

SÉPAQ

PARC NATIONAL DU MONT-SAINT-BRUNO

Protected area. Enriching nature experiences.

The Parc national du Mont-Saint-Bruno is a veritable biodiversity islet in the heart of an urban and agricultural area. A highly representative element of the natural region comprising the Monteregian Hills, the park encompasses, among other things, dozens of kilometres in trails accessible year round.

OUR TEAM'S FAVORITES



A

Watercraft rental at the *Lac des Bouleaux*

A one-of-a-kind opportunity to get acquainted with canoeing or riding a stand-up paddle board (SUP) in a delightful, captivating panorama while discovering this lake's innumerable secrets.



B

Orchard

Starting in late August, the park's orchard offers several varieties of crunchy, succulent apples you can pick yourself! A unique opportunity to enjoy hiking on our trails surrounded by Mother Nature's fall colours.



C

The Tea Room at *Le Vieux-Moulin*

Located in the heart of the park and proud with its 300-year-plus history, the tea room at the Old Mill (*Vieux-Moulin*) invites you to experience a tasting adventure: delve into a selection of speciality coffees and teas, Viennese pastries, smoothies, gelati, macaroons and fine chocolates in a warm, congenial atmosphere.



D

"On The Energy Cubes Trail" Course

In collaboration with the Grand défi Pierre Lavoie and "The Little Expé," the park has introduced this all-new course, based on an entertaining free-of-charge format that will acquaint youngsters with the practice of cross-country skiing in a fun, casual, laid-back atmosphere.



E

Cross-Country Skiing

A cross-country skiing network comprising 35 km of mechanically groomed trails (27 km for alternating step and 8 km for skating step) welcomes you to get away from it all for hours at a time.









F


Fatbike Trails

Large-tire bicycles, also known as fatbikes, provide traction ideal for snow-covered surfaces. Rent them and try them out on our trails! Available at the Discovery and Services Centre all year long.

DISCOVER OUR TRAILS

		LENGTH AND DURATION*		LEVEL	DEPARTURE
	Le Saint-Gabriel This trail is where the Brothers of Saint-Gabriel left a deep, durable mark. As you hike along, let the orchard, arboretum and grotto win you over.	1.8 km Loop	45 min	E	Discovery and Services Centre
	Le Seigneurial Take advantage of this trail running alongside the lac Seigneurial to learn more about the Montarville seignior's history and vacationing at Mont-Saint-Bruno.	7 km Loop	1 h 30	E	
	Les Lacs As its name suggests, this pedestrian parkway lets you discover the park's aquatic and wetland ecosystems, all extremely rich and colorful environments.	8.8 km Round trip	2 h	E	
	Le Montérégien Located in the middle of the forest, this trail is perfect for savouring the moment and bathing in this unique atmosphere that only the forest can offer: fragrances rich in underbrush, a sound environment that is cozy and calm, but also churning with life.	8.8 km Loop	2 h	I	
	Le Petit-Duc Along this trail, hikers pass between two ponds and can make eye-opening observations despite the area's visitor traffic. It is commonplace to surprise a muskrat, a great heron on watch, or a green frog giving a concert.	1.5 km Loop	20 min	E	
	Le Grand-Duc This pedestrian beltway goes through several different environments, such as shrubby wildland, a sugar maple-hickory stand, a fledgling woodland of hardwoods intolerant of shade (birches and poplars), and a field.	3.5 km Round trip	1 h	E	

*Durations and difficulty levels are mentioned as guides, and apply to the summer season.

