



Coaches' Compliance Meeting  
October 22, 2013





Integral to ASU's focus on integrity is athletics compliance—following the rules of the NCAA and Pac-12 Conference.

- Playing and Practice
- Redshirt v. Medical Hardship Waiver
- National Letter of Intent
- Vacation Per Diem
- Cost of Attendance
- Championship Life Program – Jean Boyd

# Playing and Practice

# Why Talk About Practice?

- Eastern Michigan University Women's Basketball.
- University of Michigan Football.
- Ball State University Softball.
- University of Louisiana-Lafayette Football.
- University of Southern California Baseball.

# Why Talk About Practice?

Committee on Infractions quote regarding former Eastern Michigan women's basketball coach:

“According to the former head coach, she was not alone when implementing the so-called ‘15 minute rule,’ in that her coaching colleagues at the institution, the conference, and across the country were also ‘expecting’ student-athletes in their respective programs to report early for practice.”

# Why Talk About Practice?

Committee on Infractions quote regarding Michigan football violations:

“The football program exceeded the number of allowable countable coaches. Five quality control staff members monitored and conducted skill development activities, offered advice on technique during practices, and critiqued film with student-athletes.”

# Countable Athletically Related Activities

An activity is countable for daily/weekly limits if it:

- **Is required;**
- Has an athletics purpose;
- Involves student-athletes; and
- **Is at direction of or supervised by a coach.**

# Voluntary Athletically Related Activities

An activity is voluntary (not countable) if ALL are true:

- No reporting back to coach (student-athlete or staff member who observes);
- Initiated and requested by student-athlete;
  - Can provide information regarding available opportunities.
  - Can assign times for requesters.
- Attendance is not recorded; and
- No penalty for missing and no recognition/incentives for attending.



# What Makes A “Voluntary” Activity Countable?

- Attendance sheets.
- Penalties for poor performance.
- Coaching presence (walk through).
- Captains reporting to coaches regarding attendance.
- Strength coach directing lifting.

Amended interp: Field/facility prep or maintenance related to practice or competition is NOT a CARA.

# Examples of CARAs

When the activities are countable and why:

- Any practice, skill instruction, or competition;
- Strength and conditioning training (including yoga) when directed by a staff member;
- Warm ups when required, directed, or supervised by a staff member;
- Work with outside consultant (including sports psychologist) when required;

# Examples of CARAs

When the activities are countable and why:

- Work at camps/clinics when required;
- Work at community service events with athletics nexus when required;
- Heart monitor results when reviewed by coaching staff;
- Film review when directed or observed by staff member; or
- Punishments such as morning runs.

Note: This is a non-exhaustive list of examples.

## Other Reminders

- No missed class time for CARAs.
- No CARAs allowed:
  - After games.
  - Between midnight and 5 a.m.
- Conditioning is skill instruction if:
  - Offensive or defensive alignments set up; or
  - Equipment related to sport used.
- No public skill instruction:
  - Cannot publicize.
  - Cannot conduct in view of general public.

## Other Reminders

Former student-athletes may practice with team:

- If the student-athlete is within the 5-year clock; or
- On an occasional basis, but participation cannot be publicized before the participation occurs; or
- The student-athlete receives an Olympic Games/Pac-12 waiver where the NGB recommends the student-athlete practices in preparation for the upcoming Olympic Games.

# Redshirt and Medical Hardship Waiver

# Definition

- May occur at any time during a student-athlete's 5-year clock.
- Any participation during a season constitutes the use of one season of competition, including when a student-athlete:
  - Pinch runs.
  - False starts in a track/swim meet.
  - Golfs three holes in a tournament.
- Not necessarily a coach's decision – reviewed after the season.
- Dictated by participation.

# Exceptions

- Nonchampionship segment:
  - Volleyball.
  - Soccer.
- Preseason exhibitions and practice scrimmages during initial year:
  - Basketball.
  - Soccer.
- Alumni game or fundraising activity:
  - If the sport allows for one.
  - One game only.



# Requirements

- Incapacitating injury/illness;
- Occurs before the second half of the season;
- Inability to compete for remainder of season;
- Student-athlete has not participated in more than 30% of the games.
- Granted by the Pac-12 after the team's season is complete.

# Incapacitating Injury

- Injury/illness must incapacitate the student-athlete from participating for the remainder of the season.
- Contemporaneous medical documentation is needed from physician and sports medicine staff.

# Before Second Half of Season Requirement

- Championship segment.
- Example:
  - 27-game schedule: No competition after start of 14th game.

## 30% Requirement

- Conference championship is included in game count.
- Example:
  - 30% of 13 games is 4 games (3.9 rounded up).
  - Student-athlete cannot participate in more than four games.

