



**FRIENDLY HOME**

*nursing care & rehabilitation*

## **MEET THE FRIENDLY HOME'S MEDICAL STAFF**

**(585) 789-3020  
3156 East Avenue  
Rochester, New York 14618  
[www.friendlyhome.org](http://www.friendlyhome.org)**

## Medical Services

The Friendly Home's medical staff, including the Medical Director, is comprised of a group of medical professionals who are dedicated to the care and rehabilitation of the elderly and infirm. The team strives to integrate the modern advances of health care today with the concern and compassion of our forefathers in medicine. Above all, we are here to serve you.

The medical office welcomes your calls at (585) 789-3020. The phone is usually answered during normal business hours, and messages can be left at any time. E-mail addresses for the medical staff are listed below. While we welcome your e-mail communications, please contact us by phone for any urgent problems. Also remember that e-mail is not secure; if this is a concern, a phone call or fax would be more secure. General e-mails can be sent to Dr. Schabel, the Friendly Home's Medical Director, at: [sschabel@friendlyhome.org](mailto:sschabel@friendlyhome.org).

## Specialty Services

Other medical specialists, including a dentist, podiatrist and optometrist, visit the Home on a regular basis. Members are billed directly by the provider for these services. The dentist or dental hygienist will examine your teeth, gums and mouth within the first twenty-one days after admission, and annually if you do not have a regular dentist. A professional fee is charged if emergency or corrective services are rendered. A dental suite is also on premises. Appointments for the podiatrist and optometrist are made by the Member or family through the neighborhood secretary.

## Below are some frequently asked questions regarding Members' medical care.

### ***Who is my doctor?***

Unless other arrangements are made, you will be assigned to one of the Friendly Home's attending physicians when you are admitted. You are also assigned to a nurse practitioner or physician assistant. Together they will provide all your medical care at the Friendly Home. The names and contact information for your physician and nurse practitioner or physician assistant will be provided. Additionally, the nursing staff always knows who is taking care of you. Medical services included in the daily charge are those provided by the Home's physicians and consulting psychiatric team.

### ***How often will I be seen by the medical staff?***

The medical staff will visit you within the first week after admission and perform a comprehensive evaluation, which includes a review of all the available medical records and current treatments. After admission, the medical staff will visit you whenever needed, and not less than every month for the first couple of months. Once you are settled in, visits occur no less than every sixty days.

### ***What happens if I get ill?***

Licensed nurses evaluate you several times a day and any problems requiring medical attention are reported to the medical staff. If your illness requires closer monitoring than can be provided at the Friendly Home, hospitalization may be recommended. A member of the medical staff is always available by phone in case of an emergency.

***When is the medical staff at the Friendly Home?***

A member of the medical staff is at the Friendly Home every business day. The nurse practitioner and physician assistant are available during normal business hours and can respond to your medical problems quickly. The physicians each spend one or two half-days per week visiting their patients who need to be seen.

***Can my personal physician take care of me at the Friendly Home?***

Yes, if your physician is willing to do so and can meet the standards for the facility. Your physician should contact the Medical Staff Office at (585) 789-3020 and request an application. You may choose to continue with your own physician(s) at your expense. Private physicians must be credentialed by the Friendly Home and abide by Home by-laws.

***What is a Nurse Practitioner?***

A nurse practitioner is a nurse who has received extensive training in the diagnosis and management of diseases and other medical problems. Special certification and licensure is required.

***What is a Physician Assistant?***

Physician assistants are health care professionals who are trained and licensed to practice medicine with physician supervision.

***Can my family meet with the medical staff?***

Yes, they can. You or your family member may call the Friendly Home Medical Staff Office at (585)789-3020. In many cases the nurse practitioner/physician assistant can meet with your family the same day.

***Can I change my physician, nurse practitioner or physician assistant?***

Yes, you can. Tell your social worker you would like to change and it can usually be arranged within a couple of weeks.

***Should I complete a Health Care Proxy or Living Will?***

YES! You really should, and this advice comes from every member of the Friendly Home's clinical staff. We also recommend completing a MOLST (Medical Orders for Life Sustaining Treatment). Your Social Worker can get you the necessary forms and help you complete them if needed. The medical staff will also be happy to discuss them with you, particularly as they relate to your health status.

