

Ricky L. Swalm

Associate Professor
Department of Kinesiology
Temple University
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EDUCATION

- Ph.D. Temple University, Philadelphia, PA 19122
Curriculum and Instruction in Kinesiology
Graduated: May 1988, G.P.A.: 3.94
- M.S. Washington State University, Pullman, WA 99163
Physical Education
Graduated: August 1978, G.P.A.: 3.88
- B.S. The Pennsylvania State University, University Park, PA 16802
Health and Physical Education
Graduated: May 1977, G.P.A.: 3.81

COLLEGE TEACHING EXPERIENCE

Temple University, Philadelphia, PA 19122. August 1992 - Present

Associate Professor

Professional preparation courses: [<http://phete.temple.edu>] [<http://tuportal.temple.edu>]

1. Introduction to teaching health I & II (Undergrad)
2. Micro-teaching in physical education (Undergrad)
3. Basic fundamental and aquatic movements (Undergrad)
4. Advanced movements (Undergrad)
5. Teaching physical and health education I & II (Undergrad)
6. Introduction to Kinesiology (Undergrad)
7. Applied technologies in Kinesiology (Undergrad)
8. Teaching for the Non-teaching Major (Undergrad)
9. Motor Behavior (Undergrad)
10. Why Humans Move (Undergrad)
10. Water safety instructor (Undergrad)
11. Creative Approaches to Teaching (Grad, on-line & tele-conference)
12. Measurement and Evaluation (Grad, on-line & tele-conference)
13. Systematic Observation of Teaching (Grad)
14. The Physical Education Curriculum (Grad)

California State University, Fresno, Fresno, CA 93740. August 1990 - August 1992

Associate Professor

Professional preparation courses:

1. Methods and materials in secondary teaching, physical education (Undergrad)
2. Physical education for children (Undergrad)
3. Program development in physical education (Grad)

Non-major activity courses:

1. beginning tennis
2. beginning/intermediate archery
3. beginning swimming

Ursinus College, Collegeville, PA 19426. August 1988 - August 1990

Assistant Professor

Professional preparation courses:

1. Foundations of physical education
2. Methods of teaching physical education
3. Measurements and evaluation in physical education
4. Curriculum design in physical education
5. Administration
6. Human kinetics

Major activity courses:

1. bowling
2. golf
3. archery
4. lifesaving/lifeguarding
5. water safety instructor
6. first aid
7. cardiopulmonary resuscitation

Non-major activity courses:

1. tennis
2. golf
3. intermediate swimming
4. lifeguarding
5. first aid
6. cardiopulmonary resuscitation
7. water safety instructor

Temple University, Philadelphia, PA 19122. August 1985 - May 1988

Teaching Assistant (12 hour teaching load)

Professional preparation courses:

1. Why man moves (history and philosophy of physical education)
2. Applied technologies in physical education
(computer programming and applications in physical education)
3. Workshop in physical education (spreadsheet skills and applications in physical education)
4. Water safety instructor (swimming instructor's course)

Activity courses:

1. water exercise
2. springboard diving
3. waterpolo
4. basic water safety and rescue
5. sailing
6. cardiopulmonary resuscitation

Clark University, Worcester, MA 01610. August 1982 - June 1985

Instructor

Activity courses:

1. cardiopulmonary resuscitation
2. first aid
3. basic swimming
4. lifesaving
5. lifeguard training
6. water safety instructor

Washington State University, Pullman, WA 99163. Sept. 1977 - July 1978

Graduate Teaching Assistant

Professional preparation course:

1. Aquatic management (pool manager's course)

Activity courses:

1. soccer
2. riflery
3. springboard diving
4. sailing

ADMINISTRATIVE EXPERIENCES

Temple University, Philadelphia, PA 19122. August 1992 - Present

Undergrad/Graduate Coordinator of teacher education (health/physical education)

Major responsibilities include:

1. evaluate and select sites for student teacher placements
2. place student teachers in their assignments
3. assign university supervisors to student teachers
4. monitor each placement with visitations and evaluations
5. chair the teacher preparation committee
6. prepare the PDE / NCATE report
7. coordinate the supervisory certification
8. work closely with public school teachers to facilitate their programs
9. serve on the professional preparation committee of the PSAHPERD
0. develop and maintain program homepage (<http://phete.temple.edu>)

Undergraduate Coordinator for Kinesiology (June 1995 - May 2004; May 2007 – May 2016)

Major responsibilities include:

1. coordinate the entire undergraduate Kinesiology program
2. advise upper division students
3. clear students for graduation
4. academic actions for dean's list, probation, and dismissal
5. scheduling recommendations, changes, and modifications
6. represent department at all University undergraduate events
7. responsible for recruitment and departmental orientation for new students

Asst. Chair for Undergraduate Programs (Jan 2014 – Aug 2014)

Major responsibilities include:

1. assist chairperson with faculty and TA schedules
2. address issues relevant to the undergraduate program
3. represent the department when undergraduate issues are of a concern

Advising:

Major responsibilities include:

1. counsel teacher education students on academic and professional issues
2. track student progress and assist each to make career decisions

California State University, Fresno, Fresno, CA 93740. August 1990 - August 1992

Coordinator of teacher education:

Major responsibilities included:

1. evaluating, selecting, and placing student teacher in their sites
3. assigning university supervisors to student teachers
4. monitoring each placement with visitations and evaluations
5. chairing the teacher preparation committee

Advising:

Major responsibilities included:

1. counseling teacher education students on academic and professional issues
2. advising the undergraduate major's club

Ursinus College, Collegeville, PA 19426. August 1988 - August 1990

Coordinator of teacher education:

Major responsibilities included:

1. supervising student teachers
2. defining teacher education competencies
3. coordinating teacher education courses
4. coordinating and evaluating curriculum
5. advising teacher education majors
6. serving on the professional preparation committee of the PSAHPERD

Director of aquatics:

Major responsibilities included:

1. scheduling lifeguards
2. maintaining lifeguard payroll

Advising:

Major responsibilities included:

1. counseling freshmen students on academic matters
2. counseling teacher education students on academic and professional issues
3. advising the undergraduate major's club

Temple University, Philadelphia, PA 19122. August 1985 - May 1988

Administrative assistant to the undergraduate coordinator

Major responsibilities included:

1. supervising the Physical Education Undergraduate Majors' Association
2. clearing seniors for graduation
3. clearing prerequisites for core classes at the beginning of each semester
4. maintaining student records
5. designing an advising database
6. designing a grade point average computer program
7. designing a scheduling template on Quattro

Director of aquatics

Major responsibilities included:

1. scheduling lifeguards and swimming activity classes
3. assigning graduate students to teach swimming classes
4. providing in-service training for lifeguards
5. maintaining weekly lifeguard payroll
6. selecting graduate assistants to teach in the aquatic program

Clark University, Worcester, MA 01610. August 1982 - June 1985

Director of aquatics

Major responsibilities included:

1. programming, scheduling, coordinating and staffing all aquatic activity
2. maintaining pool
3. supervising a 15 member lifeguard staff, a USS swim program, a synchronized swim club, a waterpolo club, a kayaking club, and a big brother/sister swim program
4. coordinating the elementary learn to swim program for the local elementary school
5. coordinating the Saturday morning learn to swim program

Director of Intramurals

Major responsibilities included:

1. scheduling, staffing, and supervising all evening intramural activity
2. conducting officiating workshops
3. scheduling city tournaments in flag football

