

Individual Family Service Plan

Student: Kristy Obed
School: Demo Elementary
Parents: Mary and Frank Obed

School District: Demo District

Initial IFSP

Child's Name:	Kristy Obed	Phone:	
Child's Birthdate:	2014-09-04	Address:	123 2nd ave Stockington, NE 68744
Age:	0	Date of Consent for Evaluation:	
Referral to Early Intervention:	10/01/2014	Date MDT:	
Family's Language Choice:	Choose...		
Additional Language:	None		
Family would like an interpreter:			

Parent(s) / Guardian

1. Mary and Frank Obed	Role: Parent	Address: 234 2nd street Stockington, NE 68744
Home Phone:	Work Phone:	

Service Coordinator / Case Manager Information

If you have any questions about this plan or any of the people working with your child, please call the person listed as the Services Coordinator / Case Manager.

Name: Demo SERVCOORDELEM	Phone: 402-471-1674
Agency:	Address:

IFSP Meeting Dates

Type	Date	Date Sent
Initial		

IFSP Previous Meeting Dates

Type	Date	Date Sent
No previous meeting dates found.		

Date	Family Concerns And Desired Priorities
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10/14/2014 Mary and Frank are still worried about whether Kristy will learn how to get around by herself. Mary says Kristy is working really hard right now to pull herself across the floor to where her brothers/cousins are playing but by the time she gets there, they have moved on. The family tried a piece of loaned equipment to help her walk, the Kidwalk and

Mary said that Kristy started to push herself backward.

Mary and Frank and Grandma Jo are also concerned about Kristy staying healthy, especially because she has had lots of bladder infections secondary to the spina bifida and as a result of frequent catheterizations. The family wants Kristy's health to improve enough to decrease catheterizations.

Mary and Frank and their children have recently moved in with Grandma Jo to save money. Since Grandma already watches Kristy, her two older brothers, and her cousins, this makes for less transitions for Kristy. Mary and Frank work the same night shift at the plant in the next town, which is 30 miles away. They would like the waiver service of childcare and Grandma Jo has agreed to become approved childcare for Kristy, given the medical cares Kristy has because of the spina bifida. Also, Mary and Frank want respite for Kristy so that they can do some things with the Kristy's older brothers, as the boys sometimes feel left out.

Mary and Frank will advise the childcare and respite providers to contact in case of emergency:

- 1) the local ambulance and fire department with the name and condition of their child;
- 2) the hospital emergency room and physician's address and phone numbers
- 3) emergency contact numbers.

Mary and Frank will establish a back up plan for child care and respite in the event Grandma Jo is unable to provide childcare and respite.

Mary and Frank would like Kristy to have some time with other children her age in the community as she turns 3, and want to know more about what is available for them in their community. So, eventually, they would like some help looking for other childcare possibilities with same age children for Kristy and need help with this, including potentially approving an additional child care provider.

Previous IFSPs

No previous IFSPs to display.

SAMPLE

Date	Child and Family Strengths
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10/14/2014 Kristy loves being around her brothers and cousins and is very interested in what they are doing. Now that she can get into a sitting position by herself, as long as the other children stay in the area, she likes playing with baby dolls and the kitchen set. If she is with the boys, she tries to push cars back/forth too. She also loves books and scribbling, again even more if the other children are doing these things too. Kristy says 2-3 words at a time to request, to comment, and get her needs met. Kristy is now feeding herself when up in the booster seat at the table.

Grandma Jo knows how to care for Kristy's medical needs (catheterization). She offered to have Mary and Frank come live with her and is the one in charge of the household. Mary and Frank depend on her for their questions about young children. All family members have found the CDC clinic in Omaha to be helpful with their questions and what to expect for spina bifida, as well as equipment prescriptions. Their local physician has also been helpful in Kristy's care.

Previous IFSPs

No previous IFSPs to display.

Initial IFSP - Child's Present Levels of Development**Date** **Vision - Date / Current Abilities**

The family took Kristy to see Dr. Savin for a check up and he did not have concerns. They also want to follow up with the pediatric ophthalmologist in the next six months.

