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Reston CONNECTION

Ann Barbieri, of Reston, was one of 200 artists who exhibited their paintings at the 25th Annual Northern Virginia Fine Arts Festival at Reston Town Center this past weekend.

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Talib Aleem, of Reston, has taken photographs from all over the world, from different vantage points, too, including the inside of life-threatening waves.

Splashes of Color with Rain

25th annual Northern Virginia Fine Arts Festival showcased the work of 200 artists across the United States and Canada.

BY KEN MOORE
THE CONNECTION

Talib Aleem of Reston brings his camera into waves big enough for him to get in. “If you want your images to be more, ‘Wow,’ you have to go where you can get more ‘Wow’ pictures,” said Aleem.

Last year, Aleem took more than 30,000 photos. He travels to as many as 11 different countries each year, “no less than three,” he said.

In December, he’ll travel to Antarctica; in July he’s scheduled to go to Turks and Caicos.

“I’ve met so many wonderful people all over the world,” he said. “From Buenos Aires, to Hawaii, to Osaka, to Munich, all over New York, Manhattan, Long Island, even people from New Jersey and Reston.”

Aleem, who has a Ph.D. in computer science, was one of 200 artists who showcased their work at the 2016 Northern Virginia Fine Arts Festival at Reston Town Center on May 21 and May 22.

Although more than 40,000 people attended last year’s event, rain both days of this year’s festival dampened the tally for this year’s Silver Anniversary event.

“Open for business. People may buy or may not buy regardless of

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Ann Barbieri, of Reston, has exhibited her work at 24 of the 25 annual Northern Virginia Fine Arts Festival. This year’s festival was held at Reston Town Center Saturday and Sunday, May 21-22.

the weather,” said Aleem.

THE FESTIVAL SPANNED 11 Reston blocks.

Artists came from California, Florida, Minnesota, New Hampshire, Canada and points in between.

Aleem was one of four Reston artists to show his talent.

After 25 years, Connie Slack, showed her work at the Reston

annual event for what is perhaps the last time.

“This is the only outdoor festival that I do,” said Slack, who is moving to Colorado in the next few weeks.

The event helps pay for GRACE’s annual budget. GRACE (Greater Reston Arts Center) provides year round programs including exhibitions, education programs for youth and adults including sum-



PHOTOS BY KEN MOORE/THE CONNECTION

The annual arts festival spans 11 Reston blocks, and draws, on average, more than 30,000 visitors each year. Rain dampened this year’s attendance but not the quality of this year’s art.



Connie Slack is moving from Reston to Colorado and showcased her work, perhaps for the final time at the Reston outdoor festival.

mer camp sessions, and special events.

“The first show — I’ve probably told this story 1,000 times — we went out and begged artists to come and show just for one day,” said Slack. “We didn’t have any tents, we just came out and hung our pieces on whatever we could find, panels or cloths lines or whatever.”

“From there it just exploded. It was very successful, people loved it,” she said.

Grace Art program, formerly known as Art in the Schools, reaches 20,000 students in more than 40 schools each year and supports and supplements local children’s art experiences in schools.

38 ARTISTS were showing their work at the Reston event for the first time. Ten artists came back

after receiving awards of excellence at last year’s festival.

Artists from across the nation exhibited and sold original paintings, photography, mixed-media, sculpture, jewelry, furniture and fine craft.

“There are a few people that are missing out because of the rain, but I think we’re maxed out at 200. I think that’s a big enough show,” said Slack. “It doesn’t need to be any bigger. The quality of the work is fantastic, I love the artists here,” she said. Ann Barbieri tried to talk about her appreciation having the festival in Reston’s backyard, but every moment she began a sentence another person she knew greeted her.

“I love seeing the people I have known over the years in Reston,” said Barbieri. “I say I get a lot of psychic income from people coming by and loving my work.”

Remembering on Memorial Day 2016

Observe a moment of silence.

On Memorial Day, we remember all of those who have died in military service, more than 400,000 in World War II, more than 30,000 in Korea, more than 50,000 in Vietnam.

As many as 620,000 soldiers died in the line of duty in the Civil War, stunningly about 2 percent of the population at that time. To compare, while more than 2.5 million soldiers have served in Iraq and Afghanistan, that number is still less than one percent of the U.S. population.

Since Sept. 11, 2001, more than 6,880 U.S. military service men and women have died in support of the wars in Iraq and Afghanistan.

On Memorial Day, there are many ways to remember the fallen, including a visit to Arlington National Cemetery, or many other local commemorations. But at a minimum, wherever you are, you can observe a moment of silence at 12:01 p.m. along with Iraq and Afghanistan Veterans of America (IAVA), or you can set your own moment at some point during the day.

More than 52,000 U.S. military service members have been wounded in action, although that number is likely to be revised upward. In 2013, the military confirmed traumatic brain injury in more than 220,000 of the more than 2.5 million troops who have served in Iraq and Afghanistan. The long-term consequences of many of these injuries, including mental health consequences, are unknown, but they will require a national commitment to excellence in health care and services for both active duty military personnel and veterans. Virginia's U.S. Senators Mark Warner and Tim Kaine continue to advocate for better service from the Veterans Administration.

Since Memorial Day 2014, the Department of Defense announced the death of one service member from Virginia, Marcus D. Prince, 22, of Norfolk, Virginia, who died April 26 in Juffir, Bahrain.

Between Memorial Day 2014 and 2015, two military service members from Virginia. Sgt. Charles C. Strong, 28, of Suffolk, died Sept. 15, 2014 in Herat Province, Afghanistan while conducting combat operations. Sgt. David H. Stewart, 34, of Stafford, was one of three Marines who died June 20, 2014 while conducting combat operations in Helmand province, Afghanistan.

EVERY YEAR before Memorial Day, this newspaper names the local men and women who have died in military service since Sept. 11, 2001.

Army Sgt. Lyle D. Turnbull, 31, of Norfolk, died Oct. 18, 2013 in Kuwait, from a medical emergency. Capt. Brandon L. Cyr, 28, of Woodbridge, was one of four airmen who died April 27, 2013, near Kandahar Airfield, Afghanistan, in the crash of an MC-12 aircraft.

1st Lt. Robert J. Hess, 26, of the Kings Park West neighborhood of Fairfax, was killed by enemy fire on April 23, 2013, Afghanistan. Hess was known as "RJ" and graduated from Robinson Secondary School in 2005, where he played football, lacrosse and was the captain of the swim team. He was a U.S. Army Blackhawk helicopter pilot who deployed to Afghanistan on April 11, 2013. His family remembers his sense of humor and his natural leadership ability.

EDITORIAL

Master Sgt. George A. Banner Jr., 37, of Orange, died Aug. 20, 2013, of injuries sustained when enemy forces attacked his unit with small arms fire in Wardak Province, Afghanistan.

Spc. Caryn E. Nouv, 29, of Newport News, was one of two soldiers who died July 27, 2013 in Ghazni Province, Afghanistan, of wounds suffered when enemy forces attacked their vehicle with an improvised explosive device and small arms fire.

Lance Cpl. Niall W. Coti-Sears, 23, of Arlington, died June 23, 2012, while conducting combat operations in Helmand province, Afghanistan. Coti-Sears loved music, played the guitar, composed songs and entertained family and friends at holiday gatherings. Niall was very close to his grandfather, William Coti, who was a Marine. "He was always my protege," William Coti told the Arlington Connection. "He always wanted to be a Marine and he followed my example. It weighs heavily on me that this had to happen."

