Residential Load Calculations: Manual J and more

10/27/2021



Providing effective energy strategies for buildings and communities

SEDAC is a Preferred Education Provider with the International Code Council (ICC). Credits earned on completion of this program will be reported to ICC for ICC members. Certificates of Completion will be issued to all participants.

PREFERRED EDUCATION PROVIDER

This workshop is approved for 1 LU/HSW CES credits from the American Institute of Architects (AIA). Credits earned on completion will be reported for AIA members.

Approved Continuing Education



Learning Objectives

- 1. Understand when a Manual J load calculation should be performed.
- 2. Understand how to look up information for a Manual J calculation.
- 3. Understand common mistakes made in Manual J entries.
- 4. Understand how to use Manual J software packages for detailed load calculations.



Who we are

We assist buildings and communities in achieving energy efficiency, saving money, and becoming more sustainable.

We are an applied research program at University of Illinois, working in collaboration with 360 Energy Group.

Our goal: Reduce the energy footprint of Illinois and beyond.





SEDAC is the Illinois Energy Conservation Code Training Provider

This training program is sponsored by Illinois State Energy Office





SEDAC Resources

Technical support

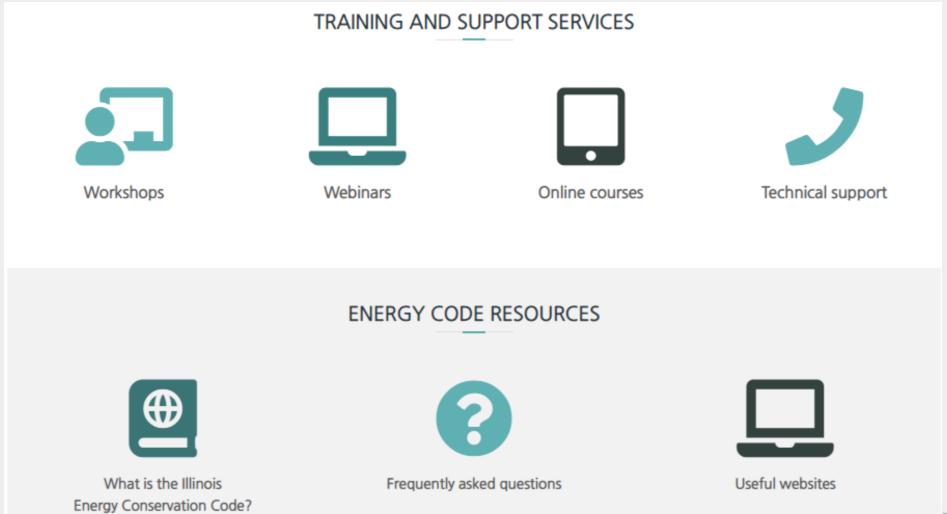
- energycode@illinois.edu
- 800.214.7954

Online resources at smartenergy.lllinois.edu/energy-code





www.smartenergy.lllinois.edu/energy-code/





Code Accessibility – IECC and IL Amendments

https://codes.iccsafe.org/content/IECC2018P4

All Codes » I-Codes

2018 INTERNATIONAL ENERGY CONSERVATION CODE

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PREFACE

- EFFECTIVE USE OF THE INTERNATIONAL ENERGY CONSERVATION CODE
- ▶ IECC—COMMERCIAL PROVISIONS
- CHAPTER 1 [CE] SCOPE AND ADMINISTRATION
- CHAPTER 2 [CE] DEFINITIONS
- CHAPTER 3 [CE] GENERAL REQUIREMENTS
- CHAPTER 4 [CE] COMMERCIAL ENERGY EFFICIENCY
- CHAPTER 5 [CE] EXISTING BUILDINGS
- CHAPTER 6 [CE] REFERENCED STANDARDS
- APPENDIX CA SOLAR-READY ZONE— COMMERCIAL

INIDEA

- IECC—RESIDENTIAL PROVISIONS
- CHAPTER 1 [RE] SCOPE AND ADMINISTRATION
- CHAPTER 2 [RE] DEFINITIONS
- CHAPTER 3 [RE] GENERAL REQUIREMENTS

▶ CHAPTER 4 [RE] RESIDENTIAL

Search Code Titles





Legend

Use the chapter listing within the bar on the left to navigate contents

The free view provides users with read only access to the code book

The premiumACCESS view includes In premiumACCESS, code change

- · Technical code changes from the previous edition of the Internati
- . State amendments to the International Codes are shown in red to
- Indicates deletions
- · Active hyperlinks for ease of navigating across section references
- · Ability to bookmark or annotate key text with your notes
- Click link sharing () for quick access to key sections
- Click Print icon (if) for printing section level contents

My Notes and Bookmarks

Recent annotations and bookmarks from this current title. Click here

Purchase premium to take advantage of this feature.

