY, OCTOBER 25  
**TIME:** 7:00 – 9:30 pm  
**LOCATION:** BEDFORD HILLS  
 COMMUNITY HOUSE  
**ACTIVITY #:** 323102A  
**FEE:** \$20 – Resident (\$25 – at the door)  
 \$25 – Non-Resident



## CHARTER BUS TRIPS

The Town of Bedford will be offering a series of Day Trips to all adult residents. In conjunction with our senior trip program, we will be reserving a fixed number of seats for non-senior adults who would enjoy a day out. We have plenty of extra seats to accommodate those who wish to take advantage of these attractive destinations. Please feel free to call the recreation office for more details about these great trip offerings. **You must submit a registration form to reserve your spot!**

Please note a \$2 gratuity for the driver will be collected on the bus for all trips. Make checks payable to the "Town of Bedford"

*For additional information or to get a form call the Recreation Office Senior Hotline at 666-7203.*



**MOHEGAN SUN CASINO**  
**THURSDAY, SEPTEMBER 26 / 8:00 am**  
 \$35 / ACTIVITY #: 504000D  
 (Includes lunch voucher & free bets)

**POLKA, POLKA, POLKA!**  
**AT AQUA TURF**  
**Plainville, CT**  
**TUESDAY, OCTOBER 15 / 9:30 am**  
 \$50 / ACTIVITY #: 504000T  
 (Lunch included)

**MAGNANINI WINERY**  
**& RESTAURANT**  
**Walkill, NY**  
**TUESDAY, NOVEMBER 12 / 10:00 am**  
 \$65 / ACTIVITY #: 504000U  
 (Wine tasting and six-course lunch)

**Bus departs from  
 Katonah Memorial House**

In an effort to lower trip fees, a portion of the transportation expenses are being subsidized by the Town of Bedford.



## YOGA

**Instructor: Kim Jones, Certified Yoga Instructor, RYT 200**

Refresh, Renew, Invigorate, and Relax, this class will focus on breathing techniques, proper alignment, strength building, flexibility, balance and most importantly, the joy that accompanies regular yoga practice. Men and women of all levels are welcome. Please bring a mat, a blanket and dress comfortably. The class will be taught by Kim Jones. Kim attended the Westchester Institute of Yoga and is a registered yoga teacher with the Yoga Alliance designation of RYT 200.

<b>FOR:</b>	ADULTS 18+	<b>TIME:</b>	7:00 – 8:15 pm
<b>DAY:</b>	THURSDAYS	<b>LOCATION:</b>	BEDFORD HILLS ELEMENTARY SCHOOL
<b>DATES:</b>	SEPTEMBER 19, 26 OCTOBER 3, 10, 17, 24 NOVEMBER 7, 14, 21 DECEMBER 5, 12, 19	<b>ACTIVITY #:</b>	313302A
<b>NOTE:</b>	<ul style="list-style-type: none"> <li>• <b>Wear comfortable clothes</b></li> <li>• <b>Bring a mat and blanket</b></li> </ul>	<b>FEE:</b>	\$114 – Resident \$ 57 – Resident Seniors 65+ \$143 – Non-Resident

## TOTAL BODY WORKOUT

**Instructor: Anne-Marie Pasquale**

Total Body Workout incorporates light weights, mat work, and low impact cardio to target and tone each major muscle group in the body. The wide variety of exercises used offers participants the opportunity to build lean muscle while improving balance, stability and flexibility. Anne-Marie brings 20+ years of experience as a group exercise leader and she designs each class to accommodate all fitness levels. You will be looking and feeling great in no time!

<b>FOR:</b>	ADULTS 18+
<b>DAYS:</b>	MONDAYS & WEDNESDAYS
<b>DATES:</b>	<b>MONDAYS:</b> SEPTEMBER 16, 23, OCTOBER 7, 21, 28 NOVEMBER 4, 18, 25, DECEMBER 2, 9 <b>WEDNESDAYS:</b> SEPTEMBER 18, 25, OCTOBER 2, 16, 23, 30 NOVEMBER 6, 13, 20, DECEMBER 4
<b>TIME:</b>	7:00 – 8:00 pm
<b>LOCATION:</b>	BEDFORD HILLS ELEMENTARY SCHOOL
<b>ACTIVITY #:</b>	313301A (BOTH MON. & WED.) 313301B (MONDAYS ONLY) 313301C (WEDNESDAYS ONLY)
<b>FEE:</b>	\$190 – Resident
<b>(2 DAYS WEEK)</b>	\$ 95 – Resident Seniors (65+) \$238 – Non-Resident
<b>FEE:</b>	\$ 95 – Resident
<b>(1 DAY WEEK)</b>	\$ 48 – Resident Seniors (65+) \$119 – Non-Resident

- NOTE:**
- Maximum 30 participants per night
  - Hand weights are optional



**Register Online Today!**

**NOTE:** ENROLL ONLINE! ONLINE TRANSACTIONS WILL NOT INCUR A TRANSACTION FEE. TRANSACTIONS PROCESSED AT THE REC OFFICE WILL INCUR A 2.5% TRANSACTION FEE



# INSANITY

Instructor: Robin McCaine,  
Insanity Certified/Fitness Coach

Do you want to get in shape, look and feel great? Join Robin McCaine as he works with you to help you achieve your goals! All fitness levels are welcome because everybody can do this! INSANITY is an epic fitness craze! It's a fun, cardio workout that uses MAX Interval Training – a method of short, high intensity workouts followed by intervals of short rests. Robin is a Katonah resident who is INSANITY certified. He is an exercise enthusiast who has completed the NYC Marathon, the Boston to New York Aids Ride and a Health and Fitness Coach who helps and inspires others to live happier and healthier lives!



FOR: ADULTS 18+  
 DAYS: TUESDAYS  
 DATE: SEPTEMBER 17, 24  
 OCTOBER 8, 15, 22, 29  
 NOVEMBER 5, 12, 19, 26  
 DECEMBER 3, 10  
 TIME: 7:00 – 8:00 pm  
 LOCATION: BEDFORD HILLS ELEMENTARY SCHOOL  
 ACTIVITY #: 313200A  
 FEE (12 CLASSES): \$115 – Resident  
 \$ 58 – Resident Seniors (65+)  
 \$145 – Non-Resident

## DEFENSIVE DRIVING

Instructor: Bedford Police

Learn to drive defensively! After completing this course, motorists may be eligible for a reduction on their insurance premiums and up to a 4-point reduction on their driving record. Participants must be on time and complete the full 6 hours of instruction to satisfactorily complete the class.

FOR: ADULTS 16+  
 DAYS: TUESDAY & WEDNESDAY  
 DATES: OCTOBER 29 & 30  
 TIME: 7:00 – 10:00 pm  
 LOCATION: BEDFORD POLICE DEPARTMENT  
 ACTIVITY #: 323100A  
 FEE: \$16 – Payable to Town of Bedford  
 \$14 – Payable to National Safety Council  
**NOTE: Participants MUST attend BOTH nights**



**Register Online Today!**



**NOTE: ENROLL ONLINE! ONLINE TRANSACTIONS WILL NOT INCUR A TRANSACTION FEE. TRANSACTIONS PROCESSED AT THE REC OFFICE WILL INCUR A 2.5% TRANSACTION FEE**





# FALL 2019 TENNIS LESSONS

Lessons are offered in cooperation with the Saw Mill Club. All Instructors are USPTA certified

**NOTE:** ID cards for tennis & platform tennis are available at our office at no additional cost. If you hold a valid/paid Pool Photo ID card another ID card is not necessary.