Chief Warrant Officer Five John C. Pratt, 51, of Springfield, died May 28, 2012 in Kabul, Afghanistan, when his helicopter crashed.

Staff Sgt. Jessica M. Wing, 42, of Alexandria, died Aug. 27, 2012 in Kuwait City, Kuwait.

In February 2012, Brig. Gen. Terence J. Hildner, 49, of Fairfax, was the highest ranking military officer to die in the war. Hildner died Feb. 3, 2012 in Kabul province, Afghanistan.

Sgt. Aaron X. Wittman, 28, of Chester, Virginia, died Jan. 10, 2013 from small arms fire. Sgt. David J. Chambers, 25, of Hampton, Virginia, died Jan. 16, 2013 from a roadside bomb. Sgt. Robert J. Billings, 30, of Clarksville, Virginia, died Oct. 13, 2012 when enemy forces attacked with an improvised explosive device. Staff Sgt. Jonathan P. Schmidt, 28, of Petersburg, Va., died Sept. 1, 2012 from enemy small arms fire. 1st Lt. Stephen C. Prasnicky, 24, of Lexington, Virginia, died June 27, 2012, from a roadside bomb.

Aaron Carson Vaughn, 30, was one of 30 American service members and 22 Navy SEALs killed Aug. 6, 2011 when their Chinook helicopter was shot down in Afghanistan. Vaughn's family has ties to McLean and Burke. He is survived by his wife, Kimberly, and their two children.

Spc. Douglas Jay Green, 23, of Sterling, died Aug. 28, 2011, when insurgents attacked his unit using a roadside bomb in Afghanistan. Green enlisted in 2007, after attending Potomac Falls High School.

Pfc. Benjamin J. Park, 25, of Fairfax Station, died June 18, 2010 at Zhari district, Kandahar, Afghanistan, of injuries sustained when insurgents attacked his unit with an improvised explosive device.

May 12, 2010, Donald J. Lamar II, 23, of Fredericksburg, was killed in Afghanistan. Christopher D. Worrell, 35 of Virginia Beach, was killed in Iraq on April 22, 2010. Steven J. Bishop, 29 of Christianburg, was killed March 13, 2010 in Iraq. Kielin T. Dunn, 19, of Chesapeake, was killed Feb. 18, 2010 in Afghanistan. Brandon T. Islip, 23, of Richmond, was killed Nov. 29, 2009, in Afghanistan. Stephan L. Mace, 21, of Lovettsville, died Oct. 3, 2009 in Afghanistan.

Bill Cahir, 40, of Alexandria, died Aug. 13, 2009 of a gunshot wound while conducting combat operations in the Helmand Province of Afghanistan. After Sept. 11, 2001, Cahir decided to leave his career as a journalist and join the Marine Corps. His application to become a Marine was denied because of his age, but he successfully lobbied members of Congress to get a special exemption.

Lance Cpl. Daniel Ryan Bennett, 23, of Clifton died Jan. 11, 2009, in Helmand Province, Afghanistan. 2nd Lt. Sean P. O'Connor of Burke died Oct. 19, 2008 while stationed at Hunter Army Air Field, Savannah, Georgia. O'Connor was an athlete in soccer, baseball and football who attended Fairfax County Public Schools and was a 1999 graduate of Bishop Denis J. O'Connell High School in Arlington.

Pfc. David Sharrett II, 27, of Oakton, died Jan. 16, 2008 in Iraq. On Oct. 24, 2008, his father, David H. Sharrett, was on hand as the Oakton Post Office on White Granite Drive was renamed to honor his son. But the senior Sharrett has battled to learn the truth about his son's death, that he was killed by his lieutenant in a "friendly fire" incident. In April, 2012, Sharrett Sr. obtained documents confirming some of the details of his son's death and a subsequent cover-up.

Army 1st Lt. Thomas J. Brown, 26, a George Mason University graduate and Burke resident, died on Sept. 23, 2008, while serving in Iraq, from small arms fire.

Sgt. Scott Kirkpatrick, 26, died on Aug. 11, 2007, in Arab Jabour, Iraq. Kirkpatrick, who graduated from

Park View High School in Sterling, and also considered Herndon and Reston as his hometowns, was a champion slam poet.

Ami Neiberger-Miller lost her brother, U.S. Army Spc. Christopher Neiberger, in August 2007 when he was killed by a roadside bomb in Iraq. He was 22.

Staff Sgt. Jesse G. Clowers Jr., 27, of Herndon, died when an improvised bomb exploded near his vehicle in Afghanistan on Aug. 12, 2007. Jonathan D. Winterbottom, 21, of Falls Church, died in Iraq on May 23, 2007, when an IED exploded near his vehicle.

Nicholas Rapavi, 22, of Springfield, died Nov. 24, 2006, during combat in Anbar province in Iraq. Army Cpl. Andy D. Anderson, 24, was killed by enemy fire in Ar Ramadi, Iraq on Tuesday, June 6, 2006.

Spc. Robert Drawl Jr., 21, a 2003 graduate of T.C. Williams High School, was killed by a bomb in Kunar, Afghanistan, on Aug. 19, 2006.

U.S. Army Specialist Felipe J. Garcia Villareal, 26, of Burke, was injured in Iraq and flown to Washington Hospital Center, where he died Feb. 12, 2006. He was a graduate of Herndon High School.

Capt. Shane R. M. Mahaffee, 36, a 1987 graduate of Mount Vernon High School, died May 15, 2006. He was a lawyer, married, with two children.

U.S. Marine Lance Cpl. Nicholas Kirven, 21, was killed in Afghanistan in 2005 during a firefight in a cave with insurgents. He enlisted while still in high school after Sept. 11, 2001.

Fairfax Station resident Pfc. Dillon Jutras, 20, was killed in combat operations in Al Anbar Province of Iraq on Oct. 29, 2005.

Maj. William F. Hecker III, a 1987 graduate of McLean High School, was killed in action in Iraq, Jan. 5, 2005. Staff Sgt. Ayman Taha, 31, of Vienna, was killed Dec. 30, 2005, when an enemy munitions cache he was prepping for demolition exploded. Army Capt. Chris Petty of Vienna was killed Jan. 5, 2006.

Staff Sgt. George T. Alexander Jr., the 2,000th soldier to be killed in Iraq, was literally born into the Army here in Northern Virginia, at DeWitt Army Hospital at Fort Belvoir. Alexander died at Brooke Army Medical Center in San Antonio, Texas, Oct. 22, 2005, of injuries sustained in Iraq five days earlier.

Lt. Col. Thomas A. Wren, 44, of Lorton, died in Tallil, Iraq on Nov. 5, 2005. Marine Capt. Michael Martino, 32 of the City of Fairfax, died Nov. 2, 2005, when his helicopter was brought down in Iraq.

1st Lt. Laura M. Walker of Oakton was killed on Aug. 18, 2005, in Kandahar, Afghanistan. CW4 Matthew S. Lourey of Lorton died from injuries sustained on May 26, 2005 in Buhriz, Iraq. Operations Officer Helge Boes of Fairfax was killed on Feb. 5, 2003, while participating in counterterrorism efforts in eastern Afghanistan.

