

# RELATIONSHIP BUILDING HANDBOOK



MTSS  
FUSD 2021-2022

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## MTSS: Building Relationships



Name: Social Emotional Questions for Community Building



**Time:** 10 Minutes



**Overview:** This is list of questions that can be presented to your class. Each question can be used with your class or a group of students. Have each student respond to the question verbally or in writing and then share out with the group.



**When and Why:** These questions can be used at any time throughout the day or period. Hearing responses to these questions helps to build community, because we make connections when identifying similarities and differences and build understanding and empathy through hearing other people's stories.



**Focus:** Community Building and Learning About Others



### Steps:

1. Create a safe space for people to share. Create "agreements" within the class or group. Some agreements that can be used are:
  - Respect the "talking piece" or the speaker
  - Speak with respect
  - Listen with respect
  - Speak from the heart
  - Listen with the heart
  - Say just enough
  - Honor privacy
  - Bring your best self
2. Present the question.
3. Allow processing time.
4. Allow participants to share.



**Debrief:** After hearing responses to the questions, help make connections with the students or tie it to curriculum.

## SEL Questions for Teachers

These questions are meant to build relationships and connectedness with your students; they are designed to create a classroom culture of care, connectedness, and community. As you build those relationships, you can build students' social skills and emotional learning; therefore, making it easier to address their needs and make more appropriate referrals. Please make sure to include circle norms or sharing expectations to create a safe space for students.

1. What three words best describe you?
2. What things would a good friend tell us about you?
3. Where did you grow up? Tell me about it.
4. What is your family like?
5. What is a special memory you have with your family?
6. What are five compliments you would give yourself?
7. What makes you unique?
8. What is something interesting about you that most people don't know?
9. What talents or special abilities do you have? Tell me about them.
10. If you were a color, what color would you be and why?
11. If you were a Superhero, what would your name and special powers be?
12. What is something that people sometimes misunderstand about you?
13. What is your favorite animal? Why?
14. If you were an animal, what animal would you be and why?
15. If you could change one thing about yourself what would it be and why?
16. Who is someone important in your life? Tell me about them.
17. If you could eat lunch with anyone, living or deceased, who would it be and why?
18. Who is someone important in your life?

19. What is your favorite sport to play?
20. What is your favorite sport to watch?
21. If you could add an extra class, what would it be and why?
22. What job do you want to have when you are older?
23. Do you prefer to watch sports or play them? Why?
24. What is something that always makes you laugh?
25. Describe where you see yourself in 10 years.
26. What do you think your best quality is?
27. Who is someone that can always cheer you up? Why or how?
28. If you could have any animal, what would it be and why?
29. Do you have an animal? Tell me about him/her.
30. When was a time you were really proud of yourself?
31. What is something that is really difficult for you?
32. If you have a magic wand, what would you make happen?
33. If you have only 3 wishes, what would you wish for?
34. What is something that you would love to learn more about?
35. Who is your best friend? Tell me about them?
36. What is a fun memory you have with your best friend?
37. Name a family member that you love. Tell me about them.
38. What is something most people love, but you hate?
39. What is your biggest pet peeve? Why?
40. If you were ruler for a day, what would you do?
41. What was your most embarrassing memory?
42. What is your earliest memory?

43. Who do you look up to? Why?
44. Who is your mentor? What have you learned from them?
45. If you could eat one thing for the rest of your life, what would it be and why?
46. What is your absolute favorite food?
47. If you were a sandwich, what kind would you be and why?
48. What is your favorite hobby? Why?
49. What is your favorite part of school?
50. What 3 places would you love to travel to?
51. If you could get on a plane and go anywhere right now, where would you go and why?
52. If you could be anywhere in the world right now, where would you be and why?
53. If you could choose any time period to live in, what would you choose and why?
54. Who is your favorite actor? Why?
55. What is your funniest memory and why?
56. When was the last time you laughed super hard? What caused you to laugh like that?
57. What was your favorite TV show when you were little? Why?
58. What is your favorite cartoon character?
59. If a movie was made about your life, who would play you in the movie? Why?
60. What is your favorite pizza topping?
61. What is your favorite ice cream flavor?
62. What is the first thing you do when you get up in the morning?

63. What was your favorite toy when you were little?
64. What was your favorite game to play when you were younger?
65. What is something that scares you?
66. What is one of your favorite traditions?
67. What is your favorite time of the day? Why?
68. What do you like to do on the weekends?
69. What is your favorite sound? Why?
70. What is your favorite smell? Why?
71. What is your favorite vegetable or fruit? Why?
72. What is your favorite clothing to wear? Describe it.
73. What mistake have you made that you learned from? What did you learn?
74. What is one thing that has been a challenge for you? How did you overcome it?
75. What are your goal(s) for this today/week/month?
76. What is one thing that you would like to celebrate today?
77. Who is someone that you would like to meet?
78. What is your favorite movie? Why?
79. What is a dream that you have that seems impossible?
80. What is a big change that you would like to make?
81. What is a silly thing that you really like?
82. What is one thing that you own that represents who you are? How?
83. What is a small change you would like to make?
84. If you were stranded on an island, and only had 3 things, what 3 things would they be?

85. If you were going on a trip to the moon, and could only pack 3 items, what would you pack?
86. What is one thing that you cannot stop talking about?
87. How do you spend rainy days?
88. What is your favorite dessert to eat? Why?
89. What do you love about yourself?
90. What is your favorite book or story?
91. What is one thing that you are thankful for?
92. What is one thing that you would really like to do?
93. What is a favorite video game or online game to play? Why?
94. What is your least favorite part of school?
95. What is one thing that you worry about?
96. How is your relationship with our parents/guardians, good, bad, descent?
97. Describe a lesson you learned when you faced something difficult.
98. What is something kind that you or someone else has done that made you smile? Explain.
99. Who was your favorite teacher? Why?
100. Describe the best surprise you ever received.
101. What moment in your life would you like to replay?
102. What is your favorite restaurant and why?
103. Describe the best hiding place you had as a kid.
104. Describe a time when you felt really loved.
105. Describe a time you got into trouble.
106. How are you feeling today?
107. What emotion are you feeling the most today?



## Welcome-back-to-school get-to-know questions!

1. What is your full name?
2. What is the story of your first and/or last name?
3. How old are you?
4. When is your birthday?
5. How many siblings do you have?
  - a. Sisters \_\_\_\_\_
  - b. Brothers \_\_\_\_\_
6. Who do you live with?
7. What is your first impression of this class?
8. What is one thing you wish I knew about you?
9. What is one thing you struggle with in school?
  - a. If so, how can I support you?
10. Do you speak another language?
  - a. If so, what language?

### Resources:

[Well-Being Check-in form](#)

[Classroom Check-out Questions](#)

The free or late homework pass can be used if you notice a student is having a difficult day. Remember, everyone has difficult days and deserves an occasional break.

### Free pdf templates:

[Happy Birthday No Homework pass](#)

[No Homework or Late Homework Pass](#)

[No Excuses Required Class and Homework Pass](#)



<https://www.hooverwebdesign.com/free-printables/printable-certificates/certificates-for-school.html>

The free or late homework pass can be used if you notice a student is having a difficult day. Remember, everyone has difficult days and deserves an occasional break. Understanding that students have difficult days can build a supportive environment.



## MTSS: Building Relationships



### Name: Greetings at the Door



**Time:** 1-3 Minutes



**Overview:** Provide opportunity for greeting all students at the classroom door when entering.



**When and Why:** Daily at the beginning of class to welcome all students while setting tone, establishing routines, and building positive relationships through building community.



**Focus:** Greeting students at the door to build positive relationships and community within the classroom.



#### Steps:

1. Provide options for types of greetings for the day.
2. Allow students to select their greeting for the day.
3. Greet every student at the door as they enter the classroom.
4. Gage student's emotional well-being for any additional supports that may be needed.



**Debrief:** Daily student greetings allow for building relationships and community within the classroom. Also, allows teachers to gage student's emotional well-being and if students may need additional supports.

Link: <http://bit.ly/greetingsatthedoor>

# Greetings at the Door



**Fontana Unified School District  
MTSS Department**



## Benefits to Greeting Students at the Door

- Students feel welcomed and establishes routine
- Sets the tone for the day/class period
- Builds relationships and makes students feel acknowledged
- Builds Community and increases sense of belonging and value
- Gage student's emotional well-being and alerts teachers to identify needed student social-emotional supports



## Tips for Selecting Greetings

- Choose greetings you are personally comfortable with
- Allow for student choice or class selection
- Select grade level/age-appropriate greetings
- Make sure greetings meet safety protocols
  - Non-Socially Distanced vs. Socially Distanced



## Examples

- The following slides are possible classroom greetings









## SUPER HEROES USE SAFE GREETINGS



THUMBS UP



DANCE IT OUT



WAVE



AIR HUG



HEAD NOD



AIR FIVE



## MTSS: Building Relationships



Name: Community Building Calendar



**Time:** 1-5 Minutes



**Overview:** Teachers will use the calendar to follow a progression of community building questions. The questions will allow teachers and students to get to know one another and begin to feel a sense of belonging or connection to their classroom. Questions will progress to higher tiered questions as the community becomes more connected.



**When and Why:** Questions should be completed daily at the elementary level and each period at the secondary level. The teacher can use the community building question as an opener, a transition, a brain break, or as a closure activity. When teachers engage in these activities, students begin to create a sense of belonging in the classroom and school environment.



**Focus:** Community building creates a sense of belonging. Belonging leads to students more readily sharing their problems or concerns. This raises their self-esteem and enables the students to come closer to self-actualization or being the best, they can be.



### Steps:

1. Create a routine for implementing your question(s). The question should be posed at a consistent time and in a consistent format to build a sense of safety and predictability for students.
2. Ask the question. Be sure all adults and students in the classroom are given the opportunity to respond.
3. Ask to follow up questions, encourage students to share their responses with a peer or as a whole class. (The discussion style and time allotted is at the teacher discretion)
4. As needed, follow up with students that responded with concerning comment or remark.



**Debrief:** Daily student greetings allow for building relationships and community within the classroom. Also, allows teachers to gauge student's emotional well-being and if students may need additional supports.



# Elementary Calendars



August - Building School Community		
Sunday	8/1/2021	
Monday	8/2/2021	What is your name and what is something you enjoyed from summer vacation?
Tuesday	8/3/2021	What is your name and something you like that starts with the same letter?
Wednesday	8/4/2021	What is your name and somewhere you would like to go that starts with the same letter?
Thursday	8/5/2021	What is your name and what is something you don't like that starts with the same letter?
<b>Friday: Teacher Challenge: Make two positive phone calls home.</b>	8/6/2021	What is your name and how many siblings do you have?
Saturday	8/7/2021	
Sunday	8/8/2021	
Monday	8/9/2021	What is your favorite flavor of ice cream? If you do not like ice cream, what is your favorite dessert?
Tuesday	8/10/2021	What is your least favorite type of candy?
Wednesday	8/11/2021	What is your favorite television show?
Thursday	8/12/2021	What is your favorite subject or thing to learn about?
<b>Friday: Teacher Challenge: Check in with two students.</b>	8/13/2021	What is your favorite color? If you have more than one share your top two.
Saturday	8/14/2021	
Sunday	8/15/2021	
Monday	8/16/2021	What is your least favorite food?
Tuesday	8/17/2021	If you could move anywhere, where would you live?
Wednesday	8/18/2021	What is your favorite movie?
Thursday	8/19/2021	Where is your favorite place to visit or go on vacation?
<b>Friday: Teacher Challenge: Give two genuine compliments.</b>	8/20/2021	What is your favorite sport or physical activity?
Saturday	8/21/2021	
Sunday	8/22/2021	
Monday	8/23/2021	What do you want to be when you grow up?
Tuesday	8/24/2021	Has anyone in your family gone to college? If yes, who?
Wednesday	8/25/2021	What is your favorite thing to do for fun?
Thursday	8/26/2021	What is something that makes you want to do better or be better?
<b>Friday: Teacher Challenge: Ask two students about a hobby outside of school.</b>	8/27/2021	What do you think your friends like about you?
Saturday	8/28/2021	
Sunday	8/29/2021	
Monday	8/30/2021	If you could travel back in time, where would you travel to?
Tuesday	8/31/2021	Who is your favorite person?

September - National Hispanic Heritage Month		
Wednesday	9/1/2021	What is your favorite car?
Thursday	9/2/2021	If you were to order a pizza, what would you put on it?
<b>Friday: Teacher Challenge: Have a friendly chat with two students.</b>	9/3/2021	Do you or your family celebrate Día de los Muertos?
Saturday	9/4/2021	
Sunday	9/5/2021	
Monday	9/6/2021	Holiday- Labor Day
Tuesday	9/7/2021	If you could safely have any animal as a pet, which animal would you choose and why?
Wednesday	9/8/2021	What is a tradition your family has?
Thursday	9/9/2021	Who is your favorite family member?
<b>Friday: Teacher Challenge: Play one community building game.</b>	9/10/2021	What is a talent you have?
Saturday	9/11/2021	
Sunday	9/12/2021	
Monday	9/13/2021	What is a skill your family knows that you want to learn?
Tuesday	9/14/2021	If you could improve any skill you have, what would you want to improve?
Wednesday	9/15/2021	If you could change one thing about yourself, what would you change?
Thursday	9/16/2021	If someone could predict your future, would you want your future predicted?
<b>Friday: Teacher Challenge: Play a clean version of a student suggested song.</b>	9/17/2021	What is your favorite type of food?
Saturday	9/18/2021	
Sunday	9/19/2021	
Monday	9/20/2021	What is something you are afraid of?
Tuesday	9/21/2021	What is something you have done that you are proud of?
Wednesday	9/22/2021	What motivates you?
Thursday	9/23/2021	What would you change about today?
<b>Friday: Teacher Challenge: Find a way for a student to earn 10 minutes in the teacher's chair.</b>	9/24/2021	What is your favorite soda?
Saturday	9/25/2021	
Sunday	9/26/2021	
Monday	9/27/2021	What is your favorite book?
Tuesday	9/28/2021	What is your favorite movie?
Wednesday	9/29/2021	What is something you really want to do or try?
Thursday	9/30/2021	What would be one of the first things you do if you became the president?

October - National Bullying Prevention Month/National Cyber Security Awareness Month		
<b>Friday: Teacher Challenge: Let a student teach part of a lesson with you.</b>	10/1/2021	What is your first memory?
Saturday	10/2/2021	
Sunday	10/3/2021	
Monday	10/4/2021	If you could change one thing about the world, what would it be? Why?
Tuesday	10/5/2021	If you could safely have any animal as a pet, which animal would you choose and why?
Wednesday	10/6/2021	What is something you like about yourself?
Thursday	10/7/2021	What is something you do that sometimes bothers others?
<b>Friday: Teacher Challenge: Eat lunch with some of your students.</b>	10/8/2021	What do you enjoy doing with your family?
Saturday	10/9/2021	
Sunday	10/10/2021	
Monday	10/11/2021	If you had three wishes, what would your first wish be?
Tuesday	10/12/2021	If you had three wishes, what would your second wish be?
Wednesday	10/13/2021	If you had three wishes, what would your third wish be?
Thursday	10/14/2021	What is a way you use to make friends?
<b>Friday: Teacher Challenge: Tell two students something you appreciate about them.</b>	10/15/2021	Name something you think is cool or appreciate about ____? (Give each student another student's name, make sure everyone hears something nice about them)
Saturday	10/16/2021	
Sunday	10/17/2021	
Monday	10/18/2021	What is your favorite thing to do during recess?
Tuesday	10/19/2021	Do you like learning new things?
Wednesday	10/20/2021	How can you be friendly on the playground or at recess?
Thursday	10/21/2021	Have you ever made fun of someone? How would you say sorry or make it right if you did?
<b>Friday: Teacher Challenge: Let students choose what color shirt you will wear on Monday.</b>	10/22/2021	How can you be respectful to people you do not like?
Saturday	10/23/2021	
Sunday	10/24/2021	
Monday	10/25/2021	What is something you like to eat from the cafeteria here on campus?
Tuesday	10/26/2021	What are you looking forward to learning about this year (week, month)?
Wednesday	10/27/2021	What are three things that you do every day?
Thursday	10/28/2021	What is your favorite thing to do during your free time?
<b>Friday: Teacher Challenge: Make a "secret" hand shake with one of your most challenging students.</b>	10/29/2021	What is your favorite book character?
Saturday	10/30/2021	
Sunday	10/31/2021	

November - Native American Indian/Alaska Native Heritage Month		
Monday	11/1/2021	What do you like to do on a rainy day (sunny day)?
Tuesday	11/2/2021	If you could live anywhere in the world, where would you move to and why?
Wednesday	11/3/2021	Are you organized or messy?
Thursday	11/4/2021	What is one thing you would like to change about yourself?
<b>Friday: Teacher Challenge: Make two positive phone calls home.</b>	11/5/2021	Name one thing you would like to have in the future.
Saturday	11/6/2021	
Sunday	11/7/2021	
Monday	11/8/2021	If you could be any place in nature, where would you go?
Tuesday	11/9/2021	What is a positive quality that you have?
Wednesday	11/10/2021	Name something that you've done recently for the first time.
Thursday	11/11/2021	Holiday - Veterans Day
<b>Friday: Teacher Challenge: Check in with two students.</b>	11/12/2021	Share one fun fact that you have learned about the Native American Heritage.
Saturday	11/13/2021	
Sunday	11/14/2021	
Monday	11/15/2021	Name something that you've never done, but would like to try.
Tuesday	11/16/2021	Tell about something for which you are thankful.
Wednesday	11/17/2021	If this week of your life were a movie or book, what would the title be and why?
Thursday	11/18/2021	Native Americans would grow their own potatoes, corn, pumpkin, and squash. Do you or anyone you know grow their own fruits and vegetables?
<b>Friday: Teacher Challenge: Give two genuine compliments.</b>	11/19/2021	If you were a plant, what kind would you be and why?
Saturday	11/20/2021	
Sunday	11/21/2021	
Monday	11/22/2021	Fall Break-No School
Tuesday	11/23/2021	Fall Break-No School
Wednesday	11/24/2021	Fall Break-No School
Thursday	11/25/2021	Fall Break-No School
Friday	11/26/2021	Fall Break-No School
Saturday	11/27/2021	
Sunday	11/28/2021	
Monday	11/29/2021	If you could be someone else for a day, who would you be and why?
Tuesday	11/30/2021	If you could have dinner with anyone living or dead, who would it be and why?