Travel Manager

Major responsibilities included:

1. scheduling transportation
2. scheduling hotel accommodations

B.M.C. Durfee High School, Fall River, MA 02780. Sept. 1978 - June 1982

Director of aquatics

Major responsibilities included:

1. designing, coordinating, and implementing a four year aquatic curriculum
2. initiating a Saturday morning learn to swim program
3. developing an after school intramural program
4. instituting an evening recreation program for the community

PUBLIC SCHOOL TEACHING

B.M.C. Durfee High School, Fall River, MA 02780. Sept. 1978 - June 1982

Physical Education Teacher: Initiated, designed, developed, and taught a comprehensive aquatic curriculum for a large urban high school of approximately 4,000 students. The competency based curriculum included:

1. basic swimming
2. lifesaving
3. springboard diving
4. skin diving
5. small crafts
6. adapted aquatics
7. synchronized swimming
8. aquatic games

Cumberland Valley High School, Mechanicsburg, PA 17055. March - May 1977

Student Teacher: Taught in the health and physical education program at a large suburban high school. Classes included:

1. badminton
2. orienteering
3. golf
4. team handball
5. riflery
6. skin diving
7. synchronized swimming
8. springboard diving
9. waterpolo
10. beginning swimming

Health units included:

1. the senses
2. safety
3. nutrition

SUMMER TEACHING EXPERIENCES

Aronimink Golf Club, Newtown Square, PA 19073; (1993 - 95)

St. Albans Swim Club, Newtown Square, PA 19073; (1986 - 87, 1989)

Worcester Swim Club, Worcester, MA 01610; (1983 - 85)

Hershey Country Club, Hershey, PA 17033; (1975 - 77)

Palmyra Aquatic Club, Palmyra, PA 17078; (1974 - 77)

RESEARCH AND PUBLICATIONS

- Gehris, J., Kress, J., & Swalm, R. (2010). Students' views on physical development and physical self-concept in adventure-physical education. **Journal of Teaching in Physical Education**, 29(2), 146-166.
- Uhrich, T.A., Swalm, R.L. (2009). A pilot study of a possible effect from a motor task on reading performance. **Physical Activity and Academic Performance Monograph**. CDC, Atlanta.
- McNamara, J.M., Swalm, R.L., Stearne, D.J., Covassin, T.M. (2008). Online weight training. **The Journal of Strength and Conditioning Research**, 22(4), 1164-1168.
- Uhrich, T.A., Swalm, R.L. (2007). A pilot study of a possible effect from a motor task on reading performance. **Perceptual and Motor Skills**, 104, 1035-1041.
- Swalm, R. L. (2002). Techno-Tid-Bytes. **Pennsylvania Journal of Health, Physical Education, Recreation, and Dance**, 72(3), 35.
- Swalm, R. L. (2000). Cycling 101, or Did you forget to wear your helmet. **Journal of Physical Education, Recreation, and Dance**, 71(9), 5,62.
- Swalm, R. L. (1999). Leaving your legacy or where do I begin. **Pennsylvania Journal of Health, Physical Education, Recreation, and Dance**, 69(3), 2.
- Swalm, R. L. (1999). Leave-A-Legacy: Take - Two. **Pennsylvania Journal of Health, Physical Education, Recreation, and Dance**, 69(2), 2.
- Swalm, R. L. (1999). The evolution of separation. **Journal of Physical Education, Recreation, and Dance**, 70(4), 7,10.
- Swalm, R. L. (1999). Leaving a legacy. **Pennsylvania Journal of Health, Physical Education, Recreation, and Dance**, 69(1), 2,3.
- Dort, A., Evaul, T. & Swalm, R. L. (1998). The Heart of Adventure. **Pennsylvania Journal of Health, Physical Education, Recreation, and Dance**, 68(3), 17,23.
- Swalm, R. L. (1998). AAHPERD Leadership Development Conference. **Pennsylvania Journal of Health, Physical Education, Recreation, and Dance**, 68(3), 4.
- Swalm, R. L., El-Sherif, J., Gehris, J., & Smith, P. M. (1998). Affective Outcomes in Adventure Activities. **Pennsylvania Journal of Health, Physical Education, Recreation, and Dance**, 68(3), 15, 19.

- Swalm, R. L. (1997). Surf-in is longer just an aquatic sport. **Pennsylvania Journal of Health, Physical Education, Recreation, and Dance**, 67(2), 18-19.
- Evaul, T. & Swalm, R. (1995). **A Multimedia Computer Assisted Instructional Program**. Avalon, NJ: Creative Educational Communications.
- Dort, A., Evaul, T., & Swalm, R. (1995). **Adventure Without Ropes**. Avalon, NJ: Creative Educational Communications.
- Swalm, R. L. (1995). The learning activity card exchange. **Pennsylvania Journal of Health, Physical Education, Recreation, and Dance**, 65(4).
- Swalm, R. L. (1995). Developmentally appropriate computer learning. **Teaching Elementary Physical Education**, Human Kinetics.
- Swalm, R. L. (1995). Cooperative learning revisited: Chapter 5's connection. **Pennsylvania Journal of Health, Physical Education, Recreation, and Dance**, 65(3), 33.
- Swalm, R. L. (1995). The circle of practice. **Pennsylvania Journal of Health, Physical Education, Recreation, and Dance**, 65(1), 33.
- Swalm, R. L. (Ed.). (1994). **Designing Assessments: Applications for Physical Education**. Lititz: Pennsylvania State Association for Health, Physical Education, Recreation, & Dance.
- Swalm, R. L. (1994). Electronic gradebooks: More than just a grade. **Basic Instruction Program Network**, 1(2), 4.
- Swalm, R. L. (1994). YOUTHFIT: Just what the doctor ordered. **Pennsylvania Journal of Health, Physical Education, Recreation, and Dance**, 64(1), 14.
- Swalm, R. L. (1993). An integrated curriculum model. In J. Rink (Ed.), **Proceedings of the Critical Crossroads: Middle and Secondary School Physical Education Conference**. Reston, VA: AAHPERD.
- Swalm, R. L. (1991). Cooperative learning: Is the challenge to cooperate the ultimate competition. **CSU Institute for Teaching and Learning: Physical Education Newsletter**, 1(1), 2.
- Evaul, T. & Swalm, R. L. (1988). **Public Qwerty - A Tutor Retrieval Text for Word Processing** (2nd ed.). Avalon, NJ: Creative Educational Communications.
- Swalm, R. L. (1978). **The relative contributions of sculling velocity, hip flexibility, and abdominal strength to each of five synchronized swimming stunts**. Unpublished master's thesis, Washington State University, Pullman, WA.

Carol M. White Physical Education Program Grant: (2005 - 2007) Neshaminy School District, PA Active Healthy Kids Initiative programmed to align the district's Physical Education Curriculum with the state standards, to increase student participation in lifetime physical activity, and to improve student achievement of the state standards. My role was to help the district develop strategies for implementation, to assess and monitor evaluation efforts, as well as conduct on-site observations of curriculum implementation, to assess and evaluate the student perceptions of the program, and writing the final evaluative report. Grant amount: \$241,390.

