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Friday, August 20, 2021

BVT student-artists take brush to table in Milford Cultural Council's Public Art Initiative



Ashley MacLure proudly stands with Murphy Potter.

UPTON — Murphy Potter of Douglas Superintendent-Director Dr. Michael F. Fitzpatrick is proud to announce that Blackstone Valley Regional Vocational Technical High School students Bianca De Oliveira of Milford and

are two of eleven artists selected earlier this spring to design a picnic table through the Milford Cultural Council's Brush to Table contest, which is an effort to increase public art in Milford.

The Milford Cultural Council unveiled all of the tables to the public at an outdoor exhibit in July at Plains Park before relocating them around town for public use. Locations for finished tables include the Garden of Hope at Fino Field, the corner of Dilla and Sumner Street, Rosenfeld Park, Plains Park, and the Milford High School fields.

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Blackstone Heritage Corridor survey results identify priorities for region

WHITINSVILLE — Results from the Blackstone River Valley National Heritage Corridor's Public Input Survey this summer reveal top interests and desired priorities in the 25-community, bi-state region extending from Worcester to Providence, R.I. BHC was assisted in this effort with the cooperation of the Central Massachusetts Regional Planning Commission (CMRPC). BHC's Board of Directors will use the results to refine goals in its strategic plan for the next five years and beyond.

Outdoor recreation topped the list of activities most enjoyed in the National Heritage Corridor, followed by visiting scenic overlooks, museums and historic sites, dining out, and concerts and plays. Of the nearly 500 people who took the survey, 15 percent do not live in the Corridor but often travel to the region to enjoy similar activities as Valley residents, and ranked recreation, museums and historical sites, food and drink, entertainment, and events as the top five things that inspire visits.

The survey asked what respondents would like to see more of in the Corridor and the top priority was identified as an off-road bikeway, followed by bike lanes on the road, canoe and kayak access points for rivers, fish ladders to open the river for Alewife, Herring, and Shad, and signage directing to historic sites.

Respondents revealed that many had never visited the Corridor's Heritage Centers, and answers showed the most visited center was River Bend Farm at Blackstone River & Canal Heritage State Park in Uxbridge, followed by the Blackstone River Valley Heritage Center in Worcester. Other Corridor centers include the Museum of Work and Culture in Woonsocket, RI, the Blackstone Valley Visitor Center in Pawtucket, RI, the Kelly House Museum in Lincoln, RI, and Roger Williams National Memorial in Providence, R.I.

The survey asked respondents to rank the importance of historical and societal features in setting goals for the Corridor. The top five include preserving the history of the communities within the

Turn To **RESULTS** page **A15**

Douglas police officer certified in car seat installation, inspection

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

DOUGLAS — One Douglas police officer has recently been certified in car seat safety.

After attending a three-day training course, Officer Adam Wright is now the department's only officer certified in car seat installation and inspection.

"What made me want to become certified is it fit with my career goals, and we haven't had a certified tech at our department in over five years," said Wright, adding that he is the community policing officer and will be attending D.A.R.E. school in November, which will help with his ultimate goal of "hopefully becoming a School Resource Officer one day."

"I felt that being a car seat installation technician would go hand in hand with my aspirations," he added.

Wright attended Worcester State University for four years, graduating with a Bachelor's degree in Criminal Justice. He was hired as a part-time dispatcher in Douglas in 2014, and in 2015, he became a part-time officer and then a full-time dispatcher in 2016. In 2018, he was hired as a full-time officer.

"I am currently enrolled in the Master's in Criminal Justice with a specialization in Leadership Program at Anna Maria College," Wright said.

Wright is the only certified officer in Douglas, he said. The process to become a car seat installation technician is attendance at a three-day, in-person training, which consists of written and practical exams.

"One common mistake with car seats is that a lot of times, people may not know their car seat has a recall," Wright said. "This can easily be looked up online and depending on what the recall is, the car seat may need to be removed."

Also, car seats need to be installed securely, he said.

Turn To **OFFICER** page **A15**

BVT completes numerous campus enhancements



UPTON — Blackstone Valley Regional Vocational Technical High School is a busy place, and summer break is no exception. While students and instructors are on sabbatical, it is the ideal time for routine and preventative maintenance, campus improvements, and special projects to be underway. Likewise, the break allows the administrative leadership team to recharge and prepare for the next school year through an annual retreat, professional development, and skill attainment activities.

As educators approach the next school year in an environment of ever-changing regulations, reopening plans must consider the possibility of additional adjustments to distancing requirements and other virus containment mandates. With a competitive grant provided by the New England School

Development Council (NESDEC), the annual retreat allowed off-campus accommodations, providing a focused opportunity for strategizing reopening plans. As well as comparing notes, exchanging ideas, and sharing best practices with colleagues from other schools.

Meanwhile, the Facility Department completes a comprehensive checklist that includes a thorough inspection of the entire school building to ensure everything is in proper working order. All classrooms, vocational shops, common areas, corridors, and lockers are cleaned and disinfected. Resolutely, the campus is sparkling and ready for the return of its staff and students.

Staff and students will notice numerous enhancements. There is a new Biotechnology shop, Chemistry Laboratory, and a significant section of the Painting & Design

Technology program received a complete renovation utilizing in-house resources, a cost-savings to the district, by tapping into student and staff expertise, talent, and skill to assist with creating a new student classroom and vinyl workroom within the shop. The Painting & Design students have happily applied the finishing touches, a fresh coat of paint, of course. They are eager to use their newly renovated area.

"At Blackstone Valley Tech, we cheer for each other, celebrate successes, and take pride in our continuous improvements and growth," said Superintendent-Director Dr. Michael F. Fitzpatrick.

"We are excited to deliver high-quality education, navigating students on their educational journey."

With summer projects complete, 65 Pleasant St. is looking spiffy. The first

day of school for all students is Monday, Aug. 23. Be sure to start the school year off right, never miss any special school events, exams, and holidays by adding all these important dates to your schedule www.valleytech.k12.ma.us/importantdates.

About Blackstone Valley Regional Vocational Technical High School (BVT)

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Millville, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills.

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We will be reverting to our normal operating hours after Labor Day Weekend. Starting on September 10th, we will be closed on Fridays and open on Saturdays from 9am-2pm.

Starting on September 1st, we will begin accepting donations for the Friends of the Library Book & Bake Sale! Donations can be dropped off in the rear entryway to the Children's Room. The Friends of the Library Book & Bake Sale will be held on Saturday, October 2nd.

September 2021 Programs Adult Programs

Gentle Flow Yoga — Mondays, September 13th and September 27th at 7pm

Join Michelle Forest, a 200HR registered yoga teacher, for a gentle yoga class at the library! Michelle's gentle yoga class combines creative and balanced movements which connect to a theme to help you deepen your practice. Yoga has inspired Michelle to live each moment more mindfully both on the mat and in her daily life. Her goal is to help others access the peace of mind and body that yoga offers. Beginners are encouraged and always welcome to attend! All attendees must arrive 15 minutes early to sign a waiver before their first class. Registration is required, please visit our website calendar to register. This class is sponsored by the Board of Library Trustees.

Mindfulness Meditation — Thursdays, September 16th and September 30th at

6pm
Mindfulness is the energy and continuous practice of being aware and awake to the present moment. In this hour-long workshop, they will practice mindful sitting meditation, mindful walking meditation, and mindful breathing in the tradition of Thich Naht Hanh. Registration is required, please visit our website calendar to register. This September series is sponsored by the Board of Library Trustees.

Virtual Bookies Book Club — Monday, September 27th at 6:30pm

Zach will lead a discussion on Far From the Tree by Robin Benway. This title is available through CWMARS and through the Hoopla Digital app. Patrons interested in participating should email zparrish@cwmars.org for a link to the Zoom session. Stay tuned for more information about in-person book club meetings!

Youth Programs

Baby Storytime Ages 0-2 years (Mondays at 11a-11:30a) & Preschool Storytime Ages 2 years - 5 years (Wednesdays at 11a-11:30a)

Weekly Storytimes are at the library... and outdoors too! Make sure to bring your own chairs or a blanket. Should the weather be inclement, we will move the program inside. Story time outdoors welcomes drop-ins, but if it is moved inside, we can only accommodate those who have registered. Older and younger siblings are welcome! Please visit our website calendar to register.

Take-Home Crafty Wednesdays — Mornings and Afternoons

Get crafty and creative with your kids every Wednesday! Stop by the library to pick up a new Take-Home craft kit each week.

Music and Movement with Deb

Hudgins — Thursdays, September 2nd and September 23rd at 11a-11:30a All ages welcome!

Join Deb Hudgins as she leads a fun-filled, theme-based program with songs, rhymes, dancing and more. This program will be held outdoors — make sure to bring your own chairs or a blanket. Please visit our website calendar to register and for rain dates. Brought to you by the Board of Library Trustees.

Magic: The Gathering Club — Mondays, September 13th & 20th, Ages 12+

Magic is a fantasy trading card game of strategy, wit, and luck! Suitable for ages 12+. Come play casual games and build decks. All skill levels are welcome! Bring your own cards or receive a starter pack from Chris of Great Stories Comics and Gaming store who will facilitate the ongoing program. If you would like to be added to the email list for Magic Club updates, send an email to Sonya at scampbell@cwmars.org. Meets first (3) Mondays of the month - 9/13 & 9/20 in the Reading Room. Stay tuned for updates! This program is free and requires no registration.

Little Lotus by Lindsey — Thursday, September 2nd, & Mondays September 13th, 20th, & 27th at 6p-6:30p, Ages 6+

Join Lindsey to practice yoga postures and mindful activities which will help you relax, lessen anxiety, and teach young ones to find their calmness. The library will provide yoga mats, however you are welcome to bring your own! Best for ages 6 and up. Registration is required; please visit our website calendar to register. Brought to you by the Board of Library Trustees.

Mandala Dream Catcher Art Program — Ages 8+, Thursday September 16th, 6p - 6:45p

Encouraging good dreams and artistic expression, while learning some history of the Ojibwe American Indian culture as we create our own dream catchers! Come join us for some fun creativity in the YA room. Please visit our website calendar to register.

Virtual Fortnite Tournament — Thursday, September 23rd 6pm - 8pm

We are partnering with One Up Games for another Fortnite tournament! The entire event will consist of FOUR games with short breaks in between each game. Platforms include Xbox One / Series X, PlayStation 4 / 5, Nintendo Switch, or PC, and participants will need a Discord account. Visit our website calendar to register! After registration you will receive a confirmation email a few days prior to the event with instructions on how to join and queue up for your matches. Brought to you by the Library Board of Trustees.

Storyteller & Musician, John Porcino Performance — Saturday, September 25th 10am-11am

For 37 years, John has been bringing audiences the gifts of laughter and insight, leaving them with nourished minds and spirits. Kindled from the flickering flames of story, song, and music, his beloved programs are humorous, tender, foolish, joyful, creating sparks from the fire of life. All ages welcome! Please visit our website calendar to register. This program is supported in part by a grant from the Uxbridge Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency.

Birdhouse Wind Chimes Art Program — Ages 8+, Thursday September 30th, 6p - 6:45p

Teaching kids to care for nature inspires and empowers them to be environmental stewards. Come join us for a birdhouse activity which they can hang in the garden afterwards for birds to take refuge! Please visit our website calendar to register.

Teen Book-In-A-Bag — Ages 13+

"Book in a Bag" is a teen subscription book program. Each month teens can sign up for the program where they will know the theme of the month chosen for the books, which will be checked out for 1 month, and placed in a Velvet Art Sunshine Tote that will be theirs to keep to artfully decorate. Please email Sonya at scampbell@cwmars.org to join!

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Pout Pond Recreation Committee hosting cardboard boat regatta

UXBRIDGE — In conjunction with Uniquely Uxbridge Day, the Pout Pond Recreation Committee is excited to be hosting a Cardboard Boat Regatta at 3:15 p.m. on Sunday, Sept. 5.

Start working on your boats now for this exciting day on the Pond! This is sure to be a great event for participants and guests alike. Looking for a great project for your STEM/STEAM club? What better way to sharpen your skills in building and designing boats for the ultimate test in the waters? For more details and information, please visit our Facebook page at www.facebook.com/poutpond.

Rules and Regulations

Boat Construction:

1. EVERYTHING on your boat must be corrugated cardboard (it cannot be wax coated; use of cardboard concrete tubes/sonotubes is not allowed) - the entire hull, superstructure and seating. No wood, metal, plastic, rubber, Styrofoam, fiberglass, or inflatable devices allowed. No pre-treated cardboard allowed.

2. The boat may only be sealed with varnish, paint or polyurethane; all sealants

must be completely dry prior to race (please consider environmentally friendly

products when using paints or seal-

ants). Absolutely no use of the following items is allowed: tar based substances, epoxy glue, fiberglass resin, rubber cement, caulk, two-part varnishes or corrugated cardboard that is bonded to other materials.

3. Duct tape may be used to reinforce seams and joints, but the entire boat cannot be wrapped in duct tape.

4. The hull may not be wrapped in plastic, duct tape, shrink wrap, contact paper, or anything else. Hulls may not be covered with any kind of rubberized compound.

5. The passenger area of the boat may not be permanently enclosed above the shoulders of the occupants. Each person must be visible while boats are in the water.

6. No motors or sails allowed. Participants are responsible to provide their own paddles.

7. Each boat must carry a closed gallon plastic jug with 15' of rope tether firmly secured to the vessel. Gallon jugs are to remain inside boat while racing and are not to be used as flotation for the vessel. This is for use in locating and retrieving any sunken remains.

8. BE CREATIVE! Boat decorations and crew costumes are highly encouraged!

Participant Rules and Regulations

1. Boat Captain must check in boat at Pout Pond no later than one hour prior

to the start of the race (2:15pm). All consent and waiver forms must be signed prior to racing (forms available at the pond or via Facebook page).