December - Holidays of Various Cultures		
Wednesday	12/1/2021	What holidays do you celebrate? If you do not celebrate, share why.
Thursday	12/2/2021	Close your eyes and imagine yourself ten years from now. Where are you? What are you doing?
<b>Friday:</b> <b>Teacher Challenge: Ask two students about a hobby outside of school.</b>	12/3/2021	Do you or anyone you know celebrate Christmas? How do you celebrate?
Saturday	12/4/2021	
Sunday	12/5/2021	
Monday	12/6/2021	Pick a word to describe your future. Why did you choose that word?
Tuesday	12/7/2021	Talk about something happening in the world that concerns you.
Wednesday	12/8/2021	Talk about something happening in the world today that excites or inspires you.
Thursday	12/9/2021	Do you or anyone your know celebrate Hanukkah? What do you know about it?
<b>Friday: Teacher Challenge: Have a friendly chat with two students.</b>	12/10/2021	Talk about your favorite season and what you love about it.
Saturday	12/11/2021	
Sunday	12/12/2021	
Monday	12/13/2021	Do you or anyone you know celebrate Kwanzaa? What do you know about it?
Tuesday	12/14/2021	What superpower would you like to have and why?
Wednesday	12/15/2021	If you could change your name would you? What would you change it to?
Thursday	12/16/2021	Talk about a funny or scary adventure you had with a friend.
<b>Friday: Teacher Challenge: Play one community building game.</b>	12/17/2021	Are you looking forward to Winter Break? Why or why not?
Saturday	12/18/2021	
Sunday	12/19/2021	
Monday	12/20/2021	Winter Break- No School
Tuesday	12/21/2021	Winter Break- No School
Wednesday	12/22/2021	Winter Break- No School
Thursday	12/23/2021	Winter Break- No School
Friday	12/24/2021	Winter Break- No School
Saturday	12/25/2021	
Sunday	12/26/2021	
Monday	12/27/2021	Winter Break- No School
Tuesday	12/28/2021	Winter Break- No School
Wednesday	12/29/2021	Winter Break- No School
Thursday	12/30/2021	Winter Break- No School
Friday	12/31/2021	Winter Break- No School

January - National Mentoring Day		
Saturday	1/1/2022	
Sunday	1/2/2022	
Monday	1/3/2022	Winter Break- No School
Tuesday	1/4/2022	Winter Break- No School
Wednesday	1/5/2022	Winter Break- No School
Thursday	1/6/2022	Winter Break- No School
Friday	1/7/2022	Winter Break- No School
Saturday	1/8/2022	
Sunday	1/9/2022	
Monday	1/10/2022	Share something that happened over winter break.
Tuesday	1/11/2022	What is something that you would be confident to talk about with an adult?
Wednesday	1/12/2022	What is a recent success you experienced?
Thursday	1/13/2022	What is a current challenge you are facing?
<b>Friday: Teacher Challenge: Play a clean version of a student suggested song.</b>	1/14/2022	What has been energizing this week? What has been draining your energy this week?
Saturday	1/15/2022	
Sunday	1/16/2022	
Monday	1/17/2022	Holiday- Martin Luther King Jr. Day
Tuesday	1/18/2022	Choose a song that represents how you are feeling today? What is the song and what made you think of it?
Wednesday	1/19/2022	Draw an emoji that represents how you are feeling today. (Can be done on paper or digitally with draw)
Thursday	1/20/2022	What is something you are grateful you have in your life?
<b>Friday: Teacher Challenge: Find a way for a student to earn 10 minutes in the teacher's chair.</b>	1/21/2022	Name something that positively impacts your life?
Saturday	1/22/2022	
Sunday	1/23/2022	
Monday	1/24/2022	Are you a cat, fish, dog, or other pet person?
Tuesday	1/25/2022	Do you have pets, if so what kind?
Wednesday	1/26/2022	What is something you wish your teacher knew? (Can be done in writing or in a form, only have students share if they are comfortable)
Thursday	1/27/2022	Who or what has made you smile this week?
<b>Friday: Teacher Challenge: Let a student teach part of a lesson with you.</b>	1/28/2022	Is there an adult on campus you trust?
Saturday	1/29/2022	
Sunday	1/30/2022	
Monday	1/31/2022	Is there something in your life that brings you happiness?

February - Black History Month		
Tuesday	2/1/2022	Who is your hero? Who do you look up to?
Wednesday	2/2/2022	What is it about your hero that you admire, or think is awesome?
Thursday	2/3/2022	Why is it important to acknowledge the achievements of African Americans throughout history?
<b>Friday: Teacher Challenge: Eat lunch with some of your students.</b>	2/4/2022	What is a movie you have seen many times? How many times do you think you have seen it?
Saturday	2/5/2022	
Sunday	2/6/2022	
Monday	2/7/2022	What is your most prized possession?
Tuesday	2/8/2022	What is something you could never give up or never want to lose?
Wednesday	2/9/2022	If you could interview anyone, who would you want to interview?
Thursday	2/10/2022	Have you heard of Dr. Martin Luther King, Jr.? What do you know about him?
<b>Friday: Teacher Challenge: Tell two students something you appreciate about them.</b>	2/11/2022	If you could spend time alone or with other people, which would you choose?
Saturday	2/12/2022	
Sunday	2/13/2022	
Monday	2/14/2022	Holiday- Lincoln's Birthday
Tuesday	2/15/2022	Do you find it draining or energizing to be around other people?
Wednesday	2/16/2022	Would you rather spend time in the sun at the beach or in the snow in the mountains?
Thursday	2/17/2022	Have you heard of Rosa Parks? What do you know about her?
<b>Friday: Teacher Challenge: Let students choose what color shirt you will wear on Monday.</b>	2/18/2022	Name a goal you met this week and a goal you have for yourself for next week.
Saturday	2/19/2022	
Sunday	2/20/2022	
Monday	2/21/2022	Holiday-President's Day
Tuesday	2/22/2022	Is there anything causing difficulty in your life right now? (Have them write and share if willing and comfortable. Can be a form so you can see all the responses.)
Wednesday	2/23/2022	What is taking up most of your time lately?
Thursday	2/24/2022	How do you take care of yourself when you are stressed out?
<b>Friday: Teacher Challenge: Make a "secret" handshake with one of your most challenging students.</b>	2/25/2022	The month of February celebrated the contributions African Americans have made throughout history in science, politics, law, sports, the arts, entertainment, and many other fields. Do you know any of the famous men or women often celebrated?
Saturday	2/26/2022	
Sunday	2/27/2022	
Monday	2/28/2022	If you only had 1 minute to share everything about you, what would you share. (Can be shared with a partner, can select a few to share aloud if time allows.)



April - National Child Abuse Prevention Month		
<b>Friday: Teacher Challenge: Ask two students about a hobby outside of school.</b>	4/1/2022	If you saw a kid crying during lunch, what is something that you could do?
Saturday	4/2/2022	
Sunday	4/3/2022	
Monday	4/4/2022	What was a kind thing that someone did for you?
Tuesday	4/5/2022	Which day of the week do you like the least?
Wednesday	4/6/2022	If you see a kid standing by themselves, what can you do to include them?
Thursday	4/7/2022	How can you comfort a friend who is hurt or upset?
<b>Friday: Teacher Challenge: Have a friendly chat with two students.</b>	4/8/2022	What is one way to support someone?
Saturday	4/9/2022	
Sunday	4/10/2022	
Monday	4/11/2022	If something was wrong, who would you tell first?
Tuesday	4/12/2022	Name something you know or remember about ____? (Give each student another student's name, make sure everyone hears something nice about them)
Wednesday	4/13/2022	What is something that you don't like doing but it is something you have to do?
Thursday	4/14/2022	If a friend tells you something is wrong but asks you not to tell, what do you do?
<b>Friday: Teacher Challenge: Play one community building game.</b>	4/15/2022	Are there situations when you should tell, even when asked not to by your friend?
Saturday	4/16/2022	
Sunday	4/17/2022	
Monday	4/18/2022	What 3 words would a friend use to describe you?
Tuesday	4/19/2022	If you could do one thing everyday, for the rest of your life, what would it be?
Wednesday	4/20/2022	What is one thing that you don't know how to do, but you wish you did?
Thursday	4/21/2022	What is something most people love, but you hate?
<b>Friday: Teacher Challenge: Play a clean version of a student suggested song.</b>	4/22/2022	What was your most embarrassing memory? (Have them write and share if willing and comfortable. Can be a form so can see all the responses.)
Saturday	4/23/2022	
Sunday	4/24/2022	
Monday	4/25/2022	If you could trade places with anyone for one day, who would it be?
Tuesday	4/26/2022	If someone wrote an article about you in your school's newspaper, what would you want them to say?
Wednesday	4/27/2022	What is something that you think adults just don't understand?
Thursday	4/28/2022	What is one thing that you own that represents who you are?
<b>Friday: Teacher Challenge: Find a way for a student to earn 10 minutes in the teacher's chair.</b>	4/29/2022	Describe a time when you felt really loved.
Saturday	4/30/2022	

May - Mental Health Awareness Month		
Sunday	5/1/2022	
Monday	5/2/2022	What would you call the moment right before a conflict bursts?
Tuesday	5/3/2022	What was the last kind thing you did for someone else?
Wednesday	5/4/2022	What is the quickest way to make someone smile?
Thursday	5/5/2022	Which day of the week do you feel the most relaxed?
<b>Friday: Teacher Challenge: Let a student teach part of a lesson with you.</b>	5/6/2022	If a new kid comes to school how could you make them feel welcome?
Saturday	5/7/2022	
Sunday	5/8/2022	
Monday	5/9/2022	Which day of the week do you like the best? Why?
Tuesday	5/10/2022	What emotion are you feeling the most today?
Wednesday	5/11/2022	If you had to choose what is your favorite chore?
Thursday	5/12/2022	Who is someone that can always cheer you up? Why or how?
<b>Friday: Teacher Challenge: Eat lunch with some of your students.</b>	5/13/2022	What makes you unique?
Saturday	5/14/2022	
Sunday	5/15/2022	
Monday	5/16/2022	If you could tell your past self-something at the beginning of this year, what would you tell yourself?
Tuesday	5/17/2022	What is a coping skill you use when you get upset or frustrated?
Wednesday	5/18/2022	Name something you learned about yourself this school year.
Thursday	5/19/2022	Have your interests changed this year, do you like new things?
<b>Friday: Teacher Challenge: Tell two students something you appreciate about them.</b>	5/20/2022	What is something you will miss about this class?
Saturday	5/21/2022	
Sunday	5/22/2022	
Monday	5/23/2022	What area do you think you have grown the most in?
Tuesday	5/24/2022	What's an academic struggle that you overcame this year?
Wednesday	5/25/2022	Name a moment that you appreciate from this school year?
Thursday	5/26/2022	What are you looking forward to next school year?
<b>Friday: Teacher Challenge: Make two positive phone calls home.</b>	5/27/2022	How are you planning to stay in touch with your friends?
Saturday	5/28/2022	
Sunday	5/29/2022	
Monday	5/30/2022	Holiday-Memorial Day
Tuesday	5/31/2022	No Students

# Secondary Calendars



August - Happiness Happens/School Family Month							
<b>Sunday</b>	<b>8/1/2021</b>						
<b>Monday</b>	<b>8/2/2021</b>	P1:	P2:	P3:	P4:	P5:	P6:
<b>Tuesday</b>	<b>8/3/2021</b>	P1:	P2:	P3:	P4:	P5:	P6:
<b>Wednesday</b>	<b>8/4/2021</b>	P1:	P2:	P3:	P4:	P5:	P6:
<b>Thursday</b>	<b>8/5/2021</b>	P1:	P2:	P3:	P4:	P5:	P6:
<b>Friday</b>	<b>8/6/2021</b>	P1: What is something you enjoyed from summer vacation?	P2: When have you felt respected and why?	P3: What would it be like to ride in an open airplane?	P4: Who are you closest to and how does that person support you?	P5: Name one thing that you can do that is kind?	P6: What would it be like to get fired from a job?
<b>Saturday</b>	<b>8/7/2021</b>						
<b>Sunday</b>	<b>8/8/2021</b>						
<b>Monday</b>	<b>8/9/2021</b>	P1: If you could change one thing about the world, what would it be? Why?	P2: How would you like to be supported by your teacher(s)?	P3: What would it be like to catch a fish with your bare hands?	P4: What are 3 items representing past, present, and future	P5: How can you show kindness to someone unkind?	P6: What would it be like if everyone, but you disappeared?
<b>Tuesday</b>	<b>8/10/2021</b>	P1: If you could safely have any animal as a pet, which animal would you choose and why?	P2: What's the best thing about coming back school?	P3: What would it be like to wear pajamas all day?	P4: If you were principal for the day, what would you like to do?	P5: If you could do one thing, every day, for a month what would it be?	P6: What would it be like to be the director of a movie?
<b>Wednesday</b>	<b>8/11/2021</b>	P1: What is something you like about yourself?	P2: If you could lead in anyway what would it be?	P3: What would it be like to read minds?	P4: What do you value in a teacher and why?	P5: What is one thing that you don't know how to do, but you wish you did?	P6: What would it be like to spill a tray of food in front of a large crowd?
<b>Thursday</b>	<b>8/12/2021</b>	P1: What is something you do that sometimes bothers others?	P2: For this semester to be successful, what will you have to do?	P3: What would it be like if you couldn't feel anything?	P4: What if you didn't have to sleep? How would you spend your time?	P5: Do you think you can go an entire day without talking?	P6: What would it be like to wear shorts all the time?

<b>Friday</b>	<b>8/13/2021</b>	P1: What do you enjoy doing with your family or the people you live with?	P2: How would you feel if someone was to give you a compliment or positive feedback and why?	P3: What would it be like to live without cell phones?	P4: Do you enjoy eating school lunch? Why or why not?	P5: Have you ever taught anyone how to do something? If yes, what was it? If no, what would you choose?	P6: What would it be like to fall in love at first sight?
<b>Saturday</b>	<b>8/14/2021</b>						
<b>Sunday</b>	<b>8/15/2021</b>						
<b>Monday</b>	<b>8/16/2021</b>	P1: If you had three wishes, what would your first wish be?	P2: Would you rather be invisible or read someone's mind and why?	P3: What would it be like to be at the bottom of the food chain?	P4: tell me two things that you enjoyed doing over Summer Break.	P5: If you had to give all your prized possessions away, who would you give them to and why?	What would it be like to feel another person's pain?
<b>Tuesday</b>	<b>8/17/2021</b>	P1: If you had three wishes, what would your second wish be?	P2: Sunshine makes me feel...	P3: What would it be like to live on a houseboat?	P4: What if you didn't have to sleep? How would you spend your time?	P5: What is one thing you need to work on?	P6: What would it be like to live on Mars?
<b>Wednesday</b>	<b>8/18/2021</b>	P1: If you had three wishes, what would your third wish be?	P2: When I graduate from high school, I want to ...	P3: What would it be like if the world was black and white?	P4: If your classroom were to have a classroom treasure box, what would you like to have as a prize?	P5: What food do you like the least?	P6: What would it be like to get at least one hug a day?
<b>Thursday</b>	<b>8/19/2021</b>	P1: What is a way you use to make friends?	P2: Putdowns make me feel... and why.	P3: What would it be like to be known as a tattletale?	P4: How would your friend or household member describe you?	P5: Would you rather have no teeth or no hair?	P6: What would it be like to wash your car in the rain?

<b>Friday</b>	<b>8/20/2021</b>	P1: Name something you think is cool or appreciate about ____? (Give each student another student's name, make sure everyone hears something nice about them)	P2: Appreciations make me feel...and why.	P3: What would it be like to own McDonalds?	P4: If you could be a superhero, what superpowers would you choose and why?	P5: What tv or movie character makes you laugh the most?	P6: What would it be like to have your own apartment?
<b>Saturday</b>	<b>8/21/2021</b>						
<b>Sunday</b>	<b>8/22/2021</b>						
<b>Monday</b>	<b>8/23/2021</b>	P1: What is your favorite thing to do during lunch?	P2: What do you value in a friend?	P3: What would it be like if your signature was worth money?	P4: By the end of ----grade, I want to learn .... because .....	P5: If you had a treehouse, what 3 things would be in it?	P6: What would it be like to be the tallest person in the world?
<b>Tuesday</b>	<b>8/24/2021</b>	P1: Do you like learning new things yes or no and why?	P2: Favorite superheroes that can be a friend	P3: What would it be like to design your own amusement park?	P4: When I get mad or angry, sometimes I..	P5: Do you like how old you are now, or do you wish you were older or younger?	P6: What would it be like to have a book on the best seller list?
<b>Wednesday</b>	<b>8/25/2021</b>	P1: How can you be friendly with others during lunch?	P2: What do you like best about yourself?	P3: What would it be like if there was no competition?	P4: What characteristics does a leader have?	P5: What is something that you think kids understand, but adults do not?	P6: What would it be like to build a car from scratch?
<b>Thursday</b>	<b>8/26/2021</b>	P1: Have you ever made fun of someone? How would you say sorry or make it right if you did?	P2: What your favorite artist? What would the song be?	P3: what would be like if you were unable to control your emotions?	P4: If I were a famous actor/actress, I would be ... because ....	P5: If someone wrote an article about you in your school's newspaper, what would you want them to say?	P6: What would it be like to never take a test?

