

Residency Application Preparation

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Assistant Dean for Student Services

M3 Intensive - April, 2020

I have no outside relationships with industry.
Currently, I do not serve as the PI on any industry supported research projects.

Introductions

Residency Support Staff

- Pamela Beatty Cupitt, MLS
 - Barbara Sharp, BBA

House Counselors

- Tu'Rone Elliott, MS (Hamilton House)
- Eric Middleton, PhD (Salk House)
- Christine Neejer, PhD (Fitzbutler House)
- Amy Tschirhart, MA (Sanford House)

Topics

- Review pertinent topics covered in two prior meetings
- Medical Student Performance Evaluation (MSPE or Dean's Letter)
- Components and processes of the Electronic Residency Application Service (ERAS)

Who are Faculty Career Advisors?

- Faculty with strong medical student interest who are screened, oriented, and best able to provide career advice. Listed by specialty:

<http://medstudents.medicine.umich.edu/student-support/career-development/faculty-career-advisors>

- Schedule initial/follow-up meeting(s) with FCA(s) in spring of the year prior to your match – i.e. now
 - Provide your information: grades, Step 1 score, drafts of CV, personal statement
 - Plan on meeting periodically throughout M4 year

Program Types:

Advanced

or

Categorical

Who requires a Pre-Lim Year?

Some or all programs in these specialties

Anesthesiology

Dermatology

Neurology

Ophthalmology

Physical Medicine and Rehabilitation

Radiation Oncology

Radiology-Diagnostic

PGY1 Support Programs:

Surgery-Preliminary

Medicine-Preliminary

Transitional

Early Match Disciplines

- **Urology** (Uses ERAS to transmit application materials to programs)
Read information at: www.auanet.org/
- **Ophthalmology** — www.sfmatch.org/
- **Military**

Moves the process up by about 6-8 weeks - so need to know about programs sooner - work with Faculty Career Advisor (FCA)

Curriculum Vitae and Personal Statement

- Helpful to bring CV and Personal Statement to FCA meetings
- **Required** to send CV and Personal Statement to your MSPE letter writer prior to your MSPE meeting
- **CV:** Expect it to be relatively brief (one to two pages for many students)
- **Personal Statements:** A one page essay that describes your motivation, qualifications, expectations, and special attributes for **residency training** in your chosen field

Letters of Recommendation

- How many?
 - ERAS allows **four** letters to be sent per program
 - **3 or 4** - at least two from your selected field
 - A “chair’s” letter is necessary and counts as one of the “3 or 4” LORs for some fields
- Who do you ask?
 - Faculty members who know you well, and can write a supportive letter that praises clinical skills and unique strengths
 - Senior faculty who are recognized in their field may have more clout, especially in smaller fields

Letters of Recommendation

- Meet with the faculty member and provide the faculty member with:
 - CV, personal statement
 - Step score, grades, and representative clinical comments
- Do not ask for extra faculty letters
- OMSE Deans or staff **cannot** review and select the best letters for you
- You will be waiving the right to see your letters

Characteristics of Good Letters

- Address clinical skills, fund of knowledge, professionalism, and any outstanding or unique characteristics
- Research mentors, basic science faculty, bosses from previous work, etc., **not** highly desirable letter writers unless a unique situation or MSTP mentor
- Remember some of you will be applying to 2 different specialties - need to clarify with letter writers

USMLE Step 2

- Some programs will want/require Step 2 scores prior to including you on their Rank Order List (ROL)
- All students are required to *schedule* Step 2 exams by June 5th and to *take* Step 2 exams before October 1st
 - Recommend taking Step 2 CK and CS early
 - Some programs want Step 2 scores early in their evaluation process
 - **Schedule CS early, spots fill up!**
- How will you do on Step 2 vs Step 1?
 - Probably about the same or slightly better, but some students have improved scores significantly with extra preparation.
 - Consider meeting with our Learning Specialist to discuss how best to prepare.

“Parallel” Planning

- AAMC’s term for a process to dual apply
 - More work, but increases chances of matching if desired specialty is a reach for an applicant

About your M4 Schedule

- You will have enough time and the opportunity to make a good decision
- Away or “audition” rotations are NOT standard, required, or expected for most fields
- Away rotations may be beneficial in highly competitive specialties or if you have major restrictions...
- M4 necessary schedule changes are relatively easy to make
- Pay attention to all deadlines for schedule changes

Future Meetings

- ❑ Two Drop-In Sessions (Dates TBD):
 - ERAS Application, Personal Statement, other match questions

- ❑ September - Residency Interviewing

- ❑ January – Preparing Rank Order Lists

Future Steps: After Your Match

You will be VERY busy, since most will be making a physical move.

