# **PSYCHOLOGY** (8th Edition) **David Myers** PowerPoint Slides Aneeq Ahmad Henderson State University Worth Publishers, © 2006 Sensation Chapter 5 Sensation Sensing the World: Some Basic Principles ■ Threshold

Sensory Adaptation

■ The Stimulus Input: Light Energy

Vision

■ The Eye

# Sensation

### Vision

- Visual Information Processing
- Color Vision

# Hearing

- The Stimulus Input: Sound Waves
- The Ear
- Hearing Loss and Deaf Culture

# Sensation

# Other Important Senses

- Touch
- Taste
- Smell
- Body Position and Movement

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# Sensation & Perception

How do we construct our representations of the external world?

To represent the world, we must detect physical energy (stimulus) from the environment and convert it into neural signals, a process called sensation.

When we select, organize, and interpret our sensations, the process is called perception.

OBJECTIVE 1   Contrast sensation
and perception, and explain the
difference between bottom-up and
top-down processing.

# **Bottom-up Processing**

Analysis of the stimulus begins with the sense receptors and works up to the level of the brain and mind.



Letter "A" is sensed as a black blotch decomposed into features by the brain and perceived as an "A" by our mind .

# **Top-Down Processing**

Information processing guided by higher-level mental processes, as we construct perceptions drawing on our experience and expectations.

# THE CHT

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# Making Sense of Complexity

Our sensory and perceptual processes work together to help us sort out complex images.



"The Forest Has Eyes," Bev Doolittle

# Sensing the World

Senses are nature's gift that suit the organism's needs.

A frog feed on flying insects; A male silkworm moth is sensitive to female sex-attractant odor; and we as human beings are sensitive to sound frequencies that represent the range of human voice.

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# **Exploring the Senses**

- 1. What stimuli cross our threshold for conscious awareness?
- 2. Could we be influenced by stimuli too weak (subliminal) to be perceived?
- 3. Why are we unaware of unchanging stimuli, like a band-aid on our skin?

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# Psychophysics

A study of the relationship between physical characteristics of stimuli and our psychological experience of them.

Physical World	Psychological World
Light	Brightness
Sound	Volume
Pressure	Weight
Sugar	Sweet

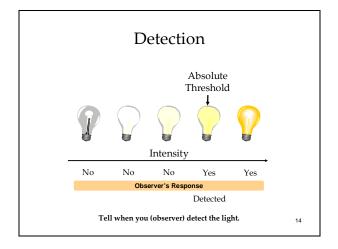
# 22<sup>nd</sup> October 1850

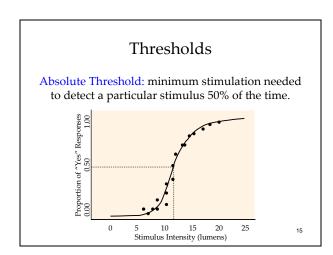
Relative increase in mental intensity, [Fechner] realized, might be measured in terms of the relative increase in physical energy required to bring it about (Wozniak, 1999).



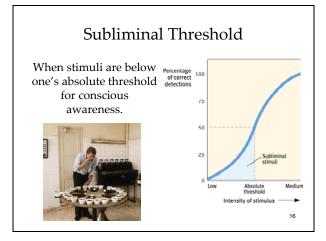
Gustav Fechner (1801-1887)

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OBJECTIVE 2| Distinguish between absolute and difference thresholds, and discuss whether we can sense stimuli below our absolute thresholds and be influenced by them.



# Difference Threshold

Difference Threshold: Minimum difference between two stimuli required for detection 50% of the time, also called just noticeable difference (JND).

Difference



Tell when you (observer) detect a difference in the light.

# Weber's Law

Two stimuli must differ by a constant minimum percentage (rather than a constant amount), to be perceived as different. Weber fraction:  $k = \delta I/I$ .