Carol M. White Physical Education Program Grant: (2004 - 2005) North Penn School District, PA Venture into Fitness Initiative programmed to develop a standards based curriculum, to improve student fitness levels, and to increase student participation in physical activity in and out of physical education class. My role was to help the district develop strategies for implementation, to assess and monitor evaluation efforts, as well as conduct on-site observations of curriculum implementation at four elementary schools and assist in the development of the adventure curriculum, and writing the final evaluative report. Grant amount: \$307,957.

Carol M. White Physical Education Program Grant: (2002 - 2004) Upper Darby, PA Fitness is Terrific Initiative programmed for adventure education to be introduced into the district's two middle schools and a state of the art fitness center integrated with their health classes in order to enhance psycho-social growth and fitness development respectively. My role was to develop the psycho-social assessment instruments, in-service the staff on taking field notes and the purpose of the instruments, analyzing the data collected, and writing the final evaluative report. Grant amount: \$316,925.

Distance Learning Grant: (1996-97) The purpose of this grant was to develop on-line courses to continue Temple University's distance learning commitment. My proposal was to develop and teach my graduate course in Measurement and Evaluation via teleconferencing between Temple's Ambler campus and Temple's main campus. It was accepted for \$5,000.

Distance Learning Grant: (1995-96) The purpose of this grant was to develop on-line courses to continue Temple University's distance learning commitment. My proposal was to develop and teach my graduate course in Creative Approaches to Teaching via the internet. It was accepted for \$8,000.

Comprehensive Teacher Education Institute Grant: This grant was a collaborative effort on the part of the School of Education and Human Development, Fresno Unified School District, and the Academic Departments at CSUF to enhance collaboration among the three parties. My role was to represent all academic departments on the steering committee of this grant (1991 - 1992).

Institute for Teaching and Learning Grant: This grant was a collaborative effort among seven California State University campuses. Each investigator at each campus collected data on physical education students' learning styles using the Grasha Riechmann Inventory. I was the primary investigator at CSUF responsible for collecting data (1992).

PAPERS & PRESENTATIONS

International

Improving the Lodge Experience (February, 2017). Conference of Grand Masters: Annual Meeting. Omaha, NE.

Learning Style Preferences of Physical Education Majors: A Qualitative Analysis (July, 1993). Association Internationale des ecoles superieures d'education physique: Trois-Riviere, Quebec, Canada.

National

Improving the Lodge Experience (April, 2017). Conference of Grand Masters. La Vista, NE.

Academic Adventures: Meeting the NASPE Standards through Adventure Education (April, 2006). American Alliance for Health, Physical Education, Recreation, and Dance: National Convention. Salt Lake City, UT.

Teaching in Higher Education in the New Millennium (March, 2001). American Alliance for Health, Physical Education, Recreation, and Dance: National Convention. Cincinnati, OH.

Developing Health Communication Curricula for the New Millennium (March, 2000). American Alliance for Health, Physical Education, Recreation, and Dance: National Convention. Orlando, FL.

Teaching PE Online (March, 2000). American Alliance for Health, Physical Education, Recreation, and Dance: National Convention: Orlando, FL.

Promoting Students' Metacognition, Cooperation, and Self-Efficacy within Outdoor Adventure Activities (April, 1999). American Alliance for Health, Physical Education, Recreation, and Dance: National Convention: Boston, MA.

Managing Data with the Handheld Computer (April, 1998). American Alliance for Health, Physical Education, Recreation, and Dance: National Convention: Reno, NV.

Relevant Curriculum for the Next Millennium (April, 1998). American Alliance for Health, Physical Education, Recreation, and Dance: National Convention: Reno, NV.

How One College is using Technology to Enhance Instruction (March, 1997). American Alliance for Health, Physical Education, Recreation, and Dance: National Convention: St. Louis, MO.

Using Learner Profile for Authentic Assessment in Physical Education (March, 1997). American Alliance for Health, Physical Education, Recreation, and Dance: National Convention: St. Louis, MO.

Ask the Expert: How to use technology in Physical Education (March, 1997). American Alliance for Health, Physical Education, Recreation, and Dance: National Convention: St. Louis, MO.

Distance Learning in Physical Education (April, 1996). American Alliance for Health, Physical Education, Recreation, and Dance: National Convention: Atlanta, GA.

The Philosophy, Purpose, and Value of Adventure in the Physical Education Curriculum (April, 1995). American Alliance for Health, Physical Education, Recreation, and Dance: National Convention: Portland, OR.

Creating Your Own Instructional Modules Using a Presentation Program: Astound. (March, 1995). American Alliance for Health, Physical Education, Recreation, and Dance: National Convention: Portland, OR.

An Assessment of Learning Styles for Physical Education Majors (April, 1993). American Educational Research Association: Atlanta, GA.

Computerized Activity Sheets (April, 1992). American Alliance for Health, Physical Education, Recreation, and Dance: Indianapolis, IN.

An Integrated Curriculum Model (December, 1991). National Association for Sport and Physical Education, Critical Cross Roads Conference: Orlando, FL.

Database: Track, Advise, and Evaluate Your Students (April, 1991). American Alliance for Health, Physical Education, Recreation, and Dance: San Francisco, CA.

Utilizing Spreadsheet Software for Grading (March, 1990). American Alliance for Health, Physical Education, Recreation, and Dance: New Orleans, LA.

Teaching Physical Educators Computer Literacy (April, 1989). American Alliance for Health, Physical Education, Recreation, and Dance: Boston, MA.

Computerized Curriculum (April, 1989). American Alliance for Health, Physical Education, Recreation, and Dance: Boston, MA.

Beyond Sports: Innovative Curriculum Units through University and Public School Cooperation

(April, 1987). American Alliance for Health, Physical Education, Recreation, and Dance:
Las Vegas, NV.

Regional

Masonic Law (April, 2018). DE Grand Lodge Officer Training: Dover, DE.

Masonic Leadership (January, 2018). DE Grand Lodge Officer Training: Dover, DE.

Masonic Leadership (March, 2017). DE Grand Lodge Officer Training: Dover, DE.

Masonic Leadership (March, 2016). DE Grand Lodge Officer Training: Dover, DE.

Masonic Leadership (January, 2016). DE Grand Lodge Officer Training: Dover, DE.

Masonic Leadership (April, 2015). DE Grand Lodge Officer Training: Dover, DE.

Masonic Officers (February, 2015). DE Grand Lodge Officer Training: Dover, DE.

Masonic Leadership (October, 2014). DE Grand Lodge Officer Training: Dover, DE.

The Meaning of Leadership (June, 2014). PA Education Policy Fellowship Program Class
Recognition Luncheon: Harrisburg, PA.

Building a Culture of Leadership (March, 2014). Northern Masonic Jurisdiction of the Scottish
Rite Leadership Conference: Lexington, MA.

Becoming Master of Your Lodge (March, 2014). DE Grand Lodge Officer Training: Dover, DE.

Masonic Leadership (March, 2013). Scottish Rite Eastern Regional Leadership Workshop:
Bordentown, NJ.

Teaching to the Standards: Biomechanics and Movement. (November, 2004). Connecticut
State Association for Health, Physical Education, Recreation, and Dance. Enfield, CT.

Surfing is more than an aquatic sport. (March, 2001). Eastern District Association of the
American Alliance for Health, Physical Education, Recreation, and Dance. Newport, RI.

Using Electronic Portfolios (March, 2001). Eastern District Association of the American Alliance
for Health, Physical Education, Recreation, and Dance. Newport, RI.

A Model for Teaching in Higher Education in the New Millennium (February, 2000). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Philadelphia, PA.

