

Saint Paul Public Schools

**SUMMER
2019**

Community Education



**Aquatics,
Camps, Cooking,
Health & Wellness,
Trips & Tours,
AND MORE!**



SAVE THIS CATALOG!

Online, Phone, Mail and Walk-In Registration begins May 1, 2019
Find Additional Registration Information on page 58.

**REGISTER
STARTING
MAY 1, 2019
WWW.COMMED.
SPPS.ORG**

A message from the new Director of Community Education....

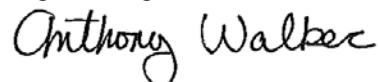
I am excited and honored to join Saint Paul Public Schools Community Education as the new director. I want to thank everyone for your warm welcome. I also want to thank Superintendent Dr. Joe Gothard, COO Jackie Turner, the community education advisory councils and the SPPS Board of Education for their support and assistance in helping me transition into this position. Following in Lynn's shoes will not be easy, but with your input, participation and support, we can be assured that the Community Education department has a bright future.

I have 19 years of experience in community education, previously with Minneapolis Public Schools. I served in many professional roles including as a community school site coordinator and a youth development specialist, and most recently, as the assistant director and program manager for all youth and adult programs. In this role, I was responsible for all activities including budgeting, financial management, advisory councils, state and federal grants, program management, staff recruitment and retention, youth and adult community programs, new program development and working with many community partner organizations benefiting the community and programs.

I recognize I have a lot to learn and I intend to invest time and attention to get to know and understand the Saint Paul Community Education programs; culture; policies and procedures; and the legislative environment impacting our work and community.

Lastly, we have a great staff team here in Saint Paul Community Education. We are all focused on providing great customized service and programs impacting and serving community. Feel free to reach out to any of us at any time; we are happy to hear from you.

In partnership,



Anthony Walker

Director of Community Education



Community Education Mission Statement

Community Education seeks to improve the quality of life by providing lifelong learning opportunities for all members of the community. Lifelong learning is based on the belief that people are learners at every age and are entitled to pursue educational opportunities that are meaningful to them.

Find us on Social Media



/SPPSCommEd



@SPPSCommunityEd

Online Registration at www.commed.spps.org

Some of our classes may not be available for online registration. Any of our offices (listed on page 56) are happy to help you with these classes.

Questions? Call 651-767-8179 or email commed@spps.org.



Adult Enrichment Programs

Teens 16 and over are welcome to participate in adult classes, unless otherwise specified.

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Full listing of classes
available online at
www.commed.spps.org



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Program Office Phone Numbers

Adult Basic Education & GED.....	651-290-4822
Adults with Disabilities Programs (CCC, CLEAR, SEED)	651-228-3655
Aquatics	651-744-5094
Community Programs Offices (Enrichment)	
C.E. Office at Central HS	651-744-5094
C.E. Office at Harding HS	651-744-3072
C.E. Office at Rondo Education Center.....	651-487-7383

Discovery Club (School-Age Child Care).....	651-632-3793
Driver Education	651-744-5094
Early Childhood Family Education	651-793-5410
Youth Program.....	651-487-7383

Registration

Phone: 651-744-3072

Mail: C.E. Office at Harding HS
East Side Learning Hub @
Harding Senior High School
1526 E. Sixth St.
St. Paul, MN 55106

➤ **Additional
registration
information
on page 58.**



• All supply fees must be paid to instructors on the first day of class.



ART AT RAMSEY

Art at Ramsey is a well-established, highly-acclaimed art fair. This juried show features original fine arts and fine crafts made by the exhibiting artists. It is held in conjunction with Grand Meander, the Grand Avenue Business Association's holiday promotion. Art at Ramsey is sponsored by Ramsey Middle School, Community Education and Artists' Circle.

Saturday, December 7, 2019

10:00 a.m. - 5:00 p.m.

**Ramsey Middle School
1700 Summit Ave.**

Free Admission

Applications will be available May 1
and must be received by July 1
at www.artistscircle.org.

For information, call the C.E. Office at Central HS at 651-744-5094.

CANVAS & PAPER

Bookbinding Workshop

For a real staycation, try a new craft intensively! Spend two days creating books that use both color and structure to inspire. As straightforward as sketchbooks and journals or as complicated as moveable poetry feasts, the forms can mirror the content. All will cause you to look at books differently. No experience necessary.

East Side Learning Hub • M. B. Hummel • #3011SuEA

@ Harding HS, 1526 E. Sixth St., 55106

Wed-Thu Jul 10-11 • 9:00a-4:00p • 2 sessions • \$73 + \$25 supply fee



Don't wait to register

Our classes need a minimum number of people to run. We cancel low enrollment classes 3-5 business days before the start date, so don't wait - register early!

Fabulous Folded Flexagon Books

The flexagon is a mysterious paper structure that can be manipulated by hand to show four different surfaces. Make several sizes, and use images provided by your instructor to explore the bookish options.

East Side Learning Hub • M. B. Hummel • #3045SuEA

@ Harding HS, 1526 E. Sixth St., 55106

Wed Jun 19 • 7:00-9:00p • 1 session • \$22 + \$3 supply fee

Beginning Ink & Pencil: Let's Get Loose

Getting and staying loose is a challenge for all artists, aspiring or accomplished. Develop skills in hatching, crosshatching, line drawing and stippling, through exercises meant to keep you relaxed and your hands leading the way. Supply list provided.

East Side Learning Hub • J. Parker • #3027SuEA

@ Harding HS, 1526 E. Sixth St., 55106

Tue Jun 18 • 6:00-8:00p • 6 sessions • \$83

Urban Sketching

Observational drawing is a continuous practice and also a kind of meditation. See things with the eyes of an explorer discovering new territory – rediscovering our city through the act of drawing. We'll be drawing outside – dress for the weather. Supply kits will be made available for purchase from Wet Paint Artists' Materials and Framing (1684 Grand Ave., 55105) five days prior to the start date and will cost approximately \$38.

1780 West 7th • C. Franchevich • #3066SuEA

Mon Jul 1 • 5:30-8:30p • 3 sessions • \$93



Hand-Painted Banners & Signs

Explore the traditional art of layout and lettering using several methods and a variety of materials. In a studio setting, hand paint a small wooden sign and a fabric banner for use as home or garden décor.

Artista Bottega, 937 7th St. W., 55102 • N. Derby

Wed Jun 12 • 1:00-3:00p • 4 sessions • \$80 + \$10 supply fee

• #3159SuEA

Wed Jul 10 • 6:30-8:30p • 4 sessions • \$80 + \$10 supply fee

• #3159SuEB



= Daytime Class

Floorcloths

The art of hand-painted muslin rugs, or floorcloths, has been around for centuries and are durable enough to take the place of conventional rugs. Create your own floorcloth (up to 3' x 5') with the shape, color and design of your choice to compliment any décor. We'll cover layout, stencils, trompe l'oeil, taping, layering, glazes and more.

Artista Bottega, 937 7th St. W., 55102 • N. Derby
Mon Jun 10 • 6:30-8:30p • 4 sessions • \$80 + \$20 supply fee
• #3147SuEA
Tue Jul 9 • 1:00-3:00p • 4 sessions • \$80 + \$20 supply fee
• #3147SuEB

Wineglass Painting

Sometimes a simple wine glass just won't do! Create your own custom hand-painted wineglasses – perfect to keep or give as a gift. Fee includes two wineglasses and supplies.

East Side Learning Hub • E. Bures • #3135SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Tue Jul 30 • 6:00-8:00p • 1 session • \$44

Alcohol Ink Workshop

Alcohol inks have a color intensity and personality unmatched by other mediums, creating paintings that are bright and powerful! Learn to use transparent alcohol ink on Yupo paper and tiles to create colorful and dazzling effects. This ink is acid-free, fade-resistant and fast-drying.

East Side Learning Hub • J. Schroeder • #3121SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Thu Aug 1 • 10:00a-3:00p • 1 session • \$53 + \$10 supply fee

Canvas & Coffee

Wake up and discover your inner artist! Paint along with the instructor as she guides you step-by-step, from a blank 16" x 20" canvas to a finished rendition of a warm ocean scene with flowering trees and birds. Visit <https://tce.me/gVv0cK> to see the painting. No experience necessary. Fee includes supplies and coffee.

East Side Learning Hub • J. Schroeder • #3036SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Thu Jul 18 • 9:00a-1:00p • 1 session • \$41

Abstract Florals: From Site to Canvas

Start the day at Lake Phalen drawing sketches that focus on getting the gestures of plants. Creating an abundance of sketches teaches composition and color and allows us to explore different ways to put it into a final painting. After lunch we'll meet in a classroom at the East Side Learning Hub @ Harding HS, taking our morning sketches and creating energetic, floral acrylic paintings. Offered in partnership with Wet Paint Artists' Materials and Framing, Supply kits will be made available for purchase from Wet Paint Artists' Materials and Framing (1684 Grand Ave., 55105) five days prior to the start date and will cost approximately \$70.

Lake Phalen Beach House, 1400 Phalen Dr., 55106
East Side Learning Hub @ Harding HS,
1526 E. Sixth St., 55106
P. Tighe • #3134SuEA
Mon Jul 22 • 9:00a-3:30p • 1 session • \$63

Acrylic Painting: You Can Do It!

For beginning-to-intermediate-level students. Be guided step-by-step in color mixing and brush strokes while exploring several approaches to acrylic: blending, dabbing, glazing. A variety of subjects will be featured: floral, landscape, abstract. New lessons each session. No drawing skills necessary. Supply list provided.

1780 West 7th • H. Nelson
Wed Jun 19 • 6:00-8:00p • 4 sessions • \$54 • #3156SuEA
Wed Jul 17 • 6:00-8:00p • 4 sessions • \$54 • #3156SuEB

Very-Beginner Beginning Watercolor

Designed for the absolute beginner or those who lack confidence and want to review, this class features simple, methodical lessons, step-by-step instructor demonstrations and practice time. Same skills but different subjects each session. No drawing skills necessary. Supply list provided.

1780 West 7th • H. Nelson
Wed Jun 19 • 3:30-5:30p • 4 sessions • \$54 • #3089SuEA
Wed Jul 17 • 3:30-5:30p • 4 sessions • \$54 • #3089SuEB

Beyond Beginning Watercolor Painting

Taught with step-by-step instructor demonstrations, we'll cover a wide range of subjects and ways of using watercolor: wet-into-wet, washes, glazing and more. New lessons each session. No drawing skills necessary. Supply list provided.

1780 West 7th • H. Nelson
Wed Jun 19 • 1:00-3:00p • 4 sessions • \$54 • #3143SuEA
Wed Jul 17 • 1:00-3:00p • 4 sessions • \$54 • #3143SuEB



Register online at www.commed.spps.org or call the C.E. Office at Harding HS at 651-744-3072.



Beginning Watercolor Painting on Location

Capture the summer landscape with watercolors! Gain confidence in the basics of material selection and painting techniques, begin to understand dark and light by painting in one color, and learn 2-D and color design basics. No experience necessary. Supplies cost approximately \$20; a list will be provided at the first class. Four of the class sessions will be held at outdoor locations at various sites around St. Paul.

1780 West 7th • C. Olson • #3060SuEA

Tue Jun 18 • 6:30-8:30p • 6 sessions • \$59 + \$4 supply fee

GLASS & METAL

Glass Fusing Sampler

Design a glass-fused piece with expert guidance in a fun and casual setting. Choices include: nightlight, candle holder, small dish, pair of coasters, or a suncatcher/hanging piece. One project per person and choose at class. Pieces will be fired in a kiln to be picked up at a later date.

East Side Learning Hub • J. Geiger • #3077SuEA

@ Harding HS, 1526 E. Sixth St., 55106

Wed Aug 7 • 6:00-7:30p • 1 session • \$40

Glasswork Fundamentals: Paperweights

Work with an instructor at Vandalia Glassworks to design and create a solid paperweight unique to you. The paperweight is the most fun and forgiving piece for first-time glass blowers. You'll learn basic fundamentals of glasswork including gathering, coloring, shaping, and transferring the piece off the pipe.

Vandalia Glassworks • #3071SuEA

103 Concord Exchange N., So. St. Paul, 55075

Sat Aug 3 • 10:00a-1:00p • 1 session • \$69

Flamework Fundamentals: Italian Glass Beads

Get acquainted with working a torch and Italian soft glass. Learn safety protocol, tool and equipment use, and beginning flameworking techniques. Explore glass manipulation, shaping techniques and surface decoration, and leave class with 4-6 beads and the flamework basics to explore more techniques with confidence.

Chicago Avenue Fire Arts Center • #3055SuEA

3749 Chicago Ave., Mpls., 55407

Mon Jul 8 • 6:00-9:00p • 1 session • \$40

Blacksmith Fundamentals: Bottle Openers

Ages 18 and up. Begin building your blacksmith skills by forging your own bottle opener! Bottle openers are quick to make and can incorporate all basic blacksmithing processes in one compact project. Finish the class with a celebratory bottle-opening to try out your new tool (that means a beer or soda is included!). Open to all experience levels.

Chicago Avenue Fire Arts Center • #3075SuEA

3749 Chicago Ave., Mpls., 55407

Sat Aug 10 • 10:00a-3:00p • 1 session • \$65

Bronze Casting for Beginners

Learn the seven steps of an ancient form of lost wax metal casting using recycled plaster molds to create your mini masterpiece! Gain experience with the process, sculpt in wax to make a small casting, and share ideas. \$5 per pound of finished aluminum or bronze will be assessed at class and is payable to the instructor.

Flux Studio and Foundry • G. Ghei • #3026SuEA

2919 Como Ave, S.E. Mpls., 55414

Tue/Thu/Sat Jun 18 • 5 sessions • \$144

Tue/Thu 6:00-8:00p • Sat 12:00-2:00p

Metal Casting with Sand Molds

The ancient art of sand casting can be used to create objects or art with bronze or aluminum. Design and create your sand mold using Plasticine clay, found objects, or a wood/foam pattern. Choose bronze or aluminum to fill your mold, and learn how to clean and treat your casting. \$5 per pound of finished metal will be assessed at class and is payable to the instructor.

The Metal Shoppe • S. Hanson • #3191SuEA

2919 Como Ave, S.E. Mpls., 55414

Tue/Thu Aug 1 • 6:00-8:00p • 7 sessions • \$189



Garden Art

Using a variety of recycled and found objects, create wind chimes, small birdhouses and ornamental sculptures to enhance your garden. Bring in and/or choose from a variety of objects and materials. We have the tools and guidance to help you build and assemble the objects you desire!

Artista Bottega, 937 7th St. W., 55102 • N. Derby

Tue Jun 11 • 1:00-3:00p • 4 sessions • \$80 + \$10 supply fee

• #3160SuEA

Mon Jul 8 • 6:30-8:30p • 4 sessions • \$80 + \$10 supply fee

• #3160SuEB





PHOTOGRAPHY

Getting to Know Your Digital SLR Camera

Explore the functions of the digital SLR camera including the camera's mode and manual settings, flash, and other camera functions. Bring your camera to class for a hands-on learning experience. Camera must have full manual functions.

1780 West 7th • A. Wurdock • #3157SuEA
Mon-Wed Jun 17-19 • 6:15-8:45p • 3 sessions • \$75

Digital SLR Camera: All Around St. Paul

Refresh yourself on the workings of your digital SLR camera, and then join your instructor in the field to take your photography to the next level. Tuesday's class takes place in a classroom. Wednesday's class is at Como Park. Prerequisite: Getting to Know Your Digital SLR Camera, or experience working with your camera's manual settings.

1780 West 7th/Como Park • A. Wurdock • #3137SuEA
Tue-Wed Jun 25-26 • 6:30-8:30p • 2 sessions • \$55

TEXTILES

Knit & Crochet Circle

Keep your mind fresh and your hands moving. Share and read patterns with a group and get new ideas. No formal instruction given. Bring your own supplies.

East Side Learning Hub • SPPS Community Ed Staff
@ Harding HS, 1526 E. Sixth St., 55106 • #3097SuEA
Tue Jun 18 • 10:30a-12:30p • 9 sessions • \$14

Sorry, no same-day or walk-ins

We cannot accommodate same-day or walk-in registrations. Registration and payment must be received at least 24 hours before the start of class.

 = Daytime Class

Register online at commed.spps.org

Leather Lab 101

Beginners welcome! Be guided through the process, from hide to finished product, as you work on projects that demonstrate the basics of working with leather including cutting, punching, hand sewing, riveting, snap setting, finishing and care. Choose your project at class. Options include clutch, long wallet, knot cross-body bag, valet tray, glasses case or coin purse. Fee includes supplies.

1780 West 7th
D. Horan – Merchant Leather • #3081SuEA
Mon Jun 24 • 12:00-3:00p • 1 session • \$51

East Side Learning Hub
@ Harding HS, 1526 E. Sixth St., 55106
D. Horan – Merchant Leather • #3081SuEB
Wed Jul 31 • 5:30-8:30p • 1 session • \$51

Needle Felted Kitten

Needle felting is a quick and easy art form that uses a barbed needle and wool roving. Create a charming wool kitten – perfect to keep or give as a gift. No experience necessary.

1780 West 7th • M. Mayhew • #3032SuEB
Mon Jul 8 • 6:00-8:00p • 1 session • \$17 + \$20 supply fee

Needle Felted Robin

Bring a bit of spring to your home with a beautiful wool robin needle felted by hand. No experience necessary.

East Side Learning Hub • M. Mayhew • #3032SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Thu Jun 27 • 10:00a-12:00p • 1 session • \$17 + \$20 supply fee

Screen Printing

Create a custom T-shirt using water-based screen printing techniques, and work with basic T-shirt design principles. Fee includes one T-Shirt. Additional shirts may be printed for an additional cost.

Elpis Enterprises • #3053SuEA
2161 University Ave. W., #112, 55114
Wed Jul 31 • 5:30-7:30p • 3 sessions • \$44

Register online at www.commed.spps.org or call the C.E. Office at Harding HS at 651-744-3072.



Bead Weaving: Peyote Stitch Bracelet

The peyote stitch, also known as the gourd stitch, is an off-loom bead weaving technique used by many cultures around the world in their beadwork. Learn to weave flat peyote stitches and create a beautiful beaded bracelet to take home!

East Side Learning Hub • Weavers Guild of Minnesota
@ Harding HS, 1526 E. Sixth St., 55106 • #3092SuEA
Wed Jun 19 • 6:00-8:00p • 1 session • \$34 + \$15 supply fee

Beginning Bias Weaving on a Peg Loom

Bias weaving is easy to learn, economical to make, and a great introduction to the craft of weaving! Learn to use a simple peg loom in a creative way to create square and rectangular modules that can be assembled to make scarves, shawls and other useful items. Bring knitting or weaving yarn to the first class.

1780 West 7th • Weavers Guild of Minnesota • #3093SuEA
Wed Jul 24 • 1:00-3:30p • 3 sessions • \$115 + \$40 supply fee

MUSIC INSTRUCTION

Beginning & Intermediate Banjo or Guitar: Individual Lessons

Ages 12 and up. Bring your own banjo, or acoustic, electric or bass guitar. These are individual half-hour lessons. When registering, select which instrument you are interested in.

Ramsey MS • P. Storms • #3940SuE
Tue Jun 18 • 5:00-9:00p • 7 sessions • \$138

Piano: Individual Lessons

Ages 6 and up. Beginner level. Adult beginners welcome. Learn or review the basics of reading notes, rhythm, technique and harmony. Bring your own music or the instructor will suggest music for you. Students need access to a piano or keyboard to practice. These are individual half-hour lessons. **No lesson July 4.**

Ramsey MS • M. Romstad • 6 sessions • \$132
Tue Jun 18 • 6:00-8:30p • #3960SuE
Thu Jun 20 • 6:00-8:30p • #3960SuE



DRAMA

Classic American Comedy for Absolute Beginners

Designed for those with little or no experience in acting comedy. Explore comic timing, physicality and vocal expression. Scenes from classic American comedies will be used to free the imagination. Playwrights include: Clifford Odets, Mary Chase, Lorraine Hansberry, and Neil Simon.

East Side Learning Hub • J. Townsend • #3502SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Tue Jul 9 • 6:00-9:00p • 4 sessions • \$60



I'm on a waitlist...now what?

If a class you want is full, we will do our best to help you find an alternative or add you to a waitlist. If a space opens, we will let you know. If it doesn't work out, we always have more classes, so please try again next season!



Registration

Phone: 651-744-3072

Mail: C.E. Office at Harding HS

East Side Learning Hub @
Harding Senior High School
1526 E. Sixth St.
St. Paul, MN 55106

➤ Additional
registration
information
on page 58.



BUSINESS/CAREER

Accounting/Bookkeeping: The Basics

Whether starting your own business or brushing up on your accounting/bookkeeping skills to bolster your résumé, you will get a basic overview of accounting and bookkeeping for use in office support and the business world.

East Side Learning Hub • A. Suri • #2874SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Wed Jul 10 • 6:30-8:30p • 4 sessions • \$51

Writing a Business Plan

Capture your business vision on paper whether it's a part-time gig or to build your empire. Learn how to write your plan from title page to financial projections – even if writing isn't your strength. Learn plan structure, helpful sites, sorting ideas, staying motivated and finishing. Good for start-ups as well as existing business expansion.

1780 West 7th • J. Simons • #2822SuEA
Thu Jul 25 • 6:00-8:00p • 1 session • \$28

PERSONAL PLANNING



Getting to Know VA Benefits

Receive important information on the State and Federal VA benefits that apply to veterans and their family members. Learn what benefits exist, who is eligible and who to contact for assistance with the VA claims process.

1780 West 7th • D. Severson • #5560SuEA
Mon Aug 5 • 1:00-2:00p • 1 session • Free



= Daytime Class

Register with your spouse/partner and save!
Call the C.E. Office at Harding HS
at 651-744-3072 for the discount.



Advanced Care Planning: Health Care Directives

Who would speak for you if you couldn't speak for yourself? That's the concept behind Advanced Care Planning, a guided conversation on your end of life wishes and preferences that identifies what is most important to you concerning quality of life and living. Leave class with the confidence to develop your Health Care Directive.

East Side Learning Hub • M. O'Brien • #2829SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Wed Jun 19 • 10:30a-12:00p • 1 session • \$19/person;
\$29/couple

Estate Planning: Wills & Trusts

Increase your understanding of wills and trusts and the pros and cons for both. Topics will also include protecting your assets from federal estate tax, probate and procedures dealing with courts, power of attorney and health care declaration (living will).

East Side Learning Hub • C. Stanton • #2875SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Tue Jun 25 • 6:30-8:30p • 1 session • \$29/person; \$50/couple

Making Wise Medicare Decisions

For both new enrollees and existing members. Learn about the basics of Medicare and coordinating insurance plans; how and when to enroll; associated costs; and what Medicare does and does not cover.

