

Reykjavik

Carol Sunday

Classic nordic mittens with Icelandic inspiration and Latvian braids. The thumb shaping is part welt, part flap for a lovely fit.



Construction: Mittens are worked in the round from cuff to top.

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Finished Size:

7" palm circumference, to fit a woman.

Gauge: 32 sts and 38 rows = 4" in St st.

Yarn:

Sunday Knits 3 ply yarns including: Nirvana (merino & cashmere), Angelic (merino & angora), Eden (merino), and/or Brigadoon (merino tweed): 1 skein (246 yd / 225 m per 50 g) each of: main color for hand (MC-1) and contrasting color (CC)

1 mini skein (99 yd / 90 m per 20 g) each of: main color for cuff (MC-2) and highlight color (HC) for Latvian braid.

Substitute any wool or wool blend yarn that works well to gauge.

Needles: Size 2 / 2.75 mm: set of 4 or 5 double-pointed (dpn) or circular needles. Adjust needle size if necessary to obtain the correct gauge.

Notions: Stitch markers, stitch holder, tapestry needle.

Skills needed: Reading charts, stranded colorwork.

Pattern includes: Written instructions, colorwork pattern in charted format only.

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INSTRUCTIONS FOR MITTENS

CUFFS (work the same for both mittens)

With CC CO 56 sts. Distribute sts over 3 or 4 dpns, pm, join for working in the round. *Work* St st for 8 rnds.

Latvian braid - next 3 rnds

1st braid rnd: *K1 in MC-1, k1 in CC; rep from * to end.

2nd braid rnd: With both strands in front *p1 in HC, hold HC strand up towards needle tips bringing CC strand up from underneath, p1 in CC, hold CC strand up towards needle tips bringing HC strand up from underneath; rep from * to end. Note: the 2 strands will become rather tightly twisted by the end of this round, but will unwind as the next round is worked. *3rd braid rnd:* With both strands in front *p1 in HC, hold HC strand down away from needle tips bringing CC strand up from the top, p1 in CC, hold CC strand up from the top; rep from * to end.

Next rnd: With MC-2 knit to end. *Next rnd:* Knit to last 2 sts, k2tog. 55 sts. *Beg* at Rnd 1 work Right Cuff Chart for right mitten and Left Cuff Chart for left mitten, reading from right to left. Cont with chart through Rnd 4. *Rnd 5:* K1, LLI, k23, LLI, knit to end. 57 sts. Work chart Rnds 6-20. *Next rnd:* With MC-2 knit to end.

Right mitten only:

Next rnd: K2tog, knit to end. 56 sts.

Left mitten only:

Next rnd: Knit to last 2 sts, k2tog. 56 sts.

Both mittens:

Next 3 rnds: Work Latvian braid as for bottom of cuff. *Next 2 rnds:* With MC-1 knit to end.

RIGHT MITTEN - HAND

Beg on Rnd 1, in MC-1 and CC work Right Hand Chart followed by Right Thumb Chart.

Work chart Rnds 2-3.

Rnd 4: Work hand chart; following thumb chart M1-R, work to last st, M1-L. 58 sts.

Cont to work charts through Rnd 24 inc'ing for thumb where indicated by M1-R on the right and M1-L on the left. 72 sts.

Rnd 25: Work hand chart only.

Rnd 26: Following hand chart k1 (St 1), place 21 thumb sts on holder or waste yarn, CO 5 sts using backward loop method and following chart Sts 2-6 while twisting strands between CO sts, join and work chart Sts 7-56. 56 sts rem on needles.

Cont to work hand chart through Rnd 59.

Rnd 60: Work Sts 1-25, k2tog in St 26, pm, knit Sts 28-56. 55 sts.

Next rnd - Dec Rnd: Following chart ssk (St 2 this rnd), work to 2 sts before m, k2tog (St 25 this rnd), k1 (St 28 every rnd), k2tog (St 30 this rnd), work to last 3 sts, ssk, k1. 4 sts dec'd.

Rnds 62-69: Work as for Dec Rnd.

Place Sts 38-46 on one needle and the rem sts on a second needle for grafting.

Cut MC-1 to 24" / 60 cm and with tapestry needle and using Kitchener stitch graft top front to back beg with St 56 and ending with St 28.

RIGHT MITTEN - THUMB

Place 21 thumb sts on needle and work Right Thumb Chart Rnd 25 over 21 sts; cont with chart pick up and knit 2 sts between thumb welt and cast-on edge, pick up and knit 6 sts along cast-on edge, pick up and knit 2 sts between cast-on edge and thumb welt. 31 sts.

Work thumb chart through Rnd 43.

Rnd 44: Cont in chart k7, ssk, k3, k2tog, cont in chart to end. 29 sts.

