

SAINT JOHN'S ANGLICAN CHURCH

A Parish of the Anglican Church in North America

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The Very Rev. David F. Klein, SSC, Rector and Dean

The Rev. William T. Estes, Assistant to the Rector

The Rev. Canon Robert W. Bosworth, Jr., PhD., SSC, Ret'd, Associate

Mr. Alan Potts, Organist/Choirmaster

THE HOLY EUCHARIST

2019 Book of Common Prayer

11:15 AM Mass



The Third Sunday in Lent
March 7, 2021


Gathering of the People

Please talk to God before Mass and to each other afterwards. The opportunity for people to prepare properly for worship by saying their prayers before the service begins is of the greatest importance.

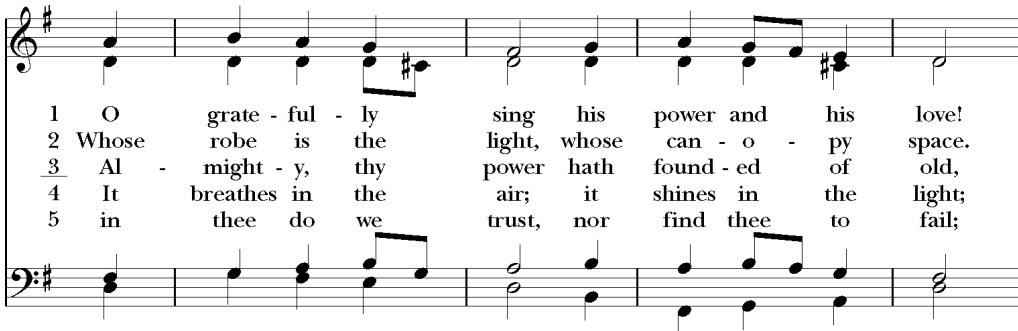
Prelude on "Solemn Melody"

Walford-Davies

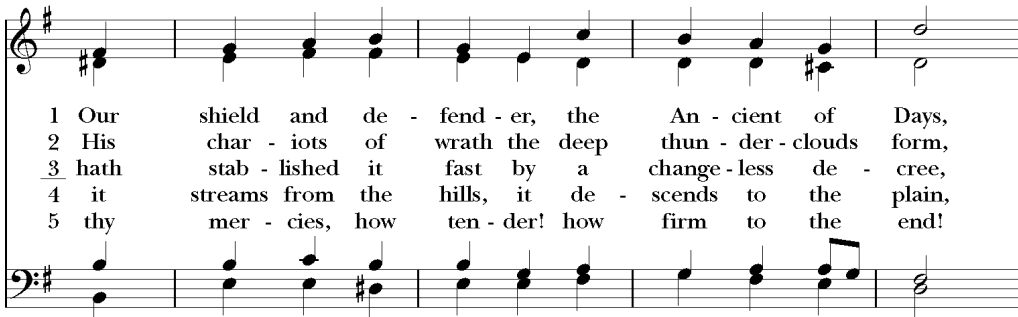
Opening Hymn



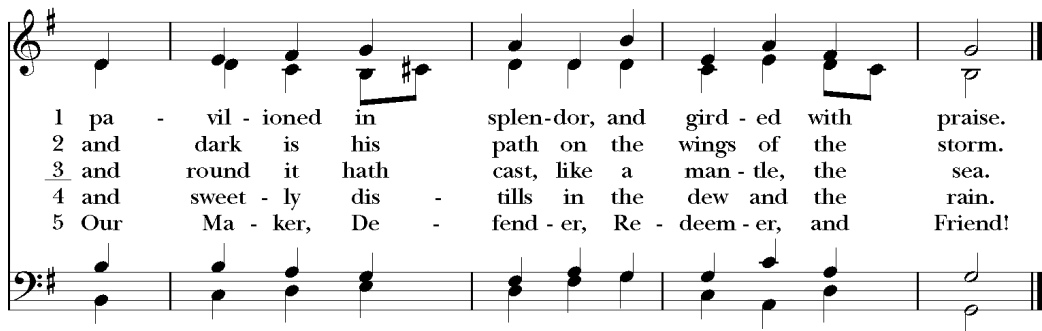
1 O wor - ship the King, all glo - rious a - bove!
2 O tell of his might! O sing of his grace!
3 The earth, with its store of won - ders un - told,
4 Thy boun - ti - ful care, what tongue can re - cite?
5 Frail chil - dren of dust, and fee - ble as frail,



1 O grate - ful - ly sing his power and his love!
2 Whose robe is the light, whose can - o - py space.
3 Al - might - y, thy power hath found - ed of old,
4 It breathes in the air; it shines in the light;
5 in thee do we trust, nor find thee to fail;



1 Our shield and de - fend - er, the An - cient of Days,
2 His char - iots of wrath the deep thun - der - clouds form,
3 hath stab - lished it fast by a change - less de - cree,
4 it streams from the hills, it de - scends to the plain,
5 thy mer - cies, how ten - der! how firm to the end!



1 pa - vil - ioned in splen - dor, and gird - ed with praise.
 2 and dark is his path on the wings of the storm.
 3 and round it hath cast, like a man - tle, the sea.
 4 and sweet - ly dis - tills in the dew and the rain.
 5 Our Ma - ker, De - fend - er, Re - deem - er, and Friend!

Words: Robert Grant (1779-1838) Music: *Hanover*, att. William Croft (1678-1727)

The Liturgy of the Word

There are no flowers on the Altar and the vestments are a penitential purple to mark the solemnity of the season of Lent. The “alleluia” is not used until the Easter Vigil.