First Look at FitnessGram 1998/IRC Software (October, 1998). Maryland Association for Health, Physical Education, Recreation, and Dance State Conference. Towson, MD.

Using Your Wordprocessor for More than a Typewriter (March, 1998). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Baltimore, MD.

Statistics: Easy - Use Your Spreadsheet (March, 1998). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Baltimore, MD.

Create a Web-page to Promote Your Department (March, 1998). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Baltimore, MD.

Using Learner Profile and the Newton MessagePad for Assessments (March, 1998). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Baltimore, MD.

Using the Internet to Enhance Instruction (March, 1998). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Baltimore, MD.

Designing Assessments to Monitor the National Standards (March, 1997). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Burlington, VT.

Adventure on a Shoestring, Not a Rope (March, 1996). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Stamford, CT.

Spreadsheet Applications for Physical Education Majors (March, 1996). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Stamford, CT.

Developing a Teacher Friendly Curriculum (March, 1996). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Stamford, CT.

Accessing the Internet to Enhance Classroom Teaching (March, 1996). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Stamford, CT.

Using the “NET” to Enhance Communications and Learning (March, 1996). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Stamford, CT.

The Learning Activity Card (March, 1995). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Springfield, MA.

Teacher Evaluation for the 21st Century (March, 1994). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance. Philadelphia, PA.

The Computerized Curriculum (February, 1988). Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance: Philadelphia, PA.

Butterfly Training (November, 1984). New England Intercollegiate Swim Coaches Association: Brunswick, ME.

Preseason Conditioning (November, 1983). New England Intercollegiate Swim Coaches Association: Brunswick, ME.

The Durfee Swim Program (March, 1982). New England Interscholastic Swim Coaches Association: Weston, MA.

State

Masonry the Change Agent (September, 2012). Prospect Masonic Lodge: Prospect, PA.

How to Wear your Masoney (June, 2012). Penn Masonic Lodge: Concordville, PA.

Masons and the Military (May, 2012). Concord Masonic Lodge: Concordville, PA.

Wearing your masonry (May, 2011). Concord Masonic Lodge: Concordville, PA.

John Hewitt: A Dedicated Professional (May, 2011). West Chester Area School District: West Chester, PA.

Masonic Veterans (November, 2010). Penn Masonic Lodge: Concordville, PA.

Academic Adventures: Take Your Adventure Lessons to New Heights. (November, 2005). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

Standards: Raising the Bar or Can You Say Limbo Rock? (December, 2004). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Champion, PA.

Is your computer multi-lingual? (October, 2002). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Champion, PA.

Preparing tomorrow's teachers and leaders. (October, 2002). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Champion, PA.

Water Safety Unplugged. (December, 2001). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Champion, PA.

Using your wordprocessor to create interactive documents. (December, 2000). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

A Picture is Worth a Thousand Words. (December, 1998). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

FitnessGram. (December, 1998). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

Let's Go Surfing Now, Everyone's Learning How. (December, 1998). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

Hello Watson, If Edison had the Internet. (December, 1998). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

Teaching Toward Self-efficacy. (December, 1998). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

Using Computers to Enhance Communication. (August, 1998). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance Leadapalooza: Harrisburg, PA.

Assessment Keynote. (August, 1998). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance PE-LIFE Quality Physical Education Instruction and Programming Conference, East Stroudsburg, PA.

Building a Web Page (December, 1997). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

Unleash the Power of Your Wordprocessor (December, 1997). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

Using the Apple Newton to Collect Assessment Data (December, 1997). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

Advanced Web Page Design (December, 1997). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

Using the Internet to Support Your Classes (December, 1997). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

Designing Web Pages to Promote your Programs (July, 1996). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Leadership Workshop: Harrisburg, PA.

Using Technology to Enhance Instruction (December, 1996). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

Reach-out and Touch Someone, Using the Internet to Communicate and Inform (December, 1996). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

Using Learner Profile to Track and Assess Your Students (December, 1996). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

Bring a Question; Solve a Problem (December, 1996). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

Physical Education, Beyond the Net: 21st Century Solutions for 20th Century Problems. (July, 1996). I was the workshop director and presented four solid days on using technology within the field of Physical Education. Pennsylvania Department of Education Curriculum Conference. Shippensburg, PA.

The Adventure Curriculum Model - Part I. (December, 1995). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

The Adventure Curriculum Model - Part II. (December, 1995). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

The Internet and World-Wide-Web: Bringing the World To You and Your Students. (December, 1995). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

Physical Education: Designing Curriculum for Student Achievement. (December, 1995). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

Computer Update: Technologies for Professionals in HPERD. (December, 1995). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

Outcome based education: Transitional outcomes for implementing local curriculums (July, 1995). Pennsylvania Department of Education Curriculum Conference. Shippensburg, PA.

Strategic planning: Chapter 5 implementation strategies (July, 1995). Pennsylvania Department of Education Curriculum Conference. Shippensburg, PA.

PE -- LIFE, Designing Assessments: Applications for Physical Education. (December, 1994). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lake Harmony, PA.

The PA YOUTHFIT PROJECT. (December, 1994). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lake Harmony, PA.

Implications of PA Educational Reform on Teaching and Learning in Physical Education (December, 1994). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lake Harmony, PA.

Put the YOU in YOUTHFIT: Let Your Voice be Heard (December, 1994). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lake Harmony, PA.

Teaching Styles: Authentic Instruction for Authentic Assessment (July, 1994). Pennsylvania Department of Education Curriculum Conference. Shippensburg, PA.

Aquatic Certification: A Call to Action (June, 1994). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance. Harrisburg, PA.

PE -- LIFE, Authentic Assessment (December, 1993). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

YOUTHFIT, State Fitness Project (December, 1993). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

PE -- LIFE, Assessment Development Project (December, 1993). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

Curriculum: A Road Map for Successful Teaching (May, 1993). West Chester University: West Chester, PA.

PE---LIFE, Incorporating the Spectrum (December, 1992). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

Adventure: To be or Knot to Be (December, 1992). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

Research: Youth Fit Assessment (December, 1992). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

Flander's Interaction Analysis (March, 1992). California Association for Health, Physical Education, Recreation, and Dance: Anaheim, CA

Cooperative Learning (March, 1992). California Association for Health, Physical Education, Recreation, and Dance: Anaheim, CA **The Fifth Year Credential Program** (June, 1991). Temple University's 3rd Annual Physical Education Curriculum Symposium: Avalon, NJ.

Cooperative Learning: Challenge to Cooperate Not to Compete (April, 1991). California State University's Institute for Teaching and Learning Conference: San Pedro, CA.

Synchronized Swimming (November, 1990). California Association for Health, Physical Education, Recreation, and Dance; Central District: Fresno, CA.

Evaluating Student Teachers (December, 1989). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Seven Springs, PA.

Psychological Skills Training in Aquatics (December, 1988). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Downingtown, PA.

Who are you to tell me what to teach: What research tells us about a mandated curriculum (December, 1986). Pennsylvania State Association for Health, Physical Education, Recreation, and Dance: Lancaster, PA.

Choosing the right college for your swimmer (October, 1984). Worcester Swim Club Annual Banquet: Worcester, MA.

PROJECTS, THESES, DISSERTATIONS

Lowry, R. (2012). **A Comparison of Six Youth Yoga Curriculums**. Doctoral dissertation (Chair), Temple University, Philadelphia, PA.

