

Editor's pick:

Diana's book selection tells a walloping good story of a thrilling rescue.
p. 10

Osher Lifelong Learning Institute at
Furman - where active minds play

OLLI Life

Long live learning

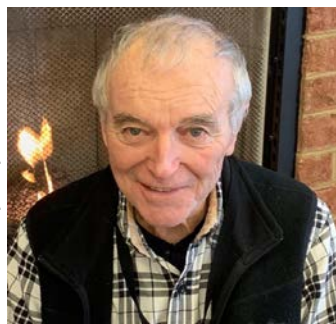


Tea at the Palace...After a delectable February Bonus Event by Lynne Blitstein and Mary Lou Huntton, guests are equipped with enough tea etiquette to accept an invitation for tea at *any* palace.
Photo by Dianne Scherer

MARCH 2019 - Issue #7

Next deadline: April 12, 2019

Photo by Gary Aten



"LENNON,
the
MOBSTER,
& the
LAWYER"™
OLLI's Jay
Bergen has a
story to tell

After Jay Bergen and his wife DiAnne Arbour retired from careers in New York City and New Jersey, they moved to Saluda, NC, in 2010 to what had been their vacation home since 2006. In 2010 they visited Greenville for the first time, and became avid supporters of the Symphony and the Peace Center. They joined OLLI several years later.

During OLLI's winter term, Bergen was a student in Judy Aten's George Stevens class. That's where she discovered he had some pretty great stories of his own.

(Go to page 6 to read about what happened when Jay Bergen met John Lennon and Yoko Ono.)

OLLI experiments with lottery to open eight popular courses to more members

As OLLI grows (almost 2500 members), access to popular classes — especially computers, photography, art and cooking — has become difficult for many members.

The result has been a rush to sign up for these courses as soon as registration opens. Members who do not own course packages (and even some who do) have little chance of getting spots in these coveted favorites.

In an effort to make things fairer, OLLI ran a test during spring term registration. Eight courses were assigned by lottery. All members interested in these courses—both package owners and single-course purchasers — had their names placed into a computer-randomized lottery pool. The results were announced March 4. The response, overall, was favorable. For one of the lottery classes, everyone who signed up got in. Other classes were able to add wait-listed members when their classmates chose other classes and declined their lottery selection.

The next step in this experiment will be focus groups to do more research on OLLI's registration process.

Send FEEDBACK to sue.renault@gmail.com



Dear Bernie & Cindy, My friend, G, thinks "BLENDS" are inferior step-sisters (apologies to all OLLI step-sisters out there) to "the good stuff." What do you think?

See page 12 for B & C's answer.

The Best Soup Award (West African peanut and chicken) went to Emmie Watson, presented by OLLI's Pam Robertson



Matt Hermes and Patricia Shakiban make their selections from more than a dozen homemade soups prepared by OLLI volunteers for annual instructors' luncheon

OLLIVOICES

OLLI Council met March 15, 2019. Next meeting will be May 17, 2019

OLLI's Long Range Planning Committee, led by Greg Peters, seeks to "manage growth to maintain a quality experience for every OLLI member." If growth continues over the next five years as it has in the past five (50%), we'll need capacity to support 3500 members by 2023. Some options under discussion are shortening classes and adding an additional class in the afternoon, adding Friday classes, and using Furman Campus classrooms more often. To enhance engagement for new members, we will need to increase volunteers from 900 in 2018 to 1350 by 2023.

Yes, the Social Committee is working on a date for a Spring Trivia Night! Stay tuned.

Volunteers rock! Did you check "special areas of need" boxes when you registered for classes? OLLI's Volunteer Committee mines those responses to place new

volunteers onto curriculum subcommittees or to discover other comfortable places to serve. The registration database helped identify members to serve on a Coffee Brigade for Spring term.

You didn't win a million, but still want to know what's next for OLLI's "lottery pool" for eight high-interest classes. The next step will be focus groups run by an "outside" source. Info gathered from these discussions will help determine future registration options.

Numbers Lovers: On registration day, by 8:02 am, 154 OLLI members had completed registration. By 9:42 am, 904 had completed registration ~ The Furman Faculty Support Grant created to celebrate our 25th anniversary last year has reached \$80,783.22 ~ More than 30 folks contributed to the March **OLLILife** ~ OLLI passed 2500! (2503 members as of Spring registration).

ASK Nancy:

Nancy, what is Senior Leaders Greenville all about?

Mary Oliver, Instructions for living a life: *Pay attention. Be astonished. Tell about it.*



Dear OLLI Members,

Besides great classes, OLLI has Friday bonus events, SIGs (special interest groups), social activities, and a few special programs such as Senior Leaders Greenville.

Senior Leaders Greenville (SLG) is a program designed and facilitated by OLLI@Furman. It builds awareness of the essential role of seniors in the community and the critical issues they face, empowering participants to become active players seeking better lives for seniors in Greenville, the Upstate, and beyond.