## Pac-12 Information

- Hardship packet:
  - Cover sheet and medical certification form.
  - Student-athlete statement.
  - Schedule (team sport) or calendar (individual sport).
  - Contemporaneous and supplemental medical documentation.
  - HIPPA or Buckley statement.
  
- FAR review dates:
  - Mid-March.
  - End of June.
  - Beginning of October.

# National Letter of Intent Reminders

## NLI – Early Signing Period

- Nov. 13, 2013 through Nov. 20, 2013.
- Prospect must be registered with the NCAA Eligibility Center.
- Academic evaluation must be completed before sending the NLI.
- NLI/Scholarship Request Form is located in the Compliance Updates/Forms folder. Please submit the form to Justin.

# NLI Reminders – Dead Period

- November 11—14.
  - Basketball.
  - Baseball.
  - Golf.
  - Gymnastics.
  - Softball.
  - Swimming and Diving.
  - Tennis.
  - Volleyball.
  - Water Polo.
  - Wrestling.
- Track/Cross Country.
  - Nov. 23 (12:01am)—24 (12:01 am).
- Remember the dead period rule does not apply to telephone calls.
  - Telephone calls are unlimited for all sports **except** Football and Soccer, from November 13—15.





# Telephone Calls and Text Messaging

- Unlimited the calendar day after the prospect signs the NLI with ASU.
- Prospect signs on November 17, you can call and text message unlimitedly on November 18.

# Contacts with NLI Signees

- Unlimited the day after a prospect signs a NLI, *except*:
  - Never before or during a prospect’s competition.
  - NCAA Bylaw 13.1.6.2 “on call” legislation continues to apply.
- MBB: Any contact at the prospect’s educational institution:
  - Must be confined to the permissible recruiting period, and
  - May not exceed one visit per week.

# Evaluations of NLI Signees

- Unlimited the day after a prospect signs the NLI.
- Remember that when you watch a game, you are technically evaluating all participants.

## NLI – Impermissible Activities

- Speaking about a prospect before the prospect signs.
- Attending an off-campus signing.
- Personally delivering the NLI to a prospect off-campus.
- Arranging on-campus media coverage for the NLI signing.
  - Any contact with media on-campus is considered pre-arranged by ASU.
- Having any contact with media at the site of the NLI signing or at any other prearranged site when the prospect signs the NLI.

# New Legislation

- NLI signee may have contact with a booster (in-person, telephone).
- NLI signee may take an official or unofficial visit during a dead period.
- A coach or staff member may post a message to the NLI signee's Facebook wall or Twitter handle after the signing of the NLI.

# New NLI Timelines

The NLI must be returned:

- To the Compliance Office within 7 days; and
- To the Pac-12 office within 14 days.

# Vacation Per Diem

# Requirements

- Vacation per diem forms are in the Compliance Updates folder.
  - Vacation meal money spreadsheet.
  - Vacation meal money word document.
- Information is verified with Compliance Office.
  - Student-athletes must be required to stay in town for practice or competition.
  - Student-athletes living at home do not receive per diem.
- Must be signed by coach and sport supervisor before the final approval from the Compliance Office.



# Housing Allowances

- Academic year (August—April).
  - Part of athletics grant-in-aid calculation for the academic year, therefore
  - No housing per diem will be available during the academic year vacation periods (e.g., Thanksgiving, winter break, spring break).
- Outside academic year for in-season sports.
  - Preseason allowance permissible.
  - Postseason allowance permissible after graduation day.

# Meal Allowances

- Academic year (August—April).
  - Financial Aid Office provides dates used in full grant-in-aid meal calculation, therefore
  - Per diem permissible for in-season sports during:
    - Thanksgiving break: Thursday through Sunday.
    - Winter break: Day after graduation through day before start of spring semester.
    - Spring break: Saturday through following Sunday.
- Outside academic year for in-season sports.
  - Preseason allowance permissible.
  - Postseason allowance permissible after graduation day.

# Cost of Attendance

# Actual Costs May Exceed COA

- Federal regulations.
- ASU Student Financial Aid Office.
- Barrett College students.
  - Housing.
  - Meal plan.

# Championship Life Program

# Follow @KristenHargis



**Kristen Hargis**  
@KristenHargis FOLLOWS YOU

Christian. Wife to an amazing husband. Daughter to wonderful parents. Sister to my best friends. UConn Alum. Current Sun Devil.  
Also...I love dogs

1,862 TWEETS | 243 FOLLOWING | 86 FOLLOWERS

 [Following](#)

Thanks Kristen and good luck at UCONN!

Questions?



Ask Before You Act!