1780 West 7th • D. Shamp • #2811SuEA
Tue Jul 9 • 6:00-7:30p • 1 session • \$15/person; \$24/couple

Understanding Social Security

Gain a clearer picture of Social Security and discover ways to maximize your benefit amounts.

1780 West 7th • J. Reed • #6211SuEA
Tue Jul 16 • 6:00-7:30p • 1 session • \$15/person; \$24/couple

Register online at www.commed.spps.org or call the C.E. Office at Harding HS at 651-744-3072.

REAL ESTATE

Home Stretch

Become an informed, prepared consumer! Home Stretch workshops cover, start-to-finish, the entire home buying process and offers objective, practical information to help you get on the path to homeownership. Completion of this course results in a Home Stretch certificate. Offered in partnership with the Neighborhood Development Alliance and for free in celebration of National Homeownership Month.

Villa Del Sol • #2812SuEA
88 Cesar Chavez St., 55107
Sat Jun 15 • 8:30a-5:00p • 1 session • Free

Investing in Rental Property

Learn the benefits of owning residential rental property, including considerations when purchasing your first property and financial analysis to determine if the property is the right choice for you.

East Side Learning Hub • D. Hoff • #2821SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Tue Jul 30 • 6:00-8:00p • 2 sessions • \$35

Downsizing: Where to Begin?

Keep, sell, donate, toss? Downsizing can be overwhelming. Get tips on creating a plan, determining what to keep, what to sell, what has value and how the market influences worth, what to donate, where to donate and more. Offered in partnership with Sort Toss Pack.

1780 West 7th • S. Laliberte • #2895SuEA
Tue Jun 18 • 5:30-7:30p • 1 session • \$13

Preparing to Sell Your House

Learn the basic fundamentals of how to prepare your house to sell. Discover how to get the most bang for your buck and how to get the best sale price. Bring your questions and your specific house concerns for discussion.

1780 West 7th • J. Erickson • #2602SuEA
Wed Jun 19 • 6:00-7:30p • 1 session • \$15



TECHNOLOGY

Classes held at 1780 West 7th

Instructor: Maggie Hogan

Register for one Smartphone or Computer class for \$34, or two or more for \$29 each.

Call the C.E. Office at Harding HS at 651-744-3072 for the discount.



Get to Know Your Smartphone

What makes a smartphone "smart" and how do I get the most out of it? What apps are useful and how do I install them? How do I adjust my settings? Get simple answers to these questions and more. Bring your smartphone to class.

Mon Jul 22 • 12:30-2:30p • 1 session • \$34 • #2615SuEA



Smartphone 2

Can you power on and off, receive calls and send text messages, but you want to do more? Learn to download and use applications, surf the Internet, text pictures, send email and more. Prerequisite: Get to Know Your Smartphone or equivalent skills. Bring your smartphone to class.

Mon Jul 29 • 12:30-2:30p • 1 session • \$34 • #2616SuEA



Smartphone 3

If you enjoyed the first- and second-level smartphone classes but you want to learn more, this is the class for you. Do a deeper dive into email, settings, file/storage management, how the device can interact with a computer and more. Bring your smartphone to class.

Mon Aug 5 • 12:30-2:30p • 1 session • \$34 • #2612SEA



Keyboard & Mouse Skillbuilding

Understand all the ways the keyboard and mouse can work for you. What are all the extra keys on my keyboard? When do I single- or double-click, or right- or left-click? Our keyboard/mouse is our translator – the better we use it, the more effectively we "communicate" with our computer.

Mon Jun 24 • 12:30-2:30p • 1 session • \$34 • #2701SuEA



= Daytime Class



Introduction to Computers

Do computers make you nervous? Learn common computer lingo (hardware, software and more) and understand the pieces that make up the whole to help you become a confident computer user. Absolute beginners welcome!

Mon Jun 17 • 12:30-2:30p • 1 session • \$34 • #2700SuEA

Introduction to Email

Email is a great way to communicate instantly with both business contacts and loved ones. We'll sign up for gmail accounts in class and use them to practice basic email functions like composing, replying, forwarding, attachments and more.

Mon Jul 8 • 12:30-2:30p • 1 session • \$34 • #2707SuEA

Introduction to the Internet

Navigate the Internet with confidence! We'll discuss the basics of Internet browsing, including the different browsers, how to set up favorites, safe-surfing practices and more.

Mon Jul 1 • 12:30-2:30p • 1 session • \$34 • #2702SuEA

Introduction to MS Word

Learn essential word processing tools including cut, copy, paste, formatting, saving and recalling files, as well as editing tools. Prerequisite: Some keyboard and mouse skills.

Mon Jul 15 • 12:30-2:30p • 1 session • \$34 • #2703SuEA

Going Google

Google is more than just a search engine. Discover and experiment with the other aspects of Google, specifically Google Drive, which allows users to create and store files in the cloud, synchronize files across devices, and share files with others.

Wed Jun 26 • 6:00-8:00p • 1 session • \$34 • #2706SuEA

Introduction to MS Excel

Microsoft Excel is a spreadsheet program that helps format, organize and calculate data. Learn how to create and navigate spreadsheets, charts, basic formulas and functions and Excel Theory. Keyboard and mouse skills required.

Wed Jul 24 • 6:00-8:00p • 1 session • \$34 • #2714SuEA

Intermediate MS Excel

Expand your basic knowledge of MS Excel with an exploration of data manipulation (sort, filter, fill, text functions, join and split data) and formulas and functions (absolute vs. relative cell references, 3-D cell references). Prerequisite: Introduction to MS Excel or equivalent skills.

Wed Jul 31 • 6:00-8:00p • 1 session • \$34 • #2670SuEA

Advanced MS Excel

Discover advanced tips and tricks that can increase your productivity and get your specific questions answered. Topics include conditional data manipulation formatting, custom lists, conditional formulas and functions, use of the formula/function library and more. Prerequisite: Intermediate MS Excel or equivalent skills.

Wed Aug 7 • 6:00-8:00p • 1 session • \$34 • #2635SuEA



Pay at Registration

Payment for your class is due when you register. Your spot in class will not be reserved until it is paid for in full.

Registration

Phone: 651-744-3072

Mail: C.E. Office at Harding HS
East Side Learning Hub @
Harding Senior High School
1526 E. Sixth St.
St. Paul, MN 55106

➤ **Additional
registration
information
on page 58.**

• All food fees must be paid to instructors on the first day of class.

Cooking 101: Six Weeks to More Joyful, Improvisatory Cooking

Learn the basics of knife skills, pan-frying, braising, stir-frying, high-temperature roasting, pizza making, and using herbs and spices in this hands-on course. Prepare and eat a meal in class each week, gain a better understanding of the equipment we use, and learn about food safety.

1780 West 7th • J. Grover • #3304SuEA

Tue Jun 18 • 6:00-9:00p • 6 sessions • \$97 + \$57 food fee

Basics of Backyard Smoking

Low and slow is the key to smoking foods. Discover techniques for backyard smoking, make an all-purpose rub that puts commercial ones in the shade, and eat the bounty you've produced.

1780 West 7th • J. Grover • #3420SuEA

Wed Jul 31 • 5:30-9:00p • 1 session • \$37 + \$15 food fee

Grilling Basics for Home Cooks

Get your grilling skills up to par with this intro to grilling class! Learn what to look for in grills and instant-read thermometers, and which cuts of meat and vegetables can make—or break—your grilling. Make marinades and rubs, and do some direct and indirect grilling during class.

1780 West 7th • J. Grover • #3313SuEA

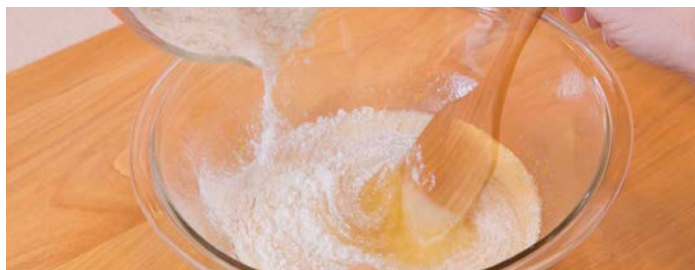
Thu Jul 18 • 5:30-9:00p • 1 session • \$37 + \$15 food fee

Pressure Cooker Smackdown: Electric vs. Stovetop

Pressure cookers can speed up cooking stews, braises, risotto, legume-based dishes and more, but which kind is best – electric or stovetop? Cook with both types and compare results – their differences in speed, flexibility and results may surprise you.

1780 West 7th • J. Grover • #3427SuEA

Tue Aug 6 • 6:00-9:00p • 1 session • \$37 + \$12 food fee



Easy Ethiopian/Eritrean Cooking

Ethiopian food is light, healthy and flavorful, ranging from very spicy to very mild. It can be addictive both in cooking it as much as eating it. Discover new cooking techniques, exotic spices, and ways to easily pair them with your daily ingredients like beans, lentils and vegetables, and meat sautéed with flavored butter, ghee and healthy oils.

1780 West 7th • M. Asfaha • #3408SuEA

Thu Jul 11 • 6:30-8:30p • 1 session • \$36 + \$20 food fee

Easy Ethiopian/Eritrean Cooking: Vegetarian

Ethiopian food is light, healthy and flavorful, ranging from very spicy to very mild. It can be addictive both in cooking it as much as eating it. Discover new cooking techniques and exotic spices, and ways to easily pair them with vegetarian ingredients like beans, lentils and vegetables.

1780 West 7th • M. Asfaha • #3408SuEB

Thu Jul 25 • 6:30-8:30p • 1 session • \$36 + \$20 food fee

Himalayan Snacks & Chai Tea

Do people up in the mountains eat yeti meat for snacks? No, but they do enjoy unique eats! Make aloo dum, pakoda, nimki, chatpatey and chai tea, sure to become your new go-to menu items for get-togethers.

1780 West 7th • I. Rajak • #3425SuEA

Mon Jul 22 • 6:30-8:30p • 1 session • \$32 + \$12 food fee

Must-Have Momos (Adult + Child)

Momos are savory Nepali dumplings, rich with Himalayan flavor and easy enough for the whole family to make! You and your favorite kid chef will make four momos and a mouth-watering sauce, and leave class with the skills to recreate your dish at home. Fee is per one adult and one child pair. Register under the name of the adult attending.

1780 West 7th • I. Rajak • #3423SuEA

Wed Jun 26 • 5:30-7:30p • 1 session • \$28 + \$10 food fee



Sorry, no same-day or walk-ins

We cannot accommodate same-day or walk-in registrations. Registration and payment must be received at least 24 hours before the start of class.



Nepalese-Style Chicken Curry

Curious about curry? Want to make curries spiced to your taste from your own kitchen? It's not as time-consuming as you think! Master cooking chicken and vegetable curry, learn about the spices used and their health benefits, and how to add your own twist. Enjoy your creations with rice at the end of class.

1780 West 7th • I. Rajak • #3424SuEA

Mon Jul 8 • 6:30-8:30p • 1 session • \$36 + \$15 food fee

Nepali Thali

If variety is the spice of life, thali is just that, a combination of various Nepalese cuisines served on a platter. Put together a flavorful, healthy and hearty "Nepalese Thali" like a Nepali would, full of a curry, aloo bodi tama, chutney, rice and sautéed spinach. Learn the art of "spicing" so you can experiment at home!

1780 West 7th • I. Rajak • #3426SuEA

Mon Aug 5 • 6:30-8:30p • 1 session • \$36 + \$15 food fee

Naturally Leavened Sourdough Bread

Good things take time! Spend an afternoon with the professional bakers at Brake Bread, get your hands in the dough and unlock the mysteries of sourdough. Leave class with bread to share, a proofing basket and your own sourdough starter. Supply list provided.

Brake Bread, 1174 7th St. W., 55102 • N. Houge

Sat Jun 15 • 12:00-5:00p • 1 session • \$69 • #3422SuEA

Sat Aug 17 • 12:00-5:00p • 1 session • \$69 • #3422SuEB



Basic Cake Decorating

Become your own cake boss! Decorate an 8-inch celebration cake to take home, and gain skills in shell borders, writing, and star fill work.

1780 West 7th • D. Hirte • #3380SuEA

Mon Jul 8 • 12:30-2:30p • 1 session • \$27 + \$12 food fee

Exploring Twin Cities Markets
See Trips & Tours, page 27.



Russian Cake Decorating Tips

Try an easier way to create flowers by using the Russian cake decorating tips. Take home 12 decorated cupcakes using this new technique to keep for yourself or share with family and friends.

East Side Learning Hub • D. Hirte • #3392SuEA

@ Harding HS, 1526 E. Sixth St., 55106

Wed Jul 10 • 6:00-8:00p • 1 session • \$27 + \$10 food fee

Unicorn Cake Decorating

Channel your inner unicorn. Use 6-inch cakes, buttercream frosting and several decorating tips to create your very own magical unicorn cake to take home.

East Side Learning Hub • D. Hirte • #3413SuEA

@ Harding HS 1526 E. Sixth St., 55106

Wed Jun 19 • 6:00-8:00p • 1 session • \$27 + \$12 food fee



Monster Cupcakes (Adult + Child)

Monsters can be scary and also sweet! Bring a child for some bonding fun as you learn basic cake decorating techniques, and leave class with monster decorated cupcakes almost too cute to eat. Fee is per one adult and one child pair. Register under the name of the adult attending.

East Side Learning Hub • D. Hirte • #3382SuEA

@ Harding HS 1526 E. Sixth St., 55106

Mon Jul 29 • 12:30-2:30p • 1 session • \$27 + \$12 food fee

Dinosaur Cookie Bouquet (Adult + Child)

Team up with your favorite youngster and create a dino-mite cookie bouquet. Work together to decorate cookies on sticks and arrange them in a basket to share with family and friends. Fee is per one adult and one child pair. Register under the name of the adult attending.

1780 West 7th • D. Hirte • #3390SuEA

Mon Jul 15 • 6:00-8:00p • 1 session • \$27 + \$12 food fee

The Meat Trek: 4 Hours, 4 Fine Butcher Shops
See Trips & Tours, page 29.



Driver Safety Courses 55+

Registration

Phone: 651-744-3072

Mail: C.E. Office at Harding HS

East Side Learning Hub @
Harding Senior High School
1526 E. Sixth St.
St. Paul, MN 55106

➤ **Additional
registration
information
on page 58.**



DRIVER SAFETY COURSES 55+

Motorists 55 years of age and older will explore changes in traffic laws and traffic safety, the latest vehicle technology, and easy-to-use defensive driving and accident-prevention tips. Completion of these courses will produce a 10% decrease in your car insurance. The 8-hour course is required for first-time students; the 4-hour refresher is required every three years thereafter. Instructors vary by vendor, date and location. All classes result in the same discount.

8-Hour Courses

AARP 8-Hour:

East Side Learning Hub • #5627SEA

@ Harding HS, 1526 E. Sixth St., 55106

Wed Jun 5 • 9:00a-5:30p • 1 session • \$26

Minnesota Highway Safety & Research Center 8-Hour:

1780 West 7th • #5625SuEA

Mon/Wed Jul 29/31 • 4:30-8:30p • 2 sessions • \$26

Rondo Community Outreach Library • #5625SuEB

Tue-Wed Aug 27-28 • 12:00-4:00p • 2 sessions • \$26

4-Hour Refresher Courses

AARP 4-Hour Refresher:

East Side Learning Hub • #5628SEC

@ Harding HS, 1526 E. Sixth St., 55106

Wed Jun 12 • 12:00-4:00p • 1 session • \$22

Sun Ray Library • #5628SuEA

Mon Aug 12 • 12:00-4:00p • 1 session • \$22

Minnesota Highway Safety & Research Center 4-Hour Refresher:

1780 West 7th • #5626SuEA

Mon Jun 24 • 9:00a-1:00p • 1 session • \$22

East Side Learning Hub • #5626SuEB

@ Harding HS, 1526 E. Sixth St., 55106

Wed Jul 10 • 4:30-8:30p • 1 session • \$22

Rondo Community Outreach Library • #5626SuEC

Tue Jul 23 • 12:00-4:00p • 1 session • \$22

North Dale Rec • #5626SuED

Wed Aug 21 • 9:00a-1:00p • 1 session • \$22

Rondo Community Outreach Library • #5626FEA

Wed Sep 18 • 12:00-4:00p • 1 session • \$22



I'm on a waitlist...now what?

If a class you want is full, we will do our best to help you find an alternative or add you to a waitlist. If a space opens, we will let you know. If it doesn't work out, we always have more classes, so please try again next season!



Pay at Registration

Payment for your class is due when you register. Your spot in class will not be reserved until it is paid for in full.

Full listing of classes

available online at

www.commed.spps.org



Like our **NEW**
Facebook Page!

WWW.FACEBOOK.COM/SPPSCOMMED

Establish a **HEALTHY** foundation for **FAMILY & SCHOOL** success!

Early Childhood Family Education (ECFE) has parent/child classes and free drop-in play sessions. Language and culturally specific class options available.

Learn more:

www.ecfe.spps.org • 651-793-5410



**EARLY CHILDHOOD
FAMILY EDUCATION**



EARLY CHILDHOOD SCREENING

AGE THREE?

TIME TO SCREEN!

Pre-K Screening
for Kids Ages 3,
4 or 5 Years



Make a FREE appointment and receive crucial information about your child's health and development!

Evalúe a su niño a los 3 años. • Caafimaadka cunugaaga halagu baadho 3 sano jir. • Coj koj tus me nyuam mus soj ntsuam thaum nws muaj 3 xyoos. • မကွဲနမိတာဆိုင်ဆိုင်ချစ် ခန့်ခေါ်။



**Saint Paul
PUBLIC SCHOOLS**

A World of Opportunities

For more information, call 651-632-3746

Family Programs

Looking for childcare?

Discovery Club offers year-round care at Saint Paul Public Elementary Schools for grades PreK-5 – including before school, after school, summer and non-school days.

Experience quality programs with hands-on activities, service learning projects, and school-day connections.

Call 651-632-3793 or visit discoveryclub.spps.org



PREKINDERGARTEN

Preparing children for school success

PreK program is offered at most Saint Paul Public Elementary Schools. Full day schedules are offered at some locations. Select schools also offer the program in Hmoob or Español. Children must be age four by September 1st and live in Saint Paul.



For more information, call 651-793-5430 or visit www.spps.org/prek



Registration

Phone: 651-744-5094

Mail: C.E. Office at Central HS
Central Senior High School
275 N. Lexington Pkwy.
St. Paul, MN 55104

➤ **Additional
registration
information
on page 58.**



FITNESS

Aikido: Ki Exercises

Gentle, rhythmic movements can support and increase our range of motion and feeling of balance, and lead to greater freedom of movement and a lower risk of injury as we age. Join us to learn Ki Society's Oneness Rhythm Exercise, a series of movements to music that teaches relaxation and moving in a natural way.

**The Center for Mind-Body Oneness,
550 Vandalia St., Studio 203, 55114
K. Welge • #5539SuCA
Mon/Wed Aug 5 • 6:00-7:00p • 8 sessions • \$65**

All Around Fitness

All Around Fitness is for everyone! Sessions feature exercise techniques for older adults, including strength training, cardiovascular conditioning, balance and flexibility. Work at your own pace and receive personal attention from a trained instructor. **No class July 4.**

**Battle Creek Rec • J. Campbell • #5150SuCA
Tue/Thu Jun 18 • 9:15-10:15a • 15 sessions • \$50**

Dynamic Rolling

Interested in upping your fitness game? Add a few tricks to your bag to strengthen your core through dynamic rolling. Forward and backward rolls are used in martial arts to dissipate energy of an attack without injury. Rolling also helps to train great core strength, a finer sense of balance and agility, and moving from your center.

**The Center for Mind-Body Oneness,
550 Vandalia St., Studio 203, 55114
K. Welge • 5538SuCA
Wed Jul 10 • 6:00-7:00p • 4 sessions • \$34**



I'm on a waitlist...now what?

If a class you want is full, we will do our best to help you find an alternative or add you to a waitlist. If a space opens, we will let you know. If it doesn't work out, we always have more classes, so please try again next season!



Register online at comed.spps.org

Introduction to Kettlebells

Learn how to train with kettlebells and get in the best shape of your life! Participants must be healthy enough to exercise and have obtained all necessary medical clearance. Workouts can be scaled to ability. **No class July 6.**

**Friday Strength, 666 Transfer Rd., 55114
F. Friday • #5348SuCA
Sat Jun 22 • 9:45-10:30a • 6 sessions • \$79**

Major Power

If you have always wanted to try CrossFit but are intimidated by the gym or equipment needed, this is the class for you! Work small muscles as well as exhaust the large muscle groups to design and create the best physique possible for you. Bring a mat, towel and water and be ready to sweat!

**Oxford Community Center
Major Body Fitness • #5901SuCA
Sat Jun 22 • 10:00-11:00a • 6 sessions \$65**

Nordic Walking

Turn your walk into a total body workout! Discover how proper Nordic Walking techniques engage up to 90% of your muscles while increasing your heart rate and calorie burn. Dress for the weather and wear comfortable walking shoes. LEKI Nordic Walking poles will be available for use during the class.

**Como Park HS • K Okey • #5260SuCA
Mon Jun 24 • 5:30-7:15p • 1 session • \$22**

T'ai Chi Ch'uan

T'ai Chi Ch'uan offers significant health benefits including low-impact exercise, relaxation, stress-management, flexibility, serenity and balance. Each class consists of three segments: standing Chi Kung, seated Chi Kung, and the practice of T'ai Chi forms.

**Ramsey MS • Laughing Waters T'ai Chi Club • #5660SuCA
Mon Jun 17 • 6:30-8:00p • 8 sessions • \$68**

**Water Exercise classes
See Aquatics, pages 33-34.**

Register online at www.commed.spps.org or call the C.E. Office at Central HS at 651-744-5094.



YOGA

Beginning/Advanced Beginning Hatha Yoga

Recognize your physical and mental potential through yoga! This introductory class focuses on the basic principles of Iyengar yoga. Bring two blankets and a yoga mat. Wear loose clothing and please keep perfume/scented lotion usage to a minimum. Canceled classes will not be rescheduled.

Ramsey MS • J. Laine • #5874SuCA
Tue Jun 25 • 5:15-6:30p • 6 sessions • \$60

Intermediate Gentle Hatha Yoga

Explore the introductory poses in greater depth and focus on breathing practices. Please keep perfume/scented lotion usage to a minimum. Canceled classes will not be rescheduled.