Associated Titles

Available versions for this title.

- 2018 International Energy Conservation Code (Third Printing: Mar 2019)
- 2018 International Energy Conservation Code (Second Printing: Aug 2018)
- 2018 International Energy Conservation Code
 Currently Being Viewed (First Printing: Aug 2017)

https://www2.illinois.gov/cdb/business/cod es/IllinoisAccessibilityCode/Documents/20 18%20Illinois%20Specific%20Amendment s%20with%20Modifications%20Shown.pdf

https://codes.iccsafe.org/content/document/1491

CHAPTER 1 [CE] SCOPE AND ADMINSTRATION

SECTION C101 SCOPE AND GENERAL REQUIREMENTS

C101.1 Title. This code shall be known as the International Energy Conservation Code of [NAME OF JURISDICTION] and shall be cited as such. Illinois Energy Conservation Code or "this Code" and shall mean:

With respect to the State facilities covered by 71 Ill. Adm. Code 600.Subpart B:

This Part, all additional requirements incorporated within Subpart B (including the 2018 International Energy Conservation Code, including all published errata but excluding published supplements that encompass ASHRAE 90.1-2016), and any statutorily authorized adaptations to the incorporated standards adopted by CDB are effective July 1, 2019.

With respect to the privately funded commercial facilities covered by 71 III. Adm. Code 600.Subpart C:

This Part, all additional requirements incorporated within Subpart C (including the 2018 International Energy Conservation Code, including all published errata and excluding published supplements that encompass ASHRAE 90.1-2016), and any statutorily authorized adaptations to the incorporated standards adopted by CDB, are effective July 1, 2019.

C101.1.2 Adoption. The Board shall adopt

C101.1.3 Adaptation. The Board may appropriately adapt the International Energy Conservation Code to apply to the particular economy, population, distribution, geography and climate of the Sate and construction within the State, consistent with the public policy objectives of the EEB Act.

C101.5 Compliance. Residential buildings shall meet the provisions of IECC—Residential Provisions. Commercial buildings shall meet the provisions of IECC-Commercial Provisions the Illinois Energy Conservation Code covered by 71 Ill. Adm. Code 600.Subpart C. The local authority having jurisdiction (AHJ) shall establish its own procedures for enforcement of the Illinois Energy Conservation Code. Minimum compliance shall be demonstrated by submission of:

- Compliance forms published in the ASHRAE
 90.1 User's Manual; or
- Compliance Certificates generated by the U.S. Department of Energy's COMcheck™ Code compliance tool; or
- Other comparable compliance materials that meet or exceed, as determined by the AHJ, the compliance forms published in the ASHRAE 90.1 User's Manual or the U.S. Department of Energy's COMcheckTM Code compliance tool; or
- The seal of the architect/engineer as required by Section 14 of the Illinois Architectural Practice Act [225 ILCS 305], Section 12 of the Structural Engineering Licensing Act [225 ILCS 340] and Section 14 of the Illinois Professional Engineering Practice Act [225 ILCS 325].

ARTICLE XIII. CHICAGO ENERGY CONSERVATION CODE

SECTION 1. The Municipal Code of Chicago is hereby amended by inserting a new Title 14N, as follows:

TITLE 14N ENERGY CONSERVATION CODE

PART I - COMMERCIAL PROVISIONS

CHAPTER 14N-C1 SCOPE AND PURPOSE

14N-C1-C001 Adoption of the commercial provisions of the International Energy Conservation Code by reference.

The commercial provisions of the *International Energy Conservation Code*, 2018 edition, second printing, and all erratum thereto identified by the publisher (hereinafter referred to as "IECC-CE"), except Appendix CA, are adopted by reference and shall be considered part of the requirements of this title except as modified by the specific provisions of this title.

If a conflict exists between a provision modified by this title and a provision adopted without modification, the modified provision shall control.

14N-C1-C002 Citations

Provisions of IECC-CE which are incorporated into this title by reference may be cited as follows:

14N-C[IECC-CE chapter number]-[IECC-CE section number]

14N-C1-C003 Global modifications.

The following modifications shall apply to each provision of IECC-CE incorporated into this title:

- . Replace each occurrence of "International Codes" with "Chicago Construction Codes."
- Replace each occurrence of "International Building Code" with "Chicago Building Code."
- Replace each occurrence of "ASME A17.1" or "ASME A17.1/CSA B44" with "the Chicago Conveyance Device Code."
- Replace each occurrence of "NFPA 70" with "the Chicago Electrical Code."

