

Season 2, Episode 16: Black and White Day



The WNET Group | Media Made Possible by All of You

Join head counselor Zach to meet penguins and ravens, turn black & white video into color, sketch the moon! Make chewy chocolate chip cookies, dance to go-go rhythms, make a sheep, sing about a shooting star. Content partners include America’s Test Kitchen Kids, Guggenheim Museum, Impossible Science, National Dance Institute, New Victory Theater, Memphis Zoo, They Might Be Giants.

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PARTICIPATE!

Can you put together an outfit using only black and white clothing? Wear your favorite black and white clothes while you watch “Black and White Day” on *Camp TV!*

Camp TV is a production of The WNET Group.

Major funding for *Camp TV* is provided by the Corporation for Public Broadcasting. Additional funding is provided by The Peter G. Peterson and Joan Ganz Cooney Fund and the Pine Tree Foundation of New York.





Dinner Jacket Napkin

Materials List:

- Cloth Napkin
- Bow Tie

Instructions:

1. Take your napkin and fold it into a triangle.



2. On the long side of the triangle, fold over the napkin to create a collar. Use your hands to smooth it out and create a crease.



4. Flip the napkin over and fold both corners toward the center.





5. Carefully hold everything in place and flip the napkin over again.



6. Fold one corner in, then the other corner.



7. Fold the bottom up



8. Flip it over one last time. Add a bow tie and voilà!





How to Melt Butter

Materials List:

- butter
- microwave safe bowl
- microwave safe small plate
- oven mitts

This activity should be done with the help of a trusted adult

Instructions:

1. Begin by washing your hands. Cut butter into 1-tablespoon pieces. Place butter in microwave-safe bowl.



2. Cover bowl with small plate and place in microwave. Heat butter at 50 percent power until melted, 30 to 60 seconds (longer if melting a lot of butter). Watch butter and stop microwave as soon as butter has melted.



3. Use oven mitts to remove bowl from microwave.





Chewy Chocolate Chip Cookies

Materials List:

- Rimmed baking sheet
- Parchment paper
- 2 bowls (1 medium, 1 large)
- Whisk
- Rubber spatula
- 1 tablespoon measuring spoon
- Oven mitts
- Cooling rack
- Spatula

Ingredients

- 1 cup plus 2 tablespoons all-purpose flour
- ¼ teaspoon baking soda
- ¼ teaspoon salt
- ½ cup packed light brown sugar
- 6 tablespoons unsalted butter, melted and cooled
- ¼ cup granulated sugar
- 1 large egg
- 1 teaspoon vanilla extract
- ¾ cup bittersweet or semisweet chocolate chips

This activity should be done with the help of a trusted adult

Instructions:

1. Begin by washing your hands. Adjust oven rack to lower-middle position and heat oven to 325 °F. Line rimmed baking sheet with parchment paper.



2. In medium bowl, whisk together flour, baking soda, and salt.



3. In different large bowl, whisk brown sugar, melted butter, and granulated sugar until smooth. Add egg and vanilla and whisk until well combined.



4. Add flour mixture and use rubber spatula to stir until just combined and no streaks of flour are visible. Add chocolate chips and stir until evenly combined. (If dough is really sticky, place bowl in refrigerator for 15 to 30 minutes before proceeding with step 5.)



5. Use your hands to roll dough into 12 balls (about 2 tablespoons each). Place dough balls on baking sheet, leaving space between balls.

6. Place baking sheet in oven. Bake cookies until edges are set and beginning to brown but centers are still soft and puffy, 15 to 20 minutes.

7. Use oven mitts to remove baking sheet from oven (ask an adult for help). Place baking sheet on cooling rack and let cookies cool on baking sheet for 10 minutes.

8. Use spatula to transfer cookies directly to cooling rack and let cool for an additional 5 minutes before serving.





Shelby the Sheep

Materials List:

- paper plate
- black construction paper
- cotton balls
- 2 regular clothes pins
- scissors
- glue
- white crayon
- black marker
- googly eyes

Instructions:

1. Start by cutting the border off of a white paper plate.



2. Cut one large circle (for the head) and 2 small circles (for the ears) from the black construction paper.



3. Glue the ears to the back of the head., add some googly eyes to the front, and use the white crayon to draw a nose.



4. Glue the head onto the white paper plate and add some cotton balls for its fluffy body.



5. Color 2 clothes pins black and glue them onto the back of the paper plate for legs. Let dry and soon your very own Shelby the Sheep will be ready!