Ramsey MS • J. Laine • #5879SuCA
Wed Jun 26 • 5:15-6:30p • 6 sessions • \$60

Intermediate Hatha Yoga

For students who have completed Beginning and Advanced Beginning Yoga classes and are looking to continue challenging their yoga practice. Bring a blanket and yoga mat, and please keep perfume/scented lotion usage to a minimum. Canceled classes will not be rescheduled.

Ramsey MS • J. Laine
Tue Jun 25 • 6:35-8:05p • 6 sessions • \$60 • #5877SuCA
Wed Jun 26 • 6:35-8:05p • 6 sessions • \$60 • #5877SuCB

DANCE

African Hip-Hop

Dance to the sounds of Afro-beats, from the Congo, Ivory Coast, Nigeria, Liberia and more! Experience full training in this genre to develop physicality and strength while learning fun energetic moves guaranteed to work up a sweat. All skill levels welcome.

Ramsey MS • E. Stevens • #3576SuCA
Tue Jun 18 • 6:00-6:55p • 7 sessions • \$60

Hip-Hop Dance

Enjoy fun, high-energy dance steps while learning a selection of popular dances and upbeat choreography. This class is for all skill levels as each participant will be shown how to moderate the intensity of the movements according to individual ability.

Ramsey MS • E. Stevens • #3575SCA
Tue Jun 18 • 8:00-8:55p • 7 sessions • \$60

Latin Nightclub Dances

Dance to the rhythm of the Merengue and Bachata from the Dominican Republic, as well as the Salsa and Cha Cha Cha from Cuba. Each class students will learn a new style and technique to be showcased on the last night of class at a local club.

Ramsey MS • H. Esparza • #3611SuCA
Mon Jun 17 • 7:30-9:00p • 7 sessions • \$60

Step & Line Dance Jam

Enjoy popular line dances that everyone in the group can do together! Groove to the Electric Slide, Cha Cha Slide, Polka and much more!

Ramsey MS • E. Stevens • #3720SuCA
Tue Jun 18 • 7:00-7:55p • 7 sessions • \$60

Tappy Hour for Better Health

Build brainpower, bone mass and balance in this low-impact, high fun-factor class! Offered in partnership with Keane Sense of Rhythm (KSR) and Stratis Health. Tap shoes are fun, but optional. Insta-taps will be available for participant use.

Central HS • E. Keane
Wed Jun 19 • 6:00-7:15p • 5 sessions • \$57 • #3578SuCA
Wed Jun 19 • 7:20-8:35p • 5 sessions • \$57 • #3578SuCB

St. Paul Ballet Adult Classes 655 Fairview Ave. N., 55104

More details and dress code information at www.spballet.org.

Register online at www.commed.spps.org or call the C.E. Office at Central HS at 651-744-5094.

Fundamentals of Adult Ballet

Ages 15 and up and all body types welcome! An entry-level class for adult students with little or no previous experience. Learn basic feet and arm positions, class etiquette, direction of movements and terminology of ballet.

Wed Jul 10 • 6:00-7:00p • 4 sessions • \$56 • #3511SuCA

Wed Aug 7 • 6:00-7:00p • 4 sessions • \$56 • #3511SuCB

Adult Beginning Ballet

Ages 15 and up and all body types welcome! For the student who enjoyed ballet as a child or has had six months or more of classical ballet classes.

Wed Jul 10 • 7:15-8:30p • 4 sessions • \$56 • #3512SuCA

Sat Jul 13 • 8:45-10:00a • 3 sessions • \$41 • #3512SuCB

Sat Aug 3 • 8:45-10:00a • 4 sessions • \$56 • #3512SuCC



Adult Lifelong Ballet

Ages 15 and up and all body types welcome! A gentle ballet class especially for those who have danced ballet and are now seeking a less strenuous class that emphasizes smaller movement range.

Mon Jul 8 • 10:00-11:30a • 4 sessions • \$56 • #3513SuCA

Mon Aug 5 • 10:00-11:30a • 4 sessions • \$56 • #3513SuCB

Adult Creative Movement & Choreography

Nourish your artistic mind and body through BrainDance, a work created by Anne Green Gilbert. Explore choreographic elements while developing alignment, core and connectivity in the body and brain.

Thu Jun 6 • 7:15-8:30p • 4 sessions • \$56 • #3517SuCA



= Daytime Class



Love Working with Kids? Become a Childcare Superhero!

Community Education's Discovery Club program is in need of part-time child care professionals available before or after school hours and on non-school days.

Discovery Club serves Saint Paul Public Elementary Schools throughout the city. For more program information, visit discoveryclub.spps.org

For openings and to apply, visit

commed.spps.org/dcemployment

Registration

Phone: 651-744-5094

Mail: C.E. Office at Central HS
Central Senior High School
275 N. Lexington Pkwy.
St. Paul, MN 55104

> Additional
registration
information
on page 58.

Beat the Blues: Health Techniques for Depression

Energize your brain and body. Learn ways to activate and stimulate your nervous system and discover techniques you can use with depression. Teens, ages 14-16, are welcome with a parent.

Ramsey MS • M. Peterson • #5565SuCA
Tue Aug 6 • 6:00-8:30p • 1 session • \$35

First Aid Training

First Aid covers any emergency that does not require the use of CPR. Topics covered in this American Heart Association course include recognition and treatment of heart attacks, strokes, diabetic emergencies and allergic reactions, as well as first aid treatments for wounds, fractures, burns and other common injuries.

Ramsey MS • HeartCert CPR • #5515SuCA
Tue Jun 18 • 6:00-9:00p • 1 session • \$85

Heartsaver® CPR/AED

Heartsaver® CPR/AED gives individuals the knowledge and skills necessary to recognize and provide basic care for breathing and cardiac emergencies until advanced medical personnel arrive. This American Heart Association course certifies individuals in CPR/AED for adults, children and infants and is valid for two years.

Ramsey MS • HeartCert CPR • #5512SuCA
Mon Jun 17 • 6:00-8:30p • 1 session • \$85

Heartsaver® CPR/AED & First Aid

Get certified in CPR, AED and first aid from the American Heart Association. Learn the skills necessary to recognize and provide basic care for breathing and cardiac emergencies, including the recognition and treatment of strokes, diabetic emergencies and allergic reactions, as well as treatments for wounds, fractures, burns and other common injuries.

Ramsey MS • HeartCert CPR • #5510SuCA
Mon-Tue Jun 17-18 • 2 sessions • \$120
Mon 6:00-8:30p • Tue 6:00-9:00p



Food as Medicine: Your Food & Mood Connection

You are what you eat. Learn about foods that impact anxiety, depression, stress and inflammation as well as principles for healthier eating. Take control of your health and make food choices to balance your mood. Teens, ages 14-16, are welcome with a parent.

Ramsey MS • M. Peterson • #5566SuCA
Tue Jul 9 • 6:00-8:30p • 1 session • \$35

Health Rhythms: Drumming for Your Health

Explore the health benefits of recreational drumming and music making through discussion and hands-on practice. No music or drumming experience necessary. Bring a drum if you have one, or instruments will be provided.

Ramsey MS • M. Peterson • #5503SuCA
Wed Aug 7 • 5:00-6:30p • 1 session • \$29

Laughter Yoga: Laughing for Your Health

Laughter is the best medicine! Through discussion and variety of laughter exercises, explore the benefits of laughter and its ability decrease stress and boost mood.

Ramsey MS • M. Peterson • #5504SuCA
Wed Aug 7 • 7:00-8:30p • 1 session • \$29

Lowering Blood Pressure with Food

According to the Centers for Disease Control and Prevention (CDC), about one in three adults in the U.S. have high blood pressure. Learn the different ways hypertension can affect the body and discover and sample some of the foods that can help reduce blood pressure. Students will receive a copy of Dick Ogren's Vegan Cookbook with 30 recipes.

Ramsey MS • D. Ogren • #5537SuCA
Mon Jun 24 • 6:00-8:00p • 1 session • \$35



Natural Sleep Strategies: Beauty Rest for All

Dreaming about sleep? Insomnia, waking in the middle of the night, and poor sleep affects us all. Learn about sleep hygiene and holistic techniques for natural, restful sleep. Teens, ages 14-16, are welcome with a parent.

Ramsey MS • M. Peterson • #5567SuCA
Wed Jul 10 • 6:00-8:30p • 1 session • \$35

Introduction to Psychic Psychology: A Form of Meditation

Explore psychic boundaries. Being alive is to constantly experience dynamic exchanges of energies with those around us. This class will help you to develop awareness and tools so that you can differentiate these energies which can ultimately help you focus, center and become your true self in your daily interactions.

1780 West 7th • S. Remke • #5575SuCA
Mon Jun 17 • 12:00-1:30p • 6 sessions • \$69

Ramsey MS • S. Remke • #5575SuCB
Thu Jun 20 • 6:00-7:30p • 6 sessions • \$69

Advanced Psychic Psychology: A Form of Meditation

For those who have taken the introduction class, this advanced class will further your exploration of your best self with an innovative meditation system. Explore ways to skillfully interact with your energy and the energy of others – generating kindness, openness and generosity.

Ramsey MS • S. Remke • #5576SuCB
Mon Jun 17 • 6:00-7:30p • 6 sessions • \$69

1780 West 7th • S. Remke • #5576SuCA
Wed Jun 19 • 12:00-1:30p • 6 sessions • \$69



Safer Falling for Seniors

Falling is no fun at any age and in Minnesota winters it is a serious concern. Through physical participation, learn how to potentially avoid some falls by exercising your balance muscles and practice a safer landing method if a fall does occur.

Kuk Sool Won of St. Paul,
800 Transfer Rd., Studio 2, 55114 • N. Jones
Mon Jul 22 • 12:00-1:00p • 4 sessions • \$47 • #5525SuCA
Wed Jul 24 • 12:00-1:00p • 4 sessions • \$47 • #5525SuCB

Self-Defense, Assertiveness & Self-Esteem

Explore how your self-esteem affects your ability to be assertive and how both of these form the foundation of any personal safety plan. Learn options and tools to use throughout your life in a variety of situations. All are welcome!

Ramsey MS • S. Mau
Thu Jun 27 • 6:30-8:00p • 1 session • \$35 • #5571SuCA
Thu Jul 25 • 6:30-8:00p • 1 session • \$35 • #5571SuCB

Stress Less: Holistic Skills for Stress Management

Stress affects our entire body from head to toe. Learn about the interaction between brain, body, immune system, and the human stress response cycle. You will be led through the practice of holistic strategies for stress management at home, school or work. Teens, ages 14-16, are welcome with a parent.

Ramsey MS • M. Peterson • #5563SuCA
Tue Jul 30 • 6:00-8:30p • 1 session • \$35

Worry Busters: Alternative Approaches for Anxiety

Calm your body, mind, and spirit from anxiety and fears. Identify your stressors, understand your body's responses, and learn holistic mind and body techniques. Teens, ages 14-16, are welcome with a parent.

Ramsey MS • M. Peterson • #5564SuCA
Wed Jul 31 • 6:00-8:30p • 1 session • \$35



Registration

Phone: 651-744-3072

Mail: C.E. Office at Harding HS

East Side Learning Hub @
Harding Senior High School
1526 E. Sixth St.
St. Paul, MN 55106

➤ **Additional
registration
information
on page 58.**

• All supply fees must be paid to instructors on the first day of class.

HOME IMPROVEMENT

Basic Home Repair

Save money by learning how to do some of the most common home repairs yourself. Emphasis on toilets, faucets, tubular drainage and basic electrical. Class is lecture-style and will include instructor demonstrations.

East Side Learning Hub • P. Schwartz • #6800SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Wed Jul 17 • 6:00-9:00p • 2 sessions • \$53

Electrical Circuits

Learn to do basic home electrical wiring repairs. We'll cover the different types of wire, circuit breakers, light switches and wall receptacles and learn how to replace them; and wire three different types of circuits and learn how to test them.

1780 West 7th • P. Schwartz • #6200SuEA
Mon Jun 17 • 6:30-9:00p • 2 sessions • \$41

Become a Zero Waste ACE!

Discover practical steps to reduce the amount of waste your household produces and learn to love a less wasteful lifestyle. Delve into simple swaps you can make to reduce single use items and packaging, create sustainable waste reduction habits, and learn how to bulk shop and more. Co-sponsored with Zero Waste Saint Paul.

East Side Learning Hub • K. Mattson • #6050SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Wed Aug 7 • 6:00-8:30p • 1 session • \$17

Getting to Know Your Car
See Driver Education, page 39.



WOODWORKING

Woodworking 1

Learn basic woodworking techniques and safety skills while using hand and power tools such as the miter saw, table saw, band saw, router and drill press to build tool totes. Prior experience with woodworking is not necessary for this class.

Saint Paul Tool Library, 755 Prior Ave. N., 55104
Mon Jun 24 • 6:30-8:30p • 4 sessions • \$99 + \$20 supply fee
• #6000SuEA

Mon Jul 29 • 6:30-8:30p • 4 sessions • \$99 + \$20 supply fee
• #6000SuEB

The Art of Woodturning with a Lathe

Explore the art of woodturning on a lathe! Learn about the types of lathe tools, the different kinds of wood blanks for projects, and shop safety. Class includes instructor demonstrations and the opportunity for students to use the lathe to create a small project. Fee includes supplies. Beginners welcome!

Saint Paul Tool Library, 755 Prior Ave. N., 55104
Wed Jun 19 • 6:30-9:00p • 3 sessions • \$70 • #6054SuEA

 Like our **NEW**
Facebook Page!

WWW.FACEBOOK.COM/SPPSCOMMED



BEES & BIRDS

Is Beekeeping for You?

What does it take to become a beekeeper? Why are bees so important for gardens? Why do honeybees need our help? Get answers to these and other bee questions and find out if becoming a beekeeper is right for you.

1780 West 7th • J. Sabin • #3196SuEA
Thu Jul 18 • 6:00-9:00p • 1 session • \$23

Building Backyard Bird Feeders (Adult + Child)

Take flight with your favorite baby bird and help out our fine-feathered friends! Working as a team you'll build two bird feeders, choosing from a suet feeder, small feeder or chickadee box using hand tools. Fee is per one adult and one child pair. Register under the name of the adult attending.

Elpis Enterprises • #6065SuEA
2161 University Ave. W., 55114
Sat Jun 29 • 10:00-11:30a • 1 session • \$29

GARDENING

Blooming Boulevards: Maximize Your Median!

Learn how to transform your sidewalk boulevard into a beautiful native garden habitat. Discover pollinator-friendly, low-maintenance gardening practices from a local expert. Receive instruction on properly preparing a street-adjacent garden bed, characteristics of native species and planting design ideas to maximize curb appeal. Fee includes plants to take home.

Dunning Community Garden • M. Wildenauer • #6055SuEA
Meet at the corner of N. Griggs St. and Concordia Ave.
Wed Jun 19 • 6:00-7:30p • 1 session • \$29

Tap Your Tree: Maple Syrup 101

Tap into maple syrup, Mother Nature's superfood! Discover how you can procure the healthiest sweetener Mother Nature provides with trees in your own back yard.

1780 West 7th • J. Adamski • #6024SuEA
Thu Jul 18 • 6:30-8:00p • 1 session • \$13



Register for Beginning and Intermediate Floral Arrangement classes at the same time and receive a \$5 discount. Call the C.E. Office at Harding HS at 651-744-3072 for the discount.

Beginning Floral Arrangement

Dig into the basics of floral arrangement. Explore techniques for arranging flowers, find out what flowers are available during what seasons, and learn about flower care and essential tools. Leave class with a stunning arrangement created by you to enjoy at home. No experience necessary.

East Side Learning Hub • J. Vang • #6025SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Wed Jun 26 • 6:30-8:00p • 1 session • \$27 + \$20 supply fee
1780 West 7th • J. Vang • #6025SuEB
Mon Jul 15 • 6:30-8:00p • 1 session • \$27 + \$20 supply fee

Intermediate Floral Arrangement

Continue cultivating your floral arranging skills by looking at the mechanics of design, including proportion, shape, balance, and layers of textures and elements. Using these newly-acquired skills, practice and create a beautiful arrangement to take home.

1780 West 7th • J. Vang • #6026SuEA
Thu Aug 1 • 6:30-8:00p • 1 session • \$27 + \$20 supply fee



Don't wait to register

Our classes need a minimum number of people to run. We cancel low enrollment classes 3-5 business days before the start date, so don't wait - register early!

Registration

Phone: 651-744-3072

Mail: C.E. Office at Harding HS

East Side Learning Hub @
Harding Senior High School
1526 E. Sixth St.
St. Paul, MN 55106

➤ **Additional
registration
information
on page 58.**



LANGUAGE

American Sign Language 1

Learn to communicate with American Sign Language. Students learn basic vocabulary and sentence structure. In addition to communicating with people with hearing loss who use ASL, ASL can be used to support and enhance communication with infants and toddlers, as well as children and adults with communication challenges.

Ramsey MS • S. Downs • #4370SuCA

Wed Jun 19 • 5:00-6:30p • 7 sessions • \$56

American Sign Language 8

Mastery level course featuring the “voice-off” format. Continue your journey of increasing fluency with ASL and adding vocabulary, knowledge of grammar, Deaf culture and history, and conversational skills.

Ramsey MS • S. Downs • #4378SuCA

Wed Jun 19 • 6:35-8:05p • 7 sessions • \$56

French 1

Basic conversation, reading, listening and writing skills will be taught. Students will learn regular verbs ending in "er" and "ir" as well as some irregular verbs. Present, past and future tenses, basic negations, questions and adjective usage are also part of the class.

Ramsey MS • C. Holmes • #4000SuCA

Mon Jun 17 • 6:00-7:25p • 7 sessions • \$56

French 2

Intended for students who have completed beginning- or intermediate-level classes. The primary objective of this course is to help students further develop proficiency in communicating in French. Students will review and learn new vocabulary and develop their grammar structures. Oral expression is a big part of this class.

Ramsey MS • C. Holmes • #4002SuCA

Mon Jun 17 • 7:30-9:00p • 7 sessions • \$56

French 3

Master the art of the French language in this fun immersion experience! Students will focus on more complex sentence structure and work towards fluency. The goal of this class is for students to become more confident in their French conversational skills.

Ramsey MS • C. Holmes • #4005SuCA

Tue Jun 18 • 6:00-7:25p • 7 sessions • \$56

French Conversation

Vous aimez parler Français? This is an intermediate conversation class conducted entirely in French. We will choose a variety of fun discussion topics such as music, food, film, literature and current events. At least two years of French experience recommended. Venez nombreux! Laissez les bons temps rouler!

Ramsey MS • C. Holmes • #4003SuCA

Tue Jun 18 • 7:30-9:00p • 7 sessions • \$56

Beginning Japanese

Discover the Japanese culture through basic conversation and expression. Please provide email address as class materials will be sent electronically before the first class.

Ramsey MS • T. Shimano • #4340SuCA

Tue Jun 18 • 6:00-7:30p • 7 sessions • \$56

Intermediate Japanese

Students will concentrate on the use of verbs. Knowledge of the Japanese scripts hiragana and katakana is helpful but not required. Please provide email address as class materials will be sent electronically before the first class.

Ramsey MS • T. Shimano • #4341SuCA

Tue Jun 18 • 7:35-9:00p • 7 sessions • \$56

Advanced Japanese

Ideal for students who have completed Intermediate Japanese, this class will further develop students' vocabulary and conversational skills. **No class July 4.**

Ramsey MS • T. Shimano • #4342SuCA

Thu Jun 20 • 6:00-7:30p • 6 sessions • \$48



Conversational Japanese

Course content is largely driven by students' interests such as kanji, grammar and commonly used expressions. Completion of Advanced Japanese or equivalent is recommended.

No class July 4.

Ramsey MS • T. Shimano • #4343SuCA
Thu Jun 20 • 7:30-9:00p • 6 sessions • \$48

Beginning Spanish 1

Designed for those taking Spanish for the first time or for those who need a refresher, this class will cover basic conversation and the fifty most common regular verbs. Taught by a native Spanish speaker. Fee includes text.

Ramsey MS • S. Rios • #4360SuCA
Mon Jun 17 • 6:00-7:30p • 5 sessions • \$60

Beginning Spanish 2

A continuation of Beginning Spanish 1, this class is designed for those who have had high school or some college Spanish and would like to work on their sentence writing and conversation. Learn grammatical rules and conjugation of fifty regular verbs and seventeen irregular verbs in present, past and future simple tenses. Taught by a native Spanish speaker. Fee includes text.

Ramsey MS • S. Rios • #4361SuCA
Mon Jun 17 • 7:30-9:00p • 5 sessions • \$60

Intermediate Spanish

For students who have completed the Beginning Spanish 2 class or have a good handle on the simple verb tenses. We will focus on compound tenses, the conjugation of verbs and the writing of sentences. Fee includes text.

Ramsey MS • S. Rios • #4364SuCA
Tue Jun 18 • 6:00-7:30p • 5 sessions • \$60



Advanced Spanish

Immerse yourself in the Spanish language in this intensive class intended for students with the equivalent of at least four years of high school Spanish, some college Spanish or time spent in a Spanish-speaking country. This class will be taught entirely in Spanish to increase fluency, refine conversational skills and review grammar. Fee includes text.

Ramsey MS • S. Rios • #4365SuCA
Tue Jun 18 • 7:30-9:00p • 5 sessions • \$60

Spanish for Travel

Are you going to be traveling to a Spanish-speaking country and you want to be able to communicate a bit with the natives? We will learn how to barter for the best price in the market, order in a restaurant, make a reservation on the phone, get and understand directions and find out about entertainment options.

1780 West 7th • B. Lotterman • #4371SuCA
Mon Jun 17 • 7:00-8:15p • 5 sessions • \$50

WRITING

Delighting in Writing

This is a crash course in creative writing for the truly terrified. Explore exercises that eradicate "writer's block" and energize your inspiration and creativity. Time will be given in class to write and share your work with fellow students. **No class July 4.**

1780 West 7th • J. Fenn
Thu Jun 20 • 5:30-7:30p • 3 sessions • \$47 • #4380SuCA
Thu Jul 18 • 5:30-7:30p • 3 sessions • \$47 • #4380SuCB

Registration

Phone: 651-744-3072

Mail: C.E. Office at Harding HS

East Side Learning Hub @
Harding Senior High School
1526 E. Sixth St.
St. Paul, MN 55106

> Additional
registration
information
on page 58.

The Joys of Fly-Tying

Tie flies the fish can't resist! Learn how to tie nine unique flies, and through those flies, the techniques needed to tie 95% of all trout flies. Each fly that you tie builds on the skills learned in previous flies. Tools and materials provided during class time. No experience necessary.

