



OPEN MEDICAL INSTITUTE

SEMINAR REPORT

PALLIATIVE CARE (ELNEC)

June 13-19, 2021

A Global Educational Initiative by the
American Austrian Foundation

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PALLIATIVE CARE (ELNEC) SEMINAR IN SALZBURG

June 13-19, 2021

32 fellows from 5 different countries (in-person)
9 fellows from 4 different countries (remotely)
5 faculty members from the United States of America and Romania
19 lectures given by faculty

Group Photo of Faculty and Fellows



SALZBURG OMI SEMINAR
Palliative Care (ELNEC)
Sunday, June 13 – Saturday, June 19, 2021
Schloss Arenberg, Salzburg, Austria
Sunday, June 13, 2021

18:00 - 19:00	FACULTY MEETING TO REVIEW THE WEEK
19:00 - 19:30	WELCOME RECEPTION
19:30 - 20:30	WELCOME DINNER

Monday, June 14, 2021

07:00 - 08:00	BREAKFAST	
08:00 - 09:00	Welcome and Review of Agenda Introduction of Participants and Faculty	Betty Ferrell
09:00 - 10:00	Review of the State of Palliative Care in Eastern Europe: Challenges/ Lessons Learned 2019-2021 with Regards to Palliative Care: Clinical Practices; Services Development; Education; & Policy Development/ Advocacy Plans (Each Country to Present for 15 Minutes)	Nicoleta Mitrea Facilitator
10:00 - 10:15	COFFEE BREAK	
10:15 - 10:45	Review of 2018 NCP Guidelines' Global Domain: How Can These Recommendations Be Successfully Implemented in Eastern Europe?	Betty Ferrell
10:45 - 12:30	Pain Assessment and Management (Presentation and Review of Case Study) Pediatric Pain Assessment and Management	Judy Paice (Adult) Amy Haskamp (Peds)
12:30 - 13:30	LUNCH	
13:30 - 14:45	Communication Lab: Physical Aspects of Care <u>Videos:</u> - <i>Talking with Serious Ill Young Adult</i> - <i>Pain Management Discussion with Patient with Substance Use Disorder</i> - <i>Communication Skills for Symptom Management</i> - <i>Communicating Patient Assessment to a Colleague</i>	All Faculty
14:45 - 15:00	Final Thoughts and Debrief	Nicoleta Mitrea
19:00 - 20:00	DINNER	

Tuesday, June 15, 2021

07:00 - 08:00	BREAKFAST	
08:00 - 09:00	Overview of Pediatric Palliative Care <u>Video:</u> - <i>Stuck in a Donut</i>	Amy Haskamp
09:00 - 09:30	Open Forum: Review of the State of Pediatric Palliative Care in Eastern Europe: Key to Overcoming Barriers, Continued Barriers, Lessons Learned	All Participants Amy Haskamp Facilitator
09:30 - 10:00	Participants to Share Pediatric Cases of Seriously Ill Children: Showcase How Palliative Care Would Improve Quality of Life to Child and Family <u>Video:</u> - <i>College Game Day</i>	All Participants Amy Haskamp Facilitator
10:00 - 10:15	COFFEE BREAK	
10:15 - 11:00	Ethical and Legal Aspects of Care	Patrick Coyne
11:00 - 12:30	Communication Lab: Ethical and Legal Aspects of Care <u>Video (Peds) (Amy Haskamp):</u> - <i>Battle for Baby Charlie</i> <u>Videos (Adult):</u> - <i>Who will Speak for You?</i> - <i>Communication with Patient Regarding Goals of Care</i>	All Faculty
12:30 - 13:30	LUNCH	
13:30 - 14:45	Participants Meet to Talk About Their Presentation on Friday (Plans for Implementing and Disseminating ELNEC, Addressing Current Barriers to Care, Development of Action Plan)	All Faculty (be available, if needed)
14:45 - 15:00	Final Thoughts and Debrief	Nicoleta Mitrea
19:00 - 20:00	DINNER	