**REGISTRATION BEGINS AUGUST 28th: In-Person at 8:30 am and Online at 9:00 am**

**FEE:** \$115 – Resident / \$140 – Non-Resident

**ATTENTION –** Please be advised that the Town of Bedford does not permit private lessons to be taught at any of the tennis court facilities without prior approval from the Superintendent of Recreation and Parks.

## KATONAH MEMORIAL PARK

		MONDAYS	TUESDAYS	WEDNESDAYS	FRIDAYS
		SEPT. 16, 23 OCT. 7, 21, 28	SEPT. 17, 24 OCT. 8, 15, 22	SEPT. 18, 25 OCT. 2, 16, 23	SEPT. 20, 27 OCT. 4, 11, 18
<b>YOUTH</b>	<b>TIME</b>	<b>ACTIVITY #</b>	<b>ACTIVITY #</b>	<b>ACTIVITY #</b>	<b>ACTIVITY #</b>
<b>AGES 5 – 7</b>	4:00 pm – 5:00 pm			382600C	
<b>AGES 8 – 10</b>	4:00 pm – 5:00 pm	382600A2			
<b>JUNIOR</b>					
<b>AGES 11 – 14</b>	5:00 pm – 6:00 pm	382601A		382601C	
<b>ADULT</b>					
<b>BEGINNER</b>	9:30 am – 10:30 am	383601A	383601B	383601C	383601E
<b>ADV. BEGINNER</b>	10:30 am – 11:30 am	383602A	383602B	383602C	383602E
	11:30 am – 12:30 pm	383603A	383603B	383603C	383603E

## BEDFORD HILLS MEMORIAL PARK

		TUESDAYS	THURSDAYS
		SEPT. 17, 24 OCT. 8, 15, 22	SEPT. 19, 26 OCT. 3, 10, 17
<b>YOUTH</b>	<b>TIME</b>	<b>ACTIVITY #</b>	<b>ACTIVITY #</b>
<b>AGES 5 – 7</b>	4:00 pm – 5:00 pm	382500B	382500D
<b>AGES 8 – 10</b>	5:00 pm – 6:00 pm	382500B2	
<b>JUNIOR</b>			
<b>AGES 11 – 14</b>	5:00 pm – 6:00 pm		382501D

## BEDFORD VILLAGE MEMORIAL PARK

		SATURDAYS
		SEPT. 21, 28, OCT. 5, 12, 19
<b>YOUTH</b>	<b>TIME</b>	<b>ACTIVITY #</b>
<b>AGES 5 – 7</b>	9:30 am – 10:30 am	382400F
<b>ADULT</b>		
<b>BEGINNER</b>	10:30 am – 11:30 am	383402F
<b>ADV. BEGINNER</b>	11:30 am – 12:30 am	383402F2



# PLATFORM TENNIS

## OPEN PLAY

The lights to the platform tennis courts at Katonah and Bedford Village will be energized for the season on Friday, August 30th between 6:00 – 10:00 pm. **NO group reservations until the end of October.** Court use will be on a first come first served basis. There will be no fees charged in September or October.



## GROUP USE COURT RESERVATIONS

Group use reservation application forms will be available online starting September 23rd by visiting [bedfordny.gov](http://bedfordny.gov) on the forms & applications page for Recreation and Parks. The reservation system will be similar to the one utilized last season and will start as of **Monday, November 4th.**

## LESSONS

**Instructor:** Richard Finn, USPTA Certified Instructor

**BEG/ADV BEG:** covers the fundamental shots, basic screen play and rules of the game.

**DRILL & PLAY:** provides the more experienced players a chance to drill and play while learning shot selection, the art of screen play and doubles strategy.

**FOR:** ADULTS 18+

*(Players must supply their own paddle and must wear non-marking rubber soled shoes.)*

**FEE:** \$135 – Resident

\$169 – Non-Resident

## KATONAH MEMORIAL PARK

		MONDAYS	TUESDAYS	WEDNESDAYS
		NOV. 4, 18, 25 DEC. 2, 9, 16	NOV. 5, 12, 19, 26 DEC. 3, 10	NOV. 6, 13, 20, 27 DEC. 4, 11
TIME		ACTIVITY #	ACTIVITY #	ACTIVITY #
<b>BEGINNER</b>	10:00 am – 11:00 am	383611A	383611B	383611C
<b>ADV. BEGINNER</b>	11:00 am – 12:00 pm	383612A	383612B	383612C
	12:00 pm – 1:00 pm	383613A	383613B	383613C

## BEDFORD VILLAGE MEMORIAL PARK

		FRIDAYS
		NOV. 8, 15, 22 DEC. 6, 13, 20
TIME		ACTIVITY #
<b>BEGINNER</b>	10:00 am – 11:00 am	383411F
<b>ADV. BEGINNER</b>	11:00 am – 12:00 pm	383412F

**Register Online Today!**



**NOTE:** ENROLL ONLINE! ONLINE TRANSACTIONS WILL NOT INCUR A TRANSACTION FEE. TRANSACTIONS PROCESSED AT THE REC OFFICE WILL INCUR A 2.5% TRANSACTION FEE

## PICKLEBALL LESSONS

**Instructor: A USA Pickleball Association Ambassador and avid pickleball player**  
 Coordinated lessons will be offered at Bedford Hills Memorial Park.  
*Paddles and balls will be provided.*

**FOR:** ADULT BEGINNER (Ages 18+)  
**DAY:** THURSDAYS  
**DATES:** SEPTEMBER 12, 19, 26,  
 OCTOBER 3  
 (RAIN DATE: OCT. 10)  
**TIME:** 6:00 – 7:00 pm  
**LOCATION:** BEDFORD HILLS MEMORIAL PARK  
 AT THE BASKETBALL COURTS  
**ACTIVITY #:** 313500A  
**FEE:** \$50

## PRIVATE PICKLEBALL LESSONS

**Instructor: Julia Vesei, A USA Pickleball Association Ambassador and avid pickleball player**

Julia will be coordinating group and private lesson offerings at Bedford Hills Memorial Park for the Town of Bedford.  
 Please contact Julia at 914-924-0474 (text or call) or by email at [juves95@optonline.net](mailto:juves95@optonline.net) for additional information.

**RATES:** 1/2hr - \$35 **or** 1hr - \$60



## PICKLEBALL OPEN PLAY

**Coordinator: Julia Vesei, A USA Pickleball Association Ambassador and avid pickleball player**

Come out and play the fastest growing sport in America! Described as a combination of badminton, ping pong, platform tennis and tennis. Four Pickleball courts will be set up for play on the Bedford Hills Memorial Park basketball courts with paddles and balls available for use.