East Side Learning Hub • S. Hanson • #6421SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Tue Jul 9 • 6:30-8:30p • 3 sessions • \$45

Civic Engagement 101

Are you interested in being involved in the political process but have never participated before? The first step can be daunting, but this nonpartisan class will help explain how you can have a voice in the process and help make change. Learn the basics of the local and state legislative processes from Nick Harper, attorney and lobbyist with the League of Women Voters Minnesota. Registration required – space is limited.

1780 West 7th • League of Women Voters of Saint Paul
Thu Jun 27 • 6:00-7:30p • 1 session • Free • #4691SuEA

Leverage Your Strengths

When you know and use your strengths you are six times more likely to be engaged at work. Using the CliftonStrengths assessment, identify your natural talents and learn how to maximize your potential! CliftonStrengths assessment fee included. Participants will receive a personalized code five days before the start date and need to complete the online assessment prior to the start date. Registration closes five days prior to the start date. No refund issued five or fewer days prior to the start date.

East Side Learning Hub • S. Williams • #6455SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Tue-Wed Jul 30-31 • 6:00-8:15p • 2 sessions • \$49



Being Mortal

Based on the bestselling book *Being Mortal*, by Dr. Atul Gawande, we'll discuss how to live a very good life in the face of our own mortality and what will matter to us in the end, as well as the roles that medicine and communication may play. Participants are encouraged, but not required, to either read the book *Being Mortal*, by Dr. Atul Gawande, or view the PBS Frontline Special (<https://www.pbs.org/wgbh/frontline/film/being-mortal/>) prior to class.

1780 West 7th • M. O'Brien • #6457SuEA
Mon Jun 17 • 1:00-2:30p • 1 session • \$19

The Day After Retirement

What will your life look like once you don't answer the call of the alarm clock? Having a sense of purpose is an important key to satisfaction. We'll focus on how to put your arms around the changes inherent in retiring, and explore a variety of ways to identify what is significant to you in establishing a purpose-filled life in retirement.

1780 West 7th • M. O'Brien • #6453SuEA
Wed Jun 26 • 6:00-7:30p • 1 session • \$19

An Introduction to Islam & Muslims

Gain a better understanding of what Islam teaches and what Muslims practice. The class will introduce basic terminology, demographics and differences between religion and culture. Learn about the beliefs and practices of Muslims as well as religious celebrations. All questions answered.

1780 West 7th • Islamic Resource Group • #4680SuEA
Wed Jul 31 • 6:00-8:00p • 1 session • \$12

Islam & Christianity: Common Ground

Join us to explore the similarities and differences between Islam and Christianity, including beliefs and practices, as well as the opportunities and challenges in pursuing joint Muslim/Christian projects.

1780 West 7th • Islamic Resource Group • #4688SuEA
Wed Jul 17 • 1:00-3:00p • 1 session • \$12



Antarctica: The Last Continent

On average, Antarctica is the coldest, driest and windiest continent, yet it ignites curiosity and is a hotbed for scientific research. If you have ever wanted to visit Antarctica or are simply curious about the White Continent, come and learn about its history, the landscape, political status, wildlife and environmental issues – particularly climate change. Hear about the people who live there and what a visit is like.

1780 West 7th • R. Weil • #6452SuEA
Thu Jul 11 • 6:00-8:00p • 1 session • \$17

Follow the Silk Road: A Tour Through Central Asia

The historic and legendary Silk Road traveled through countries that maintain an aura of mystery. Hear about camping the deserts of Turkmenistan, roaming the ancient cities of Uzbekistan, driving the treacherous Pamir Highway in Tajikistan, the horse culture of Kyrgyzstan, and the modern city of Almaty, Kazakhstan. Perfect whether you are planning a trip, or are simply curious about the region.

East Side Learning Hub • S. Hafner • #6454SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Tue Jun 25 • 6:00-7:30p • 1 session • \$17



Exploring Turkey, Georgia, Armenia & Azerbaijan

Straddling Europe and Asia, bordering the Mediterranean, Black, and Caspian Seas, the countries of Turkey, Azerbaijan, Armenia, and Georgia have been at the crossroads of history. Hear firsthand about hot air ballooning over Turkey, the mud volcanoes of Azerbaijan, exploring the quirky capital of Armenia, and the medieval churches and modern wines of Georgia.

East Side Learning Hub • S. Hafner • #4693SuEA
@ Harding HS, 1526 E. Sixth St., 55106
Wed Jul 24 • 6:00-7:30p • 1 session • \$17



discovery club

WE ARE HIRING

GROUP ASSISTANTS

● Flexible ● No Evenings ● No Weekends ● \$13/Hour

APPLY NOW

Saint Paul Public Schools is in search of quality staff for part-time work in our **Discovery Club** childcare program.

Apply: www.bit.ly/2zwd5sG

Registration Information

- Online and phone registration begins Wednesday, May 1, and continues until tours are full: 651-744-3072.
- Payment by credit card is preferred with registration.
- Payment by check is accepted if received within ten days of registration.

Make payment to: ISD# 625, write the trip number(s) on the noteline, include a registration form found on page 59, and mail to:

C.E. Office at Harding HS
East Side Learning Hub @ Harding Senior High School
1526 E. Sixth St.
St. Paul, MN 55106

Payment/Refund Policy

Day Tours:

- Tour payment plans are available if total is more than \$100.
- Balance is due three weeks prior to tour, unless noted.
- Refunds minus a \$10 processing fee will only be issued up to 15 business days prior to a scheduled day tour, unless otherwise specified.
- NO refunds will be issued less than 15 business days for a day tour.
- NO refunds will be issued for individual cancellations due to inclement weather.
- Any tour canceled by Community Education will be fully refunded.

Pick-up Sites (vary by tour)

Grace Lutheran Church • 1730 Old Hudson Rd.
Oxford Community Center • 270 N. Lexington Pkwy.
(Please park on the east side of parking lot away from the building.)

Visit <https://tce.me/gW8si7> or call 651-744-3072 to request a complete catalog of tour offerings.

Tour Activity Rating System

The Saint Paul Community Education Tour Rating below is an approximate guide to help participants judge the activity level of a tour. Codes are based on the level of activity and physical ability rather than age. On the scale, 1 is the least demanding (appropriate for those with limited mobility but able to board buses on their own) and 5 is the most demanding, requiring a high level of physical fitness and mobility. If you're unsure if a program is right for you, please call Sandy at 651-744-3072.

- 1 Limited mobility welcome
- 2 Must walk with minimal assistance
- 3 Active – able to do some steps and/or stairs
- 4 Demanding – extensive walking/stairs/standing
- 5 Only very fit

FREE! Tour Showcase

Mark your calendars to join St. Paul Community Education and learn more about the upcoming 2019 tour opportunities! Preregistration for the showcase is appreciated, but not required.

1780 West 7th • S. Mansee • #6115SuEA
Tue Jun 25 • 6:00-7:00p • 1 session



Call for More Info

651-744-3072



Irvine Park Walking Tour

Before Summit Avenue, Irvine Park was the preferred address for prominent St. Paulites. This residential oasis showcases a sampling of Victorian-era architecture and park design. Learn about the homes and the people who lived there, and take a look inside the historic Wright-Prendergast house, built in 1851. Rain date is June 23. Register by June 3.

Meet at the gazebo in Irvine Park, 251 N. Walnut St., 55102.
K. Johnson • Tour Rating 3 • #8021SuEA
Sun Jun 9 • 2:00-4:30p • 1 session • \$20

Cemetery Walking Tour

Experience the legendary Cemetery Walking Tour. Tour five cemeteries over the course of three sessions, reviewing the history of early Saint Paul and the men and women who made it happen. Transportation between locations is on your own. Wear comfortable shoes and please note there are no restrooms.

Meet at the East Gate of Cavalry Cemetery, 753 Front Ave, 55103.
M. B. Hummel • Tour Rating 3 • #8001SuEA
Tue Jun 11 • 6:30-8:30p • 3 sessions • \$36

Walking Tour: Immigration & the (Re)Making of Saint Paul's East Side

Examine the role of immigration in the making and remaking of Saint Paul's East Side over the last 150 years. Explore Swede Hollow and its role as the first site of settlement in the 1850s. Then onto Payne Avenue, a center of immigrant life from Swedish, Italian, and German immigrants of the 19th century, to the Hmong, Mexican, and Salvadoran immigrants of the late 20th and early 21st centuries. Rain date is June 29. Register by June 14.

Meet at the East Side Freedom Library,
1105 Greenbrier St., 55130.
P. Rachleff • Tour Rating 4 • #8049SuEA
Sat Jun 22 • 10:00a-12:00p • 1 session • \$20

Military to Mansions

Rise and Shine! At 0730 we head to Camp Ripley and visit the environmental room, the Minnesota Military Museum, military chapel, airfield and more. After lunch at A.T. The Black & White restaurant, a change of scenery takes us to the Linden Hill Historic Estate for a look at the magnificent mansions and gardens. Fee includes coffee and rolls, lunch, admissions, motorcoach transportation and guides. Register by June 11.

Oxford Community Center (7:30a)
S. Mansee • Tour Rating 3 • #8108SuEA
Wed Jun 26 • 7:30a-6:00p • 1 session • \$94

Exploring Twin Cities Markets

Our cities' rich diversity can be seen in its community grocery stores where you'll find fresh vegetables, pantry staples and condiments, mouth-watering meats and memorable takeout. Transportation between locations is on your own. Bring an insulated container for purchases.

Meet at Ha Tien Super Market, 1959 Suburban Ave., 55119.
J. Grover • Tour Rating 3 • #3437SuEA
Sat Jun 29 • 12:00-4:00p • 1 session • \$39

Mystery Tour

North, South, East, or West, which route will be the best? Bring an adventuresome spirit and give your normal routine a rest. Travel with us for a day of mystery. Fee includes lunch, admissions, motorcoach transportation and guide. Register by June 19.

Grace Lutheran Church (7:30a)
Oxford Community Center (7:50a)
S. Mansee • Tour Rating 3 • #8000SuEA
Tue Jul 9 • 7:30a-5:00p • 1 session • \$95

Walking Tour: Saint Paul's Hollywood History

Explore many of the iconic Downtown Saint Paul locations used in movies throughout the years. Visit locations used in *A Prairie Home Companion*, *Mighty Ducks*, *Jingle All the Way*, and *Wilson*. Also learn about the history of cinema in Minnesota and see the exterior of the Palace Theatre. Rain date is July 27. Register by July 15.

Meet at the Landmark Plaza, 379 St. Peter St., 55102.
T. Parkinson • Tour Rating 4 • #8056SuEA
Sat Jul 20 • 10:00a-12:00p • 1 session • \$20

Trips & Tours

Register online at www.commed.spps.org or call the C.E. Office at Harding HS at 651-744-3072.



Our People, Our Story

For thousands of years Native People have lived here; to the Dakota – it was called Mni-Sota. Visit some of the most sacred Native American sites in the Minneapolis/St. Paul area and hear the history of, and stories about, these places as passed down by generations over thousands of years. Fee includes step-on guide, motorcoach transportation and a lunch that will focus on indigenous foods still served and gathered today. Register by July 7.

Grace Lutheran Church (9:35a)

Oxford Community Center (9:55a)

OPOS: Our People Our Story • Tour Rating 3 • #8109SuEA

Thu Jul 25 • 9:35a-3:30p • 1 session • \$74



Kayaking the Mississippi River

Kayak the mighty Mississippi River starting at Fort Snelling, one of Saint Paul's most popular historical destinations. Enjoy the rich history of our amazing capital city as you paddle past Pike Island, under multiple bridges and into downtown Saint Paul, concluding at Harriet Island Regional Park. Transportation to Fort Snelling from Harriet Island Regional Park, gear, and experienced guides are all included. No previous kayaking skills necessary. Register by July 21.

Meet at Harriet Island Regional Park,

200 Dr. Justus Ohage Blvd. and Plato Blvd., 55107.

Minnesota Adventure Company • Tour Rating 4

Sat Aug 3 • 9:00a-12:00p • 1 session • \$63 • #8060SuEA

Sat Aug 3 • 1:00-4:00p • 1 session • \$63 • #8060SuEB



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VISIT: WWW.SPPS.ORG/ABE

CALL: 651-744-7534

TEXT: 651-560-6721



Campus Architecture & History Walking Tour

Take a walking tour of the different campuses, getting an insight into the history and architectural styles found on them. Wear comfortable shoes and bring a water bottle.

University of St. Thomas – Meet in front of the Anderson Student Center, 2115 Summit Ave., 55105.

**N. Gordon • Tour Rating 3 • #8110SuEB
Tue Aug 6 • 5:30-7:30p • 1 session • \$20**

St. Catherine University – Meet in front of the O'Shaughnessy Auditorium, 2004 Randolph Ave., 55105.

**N. Gordon • Tour Rating 3 • #8110SuEA
Tue Aug 13 • 5:30-7:30p • 1 session • \$20**

Macalester College – Meet in front of the Ruth Stricker Dayton Campus Center, 1600 Grand Ave., 55105.

**N. Gordon • Tour Rating 3 • #8110SuEC
Tue Aug 20 • 5:30-7:30p • 1 session • \$20**

The Meat Trek: 4 Hours, 4 Fine Butcher Shops

The Twin Cities is home to exceptional butcher shops carrying fine, dry-aged beef, shop-made sausages, old-fashioned stewing hens, uncommon cuts and more. Visit four shops over the course of four hours. Transportation between locations is on your own. Bring an insulated container for purchases.

Meet at Hackenmueller's Meat Market, 4159 West Broadway Ave., Mpls., 55422.

**J. Grover • Tour Rating 3 • #8093SuEA
Sat Aug 10 • 12:00-4:00p • 1 session • \$39**

The Mighty Mississippi Walking Tour

Walk along the downtown riverfront and discover how the mighty Mississippi shaped Saint Paul, past and present. Hear about this amazing river and the people who made their homes and living alongside it. Rain date is August 18. Register by August 6.

Meet at Upper Landing Park, at Shepard Road and Eagle Street Parkway (180 Shepard Rd), 55102.

**K. Johnson • Tour Rating 3 • #8112SuEA
Sun Aug 11 • 2:00-4:00p • 1 session • \$20**

Saints & Sinners: The Prohibition Era in Saint Paul

Imagine a time when the Sainly City wasn't always so saintly. Stroll through downtown and discuss the local impact of Prohibition, when Saint Paul was a hot spot for bootleggers and familiar landmarks took on a new life. Learn about Saint Paul's beer history and today's boom in craft beer, and end the day at a local watering hole to wet your whistle (not included in fee). Rain date is September 15. Register by August 28.

Meet in front of the Science Museum of Minnesota, 120 W. Kellogg Blvd., 55102.

**K. Johnson • Tour Rating 4 • #8028SuEA
Sun Sep 8 • 1:00-3:00p • 1 session • \$20**

Vikings: Purple Pride

Skol Vikings! Tour the Minnesota Vikings Museum with its 360 degree video theater, interactive exhibits and hundreds of historical artifacts which showcase the 50-year history of Minnesota football. Spend the afternoon hearing from Vikings Hall of Famer Paul Krause as we visit his personal display of memorabilia. Fee includes lunch, admissions, motorcoach transportation and guide. Register by August 20.

Grace Lutheran Church (9:10a)

Oxford Community Center (9:30a)

S. Mansee • Tour Rating 3 • #8111SuEA

Wed Sep 11 • 9:10a-4:00p • 1 session • \$74

Young at Heart Camp at Laurentian Environmental Learning Center

Designed for the young at heart, gather with others 50+ to experience a mix of indoor and outdoor activities. Daily choices include water recreation, nature projects, wilderness walks, hikes, nature tours, lake swimming, fishing if you have a license, and more. Evening campfires serve as the perfect setting for socializing and storytelling. Participate in the week's activities as little or as much as you want. Fee includes 5 nights semi-private cabin accommodations, 16 homestyle meals, access to thousands of acres of wilderness, use of recreational equipment on Arrowhead Lake, and naturalist-led activities. Transportation is on your own, but carpooling may be an option. Offered in partnership with Mounds View Community Education.

Laurentian Environmental Center, Britt, MN

Tour Rating 3 • #8045SuEA

Sun-Fri Aug 25-30 • \$250

For more information, call the C.E. Office at Harding HS at 651-744-3072.



Supportive Experiential Education
for Adults with Mental Illness

Develop intellectual, creative, social and practical skills. Classes include Independent Living Skills, Expressive Arts, Adult Basic and Continuing Education, Technology, Science and Physical Education. *Intake appointment required for new students.

Classes meet Tuesdays, Wednesdays & Thursdays,
from 10 a.m. to 2:30 p.m.
at 1780 Seventh Street West, 55116



for Adults with Developmental Disabilities

Community Cultural Center (or 'Culture Club') hosts activities and special events for adults with developmental disabilities. Monthly calendars list a variety of activities including Cooking, Crafts, Bingo, Karaoke and Field Trips.

Classes meet Wednesdays,
from 6:30 to 8:30 p.m.
at 1780 Seventh Street West, 55116



**Community
Leisure
Education
& Recreation**

for Adults with Cognitive and Physical Disabilities

Meet with friends, share interests, explore talents and learn skills for a rich and independent life. Classes include Arts & Crafts, Bingo, Computer, Cooking, Dance Exercise, Fashion, Games, Music, Movies, Needlework, Swimming and more.

Classes meet Tuesdays & Thursdays,
from 6:30 to 8:30 p.m.
at Bridge View School,
360 Colborne Street, 55102

For more information about these programs, contact our main office at:

**SPPS Community &
Education Service Office**
1780 Seventh Street West
Saint Paul, MN 55116

651-228-3655

www.commed.spps.org/adultspecialneeds

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ESPAÑOL

¡CLASES GRATUITAS DE INGLÉS PARA ADULTOS!

Tiene que venir a uno de nuestros lugares para inscribirse antes de que usted pueda asistir a las clases. La inscripción toma dos a tres horas.

Las horas de inscripciones (no se necesita cita):

- Lunes y Miércoles: Hubbs Center
- Martes y Jueves: Hub@Harding

Para más información para clases en Hubbs Center y otros sitios,

llame a 651-290-4822
Text 651-560-6729

SOOMAALI

FASALADA DADKA WAAEYN WAA LACAQ LA AAN

Baro sida loogu hadlo, loo akhriyo loona qoro luuqadda Ingriiska. Faslalada Waxaa la qalaa subaxdii, duhurkii iyo makhribkii. Waxa kale oo jira Fasala shahaado dugsiqa sare, iyo fasalo diyaarin shaqo iye Jaamacad.

- Isniin ama Arbacad: Hubbs Center
- Talaado ama Khamiis: Hub@Harding

Wixii faahfaahin dheeraad ah oo ku saabsan galaasyada Hubbs Center ama kuwa kale oo lamidka ah faldalan nagala soo xiriir

Taleefanka 651-290-4822
Text 651-560-6729

HMOOB

QHIA NTAWV ASKIV PUB DAWB RAOV LAUS!

Kawm hais lus, nyeeem, thiab sau ntawv Askiv.

Muaj kawm sawv ntxov, tav su, thiab tsaus ntuj.

Peb tseem muaj qhia nej kawm kom tau neej dclaim GED, thiab qhia npaj nej koj nej txawm mus nrhia tau haujlwm ua thiab npaj nej mus kawm College ntxiv thiab.

- Monday thiab Wednesday: Hubbs Center
- Tuesday thiab Thursday: Hub@Harding

Xav paub ntxiv txog cov hoob kawm nyob Hubbs Center thiab lwm qhov chaw,

hu rau 651-290-4822
Text 651-560-6729

ENGLISH

FREE ENGLISH CLASSES FOR ADULTS

Learn to speak, read and write in English. There are classes for everyone, from beginner to advanced (levels 0-7). We offer classes in the morning, afternoon and evening. We also offer GED classes, job training classes, and college preparation classes.

- Mondays & Wednesdays at Hubb Center
- Tuesdays & Thursdays at Hub@Harding

Call for more information about classes at the Hubbs Center or our other sites to

651-290-4822
Text 651-560-6729

ကညီကျိန်

တၢ်မၤလိကတီၢ်ကိၤလၢဝါကျိန် လၢပုၤနီၣ်တုၢ်ခိၣ်ဃုၤအဂီၢ်

တၢ်မၤလိကတီၢ်ဖးဒီးကွဲးကိၤလၢဝါကျိန်. ပအိၣ်ဒီးတီၢ်လၢဂီၢ်မိမိၤဖျါလၢဒီးဟါဒီး. ပအိၣ်ဃုၤကိၤဒီး: GED
ပုၤလၢအတၢ်ဖျါတီၢ်လိကတီၢ်, တၢ်ဖးတၢ်မၤလိကတီၢ်, ဖျါမိမိၤအတၢ်ကတၢၢ်ကတီၢ်မၤလိကတီၢ်လိ.

မုၢ်ဒီး: & မုၢ်ယုၣ်
ခွဲးန့ၣ်ရံၣ်-တဆံတၢ်န့ၣ်ရံၣ်တခီ
& ခဲန့ၣ်ရံၣ်-ယုန့ၣ်ရံၣ်

မုၢ်ဆၢ, ခွဲးန့ၣ်ရံၣ်-တဆံတၢ်န့ၣ်ရံၣ်တခီ
& ခဲတၢ်န့ၣ်ရံၣ်-ယုန့ၣ်ရံၣ်
မုၢ်ဃုၣ်, ခွဲးန့ၣ်ရံၣ်-တန့ၣ်ရံၣ်

Text 651-560-6729

Call 651-290-4822
Text 651-560-6729
or visit
spps.org/hubbs

ADULT BASIC EDUCATION
Saint Paul Public Schools

More choices and more to love for **Saint Paul Public Schools**
elementary, middle and high school students.



Secondary and Post-Secondary school programs include...

- »» AGAPE (Adolescent Girls And Parenting Education)
- »» Career Pathways Academy
- »» Career and Technical Education
- »» Evening High School (at Gordon Parks and the East Side Learning Hub @ Harding)
- »» Gateway to College ALC
- »» Gordon Parks
- »» Graduation Progress and Acceleration
- »» LEAP (Limited English Accelerated Program)
- »» Post-Secondary Programs and Partnerships
- »» School and Counseling Services

Alternative Education district-wide options include...

- »» Extended Day for Learning (EDL) and Collaborative Afterschool Programming
- »» Freedom Schools
- »» Multi-District Partnerships
- »» Online Classes (for high school credit recovery only)
- »» Partnerships with Charter and Non-Public Schools
- »» Summer Term (S-Term)

Questions? Call us at
(651) 744-8020 or visit

occr.spps.org



No class July 4.

Registration

Phone: 651-744-5094

Mail: C.E. Office at Central HS
Central Senior High School
275 N. Lexington Pkwy.
St. Paul, MN 55104

➤ **Additional
registration
information
on page 58.**

No class
July 4.