- Perhaps you will do an away rotation....
- Doing Credentialing and Licensing prior to start of Residency

Make sure you know the EXACT start date of your Residency Orientation so you won't be rushing to make this date.

UMMS 2020 Match Data

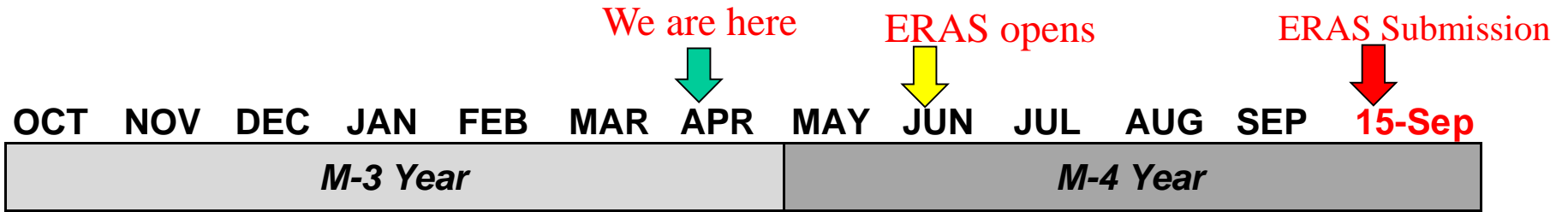
- 98.2% Match Rate
- 40% primary care matches
- 22% Class of 2020 matched at Michigan Medicine
- Excellent Match, with representation of top programs throughout the country – some examples:
 - UCSF
 - UCLA
 - Yale
 - Brigham & Women's
 - Stanford

US Seniors Match Data

2016-2020 UMMS vs National Match Rates

	<u>2016</u>	<u>2017</u>	<u>2018</u>	<u>2019</u>	<u>2020</u>
UMMS	98.1%	98.8%	99.4%	96.2%	98.2%
National	93.8%	94.3%	94.3%	93.9%	93.7%

Match Preparation Timeline



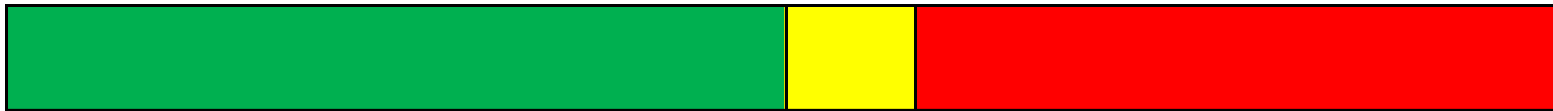
Career Decision Making/FCA Meetings



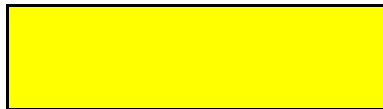
LOR Writers are Volunteering/or You Are Asking



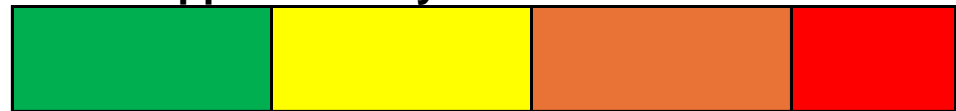
CV and Personal Statement



MSPE



ERAS Application Cycle



Medical Student Performance Evaluation - “Dean’s Letter”

AAMC Statement of Purpose

The purpose of the MSPE is not to advocate for the student, but rather to provide an honest and objective summary of the student’s personal attributes, experiences, and academic accomplishments based, to the greatest degree possible, on verifiable information and summative evaluations. When possible, comparative assessments of the student’s attributes, experiences, and accomplishments relative to their institutional peers should be provided. The MSPE should primarily contain information about the student’s medical school performance.