Among other local lives lost: Lance Cpl. Tavon Lee Hubbard, 24, of Reston; 1st Lt. Alexander Wetherbee, 27, of McLean; 1st Lt. Jeff Kaylor, 25, of Clifton; Coast Guard Petty Officer Nathan B. Bruckenthal, 24, of Herndon; Army Chief Warrant Officer Sharon T. Swartworth, 43, of Mount Vernon; Command Sgt. Maj. James D. Blankenbecler, 40, of Mount Vernon; Capt. James F. Adamowski, 29, of Springfield; Sgt. DeForest L. Talbert, 22, of Alexandria; Marine Cpl. Binh N. Le, 20, of Alexandria; Staff Sgt. Russell Verdugo, 34, of Alexandria. Army Capt. Mark N. Stubenhofer, 30, from Springfield; Marine Gunnery Sgt. Javier Obleas-Prado Pena, 36, from Falls Church; Marine Sgt. Krisna Nachampassak, 27, from Burke; Army Staff Sgt. Nathaniel J. Nyren, 31, from Reston; Marine Lance Cpl. Tenzin Dengkhim, 19, from Falls Church, Navy Chief Joel Egan Baldwin, 37, from Arlington; Maj. Joseph McCloud, of Alexandria, and Major Gloria D. Davis, 47 of Lorton.

Capt. Jesse A. Ozbab, 28 of Prince George, Virginia, died on May 20, 2012 in Afghanistan from a roadside bomb. Constructionman Trevor J. Stanley, 22, of Virginia Beach, died April 7, 2012 while deployed to Camp Lemonnier, Djibouti. Pfc. Michael W. Pyron, 30, of Hopewell, Virginia, died Jan. 10, 2012 in Afghanistan. Maj. Samuel M. Griffith, 36, of Virginia Beach, died Dec. 14, 2011 in Afghanistan. Staff Sgt. James Ronald Leep Jr., 44 of Richmond, died Oct. 17, 2011 at Forward Operating Base Kalsu in Iraq. Spc. Levi Efrain Nuncio, 24 of Harrisonburg, died June 22, 2011 in Afghanistan. Capt. Michael Wray Newton, 30 of Newport News, died June 11, 2011 in Afghanistan. Capt. Charles A. Ransom, 31, of Midlothian was one of eight airmen who died April 27, 2011, at the Kabul International Airport, Afghanistan, from gunfire. Sgt. Sean T. Callahan, 23, of Warrenton died April 23, 2011

SEE REMEMBERING. PAGE 5



COMMENTARY

Energy Sustainability and Resiliency in Virginia

BY KENNETH R. "KEN" PLUM
STATE DELEGATE (D-36)

Those who were concerned that the 2016 Energy, Sustainability and Resiliency conference sponsored by the Virginia Chamber of Commerce Foundation would be business as usual were in for a surprise. This recent conference in Richmond was about anything but holding onto the past; it was about seizing opportunities in a dynamic and exciting future whose issues of sustainability and resiliency in our energy future reign supreme.

A not-too-subtle hint that this conference was going to be different came in the exhibit area where a brand-new Tesla auto was on display. While Tesla got the spotlight, it could have as easily been the Nissan LEAF, the Chevrolet Volt or one of the European sports cars

that are going electric.

The exhibit area of the conference was filled with dozens of companies whose businesses are built around the sustainability and resiliency of energy. The greatest opportunity for cost savings and a secure future in energy is with greater efficiency. There were several vendors with cost-saving replacements to the old incandescent light bulb. Not only are they brighter; they last for decades. And there are savings and efficiencies to be realized in the way we design and construct our buildings with plenty of consultants to show you how that can be done. A frequent concern I get from constituents is the lack of evidence we can see in Virginia

COMMENTARY

that are going electric. The exhibit area of the conference was filled with dozens of companies whose businesses are built around the sustainability and resiliency of energy. The greatest opportunity for cost savings and a secure future in energy is with greater efficiency. There were several vendors with cost-saving replacements to the old incandescent light bulb. Not only are they brighter; they last for decades. And there are savings and efficiencies to be realized in the way we design and construct our buildings with plenty of consultants to show you how that can be done. A frequent concern I get from constituents is the lack of evidence we can see in Virginia



for the use of alternative methods for generating electricity, specifically by solar and wind power. I get excited when I see the giant wind turbines and solar farms that exist in other places. There are some realities we have to face here, however. Of the two places in Virginia where there is adequate wind to support wind turbines, one is in a jurisdiction that will not allow them. The other is offshore where prototypes are being designed and tested by the federal government that could lead to very big wind farms. Next door in West Virginia, Dominion Power of Virginia is part-owner of a wind farm that makes enough power for an estimated 66,000 households. There continues to be opposition to the use of wind for the harm it may cause to birds, but even this issue is being resolved in some locations. Solar-generated power is happening in Virginia as it is

throughout the country although it may not be at the pace many of us would like. Our incumbent electric company, Dominion, has solar facilities operating in seven states from California to Connecticut. A Dominion facility built in partnership with Amazon on the Eastern Shore of Virginia will at 80 megawatts be the largest solar facility in the mid-Atlantic region. Another solar facility in Fauquier County when approved by state regulators will have 260,000 solar panels on 125 acres of land. Three other projects pending regulatory approval will provide 56 megawatts of solar generated power. We need a strong economy to help jobs in the Commonwealth and to support our way of life. A reliable, sustainable and resilient energy system is critical to that goal. From what I learned at the conference, we are well on our way in Virginia.

Up Close and Personal with Marie, On Her Own Terms

Using an approach called Trauma-informed Care, Cornerstones helps clients create strategies and find solutions that offer them control, choice and hope.

BY KERRIE WILSON
CEO, CORNERSTONES

May is National Mental Health Awareness Month; a time in which Cornerstones reflects on the unique challenges that face our neighbors who suffer from mental health conditions – neighbors like Marie. Yesterday, I might have described Marie in impersonal terms, identifying her by the characteristics that allow social service agencies to fit her needs into available resource boxes. What does that look like? In her case, a person who is chronically homeless and suffering from certain physical and mental health conditions that keep her vulnerable and impose many barriers to seeing her safely housed.

Then I met Marie.

I was outside a store, waiting for the doors to open so I could rush in for office supplies for this morning's work when I was approached by a woman. At first I thought she too was there to shop. She said hello, introduced herself, and without waiting for my response launched into a monologue, leaning in a bit too close for my comfort, and at times raising her voice in a familiar argument with someone who was not there.

While alarmed at times by cer-

tain outbursts, I stayed on, listening, as she described the deceit by those who stole her identity and life, her family's denial of her existence – and I began to hear.

Over the course of the next hour we covered a lot of ground, from the war on drugs to shared disappointment over politics and politicians. Marie is incredibly well-informed, discussing current affairs and describing historical events with remarkable detail, and how they shaped the course of her life. When I remarked on her insights, she smiled and said she reads the newspapers and history books while waiting in grocery stores, coffee shops or the library to fill the days until she climbs back into her car to sleep.

Down memory lane, she says she is still on good terms with her ex-husband who left for a younger woman with a great figure, and we ended up laughing and lamenting the pounds we've put on over the years. Discovering we attended rival colleges brought another moment, a connection.

A former teacher, she offered me concrete strategies to help my son with reading comprehension. "Start with short articles on things he's interested in, then ask him to give you the key points," she said. "He'll learn to love reading and the skills will transfer to his

coursework."

Off again, expressing her anger of being abandoned and reduced to living in her car, I gently broached the subject of housing and whether she had ever talked with anyone who might be able to help her. Furious, she told me of years spent in shelters and rejecting out of hand the idea of help from the government: "Once you go into that Section 8 you can never get out!" What she really needed, she told me, was to find someone who would let her house sit, where she would take good care of their home—a simple, mutual benefit exchange.