Season 2, Episode 17: Rainbow Day



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Join head counselor Zach to make a walking water rainbow, sing about ROYGBIV, learn why the sky's blue, sketch clouds, meet elephants & river otters. Content partners include Brooklyn Botanic Garden, Children's Museum of the Arts, Denver Museum of Nature and Science, Guggenheim Museum, New Victory Theater, Playworks, Roger Williams Park Zoo, San Diego Zoo, They Might Be Giants.

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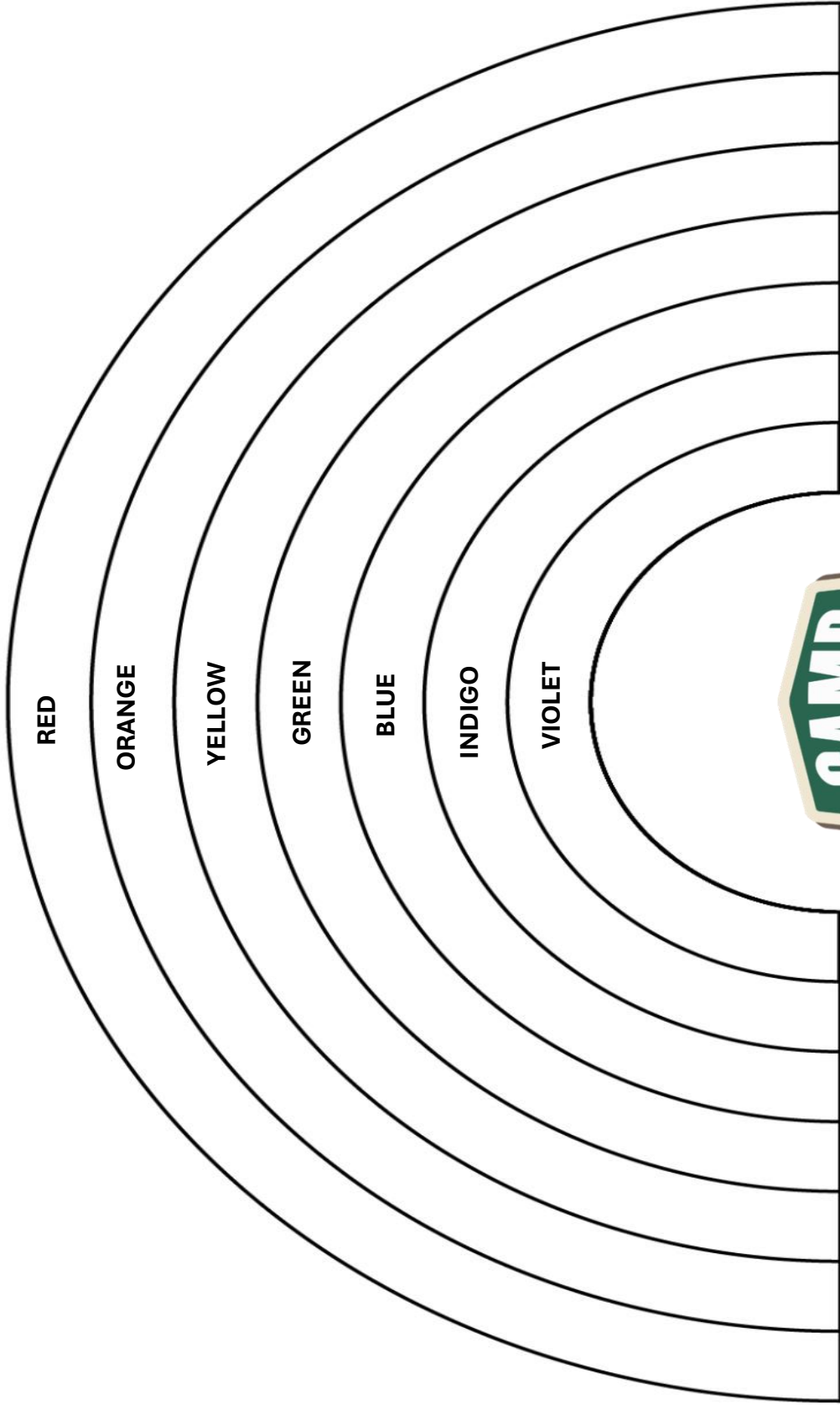
PARTICIPATE!