*PLEASE NOTE: Players must be familiar with rules & etiquette of the game to enjoy the open play experience. New players are encouraged to sign up for beginner lessons before attempting open play dates.*

**FOR:** TOWN OF BEDFORD RESIDENTS AND THEIR GUESTS (AGES 16+)  
**DAY:** THURSDAYS & SATURDAYS  
**DATES:** SEPTEMBER 5 – NOVEMBER 9  
**TIME:** 7:00 pm – 10:00 pm (THURSDAYS)  
 9:30 am – 12:30 pm (SATURDAYS)  
**LOCATION:** BEDFORD HILLS MEMORIAL PARK  
 BASKETBALL COURTS  
**ACTIVITY #:** 313501A  
**FEE:** \$5 per person/per play – payable to the Court Supervisor  
**FEE:** **Discount Play Cards:** 15 open play dates for \$60 are available at the Recreation Office and at the courts; are non-transferable, non-refundable and have an expiration date.  
**WEATHER:** In the event of inclement weather, open play will be cancelled. Cancellations made before 4:30 pm will be announced by calling the Recreation hotline number at 864-3777. After 4:30 pm, please contact Julia by text or phone.  
**REGISTRATION:**  
 Advance registration is not required for open play dates

### what is pickleball?

- *Pickleball is an exciting new sport for all ages.*
- *Pickleball is described as a combination of badminton, ping pong, platform tennis and tennis*
- *Uses special balls and paddles, all tailored for pickleball*
- *Is played on shorter courts (20'x 44') and simple rules make the game easy to adapt to.*



**QUESTIONS: Please contact USA Pickleball Association Ambassador, Julia Vesei, at 924-0474 (text or call) or by email at [juves95@optonline.net](mailto:juves95@optonline.net)**

## SENIOR ADULT NEWSLETTERS

Stay informed of current senior programs, trips and special events by receiving our calendar/newsletter which is mailed out every two months. To receive the newsletter, call the Senior Adult line and we will add your name to the mailing list.



## SENIOR MEETINGS

Come and join us! Weekly meetings are offered to all residents ages 60+. Meetings will include a variety of activities, informational presentations, crafts, games, exercise, special events and more. Coffee, tea and light refreshments will be available at all meetings. We meet every **Mon., Wed. & Fri. from 10:00 am – 2:00 pm at the Bedford Hills Community House.** Join us Mondays at 11:00 am for **Chair Yoga class.** Transportation to the meetings is available, call the Recreation Office at 666-7203 one day in advance.

## SEASON HIGHLIGHTS

Our senior group has been busy enjoying the outdoors with gardening, local museum trips and picnics. Our seniors enjoyed wonderful trips to Norman Rockwell Museum and Mystic Seaport. We are continuing our well received chair yoga program through Northern Westchester Hospital. We have continued our local jaunts to Trader Joe's, Christmas Tree Shoppe and elsewhere. Don't forget to call us and find out what's going on in the weeks to come!

## HOME-DELIVERED-MEALS PROGRAM

Seniors who are homebound or recovering from a hospital stay and are unable to prepare meals and have no one to do so for them may be eligible for a hot midday meal delivered by caring volunteers. Call Jim Whiting at 666-7203 for more information.

## SENIOR IDENTIFICATION CARDS

Residents age 60+ are eligible for Westchester County Senior Citizen identification cards and the various benefits to which the card entitles them. The cards are available at the Westchester

Senior Adult Directors

**Angela Brown &  
Caren Wagner-Roth**

Bedford Senior Bus Driver

**Marty Bailey**

Senior Adult Phone#

**666-7203**

County Center, 198 Central Avenue at the Bronx River Parkway in White Plains, Monday through Friday, 10:00 am – 4:00 pm. For more information, call (914) 813-6400 or (914) 813-6300 or at westchestergov.com.

## REFUSE PROGRAM

Senior Adults (60+ years) may go to the Town Clerks Office at 321 Bedford Road, Bedford Hills, and purchase coupons for trash disposal, Monday through Friday, 8:30 am – 4:30 pm. This program allows for disposal of plastic bagged, non-recyclable refuse at Town of Bedford Recycling Center, 343 Railroad Avenue, Bedford Hills, 241-2671, Tues., Thurs. and Sat., 8:00 am - 3:00 pm.

## SHOPPING

The Recreation bus runs local shopping trips on Tuesday mornings (**ShopRite, CVS and Kohl's**). Reservations must be made at least one day in advance by calling 666-7203. Also, shopping trips to local malls and shopping centers are offered. Shopping trips are on a first come first served basis.



## NUTRITION PROGRAM

Residents may participate in the Senior Nutrition Program in Mt. Kisco at the Fox Center 198 Carpenter Ave. Hot lunches are available daily, Monday through Friday with a \$3 contribution. Reservations must be made a day in advance by calling 666-8931.

## AGED PERSON'S PROPERTY TAX EXEMPTION

For information on eligibility for a senior adult property tax exemption, contact the Town Assessor at 666-5149.

## VISITING NURSE

The second Wednesday of each month our seniors are treated with a visit by health care specialists generously provided by Northern Westchester Hospital. Our visiting nurse conducts blood pressure checks along with discussions on healthy eating and exercise.

## HOUSING

Blue Mountain Housing Development Corp and Bedford Town Housing Agency have entered into a contract with Housing Action Council to administer the towns middle income and affordable rental and sales. Please contact Housing Action Council at 914-332-4144 for more information.



## DRIVER SAFETY PROGRAM

After completing this course, motorists will be eligible for a reduction in their automobile insurance premiums and up to 4 points reduction on their driving record. Participants must attend the full session to satisfactorily complete the course. Participants must be age 50 or older. **You must bring your driver's license to class. Please make checks payable to AARP.**

FOR: AGES 50+  
 DATE/DAY: TUESDAY, OCTOBER 22  
 TIME: 9:00 am – 4:00 pm  
 (Please bring a bag lunch for a 1/2 hour lunch break)  
 LOCATION: BEDFORD HILLS COMMUNITY HOUSE  
 FEE: \$20 AARP Member's  
 \$25 Non-Members

**NOTE:** You must pre-register. Call the Recreation Office at 666-7004.

## FLU VACCINE

FOR: TOWN OF BEDFORD SENIORS  
 DATE/DAY: THURSDAY, OCTOBER 17  
 TIME: 9:00 – 11:00 am  
 LOCATION: KATONAH MEMORIAL HOUSE  
**NOTE:** You must call the recreation office for Pre-registration at (914) 666-7203. This flu vaccination program is offered "free of charge" by the Northern Westchester Hospital Outreach Program.



## FIRE SAFETY AWARENESS DAY

Please join us for this important event as members of the Bedford Hills Volunteer Fire Department provide tips and helpful reminders on how to stay safe from fire hazards. In recognition of Fire Prevention Week, our wonderful volunteers will be on hand to share their knowledge and expertise on keeping you and your family safe in your home and elsewhere. Refreshments will be served.

DAY: WEDNESDAY  
 DATES: OCTOBER 16 - Senior Meeting  
 TIME: 10:00 am – 2:00 pm  
 (Presentation 11:00 am)  
 LOCATION: BEDFORD HILLS COMMUNITY HOUSE  
 REGISTRATION: There is no fee for this program, call (914) 666-7203 to reserve your spot and indicate if you need transportation.

## MAH JONGG CLUB

**Coordinator:**

**Caren Wagner-Roth**

Come join us! Our Mah Jongg Club is going strong. This traditional Chinese game of skill & luck is fun, challenging, and a great opportunity for social interaction. Whether you are just starting out or have been playing for years, don't hesitate to join.



DAY: THURSDAYS  
 TIME: 11:00 am – 1:00 pm  
 LOCATION: BEDFORD HILLS COMMUNITY HOUSE

**NOTE:** This is NOT an instructional program. You must have some knowledge of the game to play. and supply your own board & tiles.