And then she asked me what I thought, what I would do.

I wanted to convince her that Cornerstones could help, and that regardless of the source of rental payments, she could find a place of her own and get help with the other things that are worrying her. But she's seen too much, and I know only too well that the helping process is often time-consuming and can be dehumanizing, requiring forms and commitments, too often on "our" terms, and may be a disincentive to someone who needs time to build trust.

While I have had the great joy of watching the gifted, caring social workers at Cornerstones build those relationships and find hous-

ing options for hundreds of men and women over the years who live like Marie, I have to recognize that she may not be ready, that we have not yet found the options that appeal on her terms.

With this in mind, Cornerstones strives to assist these individuals in a way that is tailored to their physical and mental health needs. Using an approach called Trauma-informed Care, which begins with identifying the trauma or traumas that clients experienced which led to their ongoing struggles, including homelessness, Cornerstones' case managers help clients create strategies and find solutions that offer them control, choice and, most importantly, hope.

Nearing the end of our conversation, and cursing myself over never having cash when needed, I asked, "Marie, how can I help you?" She smiled and told me not to worry about her, but if I wanted to help I could go to the Reston Drop-In Center or the Embury Rucker Community Shelter and make a donation there. People would appreciate and benefit from the gesture....

She reached in for a hug, told me she hoped to see me again and where she could be found most days. Her poignant parting words will stay with me: "Tell your son good luck with his reading ... and not to give up."

Cornerstones is a nonprofit organization that promotes self-sufficiency by providing support and advocacy for those in need of food, shelter, affordable housing, quality childcare, and other human services. For more, visit www.cornerstonesva.org.

LETTERS

Meals Tax: Where Will This End?

To the Editor:

As reported by Ken Moore ("Meals Tax? Ballot Possibility," Reston Connection, May 18, 2016), the Fairfax County Board of Supervisors, not content with having yet again hiked the real property tax, is now looking to squeeze out of taxpayers a wholly regressive meals tax. Where will this end? A personal bed tax next?

As with most Democrat "revenue-enhancement" schemes, the poor will suffer the most: there will likely be kitchen and wait staff layoffs, meals will cost more (a tax on top of a tax), and no bread with your soup.

"Diversified revenue," Supervisor McKay hails the tax, as though it were some kind of blessing. Hunter Mill's Hudgins describes it as a "tool" — a hammer?

School Board Chairman Hynes, putative principal recipient of the tax proceeds, disingenuously opines: "The community is ready to support this." Which community?

The crocodile-tears mantra intoned by the majority of the Board of Supervisors is that extra revenue "sources" have to be found in order to lighten the load on the tax-burdened homeowner.

Does anyone believe a meals tax will halt rises in the real property tax rate?

Harry Locock
Reston

Remembering on Memorial Day

FROM PAGE 4

in combat in Afghanistan. Sgt. 1st Class Anthony Venetz Jr., 30, of Prince William died Jan. 28, 2011 in Afghanistan, after being been seriously wounded months before. Spc. Sean R. Cutsforth, 22, of Radford, died Dec. 15, 2010 in Afghanistan. Spc. William K. Middleton, 26, of Norfolk died Nov. 22, 2010 in Afghanistan. Staff Sgt. Christopher F. Cabacoy, 30, of Virginia Beach died July 5, 2010, in Afghanistan.

If you know of someone who should be included in this list, or if you would like to share how you are honoring the memory of a family member or friend lost, or about the progress of someone injured, please let us know.

— MARY KIMM

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NEWS



Police Need Help in Identifying Reston Robbery Suspect

Detectives from the Major Crimes Division are investigating a commercial robbery that occurred in the 7-11 convenience store located at 2303 Soapstone Drive #C, on Friday, May 20. According to FCPD Public Affairs Bureau — at approximately 6 a.m., a man entered the store, announced that he had a weapon, and subsequently fled the store with merchandise.

The suspect was described as white, 35 to 45 years old, 5 feet inches to 5 feet 5 inches tall, weighing about 250 pounds with brown hair and blue eyes. He was wearing a black hooded sweatshirt, green camouflaged hat, green cargo shorts, black

socks, and black shoes. The suspect may have left in a vehicle that had been waiting for him near Underoak Court.

If you have any information about the suspect, contact Detective F.K. Chambers at 703-246-7800.

You may also contact Crime Solvers of Fairfax County by phone at 1-866-411-TIPS (8477), via web-based email at <http://www.fairfaxcrimesolvers.org>.

Tipsters who provide their information through Crime Solvers are eligible for a cash reward of \$100 to \$1,000 if their information leads to an arrest. Tipsters remain anonymous and never have to give their names or appear in court.



Public Hearing Notice Fairfax County Secondary Six Year Plan

The Virginia Department of Transportation (VDOT) and The Board of Supervisors of Fairfax County, in accordance with Section 33.2.331 of the Code of Virginia, will conduct a joint public hearing in the Board Auditorium, Fairfax County Government Center, 12000 Government Center Parkway, Fairfax, VA 22035 at 4:30 p.m. on June 21, 2016.

The purpose of this public hearing is to receive public comment on the Secondary Six Year Improvement Plan for Fiscal Years 2017 through 2022. Copies of the proposed plan may be reviewed at the VDOT's Northern Virginia District Office at 4975 Alliance Drive, Fairfax, VA 22030.

VDOT ensures nondiscrimination and equal employment in all programs and activities in accordance with Title VI and Title VII of the Civil Rights Act of 1964. If you need more information or special assistance for persons with disabilities or limited English proficiency, contact VDOT's Civil Rights at 703-259-1775 or TTY/TDD 711.

Persons wishing to speak at this public hearing should contact the Office of the Clerk to the County Board of Supervisors at 703-324-3151.

PHOTO GALLERY!

"Me and My Dad"

To honor dad on Father's Day, send us your favorite snapshots of you with your dad and The Connection will publish them in our Father's Day issue. Be sure to include some information about what's going on in the photo, plus your name and phone number and town of residence. To e-mail photos, send to:

editors@connectionnewspapers.com

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Families tell us everyone benefits because the outstanding care and support we provide reduces worry and stress.



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FAITH NOTES

Faith Notes are for announcements and events in the faith community, including special holiday services. Send to reston@connectionnewspapers.com. Deadline is Thursday.

Church of the Holy Comforter offers a monthly Healing Eucharist with the Laying on of Hands and Anointing for Healing. The service occurs on the first Sunday of each month at 5 p.m. in St. Mary's Chapel. The Healing Ministry is being led by the Rev. Valerie Hayes and Ms. Alexandra MacCracken and includes a team of lay healers who have gone through intentional training and formation. For more information, contact the Rev. Valerie Hayes at vhayes@holyccomforter.com. The church is located at 543 Beulah Road NE, Vienna.

The **LDS Church** at 1515 Poplar Grove Drive in Reston will hold a discussion led by scriptural scholars on "The Book of Mormon: Another Testament of Jesus." The class is from May 31 to Dec. 20. Free. Contact: 703-582-3169 or 7461810@mormon.org.

Trinity Presbyterian Church, 651 Dranesville Road, Herndon, has Sunday worship services at 8:30 a.m. and 11 a.m. Nursery and childcare are provided and youth and adult Sunday school classes are held prior, from 9:40-10:45 a.m. 703-437-5500 or www.trinityherndon.org.

