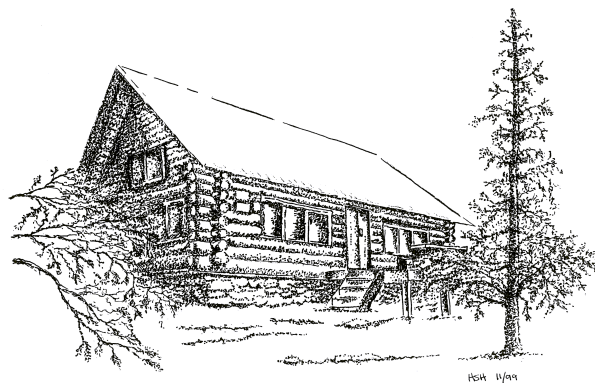


RIDGE LINES



GREEN MOUNTAIN CLUB
BURLINGTON SECTION

Winter 2018-2019

www.gmcburlington.org
gmc@gmcburlington.org

IT'S TIME TO MARK YOUR 2019 CALENDARS

1/19/19 - Conversation, Camaraderie, Shared Stories, Shared Food – at the **Burlington Section Annual Meeting** - Saturday evening, January 19, 2019, Faith United Methodist Church (899 Dorset Street, South Burlington)

After the meal and a brief business meeting, Ridge Lines editor Maeve Kim will present “Who’s Watching Us When We’re Out Hiking? – Birds of Vermont’s Hiking Trails”. See page 4 for more information.

Please RSVP to events@gmcburlington.org (or fill out the registration form on page 8) to let us know how many are coming. See page 8 for details, including what potluck items to bring.

And don’t forget to bring your own plate, eating utensils, and mug.

Volunteers are needed to set up before the meeting, check people in, and clean up after. Please contact Brian at bewilliams62@gmail.com.

3/2/19 - GMC Winter Trails Day - We will be holding GMC’s 23rd Annual Winter Trails Day on Saturday, March 2, 2019, at Flood Brook School in Londonderry, VT. The new southern location will allow us to reach new people and explore some new trails. We’ll have the traditional guided group hikes, winter skills workshops, snowshoe demos, kids’ activities, campfire, après party, and raffle. (Next month, we’ll be reaching out for volunteers. If you have any questions in the meantime, contact ted@ted-albers.net.)

2/14/19 - GMC Taylor Series with Rich Larsen, 7PM, GMC Waterbury Center

3/8/19 - Burlington Section Taylor Series with Charlotte Albers, Richmond Free Library, 201 Bridge Street, Richmond, 7PM - "Hidcote Manor and Gardens of the British Cotswolds"

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Save the GMC some expense - and save a tree or two!

Many Burlington Section members have already chosen to receive Ridge Lines electronically instead of getting paper copies in the mail. They are reducing paper use and, at the same time, helping the Section to trim expenses. If you’d like to start getting your newsletter as an on-line PDF only, just send us your name, at gmc@gmcburlington.org. Each quarter, you’ll get an email message letting you know when the latest issue is posted online and where you can read it or download and print it.

Barnes Camp Visitor Center

By Nancy McClellan

Have you been on the Stowe side of the Smuggler's Notch road and noticed a brown building and wondered what it was? It is the Barnes Camp Visitor Center, which was originally built in 1927. After serving as a guesthouse from its construction until 1973, Barnes Camp was also used as a dorm, a summer souvenir and snack shack, an art gallery, and for storage space.



U.S. Sen. Bernie Sanders inaugurated the renovated site in June, 2014 after helping to raise \$781,000 in federal money toward the \$1.2 million project. Reconstruction at the camp, which was named after its original manager, Willis M. Barnes, began in 2013. The renovated building is truly a gem with its floor-to-ceiling stone fireplace, log beams and wood paneling. Barnes Camp now houses an information desk and revolving exhibits on history, geology and ecology.