## Chair Yoga

Experience the benefits of gentle yoga from the comfort of a chair. This easy, low risk activity is designed to give you energy, flexibility and balance. An instructor from Northern Westchester Hospital provides this popular and effective activity on a weekly basis **FREE OF CHARGE.**



DAY: MONDAYS  
 TIME: 11:00am  
 LOCATION: BEDFORD HILLS  
 COMMUNITY HOUSE



**BEDFORD  
 PLAYHOUSE**  
 HOME OF  
**CLIVE DAVIS  
 ARTS CENTER**

## "Lunch & Movie" for Seniors

Bedford Playhouse, 633 Old Post Rd, Bedford

The newly renovated Bedford Playhouse is offering this program.

Select Tuesday matinees will be offered at a specially discounted price for seniors. Beginning at 12:30 pm with a light lunch followed by the viewing of a classic favorite in a luxurious and comfortable setting of the newly refurbished playhouse.

### ANNUAL TOWN OF BEDFORD

## Senior Adult Holiday Luncheon

**Wednesday, December 4th**

**11:00 am - 2:00 pm**

This annual holiday event is a favorite amongst our senior adults. Good food, good friends and much holiday cheer will prevail as we dine to the accompaniment of great holiday music. Please join us as we usher in the holiday season with this warm and popular get-together.

*There will be a \$5.00 admission fee at the door for this event.*

**YOU MUST CALL IN YOUR RESERVATION TO ATTEND  
 BY NOVEMBER 27<sup>TH</sup>**

**(914) 666-7203**



## SENIOR CHARTER BUS TRIPS

The Town of Bedford is once again pleased to offer a series of Day Trips to all adult residents. **You must submit a registration form to reserve your spot!**

Please feel free to call the recreation office for more details about these great trip offerings.

**Please note a \$2 gratuity for the driver will be collected on the bus for all trips. Make checks payable to the "Town of Bedford"**



### MOHEGAN SUN CASINO

**THURSDAY, SEPTEMBER 26 / 8:00 am**

\$35 / ACTIVITY #: 504000D  
(Includes lunch voucher)



### POLKA, POLKA, POLKA! AT AQUA TURF Plainville, CT

**TUESDAY, OCTOBER 15 / 9:30 am**

\$50 / ACTIVITY #: 504000T  
(Lunch included)



### MAGNANINI WINERY & RESTAURANT Walkkill, NY

**TUESDAY, NOVEMBER 12 / 10:00 am**

\$65 / ACTIVITY #: 504000U  
(Wine tasting and six-course lunch)

### Bus departs from Katonah Memorial House

For additional information or to get a registration form  
**call the Senior Hotline at 666-7203**

In an effort to lower trip fees, a portion of the transportation expenses are being subsidized by the Town of Bedford.



## A Message from BDOG

**What is BDOG? Bedford Dog Owners Group (BDOG) is an all-volunteer non-profit organization up dedicated to enriching the recreational opportunities of dogs and their people.**

We welcome your interest and participation...attend a monthly meeting, come up with a new idea for the dog park, or help us plan a fundraiser to enhance the dog park. Anyone can join BDOG, our yearly membership fee is only \$5, which gives you voting rights at our annual Board of Directors elections. We meet once per month: won't you join us as we work with the Town for a better dog park experience?

Over the years BDOG has worked cooperatively with the Town on projects like: fence repairs, new benches, shade trees, shade structures (a new one is coming this Fall), and more.

**To become a member or to contact us:**

**BedfordDogs@gmail.com • Visit our updated website: [www.bedforddogpark.org](http://www.bedforddogpark.org)**

## A Message from the TOWN CLERK

Canine Commons Dog Park permits MUST be renewed annually after January 1st. Dogs using Canine Commons must have a valid New York State license and a valid dog park permit issued at the Town Clerk's office. Permits are available to Town of Bedford residents for a fee. A limited number of non-resident permits are issued each year. Please call the Town Clerk's office at 914-666-4534 to inquire the status of available non-resident permits.

**PLEASE NOTE: The park is checked on a regular basis by the Bedford Police Department and Dog Control Officer. Fines for non-permit holders may be as high as \$250. Permit holders are reminded to display their valid permit in the designated drivers side, side window.**

The Town Clerk's office is located at the Town House, 321 Bedford Road in Bedford Hills, or call 666-4534. The office hours are Monday through Friday 8:30 am to 4:30 pm (and for residents after hours by appointment).

## ENJOY YOUR PARKS

**HELP KEEP PARKS CLEAN and GREEN!**





## BEAVER DAM PARK HOME OF THE CANINE COMMONS

Beaver Dam Road off of Harris Road Bedford Hills

This park features the Canine Commons Dog Park which officially opened in the Spring of 2008. This 1.5+ acre site features three separate areas that are fully enclosed with fencing. There is a small dog area (under 30 lbs), large dog area (over 30 lbs) and an agility area. Use of the Canine Commons area is open to Town of Bedford residents who are licensed and have a valid dog park permit.

## USE OF THE AGILITY ENCLOSURE

The Agility Training is unlocked and open for individual use except during times when Agility classes are being conducted. The "open" time in the agility area is first come first served with one person/dog permitted at a time. This separated area offers an option for permit holders in addition to the very social small and large dog enclosures. Agility use guidelines will be posted on the bulletin board and at the agility enclosure entrance. Use of the equipment is not permitted.

## DOG AGILITY TRAINING

### BEGINNER, ADVANCED BEGINNER & ADVANCED CLASSES

**Instructor: Kate Connick**

Kate Connick, has been teaching dog obedience and agility since 1991. Kate is certified by the ARC in pet first aid AND has a Masters degree in (Human) psychology! Build confidence and control by teaching your dog to negotiate obstacle courses. This entry-level class aims at teaching dogs to safely, confidently and accurately handle agility equipment including jumps, tunnels and various ramps. The goal is to improve your rapport with your dog and have fun.

**FOR:** TOWN OF BEDFORD RESIDENTS  
(Dogs **MUST** have a valid New York State license issued through the Town Clerk's Office located at 321 Bedford Road)

**DAY:** SATURDAYS

**DATES:** SEPTEMBER 14, 21, OCTOBER 5, 12, 19, 26

**LOCATION:** CANINE COMMONS AGILITY AREA

**FEE:** \$75 – Resident (owner and dog)

**ATTENTION Non-Residents: If space is available one week prior to the start of the program**

*Non-Residents can enroll in the course for a fee of \$94.00.*

**TIMES/ACTIVITY #:**

**ACT. #323001A BEGINNER CLASS**

3:45 – 4:45 pm

Prerequisite: Basic obedience & control around other dogs

**ACT. #323001B ADVANCED BEGINNER CLASS**

2:30 – 3:30 pm

Prerequisite:  
Instructor Approval required

**ACT. #323001C ADVANCED CLASS**

5:00 – 6:00 pm

Prerequisite:  
Instructor Approval required



**Register Online Today!**

**NOTE:** ENROLL ONLINE! ONLINE TRANSACTIONS WILL NOT INCUR A TRANSACTION FEE. TRANSACTIONS PROCESSED AT THE REC OFFICE WILL INCUR A 2.5% TRANSACTION FEE





# THANK YOU! THANK YOU! THANK YOU!

The Bedford Recreation & Parks Department would like to thank the following businesses/organizations/individuals for contributing to our programs and events!