 Hiking  Biking  Brochure/Panels  Family experience  Dogs allowed - sepaq.com/animaux

E: Easy **I:** Intermediate **D:** Difficult



IN THE WILD, YOUR SAFETY IS YOUR RESPONSIBILITY

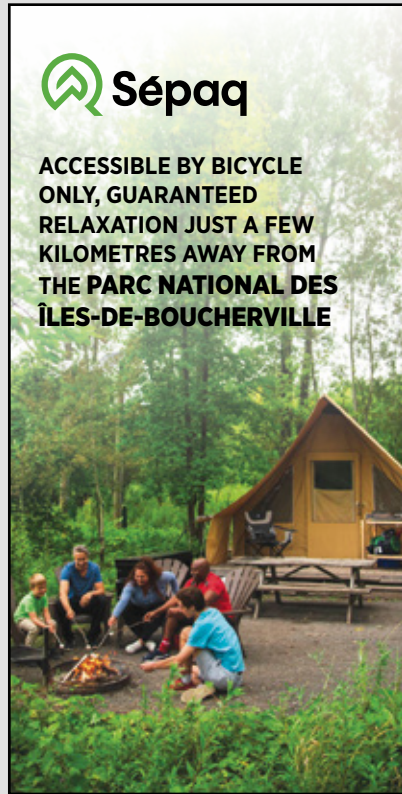
Outdoor activities can involve certain risks.

Always be sure to have the skills and abilities required for the activity you choose. It is very important to find out about the risks involved in the activity, to know and respect your own limits and to use appropriate equipment. Preparing yourself adequately is the first step in the safe and enjoyable practice of your favourite activities.

For more information, visit our website at sepaq.com/security



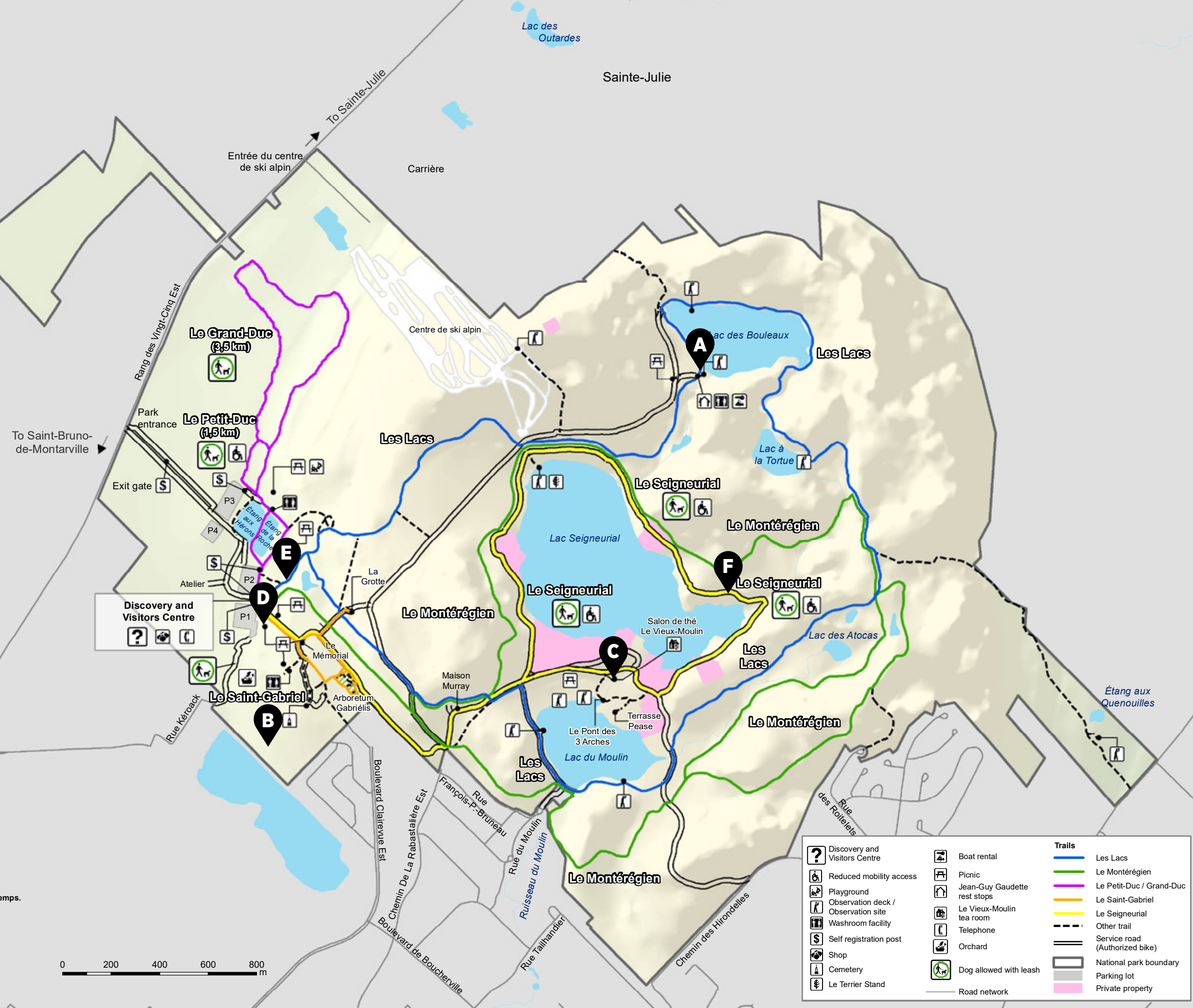
ACCESSIBLE BY BICYCLE ONLY, GUARANTEED RELAXATION JUST A FEW KILOMETRES AWAY FROM THE PARC NATIONAL DES ÎLES-DE-BOUCHERVILLE