Do you know all the colors of the rainbow? Use the coloring page on the next page to practice and get ready to watch "Rainbow Day" on *Camp TV*!

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Walking Water Rainbow

Materials List:

- 6 clear glasses
- red, yellow and blue food coloring or watercolors
- paper towels

Instructions:

1. Line up six clear glasses. Put a few drops of red food coloring in the first glass, a few drops of yellow food coloring in the 3rd glass, and a few drops of blue food coloring in the 5th glass.



2. Add water only to the glasses that have food coloring. Fill them as close to the top of the glass as possible. **Do not drink water**



3. Tear 3 half-sheets of paper towel in half so you have 6 small sheets. Then, fold the paper towels, as many times as you can, into strips.



5. Put one end of the paper towel strips into each glass, connecting the glasses.



6. Watch as the colors move through the paper towel and fill the empty glasses! Soon you will see a rainbow!



7. If you'd like, you can rearrange your glasses in a circle!





Fractions Race

Materials List:

- 12 small objects – *like buttons or coins*
- scrap paper
- something to write with
- 2 small cups or bowls – *optional*

Instructions:

1. Start by tearing 2 small pieces of paper. Write “1” on one piece of paper, and “2” on the other. Fold them up and put them into a bowl.



2. Tear four more small pieces of paper. Write the numbers “2” “3” “4” and “6” on these pieces. Fold them up and put them into a different bowl.



3. The first bowl (with the numbers 1 & 2) is the numerators bowl. The second bowl (with the numbers 2, 3, 4, & 6) is the denominators bowl.



4. Pick one number from the numerator bowl and one number from the denominator bowl for each round. Put the numbers together to make a fraction. For example, if you draw the number 1 from the numerators bowl and the number 3 from the denominators bowl, then you would have the fraction 1/3.



5. Now, see if you can represent your fraction with your objects! Race against a timer or a friend to see how many “fast fractions” you can make!





Homemade Habitats



- 1. Ask family members to select their favorite small toy and collect objects from around the house to create their own homemade habitat.**
- 2. Use your imagination to turn unexpected objects into important parts of your habitat scene.**
- 3. Tour each family member's habitat with your toy as your guide.**

Activity courtesy of Children's Museum of the Arts

<https://www.camptv.org>



Rainbow Window Decoration

Materials List:

- cardstock
- tissue paper – *white and rainbow colors*
- *safety scissors*
- *glue*
- *tape*

Instructions:

1. Cut out a heart shape, or any shape you'd like to fill, from the cardstock. Fold the shape in half, then cut out the inside of the shape.



2. Glue the shape onto white tissue paper and cut off the excess tissue paper around the edges.



3. Cut strips of rainbow-colored tissue paper, layering them side by side, building your rainbow. Once the strips are glued in place, trim any excess tissue paper.



4. Tape your decoration to a window and enjoy!



Season 2, Episode 18: Global Food Day



Join head counselor Zach to sketch with food, make hummus, learn about seeds on the move, take a food festival quiz! Meet baby animals, learn to salsa, read *Chef Roy Choi and the Street Food Remix*. Content partners include Carnegie Hall, Growing Great, Lincoln Center, Move-to-Improve, One Voice Children’s Choir, San Diego Zoo, They Might Be Giants.

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Activity Guide

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PARTICIPATE!

What are some of the foods that your family likes to make? Try writing a recipe to share how to make your favorite dish. Don’t forget to draw a picture!

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Homemade Hummus

Materials List:

- sealable plastic bag
- bowl

Ingredients:

- 1 can of chickpeas
- 1 tablespoon lemon juice
- 3 tablespoons of olive oil
- 1 clove of crushed garlic - *optional*

Instructions:

1. Drain one can of chickpeas, saving a little liquid for later. Put the chickpeas into a sealable plastic bag. Squeeze all of the air out of the bag.



2. Seal the bag tightly then smush the chickpeas until it becomes a paste.



3. Transfer the chickpeas into a bowl. Add the lemon juice, olive oil, and crushed garlic and mix well. If the hummus is too thick, add a little bit of the chickpea liquid. Serve with something to dip with and enjoy!