<b>Friday</b>	<b>8/27/2021</b>	P1: How can you be respectful to people you do not like?	P2: If your favorite song artist writes about you, what would they say?	P3: What would it be like if you were afraid to leave your house?	P4: I can't wait until...because.	P5: You just observed a friend of yours stealing candies from another friend of yours. What would you do?	P6: What would it be like to get stuck in the middle of a water slide?
<b>Saturday</b>	<b>8/28/2021</b>						
<b>Sunday</b>	<b>8/29/2021</b>						
<b>Monday</b>	<b>8/30/2021</b>	P1: Why is it important to listen to people who support you?	P2: What dessert shows your personality? Why?	P3: What would it be like if someone stole your idea?	P4: How do mean words make me feel. It would be nice if....	P5: You were assigned a partner in your group work that you don't like. What would you do?	P6: What would it be like to have amnesia?
<b>Tuesday</b>	<b>8/31/2021</b>	P1: Your friends are teasing a person in your class who just got new braces. What would you do?	P2: if you could go anywhere on a vacation where would you go and why.	P3: What would it be like to have anything in the world for one day?	P4: How is it to live with siblings or other people in the home?	P5: What would happen if no one helped someone who needed it?	P6: What would it be like to meet an alien?

September - National Hispanic Heritage Month							
<b>Wednesday</b>	<b>9/1/2021</b>	P1: What is your favorite car?	P2: What do you like best about yourself?	P3: What would it be like to be an assistant to the King/Queen every day?	P4: On a scale from 1-5, how hard do you think this week has been so far and why?	P5: During a test, you notice that the person sitting beside you is copying all your answers. What would you do?	P6: What would it be like to live inside a computer ship?
<b>Thursday</b>	<b>9/2/2021</b>	P1: If you were to order a pizza, what would you put on it?	P2: What dessert shows your personality? Why?	P3: What would it be like to get up every morning for work at 5:00 AM?	P4: Would you rather draw, write or create for a class project and why?	P5: A stack of library books toppled down. A classmate told the teacher you toppled the books on purpose. What would you say and do?	P6: What would it be like to live inside a computer chip?
<b>Friday</b>	<b>9/3/2021</b>	P1: Do you or your family celebrate Día de los Muertos?	P2: Would you rather have no arms or no legs, why?	P3: What would it be like to be the first man on the moon?	P4: Would rather be able to read minds or have to say everything you think out loud?	P5: You notice a friend stealing money from a classmate. Your friend says, "If you say anything, I'll come after you." What would you say and do?	P6: What would it be like if your best friend was an animal?
<b>Saturday</b>	<b>9/4/2021</b>	Holiday- Labor Day					
<b>Sunday</b>	<b>9/5/2021</b>						
<b>Monday</b>	<b>9/6/2021</b>						
<b>Tuesday</b>	<b>9/7/2021</b>	P1: If you could safely have any animal as a pet, which animal would you choose and why?	P2: Name someone you look up to and why in one sentence.	P3: What would it be like to be a street-corner hot dog vendor?	P4: Would you rather give a speech in front of 1,000 people or three people and why?	P5: Your friend says he won the bike race last night, but you know that he actually came in 3rd place. What would you say and do?	P6: What would it be like to get Gatorade dumped all over you?



<b>Wednesday</b>	<b>9/8/2021</b>	P1: What is a tradition your family or the people you live with have?	P2: When I grow up, the first thing I want to do is.	P3: What would it be like to grow up with wolves?	P4: Would you rather never be able to listen to your favorite song again or only hear your favorite song whenever you hear music for the rest of your life?	P5: When you are sad how do you make yourself feel better?	P6: What would it be like to stand in line for 45 minutes?
<b>Thursday</b>	<b>9/9/2021</b>	P1: Who is your favorite family member or person you live with?	P2: If I were an animal, I would be a ___ because ...	P3: What would it be like to walk on crutches for two weeks?	P4: Would you rather never eat junk food again or only eat junk food forever and why?	P5: What is your favorite day of the week?	P6: What would it be like to trade places with your parents?
<b>Friday</b>	<b>9/10/2021</b>	P1: What is a talent you have?	P2: Pick 3 characteristics of a teacher you respect or have respected.	P3: What would it be like to sew your sweater?	P4: Would you rather live in the middle of nowhere with no one else around or live in the middle of an overcrowded city?	P5: Would you rather take a picture or be in a picture?	P6: What would it be like to go to heaven?
<b>Saturday</b>	<b>9/11/2021</b>						
<b>Sunday</b>	<b>9/12/2021</b>						
<b>Monday</b>	<b>9/13/2021</b>	P1: What is a skill your family or the people you live with know that you want to learn?	P2: What is something that would make me more successful is ___.	P3: What would it be like to communicate without words?	P4: Would you rather have no eyebrows or have no fingernails?	P5: What is your favorite chore, if you had to choose one?	P6: What would it be like to live in the dark?
<b>Tuesday</b>	<b>9/14/2021</b>	P1: If you could improve any skill you have, what would you want to improve?	P2: What is your biggest regret and why?	P3: What would it be like if you didn't have to eat?	P4: Would you rather go to the same great place for vacation every year or go to a new place every year, but risk going to a bad place?	P5: If you could change one thing about your room, what would it be?	P6: What would it be like to be buried in the sand up to your neck?

<b>Wednesday</b>	<b>9/15/2021</b>	P1: If you could change one thing about yourself, what would you change?	P2: If you had a time machine, what is one thing you would change about your actions?	P3: What would it be like if you had to walk across America?	P4: Would you rather always be hungry or always be tired?	P5: What's the best smell you've ever smelled?	P6: What would it be like to walk a tight wire 50 feet in the air?
<b>Thursday</b>	<b>9/16/2021</b>	P1: If someone could predict your future, would you want your future predicted?	P2: If you could spend 10 minutes with anyone alive or dead who would it be and why?	P3: What would it be like if you must live your life in an elevator?	P4: Would you rather be amazing at sports but never play professionally or be a professional athlete your whole life but be known for choking at the biggest moments?	P5: How would you feel if, for one day, you were the parent and your mom and dad (or the people you live with) were the kids?	P6: What would it be like to be Bill Gates?
<b>Friday</b>	<b>9/17/2021</b>	P1: What is your favorite type of food?	P2: What color describes your mood today and why?	P3: What would it be like to never get a hug from anyone?	P4: Would you rather go to school all year and have one week off per month or go to school every day and have summer off?	P5: Do you think that kids should be able to choose what they learn at school? Why?	P6: What would it be like build your own boat?
<b>Saturday</b>	<b>9/18/2021</b>						
<b>Sunday</b>	<b>9/19/2021</b>						
<b>Monday</b>	<b>9/20/2021</b>	P1: What is something you are afraid of?	P2: What one thing can make the world a better place?	P3: What would it be like to live in a mountain cabin in the winter?	P4: Would you rather be the oldest sibling or the youngest sibling?	P5: What would you do if you accidently dropped your favorite food on the ground?	P6: What would it be like to go through school without paper?
<b>Tuesday</b>	<b>9/21/2021</b>	P1: What is something you have done that you are proud of?	P2: If you were an actor, what genre of film would you like to be in and why?	P3: What would it be like to own a beach-front condo?	P4: Would you rather always smell rotten eggs everywhere you go or always hear nails scratching on a chalkboard?	P5: If you could trade places with anyone for one day, who would it be?	P6: What would it be like to be an inch tall?

<b>Wednesday</b>	<b>9/22/2021</b>	P1: What motivates you?	P2: Describe your perfect day in three sentences.	P3: What would it be like to be the shortest person in the world?	P4: Would you rather never have a pet again or never have a TV again?	P5: When you think about your day tomorrow, which part of it makes you the most excited?	P6: What would it be like to be alive inside another person?
<b>Thursday</b>	<b>9/23/2021</b>	P1: What would you change about today?	P2: Give me three adjectives that describe you.	P3: What would it be like to be the shortest person in the world?	P4: Would you rather be a musician or an athlete — if you could be great at whichever career, you chose and why?	P5: Do you think it would be fun to be famous?	P6: What would it be like if computers never existed?
<b>Friday</b>	<b>9/24/2021</b>	P1: What is your favorite soda?	P2: What do you prefer, the mountains or the beach and why?	P3: What would it be like if you were a teen idol?	P4: Would you rather get stung by a jellyfish or get pinched by a crab?	P5: What would have to happen for you to feel that you are the luckiest person alive?	P6: What would it be like to press a button to launch an atomic bomb?
<b>Saturday</b>	<b>9/25/2021</b>						
<b>Sunday</b>	<b>9/26/2021</b>						
<b>Monday</b>	<b>9/27/2021</b>	P1: What is your favorite book?	P2: If you were an M&M, what color would you be and why?	P3: What would it be like to discover a lost city?	P4: Would you rather rhyme every time you spoke or not be able to speak without shouting?	P5: Who would you like to have visit you for a whole 24 hours?	P6: What would it be like to do the work but not get the credit?
<b>Tuesday</b>	<b>9/28/2021</b>	P1: What is your favorite movie?	P2: What could I do to help you learn better/be more successful?	P3: What would it be like to be color-blind?	P4: Would you rather be the smartest person in the world or the most beautiful person in the world?	P5: Would you rather be rich, famous, or happy?	P6: What would it be like trade places with your brother/sister?
<b>Wednesday</b>	<b>9/29/2021</b>	P1: What is something you really want to do or try?	P2: If you were a stop light, what color best describes your mood today and why? (Red, yellow, green).	P3: What would it be like to discover a bomb?	P4: Would you rather get your least favorite song stuck in your head for a day or have your favorite song stuck	P5: If your house was on fire, what one thing would you try to save?	P6: What would it be like to discover a new land?

					in your head for a week?		
<b>Thursday</b>	<b>9/30/2021</b>	P1: What would be one of the first things you do if you became the president?	P2: Would you want to permanently feel zero pain if given the chance?	P3: What would it be like to go bankrupt?	P4: Would you rather go everywhere in roller blades or go everywhere in high heels?	P5: Which of your sense are the most important to you?	P6: What would it be like to never be embarrassed?

**October - National Bullying Prevention Month/National Cyber Security Awareness Month**

<b>Friday</b>	<b>10/1/2021</b>	P1: What is your first memory?	P2: Would you rather have a pet porcupine or have a pet skunk?	P3: What would it be like to eat everything with Chopsticks?	P4: If you were a transformer, what vehicle would you turn into?	P5: Who is your favorite person?	P6: What would it be like if you knew you were going to die today?
<b>Saturday</b>	<b>10/2/2021</b>						
<b>Sunday</b>	<b>10/3/2021</b>						
<b>Monday</b>	<b>10/4/2021</b>	P1: Name something you like that starts with the same letter as your name?	P2: Would you rather live alone in a giant house or live in a regular-sized house with 100 roommates?	P3: What would it be like if there were no poverty?	P4: If extra lives were a thing in the real world, how would you get them?	P5: Are you a person who likes constant change, or do you need things more stable and consistent? Why?	P6: What would it be like if you see what a postage stamp sees?
<b>Tuesday</b>	<b>10/5/2021</b>	P1: Name somewhere you would like to go that starts with the same letter as your name?	P2: Would you rather always be super early or super late to everything?	P3: What would it be like to decide the fate of a convicted criminal?	P4: If you were a food, what food would you be?	P5: Your friends say, "Go for it!" What would you do?	P6: What would it be like to a be a doctor who loses a patient?
<b>Wednesday</b>	<b>10/6/2021</b>	P1: What is something you don't like that starts with the same letter as your name?	P2: Would you rather always be sticky or always be soaking wet?	P3: What would it be like if you could never hug anyone?	P4: If you could your first name, what name would you choose and why?	P5: Would you like to be viewed by others as a hero? Why or why not?	P6: What would it be like if looks were all that mattered?
<b>Thursday</b>	<b>10/7/2021</b>	P1: How many siblings do you have?	P2: Would you rather always have your phone in your hand for the rest of your life or never be able to use a phone again?	P3: What would it be like to be able to walk on water?	P4: If you could relive any year, what year would you choose and why?	P5: What is a good habit of yours?	P6: What would it be like to a be a doctor who loses a patient?
<b>Friday</b>	<b>10/8/2021</b>	P1: What is your favorite flavor of ice cream? If you do not like ice	P2: Would you rather only be able to watch the end of every movie or only	P3: What would it be like to have your own charge card?	P4: If you were to write a book about your life, what	P5: What is a bad habit of yours?	P6: What would it be like to stick your head in the mouth of a lion?

		cream, what is your favorite dessert?	be able to watch the beginning?		would it be called and why?		
<b>Saturday</b>	<b>10/9/2021</b>						
<b>Sunday</b>	<b>10/10/2021</b>						
<b>Monday</b>	<b>10/11/2021</b>	P1: What is your least favorite type of candy?	P2: Would you rather drop your phone in a full toilet or in a hole full of snakes and why?	P3: What would it be like if you had hair nine feet long?	P4: If you could rule the world for one day, what would you do?	P5: What three words would you want others to use in describing you?	P6: What would it be like to be a lifeguard?
<b>Tuesday</b>	<b>10/12/2021</b>	P1: What is your favorite television show?	P2: Would you rather work at a fast-food place or at a daycare?	P3: What would it be like to be Bill Gate's child?	P4: What is your earliest childhood memory?	P5: What makes you laugh the most when you consider it?	P6: What would it be like to be a pallbearer at a funeral?
<b>Wednesday</b>	<b>10/13/2021</b>	P1: What is your favorite subject or thing to learn about?	P2: Would you rather work at a fast-food place or at a daycare?	P3: What would it be like to save the world?	P4: What is the story about how you got your name?	P5: What medication would you never want to take again? Why?	P6: What would it be like if there were no written communication?
<b>Thursday</b>	<b>10/14/2021</b>	P1: What is your favorite color? If you have more than one share your top two.	P2: Would you rather always have a mouth full of marshmallows or always have grapes in your shoes?	P3: What would it be like to body surf waves over eight feet tall?	P4: Are you a leader or a follower? How do you know.	What is the most unusual sandwich you have ever made?	P6: What would it be like if you could choose your family?
<b>Friday</b>	<b>10/15/2021</b>	P1: What is your least favorite food?	P2: Would you rather have a super boring job that pays you a million dollars a year or have your dream job but make almost no money?	P3: What would it be like to earn 100,000 a year?	P4: What's something about yourself that you hope will never change?	P5: What are two ways you think you will change in the next five years?	P6: What would it be like to feel no happiness?
<b>Saturday</b>	<b>10/16/2021</b>						
<b>Sunday</b>	<b>10/17/2021</b>						

<b>Monday</b>	<b>10/18/2021</b>	P1: If you could move anywhere, where would you live?	P2: Would you rather be famous for an accomplishment that you didn't actually do or create something super important, but no one ever knew about it?	P3: What would it be like to be in constant pain?	P4: Are you serious-minded or a jokester? Why?	P5: Are there some secrets that should not be told to you? If so, which kind?	P6: What would it be like to order everything on the web?
<b>Tuesday</b>	<b>10/19/2021</b>	P1: What is your favorite movie?	P2: Would you rather spend the whole school day on your favorite subject or only take your least favorite class for a few hours a day?	P3: What would it be like if dreams were gateways?	P4: Are you a hugger or non-hugger? Why?	P5: If you could have the world's largest collection of something, what would it be? Why?	P6: What would it like to be lost?
<b>Wednesday</b>	<b>10/20/2021</b>	P1: Where is your favorite place to visit or go on vacation?	P2: Would you rather write a 10-page paper or give a 10-minute presentation and why?	P3: What would it be like to soar like an eagle?	P4: What drives you crazy and why?	P5: What was your last nightmare about?	P6: What would it like be in the White House?
<b>Thursday</b>	<b>10/21/2021</b>	P1: What is your favorite sport or physical activity?	P2: Would you rather only be able to wear shoes that are slightly too big or only be able to wear shoes that are slightly too small and why?	P3: What would it be like to witness a crime?	P4: What's something about yourself that you hope will change, but that probably never will?	P5: What would you say is a natural talent of yours-not learned or developed?	P6: What would it be like to be married in a hot air balloon?
<b>Friday</b>	<b>10/22/2021</b>	P1: What do you want to be when you grow up?	P2: Would you rather give up watching movies or give up watching TV shows and why?	P3: What would it be like to hike down into a dormant volcano?	P4: Would you describe yourself as an extrovert or an introvert? Give an example.	P5: What is a habit you would like to change? Why?	P6: What would it be like to never have to study to get all A's?
<b>Saturday</b>	<b>10/23/2021</b>						
<b>Sunday</b>	<b>10/24/2021</b>						

<b>Monday</b>	<b>10/25/2021</b>	P1: Has anyone in your family gone to college? If yes, who?	P2: Would you rather always have to get up early or always have to go to bed late?	P3: What would it be like to live with you?	P4: What's the first thing that comes to mind when you hear the word "fun"?	P5: What mood are you in the most often? Why?	P6: What would it be like to go cliff diving?
<b>Tuesday</b>	<b>10/26/2021</b>	P1: What is your favorite thing to do for fun?	P2: Would you rather always get free food when you go out to eat or always get free plane tickets when you want to travel?	P3: What would it be like to discover a cure for AIDS?	P4: How many hours do you spend on your electronic device each day? How much time do you spend "surfing the Web"?	P5: If you were someone else, and saw YOU walking down the street, what would you think? Why?	P6: What would it be like to get the red-carpet treatment?
<b>Wednesday</b>	<b>10/27/2021</b>	P1: What is something that makes you want to do better or be better?	P2: Would you rather have a car that never runs out of gas or a phone that never runs out of battery?	P3: What would it be like to camp out in the snow?	P4: What are you most grateful for? Why?	P5: What is something you have an addiction to? How can you tell?	P6: What would it be like make your own laws?
<b>Thursday</b>	<b>10/28/2021</b>	P1: What do you think your friends like about you?	P2: Would you rather know the future or know all of history off the top of your head?	P3: What would it be like is someone said you were beautiful/handsome?	P4: Would you describe yourself as more laid back or more intense? Why?	P5: Which organs (eyes, heart, kidney, etc.) would you be willing to donate to someone if you no longer needed them? Why?	P6: What would it be like if you could see clearly in the dark?
<b>Friday</b>	<b>10/29/2021</b>	P1: If you could travel back in time, where would you travel to?	P2: Would you rather be an amazing photographer, but every picture taken of you is bad or be a terrible photographer, but every picture taken of you is good?	P3: What would be like to rescue someone from a fire?	P4: When are you shy?	P5: If you could not watch any TV, how would you spend that time? Why?	P6: What would it be like to go beyond time and space?
<b>Saturday</b>	<b>10/30/2021</b>						
<b>Sunday</b>	<b>10/31/2021</b>						



November - Native American Indian/Alaska Native Heritage Month							
<b>Monday</b>	<b>11/1/2021</b>	P1: What do you like to do on a rainy day (sunny day)?	P2: What makes TRUE friendship?	P3: What would it be like to save a baby bird?	P4: When you tell a story, do you often exaggerate or embellish it? If so, why?	P5: When you are home alone, what activity consumes most of your time? Why?	P6: What would it be like if we communicated through headphones?
<b>Tuesday</b>	<b>11/2/2021</b>	P1: If you could live anywhere in the world, where would you move to and why?	P2: Which is more important: what you say or how you say it? Explain your answer.	P3: What would it be like to be a famous dog trainer?	P4: When was the last time you were generous to a stranger just because you wanted to be nice?	P5: Do you usually play sports and other games just for the fun of it, or to really win?	P6: What would it be like if there were no families?
<b>Wednesday</b>	<b>11/3/2021</b>	P1: Are you organized or messy?	P2: What's the best approach for resolving conflict?	P3: What would it be like to have an identical twin?	P4: If you could see into the future but not change it, would you want to do so? Why or why not?	P5: In which setting are you most natural-at school, with friends, or at home? Why?	P6: What would it be like to feel no guilt?
<b>Thursday</b>	<b>11/4/2021</b>	P1: What is one thing you would like to change about yourself?	P2: Why is it sometimes hard to forgive others?	P3: What would it be like to spend a weekend in a penthouse suite?	P4: How difficult is it for you to forgive someone who refuses to apologize?	P5: Who is the person who has the most faith and confidence in your abilities? How does that person show it?	P6: What would it be like to eat a worm?
<b>Friday</b>	<b>11/5/2021</b>	P1: Name one thing you would like to have in the future.	P2: What's more important, a healthy mind or a healthy body? Why?	P3: What would it be like to walk across Africa?	P4: If this Saturday you could do absolutely anything you wanted, what would you do?	P5: If you were going to be in a parade, how would you want to display yourself? Why?	P6: What would it be like to have no responsibilities?
<b>Saturday</b>	<b>11/6/2021</b>						
<b>Sunday</b>	<b>11/7/2021</b>						
<b>Monday</b>	<b>11/8/2021</b>	P1: If you could be any place in nature, where would you go?	P2: What does it mean to be powerful?	P3: What would it be like to live in a world without money?	P4: What do you do to get "centered"?	P5: If you could make yourself invisible, what would you most want to do? Why?	P6: What would it be like to climb a 70-foot tree?