The Procession of the Cross and ministers and clergy.

The People standing.

A hymn, psalm, or anthem may be sung.

Bless the Lord who forgiveth all our sins.

People His mercy endureth forever. Amen

The Celebrant prays.

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen**

Then follows the Summary of the Law. The Celebrant says.

Hear what our Lord Jesus Christ saith:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Kyrie eleison

In the season of Lent and other Penitential times.

Healey Willan

Lord, have mer - cy up - on us. Lord, have mer - cy up -
on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -
on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -
on us. Lord, have mer - cy up - on us.
Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

The Collect of the Day

The Celebrant offers the following prayer.

Heavenly Father, you have made us for yourself, and our hearts are restless until they rest in you: Look with compassion upon the heartfelt desires of your servants, and purify our disordered affections, that we may behold your eternal glory in the face of Christ Jesus; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

Please be seated for the hearing of God's Word.

The Lessons from Holy Scripture

Old Testament Reading. Exodus 20:1-17

And God spoke all these words, saying, “I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery “You shall have no other gods before me. “You shall not make for yourself a carved image, or any likeness of anything that is in heaven above, or that is in the earth beneath, or that is in the water under the earth. You shall not bow down to them or serve them, for I the LORD your God am a jealous God, visiting the iniquity of the fathers on the children to the third and the fourth generation of those who hate me, but showing steadfast love to thousands of those who love me and keep my commandments. “You shall not take the name of the LORD your God in vain, for the LORD will not hold him guiltless who takes his name in vain. “Remember the Sabbath day, to keep it holy. Six days you shall labor, and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, you, or your son, or your daughter, your male servant, or your female servant, or your livestock, or the sojourner who is within your gates. For in six days the LORD made heaven and earth, the sea, and all that is in them, and rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy. “Honor your father and your mother, that your days may be long in the land that the LORD your God is giving you. “You shall not murder. “You shall not commit adultery. “You shall not steal. “You shall not bear false witness against your neighbor. “You shall not covet.”

Reader: The word of the Lord

People: Thanks be to God.

Psalm 19:7-14

- 7 The law of the LORD is perfect, reviving the soul; *
the testimony of the LORD is sure, and gives wisdom to the simple.
- 8 The statutes of the LORD are right, and rejoice the heart; *
the commandment of the LORD is pure, and gives light to the eyes.
- 9 The fear of the LORD is clean, and endures for ever; *
the judgments of the LORD are true, and righteous altogether.
- 10 More to be desired are they than gold, even much fine gold; *
sweeter also than honey, than the drippings from the honeycomb.
- 11 Moreover, by them is your servant taught, *
and in keeping them there is great reward.
- 12 Who can tell how often he offends? *
O cleanse me from my secret faults.
- 13 Keep your servant also from presumptuous sins, lest they get the
dominion over me; *
so shall I be undefiled, and innocent of great offense.
- 14 Let the words of my mouth and the meditation of my heart be always
acceptable in your sight, *
O LORD, my rock and my redeemer.

Reader: *Glory be to the Father, and to the Son, and to the Holy Spirit:*

People: *as it was in the beginning, is now and ever shall be, world
without end. Amen*

Epistle Reading. Romans 7:12-25

So, the law is holy, and the commandment is holy and righteous and good. Did that which is good, then, bring death to me? By no means! It was sin, producing death in me through what is good, in order that sin might be shown to be sin, and through the commandment might become sinful beyond measure. For we know that the law is spiritual, but I am of the flesh, sold under sin. For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree with the law, that it is good. So

now it is no longer I who do it, but sin that dwells within me. For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. For I do not do the good I want, but the evil I do not want is what I keep on doing. Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me. So I find it to be a law that when I want to do right, evil lies close at hand. For I delight in the law of God, in my inner being, but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will deliver me from this body of death? Thanks be to God through Jesus Christ our Lord! So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin.

Reader: The word of the Lord.

People: Thanks be to God.

Sequence Hymn



1 The glo - ry of these for - ty days we
2 A - lone and fast - ing Mo - ses saw the
3 So Dan - iel trained his mys - tic sight, de -
4 Then grant us, Lord, like them to be full
* 5 O Fa - ther, Son, and Spi - rit blest, to



1 ce - le - brate with songs of praise; for Christ, through whom all
2 lov - ing God who gave the law; and to E - li - jah,
3 liv - ered from the li - ons' might; and John, the Bride - groom's
4 oft in fast and prayer with thee; our spi - rits strength - en
5 thee be - ev - ery prayer ad - dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.
2 fast - ing, came the steeds and char - i - ots of flame.
3 friend, be - came the her - ald of Mes - si - ah's name.
4 with thy grace, and give us joy to see thy face.
5 Name a - dored, from age to age, the on - ly Lord.

Words: Latin, 6th cent.; tr. Maurice F. Bell (1862-1947), alt. Copyright © by permission Oxford University Press. All rights reserved. Used with permission.
Music: *Erhalt uns, Herr*; melody from *Geistliche Lieder*, 1543; harm. Johann Sebastian Bach (1685-1750)

The Reading of the Holy Gospel

All standing, the Priest reads the Gospel,

Priest: The Holy Gospel of Our Lord Jesus Christ, according to St. John.

