



Safety Training Online Courses

APRIL 2021



Available Courses

Course	Description
Access to Employee Medical and Exposure Records	This course covers the intricacies of employee access to medical records and shielding from improper exposure of such records to third parties.
Accident Investigation	This course provides an overview of the accident investigation process and examines how investigations can help ensure the same accident never occurs again by identifying and understanding the root cause. OSHA requires training initially and periodically as determined by job scope.
Aerial Work Platforms	Aerial work platforms allow work personnel to reach elevated areas that are inaccessible by traditional means such as ladders or scaffolding. Like any heavy equipment, aerial work platforms can be very dangerous if used without due care and attention.
Ammonia Safety	Ammonia is one of the world's most widely used basic chemicals. Anhydrous ammonia is used in many commercial applications, from fertilizers to refrigerants to solvents, but ammonia can be hazardous. To protect human health and the environment, manufacturers, packagers, shippers, receivers, and others involved throughout the supply chain must adhere to the safe and appropriate handling of ammonia. This course will help acquaint you with the risks, controls, safe work practices, and emergency response procedures involved in dealing with this hazardous chemical.
Articulated Ladder Safety	Every day improper ladder use puts workers at high risk of injury from falls. This course will cover everything you need to know about articulated ladders, including definitions, variations, parts, mechanics, safe use, specific applications, inspections, and maintenance—all valuable knowledge you'll need to avoid ladder-related safety hazards.
Asbestos Awareness	Asbestos is a dangerous human carcinogen, which, when inhaled, can cause numerous chronic lung diseases as well as lung and other types of cancer. Exploring this course will provide you with a strong understanding of the types of asbestos, where they exist, the nature of their hazards, and how exposure can cause long-term health effects. Additionally, you will learn what tools are necessary to prevent asbestos-related injury and illness as well as best practices to minimize risks.



Course	Description
Benzene Awareness	Benzene is a powerful organic chemical compound derived from oil, gas and coal. It's used in production of plastics, detergents, pesticides and other chemicals. Despite its many uses, the it is extremely dangerous. This course provides an in-depth look at the risks of benzene and how to avoid such risks, both long-term risks such as leukaemia, and short-term risks, such as loss of consciousness.
Bloodborne Pathogens	Encounters with blood can occur in any industry, whether it's due to the risk of injury, or an inherent workplace process, such as one you may find in healthcare. This course will explain the types of existing pathogens, how they spread, levels of severity, and the measures necessary to protect yourself and minimize exposure to others.
Boom Lifts 1: Basics	This course will cover the basics of boom lifts. Information includes an overview definition of a boom lift, various types of lifts, main causes of boom lift-related accidents, and common signs, safety symbols and decals.
Boom Lifts 2: Stability	During this course you will more deeply explore the specific components that make up a boom lift, specifically those that allow it to perform stably. We'll help you achieve a greater degree of safety working with and around boom lifts through infographics, instructions, tire information, emergency controls, and a study on load balance, capacity, and worksite grade.
Boom Lifts 3: Hazards	Positioning workers at height comes with risks. As such, boom lifts come with their own inherent hazards. These large machines can be extremely hazardous to workers who aren't properly trained. Explore this course to learn how to recognize and neutralize boom lift safety hazards.
Boom Lifts 4: Inspections	This course is designed to familiarize you with the proper procedures for inspecting boom lifts and elevated lift platforms. Learn how and when to test for faults, defects or hazards and what steps to take when you find them. Additional training includes site inspections, pre-operational inspections, proper setup for use, and best practices while transporting equipment.
Boom Lifts 5: Energization	Any situation where energy is involved presents hazards that must be identified and avoided to prevent injury. This course will teach you about how boom lifts are powered, how to maintain and resupply energy sources, types of energy-related hazards, and emergency response techniques.



Course	Description
Boom Lifts Computer Training	This course is to verify completion of modules 1-5 of the course and to present the certificate of completion. All prerequisite courses must be completed before certificate release.
Chemical Process Safety Management	Safe work procedures are essential when dealing with highly hazardous chemicals and processes. In this course, you will learn about Process Safety Management (PSM) programs and the fourteen elements that OSHA has developed to include in these programs. Mandatory program elements covered in this course include personnel and training considerations, documentation, maintenance of equipment and work processes, and emergency planning. This course will help managers and supervisors working in industrial process plants to understand the reasons and required elements of PSM programs.
Cold Stress	Exposure to cold weather conditions brings about unique challenges and hazards at work. This course provides a better understanding of how and why these conditions occur as well as how to minimize risks and illnesses resulting from cold stress. You will learn about common illnesses, like trench foot and hypothermia, and discover the best preventative measures necessary to safely work in colder climates.
Cold Stress Basics	Learners taking this course will receive a general overview of the nature of cold stress, including how it affects the body and the most common injuries and illnesses. You will also explore what sort of employees are most at risk as well as specific contributors to cold stress.
Cold Stress Illnesses and Treatment	This course provides a detailed approach to the hazards and illnesses associated with working in cold temperature environments and the treatment options available for each. For example, the course details methods to help minimize risks of frostbite, trench foot, hypothermia and chilblains.
Cold Stress Prevention	Learn the proper steps to take to prevent cold stress injuries from occurring. You will explore topics such as clothing and layering, engineering controls, best work practices, and other basics to protect yourself. This course will also examine case studies that detail real-life examples of cold stress in the workplace.
Compressed Gas Safety	This course establishes the elements needed for an effective compressed gas safety program.