Daugherty, J. (2007). **Motivating the adolescent female in physical education: Relationships between research and practice**. Doctoral dissertation (Chair), Temple University, Philadelphia, PA.

Livezey, A. (2007). **An exploration of the experiences between the two genders in a coed weight training course at the collegiate level**. Doctoral dissertation (Chair), Temple University, Philadelphia, PA.

- Gehris, J. (2006). **A quantitative and qualitative investigation of the effects of adventure education on high school students.** Doctoral dissertation (Chair), Temple University, Philadelphia, PA.
- Cummiskey, M. (2006). **Implementation of the Pennsylvania State Standards for Physical Education: Teacher and Student Perspectives.** Doctoral dissertation (Chair), Temple University, Philadelphia, PA.
- DiLorenzo, P. (2005). **Effects of physical education homework on physical fitness scores and understanding fitness concepts among fourth grade students.** Doctoral dissertation (Chair), Temple University, Philadelphia, PA.
- McNamara J. (2005). **Traditional, hybrid, and online weight training sections: Comparing strength and knowledge outcomes.** Doctoral dissertation (Chair), Temple University, Philadelphia, PA.
- Uhrich, T. (2005). **Effects of bimanual activity on reading achievement.** Doctoral dissertation (Chair), Temple University, Philadelphia, PA.
- Porazzo, T. (2005). **Utilization of evidence-based clinical practice by certified athletic trainers.** Doctoral dissertation (Chair), Temple University, Philadelphia, PA.
- Davis, K. (1999). **A qualitative study of gender interactions between teachers and students in selected high school physical education classes.** Doctoral dissertation (Chair), Temple University, Philadelphia, PA.
- Cramer, S. (1999). **Effects of classroom motivational climate on student goal orientation, attitude towards physical education, cardiovascular fitness, and basketball shooting skill.** Doctoral dissertation (Sponsor), Temple University, Philadelphia, PA.
- Hinson, C. (1999). **The effects of cooperative, competitive, and individual physical activities on the social skills, motor skills, and cardio- respiratory endurance of third grade children.** Doctoral dissertation (Sponsor), Temple University, Philadelphia, PA.
- Wilson, S. (1999). **The effects of cooperative activities on specific undesirable behaviors.** Masters project (Chair), Temple University, Philadelphia, PA.
- McKinley, B. (1998). **A comparison of physical education and classroom teachers' gendered student interactions, perceived gender appropriateness of selected physical activities, and awareness of title ix provisions for gender-equitable teaching.** Doctoral dissertation (Chair), Temple University, Philadelphia, PA.
- Davis, J. (1998). **Effects of gender and verbal cues on the cognition and performance of a motor task.** Doctoral dissertation (Sponsor), Temple University, Philadelphia, PA.

- Smith, J. (1998). **Comparison of concept maps on a physical activity among experts, teachers and books.** Doctoral dissertation (Sponsor), Temple University, Philadelphia, PA.
- Gehris, J. (1998). **The effect of an introductory unit in adventure education on students' social relationships and their attitudes towards physical education and school.** Masters thesis (Sponsor), Temple University, Philadelphia, PA.
- Marccuchi, P. (1995). **The effects of cooperative activities on self-concept and other behavioral characteristics.** Masters project (Chair), Temple University, Philadelphia, PA.
- Ballat, P. (1995). **Effects of selected curriculum materials and teaching experience on the preactive planning of physical educators.** Doctoral dissertation (Sponsor), Temple University, Philadelphia, PA.
- Hopkins, R. (1995). **Effect of age and ethanol on thermoregulatory responses of men to cold air.** Doctoral dissertation, Temple University, Philadelphia, PA.
- Nikolaidis, D. (1994). **Identification of core courses necessary for the development of sport management curricula in the European community.** Doctoral dissertation (Sponsor), Temple University, Philadelphia, PA.
- Lupking, S. (1994). **Perceptions of captains of female high school teams with regard to coaching as a career.** Doctoral dissertation, Temple University, Philadelphia, PA.
- Hibbs, S. (1994). **The effects of humorous and non-humorous teaching methods on anxiety and performance of beginning riflery students.** Doctoral dissertation, Temple University, Philadelphia, PA.
- Seale, R. (1993). **The development and validation of a physical education curriculum at the macro level for classes one and two in the primary schools in Barbados.** Master's project, Temple University, Philadelphia, PA.

PROFESSIONAL SERVICE

National

- AAHPERD 2007 National Convention Co-chair (2005 - 2007)
- AAHPERD Board of Governors (2003 - 2004)
- AAHPERD 2003 National Convention Co-chair (2001 - 2003)
- JOPERD Editorial Review Board, AAHPERD (1998 - 2001); Chair (2000-1)
- Consultant to the Educational Testing Service for the National Teacher's Exam for Physical Education; Princeton, NJ (1992 - present).

- NASPE Technology Task Force for National Technology Workshop: Chattanooga, TN, July, 1999. (1998 - 1999)
- Technology Consultant for the AAHPERD National Convention; St. Louis, MO (1997)
- Program Coordinator for NASPE Computer Sessions at the AAHPERD National Conventions (1991 - 97).
- Chair, NASPE Technology Task Force, American Alliance for Health, Physical Education, Recreation, and Dance. (1995)
- Co-chair, NASPE Technologies in Physical Education Conference, San Antonio, TX. (1995).
- Chief Reader for Educational Testing Service for California's National Teacher's Exam in Physical Education; Princeton, NJ (1992)
- Consultant to the Educational Testing Service for the National Teacher's Exam for Physical Education; Princeton, NJ (1990)
- Massachusetts State Representative to the National Interscholastic Swim Coach's Association of America (1979 - 82).

Regional

- Memorial Scholar Lecturer for the Eastern District of the AAHPERD (2007)
- Past-President of the Eastern District of the AAHPERD (2005 - present)
- President of the Eastern District of the AAHPERD (2004 - 2005)
- President-elect of the Eastern District of the AAHPERD (2003 - 2004)
- Chair of the Council for Services Committee (2003 - 2004)
- Webmaster for the Eastern District of the AAHPERD (2001 - 2003)
- Technology Chair for the Eastern District of the AAHPERD, (1994,1996, 2002).
- Registration Chair for the Eastern District Association of the AAHPERD, (1990): Lancaster, PA.
- Treasurer of the New England Women's Intercollegiate Swim Coach's Association (1984 - 85)

State

- Technology consultant for the PSAHPERD (1994-present)
- Parliamentarian for the Executive Committee of the PSAHPERD (2010-2012)
- Keystone Newsletter Editor (2001 - 2009)
- Webmaster for the Pennsylvania State Association for Health, Physical Education, Recreation, and Dance's homepage (www.psahperd.org) (1994 - 2007).
- PSAHPERD Convention Program Chair (2001 - 2003)
- AAHPERD Liaison for the 2003 National Convention (2001 - 2003)
- Past-President for the Pennsylvania State Association for Health, Physical Education, Recreation, and Dance (2000).
- President for the Pennsylvania State Association for Health, Physical Education, Recreation, and Dance (1999).