Wednesday, June 16, 2021

07:00 - 08:00	BREAKFAST	
08:00 - 10:00	Symptom Management <u>Video:</u> - <i>Taking a Symptom History: Nausea/ Vomiting</i>	Patrick Coyne
10:00 - 10:15	COFFEE BREAK	
10:15 - 11:30	Communication Lab: Psychological & Psychiatric Aspects of Care (Amy to Have Separate Group for Those Interested in Pediatric Palliative Care) <u>Video (Peds) (Amy Haskamp):</u> - <i>Rainbow Mask</i> <u>Videos (Adult):</u> - <i>Nonverbal Capacities</i> - <i>Responding to Emotions</i> - <i>Assessing Depression</i>	All Faculty
11:30 - 12:30	Participants Meet to Discuss Regarding Friday's Presentation (Plans for Implementing and Disseminating ELNEC Addressing Current Barriers to Care, Development of Action Plan)	All Faculty (be available, if needed)
12:30 - 13:30	LUNCH	
13:30 - 14:45	Communication Lab: Social Aspects of Care <u>Videos:</u> - <i>Communication of Goals of Care in a Family Meeting</i> - <i>Communicating with Family Members</i>	Betty Ferrell
14:45 - 15:00	Final Thoughts and Debrief	Nicoleta Mitrea
19:00 - 20:00	DINNER	

Thursday, June 17, 2021

07:00 - 08:00	BREAKFAST	
08:00 - 09:00	Loss, Grief, Bereavement in Children and Their Families <u>Videos:</u> - <i>99 Balloons</i> - <i>Stephanie Raney – Please Don't Go</i>	Amy Haskamp
09:00 - 10:00	Practical Ways to Assist Children and Their Families When Grieving (Support Groups, Online, Memorial Services, Legacy Work)	Amy Haskamp Faciliator Participants to Share Examples from Their Countries
10:00 - 10:15	COFFEE BREAK	
10:15 - 11:30	Communication Lab: Spiritual, Religious and Existential Aspects of Care <u>Videos:</u> - <i>Communication Related to Religious Beliefs</i> - <i>Spiritual Assessment (non-religious)</i>	Betty Ferrell
11:30 - 12:30	Participants Meet to Complete Their Presentation on Friday (Plans for Implementing and Disseminating ELNEC Addressing Current Barriers to Care, Development of Action Plan)	All Faculty (be available, if needed)
12:30 - 13:30	LUNCH	
13:30 - 14:45	Communication Lab: Cultural Aspects of Care <u>Videos:</u> - <i>Testimonial – Cultural Assessment [ICC]</i> - <i>Communication Vignette – Cultural Considerations</i>	Betty Ferrell
14:45 - 15:00	Final Thoughts and Debrief	Nicoleta Mitrea
19:00 - 20:00	DINNER	

Friday, June 18, 2021

07:00 - 08:00	BREAKFAST	
08:00 - 09:30	Final Hours <u>Video (Peds):</u> - <i>Francine's Honor Walk</i> <u>Video (both Peds and Adult):</u> - <i>The Pause</i>	Judy Paice (Adult) Amy Haskamp (Peds)
09:30 - 10:45	Communication Lab: Care of the Patient Nearing the End of Life (Separate Lab for Peds) <u>Video (Peds):</u> - <i>Choosing Thomas</i> <u>Videos:</u> - <i>VitalTalk Clinician Guide to Family Conferences</i> - <i>Communication with Family Caregiver at the End of Life</i> - <i>Transitioning to Hospice</i>	Judy Paice (Adult) Amy Haskamp (Peds)
10:45 - 11:00	COFFEE BREAK	
11:00 - 11:45	Self-Care: Strategies to Promote a Holistic Healthy Life (Open Discussion)	Betty Ferrell
11:45 - 12:15	ROMANIA: Review of Goals 30-Minute Presentation per Country: • 15-Minute Listing of Goals and How You Will Implement Them (All on ppt Slides) • 15-Minute Critique/Recommendations by Faculty	Nicoleta Mitrea Lead
12:15 - 13:15	LUNCH	
13:15 - 14:45	HUNGARY, ARMENIA, ALBANIA: Review of Goals 30-Minute Presentation per Country: • 15-Minute Listing of Goals and How You Will Implement Them (All on ppt Slides) • 15-Minute Critique/Recommendations by Faculty	Leads: Judit Schaffer (Hungary); Maria Aleksandrova (Armenia); Irena Laska (Albania)
14:45 - 15:15	Final Words & Blessing of the Hands	Betty Ferrell
18:00 - 20:00	GRADUATION DINNER Presentation of Eastern European Palliative Care Leaders (Presented with ELNEC Pins and Certificates)	