10/14/2015

Previous IFSPs

No previous IFSPs to display.

Date **Hearing - Date / Current Abilities**

10/14/2015 Kristy is shy with strangers but she does look when they talk to her even though she does not respond. Within the family, she is talking more and more. She always knows just what room her brothers are in and will say "Ahby" for "Robby" and point to where he is. She has had no ear infections for the last 8 months.

Previous IFSPs

No previous IFSPs to display.

Date **Health/Status - Date / Current Abilities**

10/14/2015 Kristy continues to follow up annually with the CDC spina bifida clinic and will go again in the fall. She weighs about 26 pounds and continues to gain weight. Kristy is followed by the urologist, because of her neurogenic bladder and is on Oxybutynin Chloride as well as an oral antibiotic. She has had no recent bladder infections and reportedly, her bladder pressure is decreasing. She is current on her immunizations and recently had her first vaccination for H1N1.

Previous IFSPs

No previous IFSPs to display.

Date **Cognitive/Thinking Skills - Date / Current Abilities**

10/14/2015 Kristy really likes her new doll, "baby" that she got for her birthday. She will put baby to bed, rock her, and give her kisses. She also likes to give her a bottle. Her favorite books have puppies in them and she notices the family dogs outside, "come Sammy" and pats her leg. She likes to scribble with crayons if the other children

Previous IFSPs

No previous IFSPs to display.

Date Communication Skills - Date / Current Abilities

10/14/2015 Kristy uses 2-3 word phrases, "me too" and "I go too". "That my eye" and "me get "baby". "see Sammy". She has a recognizable way of saying everyone's name and also points to what she wants to show someone. If someone asks her to get a particular toy or to asks her to come to the kitchen, she understands and will do this. Kristy knows, points to and says "Sammy" or "puppy" if she sees these pictures in her book.

Previous IFSPs

No previous IFSPs to display.

Date Social/Behavior Skills - Date / Current Abilities

10/14/2015 Kristy loves music. She wants to play Patty Cake and Itsy Spider which Grandma Jo taught her. She wants to be in the mix with the other children in the house, i.e. siblings and cousins. If Grandma Jo has to go somewhere, Kristy is quiet at first around other people and children, but is watching them intently.

Previous IFSPs

No previous IFSPs to display.

Date Self-Help/Adaptive Skills - Date / Current Abilities

10/14/2015 Kristy has a bath seat that the family uses that was ordered by CDC and so she sits in this and can hold a washcloth or pour water with the cup. She eats table foods like everyone else. She prefers to finger feed but can scoop with and use a spoon if a family member asks her to and particularly if one of the other children asks her to "use your spoon" and shows her theirs. Kristy gets catheterized 4x a day, when she wakes, at noon, at 5pm and at bedtime. Kristy is not always very happy to go to bed, although again, if she knows or thinks that the other children are, she is more apt to not try to stay up longer.

Previous IFSPs

No previous IFSPs to display.

Date	Fine Motor Skills - Date / Current Abilities
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10/14/2015	Kristy can imitate the simple finger plays and actions. She can take the lids off containers that have some of the kitchen toys in them. She has become interested in playdough and also turns thin pages of a book.
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Previous IFSPs

No previous IFSPs to display.

Date	Gross Motor Skills - Date / Current Abilities
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10/14/2015	Kristy is now able to get in/out of sitting on her own and this has helped her to be able to watch the other children in play and try to do more of what they are doing. Her main way of getting around is crawling on her tummy using her arms to pull herself forward but she can also now scoot forward while seated on her bottom. She does get tired fairly quickly when sitting up and still likes to lean on something, a piece of furniture for example, to play longer. The family was able to borrow some equipment to see if she could get around on her own, the Kidwalk, and they think it might work for her, she pushed herself back ward a short distance, by moving especially her right leg.
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Previous IFSPs

No previous IFSPs to display.

Goals

Confidential

Goal #1

Goal / Outcome

Kristy will move by herself from one room to the other so that she can get to where the other children are, while they are still there, and play with them for at least several minutes or longer at least once a day for a week.