People: **Glory to you, Lord Christ.**

John 2:13-22

The Passover of the Jews was at hand, and Jesus went up to Jerusalem. In the temple he found those who were selling oxen and sheep and pigeons, and the money-changers sitting there. And making a whip of cords, he drove them all out of the temple, with the sheep and oxen. And he poured out the coins of the money-changers and overturned their tables. And he told those who sold the pigeons, "Take these things away; do not make my Father's house a house of trade." His disciples remembered that it was written, "Zeal for your house will

consume me.” So the Jews said to him, “What sign do you show us for doing these things?” Jesus answered them, “Destroy this temple, and in three days I will raise it up.” The Jews then said, “It has taken forty-six years to build this temple, and will you raise it up in three days?” But he was speaking about the temple of his body. When therefore he was raised from the dead, his disciples remembered that he had said this, and they believed the Scripture and the word that Jesus had spoken.”

Priest: The Gospel of the Lord.

People: Praise to you, Lord Christ.

The Sermon

The Nicene Creed

Please stand. *The Celebrant introduces the Nicene Creed, saying*

Let us confess our faith in the words of the Nicene Creed:

Celebrant and People

**I believe in one God,
the Father Almighty,
maker of heaven and earth,
and of all things visible and invisible;
And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light, very God of very God,
begotten, not made,
being of one substance with the Father;
by whom all things were made;
who for us men and for our salvation
came down from heaven,
and was incarnate by the Holy Ghost of the Virgin Mary,
and was made man;**

and was crucified also for us under Pontius Pilate;
he suffered and was buried;
and the third day he rose again according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father;
and he shall come again, with glory, to judge both the quick
and the dead; whose kingdom shall have no end.

And I believe in the Holy Ghost the Lord, and Giver of Life,
who proceedeth from the Father and the Son;
who with the Father and the Son together
is worshipped and glorified;
who spake by the Prophets.

And I believe one, holy, Catholic, and Apostolic Church;
I acknowledge one Baptism for the remission of sins;
and I look for the resurrection of the dead,
and the life of the world to come. *Amen.*

The Prayers of the People

The person appointed says.

Let us pray for the whole state of Christ's Church and for the world.

Silence

Almighty and ever-living God, who by thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

We beseech thee also, so to lead the nations of the world into the way of righteousness; and so to direct and dispose the hearts of all our leaders, especially *Joseph*, our President, *Greg*, our Governor, and *Betsy*, our Mayor, that thy people may enjoy the blessings of freedom and peace. Grant that our leaders may truly and impartially administer justice, upholding integrity and

truth, to the punishment of wickedness and vice, and to the maintenance of thy true religion, and virtue.

Give grace, O heavenly Father, to all Bishops, Priests, and Deacons, and especially to thy servants **Foley**, our Archbishop, **Ryan**, our Bishop, **Fr. David**, our Rector, **Fr. Bill**, assistant priest, and **Fr. Bob** associate priest that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments. And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

Prosper, we pray thee, all those who proclaim the Gospel of thy kingdom among the nations, and strengthen us to fulfill thy great commission, making disciples of all nations, baptizing them and teaching them to obey all thou hast commanded.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity *especially* : **Hugh, Lou, Felicia, Wanda, Glenna, Dodie, Ann, Ron, Vivian, Christy, Dale, Joni, Chelsea, Terry, Bob, Ann, Melinda, Mike, Fr. Bob, Trish, Cherissa, Aidan, Grace, Patrick, Dorothy.**

We pray for all medical professionals, first responders, and health care personnel and workers, *especially* **Dr. Kate Stevens, Dr. Chris Stevens, Dr. Will Lowe, Dr. Thomas Truelson, Dr. Mariana Yager, Dr. Randy Parham, Lin Parham, Becky Fry, Allysa Slaughter, Renee Lavelle, Abby Blakley, Bryan Blakely, Christy Merritt, Robyn Virden, Dr. Jeff Paetz, Grace Beaupré, Fr. Bob Bosworth, and Mallory Parkey.**

We remember before thee, O Lord, all thy servants who have departed this life in thy faith and fear, *especially* **Bettie Marie** that thy will for them may be fulfilled, and we beseech thee to grant us grace so to follow the good examples of the blessed Virgin Mary, St John the Apostle and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Heavenly Father, for Jesus Christ's sake, our only Mediator and Advocate; who liveth and reigneth with thee in the unity of the Holy Ghost, one God, world without end. **Amen**

The Confession of Sin

The Celebrant says the following.

Ye who do truly and earnestly repent you of your sins, and are in love and charity with your neighbors, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and make your humble confession to Almighty God, devoutly kneeling.

Silence

The Celebrant and People kneel and pray.

**Almighty God, Father of our Lord Jesus Christ,
maker of all things,
judge of all men:**

**We acknowledge and bewail our manifold sins and
wickedness,
which we from time to time most grievously have
committed by thought, word, and deed
against thy divine Majesty,
provoking most justly thy wrath and indignation against us.**

**We do earnestly repent, and are heartily sorry for these our misdoings;
the remembrance of them is grievous unto us,
the burden of them is intolerable.**

**Have mercy upon us,
Have mercy upon us, most merciful Father;
for thy Son our Lord Jesus Christ's sake,
forgive us all that is past;
and grant that we may ever hereafter serve and please thee
in newness of life,
to the honor and glory of thy Name;
through Jesus Christ our Lord. *Amen***

The Bishop or Priest stands and offers absolution.

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto

him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. *Amen*

The Comfortable Words

The Celebrant may then say one or more of the following sentences, first saying.

Hear what comfortable words our Savior Christ saith unto all that truly turn to him.

Come unto me, all ye that travail and are heavy laden, and I will refresh you. Matt 11:28

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. John 3:16

The Exchange of Peace

Celebrant The Peace of the Lord be always with you.

