

#### RICHARD S. ADLER, M.D. & ASSOCIATES, PLLC

### Forensic & Clinical Psychiatry

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### **EDUCATION**

1998 – 2000 Senior Fellow in Forensic Psychiatry
 University of Washington School of Medicine, Seattle, WA 98195

 1986 – 1988 Fellow in Child Psychiatry

Massachusetts General Hospital/Harvard Medical School 55 Fruit Street, Boston, MA 02114. (617) 726-2000

1984 – 1986 **Resident in Adult Psychiatry** 

McLean Hospital/Harvard Medical School 115 Mill Street, Belmont, MA 02478. (800) 333-0338 Included rotations in Consult – liaison, Psychiatry at Brigham & Women's Hospital, Forensic Psychiatry at Bridgewater State Hospital, Adolescent and Family Treatment Unit at McLean Hospital

1983 – 1984 Internship year in Adult Psychiatry

McLean Hospital/Harvard Medical School 115 Mill Street, Belmont, MA 02478. (800) 333-0338 Six-month medical internship at Mt. Auburn MGH, two months of Inpatient Geriatric Psychiatry, two months of Substance Abuse Psychiatry

1978 – 1983 Albany Medical College of Union University (AMC)

43 New Scotland Avenue, Albany, NY 12208. (518) 262-3125 Doctor of Medicine Alpha Omega Alpha Honor Society Shaeffer Prize in Pathology Honor Committee Member 1978 – 1980

1976 – 1982 **Rensselaer Polytechnic Institute (RPI)** 

110 8th Street, Troy, NY 12180. (518) 276-6000 Bachelor of Science in Biology Summa cum laude, RPI - AMC 6-year Biomedical Program 1980 – 1981 Research in Gastrointestinal Pathology

Brigham and Women's Hospital, Department of Pathology,

Ramzi Cotran, MD, Chief

75 Francis Street, Boston, MA 02115. (617) 732-7510

American Gastroenterological Association Award for Medical Student

Research - Poster Presentation

### **POSITIONS**

2016 – present **President** 

Streissguth FASD Forensic Institute - Seattle

Non-profit corporation organized to promote the interdisciplinary research, education, prevention, assessment, diagnosis, and treatment of Fetal Alcohol

Spectrum Disorders.

2007 – present Clinical Instructor

University of Washington School of Medicine, Seattle, WA 98195

1997 – present **Private Practice** 

Forensic and clinical psychiatric practice in child and adult psychiatry.

2012 – 2020 Psychiatric Consultant/ Co-Producer: "Wallflower"

Comerford, J. (Producer), & Gravning, J. (Director). (2017). Wallflower

[Motion Picture]. United States: Paradigm Studio.

http://www.imdb.com/title/tt6983908/fullcredits?ref =tt cl sm#cast

2008 – 2016 Medical Director

FASDExperts - Seattle, WA 98101

Interdisciplinary collaborative forensic and clinical evaluation of Fetal Alcohol

Spectrum Disorders. www.FASDExperts.com

2012 – 2015 Adjunct Instructor

Seattle University, Criminal Justice Department

901 12th Avenue, Seattle, WA 98122

2007 – 2010 Clinical Instructor

Antioch University - Seattle

2326 6th Avenue, Seattle, WA 98121

2006 – 2008 **Psychiatric Consultant** 

Renton Academy - Newcastle, WA 98056

Employed by Renton School District to provide on-site psychiatric services for a new specialty school informed by the Re-Education Approach pioneered by

Nicholas Hobbs, PhD

1997 - 2008**Staff Psychiatrist** 

Children's Hospital & Medical Center, Seattle, WA

Patient evaluation and psychopharmacologic management, team consultation

two days a week.