- President-elect for the Pennsylvania State Association for Health, Physical Education, Recreation, and Dance (1998).
- P.E. --- L.I.F.E. Assessment Task Force of the PSAHPERD (1993 - present).
- P.E. --- L.I.F.E. state curriculum steering committee of the PSAHPERD (1992 - present).
- YOUTHFIT state assessment steering committee of the PSAHPERD (1992 - present).
- Supervisory Committee and Instructor Training Cadre for the Southeastern Pennsylvania Chapter of the American Red Cross (1992 - present).
- Curriculum Consultant for the Southeastern Pennsylvania Chapter of the American Red Cross designing instructor trainer course for instructor trainers in conjunction with the national standards (1992 - present).
- Chair - Technology Committee for the Pennsylvania State Association for Health, Physical Education, Recreation, and Dance (1995 - 1998).
- VP for Physical Education for the Pennsylvania State Association for Health, Physical Education, Recreation, and Dance (1995).
- VP-Elect for Physical Education for the Pennsylvania State Association for Health, Physical Education, Recreation, and Dance (1994).
- Publicity chair for the Pennsylvania State Association for Health, Physical Education, Recreation, and Dance (1990).
- Curriculum Consultant for the Southeastern Pennsylvania Chapter of the American Red Cross (1987 - 1990) designing instructor trainer course for instructor trainers in conjunction with the national standards.
- Editor of the 4th Edition of the P.E. --- L.I.F.E. state curriculum guide for the PDE and PSAHPERD (1989 - 1990).
- P.E. --- L.I.F.E. state curriculum steering committee of the PSAHPERD (1989 - 1990).
- Southeastern Pennsylvania representative to the Pennsylvania Aquatic Council of the PSAHPERD (1988 - 1990).
- Supervisory Committee for the Southeastern Pennsylvania Chapter of the American Red Cross (1988 - 1990).
- Instructor Training Cadre for the Southeastern Pennsylvania Chapter of the American Red Cross (1988 - 1990).
- Technical Advisory Committee for the Southeastern Pennsylvania Chapter of the American Red Cross (1986 - 88).
- Eastern Massachusetts Representative to the Massachusetts Interscholastic Athletic Association (1979 - 82).

University

- Department Tenure Committee (Chair), Department of Kinesiology, Temple University (2002 - 2017).
- Department Personnel Committee (Chair), Department of Kinesiology, Temple University (2001 - 2017).
- Department Student Awards Committee, Department of Kinesiology, Temple University (1998 - 2017).

- Undergraduate Council Committee for the College of Health Professions and Social Work, Temple University (2002 - 2017)
- Kinesiology Assembly Chair, Department of Kinesiology, Temple University (2002 - 2003, 2008 - 2013).
- University Senate Core Review Task Force, Temple University (2000 - 2002)
- Academic Program Committee of the College of Education, Temple University (1998 - 2006)
- Instructional Technology Standing Committee of the College of Education, Temple University (1998 - 2006)
- Instructional Technology Master's Program Committee of the College of Education, Temple University (1998 - 2000)
- Education 302 Course Planning Committee of the College of Education, Temple University (1998 - 2000)
- College of Education's Teacher Preparation Council, Temple University, (1992 - present).
- Coordinator of the Physical, Health Education Teacher Education Program in the Department of Kinesiology; Temple University (1992 - present).
- Temple University's representative to the professional preparation committee of the PSAHPERD (1992 - present).
- Department Personnel Committee, Department of Physical Education, Temple University (1994 - 1999).
- Alumni Association Committee for the College of Health, Physical Education, Recreation and Dance (1992 - 1998).
- Secretary to the College Assembly (1998)
- College Personnel Committee, HPERD, Temple University (1996 - 1998).
- College Undergraduate Committee, College of HPERD, Temple University (1993 - 1998).
- Graduate Committee in the Department of Physical Education and Human Performance; California State University System (1992).
- Curriculum Committee in the School of Health and Social Work; California State University, Fresno (1992).
- Executive Committee in the School of Health and Social Work; California State University, Fresno (1991 - 92).
- Comprehensive Teacher Education Institute Advisory Panel; California State University, Fresno (1991 - 92).
- Chair of the Teacher Preparation Committee in the Department of Physical Education and Human Performance; California State University, Fresno (1990 - 92).
- Curriculum Committee in the Department of Physical Education and Human Performance; California State University System (1990 - 92).
- Coordinator for student teaching in the Department of Physical Education and Human Performance; California State University, Fresno (1990 - 92).
- Chair for the Teacher Preparation Committee in the Department of Physical Education and Human Performance; California State University, Fresno (1990 - 92).
- University Faculty Development Committee; California State University, Fresno (1990 - 92).

- Single Subject Advisory Committee in the Department of Teacher Education; California State University, Fresno (1990 - 92).
- Ad Hoc Committee on Student Teacher Requirements in the Department of Teacher Education; California State University, Fresno (1990 - 92).
- Advisor to the PE Major's Club in the Department of Physical Education and Human Performance; California State University, Fresno (1990 - 92).
- Curriculum Coordinator for the St. Eleanor's Project (1989 - 1990) designing an elementary and secondary physical education curriculum for the local parochial school in conjunction with Ursinus' physical education department.
- Advisor to Ursinus College's Chapter of Phi Epsilon Kappa and the HPE Major's Club (1989 - 1990).
- Ursinus College's Teacher Education and Professional Preparation Committee (1989 - 1990).
- Ursinus College representative to the professional preparation committee of the PSAHPERD (1988 - 1990).

Community

- NUR Shrine, Chief Rabban (2018)
- Delaware Council of Deliberations for the Scottish Rite of the NMJ, Membership Chair
- Delaware Consistory, Master of Ceremonies (2018 – 19)
- Delaware Grand Lodge, Chairman of the Gunning Bedford (2017 – present)
- NUR Shrine, Assistant Rabban (2017)
- WCASD Board of School Director, Personnel Chair (2017)
- Delaware Consistory, Engineer and Seneschal (2017 – 18)
- NUR Shrine, Oriental Guide (2016)
- Delaware Consistory, Color Bearer (2016 – 17)
- Delaware Consistory, Captain of the Guard (2015 – 16)
- Delaware Masonic Education Committee (2013 – present)
- President of the Board of School Directors for the West Chester Area School District (2010-2011 & 2013-2016)
- WCASD Representative to the PSBA (2014 – present)
- Elected School Board Director for the West Chester Area School District (2007-2011 & 2013-2017)
- Delaware Consistory, Chairman of the Abbott Scholarship (2012 – present)
- Coroneted a 33rd degree Mason, Grand Rapids, MI (2005-present)
- Sovereign Prince, Council of Princes of Jerusalem, Valley of Wilmington (2005-present)
- District Deputy Grand Master for the 36th Masonic District (2007-2013)
- Chair, Executive Committee, Valley of Wilmington (2005)
- Representative in the Grand Lodge, Concord Lodge No. 625, F. & A. M. (2005)
- Pursuivant, Concord Lodge No. 625, F. & A. M. (2005)
- Refreshment Chair, Valley of Wilmington (2004-07)