**BEDFORD VILLAGE LIBRARY** - for providing "Lunch Bunch" STORYTIME at the Bedford Village wading pool and providing a library cart of "good read" books for our patrons to borrow throughout the summer!

**TOWN OF BEDFORD PBA** - for sponsoring the annual DAY CAMP BAR-B-QUE at the annual camp carnival!

**KATONAH VILLAGE LIBRARY** - for bringing STORYTIME to the Katonah wading pool again this summer!

**BEDFORD HILLS LIBRARY** - for hosting Dive into Reading at the wading pool and a library cart of books at the pool. For hosting a movie night showcasing "Muppets in Space" this summer.

**BEDFORD HILLS NEIGHBORHOOD ASSOCIATION** - for their gracious donation to our annual Fishing Derby and Co-sponsorship of Salazar magic!

**SINAPI'S of BEDFORD HILLS** - for helping out in various program events & camps!

**KATONAH MEMORIAL PARK ASSOCIATION** - for hosting the summer concert, "The Mulligans" Band this past summer at Katonah Memorial Park.

**MEALS ON WHEELS DRIVERS** - for donating their time, vehicle & gas to deliver meals to our homebound seniors!

**THE BEDFORD HILLS, BEDFORD VILLAGE AND KATONAH SWIM & DIVE TEAM PARENT COMMITTEES** - for their hard work, dedication, and commitment to their hamlet team working endlessly to enhance the experience of over 200 children in the program!

**BEDFORD VILLAGE CHOWDER & MARCHING CLUB** - who will host our annual Movie in the Park "Ralph Breaks the Internet" on Friday, September 6.

**THE BEDFORD HILLS WOMAN'S CLUB** - for their annual monetary donation to continued facility improvements to the Bedford Hills Community House.

# THANK YOU! THANK YOU! THANK YOU!

The Town of Bedford **SWIM AND DIVE TEAMS** would like to thank the following local businesses and organizations for their support and sponsorship in 2019!

## BEDFORD VILLAGE

AKINLA FAMILY  
BEDFORD CHOWDER AND MARCHING  
BEDFORD FIRE DEPARTMENT  
EILEEN MC GRATH - DOUGLAS ELLIMAN  
KIRSHENBAUM FAMILY  
PETERS FAMILY  
SALT OF THE EARTH  
SARAH RYAN - DOUGLAS ELLIMAN  
SIEMERS W & S  
SINGER FAMILY  
SWEENEY FAMILY  
WEE CARE NANNY AGENCY

## KATONAH

A GOOD NEIGHBOR  
ADVENTURES IN ADVERTISING  
BEDFORD PBA  
BEDFORD SUPERVISOR CHRIS BURDICK  
PATTI BEHEN - RE-MAX CLASSIC REALTY  
BLUE DOLPHIN RESTAURANT  
CHARLES DEPARTMENT STORE  
EUPHORIA KITCHEN & BATH  
FINE ORTHODONTICS  
FORBES INSURANCE AGENCY  
FRED'S HAIR SALON  
FUTURE STARS CAMP  
G. WILKERS KATONAH  
GOLDBERG'S FAMOUS BAGELS  
INDIAN AUTO COLLISION  
KATONAH CLEANERS  
KATONAH FIRE DEPARTMENT  
KELLOGGS AND LAWRENCE  
DR. LAURIE KELLEHER, D.C.  
KSDT FAMILIES AND FANS  
DR. STEVE KONIS  
LA FAMILIA RESTAURANT  
MARLINS COACH DENNIS MUNSON  
TRACEY PAGAN, CERTIFIED YOGA THERAPIST  
SAW MILL CLUB STORM AQUATICS  
SOLAR ELECTRIC COMPANY  
DRS. PAUL AND NANCY SUTERA, DDS  
TRAUB, LIEBERMAN, STRAUS & SHREWSBERRY, LLP

## BEDFORD HILLS

BEDFORD HILLS  
NEIGHBORHOOD ASSOCIATION



# Plant a Tree



## **Finally, some hopeful news about reversing climate change, and how you can be part of that solution!**

The Yale School of Forestry and Studies this year published an article that states:

*“There is enough room in the world’s existing parks, forests, and abandoned land to plant 1.2 trillion additional trees, which would have the CO2 storage capacity to cancel out a decade of carbon dioxide emissions, according to a new analysis by ecologist Thomas Crowther and colleagues at ETH Zurich, a Swiss university.*

*The research, presented at this year’s American Association for the Advancement of Science conference in Washington, D.C., argues that planting additional trees is one of the most effective ways to reduce greenhouse gases.”*

Here are some of the benefits that trees provide us beyond absorbing CO2: they clean the air of pollutants, provide oxygen for us to breathe, cool our streams and homes with their shade, conserve energy by reducing our air conditioning needs, save water by reducing evaporation, prevent water pollution by slowing or stopping run-off which carries fertilizers and pesticides into our waterways, prevent soil erosion, provide food to both us and pollinators, and, when grown sustainably, provide us with wood for almost infinite uses.

**So besides reducing your carbon footprint, plant a tree on your property (or a number of trees). For a list of native trees appropriate to Bedford contact [conservation@bedfordny.gov](mailto:conservation@bedfordny.gov).**

Presented by the Bedford Conservation Board

# HELP PROTECT OUR CREEKS, LAKES AND RIVERS

## What is Stormwater?

Stormwater is rainfall or snowmelt that runs off surfaces such as roads, compacted ground surfaces and rooftops. As the stormwater runoff moves, it can pick up and carry away natural and man-made pollutants such as fertilizer and animal waste. Eventually, the runoff deposits the pollutants into lakes, rivers, wetlands, coastal waters and even our underground sources of drinking water. This is called nonpoint source pollution.

## COMMON STORMWATER POLLUTANTS

There are a variety of contaminants that can easily pollute our stormwater. Rain picks up oil and grit left on the roads; sprinklers wash pesticides, fertilizers and weed killers from our gardens and lawns; washing the car carries detergents, oils and grease from the driveway and into our waterways.

**MOTOR OIL:** Four quarts of motor oil can create an 8-acre oil slick and contaminate a million gallons of drinking water.

**ANTIFREEZE:** Antifreeze is a toxic pollutant that can kill not only aquatic life but also pets when they drink from contaminated puddles.

**PESTICIDES:** The use of harmful chemicals on your lawn can be reduced with proper mowing, fertilizing and watering. Apply pesticides only in areas where needed and only in directed amounts.

**ANIMAL WASTE:** Pet and other animal waste is raw sewage that releases bacteria and oxygen-consuming materials into our waterways. Pet owners should always “scoop the poop”!

**SOAPS AND DETERGENTS:** Detergents are pollutants that contain phosphorus which contributes to algae blooms. Algae blooms deplete waterways of oxygen and cause fish kills.

**YARD DEBRIS:** Yard waste (grass clippings and leaves) is a pollutant that releases bacteria, oxygen-consuming materials, phosphorus and nitrogen into our waterways. It also clogs storm drains, which contributes to flooding. If necessary, bag yard waste in clear plastic bags and place curbside on your regular garbage collection day.

## Preventing Stormwater Pollution

Pollution is a problem but YOU can be the solution! There are many ways you can help prevent stormwater pollution.