<b>Tuesday</b>	<b>11/9/2021</b>	P1: What is a positive quality that you have?	P2: What phobias have you struggled with?	P3: What would it be like to be Miss Universe/Mr. Universe?	P4: Of all the things you could imagine doing when you grow up, which one would most please your parents? Most disappoint them?	P5: If you were to teach lessons to someone, what would the lessons be about? Why?	P6: What would it be like to own a jet ski?
<b>Wednesday</b>	<b>11/10/2021</b>	P1: Name something that you've done recently for the first time.	P2: What's an embarrassing moment?	P3: What would it be like to appear in a commercial?	P4: Have you ever seen your mother or father cry? If not, how do you think it would feel to see that?	P5: Do you like to make difficult decisions by yourself, or have someone else make them for (with) you? Why?	P6: What would it be like to change one of your facial features?
<b>Thursday</b>	<b>11/11/2021</b>	Holiday - Veterans Day					
<b>Friday</b>	<b>11/12/2021</b>	P1: Share one fun fact that you have learned about the Native American Heritage.	P2: If you could be the CEO of any company, what company would you choose?	P3: What would it be like if there were no laws?	P4: What, if anything, really gets on your nerves?	P5: What is your favorite place to be when you must think about making a personal decision? What makes it so special?	P6: What would it be like if someone asked for your autograph?
<b>Saturday</b>	<b>11/13/2021</b>	Holiday - Thanksgiving					
<b>Sunday</b>	<b>11/14/2021</b>	Holiday - Thanksgiving					
<b>Monday</b>	<b>11/15/2021</b>	P1: Name something that you've never done but would like to try.	P2: What two animals would you like to switch the sounds they make? Why?	P3: What would it be like to spend the night in a haunted house?	P4: If you could have a wonderful new experience, you could cherish or a great new possession, which would you want? Why?	P5: Would you rather see movie in a theater that is full of people or almost empty? Why?	P6: What would it be like to create your own candy bar?

<b>Tuesday</b>	<b>11/16/2021</b>	P1: Talk about something for which you are thankful.	P2: What do you wish grew on trees? Why?	P3: What would it be like to live in a stress-free world?	P4: Would you rather your family loved one another and always showed how they felt - sometimes fighting and yelling, sometimes hugging and kissing - or would you prefer they loved one another and hid their feeling whenever they were upset or angry?	P5: If everyone had mental telepathy, and others could read your mind, would your own thoughts change? If so, in what way?	P6: What would it be like to take any subjects you wanted in school?
<b>Wednesday</b>	<b>11/17/2021</b>	P1: If this week of your life were a movie or book, what would the title be and why?	P2: What weird thing would you make socially acceptable if you could? Why?	P3: What would it be like to encounter a bear in the wilderness?	P4: What lesson has failure taught you?	P5: What makes your bedroom different from anyone else's that you know?	P6: What would it be like to be liquid?
<b>Thursday</b>	<b>11/18/2021</b>	P1: Native Americans would grow their own potatoes, corn, pumpkin, and squash. Do you or anyone you know grow their own fruits and vegetables?	P2: If every time you snapped your fingers, you would instantly be transported to a random point in humanity's timeline, would you snap your fingers? If so, how often?	P3: What would it be like to be a lion tamer?	P4: Have you ever been humiliated by a teacher? If so, what happened?	P5: What is the most heroic deed you have done in your life? Would you do it again?	P6: What would it be like to find a winning lottery ticket?
<b>Friday</b>	<b>11/19/2021</b>	P1: If you were a plant, what kind would you be and why?	P2: If you were perpetually surrounded by one aroma (besides your natural smell) which you and everyone around	P3: What would it be like to clean other people's house for a living?	P4: What kinds of teasing do you think you would miss most if everyone decided to never tease you again?	P5: What is the one accomplishment in your life about which you are the proudest? Why?	P6: What would it be like to be the only survivor of a plane crash?

			you could smell, what would it be?				
<b>Saturday</b>	<b>11/20/2021</b>						
<b>Sunday</b>	<b>11/21/2021</b>						
<b>Monday</b>	<b>11/22/2021</b>	Fall Break-No School					
<b>Tuesday</b>	<b>11/23/2021</b>	Fall Break-No School					
<b>Wednesday</b>	<b>11/24/2021</b>	Fall Break-No School					
<b>Thursday</b>	<b>11/25/2021</b>	Fall Break-No School					
<b>Friday</b>	<b>11/26/2021</b>	Fall Break-No School					
<b>Saturday</b>	<b>11/27/2021</b>						
<b>Sunday</b>	<b>11/28/2021</b>						
<b>Monday</b>	<b>11/29/2021</b>	P1: If you could be someone else for a day, who would you be and why?	P2: If you could level up any aspect of yourself (i.e., strength, intelligence, charisma, etc.) but you had to decrease another aspect of yourself by the same amount, what aspects would you increase, and which would you decrease?	P3: What would it be like to be drafted?	P4: Do you feel that advice from older people carries a special weight because of their greater experience?	P5: Are you more likely to take care of yourself, or take care of others first? Why?	P6: What would it be like to walking in a picket line?
<b>Tuesday</b>	<b>11/30/2021</b>	P1: If you could have dinner with anyone living or dead, who would it be and why?	P2: If humans lost the ability to see all color except one, which color would you want to survive? Why?	P3: What would it be like to leave your body to science?	P4: What purpose do the emotions of regret, shame, or guilt serve?	P5: When it comes to making decisions, do you usually need time to think things through, or do you mostly make decisions right away?	P6: What would it be like to be without a conscience?

December: Holidays of Various Cultures							
<b>Wednesday</b>	<b>12/1/2021</b>	P1: What holidays do you celebrate? If you do not celebrate, share why.	P2: What do your parents do that embarrasses you the most?	P3: What would it be like to be a bullfighter?	P4: What do you need to feel secure?	P5: Are you more likely to take care of yourself, or take care of others first? Why?	P6: What would it be like to drive in a monster truck rally?
<b>Thursday</b>	<b>12/2/2021</b>	P1: Close your eyes and imagine yourself ten years from now. Where are you? What are you doing?	P2: What do your parents do that embarrasses you the most?	P3: What would it be like to be stuck in an elevator in 24 hours?	P4: When do you feel the loneliest?	P5: When it comes to making decisions, do you usually need time to think things through, or do you mostly make decisions right away?	P6: What would it be like to spend a week with...?
<b>Friday</b>	<b>12/3/2021</b>	P1: Do you or anyone you know celebrate Christmas? How do you celebrate?	P2: What fuels you?	P3: What would it be like to be renamed on your 21st birthday?	P4: If you could put wings on any species of animal, what animal would you choose? Why?	P5: Considering the average condition of your bedroom, would you most likely be proud or embarrassed to have someone just drop by? Why?	P6: What would it be like if you could contact one person after you died?
<b>Saturday</b>	<b>12/4/2021</b>						
<b>Sunday</b>	<b>12/5/2021</b>						
<b>Monday</b>	<b>12/6/2021</b>	P1: Pick a word to describe your future. Why did you choose that word?	P2: What makes you feel like pulling the covers back over your head and staying hidden in bed all day long?	P3: What would it be like to be a member of a perfect family?	P4: Every day 12 things appear in your backyard, they are random, but all start with a letter of your choosing. What letter do you choose?	P5: Right now-today-who would you like to impress the most? In what way?	P6: What would it be like to be an adult?
<b>Tuesday</b>	<b>12/7/2021</b>	P1: Talk about something happening in the world that concerns you.	P2: Is it better to love or be loved? Why?	P3: What would it be like to hike Antarctica for a week?	P4: What is one of your best tricks for getting attention from your parents? From your friends?	P5: When you must be given bad news, do you want to be told gently and a little at a time, or be told the whole story all at once? Why?	P6: What would it be like if your fantasy became a reality?

<b>Wednesday</b>	<b>12/8/2021</b>	P1: Talk about something happening in the world today that excites or inspires you.	P2: When you are happy, how do you like to celebrate?	P3: What would it be like to live on your own island?	P4: If money wasn't a concern where would you live, what would you do, and what would your lifestyle look like?	P5: When and where are you the most at peace with yourself?	P6: What would it be like to be a bodyguard to the president?
<b>Thursday</b>	<b>12/9/2021</b>	P1: Do you or anyone you know celebrate Hanukkah? What do you know about it?	P2: What makes you feel jealous? Why?	P3: What would it be like if your hair turned gray overnight?	P4: If you could move anywhere and still have a livable wage, where would you like to move?	P5: In what situations do you lack confidence in yourself? Why?	P6: What would it be like to choose any job you wanted?
<b>Friday</b>	<b>12/10/2021</b>	P1: Talk about your favorite season and what you love about it.	P2: What makes your heartbeat fast?	P3: What would it be like to have a building named after you?	P4: If you could get a ticket to any show or event, what would you want a ticket to? Why?	P5: What is something that has happened in your life that you can explain only as a miracle? Why?	P6: What would it be like to have a bodyguard?
<b>Saturday</b>	<b>12/11/2021</b>						
<b>Sunday</b>	<b>12/12/2021</b>						
<b>Monday</b>	<b>12/13/2021</b>	P1: Do you or anyone you know celebrate Kwanzaa? What do you know about it?	P2: What one question you are asking yourself these days?	P3: What would it be like to change any one rule?	P4: If everyone was mentally incapable of lying, how would that change the world?	P5: When you daydream, who or what do your thoughts turn to?	P6: What would it be like if you didn't own your own shoes?
<b>Tuesday</b>	<b>12/14/2021</b>	P1: What superpower would you like to have and why?	P2: When do you feel out of control?	P3: What would it be like to be on a sinking ship?	P4: If you could be invisible, but it would mean being permanently invisible, would you want to be?	P5: Are you more likely to give, or get, compliments? Why?	P6: What would it be like if you couldn't communicate for a week?
<b>Wednesday</b>	<b>12/15/2021</b>	P1: If you could change your name, would you? What would you change it to?	P2: Growing up, what virtue did you see in your parents that you hope to emulate?	P3: What would it be like to go to a space camp?	P4: If you could go back in time and give your parents advice before you were born, what advice	P5: Are you more of a "night person" or a "day person"? Why?	P6: What would it be like to repay your parents?

					would you give them?		
<b>Thursday</b>	<b>12/16/2021</b>	P1: Talk about a funny or scary adventure you had with a friend.	P2: When you feel sad, what do you do to find comfort?	P3: What would it be like to be mistaken for a celebrity?	P4: If you had to do a dance that had never been done in the history of mankind to save mankind, what kind of dance would you do?	P5: Could you do with more or less sleep than you are getting now? How can you tell?	P6: What would it be like to feel no pain?
<b>Friday</b>	<b>12/17/2021</b>	P1: Are you looking forward to Winter Break? Why or why not?	P2: If you were a dictator of a small country, what crazy dictator things would you do?	P3: What would it be like if you discovered a genie in a bottle?	P4: If you could erase one thing from existence, even the memory of the thing, what would it be?	P5: What do you do to get over feeling "down" and sorry for yourself?	P6: What would it be like to get stood up by a date?
<b>Saturday</b>	<b>12/18/2021</b>						
<b>Sunday</b>	<b>12/19/2021</b>						
<b>Monday</b>	<b>12/20/2021</b>						
<b>Tuesday</b>	<b>12/21/2021</b>	Winter Break- No School					
<b>Wednesday</b>	<b>12/22/2021</b>	Winter Break- No School					
<b>Thursday</b>	<b>12/23/2021</b>	Winter Break- No School					
<b>Friday</b>	<b>12/24/2021</b>	Winter Break- No School					
<b>Saturday</b>	<b>12/25/2021</b>						
<b>Sunday</b>	<b>12/26/2021</b>						
<b>Monday</b>	<b>12/27/2021</b>	Winter Break- No School					
<b>Tuesday</b>	<b>12/28/2021</b>	Winter Break- No School					
<b>Wednesday</b>	<b>12/29/2021</b>	Winter Break- No School					
<b>Thursday</b>	<b>12/30/2021</b>	Winter Break- No School					
<b>Friday</b>	<b>12/31/2021</b>	Winter Break- No School					

January - National Mentoring Day							
Saturday	1/1/2022						
Sunday	1/2/2022						
Monday	1/3/2022	Winter Break- No School					
Tuesday	1/4/2022	Winter Break- No School					
Wednesday	1/5/2022	Winter Break- No School					
Thursday	1/6/2022	Winter Break- No School					
Friday	1/7/2022	Winter Break- No School					
Saturday	1/8/2022						
Sunday	1/9/2022						
Monday	1/10/2022	P1: Share something that happened over winter break.	P2: If you were head of product development at a major fast-food chain, what food abomination would you create?	P3: What would it be like to fall out of a tree?	P4: If someone offered you \$10,000 every time, they punched you in the face, how many times would you want to be hit?	P5: When you get voice mail, are you more likely to leave a message or simply hang up? Why?	P6: What would it be like to spend a day in the city of your choice?
Tuesday	1/11/2022	P1: What is something that you would be confident to talk about with an adult?	P2: If you could change the sounds your body makes (i.e., burp, fart, yawn, sneeze, etc.), what new sound effects would replace the normal sounds of your body?	P3: What would it be like to own your own restaurant?	P4: Would you want to live in a world where everyone's thoughts appeared as text above their head?	P5: What would you do with \$5 at the convenience store?	P6: What would it be like to be caught in a tornado?
Wednesday	1/12/2022	P1: What is a recent success you experienced?	P2: If you could replace any word in common usage with another word and no one would know, which word would you choose?	P3: What would it be like to be in the headlines?	P4: If you could start a secret society, what would be its goals and who would you include?	P5: For your next book report, are you more likely to read a larger book and write a longer report for an "A," or read a shorter book and write a brief report for an easy "C"? Why?	P6: What would it be like to be taller?



<b>Thursday</b>	<b>1/13/2022</b>	P1: What is a current challenge you are facing?	P2: If you could go back and hands down win any argument you've had with anyone, what argument would you choose to win?	P3: What would it be like if you couldn't smell?	P4: If you could only eat the same breakfast, the same lunch (different than breakfast), and the same dinner (different than lunch) every day, what three meals would you choose?	P5: You are a famous person, and your popularity increases as photographers shoot and publish your pictures continually. Would you enjoy being photographed for your fans, or could it get to be a real nuisance? Why?	P6: What would it be like to have a statue made of you?
<b>Friday</b>	<b>1/14/2022</b>	P1: What has been energizing this week? What has been draining your energy this week?	P2: If you were reincarnated as an animal based on your personality, what animal do you think you would come back as?	What would it be like to make a movie of your life?	P4: What two-hour chunk of history would you want a video of if you could have video of any point in history?	P5: Which word in the dictionary should have your picture next to it as a perfect example? Why?	P6: What would it be like to be in a school without desks?
<b>Saturday</b>	<b>1/15/2022</b>						
<b>Sunday</b>	<b>1/16/2022</b>						
<b>Monday</b>	<b>1/17/2022</b>	Holiday- Martin Luther King Jr. Day					
<b>Tuesday</b>	<b>1/18/2022</b>	P1: Choose a song that represents how you are feeling today? What is the song and what made you think of it?	P2: If people were required to post the bad as well as the good stuff that happened to them on social media, would social media platforms be more or less popular than they are now?	What would it be like if to visit your favorite sports star?	P4: If you could choose any job to be replaced by robots, what job would you make obsolete?	P5: Have you ever won a game and NOT felt good about it? Why, or why not?	P6: What would it be like to not have any form of government?
<b>Wednesday</b>	<b>1/19/2022</b>	P1: Draw an emoji that represents how you are feeling today. (Can be done on paper or digitally with draw)	P2: If you worked in the entertainment industry and had a pseudonym, what would your alias be?	P3: What would it be like to be a genius?	P4: Would you choose to become more intelligent if it meant you were generally unhappier?	P5: What sound, when you hear it, just drives you up the wall? Why?	P6: What would it be like to depend on medication to stay alive?