2. Each participant 12 years of age and under must be accompanied by an adult 18 years of age or older.

3. While in the water, all occupants must wear a life jacket, properly fastened, as well as proper footwear (substantial soles, no flip-flops).

4. During the competition, crew must be in the boat, not towing it, or holding it between their legs, swimming, or allowing the life jacket to provide the floatation of the vessel. To qualify as a finisher, you must be in your boat, not pushing or towing it.

5. All captains are responsible for removing their boat and boat items from the water

Technical Inspections

1. All boats must pass a technical inspection. Your boat will be inspected for compliance with stated rules.

2. You will have an opportunity to fix any violation.

3. Boats must pass inspection to be eligible for any awards. As a courtesy, any boat that does not pass inspection will be allowed to participate, but will not be eligible for any awards.

Survey results identify several local priorities in Blackstone Valley

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

REGION — Results from a recent public input survey have revealed the top interests and priorities across the Blackstone River Valley.

The survey, completed by the Blackstone River Valley National Heritage Corridor (BHC) this summer, yielded results that will be used by the Heritage Corridor's Board of Directors to refine goals in its strategic plan for the next five years and beyond.

"We're very pleased with the number and quality of the responses received," said BHC Board Chair Richard T. Moore. "Blackstone Valley residents clearly support historic preservation, environmental conservation, and an active outdoor recreation program."

Outdoor recreation topped the list of activities most enjoyed in the National Heritage Corridor, according to reports, followed by "visiting scenic overlooks, museums and historic sites, dining out, and concerts and plays." Of the nearly 500 people who took the survey, 15 percent do not live in the Corridor but often travel to the region to enjoy similar activities as Valley residents, and ranked recreation, museums and historical sites, food and drink, entertainment, and events as the top five things that inspire visits.

The survey asked what respondents would like to see more of in the Corridor, and the top priority was identified as an off-road bikeway, followed by bike lanes on the road, canoe and kayak access points for rivers, fish ladders to open the river for Alewife, Herring, and Shad, and signage directing to historic sites, reports indicate.

"Respondents revealed that many had never visited the Corridor's Heritage Centers, and answers showed the most visited center was River Bend Farm at Blackstone River & Canal Heritage State Park in Uxbridge," a press statement said.

The survey also asked respondents to rank the importance of historical and societal features in setting goals for the Corridor. The top five include: preserving the history of the communities within the Blackstone Valley; celebrating the Blackstone Valley's role as the

Birthplace of the American Industrial Revolution; telling the Valley's story to residents and visitors; supporting the National Historical Park; and supporting historical museums and sites in the Corridor communities.

Promoting tourism in the Valley ranked a close tie in this category, according to survey results.

The top five desired goals for environmental and recreation features in the Valley include completing the Blackstone River Bikeway/Greenway, improving state and local parks, preserving key features of the Blackstone Canal, developing river walks along area rivers, and organizing annual river and community cleanups.

"The results also re-affirm the Corridor's efforts to complete the Blackstone River Bikeway/Greenway and advocate for the restoration of key segments of the historic canal," Moore added.

The Blackstone Heritage Corridor manages the National Park Service Volunteers-In-Parks program and asked survey respondents if they were interested in volunteering with the National Heritage Corridor and the National Historical Park. Thirty-four percent responded yes, with their top interest being river cleanups followed by water quality monitoring, visitor center support, Blackstone River Bikeway Ambassadors, and historical interpretation.

The Blackstone River Valley is a 25-community, bi-state region extending from Worcester to Providence, RI. The Heritage Corridor added that it was assisted in this effort with the cooperation of the Central Massachusetts Regional Planning Commission.

To learn more, visit BHC's Web site at BlackstoneHeritageCorridor.org

Uxbridge Congregational Church reopening

UXBRIDGE — Uxbridge Congregational Church, on the Common, will open for in person services on Sept. 12.

Services have been held via Zoom for the past year in an effort to keep everyone safe. Rev. Frank McKenzie and the Deacons are happy to announce this opening. For those who are still feeling apprehensive we will continue services via zoom as well. Church school classes will resume in October.

We are looking forward to resuming such events as the Ham & Bean Supper in the spring if it is safe to do so.

www.StonebridgePress.com



ACCURACY WATCH

The Blackstone Valley Tribune is committed to accuracy in all its news reports. Although numerous safeguards are in place to ensure accurate reporting, mistakes can occur. Confirmed fact errors will be corrected at the top right hand corner of page A3 in a timely manner.

If you find a mistake, email news@stonebridgepress.news or call (508) 909-4106 during normal business hours. During non-business hours, leave a message in the editor's voice mailbox. The editor will return your phone call.

News from Beginning Bridges

BeginningBridgesCFCE.weebly.com
– Facebook: Beginning Bridges CFCE –
Emurray@smoc.org – 508-278-5110

UXBRIDGE — Beginning Bridges CFCE supports parents as their children's first, best and most important teachers in the communities of Mendon, Northbridge, Upton & Uxbridge. We are a non-profit, family support organization that provides FREE comprehensive services. Currently our programs include weekly indoor and outdoor early play/literacy story times, outdoor story walks and many activity suggestions on our webpage. We also sponsor parent education programs, offer the Ages & Stages Developmental Questionnaire and can connect families to resources. Our goal is to support parents as they guide their children to reach their optimum potential. We work with many community partners who share the same goal of strengthening our communities. Funding for the Coordinated Family & Community Engagement Grant (CFCE) is provided by the Massachusetts Dept. of Early Education and Care (EEC) and sponsored by South Middlesex Opportunity Council (SMOC-Childcare/Head Start).

Upcoming Events- We are excited to welcome families back IN PERSON this fall. A newsletter will be sent to families with fall programs in early September. Programs will also be posted on our website.

Registration will be required for all upcoming events and play groups. For more information contact Emily Murray at 508-278-5110 or Emurray@smoc.org.

Douglas church to host yard sale benefiting Walking in Light

DOUGLAS — A yard sale to benefit Walking in Light (a non-profit that serves low income families in Worcester and greater Blackstone Valley) will be held on Saturday, Sept. 11 from 9 a.m. to 2 p.m. at the Second Congregational Church of Douglas (289 Main St., Douglas).

PET of the WEEK



Meet Nelly a 2 year old female! This gorgeous girl came to us from Korea, with her best buds Liam and Ode. She is a sweet, active girl who loves to play! She is looking for a quiet adult only home where she can gain confidence and learn how to be a dog. Nelly is a lot of fun, and really loves to play! It is so rewarding to see how much she loves life. Other dogs help her feel safe, so she must go to a home with another dog. She is brand new to a leash, so she is looking for a home with a fenced in yard. If you think Nelly could be the one for you, please email adopt@baypathhumane.org today!

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Gail Boutiette – Outreach Coordinator
Donna Oncay – Transportation Coordinator
Omer Boucher – Van Driver
Sally Selvidge – Activities Coordinator
Edwina Porter – Chef

DIRECTOR NEWS FOR SEPTEMBER 2021

The Home Delivered Meals program will be discontinued on September 2nd in order to fully re-open the Congregate Lunch Program five days a week, effective on September 13th. If you would like home delivered meals, you may be eligible for the Tri-Valley Home Delivered Meals Program. We can help refer you to this program, please call the center for assistance. All of the senior center lunches are cooked with fresh ingredients and are nutritious, heart healthy meals. We strongly encourage folks to attend the center for lunch, check out the Senior Center Congregate Lunch Menu, in this newsletter, for more info and be sure to RSVP by calling the center to reserve your spot. Transportation is provided to and from the senior center.

We are proud to announce the Grand Re-opening of the Center is scheduled for the week of September 13th-17th. Please check out the Activities Calendar, in this newsletter, for special events this week. In addition, please plan to attend our Grand Re-opening Luncheon on Friday, September 17th for a BBQ sponsored by State Rep. Mike Soter! Tim Brooks will provide the entertainment! RSVP is required; sign up early because this event will fill-up fast!

Additional services are being added back on the schedule this month:

*Benefits Enrollment Program with Tri-Valley: September 14th from 1pm-2pm.

**"Ask the Attorney": September 20th at 1:30pm. Atty. Ralph Tepper is available to answer your legal questions.

*SHINE program: September 21st from 9am-12pm

**"Ask the Nurse": September 28th from 11am-12pm. A nurse from the Salmon Health VNA will do blood pressure checks and answer your medical questions.

Please call the senior center to book your appointments.

Are you in need of disposing of sharps? The senior center now has a drop off sharps box. Please ensure

your sharps are in an appropriate sharps container. The following items are accepted: needles, syringes, lancets, infusion sets, connection needles/sets, auto injectors (epi and insulin pens). The following are NOT accepted: prescription meds, aerosol cans, inhalers, liquids, garbage or hazardous waste/chemicals. Thank you to the Uxbridge BOH for helping us obtain this receptacle. Additional containers will be available for use.

Stay well, Lisa Bernard
Flu Shot Clinic will be held on Monday, October 4th from 9:00 am – 12:00 pm at the Uxbridge Senior Center. This is a program with the Uxbridge Hannaford Pharmacy. Call the senior center 508-278-8622 to sign up. Transportation to and from the center will be available for those who need a ride.

Wednesday, September 1st – 12:00 pm – 2:00 pm – Fallon Health Medicare – Call 508-278-8622 and make an appointment with Bill Bjerke to learn about what Fallon has to offer, if you're getting ready for Medicare or to get answers to those questions you have been thinking about over the past year.

Monday, September 6th – The senior center will be closed in Observance of Labor Day. We will re-open on Tuesday, Sept. 7th.

Tuesday, September 14th – 1:00 pm – 2:00pm – Benefit Enrollment Center – Tri-Valley, Inc. Call the senior center to book an appointment with Cole Ackerson.

Monday, September 20th – 1:30 pm – "Ask the Attorney" with Attorney Ralph Tepper by appointment only on the third Monday of every month. Please Call 508-278-8622 to schedule your appointment at the Uxbridge Senior center. There will not be one scheduled for Oct. 18th.

Thursday, September 30th – The Foot Doctor starting at 8:30 am at the Uxbridge Senior Center. Appointments are set up on a first come, first served basis. If you would like an appointment with Dr. Biancamano, please call 508-278-8622 to schedule. Transportation is available.

SHINE Appointments are now available on the Third Tuesday of the Month from 9:00 am – 12:00 pm with our SHINE Representative Pat Nectow. Call 508-278-8622 to schedule for Tuesday, September 21st.

Call 508-278-8622 to schedule.

Knitting Club every Tuesday @ 1:30 pm – Space is limited and must continue to maintain social distancing. Please RSVP 508-278-8622.

Every Wednesday @ 9 AM* Weather Permitting – MCOA Walk Massachusetts Challenge Continues - Program runs until Sept. 30th and is incorporated with Sally's Walking Club! Meet at the Blackstone Valley Greenway on Adams St., S. Uxbridge. To sign up call 508-278-8622 or go to www.mcoonline.com/walkma

1st and 3rd Wednesdays – Sept. 1st & Sept. 15th @ 10:00 am – Bank & Pharmacy Rides. Please call at least 24 hours in advance if you need a ride. Masks must be worn as well.

2nd and 4th Thursdays – Sept. 9th & Sept. 23rd @ 9:30 am – Shaws/Ocean State Shopping Rides. Please call at least 24 hours in advance if you need a ride. Masks must be worn and limited to 4 people on the van.

Medical Transportation is accepting appointments. Call 508-278-8622 to schedule your rides.

Feel free to contact us at 508-278-8622 or visit us on our web page at Uxbridge-ma.gov/coa or like us on our FB page or by googling Uxbridge Senior Center and our new YouTube Channel or even dropping by.

Uxbridge-ma.gov/Council-Aging
<https://www.facebook.com/UxbridgeMASeniorCenter>
https://www.youtube.com/channel/UCNh_Rlq99rucmFH-UO7VFBw
<https://www.uxbridgetv.org/schedule/192>

News from SHINE for September 2021

Look for important mail from your drug and health plans

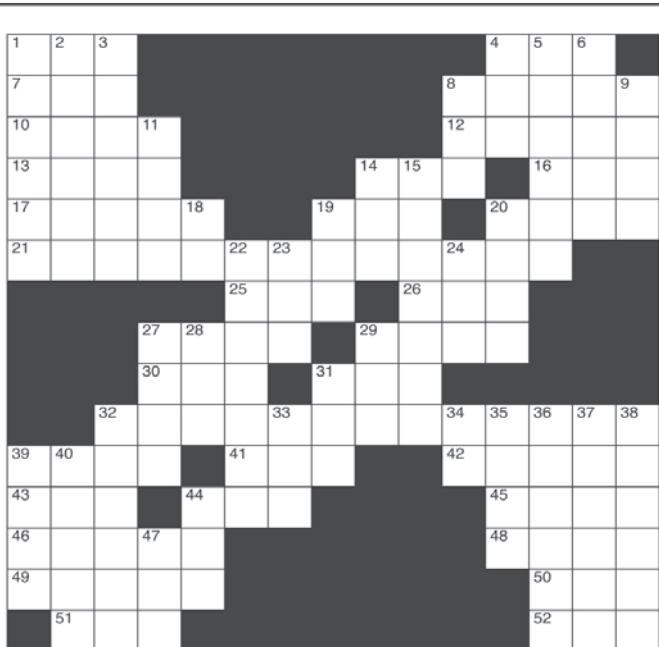
It's that time of year... if you have a Medicare Part D Prescription Drug or Medicare Advantage plan, your plan will mail you a document called the Annual Notice of Change (ANOC) by the end of September.

The ANOC is a summary of changes to your plan for 2022. Your costs (premiums, deductibles, and copays), covered medications, and provider networks may change from year-to-year. Make sure you read this important document and think about whether your plan will continue to meet your needs. If you do not receive it in the mail, call your plan and request another copy.

If you would like to change your plan for 2022, you may do so during the annual Medicare Open Enrollment Period. You may make changes to your coverage between October 15th and December 7th, and the changes will take effect January 1st. SHINE counselors can help you to understand changes to your current plan, as well as discuss other options you may have. Don't wait: if you would like to meet with a SHINE counselor during open enrollment, make your appointment early!

