



KNOWLEDGE • RESOURCES • TRAINING

SBIRT Services





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What's Changed?

• Beginning January 1, 2022, we cover Naloxone HCPCS Code G1028 (page 11)

You'll find substantive content updates in dark red font.



This Screening, Brief Intervention, & Referral to Treatment (SBIRT) booklet provides Medicare and Medicaid SBIRT services coverage information:

- Eligible providers
- Covered SBIRT services
- Documenting SBIRT services
- Billing SBIRT services
- Dually eligible Medicare-Medicaid beneficiaries
- Note: We cover Alcohol Misuse Screening and

Counseling (preventive screening once per year for adults who use alcohol but don't meet dependency criteria; if you detect misuse, we cover up to 4 brief face-to-face counseling sessions per year if the patient is alert and competent during them). We also cover Medicare Wellness Visits. These visits

Together we can advance health equity and help eliminate health disparities for all minority and underserved groups. Find resources and more from the CMS Office of Minority Health:

- Health Equity Technical
 Assistance Program
- Disparities Impact Statement

Throughout this booklet, **we** refers to **Medicare**.

include a review of your medical and social history related to your health and education and counseling about preventive services, including Substance Use Disorder (SUD) screenings, current opioid prescriptions review, and referrals to treatment as appropriate.

Different requirements apply to Medicare and Medicaid. <u>Medicare & Medicaid Basics</u> fact sheet explores the differences.

We also cover several mental health services. <u>Medicare Mental Health</u> booklet has more information on qualifications, coverage, and payment guidelines.

What's SBIRT?

SBIRT is an evidence-based, early intervention approach for people with non-dependent substance use before they need more extensive or specialized treatment. This approach differs from specialized treatment for those with more severe substance misuse or a SUD.

SBIRT Benefits

Using SBIRT services is easy in primary care settings. You can systematically screen people who may not seek substance use help and offer SBIRT treatment services access to:

- Reduce health care costs
- Decrease drug and alcohol use severity
- Reduce physical trauma risk
- Reduce patient-percentage who go without specialized treatment



SBIRT has 3 major components:



Screening:

Screen or assess a patient for risky substance use behaviors with standardized assessment tools to identify the appropriate level of care (known as Medicare Structured Assessment). Screening quickly assesses the substance use severity and identifies the appropriate treatment level.



Brief Intervention:

Brief intervention increases substance use insight and awareness and motivates behavioral change. Engage the patient in a short conversation to increase their awareness of risky substance use behaviors and provide feedback, motivation, and advice. We cover 1 preventive screening per year and up to 4 brief face-to-face counseling sessions per year at no cost to the patient.



Referral to Treatment:

Refer patients whose assessment or screening shows a need for additional services to brief therapy or specialty care treatment.

SBIRT Assessment & Screening Tools

The first SBIRT element is assessment or screening. You may use tools including the World Health Organization's Alcohol Use Disorders Identification Test (AUDIT) Manual and the Drug Abuse Screening Test (DAST). Substance Abuse and Mental Health Services Administration (SAMHSA) Resources for SBIRT has more SBIRT assessment and screening tools information.

Substance Use Disorders: The Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition (DSM-5) no longer uses the terms substance abuse and substance dependence. Instead, it refers to "Substance Use Disorders" (SUDs), classified as mild, moderate, or severe. The number of diagnostic criteria an individual meets determines their severity level. SAMHSA's Mental Health and SUDs webpage has common SUD facts. SAMHSA's Behavioral Health Treatment Locator can help you find mental health treatment facilities and programs around the country.



Medicare SBIRT

Medicare-Eligible Providers

We pay medically reasonable and necessary SBIRT services in physicians' offices and outpatient hospital settings. In these settings, you assess and identify people with, or at risk for, substance use-related issues and provide limited interventions or treatment. We have specific, authorized SBIRT supplier qualifications.