Vajrayogini Buddhist Center, Unitarian Universalist Church, 1625 Wiehle Ave., Reston, holds weekly classes starting Sept. 12, Thursdays 7-8:30 p.m., for the general public which use Buddhist teachings to practice meditation. \$12. 202-986-2257 or www.meditation-dc.org.

St. Anne's Episcopal Church, 1700 Wainwright Drive in Reston, holds Sunday services at 7:45 a.m., 9 a.m., 11:15 a.m. and contemporary service at 5 p.m. Nursery, Sunday school and adult education available. Morning prayer on Monday at 9:30, Holy Eucharist Wednesday at 8:15 a.m. 703-437-6530 or www.stannes-reston.org.

Adult Sunday school will be held 9:30 a.m. Sundays at the Washington Plaza Baptist Church at Lake Anne Village Center. The group is studying the Gospel of Mark. Services follow at 11 a.m.

HAVEN of Northern Virginia offers a variety of free bereavement support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

Epiphany United Methodist Preschool, 1014 Country Club Drive, N.E. in Vienna, is now enrolling 3- to 4-year-old students. 703-938-2391 or www.epiphanypreschool.com.

SPORTS



PHOTOS BY CRAIG STERBUTZEL/THE CONNECTION

Aly Rayle, seen earlier this season, and the South Lakes softball team were scheduled to face Battlefield on Tuesday.

Madison Baseball Four-Peats as Conference 6 Champ

The Madison baseball team won its fourth consecutive Conference 6/Liberty District championship with a 1-0 victory over McLean on Friday night in Vienna.

The victory improved the Warhawks' record to 19-3. Madison has won 14 of its last 15 games and enters the 6A North region tournament as the No. 1 seed from Conference 6.

Madison, the defending state champion, is scheduled to host Osbourn, the No. 4 seed from Conference 8, at 7 p.m. on Wednesday, May 25.



The South Lakes baseball team will face Conference 8 champion Battlefield in the opening round of the 6A North region tournament on Wednesday, May 25.

The boys' team remained undefeated with a 2-1 overtime win over Herndon in the championship match. The Cougars captured their third conference/district title in the last four years and improved their 2016 record to 14-0-1.

The girls' team improved to 14-1 and extended its win streak to 14 with a 1-1 (4-3) victory over Centreville in penalty kicks.

The boys' team was scheduled to host Mount Vernon on Tuesday in the opening round of the 6A North region tournament, after The Connection's deadline. The winner will face the winner of Washington-Lee and Patriot on Thursday.

The girls took on South County on Tuesday. The winner faces the winner of Madison and Osbourn Park.

The Herndon boys' team faced West Potomac on Tuesday.

South Lakes Baseball to Face Battlefield

The South Lakes baseball team, the No. 4 seed from Conference 6, will travel to face Conference 8 champion Battlefield at 7 p.m. on Wednesday, May 25 in the opening round of the 6A North region tournament.

The Seahawks (13-9) qualified for regionals with an 8-3 win over Langley on May 13 in the Conference 6 tournament quarterfinals. The Seahawks lost to eventual champion Madison 13-1 in the semifi-



PHOTOS CONTRIBUTED

Devyn Jones and Golden Kumi Darfour contributed to the South Lakes triumph in the Liberty Conference 6 Championship May 18.

South Lakes Wins Track and Field Conference Championship

Seniors Skander Ballard and Golden Kumi-Darfour's record-setting performances paced the South Lakes High School track teams to victories in the Liberty Conference 6 Championship May 18.

Seahawks scored in 33 of 34 events in leading the girls team to its sixth consecutive title and the boys team to its third straight and eight out of the past nine. The SLHS track and field program now has 26 conference/district titles over the past eight years.

Ballard won the 400 meters in a Conference record time of 48.77, eclipsing the previous mark of 50.13 set in 2013. He also won the 200 meters (22.46) and teamed with seniors Nikolai Waithe, John LeBerre and junior Ashton Reinhold in winning the 4x400 meter relay in 3:25.76. Ballard, who will compete for William and Mary next year, also finished second in the pole vault (11-00.00), third in the triple jump (41-05.50) and 12th in the long jump (18-09.75).

Kumi-Darfour ran the anchor leg on the winning 4x400 and 4x800 meter relay teams and finished second in the 400 meters (58.53). She teamed with freshman Sophie Halkett and sophomores Sarah Wolfe and Olivia Beckner in breaking the meet record in the 4x800 meter relay (9:24.93), set by James Madison last year. Kumi-Darfour, who signed with Coastal Carolina College, Halkett, sopho-

more Danielle Spears and senior Monica Lannen won the 4x400 in 4:06.00.

Junior Nikayla Hoyte won the 100 meters in 12.34 breaking the previous record of 12.34 set by SLHS alumn Delaney Wickman in 2014. She also won the 200 meters (25.77) and finished third in the 400 meters (58.68).

South Lakes will compete in the 6A North Region Championship May 26-27 at James Robinson Secondary School in Fairfax.

South Lakes Events Winners

South Lakes won a total of 18 events including:

100 hurdles: junior Devyn Jones (15.12)
110 hurdles: senior Anas Fain (15.10)
100 meters: junior Hoyte (12.34), senior Eric Kirlew (11.11)
200 meters: Hoyte (25.77), Ballard (22.46)
300 hurdles: Jones (46.17), Fain (40.84)
400 meters: Ballard (48.77)
800 meters: senior John LeBerre (1:59.05)
1600 meters: Beckner (5:10.07)
4x400 meter relay: Halkett, Lannen, Spears, Kumi-Darfour (4:06.00); Waithe, LeBerre, Reinhold, Ballard (3:25.76)
4x800 meter relay: Halkett, Wolfe, Beckner, Kumi-Darfour (9:24.93); LeBerre, senior Christopher Byron, junior Peter Sepulveda, sophomore Alex Loukili (8:05.59)
High jump: Anas Fain (6-02.00)
Triple jump: Kirlew (43-07.50)
Long jump: Jones (17-02.00)

Madison Softball Falls in Conference 6 Final

The Madison softball team entered the Conference 6 championship game as the No. 1 seed in the tournament on an eight-game win streak. The Warhawks fell short in the title game, however, losing to McLean 8-5 on Friday night at Fairfax High School.

Madison had lost just twice prior to Friday's game and had defeated McLean twice during the regular season. The loss dropped the Warhawks' record to 20-3.

Madison entered the 6A North region tournament as the No. 2 seed from Conference 6 and was scheduled to host Patriot on Tuesday, after The Connection's deadline.

The winner of Madison-Patriot is scheduled to face the winner of Chantilly-West Potomac in the quarterfinals.

Oakton Boys', Girls' Soccer Teams Win Conference Titles

The Oakton boys' and girls' soccer teams each won a Conference 6 championship on Friday night at Westfield High School.

WWW.CONNECTIONNEWSPAPERS.COM

nals on May 18.

Battlefield enters the region tournament with a 19-3 record.

South Lakes Softball Falls in Conference Semifinals

The South Lakes softball team lost to eventual tournament champion McLean 3-1 in the Conference 6 semifinals on May 18

at Fairfax High School.

The loss dropped the Seahawks' record to 15-7. South Lakes qualified for the 6A North region tournament with a 6-0 win over Fairfax on May 13.

The Seahawks, the No. 3 seed from Conference 6, were scheduled to face Battlefield, the No. 2 seed from Conference 8, on Tuesday in the opening round of the region tournament, after The Connection's deadline. The winner will face the winner of South County and Westfield in the quarterfinals.