Download via Avenza Maps

L'information fournie sur cette carte peut changer sans préavis. En cas de disparité, l'information sur le terrain doit prévaloir en tout temps.

Cette carte intègre de l'information géographique de source gouvernementale. Pour des besoins de représentation, certaines données ont subi des transformations et des adaptations qui ont pu modifier la donnée originale. Données originales utilisées Années 2022 Banque de données Sépaq Cartes topographiques à l'échelle de 1/20 000 1999 à 2005 Source des données utilisées Ministère de l'Énergie et des Ressources naturelles © Gouvernement du Québec



	Discovery and Visitors Centre		Boat rental	Trails		Les Lacs
	Reduced mobility access		Picnic		Le Montérégien	
	Playground		Jean-Guy Gaudette rest stops		Le Petit-Duc / Grand-Duc	
	Observation site / Observation site		Le Vieux-Moulin tea room		Le Saint-Gabriel	
	Washroom facility		Telephone		Le Seigneurial	
	Self registration post		Orchard		Other trail	
	Shop		Dog allowed with leash		Service road (Authorized bike)	
	Cemetery		Private property		National park boundary	
	Le Terrier Stand		Road network			

DISCOVERY TIME



The *Le terrier* Stand

During the 2021 season, *Le terrier*, a new permanent discovery stand, will once again be the lighthouse for all those explorers at heart bubbling with questions about the park's fauna and flora!

Over the seasons, come by and meet a naturalist and park warden who will share his/her passion for and knowledge of the park's natural and cultural heritage!

When: Saturday and Sunday afternoons during the summer

Shedding New Light on the Stars

Although the vast majority of space is made up of emptiness, our sky, when the Perseids appear, is as filled as one could wish! Planets, shooting stars, constellations and much more! Nighttime thus provides an opportunity to take a short interstellar flight while keeping both feet on the ground, all guided by a naturalist and park warden flanked by experienced astronomers.

Bring your blankets!

When: Friday August 12, from 8:30 to 11:30 p.m.

Reservation is mandatory.



NEW IN THE PARK!

Spotlight on Heritage Buildings and Remnants

This new series of discovery panels highlights the park's heritage buildings and remnants. Find out about the history behind the Old Mill, the Murray House, and the Pines House along your hike!

When: All through the 2022 season



Raptors Ahead!

We can more or less guess which raptors we are looking at from their outlines profiled on the horizon. One flies straight ahead, another glides while turning around... but what are these birds of prey? Where do they go? A passionate naturalist and park warden makes it a date with you in the "Old Orchard" to unveil the secrets behind the great fall migrations.