The program began in 2014, and our fifth SLG Class is currently under way. The course runs September through May, with once-a-month sessions on the second Friday of each month. These daylong sessions (9 am - 3 pm) focus on topics such as healthcare, transportation, housing, and government. A day on the history and economics of our area is included, as well. There is an orientation in August.

Applications for Class Six will be available in April. There is an online application, and paper copies are available as well. Watch **OLLI Notes** for details. To participate, you need to be at least 55 years old and have an interest in learning more about our community. Tuition is \$350, which covers all sessions, field trips, snacks, and lunches. Scholarships are available.

Interested? **Contact me for more details.** NANCY, nancy.kennedy2767@furman.edu

OLLI, yeah!



Cyndy Oligny and Jennifer Davis enjoy OLLI's Biltmore House architectural tour Bonus Event in March



What is this? Send us your answer; we'll sing your praises!
sue.renault@gmail.com

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Sixty might be the new forty, but 9:00 is the new midnight. (FB post, "The Humor League")

We ♥ FEEDBACK! Thanks for your comments about our January, 2019, issue.

So darned interesting. JA ~ You all deserve a prize, especially the report on the OLLI 25th Celebration. KA ~ Myles Cohen (Atens' 25th celebration video) was editor and narrator at the start of the video. He's a Furman senior and did a wonderful job knitting it together. JA ~ Your newsletter is a visual jewel. KO ~ Great information. I learned a lot! LF ~ I received a phone call from Sally Adkins' son in Houston. He expressed great appreciation for recognition of his mother. JD ~ Katie is 99??? I'd love to meet that lady. What an inspiration! I really enjoyed Diana Miel's book review. I added it to my TBR list which should keep me going until I'm 99. DM ~ Read **OLLILife** cover to cover. Great read. MC ~ Very exciting issue. MKK ~ Can I wish Paul Schaaf a Happy 96th birthday on March 27?
SSR



Dear Sir or Madam, Did you leave school without your bike helmet? (Dangerous!) Or without your cane? (Nice recovery!) or large Timex watch? (Retired. What's time?)

Lost and Found is in the OLLI "work room" (look for copier machine). Don't forget your glasses.

WHO'S THAT MAN IN RED?



In his first-ever OLLI class (SNAFU with Rory Case, instructor), new member Randy Todd learned that the second

week's class would be about SNAFUs in the Anglo-Zulu War in which British Royal Engineers played a decisive role. Todd, a "Steampunk" aficionado, just happened to have a period British uniform in his closet and couldn't resist showing up for class in full regalia. Needless to say, we couldn't help noticing our new friend, who was happy to give us our first introduction to Steampunk, summarized from urbandictionary.com:

a subgenre of speculative fiction, usually set in an anachronistic Victorian or quasi-Victorian alternate history setting. It could be described by the slogan "What the past would look like if the future had happened sooner." It includes fiction with science fiction, fantasy or horror themes."

To appreciate Todd's red uniform, read **OLLILife** online: www.OLLI@Furman, then Member Resources, then **OLLILife**.

Staff and guests

Thank you, **OLLILife** staff:

Bernie and Cindy Showman, wine blog; Gary and Judy Aten, OLLI interviews; Jim Hammond, OLLI all around; Marie Eldridge, member profiles; Diana Miel, special assignments, OLLI/Furman connections, book reviews; Lori Dillon, restaurant/food reviews; Betty Jo Shaw, SIGs; Anne Doyle, bonus events; Barbara Leimsieder, Tributes Editor; Kathleen Allen, Travel Editor; Carole Eisen, Judy Aten, and Barbara Leimsieder, proofreaders; Molly Fitzpatrick, Infobits.

Thanks, guest contributors:

Sherm Rounsville, Great Decisions; David Johnson, Innovation Hour; Reid Becker, STEAM SIG; Mary Kay Kantz, Read and Explore; Cindy Brothers, bonus event; George Hammond, golf news; Betty Watson, Bob Howell, Larry Candler, Kay Imholz, Elaine Bowers -

Tributes,

and others: Dick O'Neill, Simonne Lindemann, Randy Todd, Jay Bergen, Dorian Dickey, Jim Smeaton, Olliver

And special readers who contributed FEEDBACK.

BUT YOU KNEW THIS... "For the second year in a row, the Mediterranean diet was named the best diet in America by *U.S. News & World Report*.

"Following a Mediterranean diet involves eating lots of plants, whole grains, healthy fats (such as olive oil) and lean proteins, and cutting back on processed foods, red meat and refined sugars. The diet has been linked to health benefits, including lower risks of cancer and heart disease, better kidney health and a healthier gut."

LOVE THE MUG!

Thanks, Jim Smeaton, for bringing your mug to OLLI and saving resources and \$\$\$.



Photo by Diana Miel

OLLIGigs

DID YOU KNOW?