People *And with thy spirit.*

Following the Peace parish announcements may be said.

The Offertory

“Hear My Prayer”

Moses Hogan

The Altar is prepared for the Consecration of the Bread and Wine.

THE EUCHARISTIC SACRIFICE

At the Offering of the Bread

The Celebrant says inaudibly.

Blessed are you, Lord God of all creation; through your goodness we have this bread to offer, which earth has given and human hands have made. It will become for us the Bread of Heaven.

At the Offering of the Wine

The Celebrant says inaudibly.

Blessed are you, Lord God of all creation; through your goodness we have this wine to offer, fruit of the vine and work of human hands. It will become for us the Cup of Salvation.

The Celebrant addresses the congregation.

Pray, brothers and sisters, that this my sacrifice and yours may be acceptable to God, the Father almighty.

People **May the Lord accept this sacrifice at your hands for the praise and glory of his Name, for our good and the good of all his Holy Church. AMEN.**

Both the prayer for the bread and the prayer for the wine are new to the Missal Edition of the 2019 Book of Common Prayer. This ancient gesture looks forward to God changing these gifts of bread and wine into our spiritual food and drink. Both prayers are derived from Jewish tradition.

What is happening is the bread and wine now are presented to the Father to be transformed into the body and blood of Christ. This gesture is significant because in the bread and wine all creation is taken up by Christ the Redeemer to be transformed and presented to the Father.

By our Confession and absolution, we have been purified in mind and heart and made ready to receive Jesus.

The Liturgy of the Altar

The People standing. The Celebrant faces them and sings or says.

The Lord be with you.

People ***And with thy spirit.***

Celebrant Lift up your hearts.

People ***We lift them up unto the Lord.***

Celebrant Let us give thanks unto our Lord God.

People ***It is meet and right so to do.***

The Celebrant continues

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Here the Celebrant prays the Proper Preface.

Lent

You bid your faithful people cleanse their hearts and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Palm Sunday

Almighty and everlasting God, in your tender love for us you sent your Son our Savior Jesus Christ to take upon himself our nature, and to suffer death upon the cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and come to share in his resurrection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

Therefore with angels and archangels and with all the company of heaven, we laud and magnify thy glorious Name, evermore praising thee, and saying:

Celebrant and People

Sanctus and Benedictus

Healey Willan



Ho - ly, ho - ly, ho - ly, Lord God of



Hosts: Hea - ven and earth are full of thy glo - ry. Glo -



- ry be to thee, O Lord Most High. Bless - ed is he that com - eth

The Prayer of Consecration

The People kneel. The Celebrant continues

The People kneel. The Celebrant continues

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there by his one oblation of himself once offered a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took Bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat, this is my Body, which is given for you; Do this in remembrance of me.

Likewise, after supper, he took the Cup; and when he had given thanks, he gave it to them, saying, Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins; Do this, as oft as ye shall drink it, in remembrance of me.

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy Divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear

us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness, mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee, that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice; yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **Amen**

The Celebrant then says.

And now as our Savior Christ has taught us, we are bold to pray:

Celebrant and People together pray.

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.**

**And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. *Amen.***

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Then the Celebrant says.

Celebrant Christ our Passover is sacrificed for us.

People Therefore let us keep the feast.

Celebrant and People together say.

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen

The Agnus Dei

Healey Willan

O Lamb of God, that ta - kest a -
way the sins of the world, have mer - cy up -
on us. O Lamb of God, that

Administration of Holy Communion

Facing the People, the Celebrant may say the following invitation.

The gifts of God for the people of God. Take them in remembrance that Christ died for you and feed on him in this sacrament with faith and thanksgiving. Amen

or this

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those who are called to the marriage supper of the Lamb.

The Ministers receive the Sacrament in both kinds, and then immediately administer the Blessed Sacrament to the People.

The consecrated Bread and Precious Blood are given to the communicants with these words.

The Body of our Lord Jesus Christ, [which was given for you, preserve your body and soul to everlasting life. Take and eat this in remembrance that Christ died for you, and feed on him in your heart by faith, with thanksgiving.]

The Blood of our Lord Jesus Christ, [which was shed for you, preserve your body and soul to everlasting life. Drink this in remembrance that Christ's Blood was shed for you, and be thankful.]

For those who are participating in this Mass by Live-Stream the way you receive all the benefits of Holy Communion even though the consecrated elements are not received by mouth is by participating fully in the Liturgy and by offering the following prayer with faith and desire.

For Spiritual Communion

Dear Jesus, I believe that you are truly present in the Holy Sacrament. I love you above all things, and I desire to possess you within my soul. And since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself to you, together with all your faithful people gathered around every altar of your Church, and I embrace you with all the affections of my soul. Never permit me to be separated from you. **Amen.** 2019 BCP p. 677.

The Hymn during Holy Communion

1 Here, O my Lord, I see thee face to face;
 2 Here would I feed up - on the Bread of God;
 3 I have no help but thine; nor do I need
 4 Mine is the sin, but thine the right - eous - ness;

here would I touch and han - dle things un - seen;
 here drink with thee the roy - al Wine of heaven;
 an - oth - er arm save thine to lean up - on;
 mine is the guilt, but thine the cleans - ing Blood.

here grasp with firm - er hand e - ter - nal grace,
 here would I lay a - side each earth - ly load,
 it is e - nough, my Lord, e - nough in - deed;
 Here is my robe, my re - fuge, and my peace;

and all my wea - ri - ness up - on thee lean.
 here taste a - fresh the calm of sin for - given.
 my strength is in thy might, thy might a - lone.
 thy Blood, thy right - eous - ness, O Lord, my God.