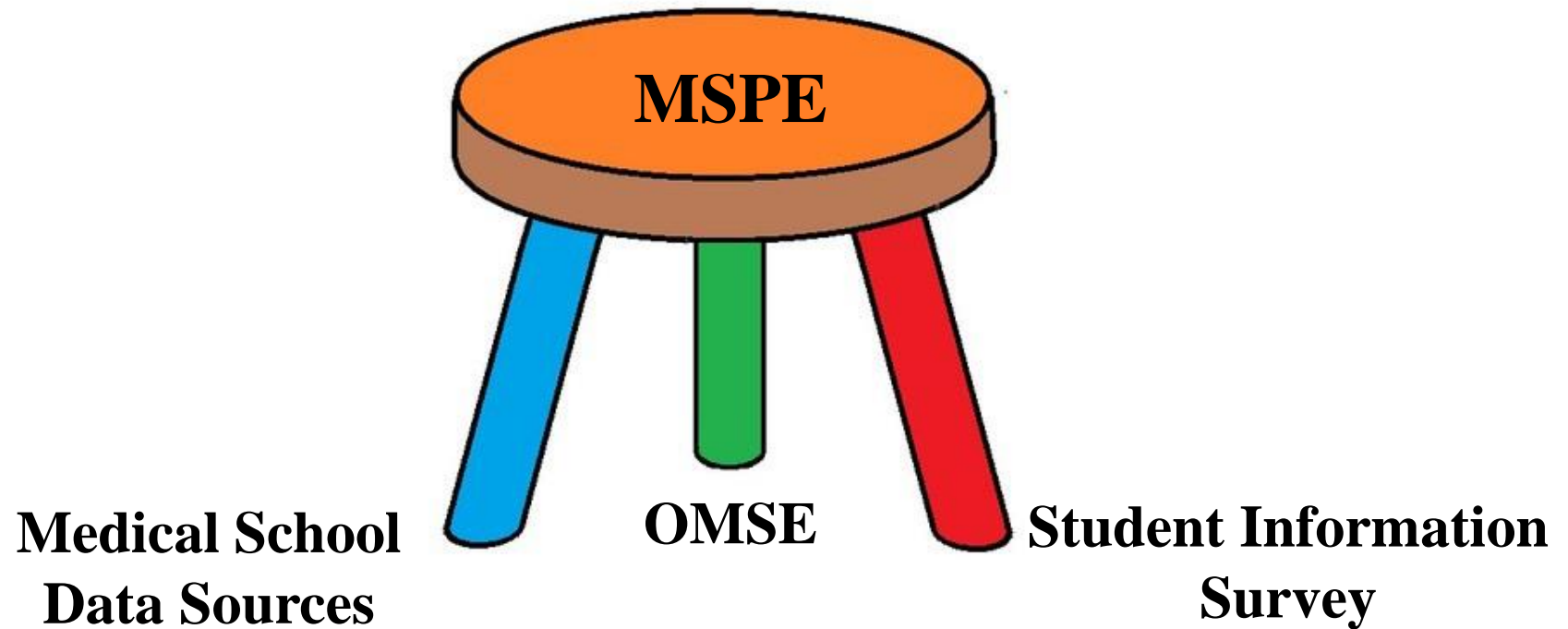
Recommendations for Revising the Medical Student Performance Evaluation (MSPE)

MSPE – AAMC Principles

1. **Supplemental** value to the information already provided in the ERAS application, transcripts, and Letters of Recommendation
2. A level of **standardization** and **transparency** that facilitates the residency selection process
3. **Comparative** information on applicants
4. Information about applicants' standing on the **competencies** required to be successful in residency
5. Increased opportunity for program directors to examine applicants **holistically** in the pre-interview stage
6. Qualitative and quantitative **assessments** of applicants in an **easy to read** format

Constructing the MSPE

A Partnership



Medical Student Performance Evaluation - “Dean’s Letter”

- Summarizes the student’s medical school performance; serves as the official medical school review of the student
 - Includes evaluation of both academic/clinical performance as well as professionalism
- It is not a letter of recommendation
- Released to Programs on October 1, 2020
- You will review your completed MSPE before it is released – for **accuracy**, *not* for editing or to change style

