

## RESOURCES FOR CAREGIVERS OF INDIVIDUALS WITH AUTISM

The coronavirus has had drastic effects upon people with autism and their caregivers. The disruption in routines, the introduction of new societal norms such as wearing masks and practicing social distancing, the process of getting vaccinated, and the gradual transition to a “new normal” is extremely difficult for individuals with ASD. In addition, many caregivers have found themselves thrust into the roles of their children’s teacher and therapists – experiences that present their own challenges.

Listed below are resources that are designed to assist both the individual with autism and his or her caregivers. These resources are divided into five sections:

- Information geared toward the pandemic.
- Links to the websites of autism-related organizations.
- Autism-Related Facebook Groups.
- A list of “The Best Autism Apps” (published in Autism Parenting Magazine in May 2020).
- Titles of autism-related ebooks that can be borrowed through the Library’s hoopla app. Have questions about hoopla? Go to: <http://theoceancountylibrary.org/sites/default/files/Hoopla-Instructions.pdf>

### PART 1: GUIDES FOR COPING WITH THE PANDEMIC AND RESOURCES FOR REMOTE LEARNING

#### **1) Autism NJ. [www.autismnj.org/article/type/coronavirus](http://www.autismnj.org/article/type/coronavirus)**

*Provides guidance on preparing individuals with autism for the vaccine, wearing masks, adjusting to disruptions in their routines, coping with regression and challenging behaviors, remote learning resources, and useful apps. Also contains strategies for caregiver self-care, financial concerns, and practical information regarding*

*COVID-19 and its effects on the delivery of therapies. Autism NJ also has a hotline: 1-800-428-8476.*

- 2) University of Cincinnati Center for Excellence in Developmental Disabilities. [Social-Story Getting-the-COVID19-Vaccine.pdf \(ucucedd.org\)](#)**

*Contains a social story designed to prepare those with ASD to receive the vaccine.*

- 3) Harvard Health Publishing: Harvard Medical School. <https://www.health.harvard.edu/blog/helping-people-with-autism-spectrum-disorder-manage-masks-and-covid-19-tests-2020061020089>**

*An article containing tips for helping those with ASD cope with taking a COVID test and adjust to wearing masks.*

- 4) The Arc of New Jersey. [The Arc of New Jersey : Information : COVID-19 Updates & Information : COVID-19 Updates & Information \(arcnj.org\)](#)**

*Contains COVID-19 resources for individuals with disabilities and their caregivers – including plain-language explanations, a list of 75 stay-at-home activities, housing updates, and income support.*

- 5) New Jersey Division of Disability Services. [www.state.nj.us/humanservices/dds/news](http://www.state.nj.us/humanservices/dds/news)**

*Contains an emergency preparedness checklist for people with disabilities.*

**6) Autism Speaks.**

[www.autismspeaks.org/covid-19-information-and-resources](http://www.autismspeaks.org/covid-19-information-and-resources)

*Has a wide variety of resources geared toward families and toward adults who have autism. There is an Autism Response Team (ART) available to answer questions by phone, email, and live chat (1-888-288-4762). Also contains tips for discussing COVID-19 with your child, a social story about wearing masks, guidance if your child needs to be hospitalized, behavioral resources, coping with stress, and parental training and support resources.*

**7) Echo Autism.**

[www.echoautism.org/parent-resources-during-covid-19](http://www.echoautism.org/parent-resources-during-covid-19)

*Contains information about how to do ABA, OT, and speech therapy at home, how to teach at home, social stories, and parenting tips.*

**8) Education.com. [www.education.com](http://www.education.com)**

*Contains free printable worksheets on a wide variety of topics for children in preschool through fifth grade. Also has online games, songs, activities, and stories. Must create a free account to use.*

**PART 2:**  
**AUTISM-RELATED ORGANIZATIONS**

**CAREGIVER AND INDIVIDUAL WITH DD SUPPORT AND ASSISTANCE**

<b><u>AGENCY NAME</u></b>	<b><u>DESCRIPTION</u></b>	<b><u>WEBSITE</u></b>
Autism New Jersey	Information About Autism, Education and Training, Caregiver Support and Referral to Specialists	<a href="http://www.autismnj.org">www.autismnj.org</a>  <b>Hotline:</b> <b>1-800-428-8476.</b>
Canine Companions	Service Dogs	<a href="http://www.canine.org">www.canine.org</a>
The Color of Autism Foundation	Provides Support to African American Families with Autism	<a href="http://www.thecolorofautism.org">www.thecolorofautism.org</a>
Mom2Mom Helpline	Peer support to caregivers.	<a href="http://www.mom2mom.us.com">www.mom2mom.us.com</a>  <b>Hotline:</b> <b>1-877-914-6662.</b>
New Jersey Autism Warriors	Facebook group that provides peer support to caregivers.	
Ocean County Family Support Organization	Peer support, family training.	<a href="http://www.oceanfso.org">www.oceanfso.org</a>