Saturday, June 19, 2021: Departures



OPEN MEDICAL INSTITUTE

FACULTY BOOKLET

PALLIATIVE CARE (ELNEC) SEMINAR IN SALZBURG

June 13-19, 2021

A Global Educational Initiative by the
American Austrian Foundation



Wolfgang Aulitzky, MD

Director, Open Medical Institute
American Austrian Foundation

Associate Dean and Gerhard Andlinger Professor
for International Medicine & Distance Learning
Adjunct Professor of Clinical Urology
Adjunct Professor of Clinical Reproductive Medicine
Weill Medical College of Cornell University

Adjunct Professor of Pediatrics
**Perelman School of Medicine at the Children's Hospital
of Philadelphia**

Associate Professor of Urology
Medical University of Innsbruck, Austria

Wolfgang Aulitzky, MD is the Medical Director of the American Austrian Foundation. He is Associate Dean for International Medicine and Distance Learning, Adjunct Prof. of Clinical Urology and Adjunct Prof. of Clinical Reproductive Medicine at the Weill Medical College of Cornell University/New York Presbyterian Hospital. In 2016, he was appointed Adjunct Professor of Pediatrics in the Associated Faculty of the Perelman School of Medicine at the Children's Hospital of Philadelphia. He is also Associate Prof. of Urology at the Medical University of Innsbruck and Visiting Professor at the Medical University of Vienna. Amongst others he is a member of the American, German and Austrian Societies of Urology and was awarded the Zuckermandlpreis of the Austrian Society of Urology in 1989. In 1995 he received the Silver Medal, in 2007 the Golden Medal for Merits to the Republic of Austria and in 2014 the cross of honor of the Land Salzburg. As Director of the Medical Program of the American Austrian Foundation he has initiated the Open Medical Institute, a scientific and educational collaboration of Weill Cornell and the New York Presbyterian Hospital, the Children Hospital of Philadelphia, Duke University, Columbia University, the Cleveland Clinic and leading hospitals in Austria. Dr. Aulitzky earned his medical degree at the University of Innsbruck in 1977, was a research associate at the University of Uppsala, Sweden and the Rockefeller University, New York. He received his training as an urologist at the University of Innsbruck and the General Hospital of Salzburg. He is the author of more than 140 publications on Urology, Andrology and Health Care issues and is co-author of books on basic and clinical urology/andrology.