Eligible SBIRT Services Health Care Suppliers

Provider Type & Reference	Qualifications
Physicians (Medical Doctors [MDs] and Doctors of Osteopathy [DOs]), particularly psychiatrists 42 CFR 410.20 Section 30 of Medicare Benefit Policy Manual, Chapter 15	 Legally authorized to practice medicine in the state where you provide services Perform services within the scope of your licenses, as defined by state law
Physician Assistant (PA) 42 CFR 410.74 Section 190 of Medicare Benefit Policy Manual, Chapter 15	 Licensed by the state where you practice and 1 of these criteria: Graduated from a PA educational program accredited by the Accreditation Review Commission on Education for the Physician Assistant (or its predecessor agencies, the Commission on Accreditation of Allied Health Education Programs, and Committee on Allied Health Education and Accreditation) Passed the National Commission on Certification of Physician Assistants exam
Nurse Practitioner (NP) <u>42 CFR 410.75</u> Section 200 of Medicare Benefit Policy Manual, Chapter 15	 Registered Nurse (RN) licensed and authorized by the state where you provide NP services according to state law Got Medicare NP billing privileges for the first time since January 1, 2003, and: NP certified by a recognized national certifying body with established NP standards Master's degree in nursing or a Doctor of Nursing Practice degree Got Medicare NP billing privileges for first time before January 1, 2003, and meets certification requirements Got Medicare NP billing privileges for first time before January 1, 2003, and meets certification requirements



Eligible SBIRT Services Health Care Suppliers (cont.)

Provider Type & Reference	Qualifications
Clinical Nurse Specialist (CNS) 42 CFR 410.76 Section 210 of Medicare Benefit Policy Manual, Chapter 15 Clinical Psychologist (CP) 42 CFR 410.71 Section 160 of Medicare Benefit Policy Manual,	 RN currently licensed in the state where you practice and authorized to provide CNS services according to state law Doctor of Nursing Practice or master's degree in a defined clinical nursing area from an accredited educational institution Certified as a CNS by a recognized national certifying body with established CNS standards Psychology doctoral degree Licensed or certified in the state where you practice at the independent level and directly provide diagnostic, assessment, preventive, and therapeutic patient services
Chapter 15 Clinical Social Worker (CSW) <u>42 CFR 410.73</u> Section 170 of Medicare Benefit Policy Manual, Chapter 15	 Social Work master's or doctoral degree At least 2 years supervised clinical social work Licensed or certified CSW by the state where you provide services If you practice in a state that doesn't have licensure or certification, and complete at least 2 years or 3,000 supervised social work practice clinical hours, post-master's degree in an appropriate setting (for example hospital, Skilled Nursing Facility [SNF], or clinic)
Certified Nurse-Midwife (CNM) <u>42 CFR 410.77</u> Section 180 of Medicare Benefit Policy Manual, Chapter 15	 RN legally authorized to practice as a nurse-midwife in the state where you provide services Successfully completed a nurse-midwives program of study and clinical experience accredited by an accrediting body the U.S. Department of Education approved Certified as a nurse-midwife by the American College of Nurse-Midwives or the American College of Nurse-Midwives Certification Council
Independently Practicing Psychologist (IPP) Section 80.2 of Medicare Benefit Policy Manual, Chapter 15	 Psychologist who isn't a CP Meets 1 of these criteria: Practices independent of an institution, agency, or physician's office and licensed or certified to practice psychology in the state or jurisdiction where you provide services Practicing psychologist who provides services in a jurisdiction that doesn't issue licenses



Medicare-Covered SBIRT Services

According to section 1862(a)(1)(A) of the Social Security Act, we cover reasonable and necessary SBIRT services that meet the required diagnosis or illness treatment or injury (you provide the service to evaluate or treat patients with signs or symptoms of illness or injury).

We pay these services under the Medicare Physician Fee Schedule (PFS) and the hospital Outpatient Prospective Payment System (OPPS). <u>Section 200.6 of Medicare Claims Processing Manual, Chapter 4</u> has more Medicare SBIRT OPPS payment services information.

We currently pay for screening and brief intervention as a preventive service in the primary care setting.

Documenting Medicare SBIRT Services

The patient's medical record must support all Medicare claims. The SBIRT-covered services medical record must:

- Be complete and legible
- Record start and stop times or total face-to-face time with the patient (some SBIRT HCPCS codes are time based)
- Document patient's progress, response to treatment changes, and diagnosis revision
- Document rationale for ordering diagnostic and other ancillary services or ensure it's easily inferred
- For each patient encounter, document:
 - Assessment, clinical impression, and diagnosis
 - Date and legible provider identity
 - Physical exam findings and prior diagnostic test results
 - Plan of care
 - Encounter reason and relevant history
- Identify appropriate health risk factors
- Make past and present diagnoses accessible for treating and consulting physicians
- · Have signatures for all services provided or ordered

Note: Incomplete records place you at risk of partial or full Medicare payment denial.

Physicians, Certified Registered Nurse Anesthetists (CRNAs), PAs, CNMs, CNSs, and NPs may review and verify (sign and date), rather than re-document, notes in a patient's medical record made by physicians; residents; nurses; medical, PA, and APRN students; or other medical team members, including, as applicable, notes documenting the physician's, CRNA's, PA's, CNM's, CNS's, and NP's presence and service participation.