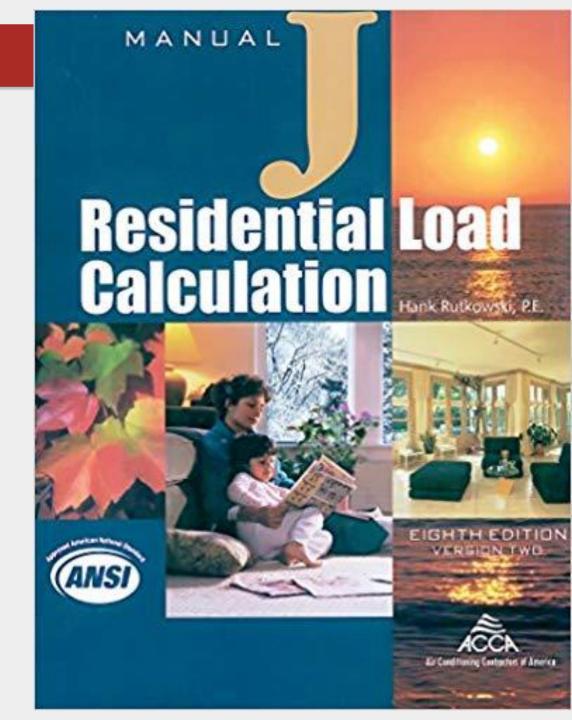
When to Conduct a Manual J Load Calculation



Manual J

The Air Conditioning Contractors of America (ACCA) Manual J calculates heating and cooling peak loads.

- Required by the IECC and ASHRAE 90.1 for new construction.
- Replacement systems should also be selected based on Manual J load calculations.



Manual J – 2 versions

Abridged Version

- Uses speedsheet or software for calculations
- Limited to simple default loads
 - Quick and relatively easy to complete
 - Good for early design



Complete Version

- Uses full software
- More design flexibility
 - Accounts for more assembly types and installation practices



Manual J – 2 methods

Whole House Block Method

Typically used for new construction early design to size equipment.

May also apply to simple duct-plan final models.

May also be used for existing homes that are swapping out aging HVAC equipment without modifying ductwork.

Room by Room Loads

Heating and cooling loads determined for each room.

Used for complex new construction, or remodels that include duct changes.

May also be applicable if using ductless minisplit units in smaller residences.

*Room-by-Room is required for conducting a Manual D sizing calculation to size ductwork!



Manual J speedsheet

- Free download from ACCA
- Automates load calculation for the abridged version only
- Designers can create a template house for common models, adjust for location and orientation for future models.
- Block or room-by-room load compatible.

	FORM J1 _{AE} • ABRIDGED VERSION of MANUAL J, 8TH EDITION														
_[Project				Design State	& City	Alabama	Α	dexander Cito	City 🔻 🗻				
		Indoor Des	sign Heatin	g db	70	@ Outdoor (Vinter)	99% db	22		HTD	48		=		
	Indoor Design Cooling db Indoor Design Cooling RH			75					CTD 18			ACCA			
		Indoor Desi	ign Cooling	g RH	50%	Grains Diff	erence	46	Da	aily Range	Medium				
			Lat	itude	33	Ele	vation	686		ACF	0.985	Block	Load		
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ı	12	Internal Cal				Number of Bed	drooms	3		Occupants	4		#VALUE!		
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	14	Sub Totals									#VALUE!				
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	15	Duct Loss &	Gain			Leakage Class .127.24			0.133 🔽 0.172 🔽			#VALUE!			
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Software available for full Manual J

Find ACCA Manual J approved software:

https://www.acca.org/standards/approved-software

Example Software:

<u>http://www.adteksoft.com/SoftwareRes.htm</u> - checklist format

https://www.elitesoft.com/ - checklist format

https://www.wrightsoft.com/ - floorplan format

http://www.energygauge.com/ - checklist format

https://www.avenir-

online.com/AvenirWeb/HeatCAD/HeatCADHome.aspx -

3D modeling format

https://www.coolcalc.com/ - checklist format

Free to use

Must purchase to generate reports



Approved software will generate reports with this label.