Potato Stamp Patterns

Materials List:

- potato
- butter knife or spoon
- construction paper
- acrylic paint and paintbrush, markers, or ink pad

This activity should be done with the help of a trusted adult

Instructions:

1. With the help of an adult, cut one potato into two halves.



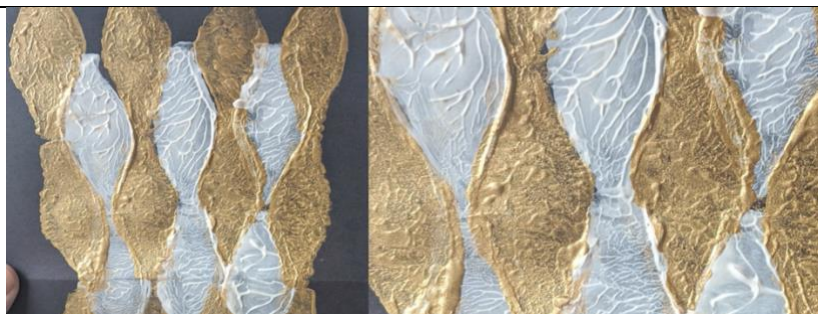
2. On the flat side of the potato draw a shape. Using a butter knife or spoon, carve away the parts of the potato on the outside of your design.



3. Apply the 1st color of ink or acrylic paint to the raised part of the potato. Holding the round side, press your pattern firmly against the construction paper. Repeat color application and stamping across the entire page.



4. Using a second color of paint or ink, repeat, stamping your shape in the negative spaces that are left in your pattern.



Season 2, Episode 19: Favorite T-Shirt Day



Join head counselor Zach to decorate a t-shirt, turn an old one into yarn & make a friendship bracelet! Meet a sloth and a tarantula, sing about cells, make a secret picture, design a repeating pattern. Content partners include Cooper Hewitt Museum, One Voice Children’s Choir, Memphis Zoo, National Dance Institute, San Diego Zoo, S’More Ideas, ThinkTV.



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PARTICIPATE!

Do you have a favorite t-shirt? Be sure to wear it while you watch “Favorite T-Shirt Day” on Camp TV!

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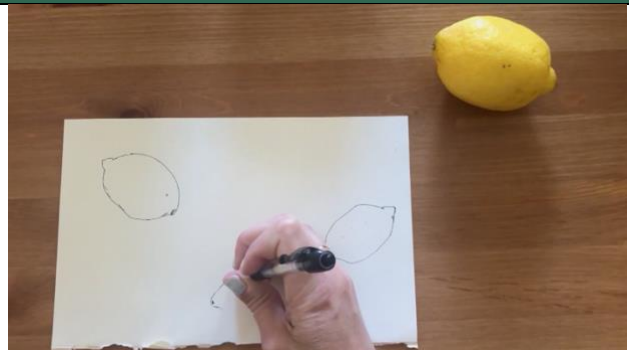
Design a Repeating Pattern

Materials List:

- a sheet of white or light colored paper
- pen or pencil
- something to add color – *paint, markers, crayons etc.*
- *tape*
- *safety scissors*

Instructions:

1. Draw your initial pattern and add color until your drawing is complete. You may want to choose an object for inspiration.



2. Use scissors to cut your drawing in half-length wise.



3. Switch the 2 sides so that the right side is now on the left. Use tape to attach the two pieces on the back side.





3. Make another cut, cutting the paper in half length wise.



4. Again switch the pieces so the piece that was on the right is now on the left. Tape the pieces together in this new configuration.



5. After putting these pieces together you'll likely have an empty space in the center of your page. Fill this in with drawing similar to your initial design.



Activity courtesy of Cooper Hewitt, Smithsonian Design Museum

<https://www.camptv.org>



Upcycled Friendship Bracelet

Materials List:

- old t-shirt – *be sure to get permission from an adult to cut up and use*
- scissors
- tape

This activity should be done with the help of a trusted adult

Instructions:

1. Begin by cutting an old t-shirt into 3 strips.



2. Pull the strips so they stretch and the edges start to curl in.



3. Tie at least 3 pieces together, leaving enough space on the end to tie your bracelet when you are done. Then, tape it down on the table.



4. Cross the right section over the middle section. Then cross the left section over the new middle section.



5. Continue braiding right and left sides, pulling tight as you go.



6. When you are done braiding, tie the end together and then tie both ends together around your wrist. Cut off any excess.