- You can recycle glass in the green recycling bin behind the Younts Conference Center
- Batteries can be recycled by P2X in the Trone Student Center

Infobits from Molly Fitzpatrick

"If you keep your head and heart going in the right direction, you do not have to worry about your feet." African Proverb

ANNE'S BONUS PICKS

by Anne Doyle



BONUS TRIPPERS VISIT FORX FARM

What's the difference between Gouda and Edam? About 30 kilometers, according to Ron Lubsen, who owns Forx Farm in Anderson. The two cheeses are named after the Dutch cities where they originated.

In February, OLLI bonus-trip travelers visited Forx Farm and learned about Gouda cheese making: heating the milk in a 400-gallon vat, separating the curd and pressing the mix into round molds, soaking the rounds in a salt brine for three days, and painting them with a sealer. Finally, cheese rounds are refrigerated — and flipped from time to time — until ready to meet the world.



OLLI visitors enjoyed Gouda samples, taste testing mild, medium, sharp, smoked, and Italian mix, bacon and cumin. Many left with a supply of their new favorite cheese; also with honey from the farm's own bees. All, yummy.



Photos: 1) Inspecting the 400-gallon vat that will heat the milk; 2) touring among the stacks of finished cheese rounds; 3) selecting cheese and honey to take home to remember their tasty time at Forx Farms.

Want to make a comment about bonus trips? Send us a note: sue.renault@gmail.com

BETTY JO KNOWS SIGS

by Betty Jo Shaw

PICKLEBALL, anyone?

Pickleball is somewhat like tennis played with a paddle and a perforated plastic ball on a smaller court.

The Pickleball SIG at OLLI has about 87 people on its roster. Many first learned the sport in an OLLI class, like the one Kathleen Abbate, current head of the SIG, took in summer, 2015.

Early on, instructors and leaders of the SIG had to use their ingenuity to address developing interest. They borrowed rackets and supplied their own pickleballs, which are orange whiffle balls. Now many members have their own rackets and Furman provides balls.

Early players had to add chalk lines to the tennis courts for boundaries. Now Furman has done the striping to the tennis courts at North Village and to courts in the PAC (Physical Activities Center) for inside play. Members passed the hat to buy a pickleball net. They have since been reimbursed with a teaching grant and have purchased a second net.

The Pickleball SIG plays four days a week both inside and out for fun, exercise and camaraderie.

For more information about this group, contact Kathleen Abbate, mstish1325@gmail.com

PHOTO: Peg Carroll, Susanna McShea, Kathleen Abbate, and Sherry Sponsella enjoy a lively game of pickleball.



OLLI adventures



OLLiver...he gets around, round round, round: Greece with Maryanna Levenson and Norway with the Hammonds.



"Life's most persistent and urgent question is, 'What are you doing for others?'" Martin Luther King, Jr.

OLLI Readers Stay Busy with 2019 Read and Explore events

by Mary Kay Kantz

The Last Castle by Denise Kiernan is a well-researched history of Asheville's Biltmore and the unique branch of the Vanderbilt family that built it and keeps it alive when most other Gilded Age mansions have disappeared. The book offers details of innovative construction, glimpses of 19th century high society's visits to the wilds of the North Carolina mountains, and stories of George and Edith Vanderbilt's hands-on efforts to support the burgeoning science of forestry and to develop handicraft industries to benefit the people of a young Asheville.

REO 2019's programs have included presentations by Furman history professor



Dr. Marian Strobel, longtime Biltmore Company executive Richard Pressley,

forestry expert Scott Withrow, Cornelia Vanderbilt historian Alan Toney, a showing of the Orson Welles film, *The Magnificent Ambersons*, and a special behind-the-scenes tour of Biltmore House.

Photo, taken by Mary Kay Kantz, is of Margot Stewart, chair of 2019 REO, with retired Biltmore Company executive Richard Pressley at his Feb. 5 presentation on "The Business of Biltmore."

Copies are still available for you to borrow in the office. You'll have great fun learning all this local and national history!

Old friends explore old homes

by Kathleen Allen

Sally Bornmueller and Jean Penny were sorority sisters in college. They share many memories. When Jean decided to sell her home and relocate, she was drawn to Greenville's vibrant community and Sally's proximity.

Neither had travelled with OLLI before but decided that *Clemson's Historic Homes* led by Chumley Cope (Explore Up Close) would be a good start since they both enjoy history and historical places.

"It was a beautiful day," says Sally. "I had never traveled with Chumley before, but his personality and ability to relate historical facts in a personal and engaging way made this trip a joy."

Their adventure included guided tours of the Fort Hill Plantation owned by John C. Calhoun and Hanover House. Calhoun was the only man to serve as vice president under two different administrations. His mansion contains many original artifacts, including a chair that once belonged to George Washington. Calhoun and his descendants are responsible for founding Clemson College and preserving their family home there.