2006 **National Advisory Panel** 

Cephalon, Inc., makers of Sparlon® (modafanil)

Speakers Bureau and National Advisory Board 2000 - 2002

McNeil Consumer Healthcare, makers of Concerta ®

2000 **Staff Psychiatrist** 

Western State Hospital

Program for Forensic Evaluations in Corrections and the Community,

Tacoma, WA 98498

Carl Redick, PsyD, Director

1998 - 2000**Acting Clinical Instructor (\*)** 

Children's Hospital & Medical Center, Lake City Way Satellite Clinic, 12360

Lake City Way NE, Seattle, WA 98125. (206) 368-4949

Individual and group supervision of Child Psychiatry Fellows, Adult Psychiatry Residents, and Psychology Interns at a University of Washington Medical

School teaching site.

(\*) During the Senior Fellowship in Forensic Psychiatry (see Education),

University of Washington regulations require that the instructorship be

regarded as "acting".

1998 **Clinical Instructor** 

Children's Hospital & Medical Center, Lake City Way Satellite Clinic, 12360

Lake City Way NE, Seattle, WA 98125. (206) 368-4949

1996 - 1998**Staff Psychiatrist** 

Seattle Mental Health Institute

1600 East Olive Street, Seattle, WA 98122. (206) 324-2400

Provided staff consultation and treatment to adults, children and adolescents, including The Deaf Services unit, in a large community mental health center

(CMHC) with a wide continuum of care.

1991 - 1996**Medical Director & Founding President** 

Comprehensive Psychiatric Group

120 East Main Street, Salisbury, MD 21801

Region's largest multi-disciplinary mental health practice with Addictions,

Eating Disorders and extensive Group Psychotherapy Programs.

1995 – 1995	Consultant – Behavioral Health Services Peninsula Regional Medical Center (PRMC) 100 East Carroll Street, Salisbury, MD 21801 Retained to design integrated and managed care-friendly inpatient, outpatient, consult-liaison and emergency mental health services.
1994 – 1995	Community Affiliate Peninsula Regional Medical Center
1991 – 1993	Attending Psychiatrist Peninsula Regional Medical Center Inpatient, emergency and consult – liaison services.
1988 – 1992	Medical Director, Mental Health Clinics Somerset County Health Department, Westover, MD 21871 National Health Service Corps Scholarship Placement; Included consultation to Colbourne Substance Abuse Center, Crisfield, MD, Somerset County Sheriff's Department, Public Schools, and Developmental Center.
1988 – 1991	Medical Director, Mental Health Clinics Worcester County Health Department, Snow Hill, MD 21863 National Health Service Corps Scholarship Placement.
1986 – 1990	<b>Doctor-on-Call</b> Pembroke Hospital, Pembroke, MA 02359 150 bed Private Psychiatric Hospital.
1985 – 1990	<b>Doctor-on-Call</b> Norwood Hospital, Norwood, MA 02062 21 bed locked psychiatric unit in suburban community General hospital with Emergency Room and Consult-liaison consultation services.
1986 – 1988	Part-time private practice Boston, MA
1986 – 1988	Ciba-Geigy Clinical Trial of Clomipramine for Obsessive-Compulsive Disorder in Children and Adolescents  Massachusetts General Hospital, Boston, MA 02114  Co-investigator with Joseph Biederman, MD
1985 – 1986	Psychopharmacology Consultant Cutler Counseling Center, Norwood, MA 02062 Non-profit, community outpatient facility.

### **LICENSES**

2013 – present	Alaska - 7707 (7/23/13)
1996 – present	Washington - 33536 (3/12/96)
2012 - 2019	Georgia - 68346 (7/30/12)
1988 - 1996	Maryland - D36903 (6/18/88)
1984 - 1991	Massachusetts - 54358 (6/1/84)

# **CERTIFICATIONS**

2017	Clinical Application of Electroencephalography (EEG) Biofeedback Certification International Alliance Course Evaluate patients' cognitive states and the effect of medical and psychological treatment, determine lesion sites, and classify symptoms.
1992	Child and Adolescent Psychiatry American Board of Psychiatry and Neurology, #2903
1990	Adult Psychiatry American Board of Psychiatry and Neurology, #33030
1984	National Board of Medical Examiners, #262751