Words: Horatius Bonar (1808-1889)

Music: Nyack, Warren Swenson (b. 1937) Copyright ©1970 Warren Swenson. All rights reserved. Used with permission.

The Post Communion Prayer

After Communion, the Celebrant says.

Let us pray.

Celebrant and People together pray.

Almighty and ever living God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And

we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. **Amen**

The Blessing

The Bishop when present, or the Priest, gives this blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen**

Recessional Hymn



1 Sing - ing songs of ex - pec - ta - tion, on - ward
2 One the light of God's own pres - ence, o'er his
3 One the strain the lips of thou - sands lift as



goes the pil - grim band, through the night of
ran - somed peo - ple shed, chas - ing far the
from the heart of one; one the con - flict,



doubt and sor - row, march - ing to the prom - ised land.
gloom and ter - ror, bright - ening all the path we tread:
one the per - il, one the march in God be - gun:



Clear be - fore us through the dark - ness gleams and
one the ob - ject of our jour - ney, one the
one the glad - ness of re - joic - ing on the



burns the guid - ing light: trust - ing God we
faith which nev - er tires, one the ear - nest
far e - ter - nal shore, where the one al -



march to - geth - er step - ping fear - less through the night.
look - ing for - ward, one the hope our God in - spires.
might - y Fa - ther reigns in love for ev - er - more.

Words: Bernard Severin Ingemann (1789-1862); tr. Sabine Baring-Gould (1834-1924), alt. Music: *Ton-y-Botel*, Thomas John Williams (1869-1944)

Postlude

Ton-y-Botel

The Priest dismisses the People with these words.

Let us go forth in the Name of Christ.

People Thanks be to God.

or this

Go in peace to love and serve the Lord.

People Thanks be to God.

The Decalogue

Celebrant God spoke these words and said:

I am the Lord your God.

You shall have no other gods but me.

*People Lord, have mercy upon us,
and incline our hearts to keep this law.*

Celebrant You shall not make for yourself any idol.

*People Lord, have mercy upon us,
and incline our hearts to keep this law.*

Celebrant You shall not take the Name of the Lord your God in vain.

*People Lord, have mercy upon us,
and incline our hearts to keep this law.*

Celebrant Remember the Sabbath day and keep it holy.

*People Lord, have mercy upon us,
and incline our hearts to keep this law.*

Celebrant Honor your father and your mother.

*People Lord, have mercy upon us,
and incline our hearts to keep this law.*

Celebrant You shall not murder.

*People Lord, have mercy upon us,
and incline our hearts to keep this law.*

Celebrant You shall not commit adultery.

*People Lord, have mercy upon us,
and incline our hearts to keep this law.*

Celebrant You shall not steal.

*People Lord, have mercy upon us,
and incline our hearts to keep this law.*

Celebrant You shall not bear false witness against your neighbor.

*People Lord, have mercy upon us,
and incline our hearts to keep this law.*

Celebrant You shall not covet.

*People Lord, have mercy upon us,
and write all these, your laws, in our hearts, we beseech you.*

The Book of Exodus 20:1-17; The Book of Deuteronomy 5:6-21

PARISH NEWS

Weekly News for the Family and Friends of St. John's Church

Telephone: 817-927-5341. Fax: 817-927-0908.

The link to our Facebook Stream and Vimeo Live Stream

are both found on the frontpage of our website at www.stjohnsfortworth.com

MEMORIALS & PRAYER

MEMORIALS ARE GIVEN TO THE GLORY OF ALMIGHTY GOD...

- † **THE FLOWERS ON THE ALTAR** - no flowers during Lent.
- † **THE LADY CHAPEL FLOWERS** - no flowers during Lent.
- † **THE SANCTUARY CANDLE** - by Michael and Christina Pavlovsky in memory of Evelyn Wolfe.
- † **THE DE PROFUNDIS BELL** - for Sandra Lopez-Aguado by the Lopez-Aguado Family.
- † **PRAYER LIST:** Hugh, Lou, Felicia, Wanda, Glenna, Dodie, Ann, Ron, Vivian, Christy, Dale, Joni, Chelsea, Terry, Bob, Ann, Melinda, Mike, Fr. Bob, Dorothy, Trish and Silas.

Names on the Sunday morning prayer list are on for a three-week cycle.

- † **THE MINISTRY OF THE FORT WORTH PREGNANCY CENTER**
- † **THE CHILDREN AND STAFF AT COOK MEDICAL CENTER**
- † **MEDICAL PROFESSIONALS:** Dr. Kate Stevens, Dr. Chris Stevens, Dr. Will Lowe, Dr. Thomas Truelson, Dr. Mariana Yager, Dr. Randy Parham, DDS, Lin Parham, RDH and Office Manager, Becky Fry, RN, Allysa Slaughter, R.N, Renee Lavelle, Speech-Language Pathologist, Abby Blakley, Family Intake Therapist and Bryan Blakely, HR Management at JPS, Christy Merritt, X-Ray Technologist, Robyn Virden, Speech-Language Pathologist, Dr. Jeff Paetz, DVM, Grace Beaupré, Medical Assistant, Fr. Bob Bosworth, Ph.D, Pastoral Counselor, and Mallory Parkey, CRNA
- † **FOR PARENTS EXPECTING:**
- † **FOR THOSE TRAVELING THIS WEEK:**
- † **FOR TROOPS IN COMBAT ZONES:**
- † **FOR THOSE WHO HAVE DIED:**
- † **BIRTHDAYS:** Mary Swift (7), Bill Walker (10), Graham Fort (10).
- † **WEDDING ANNIVERSARIES:** Tom and Teel Leaverton (12).