Hanover House is one of the oldest surviving South Carolina buildings (1716). Originally constructed in Berkeley County, it was moved to Clemson to preserve it from the encroachment of Lake Moultrie. Today it is located in the South Carolina Botanical Gardens.

Jean Penny says that the tour guides were professional and personable. She loved being chauffeured through the backroads of the rural Upstate able to enjoy the vistas without worrying about the drive.

An additional treat was lunch at Sunny Side Cafe, a local establishment. Sally loved the eggs Benedict perched atop a fried onion. "I'd go back in a heartbeat!"

"Friendship, fun, learning and travel: that's what OLLI is all about," agree Sally and Jean.

Photo: Fort Hill Calhoun Plantation by Kathleen Allen



Jay Bergen's Story by Judy and Gary Aten

continued from p. 1

Forty-four years ago Jay Bergen became close to John Lennon and Yoko Ono when he represented Lennon in a trial involving Morris Levy, a shady New York City entrepreneur with ties to the Mafia.

For more than two weeks Jay maneuvered through complicated factual and legal issues regarding contracts with Capital Records, EMI, and Lennon's supposed verbal agreement to record some golden oldies for an album Levy planned to sell on TV.

When Levy lost and Lennon won, Jay knew it was a great tale that should be told someday. He kept the 5,000 pages of transcripts and legal papers for a book he hoped to write.

In 2017 Jay mentioned his idea to Catherine Gillet, a former director and playwright in New York City. She had a better idea and, along with Maryanne Carruth from the Tryon Fine Arts Center, they helped Jay create a multi-media presentation that opened in 2017 to sold-out houses at the Tryon Center.

That led to another sold-out house at the Gunter Theatre, part of Greenville's Peace Center, and, in January of this year, two more sold out shows at the 92nd Street Y in New York City.

Recently Jay was contacted by an established documentary producer who hopes to turn his presentation into a film. Always a film buff, Jay never imagined that his proposed book might become a movie instead.

Kismet.

OLLICenterstage

SHOWCASE for MEMBER TALENTS and EXPERIENCES

SENIOR LEADERS

GREENVILLE grad

Dick O'Neill invites you to ride the bus

OLLI's Senior Leaders Greenville is a year-long course where participants learn about technology, medical support, transportation, housing and more that affect seniors and others in greater Greenville.



For retired Army Colonel Richard O'Neill, SLG paved the way to local public service with the Greenville Transit Authority. This is a perfect fit for a guy who was Senior Advisor to the Royal Iranian Army Logistics Command in Iran, 1976-1978, and managed every piece of equipment arriving from the US...a fellow who also directed transportation logistics for President Reagan's second inaugural, prepared 700 vehicles for on-time (3 am) departure, changed plans when sub-zero weather aborted Plan A, revised the route and delivered a second on-time inaugural plan ready to roll. Efficient transport is his specialty.

These days, O'Neill meets monthly with other members of Greenville Transit Authority. Keenly aware that Greenville's dynamic growth is pushing many workers farther and farther from their jobs, O'Neill and his colleagues see their challenge as more than providing transportation for the poor; it is, above all, an Economic Development Tool for getting people to their jobs (doctors, community services, etc). A Comprehensive Operations Analysis, completed in 2017, will be implemented in summer, 2019 and improve system services. Also, an in-depth Transit Development Plan has given the GTA renewed vision and determination to extend transit service hours, reduce pick-up times, modernize the Greenlink fleet, and make bus transit as efficient as one's own car...big dreams for a board that operates without dedicated annual appropriations from the city or county budgets.

O'Neill could hardly have anticipated that — informed and inspired by Senior Leaders Greenville — he would one day serve our community in such a timely and critical undertaking and love every busy minute of the journey.

Interested in learning more about SLG? Contact Nancy in the OLLI Office: nancy.kennedy2767@furman.edu

Want to share your own SLG story? Email sue.renault@gmail.com

SIMONNE LINDEMANN'S QUILTS

In 2001 Simonne Lindemann started teaching "Quilting by Hand" at OLLI. "I've been enjoying it ever since," she says. Every one of Simonne's quilts has a story. Take the small "Goose-Track" quilt, for example:

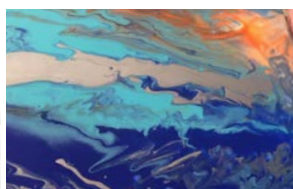
"I took an OLLI basket-making class," she says. "In May we had a luncheon and shared our creations with other members. I placed a few jars of homemade blueberry jam into my basket and covered it with a small quilt I'd made. My classmates urged me to teach a class. *In September.*"

"I'd taught myself to quilt while sitting in my car waiting for my kids after school. There were many things I didn't know," she confesses. She decided, "If they want me to teach, I'd better learn what I'm doing." She embarked on a learning campaign to prepare for her first class, and today she can still be found Wednesdays at 1 pm — "same time, same place (OLLI conference room), same me" — teaching hand-quilting to eager students.