- Internet Committee, Grand Lodge of Pennsylvania, F. & A. M. (2004-07)
- Masonic Education Chair, 36th Masonic District, Grand Lodge of Pennsylvania (2004-07)
- High Priest, Council of Princes of Jerusalem, Valley of Wilmington (2004)
- Assistant Chair, Executive Committee, Valley of Wilmington (2004)
- Substitute Representative in the Grand Lodge of Pennsylvania, Concord Lodge No. 625, F. & A. M. (2004)
- Senior Warden, Council of Princes of Jerusalem, Valley of Wilmington (2003)
- Representative in the Grand Lodge, Concord Lodge No. 625, F. & A. M. (2003)
- Master of Ceremonies, Council of Princes of Jerusalem, Valley of Wilmington (2002)
- Worshipful Master, Concord Lodge No. 625, F. & A. M. (2002)
- Master of Entrances, Council of Princes of Jerusalem, Valley of Wilmington (2001)
- Chaplain, 36th Masonic District School of Instruction, Grand Lodge of Pennsylvania F. & A. M. (2001)
- Senior Warden, Concord Lodge No. 625, F. & A. M. (2001)
- Junior Warden, Concord Lodge No. 625, F. & A. M. (2000)
- Senior Deacon, Concord Lodge No. 625, F. & A. M. (2000)
- Senior Master Of Ceremonies, Concord Lodge No. 625, F. & A. M. (1999)
- Chair of the Internship Committee, St. Timothy's Lutheran Church, Aston, PA (1993 - 2001).
- Church Council, St. Timothy's Lutheran Church, Aston, PA (1993 - 1999).
- Water Safety Consultant to Good Shepherd Lutheran Homes; Fresno & Clovis, CA (1991 - 92).
- Curriculum Supervisor for Day Bright Nursery School (1989) designed a basic movement activity course for use with 3 year olds.

IN-SERVICE WORKSHOPS CONDUCTED

Technology Usage in Physical Education (November, 2003). A one day workshop designed to assist physical educators search the internet for relevant information, create auto-run instructional modules, and create cross platform documents.

Using the Internet to Enhance, Support, and Advertise your Program (November, 2000). A one day workshop designed to assist physical educators in East Brunswick, NJ with using the Internet to promote their programs, supplement their instruction, and communicate with parents.

Internet Enhanced Instruction (February, 2000). A one day workshop designed to assist physical educators in Montgomery County with using the Internet to promote their programs, supplement their instruction, and communicate with parents.

Using the Internet to Enhance, Support, and Advertise your Program (November, 1998). A one day workshop designed to assist physical educators in the Bucks County, IU #22 with using the Internet to promote their programs, to find information, and to communicate with parents, students, and other professionals.

Using the Computer to Extend your Program in Physical Education (July, 1998). A two day workshop designed to instruct teachers in Oklahoma on the use of the computer to create home pages, use e-mail, listservs, and chat rooms to communicate with others. A live distance learning session between Central Oklahoma University and Temple University allowed participants to experience firsthand the fun and power of telecommunications.

Using the Internet in your Physical Education Classes. (June, 1998). A morning workshop designed to familiarize physical educators in the Greenwich, CT School District with using Learner Profile, the Internet, and Presentation programs to support the Physical Education curriculum.

Using Technology to Support your Program in Physical Education (November, 1997). A one day workshop designed to familiarize physical educators in the Greenwich, CT School District with using Learner Profile, the Internet, and Presentation programs to support the Physical Education curriculum.

Using Learner Profile and the Apple MessagePad for Authentic Assessments in Physical Education (March, 1997). A workshop to acquaint the Lancaster/Lebanon Association for Health, Physical Education, Recreation, and Dance with how to use the Apple MessagePad to collect assessment data and use it for authentic assessment.

The Internet and You, Physical Educators Surfing to the Rescue (February, 1997). A workshop designed to acquaint physical educators in the Philadelphia School District with ways to use the Internet to enhance their programs.

Using Technology to Enhance Instruction (December, 1996). A one day workshop designed to augment instructional development skills by physical educators through the use of Astound presentation software: Lancaster, PA.

Using Technology to Enhance Assessments in Physical Education (November, 1996). A one day workshop designed to familiarize physical educators in the Greenwich, CT School District with using Learner Profile and the Prudential Fitnessgram with regards to assessment protocols.

Physical Education, Beyond the Net: 21st Century Solutions for 20th Century Problems. (July, 1996). I was the workshop director and presented four solid days on using technology within the field of Physical Education. Pennsylvania Department of Education Curriculum Conference. Shippensburg, PA.

PE -- LIFE, Designing Assessments for Chapter 5 Implementation. (July, 1995). A three day workshop designed to help department chairs and faculty write assessment instruments that would provide models to aid in the development of Chapter 5 exit outcomes. Pennsylvania Department of Education Curriculum Conference. Shippensburg, PA.

PE -- LIFE, Authentic Assessments in Physical Education (December, 1994). A one day workshop designed to familiarize physical educators at the PSAHPERD state convention with the PE -- LIFE Assessment Document.

PA YOUTHFIT, FitnessGram and Fitness Education (December, 1994). A series of three one day workshops designed to demonstrate the Prudential Fitnessgram to department chairs in the Philadelphia school district and to relate the assessment activities to the inclusion model for fitness education.

PA YOUTHFIT (December, 1994). A one day workshop designed to demonstrate fitness education ideas to physical educators at the PSAHPERD state convention.

PE -- LIFE, Authentic Assessments in Physical Education (December, 1994). A one day workshop designed to familiarize physical educators at the PSAHPERD state convention with the PE -- LIFE Assessment Document.

FitnessGram (November, 1994). A one day workshop designed to demonstrate the Prudential Fitnessgram to physical educators in the Philadelphia school district.

PA YOUTHFIT (October, 1994). A one day workshop designed to demonstrate fitness education ideas to physical educators from around the state.

PE -- LIFE, Implementing Chapter 5 in Physical Education (February, 1994). A one day workshop designed to familiarize physical educators in the Lake Wallenpaupak school district with Chapter 5 guidelines and implementation strategies.

Instructor Trainer Workshop (April, 1993): This workshop met one Monday and one Tuesday evening for three hours each and then again one Sunday afternoon for 2.5 hours. The content was split between two classroom sessions and one pool session. The purpose of this workshop was to reorient current Red Cross Instructor Trainers to the new material.

Clinical Supervision of Student Teachers (January, 1993): A pre-semester workshop designed to update current cooperating teachers on the new format for student teaching and corresponding systematic observations.

Framework for the Future (April, 1992): An evening workshop designed to motivate to action current physical educators in Fresno Unified. A five step group discovery process was used to set future direction.

Clinical Supervision of Student Teachers (January, 1992): A presemester workshop designed to update current cooperating teachers on the new format for student teaching and corresponding systematic observations.

Adventure Education to "Affectively" Connect to the State Framework (November, 1991): A one day workshop designed to introduce adventure education to Clovis High School Physical Educators and to teach them how to assimilate the activities into their curriculum in order to support the state framework.

Clinical Supervision of Student Teachers (January, 1991): A pre-semester workshop designed to update current cooperating teachers on the new systematic observation instruments.

Water Safety Roll-out (December, 1989): A four day workshop designed to update current water safety and lifeguard instructors on new courses, materials, and provide new certification.

Lifeguard Instructor Recertification (February, 1989): A one day workshop designed to update current lifeguard instructors on new materials and provide recertification.

Instructor Trainer Workshop (January - February, 1989): This workshop met every Thursday evening for three hours each session. The content was designed to prepare Red Cross Instructor Trainer Candidates for their practicums. Emphasis was placed on lesson planning, methods, instructional aids, feedback, evaluation, record keeping, and serving as a technical resource.