On Fridays, Saturdays, Sundays and holidays from Memorial Day to Columbus Day, it is staffed by GMC volunteers who assist area visitors, day hikers and through-hikers. Written descriptions for over 20 different area hikes are available in English and French (45% of visitors are Canadian!). Volunteers also provide information on non-hiking activities such as the toll road or zip line tours, restaurants and covered bridges in the area, the location of swimming holes. Sometimes, they even give rides to tired end-to-enders!! (Note from a grateful hiker: "I am so thankful for your willingness to help me down to the Toll Road yesterday afternoon. I was exhausted and your kindness meant the world to me.")

Sometimes the volunteers reunite hikers with lost items. A camera was found at the top of Mt. Mansfield and brought to Barnes Camp and eventually was reclaimed by Dylan Garcia, who wrote, "I want to sincerely thank you for helping me get my camera back, it really means so much to me to have gotten those precious photos back, i can not thank you enough. The camera really did seem to have an adventure! Whoever picked it up took some great photos on it and I got to see the journey."

This year has seen a 226% increase in visitors, partly due to the opening of the accessible boardwalk that covers 1/8 mile of the Long Trail which was relocated this summer to pass by Barnes Camp. A very popular 1.5 mile Barnes Camp Loop trail, with great views of beaver ponds and the ridge above Smugglers Notch, was also created. GMC volunteers at Barnes Camp Visitors Center interacted with over 10,000 visitors this year! With so many visitors, there is a need for more members willing to volunteer. There will be a training session in the spring for any new volunteers and/or one can shadow an experienced person. (Look for an announcement in the spring with contact information.) Please consider being a Barnes Camp volunteer. It is fun and rewarding as you meet and talk with so many interesting folks.

Pam Gillis Given Well-Deserved Recognition!

At the Volunteer Picnic in Waterbury September 22, Pam Gillis received the 2019 **Burlington Section President's Award**. Pam also received the GMC's **Green Mountain Award** from Mike Debonis "for demonstration of long-term dedication to a GMC project or the club in general". Pam & Forrest are in the processing of moving to NH.



Left: Pam and Section President Ted Albers

Right: Pam with Howard VanBenthuyzen, who made the plaque they're holding (and who has made most GMC trail signs for the last four years)



Also, Brian and Janette Williams received the GMC's **Trail Blazer** award for taking on the Annual Meeting and for many other volunteer activities in the past two years. The **Trail Blazer Award** is "Given to a relatively new GMC volunteer who has taken to their role with great enthusiasm and commitment." They were not there to receive the award in person. (Thank you to Brian and Janette for hosting a recent Section meeting at their home. Very generous!)

Catering for the Volunteer Picnic was by Sugar Snap and was outstanding, with ice cream from Ben and Jerry's. Everyone missed the traditional pony-keg of Dave Hardy's home brew, which was a staple at the picnic for many many years.

From the Long Trail News archives



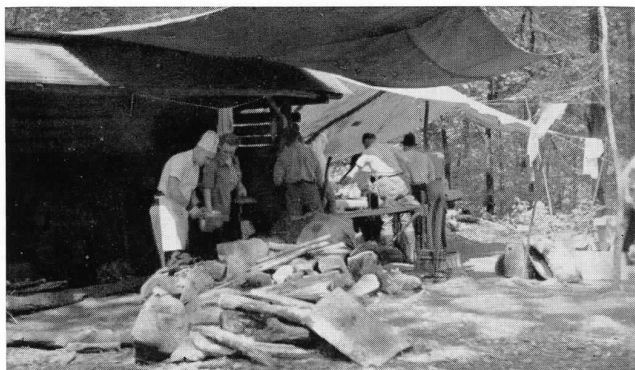
BEAUTY REST One day the Taft Lodge caretaker was packing a new mattress across the top of Mansfield, from the Hotel to the Lodge. A couple of gushing ladies commented on the size of his pack. "Oh," he replied, "I always carry a mattress when I go hiking. I believe in sleeping in comfort."

It was the same caretaker who upset his pancake batter on the top, and down the sides, of the stove. When his city guests offered their amused sympathy, he merely scraped the batter off, turned it over, and ate it anyway. (He wouldn't have thought of it if they hadn't felt sorry for him.)

What Birds Live and Nest Along Vermont's Hiking Trails?

Come to the Burlington Section Annual Meeting on January 19, 2019 and Find Out!