Stimulus	Constant (k)
Light	8%
Weight	2%
Tone	3%

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# Signal Detection Theory (SDT)

Predicts how and when we detect the presence of a faint stimulus (signal) amid background noise (other stimulation). Assumes that there is no single absolute threshold and detection depends on:

Person's experience Expectations Motivation Level of fatigue



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### SDT Matrix

The observer decides, whether she hears the tone or not, based on the signal being present or not.

This translates into four outcomes.

# Present Absent Absent Decision Yes No Present Hit Miss False Correct Rejection

0

# Sensory Adaptation

Diminished sensitivity as a consequence of constant stimulation.



Put a band aid on your arm and after a while you don't sense it.

OBJECTIVE 31 Describe sensory
adaptation, and explain how we
benefit from being unaware of
changing stimuli.

# Now you see, now you don't AK WINF (b) Vision **OBJECTIVE 4** | **Define transduction,** Transduction and specify the form of energy our In sensation, transformation of stimulus energy visual system converts into neural into neural impulses. messages our brain can interpret. Phototransduction: Conversion of light energy into neural impulses that brain can understand.

# The Stimulus Input: Light Energy Visible Spectrum Per of spectrum to be spectrum Per of spectrum to be spectrum Wavelength in navaneters (bottombs of a meter)

# **Light Characteristics**

- 1. Wavelength (hue/color)
- 2. Intensity (brightness)
- 3. Saturation (purity)

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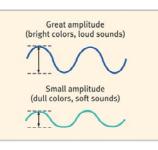
# Wavelength (Hue) Hue (color): dimension of color determined by wavelength of light. Wavelength the distance from the peak of one wave to the peak of the next. Short wavelength - high frequency (bluish colors, high-pitched sounds) Long wavelength - low frequency (reddish colors, low-pitched sounds)

# Wavelength (Hue) Green Yellow Orange 400 nm 700 nmLong wavelengths Short wavelengths Different wavelengths of light result in different colors.

# Intensity (Brightness)

### Intensity:

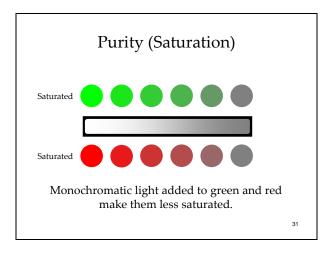
Amount of energy in a wave determined by amplitude; related to perceived brightness.

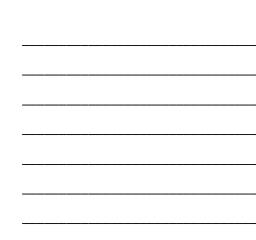


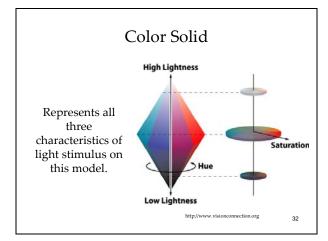
# Intensity (Brightness)

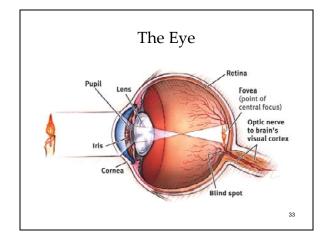


Blue color with varying levels of intensity. As intensity increases or decreases, blue color looks more "washed out" or "darkened."









structure of the eye, and explain how they guide the incoming ray of light toward the eye's receptor cells.

**OBJECTIVE 5** | Describe the major

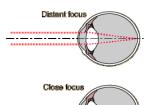
# Parts of the eye

- 1. Cornea: Transparent tissue where light enters the eye.
- Iris: Muscle that expands and contracts to change the size of opening (pupil) for light.
- Lens: Focuses the light rays on the retina.
- Retina: Contains sensory receptors that process visual information and send it to the brain.

## The Lens

Lens: transparent structure behind pupil that changes shape to focus images on the retina.

Accommodation: the process by which the eye's lens changes shape to help focus near or far objects on the retina.