SHINE Appointments are now available on the Third Tuesday of the Month from 9:00 am – 12:00 pm with our SHINE Representative Pat Nectow. Call 508-278-8622 to schedule for Tuesday, September 21st.

Volunteers Needed for Tax Preparation Tax-Aide, a partnership between the IRS and the AARP Foundation, needs volunteer counselors to help low- and moderate-income persons in your community prepare their Federal and Massachusetts income taxes. Additional positions for site greeters are also available. Last year over 4,700 returns were prepared at 41 sites around Worcester County. Nationally almost 3 million taxpayers avail themselves of Tax-Aide services. Volunteers work 4-6 hours per week for the eleven weeks during tax preparation season – Feb 1st to Apr 15th. Training for volunteer preparers will be on three Saturdays in December. Internet access and basic computer skills are necessary. For an application and/or further information, go to: <https://aarp.org/taxaide> Select volunteer, then select Tax Aide from the drop down.



CLUES ACROSS

- 1. Midway between east and southeast
- 4. Sun up in New York
- 7. Japanese honorific
- 8. Czech name for Prague
- 10. Ochocinco's first name
- 12. Steep cliffs (Hawaiian)
- 13. Scots word for "home"
- 14. Upper class young woman (abbr.)
- 16. Monetary unit of Albania
- 17. Raise
- 19. Drain of resources
- 20. Uncultured, clumsy persons
- 21. Hikers use them
- 25. Retrospective analysis (military)
- 26. Tibetan form of chanting
- 27. Influential European statesman
- 29. Soluble ribonucleic acid
- 30. Monetary unit of Romania
- 31. Round green vegetable
- 32. Well acquainted with
- 39. Ribosomal ribonucleic acid
- 41. Basics
- 42. "The Godfather" actress Keaton
- 43. Snakelike fish
- 44. Tall deciduous tree
- 45. Russian river
- 46. Long Balkans river
- 48. Ancient Greek coin
- 49. Senegal's capital
- 50. Unwell
- 51. Snout
- 52. Low bank or reef of coral

CLUES DOWN

- 1. Abstain from
- 2. Vast desert in North Africa
- 3. Cover the crown of a tooth
- 4. A major division of geological time
- 5. Urban center
- 6. Crook
- 8. Parts per billion (abbr.)
- 9. Questions
- 11. A pack of 52 playing cards
- 14. Recording of sound
- 15. Pithy saying
- 18. Atomic #22
- 19. Soviet Socialist Republic
- 20. Plant with ridged seedpods
- 22. Innate
- 23. Investigative body for Congress (abbr.)
- 24. Soda receptacle
- 27. Spanish stew: __ podrida
- 28. Viet Cong offensive
- 29. Large body of water
- 31. Beginning military rank
- 32. Dissimilar
- 33. Counteroffensive system (abbr.)
- 34. Shows who you are
- 35. Chinese dynasty
- 36. Type of verse
- 37. African nation
- 38. Quite
- 39. Former Bucks star Michael
- 40. Showed again
- 44. Body part
- 47. Steal



Save The Date! The Uxbridge Elderly Connection will hold its 15th Annual Uxbridge Senior Center Golf Outing on Monday, October 18, 2021. This will be held at the Whitinsville Golf Club starting at 12 noon, Shotgun start, 9 holes with a Fee of \$100. Contact Russ Rosborough @ 508-579-5983 or Karen Beane @ 508-769-3816. Line up your foursome! More details to follow.

Bloomin' 4 Good Program – Thank you to all who have participated in this program in the month of August!

Live ZUMBA Classes for Seniors with Amy Smith continue Thursdays from Sept. 2nd – Sept. 16th – 1:30 pm – 2:30 pm – New classes starting October 7th @ McCloskey.

Live Chair Yoga Classes with Dr. Tapscott continue Thursdays Sept. 2nd – Sept. 16TH - 2:45 pm – 3:45 pm – There will not be a session on August 12th – New classes starting Oct. 7 @ McCloskey.

Tuesday, September 14th - 9:00 am – 12:00 pm - SHINE Representative Pat Nectow by appointment only. Call 508-278-8622 to schedule.

Tuesday, September 28th – 11:00 am – 12:00 pm – Ask The Nurse is Back! Salmon VNA will be available for a Free Blood Pressure Clinic every 4th Tuesday. Feel free to join us for lunch and participate in this important free monthly clinic.

The Uxbridge Lions Club are having their annual car show on Saturday, October 2nd with a rain date of Saturday, October 9th. This will be held at Valley Chapel at 14 Hunter Road, Uxbridge from 10 AM-3 PM.

Card Games will be played during our Monday Congregate lunches and BINGO will be on Wednesdays.

Hannaford grocery shopping every Tuesday. Pick up begins at 8:30 AM. Please sign up in advance by calling us at 508-278-8622 to reserve your seat on the van. Masks are required and seating is limited.

Appointments are now available on the Third Tuesday of the Month from 9:00 am – 12:00 pm with our SHINE Representative Pat Nectow.



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Uxbridge Community Gardens celebrates 10 years

UXBRIDGE — Come celebrate ten fabulous seasons for the Uxbridge Community Gardens (UCG) at an Open House on Saturday, Aug. 21 from 4 to 6 p.m. (Rain date Sunday, Aug. 22). There will be a scarecrow contest, a scavenger hunt with prizes for the kids and a series of lively lawn games, including a Corn Hole competition. Visit with a beekeeper or watch the process of converting ripe tomatoes into luscious homemade puree to be savored as the weather turns cooler. You'll even have a chance to win a garden themed basket just for attending the event.

To make your visit even better, the Sweetwise Ice Cream Truck will make an appearance, as will a shiny Uxbridge Fire Department truck for the kids to clamber over! Enjoy light snacks, beverages and Anniversary Cake as you stroll through several acres of cultivated spaces maintained by local gardeners.

The whole community is invited to the Open House. Mark your calendar – tomorrow, Aug. 21 from 4 to 6 p.m. COMM. at the UCG, Sutton Street (next to the Youth Soccer fields), Uxbridge.

Uxbridge Lions Car Show slated for auto enthusiasts

UXBRIDGE – Collecting trophies and ribbons is one exciting aspect for participants in car shows, but showing off their autos in various categories with pride and love is what it is really about. The Uxbridge Lions will host its Third Annual Car Show on Saturday, Oct. 2, from 10 a.m. to 2 p.m., at Valley Chapel, 14 Hunter Rd. in Uxbridge.

All car classes are welcome from Antique to Muscle to Foreign Cars and Trucks. Even motorcycles can zoom

by. The Registration Fee for every category is only \$10. Admission to the public is free. For convenience, registration can be made in advance, but not required, by making checks payable to Uxbridge Lions Club, P.O. Box 455, North Uxbridge, MA 01538. Be sure to include pertinent information like name, phone number, vehicle make/model. Prizes will be awarded in a variety of categories by a panel of judges. The People's Choice Award is always a favorite.

Building on the success of the previous two Uxbridge Lions car shows, the event will include DJ Mark Desmarais to entertain with music, announcements of awards, prizes and drawings keeping things fun and festive. Food will be available and Sweetwise Ice Cream Truck will be on site. A caricaturist will be a delightful addition. It will be a fun event for spectators of all ages.

Local businesses and organizations can support and participate by

being Bronze \$25, Silver \$50, Gold \$100, and Platinum \$200 sponsors. Sponsors will be prominently displayed and announced throughout the day and acknowledged in print and radio advertisement. Checks can be sent to the Uxbridge Lions Club, P.O. Box 455, N. Uxbridge 01538 or contact President Diane Seely at dmseely@hotmail.com.

The Uxbridge Lions Club is a member of Lions International which is the largest service organization in the world with

clubs in 205 countries with more than 1.4 million members. Locally, the Uxbridge Lions have supported many organizations including school programs, student scholarships, First Night, Uniquely Uxbridge, Uxbridge Senior Center, the Food Pantry, Uxbridge Little League and Flag Football. Recently, it took over Beautify Uxbridge. While contributing to resources aimed at sight and hearing research, disaster relief, vaccinations and diabetes awareness,

clearly home is where the heart is for this club.

President Diane Seely is enthusiastic about the club's third foray into the world of car shows saying, "We're hoping the community comes out to see these incredible vehicles of all time periods, colors, shapes and sizes and meet the great people who treat them with such TLC."

There you have it: Saturday, Oct. 2 (rain date Oct. 9). Enjoy the peeping at the car show. The leaves will be around for a while.

Nine is the new 18 at Uxbridge Senior Center golf outing

UXBRIDGE – The 15th Annual Uxbridge Senior Center Golf Outing, sponsored by the Uxbridge Elderly Connection, features what is now regaled as "nine is the new eighteen." On

Monday, Oct. 18, the golf outing will be held at Whitinsville Golf Club in Whitinsville, starting at noon with a Shotgun Start. Whitinsville Golf Club was recently named

the second best nine-hole golf course in the world by golf.com and is regarded among the top courses in Massachusetts.

Teams of four may sign up to play for \$100 per golfer for nine holes which includes cart and

buffet supper. Golfers may contact Russ Rosborough at 508-579-5983 or Karen Beane at 508 769-3816. A full sponsor may be purchased for \$600 which includes fees for 4 golfers, carts & supper, plus tee sign with additional acknowledgement in press and print matter. Special events at the golf outing include two closest to the pin prizes, longest drive, team prizes, individual prizes and more. The number of teams is limited to 14 on Oct. 18, so don't hesitate to sign up early. Non-golfers may join in the fun for \$30 for buffet only at approximately 3:30 p.m.

Local businesses and community members may support the event by purchasing a tee sign, making a donation or donating a basket or gift

item. Tee signs go for \$100 and are a mainstay of this important fundraiser which benefits our Uxbridge Senior Center in its efforts to provide numerous services, education, nutrition, medical transportation and socialization for our Uxbridge seniors.

Forms for golfers and donors also can be obtained at the Uxbridge Senior Center between 8 a.m. and 4 p.m. Or contact Cathy Thornton at catherinethornton941@gmail.com or Phyllis Dunn at phyllisdunn@hotmail.com, regarding tee signs, gifts or donations. Checks may be mailed to Uxbridge Elderly Connection, Inc., P.O. Box 215, Uxbridge, MA 01569.

Much praise for the staff of the center, under the leadership of Director

Lisa Bernard, which has succeeded at keeping services going, while following required protocols during the pandemic, beyond what could be reasonably expected.

The Uxbridge Elderly Connection, Inc., is a non-profit 501 c 3 organization and donations are deductible to the extent allowed by law. The Board of Directors includes Russ Rosborough, President; Phyllis Dunn, Vice President; Cathy Thornton, Secretary; Marianne Shanley, Treasurer; Donna Oncay, Karen Sherlock, Karen Beane, Sharon Emerick, and Peggy Stewart. Its mission is to support the Uxbridge Senior Center and to fulfill some of its needs not provided for by its municipal budget.

Daniels Farmstead gearing up for a fun and festive September

BLACKSTONE — The Daniels Farmstead in Blackstone is gearing up for a fun and festive September, beginning with Astronomy Evening at the Farm on Saturday, Sept. 11, 6 to 9:30 p.m.; the Boston Mycological Club Walk on Sunday, Sept. 12 10:30 a.m.; the annual Apple Festival on Sunday, Sept. 19 11 a.m. to 2 p.m.; and the ever-popular Antique Tractor, Truck and Car Show on Sunday, Sept. 26, 10 a.m. to 3 p.m.

The Daniels Farmstead Farmers' Market is open every Sunday from 11 a.m. to 2 p.m. through to Sunday, Oct. 3. As always, everyone is welcome to come visit and enjoy the property; shop from a wonderful selection of vendors, offering fresh local produce, dairy products, bakery items, specialty sweets and fudges, handmade candles, soaps, quilts and so much more. Doris' Kitchen is open for lunch as well. House tours are available. Live music most often accompanies each Sunday Market.

Please visit the Daniels Farmstead Foundation Inc. website www.danielsfarmstead.org for all the details



Community Connection

Your guide to local businesses and events! To join us, please call June at 508-909-4062 or email jsima@stonebridgepress.news.

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Worcester Academy announces Semester 2 Honor Roll and Headmaster's List

WORCESTER — Worcester Academy proudly announces its final Honor Roll and Headmaster's List for the 2020-2021 School Year. The honors represent the achievements that each of these Worcester Academy students has earned through academic excellence, challenge, and personal growth.

- Tim Reiter of Whitinsville, Grade 8, Honor Roll.
- Brendan L'Italien of Douglas, Grade 9, Headmaster's List.
- Jeffrey Robinson of Whitinsville, Grade 11, First Honors.
- Lena Dresp of Northbridge, Grade 11, Headmaster's List.
- Larissa Dowd of Northbridge, Grade 11, Second Honors.
- Allison Athanas of Whitinsville, Grade 12, First Honors.

About Worcester Academy
Worcester Academy, founded in 1834, is an independent day and boarding school for boys and girls in grades 6 to 12 (and postgraduates). Located in the thriving city of Worcester, the Academy provides an exceptional educational experience that fosters personal growth, nurtures a sense of belonging and well-being, and develops intellect and understanding through authentic community engagement and real-world experiences. Students define what it means to "Achieve the Honorable" and are equipped to honorably impact the world wherever they go.

Yard sale, craft & bake sale planned at Uxbridge Congregational

UXBRIDGE – The Prayer Shawl group of the Uxbridge Congregational Church will conduct a Craft & Bake Sale on Oct. 2 from 9 a.m. – 2 p.m. in the church parking lot. It will be a good time to begin your holiday shopping with many beautiful items as well as home-made jellies, jams, gluten free baked good and pies.

A yard sale will also take place on the same day in the parking lot for those who enjoy browsing household items. More information on the yard sale will be available soon. Stay tuned and watch for our ads.