RESTON CONNECTION ♦ MAY 25-31, 2016 ♦ 7

CALENDAR

Send announcements to www.connectionnewspapers.com/Calendar/. The deadline is noon on the Friday prior to the following week's paper. Photos/artwork encouraged.

ONGOING

Truths in False Positives. June 11-26. ArtSpace Herndon, 750 Center St., Herndon. Sherwood Gainer's Pattern Recognition: Truths in False Positives offers vibrant and often chaotic abstractions, and explores how visual cues from a canvas can inform a dialog unique to each observer. artspaceherndon.com. 703-956-9560.

Surfaces Art Show. May 22-June 4. Unitarian Universalist Church, 1625 Wiehle Ave., Reston. Fourteen local artists curated by Melanie Stanley. Free. Call for availability. 703-956-9155

Technology Changing Arts. May 24-June 1. ArtSpace Herndon, 750 Center St., Herndon. Exhibit featuring a selection of winners and entries in the 11th Annual Council for the Arts of Herndon Tech Arts Competition in categories including digital art, digital photography, and digital animation. artspaceherndon.com.

"City of Angels." Through June 5. NextStop Theatre, 269 Sunset Park Drive, Herndon. Award-winning musical. Contains adult content. <http://www.nextstoptheatre.org/>.

"Two Views." Through June 2. Reston Art Gallery and Studios, 11400 Washington Plaza, Reston. Works by Pat Macintyre and Gail Axtell-Erwin. RestonArtGallery.com.

Karaoke at Kalypso's. Wednesdays, 9:30 p.m. Kalypso's Sports Tavern, 1617 Washington Plaza N., Reston. Come to Kalypso's and sing your



PHOTO BY TIMOTHY KUO

The Reston Chorale will present a free concert of patriotic music on Saturday, May 28, at 2 pm in the Reston Town Center Pavilion. The event will also include a Care Packages for the Troops drive.

hearts out! 703-707-0660.

www.kalypso'ssportstavern.com.

Reston Concerts on the Town.

7:30-10 p.m. Saturdays, June-August. Reston Town Center Pavilion. Bring lawn chairs or picnic blankets and enjoy live music in the Pavilion. Free. Rain or shine. restontowncenter.com. 703-579-6720.

Wells and Barnes: Seats of Power.

April 21-June 18. Greater Reston Arts Center, 12001 Market St., Suite 103, Reston. Collaborative exhibition featuring artists Gayle Wells Mandle and her daughter, Julia Barnes Mandle. Gayle and Julia use the motif of chairs as a vehicle to examine society's eternal power struggle. 703-471-9242. restonarts.org.

Herndon Town Calendar Photography Competition.

Deadline June 7 at 2 p.m. ArtSpace Herndon and the Council for the Arts of Herndon present the Sixth Annual Herndon Town Calendar Photography Competition. Professional and amateur photographers are invited to submit entries to the Herndon Town Calendar Photo Competition. Subjects for all entries must be located within the corporate limits of the Town of Herndon. artspaceherndon.com. 703-956-9560.

Integral Tai Chi. 12:30-2 p.m.

Mondays and Wednesdays through March 30. Herndon Senior Center, 873 Grace St., Herndon. Integral Tai Chi is a combination of traditional Chinese Tai Chi and Qi Kong. The movements come from both forms of practice, in addition to yoga movements in the warm up section.

Students need to bring their own yoga mat, a towel and water. Free-\$5. 703-464-6200.

WEDNESDAY/MAY 25

Color Me Happy. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive. Relax, unwind, turn loose your inner artist and discover that coloring is for grown-ups, too. Choose from our collection of intricate designs and bring them to life with color. Coloring pages, pens and pencils provided, or bring your own. Adults. 703-397-0420.

THURSDAY/MAY 26

Dollars and Sense. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive. A monthly book discussion group that focuses on business leaders and markets. May's title is "The Safe Investor" by Tim McCarthy. 703-397-0420.

FRIDAY/MAY 27

"Coppelia" and "Jukebox." 7:30 p.m. CenterStage, Reston Community Center, 2310 Colts Neck Road, Reston. Young dancers will perform original works of dance in a variety of genres. \$20. 703-437-9664. raveldance.com.

Holly Montgomery Band. 9:30 p.m. Kalypso's Sports Tavern, 1617 Washington Plaza N, Reston. 703-707-0660.

SATURDAY/MAY 28

Star-Spangled Sing Along with the Reston Chorale. 2-3 p.m. Reston Town Center Pavilion. All are welcome to take part in a free sing-along of patriotic music in a salute to

the troops, plus children's activities and refreshments. Free. restonchorale.org. 703-834-0079.

THURSDAY-SUNDAY/JUNE 2-5

Herndon Festival. Thursday: 6-10 p.m. Friday 5-11 p.m. Saturday: 10 a.m. - 11 p.m. Sunday: 10 a.m. - 6 p.m. Herndon Town Green, 777 Lynn Street, Herndon. Four-day outdoor festival with three entertainment stages, a carnival, two fireworks displays, Kid's Alley with children's art area, arts and craft show and more! All ages. Visit www.herndonfestival.net for more information.

FRIDAY/JUNE 3

Community Cookout. 5-7 p.m. North Hills Pool, 1325 North Village Road, Reston. Everyone is invited to take the night off from cooking and come to the pool for some food, entertainment, and good times. Sponsored with the Reston Association. 703-476-4500.

SATURDAY/JUNE 4

Jimmy Gaudreau and Moondi Klein. 7:30 p.m. Holy Cross Lutheran Church, 1090 Sterling Road, Herndon. Free/\$15. These two legendary bluegrass musicians, as a duo, are something to behold. 703-435-8377.

Casino Royale Fundraiser. 6 p.m. NVHC, 1441 Wiehle Ave., Reston. Funds raised will help support the synagogue's efforts to engage those who are looking for a spiritual home where they can connect through community to Judaism that matters. 703-437-7733. nvhcreston.org.

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SUMMER FUN

Fun Events for Those Summer Days and Nights

ONGOING

Herndon Friday Night Live. 6:30 p.m. Through Aug. 26. 777 Lynn St., Herndon. Features the most popular local and regional acts from up and down the east coast. Free. For more information or for the performance schedule, go to herndonrocks.com.

Reston Concerts on the Town. 7:30-10 p.m. Reston Town Center. June 4-Aug. 27. Bring lawn chairs or picnic blankets and enjoy live music in the Pavilion Saturday nights. Free. Rain or shine. Presented by Reston Town Center and Reston Town Center Association. Alcohol permitted at restaurants only. Concert information: 703-579-6750. www.restontowncenter.com.

Take a Break Concert Series. Thursdays. 7 p.m. June 4-Sept. 1. Lake Anne Plaza, Reston. Bands and entertainers at the plaza. lakeanneplaza.com.

Summer Entertainment Series. June 1-Aug. 31. Fairfax County Parks. A summer-long calendar of shows, concerts and movies appropriate for you and your family. These concerts held in local parks are the perfect place to bring a picnic dinner, blankets and lawn chairs to enjoy the best local and regional entertainers. Free. To find out what's playing at your nearby park, go to <http://www.fairfaxcounty.gov/parks/performance/>.

THURSDAY-SUNDAY/JUNE 2-5

Herndon Festival. Historic Downtown Herndon, 777 Lynn St., Herndon. Local and nationally-known entertainment on three stages, a carnival, fireworks displays on Thursday and Saturday, children's hands-on art area, arts & crafts show, business expo, 10K/5K races and fitness expo on Sunday, complimentary shuttle bus service, and an assortment of food vendors. The festival is produced by the Town of Herndon Parks and Recreation Department with assistance from local area civic organizations and businesses. herndonfestival.net.