GMCers' interest in birds has a long history. Here's an article from the GMC archives about a bird census done in 1916 by Will Monroe, one of the early club pioneers, and repeated in 1945. The census took place in New Jersey, but "The New York Section of the Green Mountain Club has had an annual part in the census in a number of ways. Its members have acted as guides and recorders to the enumerators, and as hosts to the group". (Note: The New York Section no longer exists.)



GEORGE TAYLOR

Monroe Memorial

WYANOKIE BIRD CENSUS

By LAURA WOODWARD ABBOTT

PROFESSOR Will S. Monroe, builder of over forty miles of the Long Trail in Vermont, was a lover of nature in all its phases. While living in New Jersey, he established a week-end camp in the mountains in the northern part of that state. Here, in 1916, in cooperation with the United States Bureau of Biological Survey, he began a census of nesting birds in the area surrounding his camp.

Some of the problems the Bureau wished to have solved are: "Just how many birds breed in our woodland areas? How constant is the number from year to year?" For conclusions of scientific value, it was desired that the census be conducted for at least twenty-five consecutive years.

To make such a census, Professor Monroe invited a number of his

friends who knew birds by both sight and song to meet at his camp on the first Sunday in June of each year—the height of the nesting season for that region. These friends made a record of the birds found in the area, and transcribed the totals on special form sheets provided by the Survey for the files in Washington.

Professor Monroe left New Jersey in 1925, but his work was continued by the friends who had been inspired by his leadership.

In 1940, the twenty-fifth census* was taken, when not only was the usual count made but a reunion was held, at the old camp site, of the various enumerators and guides who had participated during the twenty-five years. These enumerators had included most of the leading bird students and ornithologists in the New York City area, many of whom had taken part a number of years in succession.

The New York Section of the Green Mountain Club has had an annual part in the census in a number of ways. Its members have acted as guides and recorders to the enumerators, and as hosts to the group, which has averaged thirty people for the period. After Professor Monroe's retirement from active participation in the census, the New York Section voted to defray the expenses of the commissary for the week-end as an annual memorial to its founder.

Frederick C. Lincoln, Chief of the Survey, says that the Wyanokie Records are the most complete of their kind in the files of the Bureau. In 1941, the twenty-sixth census was held, but war conditions in 1942 compelled its discontinuance for the duration.

We now know that approximately eighty species of birds nest regularly in this region, and that some two thousand individual birds nest and feed within the limits of the area censused. Facts gathered have been used to assist in regulating legislation in the state of New Jersey; while through all these years, participants have enjoyed an outing in one of the most beautiful regions in the New York City area.

*Reports of the findings of the twenty-five years' census have been published in the Proceedings of the Linnaean Society of New York. Nos. 43-44, 52-53.



Join Maeve Kim at the Annual Meeting for a quick photographic hike among the birds of Vermont's mountains, forests and trails.



Section Outings
Winter 2018-2019

Unless otherwise specified, call the trip leader to sign up, find out what equipment you'll need, and learn about any changes. Check with trip leader before bringing your pet along. Human guests are always welcome. Trip leaders often arrange carpooling. If you ride along in someone else's car, we recommend reimbursing the driver at the rate of 10 cents a mile.

December

12/1 (Sat) **Birding at Colchester Pond** A bird monitoring walk at Colchester Pond. We'll track what species are present and submit the data to eBird.org for citizen science. We'll meet at 8:30 at the Colchester Pond parking area on Colchester Pond Road. Easy hike, 3 miles. Julianna Tyson, americorps@wvvpd.org or (978) 994-0482.

12/2 (Sun) **Laraway Loop** What better way to spend a frosty Sunday than in the northern forest?? (Or you could go shopping.) This loop incorporates the Davis Neighborhood Trail, the Long Trail and an abandoned gravel road. Difficult hike, 8 miles, 1600' elevation gain. Mary Lou Recor, mlrecor@myfairpoint.net.

12/8 (Sat) **Camels Hump Loop** We'll take Forest City Trail to Montclair Glen Lodge, then climb the Long Trail to the Camels Hump summit and return along the Burrows Trail. Difficult hike/snowshoe, moderate pace, 6 miles, 2400' elevation gain. David Hathaway, david.hathaway.78@gmail.com or 899-9982.