Another of her quilts is brightly adorned with patches of earthy green, sunny yellow, sky blue and bordered with morning glory flower vines. This is the one, she says, that she took to chemotherapy appointments several years ago during her first bout with lymphoma. "I had a port for the chemo," she says, "and free hands." Other patients commented, "*She created joy in that room!*"

One of her quilts celebrates friendships she formed when she was a technical bi-lingual librarian at Michelin. When members of their quilting group were transferred back to France, fellow-quilters each contributed a fabric selection that was then divided and distributed to the others. Each quilter then created a work of art that incorporated all six or seven prints distributed by their friends. When Simonne points out the various patches and prints on her own "friendship quilt," it is as if she is touching an old friend.

Simonne's busy hands and happy heart are apparent in all that surrounds her at the beloved Cascades home she shares with husband of 62 years, Martin. Healthy plants, wintering inside, occupy a kitchen counter while hardier ones line the sunny outside balcony. Quilted pillows brighten couches and chairs. Simonne, 85, says, "Aging is an attitude enlarged by *gratitude*. When you are grateful," she says, "say so! It keeps you young."



Simonne learned to do "paint pouring" in a class at the Cascades. She calls this piece *Alligator in the Moonlight*.



Simonne and other quilters at the Cascades created Quilts of Valor for resident veterans. Here's a corner of the one she created for her husband, Martin (left) and at right, a patch of her "chemo" quilt.



OLLI'S STEAM TECH TEAMS HELP TR STUDENTS WIN ROBOT COMPETITIONS

At the beginning of the school year, September, 2018, students at Northwest Middle School in Travelers Rest began their adventures in Vex Competition Robotics, the world's largest Robotics competition program for students from elementary school through college. In December, 2018, one of Northwest's teams — competing against far more experienced students — made it to the finals in their first competition...a great start for these students and their mentors from OLLI's STEAM SIG (Science, Technology, Engineering, Art, and Math).

In January, a Northwest team won another competition and invitations to the SC State Championship. In February, three Northwest teams composed primarily of sixth graders won their events against teams made up of middle school and high school contenders.

Again, their victories were also a triumph for OLLI's STEAM SIG and for supporters at Cliffs Residents' Outreach (CRO) which funded this effort. Go *Robomasters!*

Kudos to Tom Crocker, Sabrina Walker, Sue Berget, Don Willoughby, Vito Fiore, David Mann, Mike McCasland, Ray Meyers, Ting Carlson, Jeff Johnston, Julie Taylor, Sandy Cloud, and Reid Becker.

Want to know more about OLLI's STEAM SIG? Contact Reid Becker, reid.becker@gmail.com

Do you know someone we should interview for Center Stage? Let us know: sue.renault@gmail.com



What's it all about, OLLI? by James T. Hammond

Jim Invites you to explore TEN FAVORITE PLACES

I like high places, and from Greenville County it's easy to get to the highest places in our state. Recently, my brother Mike and I drove 45 minutes to get to the highest place in South Carolina, the peak of **Sassafras Mountain** in Pickens County. The state Department of Natural Resources is building an observation tower there and the view is spectacular. One can see the lakes that flood the mountain valleys of the Carolina Foothills.

The observation deck still has a chain link tower fence around it. A DNR police officer we encountered told us the recent rains have delayed the opening to the public. But since my last visit to one of my favorite places, permanent toilets have been built, and a landscaped trail has been built from the parking lot to the peak. Despite the barrier to the deck, we enjoyed hanging out at the peak and surveying the surrounding mountains for 40 miles around.

Here are a few of my other favorite places, off the beaten path, within an hour of downtown Greenville:

Little Texas Grocery is on State Park Road a short drive from US 25. The small frame building that was a country store in my youth is now a hot dog stand that also sells Mike & Jeff's Barbeque. You can also get a soft drink – my favorite is Cheerwine – in a glass bottle, just like the old days. And if you have car trouble, the owner operates a towing service from the location.

Overmountain Vineyard, 70 acres of wine grapes and winery, sits astride the Overmountain Victory National Historic Trail, which traces the route trod by rebel militia during the Kings Mountain campaign of 1780. Frank and Lita Lilly took the first steps toward building their dream almost 30 years ago. Today it rests in the middle of horse country near the Tryon International Equestrian Center. Buy a bottle of OMV wine, or enjoy wine tasting from their spectacular veranda. Reach OMV from I-26, at 2012 Sandy Plains Road, Tryon, N.C.

Cedar Falls Park is where you'll find the other Reedy River falls. The county park is at the site of a magnificent

cataract and the brick and concrete remnants of a textile mill. 201 Cedar Falls Rd, Fountain Inn.

Lake Conestee Nature Park comprises 400 acres of forest and trails and three miles of the Reedy River. Citizens organized a non-profit to restore the former industrial area and maintain a polluted mill pond. Today it is home to diverse wildlife, including a Great Blue Heron rookery. Main entrance is at 840 Mauldin Road.

