



May 12, 2020

The Defiance County General Health District (DCGHD) is closely monitoring Coronavirus Disease 2019 (COVID-19). New Orders signed by Ohio Department of Health Director, Dr. Amy Acton, have required specific sectors to operate under specific mandates and best practices named Responsible Restart Ohio. Those sectors shall follow these minimum level, sector specific requirements during operations.

DCGHD will be responsible for educating sectors on specific guidelines related to the Responsible Restart Ohio plan, and will respond to concerns from consumers, employees, and the public. The impact of COVID-19 has caused unprecedented challenges.

Employees in the Public sector work in different environments. Review the enclosed guidelines for these different environments, and ensure employees are aware of these requirements.

-) The business sector specific guidance can be found at:
<https://coronavirus.ohio.gov/responsiblerestartohio>
-) Responsible Restart Ohio Information and Guidance:
<https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible-restart-ohio/>
-) Stay Safe Ohio Order: <https://coronavirus.ohio.gov/static/publicorders/Directors-Stay-Safe-Ohio-Order.pdf>
-) Ohio Department of Health: <https://coronavirus.ohio.gov>
-) County Updates, DCGHD: <https://defiancecohealth.org/coronavirus>
-) Centers of Disease Control and Prevention: <https://cdc.gov/coronavirus>

Please feel free to share this information with others. If you have any questions please contact us at Defiance County Health Department, 419-784-3818 or call the Ohio Department of Health COVID-19 call center at 1-833-427-5634.

Sincerely,

A handwritten signature in black ink that reads "Jamie R. Gerken".

Jamie Gerken
Health Commissioner, Defiance County Health Department

General Resource Information

✚ Ohio Department of Health Responsible Restart Ohio Information

- <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/responsible-restart-ohio/>

✚ Personal Protective Equipment (PPE)

Batelle	1-800-201-2011 solutions@battelle.org	Can sterilize N95 Respirator Masks
The ECO-Drain System	1-800-923-7099 https://www.ecodrainsystem.com/	KN-95, Surgical mask, Stericide, EPA Approved sanitizer, Gel-based sanitizers
NAPA Progressive Auto Parts	https://www.napaonline.com/	Dust Masks and Gloves
FEMA PPE Exchange for private sectors sellers and buyers	https://repurposingproject.sharetribe.com/	Share and purchase PPE
Teknipure, LLC	https://teknipure.com/	Cleaning Supplies
Du Pont Specialty Products USA, LLC	https://www.dupont.com/personal-protective-equipment.html	Masks and Sanitizer

✚ Cloth Face Mask Donation and Distribution Locations in Defiance County

- The Defiance Dream Center
 - 1935 East Second Street Defiance, Ohio 43512
 - Call 419-789-4122
- Lifeline Connect Church
 - 104 Fountain Street Hicksville, Ohio 43526
 - Call or text Pastor Steve Eysers at 260-229-0998 before arriving

✚ Cleaning and Disinfecting

- <https://www.cdc.gov/coronavirus/2019-ncov/community/reopen-guidance.html>
- EPA Approved Products:
 - <https://www.americanchemistry.com/Novel-Coronavirus-Fighting-Products-List.pdf>

✚ Additional Resources

- Defiance County Resources: Call 1-800-468-HELP (4357) or www.defianceinfo.com
- Coronavirus (COVID-19) Questions
 - 1-833-4-ASK-ODH (1-833-427-5634) or www.coronavirus.ohio.gov
- Small Business Help
 - Lisa Becher, Business Advisor, Small Business Development Center
Phone: 419-267-1361
Email: nwohiosbdc@gmail.com

COVID-19 Responsible Protocols FOR GETTING OHIO BACK TO WORK

Ohio.gov

GUIDING PRINCIPLES

1

Protect the health of employees, customers and their families

2

Support community efforts to control the spread of the virus

3

Lead in responsibly getting Ohio back to work

5

PROTOCOLS FOR ALL BUSINESSES:

1



Require face coverings for employees and recommend them for clients/customers at all times.

2



Conduct daily health assessments by employers and employees (self-evaluation) to determine if "fit for duty."

3



Maintain good hygiene at all times – hand washing and social distancing.

4



Clean and sanitize workplaces throughout workday and at the close of business or between shifts.

5



Limit capacity to meet **social distancing** guidelines.

- Establish maximum capacity at 50% of fire code.
- **And**, use appointment setting where possible to limit congestion.

Find industry-specific required criteria at Coronavirus.Ohio.Gov/ResponsibleRestartOhio



TAKE THE FOLLOWING ACTIONS WHEN A COVID-19 INFECTION IS IDENTIFIED:

- ✓ **Immediately report** employee or customer infections to the local health district.
- ✓ Work with local health department to identify potentially exposed individuals to help facilitate appropriate communication/**contact tracing**.
- ✓ **Shutdown** shop/floor for deep sanitation if possible.
- ✓ **Professionally clean and sanitize site/location**.
- ✓ **Reopen in consultation with the local health department**.

