



**Pack 610 - Troop 610 - Crew 610 BSA - Troop 1010 - 1310 GSUSA**

Hướng Đạo Việt Nam - Liên Đoàn Lạc Việt - Vietnamese Scouts - Founded Oct. 2006  
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# **Senior and Ambassador Training Packet**

## **Liên Đoàn Lạc Việt**

**Scout Name**

**Troop 61010**

**Patrol**

## **Senior & Ambassador Training Facts**

To earn your level neckerchief, you have to be a registered girl scout; we request your presence at the first four (4) consecutive meetings, and completed the level uniforms with the tan hat and Older Girl vest with the Girl Scout Council ID set, troop numerals 61010, white polo/shirt, tan color pants, and closed-toe shoes.

Resources: **Journey Series for Senior: “GIRLtopia, Sow What? And MISSION; SISTERHOOD!”**

**Ambassador Journey Series: “Your Voice, Your World”, “Justice”, and “Bliss: Love It! Give It!”**

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Advisor’s signature

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Date handed out neckerchief

## **Girl Scout Traditions**

- Know & understand Girl Scout Promise
- Know & understand Girl Scout Law
- Know Girl Scout Motto
- Know Girl Scout Slogan
- Know Girl Scout Sign and its meaning
- Girl Scout Handshake
- Girl Scout Quiet Sign

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Advisor’s signature

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Date handed out the Girl Scout Pin

## **Girl Scout Purpose**

The purpose of Girl Scouting is inspiring girls with the highest ideals of character, conduct, patriotism, and service, so that they may become happy and resourceful citizens.

## Girl Scout Facts and Organizations

- Name and birthday of the founder of Girl Scout USA
- Birthday of Girl Scout USA
- What is Thinking Day?
- The Meaning of Girl Scout Trefoil
- What is WAGGGS stand for?
- Name & troop numbers of Liên Đoàn
- Know meaning of the logo of Liên Đoàn
- Know meaning of color of your neckerchief
- Name & Slogan of Your Patrol
- Understand the Meaning of the USA flag & Vietnamese Flag
- Familiarize the 13 folds of USA flag

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**Advisor's signature**

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**Date handed out the World Trefoil Pin**

## **The Mission of Girl Scouting**

Helping girls develop the confidence, determination, and skills needed to thrive in today's world, and giving them the opportunity to develop to their fullest potential and become competent, resourceful women.

## **The Three Keys**

Girl Scouts has a special definition of leadership based on our Three Keys.

You start with the **DISCOVER** key. This is where you look inward and come to better understand who you are and what you value.

When you head out into the world, you use the **CONNECT** key to team up with others and create a network, both locally and around the world.

Then you **TAKE ACTION** to make the world a better place.

## **Senior/Ambassador Girl Scouting Basic Skills and ideals**

- The Girl Scouting purpose and mission
- Founder of the World Scout Movement
- Know meaning of logo of World Scout Symbol (fleur-de-lis)
- Founder of Vietnamese Scout Movement
- Know the USA and Vietnamese flag etiquette
- Know how to perform flag ceremony
- Know 7 basic knots & its usage
- Know meaning of “Leave no Trace”
- Know & practice buddy system
- How to prepare personal first aid kits: list out items & its usage.
- Know basic first aid
- Familiar with compass usage
- Participate in an overnight camping trip
- Learn & carry out setting up tent
- How to prepare for a camping trip (list out personal kits)
- Demonstrate how to use a compass & and how to orient a map
- Plan camping menu and participate in the cook out with your patrol.
- Prepare and participate in the hiking trip
- Giving opportunity to refine and expand the leadership capacities
- Engage in public speaking
- Gain a more comprehensive understanding of Girl Scouting
- Exhibit exemplary behavior and acts as a role model for younger girls in group
- Develop values to guide one own actions and to provide the foundation for sound decision-making
- Contributing to the improvement of society through the use of her abilities and leadership skills, working in cooperation with others

# Girl Scouts Basic Facts

## Girl Scout Promise:

- On my honor, I will try :
  - To serve God\* and my country,
  - To help people at all times,
  - And to live by the Girl Scout Law

*\*individuals may substitute wording appropriate to their spiritual beliefs.*

## Lời Hứa

Em xin hứa gắng sức:

- Làm bổn phận với tín ngưỡng và tổ quốc
- Giúp ích mọi người
- Tuân theo luật Hướng Đạo

## Girl Scout Laws:

- Vietnamese:
  - HDS trọng danh dự
  - HDS trung thành
  - HDS giúp ích
  - HDS thân thiện
  - HDS lễ độ
  - HDS tôn trọng thiên nhiên
  - HDS vâng lời
  - HDS vui tươi
  - HDS cần kiệm
  - HDS trong sạch

- English:

I will do my best to be:

- Honest and fair,
- Friendly and helpful
- Considerate and caring
- Courageous and strong, and
- Responsible for what I say and do,
- And to respect myself and others,
- Respect authority,
- Use resources wisely,
- Make the world a better place, and
- Be a sister to every Girl Scout.

**Scout Motto:** “Be prepared”

**Châm Ngôn:** “Gắng Sức”

**Girl Scout Slogan:** “Do a good turn daily”

**The Girl Scout Sign:** The right hand is raised shoulder high with the three middle fingers extended and the thumb crossing over the palm to hold down the little finger. These 3 fingers represent the three parts of the Girl Scout Promise. You give the sign when:

- You say the Promise
- You are welcomed into Girl Scouting at an investiture ceremony
- You greet other Girl Scouts and Girl Guides.

**The Quiet Sign:** This is used in meetings and other gatherings to let people know it is time to stop talking. The sign is made by raising your right hand high. As people in the group see the quiet sign, they stop talking and also raise their hands. Once everyone is silent, the meeting continues.

**The Girl Scout Handshake:** This is a formal way of greeting other Girl Scouts and Girl Guides. You shake hands with the left hand and give the Girl Scout sign with your right hand. The left handed handshake represents friendship because the left hand is closer to the heart.

**Troop Government:** We divide members into small groups called Patrol. Patrols choose patrol name, patrol slogan, patrol leaders, and assistant patrol leaders. A kaper chart lists jobs and who does them. Members of the patrol should rotate the leadership jobs so that everyone has an opportunity.

**Cửu Long** – xanh tươi

**Hương Giang** – thanh bình

**Hồng Hà** – vang danh

**Thiếu Nữ Slogan: “Mê Linh – trung thành”**

**Seniors’ neckerchief color and its meaning:**

**Blue** – piety, sincerity, and loyalty

**The World Trefoil Pin:** The international symbol of Girl Scouting. The three trefoil leaves represent the three parts of the [promise](#): “To serve God and my country, to help people at all times, and to live by the Girl Scout Law.” Your World Trefoil Pin shows that you are a part of this global organization.

**The Birthday of Girl Scouting** in the United States of America is **March 12**. It marked the day in 1912 when Juliette Gordon Low officially registered the organization’s first 18 girl members in Savannah, Georgia.

**Low, Juliette Gordon (nicknamed Daisy):** Founder of Girl Scout of USA was born on October 31, 1860.

**World Thinking Day:** Celebrated by Girl Guides and Girl Scouts throughout the world, February 22 is the birthday of Lord Baden-Powell and lady Baden-Powell. This is the day for Girl Scouts and Girl Guides to think about their sisters around the world, through special projects, international program activities or pen pal projects.

**World Association of Girl Guides and Girl Scouts (WAGGGS):** An international educational association for girls with a membership of eight million.

**The World Centers:** WAGGGS has four world centers. The Cabana is in Cuernavaca, Mexico; the Chalet is in Adelboden, Switzerland; Pax Lodge is at the Olave Center in London, England; and Sangam is in Pune, India.

# The Pledge of Allegiance

I pledge allegiance to the Flag  
of the United States of America,  
and to the Republic for which it stands:  
one Nation under God, indivisible,  
With Liberty and Justice for all.



## Color-in the United States of America Flag

The American flag was adopted in 1777 and originally called The Stars and Stripes. Over the years, tradition has given meaning to the colors.