Using the Manual J



Manual J information

Step 1. Climate

 Outdoor design conditions for heating and cooling

Step 2. Design Conditions

- Indoor design conditions
- Indoor equipment loads
- Occupant Loads

Step 3. Building Details

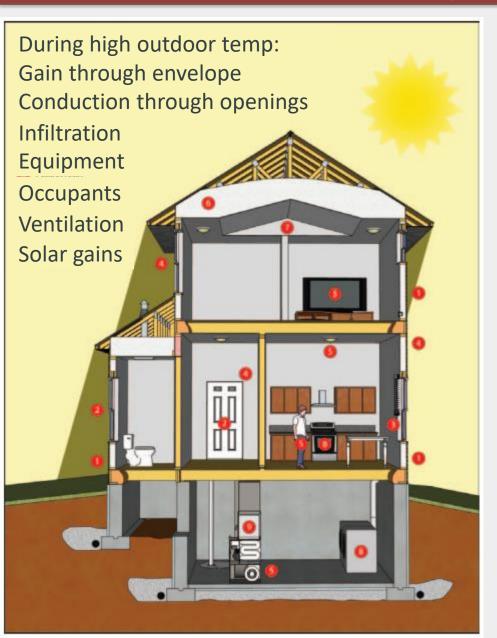
- Total area & orientation
- R-values for opaque materials
- U-values, SHGC and orientation for glazing
- Air infiltration rate







Manual J adds up BTUs lost and gained



During low outdoor temp: Loss through envelope No Internal loads Infiltration Ventilation

Image sources: <u>nrel.gov</u>

Manual J – weather data

Step 1 - Find climate data - Section 3 of the Manual J contains weather data

Available free online https://farm-energy.extension.org/wp-content/uploads/2019/04/7.-Outdoor Design Conditions 508.pdf

Table 1A
Outdoor Design Conditions for the United States

Location	Elevation	Latitude	Heating	Cooling						HDD ₆₅	
	Feet	Degrees North	99% Outdoor	Outdo			Daily	CDD ₅₀			
			Dry Bulb	1% Dry Bulb	Coincident Wet Bulb	55% RH Indoors	50% RH Indoors	45% RH Indoors	Range (DR)	Ratio	
Illinois											
Aurora Municipal AP	705	42	1	88	74	30	37	44	М	2.22	
Belleville, Scott AFB	453	38	10	93	77	44	51	58	М	1.13	
Bloomington (Peoria DD)	875	40	-2	90	74	31	38	45	М	1.80	

Quick notes on terms:

Dry Bulb: Actual air temperature as measured by a thermostat Wet Bulb: Lowest air temperature achievable from evaporation. Grains: Measure of absolute humidity. 1 lb water = 7,000 grains



Manual J – Data Inputs

Step 2. Gather interior loads information:

Information on heat gains inside the building:

- Peak internal equipment & occupant loads. Appliances and electronics, human body heat, and moisture addition.
- Mechanical system loads. Duct leakage and ventilation
 Information on the desired temperature and humidity inside the building
- Typical ACCA design values:
 - Winter design: 70F and 30% RH
 - Summer design: 75F and 50% RH

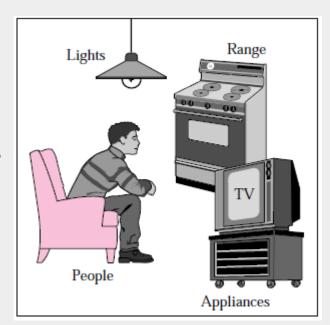


Image source: Engineer-Educators.com



Manual J – Data Inputs

Step 3. Gather envelope information:

Information on thermal envelope:

- R-values for wall, roof, foundation assemblies
- SHGC and U-factor for window and skylight assemblies
- Air infiltration rate from a blower door test or estimated

Information on building size and orientation

- Areas of assemblies
- Orientation of the building



Step 3. Input Overview

Above grade walls can be framed or mass walls between indoor and outdoor conditions.

Partition walls are between indoor and unconditioned spaces (i.e. - garage or attic).

Below grade walls are walls greater than 2ft below grade.

Ceilings can be below attic, below roof deck with exposed beams, or below deck with sandwiched beams.

Partition ceiling is ceiling under unconditioned space or encapsulated attic (foamed deck, unfinished attic space).

Passive floors are any floors without radiant heating.

Partition floors are above enclosed unconditioned spaces

Exposed floors apply to cantilevered floors over outdoor air, or

floors over vented crawls or open-air spaces.

Basement floors have no insulation underneath, if passive.

Slab floors are on grade (<2ft below soil surface)

_			
	8	Above Grade Valls	a
			Ь
			C
			d
			е
		Partition Valls	f
			g
	9	Below Grade Valls	a
			b
	10	Ceilings	a
			b
			C
		Partition Ceilings	d
			e
	11	Passive Floors	a
			Ь
		Exposed Floors	C
		Slab (Perimeter Ft.)	d
		Basement Floor	е
		Partition Floors	f
			g

Step 3. Assembly look-up tables

Knowing building information, look up construction types in look-up tables in Manual J to determine correct values for Manual J entry.