Betty Ferrell, RN, PhD, MA, FAAN, FPCN, CHPN

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Betty Ferrell, RN, PhD, MA, FAAN, FPCN, CHPN (Course Director) has been in nursing for 43 years and has focused her clinical expertise and research in pain management, quality of life, and palliative care. Dr. Ferrell is the Director of Nursing Research & Education and a Professor at the City of Hope Medical Center in Duarte, California. She is a Fellow of the American Academy of Nursing and she has over 450 publications in peer-reviewed journals and texts. She is Principal Investigator of the “End-of-Life Nursing Education Consortium (ELNEC)” project. She directs several other funded projects related to palliative care in cancer centers and QOL issues. Dr. Ferrell was Co-Chairperson of the National Consensus Project for Quality Palliative Care. Dr. Ferrell completed a Master’s degree in Theology, Ethics, and Culture from Claremont Graduate University in 2007. She has authored eleven books including the *Oxford Textbook of Palliative Nursing* (5th Edition, 2019) published by Oxford University Press. She is co-author of the text, *The Nature of Suffering and the Goals of Nursing* published in 2008 by Oxford University Press and *Making Health Care Whole: Integrating Spirituality into Patient Care* (Templeton Press, 2010). In 2013 Dr. Ferrell was named one of the 30 Visionaries in the field by the American Academy of Hospice and Palliative Medicine. In 2019, she was elected a member of the National Academy of Medicine.



Patrick J. Coyne, MSN, ACNS-BC, ACHPN, FPCN, FAAN

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Patrick J. Coyne, MSN, ACNS-BC, ACHPN, FPCN, FAAN is Clinical Nurse Specialist, Assistant Professor and Director for Palliative Care at the Medical University of South Carolina in Charleston, SC. He developed and oversees an interdisciplinary team of health care professionals in providing exceptional palliative care. Mr. Coyne serves as a member of institution's Medical and Nursing faculty. Mr. Coyne served on the National Board for Certification of Hospice and Palliative Nurses and the Hospice and Palliative Nurses Association. He is Co-PI for several grants to educate rural and community APRNs and health providers on primary palliative care. Mr. Coyne serves as a national and international faculty of the End-of-Life Nursing Education Curriculum (ELNEC). He has published over a hundred articles related to pain management, symptom control, and issues in end-stage disease as well as conducting research studies. Mr. Coyne has received the Peaceful Death in American and Mayday Pain and Society Scholarships and has been awarded the Oncology Nursing Society's Excellence in Pain Management and a Schering Lectureship Recipient. He was named one of the 30 Visionaries in the field by the American Academy of Hospice and Palliative Medicine in 2013. A member of numerous organizations, Mr. Coyne has worked diligently to improve pain management and palliative care nationally and internationally.



Amy Haskamp, MSN, PCNS-BC, CPON, CHPPN

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Amy Haskamp, MSN, PCNS-BC, CPON, CHPPN is a Pediatric Clinical Nurse Specialist for the Pediatric Palliative Care Team (PACT) at Riley Hospital for Children at Indiana University Health Hospital. She has over 16 years of experience caring for children with cancer before joining PACT in 2014. Working with the oncology population, she became interested in pain management, psychosocial support, and pediatric palliative care. She lectures and teaches at the local, national, and international level, and has been a member of the ELNEC pediatric faculty since 2011. Ms. Haskamp is an active reviewer for pediatric palliative care education, and has co-authored a book chapter and several articles on various aspects of pediatric palliative care. She earned her bachelor's degree from Purdue University and master's degree from Indiana University. Ms. Haskamp remains very committed to the Association of Pediatric Hematology-Oncology Nurses (APHON) and was the 2017 recipient of the Dr. Patricia Greene Leadership Award. In 2019, she received the Certified Hospice and Palliative Pediatric Nurse (CHPPN®) of the Year Award.



Nicoleta Mitrea, APRN, MSc, PhD

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Nicoleta Mitrea, APRN, MSc, PhD is actively involved in organising, supervising and teaching the subjects in Palliative Care (PC) at all three levels of education for nurses: undergraduate, advanced and specialized. She started her nursing career at a very young age in the pediatric hospital. December 1998 marked her beginning of an unexpected career in Palliative Nursing, when she joined the Hospice “Casa Sperantei” (HCS) as a home care nurse. Her knowledge, abilities and revolutionary style has been increasingly polished and appreciated. Currently Nicoleta leads the education and clinical practice of PC nurses in HCS, other PC services around the country and in several Eastern European countries and is coordinating the national specialization program in PC for nurses. Nicoleta had graduated the Master Program in PC in 2012 and the Medical Doctoral Studies in November 2017. Since 2020 she is a senior lecturer at the University of Transylvania from Brasov, Faculty of Medicine – Nursing division. She never stopped caring for patients and is currently performing her clinical duties in the HCS lymphedema ambulatory service. Since 2016, she is running in marathons to fund raise for free of charge care delivered by HCS to patients (children and adults) and their families.