Questions? Visit: Coronavirus.Ohio.Gov/ResponsibleRestartOhio

COVID-19 FAQs

Cloth masks or face coverings in the workplace

Q: Who is required to wear a cloth mask or face covering?

A: The requirement to wear cloth face coverings applies to employers and employees at Ohio workplaces. Businesses in the manufacturing, distribution, and construction industries are authorized to open May 4; general office environments are authorized to open May 4; and consumer, retail, and service locations are authorized to open May 12. For additional information, visit the Responsible RestartOhio page at coronavirus.ohio.gov.

Q: Are there exceptions?

A: Yes. Employers and employees are not required to wear face coverings if it is not advised due to health reasons, against documented industry best practices, prohibited for a specific position by law or regulation, or a violation of a company's safety policy. A face covering also is not required if an employee is working alone in an enclosed workspace or if there is a practical reason one cannot be worn. If any of these exceptions apply, written justification must be provided upon request.

Q: What else should I do to protect myself if I go to work?

A: Whenever possible stay at least 6 feet from other people. Wash your hands often, try not to touch your face, and frequently disinfect work areas and high-touch items in your workplace with disinfecting cleanser. Don't share work materials or equipment, especially equipment used near the face. Don't congregate with others in breakrooms or other areas. Avoid public or shared transportation if possible. Monitor yourself for [COVID-19 symptoms](#) and stay home if you experience any or otherwise feel sick.

Q: Why aren't face coverings required for customers, clients, and other visitors or guests?

A: Face coverings are strongly recommended for people who can safely wear them. The decision to exempt customers from the requirement was made to protect Ohioans who cannot wear face coverings, such as people who have severe asthma or breathing issues, hearing aids, autism, post-traumatic stress disorder, or claustrophobia. ***In addition, face coverings should NEVER be worn by or placed on people who are younger than 2, have difficulty breathing, or are unconscious, incapacitated, or otherwise unable to remove them without assistance.***

Q: Why should I wear a face covering?

A: Many people with COVID-19 have no symptoms, so the Centers for Disease Control and Prevention

advises that Americans wear cloth face coverings as a possible way to protect one another from infection. It is important to note that face coverings are not a substitute for other prevention efforts, such as hand-washing and social distancing. Continue to stay 6 feet from others whenever possible, to clean hands frequently, and to follow the other prevention methods in the below graphic.

Q: What is the proper way to wear a face covering?

A: Use a face covering that fits snugly but comfortably and allows for breathing without restriction. Wear horizontally, covering nose, mouth, and chin at all times, and secure behind the head with ties or ear loops. Wash your hands before putting the face covering on and immediately after removing it, and don't touch your eyes, nose or mouth when taking it off. Routinely launder and dry the covering. Do not wear when wet.

Q: Where can I get a face covering?

A: You can make your own face covering with multiple layers of a fabric that does not damage or lose shape when machine laundered and dried. You also can support small businesses selling fabric face coverings at a reasonable price — but watch out for scammers offering high-priced or so-called superior face coverings. Instructions for making your own sewn or no-sew face covering can be found [here](#). *Do not use medical masks, which must be reserved for healthcare workers and first responders.*

For additional information, visit coronavirus.ohio.gov.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

Your mental health is just as important as your physical health. If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available 24 hours a day, seven days a week. Call the COVID-19 CareLine at 1-800-720-9616.

CORONAVIRUS DISEASE 2019 Ohio

Department
of Health

Protect yourself and others from
COVID-19 by taking these precautions.

PREVENTION

For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.



STAY HOME



PRACTICE
SOCIAL
DISTANCING



GET ADEQUATE SLEEP
AND EAT WELL-
BALANCED
MEALS



WASH HANDS OFTEN
WITH WATER AND SOAP
(20 SECONDS
OR LONGER)



DRY HANDS WITH
A CLEAN TOWEL
OR AIR DRY
YOUR HANDS



COVER YOUR MOUTH
WITH A TISSUE OR
SLEEVE WHEN
COUGHING OR SNEEZING



AVOID TOUCHING
YOUR EYES, NOSE,
OR MOUTH WITH
UNWASHED HANDS
OR AFTER
TOUCHING SURFACES



CLEAN AND DISINFECT
"HIGH-TOUCH"
SURFACES OFTEN



CALL BEFORE VISITING
YOUR DOCTOR



PRACTICE GOOD
HYGIENE HABITS

For more information, visit: coronavirus.ohio.gov

Cloth Face Covering (Masks)

The Centers for Disease Control and Prevention (CDC) has recommended that Americans wear cloth face coverings (masks) in public to help slow the spread of COVID-19. This recommendation is being made based on studies that show a significant proportion of people with COVID-19 lack symptoms and can transmit the virus to others in close proximity, through speaking, coughing, sneezing or other means. Ohio Department of Health Director Amy Acton, M.D., MPH, strongly recommends that Ohioans take the following actions:

-) Use coverings in public settings where other social distancing measures are difficult to maintain, such as grocery stores, pharmacies, and public parks.
-) Maintain 6-foot social distancing whenever possible, even if you are wearing a face covering.
-) DO NOT place cloth face coverings on children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
-) DO NOT use medical supply masks, which must be reserved for healthcare workers, first responders, and people who are known to be sick.
-) Make cloth face coverings from household items or common materials. Use multiple layers of a fabric that does not damage or lose shape when laundered or machine dried.