Course	Description
Confined Spaces (General Industry) 1: Basics	This course examines the basics of confined spaces for general industry code. This module defines confined spaces and teaches the difference between permit-required confined space and a non-permit required confined space. It also identifies when training is required before working in and around confined spaces as well as the associated hazards and warning signs.
Confined Spaces (General Industry) 2: Responsibilities	Each job carries different responsibilities while working in and around confined spaces. This course helps describe the responsibilities of attendants, authorized entrants, rescue personnel, contractors and subcontractors.
Confined Spaces (General Industry) 3: Hazard Mitigation	This course provides knowledge needed to address and mitigate hazards while working within confined spaces, from personal protective equipment to administrative controls to ventilation systems.
Confined Spaces (General Industry) 4: Permits	When a confined space meets certain hazard-level criteria, it will require a permit before entry. This course examines types of permits, permit programs, cancelled permits, rescue, and conditions under which work may begin in confined spaces without a full permit.
Confined Spaces (General Industry) 5: Hazards	Avoiding hazards means first recognizing them. This course covers hazards such as those related to configurations, engulfment, atmospheres and classifications, gases, combustibles, and other toxic substances such as hydrogen sulfide and carbon monoxide.
Confined Spaces (General Industry) 6: Case Study	This course provides an in-depth examination of a real-life incident in a confined space. A flash fire ignited, forcing trapped workers further into the space. The incident resulted in five fatalities and three injuries. Through this case study, users will get a glance at the sorts of tragedy that can occur in confined spaces as well as learn how to avoid them.
Confined Spaces (General Industry) Computer Training	This course is to verify completion of modules 1-6 of the course and to present the certificate of completion. All prerequisite courses must be completed before certificate release.



Course	Description
Confined Spaces in Construction 1: Basics	This course provides a basic understanding of confined space entry in construction with definitions, the purpose of training, entry process, protection from the hazards, and permitting.
Confined Spaces in Construction 2: Responsibilities	This course describes responsibilities of confined space entry personnel before, during and after a confined space entry. Specifically, it covers the roles of attendants, entrants, entry supervisors, rescue personnel, contractors and subcontractors.
Confined Spaces in Construction 3: Hazard Mitigation	This course describes how to mitigate entry hazards using administrative controls, personal protective equipment, ventilation, and other equipment and controlling processes.
Confined Spaces in Construction 4: Permits	The purpose of this training is to familiarize the user with the permitting processes for permit-required confined space entry as well as identifying why a permit is needed, what kind of entries require a permit and reviewing all requirements for the permit.
Confined Spaces in Construction 5: Hazards	This course demonstrates how an inability to quickly escape, a lack of fresh air and constricted room make a confined space one of the most hazardous places on a construction job site. It examines hazards such as those related to configurations, engulfment, atmospheres, gases, combustibles and toxic substances.
Confined Spaces in Construction Computer Training	This course is to verify completion of modules 1-5 of the course and to present the certificate of completion. All prerequisite courses must be completed before certificate release.
COVID-19 Safety Course	This course provides COVID-19 safety tips and best practices from the CDC, OSHA and other reputable, regulatory sources.
Crane Signalling and Communications	When operating a crane, a signal person – or spotter – is used in situations when the point of crane operation is not in full view of the crane operator. This course provides an understanding of the training requirements and proper hand signals and communication skills needed by signal persons and crane operators in these situations. This will allow the operation of mobile cranes in accordance with the Occupational Safety and Health Administration (OSHA)'s 'Signal Person Qualification' standard at part 29 Code of Federal Regulations 1926.1428.



Course	Description
Decontamination (HAZWOPER)	This training provides information concerning decontamination, which is the process of removing contaminants that have collected on workers and equipment. The content in this course is designed to comply with the intent of the applicable regulatory requirements.
Difficult People: Why They Act That Way and How to Deal with Them	Managers will inevitably encounter employees who exhibit difficult behavior, which can disrupt entire teams and departments. They must confront difficult behavior as early as possible to minimize the disruption. This course introduces best practices for confronting direct reports about their difficult behavior.
DOT 1: Hazardous Materials Table	This training course introduces the requirements of the Department of Transportation's hazardous materials regulations, including definitions, the nine hazard classes, and the HAZMAT table.
DOT 2: Packaging, Labelling, Marking and Placarding	This training course will introduce the requirements of the Department of Transportation's hazardous materials regulations, including packaging, labelling, marking, and placarding.
DOT 3: Shipping Papers	This course introduces the requirements of the Department of Transportation's hazardous materials regulations, including the components of the basic description of hazardous material, general information required on the shipping paper, use of the HAZMAT precedence table, and general emergency response information.
DOT 4: Loading and Storage	This course introduces the requirements of the Department of Transportation's hazardous materials regulations, including the interpretation of the segregation table, general guidelines for shipping papers and loading and unloading HAZMAT, and incident reporting requirements.
DOT: Air Brakes	This course introduces the components that work together to create an air brake system, guidelines on operating a vehicle equipped with air brakes, and checklists for inspecting air brake systems and the air brakes on both single and combination units.
DOT: CSA Fundamentals	CSA, which stands for Compliance, Safety, Accountability, is a Federal Motor Carrier Safety Administration (FMCSA) initiative aimed at improving commercial motor vehicle (CMV) safety and ultimately reducing collisions, injuries, and fatalities related to CMV. This course teaches what CSA is, why it's needed, how it works, and what a carrier can do to ensure it has an effective CSA program.