<b>Thursday</b>	<b>1/20/2022</b>	P1: What is something you are grateful you have in your life?	P2: What futuristic thing from a sci-fi movie or book do you really wish existed right now?	P3: What would it be like if you didn't make mistakes?	P4: If you were obscenely wealthy, what weird eccentricities would you indulge in?	P5: After five consecutive days of school, what do you most look forward to on the weekend? Why?	P6: What would it be like to be a DJ?
<b>Friday</b>	<b>1/21/2022</b>	P1: Name something that positively impacts your life?	P2: If you had an animal or plant renamed in your honor, what would you want to carry your name?	P3: What would it be like to swim on the back of a whale?	P4: If your dog or cat suddenly spoke one sentence and then never spoke again, what would be the most unsettling sentence they could say?	P5: When you want to "mellow out," what song do you listen to? Why?	P6: What would it be like without music?
<b>Saturday</b>	<b>1/22/2022</b>						
<b>Sunday</b>	<b>1/23/2022</b>						
<b>Monday</b>	<b>1/24/2022</b>	P1: Are you a cat, fish, dog, or other pet person?	P2: If you had to get a tail, what tail would you want and what would you use it for?	P3: What would it be like to be a member of the news media?	P4: How would the world change if there was no internal monologue and everything you thought, you spoke out loud?	P5: What is something you are saving your money for right now?	P6: What would it be like if we didn't use animals for a food source?
<b>Tuesday</b>	<b>1/25/2022</b>	P1: Do you have pets, if so what kind?	P2: If you could create any one reality TV show, and it was guaranteed to air, what show would you want to put on TV?	P3: What would it be like to rent out a movie theatre for one night?	P4: What movie worthy heist would you pull if you knew, in the end, you would get away with it?	P5: Do you voluntarily wear your seat belt without being reminded? Why, or why not?	P6: What would it be like to feel proud of yourself?
<b>Wednesday</b>	<b>1/26/2022</b>	P1: What is something you wish your teacher knew? (Can be done in writing or in a form, only have students share if they are comfortable)	P2: If you were a superhero/villain, but could only have superpowers that weren't already taken, what new powers would you choose and what would your name be?	P3: What would it be like to have no hope?	P4: If you could snap your fingers and make any one species go extinct, which species would you choose?	P5: If a movie of our life (so far) were going to be made, what would be the most appropriate title for it? Why?	P6: What would it be like if families always lived together?

<b>Thursday</b>	<b>1/27/2022</b>	P1: Who or what has made you smile this week?	P2: If you could be a top tier professional athlete in any sport, what sport would you play and why?	P3: What would it be like to pay rent to your parents?	P4: Would you want a house where every wall was made of giant TVs if you could choose the channels but never turn them off? Why?	P5: If a movie of your life were to be made, who would be the best person to play "you"? Why?	P6: What would it be like to never fit in?
<b>Friday</b>	<b>1/28/2022</b>	P1: Is there an adult on campus you trust?	P2: If everything you touch turns to gold, what 3 things would you touch first?	P3: What would it be like to be eat every meal with your hands?	P4: How would our view of space change if the moon was actually made of cheese?	P5: If your family were to host a foreign exchange student for a year, what country would you like that student to be from? Why?	P6: What would it be like to journey to the center of the earth?
<b>Saturday</b>	<b>1/29/2022</b>						
<b>Sunday</b>	<b>1/30/2022</b>						
<b>Monday</b>	<b>1/31/2022</b>	P1: Is there something in your life that brings you happiness?	P2: If someone left you a cottage/ranch somewhere in the countryside in their will, where would you want the cottage to be located?	P3: What would it be like to make everybody happy?	P4: Would you rather be incredibly witty and outgoing or quiet and incredibly intelligent or just stay the way you are now? Why?	P5: If you were going to be a foreign exchange student for a year, in which country would you most like to live? Why?	P6: What would it be like to see a live active volcano?

## February - Black History Month

February - Black History Month							
<b>Tuesday</b>	<b>2/1/2022</b>	P1: Who is your hero? Who do you look up to?	P2: What animal would be way better if it was covered in scales?	P3: What would it be like to ride into the sunset?	P4: You get one text, no more than 160 characters, that gets sent to everyone's phone. What does it say?	P5: Your entire class has been chosen to go on a national talent show with each person giving an individual performance of his or her greatest talent. What would you choose as yours? Why?	P6: What would it be like to set a world record?
<b>Wednesday</b>	<b>2/2/2022</b>	P1: What is it about your hero that you admire, or think is awesome?	P2: What laws would you abolish if you could? What laws would you create?	P3: What would it be like if someone wrote a song about you?	P4: When is the last time you had a give a speech? How did it go?	P5: While chatting to a new friend online, how would you describe the style of clothes that you are into?	P6: What would it be like to go back to school at 40?
<b>Thursday</b>	<b>2/3/2022</b>	P1: Why is it important to acknowledge the achievements of African Americans throughout history?	P2: If you could design a planet, what would your perfect planet look like?	P3: What would it be like to discover a new planet?	P4: Would you sign up to be a colonist on another planet if it meant you would never be able to return to earth? Why or why not?	P5: Which day of the week is your most productive day? In what way?	P6: What would it be like to be Santa Claus?
<b>Friday</b>	<b>2/4/2022</b>	P1: What is a movie you have seen many times? How many times do you think you have seen it?	P2: What would be your strategy for a zombie apocalypse?	P3: What would it be like if all electronic games were banned?	P4: If you were a 90's cartoon evil villain, where would your base be and what would it look like / have inside? What would your henchmen / henchwomen wear as uniforms?	P5: Everyone in your house is pitching in on Saturday to clean the whole house and garage, and no one is pressuring you to join in. Would you help out or go to your friend's house? Why?	P6: What would it be like to walk through walls?
<b>Saturday</b>	<b>2/5/2022</b>						

Sunday	2/6/2022						
Monday	2/7/2022	P1: What is your most prized possession?	P2: What would be the first few things you would try if you found out you were completely impervious to physical harm?	P3: What would it be like if you never needed any sleep?	P4: If you were a 90's cartoon evil villain, where would your base be and what would it look like / have inside? What would your henchmen / henchwomen wear as uniforms?	P5: Is there an article of clothing you have that you just cannot do without? If so, what is it? Why is it so important?	P6: What would it be like to be an escape artist?
Tuesday	2/8/2022	P1: What is something you could never give up or never want to lose?	P2: If you could choose a nickname and have people call you it with complete seriousness no matter how ridiculous, what nickname would you want?	P3: What would it be like to have a clone of yourself?	P4: If you were the king of an ancient civilization what would you want your tomb to look like?	P5: In view of your diet, what is one food you try to eat regularly? Why?	P6: What would it be like to live by candlelight for a week?
Wednesday	2/9/2022	P1: If you could interview anyone, who would you want to interview?	P2: How would you change how you acted if you knew 100% that the world was a simulation?	P3: What would it be like have your name on an office door?	P4: If you could call yourself when you were fifteen years old for a twenty-minute conversation, what would you tell yourself?	P5: Would you find it easier to be totally, completely, 100% honest with your best friend or someone you're chatting with online? Why?	P6: What would it be like to spend one day as an animal?
Thursday	2/10/2022	P1: Have you heard of Dr. Martin Luther King, Jr.? What do you know about him?	P2: How would you change how you acted if you knew 100% that the world was a simulation?	P3: What would it be like to sell door to door?	P4: If you could choose what the next crazy fake health trend was, what health trend would you create?	P5: When someone has a disagreement with you, how would you want him/her to handle it, for the best solution?	P6: What would it be like inform the police of a friend's crime?

<b>Friday</b>	<b>2/11/2022</b>	P1: If you could spend time alone or with other people, which would you choose?	P2: If you could live in anyone's head for fifteen minutes (Being John Malkovich style), who would you choose?	P3: What would it be like to be put into a zoo?	P4: If your life was made into a movie which actor would play you?	P5: Who are you most likely to compete with: someone who has less ability than you, someone whose ability is fairly equal to yours, or someone who has greater ability than you do? What would be an example?	P6: What would it be like to be 100?
<b>Saturday</b>	<b>2/12/2022</b>	Holiday- Lincoln's Birthday					
<b>Sunday</b>	<b>2/13/2022</b>						
<b>Monday</b>	<b>2/14/2022</b>						
<b>Tuesday</b>	<b>2/15/2022</b>	P1: Do you find it draining or energizing to be around other people?	P2: If given a chance, would you drink milk from animals we usually don't drink milk from? (i.e., bat milk, cheetah milk, monkey milk, etc.) Why?	P3: What would it be like to be an umpire?	P4: What kind of movie or TV show would you make if money / skill wasn't an object?	P5: On a scale of 1 to 10, with 1 being total competition, and 10 being total cooperation, what number would you generally give yourself when working with people? When might this number change?	P6: What would it be like if you couldn't read?
<b>Wednesday</b>	<b>2/16/2022</b>	P1: Would you rather spend time in the sun at the beach or in the snow in the mountains?	P2: If you were offered \$50,000 to dance for 2 minutes with no music in front of a stadium full of people, would you, do it? What type of dancing would you do?	P3: What would it be like to experience weightlessness?	P4: What animal would be the cutest if it was the size of a chihuahua? Why?	P5: Would you rather live in a city with a lot of cultural diversity, or a city where there is very little cultural diversity? Why?	P6: What would it be like if one of your parents was a police officer?

<b>Thursday</b>	<b>2/17/2022</b>	P1: Have you heard of Rosa Parks? What do you know about her?	P2: What would you do if you had your own intergalactic spaceship roughly the size of a house?	P3: What would it be like to stay overnight on the street?	P4: If you could implant one false memory in the minds of everyone in your country, what would that memory be?	P5: What is one way in which it is difficult for you to be more of an individual YOU?	P6: What would it be like to have a fear of crowds?
<b>Friday</b>	<b>2/18/2022</b>	P1: Name a goal you met this week and a goal you have for yourself for next week.	P2: If you could choose one element to control, what element would you choose? Why?	P3: What would it be like if no one wore shoes?	P4: If you could make one thing that is now legal, illegal, and one thing that is illegal, legal, what laws would change?	P5: Which collection of something you are keeping is the most valuable to you? In what way?	P6: What would it be like to become allergic to your favorite food?
<b>Saturday</b>	<b>2/19/2022</b>	Holiday-President's Day					
<b>Sunday</b>	<b>2/20/2022</b>						
<b>Monday</b>	<b>2/21/2022</b>						
<b>Tuesday</b>	<b>2/22/2022</b>	P1: Is there anything causing difficulty in your life right now? (Have them write and share if willing and comfortable. Can be a form so you can see all the responses.)	P2: If you were a fashion icon and whatever you wore would become a fashion trend, what fashion trends would you start?	P3: What would it be like to talk with your hands?	P4: If you could put a new word in the dictionary, what would it be and what would be the definition?	P5: When you are home sick, what are the items you usually need to help you pass the tie comfortably? Why?	P6: What would it be like to ride a motorcycle for a week?
<b>Wednesday</b>	<b>2/23/2022</b>	P1: What is taking up most of your time lately?	P2: If you could body swap with any person for 24 hours, who would you choose?	P3: What would it be like if there were no pizza?	P4: What would be great and what would be terrible about all humans having translucent skin and muscles so that you could see all the organs working?	P5: What are two things that make you really depressed when they happen, or when you think of them? Why?	P6: What would it be like to have your own home?

<b>Thursday</b>	<b>2/24/2022</b>	P1: How do you take care of yourself when you are stressed out?	P2: If you could ask three questions to anyone in history, who would you choose and what questions would you ask? Assuming they would understand your questions and you would understand their answers.	P3: What would it be like to go to the Hawaiian Islands?	P4: If you had a symbol or crest that represented you, what would it look like?	P5: On school days, what is your usual breakfast routine? Would you change it if you could? If so, how?	P6: what would it be like to be extremely underweight?
<b>Friday</b>	<b>2/25/2022</b>	P1: The month of February celebrated the contributions African Americans have made throughout history in science, politics, law, sports, the arts, entertainment, and many other fields. Do you know any of the famous men or women often celebrated?	P2: If you were tasked with redesigning your country's flag, how would you change it?	P3: What would it be like to grow up on an army base?	P4: Would you choose to know your future if it meant forgetting your past? Why or why not?	P5: What is our favorite time of day? Why?	P6: What would it be like to be the vice president?
<b>Saturday</b>	<b>2/26/2022</b>						
<b>Sunday</b>	<b>2/27/2022</b>						
<b>Monday</b>	<b>2/28/2022</b>	P1: If you only had 1 minute to share everything about you, what would you share. (Can be shared with a partner, can select a few to share aloud if time allows.)	P2: If you were chosen to be the first human to make contact with aliens, would you want to?	P3: What would it be like to have your own car?	P4: If you had to join the circus, what type of performer would you be?	P5: When you are in a park, what is your favorite thing to do? Why?	P6: What would it be like to be awoken from a coma after five years?



## March - Women's History Month

March - Women's History Month							
<b>Tuesday</b>	<b>3/1/2022</b>	P1: On which day of the week are you usually the most energized?	P2: Are you more like balancing or juggling? How?	P3: What would it be like to have one magical power?	P4: What kind of business would you like to start if you were given a chance?	P5: What is the best news that you have ever gotten in your life? What made it so outstanding?	P6: What would it be like to switch places with someone?
<b>Wednesday</b>	<b>3/2/2022</b>	P1: Name a famous woman you know about? Why is she famous?	P2: Are you more like fast or slow? How?	P3: What would it be like to be a storyteller?	P4: If you could control your dreams, what would you dream about?	P5: When was the last time you were totally generous for absolutely no reason at all? What was the result?	P6: What would it be like if the world ran out of gas?
<b>Thursday</b>	<b>3/3/2022</b>	P1: Have you heard of Amelia Earhart? What do you know about her?	P2: Are you more like a face lift or wrinkles? Explain.	P3: What would it be like to be a hamster?	P4: What would you do if a teaspoon of your tears could be used to cure cancer in one person?	P5: What was the longest period of time you have stayed up and stayed awake? Would you do it again?	P6: What would it be like to care for a baby all day, every day?
<b>Friday</b>	<b>3/4/2022</b>	P1: On which day of the week are you most likely to order pizza?	P2: Are you more like a bull or a bunny? How?	P3: What would it be like to teach a class of your peers?	P4: Your superpower is that you can give phobias to people, what fun and interesting things would you make people afraid of?	P5: What can you just not get enough of when it comes to food?	P6: What would it be like if animals made no sound?
<b>Saturday</b>	<b>3/5/2022</b>						
<b>Sunday</b>	<b>3/6/2022</b>						
<b>Monday</b>	<b>3/7/2022</b>	P1: On which day of the week are you the busiest?	P2: Are you more like a lake or a pool? Explain.	P3: What would it be like to be a famous chef?	P4: If you could tack on 100 years to the end of your life, but you would be old and frail	P5: What kind of work would you be willing to do if someone offered you \$100? Why?	P6: What would it be like to run out of ideas?

					during those 100 years, would you still do it?		
<b>Tuesday</b>	<b>3/8/2022</b>	P1: Name a word that describes the feeling in your teeth when you bite into a popsicle.	P2: Are you more like a rainbow or a thunderstorm? How?	P3: What would it be like to talk to someone from the future?	P4: If you could tack on 100 years to the end of your life, but you would be old and frail during those 100 years, would you still do it?	P5: What is one thing that you really need (not want)?	P6: What would it be like to receive a large package in the mail?
<b>Wednesday</b>	<b>3/9/2022</b>	P1: How will you help or contribute to your learning today?	P2: Are you more like a paper or washcloth? Explain.	P3: What would it be like without books?	P4: If aliens took over and humans were put into zoos, what would you want in your zoo enclosure?	P5: What is one decision other people are making for you that you feel very capable of making? Why?	P6: What would it be like to give blood for someone you love?
<b>Thursday</b>	<b>3/10/2022</b>	P1: Have you heard of Eleanor Roosevelt? What do you know about her?	P2: Are you more like getting what you want or giving in? Explain.	P3: What would it be like to never have chores at home?	P4: If you could travel anywhere in the world, where would you visit and why?	P5: What is something you would pay \$100 to be able to do? Why?	P6: What would it be like to wear a uniform every day?
<b>Friday</b>	<b>3/11/2022</b>	P1: Is there anything happening in your life that might get in the way of your success. (Have them write and share if willing and comfortable. Can be a form so you can see all the responses.)	P2: Are you more like candy or popcorn? How?	P3: What would it be like to have a pie in the face?	P4: If you could merge two games together and make a new one, what games would you choose and what would be the result?	P5: When are the "good years" in a person's life?	P6: What would it be like to have a fear of the dark?
<b>Saturday</b>	<b>3/12/2022</b>						
<b>Sunday</b>	<b>3/13/2022</b>						

