



NEW MEXICO NURSE PRACTITIONER COUNCIL



2017 Annual Conference

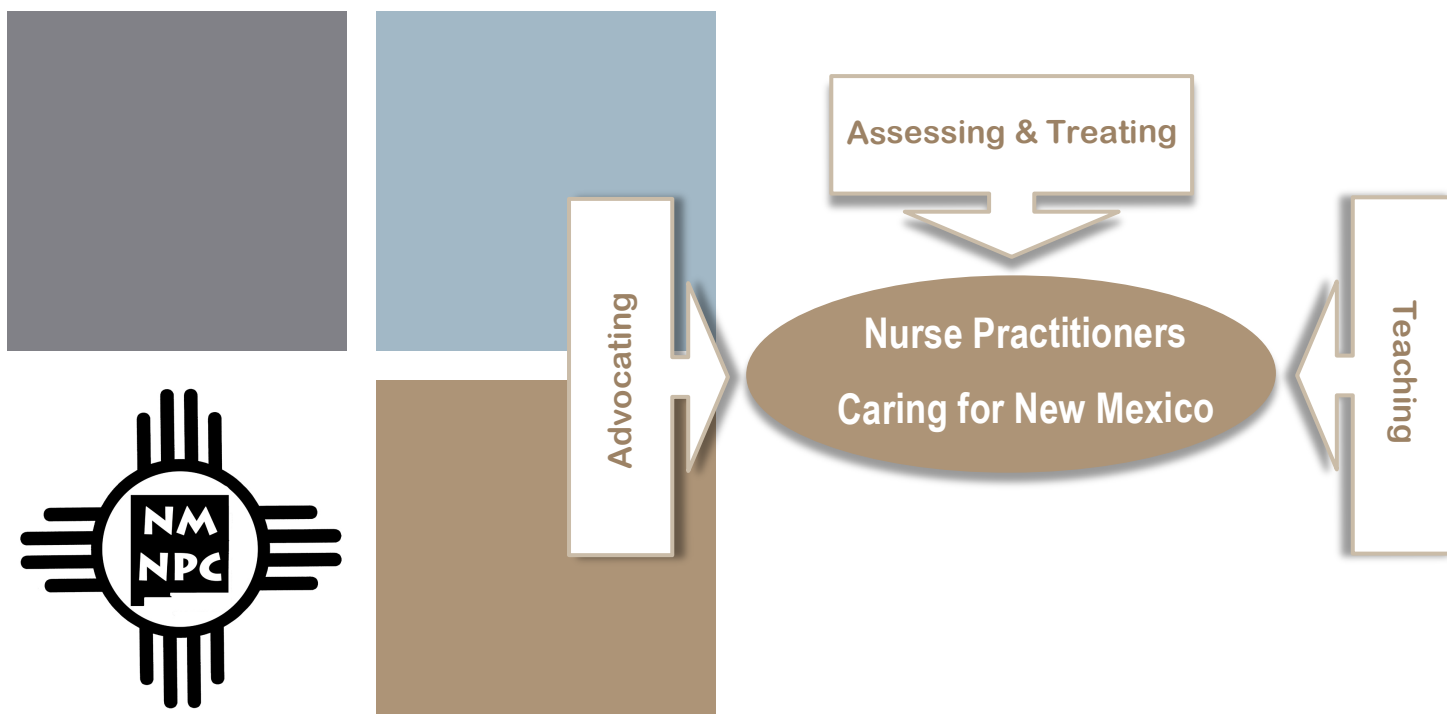
April 27-29

Renewing Our Passion for Care Springtime in New Mexico



Hotel Albuquerque at Old Town

800 Rio Grande Boulevard NW • Albuquerque • NM 87104



Conference Brochure

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IMPORTANT DATES

January 22 – Early Bird Registration Opens
 March 29 – Early Bird Registration Closes
 March 30 – Regular Registration Begins
 April 3 – Hotel Albuquerque Reservation Block Ends
 April 20 – Online Registration Closes
 April 27 – Onsite Registration Opens (Space Available)

General Information

PERSONAL COMFORT

Room temperatures in meeting facilities may vary. Please wear layers for your comfort. There will be NO SMOKING allowed at any time during the conference or associated activities.