DISCOVERY ACTIVITIES

Consult the program to enrich your visit. (in French only)

You will find entertaining activities to explore the park from every angle.



Family experience Yippee, it's absolutely free!

For young people 17 years of age and under, access, accommodations, and equipment loans are absolutely free of charge.

The offer varies from one establishment to another.



CONSERVE FOR TOMORROW



Works to Increase Water Quality

During the 2021 season, works to improve runoff waters' quality and paths were carried out at the edge of lac Seigneurial. We fit up sediment holding ponds, filter marshes and thresholds in certain ditches as well as intermittent streams and creeks. For 2022, we have planned works targeting runoff waters at lac du Moulin.

An Overabundance of Virginia Deer

Virginia deer are everywhere in the park! In the wake of the 2020-2021 winter physical inventory, the Virginia deer population numbers 160 within the park's limits. This overabundance produces an adverse, harmful effect on the park's flora, not to mention that this mammal can contribute to proliferation of the black-legged tick and, in due order of succession, the spread of Lyme disease. This major imbalance forces us to reflect on, develop and implement a plan of action to regulate this overpopulation.

Did you know that the density of Virginia deer at the park is 3 times higher than density optimal?



Conservation Is Everybody's Business!

The parc national du Mont-Saint-Bruno is currently contending with a touchy problem: the fauna's development of unusual behaviours toward humans.

Keeping one's distance and refraining from feeding wild animals make for a step in the right direction. **By the way, why not to feed them?**

- Animals find in their natural surroundings the food adapted to their needs.
- Not only can our food not be suited to them, but also, and worse, it can lead to health problems, discomfort and ailments, and even cause death.
- Feeding wild animals imparts a dependency that can make them vulnerable to predators.
- Our food's appeal increases their recklessness toward humans.
- Every time we disturb and/or disrupt their natural activities, we modify their behaviours at the risk of their own lives.

CONSERVE FOR TOMORROW



Chorus frog

A Tiny Frog Re-Introduced Into the Park

The chorus frog, this minute amphibian that has made headlines over the past few months, has been the subject of a conservation project at the park. In co-operation with various partners, we have fit up ponds in a remote area of the park to harbour this species at risk. Will the chorus frog accept its new protected territory? It is in the spring and summer that biologists will be able to evaluate this new population's status.

We have fit up five ponds in the park in order to help re-establish a habitat and home for the chorus frog.

The Fight Against IASs!

It is safe to predict that over the coming years, you will see the abbreviation "IAS" more often. It stands for "invasive alien species," i.e., species that came from elsewhere, often settle aggressively into our ecosystem, dislodge and bump out our indigenous species, and automatically take over their territories. The conservation team has gone on the war path to contain the invasion of five IASs in the park! A characterization of each of these species'

populations and the actions taken in the form of manual lifting and pulling out will continue this year in order to limit their propagation.

- Garlic mustard
- Buckthorn / cathartic
- Common reed
- Japanese knotweed
- Russian venom master



Flowering Garlic mustard

OUR NATIONAL PARKS

Protected territories offering a connection to nature, for us and for future generations.

5 good practices to adopt

- Refrain from feeding the animals
- Keep your distance when animal watching
- Stay on the trails
- Don't collect natural elements (plants, dead wood...)
- Keep your right of access on hand at all times

Did you know?

Your access fee is **100% reinvested in the national parks**. By paying your fees, you are helping to protect this magnificent natural environment and the flora and fauna found there. **Thank you for your support!**

Discover what's happening behind the scenes

Stars in your eyes, birds songs in your ears... Dive into the fascinating world of initiatives to protect our natural treasures. (in French only)

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PCF



Photos: Béatrice Trudeau-Duquette, Steve Deschênes, Mathieu Dupuis, Lauriane Monette — CIME Haut-Richelieu, Guillaume Poulin, Gilles Delisle, Patrick R. Bourgeois, Shutterstock.



Parc national
du Mont-Saint-Bruno

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