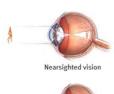


# The Lens

### Nearsightedness:

condition in which nearby objects are seen more clearly than distant objects.

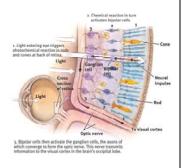
Farsightedness: condition in which faraway objects are seen more clearly than near objects.



Farsighted vision

## Retina

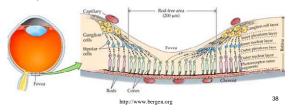
Retina: The lightsensitive inner surface of the eye, containing receptor rods and cones plus layers of other neurons (bipolar, ganglion cells) that process visual information.



**OBJECTIVE 6** | Contrast the two types of receptor cells in the retina, and describe the retina's reaction to light.

# Optic Nerve, Blind Spot & Fovea

Optic nerve: carries neural impulses from the eye to the brain. Blind Spot: point where optic nerve leaves the eye, because there are no receptor cells located here, it creates a blind spot. Fovea: central point in the retina, around which the eye's cones cluster.



# Test your Blind Spot

Use your textbook. Close your left eye, and with the right eye fixate on the black dot. Move the page towards and away from your eye. At some point the car on the right will disappear due to blind spot.



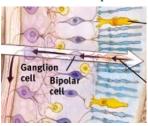
# Photoreceptors



	Cones	Rods
Number	6 million	120 million
Location in retina	Center	Periphery
Sensitivity in dim light	Low	High
Color sensitive?	Yes	No
Detail sensitive?	Yes	No

# Bipolar & Ganglion Cells

Bipolar cells receive messages from photoreceptors and transmit them to ganglion cells, which for the optic nerve.



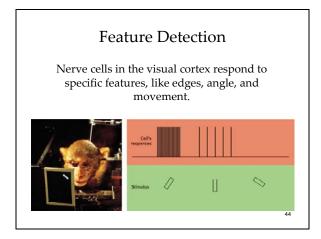
# Visual Information Processing

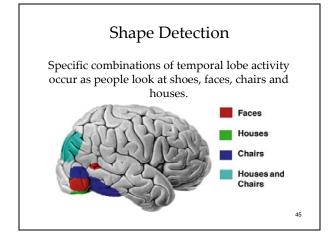
Optic nerves connect to the thalamus in the middle of the brain, and the thalamus to the visual cortex.



OBJECTIVE 7   Discuss the different
levels of processing that occur as
information travels from the retina to
the brain's cortex.


# Ganglion & Thalamic Cells Retinal ganglion cells and thalamic neurons break down visual stimuli into small components and have receptive fields with center-surround organization. ON-center OFF-Surround Action Potentials





# Perception in Brain Our perceptions are a combination of sensory (bottom-up) and cognitive (top-down) processes.

# **OBJECTIVE 8** | **Discuss parallel** processing and discuss its role in

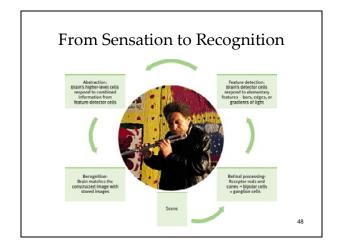
visual processing.

# as color, depth, form and movement etc.

Visual Information Processing

Processing of several aspects of the stimulus

simultaneously is called parallel processing. The brain divides a visual scene into subdivisions such



# Theories of Color Vision Trichromatic theory: Based on behavioral experiments, Helmholtz suggested that retina should contain three receptors sensitive to red, blue and green colors. Standard stimulus Comparison stimulus

**OBJECTIVE 91 Explain how the** Young-Helmholtz and opponentprocess theories help us understand color vision.

# **Subtraction of Colors**

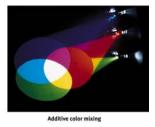
If three primary colors (pigments) are mixed it results in subtraction of all wavelengths and the result is black color.



Subtractive color mixing

# Addition of Colors

If three primary colors (lights) are mixed the wavelengths are added and the result in white color.