12/15 (Sat) **Duxbury Window** Let's take a pretty but easy hike up to the Duxbury Window. This Long Trail hike starts at the trailhead on Duxbury Road near the Winooski River at the lowest point on the LT. The trail follows Bamforth Ridge, one of the flanks of Camels Hump. No 'perfect weather' guarantee but we go, rain, snow or shine. Meet at the Richmond Park and Ride at 9:00 or at the Long Trail head on Duxbury Road at 9:30. Moderate hike/snowshoe, 3.2 miles, 800' elevation gain. Ted Albers, ted@ted-albers.net.

12/15 (Sat) **Adirondack Surprise** Count on a 14-15 hour day from A to B with eats and libations post-hike with a fireplace to boot! Experienced fast-paced hikers only, please. I'll think up a fun mountain as date draws near or feel free to share with me what you may want to summit! Difficult snowshoe at a strong pace, 10-12 miles. Robynn Albert, robynnalbert@hotmail.com.

12/16 (Sun) **Stowe Pinnacle** Moderate hike/snowshoe, 1650' elevation gain. Kim Farone, kfarone@yahoo.com.

12/23 (Sun) **Mansfield Forehead** From the Stevensville Road trailhead we'll head up to Butler Lodge, then take Wampahoofus and Maple Ridge Trails up to the Forehead. We'll return the same way. Route includes some fun steep scramble sections. Snowshoes and spikes required. Difficult hike/snowshoe, moderate pace, 5.4 miles, 2600' elevation gain. Jill George, jillghiker@gmail.com.

January

1/5 (Sat) **Worcester Range** Early winter season hike to the Worcester range. We'll hike up to Stowe Pinnacle, take a peek then head to the second highest peak on the Worcester Range. Late afternoon lunch in town after. Full winter gear is required. Difficult snowshoe, strong pace, 6.9 miles, 2500' elevation gain. Contact leader by 1/3. Tracy Sweeney, tracy.sweeney@va.gov.

1/12 (Sat) **Mansfield Ridge** Join me for a day on the ridge! Experienced fast-paced hikers only, please. From the Underhill State Park we'll head up Sunset Ridge to the Chin, then follow the Long Trail along the Mansfield Ridge to the Forehead and return via the Maple Ridge Trail and CCC Road. Difficult snowshoe at a moderate pace, 8.6 miles, 2600' elevation gain. Robynn Albert, robynnalbert@hotmail.com.

1/13 (Sun) **Hunger & White Rocks** We'll climb the Waterbury Trail to Mt .Hunger, with a side trip to White Rock. Difficult snowshoe, 6.2 miles, 2400' elevation gain. Dana Bolton, boltondj@comcast.net.

1/19 (Sat) **Bird Monitoring for Winooski Valley Park District** A bird monitoring walk at Delta Park, the birding hotspot for Chittenden County. Meet at 668 Windemere Way, Colchester at 8:30AM. Easy walk, just over a mile and a half out. We may even get a glimpse of the Snowy Owl that time of year depending on weather conditions (fingers crossed!). As always I have field guides and binoculars available to borrow. Juli Tyson, americorps@wvvpd.org or 978-994-0482.

January Outings – cont.

1/19 (Sat) **Burlington Section Annual Meeting** 5PM, Faith United Methodist Church, 899 Dorset St., South Burlington 05403. All are welcome!

1/20 (Sun) **Bolton Lodge Pot Luck** All are welcome to join the Burlington Section at Bolton Lodge for our new-annual pot-luck gathering. Ski or snowshoe down from the Bolton Nordic Center, or snowshoe a short distance up from the parking on Bolton Access Road. The stove will be roaring. Bring something to snack on and make the Lodge your base for an afternoon of skiing or snowshoeing. Or lounging! No RSVP needed. (For decades the Burlington Section celebrated New Years Eve at Bolton Lodge, but we've moved the gathering to the Sunday after our Annual Meeting.) Ted Albers, ted@ted-albers.net.

