

### Selection Criteria for

## 2013 USA SWIMMING DEVELOPMENTAL TEAMS AND CAMPS









## TABLE OF CONTENTS

Overview of Elite Athlete Programming	2
2013 Camps and Teams Summary	3
2013 Zone Select Camps	4
2013 National Select Camps,	5
2013-2014 National Junior Team,	6
2013 World Junior Championship Team	7
2013 FINA 18 and Under World Cup Team	8
2013 Diversity Select Camp	9
2013 Open Water Select Camp	.10

## **OVERVIEW**



#### **ELITE ATHLETE PROGRAMMING OVERVIEW**

USA Swimming offers a spectrum of teams and camps to serve elite developmental athletes. There are many variables that characterize the various constituent groups that comprise elite developmental athletes in our sport such as age, time, event, and experience. Over the years, USA Swimming has attempted to maximize the effectiveness of the programming for these athlete groups while being inclusive to as many athletes meeting a standard of performance as possible. Specific services are constantly evolving to suit the needs of athletes and coaches, but the over-arching concept of these programs is to nurture and develop the USA Swimming National Team culture of sportsmanship and excellence.

Elite athletes develop and mature at different stages of their careers that are difficult to predict. USA Swimming's elite athlete programming attempts to seamlessly serve swimmers who qualify for a team or camp for the first time while also providing a progression of services for athletes that qualify for one level after another. At USA Swimming, our strength is our diversity in coaching and training styles as well as our breadth of opportunities for competition and participation and our programming is designed to maximize the effectiveness of those strengths.

## 2013 CAMPS AND TEAMS SUMMARY

#### **USA SWIMMING DEVELOPMENTAL TEAMS AND CAMPS**

For the athletes who qualify for these camps and teams, all expenses are paid by USA Swimming. Below, please find a very brief summary of each developmental team or camp that is offered by USA Swimming in 2013.

#### **ZONE SELECT CAMPS**

These regional camps serve as introductory level programming for elite athletes between the ages of 12-14. Athletes are selected and grouped according to Zone and participate in a short swimming camp in their Zone that touches on all aspects of competitive swimming including technique, training and nutrition. Head Coaches for the camp are selected by camp coordinators and are asked to administer camps in a different Zone than their club resides. All other coaches are selected through an application process and assist in camps within their own Zone. Please see the general selection criteria and overview on Page 4.

#### NATIONAL SELECT CAMP

This annual camp affords elite athletes between the ages of 14-16 an opportunity to travel to the Olympic Training Center in Colorado Springs for several days to benefit from the resources and expertise there. The programming for this camp builds on that of the Zone Select Camp, introducing such topics as strength and conditioning and goal setting. Personal Coaches are invited to accompany the athletes and have a separate educational track of their own. Please see the general selection criteria and overview on Page 5.

#### NATIONAL JUNIOR TEAM

The National Junior Team roster is comprised of the top six 18-and-under girls and the top six 18-and-under boys in the country in each Olympic event. These athletes are invited to a camp in April at the Olympic Training Center in Colorado Springs which is programmed to compliment the National Select Camp, while still covering fundamental concepts for athletes just breaking onto the national scene. The purpose of the camp is to identify elite 18-and-unders and to expose them to the National Team culture of sportsmanship and excellence. The coaching staff for the camp is chosen from the Personal Coaches of the National Junior Team athletes. Please see the general selection criteria and overview on Page 6.

#### FINA WORLD JUNIOR CHAMPIONSHIP TEAM/ PAN PACIFIC CHAMPIONSHIP TEAM

Each year an 18-and-under All-Star team is selected to represent the USA; in odd years of the quadrennial this team competes at FINA World Junior Championships and in even years the meet is the Junior Pan Pacific Championships. Team selection criteria varies each year but typically includes 26 women and 26 men. The purpose of this team is to provide international competition experience for elite developmental athletes and to nurture the National Team Culture in a championship meet setting. The coaching staff for these teams is made up of the Personal Coaches of the athletes. Please see the general selection criteria and overview on Page 7.

#### FINA 18 AND UNDER WORLD CUP TEAM

This exclusive team is comprised of 18-and-under athletes who have a top 50 World Ranking (women) or top 75 World Ranking (men). Only 10 women and 10 men are selected to the team, so athletes with the highest world ranking qualify first. The team competes in two FINA World Cup meets. The purpose of this team is to expose elite athletes to rigorous travel demands, to provide athletes with experience in a highly competitive international competition, and to develop relationships between the athletes, their coaches and the National Team Staff. Coaches for this team are selected from the Personal Coaches of the athletes competing. Please see the general selection criteria and overview on Page 8.