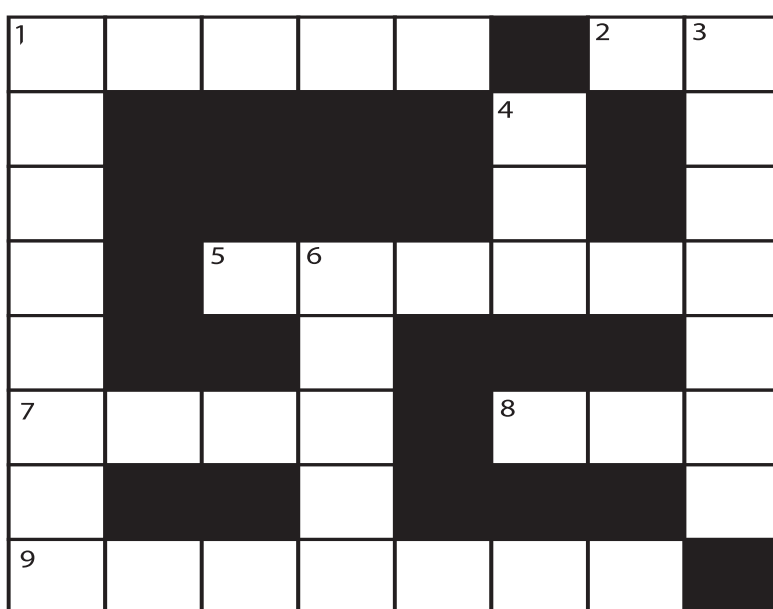


HEALTH FACT:

BEFORE A NEW SCHOOL YEAR BEGINS, MANY STUDENTS MUST VISIT THEIR DOCTORS TO GET ONE OF THESE.

ANSWER: A PHYSICAL EXAM

Crossword Puzzle



ACROSS

- Place to eat
- Type of computer
- Teachers write on these
- Refers to two or more of things
- Witness
- Study of the physical and natural world

DOWN

- Those who give lessons
- Courses in school
- Belonging to more than one
- Yellow, brown or red color

Answers: Across 1. Table 2. PC 3. Boards 4. See 5. Science 6. Each 7. See 8. Science 9. Science Down 1. Teachers 2. Classes 3. Boards 4. Our 5. Ochre 6. Ochre

THIS DAY IN...



HISTORY

- 1590: JOHN WHITE, THE GOVERNOR OF THE ROANOKE COLONY, RETURNS FROM ENGLAND TO FIND THE SETTLEMENT DESERTED.
- 1783: A HUGE FIREBALL METEOR IS SEEN ACROSS GREAT BRITAIN.
- 1963: JAMES MEREDITH BECOMES THE FIRST AFRICAN AMERICAN TO GRADUATE FROM THE UNIVERSITY OF MISSISSIPPI.

New Word

EDUCATE

give instruction to someone

How they SAY that in...

- ENGLISH:** Student
- SPANISH:** Estudiante
- ITALIAN:** Studente
- FRENCH:** Élève
- GERMAN:** Schüler

Did you know?

WHILE MOST SCHOOLS BREAK IN THE SUMMER FOR A FEW MONTHS TO MARK THE END OF THE SCHOOL YEAR, OTHERS HAVE CLASSES YEAR-ROUND.

GET THE PICTURE?

Can you guess what the bigger picture is?

ANSWER: SCHOOL BUS

CRYPTO FUN

Determine the code to reveal the answer!

Solve the code to discover words related to vision. Each number corresponds to a letter. (Hint: 25 = H)

A. 11 8 5 25 4
Clue: Ability to see

B. 2 25 26 2 16 12 6
Clue: Thorough examination

C. 4 26 23 9 11
Clue: Eye secretion

D. 17 21 8 7 16
Clue: Close eyelids

Answers: A. sight B. checkup C. tears D. blink

SUDOKU

1		2		3				
					7			
		6		5	1	9		
2	9			7				
	6		3				4	
					8			1
7				6			8	
6	3			2		7		
	5				4			

Level: Advanced

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

9	5	2	7	8	4	6	1	3
6	3	8	9	2	1	7	5	4
7	1	4	5	6	3	2	8	9
4	7	3	6	9	8	5	2	1
8	6	5	3	1	2	9	4	7
2	9	1	4	7	5	8	3	6
3	4	6	8	5	7	1	9	2
5	2	9	1	3	6	4	7	8
1	8	7	2	4	9	3	6	5

ANSWER:



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BRENDAN BERUBE
EDITOR

EDITORIAL

“Is this Heaven?”

“No. It’s Iowa.”

An incredible moment happened last Thursday, and baseball fans all across the country watched. The Chicago White Sox and the New York Yankees met for an old fashioned game of ball in Dyersville, Iowa, where dreams really do come true.

The two teams, and thousands of fans came together, in a cornfield, at the Field of Dreams. The diamond was constructed right next to the original set of the 1989 film that gave the location its name.

The movie highlighted the magic and the history behind baseball. Inspired by the true story of disgraced White Sox player Shoeless Joe Jackson, who was infamously bribed, along with seven other teammates, to ‘throw’ the 1919 World Series, ‘Field of Dreams’ offers his ghost the chance at redemption that he never had in life. We remember fondly the first time we watched the movie, reaching for a box of tissues when Kevin Costner’s character, Ray, asks his father’s ghost to ‘have a catch’ that helps them both heal their troubled relationship as well.

During the broadcast of last week’s game, Costner, in the same blue jeans and white shirt he wore in the movie, appeared slowly, as he walked into sight from the cornfield, re-creating a scene from the movie. According to fans, it was magic, surreal. Anyone who has watched the film, would have driven to Iowa to watch the ‘baseball men’ play, if it was real. Thursday’s game was the closest they’ll ever get. There is no doubt that as fans watched the modern day ball players at work, thoughts of Archibald ‘Moonlight’ Graham, Shoeless Joe, Babe Ruth and others came to mind.

Costner addressed the fans as he made his way to towards the pitcher’s mound, stating “We’ve come to see the first place White Sox play the mighty Yankees in a field that was once corn. It’s perfect. We’ve kept our promise. Major League Baseball has kept its promise. The dream is still alive. There’s probably just one question to answer: ‘Is this heaven?’”

The players emerged, like the film’s ghosts, from the cornfield, leaving the fans in awe.

The game brought the sport back to the basics for just one night. What is simpler than a soda, a hot dog and some popcorn? How surreal to be able to sit close enough where the players can actually make out what the fans are yelling, or what they’re saying to raz the umpires.

The White Sox bested New York in a close match when Tim Anderson hit a walk off home run far off into Iowa’s country sky. The game was described as a time capsule from a different era. In a post game interview, Yankees Manager

Aaron Boone said, “That’s probably the greatest setting for a baseball game that I’ve ever been a part of. Kevin Costner standing out there in short center field, that’s probably a moment I’ll remember the rest of my life.”

Many fans agreed that being at the game was a dream come true, it didn’t matter who won.

There are talks that the game may come back to Iowa next year. But more importantly, America’s greatest past time, reminds us that in times of uncertainty, there will always be baseball. The famous quote below is from the film. It’s a powerful message of unity that is refreshing to read.

“People will come, Ray. They’ll come to Iowa for reasons they can’t even fathom. They’ll turn up your driveway not knowing for sure why they’re doing it. They’ll arrive at your door as innocent as children, longing for the past.

“Of course, we won’t mind if you look around,’ you’ll say, ‘It’s only \$20 per person.’”

“They’ll pass over the money without even thinking about it: for it is money they have and peace they lack. And they’ll walk out to the bleachers; sit in shirtsleeves on a perfect afternoon. They’ll find they have reserved seats somewhere along one of the baselines, where they sat when they were children and cheered their heroes. And they’ll watch the game and it’ll be as if they

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OPINION

Garden helps and healers

Opinion and commentary from the Blackstone Valley and beyond

If you have a garden, you’re likely growing health promoting plants that offer more than nutritional benefits. From flowers and herbs to vegetables and wild plants, nature provides a wide variety of natural healers that aid in everything from taming a tummy ache to fighting off a fever blister. Read on for some garden favorites that offer the bonus of being beneficial health aids.



TAKE THE HINT
KAREN TRAINOR

combined. Pour into your prepared tins and let sit 15-20 minutes until cool. Makes two tins of balm, about two ounces each. ***

Note: Information is offered for general interest only and should not be taken as health advice. Contact your physician before ingesting or applying any herbs or plants. ***

Marigolds a.k.a. Calendula, with their bright yellow and orange hues, are not only lovely in the garden, they are useful, with their unique properties offering a variety of benefits. The Marigold not only repels mosquitos and other pests from the garden, its anti-inflammatory properties also aid in treating minor cuts and abrasions - and the flower may be antibacterial (it was used during the Civil War to draw out infection in wounds). Marigolds are also used to soothe and heal such skin ailments as burns and acne. Here’s a recipe for Marigold Balm from Old Schoolhouse magazine’s Homestead Newsletter: You will need: 1/2 cup dried calendula petals (available in bulk at a health food store or from your garden), one ounce beeswax, 1/2 cup olive oil, a sterile tin to hold your finished project Place the petals and oil into an oven proof dish. Preheat the oven to 200 degrees. Place the oil and herbs into the oven, then turn it off and leave for three to four hours. Remove from oven to cool for an hour or so on the counter. Once cool, strain out the herbs with cheesecloth. Add the beeswax to the remaining oil and put back into the oven (or you can use a microwave for this part). Heat just until the beeswax is almost melted. Stir until it is completely melted and

Many backyard gardeners grow tomatoes, and the season’s first ripe, red tomato on the vine is a summer pleasure worth waiting all year for! Whether they are in a vegetable plot, container garden, or upside down planter, tomatoes are not only delicious and nutritious, they also offer an array of health benefits. In fact, it’s been well publicized that tomatoes are rich in lycopene, a powerful antioxidant. But did you know the tomato is one of the top five food sources of vitamin C, vitamin A, vitamin E, potassium and fiber? Tomatoes are also excellent sources of phytochemicals, polyphenols and carotenoids. And research shows tomatoes an aid in lowering blood pressure. According to an Israeli study, adding tomatoes to a diet can reduce systolic blood pressure by 10 points and diastolic pressure by four points. The secret weapon once again, is the tomato’s high concentration of lycopene. The delicious dosage? About four whole tomatoes daily, which is easy during peak season. Off season, use chopped and canned garden tomatoes in chili, tomato sauces and soups to reach your daily dose. ***

The pansy is a common, easy to grow flower. With their colorful “faces” a plot of pansies add personality to a garden or window box, but the ancient, edible flower is also a valuable detoxifying and anti-inflammatory agent. In addition, it’s been claimed the pansy is also helpful in treating eczema, asthma and allergies.

Pansies grown without pesticides can be enjoyed in their natural state, simply washed and tossed in a salad or cold drink, or the flowers may be made into a healthful tincture or tea. To make a pansy poultice for external skin application to treat eczema and impetigo, simply add two tablespoons of pansy petals to two cups boiling water. Allow to steep for about 20 minutes and cool. Soak clean cloth in mixture and apply to skin, *

Growing garlic? The health virtues of garlic have been touted for generations. Here are a couple to try: *The book, “The Healing Power of Garlic,” suggests garlic nose drops can kill the viruses that cause cold or flu. Here are the book’s instructions on concocting the drops: Crush some garlic to obtain juice, and add ten parts water and mix well. Apply as you would regular nose drops.

*According to a home remedy published long ago, if you place a clove of garlic on each side of the mouth between the teeth and cheek, a cold will disappear within a day. It’s worth a try! ***

Tea Tonics Natural teas are used to treat many maladies. If you are growing these herbs, you already have the ingredients for some healthful healers!

*Fever Treatment Tea: Some Native American tribes treated a low grade fever with sage, as in this old time recipe. As a bonus, the dried peppermint supplies the tea with a soothing, cooling effect. To do: Pour one cup boiling water over two teaspoons dried, edible sage and one teaspoon dried peppermint. Steep. Strain, and sweeten with honey if desired. Slowly sip up to three cups a day.

*Cold Sore Cure: Drinking sage tea can prevent and treat fever blisters and cold sores. To do: Pour one cup boiling water over edible sage leaves and a

Turn To **HINT** page **A9**

LETTERS TO THE EDITOR

Are We crying yet?

=To the Editor:

Those of us who have been fortunate to live in the land of the free and home of the brave, who have enjoyed freedoms enshrined in the Constitution and Bill of Rights, should now be crying for a number of reasons. In Afghanistan, we invested ‘treasure’ in terms thousands of men and women who either made the ultimate sacrifice or returned maimed in body and brain. \$978 billion of our tax dollars were invested in training an Afghan army, supposedly able to stand up and defend their country, and sunk into military material to support that end with ground weaponry and airplanes. How many Gold and Blue star families are crying today over their losses for no apparent gain?

Looking at scenes from newsfeeds of the ‘fall of Kabul,’ how many thousands of Afghans and their families, who assisted the United States over the past 20 years, will be left to a fearful fate in the face of the resurgent Taliban? While Secretary of State Blinken may reject a comparison with the ‘fall of Saigon’ in 1975, those who witnessed helicopters with those poor Vietnamese hanging from skids, cannot forget the similarity! This is (likely) the same horrific outcome of current policy!

Is the administration deaf, dumb and blind to reality, or am I? In Taliban control, the ‘progress’ made in Afghanistan in terms of education for women and children, and job opportunities for all is erased under Sharia law; ancient forms of ‘justice’ are meted out mercilessly; and the country is cast back into the Stone Age from which it was emerging with America’s aid. Furthermore, predicting ‘no good’ for the USA, the Taliban will (likely) align with neighboring China and Iran and (likely) provide a safe haven for terrorist groups of one

type or another to rise again.