AREA INFORMATION

The conference venue is located in Old Town, on Rio Grande Boulevard in Albuquerque, NM. There are many activities and attractions nearby and we encourage you to extend your stay and enjoy the area before or after the conference. Some of the many activities and attractions available include:

Old Town

- Historic Old Town
- Tablao Flamenco Albuquerque
- Indian Pueblo Cultural Center
- Art Galleries

Albuquerque

- Sandia Casino
- Sandia Peak Tramway
- Gathering of Nations Pow Wow – April 27-29
- Albuquerque Renaissance Faire – April 29
- Rio Grande Zoo & Botanic Garden
- New Mexico Museum of Natural History & Science

Santa Fe

- Santa Fe Artists Market at the Railyard – April 25
- Santa Fe Botanic Garden
- Museum of Indian Arts & Culture
- Museum of International Folk Art
- Historic Santa Fe Plaza

Breakfasts

Lunches

Breaks

All Included!



CE Accreditation

The 2017 CE program is intended for nurse practitioners, clinical nurse specialists, and other registered nurses.

This activity is approved for 22.5 contact hours of continuing education (which includes 13.0 hours of pharmacology) by the American Association of Nurse Practitioners. Activity ID 17032592. This activity was planned in accordance with AANP CE Standards and Policies.





Additional Information

Social Events

NMNPC will host an opening reception on Thursday, April 27. Dinner on Friday, April 28 will be another opportunity to relax and network with colleagues. Attendees may purchase dinner tickets for themselves and guests for \$65. **Dinner reservations must be cancelled by April 20 to avoid a no-show charge of \$65 or to receive a refund on a purchased ticket.**

Registration Information

Cancellation Policy

All registration is online at www.NMNPC.org. Non-members may join at the time of registration to enjoy the discounted member rate. Student members receive an additional discount.

	Members	Students	Non Members	Late Registration*
Full Conference Registration	\$450	\$300	\$600	Add \$60
Two Day Registration	\$300	\$200	\$400	Add \$40

*Late registration begins March 30

The conference registration fee includes breakfast, lunch, and breaks each day for all registrants. The conference will provide up to 22.5 contact hours of continuing education, including 5 hours of non-cancer pain management CE (required for NP license renewal every 2 years). This content is completely updated and will provide additional pharmacology hours for those who may already have the required non-cancer pain management CE. *This activity is approved for 22.5 contact hours of continuing education (which includes 13 hours pharmacology) by the American Association of Nurse Practitioners. This activity was planned in accordance with AANP Accreditation Standards and Policies.*

All cancellations are at the discretion of **NMNPC** and require email notification to contact@NMNPC.org. **NMNPC** will consider refunds only for cancellations received by Monday, April 3, 2017. Refunds will be for the amount paid minus a \$25 administrative fee. *No refunds will be issued after Monday, April 3, 2017.*

Hotel Reservations

Conference attendees will receive a special room rate of \$119/night at Hotel Albuquerque during the conference and may extend reservations up to X days before or X days following the conference. To reserve a room call (505)-843-6300 or (800) 237-2133 and request the 2017 **NMNPC Annual Conference** room block (or refer to *Block Code 17042017NM*).

Make your reservations early – the room block cut-off date is April 3. After that date, reservations will be based on availability at the prevailing rate.



Hotel & Area Amenities

Hotel Albuquerque is conveniently located in the heart of Old Town and is within walking distance to historic landmarks, restaurants, local shopping, and many other attractions such as:

- Outdoor swimming pool with unparalleled views of the Sandia Mountains. Enjoy the swimming pool, or soak in the outdoor jetted hot tub.
- Authentic regional New Mexican and Mexican cuisine at Garduño's Restaurant & Cantina.
- The Southwest's first authentic Flamenco Tablao performances Thursday through Sunday.
- Indian Pueblo Cultural Center featuring dances, museum, galleries, gift shops, restaurants, and more.