Billing Medicare SBIRT Services

HCPCS Code G2011	Alcohol and/or substance (other than tobacco) misuse structured assessment (e.g., audit, dast), and brief intervention 5–14 minutes	5-14 MIN
HCPCS Code G0396	Alcohol and/or substance (other than tobacco) misuse structured assessment (e.g., audit, dast), and brief intervention 15 to 30 minutes	15-30 MIN
HCPCS Code G0397	Alcohol and/or substance (other than tobacco) misuse structured assessment (e.g., audit, dast), and intervention, greater than 30 minutes	

Medicare Telehealth Includes SBIRT Services

You can provide SBIRT services via telehealth if you meet all requirements.

Substance Use Disorder Bundled Physician Fee Schedule Payments

HCPCS Code G2086	Office-based treatment for opioid use disorder, including development of the treatment plan, care coordination, individual therapy and group therapy and counseling; at least 70 minutes in the first calendar month	
HCPCS Code G2087	Office-based treatment for opioid use disorder, including care coordination, individual therapy and group therapy and counseling; at least 60 minutes in a subsequent calendar month	
HCPCS Code G2088	Office-based treatment for opioid use disorder, including care coordination, individual therapy and group therapy and counseling; each additional 30 minutes beyond the first 120 minutes (list separately in addition to code for primary procedure)	

Note: Don't bill HCPCS codes G2086–G2088 more than once per month per patient. These codes describe treatment for 1 or more SUDs.



Opioid Use Disorder: Part D Treatment Drugs

Medicare drug plan (Part D) sponsors **must** cover OUD Part D treatment drugs, when medically necessary, by including them on the formulary or by exception. Coverage isn't limited to single entity products (for example, Buprenorphine) but must include combination products when medically necessary (for example, Buprenorphine Naloxone and long-acting Naltrexone).

CMS sponsors must have a transition policy to prevent interruptions in Part D therapeutic treatment drugs when new patients transition into the benefit. This transition policy, along with CMS's non-formulary exceptions and appeals requirements, helps make sure all your patients have timely access to medically necessary OUD Part D drug therapies.

A pharmacy can dispense a Part D drug only upon prescription if the drug is helping treat a medically accepted indication. Medicare Prescription Drug Benefit Manual, Chapter 6 has more information.

Since January 1, 2021, you can prescribe a Medicare Part D Schedule II, III, IV, or V controlled substance electronically according to the electronic prescription drug program requirements.

Methadone isn't an OUD Part D drug because a retail pharmacy can't dispense it for treatment. 42 CFR 8.12(h)(2) has more FDA-authorized OUD investigational use medication information, and 42 CFR 8.1 has more OUD medication-assisted treatment information.

Note: Methadone is a Part D drug when indicated for pain. State Medicaid Programs may include the methadone costs in their bundled payment to qualified Opioid Treatment Programs (OTPs) or hospitals dispensing OUD methadone. <u>Section 10.8 of Medicare Prescription Drug Benefit</u> Manual, Chapter 6 has more information.





Opioid Treatment Programs

Since January 1, 2020, we pay certified OTPs Medicare Part B bundled OUD treatment services payments. Covered services include FDA-approved oral, injected, and implanted opioid agonist and antagonist medication-assisted treatment medications (including methadone, buprenorphine, and naltrexone) and their administration (if applicable), substance use counseling, individual and group therapy, toxicology testing, intake, and periodic assessments. <u>Opioid Treatment Programs (OTPs)</u> Medicare Billing & Payment booklet and Opioid Treatment Program Directory have more information.

There are 3 add-on codes to cover the cost of Naloxone:

HCPCS Code G2215	Take-home supply of Nasal Naloxone (provision of the services by a Medicare-enrolled Opioid Treatment Program); List separately in addition to code for primary procedure. (This will include both a drug component and a non-drug component for overdose education).
HCPCS Code	Take-home supply of Injectable Naloxone (provision of the services by a
G2216	Medicare-enrolled Opioid Treatment Program); List separately in addition to code for primary procedure.
	Reginning January 1, 2022, we cover HCRCS Code G1028;
HCPCS Code G1028	Beginning January 1, 2022, we cover HCPCS Code G1028: Take-home supply of nasal Naloxone; 2-pack of 8mg per 0.1 mL nasal spray (provision of the services by a Medicare-enrolled Opioid Treatment Program); List separately in addition to code for primary procedure.

Note: Payment for HCPCS codes G1028, G2215, and G2216 is limited to once every 30 days unless an additional take home supply of the medication is medically reasonable and necessary.