#### **DIVERSITY SELECT CAMP**

This camp was created to provide advanced performance services to under-represented populations of USA Swimming. Athletes are between the ages of 14-16 and participate in a camp at the Olympic Training Center that delves into topics as technique, training, strength and conditioning, goal setting and leadership skills. Coaches for this camp are also chosen from under-represented populations in our sport. Please see the general selection criteria and overview on Page 9.

#### **OPEN WATER SELECT CAMP**

This camp is provided in order to promote open water swimming. Athletes are selected based on their performance at various open water competitions. The location of the Open Water Select Camp varies from year to year. Programming includes technical racing skills, training, nutritional topics specific to open water, and general open water training subjects. Please see the general selection criteria and overview on Page 10.

## **2013 ZONE SELECT CAMPS**



#### **SELECTION SUMMARY**

The intent of this document is to give athletes and coaches an overview of the Zone Select Camp selection for the 2012-2013 year. All selection criteria and dates are subject to change. Any questions can be directed to Bill Krumm <a href="mailto:bkrumm@usaswimming.org">bkrumm@usaswimming.org</a>.

#### DATES AND LOCATIONS

- ❖ Eastern Zone June 6-9, 2013– UMBC Baltimore, MD
- ❖ Central Zone May 23-26, 2013 Miami University (Ohio) Oxford, OH
- Southern Zone May 23-26, 2013 University of Louisville Louisville, KY
- ❖ Western Zone May 30-June 2, 2013 Arizona State University Tempe, AZ

#### **ELIGIBILITY**

- Qualifying Period: September 1, 2011 through August 31, 2012. Only LCM times will be considered.
- ❖ Age: Girls must be 12-13 years of age at the time of competition that they qualified. Boys must be 13-14 years of age at the time of competition that they qualified.
- . The athlete must be a US Citizen.
- The athlete may not have represented another country in international competition.

\*Note: An athlete may only attend one Zone Select Camp. If an athlete turns down the opportunity, that athlete would still be eligible the following year if the athlete meets the eligibility requirements. Athletes are not eligible for Zone Select Camps if:

- They accepted the invitation to the Zone Select Camp in a previous year, but did not attend (and no alternate was able to replace him/her),
- They qualify for, or are selected to, National Select Camp, National Junior Team, or any USA Swimming National Team
- They have ever attended a National Select Camp or been a member of any USA Swimming National Team or they will be attending the upcoming Diversity Select Camp.

#### SELECTION CRITERIA

- ❖ 28 male and 28 female athletes are selected in each of the four Zones.
- ❖ The first 15 male and 15 female athletes are selected based on 2012 LCM IMX point scores:
  - o 8 girls age 12, 7 girls age 13
  - 8 boys age 13, 7 boys age 14
- Then, the fastest swimmer in each LCM Olympic event (excluding 50 free, including the 800 and 1500 for both genders) is invited for a total of 13 male and 13 female additional athletes. If an athlete was already selected based upon their IMX score, the next fastest swimmer is selected in that event.

Information above is subject to change. Please follow this link to the Zone Select Camp for the latest updates.

## 2013 NATIONAL SELECT CAMP

# SELECT CAMP

#### **SELECTION SUMMARY**

The intent of this document is to give athletes and coaches an overview of the National Select Camp (NSC) selection for the 2012-2013 year. All selection criteria and dates are subject to change. Any questions can be directed to Peter Clark at pclark@usaswimming.org.

#### DATE

October 24-27, 2013 (2013 NSC)

#### **LOCATION**

U.S. Olympic Training Center, Colorado Springs, CO

#### **ELIGIBILITY**

- 2013 NSC Qualifying Period: September 1, 2012 through August 31, 2013.
- Only LCM times will be considered.
- Age: Girls must be ages 14-16 during the qualifying period. Boys must be ages 16 & under during the qualifying period
- ❖ The athlete must be a US Citizen.
- The athlete may not have represented another country in international competition.

\*Note: An athlete is not eligible for a National Select Camp if:

- They are currently, or have previously been, a member of any National Teams or USA Swimming international trips, including the 2012/2013 Junior National Team, or
- They have previously attended the National Select Camp.

#### **SELECTION CRITERIA**

- 30 male and 30 female athletes are selected for each NSC
- The first 26 male and 26 female athletes will be selected based upon the SWIMS database, following the Junior National Long Course Championships. The fastest 2 athletes in each event (excluding the 50 free) will be invited. Doubles will be resolved by placing the athlete in his/her highest HY-tek power point event.
- Then, 4 male and 4 female athletes will be selected based upon their LCM IMX point scores. The 4 highest scoring 14-15 year old female athletes and 15-16 year old male athletes (who were not previously selected for an individual event) will be invited.