Example: 2x4 wood stud wall with R-13 fiberglass, R-5 insulation board and vinyl siding Framed walls can be found in Table 4A, Construction #12-Frame Walls and Partitions

Construction Number 12 Frame Walls and Partitions											
Wall or partition with brick veneer, plus interior finish (40 to 50 Lb / SqFt) Wall with siding or stucco, or light partition, plus interior finish (7 to 20 Lb / SqFt) Exterior finish code: b = brick veneer; s = stucco or siding Framing code: w = wood, m = metal (studs 16 Inches on center, 75% cavity, 25% framing) Reference Area = Gross Wall Area - Area of Window and Door Openings											
Construction Number	Insulation R-Values	Description of Construction	Exterior Finish	U-Value with Wood Studs	U-Value with Metal Studs	Group Number					
12A — No Insulation In Stud Cavity											
12A-0b w/m 12A-0s w/m	Cavity: None Board: None	Frame construction, no cavity insulation, no board insulation, wood sheathing	Brick Siding	0.253 0.240	0.315 0.295	E					

12C — R-13 Insulation In 2 x 4 Stud Cavity										
12C-5b w/m 12C-5s w/m	Cavity: R-13 Board: R-5	Frame construction, R-13 cavity insulation, R-5 board insulation	Brick Siding	0.064	0.078	K				

Proper assembly code for this wall type is 12C-5s w, the U-value is 0.064



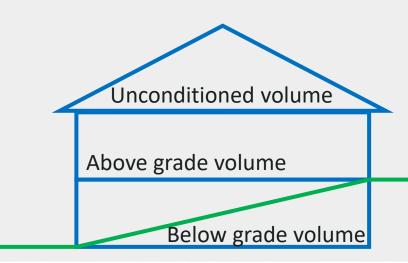
Step 3. Air leakage entry

Manual J Infiltration only considers above-grade areas and volumes

Summary table below used for abridged calculations

If actual pressure test conducted, must use full Manual J (software program)

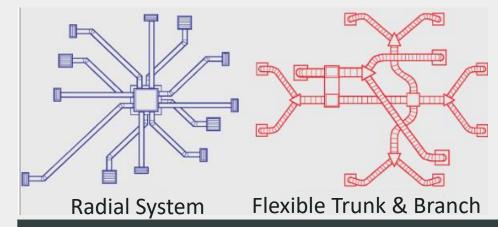
Modern homes are tight or semi-tight



Manual J Table 5A	Default Air Change Values for Single Story Construction									
Construction	Air Changes per Hour — Heating									
	Floor Area of Heated Space (SqFt)									
	900 Or Less	901 to 1500	1501 to 2000	2001 to 3000	3001 or More					
Tight	0.21	0.16	0.14	0.11	0.10					
Semi-Tight	0.41	0.31	0.26	0.22	0.19					
Average	0.61	0.45	0.38	0.32	0.28					
Semi-Loose	0.95	0.70	0.59	0.49	0.43					
Loose	1.29	0.94	0.80	0.66	0.58					

Step 3. Duct gains and losses

- Abridged version uses 4 default duct classes
- Full Manual J requires calculation of duct areas, leakage, and resulting heat transfer factors
- 28 tables of duct layouts important to be familiar to select correct system!
- Each table has 4-steps
 - 1. Baseline heat loss/gain based on default surface area
 - 2. Adjustment multipliers for insulation
 - 3. Adjustment multipliers for duct leakage rate
 - 4. Adjustment multipliers for surface area variation from default



Tightness	Supply cfm/sf	Return cfm/sf
Extremely sealed	0.06	0.06
Notably sealed	0.09	0.15
Average Sealed	0.12	0.24
Partially sealed	0.24	0.47
Unsealed	0.35	0.70



Common Manual J Mistakes



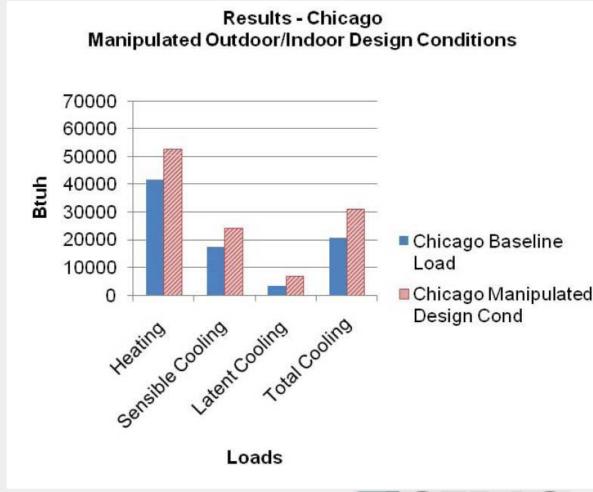
Basic Information Check!