**RED** is for hardiness and valour

**WHITE** is for purity and innocence

**BLUE** is for vigilance, perseverance and justice

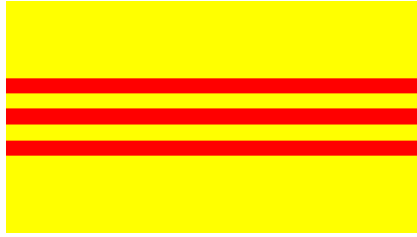
The US Code declares that a flag displayed horizontally or vertically against a wall should show the Union (the blue portion) at the top and to the viewers left.

Also this from a book about the flag published in 1977 by the House of Representatives...

"The star is a symbol of the heavens and the divine goal to which man has aspired from time immemorial; the stripe is symbolic of the rays of light emanating from the sun."



## LÁ CỜ VIỆT NAM –



The National Flag of Free Vietnam has yellow background and three horizontal red bands in the middle of the flag.

### **The Meaning of National Flag of Free Vietnam**

The yellow background represents the ancestral land and the skin color of Vietnamese race. The yellow color also represents earth (one of five elements - metal, wood, water, fire, and earth) symbolizing the territory and the national sovereignty. That is why the oriental emperors in the past wore Hoang Bao (yellow imperial robe) and proclaimed themselves Hoang De (Yellow Emperors).

The red color represents fire (one of five elements mentioned above). The red color is also the color of the South and symbolizes a brave, un-submissive, heroic, and independent race in the south region.

The three red bands represent the three regions of Vietnam: North, Central, and South. But, these three regions unite in the national home, the home of Vietnamese people, who always love and protect one another.

Khai Chinh Pham Kim Thu  
Canada, 2003



Hoa Bách Hợp/Fleur De Lis – BSA

Pack/Troop/Crew 610

Lá Tam Điệp/Trefoil leaf - GS Troop 61010

Mặt trống đồng Đông Sơn: biểu tượng cho  
văn minh, văn hóa Việt Nam

Face of the logo is taken from the image of  
the Bronze drum of Đông Sơn, North Việt  
Nam, which represents the civilization of  
Hồng Bàng, Việt Nam's first dynasty.

# **Senior Girl Scout Awards**

## **Senior Leadership Journey Awards**

GIRLtopia, Sow What? And MISSION; SISTERHOOD!

## **Senior Journey Summit award**

If you complete all three Senior Journeys, you'll earn the Leadership Journey Summit award.

## **National Leadership Awards:**

- **The Silver and Gold Torch award:** Complete 1 Senior Leadership Journey and serve for 1 full term in a leadership position (school, place of worship, ...)
- **Senior Community Service bar:** Find an organization you'd like to volunteer with. Council needs to approve and then you complete at least 20 hours of service.)
- **Senior Service to Girl Scouting bar:** Volunteer at least 20 hours to the Girl Scout organization (volunteer your time @ a special event for younger girls, be an office assistant for your council or service unit, or help with special projects.)

## **National Proficiency Badges:**

Legacy, Financial Literacy, Cookie Business, Skill Building, and Make Your Own.

## **Special Opportunity Awards**

- **Cookie Activity pin**
- **World Thinking Day award**
- **Global Action award**

## **Religious Award**

You can learn more about your faith and become a stronger member of your church.

## Mentoring Awards

- **Counselor-In-Training (CIT)**

Take a leadership course designed by council on outdoor experiences and work with younger girls over the course of a camp session.

- **Volunteer-in-Training (VIT)**

Find a mentor volunteer who is currently the adult volunteer for a group of girls @ the level you'd like to work with and you need to provide 6 months of service. Complete a council-designed leadership course, and create and implement a thoughtful program based on a Journey or badge that last over 4 or more sessions.

## Safety Award

1. **Take a self-defense class or ask a police officer to talk to you or your troop about** self defense tips.
2. Teach younger Girl Scouts about fire and kitchen safety, water safety, or safety on the trail.
3. Learn about the dangers of distracted driving, and make a poster or PSA about paying attention behind the wheel.
4. Help 2 people to resolve a disagreement peacefully and respectfully.
5. Discuss the dangers of alcohol and drug use with your Girl Scout group, friends, or family. Write a personal-responsibility statement that covers how you'll behave.

## Bridging to Girl Scout Ambassador

Two steps involve:

1. **Pass It On:** Share your talents and skills by teaching younger Girl Scouts something you learned to do as a Senior
2. **Look Ahead:** Explore what it's like to be an Ambassador. Connect with girls who are already there.