Other reasons to cry:

- an ‘infrastructure’ bill, estimated to cost over \$3 trillion (and counting), covers everything from the green new deal, to free community college, to various forms of child and elderly care credits, etc., all while inflation continues to increase prices of everything with no end in sight. (FYI- Inflation is a ‘secret’ tax on us all!) Meanwhile, our true energy independence is lost while giving a boost to Russia’s oil pipeline to Germany.

- the southern border is ‘open,’ no matter that the Homeland Security Secretary claims differently. That hundreds of thousands of migrants have flooded into our country since Jan. 20 is undeniable to anyone with eyes to see and brains to think. Border agents are stretched to the breaking point, citing the highest illegal crossings in 21 years, and admit a goodly percentage have COVID but cannot say where they end up in the country! With little or no legal recourse to deny admittance, a whirlwind will result in increased gang activity, more opioid addictions, billions spent on illegal immigrant education and medical care- a list too long to enumerate goes on.

-many cities are like wild west towns of yesteryear with ‘defund the police’ policy, DA’s and judges who refuse to do their jobs. Long term, will private enterprise be sustainable under such conditions?

-constantly changing Covid rules give me whiplash so it’s hard to imagine how corporate America and schools deal effectively with it come September!

Are we crying yet? But take heart; remember St. Augustine: hope, anger and courage make change.

JANE F. KEEGAN
UXBRIDGE

Don’t listen to the naysayers

Most people who want to achieve big dreams will encounter naysayers. They’ll say, “It’s already been done; the competition is too fierce. They’ll tell you,

“you can’t have a career in that business; you have to know somebody; you have to be an insider,” others might be more mean-spirited, “You’re not talented enough, you’re not smart enough, you’re not good looking enough.”

It takes great courage and faith to follow your dreams. If you listen to the negative voices, you’ll never find that courage and faith.

I’ve always dreamed big dreams and gone after goals that seemed impossible. It’s who I am; my father encouraged me to think big.

In that sense, it was easy for me to go after my dreams because I never had anyone in my own family tell me I shouldn’t or that I couldn’t. The naysayers in my life came from outside the family.

As a high school athlete, I grew passionate about competitive swimming. I became enamored with the idea that I could be an Olympic swimmer! Some said I couldn’t do it. I paid them no attention.

I swam four hours a day and did a lot of cross-training. I got much faster. After graduating high school, four of my closest friends and I swam from Macinac Island to Chicago in Lake Michigan, a 375-mile journey. We did it as a relay, and we made it in fifteen days.

Out of that experience, I met the fastest swimmer in the world at the time. His name was Tom Jager. Tom was amazing. He coached me through a few workouts, and I even raced him a couple of times. He was way faster than me. There was no comparison. I knew I just had to work harder if I wanted to be as fast as him.

I was determined. I barely made it onto a division one swim team. By my junior year, I was much faster than in high school, but I was also one of the slowest swimmers on the team, nowhere near the Olympic level. I was crushed as I realized I didn’t have what it took to make it to the Olympics.

That experience created an even stronger desire inside of me to accomplish my dreams. If I’d have listened to the naysayers, I wouldn’t have learned the lessons that I needed to take with me to the next phase of my life.

I turned my attention towards a different dream, one that I had since childhood. It wasn’t long till I had a few big successes in my belt. It’s an up and down industry, and I’ve had many tell me through the years that I should give it up, forget about my past successes and hang up the towel.

What I’ve discovered is that if you keep going and don’t give up, doors will open that can lead you on a path of accomplishing your dreams in unusual ways.

Your destiny isn’t up to the naysayers; it’s up to you. It doesn’t matter what they think about you; it does matter what you think about yourself.

Abraham Lincoln had many successes in his life; he also had many failures. He failed in business, was defeated for the state legislature, lost for Illinois speaker twice, didn’t get the nomination for Congress, finally won a congressional seat but lost renomination, was rejected for land officer, defeated for the U.S. Senate, defeated for the nomination for Vice President, and then again was defeated for U.S. Senate.

I’m sure many negative voices were telling him to give up and quit through the years.

Instead, he was finally elected president of the United States. He became one of the most important presidents in United States history. He held the country together and helped win a war that resulted in the end of slavery.

What would’ve happened if Abe Lincoln listened to the naysayers?

Local anglers brave the heat

Now that the nasty heat of this past week is behind us, fishing should get back to normal for some anglers, although many anglers did brave the heat and did very well, especially on the canal. Numerous 30- & 40-pound stripers were caught by anglers that braved the heat last week, and released the big fish, but they were still able to retain a striper that fell into the legal slot size.

Upstate New York fishing has been relatively slow on the lake, but is improving every day. The annual salmon run on the Salmon River is relatively quiet and the water is running a bit high, but it is expected to improve also in the coming weeks. Hundreds if not thousands of anglers make the trip to upstate New York annually to fish the yearly Salmon run on the famous Salmon River. For up-to-

date information contact Fat Nancy's Tackle Shop in Pulaski for daily information. Check them out on their Web site at www.fatnancy.com.

If you are looking for some of the best large-mouth bass fishing and smallmouth bass fishing in Massachusetts, you need to check out fishing at the Quabbin Reservoir! Both Gate 8 and Gate 43 rent out boats and motors for an extremely low rate, and are readily available on weekdays, but weekends require an early morning trip to acquire a boat rental. They go fast. The scenery on the reservoir is great, which makes you feel like you are in Northern Maine. Sightings of eagles are reported daily.

This past week, this writer enjoyed a great meal of pan-fried fluke from a fish that I caught while fishing the



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Westport River with my brother Ken. It is hard to find good bait (squid) to fish for these prized eating fish. Last week at a local tackle shop, I purchased a small bottle of imitation squid strip, manufactured by "Fat Cow" out of long Island New York. They are not cheap by any means, but will hopefully do the trick, replacing real squid. The old brand that was around for a long time called "Uncle Josh" strips, has been out of business for a number of years, now but worked very well back in the day.

The soaring seafood prices at supermar-

kets and eating establishments has gone through the roof, with many restaurants taking clams off of their menu. Oysters, clams, Quahaugs and lobster prices continue to climb with no end in sight. The reason for the price increases are many including price gouging. Saltwater fish prices on Haddock, Cod, and bluefish are reasonable, but they too could become expensive. Many fish markets are buying their fish from foreign markets, which I try to stay away from for many reasons. Be sure to check the seafood origin before you buy. Beef prices are also extremely high.

Purchasing real squid from a market to do some fishing does not work very well because it is soft, and easy for fish to remove it from the hook, resulting in missed fish. It is a great squid for eating

calamari, but not great for fishing. Squid from most bait shops is also soft and easy for fish to remove also. Using fluke skin for bait worked very well, but has been made illegal to use because of reports of anglers cutting up undersize fluke for bait. Hopefully, these new Jig strips I purchased this past week will work better. They are scented and should work. They also work on fresh water for bass, and numerous other species of freshwater fish.

More reports of dead birds in the valley are not good. One local sportsman reported a dead red tail hawk in the Uxbridge area this week. The young eagle that was found dead, was examined by Mass. Fish & Wildlife and found it to have died from some type of poison. It could have ingested the poison from eating a dead animal that

was legally or illegally poisoned. Reporting dead birds in your area should be made to MFW.

A youth pheasant hunt will be held for all hunter graduates ages 12-17 this year. The registration deadline was Aug. 17, but may allow for late registrations if the classes are not full. Space is limited, so register today. Call Mass. Fish & Wildlife at 508-389-6300 for more information and where the clubs are that are sponsoring the events. It is a great time for first time sportsmen to realize the great time in the outdoors they will have during the event. Trap shooting, firearms safety, and hunting pheasant over well-trained bird dogs, are just a few of the things the young shooter will enjoy.

Take A Kid Fishing & Keep Them Rods Bending!

Tips for drying flowers



Melinda Myers

Lavender dries relatively quickly and retains the best color when dried in a low humidity, dark location.

Enjoy and share the beauty of your flower garden all year long. Pick and

dry a few flowers to use in flower arrangements, craft projects or as gifts for friends and family.

Pick the flowers when they are at peak bloom and blossoms are dry. Cut flowers for drying mid-day when they contain less moisture to reduce the dry time.

Use a bypass pruner or garden scissors to cut the stems above a set of healthy leaves. Remove the foliage and gather them into small bundles. Secure the stems with rubber bands that contract as the stems shrink and continue holding them tight. Use a spring-loaded clothespin to hang the bundles from a hanger, clothes line or nail. Allow the flowers to dry in a warm, dark, dust-free location.

Flat-faced flowers like daisies tend to close a bit when dried upside down. Try laying them face down on a flat surface. Simply cut off the stem and place the flowers face down on newspaper in a warm, dry location. Once dried,



GARDEN
MOMENTS
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MELINDA
MYERS

you can glue them in place or use florist wire to create stems for arranging.

And don't forget to pick a few seedpods from perennials and ornamental grasses. These have dried, for the most part, on the plants and make great additions to your dried flower arrangements and projects.

Consider taking a trip to your local florist or craft store for more ideas and materials for drying delicate flowers. Silica sand works well for delicate blossoms like iris as well as roses, mums and more. Simply fill the bottom inch of a container with silica sand. Remove all but an inch of the flower stem. Place the flower, stem side up or on its side, on the surface of the silica sand. Gently pour silica sand over the flowers until completely covered. Follow label directions. Most flowers dried this way maintain their beauty when dried in silica sand. Just use a small paint brush to gently remove any remaining sand.

Test flowers for dryness before putting them in an arrangement or storing for future use. Carefully rub a piece of the flower between your fingers. If it feels dry, it is ready to use. If it still feels moist, continue letting them dry.

Store extra dried flowers in a location with low humidity and away from direct sunlight. Consider loosely wrapping with newspaper or kraft paper to prevent crushing and place in a box until needed.

Whichever drying method you choose, the result is the same – year-round enjoyment of your garden's beauty.

Melinda Myers has written more than 20 gardening books, including *The Midwest Gardener's Handbook* and *Small Space Gardening*. She hosts *The Great Courses* "How to Grow Anything" DVD series and the nationally-syndicated *Melinda's Garden Moment* TV & radio program. Myers is a columnist and contributing editor for *Birds & Blooms* magazine. Her Web site is www.MelindaMyers.com.

Grafton reinstates mask mandate

BY KIMBERLY PALMUCCI
TRIBUNE CORRESPONDENT

GRAFTON — The town of Grafton has reinstated its mask mandate for anyone entering town buildings, including the municipal center and library, regardless of vaccination status.

"This step is in response to the increasing case numbers in Worcester County, and an abundance of caution for our Municipal Employees," the town released in a statement. "These buildings will remain open and staff will resume wearing masks when in the public spaces of these buildings and when assisting residents."

More information on the rising COVID-19 case numbers can be found on the Grafton Board of Health Web page at www.grafton-ma.gov.

The town also stated that the Municipal Center phones had been down recently.

"We are making progress on this issue, and hope to have it resolved shortly," the town reported, adding that email is the best way to contact departments and individuals if residents are unable to come into the building. "Contact emails can be found on the specific webpage for the department you are trying to reach."

In other news, the town's recreation department has announced that Silver Lake Beach is closed for the season.

"Silver Lake is experiencing the presence of blue-green algae," the Grafton Recreation Commission announced. "Although not all blue-green algae are harmful, results of a water test are unable to be turned around before our scheduled closing date so to err on the side of caution, we have made the decision to close the beach for the season."

The beach officially closed on Aug. 10.

"After venturing into this season with some unknowns, we'd like to thank our staff for making this year's operation happen and making it successful and thank our patrons for following staff direction and health protocols and having patience and understanding with our phased approach to reopening," the Commission added. "May you enjoy the rest of your summer, and all stay safe and healthy."

Questions relating to recreation in Grafton may be directed to the department at recreation@grafton-ma.gov or 508-839-5335, ext. 1156, or by visiting GraftonRec.com.

HINT

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small piece of ginger root (or substitute ginger powder). Steep, cook and drink two to three cups of hot sage tea everyday to get rid of fever blisters.

* Shoo Flu: One of peppermint's claims to fame is that it can alleviate the chills and aid with symptoms of fever and the flu. Try drinking a cup or two of strong peppermint tea made from fresh leaves to relieve cold and flu complaints. To do: Pour one cup boiling water over four to six peppermint leaves. Allow to steep for 15 minutes, strain and serve.

* Sweet Slumber: Lemon Balm promotes sleep as it acts as a very mild sedative. It is also helpful in treating stress and nervous headaches. To make a fresh Lemon Balm tea: steep one teaspoon of fresh leaves in one cup of boiling water. Steep covered for ten minutes. Strain and enjoy. To combat cold sores, made tea with up to four tablespoons of the herb per cup of boiling water. Allow to cool, then apply with a cotton ball to cold sore several times a day.

University of Rhode Island graduates more than 4,000 students during 135th Commencement

KINGSTON, R.I. — The University of Rhode Island celebrated more than 4,000 of its newest alumni during the University's 135th Commencement. More than 3,700 undergraduate degrees and 680 graduate degrees were conveyed to students during nine individual ceremonies held over three days, May 21-23, 2021.

Jacob Lewis Bliss of Whitinsville received a Bachelor of Science in Chemistry, Summa Cum Laude.

Anthony C Chieffalo of Uxbridge received a Doctor of Philosophy in English.

Meghan Ferraro of Northbridge received a Bachelor of Science in Nursing, Cum Laude.

Megan Elizabeth Getter

of Northbridge received a Bachelor of Science in Nursing, RN to BS.

Madeline L Green of Whitinsville received a Bachelor of Arts in Psychology and Bachelor of Science in Human Development and Family Science, Summa Cum Laude.

Jared R Keeman of Douglas received a Bachelor of Science in Business Administration, Finance.

Heather J Macpherson of Whitinsville received a Master of Arts in English.

Taylor Paris Perry of Uxbridge received a Bachelor of Science in Business Administration, General Business Admin.

Nolan M Reilly of Whitinsville received a Bachelor of Arts in Sports Media and Communication

and a Bachelor of Arts in Journalism.