HOTEL ALBUQUERQUE
at old town

Program Speakers

- **Karen Cardon, PhD**
Section Chief, Co-occurring Disorders • NM VA
- **Scott Carroll, MD**
Director of Child Psychiatric • Presbyterian Hospital System
- **Melissa Cometti, RN, BSN, DNP(c)**
CWOCN, CFCN Wound/Ostomy RN • Memorial Medical Center
- **Gloria Doherty, MSN, PhD, ACNP-BC**
Executive Director, Inpatient Providers • UNMH
- **Ernest Dole, PharmD, PhC, FASHP, BCPS**
Clinical Pharmacist • UNMH Pain Consultation & Treatment Center
- **Krista Dominguez-Salazar, PharmD**
Associate Professor • UNM College of Pharmacy
- **Rafael Garcia, MS, PA**
Orthopedic Physician Assistant • NM Orthopaedics Association
- **Kate Goldblum, MSN, FNP-BC**
Independent Nurse Practitioner
- **Joanne Haeffele, PhD, APN, FNP-BC**
Associate Professor of Nursing • UNM College of Nursing
- **Raj Inder K Khalsa, MSN, RN, FNP-BC**
Family Primary Care Clinic Provider • Las Clinicas del Norte
- **Alison Hanson, MD**
Physician • Southwest Urology Associates
- **Rosemary Henrich, DNP, FNP-BC**
PCP/Home-Based Primary Care • Southern Nevada VA Health System
- **Linda Kelly, PharmD, PhC, CACP**
Pharmacy Anticoagulation Specialist • Presbyterian Healthcare System
- **Raj Inder K Khalsa, MSN, RN, FNP-BC**
Family Primary Care Clinic Provider • Las Clinicas del Norte
- **Louise Laskaratos, MSN, FNP-BC**
NP Specialist • University of New Mexico Hospitals
- **Adrien Lawyer, BS Education**
Co-Director • Transgender Resource Center of New Mexico
- **Melissa M. Livingston, RN, BSN, DNP-FNP(c)**
CCU Registered Nurse, Memorial Medical Center - Lifepoint Hospitals
- **Jacqueline Olexy, RN, MSN, JD**
Attorney • Madison, Mroz, Steinman & Dekleva, PA
- **Bronwyn Radcliffe, MSN, APRN-BC**
Nurse Practitioner • San Juan Health Partners
- **Anita Ralstin, MS, FNP-BC**
Consultant • Next Step Health Consultant
- **Melissa Lea-Foster Rietz, MSc, FNP-BC**
FNP • Southwest Women's Health Assoc. & Pinon Family Practice
- **Clare Romero, MSN, FNP-BC**
Co-Occurring Disorders Clinic Provider • VA Medical Center
- **Emilie Sebesta, MD**
Pediatrician • UNMH
- **Sharon Schaaf, DNP, ACNP-BC**
Nurse Practitioner • New Mexico Heart Institute
- **Amelia Schreiber, DNP, ANP-BC**
Adjunct Professor • Palm Beach Atlantic University
- **Linda Siegle, JD**
President • Resources for Change

Program Objectives

- Identify trends in practice relevant to transgender issues, diabetes, holistic care, dermatology, & pain management.
- Discuss current pharmacologic therapy for insomnia, heart failure, ADD/ADHD, prenatal & breastfeeding patients, COPD, asthma, allergy, & urologic conditions.
- Describe legal, legislative, & policy issues that impact nurse practitioners.
- Demonstrate proficiency in orthopedic assessment & EKG interpretation.

Insurance Industry Panel Representatives

Blue Cross Blue Shield of New Mexico

- Frank Roland – Senior Manager Pharmacy Programs, Centennial Care
- Duane Ross, MD – Medical Director

Molina

- Anita Carter – Associate VP
- Elaine Jacobs – Director of Provider Research & Resolution
- Brian Martin – Chief Operations Officer

New Mexico Health Connections

- Paula Hoskins – Senior Director of Provider Services
- Frieda Siminski – Director of Pharmacy Services

Presbyterian Health Plan

- Thomas Rothfeld, MD – VP/Chief Medical Officer

UnitedHealthcare

- Petra Eichelsdoerfer – Pharmacist Account Manager
- Sunah Hoferkamp – Director of Network Contracting

Speaker Disclosures

All speakers must disclose any conflicts of interest and/or intent to discuss off-label use of a commercial product and will announce any such disclosures prior to the relevant presentation.

Program Agenda April 27-28

Thursday • April 27

7:00 – 7:50 am

Registration/Breakfast

7:50 – 8:00 am

Morning Announcements

8:00 – 10:00 am

Keynote Presentation: Transgender 102

Adrien Lanyer

10:00 – 10:30 am

Break/Exhibits

10:30 – 11:30 am

Obesity & Pre-Diabetes in the Pediatric Population

Louise Laskaratos, FNP-BC

11:30 am – 12:30 pm

Eliminating Apprehension of Rashes: Developing Diagnostic Expertise

Melissa Livingston, RN & Melissa Cometti, RN

12:30 – 1:30 pm Lunch Hosted by Genentech

Advancing the Treatment of Idiopathic Pulmonary Fibrosis (Non-CE)