# MAJOR COMMITTEE ASSIGNMENTS

2012 – present	Advisory Board Seattle University, Criminal Justice Department, Seattle, WA
2005 – present	Chairman, Ethics Committee Washington State Psychiatric Association
1998	Managed Care Committee Division of Child & Adolescent Psychiatry, Children's Hospital and Regional Medical Center, Seattle, WA
1992 – 1996	<b>Board of Directors</b> Life Crisis Center, 216 East Main Street, Salisbury, MD 21801 Chairman, Executive Director Search Committee (1994)
1995	Representative of the Maryland Psychiatric Society to the Rural Psychiatry Task Force American Psychiatric Association Annual Meeting, May, Miami Beach, FL

1993	Select Committee, Quality Council Peninsula Regional Medical Center. Empowered to re-engineer Emergency Room Psychiatric Services. Developed satisfaction assessment tool.
1992 – 1993	Utilization Review Committee Peninsula Regional Medical Center
1991 – 1993	Founding President Eastern Shore Psychiatrists' Group Established to provide networking opportunities.
1988 – 1992	Utilization Review Committee Peyton Psychogeriatric Unit, McCready Hospital, Crisfield, MD Specialty in-patient locked unit for chronically mentally ill geriatric patients.
1991	Physicians' Steering Committee Atlantic General Hospital, Berlin, MD Provided input on design of new community General hospital.

### **MEMBERSHIPS**

2017 – present	American Neuropsychiatric Association
1996 – present	American Academy of Psychiatry and the Law
1984 – present	American Psychiatric Association
1991 - 1996	Eastern Shore Psychiatrists' Group
1988 - 1996	Maryland Psychiatric Society
1986 - 1998	Massachusetts Psychiatric Society

# **PUBLICATIONS & PRESENTATIONS**

2020	"An Overview of Juvenile Forensic Psychiatry" California Baptist University, College of Behavioral and Social Sciences, Master of Forensic Psychology Program. Riverside, CA via WebEx. October 16, 2020.
2020	"Juvenile Forensic Psychiatry" Ethics and Professionalism Seminar, Child and Adolescent Psychiatry Fellows, Children's Hospital and Regional Medical Center. Seattle, Washington. January 31, 2020
2019	"Extra! Extra! Essential Elements for a Legal Case With 'Star Power'" XXXVI <sup>th</sup> International Congress of Law and Mental Health. University of International Studies of Rome. Roma RM, Italy. July 24, 2019.

2019	"Quantitative Electroencephalography: Forensic Assessment of FASD" XXXVI <sup>th</sup> International Congress of Law and Mental Health. University of International Studies of Rome. Roma RM, Italy. July 24, 2019.
2019	"How to Creatively Present Medical Evidence to Judge and Jury" With Kevin M. Hastings, Attorney at Law. National Business Institute. Washington State Convention Center, Seattle, WA. June 17, 2019.
2018	<b>Tips from a Forensic Psychiatrist: Traumatic Brain Injury.</b> National Business Institute. Washington State Convention Center, Seattle, WA. June 6, 2019.
2018	<b>"Risk Assessment"</b> Criminal Profiling Course. Course instructor Trisha King Stargel, Ph.D. Invited guest lecturer. Seattle University, Seattle, WA. March 6, 2018.
2017	<b>"Involuntary Commitment Advocacy and The DSM"</b> Involuntary Treatment Defense Attorneys, King County Department of Public Defense, ITA. Harborview Campus   UW Medicine and King County, Seattle, WA. January 26, 2017.
2017	"Expert Examination – <i>Daubert, Frye</i> and Other Challenges" <u>Personal Injury from A-Z – A 2-Day Practical Course</u> , National Business Institute, Seattle, WA. September 28, 2017.
2017	"Juvenile Forensic Psychiatry" Adult Psychiatry Residency Program, University of Washington School of Medicine, Seattle, WA. August 10, 2017.
2017	Exonerated: Amanda Knox & Raffaele Sollecito - Ten Years and Many Insights Later. "First Do No Harm: What Forensic Professionals Can Learn from This Case." XXXV <sup>th</sup> International Congress on Law and Mental Health, International Academy of Law and Mental Health, Prague, Czech Republic. July 11, 2017.
2017	Forward-Thinking Mitigation as a Part of Contextual Mitigation and a Means of Anticipating False Double-Edged Sword Arguments. "Anticipating False Double-Edged Sword Arguments and Juror Concerns through Forward-Thinking Mitigation." XXXV <sup>th</sup> International Congress on Law and Mental Health, International Academy of Law and Mental Health, Prague, Czech Republic. July 10, 2017.
2016	"Preparing Your Witnesses" Trial Preparation from Start to Finish, Institute for Paralegal Education, Seattle, WA, June 28, 2017.