UM MSPE 2020-2021

Components

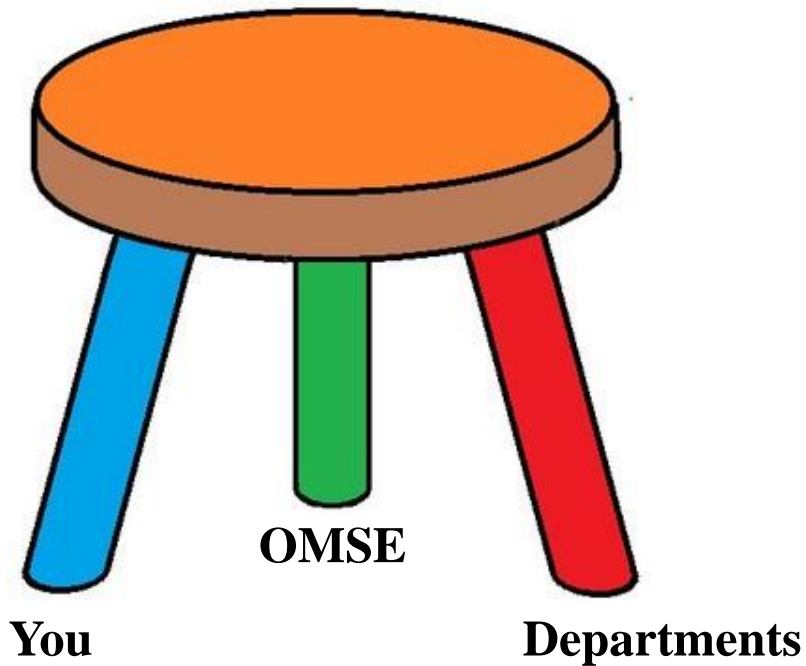
- **Identifying Information**
- **Noteworthy Characteristics from Medical School**
- **Academic History** (dates of matriculation and graduation, dual degree programs, leaves, repetition of coursework, adverse actions)
- **Academic Progress**
 - Professional Performance
 - Communication
 - Preclinical Coursework (Scientific Trunk)
 - Clinical Clerkship (Clinical Trunk)
 - Post-Clerkship Rotations (Branches) - through P6 of **M4** year
 - Capstone for Impact
 - OPTIONAL - Co-Curricular Programs (Path of Excellence)
 - OPTIONAL – Awards (Clinical Skills, AOA, Gold Humanism, CCA Commendation)
- **Summary**

Highlighting 3 Components

- Noteworthy Characteristics – will need your help
 - *“A bulleted list of no more than 3 characteristics that were noteworthy about the student, designed to help a residency program selection committee review applicants holistically”*
- Clerkship and Elective rotation summaries
 - Created in partnership with clerkship directors along with very brief representative comments from faculty evaluations
 - (Post-clerkship) Elective Summaries – Comments thru Period 6 (June 8 – July 5, 2020) of M4 year can be included
 - Includes grade distribution for your cohort for core clerkships, in addition to grading components
- Summary
 - Brief statement indicating student has completed all requirements to date
 - Final class qualifier (Quartile) is calculated to reflect core clerkship grades with a 2% contribution of Step I

Supporting your journey

Another 3 legged stool



Your initial Dean's Letter meeting has 2 Goals:

- MSPE
- Formally begin OMSE's help with your pursuit of a residency position

MSPE Letter Writers:

- Dean Mangrulkar oversees the creation of every Dean's Letter with one of the Assistant Deans or OMSE Faculty Leaders (i.e., your letter will be co-signed by Dean Mangrulkar and one other person)
- A template is used to ensure uniformity across MSPE authors
- Email will come from Elaine Holleran - eholler@umich.edu – on April 13th with instructions on how to sign-up for an appointment and prepare for your Dean's Letter Meeting
- Appointment Sign-Up opens April 13th; will **close after April 27th**
- Leave of Absence – If you **KNOW** you will be taking a LOA, and not graduating in 2021, do not sign up for an appointment until the next MSPE cycle. **BUT** if your LOA is in question, you **must sign up** for an appointment and complete the requested information.

Student Information Survey

- IMPORTANT Points of the SIS:
 - Released Wednesday, April 1st (email came from Elaine Holleran on 4/1/20)
 - Due by April 20th; **closes after April 20th**
 - Information provided is for **OMSE use** only
- Sign into Survey using your UM username **ONLY**
- Once submitted, then you will receive a unique email confirmation with a link that allows you to go back and edit your survey.
PLEASE SAVE THIS CONFIRMATION EMAIL (it cannot be retrieved)

Electronic Residency Application Service (ERAS)

- Requires on-line entry of demographic and curriculum vitae information
- Plan ahead for costs of applying (your best estimate)
- Registration is separate for ERAS and NRMP

<https://medicine.umich.edu/medschool/education/md-program/financial-aid/extra-help-current-students/residency-interviewing-loans-resources>

ERAS Timeline

- **Early June – ERAS opens:**
 - Applicants may begin working on their applications
- **September 15:**
 - Certify your application and apply to programs
 - Assign Personal Statement, Letters of Recommendation, photo and USMLE transcript to individual programs
 - Programs can begin accessing your materials
 - Register for NRMP
- **October 1:**
 - MSPE's released to programs through ERAS

ERAS Categories

(Summarized)

- General Information
- Examinations
- Medical Licensure
- Medical Education
- Honors/Awards
- Undergraduate Education
- Work Experience
- Volunteer Experience
- Publications
- Language Fluency
- Hobbies/Interests
- Other Accomplishments