- Don't dump waste, including organic material such as leaves and grass clippings, in storm drains.
- Inspect and maintain your car to prevent oil and antifreeze leaks.
- Use kitty litter to clean up leaks and spills. Never hose spills into the gutter.
- Buy household and garden products that are environmentally safe.
- Do not apply lawn or garden products when rain is forecast.
- Avoid over-fertilizing your lawn by testing your soil first to find out how much of which nutrient it needs.
- “Scoop the poop” by discarding pet waste in the garbage or flushing down the toilet.
- Dispose of household chemicals properly. Take motor oil, antifreeze, oil-based paint, paint thinner, varnishes and solvents to a recycling station. See [bedford2020.org/recyclopedia](http://bedford2020.org/recyclopedia) for more details.

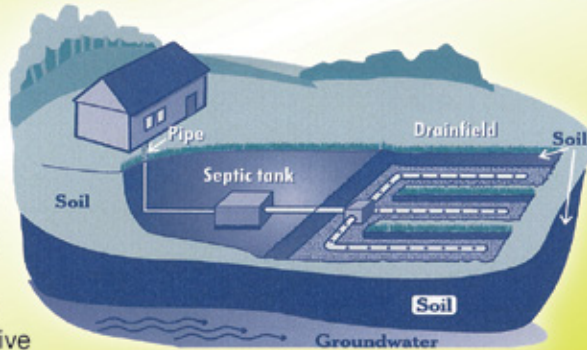
**REMEMBER** only rain down the storm drain.

## NEW SEPTIC INSPECTION LAW & NEW REIMBURSEMENT PROGRAM

To protect the quality of the drinking water for Bedford and New York City, the NYS Department of Environmental Conservation and Westchester County have developed a new Septic Inspection Ordinance.

This law requires that you have a Westchester County licensed service provider pump your tank and inspect your system at least once every five years. The contractor is required to file a "Septic System Data Form" with the County and should give you a copy. The Town will review the County's information and determine compliance with the new law.

If the County Department of Health has issued you a Notice of Non-Compliance that your system is failing, you should also go to the Town's website or call 666-4434 to find out about Bedford's septic system repair or replacement reimbursement program. You may be eligible for reimbursement up to 50% of the cost of your system's repair or replacement provided you meet certain conditions, including Department of Health approval for the work performed.



**TOWN OF BEDFORD PLANNING DEPARTMENT: P: 666-4434 • E-MAIL: [PLANNING@BEDFORDNY.GOV](mailto:PLANNING@BEDFORDNY.GOV)  
 ONLINE RESOURCES: [WWW.EPA.GOV/OWM/SEPTIC](http://WWW.EPA.GOV/OWM/SEPTIC) • [WWW.NESC.WVU.EDU](http://WWW.NESC.WVU.EDU) • [WWW.RCAP.ORG](http://WWW.RCAP.ORG) • [WWW.NOWRA.ORG](http://WWW.NOWRA.ORG)**



**14 Main Street  
 Bedford Hills, NY 10507  
 914-666-2256**

**MONDAY: 8am - 5:30pm  
 TUESDAY: 8am - 5:30pm  
 THURSDAY: 8am - 5:30pm  
 FRIDAY: 8am - 5:30pm  
 SATURDAY: 7am - 4:30pm**

**CLOSED  
 Wednesday & Sunday**

### TUPPERWARE



vera v thompson  
 consultant  
 spectacular party sales

914 841 4914  
 vtthomps@att.net  
[my.tupperware.com/verathompson](http://my.tupperware.com/verathompson)



*please*  
**support  
 your local  
 community!**

# BEDFORD HILLS COMMUNITY HOUSE.....

## RENTAL SPACE INFORMATION

### 74 Main Street Bedford Hills

Opened and dedicated on July 4, 1920, this charming building was gifted to the Town of Bedford in 2001 by the Bedford Hills Community House Association. Presently, the building is maintained by the Building Department maintenance staff with scheduling of the building performed by the Recreation and Parks Department. Schedule permitting, there are a variety of rooms available for use/rent. You must be a Town of Bedford resident to reserve/rent space in the building. For additional information, insurance requirements, alcohol permit requirements, please contact the Recreation Office at 666-7004. Facility use rental forms may be found online at Bedfordny.gov on the Forms & Applications page in the Recreation Section.

**The following rooms are available to rent -**

### MAIN ROOM

**100 -125 PEOPLE**

The Main Auditorium is air conditioned and provides a very comfortable setting in the hot months. Tables and chairs are available for use. Use of the Lounge Room and Kitchen is included in the rental fee.

**\*Rental Fee: \$450 for a 6 hour block of time. (1 hour set up; 4 hour event; 1 hour clean up). Includes an on-site building supervisor. A \$250 refundable security deposit is required. Note: During May through September the rental rate is \$480**

### LOWER LEVEL LEGION ROOM

**50 PEOPLE/MEETING OR 40-45/PARTY**

Tables, chairs and use of the kitchen is included in the rental fee.

**\*Rental Fee: \$60 per hour (1/2 hour or 1 hour blocks of time). A building supervisor is not provided. \$100 refundable security deposit is required.**

### LOUNGE MEETING ROOM

**UP TO 16 PEOPLE**

Located on the main floor, the Lounge Meeting Room is air conditioned and features a 35" TV, DVD player.

**\*Rental Fee: \$40 per hour**

### BOARD MEETING ROOM

**UP TO 16 PEOPLE**

Located on the main floor, the Board Meeting Room is air conditioned and features a wall mounted 52" flat screen TV with DVD player. This room connects to sun room for dual room use if desired.

**\*Rental Fee: \$40 per hour**

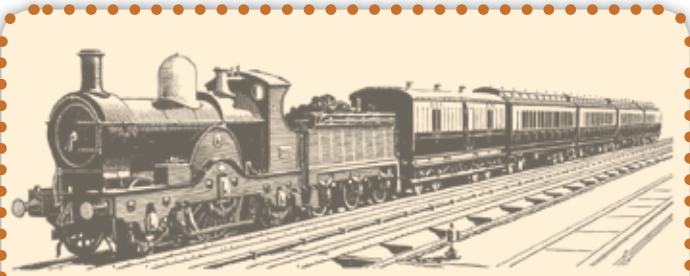


### SUN MEETING ROOM

**UP TO 14 PEOPLE**

Located on the main floor, the Sun Meeting Room is accessible through exterior side doors or through the Board Room and is air conditioned.

**\*Rental Fee: \$40 per hour**



## BEDFORD HILLS TRAIN STATION

**ACCOMMODATES UP TO 75 PEOPLE - LESS, IF USING TABLES AND CHAIRS**

The interior space of the train station is able to host meetings, a variety of programs and special events. The main room may be rented on a space - available basis for Town of Bedford community groups, residents and local businesses. For additional information please contact the Recreation office at 666-7004. Facility use rental forms may be found online at Bedfordny.gov on the Forms & Applications page in the Recreation Section.

## BEDFORD VILLAGE MEMORIAL PARK

**65 Greenwich Road (off Rt. 22/172), Bedford Village**  
Tennis & Platform Tennis Courts, Baseball/Softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Shelter and Soccer Fields.

## KATONAH MEMORIAL PARK

**North Street (off Bedford Rd./Park Pl.), Katonah**  
Tennis & Platform Tennis Courts, Baseball/Softball Field, Basketball Court, Swimming Pool, Playground, Picnicking, Walking Trails, Picnic Shelter with Fireplace.