The date in parenthesis indicates the day of the birthday or anniversary.

Visitors' Information

Visitor's Card

Help us get to know you! Please fill out a Visitor's Card, located at Pews and place it in the Offering Plate or hand it to one of the clergy.

Hospitality

"Coffee Hour" is after the 9:00 am mass.

Nursery

Nursery is suspended due to COVID-19 and Diocesan regulations.

Prayer Ministry

Prayer cards are located in each pew for your prayer needs. To access the parish prayer chain, email the office@stjohnsfortworth.com or call 817-927-5341.

Counseling Office

Fr. Bob Bosworth, Ph.D. Pastoral Associate is on staff as a licensed Clinical Pastoral Counselor for individual, marriage, and family counseling. Hours are Tues and Fri 10am-7pm and Sat 10am-4pm. Appointment required. Call 859-475-4475 or visit: Dr-Bosworth.com

How to Join St. John's?

Fill out the New Member Registration Form found on the wall rack in the Narthex or in the Office. If you are Anglican or Episcopalian we will process a letter of transfer. If you are from another denomination, you will be registered as a baptized communicant and we'll let you know when the next Inquirers Class begins. If you are not yet baptized, please see Fr. Klein.

Low-Gluten Hosts

St. John's offers low-gluten (less than 0.01%) communion wafers on request. If you are gluten intolerant, please speak with one of the clergy.

Parish Contact Information

St. John's Anglican Church is a Parish of the Anglican Church in North America (ACNA) and the Episcopal Diocese of Forth Worth. Our Bishop is the Right Reverend Ryan S. Reed, SSC, D.D.

The Archbishop of the Anglican Church in North America (ACNA) is the Most Reverend Foley Beach.

St. John's uses the 2019 Book of Common Prayer (ACNA) and we also use the 1928

Book of Common Prayer.

Office Hours

Tuesday - Friday

9:00 AM - 4:00 PM

Closed for Lunch

12:00—1:30 PM

Worship Services

Sat Vigil: 6:00 pm Lady Chapel. (1928 BCP)

Sunday Morning: 8:00 (1928 BCP), 9:00 and 11:15 am.

Wed Morning: 7:30 am in Lady Chapel (1928 BCP) and 11:00 am Lady Chapel.

Our Vestry

Sr. Warden - Tom Ward 2022

Jr. Warden - Gerald Gregory 2023

Clerk - Rusty Wood 2023

Vestry Members: Jacob Belk 2023, Bob Hampton 2024, Don Lange 2024, Erik Leaseburg 2022, Jason Merritt 2024, Donnie Muennink 2022, Christina Pavlovsky 2024, Sarah Stringer 2022, Patrick Wells 2023.

Treasurer

Bob Hampton

Delegates to Diocesan Convention

Gerald Gregory

Jason Merritt

Tom Ward

Next Vestry Meeting in Guild Parlor.

March 23rd at 7:00 PM.

COVID Protocols.

WELCOME BACK!

The following protocols are what you can look forward to when worshipping in-person at St John's.

What to look forward to.

- ✓ **Wearing a mask is no longer required but it remains recommended and it is an option for many. Mask or no mask, you are welcome.**
- ✓ Maintaining proper social distance is required. This remains in effect and is 6 feet. Families and spouses may sit together.
- ✓ All the Bulletin and worship aids must be taken with you or put in the blue recycle bin.
- ✓ The 11:15 am service is live-streamed. The link to our Facebook Stream and Vimeo Live Stream are found on the frontpage of our website at www.stjohnsfortworth.com

All services are held in the main sanctuary in designated pews.

- ✚ **6:00 pm and 8:00 am.** Enter using the Lady Chapel entrance. Please use the pews labeled “A”.
- ✚ **9:00 am.** Enter using the main doors or the Lady Chapel doors. Please use Pews labeled “B”.
- ✚ **11:15 am.** Enter using the main doors or the Lady Chapel doors. Please use Pews labeled “A”.
- ✚ **Reception of Holy Communion. 6:00 pm, 8:00 am** please come to the Altar Rail and stand in line maintaining the required social distance.
- ✚ **9:00 and 11:15 am.** The clergy will bring Holy Communion down to the main floor.

Announcements

Level 2 and 3 atriums open.

Level 2 and 3 atriums are open for children’s catechesis.

Wednesday Morning Bible Study

Fr. Bill’s Bible Study on the Gospel of John meets Wednesdays at 9:30 am. Mask required, and proper distance maintained. Also available over Zoom. For more information see Fr. Bill.

Sunday Morning Bible Study

Jason Merritt, PhD is teaching a Bible Study on Sunday morning after the 9:00 am service. The class is working through the three letters of John. Join us! Mask required, and proper distance maintained. Also available over Zoom. For more information see Dr. Merritt or Fr. Klein.

Lent at St. John's

Lenten Preaching Mission: "The Psalm on the Cross." Our Sunday morning Lenten preaching series is on Psalm 22. It will be Feb 21, 28, Mar 7, 14, and 21st. You can enrich Lent by purchasing the book "The Psalm on the Cross" by Fr. David Roseberry. **Copies are available at Monkey and Dog Bookstore, 3608 W. 7th Street, Fort Worth, 76107. Currently, you need to call and reserve a time to pick up your book. (817) 489-5747.**

The discipline of fasting. One of the Prayer Book disciplines is fasting. **We fast to get a grip on our lives and to regain control of those things that have gotten out of control.** Fasting, in addition to reduced consumption of food, normally also includes **prayer, self-examination, and acts of mercy.**

Ash Wednesday, the first day of Lent, and **Good Friday,** the day of our Lord's Crucifixion, are days of special devotions and total abstinence.