Particularly for designers with model homes

- Check proper location/weather data
- Check proper orientation
- Check indoor design conditions

These are common errors when copying a file as a template.

Also, common to tweak indoor conditions to get outputs in-line with rules-of-thumb



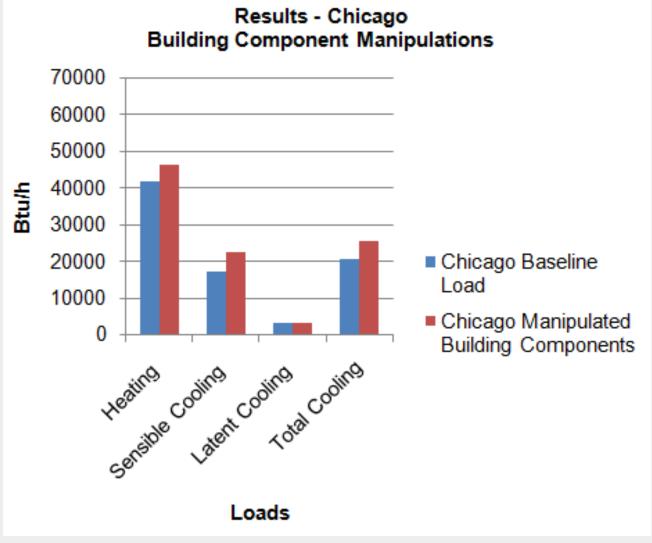
Source: DOE Building America Program



Don't forget window shading!

Blinds, curtains, and overhangs reduce window loads. Be sure to account for them in load calculations!
Chicago example left off bug screens, eave overhangs, and

blinds.



Source: DOE Building America Program



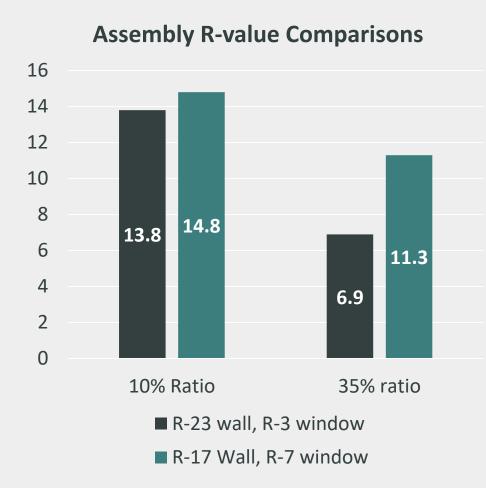
Get Areas Right!

Pay particular attention to low R-value areas

- Windows are R-3 compared to R-13 to R-20 for walls
 - Common to use default windows with R-1 to R-2 to increase loads
 - Check orientation of each window set!

Foundation insulation, particularly slab-on-grade, entry errors

- Enter slab-on-grade perimeter, not floor areas!
- Check U-values for misplaced decimals
- Duct areas also have significant impact.



Data courtesy https://www.zolawindows.com/



Manual J Duct leakage manipulation

Properly documenting the duct locations and leakage rates can also have a big impact on building loads

	Duct Sealing Benefit												
Atlanta, Georgia	Manual	ral J Loads Seasonal Performance Summary								Energy			
\$ 0.08 / Kwh \$ 0.58 / Thrm Scale cost	Heating	Cooling Sensible Latent	Fossil Fuel Heating		Air Source Heat pump Heating		Electric Cooling		Gas Heat Electric Cooling	Air Source Heat Pump			
estimates for other rates.	Btuh	Btuh	Therms	Cost	KWH	Cost	KWH	Cost	Cost	Cost			
Attic 15% Leak	43,108	32,665 6,257	830	\$ 543	9,834	\$ 790	5,675	\$ 469	\$ 1,012	\$ 1,333			
Attic 5% Leak	34,988	25,161 3,827	656	\$ 426	7,662	\$ 616	4,430	\$ 369	\$ 795	\$ 1,042			
Crawl Space 15% Leak	49,175	33,327 6,542	971	\$ 636	11,580	\$ 929	5,737	\$ 473	\$ 1,109	\$ 1,565			
Crawl Space 5% Leak	38,829	26,419 3,975	742	\$ 495	8,753	\$ 703	4,545	\$ 378	\$ 873	\$ 1,198			