- 15% discount available for youth who qualify for free or reduced lunch.

Important

Parents/guardians/participants must complete and sign the Emergency Contact Form and Waiver on the first day of class in order to participate in C.E. Aquatics.

Evening Session Dates

Evening classes meet either Mondays and Wednesdays or Tuesdays and Thursdays for four weeks unless otherwise noted.

Daytime Session Dates

Daytime classes meet Monday through Thursday for two weeks unless otherwise noted.

More information on our website!

www.commed.spps.org

- Detailed class descriptions
- What to bring to lessons
- Policies and tips

- If students are registered for an inappropriate class level, they will be moved to the appropriate class if space is available.
- Make-up classes/refunds are not available when students are unable to attend their scheduled class.
- Due to pool closings beyond our control, canceled classes may not be rescheduled or refunded.
- School-aged children, 7 years and older, must use gender-appropriate locker rooms.



Student Cancellations

Make up sessions or refunds are only available for sessions that are postponed by SPPS Community Education. There are no refunds or make ups for student absences or vacations.



ADULT AQUATICS

Adult Beginning

Ages 15 and up. Learn the basic strokes and proper breathing techniques (similar to Levels 1-3).

Washington Technology Magnet School Pool

Tue/Thu Jun 11 • 7:30-8:20p • 7 sessions • \$61 • #2100SUA

Tue/Thu Jul 9 • 7:30-8:20p • 8 sessions • \$66 • #2100SUB

Adult Intermediate: Stroke Development

Ages 15 and up. Swimmers work to improve front and back crawl and increase endurance. Focus will be on technique and stroke refinement. Swimmers will also be introduced to breaststroke and butterfly. Swimmers must be able to swim 50 yards (2 lengths of the pool) without stopping.

Washington Technology Magnet School Pool

Tue/Thu Jun 11 • 7:30-8:20p • 7 sessions • \$61 • #2101SUA

Tue/Thu Jul 9 • 7:30-8:20p • 8 sessions • \$66 • #2101SUB

Adult Advanced

Ages 15 and up. Work on all strokes but emphasis will be on endurance and distance swimming (great for triathlon training). Swimmers must be able to swim 500 yards (20 lengths of the pool) without stopping.

Washington Technology Magnet School Pool

Wed Jun 12 • 7:30-8:20p • 8 sessions • \$66 • #2102SUA

Aqua Zumba®

Ages 15 and up. Aqua Zumba® is one pool party you shouldn't miss! Water creates natural resistance, which means every step is more challenging and helps tone your muscles. It's perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine. Ladder entry/exit only.

Washington Technology Magnet School Pool • A. Michaud

Tue Jun 11 • 5:30-6:20p • 8 sessions • \$52 • #2201SUA

Aquatics

Register online at www.commed.spps.org or call the C.E. Office at Central HS at 651-744-5094.



ADULT AQUATICS (*continued*)

Deep Water Exercise A-Z

Ages 15 and up. Non-impact training that offers a full range of exercise challenges (Aerobics-Zumba). Participants of all fitness levels will challenge core muscles, muscle balance, and get a total body workout. Ladder entry/exit only.

Washington Technology Magnet School Pool • D. Boeyink
Thu Jun 13 • 6:30-7:20p • 7 sessions • \$47 • #2210SUA

Pi-Yo-Chi

Ages 15 and up. Develop strength, range of motion, balance and relaxation by combining the core strengthening exercises of Pilates, the lengthening and balancing poses of yoga, and the flowing movements of t'ai chi. The warm water provides neutral support, ease of movement, variable resistance, and balanced postural alignment, making the class accessible to all fitness levels.

Como Park Elementary School Therapeutic Pool • D. Boeyink
Wed Jun 12 • 7:30-8:20p • 8 sessions • \$52 • #2206SUA

Prenatal Water Exercise

Ages 15 and up. Help alleviate pain and reduce stress and fatigue while strengthening postural muscles and building endurance in preparation for labor and delivery. Recommended for women at least 12 weeks pregnant. Doctor's approval required. Ladder entry/exit only.

Washington Technology Magnet School Pool • D. Boeyink
Thu Jun 13 • 5:30-6:20p • 7 sessions • \$47 • #2208SUA



Pay at Registration

Payment for your class is due when you register. Your spot in class will not be reserved until it is paid for in full.

Water Workout

Ages 15 and up. Tone up your body and improve cardiovascular fitness while having fun exercising in the water to music. Toning will be emphasized. Ladder entry/exit only.

Washington Technology Magnet School Pool • E. Steinbring
Mon Jun 10 • 7:30-8:20p • 8 sessions • \$52 • #2200SUA

Discover Scuba

Ages 10 and up. The PADI Discover Scuba class lets you experience the thrill of scuba diving in a swimming pool. You'll master basic concepts and scuba skills. Fee includes use of all rental equipment. At least one week before class, each student needs to visit Air Down There Scuba shop (9 Little Canada Rd. E., 55117) to complete paperwork and get sized for equipment. For more details, contact Air Down There Scuba at 651-482-0977.

Washington Technology Magnet School Pool
Wed Jun 12 • 6:00-7:30p • 1 session • \$40 • #2401SUA
Wed Jun 26 • 6:00-7:30p • 1 session • \$40 • #2401SUB
Wed Jul 10 • 6:00-7:30p • 1 session • \$40 • #2401SUC
Wed Jul 24 • 6:00-7:30p • 1 session • \$40 • #2401SUD

Discover Snorkeling

Ages 4 and up. Explore the underwater world in this exciting class. Students will receive tips and suggestions that make snorkeling easy and fun. Fee includes use of snorkeling gear. At least one week prior to class, each student needs to visit Air Down There Scuba shop (9 Little Canada Rd. E., 55117) to complete paperwork and get sized for equipment. For more details, contact Air Down There Scuba at 651-482-0977.

Washington Technology Magnet School Pool
Wed Jun 12 • 6:00-7:00p • 1 session • \$30 • #2400SUA
Wed Jun 26 • 6:00-7:00p • 1 session • \$30 • #2400SUB
Wed Jul 10 • 6:00-7:00p • 1 session • \$30 • #2400SUC
Wed Jul 24 • 6:00-7:00p • 1 session • \$30 • #2400SUD

No class July 4.



Lifeguard Training

Become certified in American Red Cross Lifeguarding for pools, First Aid, CPR, and AED. Attendance at all class sessions is mandatory. Students must be 15 years or older by the last day of class and be able to pass a skills pre-test. Participants who do not pass the pre-test will be issued a refund minus a \$20 processing fee and will not be able to continue in the course. Certification will be issued after successful completion of written exams and skill tests; if participants do not pass the course, neither certification nor refund will be issued. For more information, call 651-744-5094 or visit www.commed.spps.org/aquatics.

Washington Technology Magnet School Pool

Mon-Fri Aug 5-9 • 8:30a-3:30p • 5 sessions • \$225 • #2302SUA

Swim Instructor Assistant Training

Learn how to assist swim instructors in teaching swim lessons. Candidates must be 14 years or older, demonstrate a strong sense of maturity and responsibility, and be competent swimmers. Participants must pass a skills pre-test conducted on the first day. Participants unable to pass the skills pre-test will be refunded the course fee minus a \$10 processing fee. The course consists of classroom training as well as six hours of hands-on training in the pool (hands-on training dates/times are discussed and scheduled during the classroom training portion). Certification will be issued after successful completion of both classroom and hands-on training. After successful completion of the course, participants may apply for an assistant position with Community Education. For more information, call 651-744-5094 or visit www.commed.spps.org/aquatics.

Washington Technology Magnet School Pool

Mon-Tue Jun 10-11 • 8:00a-4:30p • 2 sessions • \$90 • #2300SUA

Find us on Social Media



/SPPSCommEd



@SPPSCCommunityEd

YOUTH AQUATICS

Water Babies

Children 6 months to 2 years old with a parent in the water will be introduced to movements in the water. If child is not potty trained, they must wear plastic pants or a swim diaper in the pool. *No disposable diapers allowed.*

Como Park Elementary School Therapeutic Pool

Mon/Wed Jun 10 • 5:30-5:55p • 8 sessions • \$52 • #2000SUA

Mon/Wed Jun 10 • 6:00-6:25p • 8 sessions • \$52 • #2000SUB

Mon/Wed Jun 10 • 6:30-6:55p • 8 sessions • \$52 • #2000SUC

Mon/Wed Jul 8 • 5:30-5:55p • 8 sessions • \$52 • #2000SUD

Mon/Wed Jul 8 • 6:00-6:25p • 8 sessions • \$52 • #2000SUE

Tiny Tots

For children ages 2-4 with a parent in the water. Learn water adjustment skills and have fun in the water. If child is not potty trained, they must wear plastic pants or a swim diaper in the pool. *No disposable diapers allowed.*

Como Park Elementary School Therapeutic Pool

Mon/Wed Jun 10 • 5:30-5:55p • 8 sessions • \$52 • #2001SUA

Mon/Wed Jun 10 • 7:00-7:25p • 8 sessions • \$52 • #2001SUB

Mon/Wed Jul 8 • 5:30-5:55p • 8 sessions • \$52 • #2001SUC

Mon/Wed Jul 8 • 6:30-6:55p • 8 sessions • \$52 • #2001SUD

Mon/Wed Jul 8 • 7:00-7:25p • 8 sessions • \$52 • #2001SUE

Waders with Parents

For children ages 4-5 with little pool experience to prepare them for Waders (without parents).

Como Park Elementary School Therapeutic Pool

Mon/Wed Jun 10 • 7:00-7:25p • 8 sessions • \$52 • #2002SUA

Mon/Wed Jul 8 • 7:00-7:25p • 8 sessions • \$52 • #2002SUB

Waders

For children ages 4-5 (must be at least 4 years old by start of class). Learn beginning swimming skills and have fun in the water. Children will participate without parents in the water.

Como Park Elementary School Therapeutic Pool

Mon/Wed Jun 10 • 6:00-6:25p • 8 sessions • \$52 • #2003SUA

Mon/Wed Jun 10 • 6:30-6:55p • 8 sessions • \$52 • #2003SUB

Mon/Wed Jul 8 • 6:00-6:25p • 8 sessions • \$52 • #2003SUC

Mon/Wed Jul 8 • 6:30-6:55p • 8 sessions • \$52 • #2003SUD

Register online at www.commed.spps.org or call the C.E. Office at Central HS at 651-744-5094.

YOUTH AQUATICS (continued)

Level 1

For children 5-10 years old. Gain confidence in the water and work on floating, gliding and kicking, and learn the basics of front crawl, back crawl, and elementary backstroke. Swimmers will be supported and assisted by the instructor for most skills.

Washington Technology Magnet School Pool

Mon/Wed Jun 10 • 5:30-6:20p • 8 sessions • \$66 • #2004SUA
Tue/Thu Jun 11 • 6:30-7:20p • 7 sessions • \$61 • #2004SUB
Mon-Thu Jun 17 • 9:00-9:50a • 8 sessions • \$66 • #2004SUE
Mon-Thu Jun 17 • 10:00-10:50a • 8 sessions • \$66 • #2004SUF
Mon-Thu Jul 8 • 9:00-9:50a • 8 sessions • \$66 • #2004SUG
Mon-Thu Jul 8 • 10:00-10:50a • 8 sessions • \$66 • #2004SUH
Mon/Wed Jul 8 • 5:30-6:20p • 8 sessions • \$66 • #2004SUC
Tue/Thu Jul 9 • 6:30-7:20p • 8 sessions • \$66 • #2004SUD
Mon-Thu Jul 22 • 9:00-9:50a • 8 sessions • \$66 • #2004SUI
Mon-Thu Jul 22 • 10:00-10:50a • 8 sessions • \$66 • #2004SUJ

Level 2

For children 5-10 years old and have completed Level 1 or have equivalent skills. Swimmers must be comfortable in the water and will work on floating, gliding, front crawl, back crawl, and elementary backstroke. Swimmers will work to complete skills without support or assistance from an instructor.

Washington Technology Magnet School Pool

Mon/Wed Jun 10 • 6:30-7:20p • 8 sessions • \$66 • #2005SUA
Tue/Thu Jun 11 • 6:30-7:20p • 7 sessions • \$61 • #2005SUB
Mon-Thu Jun 17 • 9:00-9:50a • 8 sessions • \$66 • #2005SUE
Mon-Thu Jun 17 • 10:00-10:50a • 8 sessions • \$66 • #2005SUF
Mon-Thu Jul 8 • 9:00-9:50a • 8 sessions • \$66 • #2005SUG
Mon-Thu Jul 8 • 10:00-10:50a • 8 sessions • \$66 • #2005SUH
Mon/Wed Jul 8 • 6:30-7:20p • 8 sessions • \$66 • #2005SUC
Tue/Thu Jul 9 • 6:30-7:20p • 8 sessions • \$66 • #2005SUD
Mon-Thu Jul 22 • 9:00-9:50a • 8 sessions • \$66 • #2005SUI
Mon-Thu Jul 22 • 10:00-10:50a • 8 sessions • \$66 • #2005SUJ

Level 3

For children 5-11 years old and have completed Level 2 or have equivalent skills. Swimmers must be able to swim front and back crawl independently and will work to increase the distance and technique of those strokes. Other skills include elementary backstroke, scissors kick, dolphin kick, glides, and dives.

Washington Technology Magnet School Pool

Mon/Wed Jun 10 • 6:30-7:20p • 8 sessions • \$66 • #2006SUA
Tue/Thu Jun 11 • 6:30-7:20p • 7 sessions • \$61 • #2006SUB
Mon-Thu Jun 17 • 9:00-9:50a • 8 sessions • \$66 • #2006SUE
Mon-Thu Jul 8 • 9:00-9:50a • 8 sessions • \$66 • #2006SUF
Mon/Wed Jul 8 • 6:30-7:20p • 8 sessions • \$66 • #2006SUC
Tue/Thu Jul 9 • 6:30-7:20p • 8 sessions • \$66 • #2006SUD
Mon-Thu Jul 22 • 9:00-9:50a • 8 sessions • \$66 • #2006SUG
Mon-Thu Jul 22 • 10:00-10:50a • 8 sessions • \$66 • #2006SUH



Level 4

For children 6-14 years old and have completed Level 3 or have equivalent skills. Swimmers must be able to swim front crawl (with rotary breathing), back crawl, and elementary backstroke and be comfortable swimming in deep water. Swimmers will further develop front and back crawl and elementary backstroke and will be introduced to sidestroke and breaststroke.

Washington Technology Magnet School Pool

Mon/Wed Jun 10 • 5:30-6:20p • 8 sessions • \$66 • #2007SUA
Mon-Thu Jun 17 • 10:00-10:50a • 8 sessions • \$66 • #2007SUC
Mon-Thu Jul 8 • 10:00-10:50a • 8 sessions • \$66 • #2007SUD
Mon/Wed Jul 8 • 5:30-6:20p • 8 sessions • \$66 • #2007SUB
Mon-Thu Jul 22 • 11:00-11:50a • 8 sessions • \$66 • #2007SUE

Level 5

For children 6-14 years old and have completed Level 4 or have equivalent skills. Swimmers must be comfortable swimming in deep water and will further refine each stroke and their distances. Other skills include butterfly, surface dives, dives, and open turns.

Washington Technology Magnet School Pool

Mon/Wed Jun 10 • 5:30-6:20p • 8 sessions • \$66 • #2008SUA
Mon-Thu Jun 17 • 11:00-11:50a • 8 sessions • \$66 • #2008SUC
Mon-Thu Jul 8 • 11:00-11:50a • 8 sessions • \$66 • #2008SUD
Mon/Wed Jul 8 • 5:30-6:20p • 8 sessions • \$66 • #2008SUB
Mon-Thu Jul 22 • 11:00-11:50a • 8 sessions • \$66 • #2008SUE

Level 6

For children 7-14 years old and have completed Level 5 or have equivalent skills. Swimmers will continue to improve each of the six strokes and work on endurance and will learn open turns and flip turns.

Washington Technology Magnet School Pool

Mon/Wed Jun 10 • 6:30-7:20p • 8 sessions • \$66 • #2009SUA
Mon-Thu Jun 17 • 11:00-11:50a • 8 sessions • \$66 • #2009SUC
Mon-Thu Jul 8 • 11:00-11:50a • 8 sessions • \$66 • #2009SUD
Mon/Wed Jul 8 • 6:30-7:20p • 8 sessions • \$66 • #2009SUB
Mon-Thu Jul 22 • 11:00-11:50a • 8 sessions • \$66 • #2009SUE

No class July 4.



Level 7

For children 7-14 years old and have completed Level 6 or have equivalent skills. Swimmers will work on swimming with more efficiency and power through the use of training techniques and distance swimming.

Washington Technology Magnet School Pool

Tue/Thu Jun 11 • 5:30-6:20p • 7 sessions • \$61 • #2010SUA

Mon-Thu Jul 8 • 11:00-11:50a • 8 sessions • \$66 • #2010SUC

Tue/Thu Jul 9 • 5:30-6:20p • 8 sessions • \$66 • #2010SUB

Tween-Teen Beginning

Lessons for tweens and teens, ages 11-14, with little or no previous swimming experience (similar to Levels 2 and 3).

Washington Technology Magnet School Pool

Tue/Thu Jun 11 • 7:30-8:20p • 7 sessions • \$61 • #2012SUA

Mon-Thu Jun 17 • 11:00-11:50a • 8 sessions • \$66 • #2012SUC

Tue/Thu Jul 9 • 7:30-8:20p • 8 sessions • \$66 • #2012SUB



FREE TRIAL!

Introduction to Synchronized Swimming

Participants must be 6-18 years old and be able to swim the width of the pool. Stop by and see if you are interested in synchronized swimming! Swimmers are encouraged to attend all three sessions. Call Vicky Knutsen with questions at 651-470-3223. To register, call the C.E. Office at Central HS at 651-744-5094.

Harding High School Pool

Mon/Wed/Fri Aug 19/21/23 • 6:00-7:30p • 3 sessions • Free

V. Knutsen • #2020SU



Lifeguards & Swim Instructors

Saint Paul Public Schools Community Education is currently hiring lifeguards and instructors.

Lifeguard

Responsible for ensuring the safety of facility patrons by preventing and responding to emergencies.

Minimum Qualifications:

Current certification in the following:

- American Red Cross Lifeguarding/First Aid/CPR/AED

**Get trained as a Lifeguard or Swim Instructor
See page 35.**

Swim Instructor

Responsible for teaching youth swim lessons, parent and child lessons, and adult instructional lessons.

Minimum Qualifications:

Current certification in the following:

- American Red Cross Water Safety Instructor or similar certification

Current certification in the following is preferred:

- American Red Cross Lifeguarding/First Aid/CPR/AED

For more information and to apply, call 651-744-5094 or visit www.commed.spps.org.

Driver Education

Registration for all Driver Education classes is accepted by the C.E. Office at Central HS at 651-744-5094.



The Basics

- Students must be 15 years of age by the last day of class.
- Courses consist of State-required 30 hours of classroom and six hours of Behind-the-Wheel instruction. Students are required to attend all 30 consecutive hours of classroom instruction. The classroom prepares students for the written permit test. Upon completion of the classroom and obtaining a driver's permit, students are to contact the C.E. Office at Central HS to schedule Behind-the-Wheel instruction to prepare for the road test.
- After successful completion of classroom instruction, the student has 18 months to complete the Behind-the-Wheel portion of the program.
- Students are required to have their permit for six months, complete six hours of Behind-the-Wheel instruction, complete either the 40- or 50-hour supervised driving log, and be 16 years of age before they are eligible to take the road test for a driver's license.
- Refunds minus a \$50 fee will be issued upon request for cancellation. Refunds will not be issued once the classroom course has ended.
- For more information and a full list of program procedures, visit: www.commed.spps.org/drivered.

Fee: \$330

Payment plans:

- 1) Full payment with registration form or
- 2) \$165 with registration form and remaining \$165 paid before the last day of class.

Registration is not available online or by phone. Parent/guardian signature is required on registration form for permission to take the course. Registration forms are available at the C.E. Office at Central HS and on the Driver Education website: www.commed.spps.org/drivered; click on "How to Register" to download a form.

Registration for all Driver Education courses is accepted by the C.E. Office at Central HS, 275 N. Lexington Pkwy., 55104 (651-744-5094).

- 15% discount available for youth who qualify for free or reduced lunch..

SUPERVISED DRIVING LOG

Effective January 1, 2015, every driver under the age of 18 who completes behind-the-wheel instruction and is testing for a provisional driver's license must submit a driving log. Parents/guardians have two options regarding the supervised driving log:

- Complete a supplemental parent/guardian class (see below) provided by an approved Minnesota Driver Education program, and then submit a supervised driving log showing their teen has completed at least **40 hours** of supervised driving, 15 of which are nighttime hours—**OR**
- If the parent/guardian chooses to not complete the supplemental class, the driving log must show that their teen has completed at least **50 hours** of supervised driving, 15 of which are nighttime hours.

The driving log must be presented at the time of the road test and be submitted with the application for the provisional license. The supervised driving log is available for download at www.commed.spps.org/drivered.

Parent/Guardian Awareness Class on Teen Driver Safety

This free 90-minute class for the parents/guardians of teen drivers is designed to increase parental awareness and involvement with teen driving issues in order to further reduce teen-involved traffic crashes, injuries and fatalities, and to explain the Minnesota graduated driver licensing process. Completion of this course allows the parent/guardian and teen driver to complete 40 hours of supervised driving instead of 50 hours. A certificate of completion will be issued to the parent/guardian at the end of the class that will need to be submitted to the driver exam staff at the time of the student's road test. The certificate is valid for one teen; for subsequent teens who complete a driver education program, another parent/guardian class is required. This class is free, but requires registration.

**East Side Learning Hub • #2525SuDA
@ Harding HS, 1526 E. Sixth St., 55106
Tue Aug 6 • 6:00-7:30p • 1 session • Free**

DRIVER EDUCATION CLASSROOM INSTRUCTION

Note: Students must attend all class dates in entirety.