1/21 (Mon) **Mt Abraham** We'll head up Battell Trail to the Long Trail, and continue on up to the summit of Mt. Abe. Includes a difficult short scramble up the granite face just below the summit. Snowshoes and spikes required. Moderate-difficult snowshoe at a moderate pace, 5.8 miles, 2500' elevation gain. Jill George, jillghiker@gmail.com.

1/26 (Sat) **Stowe Pinnacle** Moderate snowshoe, 1650' elevation gain. Kim Farone, kfarone@yahoo.com.

February

2/2 (Sat) **Camels Hump Loop** We'll take Forest City Trail to Montclair Glen Lodge, then climb the Long Trail to the summit and return along the Burrows Trail. Difficult snowshoe, moderate pace, 6 miles, 2400' elevation gain. David Hathaway, david.hathaway.78@gmail.com or 899-9982.

2/9 (Sat) **Camels Hump via Monroe Trail** This outing is a great snowshoe or micro-spikes workout, all the more so if it's blowing fifty knots at the summit! The Monroe Trail starts at the end of North Duxbury's Couching Lion parking lot, up Camels Hump Road (which is off of River Road, itself following the Winooski River just to its south). Allow about four hours round trip, maybe a little more, with a few steep parts. Possible pit stop at the Reservoir tavern in Waterbury afterward? To be decided. Difficult snowshoe, 6 miles, 2600' elevation gain. Group limit 6. Ted Albers, ted@ted-albers.net.

2/10 (Sun) **Burnt Rock** We'll head up Hedgehog Brook Trail to the Long Trail, and continue up the steep final stretch to the summit of Burnt Rock Mtn. Snowshoes and spikes required. Difficult snowshoe, moderate pace, 5.2 miles, 2010' elevation gain. Jill George, jillghiker@gmail.com.

2/16 (Sat) **White Mountain Surprise** Count on a 14-15 hour day from A to B with eats and libations post-hike, with a fireplace! Experienced fast-paced hikers only, please. I'll think up a fun mountain as date draws near or feel free to share with me what you may want to summit! Difficult snowshoe at a strong pace. 10-12 miles. Robynn Albert, robynnalbert@hotmail.com.

2/17 (Sun) **Lincoln Gap to Cooley Glen** We'll park at the end of plowing in Lincoln Gap, snowshoe to the Long Trail, then follow it south to Cooley Glen and out to the trailhead in South Lincoln. The goal is to have a good time and not get lost. Difficult snowshoe, 9 miles, 1400' elevation gain. Group limit 8. Contact leader by 2/15. Mary Lou Recor, mlrecor@myfairpoint.net or 660-2834.

2/18 (Mon) **Mt Abe via Batell Trail** Difficult snowshoe, 5.8 miles, 2500' elevation gain. Dana Bolton, boltondj@comcast.net.

2/23 (Sat) **Bird Monitoring at Ethan Allen Homestead** Meet at 8:30AM in the parking lot by the Ethan Allen Homestead Museum. I will have binoculars and field guides to borrow, AND if we are so lucky to have snow on this day I will also have SNOWSHOES for people to borrow! Depending on who shows up we can do up to a 2 mile hike. (The homestead offers loops of different lengths.) Juli Tyson, americorps@wvdpd.org or 978-994-0482.

March

3/2 (Sat) **Snowshoe Up the River!** If the ice is thick enough (it should be) we'll trek up the middle of the LaPlatte River in the LaPlatte Marsh Natural area, using snowshoes or microspikes. Time permitting we can also visit the Shelburne Bay Clarke Trail or some of the Ti-Haul trail, all in Shelburne. Total distance to be determined by the group depending on the trails we take but will be between four and six miles, mostly flat. This is a chance to get familiar with the walks around Shelburne Bay and the LaPlatte. Moderate snowshoe. 4-6 miles. Ted Albers, ted@ted-albers.net.

March Outings – cont.

3/3 (Sun) **Mansfield Ridge** From Underhill State Park we'll head up Sunset Ridge to the Mansfield Chin (summit), then follow the ridge to the Forehead and return via Maple Ridge and the CCC road. Difficult snowshoe, moderate pace, 9 miles, 2600' elevation gain. david.hathaway.78@gmail.com or 899-9982.