## BEDFORD HILLS MEMORIAL PARK

**60 Haines Road (off Rt. 117), Bedford Hills**  
Lighted Tennis Courts, Baseball/Softball/Little League Field, Basketball Courts, Swimming Pool, Playground, Picnicking, Picnic Shelter, Soccer Field, Ice Skating and Fishing, Baseball/ Softball Fields.  
We need your help in keeping Bedford Hills Memorial Park clean and safe for everyone who utilizes the park. **PLEASE DO NOT FEED** the geese at the park.

## PARK USE REGARDING DOGS

Please be reminded while dogs are permitted in Town parks they must be leashed at ALL times and owners are responsible for cleaning up after their dog. **OFF LEASH DOGS ARE NOT PERMITTED** in any of the parks except the designated areas at Beaver Dam Park. Dogs are **NOT** permitted in any of the playground areas, tennis courts, platform tennis courts, basketball courts or the pool facilities at any time. For safety and for sanitary reasons it is requested that dogs not be walked on any of the athletic fields located in the parks. Town of Bedford residents are encouraged to utilize the designated off leash areas at the Canine Commons Dog Area located at Beaver Dam Park.

## RECYCLING IN THE PARKS

The Park recyclable items collected include **cans, plastic & glass bottles** as well as **news and clean paper**. The recycling containers compliment the green trash containers which are conveniently placed throughout our parks. Recycled items will be collected on a regular basis by the Parks staff and disposed of in separate recycling dumpsters located at each park. Park patrons are encouraged to utilize the trash and recycling containers provided in an effort to keep our parks clean and green.

## LIBRARIES

Each of Bedford's hamlet communities, Bedford Hills, Katonah and Bedford Village, have a public library offering a variety of interesting programs for both children and adults. For information call:

### BEDFORD HILLS LIBRARY

**666-6472 • [www.bedfordhillsfreelibrary.org](http://www.bedfordhillsfreelibrary.org)**

### KATONAH VILLAGE LIBRARY

**232-3508 • [www.katonahlibrary.org](http://www.katonahlibrary.org)**

### BEDFORD VILLAGE LIBRARY

**234-3570 • [www.bedfordfreelibrary.org](http://www.bedfordfreelibrary.org)**



## BEDFORD HILLS BASKETBALL LIGHTS

The basketball courts located at Bedford Hills Memorial Park are open for free play by Town of Bedford residents and their guests. The two full size courts feature glass backboards and sports lighting for evening use **thru September 22nd**. The light poles will be energized daily from dusk and turn off automatically at 10:00 pm.

### SEPTEMBER 23<sup>RD</sup> THRU NOVEMBER 17<sup>TH</sup>

The lights poles will be energized at dusk and turn off automatically at 9:00 pm Sunday-Wednesday and at 10:00 pm on Thursday, Friday & Saturday. Instructions for use of the lights are posted at the front light pole under the push button activation box.

**PLEASE!** Riding tricycles, bicycles, skateboards or roller blading on the courts is **NOT permitted**.

**PLEASE NOTE!** *The basketball courts are reserved for pickleball play on Thursdays 7:00 pm-10:00 pm and Saturdays 9:30 am-12:30 pm starting September 5th through November 9th - **Basketball is not permitted during pickleball play.***



## ON-LINE REGISTRATION INFORMATION

- If you have been enrolled in any Recreation & Parks programs, you are in the Recreation database and you may use your household ID # to sign in and register for an activity online.
- If you need your household ID # or if you are new, call the Recreation Office at 666.7004 and someone will help you get started!
- Register online at Bedfordny.gov go to Eservices/Register Online Registration.

**NOTE:**  
**ENROLL ONLINE!**  
**ONLINE TRANSACTIONS WILL NOT**  
**INCUR A TRANSACTION FEE.**  
**TRANSACTIONS PROCESSED AT THE**  
**RECREATION OFFICE WILL INCUR A 2.5%**  
**TRANSACTION FEE**

### PROGRAM REGISTRATION

Registration, both on-line registration and in person, will begin on the same date, at the same time and will occur simultaneously (unless noted otherwise in an activity description). Registrations by mail will be processed upon receipt but not before the first date of registration. Please note we do not confirm program registration nor can we be responsible for lost or misdirected mail. Mail location is: Bedford Recreation, 425 Cherry St., Bedford Hills, NY 10507.

### NON-RESIDENT REGISTRATION

Most activities are offered to non-residents. Please refer to the activity information for eligibility and appropriate fee.

### PAYMENT OPTIONS / CREDIT CARD TRANSACTIONS

Payment may be made by cash, money order, check (payable to Town of Bedford) or credit card. Please be advised all credit card or affiliated debit card charges will incur an additional 2.5% fee that is passed onto the user/ card holder. This includes ALL ON-LINE & IN PERSON credit/debit card transactions. This fee is not on your Town of Bedford receipt but will appear on your credit card or bank statement.

### REFUNDS

The Town of Bedford refunds under the following conditions:

- Any program cancelled by the Recreation & Parks Department will be given a full refund.
- If the program participant moves from the Town or becomes ill or injured, a full or pro-rated refund will be made based on the number of sessions attended. Proof of relocation/doctor's note must accompany the request.

There is a \$10 processing fee (\$50 for camps) for all refunds approved except for programs that are cancelled by the Recreation Department. All refund requests must be made directly to the Superintendent of Recreation and Parks. Activity/Trip Refund Request form can be found on the Forms and Applications page under Recreation & Parks on the Town's website at BedfordNY.gov. NOTE: Specific activities may have their own refund policy which will be noted in the activity description

### RETURNED CHECKS

There is a \$35 fee for any returned checks.

### SENIOR CITIZEN DISCOUNTS

The minimum age for a senior citizen for program enrollment discounts\* is age 65. This is for all Recreation and Parks Department sponsored programs and does not apply to joining the Bedford Seniors Club; Town of Bedford Refuse Program or Westchester County Park Passes where the age remains at 60.

\*Not all programs offer senior discounts and are for Bedford resident seniors only

### INSURANCE

The Town of Bedford carries standard liability coverage. This coverage does not include medical costs for anyone injured in the normal course of participation in any Town program. All individuals enrolled in Town of Bedford Recreation & Parks programs do so at their own risk.

### SCHOLARSHIPS

No Town of Bedford resident will be denied participation in any recreation program solely because of an inability to pay the prescribed fee. The Town of Bedford & Town Board is committed to providing recreation opportunities to residents of all ages without regard to economic circumstances. For scholarship consideration, please contact the Superintendent of Recreation and Parks at 666-7004.



## **E-ZPass** New York Service Center

Get your E-ZPass kit at the Town Clerk's office -- it's as easy as 1-2-3! The busy traveler can get an E-ZPass tag without waiting on a line or for it to come in the mail. Pay \$25 for the pass, follow the activation instructions (the \$25 pass fee will be applied to your account) and your E-ZPass will be ready for use 24 hours after activation.

**Stop by the Town Clerk's office  
Monday - Friday, 8:30 to 4:30 or  
call 666-4534 for more information.**

### **PROGRAM CANCELLATIONS**

Notification of program cancellations are made via email alerts. If you haven't provided us with an email address please do so upon registering or call us at 666-7004 to make sure we have it on file. Notification will also be made on our hotline number 864-3777. Generally, programs are not held when school is not in session. Postponed classes are made up at the end of the program session if time allows.