<b>Monday</b>	<b>3/14/2022</b>	P1: What is a school skill you have and are good at?	P2: Are you more like a critic or a fan? Explain.	P3: What would it be like to live in a castle?	P4: If hide and seek were a major sport in the Olympics, what would it be like?	P5: What rules do you have to follow that seem totally useless to you? Why?	P6: What would it be like if we communicated only through music?
<b>Tuesday</b>	<b>3/15/2022</b>	P1: Do you enjoy being a student in this class? Why or why not? (Have them write and share if willing and comfortable. Can be a form so you can see all the responses.)	P2: Are you more like a listener or a talker? Explain.	P3: What would it be like to travel the country in a mobile home?	P4: If you could change what people say after someone sneezes, what would be the funniest thing for people to say?	P5: When should a child have the concept of death explained to them? Why?	P6: What would it be like if you had triplets born into your family today?
<b>Wednesday</b>	<b>3/16/2022</b>	P1: What do you love about yourself?	Are you more like a bully or a nerd? Explain.	P3: What would it be like to have your own horse?	P4: If your hands were frozen in one position or gesture, what position would want them stuck in?	P5: What job would you not take \$500 to do? Why?	P6: What would it be like to eat a sugarless diet?
<b>Thursday</b>	<b>3/17/2022</b>	P1: Why is it important to acknowledge the achievements of women throughout history?	P2: Are you more like emotional or rational? How?	P3: What would it be like if you couldn't hear?	P4: If you could accomplish simple tasks while sleeping and still get a good night's sleep, what would you want your body to do while you were sleeping?	P5: What is a recent purchase you made with your own money that you now regret having made? Why?	P6: What would it be like to reach the top of the highest mountain?
<b>Friday</b>	<b>3/18/2022</b>	P1: If you could be any animal, what type of animal would you be?	P2: Are you more like cupid or the tooth fairy? How?	P3: What would it be like to act on your favorite TV Show?	P4: If Jedi were real, but you had to give up all your possessions and never have a romantic relationship, would you still become a Jedi?	P5: What is a decision you made once that surprised everyone? Why?	P6: What would it be like to own a sports team?
<b>Saturday</b>	<b>3/19/2022</b>						

<b>Sunday</b>	<b>3/20/2022</b>						
<b>Monday</b>	<b>3/21/2022</b>	Spring Break-No School					
<b>Tuesday</b>	<b>3/22/2022</b>	Spring Break-No School					
<b>Wednesday</b>	<b>3/23/2022</b>	Spring Break-No School					
<b>Thursday</b>	<b>3/24/2022</b>	Spring Break-No School					
<b>Friday</b>	<b>3/25/2022</b>	Spring Break-No School					
<b>Saturday</b>	<b>3/26/2022</b>						
<b>Sunday</b>	<b>3/27/2022</b>						
<b>Monday</b>	<b>3/28/2022</b>	P1: What is a big change that you would like to make?	P2: Are your more like a tree branch or a tree trunk? Explain.	P3: What would it be like to invent a new form of transportation?	P4: What would you do if you were suddenly given world-class hacking knowledge and ability?	P5: Who could you send a thank-you note to? For what reason?	P6: what would it be like if you couldn't see?
<b>Tuesday</b>	<b>3/29/2022</b>	P1: Who is your mentor? What have you learned from them?	P2: Are your more like cash or charge? Explain.	P3: What would it be like work all day and go to night school?	P4: If you could speak other languages fluently, what languages would you want to speak?	P5: At what age should children be legally allowed to drive? Why?	P6: What would it be like if there were no school?
<b>Wednesday</b>	<b>3/30/2022</b>	P1: The month of March celebrated the contributions women have made throughout history in science, politics, law, sports, the arts, entertainment, and many other fields. Do you know any of the famous women often celebrated?	P2: Are your more like a landlord or a tenant? Explain.	P3: What would it be like if all sports were coed?	P4: If you won the lottery, what would NOT change?	P5: What age is considered "old"? Why?	P6: What would it be like to parachute out of a plane?
<b>Thursday</b>	<b>3/31/2022</b>	P1: What is something kind that you or someone else has done that made you smile? Explain.	P2: Are your more like a globe or a map?	P3: What would it be like to be immortal?	P4: If you could bring back any canceled TV series, which TV show would you choose to bring back?	P5: What makes a town or city a good place in which to live? Why?	P6: What would it be like if everyone were one gender?

April - National Child Abuse Prevention Month							
<b>Friday</b>	<b>4/1/2022</b>	P1: If you saw a kid crying during lunch, what is something that you could do?	P2: If you had to prove you were human and not an AI in 5 minutes via a text conversation, how would you do it?	P3: What would it be like to be granted just one wish?	P4: Are you more like family or company? Explain.	P5: What day, or part of the day, is the most boring part of the week for you? Why?	P6: What would it be like to go on a jungle safari?
<b>Saturday</b>	<b>4/2/2022</b>						
<b>Sunday</b>	<b>4/3/2022</b>						
<b>Monday</b>	<b>4/4/2022</b>	P1: What was a kind thing that someone did for you?	P2: If you could go back and uninvent something, what invention would you erase from history?	P3: What would it be like if there was no minimum wage?	P4: Are you more like text or call? Why?	P5: Would you be a different kind of person if you were given everything you simply wanted? Why, or why not?	P6: What would it be like to loved unconditionally?
<b>Tuesday</b>	<b>4/5/2022</b>	P1: Which day of the week do you like the least?	P2: If you could know the truth behind any one secret or mystery, what would it be?	P3: What would it be like to live in a glass house?	P4: Are you more like a stapler or the staple? How?	P5: How important is it to you to have a good relationship with your friends' parents? Why or why not?	P6: What would it be like to lose all that you own in a tornado?
<b>Wednesday</b>	<b>4/6/2022</b>	P1: If you see a kid standing by themselves, what can you do to include them?	P2: If you could rename any five animals, what would you rename and what would their new names be?	P3: What would it be like to be in a family with ten children?	P4: Are you more like a ramp or a staircase? Why?	P5: What is a subject people think you should "lighten up" about? Why?	P6: What would it be like to own a club?
<b>Thursday</b>	<b>4/7/2022</b>	P1: How can you comfort a friend who is hurt or upset?	P2: if you had an endless supply of LEGOs but couldn't sell them, what would you build?	P3: What would it be like to tell people your story?	P4: Are you more like a green light, a yellow light or a red light? How?	P5: The same story is told by a book and a movie. Would you read the book or see the movie? Why?	P6: What would it be like if everyone knew who you were?

<b>Friday</b>	<b>4/8/2022</b>	P1: What is one way to support someone?	P2: If your salary was doubled, what would you do with the extra income?	P3: What would it be like to share something you are proud of?	P4: Are you more like friendly or antagonistic?	P5: What was the worst punishment you ever received? Did you deserve it? Why or why not?	P6: What would it be like to discover a cure for the common cold?
<b>Saturday</b>	<b>4/9/2022</b>						
<b>Sunday</b>	<b>4/10/2022</b>						
<b>Monday</b>	<b>4/11/2022</b>	P1: If something was wrong, who would you tell first?	P2: If you found out you were going to die in a week, what would you do with your remaining time?	P3: What would it be like to eat a restaurant for every meal?	P4: Are you more like the shade or the sun? Why?	P5: Is it important that each child in the family be given equal attention by the adults? Why or why not?	P6: What would it be like if you weren't allowed to go to school?
<b>Tuesday</b>	<b>4/12/2022</b>	P1: Name something you know or remember about ____? (Give each student another student's name, make sure everyone hears something nice about them)	P2: If all animals became as intelligent as humans and were miraculously able to speak, what jobs would be well suited to which animals?	P3: What would it be like to be lost in the wilderness?	P4: Are you more like a duffle bag or a suitcase? Explain.	P5: When do you usually get yourself into trouble? Why?	P6: What would it be like to be a cheerleader or football player?
<b>Wednesday</b>	<b>4/13/2022</b>	P1: What is something that you don't like doing but it is something you must do?	P2: If you could make one thing taste like another, what would it be?	P3: What would it be like to be owned by another human being?	P4: Are you more like hot sauce or mild sauce? How?	P5: What is the most danger you have ever been in? Could you go through it again, if necessary?	P6: What would it be like to be invisible?
<b>Thursday</b>	<b>4/14/2022</b>	P1: If a friend tells you something is wrong but asks you not to tell, what do you do?	P2: If you could make one thing taste like another, what would it be?	P3: What would it be like if you lost your voice completely?	P4: Are you more like morning, noon, or night? Explain.	P5: Do children have rights that adults do not have? Why?	P6: What would it be like to be without gravity?

<b>Friday</b>	<b>4/15/2022</b>	P1: Are there situations when you should tell, even when asked not to by your friend?	P2: If you could choose any mode of transportation, no matter how ridiculous, what method of transportation would you want to use to get around town?	P3: What would it be like to be the best?	P4: Are you more like grass or sand? Explain.	P5: At what age should a person be given a credit card for personal use? Why?	P6: What would it be like to escape from time for a day?
<b>Saturday</b>	<b>4/16/2022</b>						
<b>Sunday</b>	<b>4/17/2022</b>						
<b>Monday</b>	<b>4/18/2022</b>	P1: What 3 words would a friend use to describe you?	P2: Assuming you don't get seasick, what would your dream sailboat or boat look like and what would you name it?	P3: What would it be like to build your own robot?	P4: Are you more like a can or a jar? Explain.	P5: Should teenagers practice manners, or are manners out of style today? Why?	P6: What would it be like to have your own business cards?
<b>Tuesday</b>	<b>4/19/2022</b>	P1: If you could do one thing every day, for the rest of your life, what would it be?	P2: How would the world change if mammals (including humans) laid eggs instead of giving birth?	P3: What would it be like to be free?	P4: Are you more like a firecracker or a sparkler? How?	P5: In what type of situation is it most difficult to remember to be polite and kind? Why?	P6: What would it be like to be without kindness?
<b>Wednesday</b>	<b>4/20/2022</b>	P1: What is one thing that you don't know how to do, but you wish you did?	P2: If you were tasked with making school more fun, but it still had to be effective at teaching students, what would you change?	P3: What would it be like if you could have any job you wanted?	P4: Are you more like an adverb or a verb? How?	P5: Who inspires you? In what way?	P6: What would it be like to be a bird?
<b>Thursday</b>	<b>4/21/2022</b>	P1: What is something most people love, but you hate?	P2: If you could make a medicine that would cure one thing, and that thing could be anything, what would your miracle medicine cure be?	P3: What would it be like to be confined indoors for 6 months?	P4: Are you more like the train or the track? How?	P5: Who gets inspiration from you? In what way?	P6: What would it be like to be a train conductor?

<b>Friday</b>	<b>4/22/2022</b>	P1: What was your most embarrassing memory? (Have them write and share if willing and comfortable. Can be a form so can see all the responses.)	P2: If you could be born again in any country, as any race, and as any gender, what would you choose?	P3: What would it be like to have instant replay anytime?	P4: Are you more like a finger or a thumb? Explain.	P5: Is a "troublemaker" as a child destined to be a "troublemaker" as an adult? Why or why not?	P6: What would it be like to lose your wallet?
<b>Saturday</b>	<b>4/23/2022</b>						
<b>Sunday</b>	<b>4/24/2022</b>						
<b>Monday</b>	<b>4/25/2022</b>	P1: If you could trade places with anyone for one day, who would it be?	P2: What fantasy creature would you love to bring into the real world?	P3: What would it be like to swim with a dolphin?	P4: Are you more like a paper clip or a rubber band? How?	P5: What is something you need more courage yet to try? How can you develop that courage?	P6: What would it be like to join and be accepted by any group?
<b>Tuesday</b>	<b>4/26/2022</b>	P1: If someone wrote an article about you in your school's newspaper, what would you want them to say?	P2: If you could afford a live-in butler or maid, would you want one? Why or why not?	P3: What would it be like if your best friend told one of your secrets?	P4: Are you more like a story book reader or a storyteller? Why?	P5: What is the best way to work out a conflict with another person? How successful are you in trying this approach?	P6: Why would it be like if you had to wear a space suit every day?
<b>Wednesday</b>	<b>4/27/2022</b>	P1: What is something that you think adults just don't understand?	P2: What sound do you think you would miss most if you went deaf? Explain.	P3: What would it be like to give away everything you owned?	P4: Are you more like a ladybug or a praying mantis? How?	P5: What is a "soul make"? Do you have one? How can you tell?	P6: What would it be like to have your own website?
<b>Thursday</b>	<b>4/28/2022</b>	P1: What is one thing that you own that represents who you are?	P2: If you could know when and how someone would die just by shaking their hands but couldn't change their fate, how would you use that power?	P3: What would it be like to design your own clothing?	P4: Are you more like oil or vinegar? How?	P5: Is it easier being a child or an adult in our society today? How can you tell?	P6: What would it be like to do everything with your family?
<b>Friday</b>	<b>4/29/2022</b>	P1: Describe a time when you felt really loved.	P2: If you could harmoniously unite two countries into one, what two countries would you choose?	P3: What would it be like to get rid of your biggest fear?	P4: Are you more like French fries or onion rings? why?	P5: Is it harder to live up to your own expectations or those of others? Why?	P6: What would it be like if you couldn't stop laughing?
<b>Saturday</b>	<b>4/30/2022</b>						



### May - Mental Health Awareness Month

Sunday	5/1/2022						
<b>Monday</b>	<b>5/2/2022</b>	P1: What would you call the moment right before a conflict burst?	P2: What would it be like without flowers?	P3: What would it be like to win an all-expense paid, month-long trip?	P4: What animal would you create if you could design and bring into the world, one new creature?	P5: Is there a subject about which you can take teasing from one person, but not another? Why?	P6: What would it be like to give away a billion dollars?
<b>Tuesday</b>	<b>5/3/2022</b>	P1: What was the last kind thing you did for someone else?	P2: Would you rather have a pet porcupine or have a pet skunk? Why?	P3: What would it be like to move every three years?	P4: If you could go back and undo one thing you did, what would you undo?	P5: What is something you know you should be doing daily, but end up doing only occasionally? Why?	P6: What would it be like to go to a boarding school?
<b>Wednesday</b>	<b>5/4/2022</b>	P1: What is the quickest way to make someone smile?	P2: Would you rather spend the whole school day on your favorite subject or only take your least favorite class for a few hours a day?	P3: What would it be like to be loved by everyone?	P4: If you were able to throw a party and money wasn't an issue, what kind of party would you throw?	P5: Would it be easier for you to create a list of 10 things that make you happy, or things that make you "bummed out"? Why?	P6: What would it be like to miss the winning shot in a big game?
<b>Thursday</b>	<b>5/5/2022</b>	P1: Which day of the week do you feel the most relaxed?	P2: What would it be like if the sun were blue?	P3: What would it be like to jump into ice water?	P4: If you could make any non-edible thing edible to humans, what would you choose?	P5: Do children learn best by being punished, or by being rewarded for their behaviors? How can you tell?	P6: What would it be like to take back one bad thing you did?
<b>Friday</b>	<b>5/6/2022</b>	P1: If a new kid comes to school how could you make them feel welcome?	P2: If you had one extra hour of free time every day, how would you spend it?	P3: What would it be like to have no arms or legs?	P4: When would you be born if you could choose to be born at another time?	P5: What is something you were told when you were young that you now do not believe? Why?	P6: What would it take to find a buried treasure?
<b>Saturday</b>	<b>5/7/2022</b>						
<b>Sunday</b>	<b>5/8/2022</b>						

<b>Monday</b>	<b>5/9/2022</b>	P1: Which day of the week do you like the best? Why?	P2: Where would you like to be in 10 years?	P3: What would it be like to have famous parents?	P4: If androids were a thing, how do you think people would treat them?	P5: Considering the influence you have on younger children, would you say you are more of a positive role model, or a negative role model? How can you tell?	P6: What would it be like to be Batman?
<b>Tuesday</b>	<b>5/10/2022</b>	P1: What emotion are you feeling the most today?	P2: What is your hidden talent? If you do not have one, what would you like it to be, if given the choice?	P3: What would it be like if you won \$10,000 but had to give it away?	P4: If you had a handful of modeling clay and whatever you made would become real until you willed it back into clay, what would you use it for / make?	P5: What is one toy every child should own? Why?	P6: What would it like to be given a puppy?
<b>Wednesday</b>	<b>5/11/2022</b>	P1: If you had to choose what is your favorite chore?	P2: What was your favorite childhood toy? Why?	P3: What would it be like to be stranded at sea in a life raft?	P4: If you could control one aspect of your body that usually is autoregulated (i.e., body temperature, digestion, heart rate, etc.), what system would you control?	P5: Are store clerks usually respectful to customers your age? How can you tell?	P6: What would it be like to be a secret agent?
<b>Thursday</b>	<b>5/12/2022</b>	P1: Who is someone that can always cheer you up? Why or how?	P2: What is your favorite thing to do outside?	P3: What would it be like to be linked to make the winning score in the big game?	P4: If you were a professional wrestler in the WWE, what would your name and identity be?	P5: Assuming your next birthday could not be celebrated with a cake, what would you request as a substitute? Why?	P6: What would it be like to own a motorcycle?
<b>Friday</b>	<b>5/13/2022</b>	P1: What makes you unique?	P2: What's a small thing someone did that really encouraged you?	P3: What would it be like to make your dreams real?	P4: What would you do with a real bag of holding? (fictional bag can contain objects larger than its own size.)? Explain.	P5: When was a time you felt helpless while with a person in need?	P6: What would it be like to be without a telephone?
<b>Saturday</b>	<b>5/14/2022</b>						
<b>Sunday</b>	<b>5/15/2022</b>						

<b>Monday</b>	<b>5/16/2022</b>	P1: If you could tell your past self-something at the beginning of this year, what would you tell yourself?	P2: If you had a TV show, what would it be called?	P3: What would it be like if your parents choose your job at birth?	P4: If you could get every country and every person in the world to work on one project or goal, what would it be? Explain.	P5: At what age should it no longer be necessary to tell your parents where you are going when you leave the house? Why?	P6: What would it be like if vegetables were our only food source?
<b>Tuesday</b>	<b>5/17/2022</b>	P1: What is a coping skill you use when you get upset or frustrated?	P2: What is your catchphrase, or a word you say a lot?	P3: What would it be like to be a flight attendant?	P4: If you could design a new holiday, what holiday would you create and what traditions would it have?	P5: For a major personal problem, whose advice would you want most? Why that certain person?	P6: What would it be like if money grew on trees?
<b>Wednesday</b>	<b>5/18/2022</b>	P1: Name something you learned about yourself this school year.	P2: What jingle always gets stuck in your head?	P3: What would it be like to be in orbit?	P4: If you could know the internet history of any one individual, who would it be?	P5: What are sometimes that you really need your own space? Why?	P6: What would it be like if you had to live in a giant plastic bubble?
<b>Thursday</b>	<b>5/19/2022</b>	P1: Have your interests changed this year, do you like new things?	P2: hat is something you have in common with the person next to you?	P3: What would it be like to be a mountain lion?	P4: If you could become three times bigger or fifty times smaller at will, which do you think you would spend more time as, big you or small you? Why?	P5: Should teens with part-time jobs still be assigned chores around the house? Why or why not?	P6: What would it be like if everyone looked alike?
<b>Friday</b>	<b>5/20/2022</b>	P1: What is something you will miss about this class?	P2: What one song will you always know every word to?	P3: What would it be like to do one thing you are not allowed to do?	P4: If you could redesign the human species, what parts would you add on or take out?	P5: If child labor laws did not exist as they presently do, would you choose to be in school or working at a job right now? Why?	P6: What would it be like to know everyone in the world?
<b>Saturday</b>	<b>5/21/2022</b>						
<b>Sunday</b>	<b>5/22/2022</b>						