## Gold Award

[http://www.girlscoutsnorcal.org/documents/Gold\\_Award\\_Girl\\_Guidelines.pdf](http://www.girlscoutsnorcal.org/documents/Gold_Award_Girl_Guidelines.pdf)

# Ambassador Girl Scout Awards

## Ambassador Leadership Journey Awards

“Your Voice, Your World”, “Justice”, and “Bliss: Love It! Give It!”

## Ambassador Journey Summit Award –

Complete all three Ambassador Journeys

## National Leadership Awards:

- **The Gold Torch award:** Complete 1 Ambassador Leadership Journey and serve for 1 full term in a leadership position (school, place of worship, ...)
- **Ambassador Community Service bar:** Find an organization you’d like to volunteer with. Council needs to approve and then you complete at least 20 hours of service.)
- **Ambassador Service to Girl Scouting bar:** Volunteer at least 20 hours to the Girl Scout organization (volunteer your time @ a special event for younger girls, be an office assistant for your council or service unit, or help with special projects.)

## Safety Award

Complete 5 steps to earn this award:

1. **Pick a safety issue important to you, and organize a forum** where other teens can discuss the issue.
2. **Talk to younger Girl Scouts about Internet safety and the safe use of social media.**
3. **List your duties as a counselor-In-Training, or in other leadership roles you hold.** Carry the list with you, and use it to make sure you’ve covered all your bases when making a safety plan for trips and events.
4. **Talk to a counselor, social worker, or someone who works at a local women’s shelter** to find out more about how to stay safe while dating.
5. **Pick a sport or outdoor activity you enjoy.** Find out how rules, training, and safety equipment are designed to protect players.

## **National Proficiency Badges:**

Legacy, Financial Literacy, Cookie Business, and Make Your Own.

## **Mentoring Awards**

- **Counselor-In-Training (CIT)I**

Take a leadership course designed by council on outdoor experiences and work with younger girls over the course of a camp session.

- **Counselor-In-Training (CIT)II**

Earn your CIT I award and work with younger girls over the course of at least one camp session while focused on increasing your skills in one specific area, such as riding instruction, lifeguarding, or the arts.

- **Volunteer-in-Training (VIT)**

Find a mentor volunteer who is currently the adult volunteer for a group of girls @ the level you'd like to work with and you need to provide 6 months of service. Complete a council-designed leadership course, and create and implement a thoughtful program based on a Journey or badge that last over 4 or more sessions.

## **Religious Award**

You can learn more about your faith and become a stronger member of your church.

## **Special Opportunity Awards**

- Cookie Activity pin
- World Thinking Day award
- Global Action award

## **Bridging to Girl Scout Adult**

Two steps involve:

3. **Pass It On:** Share your talents and skills by teaching younger Girl Scouts something you learned to do as an Ambassador
4. **Look Ahead:** Talk to Girl Scout Adults to find out what inspires them and to get ideas about what you'd like to do.

## **Gold Award**

[http://www.girlscoutsnorcal.org/documents/Gold\\_Award\\_Girl\\_Guidelines.pdf](http://www.girlscoutsnorcal.org/documents/Gold_Award_Girl_Guidelines.pdf)

# My Promise, My Faith

Complete these five steps to earn the pin:

1. **Pick a line from the Girl Scout Law.** Find a hymn, psalm, prayer, reading, or ritual of your faith that relates to it. Think about how this shows a connection between your faith and what you've learned in Girl Scouting.
2. **Interview a woman in your own or another faith community** who can talk to you about how she tries to act in her life based on that line of the Law. Ask her to give you examples of what the line of the Law means to her and how she tries to follow it in her daily life.
3. **Find three inspirational quotes** by women that fit with that line of the Girl Scout Law. Put them somewhere you can see them every day to remind you to live that line of the law.
4. **Make something, like a drawing, painting, or poster** that reminds you of what you've learned. You could also write a story or develop and perform a skit.
5. **Make a commitment to live what you've learned.** You may want to talk to your friends, family, or a group in your faith community about how you plan to live what you've learned in your daily life. Maybe you'd enjoy showing them what you just made or performing your skit! You can also choose to make a private commitment to yourself to live what you've learned.