Trade Street in Greer retains much of the century-old charm I knew in my youth, and has become a new entertainment and small business destination. Discover its rich and growing foodie culture.

Lake Robinson Park is the public access area for the 900-acre gem of the Greer Commission of Public Works water system. Area fishermen know it well as the launching point for their boats. It also offers an opportunity for non-boaters to picnic and enjoy one of the best views of the Blue Ridge escarpment in the county. From Greer, drive north on SC101, turn left on Milford Church Road, and right on Groce Meadow Road, to the intersection with Mays Bridge Road.

Fisher's Peach and Vegetable Market was started by my high school friend, the late Tommy Fisher. His family carries on the tradition at the historic Taylors Peach Shed (seasonal) on Locust Hill Road, and at the former Dillard's Peach Shed on South Buncombe Road in Greer.

Saluda, N.C., nestled in the first folds of the Blue Ridge Mountains, and just off I-26, features a good café, The Purple Onion, a railroad museum, and a couple of interesting old general stores with themes of times gone by.

The town of Landrum, in Spartanburg County, which fell on hard times after its textile mill closed, is back and attracting a lot of attention. Reached by I-26 or US14, it is a cornucopia of antique and other shops and restaurants. **(OL readers : What's on Your Top 10?)**

Love your top ten, Jim. Look forward to more of your favorite greater Greenville mountains, parks, bars, and restaurants.

OLLI Furman by Diana Miel

INNOVATION HOUR...IT'S KIND OF LIKE SHARK TANK!

Innovation Hour was a course offered in the fall of 2018 at OLLI, returning fall 2019. The Furman Creative Collaborative sponsored the course to connect OLLI members with Furman faculty, staff and students. The Office of Innovation and Entrepreneurship at Furman provided \$3,000 in grant money for the OLLI course to award to the winner of the competition.



Erikah Haavie,
overall winner

Thirteen presenters from Furman were selected after a highly competitive

application process. OLLI course members were granted \$500 fake dollars to distribute as they saw fit amongst the presentations. Top three presenters won grant money accordingly.

The overall winner was Erikah Haavie, receiving a grant of \$1000 for The Literacy Corner, a summer



Megan Slining,
faculty winner

program for students ages 6-14 with academic needs in literacy processes like reading, writing,

listening, speaking, and viewing.

Megan Slining was faculty winner for developing a website for friends and family of juvenile cancer and other diseases to promote mutual support.



Natalie
Tikhonovsky,
student winner

Natalie Tikhonovsky was student winner for developing a program to assist immigrant women to sell handcrafts in local farmers' markets.

To help these innovative ideas, OLLI members are invited to get involved or to make donations through Furman University.

OLLIsMe! BY MARIE ELDRIDGE

DORIAN'S EXERCISE ROUTINE WILL LEAVE YOU EXHAUSTED!



Dorian Dickey hates to exercise. Yet each day, she completes a strenuous 3-½-hour workout while most of us are still sleeping. Rising at midnight, Dorian prepares her daily meals, feeds three dogs and checks e-mail. She launches her workout with 15 minutes on her stationary bike and 45 minutes lifting free weights. About 3 am, she begins 1-1/2-hours of outdoor jogging.

There's more. Dorian's next stop is the Life Center, where her 1-1/2-hour routine includes Stairmaster, elliptical trainer, spinning, barbell resistance training and more. She finishes by 6:30 am.

"I have been doing this for decades," Dorian says. "It's like brushing my teeth,"

Dorian originally pursued a theater career in New York City, using her training in voice and movement for actors. Eventually she turned her skills to a career as an orthopedic trauma physical therapist.

Dorian's 8-5 hospital job was physically demanding. To accommodate her hospital schedule and her increasingly complex exercise routine, her timing evolved to midnight. Now that she's retired, her early morning ritual enables her to have the rest of the day to herself.

"Exercising is boring, but I do it because I love to eat," Dorian says. "It is also a big part of who I am, so I will not give it up until I have to," she says.



The Week, January 11, 2019: Be Grateful

"Researchers asked volunteers to write down five things they were grateful for once a week for 10 weeks. At the end of the study, the joyful journalers reported 28 percent less stress. That could be because feeling grateful sends a message to our body that all is OK, reducing the release of the stress hormone cortisol."

Don't wait on anyone to make your favorite thing. Make your own favorite thing. Go. - from Gmorning, Gnight! by Lin-Manuel Miranda

GOOD READING by Diana Miel

The Badass Librarians of Timbuktu by Joshua Hammer

Timbuktu is an ancient city in Mali, dating from the 12th century, once a major center of trade and culture. Literacy and books were symbols of wealth, power, and blessings.