# Photoreceptors MacNichol, Wald and Brown (1967) measured directly the absorption spectra of visual pigments of single cones obtained from the retinas of humans.

Short Medium

wave

wave

Long

# Color Blindness Genetic disorder in which people are blind to green or red colors supported Trichromatic theory. Ishihara Test

# **Opponent Colors** Gaze at the middle of the flag for about $30\,$ seconds, when it disappears, stare at the dot and report if you see Britain's flag.

# Opponent Process Theory Hering, proposed that we process four primary colors opposed in pairs of red-green, blue-yellow, and black-white. Cones Ganglion Cells <sub>55</sub> **OBJECTIVE 10** | Explain the Color Constancy importance of color constancy. Color of an object remains the same under different illuminations. However, when context changes color of an object may look different. Audition

# The Stimulus Input: Sound Waves

Sound waves are composed of compression and rarefaction of air molecules.



Acoustical transduction: Conversion of sound waves into neural impulses in the hairs cells of the inner ear.

# **OBJECTIVE 11** | Describe the pressure waves we experience as sound.

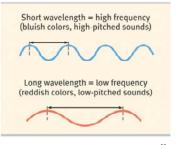

# Sound Characteristics

- 1. Frequency (pitch)
- 2. Intensity (loudness)
- 3. Quality (timbre)

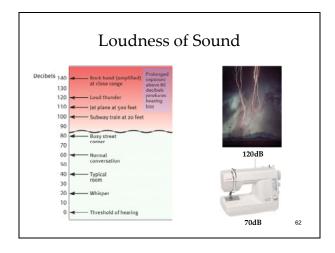
# Frequency (Pitch)

Frequency (pitch): dimension of frequency determined by wavelength of sound.

Wavelength the distance from the peak of one wave to the peak of the next.



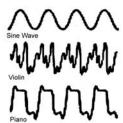
# Intensity (Loudness) Great amplitude (bright colors, loud sounds) Intensity (Loudness): Amount of energy in a wave determined by amplitude relates to (dull colors, soft sounds) perceived loudness.

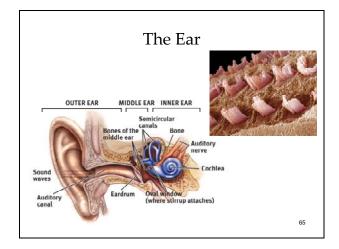




### Overtones

Overtones: Make the distinction among musical instruments possible.





**OBJECTIVE 12** | Describe the three regions of the ear, and outline the series of events that triggers the electrical impulses sent to the brain.

# The Ear

Outer Ear: Pinna. Collects sounds.

Middle Ear: Chamber between eardrum and cochlea containing three tiny bones (hammer, anvil, stirrup) that concentrate the vibrations of the eardrum on the cochlea's oval window.

Inner Ear: Innermost part of the ear, containing the cochlea, semicircular canals, and vestibular sacs.

# Cochlea Cochlea: coiled, bony, fluid-filled tube in the inner ear that transduces sound vibrations to auditory signals.

# Theories of Audition

Place Theory: Suggests that sound frequencies stimulate basilar membrane at specific places resulting in perceived pitch.



# OBJECTIVE 13 | Contrast place and frequency theories, and explain how they help us to understand pitch perception.

# Theories of Audition

Frequency Theory: States that the rate of nerve impulses traveling up the auditory nerve matches the frequency of a tone, thus enabling us to sense its pitch.

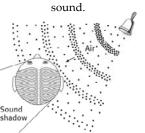


Sound Frequency 200 Hz



# Localization of Sounds

Because of two ears sounds that reach one ear faster than the other makes us localize the



OBJECTIVE 14| Describe how we pinpoint sounds.