Course	Description
DOT: Drug and Alcohol Awareness	This course identifies the causes, indicators, and resultant problems of substance abuse and substance dependency in the US transportation industry. It describes the US laws that relate to drug and alcohol testing of transportation employees and outlines DOT regulations that enforce compliance among transportation employers.
DOT: Hours of Service	This course outlines the "hours of service" regulations from the Federal Motor Carrier Safety Administration, which are designed to prevent drivers from working excessively long hours and endangering themselves or others on the road.
DOT: Inspections	This course discusses when to perform operator inspections, what to inspect, and how to report your inspections. You will also learn about requirements and standards for annual inspections as required by the Department of Transportation, or DOT.
DOT: Security for Shipment of Hazardous Materials	This course examines the DOT's security requirements relative to the shipment and transportation of hazardous materials. In addition, it explains the hazard classes and provides examples of the placards used when transporting hazardous materials. Finally, it outlines the basic elements of a security plan, defines the employers who require a plan, and explains the training required for employees of companies with plans in place.
Drill Rig Basics	This course examines the basics of drill rigs, a common drilling machine found on remote sites in the oil and gas industry. It explores the types and parts of drill rigs, common conditions, and hazards typical to the machine.
Drill Rig Casing Safety	This course details drill rig casing operations, including those related to specialized tools, installation, application, accessories, circulating, and cementing.
Drill Rig Maintenance Safety	This course provides the best practices involved in drill rig maintenance safety of a rig floor, drill lines, wire ropes, mud circulating and electrical systems, generators, engines, and derrick equipment.
Drill Rigging Up Safety	Rigging up requires a strong understanding and working knowledge of the various rig parts and assemblies. This course covers parts and definitions, appropriate procedures and practices to ensure full worksite safety, and how to recognize, address, and minimize hazards, should they occur.
Drilling Ahead Safety	This course provides the fundamentals of safe drilling ahead, including hazard recognition and mitigation, handling tubulars, prep of drilling fluid, drilling, making a connection, and preparing to break out pipe.



Course	Description
Drilling Tripping Safety	This course examines tripping: the steps involved, the hazards that accompany them, and the recommended course of action to mitigate each.
Driver Safety: 1 Basics	This course examines the risks associated with driving, including an overview, best practices in maintenance, hazard response, driver fatigue, and recommended procedures to follow when driving in hazardous environments—invaluable knowledge to all workers who spend any amount of time on the road for work.
Driver Safety: 2 Vehicle Maintenance	Preventative maintenance is a required activity for anyone operating a road vehicle on the job, as an unsafe vehicle can lead to disastrous results. Maintenance should be performed before and after vehicle operation. This course covers an overview of maintenance, components of a full vehicle check, driver set-up, and adjusting mirrors for blind spots.
Driver Safety: 3 Hazard Response	Understanding driving hazards is only half of the battle. The other half is knowing what to do when you encounter those hazards. This course covers how to respond in the event of an accident, vehicle fire, hydroplaning, skidding, flat tires and blowouts.
Driver Safety: 4 Driving Fatigue	When it comes to hazards in the transportation industry, fatigue is commonly cited as the number one cause of accidents. This course explores driving fatigue and how to avoid hazards associated with it.
Driver Safety: 5 Road Hazards	Drivers in any industry face hazards on the road nearly every day. This course details numerous common road hazards, such as blind curves and dips, obstacles such as livestock, wildlife, and fallen trees and other debris, washboards, loose surfaces, washouts and floods, ice- and snow-covered roads, rain and fog.
Drug Free Workplace Program Employee Part 1	This course is designed to train employees on the elements of their company's Drug Free Workplace Program (DFWP). Part 1 provides an overview and explores requirements, responsibilities and rights, sections of the program, implementation, drug testing, signs and symptoms of abuse, and prevention and treatment.
Drug Free Workplace Program Employee Part 2	This course is designed to train employees on the elements of their company's Drug Free Workplace Program (DFWP). Part 2 of this training provides information about the substances most commonly abused and how to recognize the signs and symptoms of abuse.



Course	Description
Drug Free Workplace Program Supervisor Part 1	A drug-free policy is an essential part of workplace safety. This 2-part course is designed to prepare supervisors for explaining and enforcing their company's Drug Free Workplace Program (DFWP). Topics covered in this training include an explanation of the DFWP, the supervisor's role and responsibility, enforcement, how to recognize potential issues, and crisis management.
Drug Free Workplace Program Supervisor Part 2	A drug-free policy is an essential part of workplace safety. This 2-part course is designed to prepare supervisors for explaining and enforcing their company's Drug Free Workplace Program (DFWP). Topics covered in this training include an explanation of the DFWP, the supervisor's role and responsibility, enforcement, how to recognize potential issues, and crisis management.
Earthmoving 1: Basics	This course explains how to properly and safely train operators of heavy equipment, including formal instruction, demonstrations, and evaluations of on-the-job performance.
Earthmoving 2: Maintenance	Performing necessary equipment maintenance not only helps to extend the life of the equipment, but ensures the safety of its operators and other nearby workers. This course covers best industry practices to maximize efficiency and productivity while reducing the risk of injury from equipment hazards.
Earthmoving 3: Operations Safety	This course provides an overview of what it takes to ensure safe equipment operations based on guidelines from various government agencies. It includes what to do with equipment both idle and in use, what to do during transit from one location to another, and protective measure necessary to guarantee safety before and during operations.
Earthmoving 4: Site Safety	This course provides a proactive approach to site safety. It explores the dangers of operating earthmoving equipment and key hazard prevention skills such as site planning, training, use of hand signals, and more.
Earthmoving Computer Training	This course is to verify completion of modules 1-4 and to present the certificate of completion. All prerequisite courses must be completed before certificate release.
Electrical Hazard Prevention	This course covers safe work around electricity and explores topics such as personal protective equipment, circuit breaker use, guards, cords, part inspections, ground fault circuit interrupters, and the de-energization of overhead power lines.