Child / Family strengths and resources related to this goal:

Kristy is motivated to move, particularly when it involves the other children at the house. She is now able to sit up for a short time so once she moves to a place she has a reason to go there and can now more easily access the experiences with the other children on her own. The family has found that she can move more quickly if she is on a slick floor than one that is carpeted. In the room where the toys are, there is furniture for her to get into sitting and lean against so that she can play for longer. When the family borrowed the Kidwalk, Kristy moved herself backward with it. The CDC clinic has been helpful with other equipment prescriptions and ordering.

What will be done / by whom:

Family will: Try to encourage the other children to stay longer in the play area until Kristy gets there. Encourage the other children to call out to her to come to them. Grandma Jo will consider setting up the kitchen set and dolls in another place that doesn't have as much carpet to get to it.

Primary Service Provider (PT) and the family will brainstorm about ways to help Kristy move her legs, perhaps showing the other children safe ways they can help if Grandma is busy. PT and family will communicate with the CDC clinic about how the Kidwalk worked at home, and what steps need to occur to get a prescription.

The PSP will participate in weekly meetings and receive coaching from the rest of the early intervention team which includes OT, SLP, ECSE, and SC. PT will talk to the ECSE about additional play activities that would be appropriate now that Kristy is sitting up.

The ECSE will make 2 visits over the next 2 months to follow up on play/cognition skills.

The Services Coordinator will work with the PT and the family to get needed prescription and other paperwork for the equipment.

The SC will be in contact with the family and team at least monthly to make sure that the IFSP is updated as needed and that information is shared across the team.