# Localization of Sound

- 1. Intensity differences
  - 2. Time differences

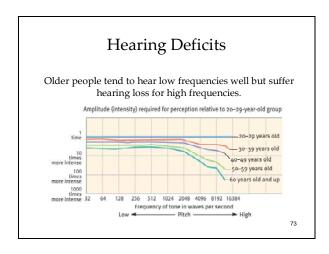
Time differences as small as 1/100,000 of a second can lead to localize sound. Head acts as "shadow" or partial sound barrier.

# **Hearing Loss**

Conduction Hearing Loss: Hearing loss caused by damage to the mechanical system that conducts sound waves to the cochlea.

Sensorineural Hearing Loss: Hearing loss caused by damage to the cochlea's receptor cells or to the auditory nerve, also called nerve deafness.

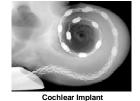
<b>OBJECTIVE 15</b>   Contrast two types
of hearing loss, and describe some of
their causes.



# Deaf Culture

Cochlear implants are electronic devices that enable the brain to hear sounds.





**OBJECTIVE 16** | Describe how cochlear implants function, and explain why Deaf culture advocates object to these devices.

# Other Important Senses

Sense of touch is a mix of four distinct skin sensespressure, warmth, cold, and pain.





**OBJECTIVE 17** | Describe the sense

of touch. "Touch is both the alpha and omega of affection" (James, 1890).

# Skin Senses Only pressure has identifiable receptors, all other skin sensations are variations of pressures, warmth, cold and pain. Cold, warmth and pain

### Pain

Pain tells the body that something has gone wrong. Usually pain results from damage to the skin and other tissues. There is a rare disease in which the person feels no pain.



Ashley Blocker (right) feels neither pain nor extreme hot or cold.

OBJECTIVE 18 | State the purpose of pain, and describe the biopsychosocial perspective on pain.

Biological influences  activity in spinal cord's large and small fibers genetic differences in endorphin production	Psychological influences     attention to pain     learning based on experience
the brain's interpretation of CNS activity	expectation of pain relief
Secial-cuttural influences  presence of others  empathy for others' pain  cultural executations	Personal

# **Gate-Control Theory**

Melzak and Wall (1965, 1983) proposed that our spinal cord contains neurological "gates" that either block pain or allow it to be sensed.



One way to treat chronic pain is to stimulate it through massage by electrical stimulation or acupuncture. Rubbing causes competitive stimulation to pain thus reduces its effect.

### Pain Control

Pain can be controlled by a number of therapies including, drugs, surgery, acupuncture, exercise, hypnosis and even thought distraction.





Burn victims can be distracted by allowing them to engage in illusory virtual reality. Their brain scans show differences in pain perceptions.

### **Taste**

Traditionally taste sensations consisted of sweet, salty, sour and bitter tastes. Recently receptors for a fifth taste have been discovered called "Umami".











(Fresh

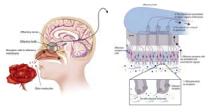
**OBJECTIVE 19** | Describe the sense of taste, and explain the principle of sensory interaction.

# Sensory Interaction

When one sense affects another sense sensory interaction takes place. So taste of strawberry interacts with its smell and its texture on the tongue to produce flavor.

# Smell

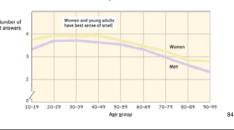
Like taste smell is a chemical sense. Odorants enter the nasal cavity to stimulate 5 millions receptors to sense smell. Unlike taste there are many different forms of smells.



**OBJECTIVE 20** | Describe the sense of smell and explain why specific odors so easily trigger memories.

# Age, Gender and Smell

Ability to identify smell peaks during early adulthood but steadily decline after that. Women are better at detecting odors than men.



# Smell and Memories

Brain region (red) for smell is closely connected with brain regions (limbic system) involved with memory, that is why strong memories are made through the sense of smell.



# Body Position and Movement

The sense of our body parts' position and movement is called kinesthesis. And the vestibular sense monitors the head (and body's) position.





**Whirling Dervishes** 

# **OBJECTIVE 21** | Distinguish between kinesthesis and vestibular sense.