

SINGER® PROJECTS

Designer Headbands



You are the Designer! Make these cute, fast headbands to go with any outfit.

PROJECT SKILL LEVEL: ■ □ □ □

Shopping List

Everything you need to complete this project in one place. Use this convenient checklist to ensure you have all required materials in your sewing room, or take it with you while you shop for supplies.

- o 1 - 12" x 3" piece of non-stretchy fabric to cover elastic
- o 1 - 17" x 7" piece of non-stretchy fabric for front headband piece
- o 1 - 6" piece of 1" wide no roll elastic
- o New 90/14 Universal sewing machine needle
- o Sewing thread
- o Straight pins
- o Large safety pin or Bodkin
- o Scissors
- o Iron



Optional for bow decoration:

- o 1 - 10" x 8" piece of coordinating fabric
- o Contrasting decorative thread
- o Fabric marker

Project Steps

Covered elastic (back of headband)

1. Make sure you start with a new 90/14 Universal needle!

Because we will be sewing through multiple layers of fabric and elastic, it is important to start with a sharp new needle. Get in the habit of changing your needle every 6-8 hours of sewing time.

2. Thread your machine with sewing thread in the top and bobbin.

3. Set your machine for a normal (2.5 mm) straight stitch.
4. Fold the right (pretty) sides together of the 12" x 3" fabric. The folded fabric should be 12" x 1 1/2".
5. Using the side of your presser foot as a guide, sew the long, 12", edge of the fabric.
6. Turn the tube right side out using the safety pin or bodkin.
7. Press the tube so that the seam is in the middle of the flat side.



Feel the tube seam. As you press, make sure the seam allowance is all going one way.



8. Using the safety pin or bodkin, feed the elastic into the tube, "scrunching" the fabric onto the elastic.

Feed slowly! If you pull the elastic too far into the tube you might need to start feeding again.



9. Once the end of the elastic lines up with the end of the tube, pin the tube and elastic so it won't pull through.

10. Continue to "scrunch" the fabric onto the elastic until the other end of the elastic and tube line up. Pin.
11. Sew both ends of the tube, through the elastic. Use the edge of your foot as the guide.



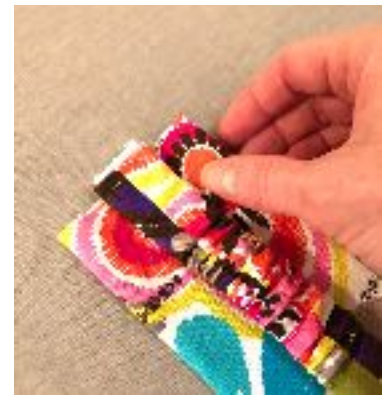
Front of Headband

12. Fold the right (pretty) sides together of the 17" x 7" fabric. The folded fabric should be 17" x 3 1/2".
13. Using the side of your presser foot as a guide, sew the long, 17", edge of the fabric.
14. Turn the tube right side out. Use a safety pin or bodkin if necessary.
15. Iron the tube so that the seam is in the middle of the flat side.

Feel the tube seam. As you press, make sure the seam is all going one way.

Construct the Headband

16. Lay the ironed 17" tube with the seam side down on your ironing board.
17. Place the covered elastic, seam side up, in the middle of the front of the headband. Align the 2 short ends.



18. Fold the extra fabric of the front headband around the covered elastic. Pin.



19. Sew across the end, using a 5/8" seam. Align the edge of the fabrics with the 5/8" guide on the stitch plate.

Reverse at the beginning and end of the seam to make it very secure!



20. Repeat steps 17 - 19 for the other end of the covered elastic and front headband.

21. Pull the covered elastic and hold the main headband until the elastic end pulls into the front headband.

The seam and fold hide the unfinished ends!

Your headband is finished!!!



Optional Bow decoration

Fabric Bow

1. Fold the 10" x 8" piece of fabric with the right (pretty) sides together.
2. Use the bow template to trace the bow onto the fabric.

Mark the opening area!



3. Using your sewing machine, follow the lines you have drawn. Use the reverse function on your machine to back stitch at the beginning and end of the stitching.

Make sure you leave the opening to turn the bow!



4. Trim the fabric to about 1/4" from the sewing.

5. Clip across the pointed corners and into the inside corners.



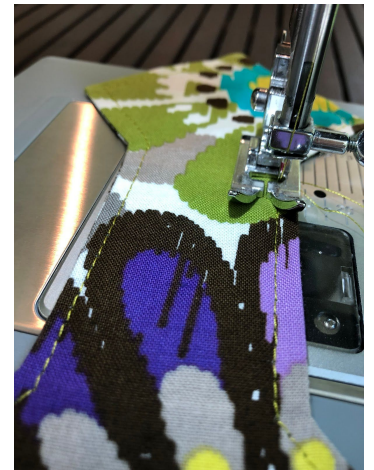
6. Turn the bow right side out.

7. Iron flat.

8. Sew the opening shut.

Pro Tip! Straight Stitch around the outside of the bow, close to the edge of the bow. This will close the opening of the bow and create a pretty topstitching.

- Change to a different color of thread to accent the bow if desired.
- Change the stitch length to 3.0 mm or longer.
- Change to the right needle position if you have different needle positions on your machine.



9. Tie the bow to the front of the headband.

Experiment with buttons, ribbons or even pins as decorations!
Have fun.