Judith Paice, RN, PhD, FAAN

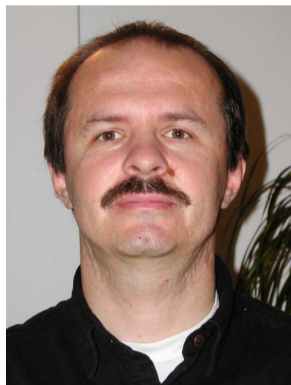
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Judith Paice, RN, PhD, FAAN is the Director of the Cancer Pain Program in the Division of Hematology-Oncology and a Research Professor of Medicine, Northwestern University; Feinberg School of Medicine. She is also a member of the Robert H. Lurie Comprehensive Cancer Center. Dr. Paice is presently a member of the NIH HEAL Initiative Multidisciplinary Working Group and has served as President of the American Pain Society and Secretary of the International Association for the Study of Pain. Currently a panel member of the NCCN Adult Cancer Pain Clinical Practice Guideline, much of Dr Paice's clinical work has been in the relief of pain associated with cancer. She has traveled widely within six continents to educate health care professionals regarding cancer pain relief and palliative care. Dr. Paice serves on the editorial board of the Journal of Pain, Journal of Pain and Symptom Management and Journal of Clinical Oncology and is the author of more than 170 scientific manuscripts. Dr. Paice is also a co-editor for the 2019 Oxford Textbook of Palliative Nursing. She was one of the original consultants in the End-of-Life Nursing Education Consortium (ELNEC) and has continued serving as a faculty member in this program. In 2018, Dr. Paice was named one of the 30 Visionaries in the field by the Academy of Hospice and Palliative Care.

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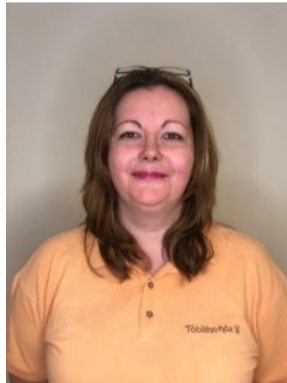
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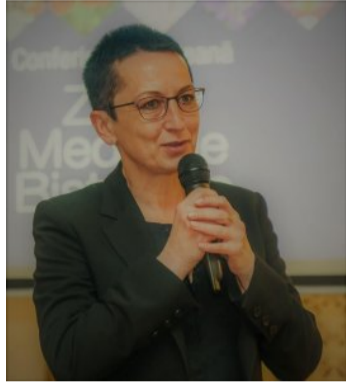
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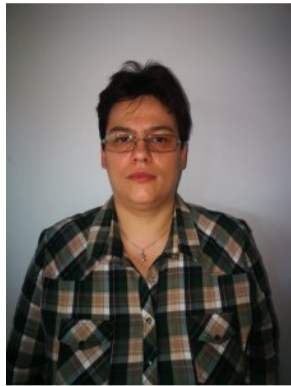
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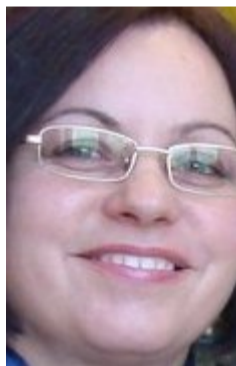
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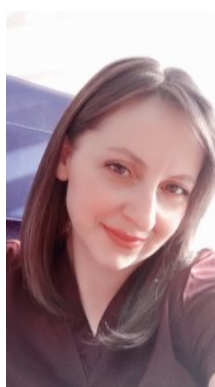
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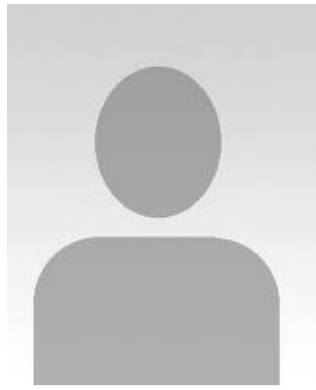
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DIARY