David E Vario of Uxbridge received a Bachelor of Science in Business Administration, Marketing, Magna Cum Laude.

Shannon K Walthall of Douglas received a Bachelor of Arts in Communication Studies and a Bachelor of Arts in Philosophy, Magna Cum Laude.

Students who received the honor summa cum laude graduated with a cumulative grade point average (GPA) of at least 3.7; students who received the honor of magna cum laude graduated with a GPA of at least 3.50; and students who received the honor of cum laude graduated with a GPA of at least 3.3.

About the University of Rhode Island

Founded in 1892, the University of Rhode Island is the principal public flagship research and graduate institution in Rhode Island. Competitive and highly regarded, its 14,500 undergraduate students and more than 2,250 graduate students represent 48 states and 76 countries across the globe. With 203 academic programs, URI offers its undergraduate, graduate, and professional students distinctive educational opportunities designed to meet the global challenges of today's world and the rapidly evolving needs of tomorrow. At URI, you will find some of today's leading innovators, discoverers, and creative problem solvers. To learn more, visit: uri.edu.

EDITORIAL

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dipped themselves in magic waters. The memories will be so thick they'll have to brush them away from their faces.

"People will come, Ray. The one constant through all the years, Ray, has been baseball. America has rolled by like an army of steamrollers. It has been erased like a blackboard, rebuilt and erased again. But baseball has marked the time. This field, this game: it's a part of our past, Ray. It reminds us of all that once was good and that could be again. Oh...people will come Ray. People will most definitely come."

And they did. =

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Minimum purchase of four.

AND

2 6.25% OFF your entire project¹

Minimum purchase of four.

WITH

3 \$0 Down 0 Monthly Payments 0% Interest

FOR 1 YEAR¹

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Renewal by Andersen is the full-service replacement window division of Andersen Corporation, and because they've been around for 118 years, you know we'll be around to stand behind our window, our service and our installation.²



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¹DETAILS OF OFFER: Offer expires 9/18/2021. You must set your appointment by 9/4/2021 and purchase by 9/18/2021. Not valid with other offers or prior purchases. Get \$330 off each window and \$725 off each entry/patio door and 12 months \$0 down, 0 monthly payments, 0% interest when you purchase four (4) or more windows or entry/patio doors between 8/1/2021 and 9/18/2021. Get 6.25% off your entire purchase, taken after initial discount(s), when you purchase four (4) or more windows or entry/patio doors between 8/1/2021 and 9/18/2021. Military discount applies to all active duty, veterans and retired military personnel. Military discount equals \$300 off your entire purchase and applies after all other discounts, no minimum purchase required. Subject to credit approval. Interest is billed during the promotional period, but all interest is waived if the purchase amount is paid before the expiration of the promotional period. Financing for GreenSky® consumer loan programs is provided by federally insured, federal and state chartered financial institutions without regard to age, race, color, religion, national origin, gender or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License number available upon request. Some Renewal by Andersen locations are independently owned and operated. "ENERGY STAR" is a registered trademark of the U.S. Environmental Protection Agency. "Renewal by Andersen" and all other marks where denoted are trademarks of Andersen Corporation. ©2021 Andersen Corporation. All rights reserved. ©2021 Lead Surge LLC. All rights reserved. *See limited warranty for details.

Free Drive-up Movie Night – “The Chosen”

WHITINSVILLE — Save the date and mark your calendar for a free community event on Friday, Sept. 17, when two episodes of “The Chosen” will be shown on the “big screen” in Fairlawn Church’s parking lot. Showtime begins at 7:30 p.m. (Rain date: Friday, Sept. 24.)

This historical drama, directed by Dallas Jenkins and inspired by the Gospels, with its powerful performances, explores the life of Christ through some of the experiences, struggles, emotions and trials the people around him may have gone through. The Chosen is the #1 crowdfunded media project of all time, with a record \$22 million donated by 144,000 people. You won’t want to miss it!

Fairlawn Church is located at 305 Goldthwaite Road (off of Hill Street or North Main Street) in Whitinsville. Questions? Call the church office at 508-234-2838.

New fall schedule at Valley Chapel

UXBRIDGE — Beginning Sept. 12, Valley Chapel will be changing our Sunday morning schedule.

9:30 a.m. Classes for all ages Toddlers - 5th Grade

Grades 2-5 - Bible Quizzing (must sign up) go to valleychapel.us/children for more information

Teens
Young Adults

Adult Options:

~ Pastor Bob Sermon Discussion (for volunteers serving at 10:30 and will miss

the service)

~ Café Connections – Coffee, Fellowship and Prayer. A great time to get to know others and enjoy some great coffee!

~ Faith Connections - Paul Crossen
~ Apologetics - Jason Jolin
~ Study of the book of Nehemiah - Shelley Rivelli 10:30 a.m. - Worship Service (with classes for children)

Please join us on Sundays! Check out a class and/or enjoy our morning worship service at 10:30 a.m.

LEGALS

LEGAL NOTICE MORTGAGEE'S SALE OF REAL ESTATE

By virtue of and in execution of the Power of Sale contained in a certain mortgage given by Richard P. Lotfy to Mortgage Electronic Registration Systems, Inc., as mortgagee, acting solely as a nominee for IndyMac Bank, F.S.B., dated May 12, 2006 and recorded in Worcester County (Worcester District) Registry of Deeds in Book 38967, Page 279 (the “Mortgage”), as affected by a Land Court Judgment dated June 26, 2018, and recorded at said Registry of Deeds in Book 59173, Page 102, which equitably assigns the mortgage to Wilmington Trust, National Association, as Successor Trustee to Citibank, N.A., as Trustee for Bear Stearns ALT-A Trust, Mortgage Pass-Through Certificates, Series 2006-4 of which mortgage Wilmington Trust, National Association, as Successor Trustee to Citibank, N.A., as Trustee for Bear Stearns ALT-A Trust, Mortgage Pass-Through Certificates, Series 2006-4 is the present holder by Assignment from Mortgage Electronic Registration Systems, Inc., as nominee for IndyMac Bank, F.S.B. to IndyMac Bank, FSB as Trustee under the Pooling and Servicing Agreement Series BSALTA 2006-4 dated July 20, 2007 and recorded at said Registry of Deeds in Book 42172, Page 22, and Assignment from Mortgage Electronic Registration Systems, Inc., solely as nominee for IndyMac Bank, FSB to Citibank, N.A., as Trustee for Bear Stearns ALT-A Trust 2006-4 dated July 23, 2010 and recorded at said Registry of Deeds in Book 46416, Page 361, and Order of the Land Court Judgment dated June 26, 2018 recorded at said Registry of Deeds in Book 59173, Page 102 which equitably assigns the mortgage to Wilmington Trust, National Association, as Successor Trustee to Citibank, N.A., as Trustee for Bear Stearns ALT-A Trust, Mortgage Pass-Through Certificates, Series 2006-4, for breach of conditions of said mortgage and for the purpose of foreclosing the same, the mortgaged premises located at 145 Hazel Street, Uxbridge, MA 01569 will be sold at a Public Auction at 1:00 PM on September 3, 2021, at the mortgaged premises, more particularly described below, all and singular the premises described in said mortgage, to wit:

The land with the buildings thereon, at 145 Hazel Street, Uxbridge, Worcester County, Massachusetts, situated on the north side of Hazel Street containing one acre, more or less and described as follows: Beginning at the southwesterly corner of the premises at land now or formerly on one Tommey; Thence N. 2 degrees 15' W., twenty (20) rods with the land of said Toomey to the northeast corner thereof; Thence S. 71 degrees E., Eight (8) rods to stake and stones; Thence southerly with a line parallel with the first line, twenty (20) rods, more or less, to the northerly line of said street; Thence westerly with said street, eight (8) rods, more or less, to the place of beginning. For title reference see Deed recorded herewith, Book 38967 Page 278. For mortgagor's title see deed recorded with the Worcester County (Worcester District) Registry of Deeds in Book 38967, Page 278.

The premises will be sold subject to any and all unpaid taxes and other municipal assessments and liens, and subject to prior liens or other enforceable encumbrances of record entitled to precedence over this mortgage, and subject to and with the benefit of all easements, restrictions, reservations and conditions of record and subject to all tenancies and/or rights of parties in possession.

Terms of the Sale: Cashier's or certified check in the sum of \$5,000.00 as a deposit must be shown at the time and place of the sale in order to qualify as a bidder (the mortgage holder and its designee(s) are exempt from this requirement); high bidder to sign written Memorandum of Sale upon acceptance of bid; balance of purchase price payable by certified check in thirty (30)

days from the date of the sale at the offices of mortgagee's attorney, Korde & Associates, P.C., 900 Chelmsford Street, Suite 3102, Lowell, MA 01851 or such other time as may be designated by mortgagee. The description for the premises contained in said mortgage shall control in the event of a typographical error in this publication. Other terms to be announced at the sale.

Wilmington Trust, National Association, as Successor Trustee to Citibank, N.A., as Trustee for Bear Stearns ALT-A Trust, Mortgage Pass-Through Certificates, Series 2006-4
Korde & Associates, P.C.
900 Chelmsford Street
Suite 3102
Lowell, MA 01851
(978) 256-1500

Lotfy, Richard P., 15-022588
August 13, 2021
August 20, 2021
August 27, 2021

August 27, 2021

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Division Docket No. WO21P2626EA Estate of: Blanche L Kidd Date Of Death: 05/19/2021 INFORMAL PROBATE PUBLICATION NOTICE

To all persons interested in the above captioned estate, by Petition of Petitioner **Sean G. Kidd of Sutton MA** a Will has been admitted to informal probate.

Sean G. Kidd of Sutton MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.
August 20, 2021

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Division Docket No. WO21P2553EA Estate of: James R. King Date Of Death: January 16, 2021 INFORMAL PROBATE PUBLICATION NOTICE

To all persons interested in the above captioned estate, by Petition of Petitioner **Diane L. King of Uxbridge MA** a Will has been admitted to informal probate.

Diane L. King of Uxbridge MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the

Petitioner.
August 20, 2021

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO21C0348CA CITATION ON PETITION TO CHANGE NAME In the matter of: Gage Mitchell Letsky

A Petition to Change Name of Minor has been filed by **Gage Mitchell Letsky of Uxbridge MA** requesting that the court enter a Decree changing their name to: **Gage Mitchell Rockwell**

IMPORTANT NOTICE
Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 10:00 a.m. on the return day of 09/07/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.
WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.
Date: August 04, 2021

Stephanie K. Fattman
Register of Probate
August 20, 2021

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO21C0349CA CITATION ON PETITION TO CHANGE NAME In the matter of: Ryan Thomas Letsky

A Petition to Change Name of Minor has been filed by **Ryan Thomas Letsky of Uxbridge MA** requesting that the court enter a Decree changing their name to: **Jack Thomas Rockwell**

IMPORTANT NOTICE
Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 10:00 a.m. on the return day of 08/02/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.
WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.
Date: August 04, 2021

Stephanie K. Fattman
Register of Probate
August 20, 2021

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508) 831-2200 Docket No. WO20C0125CA CITATION ON PETITION TO CHANGE NAME In the matter of: Joshua Tyler Hubsch-Farmer

A Petition to Change Name of Minor has been filed by **Joshua Tyler Hubsch-Farmer of Whitinsville MA** requesting that the court enter a Decree changing their name to: **Joshua Tyler Wass**

IMPORTANT NOTICE
Any person may appear for purposes of objecting to the petition by filing an appearance at: Worcester Probate and Family Court before 10:00 a.m. on the return day of 08/31/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.
WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.
Date: August 03, 2021

Stephanie K. Fattman
Register of Probate

August 20, 2021

Commonwealth of Massachusetts The Trial Court Probate and Family Court Worcester Probate and Family Court 225 Main Street Worcester, MA 01608 (508)831-2200 Docket No. WO19P2263EA Estate of: Joseph Michael Mikolajczak Also known as: Joseph M. Mikolajczak Date Of Death: 05/19/2019 CITATION ON PETITION FOR FORMAL APPOINTMENT OF SUCCESSOR PERSONAL REPRESENTATIVE

To all interested persons
A Petition has been filed by: **James J. Mikolajczak of Northborough MA** requesting that the Court enter a formal Decree and Order that **James J. Mikolajczak of Northborough MA** be appointed as Successor Personal Representative(s) of said estate to serve **Without Surety** on the bond and for such other relief as requested in the Petition.

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on 08/31/2021.** This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you. The estate is being administered under formal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but recipients are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration.

WITNESS, Hon. Leilah A. Keamy, First Justice of this Court.
Date: July 28, 2021

Stephanie K. Fattman,
Register of Probate
August 20, 2021

NOTICE OF PUBLIC HEARING

In accordance with the provisions of M.G.L Ch 40A, Section 11, and Chapter 173, Section 47 of the Northbridge Zoning By-laws, the Northbridge Zoning Board of Appeals will hold a public hearing on **Thursday, September 9, 2021 at 7:05 P.M.** at the **Aldrich School Town Hall Annex, 14 Hill St., Whitinsville, MA** to consider the application of Linda Lacki, 108 MacArthur Road, Northbridge, MA for a Special Permit (19-SP-21) pursuant to Article X Section 173-47, & Article V Section 173-12 (Table of Use Regulations). The applicant would like to demolish the existing structure and build a two family dwelling. The property is located at 113 Benson Road, Northbridge, MA and is shown on Assessor's Map 17 as Parcel 135, is located in a Residential 2 Zoning District and is owned by It Could Be Home, LLC.

The purpose of this hearing is to provide an opportunity for public comment. Anyone wishing to be heard regarding this matter should attend said meeting at the time and place designated. A copy of the petition is available for review at the office of the Town Clerk and Zoning Board of Appeals Office and may be reviewed during normal business hours.