## EMPLOYMENT TRAINING AND ASSISTANCE

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Allaire Community Farm	Provides Pre- Employment Training, Therapy Farm Animals	<a href="http://www.allairecommunityfarm.org">www.allairecommunityfarm.org</a>
Community Options	Employment Training for High School Students, Employment, Housing	<a href="http://www.comop.org">www.comop.org</a>
New Jersey Division of Vocational Rehabilitation Services <i>(One-Stop Career Centers are open by appointment)</i>	Employment Assistance	<a href="http://www.nj.gov">Career Services   Vocational Rehabilitation Services (nj.gov)</a>
Waters & Sims	Provides Supported Employment Services	<a href="http://www.watersandsims.com">www.watersandsims.com</a>

## INFORMATION AND REFERRAL

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Autism New Jersey	Information and Referral, Public Policy	<a href="http://www.autismnj.org">www.autismnj.org</a>  <b>Hotline: 1-800-428-8476</b>

Ocean County Department of Human Services (Children's Inter-Agency Coordinating Council, Office of Individuals with Disabilities)	Information and Referral, Advocacy, Community Education	<a href="#">Office for Individuals with Disabilities   Ocean County Government</a>
Ocean County Health Department	Information and Referral	<a href="http://www.ochd.org">www.ochd.org</a>
SPAN Advocacy Network	Information and Referral, Caregiver Support and Resource Center	<a href="http://www.spanadvocacy.org">www.spanadvocacy.org</a>
Toms River Mayor's Advisory Committee on the Americans with Disabilities Act	Advocacy and Assistance	<a href="#">Mayor's Advisory Committee on the ADA   Toms River Township, NJ</a>
Toms River Mayor's Advisory Committee on Developmental Disabilities	Advocacy and Assistance	<a href="#">Developmental Disabilities Committee   Toms River Township, NJ</a>

### LEGAL SERVICES

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Community Health Law Project	Legal and advocacy services	<a href="http://www.chlp.org">www.chlp.org</a>
Hinkle Prior & Fischer	Special Education Law, Estate Planning	<a href="http://www.hinkle1.com">www.hinkle1.com</a>

The Matus Law Group	Special Education Law, Estate Planning	<a href="http://www.matuslaw.com">www.matuslaw.com</a>
Sussan Greenwald, & Wesler	Special Education Law, Estate Planning	<a href="http://www.sgwlawfirm.com">www.sgwlawfirm.com</a>

### MEDICAL SPECIALISTS

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Children's Specialized Hospital	Developmental Pediatricians, Neurologists, Psychiatrists	<a href="http://www.childrens-specialized.org">www.childrens-specialized.org</a>
Children's Wellness & Developmental Center	Developmental Evaluations, Holistic Evaluations, Nutritional Counseling, Individual and Family Counseling	<a href="http://www.cwdcenter.com">www.cwdcenter.com</a>
Community Medical Center	Autism-Friendly ER	<a href="http://www.rwjbh.org">Autism-Friendly Emergency Department   Community Medical Center (rwjbh.org)</a>
Developmental Pediatrics of Central NJ	Developmental Pediatrics	<a href="http://www.developmentalpediatricsnj.com">www.developmentalpediatricsnj.com</a>
KidZdent	Special Needs Dentistry	<a href="http://www.kidzdent.com">www.kidzdent.com</a>

The Milestones Center	Developmental-Behavioral Pediatrics	<a href="http://www.milestones.center">www.milestones.center</a>
Ocean Pediatric Dental Associates	Special Needs Dentistry	<a href="http://www.oceanpediatricdental.com">www.oceanpediatricdental.com</a>

### **MULTISERVICE ORGANIZATIONS**

<b><u>AGENCY NAME</u></b>	<b><u>DESCRIPTION</u></b>	<b><u>WEBSITE</u></b>
Easterseals NJ	Summer Camp, Behavioral Health Services, Residential Services, Day Programs, Supported Employment	<a href="http://www.easterseals.com/nj">www.easterseals.com/nj</a>
Jewish Service for the Developmentally Disabled	Residential Services, Physical Therapy, Occupational Therapy, and Speech Therapy for Adults	<a href="http://www.jsddmetrowest.org">www.jsddmetrowest.org</a>
Ladacin Network	Services for All Ages: Early Intervention, Child Care, School, Therapy, Day Programs, Vocational Therapy, Housing	<a href="http://www.ladacin.org">www.ladacin.org</a>
New Jersey Institute for Disabilities	Early Intervention, School, Day Programs, Employment Services, Residential Services, In-Home Supports, Life Skills Development	<a href="http://www.njid.org">www.njid.org</a>



SERV Behavioral Health System, Inc.	Services for All Ages: In-Home Services, Vocational Training, Residential Services	<a href="http://www.servbhs.net">www.servbhs.net</a>
21 Plus, Inc.	Residential Services, Vocational Services, Supported Employment	<a href="http://www.21plus.org">www.21plus.org</a>

**NEW JERSEY STATE SERVICES**

For behavior therapy and respite for children under the age of 21, contact PerformCare (the New Jersey Children’s System of Care) at [www.performcarenj.org](http://www.performcarenj.org) or by calling 1-877-652-7624.

To inquire about home and community-based services for individuals 21 and older, contact the New Jersey Division of Developmental Disabilities (DDD) at [www.state.nj.us/humanservices/ddd](http://www.state.nj.us/humanservices/ddd) or by calling 1-800-832-9173.