2016	"Juvenile Forensic Psychiatry" Adult Psychiatry Residency Program, University of Washington School of Medicine, Seattle, WA. August 18, 2016.
2016	"Medical Management of The Broken Brain: Shutting Down The 'Broken Brain Equals Future Danger' Argument", Neuroscience: The Mind & Criminal Defense (A Program for the Defense), Plano, TX. July 8, 2016.
2016	"Forensic Typologies: Coals to Newcastle or Diamonds in the Rough?" American College of Legal Medicine, Cyril Wecht Luncheon, Austin, TX. February 27, 2016.
2015	<b>"Juvenile Forensic Psychiatry"</b> Adult Psychiatry Residency Program, University of Washington School of Medicine, Seattle, WA. November 12, 2015.
2015	"Prenatal Alcohol Exposure: An Assessment Strategy for the Legal Context" Brown, NN, et al. <i>International Journal of Law and Psychiatry</i> . 42-43:144-148, 2015.
2015	"The Real Cold Blood: What Crime Typologies and Careful Investigation Tell Us About the 1959 Clutter Murders, And What Novels and Movies Can Powerfully Obscure", XXXIV Congress on Law and Mental Health, Vienna, Austria. July 14, 2015.
2015	"FASD in the Courtroom: FASDExperts Approaches its Eighth Year" XXXIV Congress on Law and Mental Health, Vienna, Austria. July 13, 2015.
2015	"Discovery, Mental Health Experts, and High-Consequence Criminal Cases" Continuing Legal Education, Washington Death Penalty Assistance Center, Seattle, WA. May 30, 2015.
2015	"Juvenile Forensic Psychiatry" Emmaus Counseling Center, Redmond, WA. February 6, 2015.
2014	"Juvenile Forensic Psychiatry" Forensic Psychiatry Series, Psychiatry Residency Program, University of Washington School of Medicine, Seattle, WA. August 28, 2014.
2014	"Vetting the Expert" with Jeffrey Ellis, Director, Washington Capital Case Defense Litigation Training, Oregon Capital Resource Center, Vancouver, WA. August 13, 2014.
2013	"Implicit Bias" Racial Disparity in Application of the Death Penalty in Washington Continuing Legal Education, University of Washington School of Law, Seattle, WA. May 17, 2014.