Course	Description
Electrical Hazards	Direct contact with electrical currents can cause horrible injury and easily lead to death. This course equips learners with knowledge to recognize the presence of electrical hazards and to avoid them. Topics include tripped circuit breakers, blown fuses, warm or hot wires, tools and connections, an ineffective ground fault circuit interrupter, frayed wire insulation and more.
Electrical Safety Basics	This course provides the basic training needed, based on OSHA guidelines, to prevent injuries due to electrical current and other hazards associated with working around electricity. Course content includes: how injuries occur and their root cause, the dangers of overhead power lines, and specific preventative methods to ensure safety at the worksite.
Emergency Planning	This course explores how to address an emergency situation, whether a natural disaster or a man-made situation, how they occur, benefits of an emergency response plan, a workplace incident management system, employee responsibilities, evacuation routes, first-aid, reporting procedures and use of PPE. Also addressed are workplace violence incidents, terrorism and how to build the most effective Emergency Action Plan.
Emergency Response and Spill control (HAZWOPER)	This training describes how to respond to various emergency situations and describes control of spill situations both by the workers involved and by trained emergency personnel.
Environmental General Awareness	This course is an overview of the Environmental Protection Agency and its "command and control" law as well as descriptions of numerical targets, the prevention principle and how choices can make a difference in protecting the environment.
Environmental Management Systems EMS	This course introduces the important concepts of an environmental management system (EMS) and how these apply to a company's own EMS, as defined by the ISO.
Excavation 1: Basics	This course provides insights about on the job requirements, soil classification and testing, protective systems, and hazards present on an excavation site.
Excavation 2: Requirements	This course provides information on pre-excavation precautions, environmental hazards, surface encumbrances and worker operations and responsibility.
Excavation 3: Soil Classifications	This course provides information on identifying, testing and working with various soil types in safe work environments.



Course	Description
Excavation 4: Failures	This course examines the causes of failed excavations and some safety protocols to help avoid incidents related to them.
Excavation 5: Protective Systems	This course teaches how to best prepare for unexpected emergencies due to falls, including emergency response plans, how to execute a plan, how to rescue oneself or someone else, and the correct reporting procedures to use after an emergency takes place.
Excavation Computer Training	This course is to verify completion of modules 1-5 of the course and to present the certificate of completion. All prerequisite courses must be completed before certificate release.
Extension Ladder	This course discusses the differences and similarities between single and extension ladders, how to choose the proper ladder for each task, how to assess worksite hazards before ladder use, how to inspect a ladder, how to safely use a ladder, and how properly maintain the ladder to ensure safety and longevity of ladder function.
Fall Protection 1: Basics	This course discusses basic practices to follow, based on the most stringent requirements available, to help prevent falls, minimize risk, properly use fall protection, rescue oneself or others and more.
Fall Protection 2: Fall Protection Systems	This course is an overview of the fundamental differences in the various types of fall protection systems, including: personal fall-arrest system, personal fall-restraint system, positioning-device system, guardrail system, safety-net system, warning line system, and slide-guard system.
Fall Protection 3: Planning and Usage	This course includes a discussion of how the different systems discussed in the previous module can be implemented to maintain the best business impact while maintaining proper safety guidelines.
Fall Protection 4: Inspection and Maintenance	This course covers specific methods, systems and procedures that should be put into place, whether the scope of the project is small or large.
Fall Protection 5: Response and Rescues	This course teaches how to best prepare for unexpected emergency due to falls, including emergency response plans, how to execute a plan, how to rescue oneself or someone else and the correct reporting procedures to use after an emergency takes place.



Course	Description
Fall Protection 6: Hazard Identification	This course teaches the most prevalent hazards related to fall protection existing on a job site, how to evaluate and identify them and the best ways to eliminate them.
Fall Protection Computer Training	This course is to verify completion of modules 1-6 of the course and to present the certificate of completion. All prerequisite courses must be completed before certificate release.
Fatigue Management	Fatigue can hamper any worker at any time, putting themselves and others on the job at risk. This course reveals how fatigue happens, what to do to prevent it, how to overcome it when necessary, and how to put safeguards in place to help minimize risks.
Fire and explosion hazards (HAZWOPER)	This course identifies procedures and precautions to help reduce the risks of fire and explosion from chemical reactions, ignition of explosive or flammable chemicals, ignition of materials due to oxygen enrichment, and sudden releases of materials under pressure.
Fire Prevention	Find beneficial perspectives and best practices on how to prevent a workplace fire to include identifying and correcting hazards and inspecting equipment to ensure their safe use. Information covered includes developing a fire warning system and recommended types of protection available, how to put it into place, the necessary requirements of a fire exit plan and what to do should an event occur.
Fire Response	This course provides learners with all the knowledge necessary to prepare for and respond to workplace fires.
Fire Safety Basics	This course covers the basics of a fire safety program, including proper exits, fire fighting equipment, emergency plans, and employee training.
Fire Suppression	This course covers the basics of fire suppression.
First Aid 1: Basics	This course provides a general overview of first aid; including general principles, training concepts and legal issues.
First Aid 2: Fundamentals	This course consists of treating relatively minor injuries, most which usually do not require escalation or accident reporting. These consist of: scrapes and puncture wounds; cuts and blisters; bites and stings; sprains; fainting; CPR; shock; and eye injuries.