Information above is subject to change. Please follow this link to the <u>National Select Camp</u> for the latest updates.

## 2013-2014 NATIONAL JUNIOR TEAM

#### **SELECTION SUMMARY**

The intent of this document is to give athletes and coaches an overview of the National Junior Team selection procedure for the 2013-2014 year. All selection criteria and dates are subject to change. Any questions can be directed to Jack Roach at <a href="mailto:iroach@usaswimming.org">iroach@usaswimming.org</a> or George Heidinger at <a href="mailto:gheidinger@usaswimming.org">gheidinger@usaswimming.org</a>.

#### 2013-2014 NATIONAL JUNIOR TEAM CAMP DATE

❖ The 2013-2014 National Junior Team will be announced September 2, 2013. A camp will be held for this group in mid-April of 2014. (A camp will be held for 2012-2013 National Junior Team from April 4<sup>th</sup> – through April 7<sup>th</sup> of 2013; this includes travel days. Athletes will receive an invitation to the 2013 camp in February, 2013)

#### **ELIGIBILITY**

- ❖ Age: athletes must be 18 years & under on September 2<sup>nd</sup>, 2013.
- ❖ Athletes starting University in the fall of 2013 are eligible.
- The athlete must be a US Citizen.
- The athlete must not have represented another country in international competition.

#### **SELECTION CRITERIA**

- Qualification period January 1, 2013 through September 2<sup>nd</sup>, 2013.
- ❖ The top six athletes in Olympic Events from the combined results of all USA Swimming or FINA sanctioned meets. Times from "approved meets" or "observed swims" will not be considered. The roster will be selected according to the USA Swimming times database as of September 2<sup>nd</sup>, 2013. If a time is not in the USA Swimming times database as of September 2<sup>nd</sup>, 2013 then that time will not be considered.
- \* Relay lead offs, time trials, swim-offs, and intermediate splits will not be considered.



Information above is subject to change. Please follow this link to the National Junior Team for the latest updates.

### 2013 FINA WORLD JUNIOR CHAMPIONSHIP TEAM

#### **SELECTION SUMMARY**

The intent of this document is to give athletes and coaches an overview of the 2013 FINA World Junior Championship Team selection procedure. All selection criteria and dates are subject to change. Any questions can be directed to Jack Roach at <a href="mailto:iroach@usaswimming.org">iroach@usaswimming.org</a> or George Heidinger at <a href="mailto:gheidinger@usaswimming.org">gheidinger@usaswimming.org</a>.

#### DATE

❖ August 26<sup>th</sup> through August 31<sup>st</sup>, 2013.

#### **LOCATION**

Dubai, United Arab Emirates.

#### **ELIGIBILITY**

- Age:
  - Women: 14 17 years on 31 December 2013 (born 1999, 1998, 1997 and 1996)
  - o Men: 15 18 years on 31 December 2013 (born 1998, 1997, 1996 and 1995)
- Athletes starting University in the fall of 2013 are eligible.
- The athlete must be a US Citizen.
- The athlete may not have represented another country in international competition.

#### **SELECTION CRITERIA**

- A maximum of 26 women and 26 men will be selected to the pool team, generally the top two in each event and the top four in freestyle relay events.
- The 2013 FINA World Junior Championship Team will be selected from the combined results of:
  - 2013 USA Swimming National Championships (World Championship Trials)
  - o 2013 USA Swimming US Open, and
  - 2013 USA Swimming Junior National Championships
- Full selection criteria will be posted on the USA Swimming website under that National Team tab in the Spring of 2013
- Only Olympic Events will be considered.
- \* Relay lead offs, time trials, swim-offs, and intermediate splits will not be considered.



Information above is subject to change. Please follow this link to the World Junior Championships for the latest updates.

## 2013 FINA 18 & UNDER WORLD CUP TEAM

#### **SELECTION SUMMARY**

The intent of this document is to give athletes and coaches an overview of the selection procedure for the 2013 FINA 18 and Under World Cup Team. All selection criteria and dates are subject to change. Any questions can be directed to Jack Roach at <a href="mailto:iroach@usaswimming.org">iroach@usaswimming.org</a> or George Heidinger at <a href="mailto:gheidinger@usaswimming.org">gheidinger@usaswimming.org</a>.