### **HOW TO WATCH A GOOD PROGRAM DIE**

Please register early! Nothing kills a recreation program faster than waiting until the last minute to register. All programs require a high level of coordination including facility scheduling, staffing and volunteer recruitment and purchasing of supplies. There is a point when a program must be cancelled or modified if there is insufficient registration.

### **FIELD AND FACILITY PERMITS**

Permits are required for group use of our fields/facilities. You must be a Town of Bedford resident to reserve a field/facility. Applications must be submitted at least two weeks prior to the scheduled activity. Facility Use Application and fee schedule is available on the website at <http://www.bedfordny.gov/resources/forms-applications/>

### **COMMUNITY SERVICE OPPORTUNITIES**

Looking to get involved or need required community service hours? Contact Jim Whiting at 666-7004 to see what opportunities await you.

### **NORTH EAST WESTCHESTER SPECIAL RECREATION**

Executive Director: Ellie Arnemann

North East Westchester Special Recreation, an agency supported and sponsored by the Town of Bedford, is available to children and adults with developmental disabilities from our community. The North East program offers a variety

of year round recreational activities including a six week Summer Day Camp for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, staffed and closely supervised. Program goals may focus on teaching skills, fostering fun and friendships or teaching and correcting social or behavioral deficiencies. For more information call 347-4409. Employment opportunities, community service credit, educational internships and a variety of volunteer experiences are also available.

### **MEALS ON WHEELS VOLUNTEERS NEEDED**

The Town of Bedford depends on volunteers to deliver prepared meals for our Meals on Wheels program. If you are interested in volunteering for this very important program please call Jim Whiting at 666-7004 for more information.

## **TOWN WIDE ALERT SYSTEM**

**Want to know what's happening in your community? Sign up for news alerts and public safety alerts at**

**<http://www.bedfordny.gov/alert-signup/>**

You can unsubscribe at any time by following the same procedure for enrollment.

**Get Connected  
with your  
Community**



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Sign up now  
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Like Us on Facebook  
[www.facebook.com/bedfordny.police](https://www.facebook.com/bedfordny.police)



Submit an anonymous tip to the Bedford Police Department by texting **BPDTIP** and your tip to **847411**

# IN-PERSON OR MAIL-IN REGISTRATION

- 1** Completely fill out the form below. Make sure to print clearly and sign.
- 2** Bring or mail the form with payment to:  
Bedford Recreation Office, 425 Cherry Street, Bedford Hills, NY 10507
- 3** Payment may be made by cash, credit card, money order or check (payable to Town of Bedford). In house credit/debit card will be assessed a 2.5% fee that goes directly to the credit card company, this fee is not reflected on your Town of Bedford receipt but will appear on your credit card/bank statement. (Note: online credit/debit card transactions will not be assessed a fee.)

For On-line registration please refer to the directions in the call out box on page 56.

## TOWN OF BEDFORD RECREATION AND PARKS DEPARTMENT RECREATION PROGRAM AND SENIOR TRIP REGISTRATION FORM

FAMILY LAST NAME \_\_\_\_\_ Date \_\_\_\_\_

Email \_\_\_\_\_ Best Contact Phone # \_\_\_\_\_

Street Address \_\_\_\_\_ Town \_\_\_\_\_

Emergency Name \_\_\_\_\_ Phone# \_\_\_\_\_

Medical Condition(s): \_\_\_\_\_  
(Knowledge of medical condition(s) may be vital in the event of a medical emergency)

Participant Name (Last, First)	Sex	Grade	DOB	Day of Program	Activity / Trip #	Activity / Trip Name	Fee

Payment:  Cash  Credit Card  Check - Make payable to: Town of Bedford **Total Fee \$** \_\_\_\_\_

**General Release** The undersigned hereby releases the Town of Bedford, its Town Board, Recreation and Parks Department, employees and volunteers thereof, of any responsibilities should an accident or injury occur to the above named participant(s) as a result of participation in the aforementioned program sponsored by the Bedford Recreation and Parks Department. I understand the department may use photos taken during the events unless I notify them in writing.

PARTICIPANT'S SIGNATURE: \_\_\_\_\_  
(Parent/Guardian, if under age 18)

Mail/bring form and payment to: 425 Cherry St., Bedford Hills, NY 10507 (914.666.7004)

# HAPPY RETIREMENT



At the end of May, we said good-bye and happy retirement to Superintendent of Recreation & Parks, Bill Heidepriem. Bill began his 40 year career at the Village of Pleasantville, first as a part-time employee, then full-time. It didn't take long for Bill to become the Superintendent in Pleasantville. After Pleasantville, Bill went on to become the Superintendent for the Town of Lewisboro; where he spent 11 years of his career before coming to Bedford in March of 2001.

Bill made his presence in Bedford quickly known as he systematically made improvements to every hamlet park facility and then some. Bill was instrumental in completing renovation projects for all 3 pool bathhouse facilities, Bedford Village, Bedford Hills and Katonah. Katonah's bathhouse became quite the project as it neared completion it had to be taken down and re-done as it was discovered to be falling off the foundation. Unfortunately, this was not the end to Katonah's misfortune when the new bathhouse burned down in April of 2007. Both times, Bill worked tirelessly with his staff to bring in temporary facilities so that the pool would open on time, which it did! A year later a beautiful new Katonah Pool bathhouse was constructed.

Bill was also instrumental in working with BDOG (Bedford Dog Owners Group) in creating and opening the Canine Commons Dog Park in spring of 2008. Bill has worked closely with many organizations to help improve our hamlet parks including the Katonah Memorial Park Association (renovation of the shelter/fireplace) and Bedford Village Chowder and Marching Club (most recently new basketball courts, playground).

Other notable park improvements include the re-surfacing of all 3 hamlet park tennis courts, the renovation of the Bedford Hills Basketball Courts, the new picnic pavilion at Bedford Hills Park, pond beautification at Bedford Hills Park, and renovation of the paddle courts at Bedford Village and Katonah.

In addition, the Bedford Hills Train Station got a major face lift in April of 2017 – Bill was the “conductor” behind that project and we now have a beautiful multi-purpose meeting room to enjoy. Bill also initiated the process of creating Master Plans for our 3 hamlet parks which are a guide for future projects in our parks. Currently being completed is Phase 1 of the pedestrian path way at Bedford Hills Park.

Bill has always had great vision for the department and the Recreation & Parks profession. His forward thinking was instrumental in creating events such as the Family Campout and Bedford Tri-Festa, and he has also worked tirelessly to add a new part-time senior outreach worker to the department who just started this spring. Bill was also very involved with our professional society, WRAPS (Westchester Recreation and Parks Society). For many years Bill served on the Awards & Scholarship committee. Most recently Bill was co-chair of the Parks section, offering workshops for parks and recreation personnel on topics such as the Virginia Graeme Baker Act; CPO courses (Certified Pool Operator) and a Dog Park seminar.

Bill's professionalism, dedication, commitment, work ethic, and sense of humor will be greatly missed. His will definitely be hard shoes to fill but he has certainly left the department and facilities in good shape. The old saying, “Leave things better than how you found them” can surely be applied ten-fold. It is with much gratitude, appreciation and heartfelt thanks to Bill for all he has done for the Town of Bedford Recreation & Parks Department and its residents.

*May you have a long, happy, healthy, stress-free and well deserved retirement! You deserve all that and so much more!*

*Enjoy!*

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