In the mid 1980s a young archivist, Abdel Kader Haidara, began to visit inhabitants in and around Timbuktu to persuade them to sell him manuscripts which had been locked in secret storerooms and buried in the desert sand. His mission was to recover centuries old books and scrolls which chronicled Islamic scholarship, to restore and to catalogue them, preserving them in climate-controlled security in libraries in the city of Timbuktu. After libraries in the city had collected hundreds of thousands of rare tracts and had solicited funds from private and governmental sources worldwide, the rise of Al Qaeda in Northern Africa created a political crisis in Mali and neighboring countries, to the point that the French and American militaries had to intervene to quell violence to protect existing governments.

In the meantime, from 2012-2013, certain that the treasure trove of artifacts would be destroyed because they expressed liberal Islamist ideas antithetical to the jihadis, a plot to smuggle the 377,000 documents to Bamako for safekeeping by trucks, cars, wagons and canoes was so successful that not a single artifact was lost to Al Qaeda, to the terrain, or to the river.

This book is part history, part politics, part thriller. It is testimony both to the many ordinary people of the region who sheltered the literary and cultural treasures for centuries, through multiple invasions and repressive governments and at risk to their lives, proud of Timbuktu's once glorious and generally unrecognized place as an intellectual center and steadfast in the conviction that "words form the sinew and muscle that hold societies upright."

Anybody else read *Badass Librarians*? I loved it! SSR

Mary's at Falls Cottage: great food, great views by Lori Dillon

When warm weather beckons us to breakfast or lunch outside, we head for Mary's Cottage, overlooking Falls Park. My favorite table is in the garden area, shaded by mature trees overlooking the park. You can also be seated on the upstairs porch, with a fabulous view of the falls.

The building that now houses the restaurant was built in 1894 as a rental property. When car travel became popular in 1918, it was turned into a service station. By 1970 it was abandoned and became an eyesore. The Greenville Garden Club came to its rescue, and along with a partnership with the city, renovated the property close to the original structure. In 2004 it became a restaurant. Check out the pictures on the fireplace to see the building before and during restoration.

Mary's has some interesting items on the menu. For brunch the Maple Walnut Pumpkin Bread French Toast is tasty, with just the right amount of sweetness and pumpkin. Jim loves the low country shrimp sautéed with andouille sausage and served over stone ground cheddar grits.

Mary's at Falls Cottage is located at 615 South Main Street. It is open Tuesday-Friday 11 am - 2 pm and Saturday-Sunday, 10 am - 2 pm. It's a great place to take out-of-town-guests.

Lori and Jim like Falls Cottage. Where do you take visitors for downtown lunch? Send FEEDBACK: sue.renault@gmail.com



11th-Page Essays are personal insights in 250 words or less. For submissions info, contact sue.renault@gmail.com.

OLLIClass



Cindy Lee began Pen and Ink classes with Gail Jones and continues to polish her skills with Joe Thaler. Here's an ink/colored pencil/ water design she created with Gail and Joe's encouragement.



"The secret to living longer is eat half, walk double, laugh triple, and love without measure." Tibetan Proverb



11th-Page Essay:

March 7 was Gail Jones day at Pen & Ink (plus). After ten years teaching P&I, Gail is retiring and placing her class in the capable hands of Joe Thaler

by Sue Renault

For years I told people, "I've taken more OLLI art classes than anyone I know without ever producing a work of art."

That was mostly true until a few years ago when I took my first pen and ink class with Gail Jones. It's not that I suddenly become more artistic; it's that before this, I'd never come under the wing of such a super-charged cheer-leading, picture-taking encourager, enabler, and friend. "Let me put your picture in the book," she'd say, and before you knew it, she was flashing it on the screen and commenting on its merits. "Yes, you need to put that one in the show," she'd insist. "I'll go up to the office and make another copy." It's hard to say "no" to someone who believes in you as much as your mother!

Gail spoiled us: she has *the best* soundtracks on her music playlists. Who doesn't enjoy cross-hatching to the songs of old "Blue Eyes"? And she brought treats. *Homemade*. She makes some crazy good pound cake.

Gail's was the first class I'd been in that didn't really end until after we'd organized car pools to the dining hall, and enjoyed a lively lunch together, reluctant to finally split up and head for afternoon classes.

When I became *OLLILife* editor in 2017, Gail and her brother Claude Banks were my first two interviews. I never did get around to a full review of their many exceptional achievements; the interview kept rolling off the tracks into the world of childhood pranks and sibling memories. One started a story, the other finished. Our laughter settled only long enough for the next story to begin.

I am among the hundreds of Pen and Ink "regulars" who shined in the light of Gail's sparkle...the hundreds who say, "Thanks, Gail."

GREAT DECISIONS CLASS HEARS FROM SECURITY EXPERT



Major General Christopher Ballard, Deputy Director of Operations (Combat Support for the National Security Agency/Central Security Service), spoke on cyber security and fielded questions in the

January 31 Great Decisions class facilitated by Sherm Rounsville. The presentation by MG Ballard, Furman '84, was well received. "One of my best classes ever," said one OLLI member.

Bing Vick and David Johnson arranged this opportunity. David Johnson photo.