Judit Schaffer

Clinical Hospice Nurse, Physiotherapist, Health Manager
Vice President of Hungarian Hospice-Palliative Association Romania
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Sunday, June 13th

The Hungarian team arrived in Salzburg in the afternoon. The journey of about 550 km on the highway was not monotonous at all, because we crossed the counties of Komárom-Esztergom and Győr-Moson-Sopron in Hungary, and the fabulous landscapes of Burgenland, Styria, and Salzburg in Austria in glorious sunshine. Our host greeted us with a welcome drink in the garden of Arenberg Castle. It was good to meet new colleagues and recall the previous course experiences with acquaintances who I had not seen for a long time.

Monday, June 14th

The program began at eight in the morning. After the personal introduction, five countries presented their palliative care and changed work due to the pandemic. Betty Ferrell gave us a short insight into the guidelines of palliative care and the topic. The rest of the morning was about pain aspects and pain relief. In the afternoon, our day continued by discussing the issues raised in connection with the instructive presentations by sharing our own experiences. The Hungarian team ended the day with a walk through the city of Salzburg. It was memorable because of the wonderful sunshine and the visit to the traditional Augustiner Brau Kloster Mülln, operating since 1621.

Tuesday, June 15th

Our day started with Amy Haskamp's opening presentation about pediatric palliative care, then all the countries showed their completed work and plans in this field. It was interesting to see how the countries of Eastern Europe operate differently in the field of pediatric palliative care. On the ethical and legal aspects of care, Patrick Conye's presentation provoked an exciting discussion about the different legal environments and cultural circumstances, as did the videos illustrating communication techniques. In the afternoon we were able to prepare for Friday's presentation, for which our team set goals to advance the development of care. It is a special honor that the representative of Kosovo is able to join our team as a result of our previous support and cooperation. We closed this meaningful day with an optional program, a visit to Hangar-7.

Wednesday, June 16th

This morning we talked about symptom management. With the help of Patrick Coyne, we gained insight into the more common symptoms, reasons, and therapy which appear at the end of life, and focused on ethics, communication, and decisions at the end of life. This section was led by Judith Paice and Patrick Coyne. After that we had the opportunity to work on our project. This time, Amy Haskamp joined and supported our work with her experience. We worked on our project until the afternoon and then took a short walk through the old town of Salzburg.

Thursday, June 17th

I do not think there is a harder topic than losing a child and the subsequent mourning process. The videos shown caused deep feelings, and Amy's presentation left deep traces in many of us. I have all the respect for my colleagues who take care of children and their families who are living with serious illnesses. Our afternoon continued with Betty Ferrell's presentation, and we discussed the spiritual, cultural, and religious aspects of this exciting presentation. Then we continued our project work. In our free time, the Hungarian team went to the Salzburg castle to enjoy the view and historic time travel.

Friday, June 18th

We started the day with the last hours of adults and pediatric EOL care. We have some knowledge about it, but what we heard that it was the "high school" of care. After a short break, all the countries introduced their project that was inspired by the course. It was very amazing to hear the plans and see the enthusiasm of our colleagues. I'm sure that the palliative care of Eastern Europe gained an impulse to further develop. We had a closing ceremony in the evening, with an excellent gala dinner and with a warm farewell speech. We also received our course certificates.

In the end, I would like to say thank you for the valuable program, for the useful knowledge, and for the friendly and professional help from our mentors. This week was a nice, memorable, professional experience for us.