8,000 Btu/h htg 10,000Btu/h clg

8,000 Btu/h htg 10,000Btu/h clg

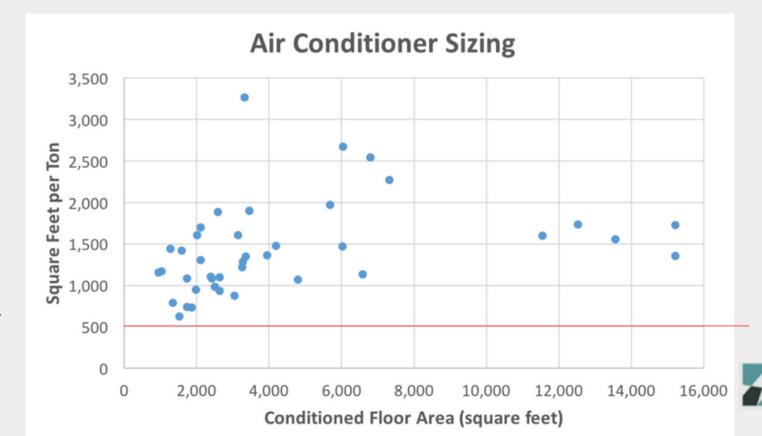
Manual J Manipulation

Many contractors comfortable with rules-of-thumb

May make multiple minor adjustments to Manual J to stretch results to match expected rule-of-thumb

As shown, common rule is ~500 sf/ton

Average of 40 homes from energy vanguard study showed 1,431 sf/ton



Manual J Software Options



List of Available Software

Find ACCA Manual J approved software:

https://www.acca.org/standards/approved-software

Example Software:

http://www.adteksoft.com/SoftwareRes.htm -

checklist format

https://www.elitesoft.com/ - checklist format

https://www.wrightsoft.com/ - floorplan format

http://www.energygauge.com/ - checklist format

https://www.avenir-

online.com/AvenirWeb/HeatCAD/HeatCADHome.aspx

- 3D modeling format

<u>https://www.coolcalc.com/</u> - checklist format – free to use but can't print reports without purchase.



Approved software will generate reports with this label.



CoolCalc Example Screens

Pay careful attention to input values

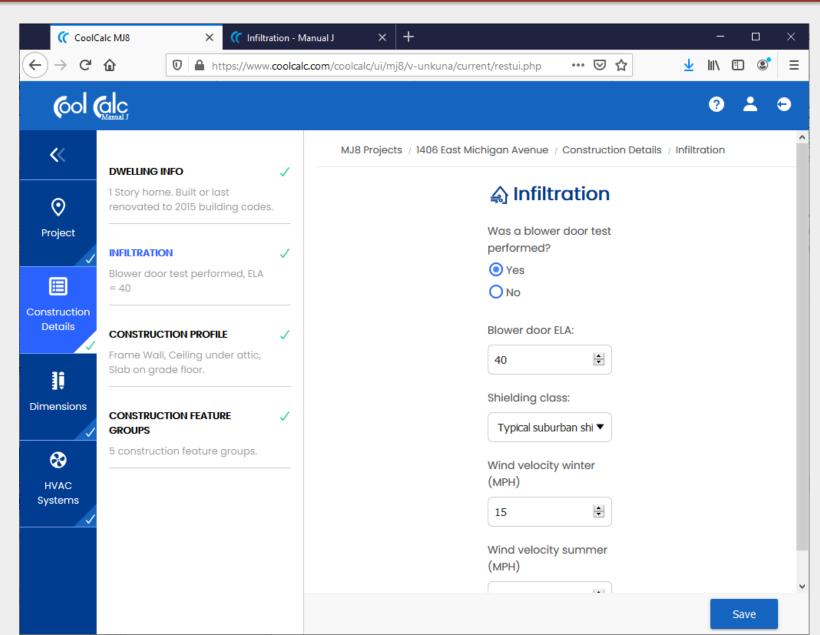
Example of infiltration:

Some programs want ACH, some CFM50, some ELA.

Enter correct value!