<b>Monday</b>	<b>5/23/2022</b>	P1: What area do you think you have grown the most in?	P2: What is the best piece of advice you've ever received?	P3: What would it be like if everyone was afraid of you?	P4: If you could choose any vehicle to drive around for a couple of hours, which vehicle would you choose? Why?	P5: Should parents know all their children's friends? Why or why not?	P6: What would it be like if you could trade places with your teacher?
<b>Tuesday</b>	<b>5/24/2022</b>	P1: Name a moment that you appreciate from this school year?	P2: If you were to write a book, what would it be about?	P3: What would it be like to live in a teepee?	P4: If you had a pen with magical ink inside, what would happen when you wrote something?	P5: What is the most important experience each child should have to prepare them for later life? Why?	P6: What could it be like to be charged with a crime that you did not commit?
<b>Wednesday</b>	<b>5/25/2022</b>	P1: What are you looking forward to next school year?	P2: If there were 25 hours in a day, how would you spend your extra hour?	P3: What would it be like without snack food at the movies?	P4: You can choose anyone in the world to become friends with who would you choose? Why?	P5: Is it generally easier for you to be polite and respectful to adults, or kids your age? Why?	P6: What would it be like to relive one day in your life?
<b>Thursday</b>	<b>5/26/2022</b>	P1: How are you planning to stay in touch with your friends?	P2: What is the first thing you do when you wake up or the last thing you do before you go to bed?	P3: What would it be like to get stood up at your wedding?	P4: If you could be an NPC in any videogame, what game would you choose to reside in?	P5: What is a situation in which competition is not good or productive? Why?	P6: What would it be like to be my friend?
<b>Friday</b>	<b>5/27/2022</b>	Last Day of School					
<b>Saturday</b>	<b>5/28/2022</b>						
<b>Sunday</b>	<b>5/29/2022</b>						
<b>Monday</b>	<b>5/30/2022</b>	Holiday-Memorial Day					
<b>Tuesday</b>	<b>5/31/2022</b>	Teachers Prep Day					



## MTSS: Building Relationships



**Name:** Community Building Circle Lesson Plans and Activities



**Time:** 25-30 Minutes



**Overview:** Teachers will use the lesson plans to guide building relationships and community in the classroom.



**When and Why:** Ideally circles should be held on a weekly basis for consistency but can be used as often as needed.



**Focus:** Community building creates a sense of belonging. Belonging leads to students more readily sharing their problems or concerns. This raises their self-esteem and enables the students to come closer to self-actualization or being the best, they can be.



### **Steps:**

Follow Lesson plans and questions. Community building questions can be substituted as needed.



**Debrief:** Community building increases student engagement. When students feel safe and connected, its easier for them to learn.

## **Classroom Community Building Circle**

### Instructions

**1. Opening/Welcoming:** Circle Keeper (teacher) explains the purpose of the circle

**2. Introduce and Review Agreements:** Circle Keeper reads the following:

- a. Respect the Talking Piece-Treat it like it is gold, do not mistreat it.
- b. Speak From your Heart-Be genuine and honest
- c. Listen with your Heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your Best Self-Be excited for circle

**3. Introduce Talking Piece**

- a. Allow each child to select any item from home that has value. You can choose to allow students to explain what the piece is and why they selected the piece. This talking piece will be used by students individually when they share.
- b. Alternate Options-
  - i. Have students speak in alphabetical order.
  - ii. Preassign student numbers and scramble numbers before circle. List them in the chat so students are prepared for their turn.

**4. Check In Question**

- a. Select a question to get an idea on everyone's moods/feelings for the day. Ensure that everyone shares.

**5. Community Building Question/Activity**

- a. Select an activity that would be fun and safe for your students. These activities are good to get students moving and building relationships.
- b. Select questions that will encourage conversation.
- c. Circle Keeper will ask the first question and ask for a volunteer to go first.
- d. Circle Keeper tells the volunteer to respond to the question.
- e. That person nominates the next person to go or use alternate options above.
- f. Once everyone answers the question, Circle Keeper 'gets the talking piece' and asks the next question. (Repeat process c-f)

**6. Check Out Question/Activity**

- a. Select another activity that encourages fun.
- b. Select a question to get an idea on everyone's feelings now or how they feel about circle.

## **Classroom Community Building Circle**

**Topic:** Getting to Know You

### **1. Opening/Welcoming:**

Today we will be learning about one another and what each of our preferences are. The goal is that by the end of today's circle you will see who has something in common with you and who might be completely opposite of you, and that is okay.

### **2. Introduce and Review Agreements:** Circle Keeper reads the following:

- a. Respect the Talking Piece-Treat it like it is gold, do not mistreat it.
- b. Speak From your Heart-Be genuine and honest
- c. Listen with your Heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your Best Self-Be excited for circle

### **3. Introduce Talking Piece**

Individual sticks with paper and emojis on the back side.

### **4. Check In Question**

Introduce yourself and point to the emoji that best represents your mood today.

### **5. Community Building Question/Activity**

I love my neighbor who (participants only stand up in their seat rather than standing and moving around the room)

### **6. Community Building Question/ Activity**

Would you rather...

- Be the youngest or be the oldest?
- Brush your teeth with soap or drink sour milk?
- Go without TV or junk food?
- Be too hot or too cold?
- Live next to a theme park or next to a zoo?

### **7. Community Building Question/ Activity**

Rainstorm

### **8. Check Out question/ Activity**

How do you feel after having circle today? Point to an emoji

## **Classroom Community Building Circle**

**Topic:** All About You

**1. Opening/Welcoming:** Today's meeting is about sharing our Values. Yesterday I asked you to bring something you value to share with our community.

**2. Introduce and Review Agreements:** Circle Keeper reads the following:

- a. Respect the Talking Piece-Treat it like it is gold, do not mistreat it.
- b. Speak From your Heart-Be genuine and honest
- c. Listen with your Heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your Best Self-Be excited for circle

**3. Introduce Talking Piece**

Individual sticks with paper and emojis on the back side.

**4. Check In Question**

On a scale of 1-3 (1 being not at all, 2 being somewhat and 3 being very important), how valuable is the item that you brought today? Hold it up on your fingers and we will go around a circle. When it gets to you, say your number out loud.

**5. Community Building Question/Activity**

Today we will share the item that we brought that is meaningful and significant to us.

As we go one by one tell everyone:

- What is the item?
- What does this item mean to you or where did it come from?
- Why is this item significant?

**6. Check Out Question/Activity**

Pick one person's item that you connected with and tell us why you connected with and why.



## Classroom Community Building Circle

**Topic:** Who Are you?

### 1. Opening/Welcoming:

Today we will get to know each other by learning our similarities and differences using animal items. You were asked to bring either a stuffed animal or a picture of an animal.

### 2. Introduce and Review Agreements: Circle Keeper reads the following:

- a. Respect the Talking Piece-Treat it like it is gold, do not mistreat it.
- b. Speak From your Heart-Be genuine and honest
- c. Listen with your Heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your Best Self-Be excited for circle

### 3. Introduce Talking Piece

Picture or stuffed animal.

### 4. Check In Question

Choose an animal that represents how you feel today from the slide.

### 5. Community Building Question/Activity

If you could be any animal which one would you be? and why?

Students can share a picture or a stuffed animal to represent the animal.

### 6. Check Out Question/Activity

Were there any similarities with others in the community?

What did you learn about your community?

## **Classroom Community Building Circle**

**Topic:** Guess What?

### **1. Opening/Welcoming:**

Today we will learn how to describe items to our community. Each member will have an item to share that is in a bag.

### **2. Introduce and Review Agreements:** Circle Keeper reads the following:

- a. Respect the Talking Piece-Treat it like it is gold, do not mistreat it.
- b. Speak From your Heart-Be genuine and honest
- c. Listen with your Heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your Best Self-Be excited for circle

### **3. Introduce Talking Piece**

Numbers on a playing card.

### **4. Check In Question**

In number order- Describe how you feel without saying the word.

ex. My stomach is growling= hungry    ex. My eyes keep falling and I keep yawning=tired

### **5. Community Building Question/Activity**

Choose a number for the member to go first. He/she will describe what is in their bag. Make sure to give 3-5 details.

ex. How do you use it? what color is it? What is the shape and size?

As soon as you know what it is, shout it out or raise your hand. Whoever guesses it first goes next. If they have already gone, then that person chooses a number.

### **6. Check Out Question/Activity**

Why do you think this activity was helpful?

What did you learn about yourself and your community?

## **Classroom Community Building Circle**

**Topic:** Object of Significance

**1. Opening/Welcoming:** Today we will learn what is important to each other.

**2. Introduce and Review Agreements:** Circle Keeper reads the following:

- a. Respect the Talking Piece-Treat it like it is gold, do not mistreat it.
- b. Speak From your Heart-Be genuine and honest
- c. Listen with your Heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your Best Self-Be excited for circle

**3. Introduce Talking Piece**

Object that is significant chosen for the activity.

**4. Check In Question**

Which color represents how you feel today?

**5. Community Building Question/Activity**

Share your object. Who gave it to you? Why did they give it to you?  
Why it is important to you?

**6. Check Out Question/Activity**

Was there someone or something that resonated with you?  
What did you learn about your classmates?

## **Classroom Community Building Circle**

**Topic:** Thankful

**1. Opening/Welcoming:** Today we will focus on what we are Thankful for.

**2. Introduce and Review Agreements:** Circle Keeper reads the following:

- a. Respect the Talking Piece-Treat it like it is gold, do not mistreat it.
- b. Speak From your Heart-Be genuine and honest
- c. Listen with your Heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your Best Self-Be excited for circle

**3. Introduce Talking Piece**

Picture of a tree.

**4. Check In Question**

Which tree represents you and how you feel?

**5. Community Building Question/Activity**

Consider yourself a tree. What would your leaves say on them?

Write the word thankful down. You have 1-2 minutes to come up with as many words as you can within the word Thankful. Ex. an

**6. Check Out Question/Activity**

What did you notice about what others were thankful for?

How did you feel being timed to do this activity? What could you do to feel less pressure when you are timed?

## Classroom Community Building Circle

### Topic: My Best Self

**1. Opening/Welcoming:** Introduction of the teacher and purpose of circle.

**2. Introduce and Review Agreements:** Circle Keeper reads the following:

- a. Respect the Talking Piece-Treat it like it is gold, do not mistreat it.
- b. Speak From your Heart- Be genuine and honest
- c. Listen with your Heart- Show empathy as others are sharing
- d. Speak with Respect- Don't shame or put anyone down
- e. Listen with Respect- Pay attention and value what others are saying
- f. Say Just Enough- Don't share information that is not needed
- g. Honor Privacy- Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your Best Self- Be excited for circle

**3. Introduce Talking Piece**

Choose any stuff animal or object that is valuable to circle keeper.

**4. Check In Question**

*What is your name, and what is one great thing about you?*

**5. Community Building Question/Activity**

- *How would your best friend describe you?*
- *If you had an unexpected free day, what would you like to do?*
- *Who touches your heart and why?*

**6. Community Building Question/Activity**

- a. *Animal Alphabet:* The leader starts with the name of an animal that starts with the letter "A." From there, go around the circle and have each person say the name of animal each beginning with the next letter in the alphabet.

**7. Community Building Question/Activity**

- a. *What would you want to change about your life?*
- b. *How would you describe respect?*
- c. *If you could have a superpower, what would you choose and why?*
- d. *My worst trait is...*

**8. Check Out Question/Activity**

- *Clapping Game:* Starting slow, try to clap at the same time as the person on my left and go around the circle. Continue speeding up each time. See how fast you can go without messing up.
- *This week, I will commit to...*

## **Classroom Community Building Circle**

### **Topic:** Goals

**1. Opening/Welcoming:** Introduction of the teacher and purpose of circle.

**2. Introduce and Review Agreements:** Circle Keeper reads the following:

- a. Respect the Talking Piece-Treat it like it is gold, do not mistreat it.
- b. Speak From your Heart-Be genuine and honest
- c. Listen with your Heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your Best Self-Be excited for circle

**3. Introduce Talking Piece**

Choose any stuff animal or object that is valuable to circle keeper.

**4. Check In Question**

What is something great or challenging that happened this week?

**5. Community Building Question/Activity**

- *Last week what did you commit to and were you successful?*
- *Last week you stated a goal as an adult?*
- *What can you do now to help you reach your goal?*
- *Who supports you with this goal?*
- *I feel happy when...*
- *My favorite thing to do is...*
- *I can't wait until...*
- *Friends are...*

**6. Community Building Question/Activity**

1-2-3-look: This is a very simple game that can include the entire group. Everyone closes their eyes and lowers their heads; the leader calls out 1-2-3-Look! As the leader calls "look," the players look up at one specific person. \*Players cannot change who they are looking at during each round. If that person is looking back at him/her, both players are out. If that person is looking at a different person, the players put their heads back down and wait for the next call of "1-2-3 Look." Continue the game rapidly to close the circle and eventually you'll be left with two people and the game is over.

**1. Check Out Question/Activity**

This week, I will commit to...

## Classroom Community Building Circle

### Topic: Respect

**1. Opening/Welcoming:** Today we are going to discuss respect. Respect is different for everyone so let's discuss what respect is. Respect means consideration for the feelings, wishes or rights of others.

**2. Introduce and Review Agreements:** Circle Keeper reads the following:

- a. Respect the Talking Piece-Treat it like it is gold, do not mistreat it.
- b. Speak From your Heart-Be genuine and honest
- c. Listen with your Heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your Best Self-Be excited for circle

**3. Introduce Talking Piece**

Today's talking piece will be a popsicle stick. When it is your turn to talk, hold it up.

**4. Check In Question**

How do you know someone respects you?

**5. Community Building Question/Activity**

- Who deserves more respect? A cat or a dog?
- Who has more self-respect? A cat or a dog?
- What does respect look like at home?
- What does respect look like in your classroom?
- What does respect look like towards friends?
- You are listening to your teacher teach a lesson and a classmate continuously interrupts. What could you do?
- What do you do if someone doesn't respect you?

**6. Community Building Question/Activity-1,2,3 Look**

Today we are going to play an activity that requires us not to lock eyes with someone. Everyone is going to close their eyes and lower your head. I will call out 1-2-3 Look! When I say look, you open your eyes and look at one specific person. You are not allowed to change who you are looking at during each round. If the person that you were looking at is looking back at you, you are both out. If the person that you are looking at is looking at a different person, put your head back down and wait for the next "1-2-3 Look". We will continue the game rapidly until there are only two people left.

**7. Check Out Question/Activity**

What is one way that you can show respect towards your teachers and classmates?

## Community Building Circle

**Topic:** COVID-19

### 1. Opening/Welcoming: Circle Keeper says:

- a. We are meeting today to discuss this unexpected virus and how we are feeling. It's okay to have mixed feelings and even be confused with everything that is happening but being in circle today will give you an opportunity to talk about it.

### 2. Introduce and Review Agreements: Circle Keeper Reads the following:

- a. Respect the Talking Piece- No throwing, damaging or mistreating the piece
- b. Speak From your heart-Be genuine and honest
- c. Listen with your heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your best self-Be excited for circle

### 3. Introduce Talking Piece

- a. Watch-Say:
  - i. A watch was selected as today's talking piece because it tells the time. We have had a lot of time together lately because of COVID-19. Now more than ever we realize that time together is valuable.

### 4. Check in Question

- a. If your mood today had been represented by weather, what type of weather would you be and why? (Ex. I would be sunny because I am full of energy)

### 5. Community Building Question/ Activity (Select questions that fit your family's needs)

*Circle keeper can clarify, comment and/or add support after each question.*

- a. Clap Chain-Instructions attached.
- b. Question 1-What do you know about COVID-19?
- c. Question 2- What are you most surprised about with this virus?
- d. Question 3- What are you most worried about during this time?
- e. Question 4- What do you need to make this time easier on you?
- f. Question 5- What do you find most interesting about this time off of school?

### 6. Check Out question/ Activity

- a. Ball Toss-Instructions attached
- b. On a scale of 1-5 how much did you like today's circle?



## Community Building Circle

### Topic: Anxiety/Stress

**1. Opening/Welcoming:** Circle Keeper says:

- a. We are meeting today to discuss our feelings since the virus has been introduced to our nation. We know that this may not be an easy time for you but talking about it will make it easier to cope with the anxiety.

**2. Introduce and Review Agreements:** Circle Keeper Reads the following:

- a. Respect the Talking Piece- No throwing, damaging or mistreating the piece
- b. Speak From your heart-Be genuine and honest
- c. Listen with your heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your best self-Be excited for circle

**3. Introduce Talking Piece**

- a. Family Picture-Say:
  - i. A picture of our family was selected for today's talking piece. Our family bond means so much to me and I am sure to you. This picture was taken when we were having such a great time together.

**4. Check in Question**

- a. In one word, describe the mood you are in and why. (Ex. Scared-because I do not know what's happening)

**5. Community Building Question/ Activity (Select questions that fit your family's needs)**

*Circle keeper can clarify,*

- a. Ball Juggle-Instructions Attached.
- b. Question 1-How have you been feeling since news of the virus came out?
- c. Question 2- What makes you most worried during this time?
- d. Question 3- What are some things that you do to relieve stress?
- e. Question 4- What do you need from me to make this time easier on you?
- f. Question 5- Explain a time in your life where you have been most stressed, how did you deal with it and what the outcome of it?