#### DATE

2013 FINA World Cup dates will be announced by FINA.

#### **LOCATION**

The locations of the 2013 FINA World Cup Competitions are to be announced.

#### **ELIGIBILITY**

- Qualification period: January 1, 2013 through September 2<sup>nd</sup>, 2013.
- Age: the athlete must be 18 years old or younger on September 2<sup>nd</sup>, 2013.
- The athlete must comply with all rules, regulations, and requirements of FINA, WADA, USADA, and USA Swimming.
- ❖ The athlete must be a US citizen.
- The athlete may not have represented another country in international competition.

#### **SELECTION CRITERIA**

- ❖ Maximum size: 10 female athletes and 10 male athletes.
- Only Olympic Events will be considered.
- Each swimmer's time will be ranked according to the FINA World Ranking lists as of September 1<sup>nd</sup>, 2013, and the swimmer with the highest ranking will be added to the team, provided his or her time is equal to, or faster than
  - o Women: the 50<sup>th</sup> World Ranked time.
  - o Men: the 75<sup>th</sup> World Ranked time.
- If the above condition is met and the maximum team size has not been met, no additional swimmers will be selected.
- If the above condition is met and the maximum team size has been exceeded, then only those with the 10 highest World Rankings will remain on the team.



Information above is subject to change. Please follow this link to the 18 and Under World Cup Team for the latest updates.

## 2013 DIVERSITY SELECT CAMP



#### **SELECTION SUMMARY**

The intent of this document is to give athletes and coaches an overview of the Diversity Select Camp selection procedure for the 2013-2014 year. All selection criteria and dates are subject to change. Any questions can be directed to Mariejo Truex at mpasionrojas@usaswimming.org.

#### DATE

❖ May 2-5, 2013

#### **LOCATION**

U.S. Olympic Training Center, Colorado Springs, CO

#### **ELIGIBILITY**

- Athletes must represent an ethnically underrepresented population that is less than 10% of the current USA Swimming membership. These populations include: African American, Hispanic, Asian or Pacific Islander, or Native American
- ❖ Age: Athletes must be 14-16 years of age as of May 2, 2013
- . The athlete must be a US citizen.
- The athlete may not have represented another country in international competition.
- ❖ The athlete must have at least one Diversity Select Camp time standard (2012 standards found on the USA Swimming website on the *Member Resources/Swim Camps* tab).
- Application deadline: on or before February 13<sup>th</sup>, 2013, exact date to be announced. Application must be submitted online. Swimmers must use their own account to complete the application.

#### **SELECTION CRITERIA**

- ❖ 18 male athletes and 18 female athletes.
- The male and female athlete with the fastest time in each of the 13 Olympic events will automatically be selected, with priority given to LCM times.
- Three athletes of each gender will be selected based on their IMX point scores.
- Two athletes of each gender will be selected based on outstanding performance in one or more events.



Information above is subject to change. Please follow this link to the <u>Diversity</u> <u>Select Camp</u> for the latest updates.

## 2013 NATIONAL OPEN WATER SELECT CAMP



#### **SELECTION SUMMARY**

The intent of this document is to give athletes and coaches an overview of the National Open Water Select Camp (NOWS) selection for the 2012-2013 year. All selection criteria and dates are subject to change. Any questions can be directed to Mariejo Truex at mtruex@usaswimming.org.

#### DATE

❖ June 4-8, 2013.

#### **LOCATION**

❖ Fort Myers, Florida. When possible, the NOWS camp is held in conjunction with the 10K National Championships. In years when the 10K is held during the school year, the NOWS camp is typically held in Fort Myers, FL at the Florida Gulf Coast University, but alternate sites are considered.

#### **ELIGIBILITY**

- The athlete must be a U.S. Citizen.
- The athlete may not have represented another country in international competition.
- Qualifying period: January 1, 2012 through December 31, 2012.

\*Note: An athlete may only attend one National Open Water Select Camp. If an athlete turns down the opportunity, the athlete would still be eligible the following year if she or he meets the eligibility requirements. An athlete is not eligible to attend if:

- They have previously attended a National Open Water Select Camp or have been a member of any USA Swimming National or Junior Open Water Team,
- They accepted the invitation in a previous year and then did not attend (and no alternate was able to replace him/her).

#### **SELECTION CRITERIA**

- 12 male and 12 female athletes.
- \* 8 male and 8 female athletes are selected based upon the 1500M (LCM times only) rankings from the previous year.
- 4 male and 4 female athletes are selected based upon the 2012 5K National Championship results.





All of the information above is subject to change. Please follow this link to the National Open Water Select Camp for the latest updates.