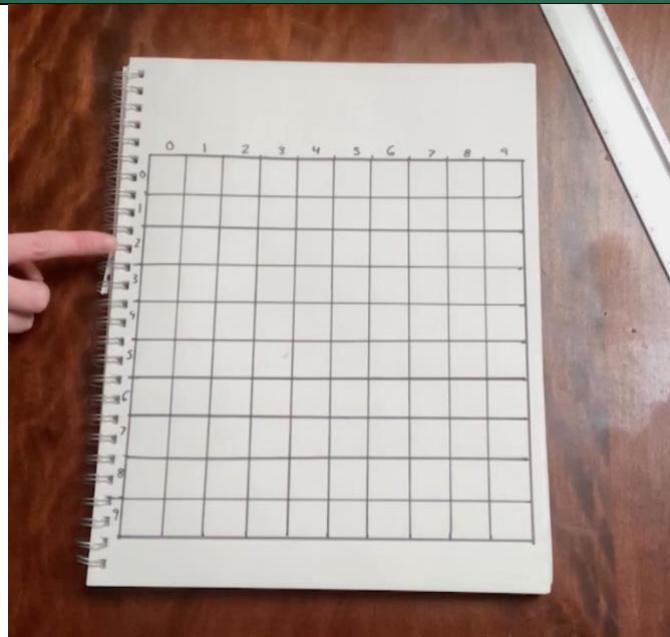
Secret Picture

Materials List:

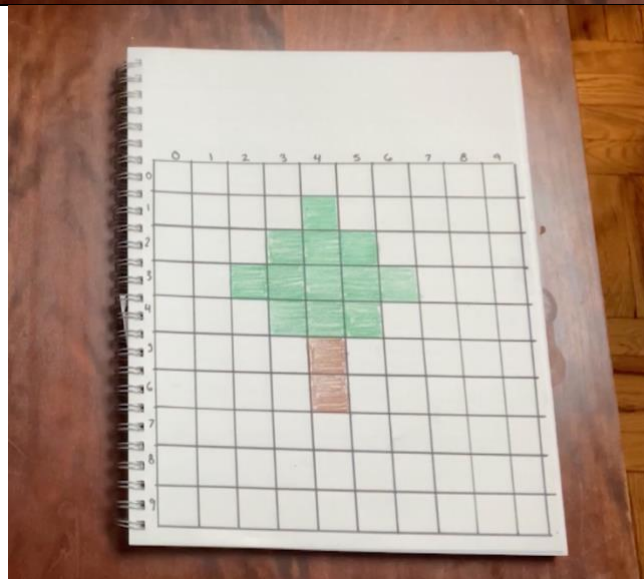
- crayons or markers
- paper
- grid paper – see *printable grid paper* after instructions

Instructions:

1. For this game, the numbers on the left side of the grid represent the 10s digit of a number, and the numbers across the top represent the 1s digit of a number. (ex: the bottom right square would be #99)

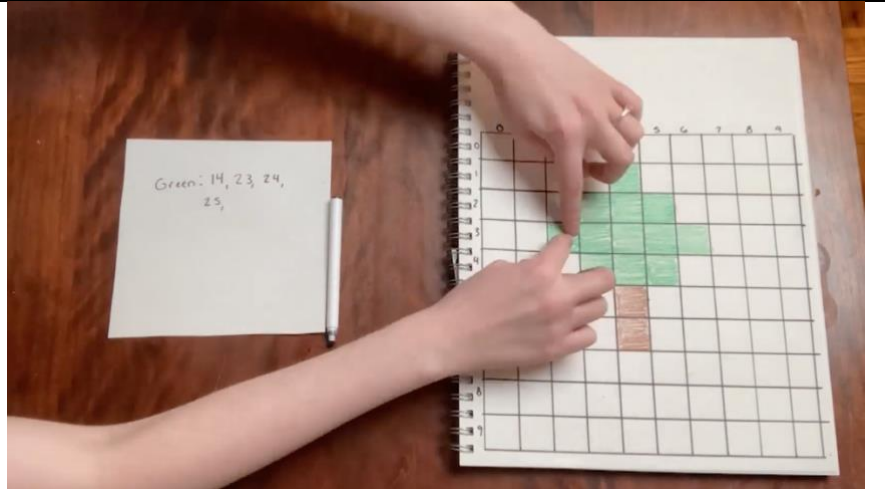


2. Draw a simple picture by coloring in squares on the grid paper. Be sure to only use one color per square and to fill it in all the way.