ERAS Categories Information

- Don't worry if you don't have something in every category
- Use short paragraph descriptions of experiences – ERAS accepts plain text best - avoid quote marks, bullets, italics, etc.
- The content should be **factual** and not embellished

ERAS Publication Categories

- Peer Reviewed Journals/Abstracts
 - ❖ Peer Reviewed Journals/Abstracts
(other than published)
- Peer Reviewed Book Chapter
- Scientific Monograph
- Other Articles
- Poster Presentations
- Oral Presentations
- Peer Reviewed On-Line Publications
- Non Peer Reviewed On-Line Publications

ERAS Pitfalls

- Unclear/Incomplete Contact Information
- Failure to follow ALL Instructions received from ERASCommunications@aamc.org
- Missing Information
- Chronological Gaps
- Lengthy Narrative Responses
- Grammar or Spelling Errors
- Overstated or Exaggerated Responses

Career Decision and Application Process Spring/Summer 2020

- See residency related materials located on the Med Students Gateway: <http://medstudents.medicine.umich.edu/> under Student Support – Residency Resources
- Going forward **focus** on making a good final decision and **preparing** your application
- Don't worry about interviewing yet – there will be a session in September on Interviewing and Evaluating Programs

Fall/Winter Timeline

September

- Submit ERAS Application September 15th
- NRMP (The Match) registration opens

October - January

- Take Step II exams by October 1st deadline
- Interview (withdraw from programs you no longer are considering, if any)
- Write thank you notes/emails

November

- Late fee for NRMP registration – after Nov 30th

January - February

- Develop and enter Rank Order List online via NRMP

March

- Match Day – **Friday, March 19, 2021!**

Helpful OMSE Contacts

- Questions about ERAS, NRMP or Early Match:
 - Pamela Beatty Cupitt, MLS
pcupitt@umich.edu or 936-3697
 - Barbara Sharp, BBA
bajeshar@umich.edu or 763-2380
- Questions about Career Choice, At-Risk, or Special Situation:
 - Tamara Gay, MD (appointments thru Charlotte Wojcik: wojcikc@umich.edu or 763-3772);
 - Your House Counselor:

Tu'Rone Elliott, MS (Hamilton House)	Eric Middleton, PhD (Salk House)
Christine Neejer, PhD (Fitzbutler House)	Amy Tschirhart, MA (Sanford House)
- Discussions regarding Step 2 Prep
 - Charlotte O'Connor, M.Ed., Learning Specialist

Career and Match Resources

- **AAMC Publication:** *Roadmap to Residency* –
 - Available as a PDF on Canvas under Residency Resources
- **Books -**
 - The Successful Match 2017: Rules for Success in the Residency Match
Rajani Katta MD, and Samir P. Desai MD
- **AAMC Careers in Medicine website:** <https://www.aamc.org/cim>
 - Enter your AAMC user name and password
- **NRMP website:** <http://www.nrmp.org>
- **Charting Outcomes in the Match:**
<http://www.nrmp.org/wp-content/uploads/2018/06/Charting-Outcomes-in-the-Match-2018-Seniors.pdf>
- **FREIDA website:** lists all U.S. residency programs
<https://freida.ama-assn.org/Freida/#/>
- **Journals -** active issues in the field

2021 Match Success

- Remember, it's a MATCH:
 - Give yourself **broad** and **realistic** options
 - LISTEN closely to others' assessments of you
 - Have a Parallel Plan
- Do your homework:
 - Learn about the field(s)
 - Prepare a strong application
 - Apply to enough programs, with different tier representation
 - USE your resources (FCAs, Student Services, MHome, Branches)

Questions

Questions can be emailed to the appropriate OMSE contact:

- **ERAS:** Barbara Sharp - bajeshar@umich.edu
- **NRMP:** Pamela Beatty Cupitt – pcupitt@umich.edu
- **MSPE Sign-Up and Student Information Survey:**
Elaine Holleran – eholler@umich.edu

Thank You!

Update from the Learning Environment Task Force (LETF)

EXCELLENCE
in our learning environment

DEGRADATION
of our learning environment

Category 1 report

New!

Category 2 report

- Reviewed by LETF

- Screened by 3rd party reviewer
- Reviewed individually by UMMS administration at time indicated by student

- Reviewed by LETF
- Not reviewed individually by UMMS administration
- Helps LETF better understand the learning environment and advocate for positive change

For more information: check out the updated FAQs listed on the LETF website

<https://sites.google.com/a/umich.edu/umms-letf/home/faqs?authuser=1>