The **weekdays of Lent** and *every Friday of the year* (outside the 12 Days of Christmas and the 50 days of Eastertide) are encouraged as days of fasting or special devotions.

Third Sunday in Lent

The readings for the 3rd Sunday in Lent help us understand that we must follow God's commandments and truly live them in our hearts to find life. The first reading (Exodus 20:1-17) gives us the Ten Commandments. Our Prayer Book teaches us to reply to each Commandment with "Lord, have mercy upon us, and incline our hearts to keep this law." The second reading (Romans 7:12-25) reminds us that only by grace can we live the Christian life. We receive that grace through the sacraments of the Church. Finally, in the gospel (John 2:13-22) Jesus cleanses the Temple of the money changers. He compares his body with the Temple building. All illusions to his death and resurrection.

COVID-19 Protocol Update

The Governor has lifted most all pandemic restrictions. The Bishop has responded to Governor Abbott's new order. I posted this on our Facebook sites. Here is what we will be doing at St. John's, at least for the immediate future.

- ✓ **WHAT YOU CAN EXPECT AT ST. JOHN'S.** Our clergy will continue to wear a mask when presiding at the liturgy or present with the congregation. The clergy will continue to sanitize their hands properly, as we have been, before consecrating and distributing Holy Communion.
- ✓ We will continue to use the every-other-pew for seating, and we will maintain proper social distance.
- ✓ We will continue to have Sanitizer Stations at entrance ways.
- ✓ **Wearing a mask is no longer required but it remains an option for many. Mask or no mask, you are welcome.**
- ✓ The 11:15 am service is live-streamed. The link to our Facebook Stream and Vimeo Stream is found on the frontpage of our website at www.stjohnsfortworth.com.
- ✓ We are grateful for the progress that has been made in all areas that will help us return to a normal way of life. We are grateful for the discipline and diligence of all our parishioners and our community and businesses. **WE ARE MOVING FORWARD CAUTIOUSLY AND RESPECTFULLY.** Fr. Klein

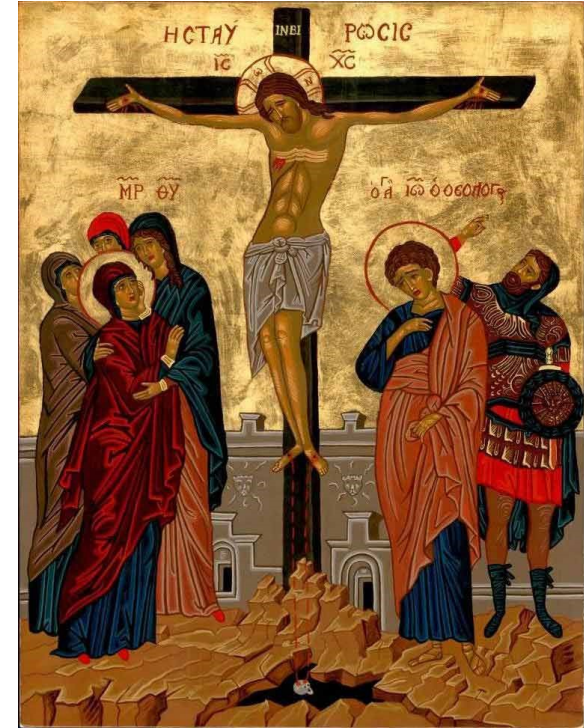
Sunday Offertory

We are not able to pass the Offering Plate at services on Sunday morning.

We have Offering Plates stationed for you to drop your offering as you enter the church. You can mail in a check or use the online giving link that is on the website www.stjohnsfortworth.com. The online service is absolutely secure.

Lent Preaching Mission

“The Psalm on the Cross: A Journey to the Heart of Jesus through Psalm 22”



St John's Anglican Church

Telephone: 817-927-5341. Fax: 817-927-0908.

The link to our Facebook Stream and Vimeo Live Stream are both found on the frontpage of our website at www.stjohnsfortworth.com

February 21 to March 21, 2021

St. John's Anglican Church

Prayer Book Disciplines for Lent

The Book of Common Prayer instructs us to do penance through *prayer, fasting, abstinence and by performing works of piety and charity*. All Fridays through the year, especially during Lent, are penitential days.

Abstinence: Everyone age 14 and older is to abstain from eating meat on Ash Wednesday, all Fridays of Lent, and Good Friday. Why meat? Over the centuries meat has been considered to be a luxury for many people and has also been used for celebrations and feasts. At a penitential time of year, it makes sense to give up something used to mark joyful celebrations, especially on Fridays, the day of our Lord's death.

Fasting: Everyone age 18 and up to their 59th birthday is to fast on Ash Wednesday and Good Friday. This practice mirrors the 40 days Jesus fasted in the desert before he was tempted by the devil. Think of it as a way to strengthen your spiritual muscles.

- Only one full meal is allowed on days of fasting. Two other meals, sufficient to maintain strength, may be taken according to one's need, but together they should not equal another full meal.
- Eating between meals is not permitted, but liquids are allowed.
- The obligation does not apply to those whose health or ability to work would be affected seriously.
- People in doubt about fasting or abstinence should consult the Rector.