Rnd 45: *K1 in MC-1, [ssk, k1, k2tog] in CC; rep from * 3 more times; k1 in MC-1, [ssk, k2] in CC. 20 sts.

Rnd 46: *K1 in CC, [k2tog, k1] in MC-1; rep from * 4 more times. 15 sts.

Rnd 47: With MC-1 k2tog, k1, k2tog, ssk, [ssk, k2tog] twice. 8 sts.

Cut MC-1 strand to 24" / 60 cm, thread MC-1 onto tapestry needle and run through each st purlwise leaving sts on needles, draw strand inside and secure; cut CC strand, draw inside and secure.

LEFT MITTEN - HAND

Beg on Rnd 1, in MC-1 and CC work Left Thumb chart followed by Left Hand chart.

Work chart Rnds 2-3.

Rnd 4: Following thumb chart M1-R, work 5, M1-L; work Left Hand chart. 58 sts.

Cont to work charts through Rnd 23 inc'ing for thumb where indicated by M1-R on the right and M1-L on the left. 70 sts.

Rnd 24: Work thumb and hand charts through St 51, place 21 thumb sts on holder or waste yarn, CO 5 sts using backward loop method and following chart Sts 52-56 while twisting strands between CO sts. 56 sts rem on needles.

Rnd 25: Join with rem of hand and work Sts 2-57.

Cont to work hand chart through Rnd 59.

Rnd 60: Knit Sts 2-29, pm, knit Sts 30-55, k2tog in St 56. 55 sts.

Next rnd - Dec Rnd: Following chart k1, ssk (St 4 this rnd), work to 2 sts before m, k2tog (St 28 this rnd), k1 (St 30 every rnd), k2tog (St 32 this rnd), knit to last 3 sts, ssk. 4 sts dec'd.

Rnds 62-69: Work as for Dec Rnd.

Place Sts 12-20 on one needle and the rem sts on a second needle for grafting.

Cut MC-1 to 24" / 60 cm and with tapestry needle and using Kitchener stitch graft top front to back beg with St 2 and ending with St 30.

LEFT MITTEN - THUMB

Following Left Thumb Chart Rnd 25 and beg where left hand front meets thumb welt, pick up and knit 2 sts between welt and cast-on edge, pick up and knit 6 sts along cast-on edge, pick up and knit 2 sts between cast-on sts and welt, place 21 thumb sts on needle and work over last 21 sts of chart. 31 sts. *Work* thumb chart through Rnd 43.

Rnd 44: Knit chart Sts 1-16, ssk, k3, k2tog, cont in chart to end. 29 sts.

Rnd 45: [K2, k2tog] in CC; *k1 in MC-1, [ssk, k1, k2tog] in CC; rep from * 3 more times; k1 in MC-1. 20 sts.

Rnd 46: *[K1, k2tog] in MC-1, k1 in CC; rep from * 4 more times. 15 sts.

Rnd 47: With MC-1 [ssk, k2tog] twice, k2tog, ssk, k1, ssk. 8 sts.

Cut MC-1 strand to 24" / 60 cm, thread MC onto tapestry needle and run through each st purlwise leaving sts on needles, draw strand inside and secure; cut CC strand, draw inside and secure.

ABBREVIATIONS

beg: begin(ning)

- BO: bind off
- CC: contrasting color

CO: cast on

cont: continue

dec: decrease

dpn(s): double-pointed needle(s)

HC: highlight color

inc('ing): increase('ing)

k: knit

k2tog: knit 2 stitches together (1 stitch decreased)

LLI: left lifted increase - with left-hand needle, pick up stitch 2 rows below stitch just worked, and knit into it (1 stitch increased)

m: marker

M1-L: make 1 left slant - with left needle tip, lift strand between needles from front to back, knit lifted loop through the back (1 stitch increased)

M1-R: make 1 right slant - with left needle tip, lift strand between needles from back to front, knit lifted loop through the front (1 stitch increased)

MC: main color

p: purl

pm: place marker

rep: repeat

rnd(s): round(s)