To download the NJ Office on Autism’s publication **Autism: A Family Guide to Navigating the NJ Service Systems for Individuals with Autism Spectrum Disorder and Other Developmental Disabilities**, click here: <https://tinyurl.com/Autism-A-Family-Guide>

<b><u>AGENCY NAME</u></b>	<b><u>DESCRIPTION</u></b>	<b><u>WEBSITE</u></b>
Ability Advocates of NJ	Transition from Children’s System of Care to Adult Services, Support Coordination for Adults Through the Division of Developmental Disabilities	<a href="http://www.abilityadvocatesofnj.org">www.abilityadvocatesofnj.org</a>
A Bright Tomorrow	Support Coordination for Adults through the Division of Developmental Disabilities	<a href="http://abrighttomorrow.org">http://abrighttomorrow.org</a>
A Care Connection of New Jersey	Support Coordination for Adults through the Division of Developmental Disabilities	<a href="http://www.accofnj.org">www.accofnj.org</a>
Ocean Partnership for Children	Care Management and Service Planning for Children with Behavioral and Emotional Challenges ( <i>accessible through PerformCare</i> )	<a href="http://www.oceanpartnership.org">www.oceanpartnership.org</a>
Owen Health Care	Children’s Behavior Therapy through PerformCare, Support Coordination for Adults through the Division of Developmental Disabilities, Respite, Summer Camp, Supported Employment	<a href="http://www.owenhc.com">www.owenhc.com</a>

PrimeTime Center	Adult Day Programs (Life Skills, Recreation, Social Skills, Vocational Skills, and More) ( <i>admission through DDD</i> )	<a href="http://www.primetimecenter.org">www.primetimecenter.org</a>
SPWA Services	Support Coordination for Adults through the Division of Developmental Disabilities	<a href="http://www.spwaservices.org">www.spwaservices.org</a>

### **PUBLIC POLICY**

<u><b>AGENCY NAME</b></u>	<u><b>DESCRIPTION</b></u>	<u><b>WEBSITE</b></u>
Autism NJ	Public Policy	<a href="http://www.autismnj.org">www.autismnj.org</a>
New Jersey Council on Developmental Disabilities	Public Policy	<a href="http://www.njcdd.org">www.njcdd.org</a>

### **SAFETY**

<u><b>AGENCY NAME</b></u>	<u><b>DESCRIPTION</b></u>	<u><b>WEBSITE</b></u>
Ocean County Commission on Child Safety and Awareness	Safety	<a href="#">The Ocean County Commission on Child Safety &amp; Awareness   Ocean County Government</a>
Ocean County Sheriff's Office	Safety	<a href="#">Ocean County   Sheriff's Department</a>

**SCHOOLS (refer to “Multiservice Organizations” for additional schools)**

To view a comprehensive list of schools, visit Autism NJ’s *Directory of Schools Serving Children with Autism Spectrum Disorder* at:

[https://www.rwjbh.org/documents/csh/Autism\\_NJ\\_School\\_List\\_2010.pdf](https://www.rwjbh.org/documents/csh/Autism_NJ_School_List_2010.pdf)

<b><u>SCHOOL NAME</u></b>	<b><u>DESCRIPTION</u></b>	<b><u>WEBSITE</u></b>
The Alpha School	School for Ages 5 to 21	<a href="http://www.alphaschool.com">www.alphaschool.com</a>
Children’s Center of Monmouth County	School for Ages 3 to 21	<a href="http://www.ccprograms.com">www.ccprograms.com</a>
The Gateway School	School for Ages 5 to 21	<a href="http://www.thegatewayschool.com">www.thegatewayschool.com</a>
The Harbor School	School for Ages 5 to 21	<a href="http://www.harborschool.com">www.harborschool.com</a>
Hawkswood School	School for Ages 3 to 21	<a href="http://www.hawkswoodschool.net">www.hawkswoodschool.net</a>
Ocean County College	Education (Disability Services) and Summer Camp	<a href="#">Disability Services   Ocean County College NJ</a>
The Shore Center for Students with Autism	School for Ages 3 to 21	<a href="http://www.theshorecenter.org">www.theshorecenter.org</a>

## SOCIAL/RECREATION

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Camp Jaycee	Summer Camp for Adults with DD	<a href="http://www.campjaycee.org">www.campjaycee.org</a>
Encouraging Kids Family Resource Center	After school, Evening, and Weekend Programs for Students with Disabilities.	<a href="#">Family Center - Encouraging Kids Family Resource Center</a>
The Friendship Circle of Central Jersey	Social and Respite Programs	<a href="http://www.friendsnj.com">www.friendsnj.com</a>
Mosaic Music Therapy	Music Therapy	<a href="http://www.mosaicmusictherapy.com">www.mosaicmusictherapy.com</a>
Music for Autism	<b>Free</b> Concerts for Individuals with DD and their caregivers ( <i>currently being held virtually</i> )	<a href="http://www.musicforautism.org">www.musicforautism.org</a>
POAC Autism Services	Recreational and Support Services, Family Training	<a href="http://www.poac.net">www.poac.net</a>
Rising Treetops at Oakhurst	Summer Camp, Respite, After School Program	<a href="http://www.risingtreetops.org">www.risingtreetops.org</a>
We Rock the Spectrum Kid's Gym	Indoor Play	<a href="http://www.werockthespectrumwaretown.com">www.werockthespectrumwaretown.com</a>