SATURDAY-SUNDAY/JUNE 11-12

Lake Anne Chalk on the Water Festival. 11 a.m.-5 p.m. Lake Anne Plaza, 1609 Washington Plaza, Reston. Chalk on the Water is a two-day street-painting festival where participants will create amazing street art. Festival goers can purchase a "plot" of brick space on the plaza and paint to their hearts delight whatever flows from their imagination. Spots are limited for this event. Participants have a chance to win cash prizes for various categories, awarded by notable community judges. Register at www.chalkonthewater.com.

SUNDAY/JUNE 12

Love Your Body Yoga. 10 a.m.-5 p.m. Reston Town Center Pavilion and Market Street. Yoga studios and wellness centers of Northern Virginia will be offering classes, services, and information on ways to care for your body, along with live entertainment and activities for children. Donations to participate in classes benefit Cornerstones. Presented by Beloved Yoga. belovedyoga.com.

FRIDAY-SATURDAY/JUNE 17-18

Taste of Reston. Reston Town Center Pavilion and Market Street. Greater

www.CONNECTIONNEWSPAPERS.COM



CONNECTION FILE PHOTO

At Herndon Festival in 2014, children rode teacups. This year's festival will take place June 2-5 at Historic Downtown Herndon.



PHOTO BY RYAN DUNN/THE CONNECTION

The chalk mural of Penny Hauffe. Hauffe won second place prize in the professional artist category for her work in the 2014 Chalk Festival at Lake Anne Plaza. This year's festival will take place June 11-12.

Reston Chamber of Commerce presents Northern Virginia's largest outdoor food festival featuring samplings from the region's eateries, live music, beer and wine gardens, and much more. Free. Tasting tickets purchased on site or in advance at restontaste.com. restonchamber.org. 703-707-9045.

MONDAY/JULY 4

Herndon Fourth of July. Starts at 7 p.m. Bready Park, Herndon Community Center, 814 Ferndale Ave., Herndon. Family-fun event featuring games, patriotic arts & craft activities, family games, bingo, food, balloon artists and more. herndon-va.gov.

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In Effect/ To Affect



By KENNETH B. LOURIE

I've been trying to write this column/organize my thoughts/stay on this task for years but haven't been able to do so. It's nothing serious, really, other than the side effects – potentially, of many of the prescription drugs now available (perhaps characteristic of many of the prescription drugs ever since they've been prescribed). But given the frequency and variety of their advertising of late, I have been unable to ignore their message, both good and in some instances, shockingly bad/scary.

Granted, I watch way too much television where many of these ads regularly appear, so I may be a bit of a sitting duck. I won't name names, maybe just a few potential side effects though: ALS, cancer, heart attack, stroke, suicidal thoughts, depression, kidney and liver damage, high blood pressure/low blood pressure, blackouts, blood clots, shortness of breath, four-hour erections; and on and on and on. (I don't recall seeing too many commercials where lung cancer is a possible side effect. I suppose that's because lung cancer is not exactly a "side" effect, it's more of a main effect.) Nevertheless, being a stage IV, non-small cell lung cancer patient/survivor, I can't help but have noticed the ads on television for "OPDIVO." Obviously the subject matter interests me, but maybe I've just learned – instinctively almost, to pay stricter attention to such enticements. It might actually relate to me. Or maybe I've simply gotten better at listening to voice-overs and reading small print scrolling beneath the visuals while ignoring more the apparent healthy recipients living wonderfully enjoyable and uninhibited lives thanks to these medications.

Believe me, I understand that these prescription drugs are not "over the counter" so it's unlikely I'll happen on to them sitting on some pharmacy shelf next to the Advil and wonder, on my own, if they could help me. The only way, so far as a law-abiding citizen like myself would have/gain access to any of these prescriptions, would be through a conversation with, and prescription written by, my treating physician where many of the potential side effects and/or risk-rewards would be discussed. Still, trading one set of problems for another, which in turn possibly could lead to their own set of unintended but not totally unanticipated consequences seems a bit problematic – even to me, and all I have is lung cancer.

I don't know that I have a choice, though. There is treatment. There are consequences. There are alternatives. There is life and there is death, and always there is hope. But treatment-to-date, I've never felt as if I was trading one for the other. Oddly enough, I've always thought, I was making decisions to stay alive, not to make my life worse; attempting to sustain it, not diminish it. With some of the prescription advertising I see and hear on television now, I'm confused. Many of it sounds both encouraging and discouraging, and somewhere between cautiously optimistic and a cautionary tale, even as the advisory to "speak to your doctor before you start a..." voices over. Not that it sounds so great in the first place, but in the last place, I am often reminded of the old adage: "If it sounds too good..." Well, when you consider the potential side effects, it doesn't sound too good at all.

Certainly I realize that there are governing/regulating bodies like the F.D.A. that approve/regulate/mandate what is said/advertised/printed/labeled, etc., prescribed even, for our mutual protection. Still, it's difficult for me to ignore everything I see, hear and read, especially when left to my own devices. Devices which, had they been similarly regulated, would likely have come with their own set of warning labels.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

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Zone 3: The Alexandria Gazette Packet
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Zone 5: The Potomac Almanac
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The biggest things are always the easiest to do because there is no competition.
-William Van Horne

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The Great Falls Connection



PHOTO CONTRIBUTED

The Nysmith School Science Bowl Team: Ishaan Kumar, Vaibhav Sharma, Anusha Allamsetty, Kaien Yang and Ajit Kadavenu.

Nysmith School Science Team Places Third in National Competition

A team of Nysmith School seventh- and eighth-graders earlier this month placed third in its division of the National Science Bowl in which students competed in a fast-paced verbal forum to solve technical problems and answer questions in all areas of science and math. The team, which represented the state of Virginia in the annual event, was coached by Venkata Allamsetty of Oak Hill and was made up of the following local youngsters:

- ♦ Anusha Allamsetty (Oak Hill/Grade 8)
- ♦ Ajit Kadaveru (Fairfax/Grade 8)

- ♦ Ishaan Kumar (Ashburn/Grade 8)
- ♦ Vaibhav Sharma (Oak Hill/Grade 8)
- ♦ Kaien Yang (Chantilly/Grade 7)

The National Science Bowl is sponsored by the U.S. Department of Energy in an effort to interest students in making math and science fun and encourage them to pursue studies and careers in those fields. Launched in 1991, the competition features regional events from January through March, with regional winners advancing to the national event in April/May in Washington, D.C.

BULLETIN BOARD

To have community events listed in the Connection, send to connectionnewspapers.com/Calendar/ by noon on the Friday prior to the following week's paper.

WEDNESDAY/MAY 25

DMV2Go at the Pavilion. 9 a.m.-4 p.m. Reston Town Center Pavilion. DMV wireless office on wheels — apply or renew ID card and driver's license; get driving records, vehicle titles, license plates, and more. Information on all services at <http://re.ston.tc/P9HLkh>. 703-579-6720.

THURSDAY/MAY 26

Dollars and Sense. 7 p.m. Reston Regional Library, 11925 Bowman Towne Drive. A monthly book discussion group that focuses on business leaders and markets. May's title is "The Safe Investor" by Tim McCarthy. 703-397-0420.