Course	Description
First Aid 3: Intermediate	This training program is designed to show learners how to perform emergency first aid procedures, if or when they become necessary, with knowledge and confidence.
First Aid 4: Advanced	Before authorizing employees to administer first aid, they must know how to assess and properly treat injuries. This course covers provides in-depth first aid knowledge for the advanced learner.
Flagging Safety	Traffic control is a critical aspect of worker and driver safety on road construction projects. Flaggers need to be knowledgeable about the standards and guidelines established by the Federal Highway Administration's Manual on Uniform Traffic Control Devices. These include general guidelines for flagging, appropriate clothing requirements, and the standards for the signs, barriers and lights, and other devices used in this type of work.
Flammable & Combustible Liquids	This course provides a better understanding of the difference between flammable and combustible liquids as well as understanding what makes them a fire hazard. Additionally, you will have a better understanding of how best to mitigate any fire risk.
Flatbed Cargo Securement	Safe loading and operation of a flatbed trailer depends on following rules and regulations related to safe loading of cargo, proper use of securement devices, and regular inspection of the load. This course teaches the hazards, rules, and safety provisions for ensuring the safety of a vehicle operator as well as others who share the road.
Forklift 1: OSHA's Forklift Standard	This course details and explains OSHA's forklift standard.
Forklift 2: Basics	This course is an introduction to forklifts and some of the dangers associated with them.
Forklift 3: Stability	This course details the importance of stability when operating forklifts and how to ensure your forklift remains stable during operation.



Course	Description
Forklift 4: Operation Safety	This course details safe operation of the forklift, including how to read the operation manual, pre-use inspections, how to remove the lift from service, common basic functions of forklifts, proper travel, and more.
Forklift 5: Energization	Forklifts are energized vehicles, and are, therefore, dangerous. This course examines topics related to energization of a forklift such as, battery safety, use of propane or gas powered forklifts, storage of energization accessories (tanks, batteries, etc.), and dangers of forklifts (explosions, fires, exposure to harmful chemicals, etc.).
Forklift 6: Workplace Hazards	This course discusses the conditions that cultivate or prevent workplace hazards related to forklifts.
Forklift Computer Training	This course is to verify completion of modules 1-6 of the course and to present the certificate of completion. All prerequisite courses must be completed before certificate release.
Forklift Non-Operator	The National Institute for Occupational Safety and Health estimates that close to 19,000 non-operators are involved in forklift accidents each year. This training program is meant to help prevent such accidents.
Forklift Operation	All forklifts, whether powered by electricity, LPG or gasoline, require frequent inspections and trained operators. This course covers all three powered units for safe operation and what to look for in the inspections.
Hand Tool Safety	This course covers basic safety operation of manually-powered hand tools.
Harassment Prevention for California Employees – Workplace	Discrimination and harassment at work can have a corrosive effect on an organization's culture and can lead to low employee morale, reduced productivity, and even criminal liability. This course is designed specifically to address the training requirements for employees under California law, and includes coverage of federal anti-discrimination and anti-harassment law as well. In addition to providing an overview of the types of behaviors that can give rise to discrimination and harassment, including sexual harassment, this course discusses the benefits of and strategies for promoting a respectful work environment.



Course	Description
Harassment Prevention for California Managers – Workplace	This course is intended to help develop a set of values in managerial and supervisory employees that will assist them in preventing and effectively responding to incidents of discrimination and workplace harassment. This course is designed specifically to address the training requirements for managers under California law, and includes coverage of federal anti-discrimination and anti-harassment law as well.
Hazard Communication (HAZWOPER)	This training discusses programs and procedures dealing with chemical hazards as stated in 29 CFR 1910.1200, the hazard communication standard. It is geared toward employees who are actively involved in clean-up activities.
Hazardous Waste Generator RCRA	This course provides basic information on hazardous waste determination and characterization. In addition, this course describes the three types of generator status (very small quantity generator, small quantity generator, and large quantity generator) along with applicable requirements. Generators must manage their hazardous waste per the Resource Conservation and Recovery Act (RCRA) regulations. Thus, accumulation, labelling, and other management requirements are described for both satellite accumulation areas and 90-day accumulation areas. Last, the importance of, and methods for, waste minimization and spill prevention and response are defined.
HAZCOM GHS 1: General Info	This program is designed to provide employees information on their right to know about dangerous chemicals they may be working with and information about globally harmonized systems.
HAZCOM GHS 2: Chemical Classification	This course discusses the chemical classifications identified in OSHA's hazard communication standard and GHS.
HAZCOM GHS 3: Chemical Labelling	This course discusses proper labelling of hazardous chemicals according to the OSHA hazard communication standard and GHS.
HAZCOM GHS 4: Understanding SDS	This course discusses safety data sheets, required information manufacturers distribute that must be made available to employees working with certain hazardous chemicals.
HAZCOM GHS 5: Hazardous Chemical PPE	This course discusses the types of personal protective equipment needed to work with hazardous chemicals, how and when to use it, and how to properly maintain it.
HAZCOM GHS 6: Spill Clean-Up	This course discusses proper clean up of chemical spills.



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HAZCOM GHS Computer Training	This course is to verify completion of modules 1-6 of the course and to present the certificate of completion. All prerequisite courses must be completed before certificate release.
Hearing Conservation	This course will cover the effects of noise; the purpose, advantages and disadvantages of various types of hearing protectors; the selection-fit and care of protectors; the elements of a hearing conservation program; the employers and employees responsibilities as well as the purpose and procedures of audiometric testing.
Heat and Cold Exposure Management (HAZWOPER)	This course is intended for personnel who may be exposed to temperature extremes at hazardous waste sites. Heat-related illness is a major hazard, especially for workers wearing personal protective clothing. Cold-related injuries can cause loss of limbs or even death.
Heat Illness	This program is designed to educate workers on how to avoid, spot and treat illnesses related to working in hot temperatures.
Heavy Equipment Material Handling	This training program discusses working with cranes and other heavy equipment when handling material, the hazards related to that work, and the impact of those hazards.
Hexavalent Chromium	Hexavalent chromium, also known as chromium (VI) and hex chrom, is the toxic form of the metal chromium. This course outlines the sources of hexavalent chromium, the potential health effects of exposure to hexavalent chromium that's above the permissible levels, and how OSHA regulates chromium in the workplace by regular monitoring and medical surveillance.
HIPAA and Access to Medical Records	The privacy of personal healthcare information (such as medical records) is a right protected by the Health Insurance Portability and Accountability Act (HIPAA) of 1996. This course discusses how this law operates, the responsibilities to keep medical information private and what rights the patient has under HIPAA.
Hot Work Basics	This training program covers the basics of hot work, any work that involves burning, welding, cutting, brazing, soldering, grinding, using fire- or spark-producing tools, or other work that produces a source of ignition.
Hot Work Case Studies	This program details different case studies related to hot work, the hazards or incidents associated with those cases, and how injuries/fatalities might have been prevented.