**THERAPY (ABA, DIR/FLOORTIME, OCCUPATIONAL, PHYSICAL, SPEECH)**

<b><u>AGENCY NAME</u></b>	<b><u>DESCRIPTION</u></b>	<b><u>WEBSITE</u></b>
Brain Builders	ABA, OT, Speech, Social Skills Groups	<a href="http://www.brainbuildersnj.org">www.brainbuildersnj.org</a>
Brett DiNovi & Associates	ABA Therapy	<a href="http://www.brettdassociates.com">www.brettdassociates.com</a>
Caring Family Community Services	ABA Therapy	<a href="http://www.caringfamily.org">www.caringfamily.org</a>
Children's Specialized Hospital	Speech, OT, PT, Feeding Therapy	<a href="http://www.childrens-specialized.org">www.childrens-specialized.org</a>
The Family Resource Network	ABA Therapy	<a href="http://www.familyresourcenetwork.org">www.familyresourcenetwork.org</a>
Graham Behavior Services	ABA Therapy	<a href="http://www.grahambehaviorservices.com">www.grahambehaviorservices.com</a>
Helping Hands Family	ABA Therapy	<a href="http://www.hhfamily.com">www.hhfamily.com</a>
Hybridge Learning Group	ABA, Speech, OT	<a href="http://www.hybridgelearning.com">www.hybridgelearning.com</a>
Kaleidoscope Family Solutions	ABA Therapy	<a href="http://www.kfamilyolutions.org">www.kfamilyolutions.org</a>
Limitless Victory Therapy Services	Occupational Therapy	<a href="http://www.limitlessvictory.com">www.limitlessvictory.com</a>
Links ABA Therapy Solutions	ABA Therapy	<a href="http://www.linksaba.com">www.linksaba.com</a>
Mastermind Behavior Services	ABA Therapy	<a href="http://www.mastermindbehavior.com">www.mastermindbehavior.com</a>
Positive Development	DIR/Floortime	<a href="http://www.positivedevelopment.com">www.positivedevelopment.com</a>

Professional Therapy Associates	ABA Therapy, Speech, OT, PT, Social Skills	<a href="http://www.ptasensorygym.com">www.ptasensorygym.com</a>
Proud Moments ABA	ABA Therapy	<a href="http://www.proudmomentsaba.com">www.proudmomentsaba.com</a>
The Puzzle Place Center for Autism	Intensive Early Intervention, Speech, and OT for young children	<a href="http://www.thepuzzleplace.org">www.thepuzzleplace.org</a>
Rainbow ABA	ABA Therapy	<a href="http://www.rainbowtherapy.org">www.rainbowtherapy.org</a>
Sensory Playground	ABA, Speech, OT, PT, Music Therapy	<a href="http://www.sensoryplaygroundtherapy.com">www.sensoryplaygroundtherapy.com</a>
Social Behavior Learning Solutions	Early Intensive Behavioral Intervention, School Readiness, Social Skills Groups for young children	<a href="http://www.socialbehaviorlearning.com">www.socialbehaviorlearning.com</a>
Speech Language Associates	Speech Therapy	<a href="http://www.speechlanguageassociates.com">www.speechlanguageassociates.com</a>
Speech Pathology Solutions, LLC	Speech Therapy	<a href="http://www.speechpathologysolutions.com">www.speechpathologysolutions.com</a>
Step Up Family Services	ABA Therapy	<a href="http://www.stepupfamilyservices.com">www.stepupfamilyservices.com</a>
Sunny Days Sunshine Center	ABA, OT, PT, Speech, Social Skills	<a href="http://www.sunnydayssunshinecenter.com">www.sunnydayssunshinecenter.com</a>
Unlocked Potential	ABA Therapy	<a href="http://www.unlockedpotential.com">www.unlockedpotential.com</a>
Weisman Children's Rehabilitation Hospital	Feeding, OT, PT, Speech	<a href="http://www.weismanchildrens.com">www.weismanchildrens.com</a>

**PART 3: AUTISM-RELATED FACEBOOK GROUPS**

<b>Autism Parents Support Group</b>
<b>Autism Society Southwest New Jersey Affiliate 532</b>
<b>New Jersey Autism Warriors</b>
<b>NJ Autism Moms</b>
<b>NJ Special Needs Connection</b>
<b>Parent to Parent NJ</b>
<b>Parents of Adults with Developmental Disabilities and Other Support Needs</b>
<b>Parents of Sensory Kids</b>



**PART 4: A SELECTION OF “THE BEST AUTISM APPS”  
ACCORDING TO AUTISM PARENTING MAGAZINE (2020)**

***(REPUBLISHED MARCH 2022)***

The apps listed below are free to download, although they may offer in-app purchases.