Letter from the Editor: Thanks, Cindy Brothers, for recruiting Bonus Event speaker, Tiffany Santagati. Santagati's profession is banking; her passion is discovering stories and achievements of little-known trail blazers of color in American history. Santagati introduced us to a long line of inventors, doctors, educators, and visionaries who have made our lives safer and more satisfying (think pacemakers, traffic signals, telephone voice transmission, refrigerated trucks, and more). This was a fitting way for OLLI members to recognize notable men and women whose personal stories of slavery and discrimination made them unlikely super-achievers and to honor Black History Month. Please, Cindy, bring Santagati back!

Cindy Brothers, Curriculum Committee, with speaker Tiffany Santagati.





Caroline Plyler died November 22, 2018, at age 82. She liked OLLI classes with John Crabtree, A.V. Huff, and Tim Baiden. At The Woodlands she started "Knitting for Others" to create blankets for hospitalized children. Her neighbor, Betty Watson, says the group is still producing blankets for area children. "Caroline taught for many years," says Betty, "and always had a soft spot for kids."



Rev. Dr. Henry Alan Elmore, 80, passed away December 11, 2018. "An excellent teacher, Alan challenged us to think outside the box," says Larry Candler. "He was outspoken in support of marginalized members of our community and not afraid of controversy. I was honored to co-author a **Greenville News** op-ed about marriage equality. We will miss him."



L.C. Julian died December 21, 2018, at 88. Elaine Bowers met "Mr. Julian" in 2017 in her first OLLI class. He became her mentor. He *loved* OLLI, especially religion classes. He took nearly everything that David Gillespie taught. Despite his own health challenges, he was always compassionate, caring, and upbeat," Elaine remembers. "When my mother became ill, he always asked: 'How is your mom?' We'll miss him."

Shirley Grubs, 85, died January 26, 2019. Her New York accent marked her origins. Nonetheless, Shirley thoroughly enjoyed her more recent home at the Woodlands. She loved OLLI classes, especially those taught by Linda Kelly or Don Cockrill. Woodlands neighbor Kay Imholz says she will miss Shirley's "kidding" style and her friendship.

Bill Bozeman, 91, died November 5, 2018. Bill started OLLI's (then, FULIR's) first hiking group. Bob Howell who assisted Bill has stories to tell. "The first time Bill took a group for some brisk laps of the lake," says Bob, "he lost a couple of hikers along the way!" This group — now called High Country Hikers — still exists. Bill had a great sense of humor and built camaraderie. "A prince of a man!" says Bob. "When the Herring building was being constructed, hikers sold bricks to raise money. Look for Bill's brick," says Bob: **Bill Bozeman, Dean of Hiking.**



The late Bill Bozeman loved celebrating life with a good hike and a toast among friends.
Photo by Bob Howell

Osher Lifelong Learning Institute at Furman, 3300 Poinsett Highway, Greenville, SC 29613-1511

OLLILife is published four times a year: January, March, May, and September. **OLLILife** editor is Sue Renault. We Love Feedback: sue.renault@gmail.com **DEADLINE FOR May ISSUE IS April 12** or sooner. Perhaps you'd like to contribute to **OLLILife**. Contact us: sue.renault@gmail.com



AND FINALLY, GET SMART: ONE HUNDRED WORDS OR LESS

We know you are out there: a Smart Phone junkie who can tell us how to download and enjoy podcasts; a banker who can tell us what to do when we discover someone has hacked our credit card identity; a realtor who can give us two tips for successful downsizing; a travel professional who knows how to get the best price on an airplane ticket; a grief counselor who can help us through loneliness. Dig into your bag of expertise and pull out a couple of tips to help your OLLI classmates navigate life.

The paragraph you just read has 94 words. Contact **OLLILife** with your proposal to provide a few brief words of advice (100 words or less), based upon your own credentials and experience: sue.renault@gmail.com. **Let's talk.**

Forty players braved brisk winds and chilly morning air to compete in OLLI's winter golf scramble, March 4.

The winning team — Barbara Anderson, Keith Drummond, Bill McCann, and Andy Waters —



posted a 67 which was 5 under par on a very wet course.

DEADLINE FOR May ISSUE: April 12 or sooner. We fill up fast.



Wine questions? Ask Cindy and Bernie Showman.

Au contraire, fine French wines from Bordeaux are blends of Cabernet Sauvignon, Merlot, Cabernet Franc, Petit Verdot and Malbec. Other fine European wines are also blends. In the US, many of the bottles labeled as a single grape varietal actually have other grapes blended in the wine. By federal law, at least 75% of the wine must be the varietal shown on the label, but the remainder may be other grapes. A tasty example is Franciscan Napa Valley Cabernet Sauvignon (\$14.97 at Total Wine) which is 81% Cabernet Sauvignon, 10% Merlot, 6% Petit Verdot and 3% Malbec.

For more Bernie advice online: www.scwinejoe.blogspot.com