## Meet the Friendly Home's Medical Staff



***Scott L. Schabel, M.D., C.M.D.***  
***Medical Director***

Friendly Home Medical Staff Office: (585) 789-3020

Office: (585) 348-8286

Fax: (206) 337-2683

Email: [sschabel@friendlyhome.org](mailto:sschabel@friendlyhome.org)

Office address: 1415 Portland Ave., Ste. 200, Rochester, NY 14621

Dr. Schabel is a graduate of Boston University School of Medicine and completed his residency training in internal medicine at the University of Rochester, where he remains on the faculty as a clinical assistant professor in medicine. He is board-certified in internal medicine and a certified medical director. His practice is devoted solely to the care of nursing home patients. Dr. Schabel joined the Friendly Home staff in 2002 and is on the staff at Rochester General Hospital. He is a member of the American Geriatrics Society, the American College of Physicians, and the American Medical Directors Association. In addition, he has served on the executive committee of the Finger Lakes Medical Directors Association since 1996 and the board of directors of the New York Medical Directors Association since 1998.



***Seema Dahake, M.D.***  
***Attending Physician***

Friendly Home Medical Staff Office: (585) 789-3020

Office : (585) 276-0830

Fax: (585) 424-4184

Office Address: 1870 Winton Rd S., Rochester, NY 14618

Dr. Dahake graduated from Seth G.C. Medical College in Mumbai, India. She completed her residency in internal medicine at Rochester General Hospital. Dr. Dahake is board-certified in internal medicine as well as in hospice and palliative medicine. She is an assistant professor of clinical medicine at the University of Rochester.



***Dallas Nelson, M.D.***  
***Attending Physician***

Friendly Home Medical Staff Office: (585) 789-3020

Office: (585) 276-0830

Fax: (585) 424-4184

Office address: 1870 Winton Rd S., Rochester, NY 14618

Dr. Nelson is a graduate of the University of Iowa School of Medicine. She completed her residency in internal medicine at Strong Memorial Hospital, and her fellowship in geriatrics at Monroe Community Hospital. She is board-certified in internal medicine and geriatrics. She serves on the medical staff at Highland Hospital. Dr. Nelson is an Instructor in Medicine at the University of Rochester as well.



**Anne M. Yawman, M.D.**  
**Attending Physician**

Friendly Home Medical Staff Office: (585) 789-3020  
Office: (585) 922-0390  
Fax: (585) 922-0395  
Office address: 1415 Portland Ave., Ste. 200, Rochester, NY 14621

Dr. Yawman is a graduate of Drexel University College of Medicine, where she also completed her residency training in internal medicine. She is board-certified in both internal medicine and geriatric medicine, and is a member of the American Geriatrics Society. Serving nursing home patients since 2003, Dr. Yawman practices geriatric medicine at Rochester General Hospital as part of Geriatric Consult Services.



**Katie Cieurca, PA-C**  
**Physician Assistant—Certified**

Friendly Home Medical Staff Office: (585) 789-3020  
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Office address: 3156 East Ave., Rochester, NY 14618

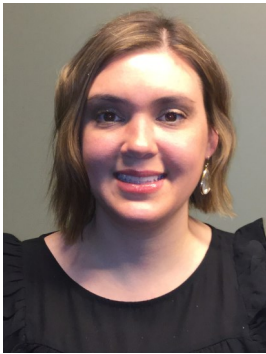
Ms. Cieurca graduated from Gannon University's Physician Assistant program and is board-certified. She began her career at the Friendly Home on a per diem basis in 2009, and joined our staff as a full-time employee in 2013. She has over 20 years of experience as a Physicians Assistant, primarily in the area of acute care of surgical patients. She is a member of the American Academy of Physician Assistants and the Rochester Regional Physician Assistant Association.



**Nancy Clar, BSN, MSN, GNP**

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E-mail: [nclar@friendlyhome.org](mailto:nclar@friendlyhome.org)  
Office address: 3156 East Avenue, Rochester, NY 14618

Ms. Clar completed her B.S. in Nursing at Alfred University and her M.S. in Nursing with a minor in gerontology at SUNY Binghamton. At Nazareth College, she completed a post-graduate gerontologic nurse practitioner program. She is a certified Gerontologic Nurse Practitioner who became a member of the Friendly Home medical staff in 2001. Ms. Clar is a member of the Greater New York Gerontological Nurse Practitioner Organization and has devoted her practice to the elderly since 1989.



***Kim Gibson, MSN, FNP-C***  
***Nurse Practitioner***

Friendly Home Medical Staff Office: (585) 789-3020

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Ms. Gibson earned her Masters of Science in Advanced Practice Nursing through the Family Nurse Practitioner program at St. John Fisher College, and her Bachelor of Science Degree in Nursing from the University of Michigan. She is a member of the American Association of Nurse Practitioners and the Nurse Practitioner Association of New York State.

***Please call the Friendly Home Medical Staff Office at (585)789-3020 with any questions or requests, or to schedule an appointment with a medical staff member.***