Course	Description
Hot Work Fire Prevention	This course discusses how to prevent fires during hot work, the role of a fire watch, the purpose and uses of a fire extinguisher and more.
Hot Work Hazard Mitigation	This course details the ways to mitigate hazards associated with hot work, including control methods, personal protective equipment, respirators, lens shade selection, atmospheric monitoring, proper guarding, permitting, sprinklers/fire Alarms, and wall & floor protection.
Hot Work Hazards	This section of the hot work courses lists the hazards associated with hot work, whether short-term or long-term exposure to chemical hazards, eye hazards, fumes, gasses, smoke, confined spaces, and more.
Hot Work: Arc Welding	This section of the hot work courses explores the specifics of arc welding.
Hot Work: Gas Welding	This section of the hot work courses explores the specifics of gas welding.
Housekeeping on the Job	All employees should help maintain a safe working environment by following good housekeeping practices on the job. These practices apply to working and walking surfaces; storage, handling, and disposal tasks; fire prevention measures; and incidents with hazardous and infectious materials.
Injury Reporting	This course discusses how to report injuries using OSHA 300 forms.
Introduction to Information Security	Information security plays an important part in the daily work of all users, from the office user to the remote user, regardless of their role in the organization. This course examines corporate security and how it affects end users, along with the best ways to secure your work environment. This course also examines security issues surrounding e-mail, the Internet, and social engineering.
Job Safety Analysis (Hazard Identification)	This course examines all the elements of identifying both job-specific and general hazards, worker responsibility, safe work practices, PPE, reporting and record keeping.
Lead Safety Basics	This course the basics of working with lead, a hazardous metal, safely.



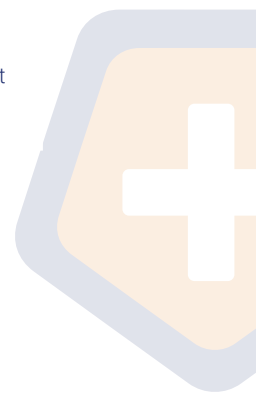
Course	Description
Loading Dock Safety	Typically, loading docks are busy areas where equipment, such as forklifts, is used to move materials and freight onto or off of trailers. Special attention is needed in these areas to ensure the safety of the workers involved in loading and unloading trailers. This course is designed to help workers understand how to make sure the loading dock is safe.
Lockout Tagout 1: Basics	This course discusses the basics of lockout tagout, including what it is, when and when not to use it, and different forms of hazardous energy.
Lockout Tagout 2: Case Studies	This program details different case studies related to lockout tagout, the hazards or incidents associated with those cases, and how injuries/fatalities might have been prevented.
Lockout Tagout 3: Devices	This course provides an overview of devices that require lockout tagout.
Lockout Tagout 4: Step of Locking Out	This course details 10 different steps for performing lockout tagout properly.
Lockout Tagout 5: Re-Energization	This course discusses methods for re-energization, multiple-point lockout, group lockout, non-lockable equipment, temporary re-energization, and removing lockout tagout devices.
Lockout Tagout Computer Training	This course is to verify completion of modules 1-5 of the course and to present the certificate of completion. All prerequisite courses must be completed before certificate release.
Machine Guarding	This course will familiarize you with the hazards of unguarded machine parts and components in operation and maintenance as well as the methods and processes used to address and avoid them.
Manager Communication	This course is a detailed primer for communicating effectively as a manager.
Managing Health and Safety	This course details how to administer and run a health and safety department in the organization.
Material Handling Crane and Hoists Basics	Safe overhead material handling is critical to many operations in construction and general industry. This course provides the student with an overview of safe overhead material handling and hoist basics.



Course	Description
Material Handling Lifting and Body Mechanics	This course in the material handling series covers more advanced topics such as body mechanics and using mechanical advantages such as forklifts over material loads.
Material Handling Shipping and Receiving	This topic in the material handling series discusses shipping and receiving safety.
Material Handling Slings, Ropes and Rigging	This advanced, information-rich course will prepare you on all safety associated with lifting hardware and equipment both at and below the hook, how to rig different loads, lift configurations, inspection criteria, and load calculation—that is, how to determine the load weight—the most critical component of a safe lift.
Mechanical Material Handling Basics	This course provides a brief overview of the most common components of material handling for people and equipment.
Mobile Elevating Work Platforms - US English	This course discusses the various types of mobile elevated work platforms, their operations, their risks, their benefits, and how to operate mobile elevating work platforms safely and according to OSHA and ANSI regulations.
Mobile Elevating Work Platforms - US Spanish	This course discusses the various types of mobile elevated work platforms, their operations, their risks, their benefits, and how to operate mobile elevating work platforms safely and according to OSHA and ANSI regulations.
Mobile Ladder Safety	This course is for those who use mobile ladder stands in their work and require an understanding of the safety hazards associated with them and how best to mitigate those hazards.
Negotiating Hazards for Commercial Vehicles	According to the FMCSA, collisions at intersections alone account for 45% of all reported crashes and 21% of fatalities. Intersections are just one of many common hazards you may encounter in the course of everyday travel while in your truck. This course details how to safely negotiate turns, merging, intersections, downgrades, and railroad crossings.
NFPA Arc Flash	Arc flash accidents are a serious problem in the workplace, as working on energized equipment has become commonplace in many industries. The Electrical Safety Foundation International estimates that every 30 minutes during the work day, a worker suffers an electrically induced injury that requires time off the job for recovery. This program is designed to train you to perform electrical work safely and to protect against injury.