<u>CATEGORY</u>	<u>APP NAME</u>	<u>APPLE OR ANDROID</u>	<u>DESCRIPTION</u>
Behavior	Chronaly: Powered for Autism	Android Only	Track behavior and health. Share data with teachers and therapists. Also allows you to create a schedule.
	I’m On It: Focus Timer for ADHD & ASD	Android Only	Helps individuals stay focused on tasks by allowing the user to set a timer for specific activities.
Caregiver Support	MyAutismTeam	Apple and Android	Caregivers can meet other people in similar circumstances, make friends, and get practical tips.
Education	Aiko & Egor: Animation for Autism	Apple and Android	Uses simplified animations and interactive characters to teach. Best watched with caregivers.
	Cuedin (Early Intervention)	Android Only	Works on academics, social skills, and daily routines. Contains visual cues, tactile tracing, and audio information.
	Otsimo – Special Education AAC	Apple and Android	Teaches letters, numbers, colors, animals, and more.

Games	Animals Puzzle for Kids	Android Only	Users identify, match, and arrange the puzzle pieces. It helps develop hand-eye coordination and improve cognitive skills.
	Infant Zoo LITE: Visual Stimulation for Babies	Apple Only	Provides visual input through high quality illustrations, animal sounds, and stimulating bubbles.
	Magic Fluids Lite	Apple and Android	Promotes calming and relaxation by allowing users to create a dynamic wallpaper.
	MouseTrial Lite	Android Only	Teaches children to identify animals, food, letters, numbers, clothes, shapes, colors, and more.
Speech & Communication	Avaz AAC	Apple Only	Provides assistance for those who struggle to interact with others. It can create a Picture Exchange Communication System (PECS) book.

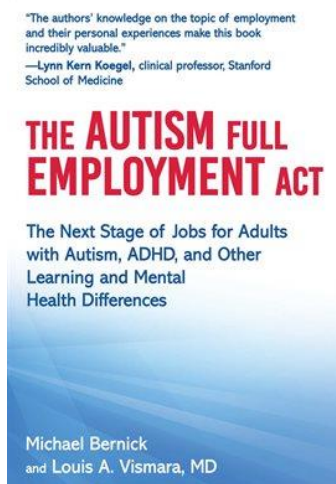
## PART 5: AUTISM RESOURCES AVAILABLE ON



Have questions about hoopla? Go to:

[Hoopla-Instructions.pdf \(theoceancountylibrary.org\)](https://theoceancountylibrary.org/Hoopla-Instructions.pdf)

## RESOURCES FOR ADULTS/CAREGIVERS

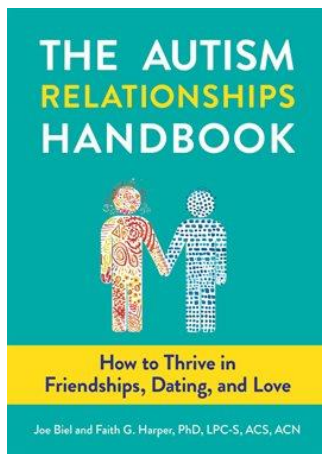


***The Autism Full Employment Act* By Michael Bernick & Louis Vismara.**

Impactful and integral to our economic recovery after the pandemic, The Autism Full Employment Act will rebuild and approve autism employment programs.

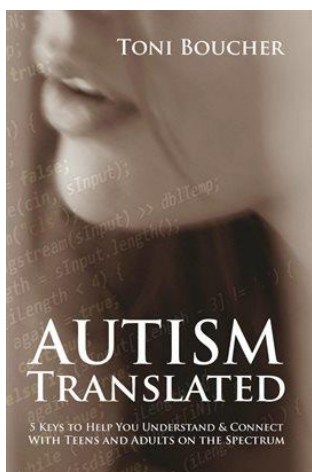
Employment remains the issue today for many adults with autism. Due to the pandemic of 2020, authors Michael Bernick and Dr. Lou Vismara set out to develop an Autism Full Employment Act. At the time, the national economy was decimated, and it was clear that it would need to be rebuilt, starting in 2021 and beyond. The Act will be an attempt not only to rebuild autism employment programs, but also to address the limitations and shortcomings of the current system.

The Autism Full Employment Act shows how there can be a place in the job world for the wide range of adults with autism, ADHD, and other learning and mental health differences-many of whom are not employed today. Bernick and Dr. Vismara review the autism employment initiatives in recent years among major employers, state and local governments, autism-focused businesses, and autism transition programs, and present strategies to build on these initiatives. They set out more fully the meanings of "autism talent advantage," "autism friendly workplace," and "employment for the more severely impacted."



***The Autism Relationships Handbook: How to Thrive in Friendships, Dating, and Love* By Joe Biel and Faith G. Harper, PhD, LPC-S, ACS, ACN.**

Dr. Faith G. Harper joins autistic publisher and author Joe Biel to offer hard-won guidance on a wide range of topics about friendships, dating, and romance and answer a ton of questions. What do you want out of a relationship? What is the difference between flirting and harassment? How do you have a fun date and get to know someone when eye contact and prolonged conversation aren't your strengths? How do you change a casual acquaintance into friendship or dating? How do you express your needs and make sure you're hearing your partner when they express theirs? How do you maintain a healthy, happy long-term relationship? Autistic readers will find valuable answers and perspectives in this book, whether you're just getting ready to jump into dating, seeking to forge closer friendships, or looking to improve your existing partnership or marriage.