1780 West 7th

Mon-Fri Jun 17-28 • 8:30-11:30a • 10 sessions • \$330 • #2500SuDB
Class meets: Jun 17, 18, 19, 20, 21, 24, 25, 26, 27, 28

Mon-Fri Jun 17-28 • 12:00-3:00p • 10 sessions • \$330 • #2500SuDC
Class meets: Jun 17, 18, 19, 20, 21, 24, 25, 26, 27, 28

Mon-Fri Jul 8-19 • 8:30-11:30a • 10 sessions • \$330 • #2500SuDF
Class meets: Jul 8, 9, 10, 11, 12, 15, 16, 17, 18, 19

Mon-Fri Jul 8-19 • 12:00-3:00p • 10 sessions • \$330 • #2500SuDG
Class meets: Jul 8, 9, 10, 11, 12, 15, 16, 17, 18, 19

East Side Learning Hub @ Harding HS

Mon-Fri Aug 5-16 • 10:00a-1:00p • 10 sessions • \$330 • #2500SuDH
Class meets: Aug 5, 6, 7, 8, 9, 12, 13, 14, 15, 16

Washington Technology Magnet School

Mon-Fri Jun 17-28 • 8:00-11:00a • 10 sessions • \$330 • #2500SuDA
Class meets: Jun 17, 18, 19, 20, 21, 24, 25, 26, 27, 28

Mon-Fri Jun 17-28 • 12:00-3:00p • 10 sessions • \$330 • #2500SuDD
Class meets: Jun 17, 18, 19, 20, 21, 24, 25, 26, 27, 28

Mon-Fri Jul 8-19 • 8:00-11:00a • 10 sessions • \$330 • #2500SuDE
Class meets: Jul 8, 9, 10, 11, 12, 15, 16, 17, 18, 19

BEHIND-THE-WHEEL PRACTICE/LESSONS

Registration for Behind-the-Wheel is not available online or by phone. Registration forms are available at the C.E. Office at Central HS and on the Driver Education website: www.commed.spps.org/driveded

Adult Behind-the-Wheel Additional Practice

For adults, 18 years and older, with a valid driver's permit who need additional practice driving behind-the-wheel in preparation for their license exam. Students will drive one-on-one with an instructor in a SPPS District vehicle for a two-hour lesson. Upon registering, students will be assigned to an instructor and their specific lesson date/time will be arranged with the instructor. Students have six months from the date of registration to complete their behind-the-wheel lesson. Additional two-hour increments may be purchased.

#2505 • \$120

Teen Behind-the-Wheel Additional Practice

For teens, 15-17 years old, with a valid driver's permit who have completed their state-required six-hours of behind-the-wheel but need additional practice driving in preparation for their license exam. Students will drive one-on-one with an instructor in a SPPS District vehicle for a two-hour lesson. Upon registering, students will be assigned to an instructor and their specific lesson date/time will be arranged with the instructor. Students have six months from the date of registration to complete their behind-the-wheel lesson. Additional two-hour increments may be purchased.

#2511 • \$90

Teen Behind-the-Wheel Lessons: State-Required Six-Hours

For teens, 15-17 years old, who have completed the 30-hours of classroom instruction with another organization and need to complete the state-required six-hours of behind-the-wheel lessons. Students will need to show proof of classroom completion ("Letter of Completion") from the organization where they took the class and may also need to show their yellow card, blue card, or permit before registering. Students have 18 months from the date of registration to complete their behind-the-wheel lessons.

#2509 • \$270

ADULT DRIVER EDUCATION

Adult Driver Education

This class is for people 18 years and older who need a comprehensive overview of the rules and regulations that are necessary to obtain a permit. You will discuss identification requirements, study tips and the licensing process, and will be better prepared to take the permit test. Please note you will not take the permit test in this class.

1780 West 7th • A+ Driving School • #2504SuDA
Thu Aug 1 • 7:00-9:00p • 1 session • \$50

Getting to Know Your Car

Whether you are a new or experienced driver, learn the basics of car maintenance and what is under the hood. Topics include checking and replacing vehicle fluids, checking tire tread depth and pressure, how to change a tire, how to jump-start a car and more. A portion of this class will be outside – dress for the weather.

1780 West 7th • A+ Driving School • #2540SuDA
Thu Aug 8 • 7:00-9:00p • 1 session • \$30

Driver Safety Courses 55+
See page 12.

Registration

Phone: 651-487-7383

Mail: C.E. Office at

Rondo Education Center
560 Concordia Ave.
St. Paul, MN 55103

➤ **Additional
registration
information
on page 58.**

- 15% discount available for youth who qualify for free or reduced lunch.
- Additional scholarships may be available for full-day sessions.
- Youth attending full-day sessions should bring a bag lunch.
- Depending on enrollment and weather, full-day sessions may attend a field trip.

Baby-sitter's Training

Ages 11-14. The Safe Sitter® program prepares you to be safe when you're home alone or babysitting. Become the most sought-after baby-sitter in your neighborhood as you gain child-care techniques including basic first aid, CPR and how to call for help in an emergency.

Horace Mann School • Safe Sitter® Instructor

Thu Jun 20 • 9:00a-2:00p • 1 session • \$65 • #1910SuA

Thu Jun 21 • 9:00a-2:00p • 1 session • \$65 • #1910SuB

EXPO for Excellence Elementary • Safe Sitter® Instructor

Fri Aug 2 • 9:00a-2:00p • 1 session • \$65 • #1910SuC

Fencing Camp

Entering grades 2-6. New and experienced students are invited. Fencing improves dexterity, speed, quickness and focus. Get ready to face your foe in mano-a-mano matches that will test your strength, speed, discipline and desire. Equipment is provided.

Horace Mann School • Youth Enrichment League • #1901SuA

Mon-Fri Jul 8 • 9:00a-12:00p • 5 sessions • \$150

Preschool: Mind-Body Yoga

Ages 3-5. Relax and unwind. Utilizing yoga, aromatherapy, mindful meditation and more, find your balance and learn about yourself!

Horace Mann School • Audacious Alchemy • #1975SuA

Wed Jun 19 • 11:00a-12:00p • 5 sessions • \$55



Preschool: Tae Kwon Do

Ages 3-5. This high-energy martial art will strengthen your mind, body and spirit. Practice, move and play through the basics of tae kwon do. Wear athletic clothes.

Crossroads Elementary School

Spirit Tae Kwon Do • #1158SuA

Mon-Thu Jun 17 • 3:15-4:30p • 4 sessions • \$72

Spirit Tae Kwon Do, 242 Cleveland Ave. S., 55105

Spirit Tae Kwon Do • #1158SuB

Mon-Thu Jul 22 • 9:15-10:15a • 4 sessions • \$62

Surviving the Zombie Apocalypse

Entering grades 1-5. Do you have what it takes to survive the wild? Test your ability to outsmart and outrun the undead. Sharpen your hunting, foraging and orienteering skills. Work in teams to build a shelter and a solar oven.

EXPO for Excellence Elementary

SPPS Community Ed Staff • #1117SuA

Mon-Fri Jul 22 • 9:00a-5:00p • 5 sessions • \$175

Tae Kwon Do

Entering grades 1-5. Explore this martial art that strengthens your body, mind and spirit! Wear athletic clothes.

Crossroads Elementary School

Spirit Tae Kwon Do • #1178SuA

Mon-Thu Jun 17 • 3:15-4:30p • 4 sessions • \$60

Register online at www.commed.spps.org or call the C.E. Office at Central HS at 651-744-5094.

Our gymnastics program is safe, supportive, engaging and fun. In class, children gain flexibility, leadership, strength and coordination. Our instructors enjoy working with youth of all ages and abilities. We do end-of-session evaluations of students and inform families when children are ready to progress. Observation is limited to the last day of class.

Parents/guardians must complete and sign a waiver on the first day of class in order for their child to participate. More information can be found at <http://commed.spps.org/cp.gymnastics>.

No class at Central HS: July 1-5.

No class at Highland HS: July 1-5.



Tumble Bugs

9-18 month old child and one adult. Begin developing your child's strength, coordination and tracking ability in a fun group environment. Work together to stretch, wiggle and roll!

Central HS

Tue Jun 11 • 9:00-9:30a • 8 sessions • \$50 • #210SuC

Thu Jun 13 • 5:30-6:00p • 8 sessions • \$50 • #210SuD

Highland Park HS

Mon Jun 17 • 8:30-9:00a • 8 sessions • \$50 • #210SuA

Mon Jun 17 • 3:30-4:00p • 8 sessions • \$50 • #210SuB

Tumble Together

Ages 18 months-4 and one adult. Explore gymnastics together and develop balancing, jumping, rolling, climbing and hanging skills. Class starts with a group activity, followed by tumbler/adult pairs rotating through equipment stations. Learn gymnastics vocabulary and how to work safely in a gym.

Central HS

Tue Jun 11 • 9:30-10:00a • 8 sessions • \$50 • #201SuA

Tue Jun 11 • 5:30-6:00p • 8 sessions • \$50 • #201SuB

Tue Jun 11 • 6:00-6:30p • 8 sessions • \$50 • #201SuH

Thu Jun 13 • 9:00-9:30a • 8 sessions • \$50 • #201SuC

Highland Park HS

Mon Jun 17 • 9:00-9:30a • 8 sessions • \$50 • #201SuD

Mon Jun 17 • 9:30-10:00a • 8 sessions • \$50 • #201SuE

Mon Jun 17 • 4:00-4:30p • 8 sessions • \$50 • #201SuF

Mon Jun 17 • 6:00-6:30p • 8 sessions • \$50 • #201SuG

Tumble Bees

Ages 3-5. Learn basic gymnastic skills, body awareness, group activities, problem solving, following directions and gymnastics vocabulary. Child must be toilet trained and comfortable without a parent in the room.

Central HS

Tue Jun 11 • 9:00-9:45a • 8 sessions • \$62 • #202SuA

Tue Jun 11 • 10:00-10:45a • 8 sessions • \$62 • #202SuL

Tue Jun 11 • 5:30-6:15p • 8 sessions • \$62 • #202SuB

Tue Jun 11 • 6:15-7:00p • 8 sessions • \$62 • #202SuJ

Thu Jun 13 • 9:30-10:15a • 8 sessions • \$62 • #202SuC

Thu Jun 13 • 10:15-11:30a • 8 sessions • \$62 • #202SuD

Thu Jun 13 • 6:00-6:45p • 8 sessions • \$62 • #202SuE

Highland Park HS

Mon Jun 17 • 10:00-10:45a • 8 sessions • \$62 • #202SuF

Mon Jun 17 • 4:30-5:15p • 8 sessions • \$62 • #202SuG

Mon Jun 17 • 5:15-6:00p • 8 sessions • \$62 • #202SuH

Beginners

Ages 5-14 with little or no previous gymnastic experience. Learn the basics of floor exercise, uneven bars, balance beam, vault and dance.

Central HS • Ages 5-9

Tue Jun 11 • 9:45-10:45a • 8 sessions • \$70 • #203SuA

Tue Jun 11 • 6:30-7:30p • 8 sessions • \$70 • #203SuB

Thu Jun 13 • 9:00-10:00a • 8 sessions • \$70 • #203SuC

Thu Jun 13 • 5:30-6:30p • 8 sessions • \$70 • #203SuD

Central HS • Ages 9-14

Tue Jun 11 • 7:00-8:00p • 8 sessions • \$70 • #203SuF

Thu Jun 13 • 10:00-11:00a • 8 sessions • \$70 • #203SuE

Highland Park HS • Ages 5-14

Mon Jun 17 • 10:45-11:45a • 8 sessions • \$70 • #203SuG

Mon Jun 17 • 6:30-7:30p • 8 sessions • \$70 • #203SuH

Find us on Social Media



/SPPSCommEd



@SPPSCommunityEd



I'm on a waitlist...now what?

If a class you want is full, we will do our best to help you find an alternative or add you to a waitlist. If a space opens, we will let you know. If it doesn't work out, we always have more classes, so please try again next season!

Gymnastics

Register online at www.commed.spps.org or call the C.E. Office at Central HS at 651-744-5094.



Intermediate Beginners

Ages 5-14. Coach approval required.

Central HS

Tue Jun 11 • 10:45-11:45a • 8 sessions • \$70 • #218SuB

Thu Jun 13 • 6:45-7:45p • 8 sessions • \$70 • #218SuC

Highland Park HS

Mon Jun 17 • 11:30a-12:30p • 8 sessions • \$70 • #218SuE

Mon Jun 17 • 7:30-8:30p • 8 sessions • \$70 • #218SuD

Advanced Beginners

Ages 6-14. Coach approval required.

Central HS • Ages 6-9

Thu Jun 13 • 6:30-7:30p • 8 sessions • \$70 • #204SuA

Central HS • Ages 9-14

Thu Jun 13 • 11:00a-12:00p • 8 sessions • \$70 • #204SuB

Highland Park HS • Ages 6-14

Mon Jun 17 • 11:00a-12:00p • 8 sessions • \$70 • #204SuC

Mon Jun 17 • 7:30-8:30p • 8 sessions • \$70 • #204SuD

Mini Flips

Coach approval required.

Central HS

Tue Jun 11 • 5:30-6:15p • 8 sessions • \$62 • #205SuA

Highland Park HS

Mon Jun 17 • 6:30-7:15p • 8 sessions • \$62 • #205SuB

Kinder Flips

Coach approval required.

Central HS

Tue Jun 11 • 6:15-7:15p • 8 sessions • \$70 • #206SuA

Highland Park HS

Mon Jun 17 • 7:30-8:30p • 8 sessions • \$70 • #206SuB

Flips

Coach approval required.

Central HS

Tue Jun 11 • 10:00-11:30a • 8 sessions • \$86 • #207SuA

Thu Jun 13 • 5:30-7:30p • 8 sessions • \$86 • #207SuB

Highland Park HS

Mon Jun 17 • 10:15a-12:15p • 8 sessions • \$94 • #207SuC

Mon Jun 17 • 6:30-8:30p • 8 sessions • \$94 • #207SuD

Gymnastics Mini-Camp

Ages 5-14. Flip, tumble and twist! Build your gymnastic skills on vault, bars, beam and floor. This camp is appropriate for all skill levels.

Highland Park HS

Mon-Thu Jun 10-13 • 9:00a-12:00p • 4 sessions • \$88 • #211SuA

Central HS

Mon-Thu Aug 12-15 • 9:00a-12:00p • 4 sessions • \$88 • #211SuB

Bar Clinic

Ages 6-14 who have completed one gymnastics class. Coaches will work with you to elevate your current skills to build strength, form and technique in low bar routines and combinations to kips and long hang pullovers.

Highland Park HS

Tue Jul 9 • 11:00a-12:30p • 1 session • \$15 • #213SuA

Beam Clinic

Ages 6-14 who have completed one gymnastics class. Coaches work with you to elevate your current skills to build strength, form and technique in balance, mounts, dismounts, jumps, and turns on the beam.

Highland Park HS

Tue Jul 16 • 11:00a-12:30p • 1 session • \$15 • #216SuA

Tumble Clinic

Ages 6-14 who have completed one gymnastics class. Coaches will work with you to elevate your current skills to build strength, form and technique in basic tumbling and rolls to walkovers and handsprings.

Highland Park HS

Tue Jul 23 • 11:00a-12:30p • 1 session • \$15 • #212SuA

Vault & Floor Routine Clinic

Ages 6-14 who have completed one gymnastics class. Coaches will work with you to elevate your current skills on vault and floor routines. Practice proper running, board work and positioning on the vault. Put together a floor routine with dance, jumps, leaps, and tumbling to music.

Highland Park HS

Tue Jul 30 • 11:00a-12:30p • 1 session • \$15 • #215SuA

Stretch-Strength-Cardio-Condition Clinic

Ages 5-14. Gymnasts with any level of experience, train outside of your gymnastic skills class to build muscle balance, range of motion and functional strength. Focus on the foundations of a successful gymnast to improve your performance and body's ability to take on new challenges.

Highland Park HS

Tue Aug 6 • 11:00a-12:30p • 1 session • \$15 • #218SuA

Pre-Team: Non-Competitive

Coach approval required.

Central HS

Mon/Wed Jun 10 • 9:00a-12:00p • 18 sessions • \$231 • #258SuA

Tue/Thu Jun 11 • 4:00-6:00p • 18 sessions • \$213 • #258SuB

- Last week: practice Tue/Thu, Aug 13/15, 1:00-4:00p.
Class ends Aug. 15.

Highland Park HS

Wed/Fri Jun 12 • 10:00a-12:00p • 18 sessions • \$213 • #258SuC

- Class ends Aug. 16.



FUN

Find something to do after school or during summer!

Get connected to activities near your home or school. The Sprockets Program Finder is a one-stop-shop to help you find everything from arts and academics to science, sports and leadership programs throughout Saint Paul.

www.SprocketsSaintPaul.org



SPROCKETS

Find out what moves you

SprocketsSaintPaul



Gymnastics

Register online at www.commed.spps.org or call the C.E. Office at Central HS at 651-744-5094.

Saltos

Coach approval required. Days/times vary; see schedule online at www.commed.spps.org or call the C.E. Office at Central HS at 651-744-5094 for information.

Central HS • Two-Day Option

Mon/Wed Jun 10 • 9:00a-12:00p • 18 sessions • \$231 • #254SuB

Tue/Thu Jun 11 • 4:00-6:00p • 18 sessions • \$213 • #254SuC

- Last week: practice Tue/Thu, Aug 13/15, 1:00-4:00p.
Class ends Aug. 15.

Central HS • Three-Day Option

Mon/Wed/Fri Jun 10 • 9:00a-12:00p • 26 sessions • \$333 • #254SuA

- Last week: practice Tue/Thu, Aug 13/15, 1:00-4:00p.
Class ends Aug. 15.

Lil' Sparks

Coach approval required. Days/times vary; see schedule online at www.commed.spps.org or call the C.E. Office at Central HS at 651-744-5094 for information.

Highland Park HS

Tue/Thu Jun 11 • 8:00-10:00a • 18 sessions • \$213 • #250SuA

- Class ends Aug. 15.

Fireflies

Coach approval required. Days/times vary; see schedule online at www.commed.spps.org or call the C.E. Office at Central HS at 651-744-5094 for information.

Highland Park HS

Tue/Thu Jun 11 • 10:00a-12:00p • 18 sessions • \$213 • #251SuA

- Class ends Aug. 15.

Dragons

Coach approval required. Days/times vary; see schedule online at www.commed.spps.org or call the C.E. Office at Central HS at 651-744-5094 for information.

Highland Park HS

Tue-Fri Jun 11 • 8:00-11:00a • 36 sessions • \$459 • #252SuA

- Class ends Aug. 16.



Spark
Genuine
Discovery

Experience
the
Unexpectedly
Awesome

Ignite
Change
Making

Boost your talent with Community Ed Team Gymnastics

Pre-Team, Lil'Sparks, Fireflies,
Dragons & Saltos

Teams meet at Central or Highland High school and practice 1-3 days per week. Days and times vary. Coach approval required for registration. Call 651-744-5094 or visit commed.spps.org/gymnastics for details.

Registration

Phone: 651-487-7383

Mail: C.E. Office at

Rondo Education Center
560 Concordia Ave.
St. Paul, MN 55103

➤ **Additional
registration
information
on page 58.**

- 15% discount available for youth who qualify for free or reduced lunch.
- Additional scholarships may be available for full-day sessions.
- Youth attending full-day sessions should bring a bag lunch.
- Depending on enrollment and weather, full-day sessions may attend a field trip.

American Girl & Delegates Camp

Entering grades 1-4. Find inspiration in your favorite American Girl character! Whether you care about the environment like Julie, you stand-up for racial justice like Melody, or you can't contain your love of science like Luciana, this camp will hone your passions and help you figure out how to take action in your community.

EXPO for Excellence Elementary

SPPS Community Ed Staff • #1999SuA

Mon-Fri Jul 29 • 9:00a-12:00p • 5 sessions • \$75

Camp Kindergarten

Designed for youth entering kindergarten in Fall, 2019. Get ready for your first day of school! Practice the ins and outs of the school day including walking in line, riding the bus and circle time. Experience the fun of school with games, songs and art projects.

EXPO for Excellence Elementary • M. Ross/A. Nelson

Mon-Fri Aug 5 • 8:30-11:30a • 5 sessions • \$85 • #323SuB

Mon-Fri Aug 5 • 12:00-3:00p • 5 sessions • \$85 • #323SuC

Randolph Heights Elementary School

L. Dochniak/A. Nelson • #323SuA

Mon-Fri Aug 12 • 8:30-11:30a • 5 sessions • \$85

Cooking with Urban Roots

Ages 9-13. Join the Urban Roots culinary staff to learn great cooking skills and make unique and tasty cultural recipes for all to share! **No class June 27, July 4, 18.**

Urban Roots, 463 Maria Ave. #207, 55106

Urban Roots Staff • #1113SuA

Thu Jun 20 • 10:00a-12:00p • 4 sessions • \$85



Dream Big, Be Awesome

Entering grades 1-5. What would make your world more awesome? Whether your answer is more love, more imagination, more outside time or more cupcakes – we will spend the week brainstorming and taking action together. This program is subsidized by Service Learning funds.

Baker Center • SPPS Community Ed Staff • #1149SuA

Mon-Fri Jul 8 • 9:00a-4:00p • 5 sessions • \$50

French Immersion Camp

Entering grades 1-5. Bonjour! Have fun en Français this summer through cooking, singing, crafts, sports, games and cultural activities. The camp is conducted entirely in French and is designed for youth with significant background in French.

L'Etoile du Nord French Immersion – Lower Campus

SPPS Community Ed Staff • #325SuA

Mon-Fri Aug 5 • 8:30a-3:00p • 5 sessions • \$170

French Immersion Camp: Extended Day

Entering grades 1-5. Extended day option for participants of the French Immersion Camp.

L'Etoile du Nord French Immersion – Lower Campus

SPPS Community Ed Staff • #325SuB

Mon-Fri Aug 5 • 3:00-5:00p • 5 sessions • \$50

French Immersion Camp for New Kindergartners

Designed for kindergartners enrolled in L'Etoile du Nord French Immersion School beginning Fall, 2019. Prepare for the transition to immersion kindergarten by walking through the ins and outs of the school day and practicing French through games, songs and cultural activities.

L'Etoile du Nord French Immersion – Lower Campus

M. Rddad • #326SuA

Mon-Fri Aug 5 • 8:30-11:30a • 5 sessions • \$85

Language & Culture

Register online at www.commed.spps.org or call the C.E. Office at Rondo Education Center at 651-487-7383.



Hogwarts Reimagined

Entering grades 1-5. Attention, all Witches and Wizards: The Ministry of Magic wants you to create a new school of witchcraft and wizardry—the first in centuries! Design and name your own Houses, choose the subjects, and even create a new version of Quidditch while you're at it.

EXPO for Excellence Elementary

SPPS Community Ed Staff • #1358SuA

Mon-Fri Aug 5 • 9:00a-5:00p • 5 sessions • \$175

Hollywood Readers

Entering grades 1-4. Dig deeper into the stories of your favorite movie characters! We will embark on a literary adventure through reading, acting, games and art. Hosted by Reading & Math, Inc.