Other Dos and Don'ts

-) DO use coverings that fit snugly but comfortably and allow for breathing without restriction. Secure behind the head with ties or ear loops. Wear horizontally.
-) DO NOT touch the mask while wearing it. If you do, wash your hands immediately.
-) DO ensure that your nose, mouth, and chin are covered at all times.
-) DO NOT allow the mask to slip under your nose and DO NOT untie straps/unhook ear loops.
-) DO wash your hands before putting on and immediately after removing.
-) DO NOT touch your eyes, nose, or mouth when removing the face covering.
-) DO launder coverings after each use.
-) DO NOT wear when wet from laundering or from spit or mucus.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

COVID-19 Checklist for When to Contact Your Provider

Top Recommendations If You Feel Sick

Ohio Department of Health Director Amy Acton, M.D., MPH, strongly recommends that all Ohioans take the following actions:

☒ Pay attention for these signs that you may have COVID-19:

- Cough.
- Shortness of breath/difficulty breathing.
- Two or more of these symptoms:
 - Fever.
 - Chills.
 - Repeated shaking with chills.
 - Muscle pain.
 - Headache.
 - Sore throat.
 - Loss of taste or smell.

Symptoms may be mild or severe and may appear two to 14 days after exposure to the virus.

☒ Call your doctor immediately (before seeking care) if you feel like you are developing these symptoms. If you have a medical appointment, call the healthcare provider and tell them that you have symptoms consistent with COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed. Put on a cloth face covering before you enter the facility.

☒ Seek prompt medical attention if you develop emergency warning signs for COVID-19. In adults, these can include:

- Difficulty breathing or shortness of breath
- Persistent pain or pressure in chest
- New confusion or inability to arouse
- Bluish lips or face.

This list is not all inclusive. Please consult your healthcare provider for any other severe or concerning symptoms.



Ask your doctor to call the local health department or the Ohio Department of Health if COVID-19 is suspected. People who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by the local health department.

For additional information, visit coronavirus.ohio.gov.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

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STOP GERMS WASH YOUR HANDS



Wet your hands with clean, running water (warm or cold), turn off the tap, and apply soap.



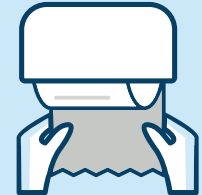
Lather your hands by rubbing them together with the soap. Be sure to lather the backs of your hands, between your fingers, and under your nails.



Scrub your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.



Rinse hands well under clean, running water.



Dry hands using a clean towel or air dry them.

Keeping hands clean is one of the most important things we can do to stop the spread of germs and stay healthy.

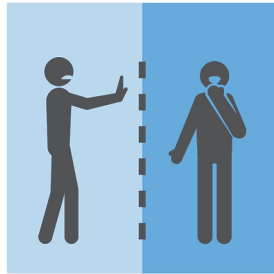


PREVENTION

Please continue to protect yourself from all infectious diseases by using these precautions.



STAY HOME
WHEN YOU ARE
SICK



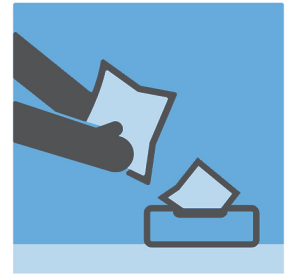
AVOID CONTACT
WITH PEOPLE
WHO ARE SICK



GET ADEQUATE SLEEP
AND EAT WELL-
BALANCED
MEALS



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CLEAN ALL “HIGH-TOUCH” SURFACES EVERY DAY

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like influenza and COVID-19.

Avoid close contact with people who are sick.



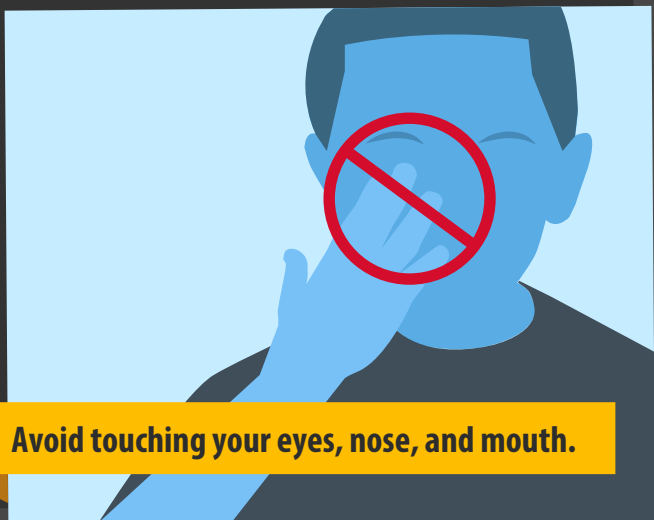
Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces.



Avoid touching your eyes, nose, and mouth.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.