***Autism Translated: 5 Keys to Help You Understand & Connect with Teens & Adults on the Spectrum* By Toni Boucher.**

Do you care about a teen or adult on the spectrum but have a hard time understanding why they do what they do? Do you wish you could have a better connection and feel the frustration of wanting to help but don't know how?

Then this book is for you.

It was created with the support of hundreds of autistic individuals and their families.

They share their wisdom and insight about growing up autistic so you can learn from their experiences.

This book reveals 5 little-known keys to help you build a better relationship with your autistic child, parent, partner or student. Learn to: 1- Eliminate harmful stereotypes from your thinking 2- Identify and harness autistic strengths 3- Understand what it feels like to be autistic 4- Communicate more effectively 5- Create an authentic & healthy bond.

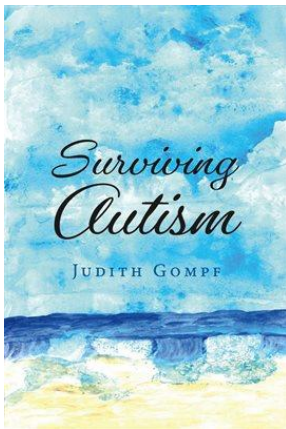


***Autism 2 Awesome: Allow Your Greatest Crisis to Become Your Greatest Miracle* By Kerry L. Brooks.**

In 2003, Kerry L. Brooks's son was diagnosed with autism, devastating his family. Their physician offered only two recommendations: prepare their son for a group home, and focus on having other children.

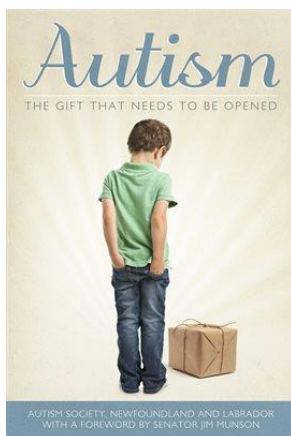
Kerry was no medical expert, but he was a determined father and his son's biggest advocate. Refusing to follow the doctor's orders, he and his wife continued to search-not for a cure, but for strategies that would help their son reach his highest potential.

In Autism 2 Awesome, Kerry shares these strategies and his family's journey from devastating diagnosis to high school honors graduation. No matter the challenge, every parent can benefit from looking within, trusting their instincts, and most importantly, celebrating every miracle.



***Surviving Autism* By Judith Gompf.**

You will find tips on what to look for in your child, help with doctors and specialists, how to manage the day to day, what resources your child may need and how to get them. What agencies you may want to work with and how to get the resources. Help with the public school system, getting your child an Individual Education Plan (IEP), how to manage bad behaviors, meltdowns, schedules and finances.



***Autism: The Gift That Needs to Be Opened* By Newfoundland and Labrador Autism Society**

Families, world experts, and persons on the autism spectrum share their experiences in this collection of stories. With a focus on the positive aspects of autism and the importance of community involvement and early intervention, *Autism: The Gift That Needs to Be Opened* is a resource whose aim is to improve the lives of parents, educators, and persons who have autism spectrum disorder (ASD). Awareness and advocacy for early diagnosis and treatment of autism have grown substantially over the past decade. According to Stephen W. Scherer, Ph.D., D.Sc.,

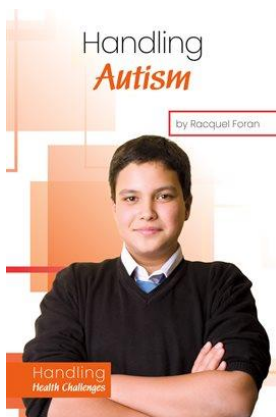
FRSC. There are new studies that show that every child who undergoes intensive behavioural intervention therapy improves in some way. In fact, I have heard rare stories of some children having full or near-full recoveries. The most important factor leading to positive outcomes, however, is to start such interventions early and, in the best-case scenario, even before the first signs of autism appear. These stories are inspirational and informative, while also serving as a reminder-indeed, as a rallying cry-that individuals who have autism can, with the proper care and attention, lead full and productive lives and change the way we see the world.



***How to Start Looking at Autism By Greg Stucky.***

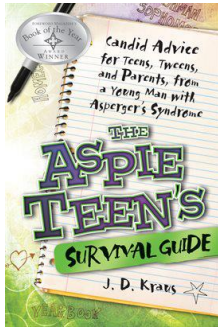
Have you heard about autism but don't know what it is? Does your child exhibit signs of autism, but you're not sure what to believe? Do you have a hard time around friends, coworkers or family that you suspect might be on the spectrum? This quick guide to autism is written with you in mind. After reading this book you'll not only understand how autistics think, but also how to engage with and succeed with them.