Progress will be reviewed

by

through

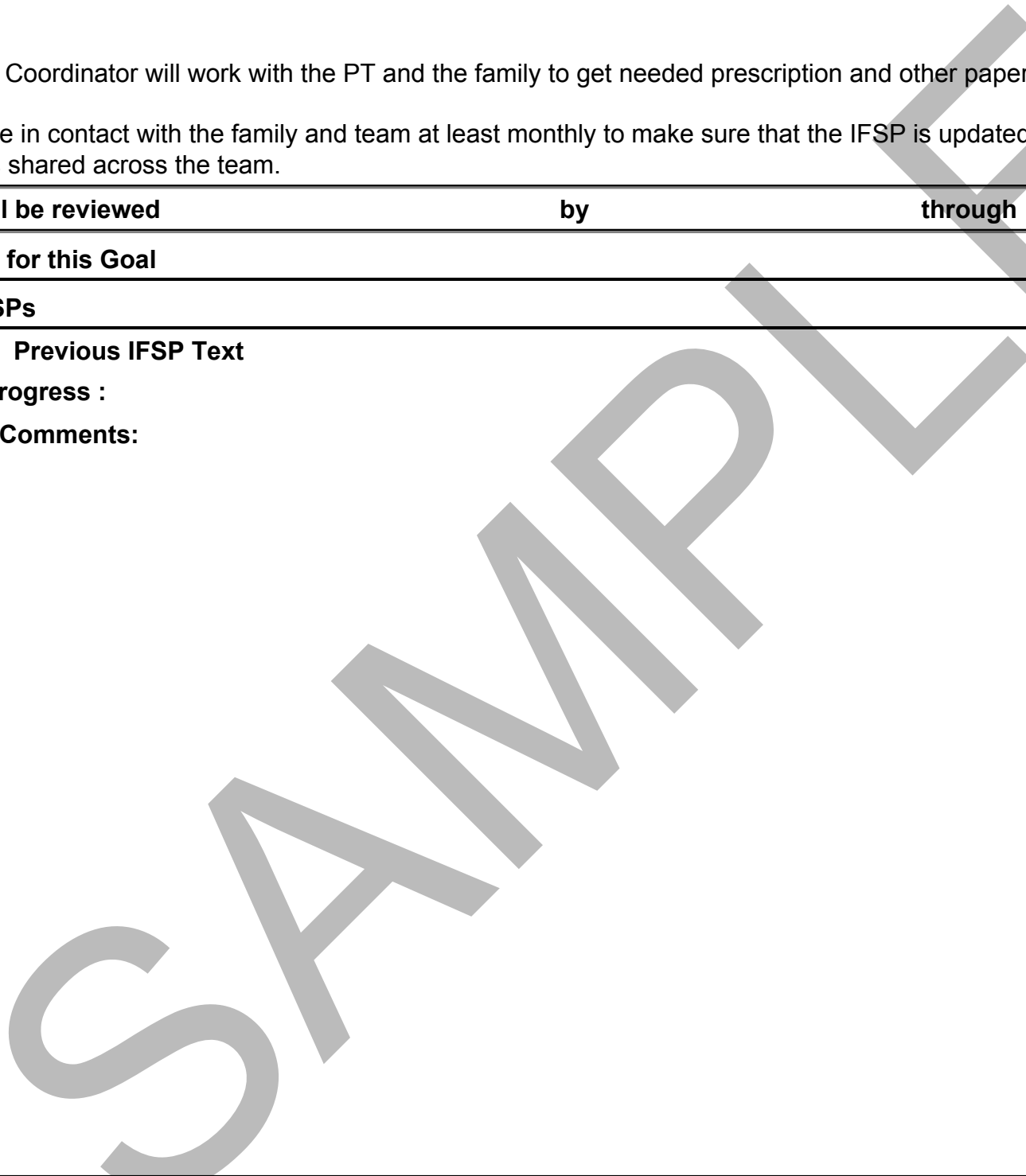
Plan Review for this Goal

Previous IFSPs

Date:	Previous IFSP Text
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How much progress :

Next Steps / Comments:



Goal #2

Goal / Outcome

Family and medical providers will work together to keep Kristy healthy . The family will know this goal has been met because Kristy will not have had any bladder infections, and the number of catheterizations has been decreased.

Child / Family strengths and resources related to this goal:

Kristy is on medication and antibiotics to ensure that she does not get bladder infections. The family attends all medical appointments and the medical information is shared amongst all medical providers who are caring for Kristy, including the CDC spina bifida clinic.

Kristy has been approved for the Disabled Children's Program (DCP).

Family has been approved to receive medical transportation mileage through DCP.

What will be done / by whom:

Family will schedule well child checks with local physician and follow up appointments with Kristy's medical specialists.

Family will continue to follow up with medical recommendations and medications.

Family will submit documentation for mileage reimbursement.

Mary, Frank and Grandma Jo want to develop a system for coordinating appointments, procedures and records related to Kristy's needs. SC and team will provide examples of what other families have done.

Services Coordinator will request records regularly.

Progress will be reviewed _____ **by** _____ **through** _____

Plan Review for this Goal

Previous IFSPs

Date: _____ **Previous IFSP Text** _____

How much progress :

Next Steps / Comments:

SAMPLE

Goal #3

Goal / Outcome

Mary and Frank will use respite and childcare, as approved by the DHHS waiver program, as well as explore other DHHS resources that they may be eligible for in the future to meet their family's needs.

Child / Family strengths and resources related to this goal:

Mary and Frank sleep during the day so that they can work the night shifts. Grandma Jo also cares for her other daughter's children during some days of the week and has been willing to provide childcare for Kristy and also is interested in watching Kristy for respite, to allow Mary and Frank to do something with the boys.

Family has already been approved for DCP.

Family has been approved to receive medical transportation mileage reimbursement through DCP.

What will be done / by whom:

Family will complete needed waiver paperwork to establish eligibility and will submit appropriate documentation for mileage reimbursement to the DCP program.

Family will utilize waiver services of childcare and respite on a monthly basis, as authorized, and will report any changes in their work schedule immediately to EDN services coordinator.

Family and EDN services coordinator have a back-up child care and respite provider in the event that Grandma Jo is unable to provide child care and respite. Aunt Sally has agreed to be the back-up childcare and respite provider and be trained in administering catheterizations in this event and has agreed to follow the established back-up safety plan.

Family will ensure approved providers submit accurate billing documentation for the childcare and respite services used.

EDN Services Coordinator and family will continue to review the back-up plan each month and make additions or changes as needed.