Instructor Trainer Workshop (February - March, 1987): This workshop met over a period of six weeks, for three hours each session. The workshop was designed to teach Red Cross Instructor Trainers the spectrum of teaching. Emphasis was also placed on Evaul's "Baseball Diamond" concept of curriculum design for implementation within Instructor Trainer's courses. This curriculum has been submitted by the associate director of the Southeastern Pennsylvania Chapter for consideration as a National Model.

Backboard Update (April - May, 1987): Three, four hour workshops were designed to teach the updated procedures for handling spinal injuries in the water. Current water safety instructors attended one of the three workshops.

Introduction to Health Services Education (January, 1986): An all day Saturday workshop designed to provide information and hands on exposure to course materials governing the Introduction to Health Services Education prerequisite for all Instructor level courses.

Cardiopulmonary Resuscitation (August, 1985 - 87): Conducted a recertification workshop each Fall semester to update graduate student's CPR skills.

Lifeguard Training Crossover (January, 1984): A weekend workshop designed to offer current Water Safety Instructor Trainers the opportunity to cross certify as instructors and instructor trainers in Lifeguard Training.

Synchronized Swimming (April, 1983): A weekend workshop emphasizing training and competing strategies. Novice, junior, and senior level figures were stressed along with sculling techniques and progressive training regimes.

Stroke and Turn Judging (December, 1980): A Saturday morning workshop designed to help parents who wanted to become officials or help out at local swim meets. Four competitive strokes and the individual medley along with respective turns/finishes were emphasized.

Judging Springboard Diving (August, 1979 - 1981): A yearly, Saturday morning workshop designed to prepare diving officials for the upcoming diving season. Emphasis was on the five required dives, and the most common optionals. A small portion also dealt with the mechanics of diving to help judges better relate to the most common faults.

Adapted Aquatics (February, 1976): A one day workshop at Selinsgrove State Hospital designed to orient the staff on programs and techniques available in aquatics that could help service the needs of their clients. Class room and water activities were included.

SUPERVISORY EXPERIENCES

Temple University, Philadelphia, PA 19122. August 1992 - Present

Health and physical education student teachers:

Responsible for placing/supervising 3989/63 students

Water safety instructor student teachers:

1993 spring semester 11 students

California State University, Fresno, Fresno, CA 93740. August 1990 - August 1992

Physical education student teachers:

Responsible for placing 43 students

Responsible for supervising 11 students

Ursinus College, Collegeville, PA 19426. August 1988 - August 1990

Health and physical education student teachers:

Responsible for placing/supervising 12 students

Curriculum student teachers:

Responsible for placing/supervising 2 students

Water safety instructor student teachers:

Responsible for placing/supervising 8 students

St. Eleanor's curriculum project:

Responsible for placing/supervising 6 students

Temple University, Philadelphia, PA 19122. August 1985 - May 1988

Health and physical education student teachers:

Responsible for supervising 4 students

Water safety instructor student teachers:

Responsible for placing/supervising 38 students

COACHING EXPERIENCES

Clark University, Worcester, MA 01610. August 1982 - June 1985

Swimming and Diving Coach: Coached the men's and women's swimming and diving teams. Responsibilities included: (a) two a day practices to accommodate the athletes' class schedules, (b) separate diving practice, (c) scouting, (d) recruiting, (e) counseling, (f) advising, and (g) caring. Each year we traveled to Florida for two weeks of training as part of the College Swim Coach's Forum in Ft. Lauderdale. All arrangements were made by me. Fund raising activities throughout the year were conducted to help offset the expenses as no monies came from the athletic budget. Initiated the City Relay Carnival as a beginning of the year ice breaker for the three teams in Worcester: Holy Cross, Worcester Poly-Tech, and Clark. Brought both teams from losing to respectable records in three years: men (7-5), and women (9-1). Contributed to the development of 1 swimmer and 1 diver receiving All-American honors and 8 swimmers and 2 divers receiving All-New England honors. Eleven national qualifiers for the NCAA championships during my 3 years as coach.

B.M.C. Durfee High School, Fall River, MA 02780. Sept. 1978 - June 1982

Swimming and Diving Coach: Coached the girl's team in the fall, and the boy's team in the winter. Served as the first coach in a new program. In four years we won four league titles, four sectional titles, and one state title. Contributed to the development of 1 swimmer receiving All-American honors, 5 swimmers and 2 divers receiving All-State honors, and 31 swimmers and 4 divers receiving All-League honors. Eighteen of my athletes went on to receive financial support to swim in college.

Washington State University, Pullman, WA 99163. Sept. 1977 - July 1978

Assistant Coach of Women's Swimming: Volunteered to assist the women's swimming coach while a graduate student. Responsibilities included: (a) coaching morning practice, (b) writing workouts, (c) maintaining swimmers' records, (d) meet management, (e) judging diving, (f) travel itineraries, and (g) anything else the head coach deemed necessary.

Summer Age Group Swimming and Diving

Head Coach of Swimming and Diving: Coached summer age group programs during the summer months while attending Penn State and Temple Universities. Working with children and teenagers allowed me to keep a pulse on what was happening with the youth in our schools. Coached at the Hershey Country Club in 1974, the Palmyra Aquatic Club 1975 - 1977, St. Albans Swimming and Tennis Club 1986 - 1988 and again in 1989, and Aronimink Golf Club in 1993 & 1994.

AWARDS AND HONORS

Professional

2014 IEL Education Policy Fellow
2008 EDA Memorial Scholar Lecturer
2007 AAHPERD Honor Award Fellow
2006 EDA Presidential Medallion
2005 33rd Degree, Scottish Rite Bodies of the Northern Masonic Jurisdiction
2003 PSAHPERD Elmer B. Cottrell Award
2003 Philadelphia AHPERD Service Award
2002 EDA Honor Award
2001 PSAHPERD, Ethel Encke Service Award
2001 PSAHPERD, Presidential Award
2000 AAHPERD, EDA Presidential Acknowledgment Award
1997 AAHPERD, EDA Outstanding Professional Award
1997 AAHPERD, EDA Presidential Medallion Award
1997 PSAHPERD, Professional Honor Award
1980 Boston Globe Swim Coach of the Year
1978 Boston Herald Swim Coach of the Year

College

College Marshall for graduating first in my class at Penn State in the College of HPER
Graduated Summa Cum Laude
Phi Delta Kappa Honor Society
Phi Kappa Phi Honor Society

Omicron Delta Kappa Honor Society
Mortar Board Honor Society
Pi Lambda Theta Honor Society
Phi Eta Sigma Honor Society
Phi Epsilon Kappa Honor Society
Student Honor Award from the PSAHPERD
College Representative to the University Faculty Senate
President of the Physical Education Major's Association
College Representative to the Undergraduate Student Government
Representative to the West Hall's Resident's Association

High School

Graduated in the top 10% of my class
Voted the most valuable runner on the cross country team
Captain of the cross country team
Captain of the chess team
President of the chess club

PROFESSIONAL MEMBERSHIPS

American Alliance for Health, Physical Education, Recreation, and Dance (Now The Society of Health and Physical Educators) - life member
Eastern District Association of the American Alliance for Health, Physical Education, Recreation, and Dance
Pennsylvania State Association for Health, Physical Education, Recreation, and Dance
Association for Supervision and Curriculum Development
National Association for Physical Education in Higher Education

CURRENT CERTIFICATIONS

American Red Cross Water Safety Instructor and Trainer
American Red Cross Lifeguard Training, Instructor, and Trainer
American Red Cross Standard First Aid and Instructor
National Association of Underwater Instructors Scuba Diving