	"Safety First! Practical Juris Prudence" with Loreli Thompson, PhD, Northwest Justice Project, Seattle, WA. November 21, 2013.
2013	<b>"DSM-5: What You Need to Know"</b> Adult Psychiatry Residency Program, University of Washington Medical Center, Seattle, WA. July 31, 2013.
2013	"DSM-5: What You Need to Know" Adult Psychiatry Residency Program, Harborview Medical Center, Seattle, WA. July 12, 2013.
2013	"DSM-5: What You Need to Know" with Matt Layton, MD, PhD, Washington State Psychiatric Association DSM-5 Training, Swedish Medical Center, Cherry Hill Campus, Seattle, WA. July 9, 2013.
2012	"Fetal Alcohol Spectrum Disorder Training - What is FASD and How Does It Affect the Behavior of Your Client? Getting a Diagnosis: Who Can Do It and What Is Involved? Washington Defender Association - 2012 Defender Conference: Creating Better Outcomes for Our Clients, Winthrop, WA. April 28, 2012.
2012	"Conduct-disordered Adolescents with Fetal Alcohol Spectrum Disorder: Intervention in Secure Treatment Settings" Natalie Novick Brown, PhD, and Paul Connor, PhD. <i>Criminal Justice and Behavior</i> . 39(6):770-793, 2012.
2011	"Neuroimaging" with Jeffrey Ellis, Director, <u>Oregon Criminal Defense</u> <u>Lawyers Association: Death Penalty Defense: The Cutting Edge: New Developments in Law and Science</u> , Pendleton, OR. October 21, 2011.
2011	"Picking the Right Expert" Oregon Criminal Defense Lawyers  Association: Death Penalty Defense: The Cutting Edge: New  Developments in Law and Science, Pendleton, OR. October 21, 2011.
2011	"FASD: Diagnosis for the Legal Setting" with Rodney Snow, <u>Seattle Municipal Attorney's Office: Fetal Alcohol Spectrum Disorders and the Criminal Justice System</u> , Seattle City Hall. October 7, 2011.
2011	"Prenatal Substance Exposure and Childhood Mental Health Issues" <u>UW School of Medicine Department of Psychiatry: Indian Health Service</u> <u>- Fetal Alcohol Spectrum Disorders (FASD) Training</u> . Seattle, WA.  September 21 - 22, 2011.
2011	"Risk Factors for Mental Health Problems in Children" <u>Lummi Nation</u> <u>Summer Training</u> . Bellingham, WA. September 16, 2011.

2011	"Use of Parenting Evaluations in Divorce." NBI Conference. Washington State Convention and Trade Center. September 15, 2011.
2011	"Introduction to Forensic Psychiatry" <u>University of Washington School of Medicine Department of Psychiatry: Forensic Psychiatry R4 Seminar Series.</u> University of Washington School of Medicine. September 8, 2011.
2011	"FASD: Diagnosis for the Legal Setting" Rodney Snow, <u>University of Washington School of Law: Fetal Alcohol Spectrum Disorders and the Criminal Justice System</u> . King County Courthouse. March 1, 2011.
2010	"Fetal Alcohol Spectrum Syndrome: Its Relevance Throughout the Legal Process From Competency to Stand Trial to Clemency," with Natalie Novick Brown, PhD, 2010 Appellate Judicial Attorneys Institute, Administrative Office of the Courts: Education Division. Burlingame, CA. October 27, 2010. <a href="https://www2.courtinfo.gov">www2.courtinfo.gov</a>
2010	"Violence Risk Assessment in 2010: State of the Art as Seen Through a Wide Lens," with Sarah Heavin, PhD, Shannon McMinimee. 2010 Oregon-Washington Bi-State School Psychology Conference. Vancouver, WA. October 14, 2010. www.WSASP.org.
2010	"Creating a Tomorrow: Post-Mortem on a Death Verdict." Panel Member/Faculty, Full-day Continuing Legal Education Program, Washington Death Penalty Assistance Center. Seattle, WA. September 22, 2010.
2010	
2010	"Fetal Alcohol Spectrum Disorder in the Courtroom: The 20 <sup>th</sup> Anniversary of Dr. Ann Streissguth at Airlie," (Plenary Session) with Kathryn Kase, Kathryn (Kay) Kelly, Natalie Novick Brown, PhD. <u>NAACP Legal Defense Fund 31<sup>st</sup> Annual Meeting</u> . Airlie Conference Center, Warrenton, VA. July 10, 2010.
2010	Anniversary of Dr. Ann Streissguth at Airlie," (Plenary Session) with Kathryn Kase, Kathryn (Kay) Kelly, Natalie Novick Brown, PhD. <u>NAACP</u> <u>Legal Defense Fund 31<sup>st</sup> Annual Meeting</u> . Airlie Conference Center,