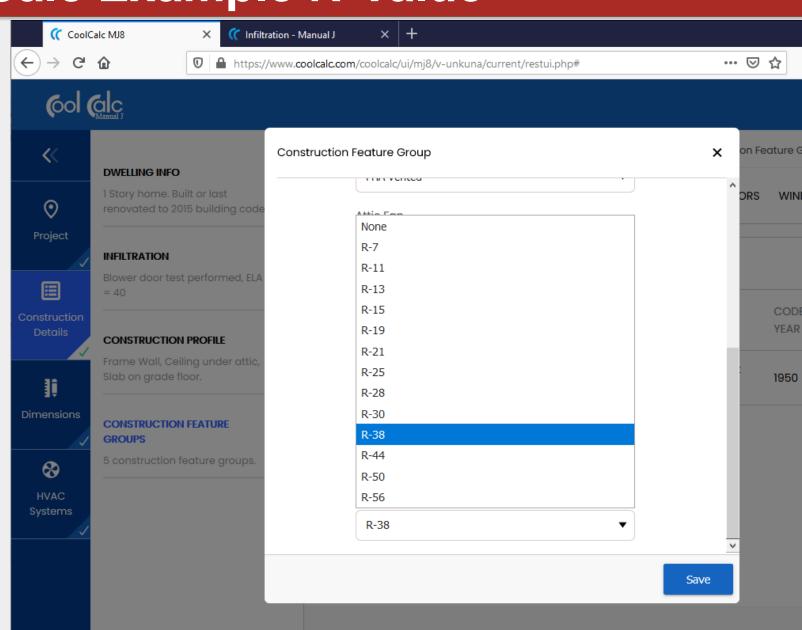
This example from

CoolCalc, infiltration is ELA in square inches.



CoolCalc Example R-Value

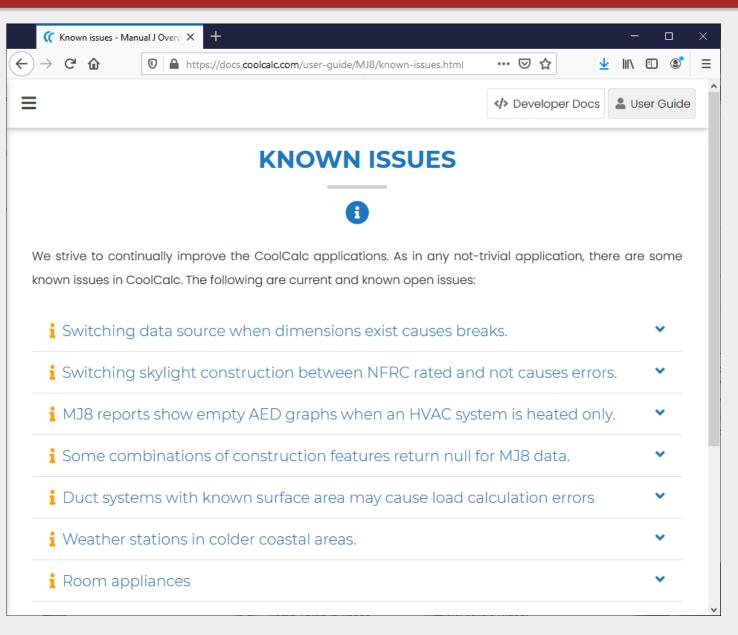
- Be careful of default values.
- Enter data as close as possible to actual conditions.
- Understand base assumptions and limitations.



Know your Software Limitations

Most software providers keep records of limitations and known issues.

Be familiar with these limitations so your models can be as accurate as possible!

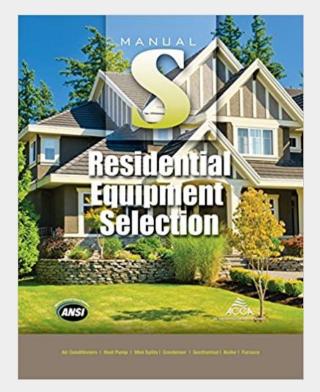


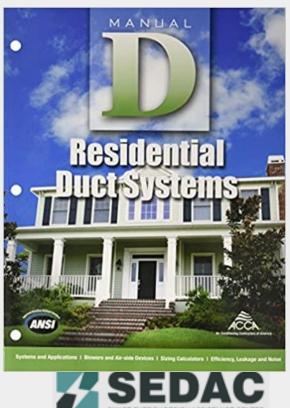
Beyond Manual J



Completing Residential Calculations

- Manual S and Manual D are needed to complete a residential load analysis and properly size the HVAC equipment.
 - Manual S adjusts equipment from manufacturer default test conditions to the air conditions assumed in the load calculation.
 - Manual D sizes ducts to properly move air, ensure even conditioning of whole home







Beyond the ACCA Manuals

- There are hourly energy simulation programs, like DOE's Energy+ for commercial buildings, that can analyze annual loads for residential
 - ACCA manuals only calculate peak loads
- EnergyGauge, REM/Rate, BeOpt, and others provide annual energy consumption
 - Can be used for Net-Zero planning, energy code ERI calculations, and load sizing.
 - Usually do not include duct sizing, though!

List of software can be found here:

https://www.buildingenergysoftwaretools.com/