ONGOING

The **Herndon Adult Day Health Care Center** needs a bingo caller and an art therapy assistant. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Herndon Senior Center** needs a volunteer trained in taking blood pressure, Social Visitors and a Baked Goods Table Manager. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

The **Northern Virginia Long Term Care Ombudsman Program** needs volunteer advocates for residents in nursing homes and assisted living facilities. Contact Lisa Callahan at 703-324-5861, TTY 711 or email Lisa.Callahan@fairfaxcounty.gov. Also visit www.fairfaxcounty.gov/dfs/olderadultservices/

ltcombudsman/.

Fairfax County needs volunteers to drive older adults to medical appointments and wellness programs. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Respite Care volunteers give family caregivers of a frail older adult a well-deserved break so they can go shopping, attend a doctor's appointment or just have coffee with a friend. Volunteers visit and oversee the safety of the older adult for a few hours each month. Support and training are provided. Contact 703-324-7577, TTY 711, or Kristin.Martin@fairfaxcounty.gov.

Fairfax County needs a volunteer **Senior Center Marketing Coordinator** to assist the Friends of Fairfax County Senior Centers with marketing. For these and other volunteer opportunities, call 703-324-5406, TTY 711 or visit www.fairfaxcounty.gov/olderadults and click on Volunteer Solutions.

Free Support Group for Children with Autism. Saturdays at 10-11 a.m. 462 Herndon Parkway, Suite 202, Herndon.

Food Addicts in Recovery. Wednesdays at 7 p.m. at The Vine Church, 2501 Gallows Road, Dunn Loring. Are you having trouble controlling the way you eat? Food Addicts in Recovery Anonymous (FA) is a free 12 step recovery program for anyone suffering from food obsession, overeating, under-eating or bulimia. For more information or a list of additional meetings throughout the U.S. and the world, call 781-932-6300 or www.foodaddicts.org.

Fairfax County's Meals on Wheels urgently needs drivers in the Annandale, Franconia/Kingstowne, Reston, Mount Vernon and McLean areas. 703-324-5406, TTY 711 or www.fairfaxcounty.gov/olderadults.

LONG & FOSTER

Reston North Hills/Herndon/Lake Anne Plaza

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Reston \$899,500
Main Level Living!
Sun-soaked awe-inspiring contemporary with MAIN LEVEL MASTER SUITE in North Reston private wooded

setting. Many recent improvements. Open floor plan with great room, loft, 2FP's walk-out lower level, and oversized deck.



Reston \$594,900
Rarely Available Model

Wonderful North Reston garage townhome community. Luxury is featured throughout 3 finished levels of open floor plan. Main-level den/office, 3 BR's up, walk-out basement w/rec rm,

media area, wet bar, guest room & full bath. Two decks + treed backdrop.

Debbie Gill 703-346-1373 or e-mail Debbie.gill@longandfooster.com



Reston \$1,900/month
Town Center Rental
Spectacular 2BR, 2BA, 2nd floor condo in the heart of Town Center freshened up & ready to go. Great balcony view of landscaped courtyard. Lots of upgrades including gourmet kitchen, built-in

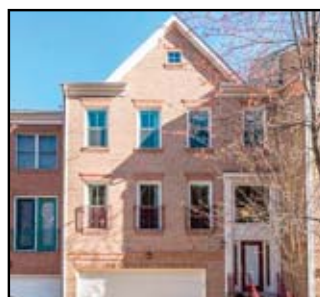
computer nook, berber carpet & tile, just painted, & more. Garage parking. Vacant & available now!



Reston \$645,000
Updated Colonial!
5BR on upper level, 3.5baths. All NEW windows, hardwoods, carpet, granite, & SS appliances. Updated master bath, beautiful NEW deck. Walkout lower level to tree lined lot.



Please call Virginia Rowell 703-629-4168 or e-mail Virginia.rowell@longandfooster.com



Reston \$677,000
Stunning Townhome
Breathtaking contemporary design! Superb floor plan w/3 finished levels, hardwoods throughout, kitchen w/ceramic tile, granite countertops/breakfast bar adjoins FR w/FP. Leads out to deck & treed view. Upstairs 3 BR, 2 BA, finished lower level (use as 4th BR), walkout to patio.



Please call Sherri Longhill 703-819-7923 or e-mail Sherri.Longhill@longandfooster.com



UNDER CONTRACT

Oak Hill \$729,900
A Must See!
Charming, updated 5BR, 3.5BA "Pottery Barn" beauty nestled on a stunning, private, .92 acre landscaped lot surrounded by trees. Oversized screened-in porch & pool enhance this perfect setting. Open floor plan has FR w/beamed cathedral ceiling & brick FP, gourmet kitchen w/SS appliances & cozy breakfast area. Renovated BA's & lower level w/rec room, BR & BA. Thomas & Associates.



Marcy Thomas 703-927-2190 mathomas8@aol.com Thomas & Associates



Great Falls \$1,299,900
Amazing Updates!
High ceilings on all 3 levels! Updated kitchen, baths, roof, 2-zone HVAC, flooring. Two story FR, floor to ceiling stone FP, main level bedroom w/full bath, au paire suite on lower level. Screened porch, professionally landscaped yard.



Herndon \$949,900
Remodeled!
5BR, 5BA, 2 story foyer & great room, kit with granite, stainless steel appliances, 2 D/W, huge W/O lower level w/wet bar, media room, dance floor, game room, study, exercise room & full bath. Three car side load garage, Langley tier.



Vienna
Dramatic Price Reduction! \$839,900
Clarks Crossing! Gorgeous home on .50 acre lot! Over 3000 sq ft on 4 fin levels! 4BR, 3BA, updated kit w/new cabinets & granite. Updated baths. Master BR boasts sitting room w/FP, inviting screened porch, private patio for grilling, courtyard pond and landscaped fenced yd.



Terry Atherton 703-861-0538 or e-mail Terry.atherton@longandfooster.com



Reston \$464,900
Move-in Ready!

Just Listed! Deepwood end unit! Beautiful all brick townhouse. 3BR, 3.5BA, updated kitchen & baths. All new carpet, brand new appliances and AC. Professionally landscaped & awesome location within the community. Totally move-in ready!



Vienna \$600,000
Too late!!!
Waiting for new owner or investor to update to your own liking! 4BR, 3BA. Great Vienna location in Madison High School district. Shown by appointment. Call listing agent.



Call Dale 703-408-2626 Dale.Repshas@Longandfooster.com

"I work hard for my agents so they can work hard for you!"

— Anita Lasansky, Managing Broker



1-800-296-2593
www.Reston-Herndon-Homes.com



Herndon \$1,235,000
One of a Kind!
One of a kind single family Cape Cod home w/inviting front porch, 5BR, 4BA on one acre flat usable lot, perfect for a pool! 2 car attached garage at main house & a carriage house with an additional 2 car garage & studio apt w/kitchenette

& full bath over it (rental opportunity). Amazing gour kit, luxury main level master suite w/courtyard brick patio. Convenient location, no HOA. So many special details in this custom home.



North Reston \$539,900
Spectacular!
3BR, 2BA + den TH w/water views! One of the best lots in the neighborhood! Brand new hardwoods on main, whole house freshly painted, 1.5 story LR w/FP, wall of windows, French door to deck & views. Eat-in kitchen w/granite & SS appliances.



Walk-out LL w/rec rm, laundry, fenced rear yard. Great location, close to school, shopping center, METRO! Must see!

Marnie Schaar 703-509-3107 or e-mail Marnie.schaar@longandfooster.com