3/9 (Sat) **Mt Elmore** Easy hike/snowshoe. 4.2 miles, 1450' elevation gain. Kim Farone, kfarone@yahoo.com.

3/16 (Sat) **Mt Hunger & The Reservoir** A pre-St Patrick's Day ascent of Mt. Hunger, followed by a side trip to The Reservoir in Waterbury. Moderate snowshoe, 4.5 miles, 2250' elevation gain. Phil Hazen, philhazen@comcast.net or 355-7181.

3/17 (Sun) **Camels Hump Loop** We'll start by taking Forest City Trail to Montclair Glen Lodge. Then, to avoid the steepest parts of the Long Trail south of Camels Hump, we'll go down the Dean Trail and then up the Monroe Trail to the summit, finishing by returning down Burrows Trail. Difficult snowshoe, moderate pace, 7.2 miles, 2900' elevation gain. Dana Bolton, boltondj@comcast.net.

3/23 (Sat) **Bird Monitoring for Winooski Valley Park District** A bird monitoring walk at Delta Park, a Chittenden County birding hotspot. Meet at 668 Windemere Way, Colchester at 8:30AM. Easy walk, just over a mile and a half out. Maybe the Snowy Owl will still be in town or maybe there will be some early migrants to see. As always I have field guides and binoculars available to borrow. Juli Tyson, americorps@wvdpd.org or 978-994-0482.

3/30 (Sat) **Laraway Lookout** From the Long Trail parking on Coddington Hollow Road we'll follow the Long Trail up to see the ice formations on the rock wall below the Laraway summit, continue to the Laraway Lookout, and return. Microspikes absolutely required as the ice below the cliffs can be extensive, and snowshoes required since the trail may not be well packed. Moderate snowshoe, moderate pace, 4.5 miles, 1600' elevation gain. David Hathaway, david.hathaway.78@gmail.com or 899-9982.

3/30 (Sat) **Winter Birds** Snowy Owl? Snow Buntings? Bald Eagles on the ice? Trees full of Bohemian Waxwings? Rafts of diving ducks, loons and grebes? We'll go where the birds are! Easy outing of about three hours, 1-2 leisurely miles. Bring binoculars or use one of our extra pairs. Dress warmly; moving slowly is way chillier than hiking fast! Maeve Kim, 899-4327 or maevulus@surfglobal.net

3/31 (Sun) **Hurricane Mountain (3694') – Adirondacks** Good-bye winter, hello spring. We'll climb from the height of land on NY 9N to the summit fire tower from which we'll enjoy the panorama of Vermont's Green Mountains and the Adirondack's high peaks. Moderate snowshoe, 5.5 miles, 2000' elevation gain. Group limit 8. Contact leader by 3/30. Mary Lou Recor, mlrecor@myfairpoint.net or 660-2834.

The COFFEE STONE - from the LNT archives



Then there was the cook at Webster Shelter who dumped in an extra half-pound of coffee, made such a thick solution that the boys insisted that he start using a "coffee stone". They wouldn't drink his brew if the stone floated!

Ridge Lines
GMC BURLINGTON SECTION

Green Mountain Club
4711 Waterbury-Stowe Road
Waterbury Center VT 05677

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Burlington Section Annual Meeting and Dinner

<p>Saturday January 19, 2019 Faith United Methodist Church 899 Dorset Street, South Burlington <i>Please RSVP at gmcevents@hotmail.com</i></p> <p>Or send the following form along with a check made out to GMC Burlington Section to: Brian Williams 6 Billings Court, Burlington, VT 05408</p>	<p><i>Potluck assignments, by first letter of last name</i></p> <p>A-G Beverage* H-S Dessert T-Z Salad</p> <p><i>*Alcoholic beverages aren't permitted on church property.</i></p> <p>Adults - \$5.00 Children - free</p>
<p>Socializing starts at 5:00, dinner at 5:45. <u>Bring your own plate, eating utensils, and mug.</u> Lasagna (including a gluten-free option) and garlic bread will be served, plus potluck extras. <i>When planning your potluck dish, please bring enough for 3-4 people.</i></p>	

Name(s) _____

Number of Adults _____ Number of Children _____

Total Enclosed _____