Galtier Community School • Reading & Math, Inc.

Mon-Fri Jun 17 • 8:30a-3:30p • 5 sessions • \$25 • #1034SuA

The Incredibles: Super People & Super Powers

Entering grades 1-5. Discover your inner superhero! Do you wish you could create force-fields like Violet? Can you cruise at hyperspeed like Dash? Create a super suit that Edna would love and learn how to harness your powers for the greater good.

Jie Ming Mandarin Immersion Academy

SPPS Community Ed Staff • #1805SuA

Mon-Fri Aug 12 • 9:00a-5:00p • 5 sessions • \$175

Mandarin Immersion Camp

Entering grades 1-5. Join your friends to cook, sing, create and play, all in Mandarin. The camp is conducted entirely in Mandarin and is designed for youth with a significant background in Mandarin.

Jie Ming Mandarin Immersion Academy

J. Huang/X. Zong • #1805SuA

Mon-Fri Aug 12 • 8:30a-3:00p • 5 sessions • \$170



Mandarin Immersion Camp: Extended Day

Entering grades 1-5. Extended day option for participants of the Mandarin Immersion Camp.

Jie Ming Mandarin Immersion Academy

X. Zong • #1805SuB

Mon-Fri Aug 12 • 3:00-5:00p • 5 sessions • \$50

Mandarin Immersion Camp for New Kindergartners

Designed for kindergartners enrolled in the Jie Ming Mandarin Immersion Academy beginning Fall, 2019. Prepare for the transition to immersion kindergarten by walking through the ins and outs of the school day and practicing Mandarin through games, songs and cultural activities.

Jie Ming Mandarin Immersion Academy

SPPS Community Ed Staff • #1806SuA

Mon-Fri Aug 12 • 8:30-11:30a • 5 sessions • \$85

Preschool: Book & Cook

Ages 3-5. Dr. Seuss likes *Green Eggs and Ham*. *The Very Hungry Caterpillar* likes everything. Join us for stories and make food inspired by books.

Horace Mann School • J. Ryan • #1802SuA

Wed Jun 19 • 8:30-10:00a • 2 sessions • \$30

Preschool: French

Ages 3-5. Bonjour les amis! Discover the French language through art, games and music.

L'Etoile du Nord French Immersion – Lower Campus

Language Sprout • #1711SuA

Mon-Fri Aug 5 • 9:00-10:00a • 5 sessions • \$50

Preschool: Mandarin

Ages 3-5. Ni Hao! Discover Mandarin Chinese through art, games and music.

Jie Ming Mandarin Immersion Academy • Language Sprout

Mon-Fri Aug 5 • 9:00-10:00a • 5 sessions • \$50 • #1811SuA



Preschool: Spanish

Ages 3-5. ¡Hola amigos! Discover the Spanish language through art, games and music.

Adams Spanish Immersion School • Language Sprout
Mon-Fri Aug 5 • 9:00-10:00a • 5 sessions • \$50 • #1602SuA

Preschool: Superhero Training Academy

Ages 3-5. Learn what it takes to be a real superhero in this new class. Accept the challenge and see if you have what it really takes to be super!

Ramsey MS • L. Lee • #1790SuA
Mon Jun 24 • 5:30-6:30p • 4 sessions • \$45

Spanish Immersion Camp

Entering grades 1-5. ¡Vamos a jugar! Immerse yourself in Spanish language and culture! Activities include art, cooking, fútbol, dance and cultural activities, all taught en Español. Designed for students with a significant background in Spanish.

Adams Spanish Immersion School
SPPS Community Ed Staff • #304SuA
Mon-Fri Aug 5 • 8:30a-3:00p • 5 sessions • \$170

Spanish Immersion Camp: Extended Day

Entering grades 1-5. Extended day option for participants of the Spanish Immersion Camp.

Adams Spanish Immersion School
SPPS Community Ed Staff • #304SuB
Mon-Fri Aug 5 • 3:00-5:00p • 5 sessions • \$50

Spanish Immersion Camp for New Kindergartners

Designed for kindergartners enrolled in Adams Spanish Immersion School beginning Fall, 2019. Prepare for the transition to immersion kindergarten by walking through the ins and outs of the school day and practicing Spanish through games, songs and cultural activities.

Adams Spanish Immersion School
SPPS Community Ed Staff • #305SuA
Mon-Fri Aug 5 • 8:30-11:30a • 5 sessions • \$85

Star Wars Camp

Entering grades 1-5. May the force be with you as you join the Rebellion to fight galactic tyranny. Make your own lightsaber, explore the Star Wars Galaxy, and train as a Jedi.

EXPO for Excellence Elementary
SPPS Community Ed Staff • #1231SuA
Mon-Fri Jul 29 • 9:00a-5:00p • 5 sessions • \$185

Tour the Cities: Game On!

Entering grades 1-5. Wrap up your summer with a week of field trips that take you behind-the-scenes of sports facilities in the Twin Cities! CHS Field, Target Field and Target Center are some of the sites we'll visit!

Rondo Education Center
SPPS Community Ed Staff • #350SuA
Mon Aug 19 • 9:00a-5:00p • 5 sessions • \$195

PRE K-8TH GRADE
651.487.8272
UP-CLOSE ENCOUNTERS

summer fun!

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WE ARE HIRING

GROUP ASSISTANTS

- Flexible
- No Evenings
- No Weekends
- \$13/Hour

APPLY NOW



Saint Paul Public Schools is in search of quality staff for part-time work in our **Discovery Club** childcare program.

Apply: www.bit.ly/2zwd5sG

Beat the Summer Slide with CAHOOTS!

CAHOOTS is a summer program, designed to support learning and reflection skills. Memorable characters - Hoots, Boots, Marina, Stevie and Walter - guide your child through a self-paced review of the school year. Their Reflection Buddy provides encouragement and responses to your child's work.



When you enroll in Cahoots, your child will receive:

- A fun workbook to help review Math and Language Arts material from the school year
- Weekly reflections and a Reflection Buddy
- 6 weeks of lessons for entering K
8 weeks of lessons for entering grades 1-6
- A game board and game piece to track progress
- An end-of-summer celebration

Purchase CAHOOTS for youth who will be entering grades K-6
Entering K cost is \$32; Entering 1-6 cost is \$42

Questions? Call (651) 487-7383
Register online at www.commed.spps.org by June 6



Registration

Phone: 651-487-7383

Mail: C.E. Office at

Rondo Education Center
560 Concordia Ave.
St. Paul, MN 55103

➤ **Additional
registration
information
on page 58.**

- 15% discount available for youth who qualify for free or reduced lunch.
- Additional scholarships may be available for full-day sessions.
- Youth attending full-day sessions should bring a bag lunch.
- Depending on enrollment and weather, full-day sessions may attend a field trip.

Dr. Berserk's Science & Art Lab

Entering grades 1-5. Dr. Berserk is ready to cause some raucous again this summer! Use art and science to solve mind-boggling puzzles and create beautiful masterpieces.

Horace Mann School

SPPS Community Ed Staff • #1028SuA

Mon-Fri Jun 17 • 9:00a-5:00p • 5 sessions • \$175

Grandmasters Chess Camp

Entering grades 1-8. Develop the brain-bending strategies of a brilliant and complex game of chess! Learn moves like Blitz and Double-Bug (playing with a partner), as well as opening, middle and end game strategies. Compete in a tournament on the last day. Bring a bag lunch if attending full-day.

Horace Mann School • Youth Enrichment League

Mon-Fri Jun 24 • 9:00a-3:00p • 5 sessions • \$205 • #300SuA

Mon-Fri Jun 24 • 9:00a-12:00p • 5 sessions • \$130 • #300SuB

Math Quest Camp

Entering grades 1-4. Go on an adventure with math as your guide. Work as a team to develop your math skills as you solve puzzles and challenges, and see how math relates to science and art. Hosted by Reading & Math, Inc.

Galtier Community School

Reading & Math, Inc. • #1182SuA

Tue-Fri Jun 11 • 8:30a-3:30p • 4 sessions • \$20



Mega Machine Robotics

Entering grades 1-5. Create motorized robots and enhance their original programming by adding loops, fun sounds, and motion and tilt sensor responses with an easy-to-use drag-and-drop programming format.

EXPO for Excellence Elementary

Snapology • #1130SuA

Mon-Fri Aug 5 • 9:00a-12:00p • 5 sessions • \$180

Multi-Player Minecraft: Map Builder

Entering grades 2-6. Don't just play Minecraft, design it! Design an in-game dungeon or castle to explore. Use commands and command blocks to teleport, trap and prank your friends. Emphasize your creativity, exploration and cooperation skills.

EXPO for Excellence Elementary

Tech Academy • #1133SuA

Mon-Thu Jul 22 • 9:00a-12:00p • 4 sessions • \$144

Preschool: Extreme Engineers

Ages 4-5. Build a car with a launcher, a boat, a spinning top using gears, a doggie and much more. Use the projects to investigate basic engineering concepts of gears, wheels and axles, and pulleys and levers

EXPO for Excellence Elementary

Youth Enrichment League • #1127SuA

Mon-Thu Aug 5 • 9:00-11:00a • 4 sessions • \$108

Solar-Powered Drones

Entering grades 3-6. Pilot your own solar-powered drone! Construct a solar charging station with a drill and soldering-iron to keep your drone flying anywhere the sun is shining. After building is complete, fly your drone and challenge your friends.

EXPO for Excellence Elementary

GoSolar! Kidz • #1135SuA

Mon-Thu Jul 29 • 9:00a-12:00p • 4 sessions • \$190

Registration

Phone: 651-487-7383

Mail: C.E. Office at

Rondo Education Center
560 Concordia Ave.
St. Paul, MN 55103

➤ **Additional
registration
information
on page 58.**

- 15% discount available for youth who qualify for free or reduced lunch.
- Additional scholarships may be available for full-day sessions.
- Youth attending full-day sessions should bring a bag lunch.
- Depending on enrollment and weather, full-day sessions may attend a field trip.

Dance: Ribbons & Twirls

Ages 3-5. Wrap yourself in ribbon and dance the day away! Practice basic ballet and jazz moves, play games, and build your own ribbon twirler that you get to take home on the last day of class.

Horace Mann School • A. Schmidt

Wed Jun 19 • 9:00-10:00a • 6 sessions • \$48 • #1155SuA

Wed Jun 19 • 10:00-11:00a • 6 sessions • \$48 • #1155SuB

Detective Pikachu: Create a Play

Entering grades 1-5. Charmander, Bulbasaur and Oddish need your help solving a huge case, super sleuths. Partner up with *Detective Pikachu* to get to the bottom of this dastardly deed and present your findings in a play that you write and direct yourself.

Horace Mann School • SPPS Community Ed Staff

Mon-Fri Jun 24 • 9:00a-5:00p • 5 sessions • \$175 • #1154SuA

Guitar: Individual Lessons

Entering grades 1-12. Pick a melody, strum a chord and perform popular and classical guitar music. Play acoustic guitar as a beginning or progressing student. Participants must bring their own guitar. These are individual half-hour lessons.

Horace Mann School • P. Dougherty

Tue Jun 18 • 3:00-6:00p • 8 sessions • \$148 • #1100SuA

Intro to Theatre

Entering grades 1-5. Calling all aspiring performers! Experiment with theatrical styles, find your stage voice and get comfortable performing in front of others. On the last day, we will take the stage for a finale performance.

Crossroads Elementary School

M. Greivell • #1418SuA

Mon-Thu Jun 24 • 3:15-4:30p • 4 sessions • \$32



Intro to Irish Music

Entering grades 1-3. Jump into the world of traditional Irish music! Explore a range of Irish instruments and songs, experience the different types of tunes, and learn the basics of the tin whistle.

The Center for Irish Music, 836 Prior Ave. N., 55104

Center for Irish Music Staff • #1478SuA

Sat Jul 13 • 9:30-10:15a • 6 sessions • \$100

Lion King Puppet-Making

Entering grades 1-5. Get inside the body of your favorite *Lion King* character! Create masks, costumes and life-size puppets with a professional puppet-maker. Bring your puppets to life with your own body and show off to family and friends in a final performance. This program is subsidized by Service Learning Funds.

Baker Center • SPPS Community Ed Staff • #1184SuA

Mon-Fri Jul 15 • 9:00a-4:00p • 5 sessions • \$50

Percussion: Individual Lessons

Entering grades 1-12. Play a variety of percussion instruments including snare drum, bells, hand drums and more! All instruments are provided. These are individual half-hour lessons.

EXPO for Excellence Elementary

SPPS Community Ed Staff • #1364SuA

Wed Jun 19 • 3:00-6:00p • 7 sessions • \$130

Piano: Individual Lessons

Entering grades 1-12. Learn basic piano skills including note reading, simple rhythms, primary chords and elementary technique. These are individual half-hour lessons.

Horace Mann School • SPPS Community Ed Staff

Tue Jun 18 • 9:00a-12:00p • 7 sessions • \$130 • #1101SuA

Tue Jun 18 • 3:00-6:00p • 8 sessions • \$148 • #1101SuB

EXPO for Excellence Elementary • SPPS Community Ed Staff

Wed Jun 19 • 9:00a-12:00p • 8 sessions • \$148 • #1101SuC

Wed Jun 19 • 3:00-6:00p • 7 sessions • \$130 • #1101SuD



Preschool: *Fancy Nancy's Adventures*

Ages 3-5. Be a part of this exciting new class as we join in to share *Fancy Nancy's* special experiences, while celebrating the differences that make us unique.

EXPO for Excellence Elementary • M. Becker • #1196SuA
Wed Jul 17 • 9:00-10:00a • 3 sessions • \$35

Preschool: Intro to Theatre

Ages 4-5. Do you love using silly voices and playing games? Maybe you're a natural actor! Come and find out in this class that will get you moving.

Crossroads Elementary School • L. Lee • #1132SuA
Mon-Thu Jun 24 • 3:15-4:30p • 4 sessions • \$32

Preschool: Mess-Maker Art Camp

Ages 3-5. Have a blast in this hands-on camp while creating marvelously messy masterpieces. Paint, sculpt, scribble and giggle your way to discover mess-making at its very best. These are not projects to tackle at home!

Horace Mann School • Kidcreate Studio • #1234SuA
Wed Jun 19 • 10:00-11:00a • 5 sessions • \$65

Preschool: We Got The Beat

Ages 4-6. Everybody get on their feet! Use your body, voice and handmade instruments to play through music. Learn rhythm, counting and tone in this super-active music class.

EXPO for Excellence Elementary • E. Barnard • #1174SuA
Mon-Fri Aug 5 • 10:00-11:00a • 5 sessions • \$65

Project Runway

Entering grades 4-8. Express your personal style by creating your own line of summer couture! Learn how to use a sewing machine and share your own work at a final Project Runway-style fashion show on the last day.

Horace Mann School
Youth Enrichment League • #1032SuA
Mon-Fri Jul 15 • 9:00a-12:00p • 5 sessions • \$144

Robot World

Entering grades 1-5. What would it be like to have a robot as your next-door neighbor or your teacher? Use your imagination to write those stories and build puppets that use basic robotics elements. Share your creations with a performance on the last day of camp.

Horace Mann School • SPPS Community Staff • #1170SuA
Mon-Fri Jul 8 • 9:00a-5:00p • 5 sessions • \$180

Toy Story: Storytelling Workshop

Entering grades 1-5. Use found objects to create your own toys inspired by Buzz, Woody and the gang. Write the stories that bring them to life and perform for your family and friends on the last day of camp.

Horace Mann School • SPPS Community Staff • #1173SuA
Mon-Fri Jul 15 • 9:00a-5:00p • 5 sessions • \$175

IDEA ACADEMY

JAMES J. HILL 2019 SUMMER YOUTH PROGRAMS

Are you a maker or a doer? Do you have a great idea you want to explore? Idea Academy supports the next generation of Original Thinkers. Ideate, discover and build with creative innovators and entrepreneurs.

Idea Academy Session 1

Age: Entering grades 6th to 8th
Date: June 17th to June 21st, 2019
Time: 8:30AM - 4:00PM
Cost: \$300 per student

Idea Academy Session 2

Age: Entering grades 9th to 12th
Date: June 24th to June 28th, 2019
Time: 8:30AM - 4:00PM
Cost: \$300 per student



FOR MORE INFORMATION VISIT
jjhill.org/idea-academy or call 651.265.5500

Registration

Phone: 651-487-7383

Mail: C.E. Office at

Rondo Education Center
560 Concordia Ave.
St. Paul, MN 55103

➤ **Additional
registration
information
on page 58.**

- 15% discount available for youth who qualify for free or reduced lunch.
- Additional scholarships may be available for full-day sessions.
- Youth attending full-day sessions should bring a bag lunch.
- Depending on enrollment and weather, full-day sessions may attend a field trip.

Ceramics on the Wheel

Entering grades 6-12. Develop throwing techniques to create simple vessels on the wheel. Experiment with carving and stamping, and incorporate sculptural techniques into your work. Wear clothes you can get dirty.

Central HS • SPPS Community Ed Staff

Mon-Fri Aug 12 • 9:00a-12:00p • 5 sessions • \$120 • #314SuA

Mon-Fri Aug 12 • 12:30-3:30p • 5 sessions • \$120 • #314SuB

Cooking: Culinary Masters

Entering grades 6-12. Make strides toward mastery and create a foundation of culinary skills. This class will focus on the skills every aspiring cook “must-know.” Practice how to chop, mince, pan-fry, sauté, boil and bake, and stay safe in the kitchen. End the week with a collection of new recipes and skills.

Central HS • K. Cardenas • #1114SuA

Mon-Fri Aug 12 • 9:00a-12:00p • 5 sessions • \$115

Cooking: Delightful Desserts

Entering grades 6-12. From pies to popsicles, conquer your fears in the kitchen and transform even the most basic sweet treats. Spark your creativity by sampling a variety of desserts, imagine your most delicious creation, and bring it to life for your family and friends to taste.

Central HS • K. Cardenas • #1115SuA

Mon-Fri Aug 12 • 12:30-3:30p • 5 sessions • \$115

Creative Writing

Entering grades 6-12. Calling all experienced and budding authors! Ignite your love of poetry and prose in this writing workshop. Use your imagination to explore vibrant new worlds, develop colorful characters, and weave suspenseful plots.

Central HS • A. Fay • #1041SuA

Mon-Fri Aug 12 • 9:00a-12:00p • 5 sessions • \$90



Digital Photography

Entering grades 6-12. Use your own camera to capture our world through portraits, landscapes and close-ups. Experiment with lighting techniques, framing, flash, aperture and shutter speed, to snap the perfect shot. Edit your photos and complete the class with a collection of your work.

Central HS • SPPS Community Ed Staff • #317SuA

Mon-Fri Aug 12 • 12:30-3:30p • 5 sessions • \$95

Fiction to Film

Entering grades 5-8. Our favorite books become movies every day. Use your favorite stories as inspiration to write scripts, design storyboards, create posters, and generate fan art. Hosted by Reading & Math, Inc.

Galtier Community School

Reading & Math, Inc. • #1035SuA

Tue-Fri Jun 11 • 8:30a-3:30p • 4 sessions • \$20

Java Game Coding

Entering grades 6-9. Code your own text-based Role Playing Game while being introduced to object-oriented programming and elements of the Java language. No programming experience is necessary, but familiarity with text-editing and keyboarding is required.

Central HS • Tech Academy • #1160SuA

Mon-Fri Aug 12 • 12:30-3:30p • 5 sessions • \$180

Math Games Camp

Entering grades 5-8. Work individually and as a team to develop your math skills, solve puzzles, and conquer challenges. Start with mathematical basics and progress towards advanced higher-level thinking that connects math with art, science and careers. Hosted by Reading & Math, Inc.

Galtier Community School

Reading & Math, Inc. • #1183SuA

Mon-Fri Jun 17 • 8:30a-3:30p • 5 sessions • \$25



Open Art Studio

Entering grades 6-12. Professional artists work in community to stretch their thinking and abilities. Expand your skills in acrylic, charcoal and watercolor, with self-directed projects. Reflect and grow your vision with peers to complete a multi-medium project.

Central HS • R. Decker • #1043SuA

Mon-Fri Aug 12 • 9:00a-12:00p • 5 sessions • \$95

Professional Studio: Audio Production

Entering grades 6-12. Establish and progress your technical skills in a professional sound studio with access to Pro Tools, MIDI instruments, professional-level microphones and mixing software. Record, mix, and produce your own music.

Central HS • M. Cousin • #1042SuA

Mon-Fri Aug 12 • 9:00a-12:00p • 5 sessions • \$90

Screen Printing

Entering grades 6-12. Add your personal mark to nearly anything. Design and create your prints for posters, notebooks or fabric.

Central HS • SPPS Community Ed Staff • #1221SuA

Mon-Fri Aug 12 • 9:00a-12:00p • 5 sessions • \$95

Songwriting

Entering grades 6-12. Become a songwriter! Learn the basics of music theory, song structure and how to convey emotions through music. No music experience necessary.

Central HS • L. Deyoe • #1109SuA

Mon-Fri Aug 12 • 12:30-3:30p • 5 sessions • \$90



Theatre: Improv

Entering grades 6-12. Think on your feet and find the perfect hilarious response to a bizarre situation! Apply improv theatre to all aspects of your life to solve problems creatively, improve presentation skills and increase confidence.

Central HS • SPPS Community Ed Staff • #1349SuA

Mon-Fri Aug 12 • 12:30-3:30p • 5 sessions • \$90

Tour the Cities Plus

Entering grades 6-8. Wrap up your summer with a week of field trips that take you behind-the-scenes of sports facilities in the Twin Cities! The adventure will begin each day with group games, team challenges and new friends.

Rondo Education Center

SPPS Community Ed Staff • #351SuA

Mon-Fri Aug 19 • 9:00a-5:00p • 5 sessions • \$195



Building a city that works for all of us

SUMMER CAMPS, ATHLETICS & ACTIVITIES

Summer 2019 registration is open!

From swimming lessons, to adult and youth sports, to exploring the outdoors, to learning about plants and animals, to making new friends at camp, to field trip adventures, Saint Paul Parks and Recreation has activities for all ages that will keep you active, energized, and engaged in your community.