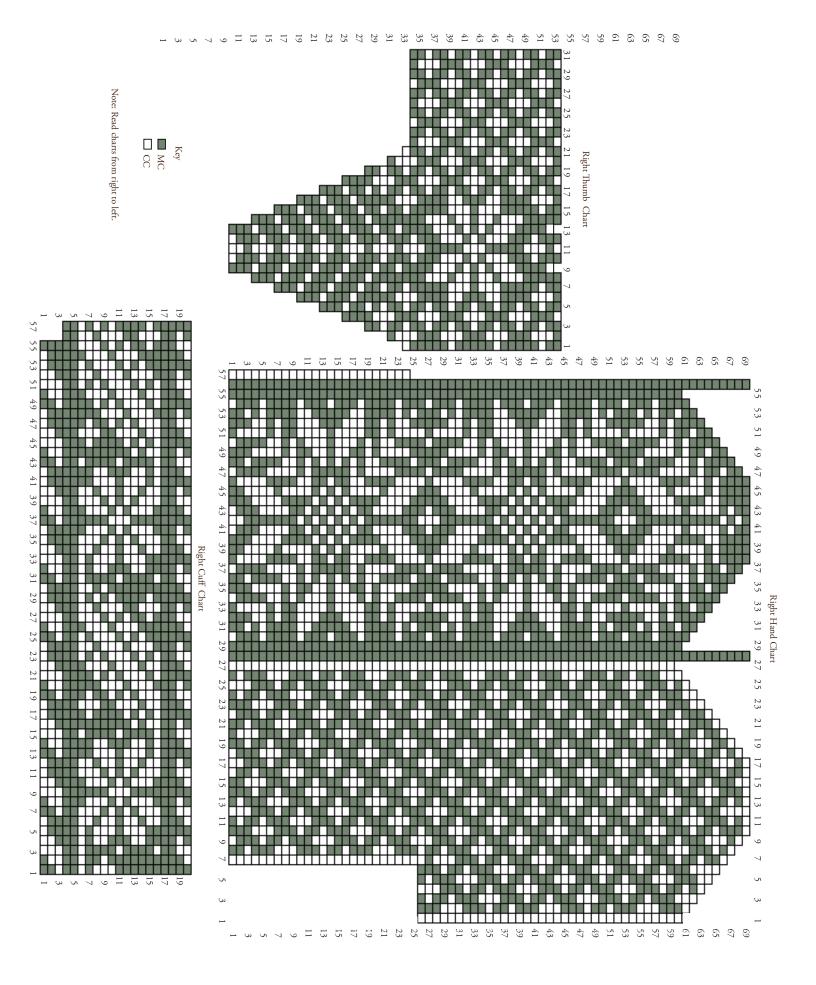
ssk: slip 2 knitwise individually, insert left needle knitwise into 2 slipped stitches, knitting those 2

stitches together (1 stitch decreased)

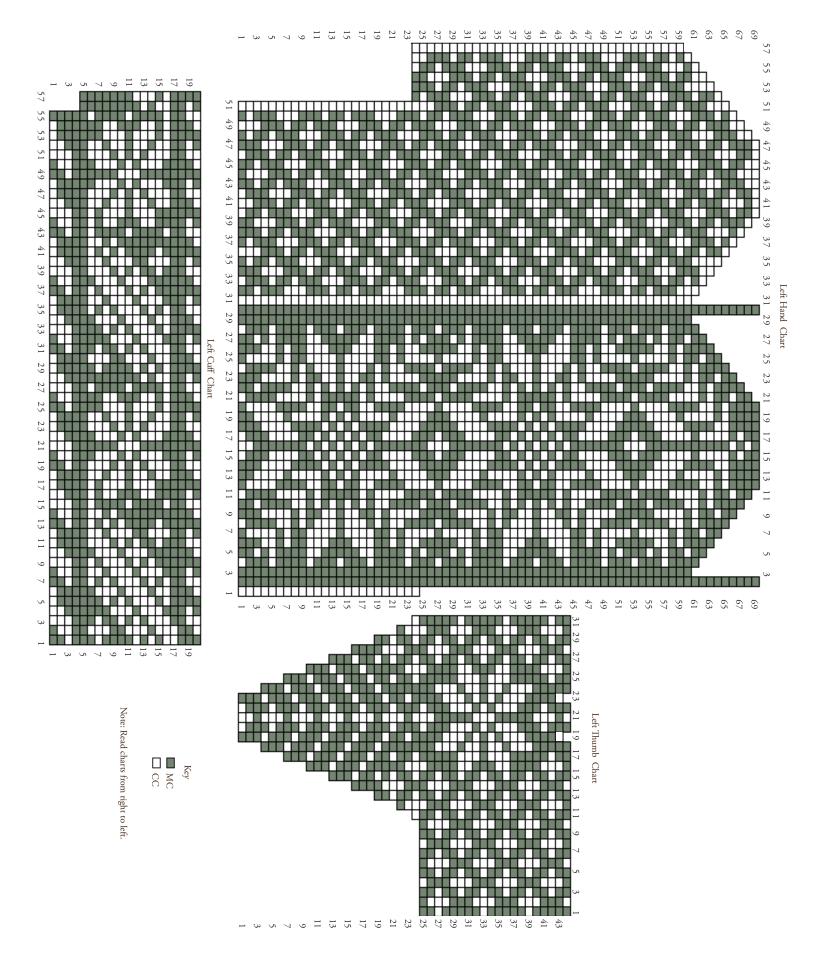
st(s): stitch(es)

St st: stockinette st

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