Course	Description
Oilfield Road Hazards	This course discussed oilfield road hazards such as blind curves and dips, washboards, loose surfaces, or washouts/floodouts.
OSHA Recordkeeping Impact: Non-recordable Cases	While every incident in the workplace that results in an injury or illness should be documented, not every incident needs to be reported to OSHA. In this Impact series instalment, Jenny Fuller explores non-recordable cases.
OSHA Recordkeeping Impact: OSHA's Form 300	OSHA requires organizations to keep records of all incidents resulting in any injury or illness for which treatment is necessary beyond basic first aid. The OSHA Form 300 is a log of all work-related injuries or illnesses meeting this requirement. In this Impact series instalment, Jenny Fuller explores OSHA's Form 300.
OSHA Recordkeeping Impact: OSHA's Form 300A	OSHA's Form 300A is a requirement for every organization covered by OSHA Part 1904 and must be completed yearly. In this Impact series installment, Jenny Fuller explores Form 300A and describes its use.
OSHA Recordkeeping Impact: OSHA's Form 301	The OSHA Form 301 is an injury and illness incident report. Together with the Forms 300 and 300A, the Form 301 helps employers and OSHA better understand the extent and severity of work-related incidents. In this Impact series installment, Jenny Fuller explores OSHA's Form 301.
OSHA Recordkeeping Impact: Privacy Cases	Particular injuries and illnesses that occur in the workplace may be considered private and so require confidentiality. In this Impact series installment, Jenny Fuller explores privacy cases in OSHA recordkeeping.
OSHA Recordkeeping Impact: Recordable Cases	Not every on-the-job incident must be reported to OSHA. However, knowing which injuries and illnesses are recordable is essential for every organization. In this Impact series installment, Jenny Fuller explores recordable cases.
OSHA Recordkeeping Impact: Required Reporting	OSHA has very specific requirements when it comes to reporting severe injuries and fatalities in the workplace. In this Impact series installment, Jenny Fuller explores required reporting.
Personal Protective Equipment	Each year there are more than 4 million total workplace injuries. This training program is designed to allow you to work safely by using the right personal protective equipment or PPE.



Course	Description
Personal Protective Equipment (HAZWOPER)	This course discuss why PPE is necessary to HAZWOPER work; identifying the proper category of protection for a hazardous situation; identifying the limitations of PPE; and the proper care, maintenance, useful life, and disposal of PPE.
Pneumatic Tools	This course provides an overview of air/pneumatic tools, the hazards associated with them, safe operation, solid connections, maintenance, and the different types of tools.
Powder Actuated Tools	This course discusses powder actuated tools and related topics, including hazards associated with the tools, types of tools, general safeguards, how to test hardness, misfire procedures, and much more.
Power Tools	This course is an all-in-one primer on power tools, including: safety basics, different types of tools, safety tips for operating those tools, hazards associated with the tools, and more.
Regulatory Overview (HAZWOPER)	This course provides information about the history, purpose, and mission of key regulatory agencies including OSHA, EPA, and DOT.
Respirator Safety	This training program teaches workers about the different types of respirators, how they can protect users, and how to use them.
Safe Vehicle Backing	This course teaches learners about the impacts of backing accidents, their common causes, and how to minimize risks of collision when backing vehicles, including company trucks or delivery vans.
Safety Orientation	This course serves as a generic safety orientation for a common variety of workplace hazards and how best to protect yourself when new to the area and the job.
Saw Safety	This course covers the inspection, maintenance and safe operation of several saw types including saber and reciprocating, chainsaws, chop saws, cut-off saws, and table saws.
Scissor Lifts 1: General Information	This course discusses the OSHA requirements for working with scissor lifts, which are aerial work platforms that count as scaffolds.
Scissor Lifts 2: Case Studies	Here two fatal scissor lift incidents are looked at as case studies. The trainee is asked to write out what could have been done to prevent the outcomes.



Course	Description
Scissor Lifts 3: Energization	This course will provide the trainee with direction on: scissor lifts powered by gasoline or batteries and the importance in knowing how to maintain and safely resupply the energy source as well as the hazards that are associated with the energy source and what to do in an emergency
Scissor Lifts 4: Hazards	Multiple hazards are associated with the use of scissor lifts. This course describes these as well as how to mitigate them. They include: overturning, electrical shock, weather such as wind, overhead power, pinch and falling objects.
Scissor Lifts 5: Inspection	Scissor lifts and their use require multiple inspections for safe operation. These include a site inspection, a prior-to-use inspection, a functional control test and others. In this course you will gain an understanding and familiarity with these inspections.
Scissor Lifts Computer Training	This course is to verify completion of modules 1-5 of the course and to present the certificate of completion. All prerequisite courses must be completed before certificate release.
Semi Truck Inspections	This course is all about semi-truck inspections, including what needs to be inspected, steps for pre-trip inspection, post-trip inspection, and safety precautions.
Sexual Harassment	This course discusses sexual harassment in the workplace, including what constitutes sexual harassment, the types of sexual harassment, protected groups, responsible parties, the role of intent, workplace relationships, and psychological/physiological reactions.
Silica General Awareness Training	On June 23, 2016, two new Occupational Health and Safety Administration regulations took effect establishing stricter federal standards regarding the protection of workers who may be exposed to silica in the workplace. This course covers those standards and general awareness training.
Site control (HAZWOPER)	This training describes measures designed to minimize your exposure to hazardous substances, and prevent the migration of contamination to 'clean' areas of the site. OSHA requires that employees who work at hazardous material sites, or respond to spill emergencies, receive training to eliminate unnecessary risk of exposure to hazardous substances.