**RESOURCES FOR TEENS**



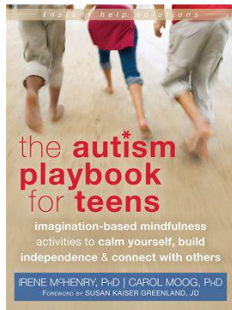
***Handling Autism By Racquel Foran.***

This book explores autism and how people diagnosed with the disorder manage it. It examines how autism affects daily life, work, and education, and it explains the latest interventions and therapies available. Aligned to Common Core Standards and correlated to state standards.



***The Aspie Teen's Survival Guide: Candid Advice for Teens, Tweens, and Parents, from a Young Man with Asperger's Syndrome* By J.D. Kraus.**

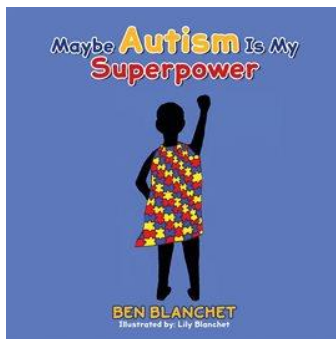
The teenage years are a time when being social is the #1 priority for kids. But for kids with Asperger's, who have acute social challenges, these years can be the most difficult, confusing time in their lives. Enter J. D. Kraus, a young man who has been there, done that! He offers practical advice to his peers so they can get the most out of middle school and high school, both academically and socially. Parents and teachers will love seeing life through J.D.'s eyes, plus "Notes to Parents" sections offer great advice for caregivers and educators alike.



***The Autism Playbook for Teens: Imagination-Based Mindfulness Activities to Calm Yourself, Build Independence, and Connect with Others* By Irene McHenry & Carol Moog.**

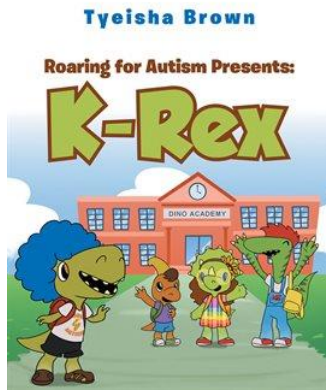
This book offers a unique, strengths-based approach to help teens with autism spectrum (including Asperger's Syndrome) develop social skills, strengthen communication, and thrive. The activities contained in each chapter are custom-designed to work with the unique perspectives, sensory processing, neurological strengths and challenges that teens with autism bring to their encounters with the social world. This is the only book available for teens with autism that specifically integrates mindfulness skills and imaginative scripted roleplaying activities for building authentic social experiences.

## **RESOURCES FOR CHILDREN**



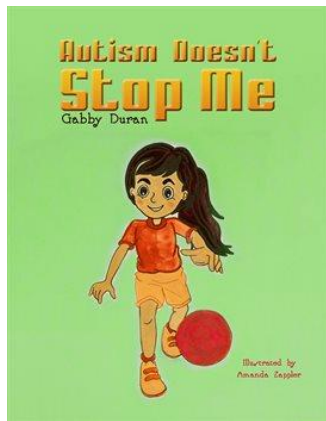
***Maybe Autism is My Superpower* By Ben Blanchet**

After seeing a superhero movie, Ben Blanchet, a thirteen-year-old boy who has autism, claims that maybe autism is his superpower. This book details a fascinating conversation between Ben and his mom. Ben describes the unique ways he hears, sees, and thinks about the world around him. His amazing narrative of his special gifts will also have you wondering if autism really is a superpower. The commentary throughout the book is by his mom, Angela Blanchet.



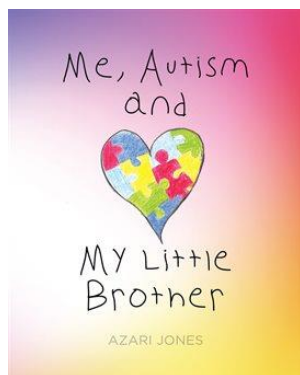
### **Roaring for Autism Presents: K-Rex** *By Tyeisha Brown*

This book is about a big-hearted dinosaur named K-Rex. He is a kind dinosaur with many friends who go on many adventures. He also happens to be on the autism spectrum. Come with us on a journey as K-Rex takes you into his daily life on the spectrum.



### **Autism Doesn't Stop Me** *By Gabby Duran*

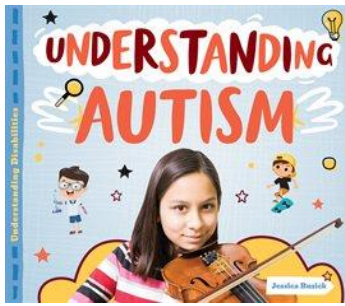
Gabby knows how hard it is to be different from others in the school. Sometimes her own experiences were painful and lonely. She was told she was autistic, and she felt very alone. Gabby rode a special bus to school and went to classrooms where there were few students. Other kids on the playground didn't include her. Even most adults didn't understand her. She wanted friends so badly, and she wanted to be included in schoolyard games! But things got better for her and it will get better for you too!



### **Me, Autism, and My Little Brother** *By Azari Jones*

This story is about a loving bond between a sister and a brother. A sister who tries to see the world through her brother's eyes. She doesn't see his disability; she just sees her little brother.