After the conclusion of the COVID-19 Public Health Emergency (PHE), OTPs can furnish counseling and therapy services via audio-only interaction (for example, phone calls) in cases where audio and or video communication isn't available to the patient, including circumstances in which the patient isn't capable of or doesn't consent to using devices that permit a 2-way audio and or video interaction, provided all other applicable requirements are met.

There's no copayment for OTP services for people with Medicare.





Medicaid SBIRT

States may cover SBIRT as a Medicaid state plan service. Several Medicaid statutory authorities may cover SBIRT, including, but not limited to:

- 42 CFR 440.50: Physicians' services
- 42 CFR 440.60: Services of other licensed practitioners
- 42 CFR 440.130(c): Preventive services
- 42 CFR 440.130(d): Rehabilitative services

Section 1905(r) of the Social Security Act states the Early and Periodic, Screening, Diagnostic, and Treatment (EPSDT) benefit provides a comprehensive selection of eligible children's preventive, diagnostic, and treatment services if they're under age 21. Medicaid includes this mandatory benefit to make sure children get early detection and care to treat or avoid health problems.

States must arrange for children to get health screening services at regular intervals and diagnostic services when needed. They must also provide services or items within the Medicaid-covered benefits listed in section 1905(a) of the Social Security Act if that service or item is necessary and corrects or ameliorates defects and physical and mental illnesses or conditions.

A physician or other licensed practitioner of healing arts, within the scope of their practice under state law, must recommend preventive and rehabilitative services.

When state Medicaid plans cover SBIRT, the states establish which practitioners may provide services and their qualifications. Practitioner qualifications offering SUD treatment include, but aren't limited to those:

- Licensed or certified to perform SUD services by the state where they perform the services
- Qualified to perform specific SUD services
- Supervised by a licensed practitioner of healing arts (in some instances, when a qualified unlicensed professional provided the services)
- Working within their state scope-of-practice act

Documenting Medicaid SBIRT Services

You must comply with the state's Medicaid SBIRT documentation policy. You can often find the state's documentation policy in its Medicaid Provider Manual. Your <u>state Medicaid agency</u> has more documentation information.



Billing Medicaid SBIRT Services

If a state chooses to cover SBIRT under its Medicaid Program, the state may choose which codes to bill brief intervention services; for example, HCPCS codes:

HCPCS Code G0396	Alcohol and/or substance (other than tobacco) misuse structured assessment (e.g., audit, dast), and brief intervention 15 to 30 minutes	
HCPCS Code G0397	Alcohol and/or substance (other than tobacco) misuse structured assessment (e.g., audit, dast), and intervention, greater than 30 minutes	
HCPCS Code G0442	Annual alcohol misuse screening, 15 minutes	(15)
HCPCS Code G0443	Brief face-to-face behavioral counseling for alcohol misuse, 15 minutes	(15)
HCPCS Code G0444	Annual depression screening, 15 minutes	(15)
HCPCS Code H0049	Alcohol and/or drug screening	
HCPCS Code H0050	Alcohol and/or drug services, brief intervention, per 15 minutes	

Check with your state Medicaid agency about which billing codes to use.

Medicaid National Correct Coding Initiative (NCCI) Policy Manual, Chapter 12, Section C(16), available in the <u>Medicaid NCCI Reference Documents</u> webpage, has billing codes G0396 and G0397 with evaluation and management codes and behavioral health codes information.

Medicaid Telemedicine Includes SBIRT

If the state allows it, you may provide SBIRT via telemedicine.



Dually Eligible Medicare-Medicaid Beneficiaries

For people enrolled in both Medicare and Medicaid Programs (dually eligible), Medicare-participating providers should bill Medicare and their Medicare Administrative Contractor (MAC) will transfer the claim to Medicaid after paying the Medicare-approved amount. Medicare providers must enroll in their state Medicaid Program(s) to get paid. States must accept the claim and decide if they'll pay the cost-sharing amounts.

States accept claims for all Medicare-covered services for certain dual eligible beneficiaries and pay cost-sharing amounts according to the state plan payment method.

Note: Nominal Medicaid cost sharing may apply for certain dually eligible beneficiaries. The state Medicaid Programs pay some cost sharing. However, you may not balance-bill dually eligible beneficiaries when Medicare and Medicaid payments fall below the approved Medicare rate.

Beneficiaries Dually Eligible for Medicare & Medicaid fact sheet has more information.

Find your MAC's website for more information.

Resources

- OTPs Medicare Enrollment
- Stopping the Misuse of Fentanyl and Other Synthetic Opioids

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