**6. Check Out question/ Activity**

- a. Zip-Zap-Zop-Instructions attached
- b. What is one thing that you will be willing to do to be less anxious?

## Classroom Community Building Circle

Topic: Friendship

**1. Opening/Welcoming:** Introduction of the teacher and purpose of circle.

**1. Introduce and Review Agreements:** Circle Keeper reads the following:

- a. Respect the Talking Piece-Treat it like it is gold, do not mistreat it.
- b. Speak From your Heart-Be genuine and honest
- c. Listen with your Heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your Best Self-Be excited for circle

**2. Introduce Talking Piece**

Choose any stuff animal or object that is valuable to circle keeper.

**3. Check In Question**

*Last week what did you commit to and were you successful?*

**4. Community Building Question/Activity**

- *Who is your favorite person?*
- *Why is this person your favorite?*
- *What makes you special?*
- *If I were a teacher...*
- *I don't like to be disrespected because...*
- *I don't like or I like school because...*
- *I am a true friend because...*

3-6-9: For the 3-6-9 Clap Game, you cannot say 3, 6, or, 9 or any number containing a 3, 6, or 9. For example, you cannot say 6, 13, 29, etc. Instead of saying a number with 3, 6, or 9 in it, you clap when it is your turn. To play, make a circle with the campers. The first camper begins by saying "One" and the next camper says "Two" but the 3rd camper claps because it is a 3. In this example, if a camper say "Three" they are out. If they clap, they remain in the game and the next person says "Four." If they take too long to speak or clap, they are out (although you can use your discretion).

**5. Check Out Question/Activity**

*This week, I will commit to...*

## **Classroom Community Building Circle**

**Topic:** Hope

**1. Opening/Welcoming:** Introduce teacher and purpose of the circle.

**2. Introduce and Review Agreements:** Circle Keeper reads the following:

- a. Respect the Talking Piece-Treat it like it is gold, do not mistreat it.
- b. Speak From your Heart-Be genuine and honest
- c. Listen with your Heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your Best Self-Be excited for circle

**3. Introduce Talking Piece**

Choose any stuff animal or object that is valuable to circle keeper.

**4. Check In Question**

Today I feel...

**5. Community Building Question/Activity**

- What is your dream vacation and who would you like to take?
- What changes would you like to see in your community?
- What give you hope?
- The scariest thing is...?

**Burn Game:** Campers stand in a circle and pass a ball around. One camper sits in the middle of the circle and silently counts to 20 with her eyes closed. When she reaches 20, she yells, "Burn!" Whoever is holding the ball when the camper in the middle says, "Burn" is out.

**6. Check Out Question/Activity**

- Appreciation makes me feel....

**Classroom Community Building Circle****Topic:** *Template***1. Opening/Welcoming:****2. Introduce and Review Agreements:** Circle Keeper reads the following:

- a. Respect the Talking Piece-Treat it like it is gold, do not mistreat it.
- b. Speak From your Heart-Be genuine and honest
- c. Listen with your Heart-Show empathy as others are sharing
- d. Speak with Respect-Don't shame or put anyone down
- e. Listen with Respect-Pay attention and value what others are saying
- f. Say Just Enough-Don't share information that is not needed
- g. Honor Privacy-Anything discussed in circle stays in circle and is not shared to anyone on the outside.
- h. Bring your Best Self-Be excited for circle

**3. Introduce Talking Piece****4. Check In Question****5. Community Building Question/Activity****6. Check Out Question/Activity**

## Sample Prompting Questions/Topics for Circles

*Please note:* It is always important to carefully select which questions or topics to pose to the group depending on the needs of the group. The health of each member of the circle is always to be strongly considered.

\*Be prepared and know that some of the circle prompts may bring up a lot of emotions for the circle members.

### Getting Acquainted

- Share a happy childhood memory.
- If you could be a superhero, what superpowers would you choose and why?
- How would your best friend describe you?
- What would you not want to change about your life?
- If you could talk to someone from your family who is no longer alive, who would it be and why?
- If you had an unexpected free day, what would you like to do?
- If you were an animal, what animal would you be and why?
- Name two things or people who always make you laugh.
- I like to collect....
- If you could have a face to face conversation with anyone, who would it be and why?
- Describe your ideal job.
- Describe your favorite vacation.
- If you could change anything about yourself what would it be?

### Exploring Values

- Imagine you have a conflict with a person who is important in your life. What values do you want to guide your conduct as you try to work out that conflict?
- What is your passion?
- What do you keep returning to in your life?
- What touches your heart?
- What gives you hope?
- What demonstrates respect?
- What change would you like to see in your community? What can you do to promote that change?
- A time when you acted on your core values even though others were not.

### Storytelling from our lives to share who we are and what has shaped us (to build community)

Invite participants to share:

- A time when you had to let go of control
- A time when you were outside of your comfort zone
- An experience in your life when you "made lemonade out of lemons"
- An experience of transformation when, out of a crisis or difficulty, you discovered a gift in your life

- An experience of causing harm to someone and then dealing with it in a way you felt good about
- An experience of letting go of anger or resentment
- A time when you conflicted with your parents or caregiver
- An experience where you discovered that someone was very different from the negative assumptions you first made about that person
- An experience of feeling that you did not fit in

### Relating to Curriculum

- The best/worst thing about this science project is...
- The main character in the book we are reading is like/not like me when...
- These math problems make me feel...

### Additional Potential Circle Starters:

1. I feel happy when...	22. Fog makes me feel...
2. I feel sad when...	23. Today I feel...
3. I feel angry when...	24. When I think of blue, I think of...
4. I feel scared when...	25. When I think of red, I think of...
5. I feel excited when...	26. When I think of green, I think of...
6. I feel stressed when...	27. When I think of yellow, I think of...
7. I feel alone when...	28. When I think of black, I think of...
8. The scariest thing is...	29. When I think of brown, I think of...
9. My favorite hobby is...	30. When I think of white, I think of...
10. My favorite pet is...	31. If I were an animal, I would be...
11. My favorite food is...	32. If I were a famous actor/actress, I would be...
12. My favorite T.V. show is...	33. If I were a famous athlete, I would be...
13. My favorite weekend activity is...	34. When I graduate from high school, I want to...
14. My favorite song is...	35. When I become an adult, I want to...
15. My favorite sport is...	36. When I start my career, I want to...
16. My favorite color is...	37. I can't wait until...
17. My favorite weather is...	38. Friends are...
18. Rain makes me feel...	39. Families are...
19. Wind makes me feel...	40. Putdowns make me feel...
20. Sunshine makes me feel...	41. Appreciations make me feel...
21. Snow makes me feel...	

\*\*This material is adopted from Kristi Cole and Paul Dedinsky's packet of Restorative Justice Practices, Milwaukee Public Schools. Safe Schools/Healthy Students.

## Activities

### Virtual Dance Party:

#### Description and Instructions:

Let me start by making sure that you all can hear the music. Test the sound to make sure all students can hear it. Tell students that the next time that you play the music, they will start dancing. Do this several times with different songs.

#### Leader can say when beginning:

When the facilitator turns on the music, students begin to dance.

#### Variations

- Alternate with different tempos of music.
- When the music stops, anyone left dancing will be 'eliminated' from the next round.

After the activity ask some debriefing questions like: What did you enjoy about this activity? What song did you like the most? What song did you like the least?

### Snapshot:

#### Description and Instructions:

You will take quick snapshots of everyone holding an item. Ask everyone to select 3 items from home. You will tell them that each round they will hold up something quickly while you take a snapshot of it. After the snapshot is taken, screen share it and discuss some of the items that students have held up.

#### Leader can say when beginning:

At the end of class yesterday, I asked you to have 3 items for today's circle. When I count to 3, you are going to hold up that item very quickly and remove it very quickly. I will take a snapshot of all our items and then we will go back and discuss some of the items that everyone was holding. (repeat for each item)

#### Variations:

- Tell students to make a funny face when taking the snapshot.
- Tell students to make the facial expression of how this item makes them feel.

After the activity ask some debriefing questions like: What worked well for us? What did we notice from this activity? What was challenging from this activity?

## Activities

### Open Mic:

#### Description and Instructions:

Everyone will be given 20 seconds to share a joke, a song, a poem, play an instrument, share a special talent, etc. Give students a heads up prior to this activity.

#### Leader can say when beginning:

Today you will be taking the stage. At the end of your performance, we will do snaps for the handclaps and then the next person will go.

#### Variations:

- Lengthen the duration.

After the activity ask some debriefing questions like: What was fun for you? What did we notice from this activity? What was challenging from this activity?

### Scavenger Hunt:

#### Description and Instructions:

You will list items and students have 30 seconds to find that item in the room they are currently in. They are not allowed to go to any other room or to ask for help. Have a buzzer or a bell ready to play so students all return within that 30 seconds. The first to return can be the winner.

#### Leader can say when beginning:

Today we are playing a virtual scavenger hunt. I am going to tell you what to look for. When I say "Go" you will find that item around the room that you are in. You are not allowed to go into any other room and you cannot ask anyone for help. When you hear this sound (play the buzzer or bell) it means that it is time to come back. The first person to return will be the winner.

#### Variations:

- Elimination rounds can occur by eliminating the last 3 people to return.
- Duration can be altered.

After the activity ask some debriefing questions like: What worked well for us? What did we notice from this activity? What was challenging from this activity?



## Activities

### Chain Clap:

#### Description and Instructions:

Hand claps are passed around the circle. Begin by having a leader face the person next to them and clap at the same time. The person who clapped with the leader will turn to their neighbor and clap at the same time. One pair at a time will clap until the clap has completed around the entire circle.

#### Leader can say when beginning:

We are going to create a chain around the circle with clapping. I will begin with my partner and will clap at the same time as them and my partner will turn next to their neighbor and attempt to clap at the same time. Our goal is to make it completely around the circle without messing up (ex. hand clap not at the same time)

#### Variations

- If clap is not at the same time, restart from the beginning.
- One leader faces the circle and the entire circle tries to clap at the same time.

After the activity ask some debriefing questions like: What worked well for us? What did not work well? How did you and your partner figure out how to clap at the same time?

### Ball Toss:

#### Description and Instructions:

A ball will be tossed around the circle in a repeating pattern without anyone speaking. The goal is to be able to add multiple balls at the same time. Once you go through a couple practice rounds, add additional balls.

#### Leader can say when beginning:

Everyone starts by placing your hands up together in a "V". I am beginning by tossing this ball to someone who has their hands in a "V". Once that person receives it, they will toss it to someone who still has their hands in a "V". Once you receive the ball, put your hands down. Once everyone has gone and it is sent back to me, we will try it again one time through without talking. The key is to pay attention to who you are receiving it from and who you are sending it to.

#### Variations:

- Set goals like can we do it this time with 3 balls or how many balls can we add this time?

After the activity ask some debriefing questions like: What worked well for us? What did we notice from this activity? What was challenging from this activity?

## Activities

### Ball Juggle

#### Description and Instructions:

Everyone will join hands and will work on keeping a beach ball in the air without allowing it to touch the ground. Everyone will use only their hands to keep the ball in the air.

#### Leader can say:

We are all going to join hands. Once we have joined hands, I am going to toss this ball in the air and we are going to juggle it to keep it from not touching the ground. The only part of your body you can use is your hands.

#### Variations:

- You can do a round using only feet.
- You can do a round using only your head.
- Goal set, how many hits can we get before it hits the ground?

After the activity ask some debriefing questions like: What worked well for us? What did we notice from this activity? What was challenging from this activity?

### Zip-Zap-Zop

#### Description and Instructions:

One person sends out a signal to any person they select in the group. The pattern of the game is by saying "Zip, Zap, Zop". Someone will start by saying zip and send it someone else. The person who it was sent to will send a zap to someone else and that receiver will send a zop to someone else. Pace will increase as activity progresses.

#### Leader can say when beginning:

We're going to be passing energy from one person to the next. A person will send out energy with a hand clap to any person in the group by saying Zip. The person they pointed to with their hand clap will receive their energy and pass it someone else by saying Zap. That person will receive it and send it to another person by saying Zop. This pattern will repeat until the leader feels the activity has come to an end.

#### Variations:

- Elimination rounds can occur, if someone wasn't paying attention or say the wrong thing they become eliminated.

After the activity ask some debriefing questions like: What worked well for us? What did we notice from this activity? What was challenging from this activity?

## Activities

### Birthday Line-UP

#### Description and Instructions:

Students must line up according to the order of their birthdays by Month and Day.

#### Leader can say:

We are all going to line up according to the month and day that we were born. The trick is that we must do it without speaking a word. So before we begin, think of some ways that you can communicate without making a noise.

#### Variations:

- Give students a time limit for completing this task.
- Give them 1 minute, check how many are in the correct location, then give them an additional minute to correct their line.

After the activity ask some debriefing questions like: What did you do to make sure that you were in the correct position? What was difficult about this task? What would you do differently next time? What would you keep the same?

### Silent Line-Up

#### Description and Instructions:

Students must organize/line up according to a certain characteristic.

#### Leader can say:

We are going to line up according to (height, shoe size, number or siblings etc.) while we are lining up, we cannot talk and only use body language or gestures to determine where you should stand.

#### Variations:

- Have them line up by height.
- Let students select the category that they will organize themselves by.
- Place a time limit on it.

After the activity ask some debriefing questions like: What did you do to make sure that you were in the correct position? What was difficult about this task? What would you do differently next time? What would you keep the same?

## Activities

## Cross the Line

### Description and Instructions

Students will cross the line according to a statement that pertains to them. The list can be generated beforehand or on the spot. Once all students have crossed the line, students will all return to the starting position. List of statements can be:

- Cross the line if you have siblings.
- Cross the line if you have a pet.
- Cross the line if you are afraid of spiders.
- Cross the line if you know what you want to be when you grow up.
- Cross the line if you want to move when you graduate.
- Statements can be as superficial or in depth as you feel comfortable.

Leader can say:

I am going to read a sentence. If that sentence pertains to you, cross the line. If that sentence does not pertain to you, stay where you are. Before you move back, look around and see where everyone is standing. This is a good opportunity to see who has things in common with you.

Variations:

- Have students create the list of statements.

After the activity ask some debriefing questions like: What was challenging during this activity? What did you enjoy doing this activity? What stuck with you after doing this activity? What comments do you have? What do you notice?

## Animal Alphabet

### Description and Instructions:

The leader starts with the name of an animal that starts with the letter "A". From there, the next person comes up with an animal that starts with the letter "B". Have each person say the name of the animal each beginning with the next letter in the alphabet.

Leader can say:

Today we're are going to go around the circle and be extra creative while thinking about animals. The leader is going to start by thinking of an animal that begins with the letter "A". The person next to them is going to say the name of animal that begins with "B". We will go around the circle until we finish the alphabet.

Variations:

- Each student thinks of an activity for every letter of the alphabet.
- Create a list of 3 topics that students can discuss while using the alphabet as a guide (ex. food, drink and places)

After the activity ask some debriefing questions like: What was challenging during this activity? What did you enjoy during this activity? What stuck with you after doing this activity? What other topics could we have selected using the alphabet?

## Activities

### Number Game

#### Description and Instructions:

The group counts consecutively from 1 to 10 without knowing who will count next. Game is played without making eye contact.

#### Leader can say:

We're going to all count from 1 to 10 in order, but none of us will know who will be giving the next number. For this activity we will all have our heads down. I will start by saying 1, and then anyone can say 2. If more than one person says 2 (or any number) at the same time, then we must go back to 1. Once we count to 10 without anybody repeating a number, we've completed the game. What number do you think we'll get to without anyone repeating the first round?

#### Variations:

- Count to 20.
- Set a time limit.
- Have 2 groups going at once (can assign every other to a group) and see who gets to 10 first.

After the activity ask some debriefing questions like: What was challenging during this activity? What did you enjoy during this activity? How did you feel about this activity? What was your trick to being successful?

### The Wind Blows

#### Description and Instructions:

Students will be moving seats according to if a statement pertains to them. If a statement pertains to them, they will move to the center of the room and find a chair on the opposite side of the room. Chairs are arranged in a circle. Sample statements are:

- The wind blows if you ate breakfast.
- The wind blows if you have visited another country.
- The wind blows if you enjoy math.
- The wind blows if you play a sport after school etc.

#### Leader can say:

I am going to make a statement. If that statement is true to you, you will stand up, walk to the center of the circle and find a completely different seat.

#### Variations:

- Have a student lead this activity by prepping them with a list of statements beforehand.
- Ask statements that are only school related.
- Ask statements that are only future/goals related.

After the activity ask some debriefing questions like: What was challenging during this activity? What did you enjoy doing this activity? What stuck with you after doing this activity? What comments do you have? What do you notice?



## MTSS: Building Relationships



Name: Temperature Checks



**Time:** 1-3 minutes at the beginning of a class session.



**Overview:** Teachers will check in with students on a daily basis in order to allow them to express how they feel and give the teacher an idea of what emotions students may be feeling that day.



**When and Why:** The use of temperature checks promotes safety and predictability. They support feelings of compassion and understanding. Temperature checks allow the teacher to monitor the well being of students in order to conduct a personal check-in or intervene with more intensive support as needed.



**Focus:** Social Emotional Learning and Wellness




**Steps:** As students enter the class (in-person or online), project one of the included temperature checks or the links to a FORMS check-in. Set a time for 2-3 minutes. Ensure all students have had an opportunity to reason before beginning class. Students who indicate that they are stressed, sad, frustrated, etc. may need extra support or compassion during that day's learning. Students who enter class late should also have the opportunity to respond either upon entry or before leaving for the day.



**Debrief:** Teachers should make it a priority to conduct a personal check – in with students who indicated that they may need additional support. Referrals to the school or district Climate Culture Coach/Specialist or counselor may be needed.

Link: <http://bit.ly/FUSDTempCheck>



# Daily Temperature Checks FLIPBOOK

**How to use**

**Daily Check-In FORM**

**On a Scale of...**

**Feelings Thermometer**

**Take Your Temperature**

**Fist to Five**

**Emoji Check-In**

**Temperature Check Question Bank**

**Community Circles**

**How are You?**

**True or False?**