Course	Description
Site Safety and Health Plan Procedures (HAZWOPER)	This training is designed to provide on-site and off-site employees with information on the company's site safety and health plan. A site safety plan establishes policies and procedures to protect workers and the public from potential hazards posed by a hazardous waste site.
Spill Prevention, Control, and Countermeasure Plan	This course provides information about hazardous materials, spill control, and confinement methods.
Spotter General Awareness	Spotters play a critical role in both worker safety and protection of property. Because of a large number of blind spots common to heavy machinery, it is vital that a trained spotter be present to guide operators safely during movement. This course provides an overview of these functions.
Stepladder	In this thorough examination of all ladders (stepladders; fixed length ladders; extension ladders and articulating ladders and mobile ladder stands), trainees learn the different types based on supported weights; how to select a ladder; how to set up a ladder; how to inspect a ladder; maximum working height of different ladders; when to use a stabilizer; how to store and care for a ladder; how to measure a ladder; how to transport and the do's and don'ts on a ladder.
Stop Work Authority	This course provides a thorough examination of an employees "stop work authority", or their right to stop working until unsafe work conditions are addressed on a job site.
Storm Water Pollution Prevention	This course describes the nature and occurrence of stormwater pollution, its environmental effects, and ways to address this important water quality problem.
Supported Scaffold 1: Basics	This course examines supported scaffolds: what they are, the different types, material handling on supported scaffold, common hazards, maintenance and inspection, design and erection, and selecting the right scaffold for the job.
Supported Scaffold 2: Types of Supported Scaffolds	This course covers and in-depth look into the different types of supported scaffolds and includes examples of their common usage. It also covers specific safety considerations and regulatory concerns for each type of scaffold.
Supported Scaffold 3: Fabricated Frame	This course completely covers the construction scaffolding code in detail. It includes construction (fabrication) of the scaffolding—specifically the required components used and how to use them, load limits, fall protection—both personal as well as guard railing—protection from falling objects and working near electricity.



Course	Description
Supported Scaffold Computer Training	This course is to verify completion of modules 1-3 of the course and to present the certificate of completion. All prerequisite courses must be completed before certificate release.
Suspended Scaffold 1: Basics	This course is an introduction to suspended scaffolds. Its material includes: a definition of suspended scaffolds, who needs training, the associated hazards, different types of suspended scaffolds, requirements for such scaffolds, material handling, inspections and maintenance.
Suspended Scaffold 2: 2-Point	This course is a discussion of two-point scaffolds. Its material includes the components of 2-point scaffolds, necessary fall protection, use of ladders on the scaffolds, scaffold capacity, maintaining stability, hazards associated with working around 2-point scaffolds, and more.
Suspended Scaffold 3: Requirements	This course teaches the requirements specific to suspended scaffolding types.
Suspended Scaffold Computer Training	This is the final step of your scaffolding training. This sheet is designed to help you understand the specific hazards in your workplace and test your ability to identify those hazards. Complete this exercise with the assistance of your supervisor. Once the concepts are mastered, your supervisor will mark the activity complete in the learning management system.
Toxicology (HAZWOPER)	This course focuses on the study of toxins, their safe limits, and their adverse effects on living organisms.
Transportation Fatigue Management	This course discusses the dangers of fatigue during transport and how to safely avoid fatigue. It includes: inspection safety precautions, what needs to be inspected, road hazards, signs of fatigue, and how to prevent fatigue.
Vacuum Truck Safety	This is an all-in-one primer on vacuum truck safety, including the risks involved and safe work practices.
Walking & Working Surfaces	This course is an all-in-one primer on walking and working surfaces. It includes definitions, requirements, pits, tanks, vats, temporary wall openings, open-sided floors and platforms, ladderway floor openings, work in appropriate lighting, appropriate apparel, common hazards, and much more.



Course	Description
WHMIS 2015	WHMIS: Workplace Hazardous Materials Information System is a comprehensive plan for providing information on the safe use of hazardous materials used in Canadian workplaces. Information is provided by means of product labels, material safety data sheets and worker education programs. This training reviews the required learning needed for on-the-job requirements.
Wild Animal Safety Awareness	This course provides information on working safely in close proximity to wild animals.
Working Alone - Safety Awareness	This course helps supervisors and employers to identify the particular risks faced by employees who work alone or in isolation. It outlines OSHA guidelines on protecting lone workers and identifies the essential components of an effective safety policy.
Workplace Harassment Prevention for Employees Version 3.0	This course helps participants identify the types of sexual harassment and recognize behaviors that may be considered sexually harassing in the workplace. Participants will also learn about courses of action available to victims, as well as the rights of employees and the responsibilities of employers relative to sexual harassment in the workplace.
Workplace Harassment Prevention for Managers — Version 3.0	This course will review the characteristics of various forms of harassment and discuss what supervisors and managers can do to discourage harassing behavior of any type in their own work groups by their employees or themselves.
Workplace Violence	This course details the causes, risks, and types of workplace violence; steps to minimize violence; additional considerations for workplace violence; recognizing the signs, behavioural or otherwise, that could lead to violence; and much more.



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