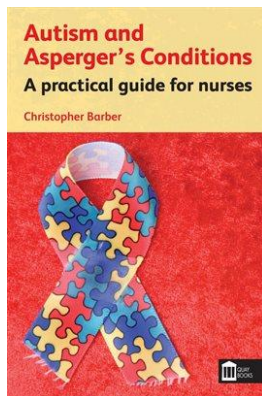




### ***Understanding Autism* By Jessica Rusick**

In this title, readers learn common symptoms and behaviors of autism and how it affects kids at school and in relationships. Text includes suggestions on how to be a kind and respectful friend to someone with autism and appropriate activities kids can enjoy together. A famous person who has overcome the challenges of autism is highlighted. Aligned to Common Core Standards and correlated to state standards.

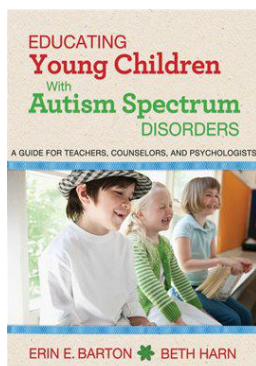
## **RESOURCES FOR EDUCATORS, HEALTH PROFESSIONALS, AND THERAPISTS**



### ***Autism and Asperger's Conditions: A Practical Guide for Nurses* By Christopher Barber**

Autism and Asperger's Conditions covers a wide range of issues relating to the care and support of those with autism and Asperger's syndrome. This book aims to improve nurses' professional interactions with those with autism spectrum disorders through improved awareness, knowledge and understanding of what these conditions are and what they are not, possible causes, diagnostic issues, nursing interventions, the history of autism, and issues that affect children, adolescents and adults with these conditions and

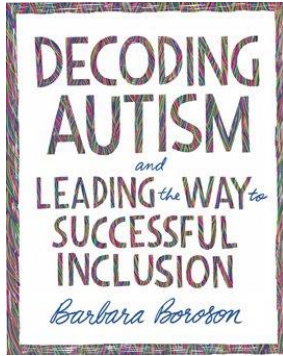
their families. A highly practical and accessible text, autism spectrum conditions are covered from a variety of perspectives, both within and outside of a learning disability setting.



### ***Educating Young Children with Autism Spectrum Disorders: A Guide for Teachers, Counselors, and Psychologists* By Erin E. Barton & Beth Harn**

Educating Young Children with Autism Spectrum Disorders is aimed at providing strategies for teachers, school counselors, and psychologists to help address the needs of children on the spectrum, as well as their families. Including forms, charts, and a range of classroom activities, this is a great resource you will need to gain the insight and tools for making a difference in the

educational lives of young children with autism.

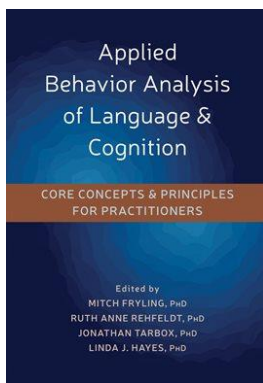


## ***Decoding Autism and Leading the Way to Successful Inclusion***

*By Barbara Boronson*

More students on the autism spectrum are taught in general education settings today than ever before, bringing an array of notable strengths and skills that add intriguing new dimensions to educational programs. But these students also present challenges that are broader, deeper, and more intractable than those of their typically developing peers. Because reaching and teaching students on the autism spectrum in an inclusive environment complicates the work of teachers, school and district administrators must be prepared to provide knowledgeable, mindful leadership.

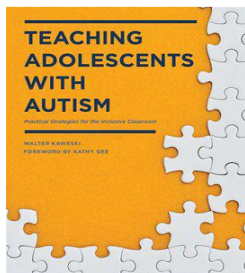
Decoding Autism and Leading the Way to Successful Inclusion empowers school and district leaders to ensure that students on the spectrum are welcome, supported, understood, and set up for success. It's an essential resource for any education leader committed to achieving a differentiated, equitable, and inclusive learning environment for all students in their care.



## ***Applied Behavior Analysis of Language and Cognition: Core Concepts & Principles for Practitioners***

*By Mitch Fryling, PhD*

Written by leading experts in language and cognition, this groundbreaking behavior analysis textbook brings the study of verbal behavior into the 21st century with cutting-edge research. Students and clinicians in the burgeoning field of applied behavior analysis will find the theoretical foundation they need to effectively help the increasingly diverse clients seeking their services.



## ***Teaching Adolescents with Autism: Practical Strategies for the Inclusive Classroom***

*By Walter Kaweski*

Award-winning educator Walter Kaweski offers secondary teachers practical strategies and heartfelt insights based on his extensive experience as an autism specialist, inclusion coordinator, and father of a son with Asperger syndrome.

*Teaching Adolescents with Autism* offers hundreds of valuable ideas to help teachers. This unique book takes the mystery out of teaching adolescents with autism and inspires teachers to appreciate the individuality of each student.

*The information provided in this document is intended for your general knowledge only and is not a substitute for professional medical, legal, or financial advice, or treatment for specific medical conditions.*

7/26/2022