Douglas Curving, Chairman Northbridge Zoning Board of Appeals
August 20, 2021
August 27, 2021

REAL ESTATE



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<p>NEW PRICE</p> <p>WEBSTER LAKE - 11 Bay View Rd! One of the Lake's Premier Properties! 9,822' of Real Nice Set on .68 Acres of Park Lake Grounds with 297' Waterfront! Over \$4 Million Spent! Nothing was Spared! 18 Spacious Rooms! 5 Water View Bedrooms, 4 with their Own Bathrooms! 5.5 Bathrooms Total! Brazilian Cherry Hardwood Floors, Grand & Spiral Stairways! Elevator from the Ground Floor up 3 to the Master Suite! In-door Resistance Swimming Pool, Hot Tub & Bathroom with Steam Shower just off the Mirrored Exercise Room! Billiard Room! Media Room with Custom Cabinetry & Wet Bar! Fantastic Center Island Granite Kitchen with Viking Gas Range, Sub-Zero Refrigerator, 16' Butler's Pantry & Breakfast Bar! Open Floor Plan! Dining Area, Family Room with Cherry Entertainment Center & Wet Bar! Open Formal Dining Room, Fireplace Living Room & Atrium! Library with Private Deck! Waterfront Master Suite with Private Office, Bedroom with Triple Glass Door to its Private Deck with Panoramic Lake Views, 3 Walk-in Closets, Lake View Bathroom with Huge Multi-Head Shower, Whirlpool Tub, Double Vanity Sinks & Separate Commode/Bidet/Pedestal Sink Area! 16 Zones of Updated Geothermal Heat & Air Conditioning - 30 Tons! Recessed Lighting & Sprinkler System Through Out! 3 Car Heated Garage! Full House Generator! Slate Roof! All Decks & Railings Brazilian Ipe Hardwood! Copper Gutters & Downspouts! It's Time to Reward Yourself! \$1,749,900.00</p>	<p>NEW LISTING</p> <p>STURBRIDGE! Big Alum Lake! 243 Big Alum Rd! 6.58 Acres of Privacy! Sub-Dividable! West Expo - Beautiful Sunsets! 3,313' 10+ Rm Cape w/3 - 4 Bdrms & 4 Baths! Features Applianced Granite Kit w/Breakfast Bar & Tile Flr! Frp'd Din Area! Din Rm w/3 Walls of Glass & French Dr to the Deck! Cathedral Ceiling Fam Rm w/Hearth & Wood Stove & Wall of Picture Windows! Spacious Liv Rm w/Pine Flr! Office! Full Bath w/Laundry Closet! 1st Flr Master w/Slider to the Inground Pool, Walk-in Closet, Marble Bathrm w/Separate Tub & Shower & Dble Vanities! 2nd Flr w/2 Spacious Bdrms, Lots of Closet Space & Pine Flrs! Full Hall Bath! Lower Level w/Game Rm, Wine/Root Cellars! Utility & Storage! 2 Car Attached Garage w/Office/In-Law Suite Above! New Driveway Access needs to be Installed! Cosmetic Repairs Needed! \$679,900.00</p>	<p>SOLD</p> <p>SUTTON - 30 Jones Rd! 9 Room 2,156' Colonial! 5.31 Acres of Privacy! Long Circular Drive! New Granite Kitchen! Dining, Living & Fireplaced Family Rooms w/Hardwood Floors! Year Round Sunroom w/2 Skylights! 3 Bedrooms! 24' Master w/Master Bath! 2.5 Bathrooms Total! 12x24 3 Season Porch w/3 Skylights! Expandable Attic! Wraparound Deck! 2 Car Garage! Central Air! Super Easy Access to Rte 146! \$549,900.00</p>	
<p>SOLD</p> <p>DUDLEY - 10 Camelot Circle 9 Rm, 4 Bdrm, 2.5 Bath, 2,520' Center Hall Colonial featuring an In-Ground Pool on a 28,131' Lot! Tile Entry Foyer w/Guest Closet! SS Applianced Granite Kit w/Breakfast Bar, Spacious Dining Area, Tile Flr, Pantry Closet, Recessed & Pendant Lighting! Formal Din Rm w/Hrdwd Flr & Chair Rail! Formal Liv Rm w/Crown Molding! 13.6x27' Fam Rm w/Fireplace w/Wood Pellet Insert, Soaring Cathedral Ceiling, Ceiling Fans & Skylight! Half Bath! 3 Season Porch! 1st Flr Laundry! The 2nd Floor w/4 Bdrms! Spacious Master w/Walk-in Closet & Full Bath w/Dble Granite Vanity! Full Hall Bath w/Dble Vanity! C/Air & Vac! 2 Car Garage! Fire Pit! Many Updates! Original Owner - Pride of Ownership! \$570,000.00</p>	<p>ON DEPOSIT</p> <p>WEBSTER LAKE - 62 Bates Point Rd! Middle Pond! Absolute Prime 51' Level Waterfront Lot w/Western Expo! Beautiful Sunsets! Fantastic Panoramic Lake Views! 11 Rooms, 6 Bedrooms, 4 Bathrooms, 3,269' AC'd Colonial! Custom SS Applianced Granite Kitchen! Formal Dining Rm w/Cherry Hardwoods! Lake Facing Living Rm w/Cathedrals, Cherry Hardwoods! Slider to Waterfront Deck! Spacious 1st Flr Master Bedroom w/Full Bath, Cherry Hardwoods & Walk-in Closet! Fireplaced Lower Level Family Rm! 1st & 2nd Floor Laundries! 2 Car Garage! \$979,900.00</p>	<p>ON DEPOSIT</p> <p>WEBSTER LAKE - 305 Beacon Park! Lake View 1,280' 5 Rm Townhouse - 10 Acres Park Lake Grounds w/Panoramic Lake Views! Yr Round Living or as 2nd Home - Summers on the Lake - Winters in Florida! Move-in Condition! Applianced Kit! Din Rm w/Slider to the Composite Deck! Frp'd Liv Rm w/Wall to Wall Carpeting & French Dr to the Deck! Updated Half Bath! Spacious Master w/Wall of Closets & Full Bath w/Recent Sky Light! 2nd Bedroom w/Wall to Wall Carpeting & Full Bath just outside its Door! 2 Bdrms & 2.5 Updated Baths! Garage w/Opener! Lakeside Heated Pool & One of the Best Sandy Beaches on the Lake! Canoe Rack! Rented Boat Dock through 2022, Longer Possible! Great Fireworks Viewing! \$335,000.00</p>	<p>SOLD</p> <p>WEBSTER LAKE - 504 Treasure Island! 6 Room Townhouse Overlooking the Pool! 1,874 Sq Ft! Stainless Steel Applianced Granite Kitchen! Open Floor Plan! Dining Room - Full Mirrored Wall - Sliders to the Trex Deck! 2 Bedrooms! Master Bath! 2.5 Baths! Fireplaced Family Room! Garage! Central Air! Gas Heat! CVac! 2 BOAT SLIPS! Sandy Beach! Complex Recent Siding & Roof! \$400,000.00</p>



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Featured New Listings!

DUDLEY - 10 MILL ROAD
Beautiful family home! 3 bedrooms, 2 full baths, newer windows & heating system. Mini split system. Hardwoods. Lg eat-in kitchen /Corian counters & Island! Warming fireplace with handsome mantel. Generous dining room, spacious enough for your family gatherings. lower level fireplace family room, Harmon pellet insert! 2 car garage. **\$354,900.**

June Cazeault * Laurie Sullivan * Matthew Ross * Lori Johnson-Chause * William Gilmore II * Brian Bohenko

<p>WATERFRONT THOMPSON - BECOLA RD</p> <p>SORRY, SOLD!</p> <p>5+ Acre Waterfront Land on "Little Pond/Schoolhouse Pond. Private Setting. Open Field. 250+ feet Waterfrontage. Dead end road! \$179,900</p>	<p>WEBSTER - 23 EMERALD AVE.</p> <p>Extraordinary Find! Beautiful 2 Family! Owner occupied with pride and it shows. Grand Front Entry! 3,012 Sq Ft - living area. 12 rooms, 6 bedrooms, 2 updated Baths. 2nd Flr - Granite Countertops! High ceilings & Hardwood Floors. Modern Kitchens. Manicured 13,525 SF Lot with a Hip roof 3 car garage! \$439,900</p>	<p>WEBSTER - 135 LAKE STREET</p> <p>SORRY SOLD!</p> <p>A RARE FIND! A TRULY ABOVE AVERAGE-TOP NOTCH-HIGH QUALITY-TWO FAMILY! SPACIOUS, CLEAN, UPDATED! Apt# 2 - 1,536 SF+ & 3 BRs, 2nd Flr. Apt# 1 - 1,290 SF+ & 2 BRs - 1st floor. Oil & Natural Gas Heat. Hardwood 1st granite tops. Enjoy the L-Shaped Covered Farmers Porch! Level Lot! \$399,900.</p>	<p>PUTNAM CT - 89 PERRY ST UNIT# 250</p> <p>ON DEPOSIT</p> <p>Heritage Pines Condo Town House - Everything one would expect and then more! 4 bedrooms, 3.5 baths, all Hardwood floors, granite, stainless steel appliances. central air, 2 decks, 2800 sq ft +/- of finished living area., and so much more! \$319,900.</p>	<p>WOODSTOCK CT - 110 JOY RD</p> <p>WELCOME TO MIDNIGHT FARM! 1876 Antique Colonial. Included separate Building - Studio/Store both situated on 2.5 Acres Professionally Landscaped! 5 Bedroom, Lg Living room, Fireplaced Dining room, Library, Master Bdrm, Renovated Kitchen! 3 Stall Garage! Picturesque Location! \$455,000.</p>
<p>FEATURED ISLAND LISTING! WEBSTER LAKE - 22 LONG ISLAND</p> <p>Once in a lifetime opportunity to own a Webster Lake Waterfront Cottage on Long Island! Properly named the "Grand View". Sandy beach, boat house! Antique Cottage w/5 Rms, 3 BRs, a stone fireplaced w/pellet stove, eat-in kitchen w/modern appliances, full bath! washer/dryer. Screened porches. Included, 25% ownership share in a main land waterfront lot at 38 Point Pleasant Rd, in sheltered Mumford Cove! land provides boat slip & winter storage. A FAR AWAY PLACE NEAR BY! \$389,900.</p>	<p>WEBSTER • 22 EASTERN AVE</p> <p>FEATURED NEW LISTING! ESTATE SALE!</p> <p>LOOKING FOR AN AFFORDABLE, HUMBLE ABODE THAT WON'T BREAK THE BANK? Convenient Location w/ Large 10,354 sq-ft - corner lot! 1288 SF+-, 4 BRs w/1st Flr Mstr BR w/walk in closet, Half Bath! Eat-In Kitchen, Dining/Living Room Combination! 3-Season Porch. 2nd Flr - 3 BRs. Reshingled Roof, Replacement Windows, Updated Electric, Buderus Boiler. Part finished walk-out bsmt! Garage! \$215,000</p>	<p>LAND WEBSTER/OXFORD/DUDLEY/DOUGLAS</p> <p>Webster - Douglas Rd (Rte. 16) 26 ACRES on Sugarloaf Hill. 1000+/- ft of road frontage</p> <p>SORRY SOLD! \$200,000</p> <p>Oxford - 4 Leicester St - Approx. 8.47 ACRES! River Frontage Possible to be Subdivided! \$89,900</p> <p>Webster - Upper Gore w/View of the Lake! 1+ Acre! Artesian Well, Septic Design & Conservation - DONE. \$115,000.</p> <p>Webster - Cooper Road 2 Buildable Lots! Water & Sewer Access. Zoned Lake Res! ON DEPOSIT! Each \$24,500.</p>	<p>WEBSTER • 233 - 235 NORTH MAIN STREET</p> <p>SORRY, SOLD!</p> <p>large 3 Family- a rare find! 1st Floor spacious 2 bedroom apartment. 2 - 2nd floor, 3 bedroom apartments Walkout basement to off street parking. \$289,900.</p>	

On the shores of Lake Chargoggagoggmanchauggagoggchaubunagungamaugg

<p>Webster Lake - 300 Killdeer Island</p> <p>OPPORTUNITY KNOCKS! A WEBSTER LAKE waterfront property on Killdeer Circle, you won't want to miss! Offers a prime waterfront location! 64' of water frontage and a gently sloping landscape to waters edge. Crystal clear, sandy bottomed shoreline. Everyday is a new day at the Lake! Nicely arranged floor plan. 5 rooms 2 bedrooms, 2 baths! Walk out lowerlevel to nice size patio! Garage. \$650,000.</p>	<p>WEBSTER - 401 TREASURE ISLAND CONDO</p> <p>ON DEPOSIT</p> <p>Deck & Slider to the Patio! Natural gas heat! 2 Boat Slips! Heated Pool! Natural Sandy Beach! \$439,000.</p>
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<p>NEW LISTING</p> <p>PAXTON: 3 bedrooms, 3 garages, 1.5 baths, fireplace, finished lower level 4 Boynton Pkwy ~ \$449,900</p>	<p>SOLD</p> <p>CHARLTON: 6 room cape, updated roof and windows, 1.75 acre 33 Stafford St ~ \$268,500</p>
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Call Maria Reed for Buyer Representation 508.873.9254

Sutton Historical Society to host speaker

SUTTON – On Tuesday, Sept. 7, at 7 p.m., in the Sanctuary of the First Congregational Church, 307 Boston Rd., Sutton, the Sutton Historical Society will host author, Robert Ernest Hubbard, retired professor from New Haven, Connecticut. His presentation will highlight his recently published book, “General Rufus Putnam, George Washington’s Chief Military Engineer and the “Father of Ohio.” This book is the first biography of Rufus Putnam in over 130 years. It will appeal to anyone interested in the founding of the United States of America or the history of efforts to eradicate slavery.

This event is open to all members and the general public. Rufus Putnam, born in Sutton, Massachusetts, went on to serve as the Continental Army’s chief military engineer during the American Revolutionary War. He made it possible for the American forces to drive the British army from Boston in 1776, and he designed and supervised the construction of many major American military fortifications, including the most indispensable—West Point. Rufus was a cousin of Major General Israel Putnam and served under Israel at various times during the French and Indian War and the Revolutionary War.