Penitential acts: We are not only to receive the mercy of God, but to use it by being merciful to others through our actions, our words, and our prayers. During Lent acts of mercy and love towards others help us to prepare for Easter by connecting with the suffering of Jesus on the cross.

Lenten Preaching Mission

“The Psalm on the Cross.”

Our Lenten Program this year will be a Sunday morning preaching series is on Psalm 22. We will be using as an outline for the sermons the book “The Psalm on the Cross: A Journey to the Heart of Jesus through Psalm 22” by Fr. David Roseberry. **Copies are available at Monkey and Dog Bookstore, 3608 W. 7th Street, Fort Worth, 76107. Currently, you need to call the bookstore and reserve a time to pick up your book. (817) 489-5747.**

Lent 1

Feb 21

Psalm 22: 1-6

Themes: “Why?” “Prayer”, “Nevertheless”, “Trust”, “Memory”, “Scorned”.

Lent 2

Feb 28

Psalm 22: 6-13

Themes: “Worm”, “Blueprint”, “Mother”, “Alone”, “Bulls”, “Evil”, “Man”.

Lent 3

Mar 7

Psalm 22:14-21

Themes: “Man”, “Dust”, “Pierced”, “Garments”, “Wrath”, “Answer”.

Lent 4

Mar 14

Psalm 22:22-26

Themes: “Interlude”, “Congregation”, “Awe”, “Love”, “Father”, “Satisfaction”.

Lent 5

Mar 21

Passion Sunday

Psalm 22:27-31

Themes: “Revival”, “Kingdom”, “Everyone”, “Finished”.

The Psalm used in our Lenten Preaching Series 2021.

Psalm 22

Deus, Deus meus

- 1 My God, my God, why have you forsaken me, *
and are so far from my cry, and from the words of my complaint?
- 2 O my God, I cry in the daytime, but you do not hear; *
in the night season also, but I find no rest.
- 3 But you remain holy, *
enthroned upon the praises of Israel.
- 4 Our fathers hoped in you; *
they trusted in you, and you delivered them.
- 5 They called upon you, and were delivered; *
they put their trust in you, and were not confounded.
- 6 But as for me, I am a worm, and no man, *
scorned by all, and the outcast of the people.
- 7 All those who see me laugh me to scorn; *
they curl their lips, and shake their heads, saying,
- 8 “He trusted in God, that he would deliver him; *
let him deliver him, if he will have him.”
- 9 But you are he that took me out of my mother’s womb; *
you were my hope, when I was yet upon my mother’s breasts.
- 10 I have been cast upon you ever since I was born; *
you are my God, even from my mother’s womb.
- 11 O go not far from me, for trouble is near at hand, *
and there is none to help me.
- 12 Many oxen have come around me; *
fat bulls of Bashan close me in on every side.
- 13 They gape at me with their mouths, *
like a ravening and a roaring lion.
- 14 I am poured out like water, and all my bones are out of joint; *
my heart also in the midst of my body is like melting wax.
- 15 My strength is dried up like a potsherd, and my tongue cleaves to my gums, *
and you bring me into the dust of death.
- 16 For many dogs have come about me, *
and the council of the wicked lays siege against me.

- 17 They pierced my hands and my feet; I can count all my bones; *
they stand staring and looking upon me.
- 18 They part my garments among them, *
and casts lots for my clothing.
- 19 But be not far from me, O LORD. *
You are my succor; hasten to help me.
- 20 Deliver my soul from the sword, *
my life from the power of the dog.
- 21 Save me from the lion's mouth, *
and my soul in misery from among the horns of wild oxen.
- 22 I will declare your Name to my brethren; *
in the midst of the congregation I will praise you.
- 23 O praise the LORD, you that fear him; *
magnify him, all you seed of Jacob, and fear him, all you seed of Israel.
- 24 For he has not despised nor abhorred the low estate of the poor; *
he has not hidden his face from him, but when he called unto him, he heard
him.
- 25 My praise is of you in the great congregation; *
my vows will I perform in the sight of those who fear him.
- 26 The poor shall eat and be satisfied; *
those who seek after the LORD shall praise him; may your hearts live for ever.
- 27 All the ends of the world shall remember, and be turned unto the LORD, *
and all the families of the nations shall worship before him.
- 28 For the kingdom is the LORD's, *
and he is the Governor among the peoples.
- 29 All those who sleep in the earth, how shall they worship him? *
All those who go down into the dust, how shall they kneel before him?
- 30 But my life shall be preserved in his sight, and my children shall worship him; *
they shall tell of the Lord to the generations to come;
- 31 And to a people yet unborn shall they declare his righteousness, *
that he has brought it to pass.

Lent 1. Feb 21. Psalm 22:1-6. Lent 2. Feb 28. Psalm 22:6-13.

Lent 3. Mar 7. Psalm 22:14-21. Lent 4. Mar 14. Psalm 22:22-26.

Lent 5. Mar 21. Psalm 22:27-31.

Live Stream Mass—Prayer for Spiritual Communion

Celebrant says: *For those who are participating in this Mass by Live-Stream the way you receive all the benefits of Holy Communion to your soul, even though you cannot now receive the consecrated elements by mouth is by offering the following prayer with faith and desire. Let us pray:*

For Spiritual Communion

Communicate says: Dear Jesus, I believe that you are truly present in the Holy Sacrament. I love you above all things, and I desire to possess you within my soul. And since I cannot now receive you sacramentally, I beseech you to come spiritually into my heart. I unite myself to you, together with all your faithful people gathered around every altar of your Church, and I embrace you with all the affections of my soul. Never permit me to be separated from you. Amen.—2019 BCP p. 677.