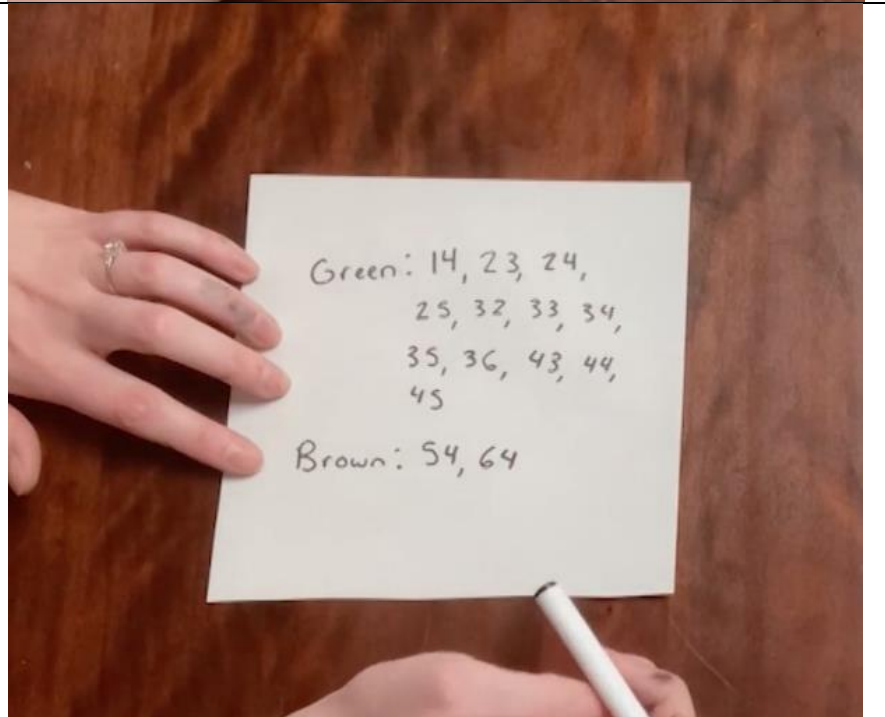




3. Write instructions so that a friend can recreate your drawing. For each color that you used, list the numbers for each box that should be filled in that color.



4. When you are done, give your instructions to a friend and see if they can recreate your drawing on their own grid paper!





Homemade Kazoo

Materials List:

- 2 craft sticks
- 2 small rubber bands
- 1 thick rubber band
- straw
- safety scissors

Instructions:

1. Cut 2 pieces, about 1-inch long, off the end the straw.



2. Stretch the thicker rubber band around one of the craft sticks. Put one of the straw pieces between the rubber band and the craft stick.



3. Place the other straw piece on the other side of the craft stick, above the rubber band. Place another craft stick on top of this straw piece and secure with the smaller rubber bands on each side.



**4. Put your lips in the center and blow!
Squeeze the ends to change the sound.**



Activity courtesy of ThinkTV

<https://www.camptv.org>



Tie Dye T-Shirt

Materials List:

- white cotton t-shirt - *be sure to get permission from an adult to use*
- scrap cardboard
- colorful permanent markers
- dropper
- rubbing alcohol
- rubber gloves – *optional*
- iron

This activity should be done with the help of a trusted adult

This activity should be done in front of an open window or outside

Instructions:

1. Stretch the t-shirt over a piece of cardboard to keep it flat and prevent the ink from bleeding through to the other side. The cardboard should go inside the t-shirt.



2. Using permanent markers, carefully draw dots, lines, and shapes on the t-shirt. Don't be skimpy with the ink, hold the marker down for a few seconds before moving to a new spot.



3. When you have a design that you like, use the dropper to squeeze a few drops of rubbing alcohol over your artwork and watch it expand into a rainbow of color!



4. Let the shirt dry with the cardboard inside. Once dry, remove the cardboard. Then, with the help of an adult, use heat to set the design - *use an iron for 3-4 minutes, or throw the shirt in the dryer (by itself) for about 20 minutes.*



Season 2, Episode 20: Farm Day



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Join head counselor Zach to meet pigs and horses, regrow vegetables, make a chicken from a paper plate & a clay sheep! Do a shape sort, sing about states of matter and electric cars. Content partners include Cooper Hewitt Smithsonian Design Museum, Detroit Zoological Society, GrowingGreat, NY Philharmonic, NY Public Library, One Voice Children’s Choir, S’More Ideas, They Might Be Giants.

Activity Guide

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PARTICIPATE!

What is your favorite farm animal? Draw a picture of an animal that you might see at a farm and get ready to watch “Farm Day” on Camp TV!