2010	"Suggestibility in FASD: Forensic Assessment and Implications," with Natalie Novick Brown, PhD, Paul Connor, PhD, Anthony Wartnik. 4 <sup>th</sup> National Biennial Conference on Adolescents and Adults with Fetal Alcohol Spectrum Disorder: Facing the Future Together: Where Do We Go From Here? Vancouver, B.C. April 17, 2010.
2010	"FASD: Application of the Scientific Method to the Forensic Setting." With Natalie Novick Brown, PhD, Paul Connor, PhD. <u>Texas Criminal Defense Lawyers Association Annual Capital Trial/Habeas Seminar</u> . Austin, TX. February 25, 2010.
2010	<b>"Fetal Alcohol Syndrome: Practical Tools"</b> with Natalie Novick Brown, PhD, Paul Connor, PhD, Anthony Wartnik. 3 <sup>rd</sup> Interdisciplinary Program, University of Washington School of Law & The Washington Death Penalty Assistance Center: Expertise You Need To Defend A Capital Case In 2010. Seattle, WA. February 6, 2010.
2009	"Testamentary Capacity: Why, When and How to Use a Mental Health Expert." King County Bar Association. 12 <sup>th</sup> Annual Probate, Trust and TEDRA Litigation Conference. Rainier Square Conference Center, Seattle, WA. December 4, 2009.
2008	"Fetal Alcohol Spectrum Disorder in the Educational Context." Lake Washington School District – In Service. October 24, 2008.
2008	"Vetting The Expert: Why, When and How" & "Bringing It All Home" with Jeff Robinson of Shroeter, Goldmark & Bender. <u>TeamChild Benefit CLE Collaboration Between Attorneys and Mental Health Experts:</u> Beyond the Basics. Seattle, WA. October 3, 2008. www.teamchild.org
2007	"Parenting Evaluations – A Critical Review and Practice Skills"  Washington State Bar Association – Continuing Legal Education,  Washington State Convention and Trade Center. Seattle, WA. August 8,  2007 and Doubletree Inn, Suite B, Spokane, WA, August 21, 2007.  www.wsbacle.org
2004 & 2006	"How to Help Your Client Survive a Parenting Evaluation in Washington" National Business Institute Seminar, Washington State Convention and Trade Center, Seattle, WA. November 5, 2004; November 10, 2006. www.nbi-sems.com.
2002	"Child Abuse and Neglect" Western State Hospital Forensic Seminar Series, Greg Gaggliardi, PhD, Seminar Director.
2000	"Pediatric Psychopharmacology: The Cutting Edge" Washington State and British Columbia Associations of School Psychologists Fall Conference, Vancouver, B.C.

1999	"Pediatric Psychopharmacology: The Cutting Edge" Child and Adolescent Neuropsychiatry Conference, Children's Hospital and Regional Medical Center, Seattle, WA.
1998	"The Broad Bandwidth of Autism Spectrum Disorders"  Child and Adolescent Neuropsychiatry Conference, Children's Hospital and Regional Medical Center, Seattle, WA.
1997	"No Need to Panic: Anxiety Disorders Update for the Clinician." Child and Adolescent Neuropsychiatry Conference, Children's Hospital and Regional Medical Center, Seattle, WA.
1991	"The Transition from Resident to Medical Director", American Psychiatric Annual Meeting, Course: Administration in Austerity. Paul Rodenhauser, MD, Course Director.
1990	Special Article: "After Teen Suicide: Issues for Pediatricians Who Are Asked to Consult to Schools". With Michael Jellinek, MD. Pediatrics. 86(6):982-7, 1990.
1990	Out-of-Control Behavior. The Massachusetts General Hospital: Psychiatric Aspects of General Hospital Pediatrics. Michael S. Jellinek, MD, David Herzog, MD, Eds. Chicago: Year Book Medical Publishers, pp. 298-304.
1990	Suicide. With Michael Jellinek, MD. Ibid. pp. 324-30.
1985	"Cysteamine-induced Duodenal Ulcer is not Site-specific: Effect of Local Modulating Factors" with Josef Nafradi, MD, Sandor Szabo, MD. J. Experimental Pathology 2(2):111-22, 1985.
1983	"Duodenal Ulcerogens Cysteamine and Proprionitrile Decrease Duodenal Neutralization of Acid in the Rat" with George Gallagher, DMD, Sandor Szabo, MD, Digestive Diseases and Sciences 28(8):716-23, 1983.