Several years after the Revolutionary War, Rufus Putnam personally founded the first permanent American settlement in the immense Northwest Territory, which was ceded to the new American nation by Britain. Putnam’s influence and votes prevented the introduction of slavery in Ohio, leading the way for the other Northwest Territory states of Illinois, Indiana, Michigan and Wisconsin to enter the U.S. as free states.

Any updates to this scheduled event can be found at our Web site, suttonhistoricalsocietyinc.org.

Uxbridge Unleashed Concert Series dates announced

UXBRIDGE — The Uxbridge Dog Park recently celebrated the one-year anniversary of the opening of the Uxbridge Dog Park. Uxbridge Unleashed, Inc. a 501c(3) non-profit whose mission to provide fundraising and education for the Dog Park is pleased to announce our Live Music in the Park Series. Join us on Thursday evenings in September from 5:30 to 8 p.m. These are family friendly events and the entire community is welcome to attend. Bring a chair or a blanket to sit on. Be prepared, you are on the dogs’ territory. Please do not bring food into the dog park area. This is a standard rule and will be strictly enforced at these events. Families with small children are welcome to sit outside the dog park, along the fence area to enjoy the music. Additionally, those who may not be comfortable inside the dog park area can sit outside as well. The bands will set up in the small dog area of the park under the green canopy. There will be snow fencing around the band so that the small park area will be open. Here is the schedule for the Live Music in the Park Series

Sept. 9 – Till Dawn
Sept. 23 – Holly and the S.O.B.S.
Sept. 30 – Paul Rodriguez Band

We look forward to seeing you there. There is NO cost of admission to attend these events. Donations are always appreciated and may be made via VENMO to Uxbridge-Unleashed. Be sure to visit the Facebook pages at [facebook.com/UxbridgeMADogPark](https://www.facebook.com/UxbridgeMADogPark) and www.facebook.com/UxbridgeUnleashed to keep up with future events and news.

Friday’s Child



Jayven
Age 14

Hi! My name is Jayven and I like to play board games and football!

Jayven is an inquisitive boy of African-American and Hispanic descent. He loves board games and is always happy to play one, either with his friends or with an adult. Jayven also likes to be outside, and his favorite outdoor activity is playing football, which he is currently doing with Pop Warner Football. Jayven likes playing football so much that when he grows up, he would like to play for the NFL. Just in case he isn’t drafted, though, he is also considering careers as a detective or as a piano teacher. Jayven is currently doing well in school.

Legally freed for adoption, Jayven is looking for a loving and patient family of any constellation, with or without other children in the home. Jayven is very close with his younger brother and has expressed a desire to be a role model for him. An ideal family for Jayven will be open to helping him maintain this relationship.

Who Can Adopt?

Can you provide the guidance, love and stability that a child needs? If you’re at least 18 years old, have a stable source of income, and room in your heart, you may be a perfect match to adopt a waiting child. Adoptive parents can be single, married, or partnered; experienced or not; renters or homeowners; LGBTQ singles and couples.

The process to adopt a child from foster care requires training, interviews, and home visits to determine if adoption is right for you, and if so, to help connect you with a child or sibling group that your family will be a good match for.

To learn more about adoption from foster care, call the Massachusetts Adoption Resource Exchange (MARE) at 617-964-6273 or visit www.ma-reinc.org. The sooner you call, the sooner a waiting child will have a permanent place to call home.



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OBITUARIES

Peter George, 53



Whitinsville – Peter George, 53, of Whitinsville passed away Tues. Aug. 10, 2021 in Milford Regional Med. Ctr., Milford.

Peter was born June 12, 1968 in Boston, the son of the late Richard and Janet George and was a graduate of Bellingham High School.

A social person, he enjoyed his time spent at Alternatives Unlimited, Adult Learning Center (now known as Open Sky) in Whitinsville and active with The Jean Cahill Social Recreational Program. He also enjoyed NASCAR in NH, bowling, dancing, music and loved his trips to Disneyworld. His favorite “Buppo” was “World’s Strongest Men” on TV, and even had the opportunity to go to California to see a live event!

Peter is survived by his large extend-

ed family and primary caregivers; Irene and her late husband John Boucher of Whitinsville and their granddaughter Rebecca Malo; a devoted guardian, Linda Churchey of Pleasant Prairie, Wisconsin. Pete has many dear friends who love him, “to the moon and back” and he will be greatly missed! He also has two sisters, Deborah and Christine, and a brother, Richard all of Woonsocket.

Visiting hours were held Monday Aug. 16, 2021 from 9 –11:30AM in the BUMA FUNERAL HOME, 480 Church St., Whitinsville followed by a funeral service at 11:30AM in the funeral home.

Interment will follow in Pine Grove Cemetery, Whitinsville.

Memorial donations may be made to The Jean Cahill Social Rec. Program, payable to Deborah Monaghan, 17 Mary Ann Drive, Franklin, MA 02038. www.bumafuneralhome.com

Commander Robert Paul Vallee



Commander Robert Paul Vallee Retired passed away on July 24, 2021 in Oak Harbor, Washington. Mr. Vallee was born on December 12, 1936, to Alfred and Loretta Vallee in Northbridge, Massachusetts.

After graduating from high school in Northbridge Robert enlisted in the United States Navy and continued his education at the University of New Hampshire, Durham, graduating with a B.A. in Government in 1959. He was honorably discharged as a Navy Reservist in 1960 and immediately accepted a commission as an officer in the United States Navy. He was stationed in Florida, Iceland, Texas, Spain, California, Massachusetts, Illinois and Pennsylvania throughout his career, with his final command as Executive Officer, Naval Air Station South Weymouth, Massachusetts. While stationed in Iceland, he met his wife Margaret McDonald Clark, and they were married on March 29, 1962 in Corpus Christi, Texas. Together they lived in Spain and traveled extensively throughout Europe, and later settled between Massachusetts and Pennsylvania to raise a family. Their son Andrew Vallee was born on September 20, 1971. Commander Vallee retired from the United States Navy in 1983 decorated with the Armed Forces Reserve Medal and the National Defense Medal. His retirement ceremony was held on the USS Constitution. After his retirement Robert and Margaret settled on Whidbey Island, WA. Post retire-

ment he worked for the Head Start program, advocating for at risk children and their families. When his son Andrew left for college, Robert and Margaret opened their home to several foster children. An avid fly fisherman and outdoorsman, Robert enjoyed the natural beauty of the Pacific Northwest and frequently traveled with his family to Montana and Idaho on camping and fly fishing adventures. He fondly recounted camping on the Lochsa River, Idaho with Margaret and traveling frequently to Puerto Vallarta, Mexico. Robert and Margaret were married for 56 years until Margaret passed away in 2018. Robert loved to travel, and in his last years he returned to Iceland where he and Margaret met, visited his brother and family in Massachusetts, and went fly fishing in Montana. He is survived by his son, Andrew Vallee, daughter-in-law Andrea Vallee, granddaughters Genevieve and Marguerite Vallee, brother Donald Vallee, sister-in-law Jean Vallee, nephew Paul Vallee, niece Sherrie Vallee Gianetti, nephew John Vallee, sister-in-law Paula Richard, niece Laura Richard, and nephew Russell Richard. He is preceded in death by his parents Alfred and Loretta Vallee, wife Margaret Vallee, brother-in-law Ron Richard, and great nephew Michael Gianetti. His family will gather in the fall to spread his ashes at Rosario Beach, Washington.



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RESULTS

continued from page A1

Blackstone Valley, celebrating the Blackstone Valley's role as the Birthplace of the American Industrial Revolution, telling the Valley's story to residents and visitors, supporting the National Historical Park, and supporting historical museums and sites in the Corridor communities. Promoting tourism in the Valley ranked a close tie in this category.

The top five desired goals for environmental and recreation features in the Valley include completing the Blackstone River Bikeway/Greenway, improving state and local parks, preserving key features of the Blackstone Canal, developing river walks along

area rivers, and organizing annual river and community cleanups.

The Blackstone Heritage Corridor manages the National Park Service Volunteers-In-Parks program and asked survey respondents if they were interested in volunteering with the National Heritage Corridor and the National Historical Park. Thirty-four percent responded yes, with their top interest being river cleanups followed by water quality monitoring, visitor center support, Blackstone River Bikeway Ambassadors, and historical interpretation. To learn more about volunteer opportunities, visit BlackstoneHeritageCorridor.org/volunteer.

"We're very pleased with the number and quality of the responses received," BHC

Board Chair Richard T. Moore noted. "Blackstone Valley residents clearly support historic preservation, environmental conservation, and an active outdoor recreation program. The results also re-affirm the Corridor's efforts to complete the Blackstone River Bikeway/Greenway and advocate for the restoration of key segments of the historic canal."

To discover and navigate to the Blackstone River Valley National Heritage Corridor's many parks and trails, heritage centers, museums and historic sites, canoe and kayak launch sites, and more, visit BHC's new interactive map at bit.ly/BHCIMAP. The map can also be found on BHC's Web site at BlackstoneHeritageCorridor.org.

OFFICER

continued from page A1

"I myself was unaware how tight the seat belt should be pulled when securing the car seat in a vehicle," he added.

The final common mistake Wright has seen with car seats is "children not in the right car seat based on their height and weight."

"The benefit of having them inspected by a technician is that people will be educated and shown the right way to install it. It will make them aware of what was done incorrectly so they can do it properly in the future. They can also pass along the knowledge to their friends and family."

The Douglas department announced that anyone is welcome to have their car seats installed or checked for free by Officer Wright.

"Officer Wright will be able to answer any questions and provide information regarding your child's current or future car seat needs, including possible recalls, car seat brands and car seat types," the department released.

At this time, appointments for this service must be made by emailing Officer Wright at awright@douglas-ma.gov directly or by calling his department phone number at 508-476-2709 (ext. 139). Appointments will last approximately 30 to 45 minutes, police shared.

Divorce support group begins new session Sept. 7 in-person or online

WHITINSVILLE — The DivorceCare support group begins a new weekly session on Tuesday, Sept. 7. This program is for men and women struggling through separation and divorce. The program offers support from knowledgeable leaders and interaction with others going through the same experiences.

Each meeting includes time for making some new friends, refreshments, and a video, followed by small group discussion. Weekly topics include What's Happening to Me, Facing Your Anger, Depression, Financial Survival, Loneliness, and KidCare.

The meetings will be done in a hybrid fashion. Participants can come to the in-person meeting or join online if that is more comfortable.

The DivorceCare program is free, non-denominational, and open to all.

Meetings of the group begin Tuesday, Sept. 7, from 6:30 to 8:30 p.m. at Pleasant Street Church, 25 Cross Street, Whitinsville. The program continues for 13 weeks, and participants can begin attending at any time. Contact Howard DeVries at 508-282-9347, e-mail howard@psrc.org or visit www.psrc.org for more information and to register.

ARTISTS

continued from page A1

A recent graduate of the Advanced Manufacturing & Fabrication program at BVT, Bianca De Oliveira, painted her version of "Starry Night" by Vincent van Gogh on the tabletop. Her masterpiece, "Touch the Sky," sponsored by Imperial Cars, also includes a skyline of Milford buildings along the bench.

Murphy Potter, a junior in the Painting & Design Technology program at BVT, said, "It is exciting to create a work of art that others in the community will have an opportunity to enjoy."

Her table masterpiece, "Redemption," is sponsored by Celebrate Milford.

"This table symbolizes many things to me, but mainly I want

this painting to encourage reaching out for help or gaining a second chance," said Potter. "Depending on how you look at it, you could see a second chance at racial equality or life since butterflies are a common symbol for suicide prevention, or you could see two people connecting."

"It was an honor to be selected, especially since my art teacher, Mrs. Maclure, was chosen to be a part of it as well," said Potter. "This is the first public project that I've ever done. I enjoyed the process and hope to do more projects like this in the future."

Ashley MacLure, Visual Arts instructor at BVT, is proud to lead by example, participating alongside two of her students. Letting her artwork, "Imagine," sponsored by Harold & Marcia Rhodes, inspire and speak to others by contributing to this initiative and others that encourage an appreciation

for more cultural and visual arts in the local communities.

To view a sample of these works of art, visit: www.valley-tech.k12.ma.us/brushtotable.

About Blackstone Valley Regional Vocational Technical High School (BVT)

Blackstone Valley Regional Vocational Technical High School serves the towns of Bellingham, Blackstone, Douglas, Grafton, Hopedale, Mendon, Milford, Millbury, Northbridge, Sutton, Upton, and Uxbridge. Located in the heart of the Blackstone Valley, BVT creates a positive learning community that prepares students for personal and professional success in an internationally competitive society through a fusion of rigorous vocational, technical, and academic skills.

Grief recovery support group starts Sept. 7; in-person and via Zoom

WHITINSVILLE — A new grief recovery support group starts up on Tuesday, Sept. 7, at the Pleasant Street Church. GriefShare is a program designed to help people in bereavement find encouragement and support during the grieving process. GriefShare meetings are for anyone who is grieving the loss of someone close.

The meetings will be done in a hybrid fashion. Participants can come to the in-person meeting or participate online via Zoom if that is more comfortable.

Each GriefShare session includes a video seminar and group discussion, providing an opportunity to interact with others who have experienced a recent loss. Weekly topics include "Living with Grief," "The Effects of Grief," "Your Family and Grief," "Why," and "Stuck in Grief."

The program continues for 13 weeks, and attendees are welcome to join the group at any point.

GriefShare is free, non-denominational, and open to all.

Meetings begin Tuesday, Sept. 7, from 6:30 to 8:30 p.m. at Pleasant Street Church, 25 Cross St., Whitinsville. Contact Marlene DeVries at 508-282-0436, e-mail mrsrevhowie@gmail.com or visit www.psrc.org for more information and to register.



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