Corinne Young, NP

1:30 – 2:30 pm

Legal Issues in NP Practice

Jacqueline Olexy, JD

2:30 – 3:00 pm

NMNP Membership Meeting

NMNP President Gloria Doherty, FNP-BC

3:00 – 3:30 pm

Break/Exhibits

3:30 – 4:30 pm

Keeping up With the New Mexico Legislature

Linda Siegle, JD

4:30 – 5:30 pm

You've Got Questions – Insurance Companies Have Answers

BCBS, Molina, NMHC, PHS, UHC

Friday • April 28

7:00 – 7:30 am

Registration/Breakfast

7:30 – 7:40 am

Morning Announcements

7:40 – 8:40 am

Treatment of Insomnia – A Clinical Pharmacological Approach

Joanne Haefele, FNP-BC

8:40 – 9:40 am

Psychopharmacology of ADHD

Scott Carroll, MD

9:40 – 10:10 am

Break/Exhibits

10:10 – 11:10 am

Heart Failure Pharmacology: Chronic and Acute

Anita Ralstin, FNP-BC

11:10 am – 12:10 pm

Pharmacology of Diabetes Medications

Krista Dominguez-Salazar, PharmD

12:10 – 1:10 pm Lunch Hosted by Gilead

Angina in Patients With Diabetes (Non-CE)

Cynthia Hartsfield, PhD

1:10 – 2:10 pm

Medication Issues in Prenatal & Breastfeeding Moms

Emilie Sebesta, MD

2:10 – 3:10 pm

COPD Treatment: Using Evidence-based Practice to Go for the GOLD

Rosemary Henrich, FNP-BC & Amelia Schreibman, ANP-BC

3:10 – 3:40 pm

Break/Exhibits

3:40 – 4:40 pm

Urology Pharmacology: UTIs and Beyond

Alison Hanson, MD

4:40 – 5:40 pm

Rat Poison, Your Days are Numbered: An Overview of Oral Anticoagulants

Linda Kelly, PharmD

Program Agenda April 29

Saturday • April 29

7:00 – 7:30 am

Registration/Breakfast

AM Breakout: Non-Cancer Pain Management (Track A)

7:30 – 8:30 am

Non-Cancer Pain Management (Part 1): Safe Prescribing of Opioid Medications in Non-Cancer Pain: Using Opioids in Troubled Times

Ernest Dole, PharmD

8:30 – 9:30 am

Non-Cancer Pain Management (Part 2): State & Federal Controlled Substance Regulations: Confronting the Opioid Abuse Epidemic

Kate Goldblum, FNP-BC

9:30 – 10:00 am

Break/Exhibits

10:00 – 11:00 am

Non-Cancer Pain Management (Part 3): Medications for treating Opioid Use Disorder

Karen Cardon, MD

11:00 am – 12:00 pm

Non-Cancer Pain Management (Part 4): The Pharmacological Management of Acute and Chronic Back Pain

Clare Romero, FNP-BC

12:00 – 1:00 pm

Non-Cancer Pain Management (Part 5): Trigger Point Injections

Clare Romero, FNP-BC

AM Breakout: Holistic Care (Track B)

7:30 – 9:30 am

Minding the Body: A Path to Navigate Change

Bronwyn Radcliffe, FNP-BC

9:30 – 10:00 am

Break/Exhibits

10:00 am – 12:00 pm

Breathe Experience

Raj Inder K. Khalsa, FNP-BC

12:00 – 1:00 pm

Moving Past the One Pill Protocol: Healing Hashimoto's

Melissa Reitz, FNP-BC

Saturday • April 29

1:00 – 2:00 pm Lunch Presentation (Non-CE)

TBD/Lilly

PM Breakout: Orthopedic Assessment (Track A)

2:00 – 3:00 pm

Orthopedic Evaluation Workshop (Part 1)

Rafael Garcia, PA

3:00 – 3:30 pm

Break/Exhibits

3:30 – 4:30 pm

Orthopedic Evaluation Workshop (Part 2)

Rafael Garcia, PA

PM Breakout: EKG Interpretation (Track B)

2:00 – 3:00 pm

ECG Interpretation Workshop (Part 1): Minding Your PQRSTs: The Fundamentals & Beyond of ECG

Sharon Schaaf, ACNP-BC & Anita Ralstin, FNP-BC

3:00 – 3:30 pm

Break/Exhibits

3:30 – 4:30 pm

ECG Interpretation Workshop (Part 2): Minding Your PQRSTs: The Fundamentals & Beyond of ECG

Sharon Schaaf, ACNP-BC & Anita Ralstin, FNP-BC

Handouts

If you chose not to purchase the handouts on a USB drive when you registered, you may still order it from our online store and pick it up at the conference. Handouts will also be available for download from the **NMNPC** website as speakers make them available prior to the conference. If you want hard copies, please download and print them prior to the conference. Although there will be Wi-Fi available, the conference committee highly recommends downloading handouts prior to the conference due to potential heavy use causing connectivity





Register Online

www.NMNPC.org



Find us on
Facebook

Conference Committee

Rachel Bevan, RN
Amanda Conley, CNP
Kate Goldblum, CNP
Joyce Powers, CNP
JD Rayl, CNP
Bethany Reed, CNP
Melissa Rietz, CNP

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← Questions?

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