AD Waiver services coordinator, AD Waiver resource developer, and EDN services coordinator will:

- 1) assist the family to identify providers for needed services;
- 2) provide necessary paperwork for payment of providers;
- 3) answer other family/provider questions.

Family will keep services coordinator informed of changes in need for changes in AD Waiver services and child's care needs.

EDN Services coordinator will help family identify possible community activities and resources they might be interested in doing with the brothers.

EDN Services coordinator will make family aware of other DHHS waiver resources, explore advantages, and disadvantages, and match their needs/priorities to the services for which they are eligible.

Progress will be reviewed

by

through

Plan Review for this Goal

Previous IFSPs

Date: Previous IFSP Text

How much progress :

Next Steps / Comments:

Goal #4

Goal / Outcome

Mary and Frank will have more information about other childcare and preschool opportunities in their community by the time of the next IFSP.

Child / Family strengths and resources related to this goal:

Kristy enjoys and plays with her brothers and cousins at Grandma Jo's house. Grandma Jo has talked to a couple childcare providers in town that she knows. They would need more information about Kristy's cares.

The community of Stockington has a Head Start preschool program.

What will be done / by whom:

Family and Kristy will visit the child care homes in town.
Primary Service Provider will be in touch with Head Start to find out if they have openings for the fall or spring.
Services Coordinator will help family with finding waiver approved childcare in their community if needed.
Services Coordinator will help family with the paperwork for applying to Head Start.

Progress will be reviewed **by** **through**

Plan Review for this Goal

Previous IFSPs

Date: **Previous IFSP Text**

How much progress :

Next Steps / Comments:

Are there special conditions for safe transportation for this child?

Car seat.

The Services that will be provided to support all goals and objectives are:

Services

Service: Physical Therapy

Setting: Home

How Often?

10 days/6 month period

How Much?

45 min/day

Group/Individual?

Group and Individual

Natural Environment?

Yes No

When service Starts and Ends?

10/14/2014 / 04/13/2015

Who pays?

School district

Who's Responsible?

Physical therapist

Service: Services coordination

Setting: Home

How Often?

1 days/month

How Much?

30 min/day

Group/Individual?

Group and Individual

Natural Environment?

Yes No

When service Starts and Ends?

10/14/2014 / 04/13/2015

Who pays?

Early Development Network

Who's Responsible?

Services Coordinator

Service: Child Care

Setting: Community

How Often?

5 days/week

How Much?

8 hrs/day

Group/Individual?

Group

Natural Environment?

Yes No

When service Starts and Ends?

10/14/2014 / 04/13/2015

Who pays?

Medicaid Waivers

Who's Responsible?

Other (Child Care provider)

Service: Respite care

Setting: Home

How Often?

3 days/month

How Much?

6 hrs/day

Group/Individual?

Individual

Natural Environment?

Yes No

When service Starts and Ends?

10/14/2014 / 04/13/2015

Who pays?

Medicaid Waivers

Who's Responsible?

Respite Care Provider

Service: Transportation

Setting: Home

How Often?

2 days/month

How Much?

5 hrs/day

Group/Individual?

Individual

Natural Environment?

Yes No

When service Starts and Ends?

10/14/2014 / 04/13/2015

Who pays?

DCP - Disabled Children's Program

Who's Responsible?

Other (Family/DCP Worker)

SAMPLE

**Initial IFSP
IFSP TRANSITION PLAN**

SAMPLE

Team Members Present at the Meeting

Print Name	Role/Other	Address and Phone
Demo SERVCOORDELEM	Service Coordinator	Training Login Training, NE 68528
Demo SERVCOORDELEM	Service Coordinator	Training Login Training, NE 68528

SAMPLE

PARENTS /FAMILY

Yes No I (we) understand the content of the IFSP and give consent for all services in the IFSP to begin unless indicated below.

Yes No I (we) understand that a copy of the IFSP will be distributed within 7 calendar days.

PARENT / GUARDIAN SIGNATURE

Parent Signature Date 1

Parent Signature Date 2

Parent Signature 1

Yes No

Parent Signature 2

Yes No

(If 'No' selected above, please explain)

Any Comments:

