



The ideal of the School of Metaphysics is to aid any individual, willing to put forth the effort, to become a whole functioning self not dependent on any person, place or thing for peace, contentment or security.

The purpose is to accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

The School of Metaphysics is a 501(c)(3) not-for-profit educational organization serving humanity since 1973.



The only prerequisite for this course is a desire and willingness to change.

This study is about the most fascinating person in the universe....YOU!
It is a progressive, thought-provoking, challenging, and exciting odyssey that respects

you as the driving force of your progress. In a quantum universe, everything begins and ends with you.

The First Cycle of SOM Lessons is available through correspondence as a Self-guided study. This cycle introduces you to the Universal Laws that govern creation and teaches ways to live in harmony with these Laws. This ancient wisdom, openly available to anyone, enables you to apply metaphysics in your daily life for Self awareness and Enlightenment.

The coursework includes learning meditation, principles of permanent healing, visualization, re-energizing mind and body through understanding life force energies and chakras, and aligning with Universal Laws and Truths. Understanding and interpreting dreams is a major area of concentration in our study. Correspondence students are automatically enrolled in the Dreamschool Scholar Program which, upon completion, culminates in becoming a certified Dream Coach.

As long as you study with us you will have a teacher. He or she is an advanced student in the the College of Metaphysics residency program who has learned and applied the lessons you will be studying. Your teacher guides your learning when you most need it, while providing support for your independent efforts. This is a beautiful way to learn mind-to-mind connection (telepathy) accelerating your soul progression. You will correspond weekly, by email, with your teacher who will monitor your progress, answer questions on content and practices, and forward new lesson materials to you. Weekly webinars in our on-line Virtual Classroom are an open real-time forum to interact with Dream Coaches and our most seasoned Psi Counselors and teachers.

In our lessons, a distinction is made between concentration and meditation. Concentration consists of trained attention freed from distractions and focused on your chosen interests. Meditation is a special form of concentration in which the attention has been liberated from restlessness and focused on listening to your Higher Self or the Creator. Meditation is concentration used to expand Self awareness of your relationship with your inner Self and all of creation. Ultimately, meditation is a going within to the inner levels of consciousness, an attunement and alignment of the entire being to the Creator within Self. The first two stages of meditation - expectant listening and expectant observation - are practiced during the first cycle of lessons.

As a student you read and study a lesson and practice spiritual disciplines each day. The lessons are sent by your teacher as you are prepared to receive the sequential material. The lessons are designed to cooperate with the practices so performing your mental exercises and spiritual disciplines daily is a requirement for continuing in the classes. We expect you to fulfill the same requirements of all students studying in the School of Metaphysics.

At the completion of your studies you may elect to receive a Certificate of Completion or to earn a Respondere degree. To earn the Respondere degree, you spend some time fulfilling practicum and laboratory experiences at the World Headquarters of the School of Metaphysics located on the campus of the College of Metaphysics. This enables you to live in the presence of your teacher and apply the principles and metaphysical knowledge you've gained in your life with others who are doing the same.

Students are always welcome at SOM branches and at headquarters on the College of Metaphysics campus. Several weekends are set aside each year for students to convene on campus. This is particularly helpful for those studying through correspondence for it offers a wide variety of stimulus, inspiration, experience, and understanding through interaction and activities. You will make spiritual friendships that can last lifetimes!

Registration and Class Structure

Enrollment is secured through completing the **Registration Form** (page 9) and making payment to the SCHOOL OF METAPHYSICS through money order or credit card. The tuition is \$2000.00. This is non-refundable. Books can be purchased all at once (around \$160.00 plus shipping) or as they are assigned with your classwork.

Upon enrollment students are paired with a teacher. An introductory phone call gets things started by establishing a regular class day and time that works for both people. Most exchanges are made through writing in emails. Some instruction in the coursework are oral in their tradition. Telephone consultations are arranged when it is time for this knowledge to be imparted from teacher to student.

Dream study is an integral part of the metaphysics class. Correspondence students are granted full membership to www.dreamschool.org and are enrolled in the Dreamschool Scholar Program concurrently with the applied metaphysics lessons. These include:

Level I: Course 140: Dream Theory and Experience begins your practice in remembering and logging dreams. The theory we teach is Mind Linguistics, how and why Mind communicates. This is a practical study you will use every day the rest of your life.

Level II: Course 210: Mind Linguistics and Understanding delves into the people, places, and things that appear in your dreams – what they mean and why.

Level III: Course 260: Dream Themes and Interactions explores the development of motifs and the power of universal archetypal images as the conveyers of Self-revelatory messages carrying significance for the individual dreamer

We expect the complete course to take 18-24 months to complete, the exact timing depends upon the student's comprehension and application of the material.

You will need access to a computer with the following requirements to participate in this Correspondence Class:

System Requirements

PC-based attendees
Required: Windows® 8, 7, Vista, XP or 2003 Server
Mac®-based attendees
Required: Mac OS® X 10.6 or newer

Required: Mac OS® X 10.6 or newer

Mobile attendees

Required: iPhone®, iPad®, Android™ phone or Android tablet

FIRST CYCLE SYLLABUS

Lesson 1 The Quest for Enlightenment

How Much You are Worth Depends on What You Value, The Power of Attention

Lesson 2 Education for the Third Millennium

Stranger in a Strange Land, The Secret Place, Becoming SuperConscious

Lesson 3 The Energizing Faculty of Creation

Will Power occurs when Freedom and Responsibility become One, Living in Harmony with our Universe, Preparing the Mind for Infinite Intelligence

Lesson 4 The Conscious, Subconscious, and Superconscious

Triune Nature of Mind, Conscious Mind, Subconscious Mind, Superconscious Mind, The Universal Law Ideal, Purpose, and Activity Activates

Lesson 5 The Conscious Ego

How to be Secure in Your Identity, Mastering your Conscious Ego through Wisdom

Lesson 5a Learning How to Learn

How to Think Positively, More on Forgiveness, and a few words about Gratitude, Ego and Superconsciousness

Lesson 6 Meditation: The Answer to Your Prayer

Preparing Your Consciousness for Meditation, The Science of Meditation, Love

Lesson 7 The Expansive Nature of Friendship

Meditation Opens the Mind and Heart, Key Points to Remember in Meditation, Those we create with forge our deepest friendships, The Circle of Love

Lesson 8 The Healing Power Within You

The Creative Power is in Your Imagination, The Breath is Your Connection with Infinite Energy, Spirituality – Transforming Energy into a Higher Form, Healing with the Goodness of All Concerned

Lesson 9 Divine Friendships in Universal Love

Communication that Heals, Where Have I Seen You Before?, Friendship begins with knowing your Self, Universal Love, How Affirmations Work, Affirmations hold an important place in our lives

Lesson 10 Our Purpose for Existence

Where did we come from?, How Souls were brought into being, The SoulMate is Created, Why Are We Here?, Where Are We Going?

Lesson 11 Dreams: Messages from Your Soul

Becoming Conscious during Sleeping Time, The Art and Science of Dreaming, Another means to enhance dream recall, Life Everlasting!

Lesson 12 The Incredible Power of Life Force

Potent Forms of Infinite Energy, The Direct Source of Life is the Energy that Heals, Time Management, Receiving Cosmic Energy at Will

Lesson 13 Emotions, Attachment & Living in the Now

What is Behind those Powerful Emotions?, The Man Who Refused Heaven

Lesson 13A The Feeling that Heals

Shifting from Emotional Reaction to Emotional Action, Healing that Causes Change, You are the Change

Lesson 14 Inner Life Force at Your Command

How Thought Manifests in Your Body, The Connection between Will and Life Force, Applying the Principles in Your Everyday Life, Responding as Subconscious Energies Manifest through the Emotions

Lesson 15 A Life with Meaning Prospers

Your Spiritual Inheritance, One Man's Saga of Rebirth, Four Keys for Consciousness to Prosper

Lesson 16 Life Force Sensitivity Fosters Compassion

John's Saga Continues, The biological mirror of your consciousness, Being in Harmony with the Infinite Energy flowing through You, Becoming Conscious of the Life Force flowing through You

Lesson 17 Breath and Consciousness

The Purpose of Breath, Surprising Benefits of your Candle Concentration Exercise, Monkey Consciousness, Breathlessness

Lesson 18 The Life Force Exercises Part I

How to Begin, The Life Force Exercises, The Law of Karma, Living the Golden Rule

Lesson 19 The Life Force Exercises Part II

The Second Series of Life Force Forms, The Art of Concentration & Meditation, Love is Life Force Expressing as Friendship

Lesson 20 Life Force Series Part III

The Final Forms in the Life Force Series, Four Factors affecting Spiritual Progress, Meditative Consciousness throughout the Day

Lesson 20A When Life Force Becomes a Healing Energy

A Bioenergetic Lesson Worth Noting, How it works, The Source of All Healing

Lesson 21 Liberating the Mind

Calling upon the Universe for Assistance, The Heart and its Relation to Soul Progression, Controlling Life Force in the Five Senses

Lesson 22 Stilling the Mind for Success

Your Body is the Reflection of your Mind, Everything You've always Wanted, Shuka Deva's Discovers the Real Self

Lesson 23 Living an Awakened Life

Living Directly from Life Force, Shuka Deva Learns the Art of Living, The Four Transitory States

Lesson 24 Hong Sau

Your Meditation, Hong Sau can be Practiced Anywhere, Points to Remember while Learning the Hong Sau, Wholistic Concentration, The Prodigal Son

Lesson 24 A Being Present

The Art of Spiritual, Mental, Emotional, and Physical Concentration, Silencing the Thoughts Stills the Mind, Receptive and Aggressive Factors of Silence, Self Mastery, Why Are we Here

Assigned books in alphabetical order:

A Complaint Free World by Will Bowen

Aquarian Gospel - Levi

Concentration - Dr. Laurel Clark

Dumbing Us Down - John Taylor Gatto

Four Stages of Growth - Dr. Daniel Condron

Heartmath Solution - Childre & Martin

Motivation - Dr. Pamela Blosser

Prince Siddhartha - Landlow & Brooke

Power vs. Force - David Hawkins

Seven Keys to Prosperity and Abundance - Dr. Daniel Condron

The Law of Attraction - Dr. Laurel Clark

The True Power of Water - Dr. Emoto

Understanding Your Dreams - Dr. Daniel Condron

Work of the Soul - ed., Dr. Barbara O'Guinn Condron

suggested reading:

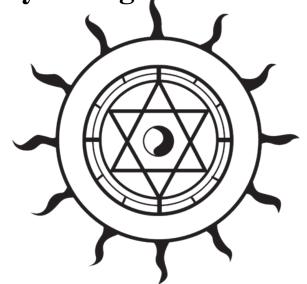
Permanent Healing - Dr. Daniel Condron

Isaiah 55 Interpreted and Explained - Dr. Daniel Condron



The School of Metaphysics logo

is a composite of familiar symbols you may recognize from many schools of thought. The inner circle signifies the individuality, the spark of life from our Creator. The light and dark areas within the circle, reminiscent of the yin-yang symbol, represent the aggressive and receptive qualities in balance. The triangle pointing upward illustrates the trinity found in all esoteric and Holy scriptures of the world, the structure of consciousness from its spiritual origin to its physical expression. The downward triangle



indicates Spirit entering matter, the creative manifestation of thought. Together, these triangles form the seal of David, the five physical senses unified by the mental sense of attention. The three circles outside the six -pointed star represent the conscious mind, the subconscious mind, and the superconscious mind, respectively. The four bars between the first and second circles form a cross marking the directions of the earth, and signifying the challenges and stages of man. The marks leading to the third circle represent the twelve aspects of man needed for Self mastery. The outer circles symbolizes the relationship between man and the outer universe. The rays represent the twelve Zodiacal influences which serve as indicators of the soul's assignment for enlightenment in the present lifetime. The combination of these universal symbols represents the whole and complete individual - a unified image of the Self.

We look forward to hearing from you! Registration is on the next page...

School of Metaphysics Correspondence Study Registration

Mailing address where mate	rials will be sent: (Please Pri	int)			
name					
street or P.O. box					
city	state	zip	country		
email address:					
home phone:	cell pho				
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Check/M.O. (payable to S	chool of Metaphysics)	Visa Maste	rcard Discover		
Amount Enclosed: \$					
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Exp. Date:			School	of Metaphysics	
Signature of Cardholder:			Corresp	ondence Study	
Mail completed form wit	h indicated payment to a	address to the	147	on Valley Road ille, MO 65783	
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signature		date			
Office Use Only					
Date Registered:	Certificate of Completion presented on:				
Date of first lesson:	Respondere Certificate conferred on:				
Teacher:	Date of completion of	Date of completion of Dreamschool Scholar I, II, III:			