FOR MORE INFORMATION CONTACT US:

651-266-6400

PARKSCUSTOMERSERVICE@CI.STPAUL.MN.US

WWW.STPAUL.GOV/SUMMERFUN





Saint Paul
PUBLIC SCHOOLS

2019-20 Calendar for Families

No school for students PreK-12 (all grades)

No school for PreK-5 schools and PreK-8 schools

(*American Indian Magnet, Capitol Hill, Farnsworth, Linwood Monroe and Hazel Park)

No school for Pre-K and K

No school for Pre-K

Important date

Total Days of School - Elementary: 173; Secondary: 175

Important Dates *

* ECSE follows the Pre-K calendar

Month	Day	Event	Grades	
September	2	No School, Holiday	PreK-12	
	3	First Day of School	1-12	
	3-4	No School, Parent-teacher conferences	Pre-K & K	
	5	First Day of School	Pre-K & K	
	October	17-18	No School, Teacher professional development Statewide teacher meeting	PreK-12
25		No School, Conference preparation	PreK-5 / PreK-8 schools*	
November		14	No School, Parent-teacher conferences	Pre-K
		15	No School, Parent-teacher conferences/teacher professional development <small>Two additional evening conferences to be scheduled by school</small>	PreK-12
December	28-29	No School, Holiday	PreK-12	
	23-31	No School, Winter Break	PreK-12	
January	1-3	No School, Winter Break	PreK-12	
	6	Classes Resume	PreK-12	
	20	No School, Holiday	PreK-12	
	24	No School, Teacher professional development	PreK-12	
	February	17	No School, Holiday	PreK-12
March		6	No School, Conference preparation/teacher professional development	PreK-12
	19	No School, Parent-teacher conferences	Pre-K	
	20	No School, Parent-teacher conferences <small>Two additional evening conferences to be scheduled by school</small>	PreK-5 / PreK-8 schools*	
April	30-31	No School, Spring Break	PreK-12	
	1-3	No School, Spring Break	PreK-12	
May	6	Classes Resume	PreK-12	
	10	No School, Teacher professional development	PreK-12	
June	25	No School, Holiday	PreK-12	
	9	Last Day of School	PreK-12	

Month	Su	M	Tu	W	Th	F	Sa
August 2019	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
September 2019	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30					
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
October 2019	20	21	22	23	24	25	26
	27	28	29	30	31		
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				
November 2019	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
December 2019	22	23	24	25	26	27	28
	29	30	31				
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				
January 2020	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
February 2020	23	24	25	26	27	28	29
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				
	1	2	3	4	5	6	7
March 2020	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
April 2020	22	23	24	25	26	27	28
	29	30	31				
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30					
May 2020	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
June 2020	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	28	29	30				
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
July 2020	28	29	30	31			
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30					
	1	2	3	4	5	6	7

Location Addresses

Community Education Offices

▲ C.E. Office at Central HS Aquatics, Driver Education, Gymnastics and Adult Enrichment Programs

Central Senior High School
275 N. Lexington Parkway, 55104
651-744-5094
Fax-651-312-9058

▲ C.E. Office at Rondo Education Center Youth Program

Rondo Education Center
560 Concordia Ave., 55103
651-487-7383
Fax-651-325-2673

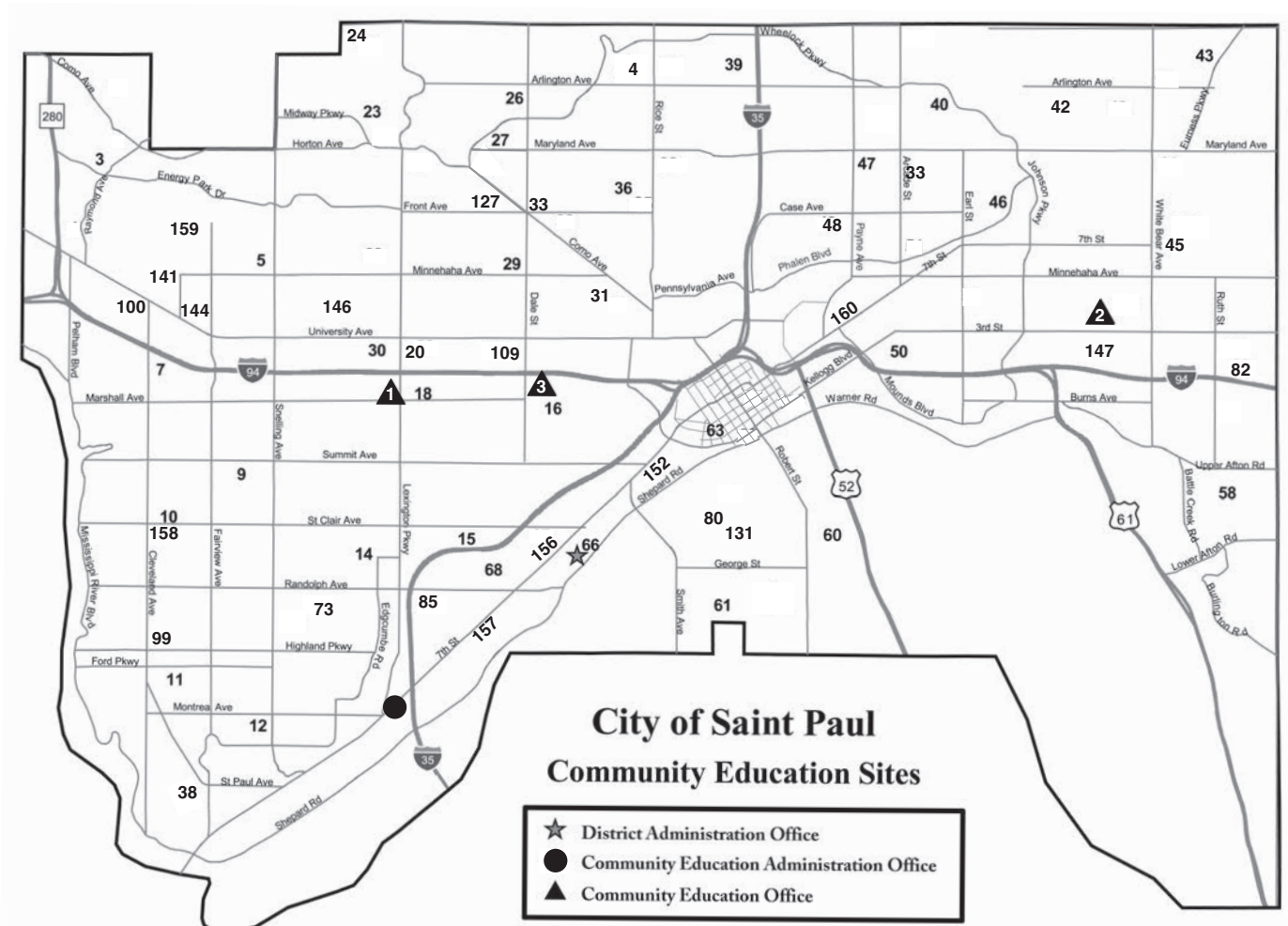
● Community Education Administration Office

1780 West 7th Street, 55116
651-767-8179

Community Education Website:
www.commed.spps.org

▲ C.E. Office at Harding HS Trips & Tours and Adult Enrichment Programs

East Side Learning Hub @
Harding Senior High School
1526 E. Sixth St., 55106
651-744-3072
Fax-651-293-6562



Location Addresses

Program Locations: A symbol or number next to a location corresponds to its location on the map on page 56.

- 1780 West 7th
- 85 Adams Spanish Immersion School**
615 S. Chatsworth St.
- 47 Arlington Hills Community Center**
1200 Payne Ave.
651-632-3861
- 156 Artista Bottega**
937 7th St. W.
- 61 Baker Center**
209 W. Page St.
651-209-3519
- 58 Battle Creek Rec**
75 S. Winthrop St.
651-501-6347
- 157 Brake Bread**
1174 7th St. W.
- 66 Bridge View School**
360 Colborne St.
- 127 Calvary Cemetery**
753 Front Ave.
- 100 Caulfield Clay Works**
2242 University Ave. W.
- ▲ **Central HS**
275 N. Lexington Pkwy.
Chicago Avenue Fire Arts Center
3749 Chicago Ave., Mpls.
- 27 Como Park Elementary School**
780 W. Wheelock Pkwy.
- 27 Como Park HS**
740 Rose Ave. W.
- 23 Como Park Zoo and Conservatory**
1225 Estabrook Drive
- 27 Como Planetarium**
Como Park Elementary
780 W. Wheelock Pkwy.
- 33 Crossroads Elementary School**
543 Front Ave.
- 50 Dayton's Bluff Rec**
800 Conway St.
651-793-3885
- 46 Duluth & Case Rec**
1020 Duluth St.
651-298-5709
- 30 Dunning Community Garden**
(corner of N. Griggs St. and Concordia Ave.)
- 47 East Side Freedom Library**
1105 Greenbrier St.
- ▲ **East Side Learning Hub @ Harding HS**
1526 E. Sixth St.
(Enter on Sixth Street)
- 14 Edgcumbe Rec**
320 S. Griggs St.
651-695-3711
- 100 Elpis Enterprises**
2161 University Ave. W.
#112
- 60 El Rio Vista Rec**
179 Robie St. E.
651-789-2500
- 73 EXPO for Excellence Elementary**
540 Warwick St.
Flux Studio and Foundry
2919 Como Ave. S.E., Mpls.
- 141 Friday Strength**
666 Transfer Rd.
- 146 Galtier Community School**
1317 Charles Ave.
- 30 Gordon Parks HS**
1212 University Ave. W.
- 147 Grace Lutheran Church**
1730 Old Hudson Rd.
- 10 Groveland Rec**
2021 St. Clair Ave.
651-695-3714
- 5 Hancock Rec**
(The Canvas)
1610 Hubbard Ave.
651-298-4393
- ▲ **Harding HS**
1540 E. Sixth St.
(Enter on Third Street)
- 80 Harriet Island Regional Park**
200 Dr. Justus Ohage Blvd. and Plato Blvd.
- 43 Hayden Heights Rec**
1965 E. Hoyt Ave.
651-298-5716
- 45 Hazel Park Rec**
945 N. Hazel Ave.
651-501-6350
- 11 Highland Park Community Center**
1978 Ford Pkwy.
651-695-3706
- 12 Highland Park HS**
1015 S. Snelling Ave.
(Enter parking lot from Edgcumbe Rd.)
- 99 Horace Mann School**
2001 Eleanor Ave.
- 20 Hubbs Center**
1030 University Ave. W.
- 152 Irvine Park**
251 N. Walnut St.
- 38 Jie Ming Mandarin Immersion Academy at Homecroft**
1845 Sheridan Ave.
- 18 Jimmy Lee Rec**
270 N. Lexington Pkwy.
651-642-0650
- 141 Kuk Sool Won of St. Paul**
800 Transfer Rd., Studio 2
- 40 Lake Phalen Beach House**
1400 Phalen Dr.
- 3 Langford Rec**
30 Langford Park
651-298-5765
- 42 L'Etoile du Nord Lower Campus**
1305 Prosperity Ave.
- 15 Linwood Rec**
860 St. Clair Ave.
651-298-5660
- 16 Martin Luther King Rec (MLK)**
271 Mackubin St.
651-290-8695
- 39 McDonough Rec**
1544 Timberlake Rd.
651-558-2171
- 7 Merriam Park Rec**
2000 St. Anthony Ave.
651-298-5766
- 26 North Dale Rec**
1414 N. St. Albans St.
651-558-2329
- 24 Northwest Como Rec**
1550 N. Hamline Ave.
651-298-5813
- 18 Oxford Community Center**
270 N. Lexington Pkwy.
- 68 Palace Rec**
781 Palace Ave.
651-298-5677
- 40 Phalen Rec**
1000 E. Wheelock Pkwy.
651-793-6600
- 9 Ramsey MS**
1700 Summit Ave.
- 14 Randolph Heights Elementary School**
348 Hamline Ave. S.
- 36 Rice Rec**
(The Teen Zone)
1022 Marion St.
651-558-2391
- 109 Rondo Community Outreach Library**
461 N. Dale St.
- ▲ **Rondo Education Center**
560 Concordia Ave.
(Enter Red Doors/Entrance B)
- 144 St. Paul Ballet**
655 Fairview Ave. N.
- 63 Saint Paul Parks and Recreation Administration**
400 City Hall Annex
25 W. Fourth St.
- ★ **SPPS District Administration Building**
360 Colborne St.
- 144 Saint Paul Tool Library**
755 Prior Ave. N.
- 31 Scheffer Rec**
237 Thomas Ave.
651-298-5820
- 152 Shuharikan Dojo**
265 7th St. W.
- 158 Spirit Tae Kwon Do**
242 Cleveland Ave. S.
- 82 Sun Ray Library**
2105 Wilson Ave.
- 159 The Center for Irish Music**
836 Prior Ave. N.
- 100 The Center for Mind-Body Oneness**
550 Vandalia St., Studio 203
The Metal Shoppe
2919 Como Ave. S.E., Mpls.
- 60 The Wellstone Center**
179 Robie St. E.
Vandalia Glassworks
103 Concord Exchange N. South St. Paul
- 160 Urban Roots**
463 Maria Ave.
- 131 Villa Del Sol**
88 Cesar Chavez St.
- 4 Washington Technology Magnet School**
1495 Rice St.
- 29 West Minnehaha Rec**
685 W. Minnehaha Ave.
651-298-5823
- 48 Wilder Rec**
958 Jessie St.
651-298-5727

Registration Information

Registration—what you need to know

- Register as soon as you can—classes fill quickly and we need to order supplies. Registration and payment must be received at least 24 hours before the start of class.
- If people wait until the last minute to register, that class could be canceled.
- No same-day or walk-in registrations.
- Non-payment could prevent your ability to enroll in other Community Education offerings.

Online

at www.commed.spps.org

To create a new account:

Click on View My Account above and follow the prompts to set up your new account.

Some of our classes may not be available for online registration. Any of our offices (listed on page 56) are happy to help you with these classes.



By Phone

with Credit Card or Check
(Visa, MasterCard or Discover)

Call the Community Education telephone number listed, 9:00 a.m.-3:00 p.m., weekdays.

Credit Card: Please have your credit card number and expiration date ready.

Check: Please have the routing and account numbers from the bottom of your check ready. The routing number contains nine digits surrounded by I:

Refer to both the class title and course number when registering.



By Mail

Complete a registration form (on page 59) and mail it with a check or credit card number (Visa, MasterCard or Discover) to the address of the Community Education Office that is accepting registration for the class. See page 56 for Community Education Offices. If paying by check, your place is confirmed when payment is received (make checks payable to ISD# 625).



In Person

Visit any Community Education Office 9:00 a.m.-3:00 p.m. If paying with cash, please have exact amount. See page 56 for Community Education Offices.



Please note:

If you pay with a check, money will be deducted from your checking or savings account as soon as we receive it.

**Please,
no fax registrations.**

Cancellations

Saint Paul Public Schools Community Education reserves the right to cancel classes due to lack of enrollment or emergencies.

Refunds

- If you cancel a class more than three business days from the class start date, a refund minus a \$10 service charge will be issued. If you cancel a class less than three business days from the class start date, no refund will be issued.

Note: The cancellation requirement is seven (7) business days prior to the start of a Community Education summer youth program.

- For classes and tours that have a published cancellation deadline, no refunds or credits will be issued after the specified dates. (For tour refund policy, see page 26.)
- For Driver Education, refunds minus a \$50 fee will be issued upon request for cancellation. Refunds will not be issued once the course has ended.
- Full refunds are issued if Community Education cancels a class or tour, or the class or tour is already filled.

Closings Due to Weather

In case of bad weather, tune in to local media – broadcast, print and online for information on school closures or check the district's website at www.spps.org for the most current updates.

Saint Paul Public Schools Community Education will not hold classes:

May 27, 2019

July 4, 2019

August 13, 2019, after 6:00 p.m.

September 2, 2019



UCare Discounts

UCare members may take a discount of up to \$15 per class on most classes. If a class is less than \$15, the member may take the class free of charge. PMAP, Connect, MSHO, MSC+, and MnCare plans may use unlimited discounts. UFS plans and UCare for Seniors are limited to one class per calendar year. Members must include their UCare ID number and plan when registering. UCare registration is not available online.

Safety Disclaimer

There is an inherent risk of accident and injury in any activity. It is the responsibility of the participant to be aware that there are assumed risks in participation. Saint Paul Public Schools (ISD# 625) assumes no responsibility for injuries received during activities. Any changes in participants' current physical activity level should be done under the approval and direction of their physician and/or health care provider(s).

Special Services

Persons with disabilities are welcome in any class or activity. In some cases there may be a supply, set up or user fee for helpers. If you need a reasonable accommodation, contact the Community Education Office where you are registering. Service animals that fit the definition of Title II And Title III of the Americans with Disabilities Act are welcome. Please leave other animals at home.

Need a Community Education Catalog?

Call 651-767-8179 or email commed@spps.org to get on the mailing list.

Annual Notice to Students with Disabilities

Saint Paul Public Schools (SPPS) is committed to providing a free and appropriate public education for every student in the school district. It is the intent of SPPS to ensure that students who have a disability, within the definition of Section 504 of the Rehabilitation Act of 1973, are identified, evaluated and provided with reasonable and appropriate accommodations.

For more information, please contact Jennifer Nordstrand, Section 504 resource, Saint Paul Public Schools, 651-767-8382; jennifer.nordstrand@spps.org.

How to Use this Catalog

Register online at www.commed.spps.org.
 To register by phone, mail or in person, refer to the C.E. Office listed in the class section.
 Community Education Offices are listed on page 56.

Needle Felted Kitten

Needle felting is a quick and easy art form that uses a barbed needle and wool roving. Create a charming wool kitten – perfect to keep or give as a gift. No experience necessary.

Class is held at this location.

Addresses are listed on page 57. → **1780 West 7th • M. Mayhew • #3032SuEB**

Instructor _____

Beginning date. → **Mon Jul 8 • 6:00-8:00p • 1 session • \$17 + \$20 supply fee**

Refer to this number and class title when registering.

Classes are assigned a Course Number (#).

Class fee payable to ISD# 625.

Supply fee payable to instructor.

Number of times the class meets.

a = a.m.

p = p.m.



Registration Form

Name: _____

Address: _____

City: _____ Zip: _____

Phone: day _____ - _____ - _____ cell _____ - _____ - _____

E-mail: _____ Date of Birth: __/__/____

Emergency Contact:

Name: _____ Phone: _____

Youth only:

Parent Name: _____

Grade: _____ School: _____

Course#	Title	Begin Date	Time	Fee

For Driver Education classes, parents/guardians need to agree and sign below: I have read, understand, and agree to the Driver Education policies listed in this catalog, on the Driver Education website (www.commed.spps.org/drivered), and those presented in class.

Signature: _____

Voluntary Information—check all that apply.
 Collecting this information helps us to provide programs and services for our community.

Male American Indian
 Female Asian or Pacific Islander
 Special Needs: Black or African American
 _____ Hispanic or Latino
 _____ Native Hawaiian
 _____ White
 Other _____

Payment:
 Cash Check Visa MasterCard Discover

Credit card# _____

Expiration Date: ____/____ Name: _____
 (Leave blank if same as registration)

(Optional) Donation to Youth Scholarship Fund \$ _____

UCare ID# _____ UCare discount \$ _____

UCare Plan _____ **Total** (minus discount) \$ _____

Full listing of classes available online at www.commed.spps.org

Administration

Independent School District #625



Administration

Dr. Joseph Gothard
Superintendent

Jackie Turner
Chief Operations Officer

Anthony Walker
Director of Community Education

Saint Paul
PUBLIC SCHOOLS

Board of Education

Zuki Ellis, Chair
Steven Marchese, Vice-Chair
Jeanelle Foster, Clerk
Marny Xiong, Treasurer
John Brodrick, Director
Jon Schumacher, Director
Mary Vanderwert, Director

Community Education Citywide Advisory Council

The Saint Paul Community Education Advisory Council meets ten times per year. All meetings are open to the public. Most meetings are held at the Saint Paul Public Schools Administration Building, 360 Colborne Street. Call 651-767-8179 to confirm the date, time and location for each meeting.

Caitlin Aldridge
Renada Goldberg
Cathy Grady
Cher Her
Mark McCabe

Karen Kolb Peterson
Erik Skold
Catherine Twohig
Darren Yerama

Community Education has numerous Advisory Councils working with the different program areas. Community input is important to the Advisory Councils. Please share your comments, concerns and suggestions with any member. If you or anyone you know is interested in becoming a member of any of the Community Education Advisory Councils, please contact the administration office at 651-767-8179.



Saint Paul Parks and Recreation City Administrators

Mike Hahm 651-266-6400
Director
Saint Paul Parks and Recreation

Saint Paul Public Schools • www.spps.org
Saint Paul Public Schools Community Education • www.commed.spps.org
Saint Paul Parks and Recreation • www.stpaul.gov/parks



Interested in teaching a class and working with the community?

Community Education is always looking for talented instructors available during after school hours, evenings and on Saturdays.

We are currently seeking qualified instructors to work with adults and youth in a variety of topics.

For more information, visit

commed.spps.org/employment



YOUR LIBRARY

NOW FINE FREE!



**SAINT PAUL
PUBLIC LIBRARY**

**Saint Paul
Public Library
is now fine free.**

That's right! We no longer charge fines on late items. This ensures that all people have access to library books and materials, which is our primary purpose as a public library. Learn more about Fine Free at sppl.org/fine-free.

Visit sppl.org or one of our 13 locations to learn more about your library.

Summer Spark

SAINT PAUL PUBLIC LIBRARY'S SUMMER LEARNING PROGRAM
SPPL.ORG/SUMMER



**SAINT PAUL
PUBLIC LIBRARY**

Free events for kids 0-18 at your local library, June 1 – August 31, 2019.
Read, create, and have fun to earn cool prizes all summer long!

SUPPORTED BY THE ECOLAB FOUNDATION, MINNESOTA VIKINGS, KOWALSKI'S MARKET, AND LILLIAN WRIGHT & C. EMIL BERGLUND FOUNDATION



Saint Paul
PUBLIC SCHOOLS



Community Education
Administration Office
1780 West 7th Street
Saint Paul, Minnesota 55116
651-767-8179
www.commed.spps.org

Nonprofit Org.
U.S. Postage Paid
Permit No. 3085
Twin Cities, MN

ECRWSS
Postal Customer

Time Dated Materials

INTERPRETERS ARE AVAILABLE | Peb muaj neeg txhais lus, thov hu rau (651-632-3706) | ဟုကတိအကိုင်အထိတ်တဖန်အိပ်ပဲ, ဝံသးဖူကတိ (651-632-3716) တကုန်.
Tarjumaano waa la helayaa, fadlan waxaad wacdaa lambarkaan (651-632-3709) | Contamos con intérpretes, por favor llame al (651-632-3751)

We're Hiring



Visit our website to view open part-time positions for Discovery Club and Aquatics, or submit a proposal to teach a new class offered through our seasonal catalogs.

Learn More: www.spps.org/employment

Contact: Steve Egbert ● steve.egbert@spps.org