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Regrowing Vegetables from Scraps

Materials List:

- celery or lettuce
- shallow container
- water
- spray bottle
- small pot for planting
- soil

Instructions:

1. Take a cut off celery bottom and place it in a shallow container filled with water.



2. Keep the celery in a sunny warm place, replenishing the water as needed. After about a week or so, leaves should begin to grow and eventually become celery stalks.



3. You can also try this with lettuce. Keep the bowl in a sunny spot and mist the leaves with water every few days. Replenish the water as needed. After a few weeks, roots should grow as well as new leaves.



4. Transfer your leaves into soil. After a few weeks, you should have your own homegrown veggies!



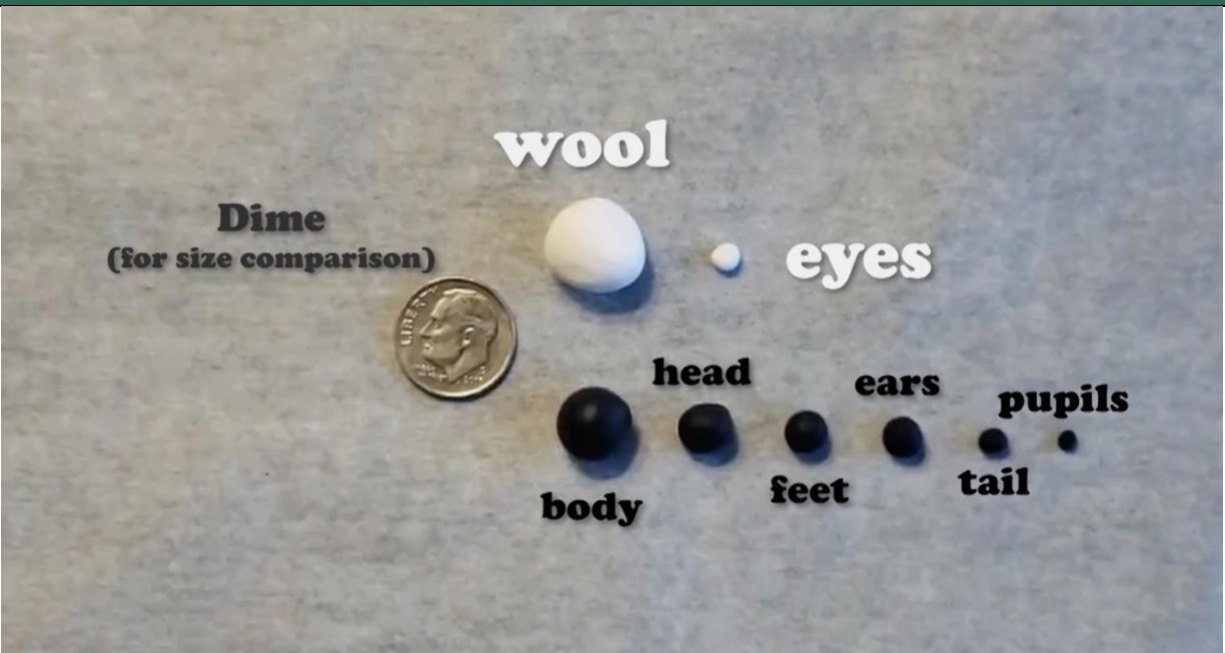


Mini Clay Sheep

Materials List:

- black and white modeling clay
- toothpick

Instructions:



1. Roll small clay balls as illustrated in the picture above. Begin by shaping the body and the head.



2. Roll 4 small balls for the feet and attach to the bottom of the body.



3. Make the ears and attach to the head. Make a tail and attach to the body.



4. Roll the white clay into small balls for wool and cover the body.



5. Add the eyes and use a toothpick to make a nose. Now you have a sheep!





Don't Try and Stop Him Rockin' Chicken

Materials List:

- 2 white paper plates
- red and yellow construction paper
- safety scissors
- glue
- googly eyes

Instructions:

1. Fold one paper plate in half. Cut a tail from the second paper plate, then glue it to the back of your chicken's body at the crease.



2. Cut a chicken comb shape from the red construction paper and glue it to the other side of the chicken.



3. Cut a small yellow triangle and glue it between the crease of the plate for a beak.



4. Cut another piece of red paper for the wobble, and glue beneath the beak.



5. Add googly eyes (or draw eyes) and there you have your very own Rockin' Chicken!

